eBRFSS 2013-2014 Health Indicators: Washington

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General Description

The New York State Expanded Behavioral Risk Factor Surveillance System 2013-2014 (2014 eBRFSS) was design to supplement the Center for Disease Control and Prevention (CDC) Behavioral Risk Factor Surveillance System (BRFSS), which is conducted annually in New York State. The purpose of the 2014 eBRFSS was to produce local information on key public health issues. Data for the project were collected from April 15, 2013 to May 10, 2014. The 2014 eBRFSS reached both households with landline telephones and households which only had cell phones. Like the annual BRFSS, New York State's 2014 eBRFSS was designed to be representative of the non-institutionalized adult household population, aged 18 years and older.

Reported Health Indicators

There are a total of 50 health indicators included in the report. The health indicators include 10 measures included in the New York State Department of Health's Prevention Agenda, NYS Health Innovation Plan (SHIP), Delivery System Reform Incentive Payment (DSRIP) Program, or the NYS Community Health Indicator Reports (CHIRS). An additional 40 important health indicators are also included. The indicators are organized by the Priority Area of the Prevention Agenda and are reported statewide, by region, and by county.

Data Collection Methodology, Sampling and Weighting

The data collection methods for the 2014 eBRFSS aligned with the CDC's standard annual BRFSS methods. The 2014 eBRFSS questionnaire used standard questions from the BRFSS. Survey interviews were conducted in both English and Spanish. There were 31,690 completed interviews.

The sampling plan for the eBRFSS was developed to result in valid health indicator estimates for New York City (NYC) and each of the 57 counties outside NYC. The sampling approach stratified landlines by county and implemented a disproportionate stratified sampling design that accounted for both listed-households and unlisted numbers. Cell phone households were accounted for through additional strata that covered contiguous groups of counties.

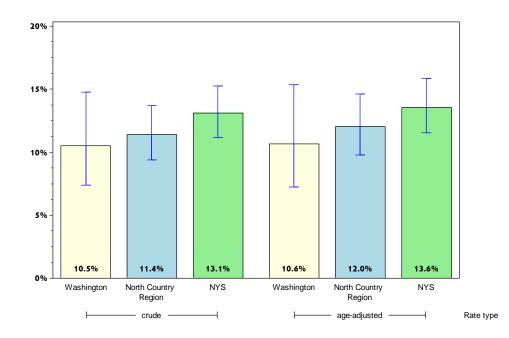
Data were weighted to represent the population using a methodology known as iterative proportional fitting (raking). Raking adjusted the data so that groups underrepresented in the sample were more accurately represented in the estimated rates. Raking also enabled surveys conducted by cell phone to be included in the weighting and to accurately match sample distributions of specified demographic characteristics of the population. The raking categories included in the eBRFSS were: age, gender, race/ethnicity, education, marital status, owner/renter status, telephone usage (i.e. landline and cell phone combinations), and county of residence.

Limitations of Data Use:

During data analysis, criteria were applied to suppress rates based on too few surveys to be reliable and to identify rates that are highly variable. Rates in which less than 10 respondents were in the numerator or less than 50 respondents were in the denominator were considered unreliable and suppressed from reporting. Rates considered to have high variability due to having confidence limits greater than ±10% are noted.

Improve Health Status and Reduce Health Disparities

Percentage of adults who did not receive medical care because of cost*



Washington County

North Country

		_	•			•
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	5,275	10.5	(7.4-14.8)	28,018	11.4	(9.4-13.7)
Age						
18-24		#		4,414	11.9^	(5.7-23.4)
25-34		#		5,416	17.9	(11.0-27.7)
35-44		#		4,524	13.0	(8.2-20.0)
45-64	1,831	9.9	(6.1-15.7)	10,765	11.6	(9.1-14.6)
65+		#		2,625	5.2	(3.1-8.7)
Race						
White, NH	4,507	9.7	(6.8-13.8)	25,274	11.8	(9.6-14.4)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#		1,436	10.0^	(4.6-20.1)
Sex						
male	1,756	6.8	(3.5-12.6)	13,644	10.7	(7.7-14.7)
female	3,518	14.5	(9.7-21.2)	14,374	12.1	(9.7-14.9)
ge-adjusted ^{&}		10.6	(7.3-15.3)		12.0	(9.8-14.6)

^{*} Among people needing to see a doctor in the past 12 months

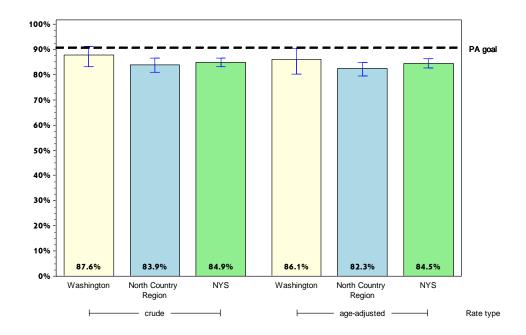
[&]amp; Percent is age-adjusted to the 2000 United States Population.

[#] Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Improve Health Status and Reduce Health Disparities

Percentage of adults who have a regular health care provider



	Was	hington Co	ounty	North Country		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	43,748	87.6	(83.0-91.1)	205,922	83.9	(80.8-86.6)
Age						
18-24		#		22,744	61.6	(47.4-74.2)
25-34		#		20,035	66.6	(57.8-74.3)
35-44	6,992	85.7	(71.7-93.3)	29,229	83.9	(77.7-88.7)
45-64	17,359	94.2	(89.9-96.8)	85,160	91.8	(89.1-93.9)
65+	10,009	97.3	(93.0-99.0)	47,824	96.1	(94.4-97.3)
Race						
White, NH	40,982	88.9	(84.7-92.1)	181,641	85.0	(82.2-87.5)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#		12,078	84.6	(68.5-93.3)
Sex						
male	21,414	82.9	(74.6-88.9)	98,478	77.7	(72.4-82.3)
female	22,334	92.7	(87.8-95.8)	107,444	90.5	(87.9-92.5)
Age-adjusted ^{&}		86.1	(80.3-90.4)		82.3	(79.4-84.9)

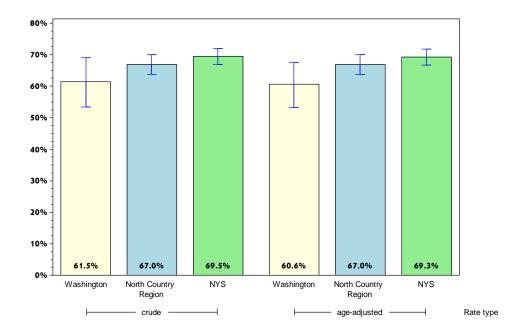
[&]amp; Percent is age-adjusted to the 2000 United States Population.

[#] Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Improve Health Status and Reduce Health Disparities

Percentage of adults who had a dentist visit within the past year



Washington County North Country Est. # of Est. # of **Adults** Percent 95% CI **Adults Percent** 95% CI **Total** 28,887 61.5 (53.4-68.9)154,725 67.0 (63.8-70.0)Age 18-24 # 69.1 (54.4-80.7)23,796 25-34 # 17,522 (52.6-70.4)61.9 (53.8-81.9) 35-44 5,370 (63.6-77.7)69.7 23,269 71.2 45-64 12,556 72.9 (64.8-79.7)60,242 68.6 (64.1-72.7)65+ 5,489 (47.2-65.6)56.6 29,317 62.5 (57.8-67.0)Race White, NH 26,433 61.0 (52.6-68.7) 134,170 66.5 (63.2-69.6)Black, NH # # Hispanic # # Other, NH # 8,104 66.0 (48.8-79.9)Sex male 13,869 56.6 (43.6-68.7)74,708 62.7 (57.5-67.7)female 15,019 80,018 66.8 (59.0-73.7)71.5 (67.8-74.9)Age-adjusted[&] 60.6 (53.2-67.5)67.0 (63.7-70.1)

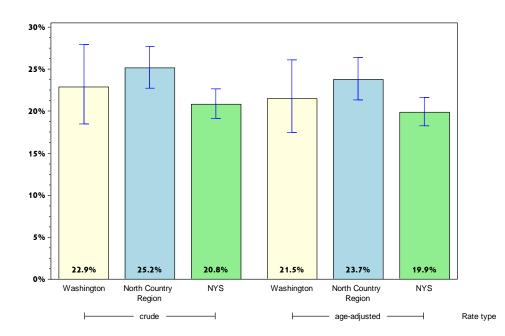
[&]amp; Percent is age-adjusted to the 2000 United States Population.

[#] Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Improve Health Status and Reduce Health Disparities

Percentage of adults living with a disability*



	Washington County			1	North Coun	try
_	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	11,169	22.9	(18.5-28.0)	60,646	25.2	(22.7-27.7)
Age						
18-24		#		3,275	9.0	(4.6-16.7)
25-34		#		5,204	17.7	(10.7-27.8)
35-44	1,686	20.6	(11.5-34.3)	6,132	17.9	(12.9-24.2)
45-64	4,340	24.4	(17.9-32.4)	26,345	29.2	(25.4-33.2)
65+	4,141	41.3	(33.0-50.1)	19,465	39.5	(35.1-44.0)
Race						
White, NH	10,731	23.8	(19.2-29.1)	55,271	26.2	(23.7-28.9)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#		3,669	28.2	(17.1-42.8)
Sex						
male	4,366	17.6	(12.1-24.9)	29,650	23.9	(20.3-27.8)
female	6,803	28.4	(22.4-35.1)	30,996	26.5	(23.4-29.9)
Age-adjusted ^{&}		21.5	(17.4-26.1)		23.7	(21.3-26.4)

^{*} Limited activities (physical, mental, or emotional problems); need of special equipment (e.g. cane, wheel chair).

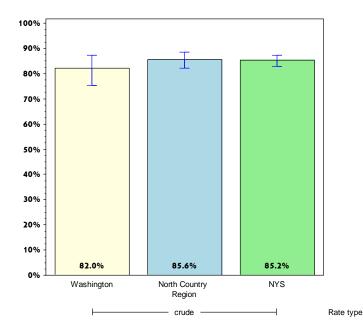
[&]amp; Percent is age-adjusted to the 2000 United States Population.

