eBRFSS 2013-2014 Health Indicators: Ulster

General Description

The New York State Expanded Behavioral Risk Factor Surveillance System 2013-2014 (2014 eBRFSS) was design to supplement the Center for Disease Control and Prevention (CDC) Behavioral Risk Factor Surveillance System (BRFSS), which is conducted annually in New York State. The purpose of the 2014 eBRFSS was to produce local information on key public health issues. Data for the project were collected from April 15, 2013 to May 10, 2014. The 2014 eBRFSS reached both households with landline telephones and households which only had cell phones. Like the annual BRFSS, New York State's 2014 eBRFSS was designed to be representative of the non-institutionalized adult household population, aged 18 years and older.

Reported Health Indicators

There are a total of 50 health indicators included in the report. The health indicators include 10 measures included in the New York State Department of Health's Prevention Agenda, NYS Health Innovation Plan (SHIP), Delivery System Reform Incentive Payment (DSRIP) Program, or the NYS Community Health Indicator Reports (CHIRS). An additional 40 important health indicators are also included. The indicators are organized by the Priority Area of the Prevention Agenda and are reported statewide, by region, and by county.

Data Collection Methodology, Sampling and Weighting

The data collection methods for the 2014 eBRFSS aligned with the CDC's standard annual BRFSS methods. The 2014 eBRFSS questionnaire used standard questions from the BRFSS. Survey interviews were conducted in both English and Spanish. There were 31,690 completed interviews.

The sampling plan for the eBRFSS was developed to result in valid health indicator estimates for New York City (NYC) and each of the 57 counties outside NYC. The sampling approach stratified landlines by county and implemented a disproportionate stratified sampling design that accounted for both listed-households and unlisted numbers. Cell phone households were accounted for through additional strata that covered contiguous groups of counties.

Data were weighted to represent the population using a methodology known as iterative proportional fitting (raking). Raking adjusted the data so that groups underrepresented in the sample were more accurately represented in the estimated rates. Raking also enabled surveys conducted by cell phone to be included in the weighting and to accurately match sample distributions of specified demographic characteristics of the population. The raking categories included in the eBRFSS were: age, gender, race/ethnicity, education, marital status, owner/renter status, telephone usage (i.e. landline and cell phone combinations), and county of residence.

Limitations of Data Use:

During data analysis, criteria were applied to suppress rates based on too few surveys to be reliable and to identify rates that are highly variable. Rates in which less than 10 respondents were in the numerator or less than 50 respondents were in the denominator were considered unreliable and suppressed from reporting. Rates considered to have high variability due to having confidence limits greater than ±10% are noted.

Ulster

Improve Health Status and Reduce Health Disparities

Percentage of adults who did not receive medical care because of cost*
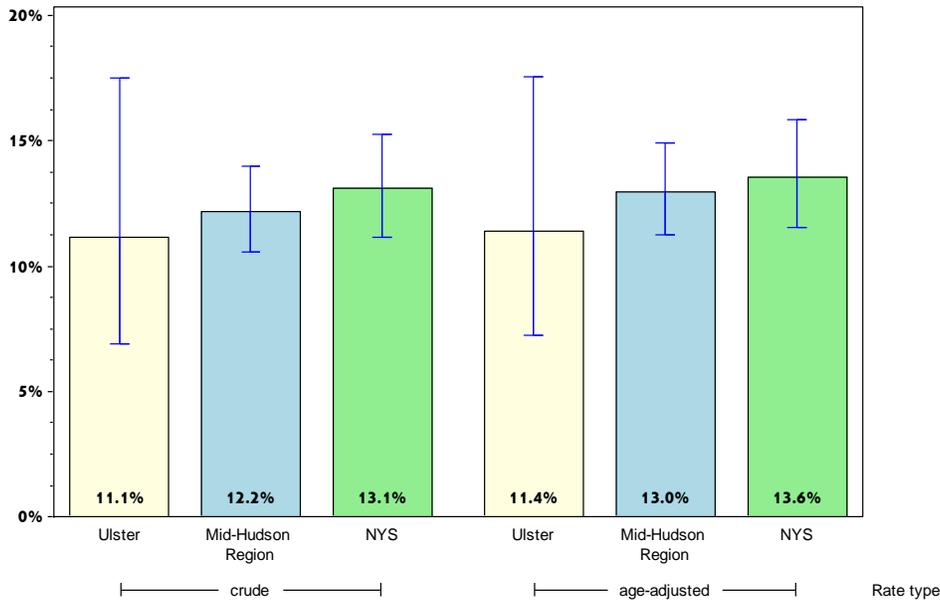
	Ulster County			Mid-Hudson		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	15,877	11.1	(6.9-17.5)	213,559	12.2	(10.6-14.0)
Age						
18-24		#		24,867	11.5	(7.1-18.1)
25-34		#		61,074	24.2	(18.8-30.5)
35-44		#		39,130	13.1	(9.3-18.1)
45-64	8,386	15.3^	(7.7-28.1)	77,812	12.4	(9.9-15.4)
65+		#		9,983	3.0	(1.9-4.7)
Race						
White, NH	10,842	9.6	(5.9-15.1)	103,329	8.6	(7.2-10.4)
Black, NH		#		26,096	18.1	(11.5-27.3)
Hispanic		#		66,211	24.8	(19.6-30.8)
Other, NH		#		17,924	12.2^	(6.3-22.5)
Sex						
male	5,234	7.3	(3.6-14.1)	96,035	11.3	(9.2-13.8)
female	10,643	15.0^	(8.1-26.1)	117,524	13.0	(10.7-15.7)
Age-adjusted&		11.4	(7.2-17.6)		13.0	(11.3-14.9)

* Among people needing to see a doctor in the past 12 months
& Percent is age-adjusted to the 2000 United States Population.
# Rates with <10 in the numerator or <50 in the denominator are suppressed.
^ Highly variable rate (confidence interval with a half-width greater than 10).

Ulster

Improve Health Status and Reduce Health Disparities

Percentage of adults who have a regular health care provider
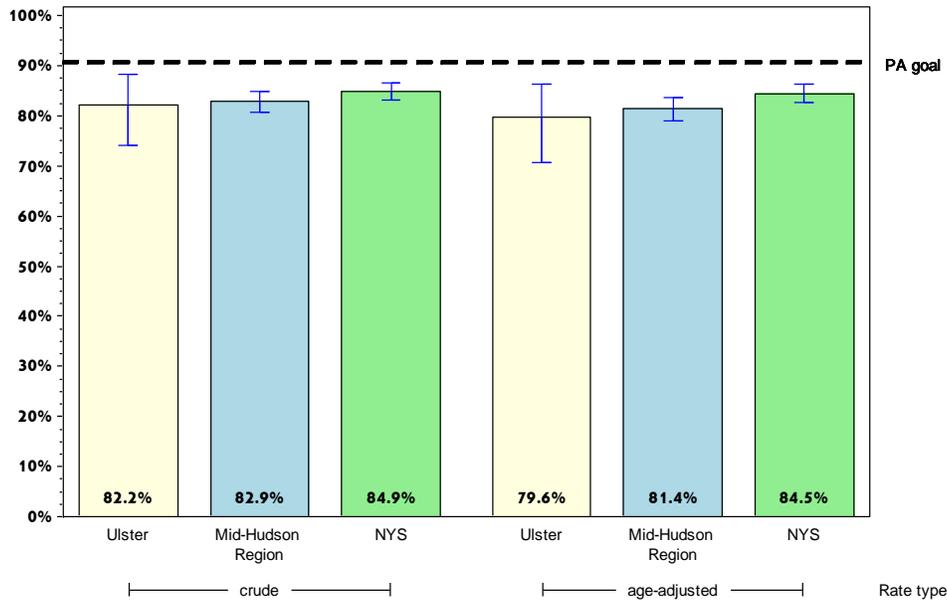
	Ulster County			Mid-Hudson		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	120,103	82.2	(74.1-88.2)	1,451,055	82.9	(80.7-84.8)
Age						
18-24		#		152,841	71.5^	(61.4-79.9)
25-34		#		165,892	65.9	(59.4-71.9)
35-44		#		241,482	80.1	(74.3-84.9)
45-64	49,652	90.4	(81.0-95.4)	551,367	88.0	(84.6-90.7)
65+	27,878	95.1	(90.0-97.7)	316,008	95.3	(93.1-96.8)
Race						
White, NH	96,585	85.2	(78.8-89.8)	1,040,292	87.1	(85.0-88.9)
Black, NH		#		115,973	80.8^	(69.9-88.4)
Hispanic		#		170,342	64.2	(57.6-70.3)
Other, NH		#		124,448	84.5^	(72.0-92.0)
Sex						
male	53,834	75.0^	(61.1-85.2)	644,852	76.2	(72.7-79.4)
female	66,269	89.2	(81.8-93.8)	806,202	89.1	(86.6-91.2)
Age-adjusted&		79.6	(70.6-86.4)		81.4	(79.0-83.5)

& Percent is age-adjusted to the 2000 United States Population.
# Rates with <10 in the numerator or <50 in the denominator are suppressed.
^ Highly variable rate (confidence interval with a half-width greater than 10).

Ulster

Improve Health Status and Reduce Health Disparities

Percentage of adults who had a dentist visit within the past year
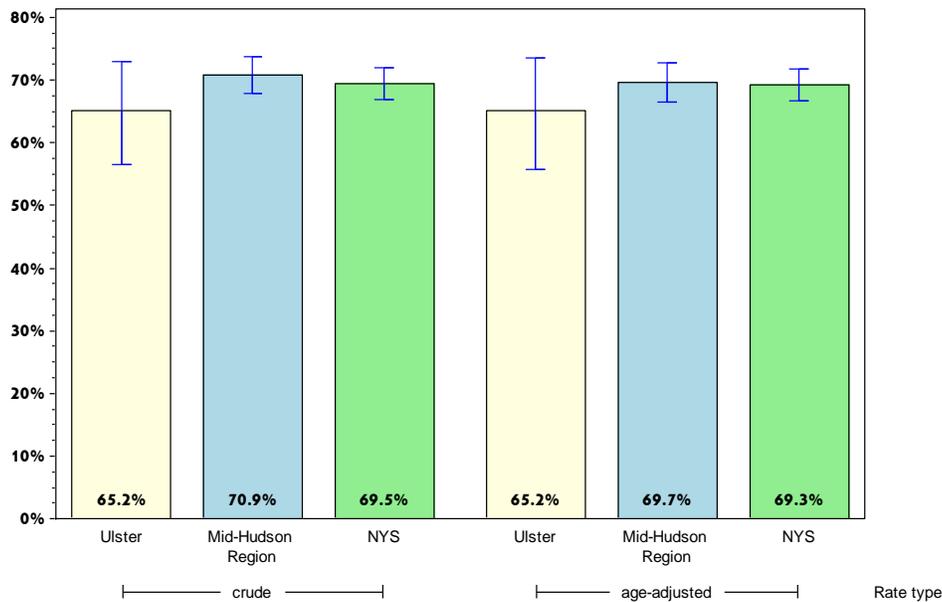
		Ulster County			Mid-Hudson	
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	91,131	65.2	(56.6-72.9)	1,139,691	70.9	(67.9-73.7)
Age						
18-24		#		131,816	67.8^	(52.3-80.1)
25-34		#		136,576	60.4	(52.4-67.8)
35-44		#		183,147	67.0	(59.6-73.7)
45-64	35,765	67.2^	(54.6-77.7)	443,396	76.3	(72.7-79.6)
65+	19,558	68.0	(58.3-76.3)	226,410	72.9	(68.0-77.4)
Race						
White, NH	73,846	67.9	(60.5-74.5)	823,255	73.9	(70.4-77.1)
Black, NH		#		87,005	71.4^	(60.9-80.0)
Hispanic		#		148,094	61.7	(54.5-68.4)
Other, NH		#		81,338	61.4^	(46.7-74.2)
Sex						
male	37,482	54.1^	(41.6-66.1)	535,676	67.9	(64.1-71.4)
female	53,650	76.0^	(66.0-83.8)	604,015	73.7	(68.9-78.0)
Age-adjusted&		65.2	(55.8-73.6)		69.7	(66.5-72.7)

& Percent is age-adjusted to the 2000 United States Population.
# Rates with <10 in the numerator or <50 in the denominator are suppressed.
^ Highly variable rate (confidence interval with a half-width greater than 10).

*Percentage of adults living with a disability**
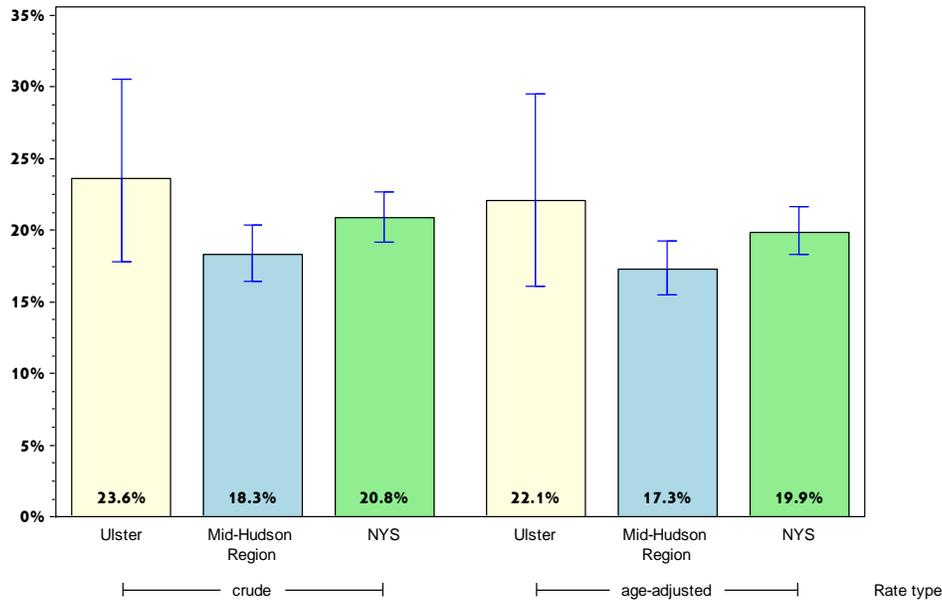
	Ulster County			Mid-Hudson		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	34,403	23.6	(17.8-30.5)	316,204	18.3	(16.4-20.4)
Age						
18-24		#		20,509	9.8^	(4.5-20.4)
25-34		#		26,979	10.9	(8.0-14.8)
35-44		#		31,573	10.6	(7.3-15.1)
45-64	13,661	24.9	(17.3-34.3)	115,741	18.7	(16.0-21.7)
65+	10,605	36.4	(28.1-45.6)	118,713	35.9	(30.8-41.4)
Race						
White, NH	27,333	24.2	(19.2-30.0)	236,848	20.1	(17.8-22.6)
Black, NH		#		34,013	24.6^	(16.3-35.2)
Hispanic		#		33,088	12.5	(9.4-16.6)
Other, NH		#		12,256	8.4^	(3.4-18.9)
Sex						
male	16,792	23.2^	(14.0-35.8)	148,029	17.7	(14.9-20.8)
female	17,610	24.0	(17.6-31.7)	168,176	18.9	(16.3-21.7)
Age-adjusted&		22.1	(16.1-29.5)		17.3	(15.5-19.3)

* Limited activities (physical, mental, or emotional problems); need of special equipment (e.g. cane, wheel chair).
& Percent is age-adjusted to the 2000 United States Population.
# Rates with <10 in the numerator or <50 in the denominator are suppressed.
^ Highly variable rate (confidence interval with a half-width greater than 10).

Ulster

Improve Health Status and Reduce Health Disparities

Percentage of adults aged 18-64 years with healthcare coverage
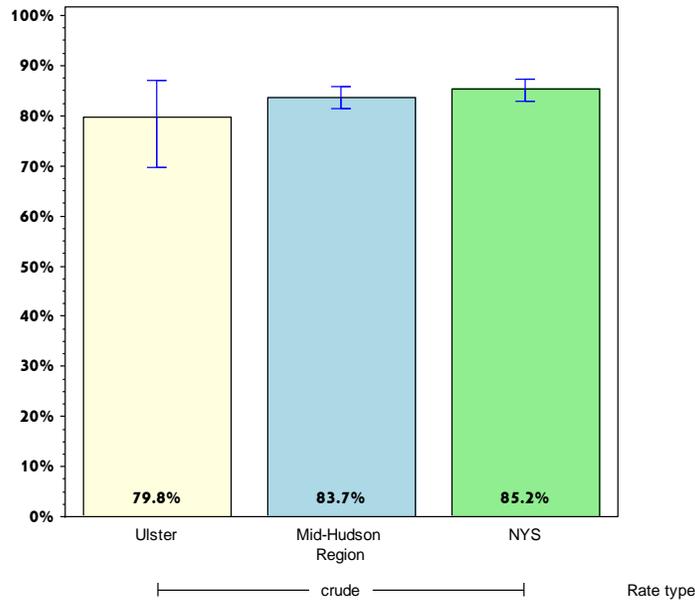
	Ulster County			Mid-Hudson		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	93,011	79.8^	(69.7-87.1)	1,163,325	83.7	(81.3-85.8)
Age+						
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH	70,327	82.2^	(71.5-89.5)	824,649	91.2	(89.0-93.0)
Black, NH		#		96,166	80.2	(70.4-87.3)
Hispanic		#		144,031	57.3	(50.2-64.1)
Other, NH		#		98,479	85.7^	(72.5-93.2)
Sex						
male	45,080	78.1^	(62.3-88.5)	537,373	79.5	(75.9-82.8)
female	47,931	81.4^	(67.5-90.2)	625,952	87.6	(84.3-90.3)
Age-adjusted+,&						

& Percent is age-adjusted to the 2000 United States Population.
+ Age-adjusted and age specific percent not generated for health indicators with age range limits.
Rates with <10 in the numerator or <50 in the denominator are suppressed.
^ Highly variable rate (confidence interval with a half-width greater than 10).

