# eBRFSS 2013-2014 Health Indicators: Ontario

General Description	
Improve Health Status and Reduce Health Disparities	
Percentage of adults who did not receive medical care because of cost	3
Percentage of adults who have a regular health care provider	4
Percentage of adults who had a dentist visit within the past year	5
Percentage of adults living with a disability	6
Percentage of adults aged 18-64 years with healthcare coverage	7
Percentage of adults aged 18-64 years who saw a doctor for a routine checkup within the last year	8
Percentage of adults experiencing housing insecurity in the past 12 months	9
Percentage of adults experiencing food insecurity in the past 12 months	
Percentage of adults with poor self-reported health	
Percentage of adults who report 14 or more days of poor physical health	
Prevent Chronic Diseases	
Percentage of adults who are obese	
Percentage of adults with an annual household income less than \$25,000 who are obese	14
Percentage of adults living with a disability who are obese	
Percentage of adults overweight or obese	
Percentage of adults who participated in leisure time physical activity in the past 30 days	
Percentage of adults who consume one or more sugary drinks daily	
Percentage of adults who consume fast-food three or more times per week	
Percentage of adults with physician diagnosed diabetes	
Percentage of adults who are current smokers	
Percentage of adults with annual household income less than \$25,000 who are current smokers	
Percentage of adults aged 18-24 years who are current smokers	
Percentage of women aged 50-74 years receiving breast cancer screening based on recent guidelines	
Percentage of women aged 50-74 years with annual household income of less than \$25,000 receiving breast cancer screening base	
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Percentage of women aged 21-65 years receiving cervical cancer screening based on recent guidelines	
Percentage of women aged 21-65 years with annual household income of less than \$25,000 receiving cervical cancer screening based on receiving cervical cance	
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### **General Description**

The New York State Expanded Behavioral Risk Factor Surveillance System 2013-2014 (2014 eBRFSS) was design to supplement the Center for Disease Control and Prevention (CDC) Behavioral Risk Factor Surveillance System (BRFSS), which is conducted annually in New York State. The purpose of the 2014 eBRFSS was to produce local information on key public health issues. Data for the project were collected from April 15, 2013 to May 10, 2014. The 2014 eBRFSS reached both households with landline telephones and households which only had cell phones. Like the annual BRFSS, New York State's 2014 eBRFSS was designed to be representative of the non-institutionalized adult household population, aged 18 years and older.

#### **Reported Health Indicators**

There are a total of 50 health indicators included in the report. The health indicators include 10 measures included in the New York State Department of Health's Prevention Agenda, NYS Health Innovation Plan (SHIP), Delivery System Reform Incentive Payment (DSRIP) Program, or the NYS Community Health Indicator Reports (CHIRS). An additional 40 important health indicators are also included. The indicators are organized by the Priority Area of the Prevention Agenda and are reported statewide, by region, and by county.

#### Data Collection Methodology, Sampling and Weighting

The data collection methods for the 2014 eBRFSS aligned with the CDC's standard annual BRFSS methods. The 2014 eBRFSS questionnaire used standard questions from the BRFSS. Survey interviews were conducted in both English and Spanish. There were 31,690 completed interviews.

The sampling plan for the eBRFSS was developed to result in valid health indicator estimates for New York City (NYC) and each of the 57 counties outside NYC. The sampling approach stratified landlines by county and implemented a disproportionate stratified sampling design that accounted for both listed-households and unlisted numbers. Cell phone households were accounted for through additional strata that covered contiguous groups of counties.

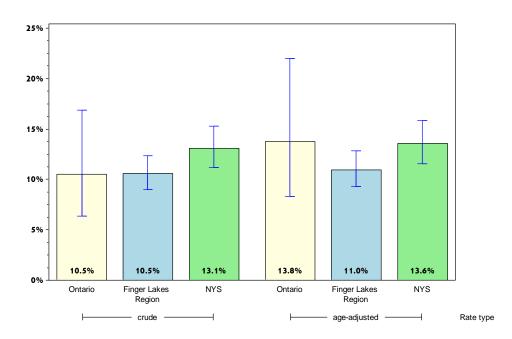
Data were weighted to represent the population using a methodology known as iterative proportional fitting (raking). Raking adjusted the data so that groups underrepresented in the sample were more accurately represented in the estimated rates. Raking also enabled surveys conducted by cell phone to be included in the weighting and to accurately match sample distributions of specified demographic characteristics of the population. The raking categories included in the eBRFSS were: age, gender, race/ethnicity, education, marital status, owner/renter status, telephone usage (i.e. landline and cell phone combinations), and county of residence.

#### Limitations of Data Use:

During data analysis, criteria were applied to suppress rates based on too few surveys to be reliable and to identify rates that are highly variable. Rates in which less than 10 respondents were in the numerator or less than 50 respondents were in the denominator were considered unreliable and suppressed from reporting. Rates considered to have high variability due to having confidence limits greater than  $\pm 10\%$  are noted.

### Improve Health Status and Reduce Health Disparities

Percentage of adults who did not receive medical care because of cost\*



#### Ontario County

**Finger Lakes** 

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	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	8,958	10.5	(6.4-16.9)	105,514	10.5	(9.0-12.3)
Age						
18-24		#		18,069	13.6	(8.4-21.2)
25-34		#		23,656	15.2	(10.8-21.1)
35-44		#		18,598	12.5	(8.5-17.9)
45-64	2,060	6.4	(3.2-12.3)	35,930	10.1	(7.9-12.8)
65+	641	3.6	(1.8-7.0)	7,633	3.9	(2.5-6.1)
Race						
White, NH	4,938	7.7	(5.0-11.5)	78,405	9.9	(8.3-11.7)
Black, NH		#		11,314	14.5	(8.2-24.2)
Hispanic		#		8,090	15.4	(9.2-24.8)
Other, NH		#		7,706	10.2^	(4.8-20.4)
Sex						
male	5,182	12.6	(5.9-25.0)	46,595	9.7	(7.5-12.3)
female	3,776	8.6	(4.9-14.5)	58,919	11.4	(9.3-13.9)
Age-adjusted <sup>&amp;</sup>		13.8	(8.3-22.0)		11.0	(9.3-12.9)

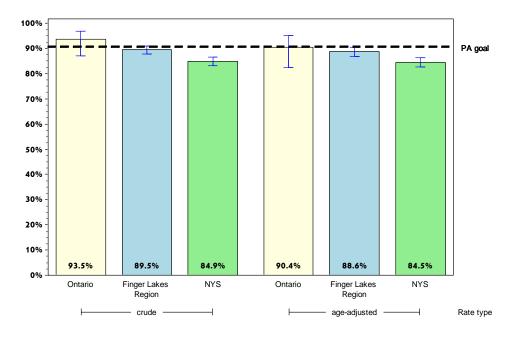
\* Among people needing to see a doctor in the past 12 months

& Percent is age-adjusted to the 2000 United States Population.

# Rates with <10 in the numerator or <50 in the denominator are suppressed.

# **Ontario** Improve Health Status and Reduce Health Disparities

Percentage of adults who have a regular health care provider



#### **Ontario County**

**Finger Lakes** 

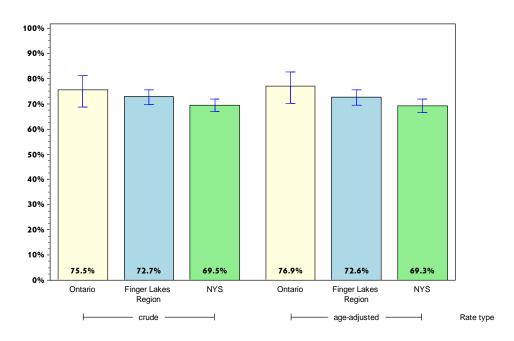
	Est. # of			Est. # of		
	Adults	Percent	95% CI	Adults	Percent	95% CI
Total	78,966	93.5	(86.9-96.9)	891,951	89.5	(87.7-91.0)
Age						
18-24		#		98,637	75.1	(65.5-82.8)
25-34		#		124,962	80.4	(74.7-85.1)
35-44	12,262	96.9	(89.6-99.1)	130,769	88.1	(82.8-91.9)
45-64	31,294	97.9	(94.8-99.2)	336,849	94.7	(92.7-96.1)
65+	17,314	98.6	(96.2-99.5)	190,189	97.8	(96.5-98.6)
Race						
White, NH	60,972	95.9	(93.1-97.6)	717,170	90.5	(88.8-92.0)
Black, NH		#		64,548	83.7	(73.7-90.4)
Hispanic		#		40,023	77.2^	(63.5-86.8)
Other, NH		#		70,210	93.3	(84.6-97.2)
Sex						
male	36,488	89.9^	(76.5-96.0)	407,470	84.7	(81.6-87.3)
female	42,479	96.9	(93.6-98.5)	484,481	94.0	(92.0-95.5)
Age-adjusted <sup>&amp;</sup>		90.4	(82.4-95.0)		88.6	(86.7-90.4)

& Percent is age-adjusted to the 2000 United States Population.

# Rates with <10 in the numerator or <50 in the denominator are suppressed.

# **Ontario** Improve Health Status and Reduce Health Disparities

Percentage of adults who had a dentist visit within the past year



#### **Ontario County**

**Finger Lakes** 

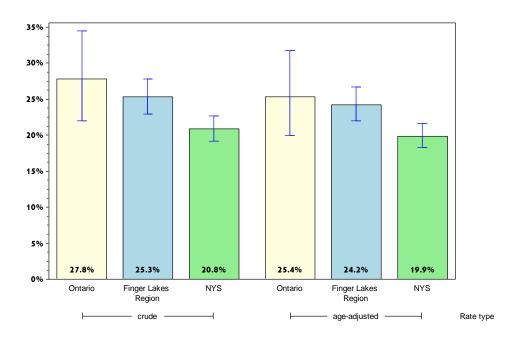
	Est. # of			Est. # of		
	Adults	Percent	95% CI	Adults	Percent	95% CI
Total	62,054	75.5	(68.7-81.2)	684,119	72.7	(69.7-75.6)
Age						
18-24		#		90,313	71.2	(57.6-81.8)
25-34		#		89,852	61.3	(52.1-69.7)
35-44	11,286	89.4^	(78.2-95.2)	107,877	77.2	(69.7-83.3)
45-64	23,910	75.7^	(64.2-84.4)	254,354	76.5	(72.6-79.9)
65+	11,206	65.6	(53.8-75.8)	136,480	72.9	(67.8-77.5)
Race						
White, NH	48,143	77.5	(72.0-82.1)	562,395	74.8	(72.3-77.1)
Black, NH		#		45,366	66.5	(56.6-75.2)
Hispanic		#		38,236	76.0^	(62.5-85.8)
Other, NH		#		38,122	54.6^	(32.4-75.0)
Sex						
male	28,606	72.7^	(62.0-81.3)	317,427	70.0	(65.6-74.1)
female	33,448	78.0	(69.3-84.8)	366,693	75.2	(70.9-79.1)
Age-adjusted <sup>&amp;</sup>		76.9	(70.2-82.6)		72.6	(69.4-75.5)

& Percent is age-adjusted to the 2000 United States Population.

