eBRFSS 2013-2014 Health Indicators: Rockland

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General Description

The New York State Expanded Behavioral Risk Factor Surveillance System 2013-2014 (2014 eBRFSS) was design to supplement the Center for Disease Control and Prevention (CDC) Behavioral Risk Factor Surveillance System (BRFSS), which is conducted annually in New York State. The purpose of the 2014 eBRFSS was to produce local information on key public health issues. Data for the project were collected from April 15, 2013 to May 10, 2014. The 2014 eBRFSS reached both households with landline telephones and households which only had cell phones. Like the annual BRFSS, New York State's 2014 eBRFSS was designed to be representative of the non-institutionalized adult household population, aged 18 years and older.

Reported Health Indicators

There are a total of 50 health indicators included in the report. The health indicators include 10 measures included in the New York State Department of Health's Prevention Agenda, NYS Health Innovation Plan (SHIP), Delivery System Reform Incentive Payment (DSRIP) Program, or the NYS Community Health Indicator Reports (CHIRS). An additional 40 important health indicators are also included. The indicators are organized by the Priority Area of the Prevention Agenda and are reported statewide, by region, and by county.

Data Collection Methodology, Sampling and Weighting

The data collection methods for the 2014 eBRFSS aligned with the CDC's standard annual BRFSS methods. The 2014 eBRFSS questionnaire used standard questions from the BRFSS. Survey interviews were conducted in both English and Spanish. There were 31,690 completed interviews.

The sampling plan for the eBRFSS was developed to result in valid health indicator estimates for New York City (NYC) and each of the 57 counties outside NYC. The sampling approach stratified landlines by county and implemented a disproportionate stratified sampling design that accounted for both listed-households and unlisted numbers. Cell phone households were accounted for through additional strata that covered contiguous groups of counties.

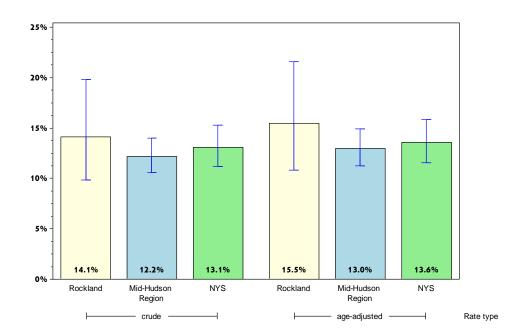
Data were weighted to represent the population using a methodology known as iterative proportional fitting (raking). Raking adjusted the data so that groups underrepresented in the sample were more accurately represented in the estimated rates. Raking also enabled surveys conducted by cell phone to be included in the weighting and to accurately match sample distributions of specified demographic characteristics of the population. The raking categories included in the eBRFSS were: age, gender, race/ethnicity, education, marital status, owner/renter status, telephone usage (i.e. landline and cell phone combinations), and county of residence.

Limitations of Data Use:

During data analysis, criteria were applied to suppress rates based on too few surveys to be reliable and to identify rates that are highly variable. Rates in which less than 10 respondents were in the numerator or less than 50 respondents were in the denominator were considered unreliable and suppressed from reporting. Rates considered to have high variability due to having confidence limits greater than ±10% are noted.

Improve Health Status and Reduce Health Disparities

Percentage of adults who did not receive medical care because of cost*



	Ro	ckland Cou	inty	Mid-Hudson			
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI	
Total	32,443	14.1	(9.8-19.8)	213,559	12.2	(10.6-14.0)	
Age							
18-24		#		24,867	11.5	(7.1-18.1)	
25-34	5,382	15.8^	(8.1-28.6)	61,074	24.2	(18.8-30.5)	
35-44	10,913	29.4^	(14.5-50.6)	39,130	13.1	(9.3-18.1)	
45-64	7,711	10.0	(5.6-17.2)	77,812	12.4	(9.9-15.4)	
65+	3,787	8.4	(3.4-19.0)	9,983	3.0	(1.9-4.7)	
Race							
White, NH	9,438	6.2	(3.9-9.7)	103,329	8.6	(7.2-10.4)	
Black, NH		#		26,096	18.1	(11.5-27.3)	
Hispanic	9,488	24.0^	(14.4-37.1)	66,211	24.8	(19.6-30.8)	
Other, NH		#		17,924	12.2	(6.3-22.5)	
Sex							
male	16,926	15.3	(9.0-24.7)	96,035	11.3	(9.2-13.8)	
female	15,517	13.0	(8.0-20.6)	117,524	13.0	(10.7-15.7)	
e-adjusted ^{&}		15.5	(10.8-21.6)		13.0	(11.3-14.9)	

^{*} Among people needing to see a doctor in the past 12 months

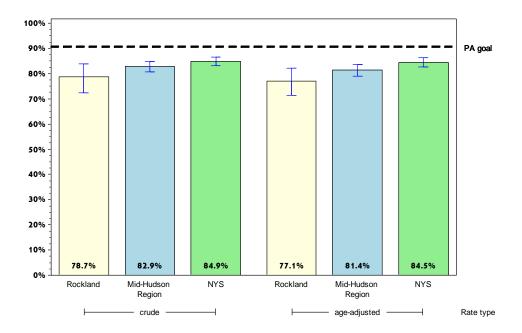
[&]amp; Percent is age-adjusted to the 2000 United States Population.

[#] Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Improve Health Status and Reduce Health Disparities

Percentage of adults who have a regular health care provider



	Rockland County			Mid-Hudson		
_	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total Age	179,717	78.7	(72.3-83.9)	1,451,055	82.9	(80.7-84.8)
18-24		#		152,841	71.5	(61.4-79.9)
25-34	19,149	56.4	(41.0-70.6)	165,892	65.9	(59.4-71.9)
35-44	29,658	80.0^	(67.1-88.7)	241,482	80.1	(74.3-84.9)
45-64	67,477	87.7	(79.8-92.8)	551,367	88.0	(84.6-90.7)
65+	42,377	94.3^	(82.4-98.3)	316,008	95.3	(93.1-96.8)
Race						
White, NH	127,755	84.6	(78.5-89.2)	1,040,292	87.1	(85.0-88.9)
Black, NH		#		115,973	80.8^	(69.9-88.4)
Hispanic	24,414	62.6^	(48.0-75.2)	170,342	64.2	(57.6-70.3)
Other, NH		#		124,448	84.5	(72.0-92.0)
Sex						
male	79,020	71.7	(60.7-80.6)	644,852	76.2	(72.7-79.4)
female	100,697	85.2	(78.6-90.1)	806,202	89.1	(86.6-91.2)
Age-adjusted ^{&}		77.1	(71.3-82.0)		81.4	(79.0-83.5)

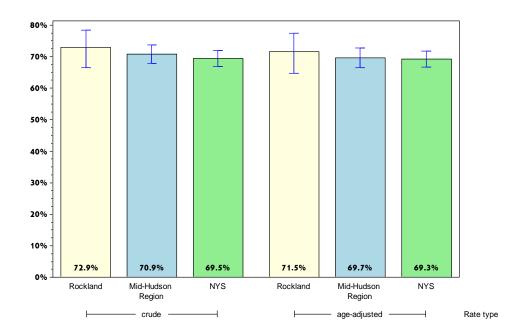
[&]amp; Percent is age-adjusted to the 2000 United States Population.

[#] Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Improve Health Status and Reduce Health Disparities

Percentage of adults who had a dentist visit within the past year



	Rockland County			Mid-Hudson		
_	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	153,321	72.9	(66.5-78.4)	1,139,691	70.9	(67.9-73.7)
Age						
18-24		#		131,816	67.8	(52.3-80.1)
25-34	21,080	69.8^	(51.3-83.6)	136,576	60.4	(52.4-67.8)
35-44	18,563	56.8	(37.8-74.1)	183,147	67.0	(59.6-73.7)
45-64	56,706	75.6	(66.3-83.0)	443,396	76.3	(72.7-79.6)
65+	31,519	76.9 [^]	(66.6-84.8)	226,410	72.9	(68.0-77.4)
Race						
White, NH	108,629	77.6	(71.1-83.0)	823,255	73.9	(70.4-77.1)
Black, NH		#		87,005	71.4^	(60.9-80.0)
Hispanic	20,969	60.1	(45.5-73.1)	148,094	61.7	(54.5-68.4)
Other, NH		#		81,338	61.4^	(46.7-74.2)
Sex						
male	66,732	66.3	(55.6-75.6)	535,676	67.9	(64.1-71.4)
female	86,588	78.8	(71.5-84.6)	604,015	73.7	(68.9-78.0)
Age-adjusted ^{&}		71.5	(64.8-77.4)		69.7	(66.5-72.7)

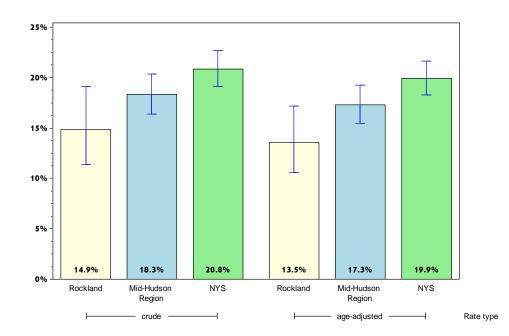
[&]amp; Percent is age-adjusted to the 2000 United States Population.

[#] Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Improve Health Status and Reduce Health Disparities

Percentage of adults living with a disability*



	Rockland County			Mid-Hudson		
_	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	33,786	14.9	(11.4-19.2)	316,204	18.3	(16.4-20.4)
Age						
18-24		#		20,509	9.8	(4.5-20.4)
25-34		#		26,979	10.9	(8.0-14.8)
35-44		#		31,573	10.6	(7.3-15.1)
45-64	11,593	15.0	(9.8-22.2)	115,741	18.7	(16.0-21.7)
65+	17,009	37.6 [^]	(27.0-49.5)	118,713	35.9	(30.8-41.4)
Race						
White, NH	25,567	17.2	(12.9-22.5)	236,848	20.1	(17.8-22.6)
Black, NH		#		34,013	24.6^	(16.3-35.2)
Hispanic	5,061	12.8	(6.2-24.7)	33,088	12.5	(9.4-16.6)
Other, NH		#		12,256	8.4	(3.4-18.9)
Sex						
male	12,239	11.1	(7.0-17.2)	148,029	17.7	(14.9-20.8)
female	21,547	18.4	(13.3-24.8)	168,176	18.9	(16.3-21.7)
Age-adjusted ^{&}		13.5	(10.6-17.2)		17.3	(15.5-19.3)

^{*} Limited activities (physical, mental, or emotional problems); need of special equipment (e.g. cane, wheel chair).

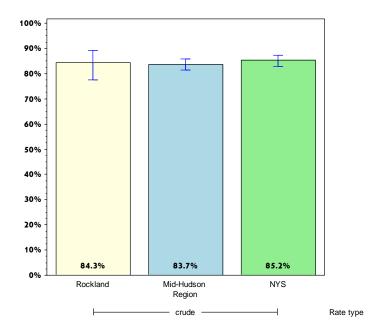
[&]amp; Percent is age-adjusted to the 2000 United States Population.