Improve Health Status and Reduce Health Disparities

Percentage of adults aged 18-64 years who saw a doctor for a routine checkup within the last year
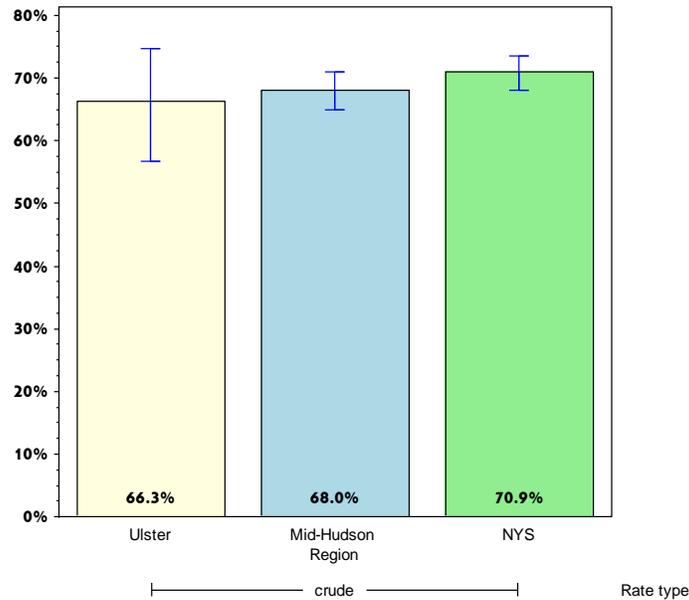
	Ulster County			Mid-Hudson		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	77,255	66.3	(56.7-74.7)	946,537	68.0	(65.0-70.9)
Age+						
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH	55,943	65.4	(56.7-73.2)	633,497	69.9	(66.5-73.1)
Black, NH		#		86,583	72.1^	(59.9-81.8)
Hispanic		#		155,522	62.6	(55.4-69.2)
Other, NH		#		70,935	60.8^	(45.1-74.5)
Sex						
male	34,669	60.1^	(45.0-73.5)	416,747	61.6	(57.2-65.8)
female	42,586	72.3^	(60.6-81.6)	529,790	74.1	(69.9-77.9)
Age-adjusted+,&						

& Percent is age-adjusted to the 2000 United States Population.
+ Age-adjusted and age specific percent not generated for health indicators with age range limits.
# Rates with <10 in the numerator or <50 in the denominator are suppressed.
^ Highly variable rate (confidence interval with a half-width greater than 10).

Improve Health Status and Reduce Health Disparities

*Percentage of adults experiencing housing insecurity in the past 12 months** *
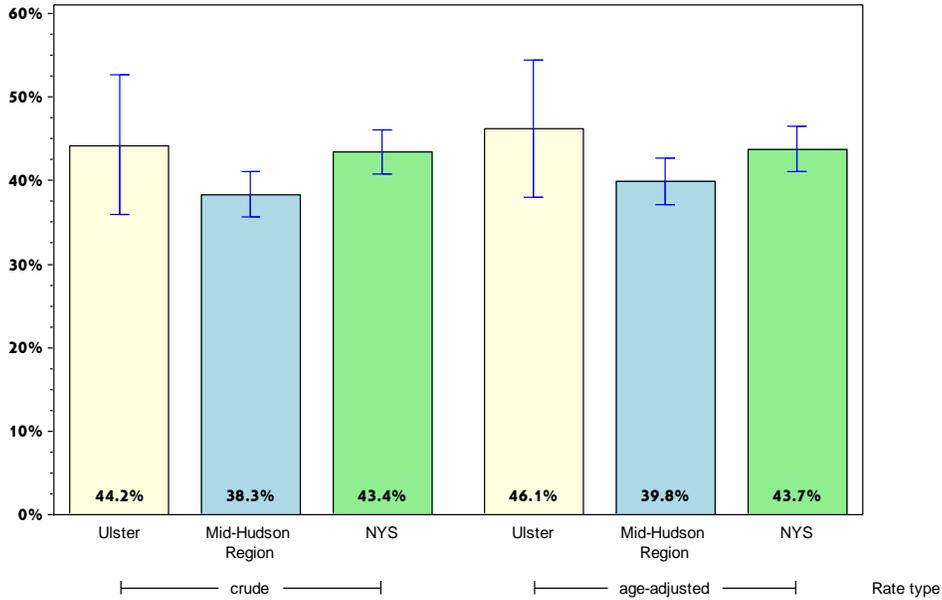
	Ulster County			Mid-Hudson		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	60,155	44.2	(36.0-52.7)	602,090	38.3	(35.7-41.1)
Age						
18-24		#		47,801	27.1^	(18.1-38.6)
25-34		#		120,409	53.6	(46.0-61.0)
35-44		#		138,372	51.7	(44.2-59.1)
45-64	21,305	39.7^	(28.6-51.9)	228,594	39.5	(35.6-43.5)
65+	6,739	23.9	(16.7-32.9)	60,912	20.1	(16.7-23.9)
Race						
White, NH	37,256	35.5	(28.9-42.6)	356,007	32.7	(29.9-35.6)
Black, NH		#		65,977	55.1^	(44.2-65.5)
Hispanic		#		140,652	58.4	(51.5-64.9)
Other, NH		#		39,454	32.6^	(21.6-45.8)
Sex						
male	22,372	32.9^	(21.4-46.9)	269,919	35.7	(32.0-39.6)
female	37,782	55.4^	(45.2-65.2)	332,171	40.8	(36.9-44.8)
Age-adjusted&		46.1	(38.1-54.4)		39.8	(37.1-42.7)

* Worried or stressed about having enough money to pay for rent or mortgage.
& Percent is age-adjusted to the 2000 United States Population.
Rates with <10 in the numerator or <50 in the denominator are suppressed.
^ Highly variable rate (confidence interval with a half-width greater than 10).

Ulster

Improve Health Status and Reduce Health Disparities

*Percentage of adults experiencing food insecurity in the past 12 months**
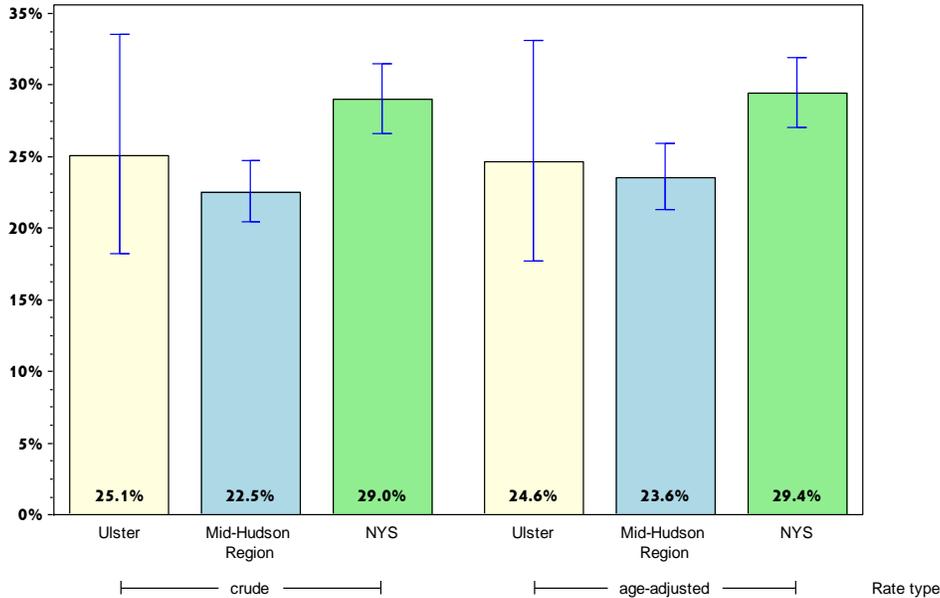
	Ulster County			Mid-Hudson		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	35,328	25.1	(18.2-33.5)	373,183	22.5	(20.4-24.7)
Age						
18-24		#		37,365	18.6	(12.3-27.1)
25-34		#		79,141	33.6	(27.4-40.5)
35-44		#		77,591	27.4	(21.7-33.9)
45-64	15,754	29.8^	(19.0-43.5)	144,699	24.5	(21.2-28.1)
65+	4,334	14.9	(9.1-23.6)	32,669	10.1	(7.6-13.4)
Race						
White, NH	21,747	19.8	(15.1-25.6)	203,220	17.9	(15.9-20.0)
Black, NH		#		45,801	34.7^	(24.9-46.1)
Hispanic		#		101,414	40.9	(34.4-47.7)
Other, NH		#		22,749	16.3^	(9.2-27.3)
Sex						
male	11,445	16.7^	(8.2-31.1)	170,155	21.2	(18.1-24.6)
female	23,883	33.0^	(23.4-44.3)	203,028	23.8	(20.9-26.9)
Age-adjusted&		24.6	(17.7-33.1)		23.6	(21.3-26.0)

* Worried or stressed about having enough money to buy nutritious meals.
& Percent is age-adjusted to the 2000 United States Population.
Rates with <10 in the numerator or <50 in the denominator are suppressed.
^ Highly variable rate (confidence interval with a half-width greater than 10).

Ulster

Improve Health Status and Reduce Health Disparities

Percentage of adults with poor self-reported health
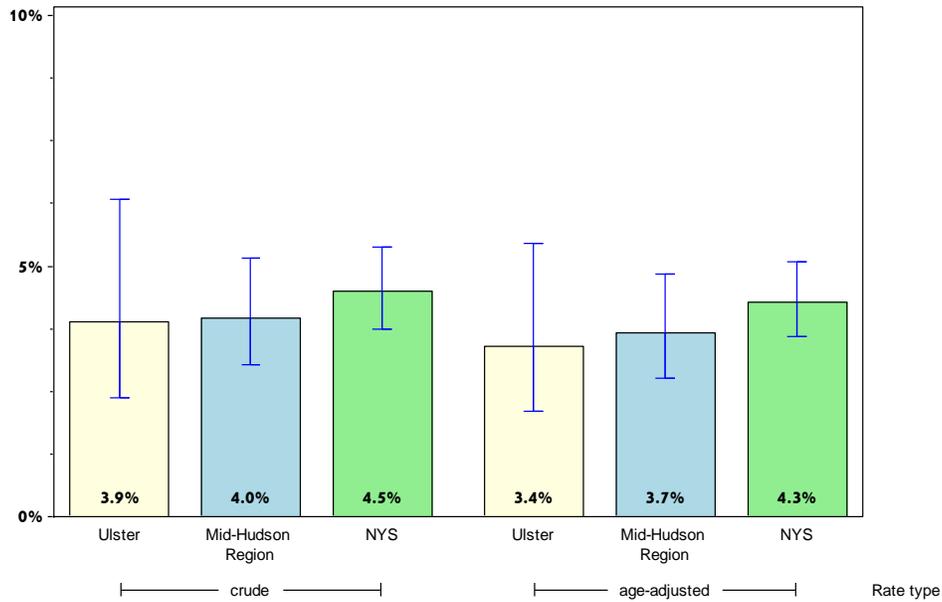
	Ulster County			Mid-Hudson		
	Est. # of Adults	**Percent**	**95% CI**	**Est. # of Adults**	**Percent**	**95% CI**
Total	5,684	3.9	(2.4-6.3)	68,725	4.0	(3.0-5.2)
Age						
18-24		#			#	
25-34		#			#	
35-44		#			#	
45-64		#		33,526	5.4	(4.0-7.3)
65+	2,806	9.6	(4.9-17.8)	20,130	6.1	(4.0-9.2)
Race						
White, NH	5,178	4.6	(2.7-7.6)	50,681	4.3	(3.1-5.9)
Black, NH		#		6,815	4.8	(2.6-8.8)
Hispanic		#		10,516	4.0	(2.3-6.9)
Other, NH		#			#	
Sex						
male	2,778	3.9	(1.9-7.8)	38,582	4.6	(3.0-6.9)
female	2,906	3.9	(2.0-7.7)	30,143	3.4	(2.5-4.5)
Age-adjusted[&]		3.4	(2.1-5.5)		3.7	(2.8-4.8)

& Percent is age-adjusted to the 2000 United States Population.
# Rates with <10 in the numerator or <50 in the denominator are suppressed.

Ulster
Improve Health Status and Reduce Health Disparities
*Percentage of adults who report 14 or more days of poor physical health**
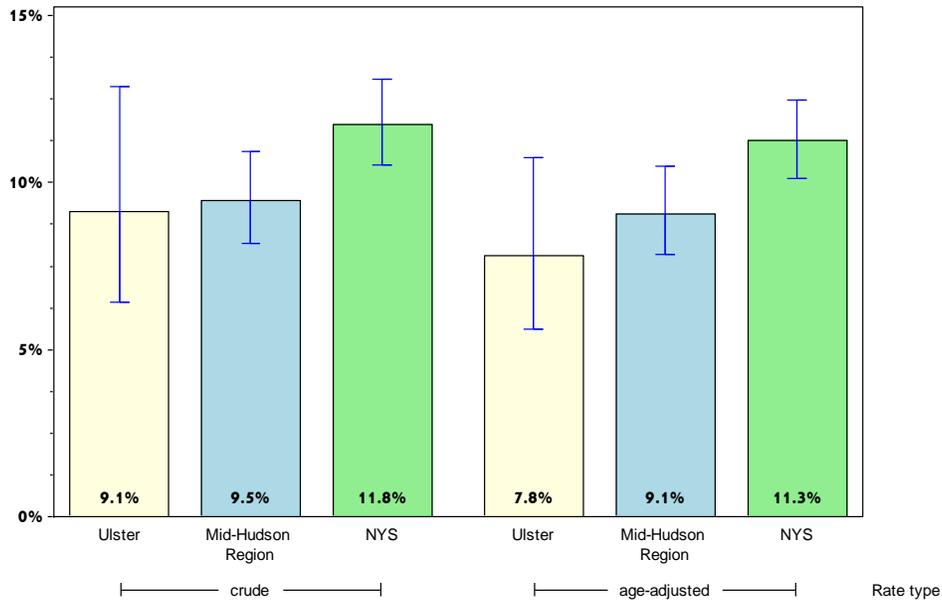
	Ulster County			Mid-Hudson		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	13,165	9.1	(6.4-12.9)	162,326	9.5	(8.2-10.9)
Age						
18-24		#			#	
25-34		#		15,549	6.2	(4.0-9.6)
35-44		#		18,750	6.4	(4.3-9.5)
45-64	6,848	12.6	(7.5-20.6)	67,042	10.9	(8.9-13.2)
65+	5,290	18.7	(12.4-27.1)	53,182	16.6	(12.9-21.1)
Race						
White, NH	12,347	11.1	(7.8-15.5)	118,834	10.1	(8.6-12.0)
Black, NH		#		12,030	8.5	(4.7-14.8)
Hispanic		#		27,070	10.6	(7.6-14.6)
Other, NH		#			#	
Sex						
male	7,197	10.0	(5.9-16.3)	73,642	8.8	(7.2-10.8)
female	5,968	8.3	(5.1-13.1)	88,684	10.0	(8.2-12.3)
Age-adjusted&		7.8	(5.6-10.7)		9.1	(7.8-10.5)

* Out of the past 30 days.
& Percent is age-adjusted to the 2000 United States Population.
# Rates with <10 in the numerator or <50 in the denominator are suppressed.

Ulster
Prevent Chronic Diseases
Percentage of adults who are obese**
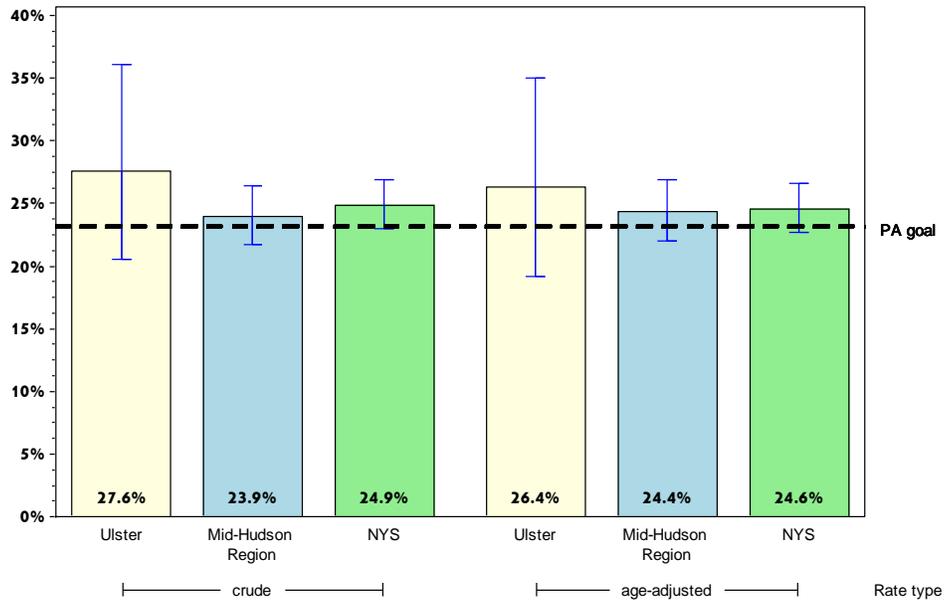
	Ulster County			Mid-Hudson		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	38,930	27.6	(20.5-36.1)	394,367	23.9	(21.7-26.4)
Age						
18-24		#		27,624	13.3	(7.9-21.5)
25-34		#		54,511	23.8	(18.3-30.3)
35-44		#		81,440	30.5	(24.1-37.7)
45-64	18,038	35.2^	(23.8-48.5)	162,725	26.9	(23.2-30.8)
65+	7,185	25.2	(17.9-34.2)	67,255	21.1	(17.5-25.3)
Race						
White, NH	25,122	23.1	(17.8-29.4)	255,550	22.7	(20.3-25.4)
Black, NH		#		52,966	38.1^	(28.5-48.7)
Hispanic		#		75,211	30.9	(24.5-38.1)
Other, NH		#		10,640	7.6	(3.5-15.6)
Sex						
male	19,240	27.4^	(17.4-40.3)	215,927	26.1	(22.9-29.6)
female	19,690	27.8^	(18.8-39.2)	178,440	21.8	(18.7-25.2)
Age-adjusted&		26.4	(19.2-35.1)		24.4	(22.0-26.9)

* Obesity defined as a Body Mass Index (BMI) >=30. BMI is calculated based on weight and height.
& Percent is age-adjusted to the 2000 United States Population.
# Rates with <10 in the numerator or <50 in the denominator are suppressed.
^ Highly variable rate (confidence interval with a half-width greater than 10).