# Rates with <10 in the numerator or <50 in the denominator are suppressed.

### Improve Health Status and Reduce Health Disparities

Percentage of adults living with a disability\*



#### Ontario County

#### **Finger Lakes**

	ontario county					
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	23,528	27.8	(22.0-34.4)	248,993	25.3	(22.9-27.8)
Age						
18-24		#		13,165	9.9	(5.7-16.7)
25-34		#		24,795	16.2	(11.5-22.3)
35-44	2,192	17.1^	(7.0-36.2)	30,187	21.0	(15.4-28.0)
45-64	8,619	27.0	(19.3-36.4)	103,044	29.1	(25.3-33.2)
65+	8,083	45.6	(35.3-56.2)	74,769	39.3	(34.1-44.7)
Race						
White, NH	17,436	27.3	(22.0-33.4)	193,463	24.7	(22.3-27.3)
Black, NH		#		23,963	31.7^	(22.9-41.9)
Hispanic		#		17,435	34.3^	(23.4-47.2)
Other, NH		#		14,132	$18.8^{\circ}$	(9.4-34.1)
Sex						
male	10,802	26.4	(18.6-36.0)	112,778	23.7	(20.7-27.1)
female	12,726	29.1	(21.0-38.8)	136,215	26.7	(23.3-30.5)
Age-adjusted <sup>&amp;</sup>		25.4	(19.9-31.7)		24.2	(22.0-26.7)

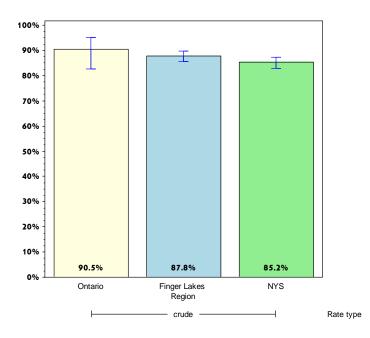
\* Limited activities (physical, mental, or emotional problems); need of special equipment (e.g. cane, wheel chair).

& Percent is age-adjusted to the 2000 United States Population.

# Rates with <10 in the numerator or <50 in the denominator are suppressed.

# **Ontario** Improve Health Status and Reduce Health Disparities

Percentage of adults aged 18-64 years with healthcare coverage



	Ontario County			Finger Lakes		
_	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total</b> Age⁺ 18-24	59,591	90.5	(82.5-95.0)	694,148	87.8	(85.7-89.6)
25-34 35-44 45-64 65+ <b>Race</b>						
White, NH Black, NH Hispanic Other, NH <b>Sex</b>	43,729	91.1 # # #	(86.0-94.5)	546,972 54,874 37,833 54,469	89.1 83.7 76.4 <sup>^</sup> 88.5 <sup>^</sup>	(87.0-90.9) (75.1-89.8) (61.7-86.6) (75.0-95.2)
male female Age-adjusted <sup>+,&amp;</sup>	26,160 33,431	86.2 <sup>^</sup> 94.1	(70.5-94.3) (87.8-97.2)	329,824 364,324	84.5 91.0	(80.9-87.5) (88.6-93.0)

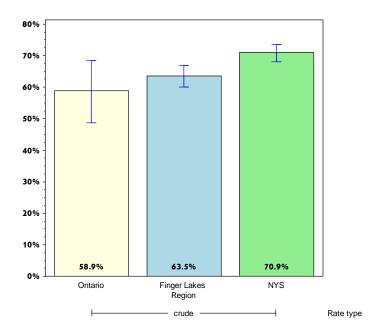
& Percent is age-adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

# Rates with <10 in the numerator or <50 in the denominator are suppressed.

### Improve Health Status and Reduce Health Disparities

Percentage of adults aged 18-64 years who saw a doctor for a routine checkup within the last year



	Ontario County			Finger Lakes		
-	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	38,999	58.9^	(48.7-68.4)	501,658	63.5	(59.9-66.9)
Age⁺						
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH	31,093	64.4	(56.7-71.4)	387,058	63.1	(59.7-66.4)
Black, NH		#		52,686	79.2^	(68.3-87.1)
Hispanic		#		32,661	66.3^	(51.9-78.3)
Other, NH		#		29,253	47.7^	(25.7-70.6)
Sex						
male	20,102	65.8^	(52.9-76.7)	228,555	58.5	(53.4-63.5)
female	18,897	53.0^	(38.8-66.8)	273,103	68.3	(63.6-72.6)
Age-adjusted <sup>+,&amp;</sup>						

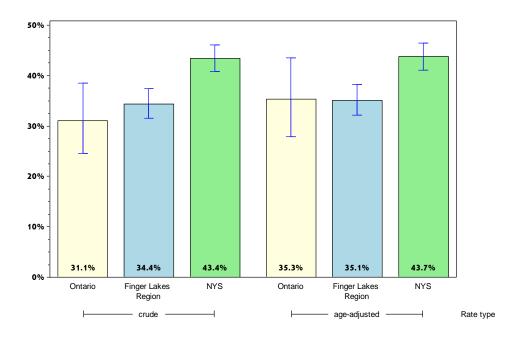
& Percent is age-adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

# Rates with <10 in the numerator or <50 in the denominator are suppressed.

### Improve Health Status and Reduce Health Disparities

Percentage of adults experiencing housing insecurity in the past 12 months\*



#### **Ontario County**

**Finger Lakes** 

	Est. # of			Est. # of		
	Adults	Percent	95% CI	Adults	Percent	95% CI
Total	25,142	31.1	(24.6-38.5)	314,889	34.4	(31.5-37.4)
Age						
18-24		#		32,879	32.4	(22.8-43.7)
25-34		#		72,916	51.0	(42.6-59.4)
35-44	4,468	35.1^	(20.0-53.9)	49,765	35.8	(29.2-43.0)
45-64	9,261	30.6	(22.6-39.9)	111,638	33.0	(28.9-37.4)
65+	2,647	15.5	(9.8-23.6)	42,474	23.1	(17.9-29.3)
Race						
White, NH	19,700	32.8	(27.0-39.2)	232,180	31.9	(29.2-34.7)
Black, NH		#		34,856	49.6^	(39.3-60.0)
Hispanic		#		18,970	38.4^	(26.4-51.9)
Other, NH		#		28,883	42.5^	(23.1-64.4)
Sex						
male	10,916	28.0^	(19.2-39.0)	141,970	32.0	(27.8-36.6)
female	14,227	34.0^	(24.8-44.5)	172,920	36.6	(32.7-40.7)
Age-adjusted <sup>&amp;</sup>		35.3	(27.9-43.5)		35.1	(32.2-38.2)

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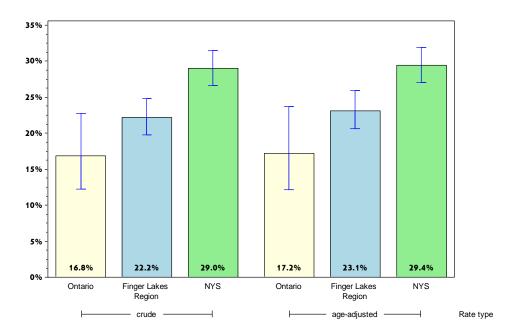
\* Worried or stressed about having enough money to pay for rent or mortgage.

& Percent is age-adjusted to the 2000 United States Population.

# Rates with <10 in the numerator or <50 in the denominator are suppressed.

### Improve Health Status and Reduce Health Disparities

Percentage of adults experiencing food insecurity in the past 12 months\*



#### **Ontario County**

**Finger Lakes** 

					0	
_	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	14,087	16.8	(12.2-22.7)	213,556	22.2	(19.7-24.8)
Age						
18-24		#		27,370	21.4	(15.0-29.6)
25-34		#		52,899	35.3	(27.0-44.7)
35-44	1,746	13.7^	(6.2-27.7)	36,748	26.0	(20.2-32.8)
45-64	5,067	16.0	(9.9-24.9)	70,256	20.4	(17.2-24.1)
65+	985	5.7	(3.1-10.3)	23,573	12.4	(9.0-17.0)
Race						
White, NH	10,284	16.4	(11.7-22.3)	154,900	20.2	(18.0-22.7)
Black, NH		#		27,276	37.2^	(28.1-47.4)
Hispanic		#		14,323	28.0^	(18.4-40.2)
Other, NH		#		17,057	23.4^	(9.5-47.1)
Sex						
male	3,922	9.7	(5.4-17.0)	97,708	21.1	(17.2-25.4)
female	10,165	23.4	(15.9-33.2)	115,848	23.2	(20.2-26.5)
Age-adjusted <sup>&amp;</sup>		17.2	(12.2-23.7)		23.1	(20.6-25.9)

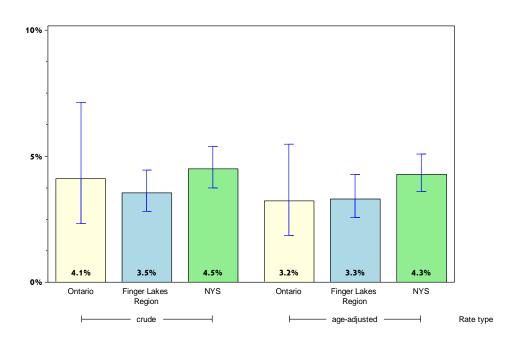
\* Worried or stressed about having enough money to buy nutritious meals.

& Percent is age-adjusted to the 2000 United States Population.

# Rates with <10 in the numerator or <50 in the denominator are suppressed.

# **Ontario** Improve Health Status and Reduce Health Disparities

Percentage of adults with poor self-reported health



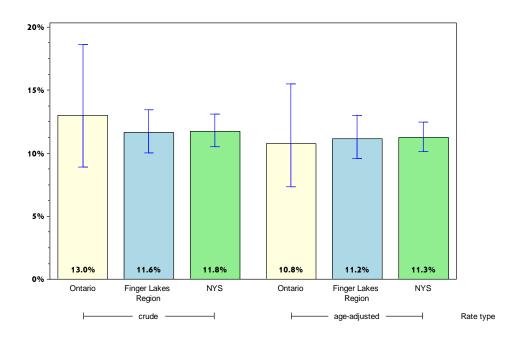
	Ontario County			Finger Lakes		
_	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total Age	3,421	4.1	(2.3-7.1)	35,254	3.5	(2.8-4.5)
18-24		#			#	
25-34		#			#	
35-44		#			#	
45-64		#		16,753	4.7	(3.4-6.4)
65+	1,379	7.7	(4.1-14.3)	11,921	6.1	(4.4-8.5)
Race						
White, NH	2,006	3.1	(1.8-5.4)	23,699	3.0	(2.3-3.8)
Black, NH		#		4,892	6.3	(3.1-12.1)
Hispanic		#		4,142	7.9^	(3.2-18.0)
Other, NH		#		2,522	3.4	(1.3-8.5)
Sex						
male	2,553	6.2	(3.1-12.1)	19,535	4.1	(2.9-5.6)
female	868	2.1	(0.9-4.5)	15,719	3.1	(2.2-4.2)
Age-adjusted <sup>&amp;</sup>		3.2	(1.9-5.5)		3.3	(2.6-4.3)

& Percent is age-adjusted to the 2000 United States Population.