[#] Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Improve Health Status and Reduce Health Disparities

Percentage of adults aged 18-64 years with healthcare coverage



	Rockland County			Mid-Hudson		
_	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	151,009	84.3	(77.5-89.3)	1,163,325	83.7	(81.3-85.8)
Age⁺						
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH	106,139	95.6	(92.6-97.4)	824,649	91.2	(89.0-93.0)
Black, NH		#		96,166	80.2	(70.4-87.3)
Hispanic	21,515	58.6	(43.8-72.0)	144,031	57.3	(50.2-64.1)
Other, NH		#		98,479	85.7	(72.5-93.2)
Sex						
male	70,122	79.6^	(68.1-87.7)	537,373	79.5	(75.9-82.8)
female	80,887	88.8	(80.4-93.9)	625,952	87.6	(84.3-90.3)
Age-adjusted+,&						

[&]amp; Percent is age-adjusted to the 2000 United States Population.

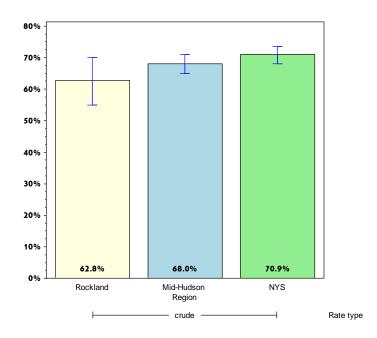
⁺ Age-adjusted and age specific percent not generated for health indicators with age range limits.

[#] Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Improve Health Status and Reduce Health Disparities

Percentage of adults aged 18-64 years who saw a doctor for a routine checkup within the last year



	Rockland County			Mid-Hudson		
_	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total Age ⁺ 18-24	111,899	62.8	(55.0-70.0)	946,537	68.0	(65.0-70.9)
25-34 35-44 45-64 65+						
Race						
White, NH Black, NH	71,201	64.3 #	(56.2-71.7)	633,497 86,583	69.9 72.1 [^]	(66.5-73.1) (59.9-81.8)
Hispanic Other, NH Sex	25,946	72.5 [^] #	(59.4-82.5)	155,522 70,935	62.6 60.8 [^]	(55.4-69.2) (45.1-74.5)
male female	49,029 62,870	56.6 [^] 68.7	(44.1-68.3) (60.0-76.3)	416,747 529,790	61.6 74.1	(57.2-65.8) (69.9-77.9)
Age-adjusted+,&						

[&]amp; Percent is age-adjusted to the 2000 United States Population.

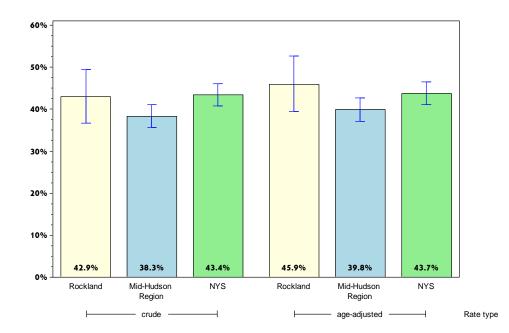
⁺ Age-adjusted and age specific percent not generated for health indicators with age range limits.

[#] Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Improve Health Status and Reduce Health Disparities

Percentage of adults experiencing housing insecurity in the past 12 months*



	Rockland County			Mid-Hudson		
_	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	87,883	42.9	(36.7-49.4)	602,090	38.3	(35.7-41.1)
Age						
18-24		#		47,801	27.1	(18.1-38.6)
25-34	16,421	54.0^	(37.8-69.4)	120,409	53.6	(46.0-61.0)
35-44	19,692	61.0^	(45.0-75.0)	138,372	51.7	(44.2-59.1)
45-64	27,987	37.1	(28.6-46.5)	228,594	39.5	(35.6-43.5)
65+	11,706	28.6	(18.8-40.8)	60,912	20.1	(16.7-23.9)
Race						
White, NH	45,018	32.3	(26.0-39.2)	356,007	32.7	(29.9-35.6)
Black, NH		#		65,977	55.1	(44.2-65.5)
Hispanic	20,553	57.7	(44.0-70.3)	140,652	58.4	(51.5-64.9)
Other, NH		#		39,454	32.6^	(21.6-45.8)
Sex						
male	47,031	47.2	(37.0-57.6)	269,919	35.7	(32.0-39.6)
female	40,853	38.9	(31.8-46.5)	332,171	40.8	(36.9-44.8)
Age-adjusted ^{&}		45.9	(39.4-52.6)		39.8	(37.1-42.7)

^{*} Worried or stressed about having enough money to pay for rent or mortgage.

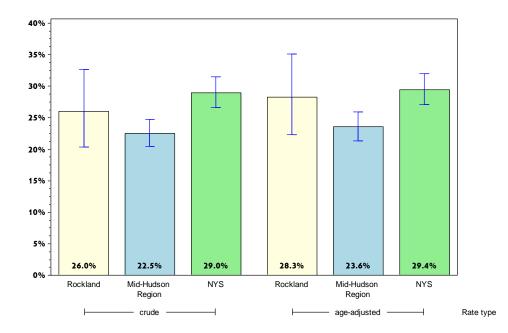
[&]amp; Percent is age-adjusted to the 2000 United States Population.

[#] Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Improve Health Status and Reduce Health Disparities

Percentage of adults experiencing food insecurity in the past 12 months*



	Rockland County			Mid-Hudson		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	57,299	26.0	(20.3-32.7)	373,183	22.5	(20.4-24.7)
Age						
18-24		#		37,365	18.6	(12.3-27.1)
25-34	11,007	35.4	(21.7-52.1)	79,141	33.6	(27.4-40.5)
35-44	15,078	42.3	(26.5-59.7)	77,591	27.4	(21.7-33.9)
45-64	15,207	19.9	(13.1-29.0)	144,699	24.5	(21.2-28.1)
65+	4,723	10.7	(4.9-21.8)	32,669	10.1	(7.6-13.4)
Race						
White, NH	24,100	16.6	(12.1-22.4)	203,220	17.9	(15.9-20.0)
Black, NH		#		45,801	34.7	(24.9-46.1)
Hispanic	16,736	45.6	(32.7-59.0)	101,414	40.9	(34.4-47.7)
Other, NH		#		22,749	16.3^	(9.2-27.3)
Sex						
male	29,578	28.1	(18.6-40.0)	170,155	21.2	(18.1-24.6)
female	27,721	24.1	(18.3-31.2)	203,028	23.8	(20.9-26.9)
Age-adjusted ^{&}		28.3	(22.3-35.1)		23.6	(21.3-26.0)

^{*} Worried or stressed about having enough money to buy nutritious meals.

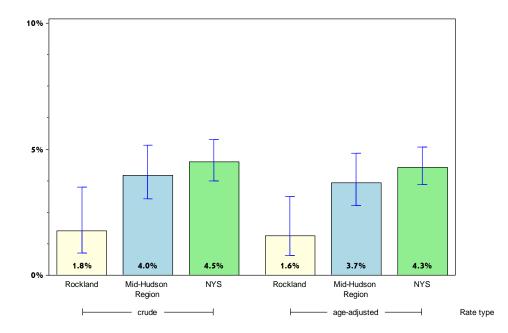
[&]amp; Percent is age-adjusted to the 2000 United States Population.

[#] Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Improve Health Status and Reduce Health Disparities

Percentage of adults with poor self-reported health



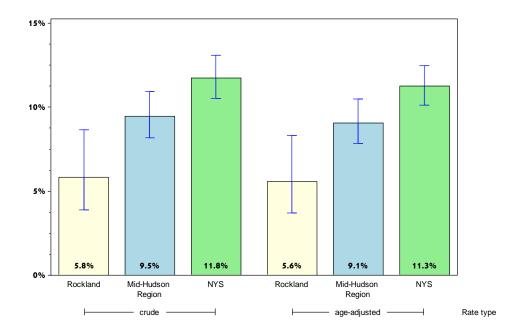
	Rockland County			Mid-Hudson		
_	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	4,030	1.8	(0.9-3.5)	68,725	4.0	(3.0-5.2)
Age						
18-24		#			#	
25-34		#			#	
35-44		#			#	
45-64		#		33,526	5.4	(4.0-7.3)
65+		#		20,130	6.1	(4.0-9.2)
Race						
White, NH	2,088	1.4	(0.7-2.7)	50,681	4.3	(3.1-5.9)
Black, NH		#		6,815	4.8	(2.6-8.8)
Hispanic		#		10,516	4.0	(2.3-6.9)
Other, NH		#			#	
Sex						
male		#		38,582	4.6	(3.0-6.9)
female	3,539	3.0	(1.4-6.3)	30,143	3.4	(2.5-4.5)
Age-adjusted ^{&}		1.6	(0.8-3.1)		3.7	(2.8-4.8)

[&]amp; Percent is age-adjusted to the 2000 United States Population.

[#] Rates with <10 in the numerator or <50 in the denominator are suppressed.

Improve Health Status and Reduce Health Disparities

Percentage of adults who report 14 or more days of poor physical health*



	Rockland County			1	Mid-Hudso	on
_	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	13,225	5.8	(3.9-8.7)	162,326	9.5	(8.2-10.9)
Age						
18-24		#			#	
25-34		#		15,549	6.2	(4.0-9.6)
35-44		#		18,750	6.4	(4.3-9.5)
45-64	4,667	6.1	(2.9-12.3)	67,042	10.9	(8.9-13.2)
65+	5,017	11.2	(6.0-19.8)	53,182	16.6	(12.9-21.1)
Race						
White, NH	10,245	6.9	(4.4-10.5)	118,834	10.1	(8.6-12.0)
Black, NH		#		12,030	8.5	(4.7-14.8)
Hispanic		#		27,070	10.6	(7.6-14.6)
Other, NH		#			#	
Sex						
male	3,731	3.4	(1.9-6.3)	73,642	8.8	(7.2-10.8)
female	9,494	8.0	(4.8-13.0)	88,684	10.0	(8.2-12.3)
Age-adjusted ^{&}		5.6	(3.7-8.3)		9.1	(7.8-10.5)

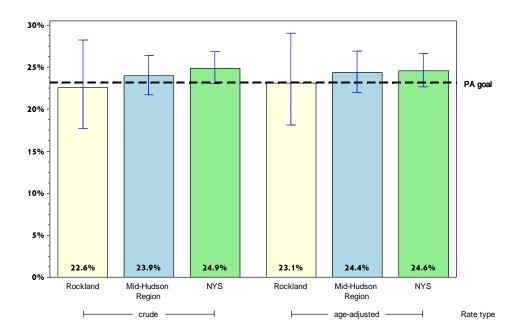
^{*} Out of the past 30 days.