Ulster

Prevent Chronic Diseases

*Percentage of adults with an annual household income less than $25,000 who are obese**
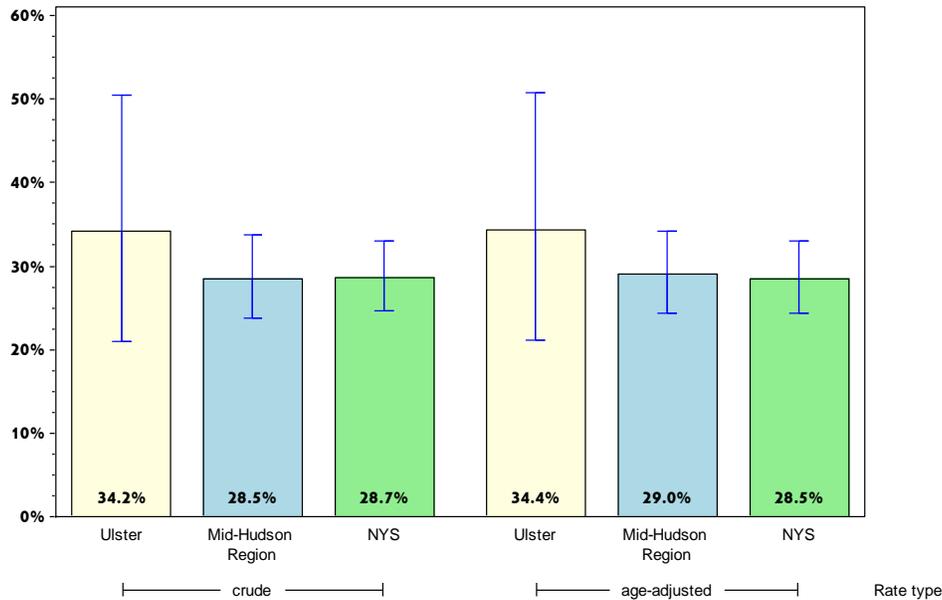
	Ulster County			Mid-Hudson		
	Est. # of Adults	**Percent**	**95% CI**	**Est. # of Adults**	**Percent**	**95% CI**
Total	11,342	34.2^	(20.9-50.4)	87,170	28.5	(23.8-33.8)
Age						
18-24		#		6,365	16.0^	(8.8-27.4)
25-34		#		22,492	34.8^	(23.0-48.7)
35-44		#		16,901	28.8^	(17.0-44.4)
45-64		#		30,816	37.0	(28.5-46.4)
65+	2,114	21.0^	(11.4-35.6)	10,596	18.8	(13.0-26.5)
Race						
White, NH	6,041	24.5^	(14.5-38.2)	41,272	27.3	(21.8-33.7)
Black, NH		#		12,594	34.1^	(19.9-51.9)
Hispanic		#		30,888	29.6^	(20.6-40.6)
Other, NH		#			#	
Sex						
male		#		34,047	25.1	(18.9-32.5)
female	10,124	44.7^	(26.9-64.1)	53,123	31.2	(24.5-38.9)
Age-adjusted&		34.4^	(21.1-50.7)		29.0	(24.3-34.2)

* Obesity defined as a Body Mass Index (BMI) >=30. BMI is calculated based on weight and height.
& Percent is age-adjusted to the 2000 United States Population.
# Rates with <10 in the numerator or <50 in the denominator are suppressed.
^ Highly variable rate (confidence interval with a half-width greater than 10).

Ulster
Prevent Chronic Diseases
*Percentage of adults living with a disability who are obese**
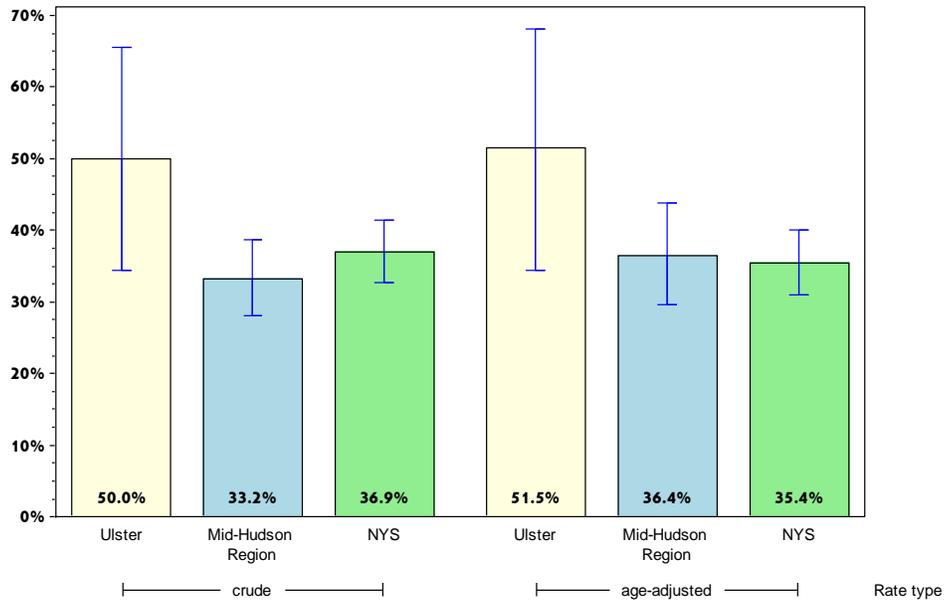
	Ulster County			Mid-Hudson		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	16,884	50.0^	(34.4-65.5)	100,917	33.2	(28.1-38.7)
Age						
18-24		#			#	
25-34		#		9,015	34.7^	(20.5-52.1)
35-44		#			#	
45-64	6,835	50.6^	(32.9-68.2)	45,176	40.6	(33.0-48.8)
65+	4,271	41.6^	(27.4-57.3)	26,632	23.1	(17.2-30.4)
Race						
White, NH	10,732	40.2^	(28.3-53.2)	68,712	30.3	(25.1-36.1)
Black, NH		#			#	
Hispanic		#		12,074	36.6^	(23.8-51.7)
Other, NH		#			#	
Sex						
male		#		48,667	33.2	(25.6-41.8)
female	6,644	38.8^	(25.9-53.5)	52,250	33.2	(26.7-40.4)
Age-adjusted&		51.5^	(34.5-68.2)		36.4	(29.6-43.7)

* Obesity defined as a Body Mass Index (BMI) >=30. BMI is calculated based on weight and height. Limited activities (physical, mental, or emotional problems); need of special equipment (e.g. cane, wheel chair).
& Percent is age-adjusted to the 2000 United States Population.
Rates with <10 in the numerator or <50 in the denominator are suppressed.
^ Highly variable rate (confidence interval with a half-width greater than 10).

Ulster

Prevent Chronic Diseases

Percentage of adults overweight or obese*
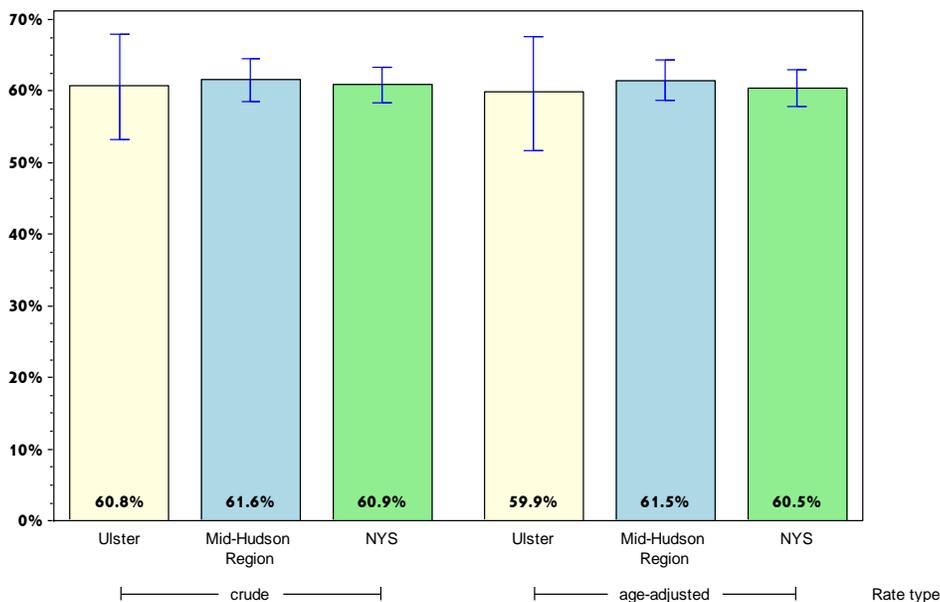
	Ulster County			Mid-Hudson		
	Est. # of Adults	**Percent**	**95% CI**	**Est. # of Adults**	**Percent**	**95% CI**
Total	85,698	60.8	(53.2-67.9)	1,013,509	61.6	(58.6-64.4)
Age						
18-24		#		78,608	37.8^	(27.7-49.0)
25-34		#		134,836	58.9	(51.3-66.2)
35-44		#		182,614	68.3	(61.9-74.2)
45-64	33,991	66.3^	(56.1-75.1)	416,662	68.8	(64.9-72.4)
65+	17,569	61.6	(52.4-70.1)	193,474	60.7	(55.0-66.2)
Race						
White, NH	61,916	56.8	(49.7-63.7)	654,729	58.3	(54.8-61.7)
Black, NH		#		98,751	71.0^	(60.2-79.9)
Hispanic		#		181,418	74.5	(68.3-79.8)
Other, NH		#		78,610	55.9^	(41.8-69.1)
Sex						
male	44,832	63.8^	(52.3-74.0)	594,678	71.9	(68.1-75.4)
female	40,866	57.8^	(47.7-67.3)	418,831	51.1	(46.8-55.4)
Age-adjusted&		59.9	(51.6-67.6)		61.5	(58.7-64.3)

* Defined as a Body Mass Index (BMI) >=25. BMI is calculated based on weight and height.
& Percent is age-adjusted to the 2000 United States Population.
Rates with <10 in the numerator or <50 in the denominator are suppressed.
^ Highly variable rate (confidence interval with a half-width greater than 10).

Ulster

Prevent Chronic Diseases

Percentage of adults who participated in leisure time physical activity in the past 30 days*
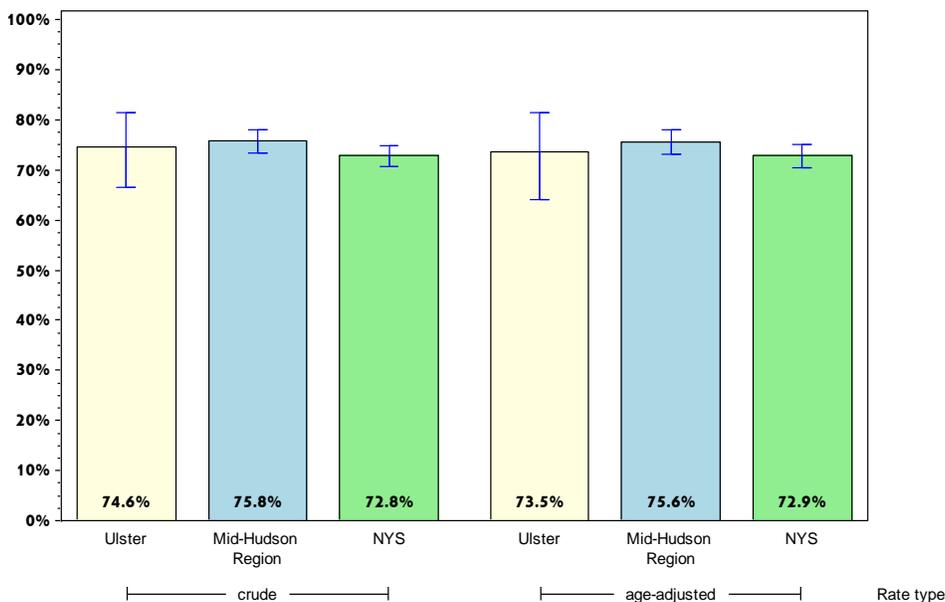
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
	Ulster County			**Mid-Hudson**		
Total	106,935	74.6	(66.5-81.3)	1,271,442	75.8	(73.3-78.0)
Age						
18-24		#		175,327	86.7	(79.0-91.8)
25-34		#		173,350	72.0	(65.5-77.7)
35-44		#		217,887	75.1	(67.5-81.4)
45-64	45,420	83.4	(74.2-89.7)	461,861	77.3	(73.6-80.7)
65+	17,818	61.1	(51.4-69.9)	222,803	68.7	(63.9-73.1)
Race						
White, NH	84,690	75.5	(68.7-81.2)	896,103	78.1	(75.4-80.5)
Black, NH		#		91,903	69.6^	(59.5-78.1)
Hispanic		#		167,526	65.4	(58.5-71.7)
Other, NH		#		115,910	81.7^	(68.5-90.1)
Sex						
male	50,429	71.7^	(57.7-82.5)	624,724	76.8	(73.5-79.8)
female	56,506	77.4	(68.8-84.2)	646,717	74.8	(71.2-78.1)
Age-adjusted&		73.5	(64.0-81.3)		75.6	(73.1-78.0)

* Any physical activities or exercises such as running or walking
& Percent is age-adjusted to the 2000 United States Population.
Rates with <10 in the numerator or <50 in the denominator are suppressed.
^ Highly variable rate (confidence interval with a half-width greater than 10).

Ulster

Prevent Chronic Diseases

*Percentage of adults who consume one or more sugary drinks daily**
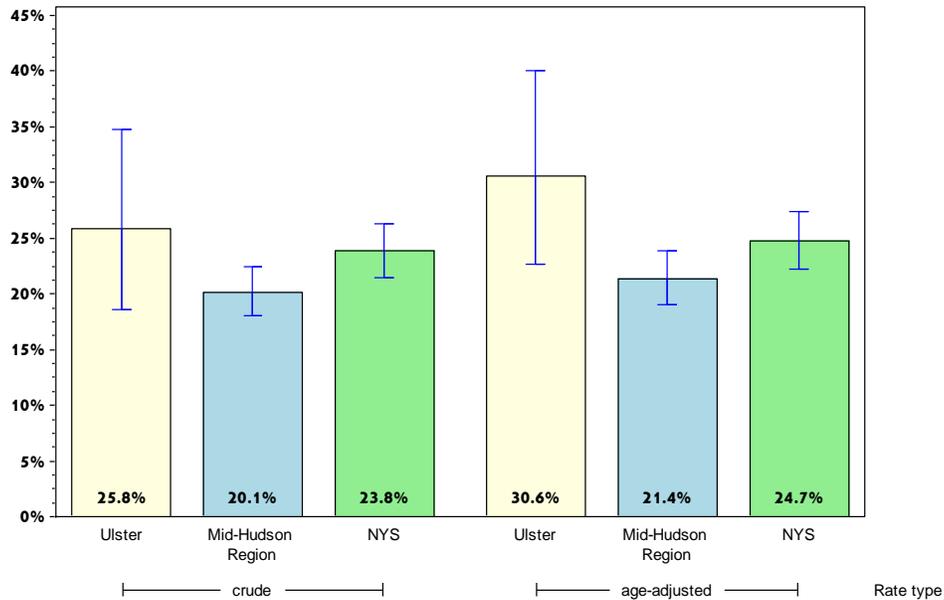
	Ulster County			Mid-Hudson		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	36,205	25.8	(18.6-34.8)	328,184	20.1	(18.0-22.4)
Age						
18-24		#		59,915	30.5^	(21.4-41.5)
25-34		#		72,301	31.4	(25.3-38.1)
35-44		#		66,352	23.7	(18.1-30.4)
45-64	6,526	12.1	(7.4-19.2)	91,651	15.7	(12.9-18.8)
65+	3,918	13.6	(8.9-20.4)	34,297	10.9	(8.2-14.4)
Race						
White, NH	21,251	19.5	(14.6-25.6)	179,864	16.0	(13.8-18.4)
Black, NH		#		44,636	35.8^	(26.3-46.5)
Hispanic		#		83,157	34.3	(28.1-41.2)
Other, NH		#		20,526	15.1^	(8.3-25.9)
Sex						
male	21,167	30.4^	(19.5-44.1)	201,838	25.5	(22.3-29.1)
female	15,039	21.3^	(12.9-33.2)	126,346	15.0	(12.5-18.0)
Age-adjusted&		30.6	(22.6-40.0)		21.4	(19.1-23.9)

* Sugary drinks include regular soda, and sugar-sweetened drinks.
& Percent is age-adjusted to the 2000 United States Population.
Rates with <10 in the numerator or <50 in the denominator are suppressed.
^ Highly variable rate (confidence interval with a half-width greater than 10).

