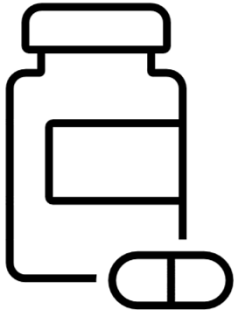


Treatment Adherence and Outcomes Among New Yorkers with HIV¹ | Medical Monitoring Project 2015 – 2018



99% of New Yorkers with HIV report currently² taking antiretroviral therapy (ART)
 65% of New Yorkers with HIV report complete adherence to ART doses in the past 30 days

72% of New Yorkers with HIV achieved sustained viral suppression³

Common causes for missed ART doses include:

- Oversleeping or sleeping early (82%)
- Changes in daily routine (72%)
- Forgetting to take medication (65%)

Social Determinants of Treatment Adherence and Viral Suppression

ART dose adherence by age

43% of persons aged 18-25 years reported 100% dose adherence over previous 30 days

67% of persons aged 50 years and older reported 100% dose adherence over previous 30 days

Viral Suppression by Race and Ethnicity

68% of Non-Hispanic Black respondents achieved sustained viral suppression

*71% of Hispanic respondents achieved sustained viral suppression

80% of Non-Hispanic White respondents achieved sustained viral suppression

Money or insurance problems



Discontinued ART use

Inability to afford treatment was the most commonly reported cause of ART disengagement (*81%).

¹ Excludes NYC
² Current is as of the interview date
³ All viral load measurements in the 12 months before the interview documented undetectable or <200 copies/mL
 *Estimates may be unstable and should be interpreted with caution.