

eBRFSS 2013-2014 Health Indicators: Otsego

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General Description

The New York State Expanded Behavioral Risk Factor Surveillance System 2013-2014 (2014 eBRFSS) was design to supplement the Center for Disease Control and Prevention (CDC) Behavioral Risk Factor Surveillance System (BRFSS), which is conducted annually in New York State. The purpose of the 2014 eBRFSS was to produce local information on key public health issues. Data for the project were collected from April 15, 2013 to May 10, 2014. The 2014 eBRFSS reached both households with landline telephones and households which only had cell phones. Like the annual BRFSS, New York State's 2014 eBRFSS was designed to be representative of the non-institutionalized adult household population, aged 18 years and older.

Reported Health Indicators

There are a total of 50 health indicators included in the report. The health indicators include 10 measures included in the New York State Department of Health's Prevention Agenda, NYS Health Innovation Plan (SHIP), Delivery System Reform Incentive Payment (DSRIP) Program, or the NYS Community Health Indicator Reports (CHIRS). An additional 40 important health indicators are also included. The indicators are organized by the Priority Area of the Prevention Agenda and are reported statewide, by region, and by county.

Data Collection Methodology, Sampling and Weighting

The data collection methods for the 2014 eBRFSS aligned with the CDC's standard annual BRFSS methods. The 2014 eBRFSS questionnaire used standard questions from the BRFSS. Survey interviews were conducted in both English and Spanish. There were 31,690 completed interviews.

The sampling plan for the eBRFSS was developed to result in valid health indicator estimates for New York City (NYC) and each of the 57 counties outside NYC. The sampling approach stratified landlines by county and implemented a disproportionate stratified sampling design that accounted for both listed-households and unlisted numbers. Cell phone households were accounted for through additional strata that covered contiguous groups of counties.

Data were weighted to represent the population using a methodology known as iterative proportional fitting (raking). Raking adjusted the data so that groups underrepresented in the sample were more accurately represented in the estimated rates. Raking also enabled surveys conducted by cell phone to be included in the weighting and to accurately match sample distributions of specified demographic characteristics of the population. The raking categories included in the eBRFSS were: age, gender, race/ethnicity, education, marital status, owner/renter status, telephone usage (i.e. landline and cell phone combinations), and county of residence.

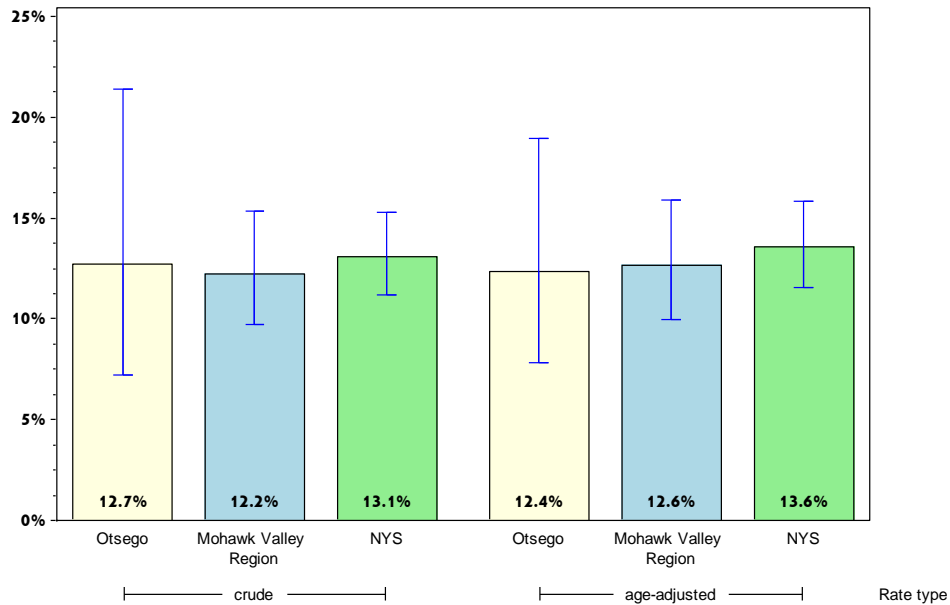
Limitations of Data Use:

During data analysis, criteria were applied to suppress rates based on too few surveys to be reliable and to identify rates that are highly variable. Rates in which less than 10 respondents were in the numerator or less than 50 respondents were in the denominator were considered unreliable and suppressed from reporting. Rates considered to have high variability due to having confidence limits greater than $\pm 10\%$ are noted.

Otsego

Improve Health Status and Reduce Health Disparities

Percentage of adults who did not receive medical care because of cost*



	Otsego County			Mohawk Valley		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	6,457	12.7	(7.2-21.4)	25,495	12.2	(9.7-15.3)
Age						
18-24	#	#		4,963	20.3 [^]	(9.6-38.0)
25-34	#	#		6,352	19.9 [^]	(11.5-32.0)
35-44	#	#		2,409	8.5	(5.3-13.5)
45-64	1,773	10.4	(5.5-18.9)	10,267	13.5	(10.4-17.2)
65+	#	#		1,314	2.9	(1.8-4.4)
Race						
White, NH	6,232	14.4	(8.1-24.3)	21,153	11.5	(8.8-14.8)
Black, NH	#	#		#	#	
Hispanic	#	#		2,119	17.6 [^]	(8.3-33.5)
Other, NH	#	#		1,640	18.3 [^]	(7.6-37.9)
Sex						
male	#	#		13,758	13.6	(9.3-19.4)
female	2,589	9.8	(5.3-17.4)	11,736	10.9	(8.5-13.9)
Age-adjusted^{&}		12.4	(7.8-19.0)		12.6	(10.0-15.9)

* Among people needing to see a doctor in the past 12 months

& Percent is age-adjusted to the 2000 United States Population.

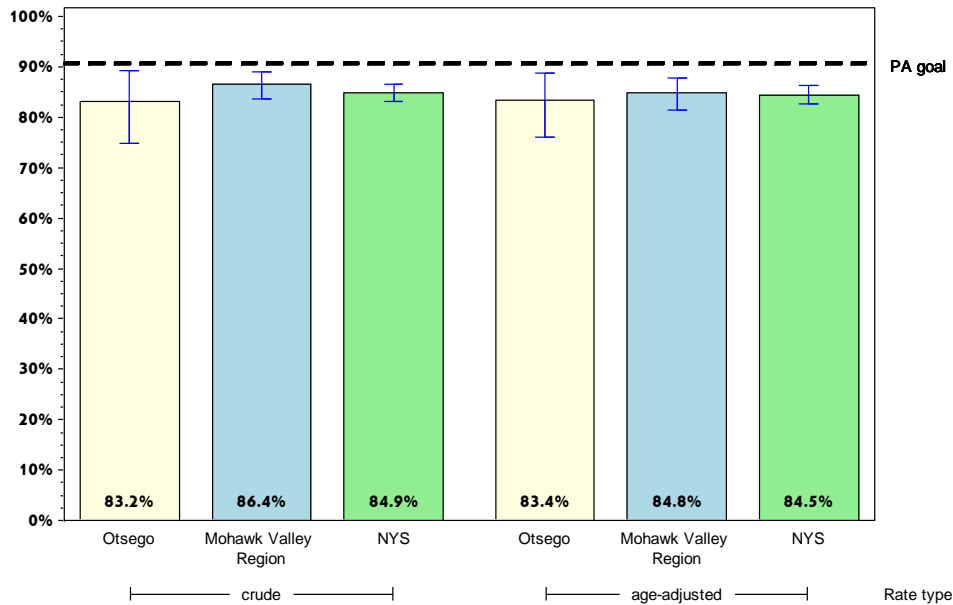
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Otsego

Improve Health Status and Reduce Health Disparities

Percentage of adults who have a regular health care provider



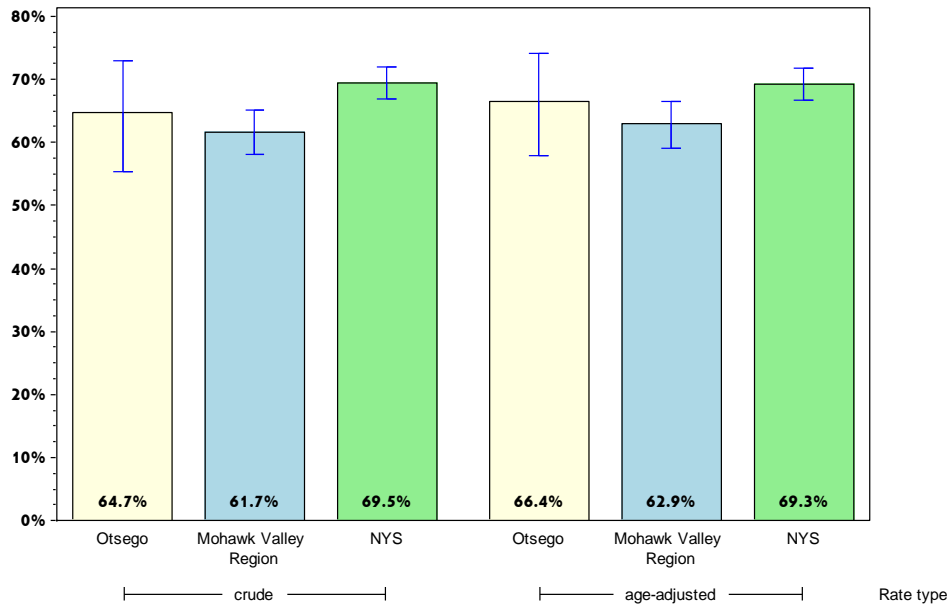
	Otsego County			Mohawk Valley		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	42,334	83.2	(74.7-89.2)	178,551	86.4	(83.5-88.9)
Age		#				
18-24		#		17,923	77.3 [^]	(64.8-86.3)
25-34		#		24,155	75.8 [^]	(64.5-84.4)
35-44		#		22,811	82.1 [^]	(71.0-89.6)
45-64	15,559	91.7	(84.1-95.8)	68,580	89.9	(87.0-92.2)
65+	9,688	89.1 [^]	(75.6-95.5)	43,482	94.9	(91.5-97.0)
Race						
White, NH	35,657	82.5	(73.1-89.1)	159,236	87.4	(84.6-89.7)
Black, NH		#			#	
Hispanic		#		9,218	72.8 [^]	(50.4-87.6)
Other, NH		#		7,804	92.5 [^]	(82.1-97.1)
Sex						
male	17,761	72.8 [^]	(57.9-83.8)	79,609	79.7	(74.3-84.1)
female	24,573	92.8	(85.9-96.5)	98,942	92.8	(90.6-94.5)
Age-adjusted^{&}		83.4	(76.1-88.8)		84.8	(81.4-87.8)

& Percent is age-adjusted to the 2000 United States Population.
 # Rates with <10 in the numerator or <50 in the denominator are suppressed.
 ^ Highly variable rate (confidence interval with a half-width greater than 10).

Otsego

Improve Health Status and Reduce Health Disparities

Percentage of adults who had a dentist visit within the past year



Otsego County

Mohawk Valley

	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	30,098	64.7	(55.4-73.0)	120,003	61.7	(58.1-65.0)
Age						
18-24	#	#		13,968	62.7 [^]	(47.0-76.1)
25-34	#	#		19,077	62.4 [^]	(51.4-72.3)
35-44	#	#		17,119	71.2	(62.4-78.6)
45-64	10,575	64.9 [^]	(48.4-78.5)	42,537	58.2	(52.9-63.3)
65+	6,854	67.4 [^]	(54.2-78.3)	26,653	61.4	(56.5-66.1)
Race						
White, NH	26,332	66.3	(57.6-74.1)	108,248	62.7	(59.2-66.0)
Black, NH	#	#		#	#	
Hispanic	#	#		7,338	68.9 [^]	(51.9-82.0)
Other, NH	#	#		3,087	38.3 [^]	(17.9-63.9)
Sex						
male	11,280	49.9 [^]	(36.0-63.9)	51,611	54.2	(48.6-59.6)
female	18,818	78.6	(70.7-84.8)	68,392	68.8	(65.0-72.5)
Age-adjusted^{&}		66.4	(57.8-74.1)		62.9	(59.1-66.6)

& Percent is age-adjusted to the 2000 United States Population.

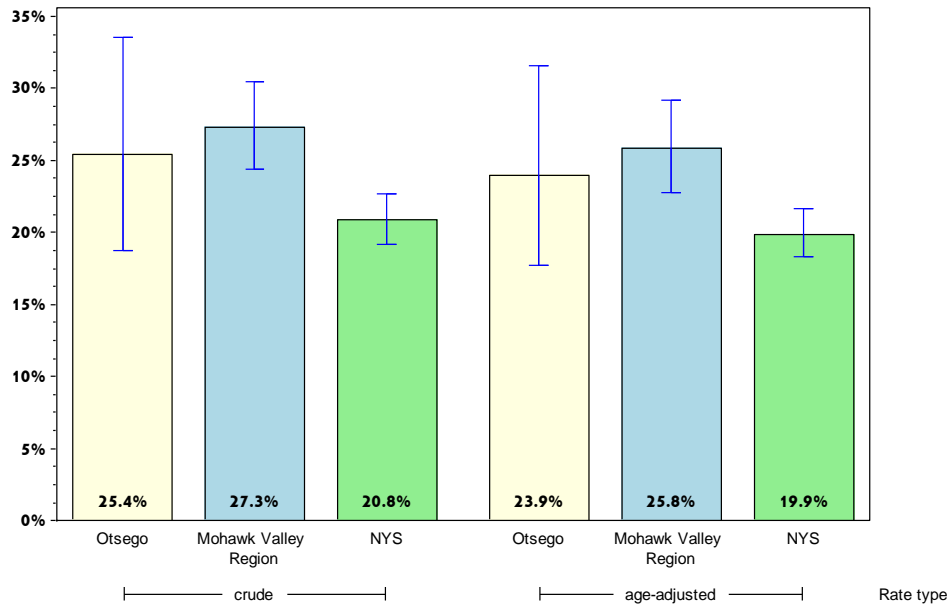
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[^] Highly variable rate (confidence interval with a half-width greater than 10).

Otsego

Improve Health Status and Reduce Health Disparities

Percentage of adults living with a disability*



Otsego County

Mohawk Valley

	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	12,738	25.4	(18.7-33.6)	56,344	27.3	(24.4-30.4)
Age		#			#	
18-24		#			#	
25-34		#		5,335	16.7	(10.9-24.8)
35-44		#		6,828	24.3 [^]	(15.9-35.4)
45-64	4,839	28.9 [^]	(15.9-46.8)	24,816	32.9	(28.0-38.2)
65+	4,814	46.2 [^]	(33.4-59.6)	16,563	36.9	(32.4-41.6)
Race						
White, NH	9,742	23.0	(17.8-29.2)	46,724	25.7	(23.2-28.5)
Black, NH		#			#	
Hispanic		#		5,344	42.2 [^]	(25.0-61.5)
Other, NH		#		3,225	35.9 [^]	(14.4-65.1)
Sex						
male	6,509	26.7 [^]	(15.8-41.3)	27,372	27.1	(22.4-32.3)
female	6,229	24.3	(17.5-32.6)	28,972	27.6	(24.1-31.3)
Age-adjusted^{&}		23.9	(17.7-31.5)		25.8	(22.7-29.2)

* Limited activities (physical, mental, or emotional problems); need of special equipment (e.g. cane, wheel chair).

& Percent is age-adjusted to the 2000 United States Population.