Prevent Chronic Diseases

Percentage of adults who consume fast-food three or more times per week
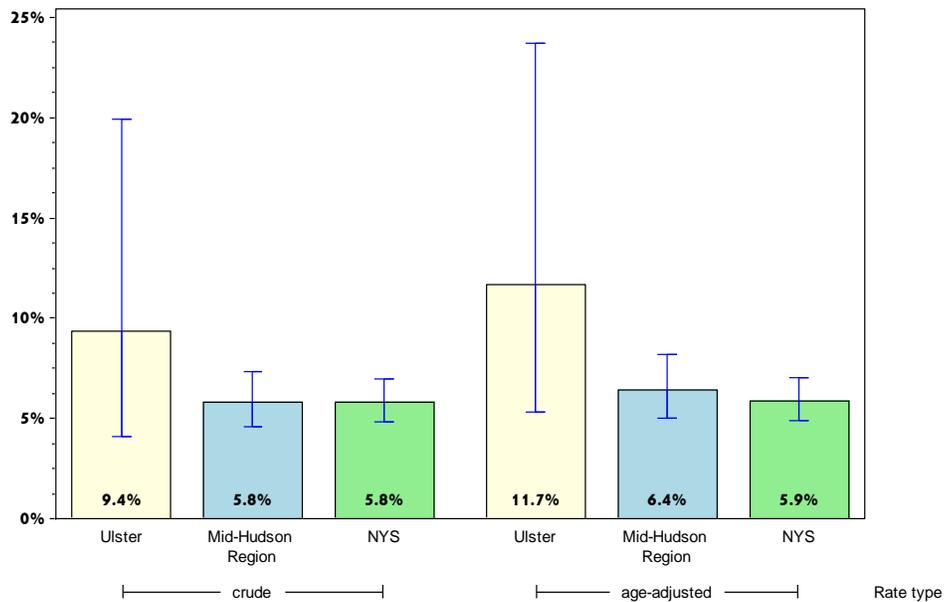
	Ulster County			Mid-Hudson		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	13,153	9.4^	(4.1-19.9)	94,313	5.8	(4.6-7.3)
Age						
18-24		#		18,550	9.4	(4.8-17.6)
25-34		#		22,619	9.8	(6.4-14.6)
35-44		#		25,563	9.2	(5.4-15.3)
45-64		#		22,019	3.8	(2.6-5.4)
65+		#		4,862	1.6	(0.8-3.1)
Race						
White, NH	6,365	5.8	(2.3-14.2)	47,954	4.3	(3.3-5.5)
Black, NH		#		17,766	14.1^	(6.6-27.5)
Hispanic		#		23,510	9.8	(6.2-15.2)
Other, NH		#			#	
Sex						
male	12,030	17.3^	(7.4-35.5)	75,751	9.6	(7.3-12.6)
female		#		18,562	2.2	(1.6-3.1)
Age-adjusted&		11.7^	(5.3-23.7)		6.4	(5.0-8.2)

& Percent is age-adjusted to the 2000 United States Population.
# Rates with <10 in the numerator or <50 in the denominator are suppressed.
^ Highly variable rate (confidence interval with a half-width greater than 10).

Ulster

Prevent Chronic Diseases

*Percentage of adults with physician diagnosed diabetes**
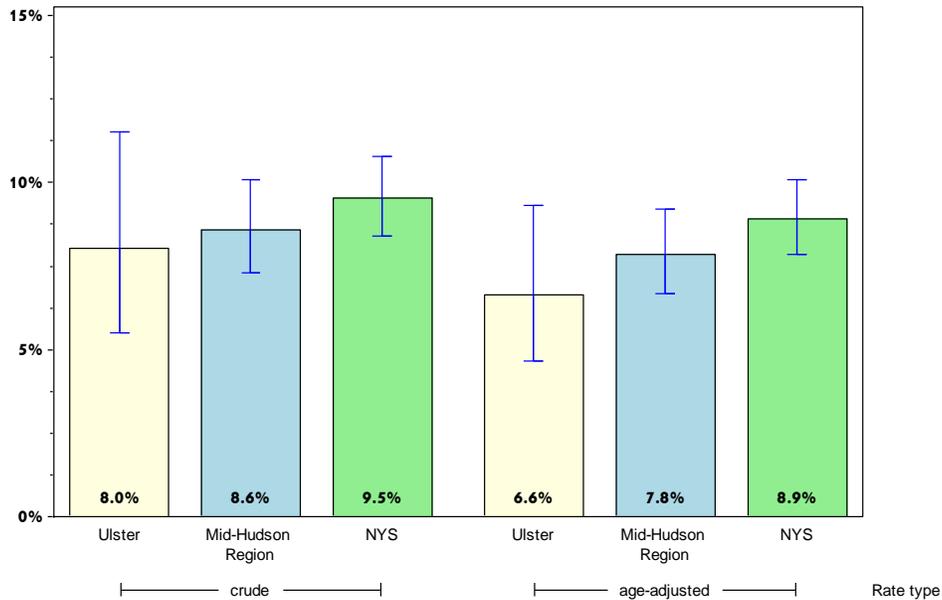
	Ulster County			Mid-Hudson		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	11,772	8.0	(5.5-11.5)	150,887	8.6	(7.3-10.1)
Age						
18-24		#			#	
25-34		#			#	
35-44		#		14,160	4.7	(2.4-9.1)
45-64	5,107	9.3	(4.9-16.8)	62,032	9.9	(7.7-12.6)
65+	5,865	20.0	(13.3-28.9)	68,925	20.7	(16.7-25.4)
Race						
White, NH	11,220	9.8	(6.8-14.1)	89,474	7.5	(6.2-8.9)
Black, NH		#		19,890	13.7	(8.9-20.7)
Hispanic		#		17,031	6.4	(4.0-9.9)
Other, NH		#		24,492	16.3^	(9.0-27.9)
Sex						
male	6,717	9.3	(5.3-15.6)	88,046	10.3	(8.2-12.9)
female	5,055	6.8	(4.2-10.9)	62,840	6.9	(5.5-8.7)
Age-adjusted&		6.6	(4.7-9.3)		7.8	(6.7-9.2)

* As diagnosed by a health professional.
& Percent is age-adjusted to the 2000 United States Population.
# Rates with <10 in the numerator or <50 in the denominator are suppressed.
^ Highly variable rate (confidence interval with a half-width greater than 10).

Ulster

Prevent Chronic Diseases

Percentage of adults who are current smokers
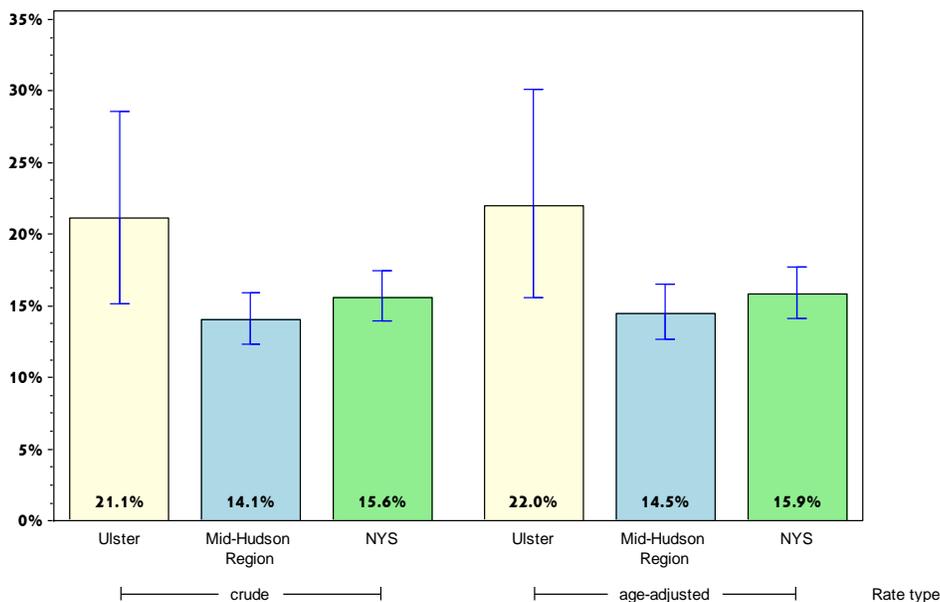
	Ulster County			Mid-Hudson		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	30,593	21.1	(15.2-28.6)	239,102	14.1	(12.4-15.9)
Age						
18-24		#		32,350	15.8^	(9.2-25.9)
25-34		#		43,314	17.8	(13.5-23.0)
35-44		#		44,821	15.3	(11.0-20.9)
45-64	11,993	22.0^	(14.1-32.6)	96,435	15.9	(13.5-18.8)
65+	1,409	4.8	(2.4-9.3)	20,862	6.3	(4.5-8.8)
Race						
White, NH	23,621	20.8	(15.5-27.5)	164,788	14.1	(12.1-16.4)
Black, NH		#		25,127	18.9	(12.0-28.4)
Hispanic		#		41,932	16.1	(11.8-21.6)
Other, NH		#		7,254	5.1	(2.4-10.6)
Sex						
male	17,175	24.3^	(14.4-37.9)	144,979	17.6	(14.7-20.9)
female	13,418	18.1	(12.2-26.0)	94,123	10.7	(9.0-12.7)
Age-adjusted&		22.0	(15.5-30.1)		14.5	(12.6-16.5)

& Percent is age-adjusted to the 2000 United States Population.
# Rates with <10 in the numerator or <50 in the denominator are suppressed.
^ Highly variable rate (confidence interval with a half-width greater than 10).

Ulster

Prevent Chronic Diseases

Percentage of adults with annual household income less than $25,000 who are current smokers
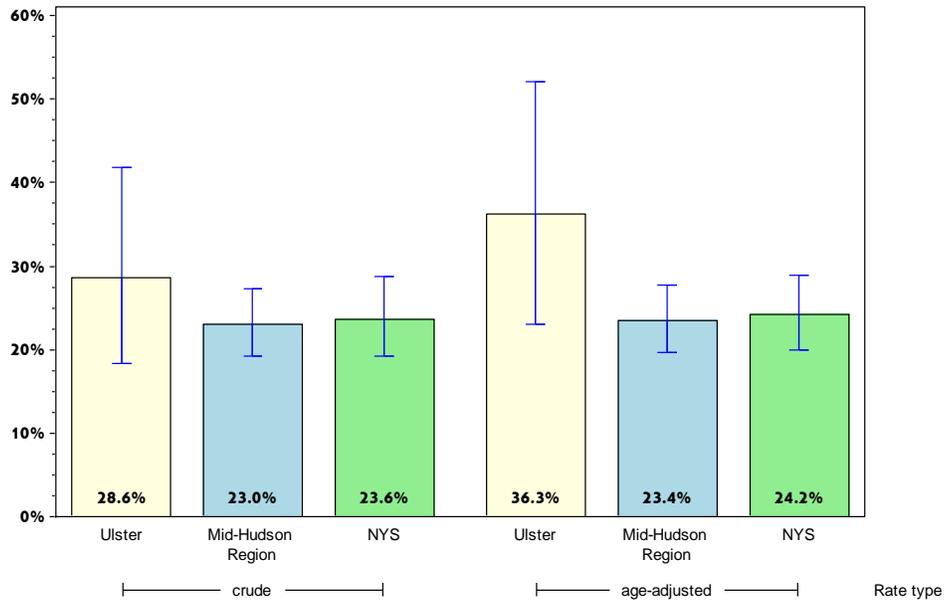
	Ulster County			Mid-Hudson		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	9,541	28.6^	(18.3-41.8)	73,745	23.0	(19.2-27.3)
Age						
18-24		#		7,392	18.1^	(9.7-31.1)
25-34		#		17,890	25.6^	(17.0-36.7)
35-44		#		13,112	20.9^	(13.1-31.7)
45-64		#		27,097	31.4	(24.0-39.9)
65+		#		8,253	14.3	(8.6-22.7)
Race						
White, NH	7,776	30.6^	(19.2-45.1)	45,290	28.9	(23.5-35.0)
Black, NH		#		10,881	31.9^	(18.4-49.2)
Hispanic		#		15,364	13.5	(8.8-20.1)
Other, NH		#			#	
Sex						
male		#		35,712	25.4	(19.7-32.0)
female	6,935	29.7^	(17.0-46.7)	38,032	21.2	(16.3-27.0)
Age-adjusted&		36.3^	(23.0-52.0)		23.4	(19.7-27.7)

& Percent is age-adjusted to the 2000 United States Population.
Rates with <10 in the numerator or <50 in the denominator are suppressed.
^ Highly variable rate (confidence interval with a half-width greater than 10).

Percentage of adults aged 18-24 years who are current smokers
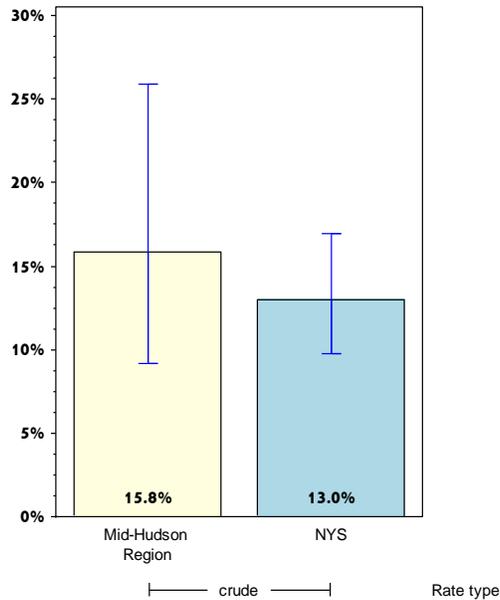
	Ulster County			Mid-Hudson		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total		#		32,350	15.8^	(9.2-25.9)
Age[+]						
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH		#		23,087	16.1^	(8.0-29.9)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male		#		24,040	23.7^	(12.6-40.1)
female		#		8,310	8.1	(3.7-16.6)
Age-adjusted[+,&]						

& Percent is age-adjusted to the 2000 United States Population.
+ Age-adjusted and age specific percent not generated for health indicators with age range limits.
Rates with <10 in the numerator or <50 in the denominator are suppressed.
^ Highly variable rate (confidence interval with a half-width greater than 10).

Ulster

Prevent Chronic Diseases

Percentage of women aged 50-74 years receiving breast cancer screening based on recent guidelines*
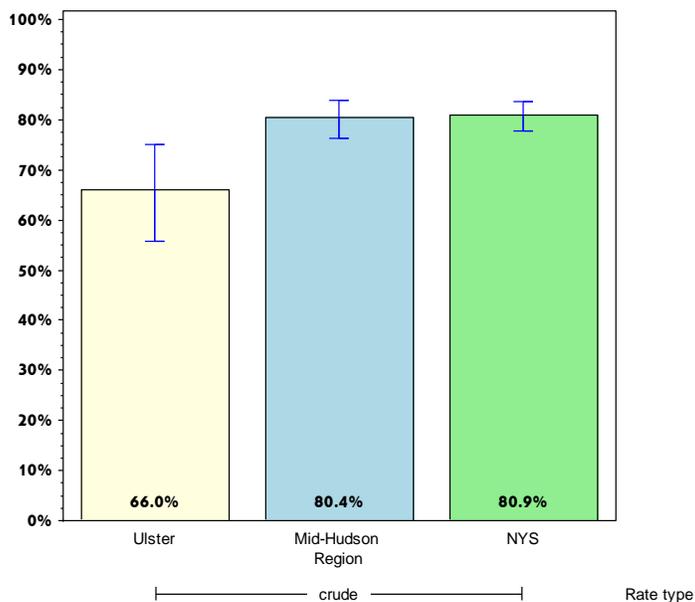
	Ulster County			Mid-Hudson		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	19,459	66.0^	(55.6-75.1)	246,457	80.4	(76.2-84.0)
Age+						
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH	18,308	67.8^	(57.3-76.8)	184,023	79.1	(74.7-82.9)
Black, NH		#		14,839	87.4^	(74.9-94.2)
Hispanic		#		22,718	86.1^	(66.9-95.0)
Other, NH		#			#	
Sex						
male		#			#	
female	19,459	66.0^	(55.6-75.1)	246,457	80.4	(76.2-84.0)
Age-adjusted+,&						

* Mammogram within past 2 years.
& Percent is age-adjusted to the 2000 United States Population.
+ Age-adjusted and age specific percent not generated for health indicators with age range limits.
# Rates with <10 in the numerator or <50 in the denominator are suppressed.
^ Highly variable rate (confidence interval with a half-width greater than 10).

Ulster

Prevent Chronic Diseases

Percentage of women aged 50-74 years with annual household income of less than $25,000 receiving breast cancer screening based on recent guidelines*
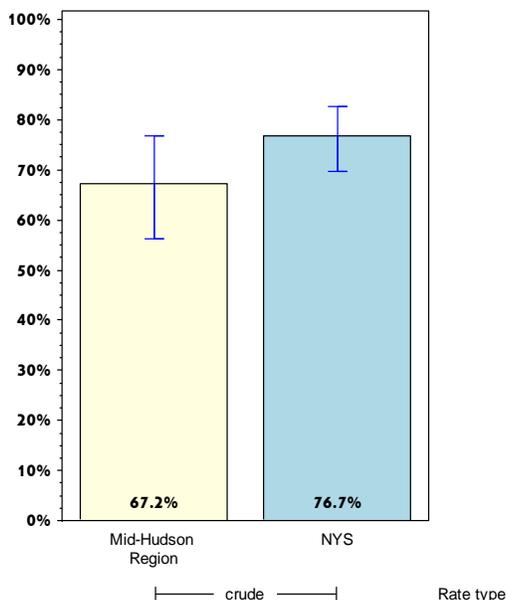
	Ulster County			**Mid-Hudson**		
	Est. # of Adults	**Percent**	**95% CI**	**Est. # of Adults**	**Percent**	**95% CI**
Total		#		34,867	67.2^	(56.2-76.7)
Age+						
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH		#		16,177	51.0^	(38.1-63.8)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male		#			#	
female		#		34,867	67.2^	(56.2-76.7)
Age-adjusted+,&						

* Mammogram within past 2 years.
& Percent is age-adjusted to the 2000 United States Population.
+ Age-adjusted and age specific percent not generated for health indicators with age range limits.
# Rates with <10 in the numerator or <50 in the denominator are suppressed.
^ Highly variable rate (confidence interval with a half-width greater than 10).