[#] Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Improve Health Status and Reduce Health Disparities

Percentage of adults aged 18-64 years with healthcare coverage



	Washington County			North Country		
_	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	32,449	82.0	(75.4-87.2)	165,949	85.6	(82.2-88.4)
Age ⁺						
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH	30,122	82.5	(75.8-87.6)	144,277	87.0	(84.2-89.4)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#		8,771	77.5^	(56.1-90.3)
Sex						
male	17,179	81.9^	(71.5-89.1)	84,358	83.2	(77.5-87.7)
female	15,270	82.2	(73.1-88.7)	81,591	88.1	(84.6-91.0)
Age-adjusted ^{+,&}						

[&]amp; Percent is age-adjusted to the 2000 United States Population.

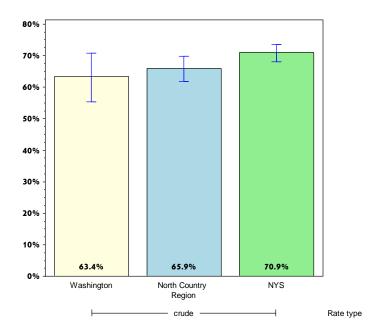
⁺ Age-adjusted and age specific percent not generated for health indicators with age range limits.

[#] Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Improve Health Status and Reduce Health Disparities

Percentage of adults aged 18-64 years who saw a doctor for a routine checkup within the last year



	Washington County			North Country		
_	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	24,894	63.4	(55.3-70.8)	127,809	65.9	(61.7-69.9)
Age ⁺						
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH	22,830	63.0	(54.7-70.6)	110,971	67.0	(63.1-70.7)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#		7,845	68.7	(47.2-84.3)
Sex						
male	12,206	58.7	(45.4-70.9)	60,376	59.1	(52.7-65.3)
female	12,688	68.7	(59.6-76.6)	67,432	73.4	(68.7-77.7)
Age-adjusted ^{+,&}						

[&]amp; Percent is age-adjusted to the 2000 United States Population.

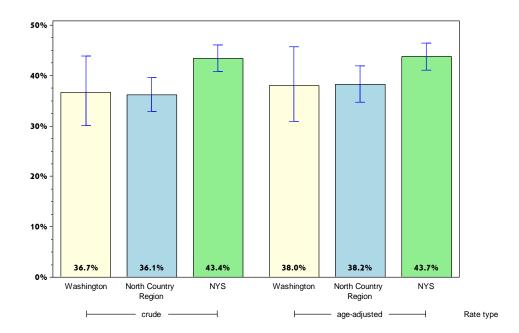
⁺ Age-adjusted and age specific percent not generated for health indicators with age range limits.

[#] Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Improve Health Status and Reduce Health Disparities

Percentage of adults experiencing housing insecurity in the past 12 months*



	Was	hington Co	ounty	North Country			
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI	
Total Age	16,770	36.7	(30.1-43.8)	79,887	36.1	(32.9-39.6)	
18-24		#		11,808	41.7	(26.6-58.5)	
25-34		#		14,248	50.1	(40.4-59.8)	
35-44	3,547	47.5	(32.8-62.6)	13,402	43.6	(35.8-51.7)	
45-64	6,894	40.4	(31.5-50.1)	31,270	36.3	(31.9-40.9)	
65+	1,671	17.9	(11.6-26.6)	9,032	19.5	(15.9-23.5)	
Race							
White, NH	15,178	36.2	(29.5-43.4)	69,765	36.2	(33.0-39.6)	
Black, NH		#			#		
Hispanic		#			#		
Other, NH		#		3,510	27.9^	(16.2-43.7)	
Sex							
male	7,135	29.6	(20.5-40.8)	39,358	34.5	(29.4-40.1)	
female	9,635	44.6	(36.7-52.7)	40,528	37.9	(33.9-42.0)	
e-adjusted ^{&}		38.0	(30.9-45.7)		38.2	(34.7-41.9)	

^{*} Worried or stressed about having enough money to pay for rent or mortgage.

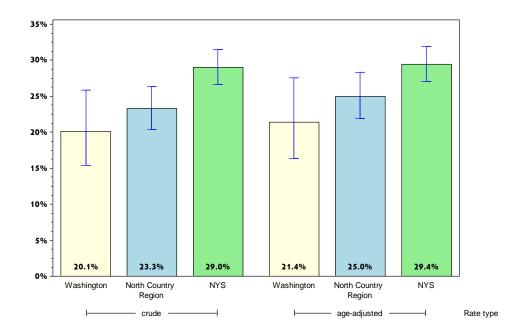
[&]amp; Percent is age-adjusted to the 2000 United States Population.

[#] Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Improve Health Status and Reduce Health Disparities

Percentage of adults experiencing food insecurity in the past 12 months*



	Was	hington Co	ounty	North Country			
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI	
Total	9,716	20.1	(15.4-25.9)	54,992	23.3	(20.4-26.4)	
Age							
18-24		#		9,341	25.6	(15.1-40.0)	
25-34		#		8,659	30.1	(21.5-40.2)	
35-44	2,217	28.3^	(16.7-43.8)	11,252	34.3	(26.9-42.5)	
45-64	3,784	21.3	(14.5-30.3)	20,526	23.0	(19.4-27.0)	
65+	737	7.4	(3.4-15.6)	5,056	10.5	(7.7-14.1)	
Race							
White, NH	8,330	18.7	(14.2-24.3)	46,859	22.7	(20.0-25.7)	
Black, NH		#			#		
Hispanic		#			#		
Other, NH		#		2,675	20.4	(11.2-34.1)	
Sex							
male	3,692	14.8	(9.3-22.7)	25,388	20.9	(16.6-25.9)	
female	6,024	25.8	(19.0-34.1)	29,604	25.8	(22.3-29.7)	
e-adjusted ^{&}		21.4	(16.3-27.6)		25.0	(21.9-28.3)	

^{*} Worried or stressed about having enough money to buy nutritious meals.

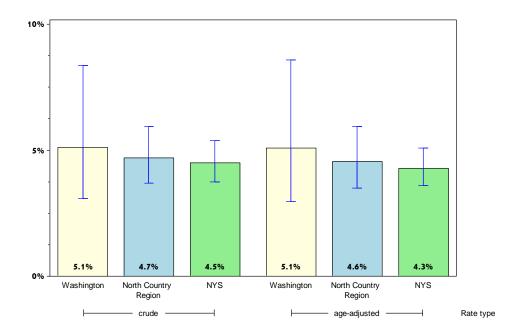
[&]amp; Percent is age-adjusted to the 2000 United States Population.

[#] Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Improve Health Status and Reduce Health Disparities

Percentage of adults with poor self-reported health



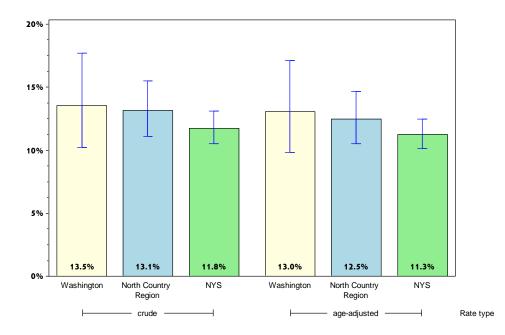
Washington County North Country Est. # of Est. # of **Adults Adults** Percent 95% CI **Percent** 95% CI **Total** 2,539 5.1 (3.1-8.4)11,452 4.7 (3.7-5.9)Age 18-24 # # 25-34 # # 35-44 # 1,574 (2.2-9.0)4.5 45-64 4,871 5.3 (3.9-7.2)65+ 952 (4.6-18.1)3,854 (5.2-11.5)9.3 7.8 Race White, NH 2,273 5.0 (3.0-8.2)10,405 4.9 (3.8-6.3)Black, NH # # Hispanic # # Other, NH # # Sex male 1,348 5.2 (2.5-10.6)5,562 4.4 (3.0-6.4)female 1,191 5,890 5.0 (2.5-9.7)5.0 (3.6-6.8)Age-adjusted[&] 5.1 (3.0-8.6)4.6 (3.5-5.9)

[&]amp; Percent is age-adjusted to the 2000 United States Population.

[#] Rates with <10 in the numerator or <50 in the denominator are suppressed.

Improve Health Status and Reduce Health Disparities

Percentage of adults who report 14 or more days of poor physical health*



	Washington County			ſ	North Coun	try
_	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	6,581	13.5	(10.2-17.7)	31,544	13.1	(11.1-15.5)
Age						
18-24		#			#	
25-34		#		2,490	8.2	(4.2-15.4)
35-44	1,097	13.4	(6.8-24.8)	3,606	10.6	(6.8-16.0)
45-64	2,926	16.5	(11.2-23.5)	15,979	17.7	(13.8-22.4)
65+	1,928	20.2	(13.4-29.3)	8,242	17.4	(13.6-21.9)
Race						
White, NH	6,316	14.1	(10.7-18.4)	26,807	12.9	(11.0-15.0)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#		3,627	25.6	(11.2-48.3)
Sex						
male	2,554	10.1	(6.2-16.0)	14,649	11.8	(9.2-15.0)
female	4,027	17.3	(12.5-23.5)	16,896	14.6	(11.6-18.2)
Age-adjusted ^{&}		13.0	(9.8-17.1)		12.5	(10.5-14.7)

^{*} Out of the past 30 days.

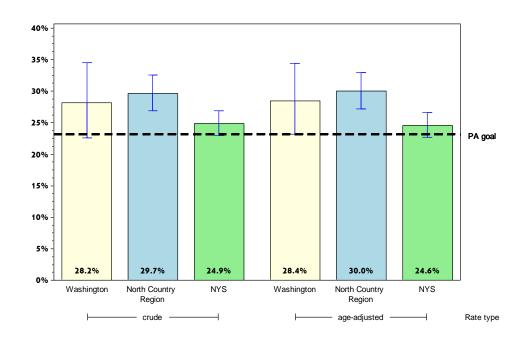
[&]amp; Percent is age-adjusted to the 2000 United States Population.