# Rates with <10 in the numerator or <50 in the denominator are suppressed.

### Improve Health Status and Reduce Health Disparities

Percentage of adults who report 14 or more days of poor physical health\*



#### Ontario County

**Finger Lakes** 

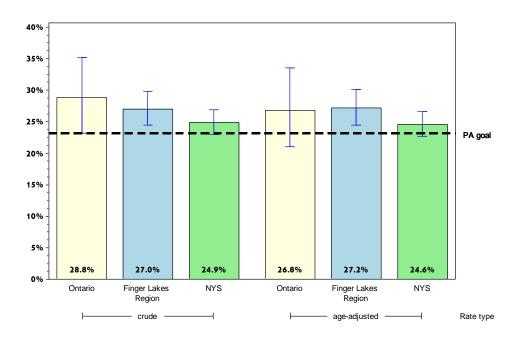
	Ciltario County					
_	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	10,756	13.0	(8.9-18.6)	113,479	11.6	(10.0-13.5)
Age						
18-24		#		6,519	4.9	(1.9-12.4)
25-34		#		11,848	7.9	(5.0-12.3)
35-44		#		13,334	9.1	(5.5-14.7)
45-64	5,316	16.5	(10.7-24.7)	53,981	15.3	(12.4-18.8)
65+	3,074	17.7^	(9.4-30.9)	26,922	14.7	(11.9-18.1)
Race						
White, NH	7,672	12.0	(8.1-17.6)	91,151	11.7	(10.0-13.8)
Black, NH		#		10,140	13.4	(8.2-21.4)
Hispanic		#		8,112	16.1	(9.8-25.5)
Other, NH		#		4,076	5.6	(2.7-11.2)
Sex						
male	5,364	13.1	(7.6-21.8)	53,813	11.3	(9.0-14.1)
female	5,391	12.9	(7.6-21.0)	59,667	11.9	(9.8-14.4)
Age-adjusted <sup>&amp;</sup>		10.8	(7.4-15.5)		11.2	(9.6-13.0)

\* Out of the past 30 days.

& Percent is age-adjusted to the 2000 United States Population.

# Rates with <10 in the numerator or <50 in the denominator are suppressed.

Percentage of adults who are obese\*



#### **Ontario County**

**Finger Lakes** 

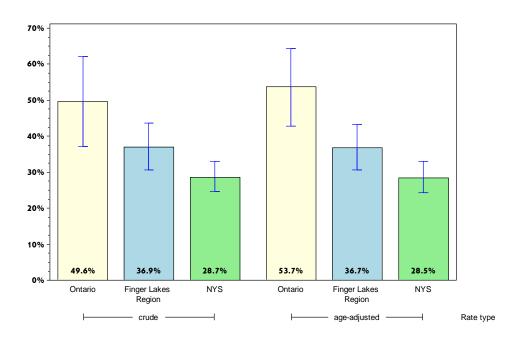
	entario county					
_	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	22,771	28.8	(23.2-35.2)	254,425	27.0	(24.4-29.8)
Age						
18-24		#		16,808	13.5	(7.9-22.1)
25-34		#		43,074	29.7	(21.3-39.6)
35-44	2,765	22.4^	(10.9-40.4)	41,076	28.7	(22.4-36.0)
45-64	11,947	38.6	(29.6-48.5)	100,327	30.0	(26.3-34.1)
65+	3,869	22.8	(16.4-30.7)	51,798	27.9	(23.3-33.1)
Race						
White, NH	17,790	29.2	(24.0-35.1)	195,881	26.2	(23.8-28.8)
Black, NH		#		25,307	34.7	(26.0-44.5)
Hispanic		#		17,493	34.1^	(22.9-47.5)
Other, NH		#		15,744	22.5^	(8.5-47.8)
Sex						
male	10,453	27.3	(19.9-36.2)	131,663	27.7	(23.8-32.0)
female	12,318	30.2	(22.0-39.9)	122,762	26.3	(23.0-29.9)
Age-adjusted <sup>&amp;</sup>		26.8	(21.0-33.5)		27.2	(24.5-30.1)

\* Obesity defined as a Body Mass Index (BMI) >=30. BMI is calculated based on weight and height.

& Percent is age-adjusted to the 2000 United States Population.

# Rates with <10 in the numerator or <50 in the denominator are suppressed.

Percentage of adults with an annual household income less than \$25,000 who are obese\*



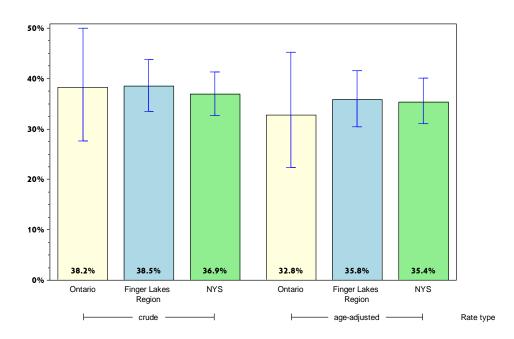
	Ontario County			Finger Lakes		
_	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	8,972	49.6^	(37.2-62.0)	83,889	36.9	(30.6-43.7)
Age						
18-24		#		5,671	17.5^	(7.9-34.3)
25-34		#		19,305	46.4^	(25.9-68.2)
35-44		#		9,968	34.8^	(22.0-50.3)
45-64		#		28,074	40.1	(31.3-49.6)
65+	1,741	33.4^	(18.2-53.0)	20,012	37.5^	(28.1-48.0)
Race						
White, NH	6,157	47.1^	(34.4-60.1)	56,366	36.0	(30.2-42.2)
Black, NH		#		10,712	30.8^	(20.0-44.3)
Hispanic		#			#	
Other, NH		#		10,722	55.3^	(20.0-85.9)
Sex						
male		#		38,883	32.8^	(23.0-44.5)
female	6,046	60.0^	(44.7-73.6)	45,006	41.3	(34.4-48.7)
Age-adjusted <sup>&amp;</sup>		53.7^	(42.7-64.4)		36.7	(30.6-43.3)

\* Obesity defined as a Body Mass Index (BMI) >=30. BMI is calculated based on weight and height.

& Percent is age-adjusted to the 2000 United States Population.

# Rates with <10 in the numerator or <50 in the denominator are suppressed.

Percentage of adults living with a disability who are obese\*



Ontario County		Finger Lakes
Est. # of	Est. # of	

	Est. # of			Est. # of		
_	Adults	Percent	95% CI	Adults	Percent	95% CI
Total	8,816	38.2^	(27.7-50.0)	90,664	38.5	(33.5-43.7)
Age						
18-24		#			#	
25-34		#		7,827	35.1^	(21.1-52.2)
35-44		#		10,209	34.6^	(21.2-50.8)
45-64		#		43,860	45.1	(37.3-53.1)
65+	2,446	31.3^	(19.2-46.5)	25,854	36.6	(28.1-46.1)
Race						
White, NH	6,077	35.8^	(25.6-47.5)	68,651	37.7	(32.3-43.4)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male	3,674	34.3^	(19.2-53.4)	40,686	36.9	(30.2-44.1)
female	5,142	41.6^	(27.8-56.9)	49,978	40.0	(32.9-47.5)
Age-adjusted <sup>&amp;</sup>		32.8^	(22.3-45.2)		35.8	(30.4-41.6)

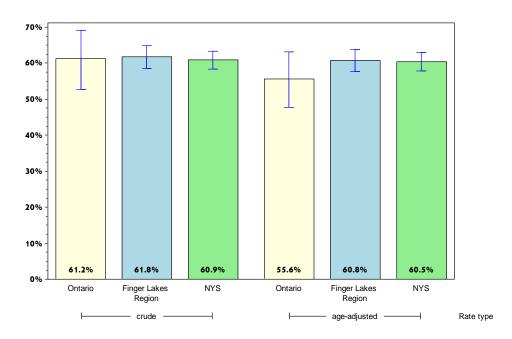
\* Obesity defined as a Body Mass Index (BMI) >=30. BMI is calculated based on weight and height. Limited activities (physical, mental, or emotional problems); need of special equipment (e.g. cane, wheel chair).

& Percent is age-adjusted to the 2000 United States Population.

# Rates with <10 in the numerator or <50 in the denominator are suppressed.

### Prevent Chronic Diseases

### Percentage of adults overweight or obese\*



#### **Ontario County**

#### **Finger Lakes**

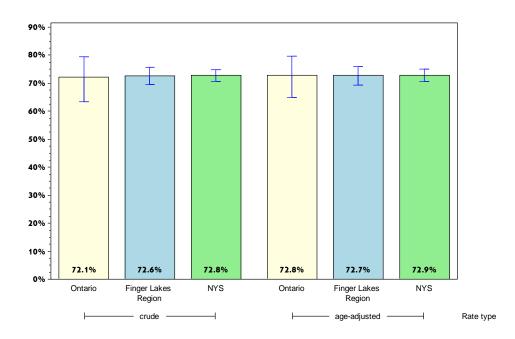
	entario county					
_	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	48,376	61.2	(52.6-69.1)	581,065	61.8	(58.6-64.8)
Age						
18-24		#		41,425	33.2	(23.5-44.5)
25-34		#		83,868	57.7	(49.6-65.5)
35-44	5,818	47.1^	(28.5-66.5)	83,850	58.6	(50.5-66.3)
45-64	23,327	75.4	(67.2-82.1)	241,793	72.4	(68.0-76.4)
65+	11,926	70.2^	(59.1-79.4)	125,252	67.6	(62.1-72.6)
Race						
White, NH	39,976	65.7	(59.4-71.5)	471,523	63.1	(60.2-66.0)
Black, NH		#		49,324	67.6^	(57.0-76.7)
Hispanic		#		33,809	65.9^	(50.0-78.9)
Other, NH		#		26,409	37.8^	(20.1-59.5)
Sex						
male	28,552	74.7	(65.4-82.1)	329,186	69.4	(65.4-73.1)
female	19,823	48.6^	(37.0-60.4)	251,879	54.0	(49.3-58.6)
Age-adjusted <sup>&amp;</sup>		55.6	(47.8-63.2)		60.8	(57.7-63.8)

\* Defined as a Body Mass Index (BMI) >=25. BMI is calculated based on weight and height.

& Percent is age-adjusted to the 2000 United States Population.

# Rates with <10 in the numerator or <50 in the denominator are suppressed.

Percentage of adults who participated in leisure time physical activity in the past 30 days\*



#### **Ontario County**

**Finger Lakes** 

	Est. # of			Est. # of		
	Adults	Percent	95% CI	Adults	Percent	95% CI
Total	60,584	72.1	(63.4-79.5)	703,242	72.6	(69.5-75.6)
Age						
18-24		#		97,421	75.5^	(60.0-86.3)
25-34		#		106,989	71.1^	(60.7-79.7)
35-44	8,871	69.2^	(48.7-84.1)	105,857	74.8	(66.9-81.3)
45-64	24,974	78.9	(69.6-85.9)	256,126	73.8	(69.9-77.4)
65+	12,088	69.2	(59.1-77.7)	128,648	67.9	(62.3-73.0)
Race						
White, NH	47,790	75.6	(69.7-80.7)	588,978	76.4	(73.9-78.8)
Black, NH		#		53,055	72.5	(63.6-79.9)
Hispanic		#		33,495	65.3^	(52.7-76.0)
Other, NH		#		27,713	38.0^	(22.0-57.0)
Sex						
male	30,444	75.3	(66.1-82.7)	346,071	74.1	(69.7-78.0)
female	30,139	69.2^	(54.9-80.6)	357,171	71.3	(66.6-75.6)
Age-adjusted <sup>&amp;</sup>		72.8	(64.9-79.6)		72.7	(69.4-75.9)

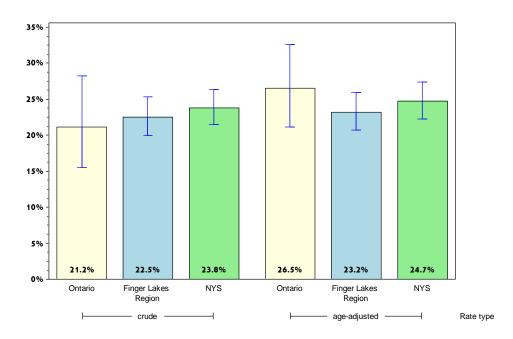
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\* Any physical activities or exercises such as running or walking

& Percent is age-adjusted to the 2000 United States Population.