[&]amp; Percent is age-adjusted to the 2000 United States Population.

[#] Rates with <10 in the numerator or <50 in the denominator are suppressed.

Rockland Prevent Chronic Diseases

Percentage of adults who are obese*



	Rockland County			Mid-Hudson		
_	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	47,339	22.6	(17.7-28.3)	394,367	23.9	(21.7-26.4)
Age						
18-24		#		27,624	13.3	(7.9-21.5)
25-34	9,937	35.9^	(20.6-54.9)	54,511	23.8	(18.3-30.3)
35-44	5,794	18.0^	(9.7-30.8)	81,440	30.5	(24.1-37.7)
45-64	18,116	24.4	(17.6-32.9)	162,725	26.9	(23.2-30.8)
65+	9,558	21.9^	(13.3-34.0)	67,255	21.1	(17.5-25.3)
Race						
White, NH	30,318	22.4	(17.1-28.9)	255,550	22.7	(20.3-25.4)
Black, NH		#		52,966	38.1	(28.5-48.7)
Hispanic	12,944	35.2	(21.9-51.2)	75,211	30.9	(24.5-38.1)
Other, NH		#		10,640	7.6	(3.5-15.6)
Sex						
male	27,625	25.5	(18.0-34.7)	215,927	26.1	(22.9-29.6)
female	19,714	19.4	(13.9-26.4)	178,440	21.8	(18.7-25.2)
Age-adjusted ^{&}		23.1	(18.1-29.0)		24.4	(22.0-26.9)

^{*} Obesity defined as a Body Mass Index (BMI) >=30. BMI is calculated based on weight and height.

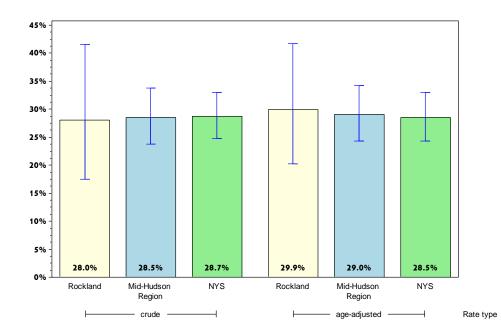
[&]amp; Percent is age-adjusted to the 2000 United States Population.

[#] Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Prevent Chronic Diseases

Percentage of adults with an annual household income less than \$25,000 who are obese*



	Ro	ckland Cou	nty	Mid-Hudson		
_	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	10,091	28.0^	(17.5-41.6)	87,170	28.5	(23.8-33.8)
Age						
18-24		#		6,365	16.0^	(8.8-27.4)
25-34		#		22,492	34.8^	(23.0-48.7)
35-44		#		16,901	28.8^	(17.0-44.4)
45-64		#		30,816	37.0	(28.5-46.4)
65+		#		10,596	18.8	(13.0-26.5)
Race						
White, NH	3,984	24.3	(11.5-44.4)	41,272	27.3	(21.8-33.7)
Black, NH		#		12,594	34.1	(19.9-51.9)
Hispanic		#		30,888	29.6^	(20.6-40.6)
Other, NH		#			#	
Sex						
male		#		34,047	25.1	(18.9-32.5)
female	7,356	33.2	(18.4-52.2)	53,123	31.2	(24.5-38.9)
Age-adjusted ^{&}		29.9^	(20.3-41.7)		29.0	(24.3-34.2)

^{*} Obesity defined as a Body Mass Index (BMI) >=30. BMI is calculated based on weight and height.

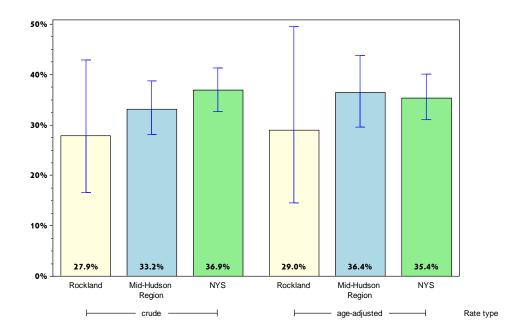
[&]amp; Percent is age-adjusted to the 2000 United States Population.

[#] Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Prevent Chronic Diseases

Percentage of adults living with a disability who are obese*



	Ro	ckland Cou	nty	Mid-Hudson		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	8,885	27.9^	(16.7-42.9)	100,917	33.2	(28.1-38.7)
Age						
18-24		#			#	
25-34		#		9,015	34.7	(20.5-52.1)
35-44		#			#	
45-64		#		45,176	40.6	(33.0-48.8)
65+		#		26,632	23.1	(17.2-30.4)
Race						
White, NH	6,802	28.8	(16.0-46.2)	68,712	30.3	(25.1-36.1)
Black, NH		#			#	
Hispanic		#		12,074	36.6	(23.8-51.7)
Other, NH		#			#	
Sex						
male		#		48,667	33.2	(25.6-41.8)
female	5,673	28.9^	(15.1-48.3)	52,250	33.2	(26.7-40.4)
Age-adjusted ^{&}		29.0^	(14.5-49.5)		36.4	(29.6-43.7)

^{*} Obesity defined as a Body Mass Index (BMI) >=30. BMI is calculated based on weight and height. Limited activities (physical, mental, or emotional problems); need of special equipment (e.g. cane, wheel chair).

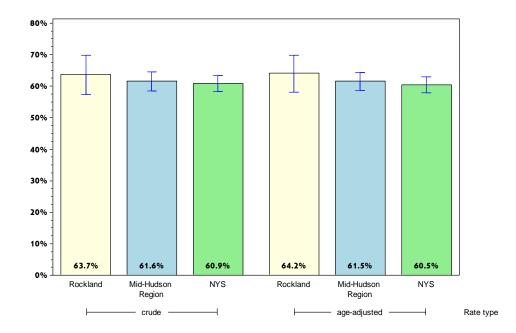
[&]amp; Percent is age-adjusted to the 2000 United States Population.

[#] Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Prevent Chronic Diseases

Percentage of adults overweight or obese*



	Ro	ckland Cou	inty	Mid-Hudson		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	133,719	63.7	(57.2-69.7)	1,013,509	61.6	(58.6-64.4)
Age						
18-24		#		78,608	37.8	(27.7-49.0)
25-34	19,944	72.1	(57.2-83.4)	134,836	58.9	(51.3-66.2)
35-44	22,026	68.4	(52.2-81.1)	182,614	68.3	(61.9-74.2)
45-64	50,342	67.8	(58.9-75.6)	416,662	68.8	(64.9-72.4)
65+	29,238	67.0 [^]	(56.3-76.2)	193,474	60.7	(55.0-66.2)
Race						
White, NH	82,958	61.4	(54.7-67.6)	654,729	58.3	(54.8-61.7)
Black, NH		#		98,751	71.0^	(60.2-79.9)
Hispanic	27,863	75.7	(61.7-85.8)	181,418	74.5	(68.3-79.8)
Other, NH		#		78,610	55.9^	(41.8-69.1)
Sex						
male	82,947	76.5	(65.8-84.7)	594,678	71.9	(68.1-75.4)
female	50,772	50.0	(42.1-58.0)	418,831	51.1	(46.8-55.4)
Age-adjusted ^{&}		64.2	(58.1-69.9)		61.5	(58.7-64.3)

^{*} Defined as a Body Mass Index (BMI) >=25. BMI is calculated based on weight and height.

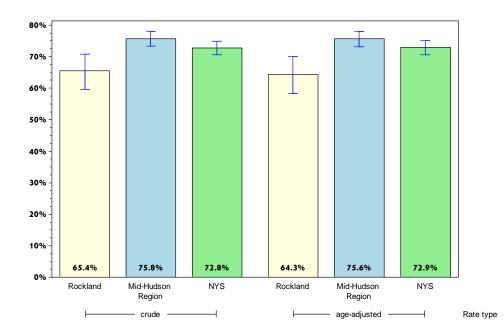
[&]amp; Percent is age-adjusted to the 2000 United States Population.

[#] Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Prevent Chronic Diseases

Percentage of adults who participated in leisure time physical activity in the past 30 days*



	Ro	ckland Cou	nty	Mid-Hudson		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	145,013	65.4	(59.6-70.9)	1,271,442	75.8	(73.3-78.0)
Age						
18-24		#		175,327	86.7	(79.0-91.8)
25-34	15,678	49.2	(33.7-64.9)	173,350	72.0	(65.5-77.7)
35-44	22,101	60.7	(45.2-74.3)	217,887	75.1	(67.5-81.4)
45-64	59,123	77.1	(68.4-83.9)	461,861	77.3	(73.6-80.7)
65+	23,594	53.9	(42.3-65.1)	222,803	68.7	(63.9-73.1)
Race						
White, NH	97,994	67.1	(60.5-73.1)	896,103	78.1	(75.4-80.5)
Black, NH		#		91,903	69.6	(59.5-78.1)
Hispanic	19,931	54.3	(40.6-67.3)	167,526	65.4	(58.5-71.7)
Other, NH		#		115,910	81.7^	(68.5-90.1)
Sex						
male	73,657	69.4	(60.6-76.9)	624,724	76.8	(73.5-79.8)
female	71,355	61.8	(54.0-69.0)	646,717	74.8	(71.2-78.1)
Age-adjusted ^{&}		64.3	(58.3-69.9)		75.6	(73.1-78.0)

^{*} Any physical activities or exercises such as running or walking

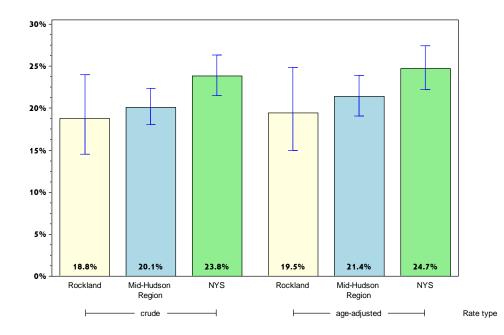
[&]amp; Percent is age-adjusted to the 2000 United States Population.

[#] Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Prevent Chronic Diseases

Percentage of adults who consume one or more sugary drinks daily*



	Ro	ckland Cou	inty	Mid-Hudson		
_	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	40,296	18.8	(14.5-24.0)	328,184	20.1	(18.0-22.4)
Age						
18-24		#		59,915	30.5	(21.4-41.5)
25-34	10,007	32.1	(19.0-48.6)	72,301	31.4	(25.3-38.1)
35-44	5,474	16.4	(8.8-28.5)	66,352	23.7	(18.1-30.4)
45-64	13,354	17.8	(11.4-26.7)	91,651	15.7	(12.9-18.8)
65+	5,124	12.3	(6.1-23.3)	34,297	10.9	(8.2-14.4)
Race						
White, NH	21,843	15.2	(10.8-21.1)	179,864	16.0	(13.8-18.4)
Black, NH		#		44,636	35.8^	(26.3-46.5)
Hispanic	11,674	32.8	(21.2-46.9)	83,157	34.3	(28.1-41.2)
Other, NH		#		20,526	15.1^	(8.3-25.9)
Sex						
male	22,277	21.8	(15.1-30.5)	201,838	25.5	(22.3-29.1)
female	18,019	16.0	(11.1-22.6)	126,346	15.0	(12.5-18.0)
Age-adjusted ^{&}		19.5	(15.0-24.8)		21.4	(19.1-23.9)

^{*} Sugary drinks include regular soda, and sugar-sweetened drinks.