[#] Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Washington Prevent Chronic Diseases

Percentage of adults who are obese*



Washington County North Country Est. # of Est. # of **Adults Adults** Percent 95% CI **Percent** 95% CI **Total** 13,525 28.2 (22.6-34.5)69,111 29.7 (26.9 - 32.6)Age 18-24 # 6,455 18.8 (11.4-29.4)25-34 # 7,572 26.2 (19.0-34.9)35-44 2,064 25.8 (15.3-40.3)12,036 (29.2-44.7)36.6 45-64 6,250 34.9 (26.3-44.7)30,053 34.0 (29.7-38.7)65+ 1,911 20.1 (13.9-28.2)12,924 26.9 (23.1-31.0)Race White, NH 11,665 26.4 (21.2-32.3)59,501 28.8 (26.2-31.6)Black, NH # # Hispanic # # Other, NH # 4,539 38.5 (23.1-56.6)Sex male 6,736 26.4 (18.4-36.5)35,574 28.8 (24.9 - 32.9)female 6,789 30.1 (23.4-37.9)33,537 30.7 (26.9 - 34.8)Age-adjusted[&] 28.4 (23.1-34.4)30.0 (27.1-33.0)

^{*} Obesity defined as a Body Mass Index (BMI) >=30. BMI is calculated based on weight and height.

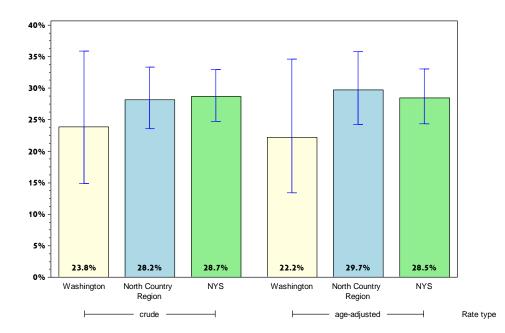
[&]amp; Percent is age-adjusted to the 2000 United States Population.

[#] Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Prevent Chronic Diseases

Percentage of adults with an annual household income less than \$25,000 who are obese*



Washington County North Country Est. # of Est. # of **Adults Adults** Percent 95% CI **Percent** 95% CI 23.8 **Total** 2,500 (14.9 - 35.9)16,539 28.2 (23.6-33.3)Age 18-24 # # 25-34 # 1,941 22.4 (10.9-40.5)35-44 # # 45-64 5,921 30.9 (23.5-39.5)65+ 972 30.8 (18.1-47.3)4,769 29.8 (23.6-36.8)Race White, NH 1,760 19.9 (12.9-29.5)13,731 27.4 (22.7-32.7)Black, NH # # Hispanic # # Other, NH # # Sex male 6,267 24.1 (17.4-32.2)female 1,469 22.5 (13.6-34.7)10,272 31.5 (25.5-38.2)Age-adjusted[&] 22.2 (13.4-34.6)29.7 (24.3-35.8)

^{*} Obesity defined as a Body Mass Index (BMI) >=30. BMI is calculated based on weight and height.

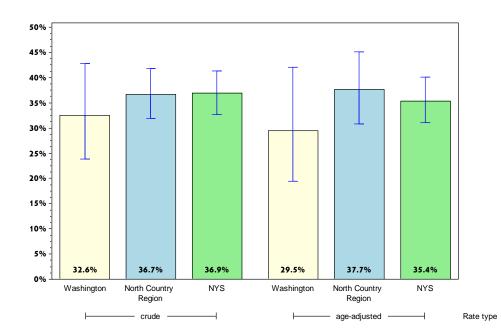
[&]amp; Percent is age-adjusted to the 2000 United States Population.

[#] Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Prevent Chronic Diseases

Percentage of adults living with a disability who are obese*



	Washington County			North Country		
_	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	3,476	32.6^	(23.8-42.8)	21,343	36.7	(31.9-41.8)
Age						
18-24		#			#	
25-34		#			#	
35-44		#			#	
45-64	1,502	34.6	(21.4-50.7)	9,126	35.7	(29.2-42.9)
65+	1,012	27.8	(16.4-43.0)	6,663	36.4	(29.5-43.9)
Race						
White, NH	3,269	31.9^	(23.2-42.2)	18,789	35.6	(30.7-40.8)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male	1,417	33.6	(19.8-50.9)	9,247	32.2	(25.5-39.7)
female	2,059	31.9^	(21.3-44.8)	12,096	41.2	(34.8-47.9)
Age-adjusted ^{&}		29.5	(19.4-42.0)		37.7	(30.8-45.1)

^{*} Obesity defined as a Body Mass Index (BMI) >=30. BMI is calculated based on weight and height. Limited activities (physical, mental, or emotional problems); need of special equipment (e.g. cane, wheel chair).

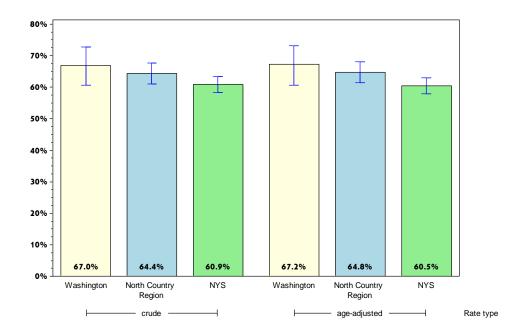
[&]amp; Percent is age-adjusted to the 2000 United States Population.

[#] Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Prevent Chronic Diseases

Percentage of adults overweight or obese*



	Washington County			ı	North Coun	try
_	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	32,143	67.0	(60.7-72.7)	150,027	64.4	(61.0-67.6)
Age						
18-24		#		14,473	42.2	(29.6-56.0)
25-34		#		17,264	59.8	(50.1-68.8)
35-44	5,469	68.5	(53.1-80.6)	24,149	73.4	(66.2-79.6)
45-64	12,451	69.6	(60.8-77.2)	60,442	68.5	(63.4-73.1)
65+	5,673	59.7	(50.4-68.4)	33,445	69.5	(65.4-73.4)
Race						
White, NH	29,027	65.6	(59.1-71.6)	133,793	64.8	(61.5-68.0)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#		6,822	57.9^	(40.1-73.9)
Sex						
male	18,378	72.1	(62.8-79.8)	84,846	68.6	(63.4-73.4)
female	13,766	61.1	(53.3-68.4)	65,181	59.6	(55.4-63.7)
Age-adjusted ^{&}		67.2	(60.6-73.2)		64.8	(61.4-68.0)

^{*} Defined as a Body Mass Index (BMI) >=25. BMI is calculated based on weight and height.

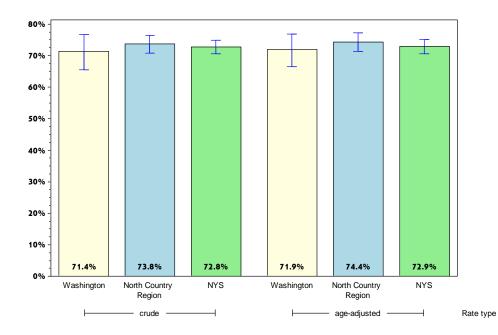
[&]amp; Percent is age-adjusted to the 2000 United States Population.

[#] Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Prevent Chronic Diseases

Percentage of adults who participated in leisure time physical activity in the past 30 days*



	Washington County			North Country		
_	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	34,609	71.4	(65.5-76.7)	175,499	73.8	(70.8-76.5)
Age						
18-24		#		29,851	82.0^	(67.1-91.0)
25-34		#		23,329	81.0	(72.5-87.3)
35-44	5,372	67.9^	(53.8-79.4)	24,720	73.2	(65.4-79.8)
45-64	12,593	71.0	(61.0-79.3)	66,141	74.0	(69.8-77.8)
65+	6,167	61.5	(52.4-69.8)	30,956	63.7	(59.1-68.0)
Race						
White, NH	32,290	72.2	(66.6-77.3)	154,352	74.3	(71.5-76.9)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#		9,362	71.3^	(54.5-83.7)
Sex						
male	19,083	76.4	(67.1-83.7)	93,092	75.9	(71.2-80.0)
female	15,526	66.2	(58.9-72.7)	82,406	71.5	(67.7-75.0)
Age-adjusted ^{&}		71.9	(66.5-76.8)		74.4	(71.3-77.2)

^{*} Any physical activities or exercises such as running or walking

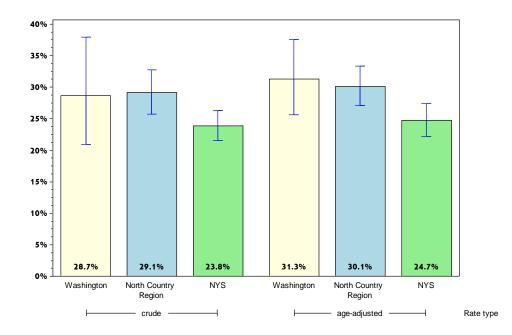
[&]amp; Percent is age-adjusted to the 2000 United States Population.

[#] Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Prevent Chronic Diseases

Percentage of adults who consume one or more sugary drinks daily*



	Was	hington Co	ounty	North Country			
_	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI	
Total	13,609	28.7	(21.0-37.9)	67,716	29.1	(25.7-32.7)	
Age							
18-24		#		20,919	59.4	(45.8-71.7)	
25-34		#		11,575	40.6	(31.2-50.8)	
35-44	1,925	24.6^	(14.5-38.6)	9,048	27.6	(21.3-34.9)	
45-64	2,294	13.3	(7.4-22.9)	16,825	19.2	(15.8-23.1)	
65+	1,655	16.8	(10.4-26.0)	9,134	19.3	(15.4-23.8)	
Race							
White, NH	12,140	27.7	(19.8-37.4)	57,041	28.0	(24.7-31.6)	
Black, NH		#			#		
Hispanic		#			#		
Other, NH		#		2,928	23.8	(13.4-38.7)	
Sex							
male	9,575	38.5	(26.1-52.6)	46,475	38.9	(33.5-44.5)	
female	4,034	17.9	(12.2-25.4)	21,240	18.8	(15.5-22.5)	
-adjusted ^{&}		31.3	(25.6-37.5)		30.1	(27.1-33.4)	

^{*} Sugary drinks include regular soda, and sugar-sweetened drinks.