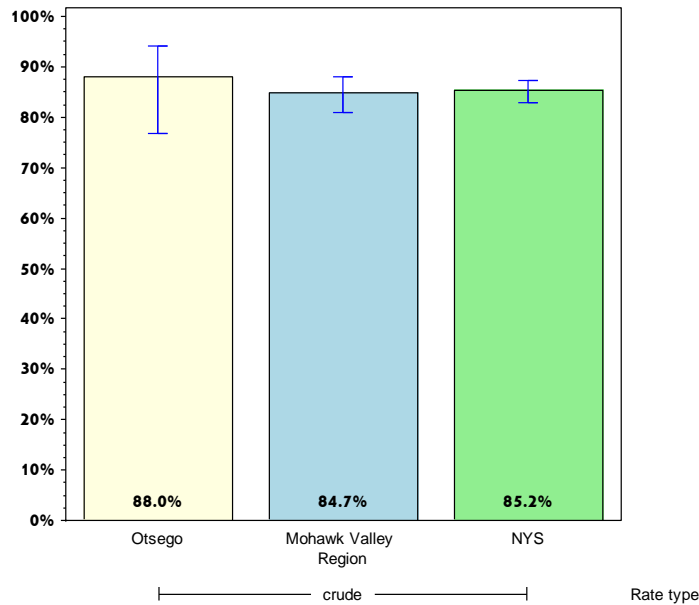
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Otsego

Improve Health Status and Reduce Health Disparities

Percentage of adults aged 18-64 years with healthcare coverage



Otsego County

Mohawk Valley

	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	34,328	88.0 [^]	(76.7-94.2)	135,591	84.7	(80.9-87.9)
Age⁺						
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH	28,625	88.0 [^]	(74.5-94.9)	119,366	85.5	(81.6-88.8)
Black, NH		#			#	
Hispanic		#		7,974	72.7 [^]	(48.5-88.3)
Other, NH		#			#	
Sex						
male	14,951	80.2 [^]	(59.3-91.8)	62,882	80.6	(73.5-86.1)
female	19,377	95.1	(90.2-97.6)	72,708	88.7	(85.3-91.4)
Age-adjusted^{+,&}						

& Percent is age-adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

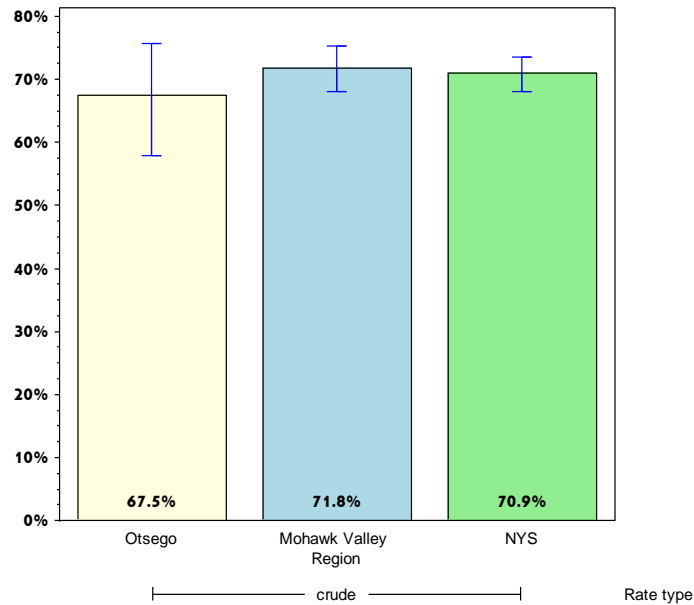
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Otsego

Improve Health Status and Reduce Health Disparities

Percentage of adults aged 18-64 years who saw a doctor for a routine checkup within the last year



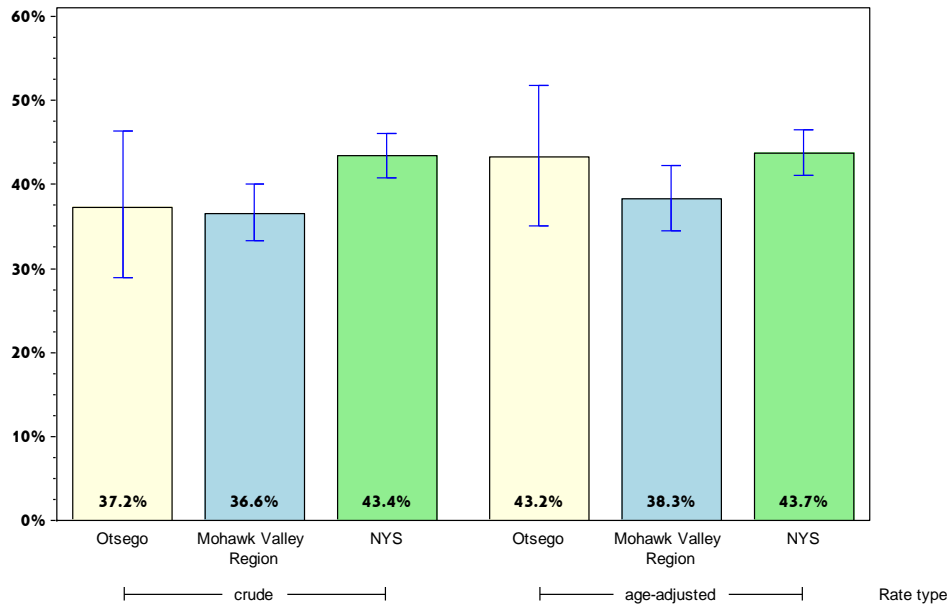
	Otsego County			Mohawk Valley		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	25,338	67.5	(57.9-75.7)	114,077	71.8	(68.1-75.2)
Age⁺						
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH	19,628	63.2	(53.3-72.0)	99,065	71.6	(67.9-75.0)
Black, NH		#			#	
Hispanic		#		7,461	68.0 [^]	(44.9-84.7)
Other, NH		#			#	
Sex						
male	10,323	60.0 [^]	(44.2-74.0)	51,586	67.1	(61.0-72.8)
female	15,015	73.7 [^]	(61.8-82.9)	62,491	76.2	(71.9-80.1)
Age-adjusted^{+,&}						

& Percent is age-adjusted to the 2000 United States Population.
 + Age-adjusted and age specific percent not generated for health indicators with age range limits.
 # Rates with <10 in the numerator or <50 in the denominator are suppressed.
 ^ Highly variable rate (confidence interval with a half-width greater than 10).

Otsego

Improve Health Status and Reduce Health Disparities

Percentage of adults experiencing housing insecurity in the past 12 months*



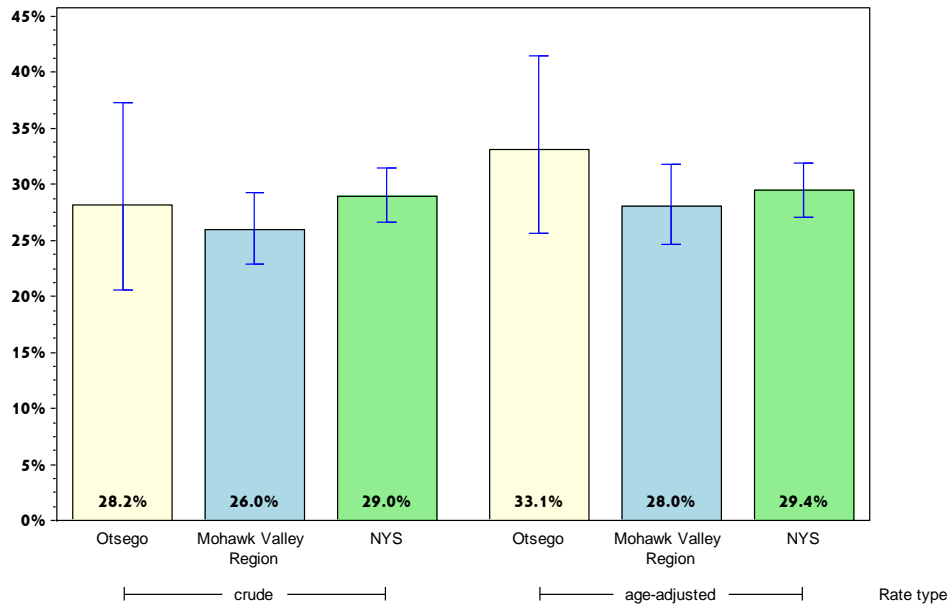
	Otsego County			Mohawk Valley		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	16,463	37.2	(28.9-46.3)	68,431	36.6	(33.3-40.0)
Age		#				
18-24		#		5,154	29.2 [^]	(16.5-46.1)
25-34		#		13,314	44.3 [^]	(34.2-55.0)
35-44		#		12,783	50.7	(40.9-60.5)
45-64	4,836	30.3 [^]	(20.7-42.1)	28,632	40.5	(35.7-45.4)
65+	1,543	15.8	(9.6-25.0)	8,011	19.0	(15.8-22.7)
Race						
White, NH	14,730	39.3	(30.9-48.4)	60,465	36.6	(33.3-40.0)
Black, NH		#			#	
Hispanic		#		4,317	40.8 [^]	(23.4-60.7)
Other, NH		#		2,119	26.7 [^]	(12.4-48.4)
Sex						
male	7,121	33.8 [^]	(21.0-49.4)	29,853	33.1	(28.1-38.5)
female	9,342	40.3 [^]	(30.6-50.9)	38,579	39.8	(35.7-44.1)
Age-adjusted^{&}		43.2	(35.1-51.8)		38.3	(34.5-42.2)

* Worried or stressed about having enough money to pay for rent or mortgage.
 & Percent is age-adjusted to the 2000 United States Population.
 # Rates with <10 in the numerator or <50 in the denominator are suppressed.
 ^ Highly variable rate (confidence interval with a half-width greater than 10).

Otsego

Improve Health Status and Reduce Health Disparities

Percentage of adults experiencing food insecurity in the past 12 months*



Otsego County

Mohawk Valley

	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	13,384	28.2	(20.6-37.3)	51,745	26.0	(22.9-29.2)
Age						
18-24	#	#		6,939	30.9 [^]	(18.6-46.7)
25-34	#	#		10,887	35.0 [^]	(25.5-46.0)
35-44	#	#		9,575	36.6	(28.0-46.2)
45-64	3,106	19.0	(12.2-28.4)	19,400	26.2	(22.3-30.4)
65+	812	7.8	(4.5-13.1)	4,715	10.7	(8.2-13.7)
Race						
White, NH	11,145	27.4	(19.6-36.8)	44,036	25.0	(22.0-28.3)
Black, NH	#	#		#	#	
Hispanic	#	#		4,530	37.2 [^]	(21.3-56.5)
Other, NH	#	#		2,354	29.0 [^]	(13.7-51.3)
Sex						
male	5,954	25.6 [^]	(14.5-41.0)	23,314	23.9	(19.2-29.2)
female	7,431	30.6 [^]	(21.4-41.7)	28,431	28.0	(24.3-32.0)
Age-adjusted^{&}		33.1	(25.7-41.5)		28.0	(24.6-31.8)

* Worried or stressed about having enough money to buy nutritious meals.

& Percent is age-adjusted to the 2000 United States Population.

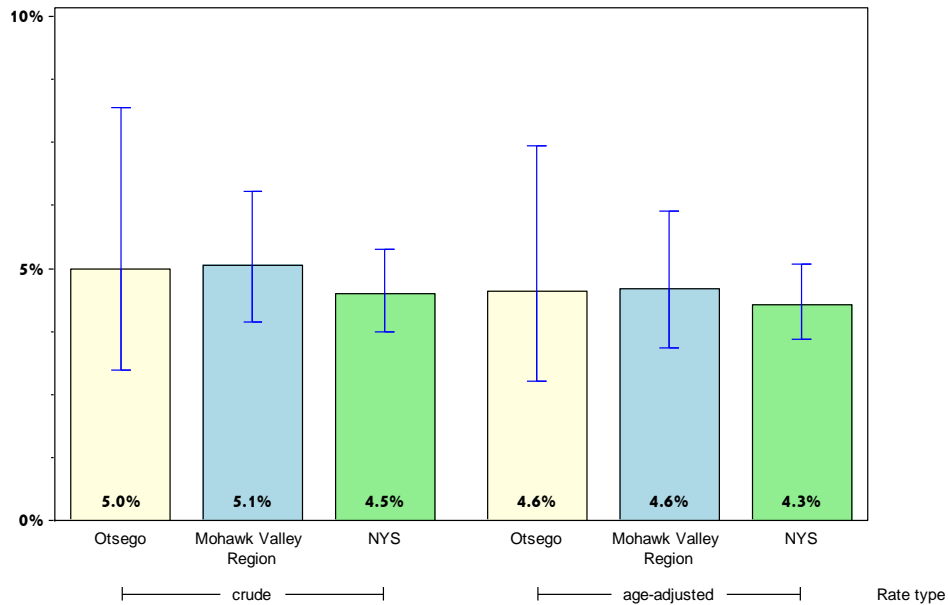
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Otsego

Improve Health Status and Reduce Health Disparities

Percentage of adults with poor self-reported health



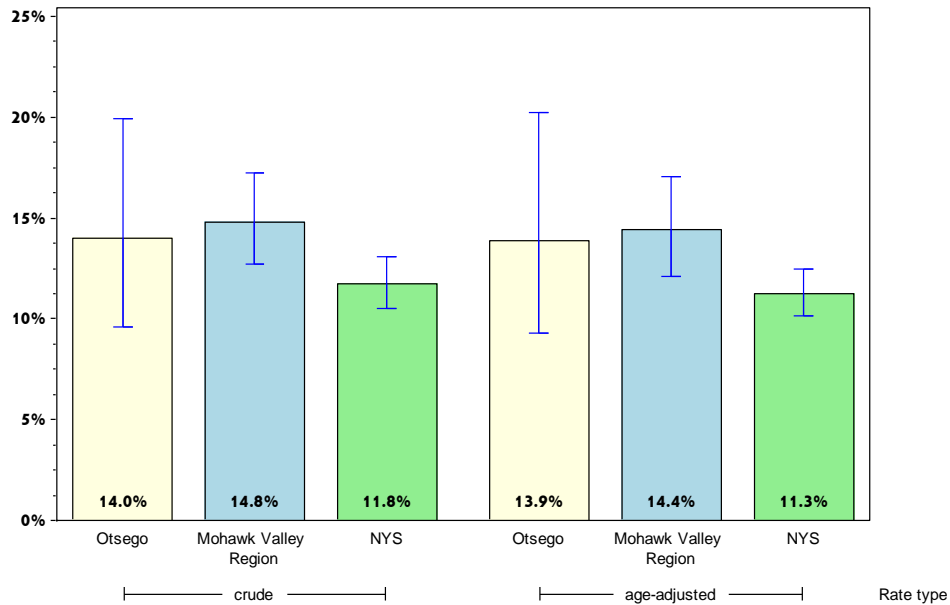
	Otsego County			Mohawk Valley		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	2,496	5.0	(3.0-8.2)	10,550	5.1	(3.9-6.5)
Age		#			#	
18-24		#			#	
25-34		#			#	
35-44		#			#	
45-64	1,037	6.3	(2.6-14.6)	6,176	8.2	(5.8-11.3)
65+	1,089	10.0	(5.0-19.2)	2,659	5.8	(4.1-8.2)
Race						
White, NH	2,284	5.4	(3.1-9.1)	9,037	4.9	(3.8-6.3)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male	1,151	4.8	(2.1-10.7)	3,898	3.9	(2.6-5.6)
female	1,345	5.1	(2.8-9.4)	6,652	6.2	(4.5-8.6)
Age-adjusted^{&}		4.6	(2.8-7.4)		4.6	(3.4-6.1)

& Percent is age-adjusted to the 2000 United States Population.
 # Rates with <10 in the numerator or <50 in the denominator are suppressed.

Otsego

Improve Health Status and Reduce Health Disparities

Percentage of adults who report 14 or more days of poor physical health*



	Otsego County			Mohawk Valley		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	6,784	14.0	(9.6-19.9)	29,861	14.8	(12.7-17.2)
Age		#			#	
18-24		#			#	
25-34		#		3,109	9.9	(5.3-17.8)
35-44		#		4,086	15.3	(9.4-23.8)
45-64	1,917	11.7	(6.3-20.8)	13,912	18.9	(15.3-23.1)
65+	1,857	18.1	(11.3-27.5)	6,869	15.7	(12.7-19.2)
Race						
White, NH	6,154	14.8	(10.1-21.2)	25,670	14.4	(12.3-16.8)
Black, NH		#			#	
Hispanic		#		3,000	24.1 [^]	(12.3-41.8)
Other, NH		#		1,035	12.8 [^]	(4.1-33.4)
Sex						
male	2,175	9.5	(5.1-17.1)	11,588	12.0	(9.4-15.1)
female	4,609	18.0	(11.5-27.2)	18,273	17.5	(14.3-21.1)
Age-adjusted^{&}		13.9	(9.3-20.3)		14.4	(12.1-17.0)

* Out of the past 30 days.

& Percent is age-adjusted to the 2000 United States Population.

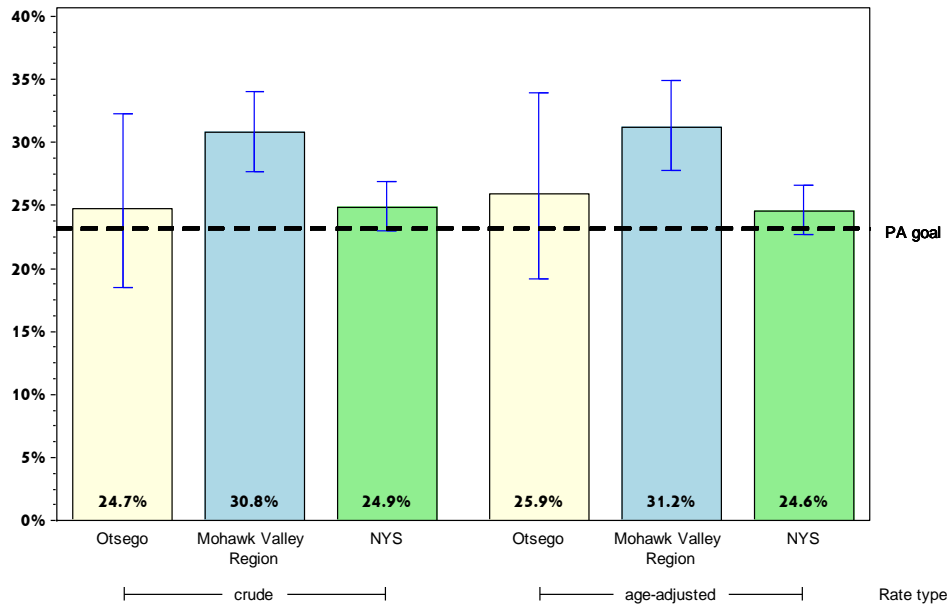
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Otsego

Prevent Chronic Diseases

Percentage of adults who are obese*



Otsego County

Mohawk Valley

	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	11,865	24.7	(18.5-32.2)	60,595	30.8	(27.7-34.0)
Age						
18-24	#	#		4,420	18.4 [^]	(8.7-34.7)
25-34	#	#		9,122	31.3 [^]	(22.1-42.3)
35-44	#	#		9,682	36.9	(28.3-46.4)
45-64	3,947	25.0 [^]	(16.7-35.7)	24,732	34.4	(29.8-39.3)
65+	2,371	22.5 [^]	(13.7-34.6)	12,362	27.8	(23.8-32.2)
Race						
White, NH	11,390	27.8	(20.9-35.8)	53,932	31.0	(27.9-34.4)
Black, NH	#	#		#	#	
Hispanic	#	#		2,996	27.1 [^]	(14.7-44.5)
Other, NH	#	#		2,236	25.2 [^]	(11.2-47.3)
Sex						
male	5,388	22.5 [^]	(13.5-35.0)	31,672	32.0	(27.2-37.2)
female	6,477	27.0	(19.4-36.3)	28,923	29.5	(25.7-33.6)
Age-adjusted^{&}		25.9	(19.2-34.0)		31.2	(27.7-34.9)

* Obesity defined as a Body Mass Index (BMI) ≥ 30 . BMI is calculated based on weight and height.