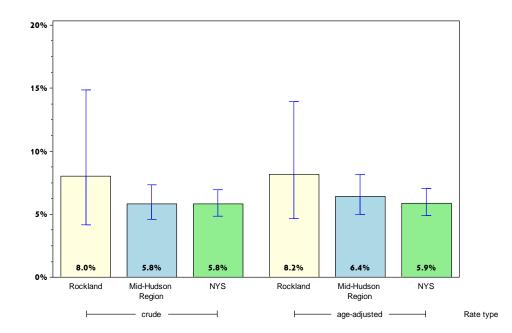
[&]amp; Percent is age-adjusted to the 2000 United States Population.

[#] Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Prevent Chronic Diseases

Percentage of adults who consume fast-food three or more times per week



	Ro	ckland Cou	nty	Mid-Hudson		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	16,841	8.0	(4.2-14.9)	94,313	5.8	(4.6-7.3)
Age						
18-24		#		18,550	9.4	(4.8-17.6)
25-34		#		22,619	9.8	(6.4-14.6)
35-44		#		25,563	9.2	(5.4-15.3)
45-64	5,461	7.4	(3.4-15.5)	22,019	3.8	(2.6-5.4)
65+		#		4,862	1.6	(0.8-3.1)
Race						
White, NH	5,412	3.8	(1.9-7.3)	47,954	4.3	(3.3-5.5)
Black, NH		#		17,766	14.1^	(6.6-27.5)
Hispanic		#		23,510	9.8	(6.2-15.2)
Other, NH		#			#	
Sex						
male	14,542	14.4	(7.0-27.2)	75,751	9.6	(7.3-12.6)
female		#		18,562	2.2	(1.6-3.1)
Age-adjusted ^{&}		8.2	(4.7-13.9)		6.4	(5.0-8.2)

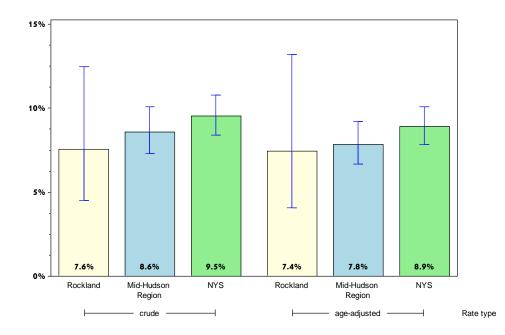
[&]amp; Percent is age-adjusted to the 2000 United States Population.

[#] Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Prevent Chronic Diseases

Percentage of adults with physician diagnosed diabetes*



	Ro	ckland Cou	inty	Mid-Hudson		
_	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	17,374	7.6	(4.5-12.5)	150,887	8.6	(7.3-10.1)
Age						
18-24		#			#	
25-34		#			#	
35-44		#		14,160	4.7	(2.4-9.1)
45-64	3,807	4.9	(2.5-9.3)	62,032	9.9	(7.7-12.6)
65+	9,152	20.2	(11.9-32.2)	68,925	20.7	(16.7-25.4)
Race						
White, NH	9,587	6.3	(4.0-9.9)	89,474	7.5	(6.2-8.9)
Black, NH		#		19,890	13.7	(8.9-20.7)
Hispanic		#		17,031	6.4	(4.0-9.9)
Other, NH		#		24,492	16.3	(9.0-27.9)
Sex						
male	11,389	10.3	(5.0-20.2)	88,046	10.3	(8.2-12.9)
female	5,985	5.0	(2.8-8.8)	62,840	6.9	(5.5-8.7)
Age-adjusted ^{&}		7.4	(4.1-13.2)		7.8	(6.7-9.2)

^{*} As diagnosed by a health professional.

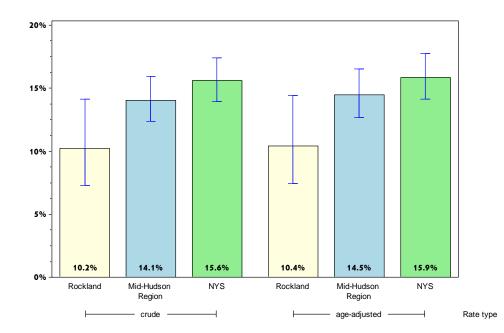
[&]amp; Percent is age-adjusted to the 2000 United States Population.

[#] Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Prevent Chronic Diseases

Percentage of adults who are current smokers



Rockland County Mid-Hudson Est. # of Est. # of **Adults Adults** Percent 95% CI **Percent** 95% CI **Total** 22,626 10.2 (7.3-14.1)239,102 14.1 (12.4-15.9)Age 18-24 15.8 # 32,350 (9.2-25.9)25-34 # 43,314 (13.5-23.0)17.8 35-44 # 44,821 (11.0-20.9)15.3 45-64 10,802 14.0 (8.7-21.7)96,435 15.9 (13.5-18.8)65+ 20,862 # 6.3 (4.5-8.8)Race (4.5-11.4) White, NH 10,558 7.2 164,788 14.1 (12.1-16.4)Black, NH 25,127 18.9 (12.0-28.4)Hispanic 23.9 41,932 8,834 (14.4-37.0)16.1 (11.8-21.6)Other, NH # 7,254 5.1 (2.4-10.6)Sex 144,979 male 15,356 14.3 (9.2-21.7)17.6 (14.7-20.9)female 7,270 6.3 (3.9-10.1)94,123 10.7 (9.0-12.7)Age-adjusted[&] 10.4 (7.4-14.4)14.5 (12.6-16.5)

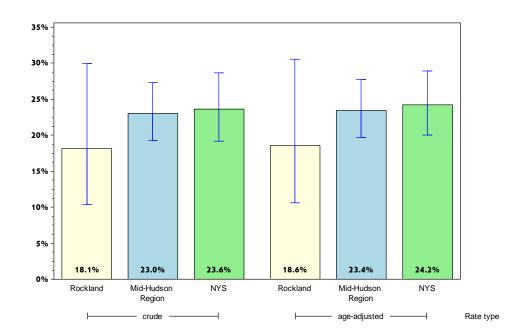
[&]amp; Percent is age-adjusted to the 2000 United States Population.

[#] Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Prevent Chronic Diseases

Percentage of adults with annual household income less than \$25,000 who are current smokers



	Rockland County			Mid-Hudson		
_	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	7,235	18.1^	(10.3-29.9)	73,745	23.0	(19.2-27.3)
Age						
18-24		#		7,392	18.1	(9.7-31.1)
25-34		#		17,890	25.6^	(17.0-36.7)
35-44		#		13,112	20.9^	(13.1-31.7)
45-64		#		27,097	31.4	(24.0-39.9)
65+		#		8,253	14.3	(8.6-22.7)
Race						
White, NH		#		45,290	28.9	(23.5-35.0)
Black, NH		#		10,881	31.9^	(18.4-49.2)
Hispanic		#		15,364	13.5	(8.8-20.1)
Other, NH		#			#	
Sex						
male		#		35,712	25.4	(19.7-32.0)
female		#		38,032	21.2	(16.3-27.0)
Age-adjusted ^{&}		18.6^	(10.6-30.5)		23.4	(19.7-27.7)

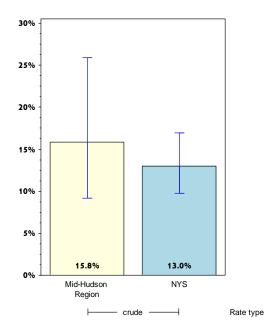
[&]amp; Percent is age-adjusted to the 2000 United States Population.

[#] Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Prevent Chronic Diseases

Percentage of adults aged 18-24 years who are current smokers



	Ro	ockland Cour	nty	Mid-Hudson			
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI	
Total		#		32,350	15.8^	(9.2-25.9)	
Age ⁺							
18-24							
25-34							
35-44							
45-64							
65+							
Race							
White, NH		#		23,087	16.1^	(8.0-29.9)	
Black, NH		#			#		
Hispanic		#			#		
Other, NH		#			#		
Sex							
male		#		24,040	23.7	(12.6-40.1)	
female		#		8,310	8.1	(3.7-16.6)	
-adjusted ^{+,&}							

[&]amp; Percent is age-adjusted to the 2000 United States Population.

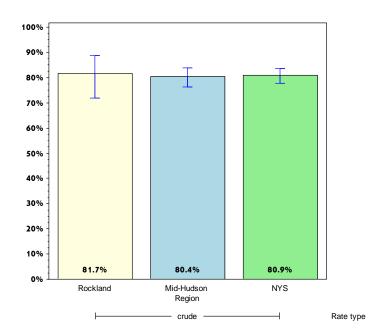
⁺ Age-adjusted and age specific percent not generated for health indicators with age range limits.

[#] Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Prevent Chronic Diseases

Percentage of women aged 50-74 years receiving breast cancer screening based on recent guidelines*



	Ro	ckland Cou	inty	Mid-Hudson		
_	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	33,523	81.7	(71.9-88.6)	246,457	80.4	(76.2-84.0)
Age⁺						
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH	24,248	80.8	(69.0-88.8)	184,023	79.1	(74.7-82.9)
Black, NH		#		14,839	87.4	(74.9-94.2)
Hispanic		#		22,718	86.1^	(66.9-95.0)
Other, NH		#			#	
Sex						
male		#			#	
female	33,523	81.7	(71.9-88.6)	246,457	80.4	(76.2-84.0)
Age-adjusted ^{+,&}						

^{*} Mammogram within past 2 years.

[&]amp; Percent is age-adjusted to the 2000 United States Population.

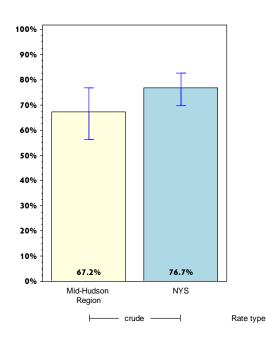
⁺ Age-adjusted and age specific percent not generated for health indicators with age range limits.

[#] Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Prevent Chronic Diseases

Percentage of women aged 50-74 years with annual household income of less than \$25,000 receiving breast cancer screening based on recent guidelines*



	Rockland County			Mid-Hudson			
_	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI	
Total Age ⁺ 18-24 25-34 35-44 45-64		#		34,867	67.2 [^]	(56.2-76.7)	
65+ Race White, NH Black, NH Hispanic Other, NH Sex		# # #		16,177	51.0 [^] # #	(38.1-63.8)	
male female Age-adjusted+,&		#		34,867	# 67.2 [^]	(56.2-76.7)	

^{*} Mammogram within past 2 years.