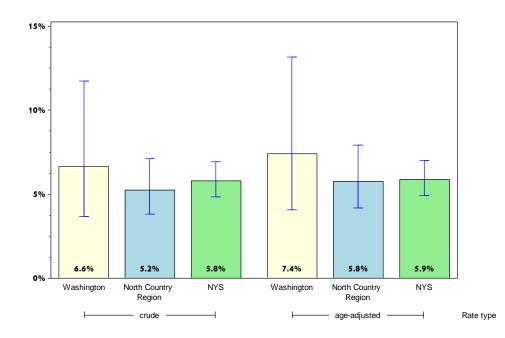
[&]amp; Percent is age-adjusted to the 2000 United States Population.

[#] Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Prevent Chronic Diseases

Percentage of adults who consume fast-food three or more times per week



Washington County

North Country

	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Γ	Addits	reiteiit	93% CI	Addits	reiteiit	3376 CI
Total	3,120	6.6	(3.7-11.7)	12,105	5.2	(3.8-7.1)
Age						
18-24		#		3,395	9.7	(4.7-18.8)
25-34		#		3,148	11.1	(5.5-21.2)
35-44		#		1,831	5.6	(3.2-9.5)
45-64		#		3,150	3.6	(2.1-6.0)
65+		#		561	1.2	(0.6-2.3)
Race						
White, NH	2,779	6.4	(3.4-11.7)	9,640	4.8	(3.4-6.6)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male	2,658	10.9	(5.5-20.3)	9,610	8.1	(5.5-11.6)
female		#		2,495	2.2	(1.5-3.4)
Age-adjusted ^{&}		7.4	(4.1-13.2)		5.8	(4.2-7.9)

[&]amp; Percent is age-adjusted to the 2000 United States Population.

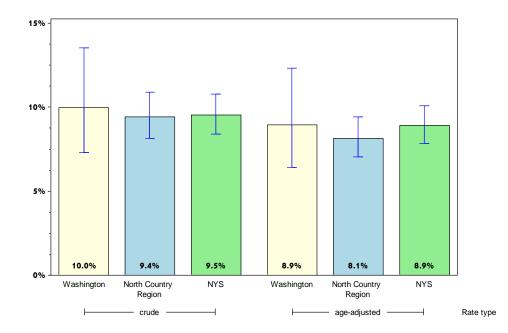
[#] Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Prevent Chronic Diseases

Percentage of adults with physician diagnosed diabetes*

Washington County



North Country

8.1

(7.0-9.4)

Est. # of Est. # of **Adults Adults** Percent 95% CI **Percent** 95% CI 5,008 **Total** 10.0 (7.3-13.5)23,236 9.4 (8.1-10.9)Age 18-24 # # 25-34 # # 35-44 # 1,072 3.1 (1.6-6.0)45-64 1,892 10.2 (6.3-16.2)10,661 11.5 (9.1-14.3)65+ 2,428 23.6 (16.9 - 32.0)10,593 21.1 (17.7-24.9)Race White, NH 4,617 10.0 (7.2-13.6)19,762 9.2 (7.9-10.7)Black, NH # # Hispanic # # Other, NH # 13.4 1,930 (7.1-24.0)Sex male 2,308 8.9 (5.4-14.4)12,352 9.7 (7.8-12.1)female 2,700 10,884 11.1 (7.6-16.1)9.1 (7.5-11.0)

(6.4-12.3)

Age-adjusted[&]

8.9

^{*} As diagnosed by a health professional.

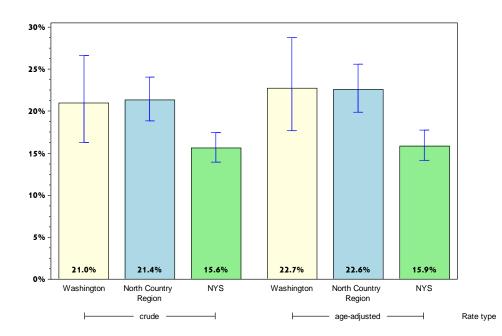
[&]amp; Percent is age-adjusted to the 2000 United States Population.

[#] Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Prevent Chronic Diseases

Percentage of adults who are current smokers



Washington County

North Country

		J	•			•
_	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	10,281	21.0	(16.3-26.6)	51,412	21.4	(18.9-24.1)
Age						
18-24		#		7,759	21.1	(13.3-31.8)
25-34		#		9,359	32.0^	(23.4-42.1)
35-44	2,618	32.1	(19.8-47.4)	8,623	25.2	(19.0-32.6)
45-64	3,398	19.0	(12.9-27.0)	21,472	23.7	(20.0-27.8)
65+	1,145	11.5	(6.3-20.0)	4,028	8.3	(6.3-10.8)
Race						
White, NH	9,433	20.8	(16.1-26.6)	44,514	21.2	(18.6-24.0)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#		2,652	20.3	(11.5-33.2)
Sex						
male	3,738	14.9	(9.9-21.9)	24,983	20.1	(16.4-24.4)
female	6,543	27.3	(20.3-35.6)	26,429	22.7	(19.5-26.2)
Age-adjusted ^{&}		22.7	(17.7-28.7)		22.6	(19.9-25.6)

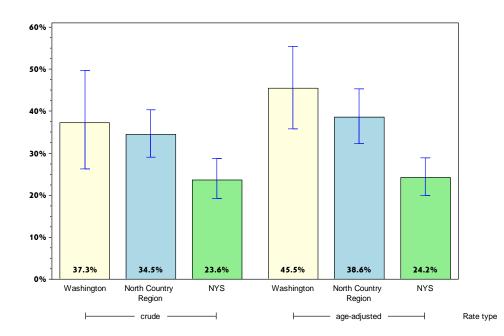
[&]amp; Percent is age-adjusted to the 2000 United States Population.

[#] Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Prevent Chronic Diseases

Percentage of adults with annual household income less than \$25,000 who are current smokers



Washington County North Country Est. # of Est. # of **Adults Adults** Percent 95% CI **Percent** 95% CI 4,076 37.3 **Total** (26.3-49.7)20,863 34.5 (29.0-40.4)Age 18-24 # # 25-34 38.1 # 3,373 (21.7-57.9)35-44 # # 45-64 # 9,634 49.1 (40.4-57.7)65+ 1,911 # 11.7 (7.6-17.5)Race White, NH 3,469 37.4 (26.3-50.0)16,783 32.6 (26.9 - 38.8)Black, NH # # Hispanic # # Other, NH # # Sex male # 7,341 28.5 (20.3-38.4)female 3,038 42.6 (29.1-57.3) 13,522 38.9 (32.1-46.2)Age-adjusted[&] 45.5 (35.9-55.5)38.6 (32.3-45.3)

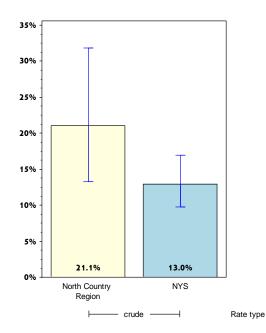
[&]amp; Percent is age-adjusted to the 2000 United States Population.

[#] Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Prevent Chronic Diseases

Percentage of adults aged 18-24 years who are current smokers



	Washington County			North Country		
_	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total Age ⁺ 18-24		#		7,759	21.1^	(13.3-31.8)
25-34 35-44 45-64 65+						
Race White, NH Black, NH Hispanic Other, NH		# # #		6,162	20.5 [^] # #	(12.3-32.3)
Sex male female Age-adjusted+,&		# #		6,217 1,542	26.2 [^] 11.8 [^]	(14.8-42.1) (5.8-22.4)

[&]amp; Percent is age-adjusted to the 2000 United States Population.

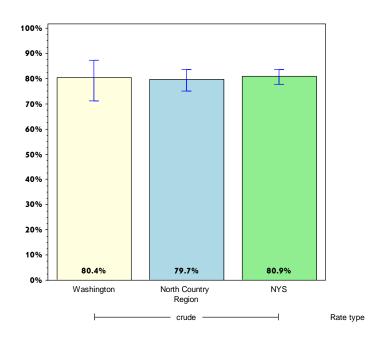
⁺ Age-adjusted and age specific percent not generated for health indicators with age range limits.

[#] Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Prevent Chronic Diseases

Percentage of women aged 50-74 years receiving breast cancer screening based on recent guidelines*



	Was	hington Co	ounty	North Country		
_	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	7,966	80.4	(71.2-87.2)	36,651	79.7	(75.1-83.6)
Age⁺						
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH	7,460	79.3	(69.8-86.4)	32,120	79.1	(74.5-83.0)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male		#			#	
female	7,966	80.4	(71.2-87.2)	36,651	79.7	(75.1-83.6)
Age-adjusted+,&						

^{*} Mammogram within past 2 years.

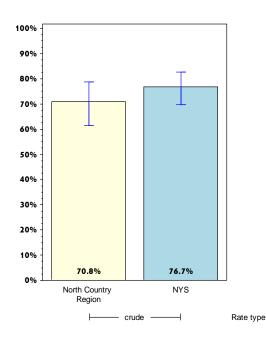
[&]amp; Percent is age-adjusted to the 2000 United States Population.

⁺ Age-adjusted and age specific percent not generated for health indicators with age range limits.

[#] Rates with <10 in the numerator or <50 in the denominator are suppressed.

Prevent Chronic Diseases

Percentage of women aged 50-74 years with annual household income of less than \$25,000 receiving breast cancer screening based on recent guidelines*



	Washington County			North Country		
_	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total		#		10,027	70.8	(61.5-78.6)
Age⁺						
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH		#		8,429	71.3	(61.5-79.5)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male		#			#	
female		#		10,027	70.8	(61.5-78.6)
Age-adjusted+,&						

^{*} Mammogram within past 2 years.

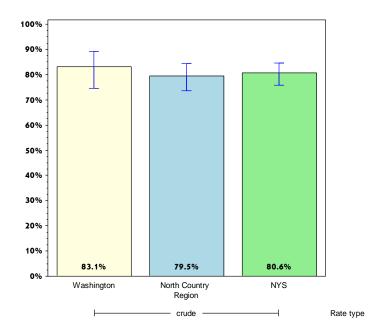
[&]amp; Percent is age-adjusted to the 2000 United States Population.