& Percent is age-adjusted to the 2000 United States Population.

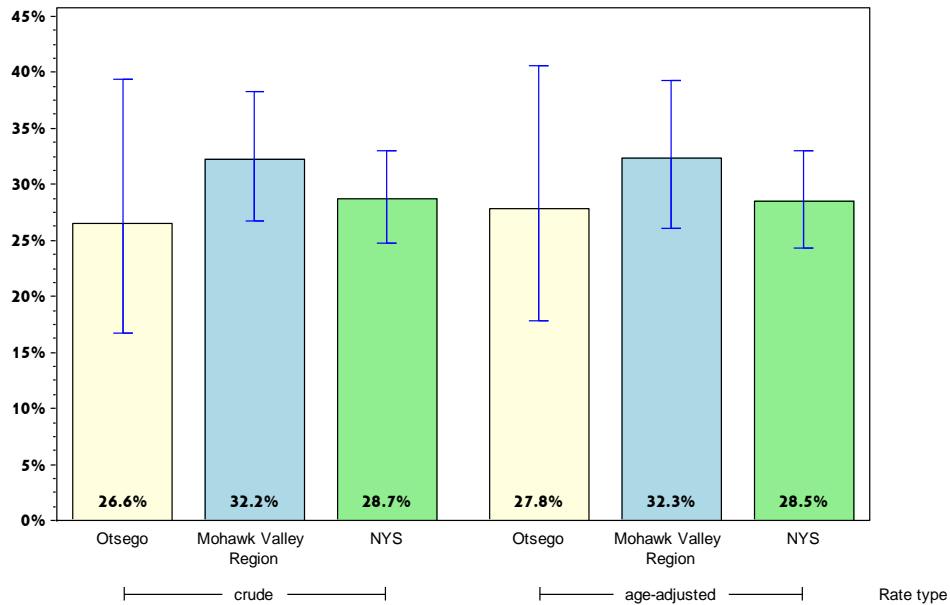
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Otsego

Prevent Chronic Diseases

Percentage of adults with an annual household income less than \$25,000 who are obese*



Otsego County

Mohawk Valley

	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	3,125	26.6 [^]	(16.7-39.4)	17,765	32.2	(26.8-38.3)
Age		#			#	
18-24		#			#	
25-34		#			#	
35-44		#		2,079	32.6 [^]	(17.9-51.7)
45-64		#		6,638	34.5	(27.0-42.9)
65+		#		4,972	30.4	(23.7-38.1)
Race						
White, NH	2,732	28.5 [^]	(17.7-42.4)	14,894	31.6	(25.8-38.0)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male		#		8,275	34.0 [^]	(24.5-45.0)
female	1,933	26.0 [^]	(15.1-41.0)	9,491	30.9	(24.9-37.5)
Age-adjusted^{&}		27.8 [^]	(17.8-40.6)		32.3	(26.1-39.3)

* Obesity defined as a Body Mass Index (BMI) ≥ 30 . BMI is calculated based on weight and height.

& Percent is age-adjusted to the 2000 United States Population.

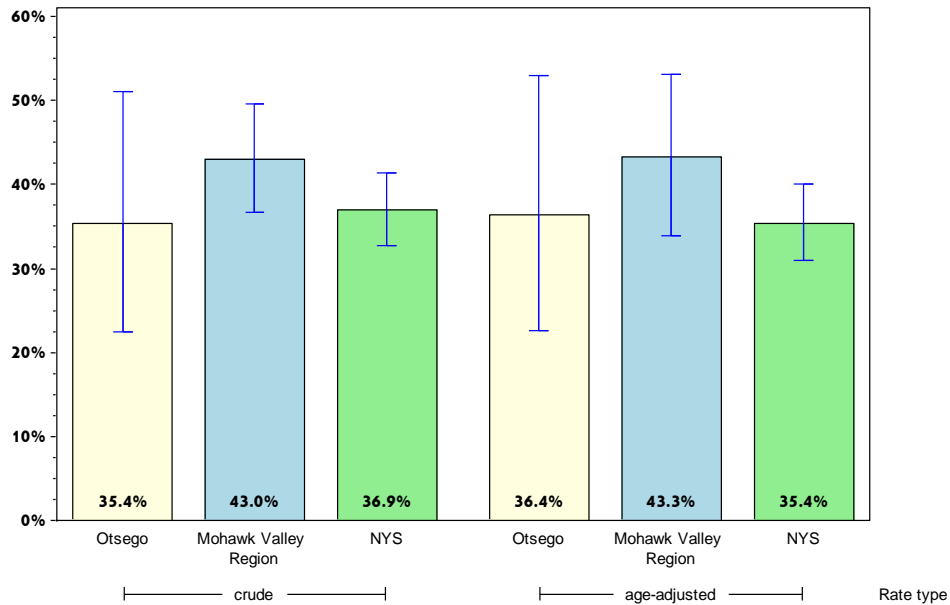
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Otsego

Prevent Chronic Diseases

Percentage of adults living with a disability who are obese*



	Otsego County			Mohawk Valley		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	4,089	35.4 [^]	(22.4-51.0)	22,893	43.0	(36.7-49.6)
Age		#			#	
18-24		#			#	
25-34		#			#	
35-44		#			#	
45-64		#		10,332	44.7 [^]	(34.6-55.3)
65+	2,067	43.7 [^]	(28.0-60.7)	6,555	40.1	(32.9-47.8)
Race						
White, NH	3,782	41.8 [^]	(29.9-54.7)	19,729	44.7	(38.9-50.8)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male		#		10,802	40.2 [^]	(30.8-50.3)
female	1,896	35.2 [^]	(22.0-51.1)	12,091	45.9	(38.0-54.0)
Age-adjusted^{&}		36.4 [^]	(22.6-53.0)		43.3	(33.9-53.1)

* Obesity defined as a Body Mass Index (BMI) ≥ 30 . BMI is calculated based on weight and height. Limited activities (physical, mental, or emotional problems); need of special equipment (e.g. cane, wheel chair).

& Percent is age-adjusted to the 2000 United States Population.

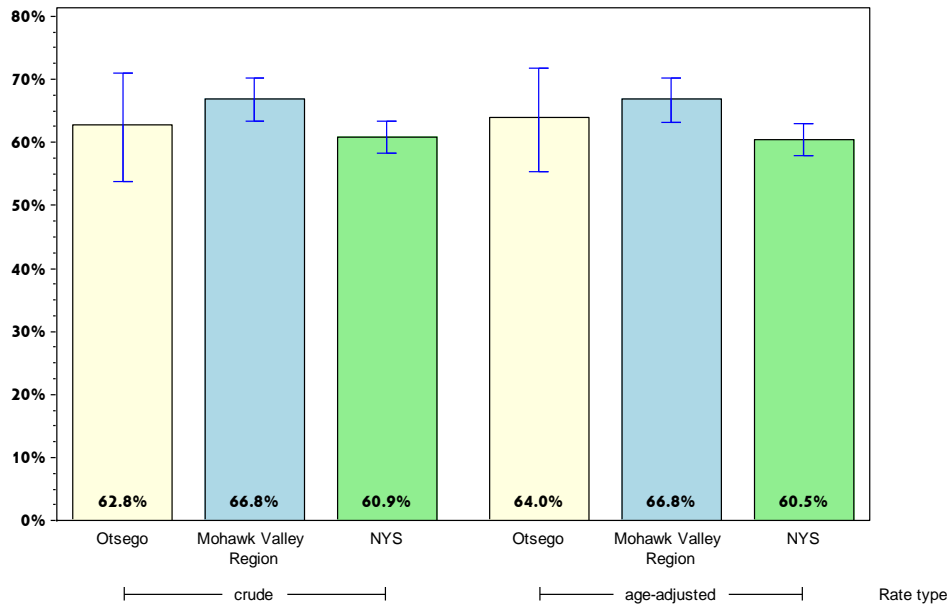
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Otsego

Prevent Chronic Diseases

Percentage of adults overweight or obese*



	Otsego County			Mohawk Valley		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	30,155	62.8	(53.8-71.0)	131,535	66.8	(63.3-70.1)
Age						
18-24		#		10,728	44.7 [^]	(30.9-59.3)
25-34		#		16,842	57.8 [^]	(47.2-67.8)
35-44		#		20,315	77.4	(70.0-83.4)
45-64	10,698	67.7 [^]	(50.2-81.3)	51,948	72.3	(67.1-77.0)
65+	7,426	70.4 [^]	(59.1-79.6)	31,025	69.8	(65.3-73.9)
Race						
White, NH	25,962	63.3	(54.9-71.0)	115,938	66.7	(63.3-70.0)
Black, NH		#			#	
Hispanic		#		8,112	73.4 [^]	(55.6-85.9)
Other, NH		#		4,931	55.5 [^]	(29.6-78.8)
Sex						
male	15,250	63.6 [^]	(48.4-76.4)	70,693	71.4	(65.8-76.5)
female	14,906	62.1 [^]	(51.9-71.4)	60,843	62.1	(57.8-66.2)
Age-adjusted^{&}		64.0	(55.4-71.8)		66.8	(63.2-70.2)

* Defined as a Body Mass Index (BMI) ≥ 25 . BMI is calculated based on weight and height.

& Percent is age-adjusted to the 2000 United States Population.

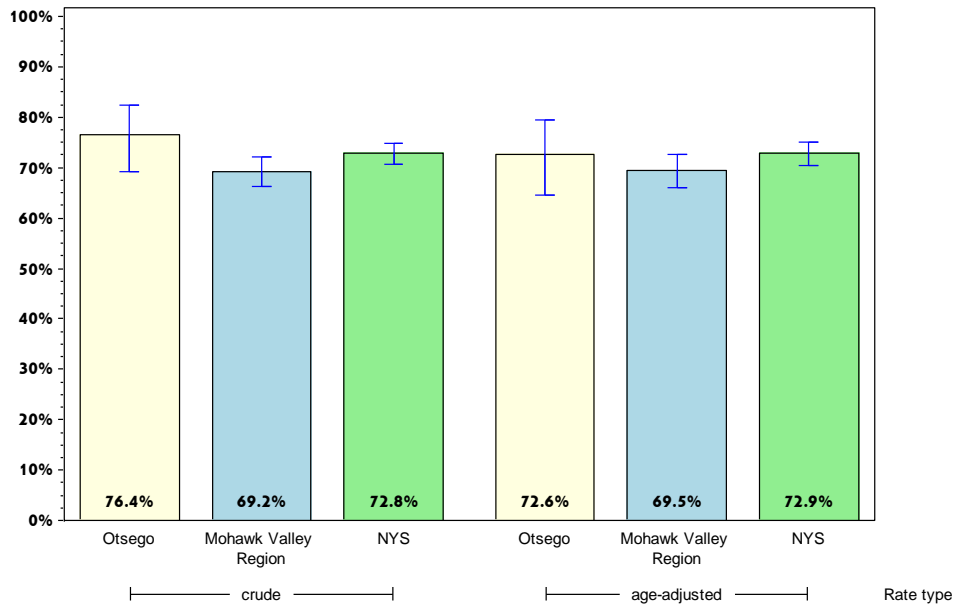
Rates with < 10 in the numerator or < 50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Otsego

Prevent Chronic Diseases

Percentage of adults who participated in leisure time physical activity in the past 30 days*



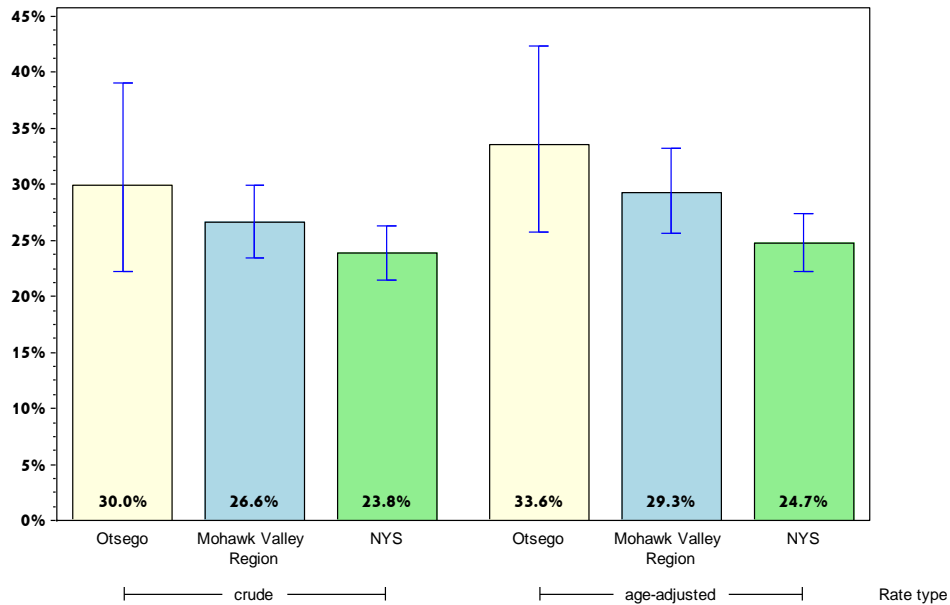
	Otsego County			Mohawk Valley		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	36,335	76.4	(69.2-82.4)	138,763	69.2	(66.2-72.1)
Age						
18-24	#	#		16,894	73.4 [^]	(58.5-84.5)
25-34	#	#		26,053	82.7	(75.0-88.4)
35-44	#	#		16,488	63.4	(53.8-72.0)
45-64	13,701	83.7	(74.8-89.8)	49,363	66.6	(61.9-71.0)
65+	7,423	70.9 [^]	(59.1-80.4)	29,150	65.3	(60.7-69.6)
Race						
White, NH	31,200	76.7	(69.7-82.5)	122,921	69.5	(66.4-72.4)
Black, NH	#	#		#	#	
Hispanic	#	#		7,241	59.4 [^]	(40.6-75.8)
Other, NH	#	#		6,518	80.5 [^]	(63.1-90.9)
Sex						
male	18,617	80.0 [^]	(69.6-87.4)	69,524	70.6	(65.7-75.1)
female	17,718	73.1 [^]	(62.8-81.4)	69,239	67.9	(64.0-71.5)
Age-adjusted^{&}		72.6	(64.5-79.4)		69.5	(66.1-72.7)

* Any physical activities or exercises such as running or walking
 & Percent is age-adjusted to the 2000 United States Population.
 # Rates with <10 in the numerator or <50 in the denominator are suppressed.
 ^ Highly variable rate (confidence interval with a half-width greater than 10).