[&]amp; Percent is age-adjusted to the 2000 United States Population.

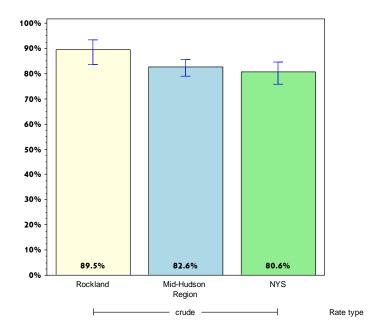
⁺ Age-adjusted and age specific percent not generated for health indicators with age range limits.

[#] Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Prevent Chronic Diseases

Percentage of women aged 21-65 years receiving cervical cancer screening based on recent guidelines*



	Rockland County			Mid-Hudson		
_	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	70,099	89.5	(83.6-93.5)	496,976	82.6	(79.1-85.6)
Age⁺						
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH	51,268	91.4	(85.2-95.2)	343,119	83.5	(79.5-86.9)
Black, NH		#		30,763	74.4^	(58.2-85.9)
Hispanic		#		75,619	82.0	(73.0-88.4)
Other, NH		#			#	
Sex						
male		#			#	
female	70,099	89.5	(83.6-93.5)	496,976	82.6	(79.1-85.6)
Age-adjusted+,&						

^{*} Pap test within past 3 years.

[&]amp; Percent is age-adjusted to the 2000 United States Population.

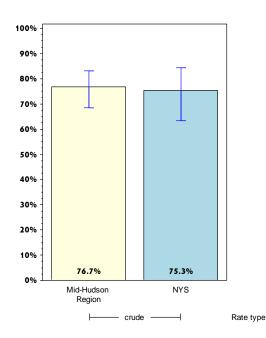
⁺ Age-adjusted and age specific percent not generated for health indicators with age range limits.

[#] Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Prevent Chronic Diseases

Percentage of women aged 21-65 years with annual household income of less than \$25,000 receiving cervical cancer screening based on recent guidelines*



	Rockland County			Mid-Hudson			
_	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI	
Total Age ⁺ 18-24 25-34		#		96,878	76.7	(68.6-83.2)	
35-44 45-64 65+ Race							
White, NH Black, NH		# #		42,290	71.4 [^] #	(59.7-80.7)	
Hispanic Other, NH Sex		# #		37,467	79.7 [^] #	(64.2-89.6)	
male female Age-adjusted+,&		# #		96,878	# 76.7	(68.6-83.2)	

^{*} Pap test within past 3 years.

[&]amp; Percent is age-adjusted to the 2000 United States Population.

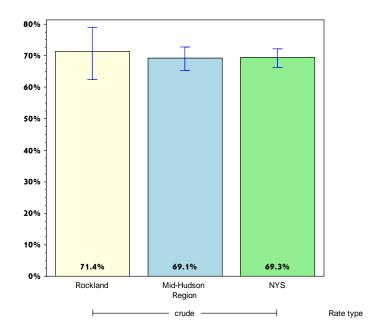
⁺ Age-adjusted and age specific percent not generated for health indicators with age range limits.

[#] Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Prevent Chronic Diseases

Percentage of adults aged 50-75 years receiving colorectal cancer screening based on recent guidelines*



	Rockland County			Mid-Hudson		
_	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	53,356	71.4	(62.5-78.9)	420,117	69.1	(65.4-72.7)
Age⁺						
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH	40,117	73.7	(63.9-81.7)	316,982	70.6	(66.9-74.0)
Black, NH		#		33,596	76.4^	(64.2-85.4)
Hispanic		#		28,956	55.1	(42.7-66.9)
Other, NH		#			#	
Sex						
male	24,825	75.6^	(60.2-86.4)	203,820	67.7	(61.6-73.2)
female	28,531	68.2	(56.9-77.7)	216,297	70.6	(65.9-74.9)
Age-adjusted+,&						

^{*} Blood stool test within 1 year, or sigmoidoscopy within 5 years with blood stool test within 3 years, or colonoscopy within 10 years.

[&]amp; Percent is age-adjusted to the 2000 United States Population.

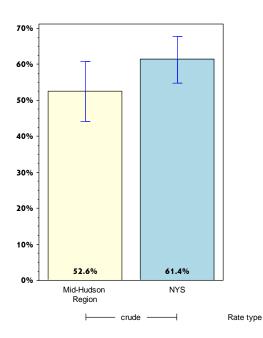
⁺ Age-adjusted and age specific percent not generated for health indicators with age range limits.

[#] Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Prevent Chronic Diseases

Percentage of adults aged 50-75 years with annual household income less than \$25,000 receiving colorectal cancer screening based on recent guidelines*



	Rockland County			Mid-Hudson			
_	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI	
Total Age ⁺ 18-24		#		47,995	52.6	(44.2-60.8)	
25-34 35-44 45-64							
65+ Race							
White, NH Black, NH Hispanic		# # #		29,963	53.0 # #	(43.3-62.6)	
Other, NH Sex		#		40.246	#	(24.0.50.7)	
male female		#		18,246 29,749	47.1 [^] 56.6 [^]	(34.9-59.7) (45.7-66.9)	
Age-adjusted+,&							

^{*} Blood stool test within 1 year, or sigmoidoscopy within 5 years with blood stool test within 3 years, or colonoscopy within 10 years.

[&]amp; Percent is age-adjusted to the 2000 United States Population.

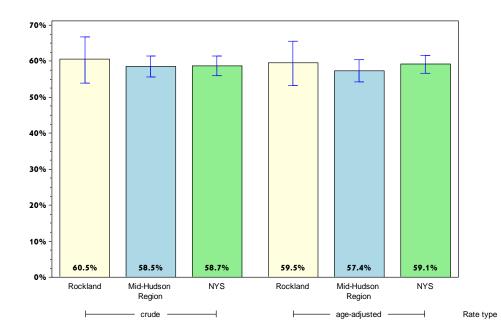
⁺ Age-adjusted and age specific percent not generated for health indicators with age range limits.

[#] Rates with <10 in the numerator or <50 in the denominator are suppressed.

 $^{^{\}updayscript{A}}$ Highly variable rate (confidence interval with a half-width greater than 10).

Prevent Chronic Diseases

Percentage of adults who had a test for high blood sugar or diabetes within the past three years



	Rockland County			Mid-Hudson		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	122,769	60.5	(53.9-66.8)	907,749	58.5	(55.6-61.4)
Age						
18-24		#		74,996	36.8	(24.7-50.8)
25-34	18,163	55.3^	(39.7-69.9)	111,134	46.0	(38.9-53.2)
35-44	17,106	53.5	(38.6-67.8)	149,552	53.4	(46.1-60.5)
45-64	49,947	71.7	(62.3-79.6)	369,306	66.9	(62.5-71.0)
65+	23,959	71.1	(58.5-81.2)	183,286	73.5	(66.9-79.3)
Race						
White, NH	81,590	60.2	(53.0-67.1)	647,286	61.0	(57.7-64.2)
Black, NH		#		83,150	67.2^	(56.4-76.5)
Hispanic	22,788	65.7	(52.0-77.3)	117,732	48.8	(41.7-55.9)
Other, NH		#		59,581	47.5	(33.4-62.0)
Sex						
male	50,261	53.0^	(42.6-63.2)	378,659	51.5	(47.3-55.6)
female	72,509	67.1	(59.4-73.9)	529,090	64.9	(60.9-68.7)
Age-adjusted ^{&}		59.5	(53.2-65.6)		57.4	(54.2-60.4)

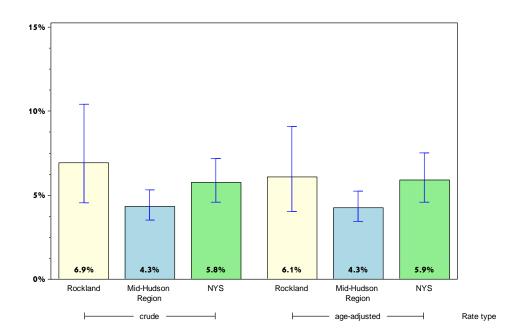
[&]amp; Percent is age-adjusted to the 2000 United States Population.

[#] Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Prevent Chronic Diseases

Percentage of adults with physician-diagnosed prediabetes



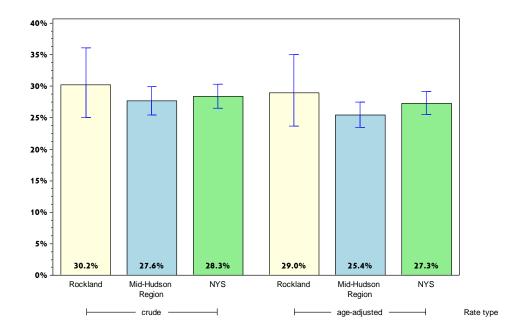
Rockland County Mid-Hudson Est. # of Est. # of **Adults Adults Percent** 95% CI **Percent** 95% CI **Total** 14,461 6.9 (4.5-10.4)68,671 4.3 (3.5-5.3)Age 18-24 # # 25-34 # # 35-44 # 10,994 3.9 (2.2-6.8)45-64 9,468 12.8 (7.7-20.8)26,630 4.8 (3.6-6.4)65+ (5.9-11.4)# 21,581 8.3 Race White, NH 11,182 8.0 (5.0-12.4)48,336 4.4 (3.5-5.6)Black, NH # 6,075 4.9 (2.5-9.5)Hispanic # 9,695 3.9 (2.1-7.1)Other, NH # # Sex male 6,166 6.3 (3.3-11.5)31,186 4.1 (3.0-5.6)female 8,295 7.5 37,484 4.5 (4.3-12.9)(3.4-5.9)Age-adjusted[&] 6.1 (4.0-9.1)4.3 (3.5-5.3)

[&]amp; Percent is age-adjusted to the 2000 United States Population.

[#] Rates with <10 in the numerator or <50 in the denominator are suppressed.