Prevent Chronic Diseases

*Percentage of women aged 21-65 years receiving cervical cancer screening based on recent guidelines*[*]
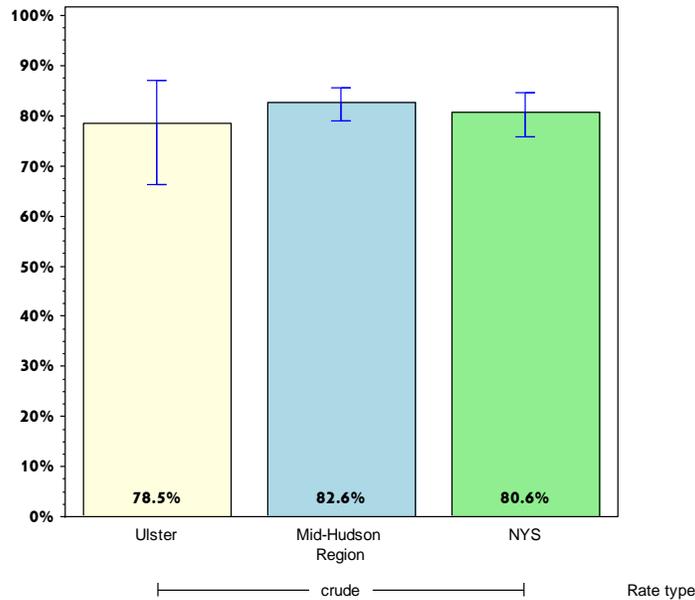
	Ulster County			Mid-Hudson		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	43,620	78.5^	(66.3-87.1)	496,976	82.6	(79.1-85.6)
Age[+]						
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH	31,736	77.3	(67.8-84.7)	343,119	83.5	(79.5-86.9)
Black, NH		#		30,763	74.4^	(58.2-85.9)
Hispanic		#		75,619	82.0	(73.0-88.4)
Other, NH		#			#	
Sex						
male		#			#	
female	43,620	78.5^	(66.3-87.1)	496,976	82.6	(79.1-85.6)
Age-adjusted[+,&]						

* Pap test within past 3 years.
& Percent is age-adjusted to the 2000 United States Population.
+ Age-adjusted and age specific percent not generated for health indicators with age range limits.
# Rates with <10 in the numerator or <50 in the denominator are suppressed.
^ Highly variable rate (confidence interval with a half-width greater than 10).

Ulster

Prevent Chronic Diseases

Percentage of women aged 21-65 years with annual household income of less than $25,000 receiving cervical cancer screening based on recent guidelines*
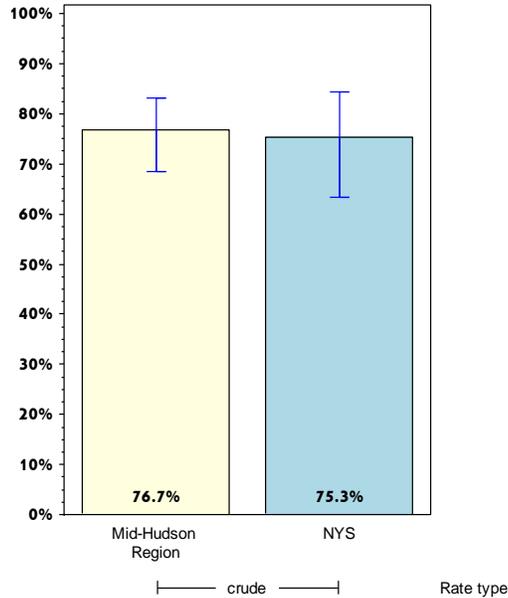
	Ulster County			Mid-Hudson		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total		#		96,878	76.7	(68.6-83.2)
Age[+]						
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH		#		42,290	71.4^	(59.7-80.7)
Black, NH		#			#	
Hispanic		#		37,467	79.7^	(64.2-89.6)
Other, NH		#			#	
Sex						
male		#			#	
female		#		96,878	76.7	(68.6-83.2)
Age-adjusted[+,&]						

* Pap test within past 3 years.
& Percent is age-adjusted to the 2000 United States Population.
+ Age-adjusted and age specific percent not generated for health indicators with age range limits.
# Rates with <10 in the numerator or <50 in the denominator are suppressed.
^ Highly variable rate (confidence interval with a half-width greater than 10).

Ulster

Prevent Chronic Diseases

*Percentage of adults aged 50-75 years receiving colorectal cancer screening based on recent guidelines**
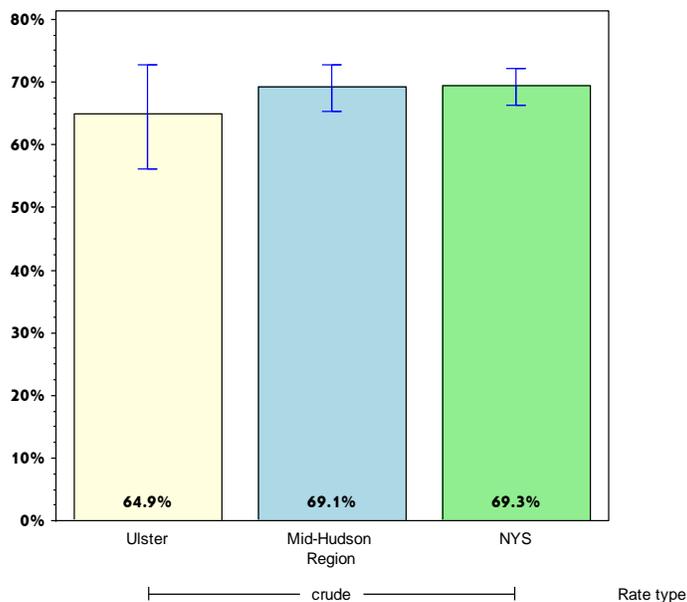
	Ulster County			Mid-Hudson		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	36,332	64.9	(56.1-72.8)	420,117	69.1	(65.4-72.7)
Age+						
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH	34,497	66.9	(57.7-75.0)	316,982	70.6	(66.9-74.0)
Black, NH		#		33,596	76.4^	(64.2-85.4)
Hispanic		#		28,956	55.1^	(42.7-66.9)
Other, NH		#			#	
Sex						
male	17,084	65.5^	(50.7-77.8)	203,820	67.7	(61.6-73.2)
female	19,249	64.4^	(53.9-73.7)	216,297	70.6	(65.9-74.9)
Age-adjusted+,&						

* Blood stool test within 1 year, or sigmoidoscopy within 5 years with blood stool test within 3 years, or colonoscopy within 10 years.

& Percent is age-adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

Rates with <10 in the numerator or <50 in the denominator are suppressed.

^ Highly variable rate (confidence interval with a half-width greater than 10).

Ulster

Prevent Chronic Diseases

*Percentage of adults aged 50-75 years with annual household income less than $25,000 receiving colorectal cancer screening based on recent guidelines**
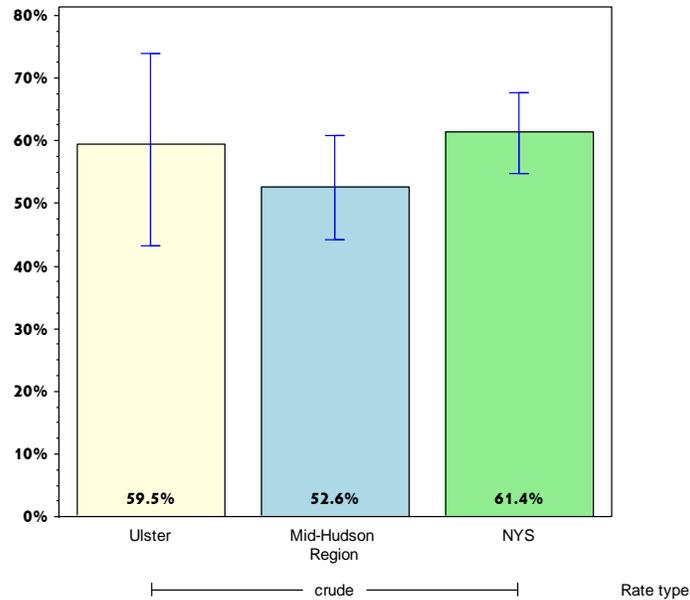
	Ulster County			Mid-Hudson		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	6,581	59.5^	(43.3-73.8)	47,995	52.6	(44.2-60.8)
Age+						
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH		#		29,963	53.0	(43.3-62.6)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male		#		18,246	47.1^	(34.9-59.7)
female		#		29,749	56.6^	(45.7-66.9)
Age-adjusted+,&						

* Blood stool test within 1 year, or sigmoidoscopy within 5 years with blood stool test within 3 years, or colonoscopy within 10 years.

& Percent is age-adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

Rates with <10 in the numerator or <50 in the denominator are suppressed.

^ Highly variable rate (confidence interval with a half-width greater than 10).

Ulster

Prevent Chronic Diseases

Percentage of adults who had a test for high blood sugar or diabetes within the past three years
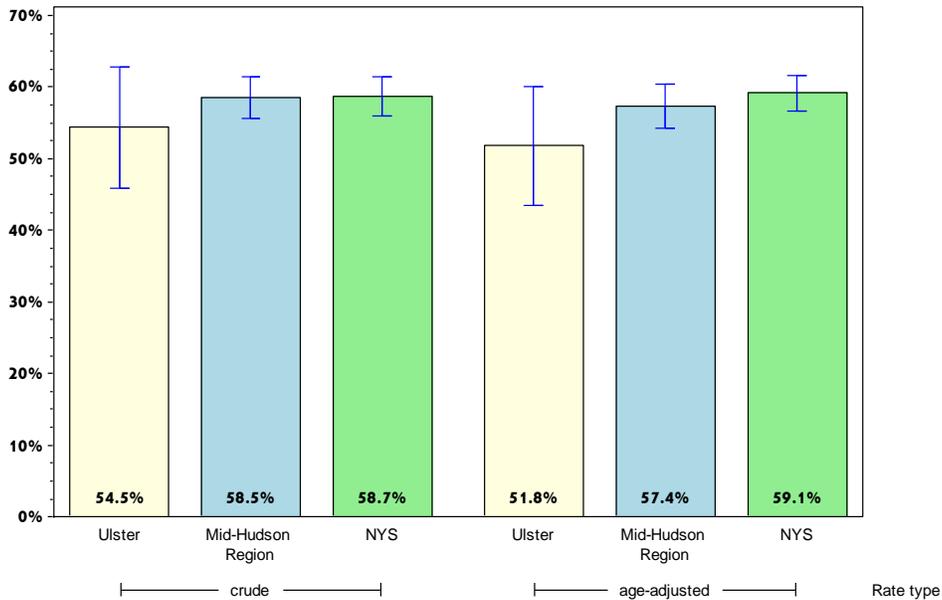
	Ulster County			Mid-Hudson		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	71,314	54.5	(45.9-62.8)	907,749	58.5	(55.6-61.4)
Age						
18-24		#		74,996	36.8^	(24.7-50.8)
25-34		#		111,134	46.0	(38.9-53.2)
35-44		#		149,552	53.4	(46.1-60.5)
45-64	32,269	67.5^	(56.2-77.1)	369,306	66.9	(62.5-71.0)
65+	16,749	75.3^	(65.1-83.2)	183,286	73.5	(66.9-79.3)
Race						
White, NH	55,966	56.6	(48.6-64.3)	647,286	61.0	(57.7-64.2)
Black, NH		#		83,150	67.2^	(56.4-76.5)
Hispanic		#		117,732	48.8	(41.7-55.9)
Other, NH		#		59,581	47.5^	(33.4-62.0)
Sex						
male	30,257	47.0^	(34.7-59.7)	378,659	51.5	(47.3-55.6)
female	41,056	61.7^	(50.0-72.1)	529,090	64.9	(60.9-68.7)
Age-adjusted&		51.8	(43.4-60.1)		57.4	(54.2-60.4)

& Percent is age-adjusted to the 2000 United States Population.
Rates with <10 in the numerator or <50 in the denominator are suppressed.
^ Highly variable rate (confidence interval with a half-width greater than 10).

Ulster

Prevent Chronic Diseases

Percentage of adults with physician-diagnosed prediabetes
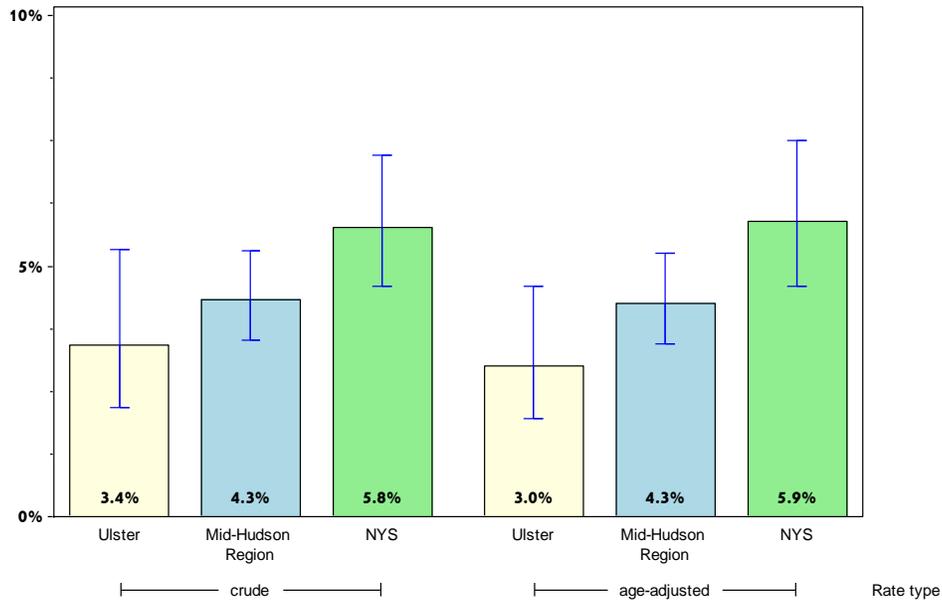
	Ulster County			Mid-Hudson		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	4,534	3.4	(2.2-5.3)	68,671	4.3	(3.5-5.3)
Age						
18-24		#			#	
25-34		#			#	
35-44		#		10,994	3.9	(2.2-6.8)
45-64	2,845	5.9	(3.3-10.5)	26,630	4.8	(3.6-6.4)
65+	1,689	7.2	(3.8-13.3)	21,581	8.3	(5.9-11.4)
Race						
White, NH	4,534	4.5	(2.9-6.9)	48,336	4.4	(3.5-5.6)
Black, NH		#		6,075	4.9	(2.5-9.5)
Hispanic		#		9,695	3.9	(2.1-7.1)
Other, NH		#			#	
Sex						
male		#		31,186	4.1	(3.0-5.6)
female	3,217	4.7	(2.7-8.1)	37,484	4.5	(3.4-5.9)
Age-adjusted[&]		3.0	(1.9-4.6)		4.3	(3.5-5.3)

& Percent is age-adjusted to the 2000 United States Population.
# Rates with <10 in the numerator or <50 in the denominator are suppressed.

Prevent Chronic Diseases

Percentage of adults with physician-diagnosed high blood pressure
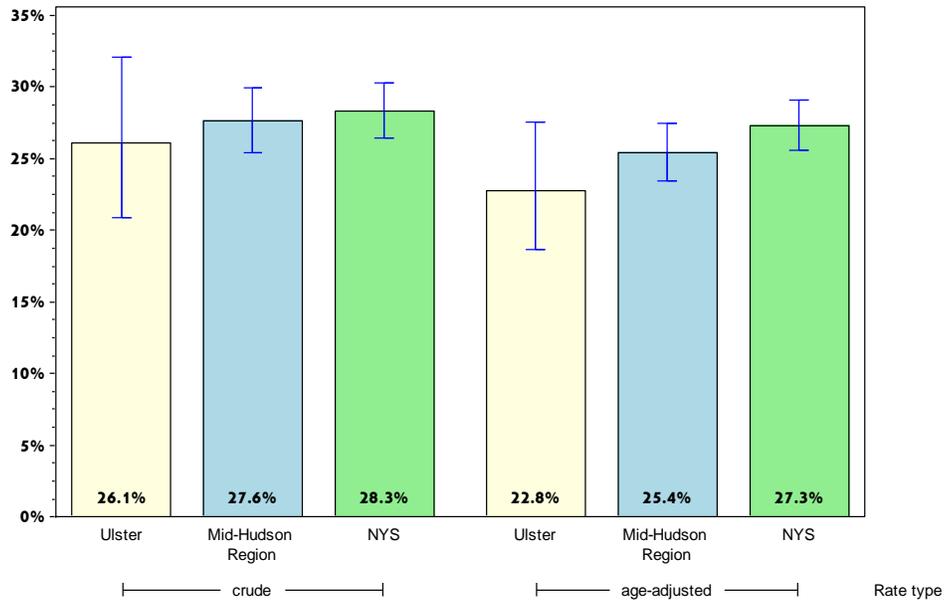
	Ulster County			Mid-Hudson		
	Est. # of Adults	**Percent**	**95% CI**	**Est. # of Adults**	**Percent**	**95% CI**
Total	38,312	26.1	(20.9-32.1)	485,160	27.6	(25.4-29.9)
Age						
18-24		#		14,115	6.5	(3.1-13.3)
25-34		#		19,179	7.6	(4.9-11.6)
35-44		#		50,528	16.7	(12.1-22.6)
45-64	14,867	27.1^	(18.6-37.5)	203,210	32.5	(28.9-36.3)
65+	18,286	62.2	(53.2-70.5)	191,521	57.5	(52.1-62.8)
Race						
White, NH	34,523	30.2	(24.6-36.6)	339,577	28.4	(25.9-31.1)
Black, NH		#		57,952	40.0	(30.9-50.0)
Hispanic		#		53,138	20.0	(15.5-25.4)
Other, NH		#		34,492	23.0^	(14.2-35.0)
Sex						
male	20,510	28.3	(20.1-38.2)	258,468	30.5	(27.2-33.9)
female	17,802	24.0	(17.8-31.4)	226,692	25.0	(22.1-28.1)
Age-adjusted&		22.8	(18.6-27.5)		25.4	(23.4-27.5)

& Percent is age-adjusted to the 2000 United States Population.
# Rates with <10 in the numerator or <50 in the denominator are suppressed.
^ Highly variable rate (confidence interval with a half-width greater than 10).