Otsego

Prevent Chronic Diseases

Percentage of adults who consume one or more sugary drinks daily*



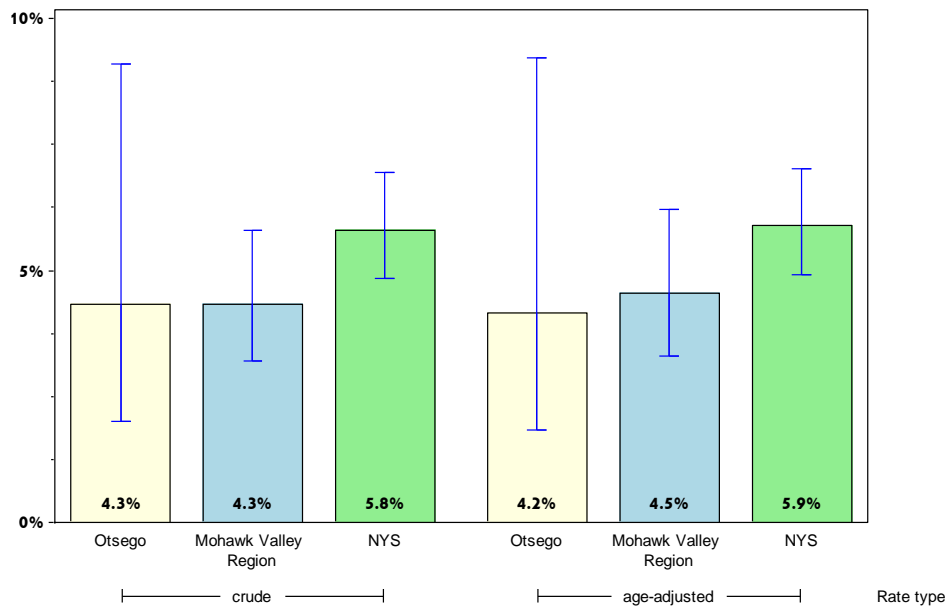
	Otsego County			Mohawk Valley		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	14,120	30.0	(22.2-39.0)	52,428	26.6	(23.4-30.0)
Age						
18-24	#	#		9,776	43.6 [^]	(30.0-58.2)
25-34	#	#		12,116	39.3 [^]	(29.4-50.1)
35-44	#	#		9,558	36.9 [^]	(27.1-48.0)
45-64	3,016	18.5 [^]	(11.3-28.7)	13,685	18.8	(15.4-22.7)
65+	1,053	10.2	(5.2-19.1)	7,223	16.4	(13.1-20.4)
Race						
White, NH	12,195	30.3	(22.4-39.5)	44,750	25.7	(22.6-29.1)
Black, NH	#	#		#	#	
Hispanic	#	#		5,831	48.2 [^]	(30.0-66.9)
Other, NH	#	#		#	#	
Sex						
male	8,885	38.6 [^]	(25.8-53.1)	30,568	31.7	(26.6-37.3)
female	5,235	21.7 [^]	(13.7-32.7)	21,860	21.7	(18.1-25.7)
Age-adjusted^{&}		33.6	(25.8-42.4)		29.3	(25.7-33.2)

* Sugary drinks include regular soda, and sugar-sweetened drinks.
 & Percent is age-adjusted to the 2000 United States Population.
 # Rates with <10 in the numerator or <50 in the denominator are suppressed.
 ^ Highly variable rate (confidence interval with a half-width greater than 10).

Otsego

Prevent Chronic Diseases

Percentage of adults who consume fast-food three or more times per week



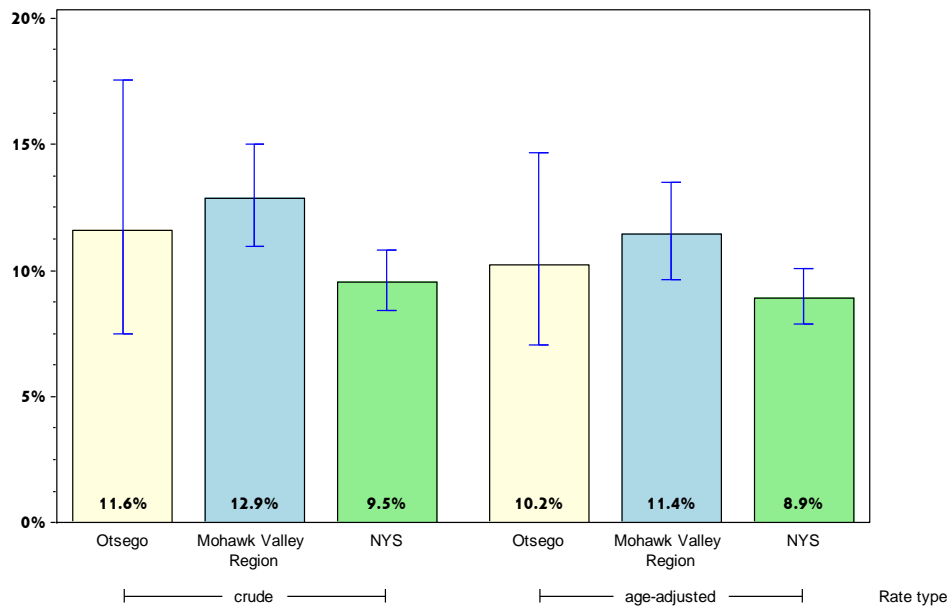
	Otsego County			Mohawk Valley		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	2,017	4.3	(2.0-9.1)	8,472	4.3	(3.2-5.8)
Age		#			#	
18-24		#			#	
25-34		#		1,686	5.5	(2.7-10.9)
35-44		#		946	3.7	(1.9-6.9)
45-64		#		2,524	3.5	(2.4-5.0)
65+		#		1,145	2.6	(1.5-4.5)
Race						
White, NH	1,633	4.1	(1.8-9.1)	7,397	4.3	(3.1-5.8)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male	1,961	8.7	(3.9-18.2)	6,106	6.4	(4.4-9.2)
female		#		2,366	2.4	(1.5-3.6)
Age-adjusted^{&}		4.2	(1.8-9.2)		4.5	(3.3-6.2)

& Percent is age-adjusted to the 2000 United States Population.
 # Rates with <10 in the numerator or <50 in the denominator are suppressed.

Otsego

Prevent Chronic Diseases

Percentage of adults with physician diagnosed diabetes*



Otsego County

Mohawk Valley

	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	5,903	11.6	(7.5-17.5)	26,908	12.9	(11.0-15.0)
Age		#			#	
18-24		#			#	
25-34		#		1,776	5.6	(2.7-11.2)
35-44		#		2,255	8.0	(4.0-15.5)
45-64	1,531	9.0	(5.2-15.3)	11,420	15.0	(11.9-18.6)
65+	3,455	31.8 [^]	(18.7-48.5)	11,318	24.6	(20.0-29.9)
Race						
White, NH	4,216	9.8	(6.9-13.6)	21,832	11.8	(10.2-13.8)
Black, NH		#			#	
Hispanic		#		1,646	13.0 [^]	(5.8-26.6)
Other, NH		#		2,456	27.4 [^]	(10.7-54.3)
Sex						
male	2,607	10.7 [^]	(4.7-22.4)	13,341	13.1	(10.2-16.8)
female	3,296	12.5	(7.9-19.1)	13,567	12.6	(10.4-15.3)
Age-adjusted^{&}		10.2	(7.0-14.7)		11.4	(9.7-13.5)

* As diagnosed by a health professional.

& Percent is age-adjusted to the 2000 United States Population.

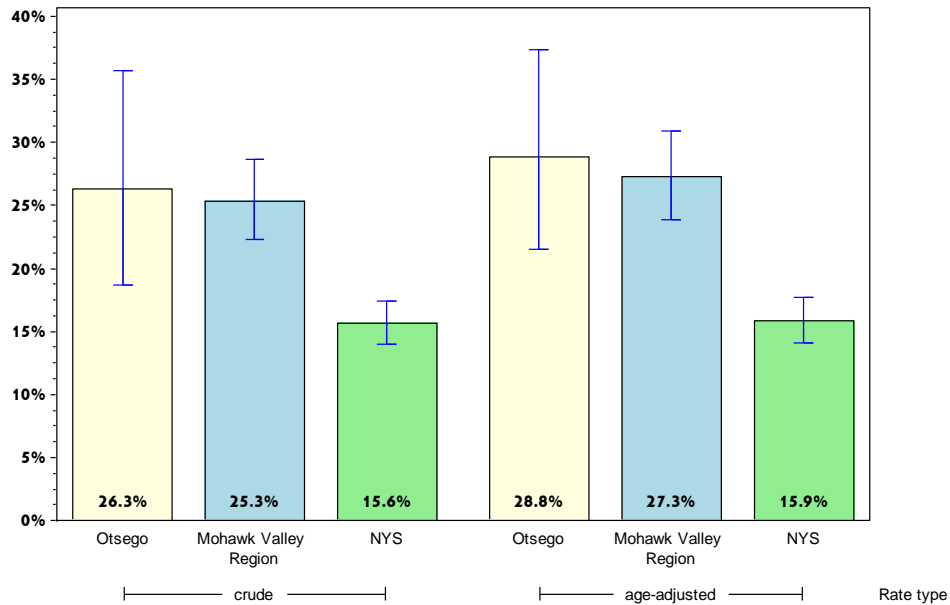
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Otsego

Prevent Chronic Diseases

Percentage of adults who are current smokers



Otsego County

Mohawk Valley

	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	13,146	26.3	(18.7-35.7)	52,067	25.3	(22.3-28.7)
Age		#				
18-24		#		5,575	23.0 [^]	(12.8-37.9)
25-34		#		12,670	39.8 [^]	(29.8-50.7)
35-44		#		9,692	34.7	(26.0-44.6)
45-64	3,258	19.7 [^]	(12.5-29.7)	20,418	27.1	(23.0-31.6)
65+	846	8.0	(3.7-16.7)	3,513	7.9	(5.8-10.8)
Race						
White, NH	10,436	24.7	(17.0-34.3)	45,456	25.2	(22.0-28.6)
Black, NH		#			#	
Hispanic		#		3,750	29.7 [^]	(15.5-49.2)
Other, NH		#		2,323	25.9 [^]	(11.1-49.5)
Sex						
male	7,596	31.2 [^]	(18.9-46.9)	28,059	27.9	(22.9-33.5)
female	5,550	21.6 [^]	(13.9-32.0)	24,008	22.9	(19.5-26.7)
Age-adjusted^{&}		28.8	(21.5-37.4)		27.3	(23.9-30.9)

& Percent is age-adjusted to the 2000 United States Population.

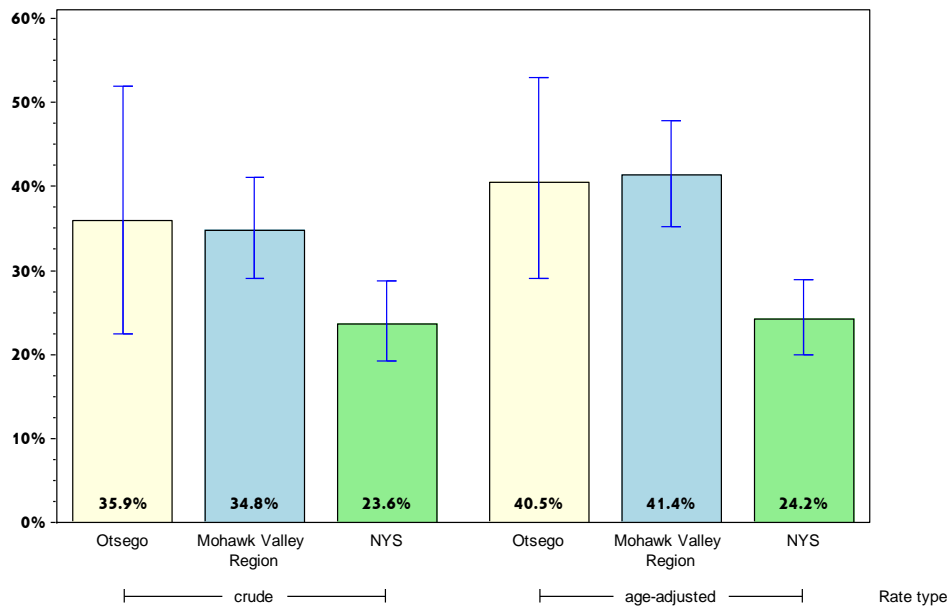
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Otsego

Prevent Chronic Diseases

Percentage of adults with annual household income less than \$25,000 who are current smokers



	Otsego County			Mohawk Valley		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	4,464	35.9 [^]	(22.5-51.9)	19,843	34.8	(29.0-41.0)
Age		#			#	
18-24		#			#	
25-34		#		3,104	44.7 [^]	(29.0-61.5)
35-44		#		4,248	66.0 [^]	(48.0-80.3)
45-64		#		7,288	36.4	(29.1-44.3)
65+		#		1,892	11.7	(7.6-17.6)
Race						
White, NH	2,668	27.3 [^]	(15.9-42.7)	16,819	34.6	(28.7-41.1)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male		#		9,513	39.1 [^]	(29.5-49.6)
female	3,043	37.5 [^]	(20.3-58.4)	10,330	31.5	(24.7-39.2)
Age-adjusted^{&}		40.5 [^]	(29.0-53.0)		41.4	(35.2-47.9)

& Percent is age-adjusted to the 2000 United States Population.

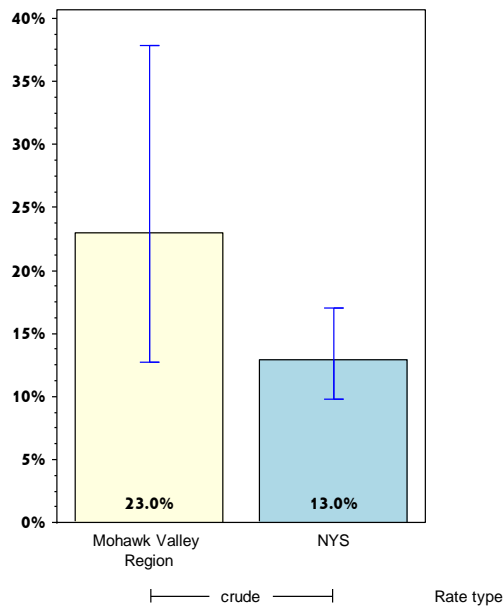
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Otsego

Prevent Chronic Diseases

Percentage of adults aged 18-24 years who are current smokers



Otsego County

Mohawk Valley

	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total		#		5,575	23.0 [^]	(12.8-37.9)
Age⁺						
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH		#		5,397	24.9 [^]	(13.6-41.1)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male		#			#	
female		#			#	
Age-adjusted^{+,&}						

& Percent is age-adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

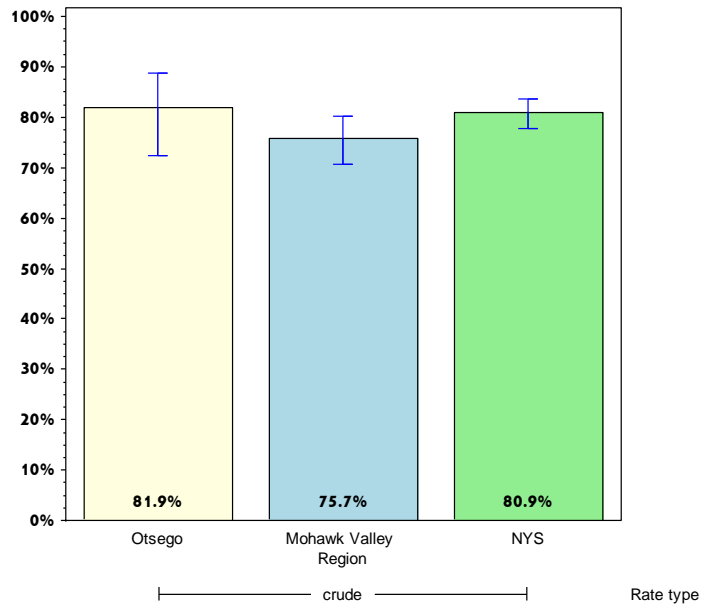
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Otsego

Prevent Chronic Diseases

Percentage of women aged 50-74 years receiving breast cancer screening based on recent guidelines*



Otsego County

Mohawk Valley

	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	7,042	81.9	(72.3-88.7)	30,177	75.7	(70.6-80.1)
Age⁺						
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH	6,818	82.3	(72.5-89.1)	27,509	78.0	(73.7-81.8)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male		#			#	
female	7,042	81.9	(72.3-88.7)	30,177	75.7	(70.6-80.1)
Age-adjusted^{+,&}						

* Mammogram within past 2 years.

& Percent is age-adjusted to the 2000 United States Population.

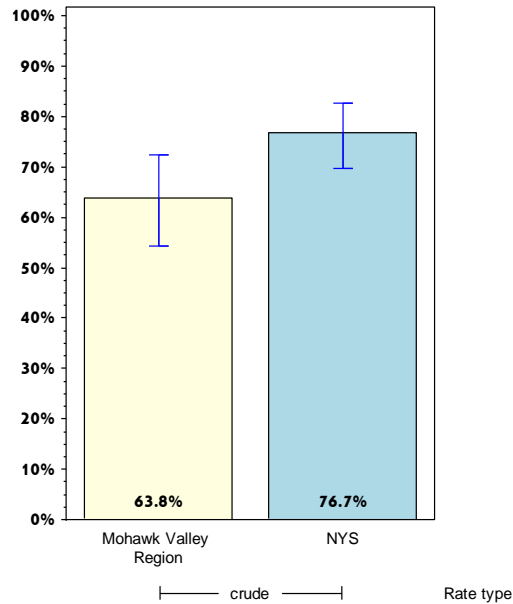
+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

Rates with <10 in the numerator or <50 in the denominator are suppressed.

Otsego

Prevent Chronic Diseases

Percentage of women aged 50-74 years with annual household income of less than \$25,000 receiving breast cancer screening based on recent guidelines*



	Otsego County			Mohawk Valley		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total		#		7,622	63.8	(54.2-72.4)
Age⁺						
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH		#		6,482	66.1	(56.5-74.5)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male		#			#	
female		#		7,622	63.8	(54.2-72.4)
Age-adjusted^{+,&}						

* Mammogram within past 2 years.

& Percent is age-adjusted to the 2000 United States Population.