Prevent Chronic Diseases

Percentage of adults with physician-diagnosed high blood pressure



	Ro	ckland Cou	inty	Mid-Hudson			
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI	
Total	69,316	30.2	(25.0-36.0)	485,160	27.6	(25.4-29.9)	
Age 18-24		#		14,115	6.5	(3.1-13.3)	
25-34		#		19,179	7.6	(4.9-11.6)	
35-44	11,511	31.0^	(15.8-51.8)	50,528	16.7	(12.1-22.6)	
45-64	23,686	30.8	(23.3-39.4)	203,210	32.5	(28.9-36.3)	
65+	24,656	54.7	(43.5-65.4)	191,521	57.5	(52.1-62.8)	
Race							
White, NH	39,092	25.9	(21.0-31.4)	339,577	28.4	(25.9-31.1)	
Black, NH		#		57,952	40.0	(30.9-50.0)	
Hispanic	12,905	33.1	(20.3-48.9)	53,138	20.0	(15.5-25.4)	
Other, NH		#		34,492	23.0^	(14.2-35.0)	
Sex							
male	37,158	33.7	(25.3-43.4)	258,468	30.5	(27.2-33.9)	
female	32,158	27.0	(21.0-33.9)	226,692	25.0	(22.1-28.1)	
e-adjusted ^{&}		29.0	(23.6-35.0)		25.4	(23.4-27.5)	

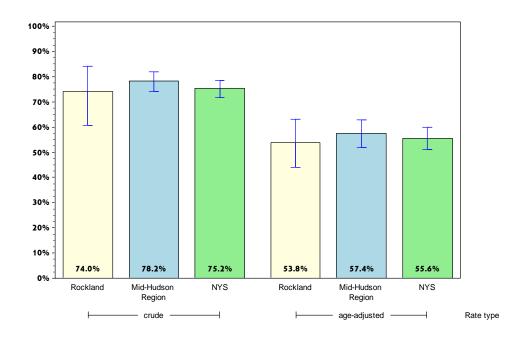
[&]amp; Percent is age-adjusted to the 2000 United States Population.

[#] Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Prevent Chronic Diseases

Percentage of adults with diagnosed high blood pressure taking high blood pressure medication



	Rockland County			Mid-Hudson		
_	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	51,278	74.0^	(60.6-84.0)	379,361	78.2	(74.1-81.8)
Age						
18-24		#			#	
25-34		#			#	
35-44		#		25,439	50.3^	(33.7-66.9)
45-64	20,323	85.8	(74.4-92.6)	167,173	82.3	(77.5-86.3)
65+	23,425	95.0	(86.6-98.2)	174,121	91.0	(86.7-93.9)
Race						
White, NH	32,276	82.6	(72.4-89.5)	269,044	79.3	(74.9-83.1)
Black, NH		#		48,852	84.3^	(70.9-92.2)
Hispanic		#		31,347	59.0^	(44.8-71.9)
Other, NH		#			#	
Sex						
male	23,255	62.6	(43.0-78.8)	187,107	72.4	(66.1-78.0)
female	28,023	87.1	(77.1-93.2)	192,253	84.9	(80.0-88.8)
Age-adjusted ^{&}		53.8	(44.1-63.2)		57.4	(51.8-62.7)

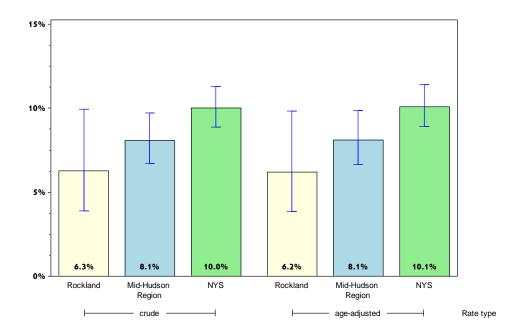
[&]amp; Percent is age-adjusted to the 2000 United States Population.

[#] Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Prevent Chronic Diseases

Percentage of adults with current asthma*



	Rockland County			Mid-Hudson		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	14,325	6.3	(3.9-9.9)	141,569	8.1	(6.7-9.7)
Age						
18-24		#		30,738	14.2	(8.2-23.4)
25-34		#		15,451	6.2	(4.0-9.5)
35-44		#		24,864	8.2	(4.6-14.1)
45-64	3,846	5.0	(2.3-10.5)	43,139	6.9	(5.4-8.8)
65+		#		24,959	7.5	(5.4-10.5)
Race						
White, NH	8,725	5.8	(3.5-9.6)	104,334	8.8	(7.1-10.8)
Black, NH		#		11,950	8.3	(4.5-14.7)
Hispanic		#		19,703	7.4	(4.1-13.1)
Other, NH		#		5,582	3.7	(1.5-8.8)
Sex						
male	7,851	7.1	(3.5-14.0)	56,381	6.6	(4.9-9.0)
female	6,474	5.4	(3.0-9.8)	85,187	9.4	(7.5-11.9)
Age-adjusted ^{&}		6.2	(3.8-9.8)		8.1	(6.6-9.9)

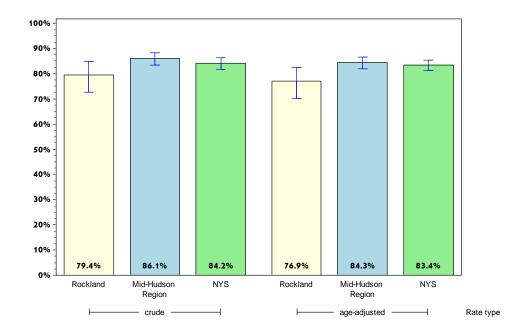
^{*} Physician diagnosed asthma.

[&]amp; Percent is age-adjusted to the 2000 United States Population.

[#] Rates with <10 in the numerator or <50 in the denominator are suppressed.

Prevent Chronic Diseases

Percent of adults with cholesterol checked*



	Rockland County			Mid-Hudson		
_	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	178,350	79.4	(72.6-84.9)	1,487,921	86.1	(83.5-88.4)
Age						
18-24		#		119,554	58.8	(45.3-71.2)
25-34	18,124	56.3	(40.2-71.1)	166,373	68.6	(62.0-74.5)
35-44	27,382	74.5	(53.5-88.2)	264,626	88.1	(83.0-91.8)
45-64	70,298	91.7	(84.8-95.6)	589,697	94.4	(92.6-95.8)
65+	43,466	96.1	(90.8-98.4)	323,941	97.5	(96.0-98.5)
Race						
White, NH	124,690	85.1	(78.8-89.8)	1,037,098	88.5	(84.9-91.4)
Black, NH		#		118,223	82.3	(72.7-89.1)
Hispanic	29,472	75.8^	(64.1-84.6)	203,261	77.3	(72.0-81.8)
Other, NH		#		129,338	86.1	(75.7-92.5)
Sex						
male	82,320	75.3 [^]	(63.4-84.3)	717,767	85.9	(83.0-88.4)
female	96,030	83.3	(76.0-88.7)	770,154	86.3	(81.7-89.8)
Age-adjusted ^{&}		76.9	(70.2-82.5)		84.3	(81.8-86.5)

^{*} As diagnosed by a health professional.

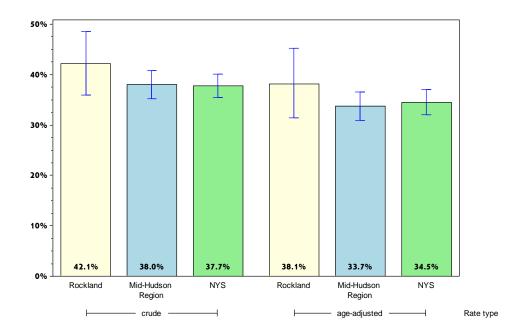
[&]amp; Percent is age-adjusted to the 2000 United States Population.

[#] Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Prevent Chronic Diseases

Percentage of adults 18 years and older with elevated cholesterol*



	Rockland County			Mid-Hudson		
_	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	74,862	42.1	(36.0-48.6)	563,809	38.0	(35.3-40.8)
Age						
18-24		#		25,949	21.7	(12.2-35.6)
25-34		#		21,044	12.6	(8.6-18.2)
35-44	7,198	26.3	(15.6-40.8)	75,762	28.6	(22.3-35.9)
45-64	30,103	43.1	(33.9-52.9)	250,204	42.6	(38.4-46.9)
65+	25,155	58.2	(46.5-69.0)	181,331	56.2	(50.9-61.5)
Race						
White, NH	55,153	44.5	(37.7-51.5)	404,347	39.1	(36.2-42.2)
Black, NH		#		36,973	31.3^	(22.1-42.2)
Hispanic		#		71,505	35.2	(27.8-43.3)
Other, NH		#		50,985	39.5	(25.9-54.9)
Sex						
male	43,465	53.0	(43.0-62.7)	314,812	44.0	(39.8-48.2)
female	31,397	32.9	(25.9-40.6)	248,997	32.4	(29.0-36.1)
Age-adjusted ^{&}		38.1	(31.5-45.2)		33.7	(31.0-36.5)

^{*} As diagnosed by a health professional.

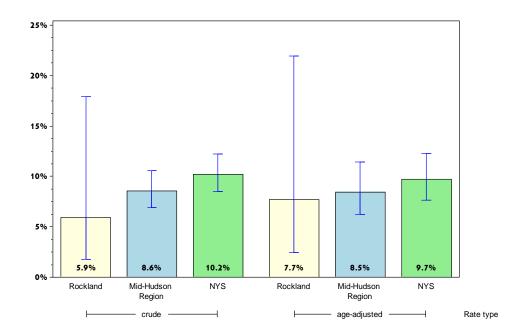
[&]amp; Percent is age-adjusted to the 2000 United States Population.

[#] Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Prevent Chronic Diseases

Percentage of adults who have taken a course or class to learn how to manage their chronic disease or condition*



	Ro	ckland Cou	nty	Mid-Hudson		
_	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	5,990	5.9^	(1.8-17.9)	66,257	8.6	(6.9-10.6)
Age						
18-24		#			#	
25-34		#			#	
35-44		#		8,782	9.1^	(3.7-20.7)
45-64		#		28,181	9.2	(6.8-12.3)
65+		#		21,893	8.7	(6.4-11.7)
Race						
White, NH		#		39,723	7.1	(5.6-8.8)
Black, NH		#		11,297	15.3^	(8.5-26.1)
Hispanic		#		6,859	7.7	(4.3-13.2)
Other, NH		#			#	
Sex						
male		#		32,849	8.9	(6.3-12.4)
female		#		33,408	8.2	(6.3-10.7)
Age-adjusted ^{&}		7.7	(2.4-21.9)		8.5	(6.2-11.4)

^{*} Courses for high blood pressure, arthritis, or diabetes.

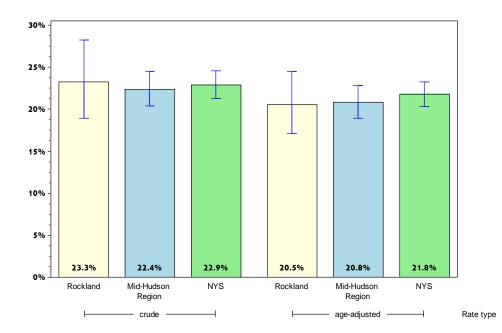
[&]amp; Percent is age-adjusted to the 2000 United States Population.