⁺ Age-adjusted and age specific percent not generated for health indicators with age range limits.

[#] Rates with <10 in the numerator or <50 in the denominator are suppressed.

Prevent Chronic Diseases

Percentage of women aged 21-65 years receiving cervical cancer screening based on recent guidelines*



	Was	hington Co	ounty	North Country		
_	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	14,304	83.1	(74.5-89.2)	66,440	79.5	(73.7-84.3)
Age ⁺						
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH	13,778	82.6	(73.8-88.9)	60,761	83.0	(78.4-86.7)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male		#			#	
female	14,304	83.1	(74.5-89.2)	66,440	79.5	(73.7-84.3)
Age-adjusted ^{+,&}						

^{*} Pap test within past 3 years.

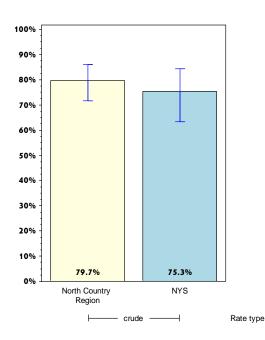
[&]amp; Percent is age-adjusted to the 2000 United States Population.

⁺ Age-adjusted and age specific percent not generated for health indicators with age range limits.

[#] Rates with <10 in the numerator or <50 in the denominator are suppressed.

Prevent Chronic Diseases

Percentage of women aged 21-65 years with annual household income of less than \$25,000 receiving cervical cancer screening based on recent guidelines*



	Washington County			North Country		
_	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total		#		18,029	79.7	(71.7-85.9)
Age⁺						
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH		#		15,460	79.3	(70.4-86.1)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male		#			#	
female		#		18,029	79.7	(71.7-85.9)
Age-adjusted+,&						

^{*} Pap test within past 3 years.

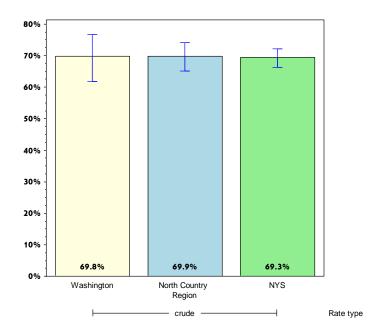
[&]amp; Percent is age-adjusted to the 2000 United States Population.

⁺ Age-adjusted and age specific percent not generated for health indicators with age range limits.

[#] Rates with <10 in the numerator or <50 in the denominator are suppressed.

Prevent Chronic Diseases

Percentage of adults aged 50-75 years receiving colorectal cancer screening based on recent guidelines*



	Was	hington Co	ounty	North Country		
_	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	13,106	69.8	(61.9-76.7)	66,203	69.9	(65.1-74.2)
Age⁺						
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH	11,588	69.3	(61.6-76.0)	58,021	71.0	(67.4-74.3)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male	7,191	77.5	(67.4-85.1)	33,025	67.6	(59.7-74.6)
female	5,915	62.3	(51.3-72.2)	33,179	72.3	(67.4-76.7)
Age-adjusted+,&						

^{*} Blood stool test within 1 year, or sigmoidoscopy within 5 years with blood stool test within 3 years, or colonoscopy within 10 years.

[&]amp; Percent is age-adjusted to the 2000 United States Population.

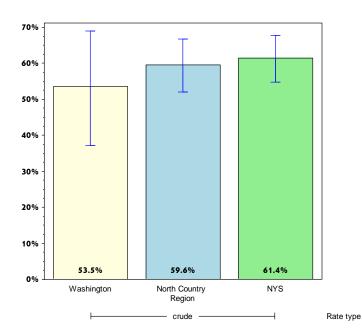
⁺ Age-adjusted and age specific percent not generated for health indicators with age range limits.

[#] Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Prevent Chronic Diseases

Percentage of adults aged 50-75 years with annual household income less than \$25,000 receiving colorectal cancer screening based on recent guidelines*



	Washington County			North Country		
_	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	2,000	53.5^	(37.2-69.0)	14,192	59.6	(52.1-66.8)
Age ⁺						
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH	2,000	59.3^	(42.5-74.1)	12,204	59.4	(51.4-66.9)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male		#		5,411	54.2^	(42.0-66.0)
female		#		8,781	63.5	(54.3-71.8)
Age-adjusted+,&						

^{*} Blood stool test within 1 year, or sigmoidoscopy within 5 years with blood stool test within 3 years, or colonoscopy within 10 years.

[&]amp; Percent is age-adjusted to the 2000 United States Population.

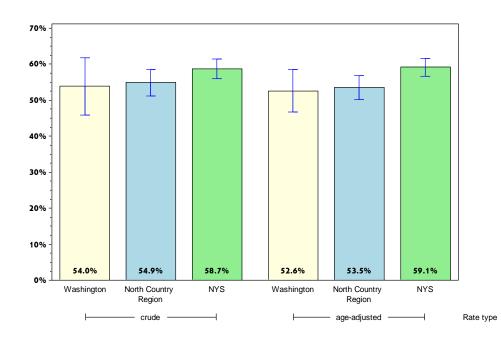
⁺ Age-adjusted and age specific percent not generated for health indicators with age range limits.

[#] Rates with <10 in the numerator or <50 in the denominator are suppressed.

 $^{^{\}updayscript{A}}$ Highly variable rate (confidence interval with a half-width greater than 10).

Prevent Chronic Diseases

Percentage of adults who had a test for high blood sugar or diabetes within the past three years



	Was	hington Co	ounty	North Country			
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI	
Total	23,482	54.0	(45.9-61.8)	118,562	54.9	(51.1-58.6)	
Age							
18-24		#		9,729	28.2	(18.2-40.9)	
25-34		#		12,071	41.2	(32.2-50.9)	
35-44	3,504	47.6	(32.9-62.8)	15,058	45.5	(37.6-53.7)	
45-64	10,982	68.9^	(58.2-77.9)	53,957	67.5	(62.4-72.3)	
65+	5,880	76.7	(67.7-83.8)	27,414	71.5	(66.8-75.8)	
Race							
White, NH	21,295	53.1	(44.9-61.1)	106,468	56.6	(52.9-60.1)	
Black, NH		#			#		
Hispanic		#			#		
Other, NH		#		4,889	40.8^	(22.0-62.7)	
Sex							
male	11,384	49.9^	(37.3-62.6)	56,518	50.9	(45.3-56.6)	
female	12,098	58.4	(50.2-66.2)	62,044	59.0	(54.4-63.5)	
e-adjusted ^{&}		52.6	(46.7-58.5)		53.5	(50.2-56.8)	

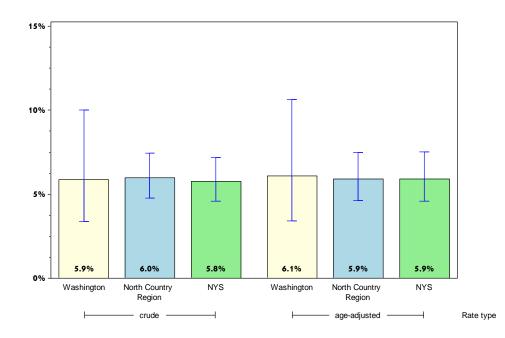
[&]amp; Percent is age-adjusted to the 2000 United States Population.

[#] Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Prevent Chronic Diseases

Percentage of adults with physician-diagnosed prediabetes



Washington County of Est. # of Adults Percent

	Est. # of			Est. # of		
	Adults	Percent	95% CI	Adults	Percent	95% CI
Total	2,616	5.9	(3.4-10.0)	13,102	6.0	(4.8-7.5)
Age						
18-24		#			#	
25-34		#			#	
35-44		#			#	
45-64	726	4.5	(2.2-8.9)	5,532	6.9	(5.1-9.2)
65+	923	12.1	(5.7-24.0)	4,811	12.5	(8.9-17.3)
Race						
White, NH	2,143	5.2	(2.9-9.3)	12,050	6.3	(5.0-7.9)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male	947	4.1	(2.0-8.0)	6,408	5.7	(4.1-7.8)
female	1,669	7.9	(3.7-16.0)	6,695	6.3	(4.6-8.6)
Age-adjusted ^{&}		6.1	(3.4-10.6)		5.9	(4.6-7.5)

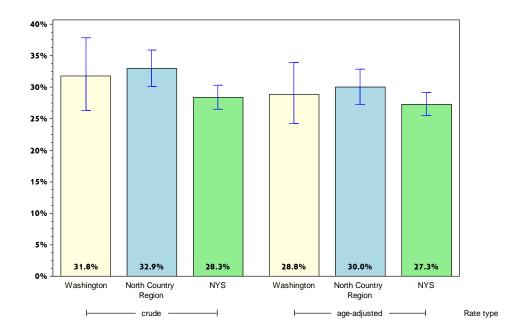
[&]amp; Percent is age-adjusted to the 2000 United States Population.

[#] Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Prevent Chronic Diseases

Percentage of adults with physician-diagnosed high blood pressure



	Washington County			North Country		
_	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	15,915	31.8	(26.3-37.9)	80,985	32.9	(30.1-35.9)
Age 18-24		#			#	
25-34		#		5,394	17.8^	(10.0-29.7)
35-44	1,573	19.3^	(10.6-32.5)	6,113	17.6	(12.8-23.6)
45-64	6,406	34.7	(26.2-44.3)	35,673	38.5	(34.1-43.1)
65+	6,698	65.3	(56.5-73.2)	31,079	62.1	(57.8-66.2)
Race						
White, NH	13,754	29.7	(24.7-35.4)	71,982	33.6	(30.8-36.6)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#		4,627	32.1	(19.7-47.7)
Sex						
male	7,062	27.3	(19.3-36.9)	44,134	34.7	(30.4-39.3)
female	8,853	36.6	(30.0-43.8)	36,851	31.0	(27.6-34.7)
Age-adjusted ^{&}		28.8	(24.2-34.0)		30.0	(27.3-32.8)

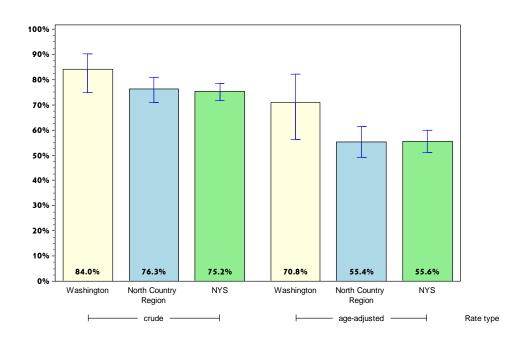
[&]amp; Percent is age-adjusted to the 2000 United States Population.