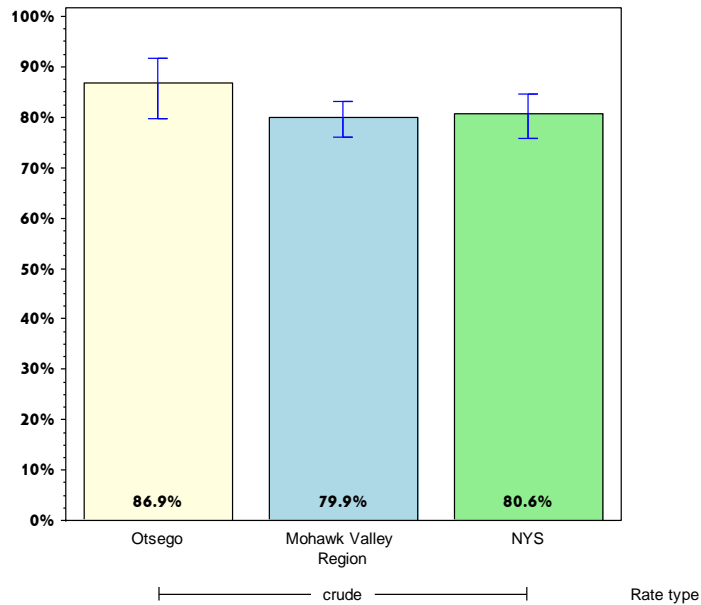
+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

Rates with <10 in the numerator or <50 in the denominator are suppressed.

Otsego

Prevent Chronic Diseases

Percentage of women aged 21-65 years receiving cervical cancer screening based on recent guidelines*



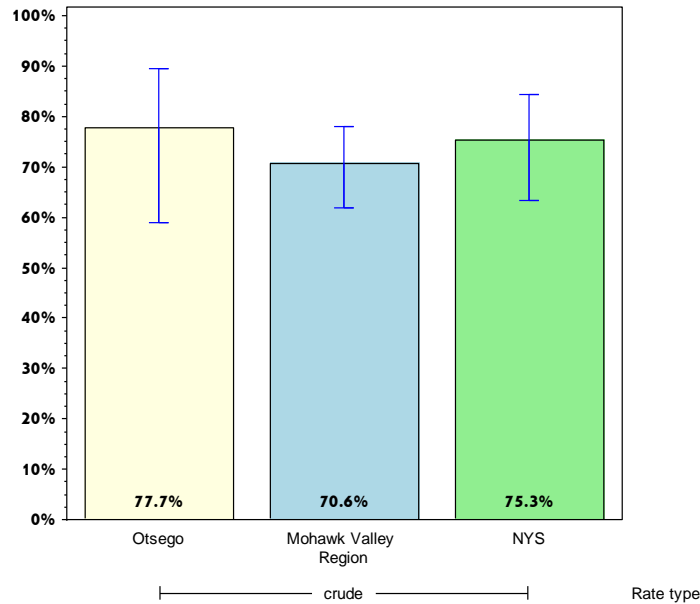
	Otsego County			Mohawk Valley		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	15,985	86.9	(79.8-91.7)	58,844	79.9	(76.1-83.2)
Age⁺						
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH	14,055	86.5	(78.9-91.7)	52,741	80.0	(76.1-83.4)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male		#			#	
female	15,985	86.9	(79.8-91.7)	58,844	79.9	(76.1-83.2)
Age-adjusted^{+,&}						

* Pap test within past 3 years.
 & Percent is age-adjusted to the 2000 United States Population.
 + Age-adjusted and age specific percent not generated for health indicators with age range limits.
 # Rates with <10 in the numerator or <50 in the denominator are suppressed.

Otsego

Prevent Chronic Diseases

Percentage of women aged 21-65 years with annual household income of less than \$25,000 receiving cervical cancer screening based on recent guidelines*



	Otsego County			Mohawk Valley		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total Age⁺	4,588	77.7 [^]	(58.9-89.4)	14,979	70.6	(61.8-78.1)
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH		#		12,453	71.0	(61.8-78.6)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male		#			#	
female	4,588	77.7 [^]	(58.9-89.4)	14,979	70.6	(61.8-78.1)
Age-adjusted^{+,&}						

* Pap test within past 3 years.

& Percent is age-adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

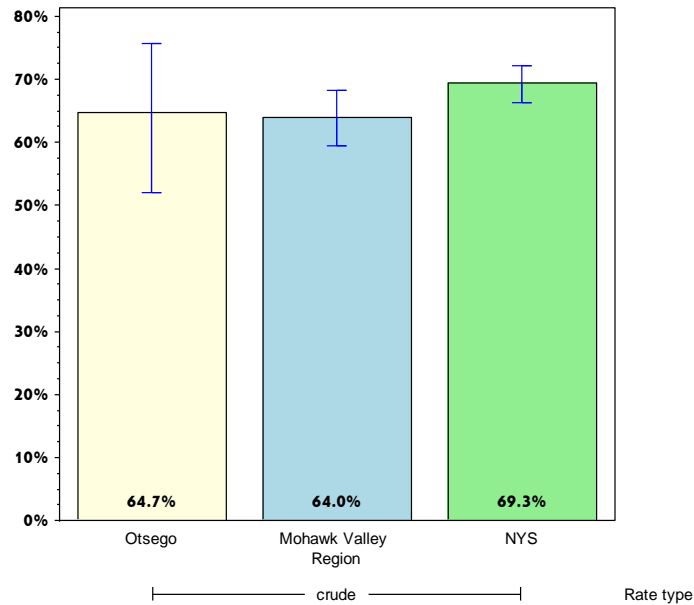
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Otsego

Prevent Chronic Diseases

Percentage of adults aged 50-75 years receiving colorectal cancer screening based on recent guidelines*



Otsego County

Mohawk Valley

	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	12,087	64.7 [^]	(52.1-75.6)	50,394	64.0	(59.5-68.2)
Age⁺						
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH	10,062	66.4	(57.3-74.5)	45,621	66.3	(62.5-70.0)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male	5,621	56.6 [^]	(35.6-75.4)	24,385	63.8	(56.4-70.5)
female	6,466	74.0 [^]	(62.4-83.0)	26,009	64.2	(58.7-69.3)
Age-adjusted^{+,&}						

* Blood stool test within 1 year, or sigmoidoscopy within 5 years with blood stool test within 3 years, or colonoscopy within 10 years.

& Percent is age-adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

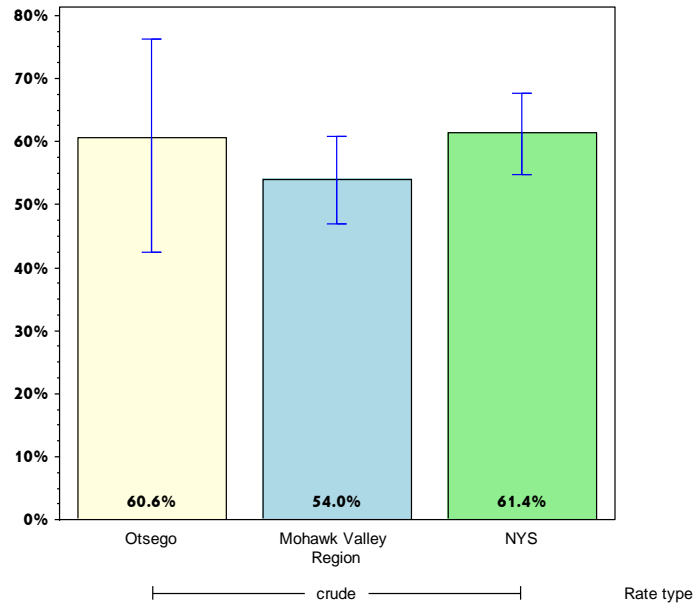
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Otsego

Prevent Chronic Diseases

Percentage of adults aged 50-75 years with annual household income less than \$25,000 receiving colorectal cancer screening based on recent guidelines*



	Otsego County			Mohawk Valley		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	2,239	60.6 [^]	(42.5-76.2)	11,737	54.0	(47.0-60.7)
Age⁺						
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH	1,990	59.2 [^]	(40.4-75.7)	10,335	56.2	(49.1-63.0)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male		#		5,221	54.4 [^]	(43.8-64.7)
female		#		6,516	53.6	(44.5-62.5)
Age-adjusted^{+,&}						

* Blood stool test within 1 year, or sigmoidoscopy within 5 years with blood stool test within 3 years, or colonoscopy within 10 years.

& Percent is age-adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

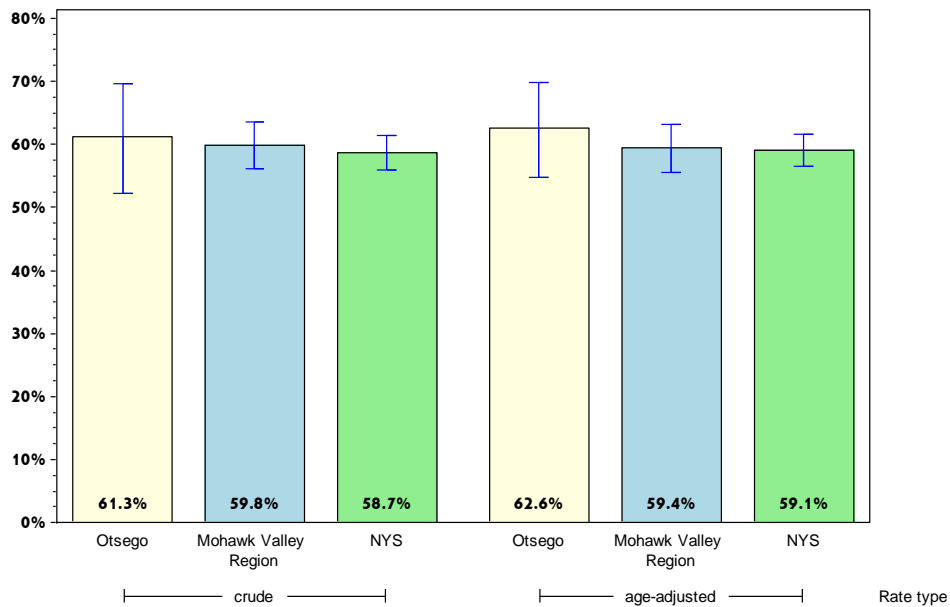
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Otsego

Prevent Chronic Diseases

Percentage of adults who had a test for high blood sugar or diabetes within the past three years



	Otsego County			Mohawk Valley		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	26,486	61.3	(52.3-69.6)	105,935	59.8	(56.1-63.5)
Age		#				
18-24		#		7,570	31.3 [^]	(19.1-46.8)
25-34		#		16,024	55.2 [^]	(44.5-65.4)
35-44		#		15,536	60.7 [^]	(50.3-70.2)
45-64	11,058	72.3 [^]	(60.5-81.6)	43,443	68.2	(63.4-72.7)
65+	4,225	63.5 [^]	(50.6-74.7)	22,579	68.3	(63.1-73.0)
Race						
White, NH	21,175	56.9	(47.9-65.5)	94,138	59.8	(56.1-63.5)
Black, NH		#			#	
Hispanic		#		5,108	46.7 [^]	(28.0-66.3)
Other, NH		#			#	
Sex						
male	12,589	61.2 [^]	(46.4-74.2)	46,949	54.9	(48.8-60.9)
female	13,897	61.4 [^]	(50.3-71.4)	58,985	64.4	(60.0-68.6)
Age-adjusted^{&}		62.6	(54.8-69.8)		59.4	(55.6-63.2)

& Percent is age-adjusted to the 2000 United States Population.

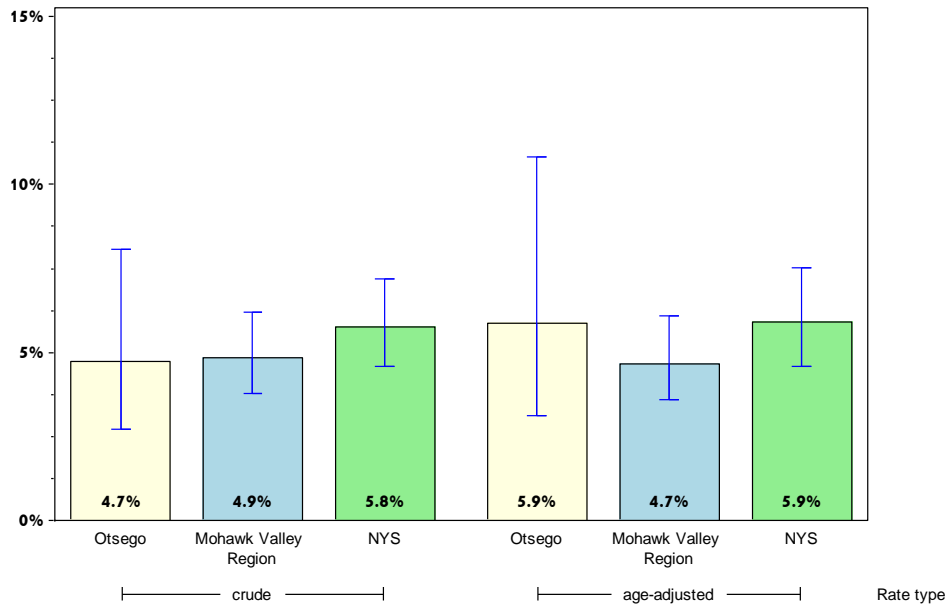
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Otsego

Prevent Chronic Diseases

Percentage of adults with physician-diagnosed prediabetes



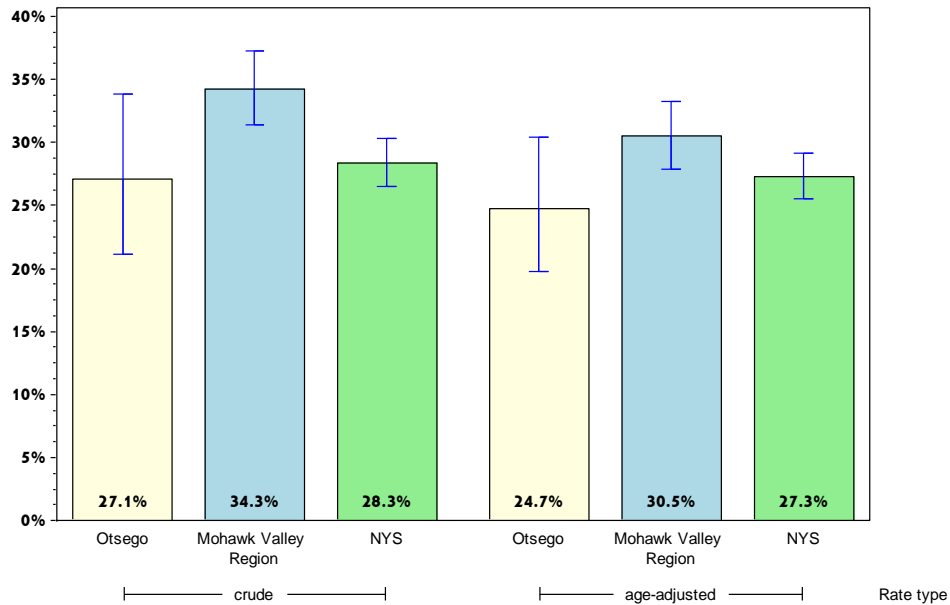
	Otsego County			Mohawk Valley		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	2,080	4.7	(2.7-8.1)	8,690	4.9	(3.8-6.2)
Age		#			#	
18-24		#			#	
25-34		#			#	
35-44		#			#	
45-64	772	5.1	(2.3-11.0)	3,916	6.2	(4.2-9.1)
65+	466	6.4	(3.3-12.0)	2,933	8.7	(6.3-11.8)
Race						
White, NH	2,055	5.4	(3.1-9.2)	8,433	5.3	(4.1-6.8)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male		#		3,986	4.6	(3.0-6.8)
female	1,822	8.0	(4.4-14.0)	4,704	5.1	(3.8-6.9)
Age-adjusted^{&}		5.9	(3.1-10.8)		4.7	(3.6-6.1)

& Percent is age-adjusted to the 2000 United States Population.
 # Rates with <10 in the numerator or <50 in the denominator are suppressed.

Otsego

Prevent Chronic Diseases

Percentage of adults with physician-diagnosed high blood pressure



Otsego County

Mohawk Valley

	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	13,684	27.1	(21.2-33.9)	71,371	34.3	(31.4-37.3)
Age		#			#	
18-24		#			#	
25-34		#		4,214	13.2	(8.2-20.6)
35-44		#		6,237	22.1	(15.4-30.8)
45-64	5,178	30.7 [^]	(21.4-41.8)	30,476	40.1	(35.5-44.9)
65+	6,461	59.5 [^]	(46.8-71.1)	28,845	62.9	(58.2-67.3)
Race						
White, NH	12,072	28.1	(22.6-34.5)	63,747	34.8	(31.9-37.7)
Black, NH		#			#	
Hispanic		#		3,383	26.7 [^]	(14.8-43.5)
Other, NH		#		3,562	39.7 [^]	(19.3-64.5)
Sex						
male	5,753	23.8 [^]	(15.1-35.3)	35,130	34.8	(30.3-39.6)
female	7,931	30.1	(22.9-38.4)	36,241	33.8	(30.2-37.6)
Age-adjusted^{&}		24.7	(19.7-30.4)		30.5	(27.9-33.3)

& Percent is age-adjusted to the 2000 United States Population.