# Rates with <10 in the numerator or <50 in the denominator are suppressed.

Percentage of adults who consume one or more sugary drinks daily\*



#### **Ontario County**

**Finger Lakes** 

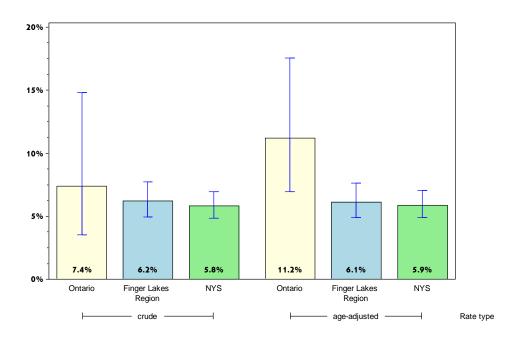
	Unitario County			i inger Lakes		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	17,429	21.2	(15.5-28.3)	214,679	22.5	(19.9-25.3)
Age						
18-24		#		55,277	43.6^	(31.8-56.0)
25-34		#		35,087	23.6	(18.5-29.7)
35-44	2,727	21.6^	(9.9-40.9)	34,865	24.9	(19.2-31.6)
45-64	5,179	16.4	(10.7-24.4)	57,660	16.9	(13.8-20.6)
65+	1,761	10.3	(6.3-16.5)	30,644	16.3	(12.8-20.6)
Race						
White, NH	12,693	20.4	(15.8-25.9)	150,493	19.8	(17.6-22.2)
Black, NH		#		22,275	31.3^	(22.6-41.4)
Hispanic		#		15,272	30.5^	(19.3-44.5)
Other, NH		#		26,640	36.6^	(18.8-59.1)
Sex						
male	9,583	24.4	(15.6-35.9)	120,224	26.1	(22.7-29.8)
female	7,846	18.2	(11.9-26.9)	94,456	19.2	(15.4-23.6)
Age-adjusted <sup>&amp;</sup>		26.5	(21.2-32.6)		23.2	(20.7-26.0)

\* Sugary drinks include regular soda, and sugar-sweetened drinks.

& Percent is age-adjusted to the 2000 United States Population.

# Rates with <10 in the numerator or <50 in the denominator are suppressed.

#### Percentage of adults who consume fast-food three or more times per week



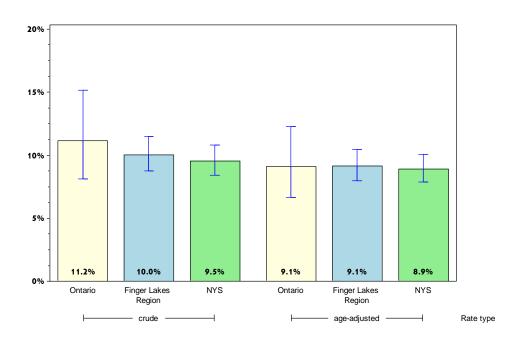
	Ontario County			Finger Lakes		
_	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	6,075	7.4	(3.5-14.8)	58,515	6.2	(5.0-7.7)
Age						
18-24		#		16,427	12.9	(7.6-20.9)
25-34		#		9,670	6.5	(3.9-10.9)
35-44		#		5,131	3.7	(2.0-6.7)
45-64		#		20,550	6.2	(4.2-8.9)
65+		#		6,737	3.6	(2.4-5.6)
Race						
White, NH	2,618	4.2	(2.0-8.6)	39,988	5.3	(4.1-6.8)
Black, NH		#		7,235	10.4	(5.5-18.9)
Hispanic		#		6,059	12.1^	(5.1-25.9)
Other, NH		#		5,233	7.4^	(2.8-18.0)
Sex						
male	5,140	13.1^	(5.8-27.2)	43,869	9.7	(7.5-12.5)
female		#		14,646	3.0	(2.0-4.5)
Age-adjusted <sup>&amp;</sup>		11.2	(7.0-17.6)		6.1	(4.9-7.6)

& Percent is age-adjusted to the 2000 United States Population.

# Rates with <10 in the numerator or <50 in the denominator are suppressed.

### Prevent Chronic Diseases

Percentage of adults with physician diagnosed diabetes\*



<b>Ontario County</b>	

**Finger Lakes** 

	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	9,513	11.2	(8.1-15.2)	100,031	10.0	(8.7-11.5)
Age						
18-24		#			#	
25-34		#		7,103	4.6	(2.5-8.4)
35-44		#		6,332	4.3	(2.4-7.6)
45-64	5,125	15.9	(10.5-23.4)	47,349	13.3	(10.8-16.3)
65+	3,515	19.6	(13.3-28.0)	38,439	19.6	(16.4-23.3)
Race						
White, NH	7,313	11.4	(8.3-15.3)	70,994	8.9	(7.7-10.3)
Black, NH		#		17,328	22.6	(15.2-32.3)
Hispanic		#		6,956	13.5	(8.0-21.9)
Other, NH		#		4,753	6.3	(2.5-15.0)
Sex						
male	5,177	12.6	(7.8-19.6)	50,941	10.6	(8.7-12.8)
female	4,337	9.9	(6.5-14.6)	49,090	9.5	(7.8-11.5)
Age-adjusted <sup>&amp;</sup>		9.1	(6.6-12.3)		9.1	(8.0-10.5)

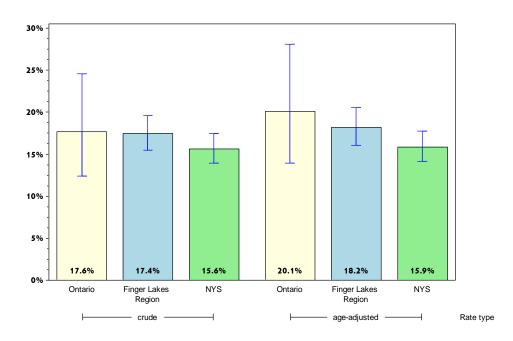
\* As diagnosed by a health professional.

& Percent is age-adjusted to the 2000 United States Population.

# Rates with <10 in the numerator or <50 in the denominator are suppressed.

### Prevent Chronic Diseases

Percentage of adults who are current smokers



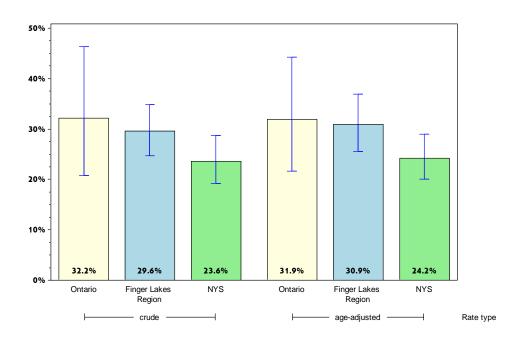
**Finger Lakes** 

	Ontario County			Tinger Lakes		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	14,655	17.6	(12.4-24.5)	170,861	17.4	(15.5-19.6)
Age						. ,
18-24		#		25,688	19.3	(12.8-28.2)
25-34		#		40,770	26.8	(21.3-33.1)
35-44		#		27,819	19.5	(14.0-26.5)
45-64	3,958	12.7	(8.3-19.0)	61,479	17.5	(14.6-20.8)
65+	1,849	10.7^	(3.7-27.1)	14,504	7.6	(5.5-10.5)
Race						
White, NH	9,144	14.6	(10.8-19.5)	134,960	17.4	(15.3-19.6)
Black, NH		#		20,478	26.8^	(18.6-37.0)
Hispanic		#		6,643	12.9	(7.7-20.9)
Other, NH		#		8,780	$11.8^{\circ}$	(5.6-23.2)
Sex						
male	7,520	18.8^	(10.6-31.3)	95,560	20.3	(17.2-23.8)
female	7,135	16.5	(11.1-24.0)	75,301	14.8	(12.6-17.4)
Age-adjusted <sup>&amp;</sup>		20.1	(13.9-28.1)		18.2	(16.1-20.5)

& Percent is age-adjusted to the 2000 United States Population.

# Rates with <10 in the numerator or <50 in the denominator are suppressed.

Percentage of adults with annual household income less than \$25,000 who are current smokers



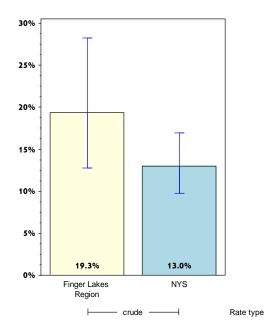
	Ontario County			Finger Lakes		
_	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	5,760	32.2^	(20.7-46.3)	69,503	29.6	(24.7-34.9)
Age						
18-24		#		14,247	40.5	(26.5-56.2)
25-34		#		16,608	37.7^	(22.9-55.2)
35-44		#		9,252	33.3^	(19.5-50.8)
45-64		#		23,452	32.4	(24.6-41.5)
65+		#		5,766	10.6	(6.7-16.2)
Race						
White, NH	3,897	29.8^	(18.7-44.0)	48,760	29.6	(24.4-35.3)
Black, NH		#		15,001	43.1^	(29.3-58.0)
Hispanic		#			#	
Other, NH		#		3,255	16.8^	(5.4-41.5)
Sex						
male		#		36,273	31.2	(23.4-40.3)
female	2,952	29.2^	(17.4-44.6)	33,230	27.9	(22.4-34.1)
Age-adjusted <sup>&amp;</sup>		31.9^	(21.6-44.3)		30.9	(25.5-36.9)

& Percent is age-adjusted to the 2000 United States Population.

# Rates with <10 in the numerator or <50 in the denominator are suppressed.

### Prevent Chronic Diseases

Percentage of adults aged 18-24 years who are current smokers



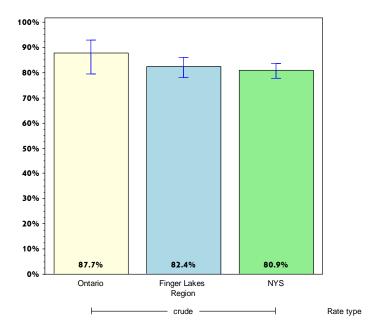
	0	ntario Coun	ty	Finger Lakes			
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI	
Total Age⁺		#		25,688	19.3	(12.8-28.2)	
18-24							
25-34 35-44 45-64							
45-64 65+ <b>Race</b>							
White, NH Black, NH Hispanic Other, NH		# # #		18,243	21.5 # # #	(14.1-31.5)	
<b>Sex</b> male female		#		13,906 11,783	22.2 <sup>^</sup> 16.8 <sup>^</sup>	(13.2-34.9) (8.6-30.1)	
Age-adjusted <sup>+,&amp;</sup>							

& Percent is age-adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

# Rates with <10 in the numerator or <50 in the denominator are suppressed.

Percentage of women aged 50-74 years receiving breast cancer screening based on recent guidelines<sup>\*</sup>



	Ontario County			Finger Lakes		
-	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total</b> <b>Age</b> <sup>+</sup> 18-24 25-34 35-44 45-64 65+ <b>Race</b>	13,111	87.7	(79.4-92.9)	156,901	82.4	(78.1-86.0)
White, NH Black, NH Hispanic Other, NH <b>Sex</b> male female	10,992 13,111	85.7 # # # 87.7	(76.4-91.7) (79.4-92.9)	136,370 156,901	83.2 # # # # 82.4	(78.8-86.8) (78.1-86.0)
Age-adjusted <sup>+,&amp;</sup>						

\* Mammogram within past 2 years.

