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Policy and Billing

Inpatient Administration and Observation Policy for New York State Medicaid Providers

5/30/2025 New information highlighted below

This document provides policy and billing guidelines for New York State Medicaid inpatient hospital services. It describes the criteria that must be met to qualify for inpatient status, including those applying to inpatient reimbursement under Ambulatory Patient Groups (APGs). The goal is to promote consistent and accurate application of inpatient admission criteria across hospital settings.

Providers may encounter cases where patients require hospital care that does not meet the criteria for inpatient admission. In these situations, the patient may be placed in observation status, which is based on a documented medical order, and inpatient one observation status, as this distinction determines whether the hospital can bill for inpatient or outpatient services.

Medicaid Managed Care Plans

NYS Medicaid generally follows the Two-Midnight Rule used by Medicare. However, Medicaid Managed Care Plans may apply their own criteria for inpatient admissions. Providers should refer to their plan's specific guidelines to determine if a stay is medically necessary, and that care cannot be provided in an outpatient setting. Plans may require prior authorization for certain admissions, and failure to obtain it can result in denials. Providers should also be aware that plans may conduct retrospective reviews and recoupments. If a plan determines that the physician exercised the patient's confirmed SSN care plan, and documentation was insufficient, the plan may recoup payments. Providers are encouraged to:

- Review each plan's inpatient admission criteria.
- Note admitting privileges at the specific hospital, and
- Maintain clear documentation of the patient, treatment plan, and hospital needs at the time of admission.

Two-Midnight Rule Exceptions

Inpatient admission may be appropriate if:

- Attempted outpatient or less intensive services were ineffective.
- Rapid clinical improvement is expected.
- Risk factors make outpatient care unsafe.
- A patient dies.

Where the admitting physician expects a patient to require hospital care for only a brief period (two cross-over midnights, an inpatient admission may be appropriate. Physicians must document the medical necessity for admission, including the risks of discharge and why outpatient services were inadequate. Admission decisions may be based on factors such as severity of illness, intensity of services, patient history and comorbidities, the severity of signs and symptoms, current medical needs, and the risk of an adverse event. In these cases, the physician must write an order for inpatient admission and document the reasons for the admission in the patient's medical record.

Observation Status Guidelines

Observation status is appropriate when the patient has been evaluated in the emergency department and admitted for further assessment or treatment, but the expected length of stay is uncertain. Observation status is not based on the number of hours a patient remains in the hospital but on the clinical judgment that the patient may require additional care that can be provided safely in an outpatient setting. Observation should be made. Observation status is intended for cases where it is initially unclear whether inpatient admission is necessary or if the patient may be safely discharged.

Observation status does not require an inpatient admission order. Instead, a physician or qualified practitioner places the patient in observation. Hospitals must have written policies governing observation services, including clear criteria for when observation is appropriate and when it should be converted to inpatient status. Observation recommendations can be found in the 2025 APG Policy Guidelines, Appendix P, Observation Services.

Utilization Review

Hospitals must be diligent in their review of inpatient admissions to ensure compliance with NYS Medicaid billing policies and the medical necessity requirements for inpatient claims. This involves thoroughly evaluating whether the medical factors documented in the medical record support inpatient admission and continued stay, in accordance with NYS Medicaid guidelines. Hospitals should also have a process in place to address cases where there's only a critical risk in verifying that these criteria are met before submitting a claim for NYS Medicaid. All inpatient admissions must be reviewed for 90 face-to-face (FTF) interactions and for ten years for Medicaid Managed Care (MMC) enrollees from the date of service. Hospitals should also have a process in place to address cases where there's only a critical risk in verifying that these criteria are met before submitting a claim for NYS Medicaid.

Provider Responsibilities

To comply with NYS Medicaid billing policies, providers must ensure that staff have a thorough understanding of billing requirements for inpatient and observation services. This includes training on proper documentation, coding, and billing practices. Providers should also establish internal review processes to monitor compliance and identify areas for improvement. Regular audits can help detect errors or inconsistencies. To implement these measures, providers can develop clear policies and procedures that align with NYS Medicaid standards and strengthen utilization review practices.