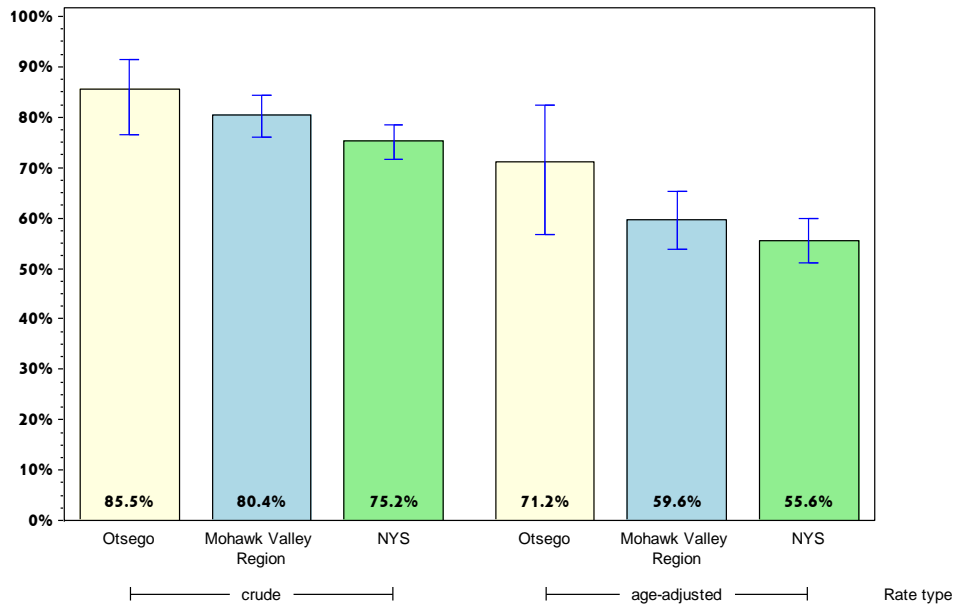
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Otsego

Prevent Chronic Diseases

Percentage of adults with diagnosed high blood pressure taking high blood pressure medication



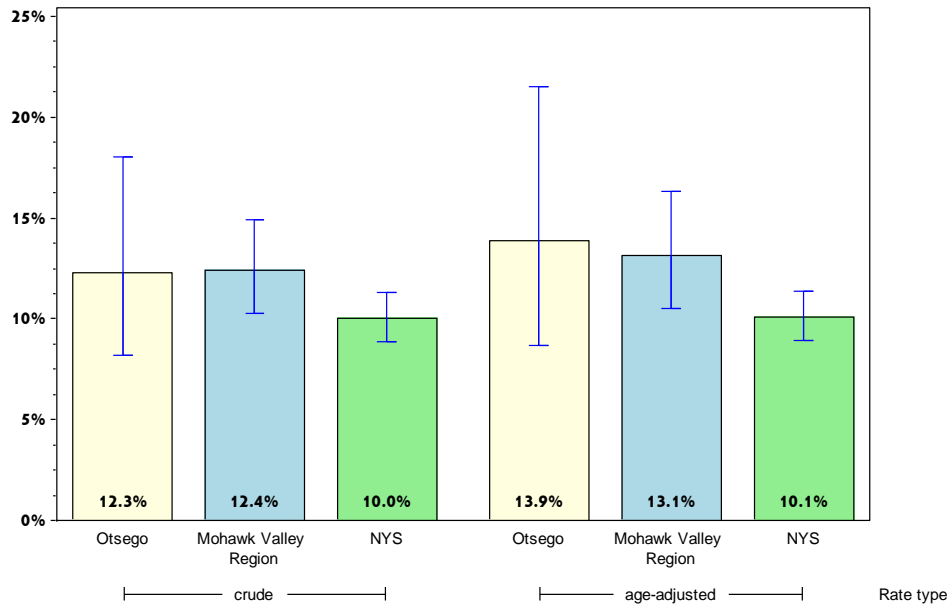
	Otsego County			Mohawk Valley		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	11,705	85.5	(76.5-91.5)	57,303	80.4	(75.9-84.3)
Age		#			#	
18-24		#			#	
25-34		#			#	
35-44		#			#	
45-64	4,512	87.1 [^]	(72.9-94.5)	24,611	80.8	(74.4-85.8)
65+	5,703	88.3 [^]	(74.1-95.2)	26,906	93.6	(90.2-95.8)
Race						
White, NH	10,092	83.6	(74.0-90.1)	51,214	80.5	(75.8-84.5)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male	4,542	78.9 [^]	(60.1-90.3)	26,829	76.6	(70.1-82.0)
female	7,162	90.3	(81.1-95.3)	30,474	84.2	(77.4-89.3)
Age-adjusted^{&}		71.2 [^]	(56.8-82.4)		59.6	(53.7-65.3)

& Percent is age-adjusted to the 2000 United States Population.
 # Rates with <10 in the numerator or <50 in the denominator are suppressed.
 ^ Highly variable rate (confidence interval with a half-width greater than 10).

Otsego

Prevent Chronic Diseases

Percentage of adults with current asthma*



Otsego County

Mohawk Valley

	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	6,152	12.3	(8.2-18.0)	25,680	12.4	(10.3-14.9)
Age		#				
18-24		#		3,091	13.0 [^]	(6.2-25.2)
25-34		#		3,952	12.5	(7.8-19.4)
35-44		#		5,118	18.2 [^]	(10.1-30.4)
45-64	1,725	10.2	(5.7-17.7)	9,161	12.1	(9.5-15.3)
65+	816	7.6	(3.9-14.1)	4,273	9.3	(6.9-12.4)
Race						
White, NH	4,358	10.3	(7.0-14.8)	20,573	11.2	(9.4-13.4)
Black, NH		#			#	
Hispanic		#		3,786	31.9 [^]	(15.4-54.6)
Other, NH		#			#	
Sex						
male	1,566	6.4	(3.1-12.8)	8,771	8.7	(5.8-12.8)
female	4,586	17.8	(11.2-27.1)	16,909	15.9	(13.0-19.3)
Age-adjusted^{&}		13.9	(8.7-21.5)		13.1	(10.5-16.3)

* Physician diagnosed asthma.

& Percent is age-adjusted to the 2000 United States Population.

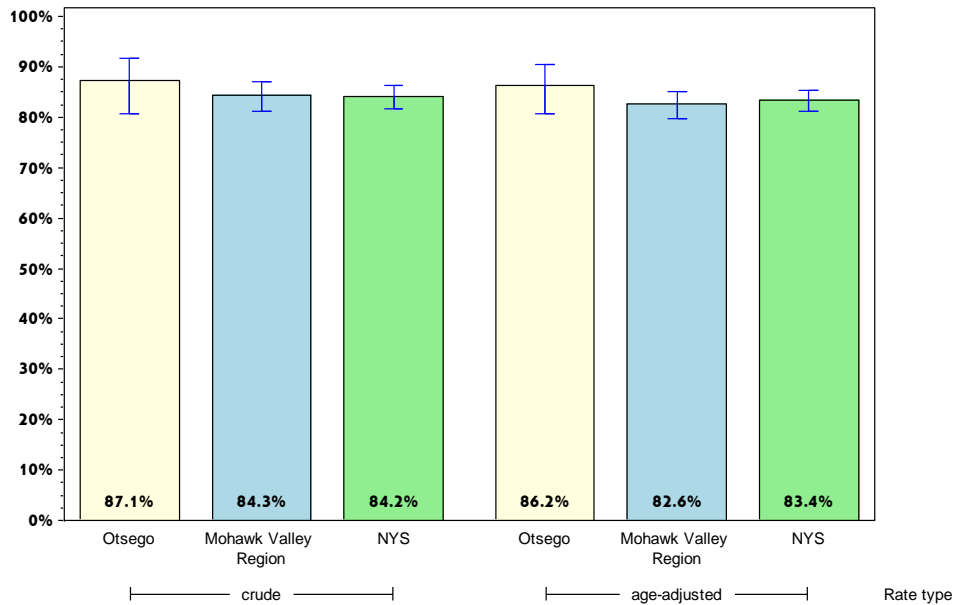
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Otsego

Prevent Chronic Diseases

Percent of adults with cholesterol checked*



Otsego County

Mohawk Valley

	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	42,296	87.1	(80.7-91.7)	172,485	84.3	(81.1-87.0)
Age						
18-24	#	#		8,988	37.6 [^]	(24.8-52.4)
25-34	#	#		22,994	76.0	(68.2-82.3)
35-44	#	#		24,643	88.7	(82.9-92.7)
45-64	16,500	97.2	(90.5-99.2)	70,539	92.8	(89.6-95.1)
65+	10,367	97.3	(90.5-99.2)	44,081	97.7	(95.9-98.8)
Race						
White, NH	35,050	85.8	(78.5-90.9)	152,925	84.9	(81.5-87.7)
Black, NH	#	#		#	#	
Hispanic	#	#		9,191	74.7 [^]	(56.4-87.1)
Other, NH	#	#		7,972	88.9 [^]	(75.7-95.3)
Sex						
male	19,555	86.3	(76.7-92.3)	79,506	80.4	(74.9-85.0)
female	22,742	87.9 [^]	(77.7-93.8)	92,979	87.9	(84.6-90.6)
Age-adjusted^{&}		86.2	(80.7-90.4)		82.6	(79.8-85.0)

* As diagnosed by a health professional.

& Percent is age-adjusted to the 2000 United States Population.

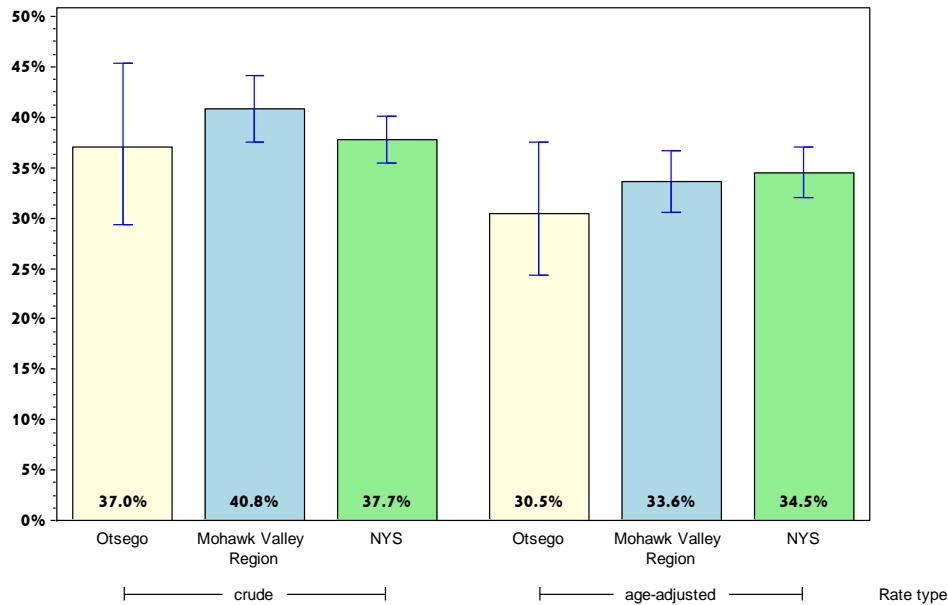
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Otsego

Prevent Chronic Diseases

Percentage of adults 18 years and older with elevated cholesterol*



Otsego County

Mohawk Valley

	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	15,516	37.0	(29.4-45.3)	69,936	40.8	(37.5-44.1)
Age		#			#	
18-24		#			#	
25-34		#		4,385	19.1 [^]	(11.6-29.9)
35-44		#		6,830	27.7	(19.8-37.3)
45-64	6,538	40.5 [^]	(29.0-53.1)	32,804	47.0	(42.0-52.0)
65+	5,924	57.1 [^]	(44.1-69.2)	25,396	57.9	(53.1-62.6)
Race						
White, NH	12,564	36.2	(29.3-43.8)	61,740	40.6	(37.5-43.8)
Black, NH		#			#	
Hispanic		#		4,290	46.7 [^]	(26.7-67.7)
Other, NH		#			#	
Sex						
male	7,486	39.0 [^]	(26.1-53.6)	34,064	43.1	(37.8-48.6)
female	8,030	35.3	(26.9-44.8)	35,873	38.8	(34.8-42.8)
Age-adjusted^{&}		30.5	(24.3-37.5)		33.6	(30.6-36.7)

* As diagnosed by a health professional.

& Percent is age-adjusted to the 2000 United States Population.

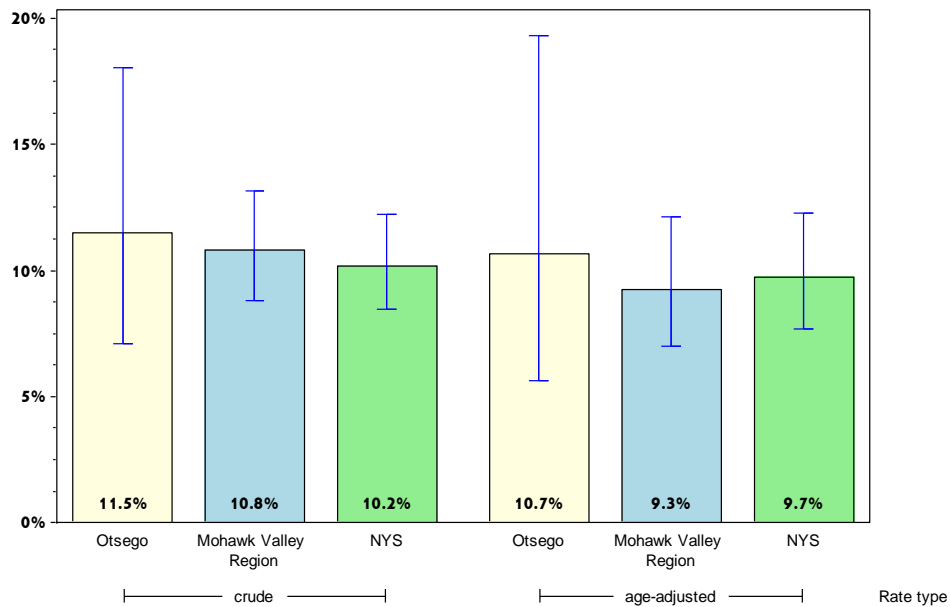
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Otsego

Prevent Chronic Diseases

Percentage of adults who have taken a course or class to learn how to manage their chronic disease or condition*



	Otsego County			Mohawk Valley		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	2,888	11.5	(7.1-18.1)	12,472	10.8	(8.8-13.2)
Age		#			#	
18-24		#			#	
25-34		#			#	
35-44		#			#	
45-64	1,119	13.9	(7.9-23.2)	5,325	11.1	(8.2-15.0)
65+	835	9.8	(4.9-18.6)	4,606	12.6	(9.6-16.3)
Race						
White, NH	2,311	10.8	(6.9-16.4)	10,903	10.8	(8.8-13.2)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male	665	6.6	(3.1-13.5)	5,467	10.2	(7.5-13.8)
female	2,223	14.8 [^]	(8.3-24.9)	7,005	11.3	(8.6-14.6)
Age-adjusted^{&}		10.7	(5.6-19.3)		9.3	(7.0-12.1)

* Courses for high blood pressure, arthritis, or diabetes.

& Percent is age-adjusted to the 2000 United States Population.

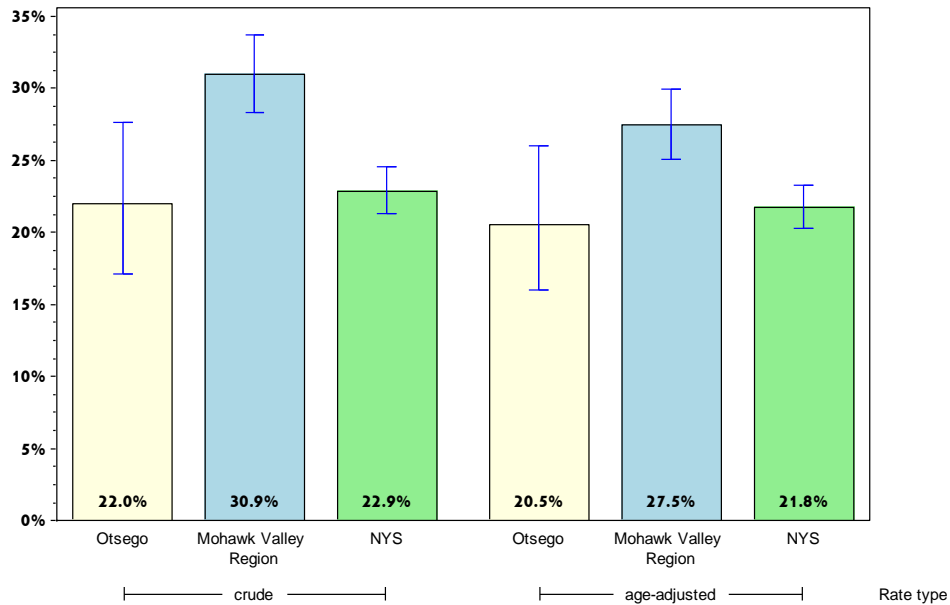
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Otsego

Prevent Chronic Diseases

Percentage of adults with arthritis*



Otsego County

Mohawk Valley

	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	11,113	22.0	(17.1-27.7)	64,351	30.9	(28.3-33.7)
Age		#			#	
18-24		#			#	
25-34		#		4,328	13.6	(8.7-20.6)
35-44		#		5,510	19.6	(13.7-27.0)
45-64	3,480	20.6	(13.7-29.7)	28,873	37.9	(33.5-42.6)
65+	5,525	51.3 [^]	(37.8-64.5)	24,702	53.9	(49.0-58.8)
Race						
White, NH	10,501	24.5	(19.3-30.4)	58,709	31.9	(29.2-34.8)
Black, NH		#			#	
Hispanic		#		3,287	27.3 [^]	(15.1-44.2)
Other, NH		#		1,541	17.4 [^]	(8.3-33.0)
Sex						
male	3,843	15.8	(10.2-23.7)	27,291	27.1	(23.2-31.3)
female	7,269	27.7	(20.8-35.8)	37,061	34.6	(31.1-38.2)
Age-adjusted^{&}		20.5	(16.0-26.0)		27.5	(25.1-29.9)

* Includes rheumatoid arthritis, gout, lupus, or fibromyalgia.