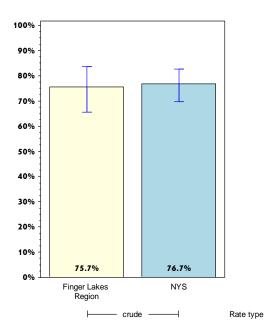
& Percent is age-adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

# Rates with <10 in the numerator or <50 in the denominator are suppressed.

### **Prevent Chronic Diseases**

Percentage of women aged 50-74 years with annual household income of less than \$25,000 receiving breast cancer screening based on recent guidelines\*



	Ontario County			Finger Lakes			
_	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI	
Total		#		32,858	75.7^	(65.5-83.6)	
Age⁺							
18-24							
25-34							
35-44							
45-64							
65+							
Race							
White, NH		#		24,468	77.6	(68.5-84.7)	
Black, NH		#			#		
Hispanic		#			#		
Other, NH		#			#		
Sex							
male		#			#		
female		#		32,858	75.7^	(65.5-83.6)	
Age-adjusted <sup>+,&amp;</sup>							

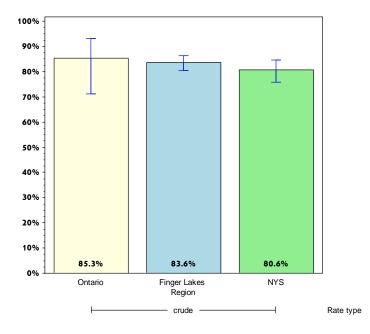
\* Mammogram within past 2 years.

& Percent is age-adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

# Rates with <10 in the numerator or <50 in the denominator are suppressed.

Percentage of women aged 21-65 years receiving cervical cancer screening based on recent guidelines<sup>\*</sup>



	Ontario County			Finger Lakes			
_	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI	
Total	29,063	85.3^	(71.2-93.1)	287,036	83.6	(80.3-86.4)	
Age⁺							
18-24							
25-34							
35-44							
45-64							
65+							
Race							
White, NH	21,597	89.7	(82.3-94.2)	236,785	84.1	(80.7-87.0)	
Black, NH		#		23,521	86.1^	(71.0-94.0)	
Hispanic		#		12,743	79.7^	(63.4-89.9)	
Other, NH		#			#		
Sex							
male		#			#		
female	29,063	85.3^	(71.2-93.1)	287,036	83.6	(80.3-86.4)	
Age-adjusted <sup>+,&amp;</sup>							

\* Pap test within past 3 years.

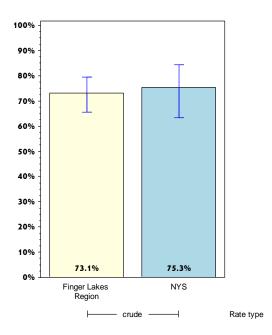
& Percent is age-adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

# Rates with <10 in the numerator or <50 in the denominator are suppressed.

### Prevent Chronic Diseases

Percentage of women aged 21-65 years with annual household income of less than \$25,000 receiving cervical cancer screening based on recent guidelines<sup>\*</sup>



	Ontario County			Finger Lakes			
_	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI	
Total		#		55,266	73.1	(65.6-79.5)	
Age⁺							
18-24							
25-34							
35-44							
45-64							
65+							
Race							
White, NH		#		37,702	73.2	(64.7-80.2)	
Black, NH		#			#		
Hispanic		#			#		
Other, NH		#			#		
Sex							
male		#			#		
female		#		55,266	73.1	(65.6-79.5)	
Age-adjusted <sup>+,&amp;</sup>							

\* Pap test within past 3 years.

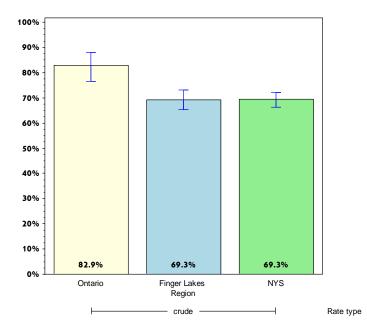
& Percent is age-adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

# Rates with <10 in the numerator or <50 in the denominator are suppressed.

#### Prevent Chronic Diseases

Percentage of adults aged 50-75 years receiving colorectal cancer screening based on recent guidelines<sup>\*</sup>



	Ontario County			Finger Lakes			
_	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI	
Total	26,946	82.9	(76.4-87.9)	250,507	69.3	(65.3-73.0)	
Age⁺							
18-24							
25-34							
35-44							
45-64							
65+							
Race							
White, NH	24,456	85.0	(79.4-89.3)	218,863	70.7	(66.5-74.6)	
Black, NH		#		18,387	75.8^	(61.6-86.0)	
Hispanic		#			#		
Other, NH		#		9,650	51.4^	(30.2-72.2)	
Sex							
male	15,266	87.2	(78.3-92.7)	116,224	69.1	(62.9-74.7)	
female	11,680	78.0^	(67.5-85.8)	134,284	69.5	(64.2-74.3)	
Age-adjusted <sup>+,&amp;</sup>							

\* Blood stool test within 1 year, or sigmoidoscopy within 5 years with blood stool test within 3 years, or colonoscopy within 10 years.

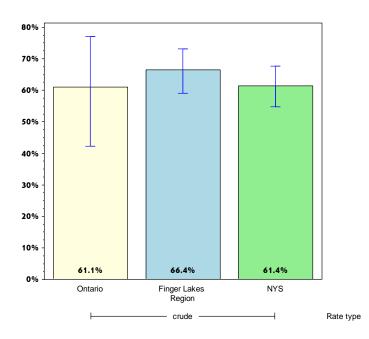
& Percent is age-adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

# Rates with <10 in the numerator or <50 in the denominator are suppressed.

#### Prevent Chronic Diseases

Percentage of adults aged 50-75 years with annual household income less than \$25,000 receiving colorectal cancer screening based on recent guidelines<sup>\*</sup>



	Ontario County			Finger Lakes			
-	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI	
Total	4,057	61.1^	(42.2-77.1)	51,562	66.4	(59.0-73.2)	
Age⁺							
18-24							
25-34							
35-44							
45-64							
65+							
Race							
White, NH		#		38,437	68.1	(60.3-74.9)	
Black, NH		#			#		
Hispanic		#			#		
Other, NH		#			#		
Sex							
male		#		21,576	64.5^	(53.7-74.1)	
female		#		29,986	67.9^	(57.5-76.7)	
Age-adjusted <sup>+,&amp;</sup>							

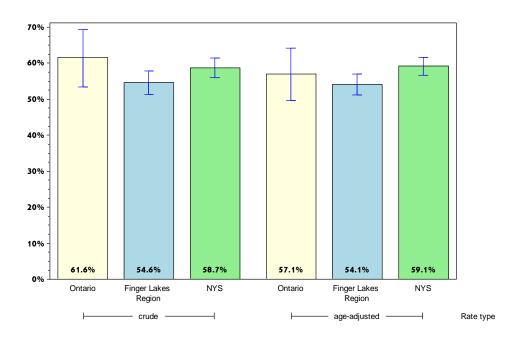
\* Blood stool test within 1 year, or sigmoidoscopy within 5 years with blood stool test within 3 years, or colonoscopy within 10 years.

& Percent is age-adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

# Rates with <10 in the numerator or <50 in the denominator are suppressed.

Percentage of adults who had a test for high blood sugar or diabetes within the past three years



#### **Ontario County**

**Finger Lakes** 

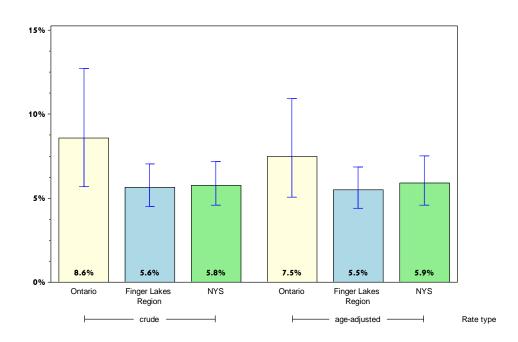
	Est. # of			Est. # of		
	Adults	Percent	95% CI	Adults	Percent	95% CI
Total	45,734	61.6	(53.4-69.2)	473,695	54.6	(51.3-57.9)
Age						
18-24		#		26,476	20.7	(14.1-29.4)
25-34		#		60,826	42.3	(34.5-50.4)
35-44	5,941	47.7^	(28.1-68.0)	68,543	50.5	(42.7-58.3)
45-64	19,108	72.8^	(62.2-81.4)	205,917	68.5	(63.9-72.9)
65+	9,728	69.4	(57.0-79.4)	106,367	71.4	(66.0-76.3)
Race						
White, NH	35,203	63.4	(56.6-69.6)	397,203	57.1	(54.1-60.2)
Black, NH		#		32,135	55.7^	(44.5-66.3)
Hispanic		#		21,736	48.1^	(33.4-63.1)
Other, NH		#		22,622	32.5^	(17.6-52.2)
Sex						
male	22,456	63.6	(51.8-73.9)	220,518	52.8	(48.1-57.4)
female	23,278	59.8^	(48.1-70.5)	253,177	56.3	(51.5-61.0)
Age-adjusted <sup>&amp;</sup>		57.1	(49.7-64.1)		54.1	(51.2-57.0)

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& Percent is age-adjusted to the 2000 United States Population.

# Rates with <10 in the numerator or <50 in the denominator are suppressed.

Percentage of adults with physician-diagnosed prediabetes



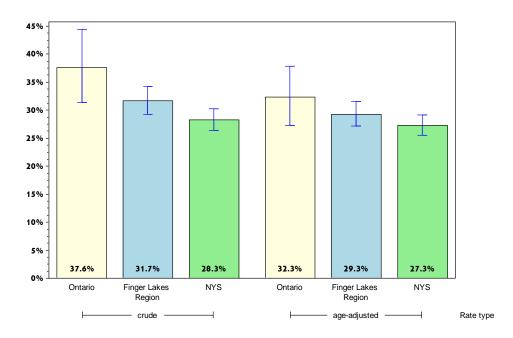
	Ontario County			Finger Lakes			
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI	
Total	6,475	8.6	(5.7-12.7)	49,926	5.6	(4.5-7.0)	
Age							
18-24		#			#		
25-34		#		2,644	1.8	(0.9-3.7)	
35-44		#		5,077	3.6	(1.7-7.7)	
45-64	4,036	15.0	(9.2-23.6)	23,774	7.9	(5.9-10.5)	
65+	1,159	8.1	(3.9-16.3)	15,665	10.3	(7.2-14.4)	
Race							
White, NH	4,654	8.2	(5.5-12.0)	42,109	5.9	(4.7-7.5)	
Black, NH		#		4,034	7.0	(3.0-15.7)	
Hispanic		#			#		
Other, NH		#			#		
Sex							
male	3,027	8.5	(4.8-14.5)	25,274	6.0	(4.3-8.2)	
female	3,448	8.7	(4.8-15.2)	24,651	5.3	(3.9-7.2)	
Age-adjusted <sup>&amp;</sup>		7.5	(5.0-10.9)		5.5	(4.4-6.9)	

& Percent is age-adjusted to the 2000 United States Population.