Ulster
## Prevent Chronic Diseases
Percentage of adults with diagnosed high blood pressure taking high blood pressure medication
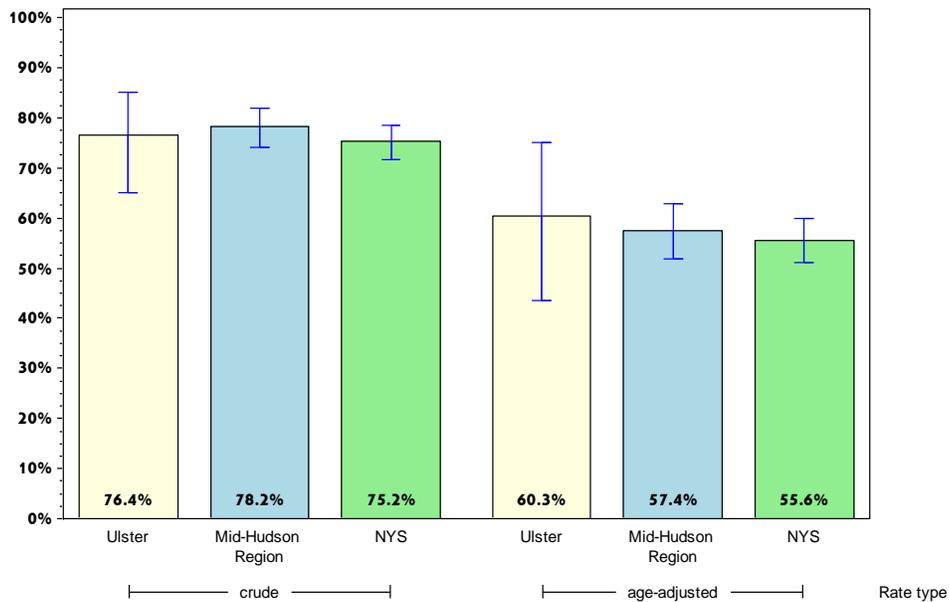
	Ulster County			Mid-Hudson		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	29,278	76.4^	(64.9-85.0)	379,361	78.2	(74.1-81.8)
Age						
18-24		#			#	
25-34		#			#	
35-44		#		25,439	50.3^	(33.7-66.9)
45-64	11,408	76.7^	(59.1-88.3)	167,173	82.3	(77.5-86.3)
65+	15,957	87.3^	(76.0-93.7)	174,121	91.0	(86.7-93.9)
Race						
White, NH	26,764	77.5^	(65.3-86.3)	269,044	79.3	(74.9-83.1)
Black, NH		#		48,852	84.3^	(70.9-92.2)
Hispanic		#		31,347	59.0^	(44.8-71.9)
Other, NH		#			#	
Sex						
male	15,935	77.7^	(59.0-89.4)	187,107	72.4	(66.1-78.0)
female	13,343	75.0^	(60.6-85.4)	192,253	84.9	(80.0-88.8)
Age-adjusted&		60.3^	(43.6-74.9)		57.4	(51.8-62.7)

& Percent is age-adjusted to the 2000 United States Population.
Rates with <10 in the numerator or <50 in the denominator are suppressed.
^ Highly variable rate (confidence interval with a half-width greater than 10).

Ulster

Prevent Chronic Diseases

*Percentage of adults with current asthma**
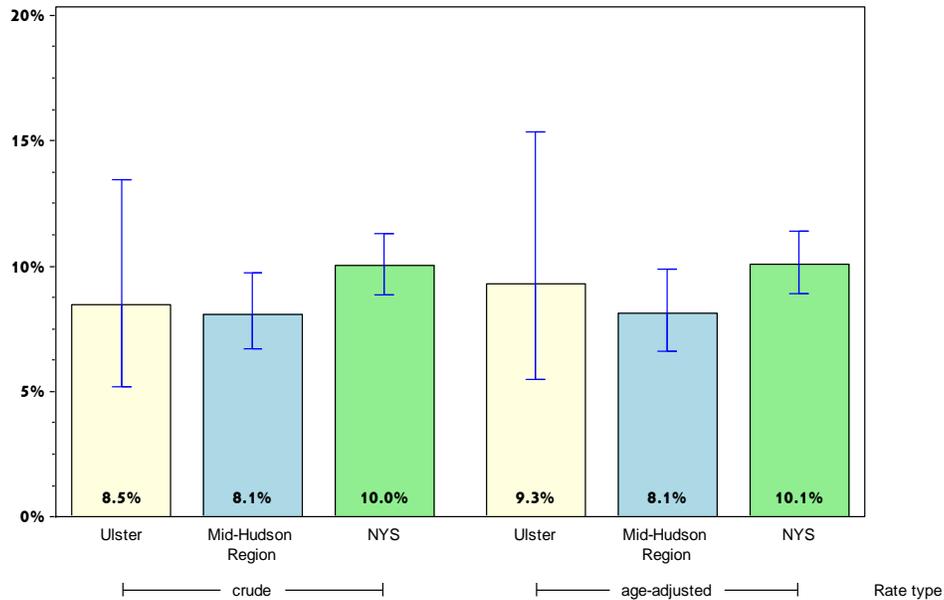
	Ulster County			Mid-Hudson		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	12,336	8.5	(5.2-13.5)	141,569	8.1	(6.7-9.7)
Age						
18-24		#		30,738	14.2	(8.2-23.4)
25-34		#		15,451	6.2	(4.0-9.5)
35-44		#		24,864	8.2	(4.6-14.1)
45-64	3,538	6.6	(3.6-11.8)	43,139	6.9	(5.4-8.8)
65+	1,994	6.8	(3.3-13.5)	24,959	7.5	(5.4-10.5)
Race						
White, NH	7,777	6.9	(4.4-10.7)	104,334	8.8	(7.1-10.8)
Black, NH		#		11,950	8.3	(4.5-14.7)
Hispanic		#		19,703	7.4	(4.1-13.1)
Other, NH		#		5,582	3.7	(1.5-8.8)
Sex						
male	4,591	6.3^	(2.3-16.4)	56,381	6.6	(4.9-9.0)
female	7,746	10.6	(6.5-16.7)	85,187	9.4	(7.5-11.9)
Age-adjusted&		9.3	(5.5-15.4)		8.1	(6.6-9.9)

* Physician diagnosed asthma.
& Percent is age-adjusted to the 2000 United States Population.
Rates with <10 in the numerator or <50 in the denominator are suppressed.
^ Highly variable rate (confidence interval with a half-width greater than 10).

*Percent of adults with cholesterol checked**
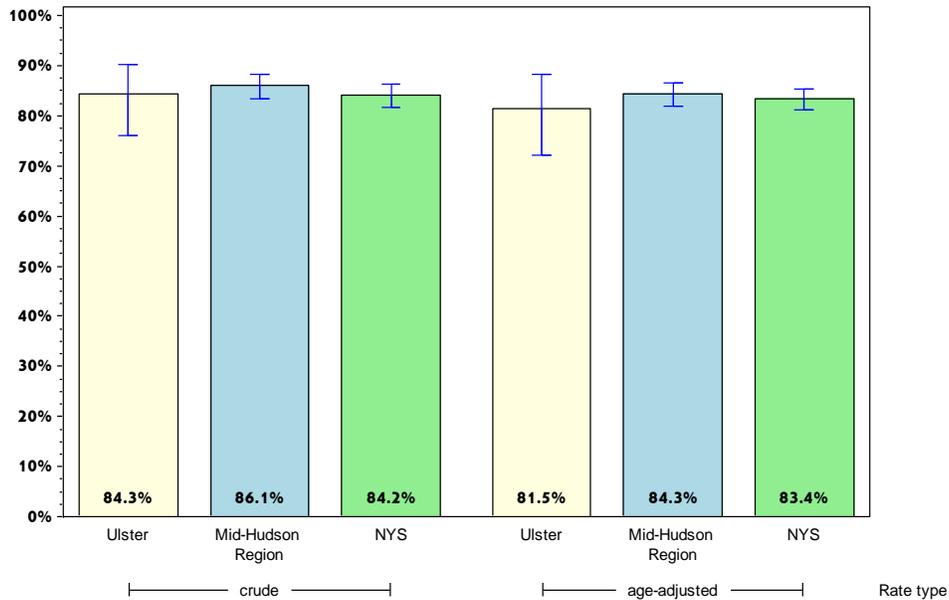
	Ulster County			Mid-Hudson		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	121,752	84.3	(75.9-90.1)	1,487,921	86.1	(83.5-88.4)
Age						
18-24		#		119,554	58.8^	(45.3-71.2)
25-34		#		166,373	68.6	(62.0-74.5)
35-44		#		264,626	88.1	(83.0-91.8)
45-64	50,340	91.8	(84.0-96.0)	589,697	94.4	(92.6-95.8)
65+	28,302	96.3	(88.9-98.8)	323,941	97.5	(96.0-98.5)
Race						
White, NH	99,411	88.9	(81.0-93.8)	1,037,098	88.5	(84.9-91.4)
Black, NH		#		118,223	82.3	(72.7-89.1)
Hispanic		#		203,261	77.3	(72.0-81.8)
Other, NH		#		129,338	86.1^	(75.7-92.5)
Sex						
male	61,264	86.2^	(74.2-93.1)	717,767	85.9	(83.0-88.4)
female	60,488	82.4^	(69.5-90.6)	770,154	86.3	(81.7-89.8)
Age-adjusted&		81.5	(72.2-88.2)		84.3	(81.8-86.5)

* As diagnosed by a health professional.
& Percent is age-adjusted to the 2000 United States Population.
Rates with <10 in the numerator or <50 in the denominator are suppressed.
^ Highly variable rate (confidence interval with a half-width greater than 10).

Ulster

Prevent Chronic Diseases

Percentage of adults 18 years and older with elevated cholesterol*
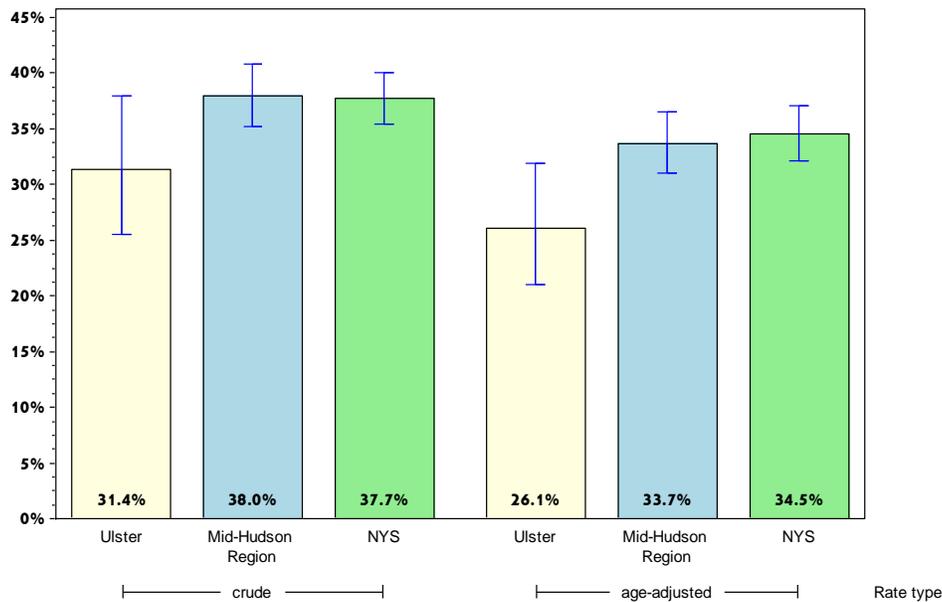
	Ulster County			Mid-Hudson		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	37,942	31.4	(25.5-37.9)	563,809	38.0	(35.3-40.8)
Age						
18-24		#		25,949	21.7^	(12.2-35.6)
25-34		#		21,044	12.6	(8.6-18.2)
35-44		#		75,762	28.6	(22.3-35.9)
45-64	15,003	30.1^	(21.7-40.1)	250,204	42.6	(38.4-46.9)
65+	16,074	57.5	(48.2-66.2)	181,331	56.2	(50.9-61.5)
Race						
White, NH	36,503	37.0	(30.9-43.6)	404,347	39.1	(36.2-42.2)
Black, NH		#		36,973	31.3^	(22.1-42.2)
Hispanic		#		71,505	35.2	(27.8-43.3)
Other, NH		#		50,985	39.5^	(25.9-54.9)
Sex						
male	19,556	32.0^	(23.1-42.4)	314,812	44.0	(39.8-48.2)
female	18,386	30.8	(23.4-39.2)	248,997	32.4	(29.0-36.1)
Age-adjusted&		26.1	(21.0-31.9)		33.7	(31.0-36.5)

* As diagnosed by a health professional.
& Percent is age-adjusted to the 2000 United States Population.
\# Rates with <10 in the numerator or <50 in the denominator are suppressed.
^ Highly variable rate (confidence interval with a half-width greater than 10).

Ulster

Prevent Chronic Diseases

*Percentage of adults who have taken a course or class to learn how to manage their chronic disease or condition**
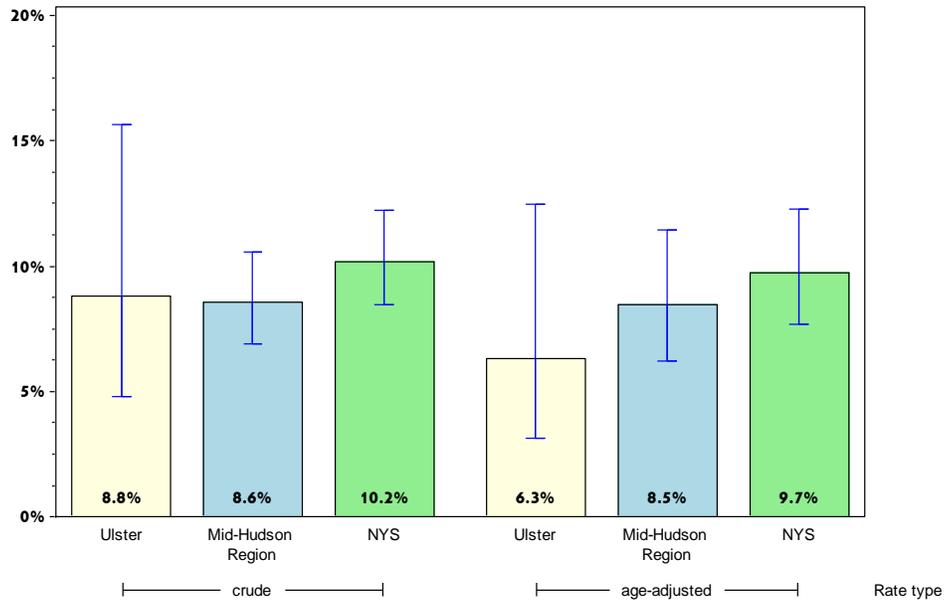
	Ulster County			Mid-Hudson		
	Est. # of Adults	**Percent**	**95% CI**	**Est. # of Adults**	**Percent**	**95% CI**
Total	6,050	8.8	(4.8-15.6)	66,257	8.6	(6.9-10.6)
Age						
18-24		#			#	
25-34		#			#	
35-44		#		8,782	9.1^	(3.7-20.7)
45-64		#		28,181	9.2	(6.8-12.3)
65+	2,184	9.0	(5.3-15.0)	21,893	8.7	(6.4-11.7)
Race						
White, NH	6,050	10.0	(5.4-17.5)	39,723	7.1	(5.6-8.8)
Black, NH		#		11,297	15.3^	(8.5-26.1)
Hispanic		#		6,859	7.7	(4.3-13.2)
Other, NH		#			#	
Sex						
male	3,431	10.8^	(4.1-25.6)	32,849	8.9	(6.3-12.4)
female	2,619	7.1	(3.7-13.0)	33,408	8.2	(6.3-10.7)
Age-adjusted&		6.3	(3.1-12.5)		8.5	(6.2-11.4)

* Courses for high blood pressure, arthritis, or diabetes.
& Percent is age-adjusted to the 2000 United States Population.
Rates with <10 in the numerator or <50 in the denominator are suppressed.
^ Highly variable rate (confidence interval with a half-width greater than 10).

*Percentage of adults with arthritis**
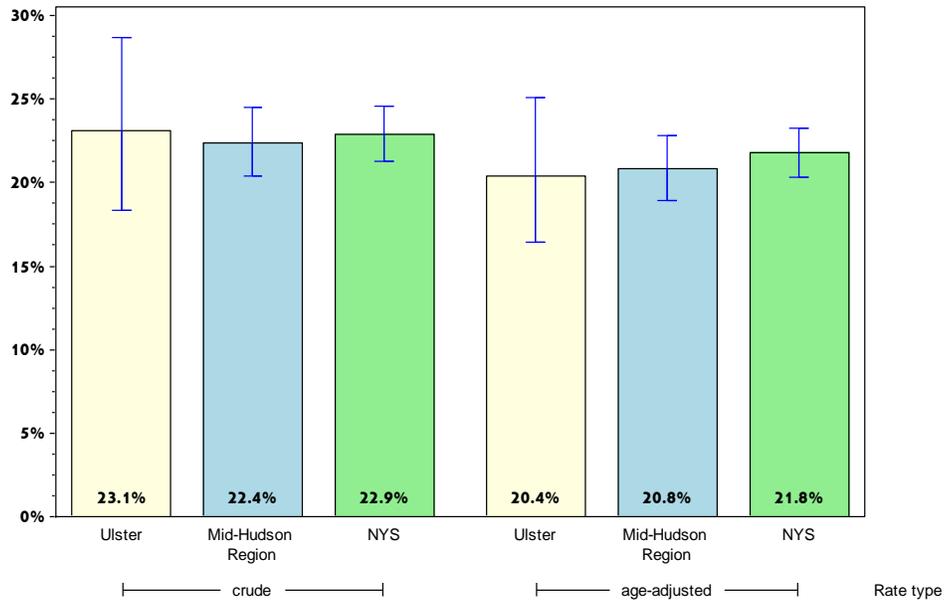
	Ulster County			Mid-Hudson		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	33,752	23.1	(18.3-28.7)	392,756	22.4	(20.4-24.5)
Age						
18-24		#			#	
25-34		#		23,161	9.2	(6.0-13.7)
35-44		#		42,145	13.9	(9.7-19.7)
45-64	15,105	27.8	(19.8-37.5)	161,955	25.8	(22.6-29.3)
65+	13,535	46.3	(37.4-55.5)	152,353	46.1	(40.9-51.4)
Race						
White, NH	31,500	27.8	(22.5-33.8)	308,405	25.9	(23.4-28.4)
Black, NH		#		32,099	22.3	(15.1-31.6)
Hispanic		#		39,612	14.8	(10.6-20.4)
Other, NH		#		12,641	8.4	(4.1-16.3)
Sex						
male	11,907	16.5	(10.9-24.2)	150,162	17.7	(15.1-20.5)
female	21,844	29.6	(22.5-37.9)	242,594	26.9	(23.9-30.0)
Age-adjusted&		20.4	(16.4-25.1)		20.8	(18.9-22.8)

* Includes rheumatoid arthritis, gout, lupus, or fibromyalgia.
& Percent is age-adjusted to the 2000 United States Population.
# Rates with <10 in the numerator or <50 in the denominator are suppressed.