& Percent is age-adjusted to the 2000 United States Population.

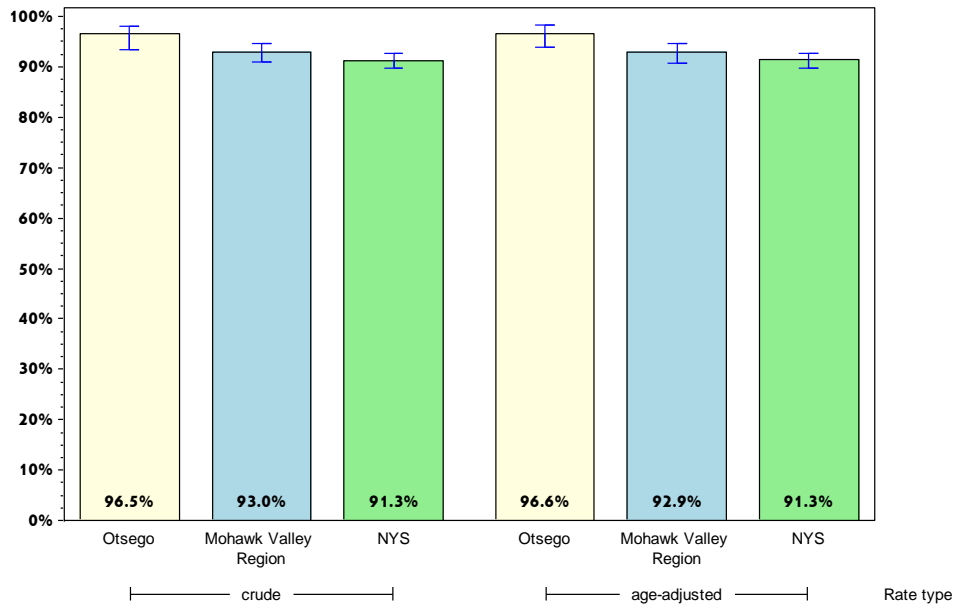
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Otsego

Promote a Healthy and Safe Environment

Percentage of adults who consider their neighborhood suitable for walking and physical activity



Otsego County

Mohawk Valley

	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	45,062	96.5	(93.5-98.1)	183,338	93.0	(90.9-94.6)
Age		#				
18-24		#		19,425	87.4 [^]	(70.4-95.3)
25-34		#		28,290	91.3	(86.1-94.7)
35-44		#		24,515	95.2	(90.6-97.6)
45-64	16,161	98.9	(96.5-99.7)	68,724	93.4	(90.8-95.3)
65+	9,436	96.4	(92.5-98.3)	41,118	94.8	(92.7-96.4)
Race						
White, NH	38,660	96.9	(94.6-98.3)	162,230	93.0	(90.8-94.7)
Black, NH		#			#	
Hispanic		#		10,248	89.2 [^]	(74.3-95.9)
Other, NH		#		7,643	94.2	(84.8-98.0)
Sex						
male	22,593	98.1	(89.9-99.7)	89,870	93.2	(89.2-95.8)
female	22,469	94.9	(91.0-97.2)	93,467	92.7	(90.7-94.3)
Age-adjusted^{&}		96.6	(93.8-98.2)		92.9	(90.6-94.6)

& Percent is age-adjusted to the 2000 United States Population.

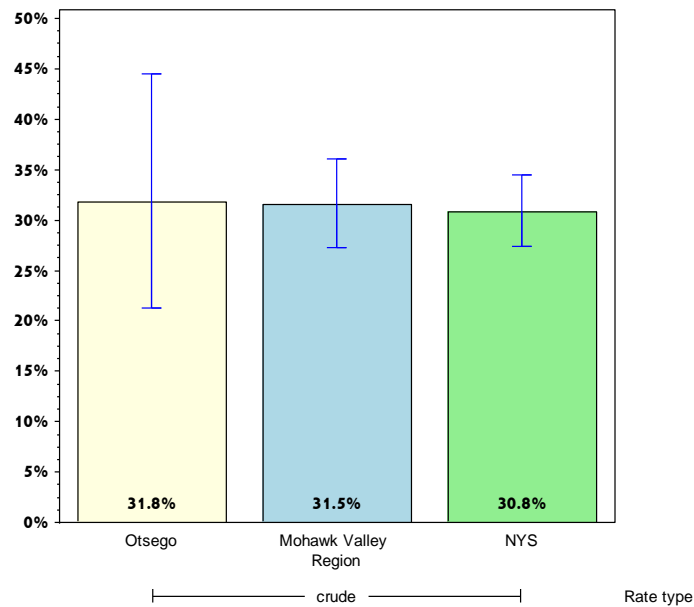
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Otsego

Promote a Health and Safe Environment

Percentage of adults aged 65+ years with at least one fall in the past 12 months



Otsego County

Mohawk Valley

	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	3,274	31.8 [^]	(21.3-44.5)	13,908	31.5	(27.3-36.1)
Age⁺						
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH	3,274	35.9 [^]	(25.7-47.6)	13,643	33.7	(29.4-38.3)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male		#		6,493	31.5	(24.6-39.3)
female	1,812	32.7 [^]	(21.9-45.7)	7,415	31.6	(26.7-36.9)
Age-adjusted^{+,&}						

& Percent is age-adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

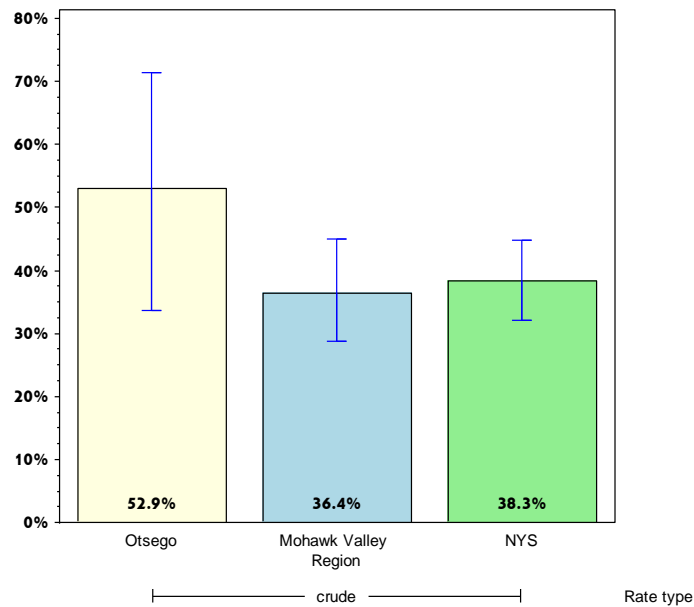
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Otsego

Promote a Health and Safe Environment

Among adults aged 65+ years with at least one fall in the past 12 months, percent that resulted in injury*



Otsego County

Mohawk Valley

	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	1,733	52.9 [^]	(33.6-71.4)	5,044	36.4	(28.7-44.9)
Age⁺						
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH	1,733	52.9 [^]	(33.6-71.4)	4,935	36.3	(28.5-44.9)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male		#		2,413	37.4 [^]	(24.9-51.8)
female		#		2,632	35.6	(26.9-45.3)
Age-adjusted^{+,&}						

* Falls that limited regular activities or lead to doctor visits.

& Percent is age-adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

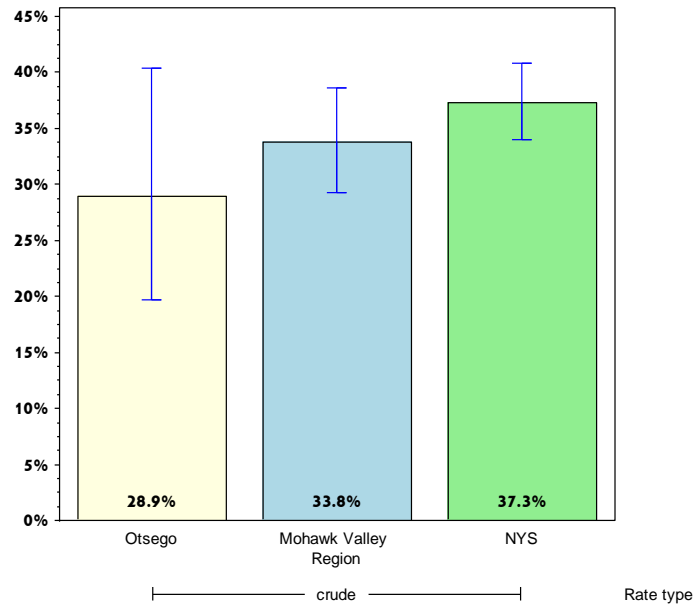
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Otsego

Prevent HIV/STDs, Vaccine Preventable Diseases and Healthcare-Associated Infections

Percentage of adults aged 47-68 years reporting ever tested for Hepatitis C (HCV)



Otsego County

Mohawk Valley

	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	4,985	28.9 [^]	(19.7-40.3)	24,095	33.8	(29.3-38.6)
Age⁺						
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH	4,905	36.7 [^]	(27.5-46.9)	21,229	34.4	(30.1-38.9)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male	2,937	30.7 [^]	(16.6-49.6)	12,842	36.2	(28.9-44.2)
female	2,048	26.7 [^]	(17.2-39.0)	11,253	31.4	(26.2-37.1)
Age-adjusted^{+,&}						

& Percent is age-adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

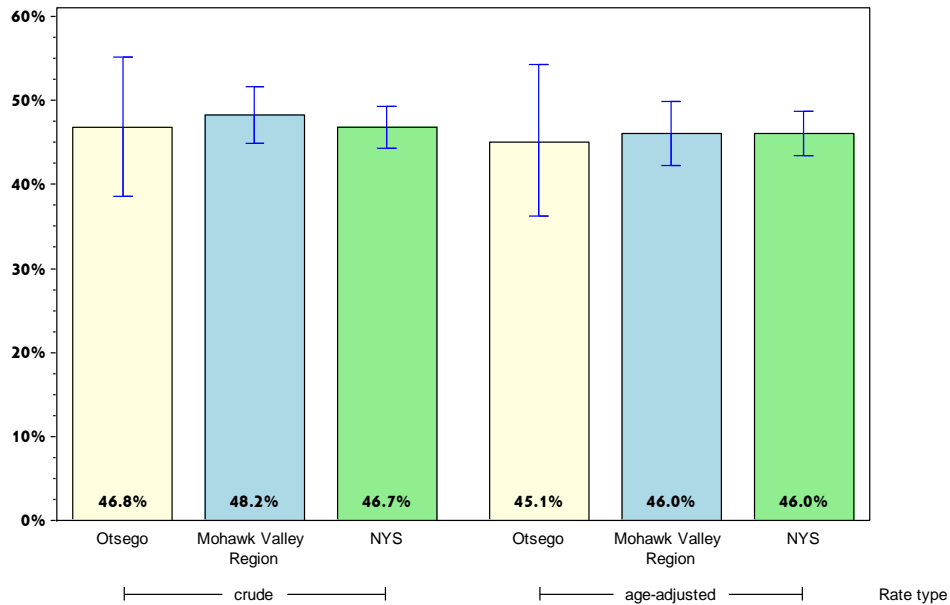
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Otsego

Prevent HIV/STDs, Vaccine Preventable Diseases and Healthcare-Associated Infections

Percentage of adults aged 18+ years with flu immunization in the past year*



Otsego County

Mohawk Valley

	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	22,158	46.8	(38.6-55.1)	95,697	48.2	(44.8-51.6)
Age		#				
18-24		#		8,112	37.2 [^]	(23.5-53.3)
25-34		#		12,248	39.5 [^]	(30.2-49.6)
35-44		#		10,337	39.7	(30.7-49.5)
45-64	6,549	40.0 [^]	(28.6-52.6)	33,478	45.3	(40.5-50.2)
65+	7,016	68.1 [^]	(50.9-81.5)	30,607	69.0	(63.8-73.8)
Race						
White, NH	19,087	47.1	(39.2-55.2)	86,474	49.2	(45.8-52.6)
Black, NH		#			#	
Hispanic		#		5,931	52.2 [^]	(33.2-70.6)
Other, NH		#		1,646	20.2 [^]	(9.4-38.3)
Sex						
male	7,343	31.8 [^]	(22.0-43.4)	40,862	42.2	(37.0-47.6)
female	14,815	61.1	(51.5-69.9)	54,834	53.9	(49.8-58.0)
Age-adjusted^{&}		45.1	(36.2-54.2)		46.0	(42.3-49.8)

* Includes flu shot or flu spray

& Percent is age-adjusted to the 2000 United States Population.

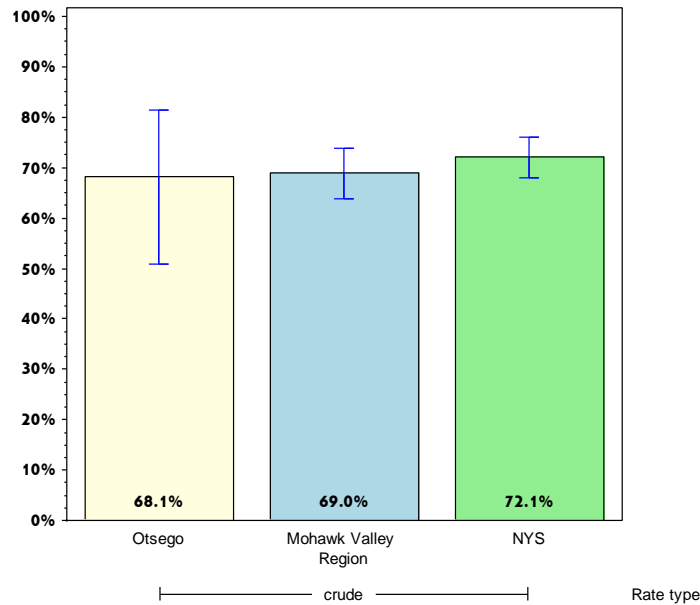
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Otsego

Prevent HIV/STDs, Vaccine Preventable Diseases and Healthcare-Associated Infections

Percentage of adults aged 65+ years with flu immunization in the past year*



Otsego County

Mohawk Valley

	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	7,016	68.1 [^]	(50.9-81.5)	30,607	69.0	(63.8-73.8)
Age⁺						
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH	6,842	75.1 [^]	(64.5-83.3)	28,875	71.0	(66.7-74.9)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male		#		13,326	64.3	(55.0-72.7)
female	4,324	78.1 [^]	(66.3-86.5)	17,281	73.2	(68.0-77.8)
Age-adjusted^{+,&}						

* Includes flu shot or flu spray

& Percent is age-adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

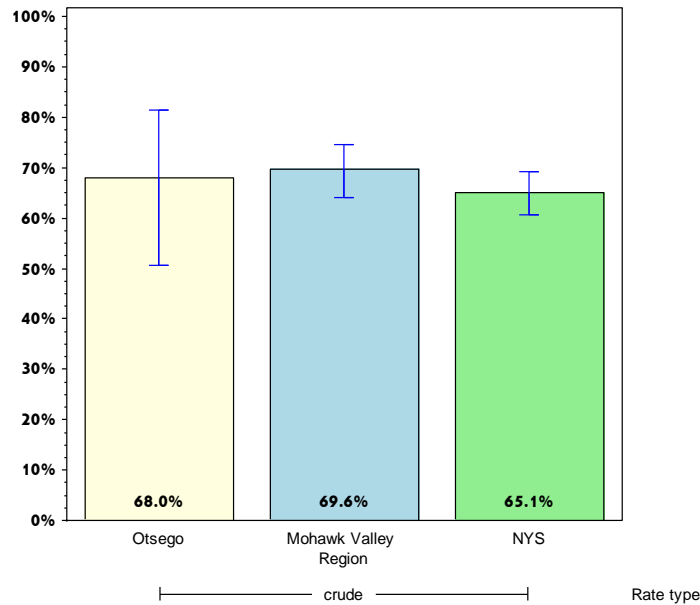
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Otsego