# Rates with <10 in the numerator or <50 in the denominator are suppressed.

### Prevent Chronic Diseases

Percentage of adults with physician-diagnosed high blood pressure



#### **Ontario County**

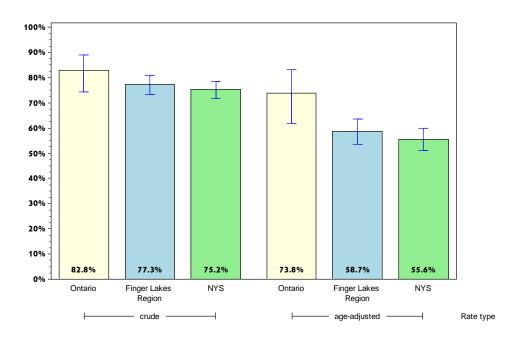
**Finger Lakes** 

	ontario county						
_	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI	
Total	32,052	37.6	(31.4-44.4)	314,920	31.7	(29.2-34.2)	
Age							
18-24		#		8,315	6.4	(3.1-12.6)	
25-34		#		20,783	13.5	(9.7-18.4)	
35-44	2,784	21.7^	(9.3-42.8)	29,430	19.8	(14.6-26.2)	
45-64	15,544	48.4	(38.8-58.0)	134,360	37.8	(33.7-42.1)	
65+	11,204	62.7	(52.7-71.7)	118,288	60.8	(55.4-66.0)	
Race							
White, NH	24,252	37.7	(32.2-43.6)	256,263	32.3	(29.8-34.9)	
Black, NH		#		32,880	44.2	(34.8-54.0)	
Hispanic		#		14,927	28.5^	(19.0-40.3)	
Other, NH		#		10,850	14.4^	(7.9-25.0)	
Sex							
male	16,677	40.6	(31.6-50.2)	158,361	33.0	(29.5-36.6)	
female	15,375	34.9	(26.4-44.6)	156,559	30.4	(27.1-33.9)	
Age-adjusted <sup>&amp;</sup>		32.3	(27.3-37.9)		29.3	(27.1-31.5)	

& Percent is age-adjusted to the 2000 United States Population.

# Rates with <10 in the numerator or <50 in the denominator are suppressed.

Percentage of adults with diagnosed high blood pressure taking high blood pressure medication



**Finger Lakes** 

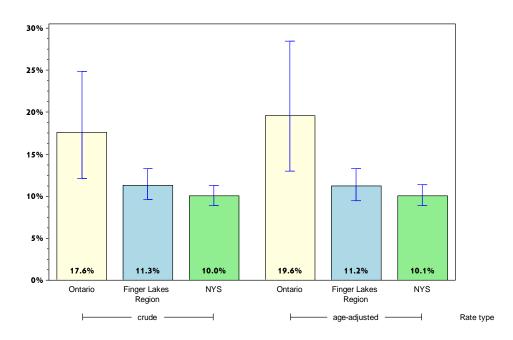
	Ontario county			Tinger Lakes		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	26,553	82.8	(74.4-88.9)	243,314	77.3	(73.4-80.8)
Age	·		. ,	,		. ,
18-24		#			#	
25-34		#		5,688	27.4^	(15.6-43.5)
35-44		#		16,627	56.5	(40.3-71.4)
45-64	12,667	81.5^	(68.1-90.1)	108,563	80.8	(74.8-85.7)
65+	10,567	94.3	(88.0-97.4)	108,613	91.9	(88.6-94.3)
Race						
White, NH	19,535	80.5	(71.4-87.3)	196,305	76.7	(72.2-80.6)
Black, NH		#		27,437	83.4^	(71.8-90.9)
Hispanic		#			#	
Other, NH		#			#	
Sex						
male	13,032	78.1^	(63.8-87.9)	113,745	71.9	(66.0-77.1)
female	13,521	87.9	(78.3-93.7)	129,569	82.8	(77.4-87.2)
Age-adjusted <sup>&amp;</sup>		73.8^	(61.8-83.0)		58.7	(53.6-63.6)

& Percent is age-adjusted to the 2000 United States Population.

# Rates with <10 in the numerator or <50 in the denominator are suppressed.

#### Prevent Chronic Diseases

Percentage of adults with current asthma\*



#### Ontario County

**Finger Lakes** 

	Cintano County					
_	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	15,011	17.6	(12.1-24.9)	112,310	11.3	(9.6-13.3)
Age						
18-24		#		20,356	15.3	(8.9-25.2)
25-34		#		20,425	13.3	(9.3-18.6)
35-44		#		13,324	9.1	(5.4-15.0)
45-64	3,978	12.4	(7.3-20.1)	40,947	11.6	(9.0-14.7)
65+	2,927	16.3^	(7.9-30.8)	15,560	8.0	(5.9-10.6)
Race						
White, NH	8,834	13.7	(9.4-19.7)	81,926	10.4	(8.7-12.4)
Black, NH		#		11,764	15.4	(9.3-24.3)
Hispanic		#		7,513	14.3	(8.6-23.0)
Other, NH		#		11,106	14.8^	(6.3-30.8)
Sex						
male	6,796	$16.5^{\circ}$	(8.6-29.4)	41,563	8.7	(6.6-11.3)
female	8,215	18.7	(12.1-27.7)	70,747	13.8	(11.2-16.8)
Age-adjusted <sup>&amp;</sup>		19.6	(13.0-28.4)		11.2	(9.4-13.3)

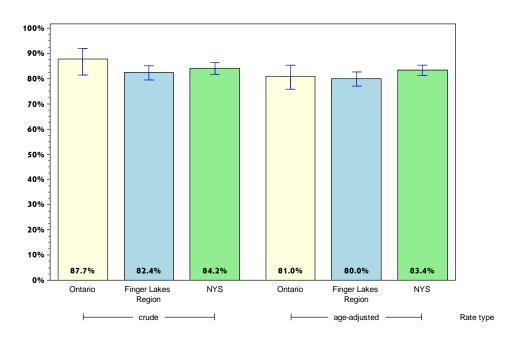
\* Physician diagnosed asthma.

& Percent is age-adjusted to the 2000 United States Population.

# Rates with <10 in the numerator or <50 in the denominator are suppressed.

### Prevent Chronic Diseases

Percent of adults with cholesterol checked\*



#### **Ontario County**

#### **Finger Lakes**

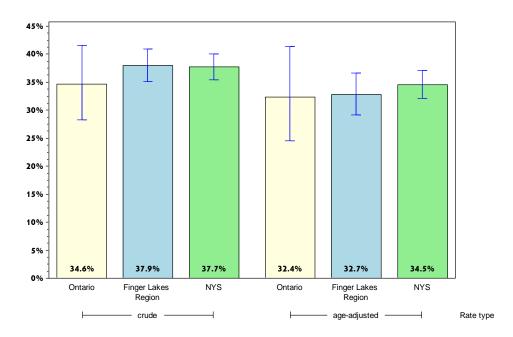
	Cilitano county			i inger Lakes		
_	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	73,344	87.7	(81.5-92.0)	798,681	82.4	(79.3-85.0)
Age						
18-24		#		49,911	42.6	(31.0-55.0)
25-34		#		95,361	64.6	(55.3-72.9)
35-44	10,862	85.3^	(72.0-92.9)	117,490	80.4	(73.0-86.1)
45-64	30,581	95.7	(91.4-97.9)	336,574	95.0	(93.5-96.3)
65+	17,034	96.1	(90.1-98.5)	188,822	97.7	(96.4-98.5)
Race						
White, NH	55,753	87.6	(82.8-91.1)	646,121	83.9	(81.6-86.0)
Black, NH		#		59,974	80.5^	(70.4-87.8)
Hispanic		#		42,285	84.3^	(74.0-91.0)
Other, NH		#		50,300	$67.0^{\circ}$	(41.4-85.4)
Sex						
male	33,911	84.7^	(72.9-91.9)	375,301	80.0	(75.5-83.8)
female	39,433	90.5	(84.7-94.2)	423,380	84.6	(80.3-88.1)
Age-adjusted <sup>&amp;</sup>		81.0	(75.9-85.2)		80.0	(77.1-82.5)

\* As diagnosed by a health professional.

& Percent is age-adjusted to the 2000 United States Population.

# Rates with <10 in the numerator or <50 in the denominator are suppressed.

### Percentage of adults 18 years and older with elevated cholesterol\*



#### Ontario County

**Finger Lakes** 

	entane county					
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	25,027	34.6	(28.2-41.6)	300,637	37.9	(35.0-40.9)
Age						
18-24		#			#	
25-34		#		17,828	18.8	(12.5-27.2)
35-44		#		30,289	25.8	(19.3-33.5)
45-64	10,636	34.8	(26.3-44.4)	139,330	41.7	(37.3-46.4)
65+	9,155	57.2	(47.3-66.6)	102,175	54.6	(49.2-60.0)
Race						
White, NH	19,138	34.7	(29.1-40.8)	241,155	37.6	(34.7-40.6)
Black, NH		#		23,513	39.5^	(29.4-50.5)
Hispanic		#		15,023	35.5^	(23.3-50.0)
Other, NH		#		20,947	41.7^	(24.0-61.8)
Sex						
male	13,656	40.5	(31.5-50.3)	151,064	40.6	(36.4-44.9)
female	11,371	29.4	(21.2-39.3)	149,573	35.6	(31.6-39.7)
Age-adjusted <sup>&amp;</sup>		32.4	(24.5-41.4)		32.7	(29.1-36.6)

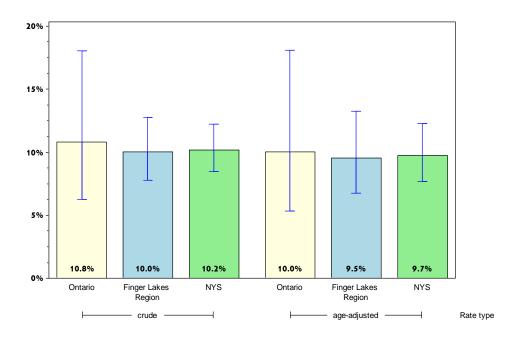
\* As diagnosed by a health professional.

& Percent is age-adjusted to the 2000 United States Population.

# Rates with <10 in the numerator or <50 in the denominator are suppressed.

## **Ontario** Prevent Chronic Diseases

Percentage of adults who have taken a course or class to learn how to manage their chronic disease or condition<sup>\*</sup>



Ontario County	

**Finger Lakes** 

	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Г	Adults	Percent	95% CI	Aduits	Percent	95% CI
Total	5,214	10.8	(6.2-18.0)	51,667	10.0	(7.8-12.8)
Age						
18-24		#			#	
25-34		#			#	
35-44		#		3,726	6.8	(3.1-14.2)
45-64	2,320	11.2	(6.0-20.0)	26,449	12.7	(9.1-17.5)
65+	1,122	7.8	(4.6-13.0)	12,705	8.1	(5.8-11.2)
Race						
White, NH	4,304	11.4	(6.2-20.0)	34,619	8.2	(6.3-10.7)
Black, NH		#		6,746	15.1^	(8.2-26.3)
Hispanic		#			#	
Other, NH		#		8,215	31.5^	(12.6-59.6)
Sex						
male	2,788	11.8	(6.0-21.8)	23,976	9.8	(6.9-13.9)
female	2,426	9.8^	(3.9-22.6)	27,691	10.2	(7.2-14.2)
Age-adjusted <sup>&amp;</sup>		10.0	(5.3-18.1)		9.5	(6.8-13.3)

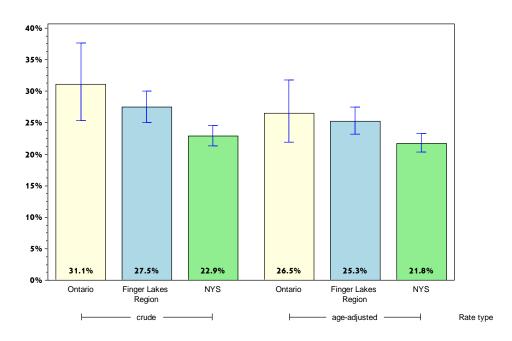
\* Courses for high blood pressure, arthritis, or diabetes.

& Percent is age-adjusted to the 2000 United States Population.