[#] Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Prevent Chronic Diseases

Percentage of adults with diagnosed high blood pressure taking high blood pressure medication



	Washington County			North Country		
_	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	13,329	84.0	(74.9-90.3)	61,682	76.3	(70.9-81.0)
Age						
18-24		#			#	
25-34		#			#	
35-44		#		3,142	51.4	(35.3-67.2)
45-64	5,631	87.9^	(77.9-93.8)	27,315	76.6	(70.0-82.0)
65+	6,258	94.2	(83.5-98.1)	29,298	94.4	(91.1-96.6)
Race						
White, NH	11,777	86.0	(78.5-91.1)	55,009	76.6	(70.8-81.5)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male	5,818	82.4	(64.2-92.4)	31,730	72.1	(64.0-78.9)
female	7,512	85.4	(75.5-91.7)	29,952	81.4	(74.2-87.0)
Age-adjusted ^{&}		70.8^	(56.2-82.2)		55.4	(49.2-61.3)

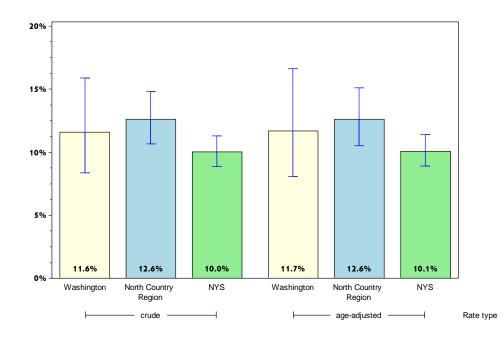
[&]amp; Percent is age-adjusted to the 2000 United States Population.

[#] Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Prevent Chronic Diseases

Percentage of adults with current asthma*



Washington	County

North Country

		_	•			•
_	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	5,807	11.6	(8.4-15.9)	30,846	12.6	(10.7-14.8)
Age						
18-24		#		4,764	12.9^	(6.8-23.2)
25-34		#		3,671	12.1	(6.2-22.3)
35-44		#		4,602	13.3	(9.0-19.1)
45-64	2,196	11.9	(7.7-17.9)	11,755	12.8	(10.2-15.9)
65+	1,067	10.4	(5.6-18.3)	5,923	11.8	(9.3-14.9)
Race						
White, NH	5,301	11.5	(8.2-15.9)	28,154	13.2	(11.1-15.6)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#		1,056	7.3	(3.4-15.0)
Sex						
male	1,714	6.6	(3.9-11.0)	11,063	8.7	(6.6-11.5)
female	4,093	16.9	(11.5-24.2)	19,783	16.7	(13.7-20.3)
Age-adjusted ^{&}		11.7	(8.1-16.6)		12.6	(10.5-15.1)

^{*} Physician diagnosed asthma.

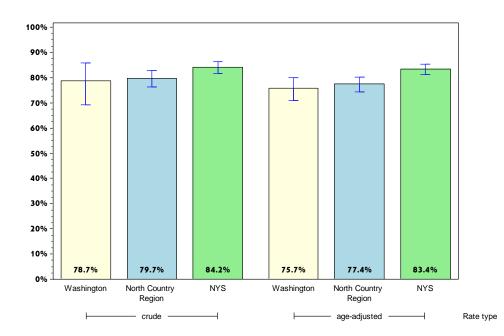
[&]amp; Percent is age-adjusted to the 2000 United States Population.

[#] Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Prevent Chronic Diseases

Percent of adults with cholesterol checked*



	Was	hington Co	ounty	North Country			
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI	
Total	38,684	78.7	(69.2-85.8)	192,776	79.7	(76.2-82.9)	
Age							
18-24		#		12,967	36.8	(24.9-50.5)	
25-34		#		17,273	58.8	(48.9-68.1)	
35-44	6,701	82.7	(68.6-91.3)	27,030	79.4	(71.6-85.4)	
45-64	17,377	96.2	(92.4-98.1)	86,788	94.0	(91.3-95.8)	
65+	10,015	97.6	(94.7-99.0)	47,750	96.4	(94.9-97.6)	
Race							
White, NH	35,347	77.9^	(67.9-85.5)	169,614	80.8	(77.4-83.9)	
Black, NH		#			#		
Hispanic		#			#		
Other, NH		#		10,761	74.8^	(56.0-87.4)	
Sex							
male	18,162	71.6^	(55.6-83.6)	94,035	75.4	(69.5-80.4)	
female	20,522	86.1	(79.9-90.6)	98,741	84.4	(80.6-87.6)	
-adjusted ^{&}		75.7	(70.8-80.0)		77.4	(74.3-80.2)	

^{*} As diagnosed by a health professional.

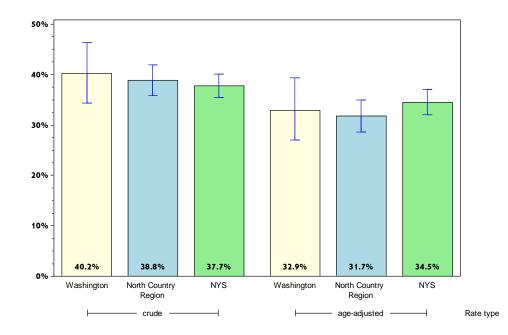
[&]amp; Percent is age-adjusted to the 2000 United States Population.

[#] Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Prevent Chronic Diseases

Percentage of adults 18 years and older with elevated cholesterol*



	Washington County			North Country		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	15,490	40.2	(34.4-46.4)	74,553	38.8	(35.8-42.0)
Age						
18-24		#			#	
25-34		#		3,314	19.2^	(9.9-34.0)
35-44	1,226	18.3^	(10.3-30.5)	6,778	25.1	(18.4-33.2)
45-64	6,705	38.7	(30.0-48.1)	35,468	41.0	(36.4-45.8)
65+	6,151	62.3	(53.1-70.7)	28,575	60.3	(55.8-64.7)
Race						
White, NH	13,615	38.7	(33.2-44.5)	67,637	40.0	(37.0-43.1)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#		3,179	29.5	(16.8-46.6)
Sex						
male	8,425	46.6	(37.2-56.2)	39,982	42.7	(37.9-47.6)
female	7,065	34.6	(27.9-42.0)	34,571	35.1	(31.4-39.0)
Age-adjusted ^{&}		32.9	(27.0-39.4)		31.7	(28.7-35.0)

^{*} As diagnosed by a health professional.

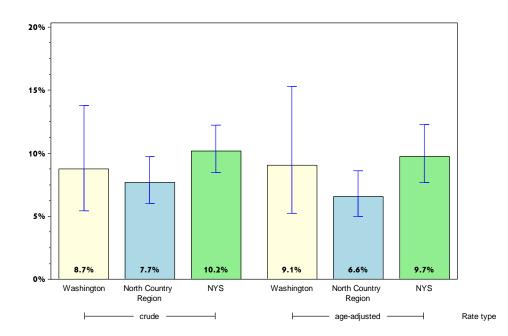
[&]amp; Percent is age-adjusted to the 2000 United States Population.

[#] Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Prevent Chronic Diseases

Percentage of adults who have taken a course or class to learn how to manage their chronic disease or condition*



	Was	hington Co	ounty	North Country			
_	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI	
Total	2,277	8.7	(5.4-13.8)	9,988	7.7	(6.0-9.7)	
Age							
18-24		#			#		
25-34		#			#		
35-44		#			#		
45-64		#		5,290	9.3	(6.7-12.7)	
65+	594	7.2	(3.9-12.7)	3,094	7.9	(5.2-12.0)	
Race							
White, NH	2,226	9.6	(6.0-15.2)	8,517	7.3	(5.6-9.4)	
Black, NH		#			#		
Hispanic		#			#		
Other, NH		#			#		
Sex							
male		#		4,706	7.4	(5.0-10.9)	
female	1,571	10.5	(5.9-18.0)	5,283	7.9	(6.0-10.4)	
e-adjusted ^{&}		9.1	(5.2-15.3)		6.6	(5.0-8.6)	

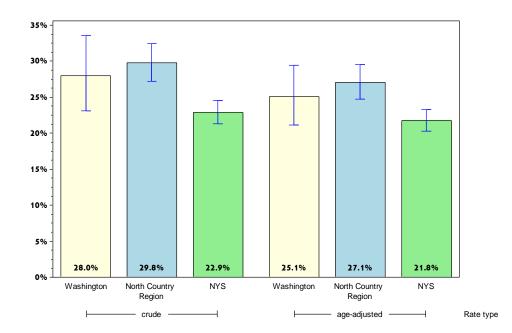
^{*} Courses for high blood pressure, arthritis, or diabetes.

[&]amp; Percent is age-adjusted to the 2000 United States Population.

[#] Rates with <10 in the numerator or <50 in the denominator are suppressed.

Prevent Chronic Diseases

Percentage of adults with arthritis*



	Was	hington Co	ounty	North Country			
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI	
Total	13,965	28.0	(23.1-33.5)	73,148	29.8	(27.2-32.4)	
Age							
18-24		#			#		
25-34		#		3,273	10.8	(5.6-20.0)	
35-44	1,398	17.1	(9.1-29.9)	6,894	19.8	(14.5-26.4)	
45-64	6,118	33.6	(25.8-42.4)	35,034	37.9	(33.5-42.4)	
65+	5,745	55.8	(47.0-64.3)	26,699	53.3	(48.8-57.7)	
Race							
White, NH	12,474	27.1	(22.3-32.5)	65,059	30.4	(27.9-33.1)	
Black, NH		#			#		
Hispanic		#			#		
Other, NH		#		4,661	32.5	(20.0-48.1)	
Sex							
male	5,550	21.4	(15.0-29.7)	32,111	25.3	(21.7-29.3)	
female	8,414	35.2	(28.7-42.2)	41,037	34.6	(31.2-38.1)	
e-adjusted ^{&}		25.1	(21.2-29.5)		27.1	(24.7-29.5)	

^{*} Includes rheumatoid arthritis, gout, lupus, or fibromyalgia.