Ulster

Promote a Healthy and Safe Environment

Percentage of adults who consider their neighborhood suitable for walking and physical activity

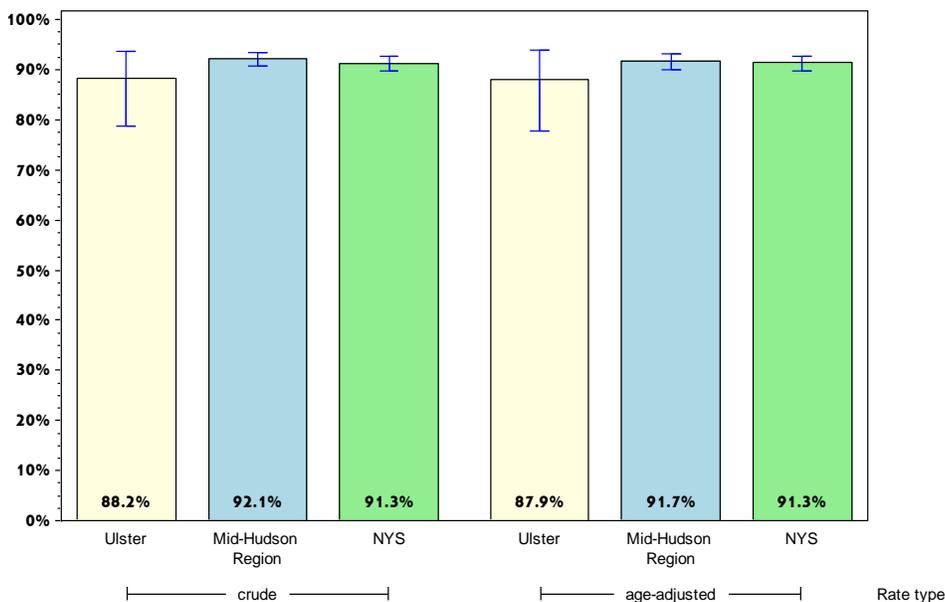|	Ulster County			Mid-Hudson		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	123,708	88.2	(78.8-93.7)	1,515,249	92.1	(90.6-93.4)
Age						
18-24		#		178,853	89.6	(81.8-94.3)
25-34		#		208,949	88.8	(83.8-92.4)
35-44		#		256,978	90.8	(86.0-94.1)
45-64	48,904	93.9	(87.4-97.1)	547,100	93.1	(91.1-94.6)
65+	25,726	88.9	(80.1-94.1)	301,481	95.1	(92.7-96.8)
Race						
White, NH	97,991	89.7	(81.9-94.4)	1,040,740	92.0	(90.3-93.5)
Black, NH		#		119,401	92.0	(82.5-96.5)
Hispanic		#		223,577	90.8	(86.2-94.0)
Other, NH		#		131,532	95.0	(89.1-97.8)
Sex						
male	58,215	85.3^	(66.3-94.5)	739,528	92.8	(90.5-94.6)
female	65,493	90.9	(84.9-94.6)	775,721	91.4	(89.3-93.1)
Age-adjusted&		87.9^	(77.7-93.8)		91.7	(90.0-93.1)

& Percent is age-adjusted to the 2000 United States Population.
# Rates with <10 in the numerator or <50 in the denominator are suppressed.
^ Highly variable rate (confidence interval with a half-width greater than 10).

Ulster

Promote a Health and Safe Environment

Percentage of adults aged 65+ years with at least one fall in the past 12 months
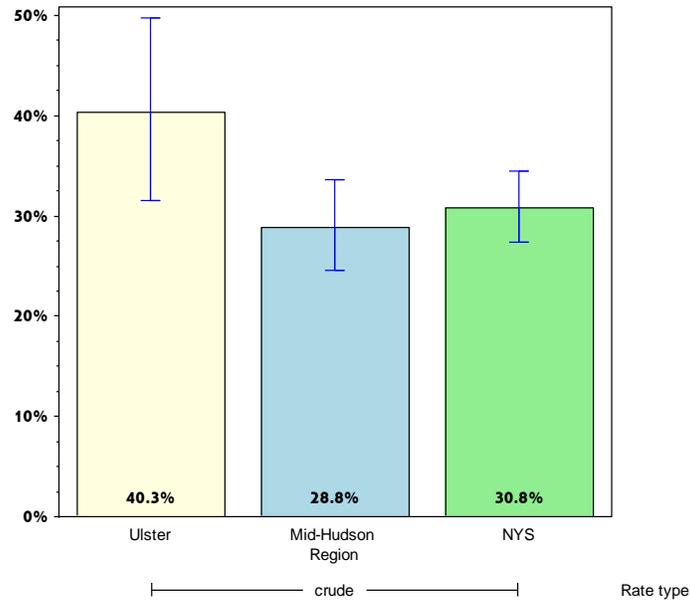
	Ulster County			Mid-Hudson		
	Est. # of Adults	**Percent**	**95% CI**	**Est. # of Adults**	**Percent**	**95% CI**
Total	11,642	40.3	(31.5-49.8)	92,763	28.8	(24.5-33.6)
Age[+]						
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH	10,742	39.4	(30.4-49.1)	78,574	30.9	(26.8-35.4)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male	6,108	42.4^	(29.6-56.4)	42,914	26.7	(20.8-33.4)
female	5,534	38.1^	(26.8-50.9)	49,849	31.0	(25.1-37.6)
Age-adjusted[+,&]						

& Percent is age-adjusted to the 2000 United States Population.
+ Age-adjusted and age specific percent not generated for health indicators with age range limits.
Rates with <10 in the numerator or <50 in the denominator are suppressed.
^ Highly variable rate (confidence interval with a half-width greater than 10).

Ulster

Promote a Health and Safe Environment

Among adults aged 65+ years with at least one fall in the past 12 months, percent that resulted in injury *
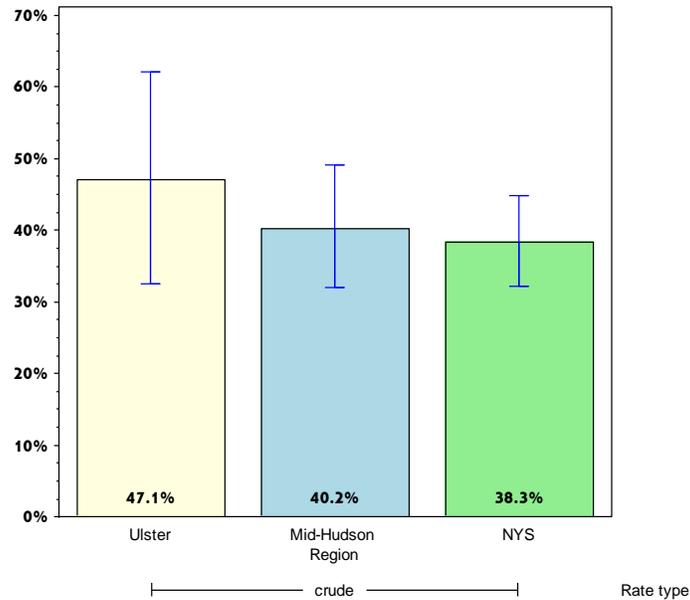
	Ulster County			Mid-Hudson		
	Est. # of Adults	**Percent**	**95% CI**	**Est. # of Adults**	**Percent**	**95% CI**
Total	5,486	47.1^	(32.6-62.2)	37,075	40.2	(32.0-49.0)
Age+						
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH	5,311	49.4^	(34.0-65.0)	31,264	40.1	(32.4-48.3)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male		#		15,850	37.2^	(26.8-48.9)
female		#		21,225	42.9^	(31.1-55.6)
Age-adjusted+,&						

* Falls that limited regular activities or lead to doctor visits.
& Percent is age-adjusted to the 2000 United States Population.
+ Age-adjusted and age specific percent not generated for health indicators with age range limits.
Rates with <10 in the numerator or <50 in the denominator are suppressed.
^ Highly variable rate (confidence interval with a half-width greater than 10).

Ulster

Prevent HIV/STDs, Vaccine Preventable Diseases and Healthcare-Associated Infections

Percentage of adults aged 47-68 years reporting ever tested for Hepatitis C (HCV)
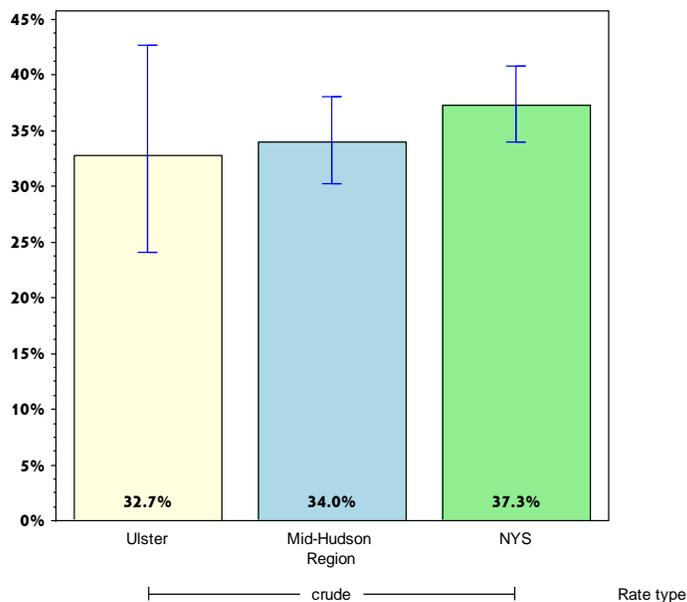
	Ulster County			Mid-Hudson		
	Est. # of Adults	**Percent**	**95% CI**	**Est. # of Adults**	**Percent**	**95% CI**
Total	14,156	32.7	(24.1-42.7)	182,322	34.0	(30.2-38.0)
Age$^+$						
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH	12,335	31.6^	(22.8-42.0)	129,928	33.3	(29.4-37.5)
Black, NH		#		20,470	47.9^	(32.1-64.1)
Hispanic		#		17,315	30.3^	(20.9-41.7)
Other, NH		#			#	
Sex						
male	7,908	39.2^	(25.2-55.2)	101,973	39.5	(33.7-45.6)
female	6,248	27.1^	(17.9-38.7)	80,348	28.9	(24.2-34.2)
Age-adjusted$^{+,\&}$						

& Percent is age-adjusted to the 2000 United States Population.
+ Age-adjusted and age specific percent not generated for health indicators with age range limits.
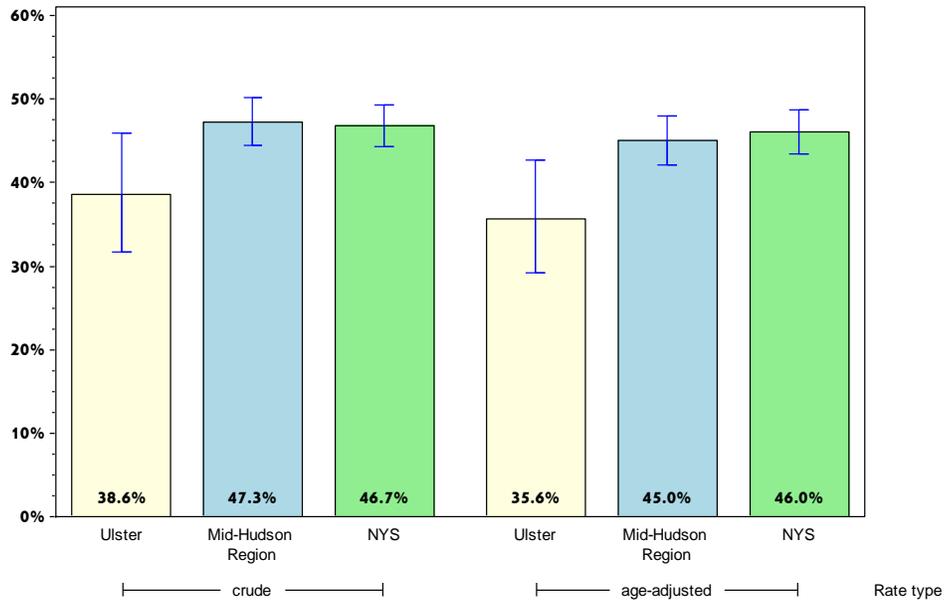# Rates with <10 in the numerator or <50 in the denominator are suppressed.
^ Highly variable rate (confidence interval with a half-width greater than 10).

Ulster

Prevent HIV/STDs, Vaccine Preventable Diseases and Healthcare-Associated Infections

*Percentage of adults aged 18+ years with flu immunization in the past year**

	Ulster County			Mid-Hudson		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	54,876	38.6	(31.7-45.9)	785,113	47.3	(44.5-50.1)
Age						
18-24		#		67,071	33.5^	(21.3-48.4)
25-34		#		70,650	30.0	(24.1-36.6)
35-44		#		103,925	36.5	(29.9-43.7)
45-64	19,028	35.3^	(26.4-45.3)	284,102	47.9	(43.8-52.0)
65+	21,365	73.6	(65.4-80.5)	245,927	75.9	(71.4-79.8)
Race						
White, NH	50,825	45.7	(38.8-52.9)	580,946	50.9	(47.6-54.1)
Black, NH		#		48,599	36.9^	(27.8-47.1)
Hispanic		#		81,517	32.9	(27.3-39.0)
Other, NH		#		74,051	53.4^	(39.5-66.8)
Sex						
male	26,064	37.1^	(26.9-48.7)	341,699	42.4	(38.6-46.2)
female	28,812	40.0	(31.2-49.4)	443,414	51.9	(47.8-56.1)
Age-adjusted&		35.6	(29.2-42.7)		45.0	(42.1-48.0)

* Includes flu shot or flu spray
& Percent is age-adjusted to the 2000 United States Population.
# Rates with <10 in the numerator or <50 in the denominator are suppressed.
^ Highly variable rate (confidence interval with a half-width greater than 10).

Ulster

Prevent HIV/STDs, Vaccine Preventable Diseases and Healthcare-Associated Infections

*Percentage of adults aged 65+ years with flu immunization in the past year**

	Ulster County			Mid-Hudson		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	21,365	73.6	(65.4-80.5)	245,927	75.9	(71.4-79.8)
Age[+]						
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH	20,334	74.2	(65.7-81.1)	191,919	75.0	(70.8-78.7)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male	10,078	69.4^	(56.8-79.7)	123,697	76.4	(70.0-81.8)
female	11,287	77.8^	(66.7-86.0)	122,230	75.4	(68.9-80.8)
Age-adjusted[+,&]						

* Includes flu shot or flu spray
& Percent is age-adjusted to the 2000 United States Population.
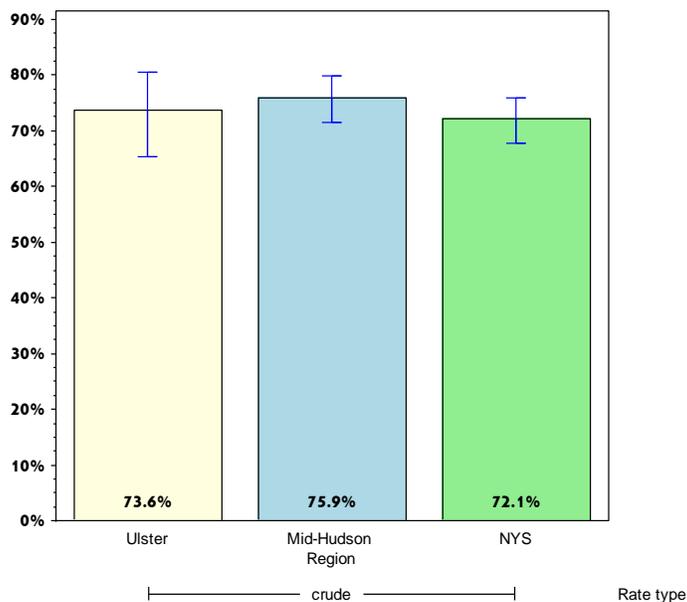+ Age-adjusted and age specific percent not generated for health indicators with age range limits.
Rates with <10 in the numerator or <50 in the denominator are suppressed.
^ Highly variable rate (confidence interval with a half-width greater than 10).

