

# eBRFSS 2013-2014 Health Indicators: Nassau

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## General Description

The New York State Expanded Behavioral Risk Factor Surveillance System 2013-2014 (2014 eBRFSS) was design to supplement the Center for Disease Control and Prevention (CDC) Behavioral Risk Factor Surveillance System (BRFSS), which is conducted annually in New York State. The purpose of the 2014 eBRFSS was to produce local information on key public health issues. Data for the project were collected from April 15, 2013 to May 10, 2014. The 2014 eBRFSS reached both households with landline telephones and households which only had cell phones. Like the annual BRFSS, New York State's 2014 eBRFSS was designed to be representative of the non-institutionalized adult household population, aged 18 years and older.

### Reported Health Indicators

There are a total of 50 health indicators included in the report. The health indicators include 10 measures included in the New York State Department of Health's Prevention Agenda, NYS Health Innovation Plan (SHIP), Delivery System Reform Incentive Payment (DSRIP) Program, or the NYS Community Health Indicator Reports (CHIRS). An additional 40 important health indicators are also included. The indicators are organized by the Priority Area of the Prevention Agenda and are reported statewide, by region, and by county.

### Data Collection Methodology, Sampling and Weighting

The data collection methods for the 2014 eBRFSS aligned with the CDC's standard annual BRFSS methods. The 2014 eBRFSS questionnaire used standard questions from the BRFSS. Survey interviews were conducted in both English and Spanish. There were 31,690 completed interviews.

The sampling plan for the eBRFSS was developed to result in valid health indicator estimates for New York City (NYC) and each of the 57 counties outside NYC. The sampling approach stratified landlines by county and implemented a disproportionate stratified sampling design that accounted for both listed-households and unlisted numbers. Cell phone households were accounted for through additional strata that covered contiguous groups of counties.

Data were weighted to represent the population using a methodology known as iterative proportional fitting (raking). Raking adjusted the data so that groups underrepresented in the sample were more accurately represented in the estimated rates. Raking also enabled surveys conducted by cell phone to be included in the weighting and to accurately match sample distributions of specified demographic characteristics of the population. The raking categories included in the eBRFSS were: age, gender, race/ethnicity, education, marital status, owner/renter status, telephone usage (i.e. landline and cell phone combinations), and county of residence.

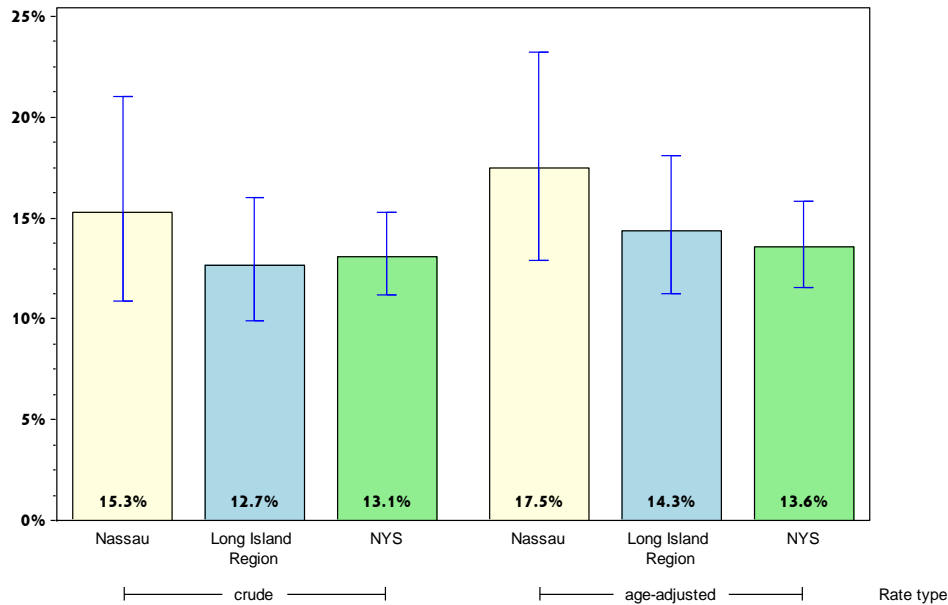
### Limitations of Data Use:

During data analysis, criteria were applied to suppress rates based on too few surveys to be reliable and to identify rates that are highly variable. Rates in which less than 10 respondents were in the numerator or less than 50 respondents were in the denominator were considered unreliable and suppressed from reporting. Rates considered to have high variability due to having confidence limits greater than  $\pm 10\%$  are noted.