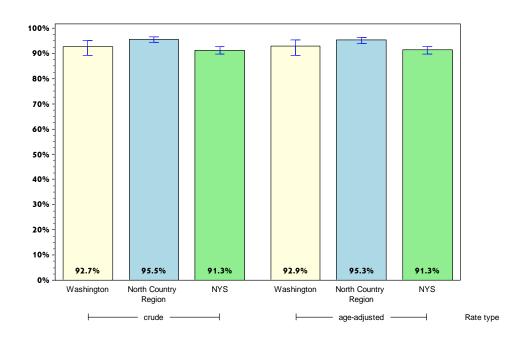
[&]amp; Percent is age-adjusted to the 2000 United States Population.

[#] Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Promote a Healthy and Safe Environment

Percentage of adults who consider their neighborhood suitable for walking and physical activity



	Was	hington Co	ounty	North Country		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	43,878	92.7	(89.2-95.1)	222,821	95.5	(94.3-96.4)
Age						
18-24		#		34,874	98.6	(95.5-99.6)
25-34		#		26,562	92.4	(86.7-95.7)
35-44	7,236	93.4	(83.9-97.5)	31,219	95.2	(90.2-97.7)
45-64	15,976	91.6	(84.4-95.6)	84,111	95.1	(92.9-96.6)
65+	9,099	94.6	(89.2-97.4)	45,338	96.4	(94.8-97.5)
Race						
White, NH	40,127	92.0	(88.3-94.7)	194,850	95.4	(94.1-96.4)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#		11,350	92.4^	(80.5-97.3)
Sex						
male	23,533	95.0	(90.7-97.4)	116,192	97.1	(95.5-98.1)
female	20,345	90.1	(84.1-94.0)	106,629	93.8	(91.8-95.3)
Age-adjusted ^{&}		92.9	(89.3-95.3)		95.3	(93.8-96.4)

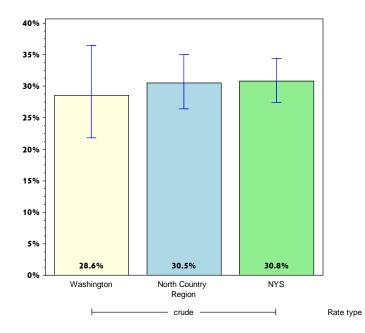
[&]amp; Percent is age-adjusted to the 2000 United States Population.

[#] Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Promote a Health and Safe Environment

Percentage of adults aged 65+ years with at least one fall in the past 12 months



	Was	Washington County			North Country		
_	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI	
Total Age⁺	2,806	28.6	(21.8-36.5)	14,556	30.5	(26.4-35.0)	
18-24							
25-34 35-44							
45-64							
65+ Race							
White, NH Black, NH	2,727	30.2 #	(23.1-38.4)	13,203	29.9 #	(25.7-34.3)	
Hispanic		#			#		
Other, NH		#			#		
Sex							
male	1,026	22.1	(13.8-33.6)	7,014	30.6	(24.1-38.1)	
female	1,779	34.4^	(24.8-45.5)	7,542	30.4	(25.7-35.7)	
Age-adjusted+,&							

[&]amp; Percent is age-adjusted to the 2000 United States Population.

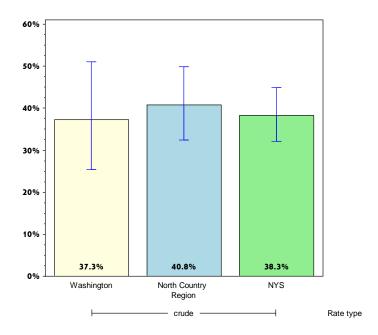
⁺ Age-adjusted and age specific percent not generated for health indicators with age range limits.

[#] Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Promote a Health and Safe Environment

Among adults aged 65+ years with at least one fall in the past 12 months, percent that resulted in injury*



	Washington County			North Country		
_	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	1,047	37.3 [^]	(25.3-51.1)	5,938	40.8	(32.4-49.8)
Age ⁺						
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH	1,047	38.4	(26.1-52.4)	5,210	39.5	(31.0-48.6)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male		#		3,059	43.6	(29.9-58.4)
female		#		2,879	38.2	(29.3-48.0)
Age-adjusted ^{+,&}						

^{*} Falls that limited regular activities or lead to doctor visits.

[&]amp; Percent is age-adjusted to the 2000 United States Population.

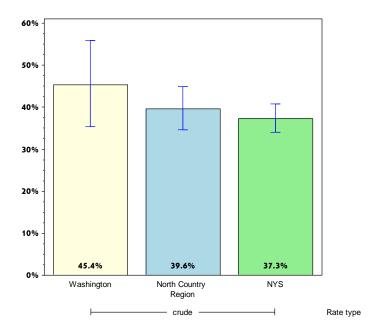
⁺ Age-adjusted and age specific percent not generated for health indicators with age range limits.

[#] Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Prevent HIV/STDs, Vaccine Preventable Diseases and Healthcare-Associated Infections

Percentage of adults aged 47-68 years reporting ever tested for Hepatitis C (HCV)



	Was	Washington County			North Country		
_	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI	
Total Age ⁺ 18-24	7,036	45.4^	(35.3-55.9)	32,843	39.6	(34.6-44.9)	
25-34 35-44 45-64							
65+ Race	5.040	07.5	(22.2.46.7)	05.704	22.2	(00.0.40.0)	
White, NH Black, NH Hispanic Other, NH	5,043	37.6 # # #	(29.2-46.7)	26,791	38.0 # # #	(33.9-42.3)	
Sex					"		
male female	4,097 2,939	57.4 [^] 35.1 [^]	(41.2-72.2) (24.6-47.3)	21,469 11,374	49.2 29.0	(41.4-57.0) (24.0-34.6)	
Age-adjusted+,&							

[&]amp; Percent is age-adjusted to the 2000 United States Population.

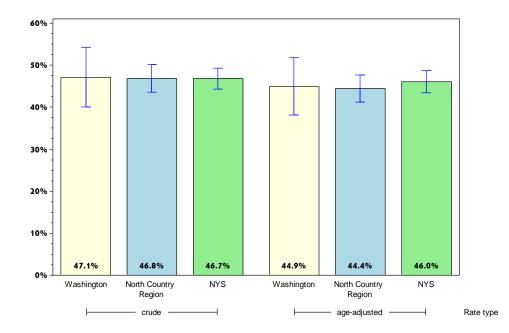
⁺ Age-adjusted and age specific percent not generated for health indicators with age range limits.

[#] Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Prevent HIV/STDs, Vaccine Preventable Diseases and Healthcare-Associated Infections

Percentage of adults aged 18+ years with flu immunization in the past year*



	Was	hington Co	ounty	North Country		
_	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	22,448	47.1	(40.1-54.3)	110,154	46.8	(43.5-50.1)
Age						
18-24		#		12,030	34.2	(23.1-47.3)
25-34		#		11,377	39.5	(30.4-49.4)
35-44	3,063	39.1	(25.7-54.4)	9,920	30.2	(23.6-37.7)
45-64	7,848	45.0	(36.1-54.2)	40,255	45.2	(40.5-49.9)
65+	7,441	74.7	(65.0-82.4)	35,970	74.4	(70.0-78.3)
Race						
White, NH	21,175	48.3	(41.0-55.6)	100,613	48.8	(45.6-52.1)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#		5,223	42.4	(26.5-60.0)
Sex						
male	9,969	39.9^	(29.8-51.0)	47,885	39.6	(35.0-44.4)
female	12,479	55.1	(47.4-62.6)	62,269	54.4	(50.2-58.7)
Age-adjusted ^{&}		44.9	(38.1-51.8)		44.4	(41.2-47.7)

^{*} Includes flu shot or flu spray

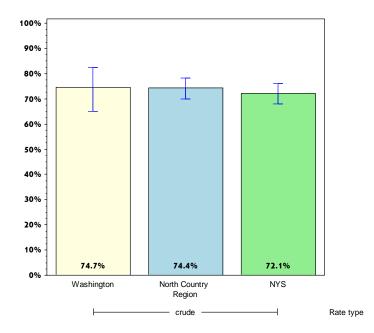
[&]amp; Percent is age-adjusted to the 2000 United States Population.

[#] Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Prevent HIV/STDs, Vaccine Preventable Diseases and Healthcare-Associated Infections

Percentage of adults aged 65+ years with flu immunization in the past year*



	Was	hington Co	ounty	North Country		
_	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	7,441	74.7	(65.0-82.4)	35,970	74.4	(70.0-78.3)
Age ⁺						
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH	7,180	78.2	(69.6-85.0)	33,589	75.0	(70.6-78.9)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male	3,776	79.4	(63.5-89.6)	17,159	73.6	(66.0-80.1)
female	3,665	70.3^	(57.7-80.5)	18,811	75.1	(70.2-79.4)
Age-adjusted ^{+,&}						

^{*} Includes flu shot or flu spray

[&]amp; Percent is age-adjusted to the 2000 United States Population.

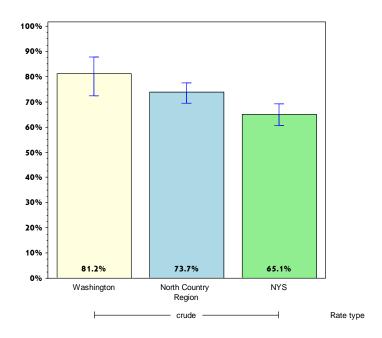
⁺ Age-adjusted and age specific percent not generated for health indicators with age range limits.