[#] Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Prevent Chronic Diseases

Percentage of adults with arthritis*



	Ro	ckland Cou	inty	Mid-Hudson		
_	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	53,282	23.3	(19.0-28.2)	392,756	22.4	(20.4-24.5)
Age						
18-24		#			#	
25-34		#		23,161	9.2	(6.0-13.7)
35-44		#		42,145	13.9	(9.7-19.7)
45-64	20,956	27.2	(19.9-36.0)	161,955	25.8	(22.6-29.3)
65+	25,835	57.3 [^]	(46.5-67.4)	152,353	46.1	(40.9-51.4)
Race						
White, NH	40,834	27.1	(21.8-33.1)	308,405	25.9	(23.4-28.4)
Black, NH		#		32,099	22.3	(15.1-31.6)
Hispanic	7,829	20.0^	(10.8-34.1)	39,612	14.8	(10.6-20.4)
Other, NH		#		12,641	8.4	(4.1-16.3)
Sex						
male	17,458	15.8	(10.8-22.6)	150,162	17.7	(15.1-20.5)
female	35,824	30.2	(23.8-37.3)	242,594	26.9	(23.9-30.0)
Age-adjusted ^{&}		20.5	(17.1-24.5)		20.8	(18.9-22.8)

^{*} Includes rheumatoid arthritis, gout, lupus, or fibromyalgia.

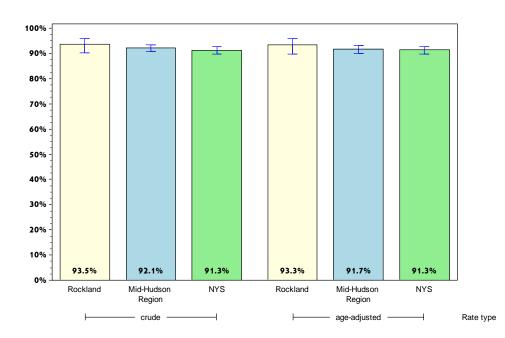
[&]amp; Percent is age-adjusted to the 2000 United States Population.

[#] Rates with <10 in the numerator or <50 in the denominator are suppressed.

 $^{^{\}updayscript{A}}$ Highly variable rate (confidence interval with a half-width greater than 10).

Promote a Healthy and Safe Environment

Percentage of adults who consider their neighborhood suitable for walking and physical activity



	Ro	ckland Cou	inty	Mid-Hudson		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	204,372	93.5	(90.2-95.8)	1,515,249	92.1	(90.6-93.4)
Age						
18-24		#		178,853	89.6	(81.8-94.3)
25-34	28,798	91.2^	(77.5-96.9)	208,949	88.8	(83.8-92.4)
35-44	32,801	92.7	(80.3-97.5)	256,978	90.8	(86.0-94.1)
45-64	70,932	93.0	(87.7-96.1)	547,100	93.1	(91.1-94.6)
65+	40,494	94.9^	(83.7-98.5)	301,481	95.1	(92.7-96.8)
Race						
White, NH	133,125	91.9	(87.4-94.8)	1,040,740	92.0	(90.3-93.5)
Black, NH		#		119,401	92.0	(82.5-96.5)
Hispanic	34,607	94.2^	(83.0-98.2)	223,577	90.8	(86.2-94.0)
Other, NH		#		131,532	95.0	(89.1-97.8)
Sex						
male	99,128	95.4	(91.4-97.6)	739,528	92.8	(90.5-94.6)
female	105,244	91.8	(86.2-95.2)	775,721	91.4	(89.3-93.1)
Age-adjusted ^{&}		93.3	(89.7-95.7)		91.7	(90.0-93.1)

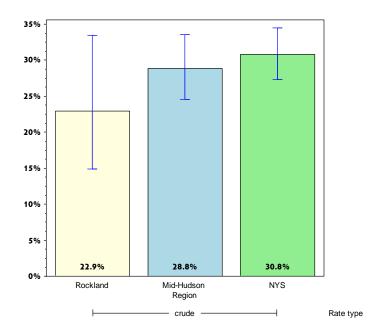
[&]amp; Percent is age-adjusted to the 2000 United States Population.

[#] Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Promote a Health and Safe Environment

Percentage of adults aged 65+ years with at least one fall in the past 12 months



	Ro	ckland Cou	nty	Mid-Hudson		
_	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	9,982	22.9^	(14.9-33.5)	92,763	28.8	(24.5-33.6)
Age ⁺						
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH	9,723	28.3	(18.9-40.0)	78,574	30.9	(26.8-35.4)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male	3,355	16.0^	(8.4-28.4)	42,914	26.7	(20.8-33.4)
female	6,627	29.3	(17.1-45.4)	49,849	31.0	(25.1-37.6)
Age-adjusted+,&						

[&]amp; Percent is age-adjusted to the 2000 United States Population.

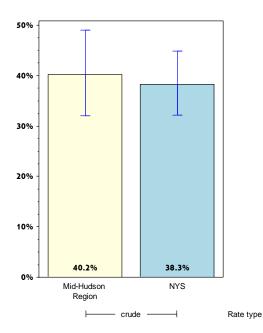
⁺ Age-adjusted and age specific percent not generated for health indicators with age range limits.

[#] Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Promote a Health and Safe Environment

Among adults aged 65+ years with at least one fall in the past 12 months, percent that resulted in injury*



	Ro	ckland Cour	nty	Mid-Hudson		
_	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total		#		37,075	40.2	(32.0-49.0)
Age ⁺						
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH		#		31,264	40.1	(32.4-48.3)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male		#		15,850	37.2	(26.8-48.9)
female		#		21,225	42.9^	(31.1-55.6)
Age-adjusted+,&						

^{*} Falls that limited regular activities or lead to doctor visits.

[&]amp; Percent is age-adjusted to the 2000 United States Population.

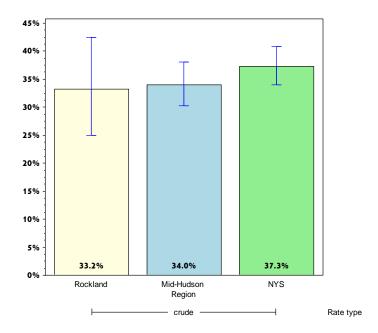
⁺ Age-adjusted and age specific percent not generated for health indicators with age range limits.

[#] Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Prevent HIV/STDs, Vaccine Preventable Diseases and Healthcare-Associated Infections

Percentage of adults aged 47-68 years reporting ever tested for Hepatitis C (HCV)



	Ro	ckland Cou	nty	Mid-Hudson		
_	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	24,403	33.2	(25.0-42.5)	182,322	34.0	(30.2-38.0)
Age⁺						
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH	19,544	35.4	(26.0-46.0)	129,928	33.3	(29.4-37.5)
Black, NH		#		20,470	47.9^	(32.1-64.1)
Hispanic		#		17,315	30.3^	(20.9-41.7)
Other, NH		#			#	
Sex						
male	14,278	42.8	(29.5-57.3)	101,973	39.5	(33.7-45.6)
female	10,125	25.2	(16.3-36.8)	80,348	28.9	(24.2-34.2)
Age-adjusted ^{+,&}						

[&]amp; Percent is age-adjusted to the 2000 United States Population.

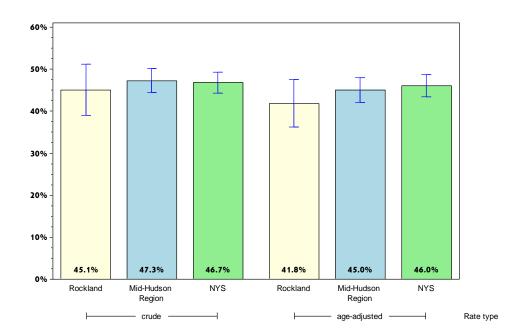
⁺ Age-adjusted and age specific percent not generated for health indicators with age range limits.

[#] Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Prevent HIV/STDs, Vaccine Preventable Diseases and Healthcare-Associated Infections

Percentage of adults aged 18+ years with flu immunization in the past year*



	Ro	ckland Cou	nty	Mid-Hudson		
_	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	99,236	45.1	(39.1-51.2)	785,113	47.3	(44.5-50.1)
Age						
18-24		#		67,071	33.5	(21.3-48.4)
25-34	7,722	24.4	(13.4-40.4)	70,650	30.0	(24.1-36.6)
35-44	12,497	35.0^	(21.4-51.7)	103,925	36.5	(29.9-43.7)
45-64	37,379	48.8	(39.8-57.9)	284,102	47.9	(43.8-52.0)
65+	33,090	75.9 [^]	(65.4-84.0)	245,927	75.9	(71.4-79.8)
Race						
White, NH	74,175	51.0	(44.2-57.7)	580,946	50.9	(47.6-54.1)
Black, NH		#		48,599	36.9	(27.8-47.1)
Hispanic	11,123	30.3	(19.6-43.6)	81,517	32.9	(27.3-39.0)
Other, NH		#		74,051	53.4	(39.5-66.8)
Sex						
male	42,229	40.1	(31.4-49.5)	341,699	42.4	(38.6-46.2)
female	57,007	49.6	(41.9-57.3)	443,414	51.9	(47.8-56.1)
Age-adjusted ^{&}		41.8	(36.3-47.5)		45.0	(42.1-48.0)

^{*} Includes flu shot or flu spray

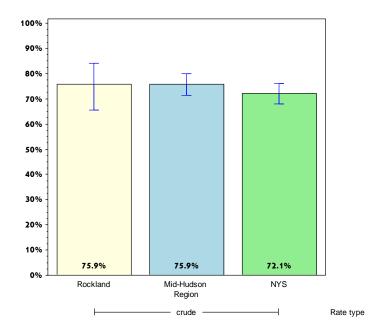
[&]amp; Percent is age-adjusted to the 2000 United States Population.

[#] Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Prevent HIV/STDs, Vaccine Preventable Diseases and Healthcare-Associated Infections

Percentage of adults aged 65+ years with flu immunization in the past year*



	Rockland County			Mid-Hudson		
_	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	33,090	75.9^	(65.4-84.0)	245,927	75.9	(71.4-79.8)
Age⁺						
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH	26,231	76.4	(66.5-84.0)	191,919	75.0	(70.8-78.7)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male	15,043	71.8	(53.8-84.7)	123,697	76.4	(70.0-81.8)
female	18,048	79.7	(67.5-88.2)	122,230	75.4	(68.9-80.8)
Age-adjusted ^{+,&}						

^{*} Includes flu shot or flu spray

[&]amp; Percent is age-adjusted to the 2000 United States Population.

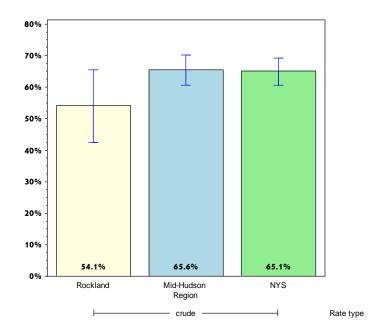
⁺ Age-adjusted and age specific percent not generated for health indicators with age range limits.