Questions and Additional Information

- Questions regarding this policy should be directed to the eMedNY Call Center at (800) 343-9000.
- FFS inpatient and outpatient policy documents are available on the Provider Manuals Progress Division of Program Development and Management by telephone at (518) 473-2189 or by email at NYSMedicaidFFS@health.ny.gov.
- For questions regarding the Medicaid Program – Information for All Providers – General Billing document, please contact the MAC Part of the enrollee. MAC Plan contact information can be found in the eMedNY New York State Department of Health Publications for All Providers - Managed Care Information document.

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All Providers

eMedNY Provider Training Videos Available

eMedNY offers recorded training videos on a variety of topics that allow providers and staff an alternative learning option that is easy to access and convenient to complete. Providers can view the recorded training videos at their own pace from a computer at any time. Recently added and currently available recorded training videos include:

- *Electronic Visit Verification (EVV) Provider Training*
- *Electronic Visits or POV Attendance Advice Request Form Instructions*
- *ePACES – How to Submit a Claim Adjustment Request*
- *ePACES – How to Review a Prior Approval Request for DME*
- *ePACES – How to Cancel a Sent Request for DME*
- *ePACES – How to Submit a Prior Approval Request for DME*
- *ePACES for Providers*

To view the full list of recorded training videos, providers should visit the eMedNY "Provider Training Videos" web page. eMedNY strongly encourages providers to periodically check this web page for new training videos.

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New York State Medicaid Chronic Disease Self-Management Program for Arthritis

Reimbursement for the Chronic Disease Self-Management Program (CDSMP), as outlined by the Self-Management Resource Center Implementation Guide, is now available for New York State Medicaid providers. This program is designed to help adults with arthritis who have not benefited from standard medical care or who are difficult to reach. Effective **March 1, 2025**, the New York State Department of Health (NYSDOH) will reimburse providers for delivering the CDSMP. The program is a six-week, group-based intervention that helps participants manage their arthritis symptoms, including decision making, problem-solving, and action planning to promote health, can be covered by a NYS Medicaid CDSMP provider. CDSMP providers assist NYS Medicaid members in developing the skills and confidence to manage their arthritis and improve their overall health and well-being.

CDSMP is an evidence-based, self-management intervention program for adults that focuses on disease management skills. Its purpose is to empower participants to take control of their health and improve their quality of life. The program is designed for adults with chronic conditions, including arthritis, diabetes, heart disease, and lung disease. It teaches participants how to manage their symptoms, communicate effectively with their healthcare providers, make informed decisions, and develop a personalized action plan for their health. Participants also learn how to manage their emotions, problem-solving skills, and relaxation techniques. Policy and billing guidelines pertaining to NYS Medicaid coverage of CDSMP are outlined in the Chronic Disease Self-Management Program (CDSMP) – Implementation and Claims Processing Guidelines document.

Steps to Become a NYS Medicaid CDSMP Provider

1. **Achieve SMRC Recognition**
   - Organizations must be SMRC-Medicaid as a CDSMP provider, the applying organization must be SMRC-licensed. Licensing requirements and additional information can be found on the Self-Management Resource Center's Implementation Process, Implementation and Training Support webpage.
2. **Apply to Become a NYS Medicaid CDSMP Provider**
   - Once SMRC recognition is achieved, providers must apply to the Division of Program Development and Management's Provider Enrollment Unit to receive recognition as a NYS Medicaid CDSMP provider.
3. **Complete Training**
   - CDSMs leading in-person and live (not for CDSMP services must comply with NYS Medicaid provider enrollment requirements and must complete training in the Stanford Chronic Disease Self-Management Program. Training must be completed within the last five years. Training must be completed within the last five years. Training must be completed within the last five years