Improving the Health of New York State Adults Living with Disability – Social Determinants of Health



1 in 4 people

Percentage of adults by type of disability 12.1% 9.1% 3.2% 6.3% 4.7% 4.2% Mobility Cognition Independent Living difficulty **Hearing Vision** Difficulty oncentrating **Self-Care** remembering Deafness Blindness or making decisions or Difficulty serious dressing difficulty difficulty or hearing seeing bathing

Social Determinants of Health

According to the CDC, social determinants of health are conditions in the places where people live, learn, work, and play which affect a wide range of health risks and outcomes. Healthy People 2030 outlines five key areas of determinants as healthcare access and quality education access and quality, social and community context, economic stability, and neighborhood and built environment. Medical care accounts for only 20% of favorable health outcomes. The other 80% are related to physical (10%), social and economic factors (40%), and healthy behaviors (30%).

80% 10% Physical Environment 40% Social and **OF HEALTH Economic 30**% **OUTCOMES ARE Factors** Health **DRIVEN BY Behaviors FACTORS OTHER THAN CLINICAL** 20% **CARE/TREATMENT** Medical

Source. U.S. Department of Health and Human Services. Office of Disease Prevention and Health Promotion. Social Determinants of Health

Social Determinants of Health & Disability

are less likely to graduate

from high school (23.4% vs. 9.5%)

People living with disability are adversely impacted by a number of social determinants of health compared to their peers without disability. People living with disability are less likely to graduate from high school, less likely to be part of the labor force, and more likely to report an annual income of less than \$15,000 than adults not living with disability. Also, adults living with disability are more likely to miss a healthcare visit due to cost, and to report food insecurity within the last 12 months than their People living with disability peers not living disability.

People living with disability are less likely to be part of the labor force are more likely to have an income of <\$15,000 (14.8% vs. 5.2%)

* People living with likely to miss a healthcare visit due to cost (14.9% vs. 7.0%)

insecurity (37.3% vs. 14.8%)

Addressing Social Determinants of Health for People Living with Disability



Promote inclusion of students living with disability in NYS school districts

Improve opportunities to become a part of the job force

Increase income and reduce poverty levels

Increase access to health insurance and reduce healthcarerelated costs

Improve food security

This is the first in a series of infographics focused on improving the health of New Yorkers living with disability