# Nassau

## Improve Health Status and Reduce Health Disparities

Percentage of adults who did not receive medical care because of cost\*



	Nassau County			Long Island		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total</b>	159,041	15.3	(10.9-21.0)	277,850	12.7	(9.9-16.0)
<b>Age</b>		#			#	
18-24		#			#	
25-34	62,159	41.9 <sup>^</sup>	(25.9-59.9)	87,958	28.0 <sup>^</sup>	(18.3-40.2)
35-44	25,618	16.0 <sup>^</sup>	(7.9-29.5)	65,885	18.7	(11.6-28.7)
45-64	42,082	11.5	(5.9-21.2)	72,916	9.3	(6.0-14.1)
65+		#		18,726	4.4	(2.0-9.0)
<b>Race</b>						
White, NH	112,769	15.9	(10.5-23.3)	181,555	11.6	(8.4-15.7)
Black, NH		#			#	
Hispanic	36,918	27.3 <sup>^</sup>	(14.4-45.6)	80,680	24.3 <sup>^</sup>	(16.2-34.9)
Other, NH		#			#	
<b>Sex</b>						
male	80,582	16.2 <sup>^</sup>	(9.5-26.5)	132,319	12.5	(8.5-18.2)
female	78,459	14.4	(9.4-21.3)	145,531	12.8	(9.4-17.1)
<b>Age-adjusted<sup>&amp;</sup></b>		17.5	(12.9-23.2)		14.3	(11.3-18.1)

\* Among people needing to see a doctor in the past 12 months

& Percent is age-adjusted to the 2000 United States Population.

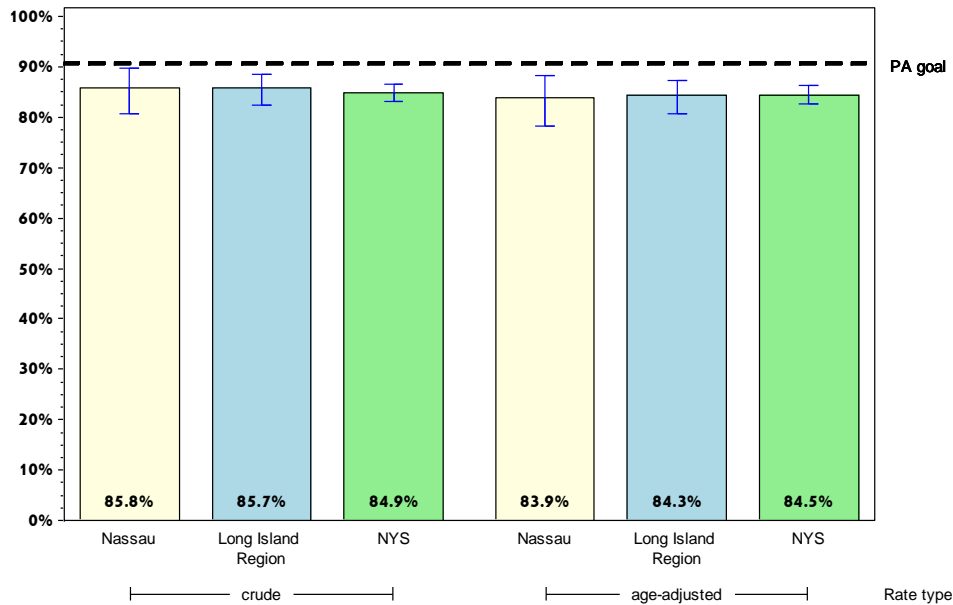
# Rates with <10 in the numerator or <50 in the denominator are suppressed.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