# Rates with <10 in the numerator or <50 in the denominator are suppressed.

#### **Ontario** Prevent Chronic Diseases

Percentage of adults with arthritis\*



#### **Ontario County**

**Finger Lakes** 

	Est. # of			Est. # of		
	Adults	Percent	95% CI	Adults	Percent	95% CI
Total	26,477	31.1	(25.3-37.6)	273,908	27.5	(25.1-30.0)
Age						
18-24		#			#	
25-34		#		11,753	7.6	(4.9-11.6)
35-44	1,431	11.2^	(5.1-22.6)	27,015	18.2	(12.9-25.1)
45-64	10,794	33.6	(25.4-42.8)	122,234	34.4	(30.2-38.9)
65+	10,394	58.0	(48.3-67.1)	107,901	55.4	(50.3-60.3)
Race						
White, NH	20,759	32.4	(27.0-38.2)	230,014	29.0	(26.4-31.7)
Black, NH		#		21,965	28.9	(21.1-38.3)
Hispanic		#		10,718	20.5	(13.4-30.1)
Other, NH		#		11,212	14.9^	(6.7-29.9)
Sex						
male	12,381	30.2	(22.2-39.5)	118,312	24.6	(21.3-28.2)
female	14,096	32.0	(23.8-41.5)	155,596	30.1	(26.7-33.8)
Age-adjusted <sup>&amp;</sup>		26.5	(21.9-31.7)		25.3	(23.2-27.5)

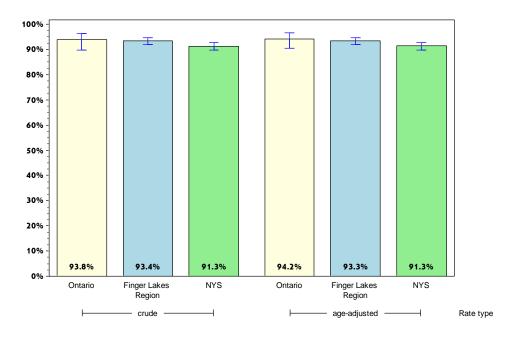
\* Includes rheumatoid arthritis, gout, lupus, or fibromyalgia.

& Percent is age-adjusted to the 2000 United States Population.

# Rates with <10 in the numerator or <50 in the denominator are suppressed.

#### Promote a Healthy and Safe Environment

Percentage of adults who consider their neighborhood suitable for walking and physical activity



#### **Ontario County**

**Finger Lakes** 

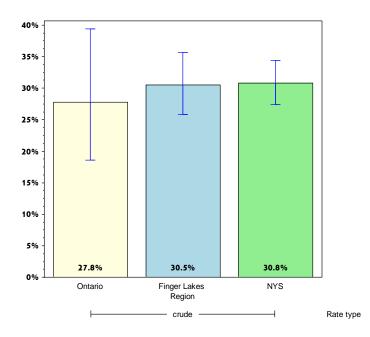
	_				0	
_	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	78,122	93.8	(89.8-96.2)	897,106	93.4	(92.0-94.6)
Age						
18-24		#		114,680	89.2	(81.1-94.1)
25-34		#		134,928	90.1	(85.9-93.2)
35-44	11,958	94.0^	(83.1-98.0)	134,641	95.3	(92.3-97.2)
45-64	29,220	92.5	(84.8-96.5)	326,991	94.9	(93.0-96.3)
65+	16,209	95.2	(90.7-97.6)	176,297	94.4	(92.1-96.1)
Race						
White, NH	58,495	93.5	(89.4-96.1)	723,466	94.7	(93.4-95.8)
Black, NH		#		58,381	80.4^	(70.2-87.8)
Hispanic		#		45,612	89.3	(79.9-94.6)
Other, NH		#		69,648	95.6	(90.2-98.0)
Sex						
male	37,478	93.6	(86.6-97.1)	435,275	93.9	(91.7-95.5)
female	40,644	93.9	(88.5-96.9)	461,832	92.9	(91.0-94.5)
Age-adjusted <sup>&amp;</sup>		94.2	(90.5-96.5)		93.3	(91.9-94.5)

& Percent is age-adjusted to the 2000 United States Population.

# Rates with <10 in the numerator or <50 in the denominator are suppressed.

#### Promote a Health and Safe Environment

Percentage of adults aged 65+ years with at least one fall in the past 12 months



	Ontario County			Finger Lakes		
_	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total</b> <b>Age</b> <sup>+</sup> 18-24 25-34 35-44 45-64 65+ <b>Race</b>	4,765	27.8^	(18.5-39.4)	57,486	30.5	(25.8-35.7)
White, NH Black, NH Hispanic Other, NH <b>Sex</b> male female	3,295 2,698 2,068	23.3 # # 28.6 <sup>^</sup> 26.8 <sup>^</sup>	(17.4-30.4) (14.7-48.2) (18.6-37.0)	43,381 26,845 30,641	26.6 # # 31.6 29.6	(22.9-30.7) (25.8-38.1) (22.7-37.6)
Age-adjusted <sup>+,&amp;</sup>						

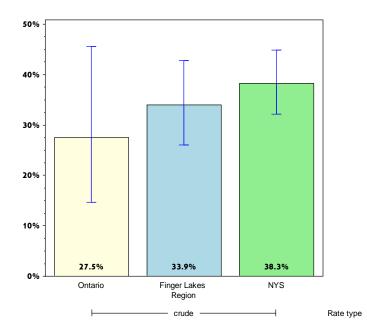
& Percent is age-adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

# Rates with <10 in the numerator or <50 in the denominator are suppressed.

#### Promote a Health and Safe Environment

Among adults aged 65+ years with at least one fall in the past 12 months, percent that resulted in injury<sup>\*</sup>



	Ontario County			Finger Lakes		
_	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total</b> <b>Age</b> <sup>+</sup> 18-24 25-34 35-44 45-64 65+ <b>Race</b>	1,310	27.5^	(14.6-45.6)	19,362	33.9	(26.1-42.8)
White, NH Black, NH Hispanic Other, NH <b>Sex</b> male female	1,194	36.2 <sup>^</sup> # # #	(23.4-51.4)	16,678 8,530 10,832	38.8 # # 32.0 <sup>^</sup> 35.6 <sup>^</sup>	(31.4-46.7) (22.0-43.9) (24.2-49.0)
Age-adjusted <sup>+,&amp;</sup>						

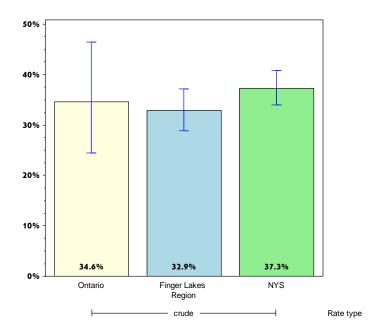
\* Falls that limited regular activities or lead to doctor visits.

& Percent is age-adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

# Rates with <10 in the numerator or <50 in the denominator are suppressed.

Prevent HIV/STDs, Vaccine Preventable Diseases and Healthcare-Associated Infections Percentage of adults aged 47-68 years reporting ever tested for Hepatitis C (HCV)



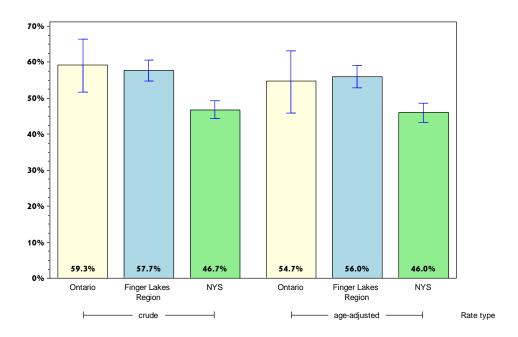
	Ontario County			Finger Lakes		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	9,452	34.6^	(24.5-46.4)	106,026	32.9	(28.9-37.2)
Age⁺						
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH	6,960	28.9	(20.7-38.8)	83,817	31.1	(26.9-35.6)
Black, NH		#		14,865	57.1^	(40.3-72.4)
Hispanic		#			#	
Other, NH		#			#	
Sex						
male	5,956	36.4	(21.7-54.2)	56,263	36.6	(30.6-43.1)
female	3,496	31.9^	(21.9-44.0)	49,763	29.6	(24.4-35.3)
Age-adjusted <sup>+,&amp;</sup>						

& Percent is age-adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

# Rates with <10 in the numerator or <50 in the denominator are suppressed.

Prevent HIV/STDs, Vaccine Preventable Diseases and Healthcare-Associated Infections Percentage of adults aged 18+ years with flu immunization in the past year<sup>\*</sup>



#### **Ontario County**

**Finger Lakes** 

	Est. # of			Est. # of		
	Adults	Percent	95% CI	Adults	Percent	95% CI
Total	49,448	59.3	(51.7-66.5)	556,353	57.7	(54.7-60.6)
Age						
18-24		#		52,329	40.8^	(30.1-52.4)
25-34		#		65,604	43.6	(35.2-52.4)
35-44	4,927	38.7^	(22.1-58.4)	69,933	49.5	(41.8-57.1)
45-64	19,644	62.2	(52.8-70.8)	205,087	59.5	(55.2-63.7)
65+	15,410	88.8	(81.6-93.4)	157,801	83.2	(80.0-85.9)
Race						
White, NH	36,284	57.9	(51.7-63.9)	443,049	57.6	(54.7-60.4)
Black, NH		#		40,970	57.1^	(47.0-66.7)
Hispanic		#		30,516	59.7^	(46.2-71.9)
Other, NH		#		41,817	57.3^	(35.8-76.4)
Sex						
male	23,815	59.2	(48.8-68.8)	260,048	55.9	(51.8-60.0)
female	25,633	59.4^	(48.1-69.7)	296,305	59.3	(54.9-63.5)
Age-adjusted <sup>&amp;</sup>		54.7	(45.9-63.2)		56.0	(52.9-59.1)

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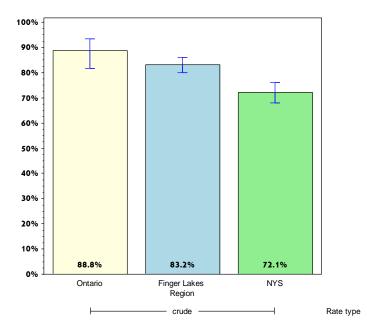
\* Includes flu shot or flu spray

& Percent is age-adjusted to the 2000 United States Population.