Ulster

Prevent HIV/STDs, Vaccine Preventable Diseases and Healthcare-Associated Infections

Percentage of adults aged 65+ years with pneumococcal immunization
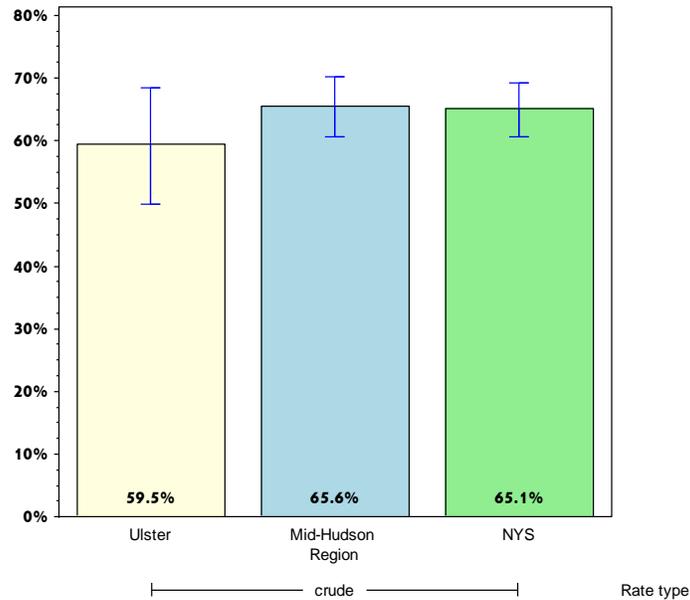
	Ulster County			Mid-Hudson		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	15,356	59.5	(49.9-68.4)	201,874	65.6	(60.6-70.2)
Age[+]						
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH	14,658	60.6	(50.6-69.7)	160,758	65.7	(61.2-70.0)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male	6,587	53.6^	(40.1-66.6)	96,066	63.4	(56.0-70.3)
female	8,769	64.8^	(51.2-76.4)	105,807	67.7	(60.8-73.9)
Age-adjusted[+,&]						

& Percent is age-adjusted to the 2000 United States Population.
+ Age-adjusted and age specific percent not generated for health indicators with age range limits.
# Rates with <10 in the numerator or <50 in the denominator are suppressed.
^ Highly variable rate (confidence interval with a half-width greater than 10).

Promote Healthy Women, Infants, and Children

Percentage of women aged 18-44 years who had dental visit within the last year
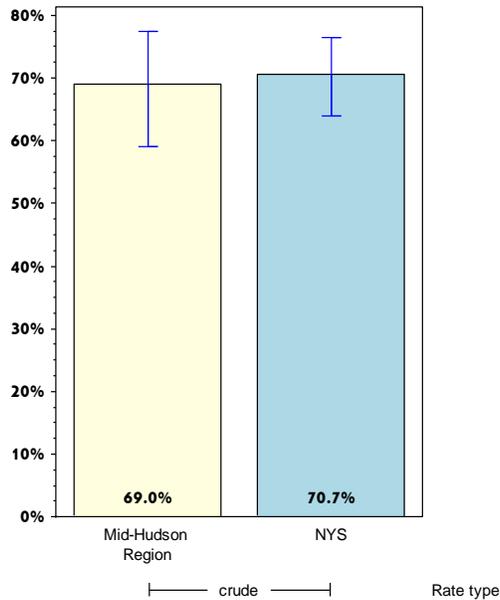
	Ulster County			Mid-Hudson		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total		#		239,158	69.0	(59.1-77.4)
Age[+]						
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH		#		166,583	74.4^	(59.9-84.9)
Black, NH		#			#	
Hispanic		#		35,664	54.9^	(39.1-69.8)
Other, NH		#			#	
Sex						
male		#			#	
female		#		239,158	69.0	(59.1-77.4)
Age-adjusted[+,&]						

& Percent is age-adjusted to the 2000 United States Population.
+ Age-adjusted and age specific percent not generated for health indicators with age range limits.
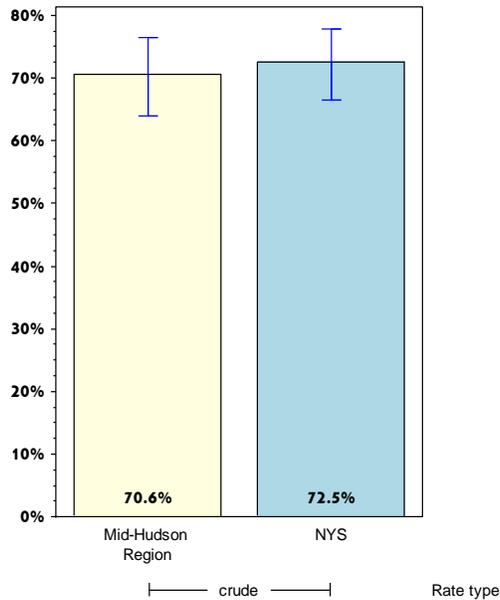# Rates with <10 in the numerator or <50 in the denominator are suppressed.
^ Highly variable rate (confidence interval with a half-width greater than 10).

Ulster

Promote Healthy Women, Infants, and Children

*Women aged 18-44 years who saw a doctor for a routine checkup within the last year*

	Ulster County			Mid-Hudson		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	#			274,898	70.6	(63.9-76.5)
Age[+]						
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH	#			184,761	75.1	(68.1-81.0)
Black, NH	#				#	
Hispanic	#			49,811	64.5^	(49.3-77.3)
Other, NH	#				#	
Sex						
male	#				#	
female	#			274,898	70.6	(63.9-76.5)
Age-adjusted[+,&]						

& Percent is age-adjusted to the 2000 United States Population.
+ Age-adjusted and age specific percent not generated for health indicators with age range limits.
# Rates with <10 in the numerator or <50 in the denominator are suppressed.
^ Highly variable rate (confidence interval with a half-width greater than 10).

Ulster

Promote Healthy Women, Infants, and Children
Percentage of women aged 18-64 years with health care coverage
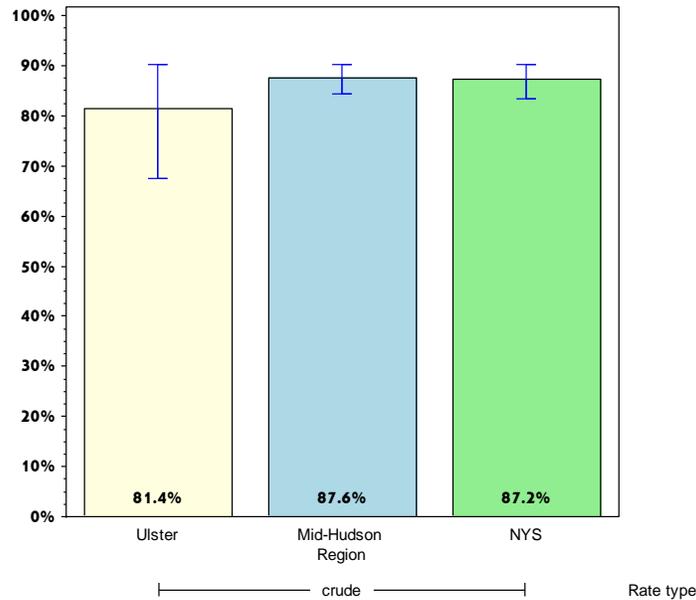
	Ulster County			Mid-Hudson		
	Est. # of Adults	**Percent**	**95% CI**	**Est. # of Adults**	**Percent**	**95% CI**
Total	47,931	81.4^	(67.5-90.2)	625,952	87.6	(84.3-90.3)
Age[+]						
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH	36,929	85.8^	(72.5-93.3)	444,204	92.0	(88.6-94.4)
Black, NH		#		47,362	84.1^	(69.6-92.5)
Hispanic		#		73,041	66.7^	(55.3-76.5)
Other, NH		#		61,345	93.6^	(77.8-98.4)
Sex						
male		#			#	
female	47,931	81.4^	(67.5-90.2)	625,952	87.6	(84.3-90.3)
Age-adjusted[+,&]						

& Percent is age-adjusted to the 2000 United States Population.
+ Age-adjusted and age specific percent not generated for health indicators with age range limits.
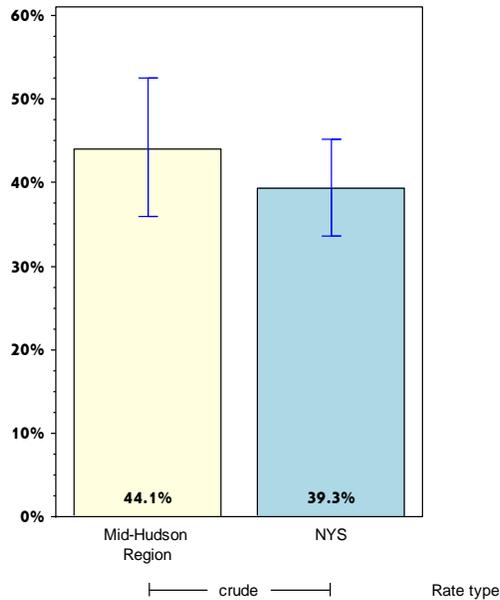# Rates with <10 in the numerator or <50 in the denominator are suppressed.
^ Highly variable rate (confidence interval with a half-width greater than 10).

Ulster

Promote Healthy Women, Infants, and Children

*Percentage of women aged 18-44 years whose health care provider discussed planning a healthy pregnancy*

	Ulster County			Mid-Hudson		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total		#		153,496	44.1	(35.9-52.5)
Age+						
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH		#		108,432	47.8^	(37.2-58.6)
Black, NH		#			#	
Hispanic		#		26,231	41.1^	(27.4-56.4)
Other, NH		#			#	
Sex						
male		#			#	
female		#		153,496	44.1	(35.9-52.5)
Age-adjusted+,&						

& Percent is age-adjusted to the 2000 United States Population.
+ Age-adjusted and age specific percent not generated for health indicators with age range limits.
# Rates with <10 in the numerator or <50 in the denominator are suppressed.
^ Highly variable rate (confidence interval with a half-width greater than 10).

Ulster

Promote Mental Health and Prevention Substance Abuse

Percentage of adults with poor mental health for 14 or more days in the last month
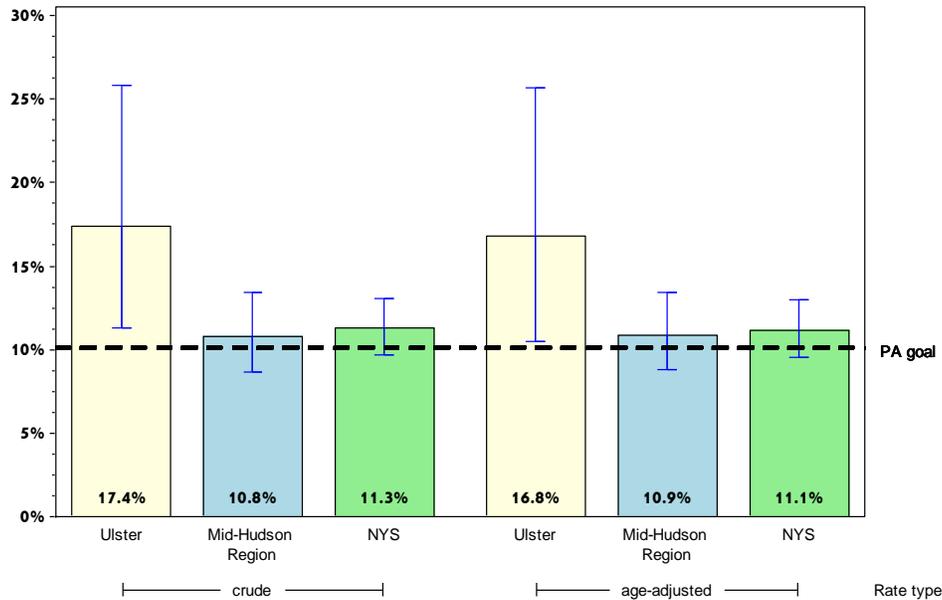
	Ulster County			Mid-Hudson		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	25,126	17.4	(11.3-25.8)	185,388	10.8	(8.6-13.4)
Age						
18-24		#		46,733	22.3^	(11.0-39.9)
25-34		#		19,988	8.2	(5.7-11.6)
35-44		#		31,122	10.5	(6.8-16.0)
45-64	12,015	22.2^	(13.3-34.7)	62,904	10.2	(8.3-12.4)
65+	3,151	11.1	(6.1-19.4)	22,310	6.9	(4.9-9.6)
Race						
White, NH	16,480	14.7	(10.0-21.1)	131,314	11.2	(8.4-14.7)
Black, NH		#		16,197	11.7	(6.2-21.0)
Hispanic		#		29,751	11.4	(7.8-16.2)
Other, NH		#			#	
Sex						
male	12,866	18.0^	(9.1-32.4)	79,572	9.6	(7.3-12.4)
female	12,261	16.8^	(9.9-27.1)	105,816	11.9	(8.6-16.4)
Age-adjusted&		16.8	(10.5-25.6)		10.9	(8.8-13.4)

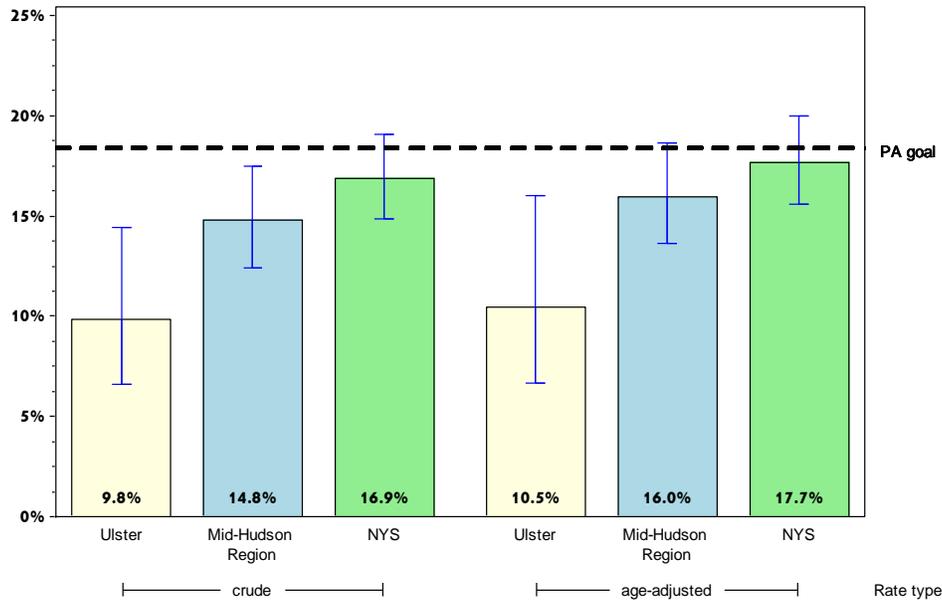& Percent is age-adjusted to the 2000 United States Population.
Rates with <10 in the numerator or <50 in the denominator are suppressed.
^ Highly variable rate (confidence interval with a half-width greater than 10).

Ulster

Promote Mental Health and Prevention Substance Abuse

Percentage of adult binge drinking during the past month*

	Ulster County			Mid-Hudson		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	13,898	9.8	(6.6-14.4)	243,431	14.8	(12.4-17.5)
Age						
18-24		#		67,414	34.0^	(21.6-49.0)
25-34		#		46,125	19.5	(15.0-25.0)
35-44		#		53,410	18.9	(13.7-25.4)
45-64	4,217	8.0	(4.6-13.5)	66,917	11.4	(9.3-14.0)
65+		#		8,774	2.7	(1.7-4.3)
Race						
White, NH	12,393	11.3	(7.5-16.6)	183,442	16.2	(13.2-19.9)
Black, NH		#		7,464	5.9	(3.1-10.9)
Hispanic		#		43,796	17.5	(12.7-23.7)
Other, NH		#		8,729	6.2	(2.8-12.8)
Sex						
male	9,961	14.5	(8.7-23.3)	155,554	19.7	(16.8-22.9)
female	3,937	5.4	(3.1-9.2)	87,877	10.3	(6.8-15.2)
Age-adjusted&		10.5	(6.7-16.0)		16.0	(13.6-18.6)

* Men who have five or more drinks , women having four or more drinks on one occasion
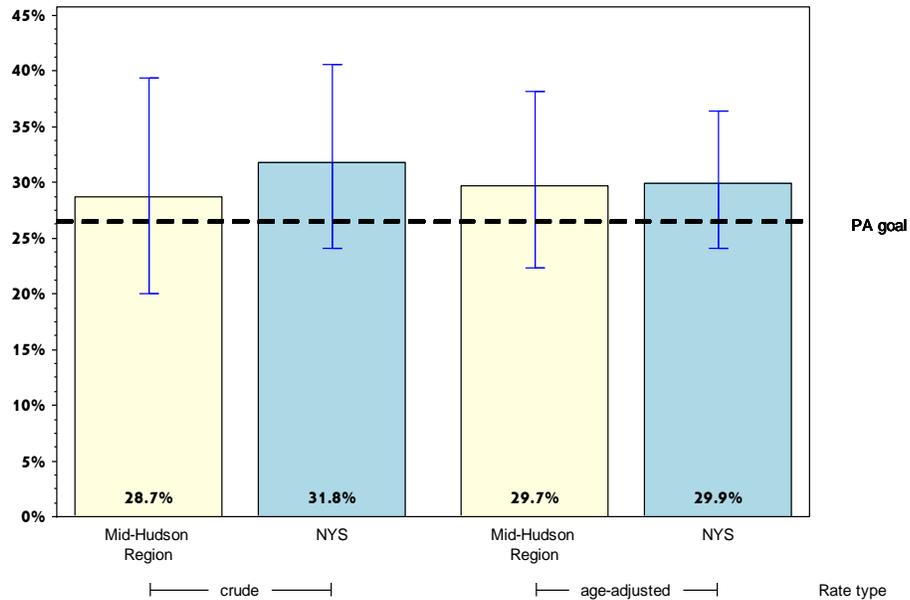& Percent is age-adjusted to the 2000 United States Population.
Rates with <10 in the numerator or <50 in the denominator are suppressed.
^ Highly variable rate (confidence interval with a half-width greater than 10).

Ulster

Promote Mental Health and Prevention Substance Abuse

Percentage of cigarette smoking among adults who report poor mental health

	Ulster County			Mid-Hudson		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total		#		51,755	28.7^	(20.0-39.4)
Age						
18-24		#			#	
25-34		#			#	
35-44		#			#	
45-64		#		19,510	31.2	(22.7-41.2)
65+		#			#	
Race						
White, NH		#		36,925	28.4^	(18.3-41.2)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male		#		33,440	44.0^	(30.0-59.0)
female		#		18,314	17.6	(10.9-27.2)
Age-adjusted&		#			29.7	(22.4-38.2)

& Percent is age-adjusted to the 2000 United States Population.
# Rates with <10 in the numerator or <50 in the denominator are suppressed.
^ Highly variable rate (confidence interval with a half-width greater than 10).