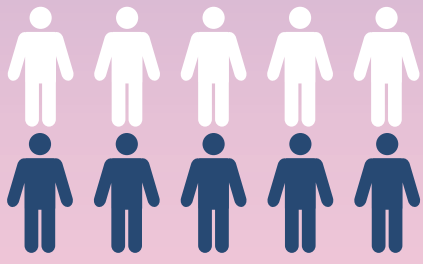


Mental Health & HIV



Half of New Yorkers outside of NYC living with HIV are impacted by a mental health diagnosis

Healthy MIND
+ Healthy BODY

Healthy YOU



WHAT YOU CAN DO

Education
+ Treatment
+ Support

RECOVERY & RESILIENCE

Men account for **61%** of persons with mental health diagnoses
71% of people with a mental health diagnosis are ages 45 and up



2 out of every 5 people in HIV care have diagnosed depression

People living with HIV and mental health diagnoses need more services:



67%
Need HIV Case Management



34%
Need Peer Group Support



35%
Need Meal and Food services



Resources

Find Treatment: <https://findtreatment.samhsa.gov/>

NYS Office of Mental Health: 1-800-597-8481

SAMHSA National Helpline: 1-800-487-4889

Crisis Text Line: free counseling text SIGNS to: 741741



Data from Medical Monitoring Project 2009-2014 NYS, representative of those in HIV care in the state outside of NYC