[#] Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Prevent HIV/STDs, Vaccine Preventable Diseases and Healthcare-Associated Infections

Percentage of adults aged 65+ years with pneumococcal immunization



	Was	hington Co	ounty	North Country		
_	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	7,885	81.2	(72.5-87.6)	34,235	73.7	(69.5-77.5)
Age ⁺						
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH	7,174	80.4	(71.3-87.2)	31,731	73.7	(69.4-77.6)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male	3,485	76.3 [^]	(60.4-87.2)	15,735	70.0	(62.7-76.4)
female	4,400	85.6	(77.0-91.3)	18,500	77.3	(72.6-81.3)
Age-adjusted ^{+,&}						

[&]amp; Percent is age-adjusted to the 2000 United States Population.

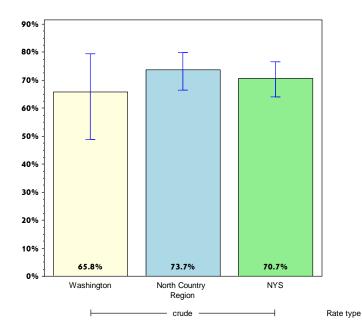
⁺ Age-adjusted and age specific percent not generated for health indicators with age range limits.

[#] Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Promote Healthy Women, Infants, and Children

Percentage of women aged 18-44 years who had dental visit within the last year



	Was	hington Co	ounty	North Country		
_	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	4,959	65.8^	(48.8-79.4)	32,535	73.7	(66.4-79.8)
Age ⁺						
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH	4,743	64.8^	(47.6-78.8)	28,511	72.7	(65.2-79.1)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male		#			#	
female	4,959	65.8	(48.8-79.4)	32,535	73.7	(66.4-79.8)
Age-adjusted+,&						

[&]amp; Percent is age-adjusted to the 2000 United States Population.

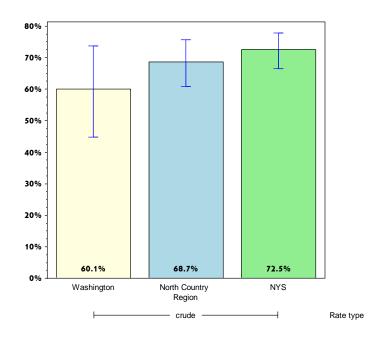
⁺ Age-adjusted and age specific percent not generated for health indicators with age range limits.

[#] Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Promote Healthy Women, Infants, and Children

Women aged 18-44 years who saw a doctor for a routine checkup within the last year



	Was	hington Co	ounty	North Country		
_	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	4,894	60.1^	(44.8-73.7)	31,701	68.7	(60.8-75.7)
Age⁺						
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH	4,679	59.0^	(43.5-72.9)	28,928	70.4	(62.6-77.2)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male		#			#	
female	4,894	60.1	(44.8-73.7)	31,701	68.7	(60.8-75.7)
Age-adjusted+,&						

[&]amp; Percent is age-adjusted to the 2000 United States Population.

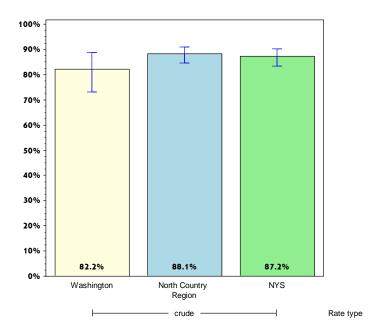
⁺ Age-adjusted and age specific percent not generated for health indicators with age range limits.

[#] Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Promote Healthy Women, Infants, and Children

Percentage of women aged 18-64 years with health care coverage



	Was	hington Co	ounty	North Country		
_	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total Age ⁺ 18-24 25-34 35-44 45-64 65+ Race	15,270	82.2	(73.1-88.7)	81,591	88.1	(84.6-91.0)
White, NH Black, NH Hispanic Other, NH Sex male female	14,959 15,270	82.8 # # # 82.2	(73.7-89.3) (73.1-88.7)	71,891 81,591	88.3 # # # # 88.1	(84.7-91.2)
Age-adjusted+,&						

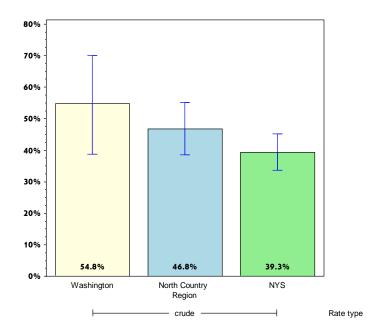
[&]amp; Percent is age-adjusted to the 2000 United States Population.

⁺ Age-adjusted and age specific percent not generated for health indicators with age range limits.

[#] Rates with <10 in the numerator or <50 in the denominator are suppressed.

Promote Healthy Women, Infants, and Children

Percentage of women aged 18-44 years whose health care provider discussed planning a healthy pregnancy



	Washington County			North Country		
_	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	4,080	54.8^	(38.8-69.9)	20,534	46.8	(38.5-55.2)
Age⁺						
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH	3,865	53.5	(37.3-69.0)	18,718	48.1	(39.5-56.7)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male		#			#	
female	4,080	54.8	(38.8-69.9)	20,534	46.8	(38.5-55.2)
Age-adjusted ^{+,&}						

[&]amp; Percent is age-adjusted to the 2000 United States Population.

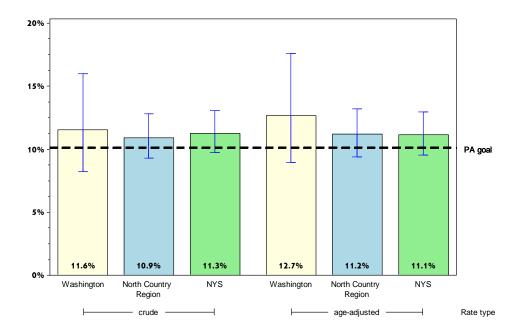
⁺ Age-adjusted and age specific percent not generated for health indicators with age range limits.

[#] Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Promote Mental Health and Prevention Substance Abuse

Percentage of adults with poor mental health for 14 or more days in the last month



Washington County North Country Est. # of Est. # of **Adults Adults Percent** 95% CI **Percent** 95% CI **Total** 5,739 11.6 (8.2-16.0) 26,594 10.9 (9.3-12.8)Age 18-24 # 4,035 10.9 (6.0-19.0)25-34 # 4,055 (8.7-20.2)13.4 35-44 # 3,975 (7.7-17.0)11.6 9.3 45-64 1,707 (5.4-15.8)11,488 12.6 (10.0-15.6)65+ # 2,947 6.0 (4.0-8.8)Race White, NH 4,910 10.7 (7.7-14.8)22,928 10.8 (9.1-12.8)Black, NH # # Hispanic # # Other, NH # 1,840 13.3 (7.0-24.1)Sex male 1,968 7.7 (4.0-14.2)10,174 8.1 (6.0-10.9)female 3,771 16,419 15.7 (10.8-22.3)13.9 (11.5-16.7)Age-adjusted[&] 12.7 (9.0-17.6)11.2 (9.4-13.2)

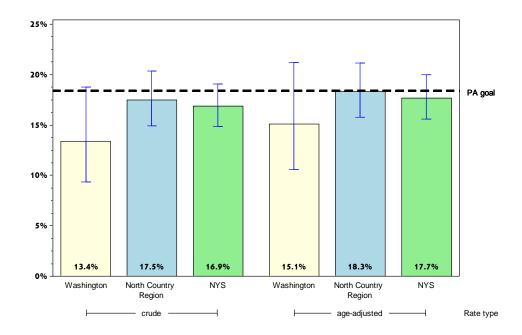
[&]amp; Percent is age-adjusted to the 2000 United States Population.

[#] Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Promote Mental Health and Prevention Substance Abuse

Percentage of adult binge drinking during the past month*



	Washington County			North Country			
_	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI	
Total	6,379	13.4	(9.4-18.8)	40,850	17.5	(14.9-20.4)	
Age							
18-24		#		12,835	37.0^	(25.1-50.6)	
25-34		#		6,170	21.4	(15.7-28.6)	
35-44	1,608	20.0^	(10.9-33.9)	6,989	20.8	(15.0-28.1)	
45-64	1,824	10.5	(6.3-17.1)	12,611	14.3	(11.6-17.6)	
65+		#		2,218	4.6	(3.2-6.6)	
Race							
White, NH	6,379	14.4	(10.1-20.1)	37,011	18.0	(15.2-21.1)	
Black, NH		#			#		
Hispanic		#			#		
Other, NH		#		2,005	15.5	(7.9-28.0)	
Sex							
male	4,188	17.5	(10.8-27.1)	29,018	24.4	(20.1-29.3)	
female	2,191	9.3	(5.5-15.2)	11,832	10.3	(8.0-13.2)	
Age-adjusted ^{&}		15.1	(10.6-21.2)		18.3	(15.8-21.1)	

 $[\]ensuremath{^{*}}$ Men who have five or more drinks , women having four or more drinks on one occasion

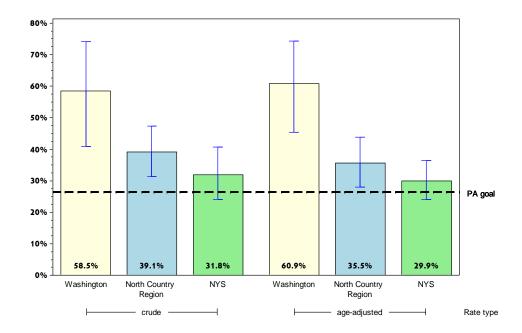
[&]amp; Percent is age-adjusted to the 2000 United States Population.

[#] Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Promote Mental Health and Prevention Substance Abuse

Percentage of cigarette smoking among adults who report poor mental health



	Washington County			North Country		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	3,287	58.5^	(40.8-74.1)	10,221	39.1	(31.3-47.4)
Age						
18-24		#			#	
25-34		#			#	
35-44		#			#	
45-64		#		5,474	47.7	(36.5-59.0)
65+		#			#	
Race						
White, NH		#		8,398	37.3	(29.3-46.2)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male		#		3,234	32.7	(21.0-47.2)
female		#		6,987	42.9	(33.5-52.8)
Age-adjusted ^{&}		60.9^	(45.4-74.4)		35.5	(28.1-43.8)

[&]amp; Percent is age-adjusted to the 2000 United States Population.

[#] Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).