# Rates with <10 in the numerator or <50 in the denominator are suppressed.

Prevent HIV/STDs, Vaccine Preventable Diseases and Healthcare-Associated Infections

Percentage of adults aged 65+ years with flu immunization in the past year  $^{st}$ 



	Ontario County			Finger Lakes		
-	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	15,410	88.8	(81.6-93.4)	157,801	83.2	(80.0-85.9)
Age⁺						
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH	12,794	89.1	(83.2-93.1)	136,667	83.2	(80.1-85.9)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male	9,134	94.7	(89.0-97.5)	72,669	85.0	(80.9-88.3)
female	6,276	81.4^	(67.9-90.0)	85,131	81.7	(76.8-85.8)
Age-adjusted <sup>+,&amp;</sup>						

\* Includes flu shot or flu spray

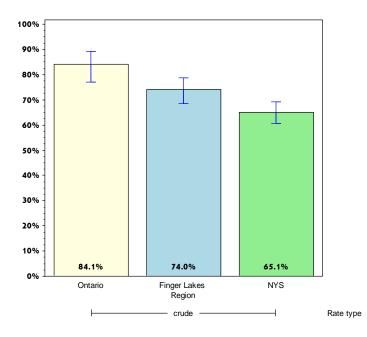
& Percent is age-adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

# Rates with <10 in the numerator or <50 in the denominator are suppressed.

Prevent HIV/STDs, Vaccine Preventable Diseases and Healthcare-Associated Infections

Percentage of adults aged 65+ years with pneumococcal immunization



	Ontario County			Finger Lakes		
-	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	14,173	84.1	(77.0-89.2)	135,060	74.0	(68.5-78.8)
Age⁺						
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH	11,278	81.4	(73.7-87.2)	122,920	78.0	(74.0-81.6)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male	7,697	82.1^	(71.4-89.4)	56,221	68.3	(61.1-74.7)
female	6,476	86.5	(76.6-92.7)	78,839	78.7	(70.1-85.3)
Age-adjusted <sup>+,&amp;</sup>						

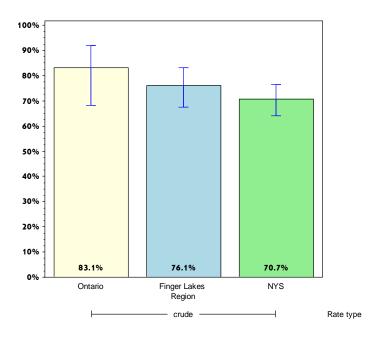
& Percent is age-adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

# Rates with <10 in the numerator or <50 in the denominator are suppressed.

#### **Ontario** Promote Healthy Women, Infants, and Children

Percentage of women aged 18-44 years who had dental visit within the last year



	Ontario County			Finger Lakes		
_	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total</b> <b>Age</b> <sup>+</sup> 18-24 25-34 35-44 45-64 65+ <b>Race</b>	18,214	83.1	(68.3-91.8)	158,478	76.1	(67.5-83.1)
White, NH Black, NH Hispanic Other, NH <b>Sex</b> male female	10,475 18,214	78.4 <sup>^</sup> # # # 83.1 <sup>^</sup>	(63.3-88.5) (68.3-91.8)	120,797 158,478	78.0 # # # 76.1	(71.5-83.4) (67.5-83.1)
Age-adjusted <sup>+,&amp;</sup>						

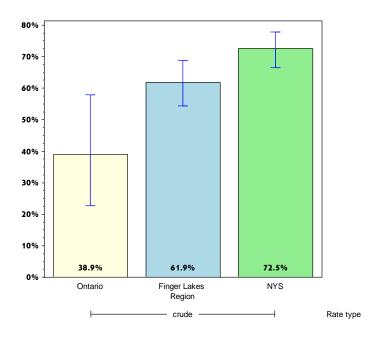
& Percent is age-adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

# Rates with <10 in the numerator or <50 in the denominator are suppressed.

#### Promote Healthy Women, Infants, and Children

Women aged 18-44 years who saw a doctor for a routine checkup within the last year



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	Ontario County			Finger Lakes		
_	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total</b> <b>Age</b> ⁺ 18-24 25-34	8,749	38.9^	(22.8-57.8)	135,013	61.9	(54.3-68.9)
35-44 45-64 65+						
Race White, NH	6,665	47.8^	(32.2-63.9)	99,001	61.6	(54.7-68.1)
Black, NH Hispanic Other, NH	0,000	# # #	(02.2 00.0)	,	# # #	(0
<b>Sex</b> male female	8,749	# 38.9^	(22.8-57.8)	135,013	# 61.9	(54.3-68.9)
Age-adjusted <sup>+,&amp;</sup>						

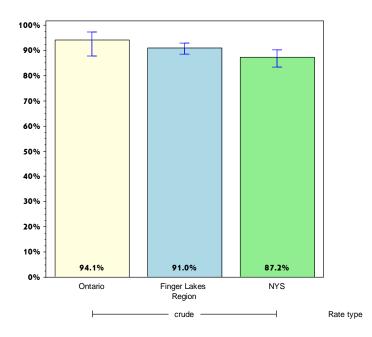
& Percent is age-adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

# Rates with <10 in the numerator or <50 in the denominator are suppressed.

## **Ontario** Promote Healthy Women, Infants, and Children

Percentage of women aged 18-64 years with health care coverage



	Ontario County			Finger Lakes		
_	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total</b> <b>Age</b> <sup>+</sup> 18-24 25-34 35-44 45-64 65+ <b>Race</b>	33,431	94.1	(87.8-97.2)	364,324	91.0	(88.6-93.0)
White, NH Black, NH Hispanic Other, NH <b>Sex</b> male female	23,202 33,431	92.3 # # # 94.1	(84.2-96.5) (87.8-97.2)	282,703 28,417 16,002 37,203 364,324	91.1 85.7 <sup>^</sup> 91.5 <sup>^</sup> 94.7 <sup>^</sup> # 91.0	(88.4-93.2) (74.1-92.6) (74.4-97.5) (84.6-98.3) (88.6-93.0)
Age-adjusted <sup>+,&amp;</sup>						

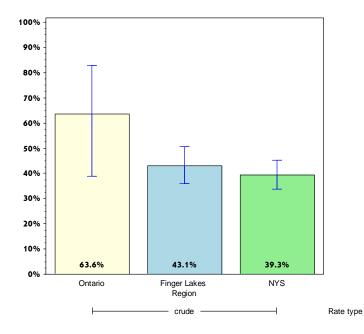
& Percent is age-adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

# Rates with <10 in the numerator or <50 in the denominator are suppressed.

### **Ontario** Promote Healthy Women, Infants, and Children

Percentage of women aged 18-44 years whose health care provider discussed planning a healthy pregnancy



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	Ontario County			Finger Lakes		
_	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total</b> <b>Age</b> <sup>+</sup> 18-24 25-34 35-44 45-64 65+	13,815	63.6^	(38.9-82.8)	89,890	43.1	(35.9-50.6)
Race White, NH Black, NH Hispanic Other, NH Sex	9,587	72.9 <sup>^</sup> # # #	(57.5-84.3)	72,684	46.8 # # #	(39.7-54.0)
Sex male female Age-adjusted <sup>+,&amp;</sup>	13,815	# 63.6 <sup>^</sup>	(38.9-82.8)	89,890	# 43.1	(35.9-50.6)

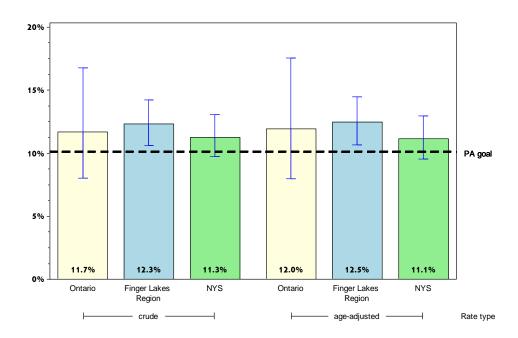
& Percent is age-adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

# Rates with <10 in the numerator or <50 in the denominator are suppressed.

#### Promote Mental Health and Prevention Substance Abuse

Percentage of adults with poor mental health for 14 or more days in the last month



#### Ontario County

**Finger Lakes** 

	Est. # of			Est. # of		
_	Adults	Percent	95% CI	Adults	Percent	95% CI
Total	9,800	11.7	(8.0-16.8)	120,784	12.3	(10.6-14.2)
Age						
18-24		#		18,248	13.9	(8.2-22.4)
25-34		#		21,945	14.4	(10.5-19.4)
35-44		#		17,847	12.2	(8.1-18.0)
45-64	2,941	9.3	(5.5-15.3)	50,391	14.4	(11.5-17.7)
65+	1,293	7.4	(4.3-12.5)	11,819	6.3	(4.5-8.7)
Race						
White, NH	8,281	13.2	(8.9-19.1)	90,447	11.6	(9.9-13.6)
Black, NH		#		12,561	16.5	(10.8-24.5)
Hispanic		#		9,450	18.5^	(11.2-29.0)
Other, NH		#		8,325	11.1^	(4.0-27.3)
Sex						
male		#		49,351	10.4	(8.2-13.2)
female	8,375	19.3	(12.7-28.1)	71,433	14.1	(11.7-16.9)
Age-adjusted <sup>&amp;</sup>		12.0	(8.0-17.5)		12.5	(10.7-14.5)

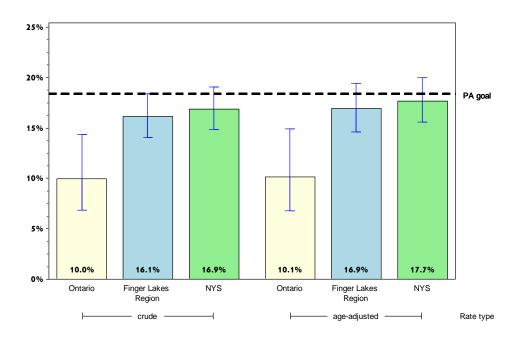
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& Percent is age-adjusted to the 2000 United States Population.

# Rates with <10 in the numerator or <50 in the denominator are suppressed.

#### Promote Mental Health and Prevention Substance Abuse

Percentage of adult binge drinking during the past month\*



#### Ontario County

**Finger Lakes** 

	entario county					
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	8,338	10.0	(6.8-14.3)	154,347	16.1	(14.1-18.4)
Age						
18-24		#		32,152	24.8	(17.7-33.6)
25-34		#		37,099	24.8	(19.2-31.4)
35-44		#		26,167	18.7	(12.6-26.7)
45-64	3,412	10.8	(6.3-17.9)	52,235	15.2	(12.0-19.1)
65+		#		5,899	3.2	(2.2-4.5)
Race						
White, NH	6,790	10.8	(7.6-15.1)	129,788	17.1	(14.7-19.6)
Black, NH		#		8,750	12.2	(7.4-19.5)
Hispanic		#		10,236	19.8^	(12.0-30.9)
Other, NH		#		5,572	7.5	(3.2-16.9)
Sex						
male	5,338	13.4	(8.4-20.8)	99,542	21.7	(18.3-25.4)
female	3,000	6.9	(3.7-12.5)	54,805	11.0	(8.8-13.7)
Age-adjusted <sup>&amp;</sup>		10.1	(6.8-14.9)		16.9	(14.6-19.5)

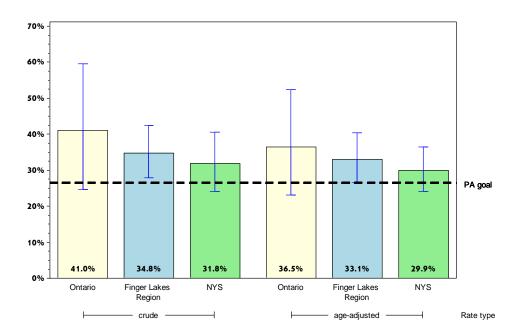
\* Men who have five or more drinks , women having four or more drinks on one occasion

& Percent is age-adjusted to the 2000 United States Population.

# Rates with <10 in the numerator or <50 in the denominator are suppressed.

#### Promote Mental Health and Prevention Substance Abuse

Percentage of cigarette smoking among adults who report poor mental health



	Ontario County			Finger Lakes		
_	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	3,986	41.0^	(24.6-59.6)	41,696	34.8	(27.8-42.5)
Age						
18-24		#			#	
25-34		#		10,400	48.1	(33.0-63.5)
35-44		#		7,009	39.7^	(20.7-62.3)
45-64		#		19,075	38.1^	(27.3-50.2)
65+		#		740	6.3	(3.3-11.9)
Race						
White, NH		#		32,992	36.8	(28.9-45.4)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male		#		19,261	39.2	(27.0-53.0)
female		#		22,435	31.7	(24.4-40.1)
Age-adjusted <sup>&amp;</sup>		36.5^	(23.1-52.3)		33.1	(26.5-40.5)

& Percent is age-adjusted to the 2000 United States Population.

# Rates with <10 in the numerator or <50 in the denominator are suppressed.