[#] Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Prevent HIV/STDs, Vaccine Preventable Diseases and Healthcare-Associated Infections

Percentage of adults aged 65+ years with pneumococcal immunization



	Ro	ckland Cou	nty	Mid-Hudson		
_	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	23,448	54.1	(42.4-65.5)	201,874	65.6	(60.6-70.2)
Age ⁺						
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH	21,412	62.9^	(51.6-72.9)	160,758	65.7	(61.2-70.0)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male	8,878	42.6	(27.0-59.8)	96,066	63.4	(56.0-70.3)
female	14,571	64.9	(49.4-77.7)	105,807	67.7	(60.8-73.9)
Age-adjusted+,&						

[&]amp; Percent is age-adjusted to the 2000 United States Population.

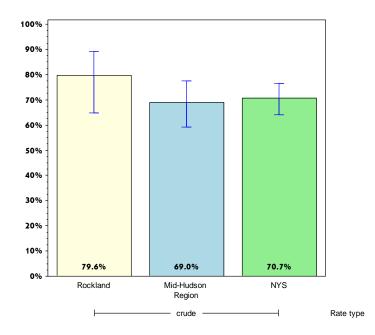
⁺ Age-adjusted and age specific percent not generated for health indicators with age range limits.

[#] Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Promote Healthy Women, Infants, and Children

Percentage of women aged 18-44 years who had dental visit within the last year



	Ro	ckland Cou	nty	Mid-Hudson		
_	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	35,264	79.6^	(64.8-89.2)	239,158	69.0	(59.1-77.4)
Age ⁺						
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH	23,720	85.9^	(72.1-93.5)	166,583	74.4^	(59.9-84.9)
Black, NH		#			#	
Hispanic		#		35,664	54.9^	(39.1-69.8)
Other, NH		#			#	
Sex						
male		#			#	
female	35,264	79.6^	(64.8-89.2)	239,158	69.0	(59.1-77.4)
Age-adjusted ^{+,&}						

[&]amp; Percent is age-adjusted to the 2000 United States Population.

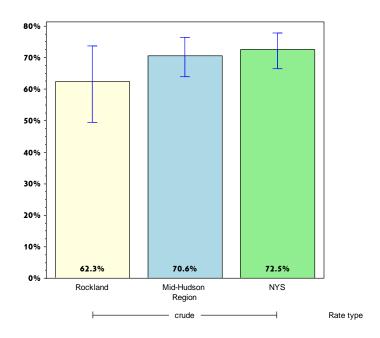
⁺ Age-adjusted and age specific percent not generated for health indicators with age range limits.

[#] Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Promote Healthy Women, Infants, and Children

Women aged 18-44 years who saw a doctor for a routine checkup within the last year



	Ro	ckland Cou	nty	Mid-Hudson		
_	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	30,888	62.3^	(49.4-73.8)	274,898	70.6	(63.9-76.5)
Age ⁺						
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH	19,561	62.6	(47.6-75.6)	184,761	75.1	(68.1-81.0)
Black, NH		#			#	
Hispanic		#		49,811	64.5	(49.3-77.3)
Other, NH		#			#	
Sex						
male		#			#	
female	30,888	62.3	(49.4-73.8)	274,898	70.6	(63.9-76.5)
Age-adjusted ^{+,&}						

[&]amp; Percent is age-adjusted to the 2000 United States Population.

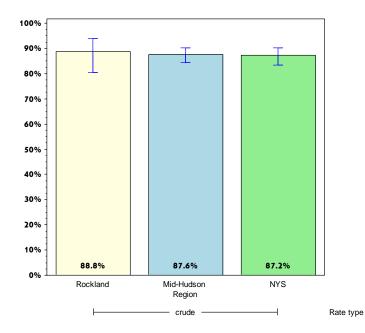
⁺ Age-adjusted and age specific percent not generated for health indicators with age range limits.

[#] Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Promote Healthy Women, Infants, and Children

Percentage of women aged 18-64 years with health care coverage



	Ro	ckland Cou	inty	Mid-Hudson		
_	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	80,887	88.8	(80.4-93.9)	625,952	87.6	(84.3-90.3)
Age ⁺						
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH	62,416	98.0	(95.1-99.2)	444,204	92.0	(88.6-94.4)
Black, NH		#		47,362	84.1^	(69.6-92.5)
Hispanic		#		73,041	66.7^	(55.3-76.5)
Other, NH		#		61,345	93.6^	(77.8-98.4)
Sex						
male		#			#	
female	80,887	88.8	(80.4-93.9)	625,952	87.6	(84.3-90.3)
Age-adjusted ^{+,&}						

[&]amp; Percent is age-adjusted to the 2000 United States Population.

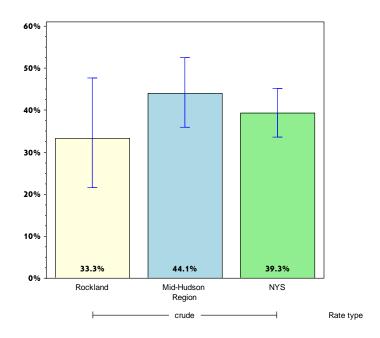
⁺ Age-adjusted and age specific percent not generated for health indicators with age range limits.

[#] Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Promote Healthy Women, Infants, and Children

Percentage of women aged 18-44 years whose health care provider discussed planning a healthy pregnancy



	Rockland County			Mid-Hudson			
_	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI	
Total	14,216	33.3	(21.6-47.6)	153,496	44.1	(35.9-52.5)	
Age ⁺							
18-24							
25-34							
35-44							
45-64							
65+							
Race							
White, NH		#		108,432	47.8	(37.2-58.6)	
Black, NH		#			#		
Hispanic		#		26,231	41.1	(27.4-56.4)	
Other, NH		#			#		
Sex							
male		#			#		
female	14,216	33.3	(21.6-47.6)	153,496	44.1	(35.9-52.5)	
Age-adjusted ^{+,&}							

[&]amp; Percent is age-adjusted to the 2000 United States Population.

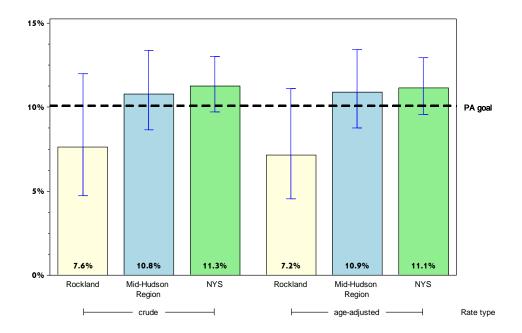
⁺ Age-adjusted and age specific percent not generated for health indicators with age range limits.

[#] Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Promote Mental Health and Prevention Substance Abuse

Percentage of adults with poor mental health for 14 or more days in the last month



	Rockland County			Mid-Hudson		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	17,087	7.6	(4.7-12.0)	185,388	10.8	(8.6-13.4)
Age						
18-24		#		46,733	22.3	(11.0-39.9)
25-34		#		19,988	8.2	(5.7-11.6)
35-44		#		31,122	10.5	(6.8-16.0)
45-64	7,893	10.4	(5.4-19.2)	62,904	10.2	(8.3-12.4)
65+		#		22,310	6.9	(4.9-9.6)
Race						
White, NH	9,393	6.3	(3.7-10.7)	131,314	11.2	(8.4-14.7)
Black, NH		#		16,197	11.7	(6.2-21.0)
Hispanic		#		29,751	11.4	(7.8-16.2)
Other, NH		#			#	
Sex						
male	9,894	9.2	(4.7-17.3)	79,572	9.6	(7.3-12.4)
female	7,194	6.2	(3.2-11.5)	105,816	11.9	(8.6-16.4)
Age-adjusted ^{&}		7.2	(4.5-11.1)		10.9	(8.8-13.4)

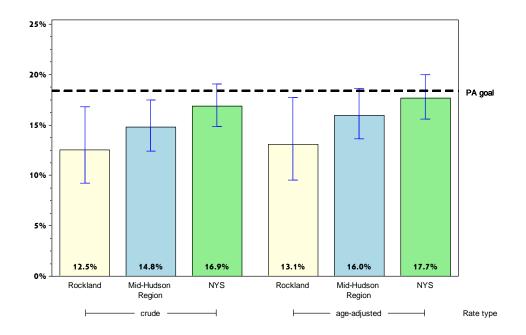
[&]amp; Percent is age-adjusted to the 2000 United States Population.

[#] Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Promote Mental Health and Prevention Substance Abuse

Percentage of adult binge drinking during the past month*



	Rockland County			Mid-Hudson		
_	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	27,479	12.5	(9.2-16.8)	243,431	14.8	(12.4-17.5)
Age						
18-24		#		67,414	34.0^	(21.6-49.0)
25-34	5,572	18.1	(8.3-34.9)	46,125	19.5	(15.0-25.0)
35-44		#		53,410	18.9	(13.7-25.4)
45-64	13,139	17.3	(11.3-25.5)	66,917	11.4	(9.3-14.0)
65+		#		8,774	2.7	(1.7-4.3)
Race						
White, NH	19,774	13.6	(9.5-19.2)	183,442	16.2	(13.2-19.9)
Black, NH		#		7,464	5.9	(3.1-10.9)
Hispanic	6,446	18.0^	(10.0-30.3)	43,796	17.5	(12.7-23.7)
Other, NH		#		8,729	6.2	(2.8-12.8)
Sex						
male	21,291	20.4	(14.1-28.5)	155,554	19.7	(16.8-22.9)
female	6,188	5.4	(3.1-9.2)	87,877	10.3	(6.8-15.2)
Age-adjusted ^{&}		13.1	(9.6-17.7)		16.0	(13.6-18.6)

 $[\]ensuremath{^{*}}$ Men who have five or more drinks , women having four or more drinks on one occasion

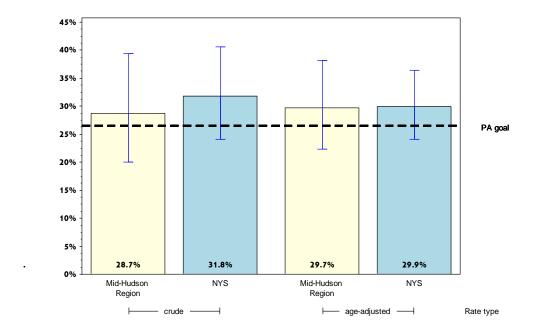
[&]amp; Percent is age-adjusted to the 2000 United States Population.

[#] Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Promote Mental Health and Prevention Substance Abuse

Percentage of cigarette smoking among adults who report poor mental health



	Rockland County			Mid-Hudson			
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI	
Total		#		51,755	28.7^	(20.0-39.4)	
Age							
18-24		#			#		
25-34		#			#		
35-44		#			#		
45-64		#		19,510	31.2	(22.7-41.2)	
65+		#			#		
Race							
White, NH		#		36,925	28.4^	(18.3-41.2)	
Black, NH		#			#		
Hispanic		#			#		
Other, NH		#			#		
Sex							
male		#		33,440	44.0^	(30.0-59.0)	
female		#		18,314	17.6	(10.9-27.2)	
Age-adjusted ^{&}		#			29.7	(22.4-38.2)	

[&]amp; Percent is age-adjusted to the 2000 United States Population.

[#] Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).