Prevent HIV/STDs, Vaccine Preventable Diseases and Healthcare-Associated Infections

Percentage of adults aged 65+ years with pneumococcal immunization



Otsego County

Mohawk Valley

	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	6,829	68.0 [^]	(50.7-81.5)	30,090	69.6	(64.2-74.5)
Age⁺						
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH	6,655	75.1 [^]	(64.9-83.1)	28,484	71.6	(67.2-75.6)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male		#		12,646	62.5	(53.1-71.1)
female	4,260	77.3 [^]	(65.3-86.1)	17,444	75.7	(70.5-80.2)
Age-adjusted^{+,&}						

& Percent is age-adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

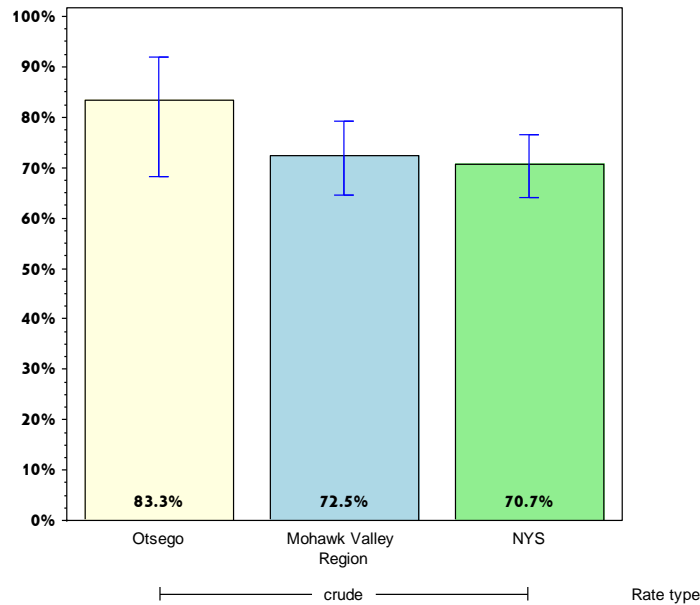
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Otsego

Promote Healthy Women, Infants, and Children

Percentage of women aged 18-44 years who had dental visit within the last year



Otsego County

Mohawk Valley

	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	9,198	83.3 [^]	(68.2-92.0)	28,581	72.5	(64.5-79.2)
Age⁺						
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH		#		25,670	73.8	(65.6-80.6)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male		#			#	
female	9,198	83.3 [^]	(68.2-92.0)	28,581	72.5	(64.5-79.2)
Age-adjusted^{+,&}						

& Percent is age-adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

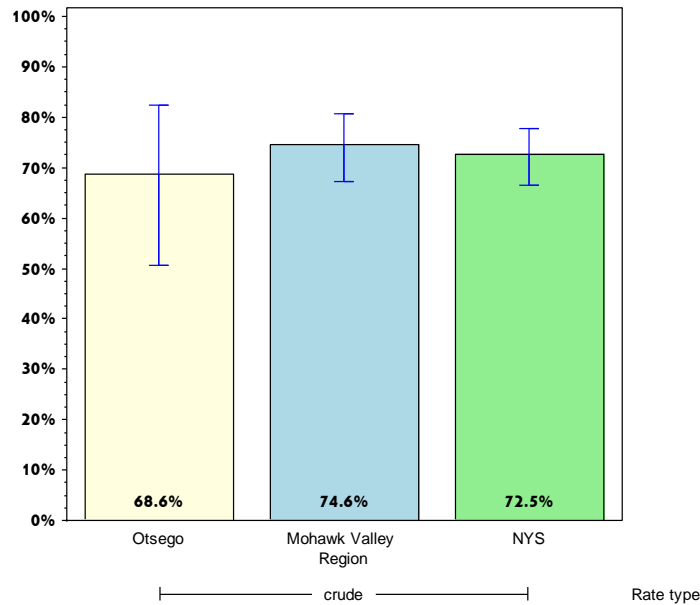
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Otsego

Promote Healthy Women, Infants, and Children

Women aged 18-44 years who saw a doctor for a routine checkup within the last year



Otsego County

Mohawk Valley

	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	8,502	68.6 [^]	(50.5-82.4)	32,547	74.6	(67.3-80.7)
Age⁺						
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH	6,827	64.4 [^]	(45.1-79.9)	28,057	72.6	(64.7-79.3)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male		#			#	
female	8,502	68.6 [^]	(50.5-82.4)	32,547	74.6	(67.3-80.7)
Age-adjusted^{+,&}						

& Percent is age-adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

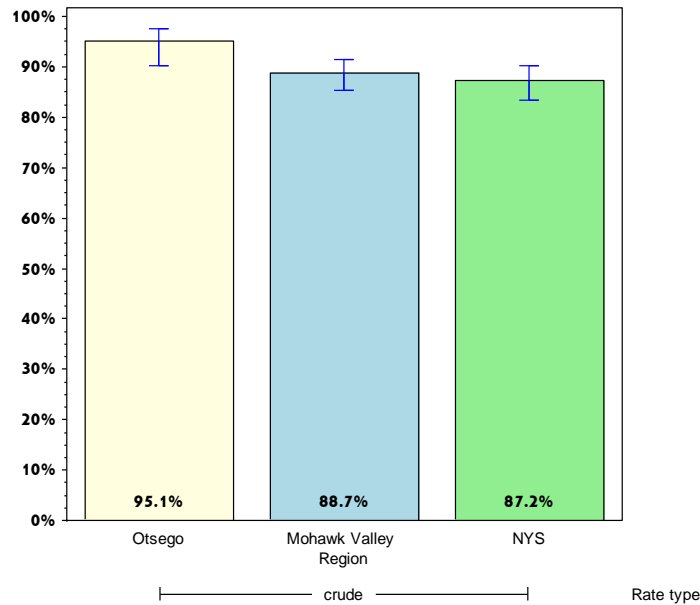
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Otsego

Promote Healthy Women, Infants, and Children

Percentage of women aged 18-64 years with health care coverage



Otsego County

Mohawk Valley

	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	19,377	95.1	(90.2-97.6)	72,708	88.7	(85.3-91.4)
Age⁺						
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH	17,631	96.8	(92.6-98.7)	65,234	89.6	(86.0-92.4)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male		#			#	
female	19,377	95.1	(90.2-97.6)	72,708	88.7	(85.3-91.4)
Age-adjusted^{+,&}						

& Percent is age-adjusted to the 2000 United States Population.

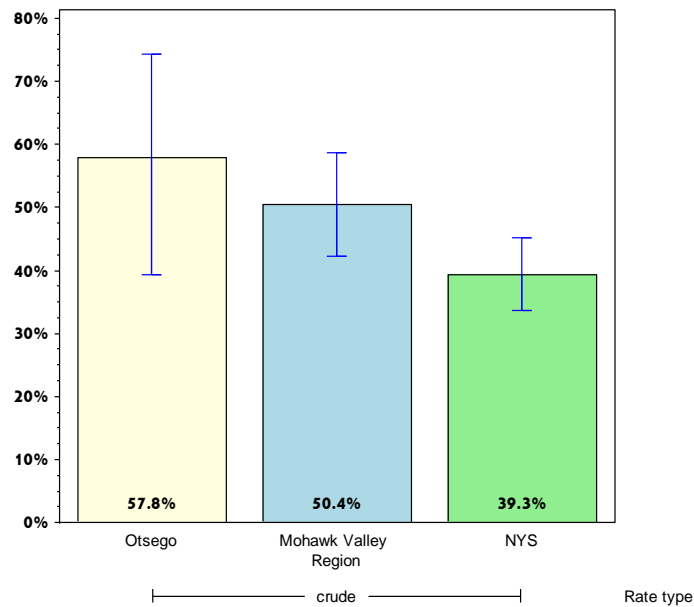
+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

Rates with <10 in the numerator or <50 in the denominator are suppressed.

Otsego

Promote Healthy Women, Infants, and Children

Percentage of women aged 18-44 years whose health care provider discussed planning a healthy pregnancy



Otsego County

Mohawk Valley

	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	6,387	57.8 [^]	(39.4-74.3)	19,970	50.4	(42.2-58.6)
Age⁺						
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH		#		17,541	50.2	(41.6-58.8)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male		#			#	
female	6,387	57.8 [^]	(39.4-74.3)	19,970	50.4	(42.2-58.6)
Age-adjusted^{+,&}						

& Percent is age-adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

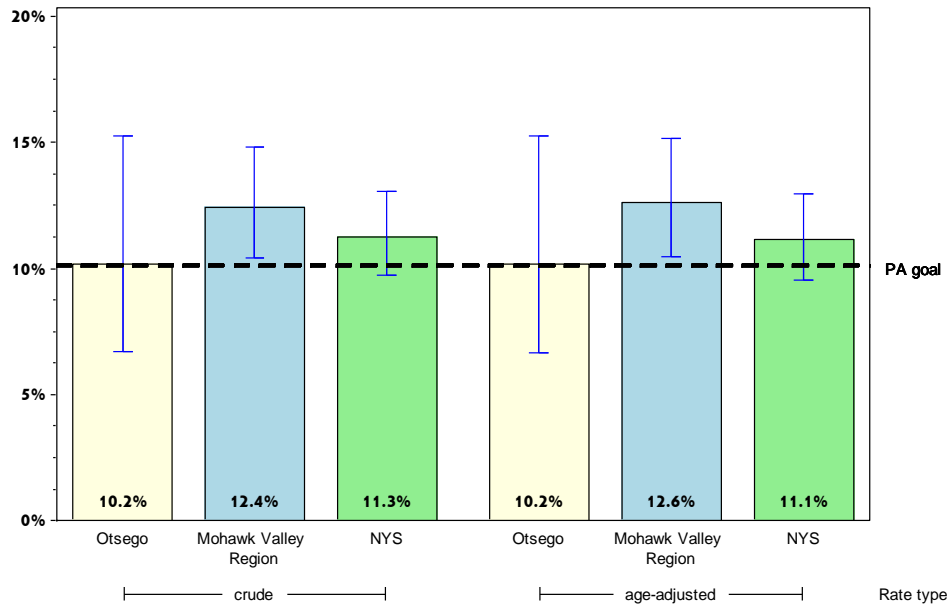
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Otsego

Promote Mental Health and Prevention Substance Abuse

Percentage of adults with poor mental health for 14 or more days in the last month



	Otsego County			Mohawk Valley		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	5,059	10.2	(6.7-15.2)	25,228	12.4	(10.4-14.8)
Age		#				
18-24		#		3,129	13.4 [^]	(6.6-25.3)
25-34		#		4,401	13.9	(8.9-21.2)
35-44		#		3,323	12.0	(7.5-18.7)
45-64	1,768	10.7	(5.4-19.9)	11,249	15.1	(11.6-19.4)
65+	624	6.0	(2.8-12.6)	3,115	7.1	(5.3-9.3)
Race						
White, NH	3,909	9.3	(6.0-14.2)	19,994	11.1	(9.2-13.4)
Black, NH		#			#	
Hispanic		#		2,924	25.2 [^]	(12.2-44.8)
Other, NH		#		1,611	18.0 [^]	(7.6-36.9)
Sex						
male	2,124	8.9	(4.4-17.3)	10,364	10.5	(7.9-13.8)
female	2,935	11.4	(6.8-18.5)	14,864	14.2	(11.3-17.8)
Age-adjusted^{&}		10.2	(6.6-15.3)		12.6	(10.4-15.2)

& Percent is age-adjusted to the 2000 United States Population.

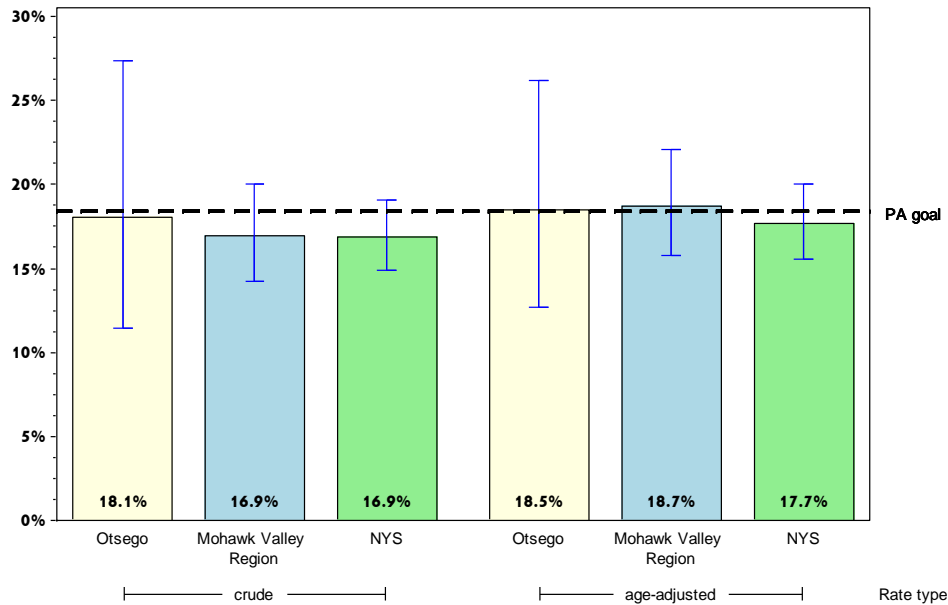
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Otsego

Promote Mental Health and Prevention Substance Abuse

Percentage of adult binge drinking during the past month*



Otsego County

Mohawk Valley

	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	8,528	18.1	(11.5-27.3)	33,798	16.9	(14.2-20.0)
Age		#				
18-24		#		7,077	29.2 [^]	(18.0-43.7)
25-34		#		9,514	30.1 [^]	(20.7-41.4)
35-44		#		5,720	21.9	(15.6-29.9)
45-64	1,010	6.5	(3.1-13.2)	9,475	13.1	(10.3-16.4)
65+		#		2,002	4.6	(2.8-7.2)
Race						
White, NH	8,029	19.7 [^]	(12.4-29.8)	32,077	18.2	(15.2-21.5)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male	5,082	22.8 [^]	(11.9-39.3)	21,816	22.5	(17.9-27.8)
female	3,447	13.8 [^]	(7.5-24.2)	11,982	11.7	(9.0-15.0)
Age-adjusted^{&}		18.5	(12.7-26.1)		18.7	(15.8-22.1)

* Men who have five or more drinks , women having four or more drinks on one occasion

& Percent is age-adjusted to the 2000 United States Population.

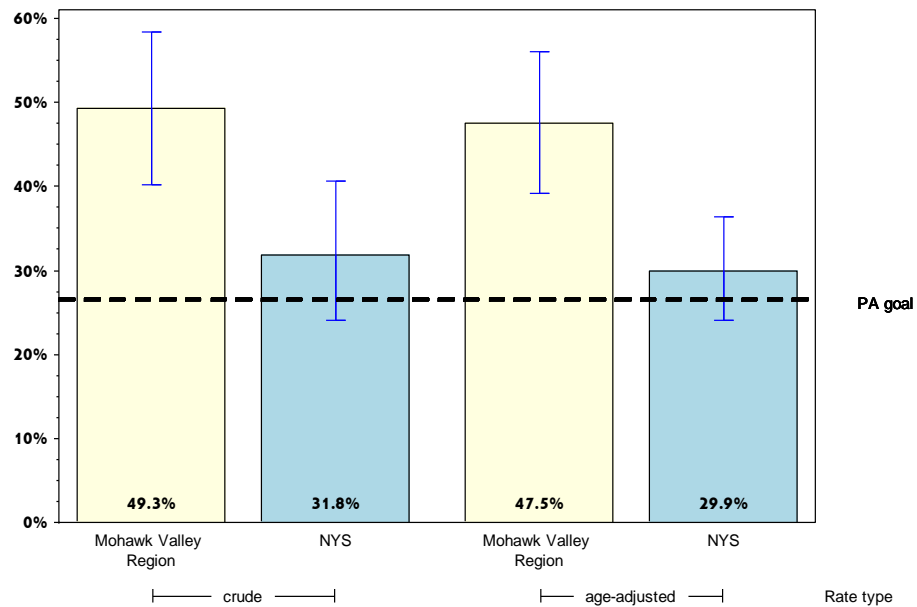
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Otsego

Promote Mental Health and Prevention Substance Abuse

Percentage of cigarette smoking among adults who report poor mental health



	Otsego County			Mohawk Valley		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total		#		11,899	49.3	(40.1-58.4)
Age		#			#	
18-24		#			#	
25-34		#			#	
35-44		#			#	
45-64		#		5,940	53.3 [^]	(38.9-67.2)
65+		#			#	
Race		#			#	
White, NH		#		9,319	49.2	(40.0-58.6)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex		#			#	
male		#		4,770	46.4 [^]	(32.6-60.7)
female		#		7,129	51.4 [^]	(39.5-63.1)
Age-adjusted^{&}		#			47.5	(39.2-56.0)

& Percent is age-adjusted to the 2000 United States Population.

Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).