# Nassau

## Improve Health Status and Reduce Health Disparities

### Percentage of adults who have a regular health care provider



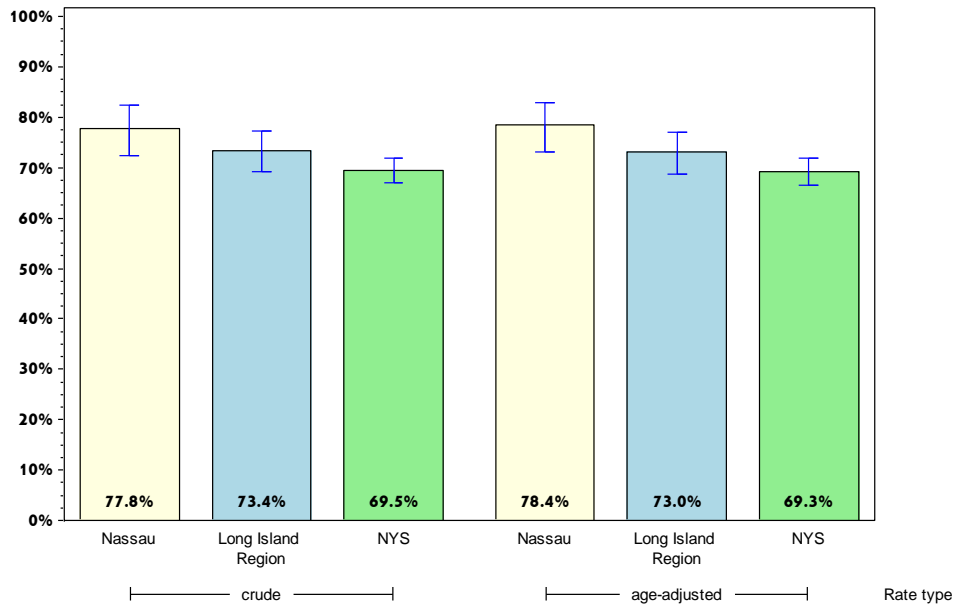
	Nassau County			Long Island		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total</b>	891,925	85.8	(80.6-89.8)	1,868,868	85.7	(82.4-88.5)
<b>Age</b>						
18-24	#	#		176,765	71.8 <sup>^</sup>	(56.3-83.4)
25-34	93,373	65.4 <sup>^</sup>	(48.2-79.3)	229,636	74.4 <sup>^</sup>	(63.9-82.7)
35-44	140,385	86.7 <sup>^</sup>	(69.9-94.9)	307,841	86.4	(78.1-91.9)
45-64	320,114	87.5 <sup>^</sup>	(77.3-93.5)	689,578	88.0	(81.6-92.3)
65+	204,745	96.1	(92.0-98.1)	408,859	95.2	(91.8-97.3)
<b>Race</b>						
White, NH	619,733	87.1	(80.6-91.6)	1,371,971	88.0	(84.1-91.0)
Black, NH	#	#		122,091	100.0	-
Hispanic	89,424	65.5 <sup>^</sup>	(47.6-79.9)	222,406	66.5 <sup>^</sup>	(55.4-76.0)
Other, NH	#	#		152,400	92.5	(84.7-96.5)
<b>Sex</b>						
male	399,631	81.2	(72.5-87.7)	830,712	79.8	(74.3-84.4)
female	492,294	89.9	(83.2-94.1)	1,038,156	91.1	(86.9-94.1)
<b>Age-adjusted<sup>&amp;</sup></b>		83.9	(78.3-88.4)		84.3	(80.7-87.3)

& Percent is age-adjusted to the 2000 United States Population.  
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# Nassau

## Improve Health Status and Reduce Health Disparities

### Percentage of adults who had a dentist visit within the past year



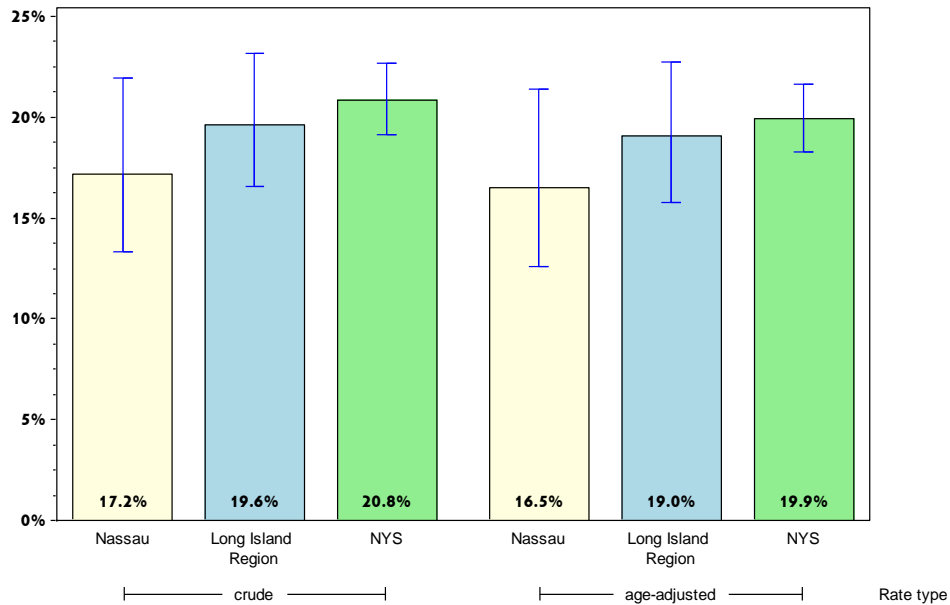
	Nassau County			Long Island		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total</b>	731,135	77.8	(72.3-82.5)	1,460,683	73.4	(69.3-77.2)
<b>Age</b>		#				
18-24		#		177,285	79.0 <sup>^</sup>	(61.5-89.9)
25-34	76,652	56.8 <sup>^</sup>	(39.3-72.8)	155,244	58.8 <sup>^</sup>	(46.5-70.1)
35-44	130,893	90.0 <sup>^</sup>	(79.9-95.4)	255,037	77.1 <sup>^</sup>	(65.2-85.8)
45-64	267,532	77.0 <sup>^</sup>	(66.4-85.1)	534,511	73.0	(65.9-79.1)
65+	155,163	82.4	(74.6-88.2)	304,586	78.6	(72.4-83.6)
<b>Race</b>						
White, NH	524,367	80.0	(73.7-85.1)	1,089,568	75.4	(70.8-79.5)
Black, NH		#		72,038	70.9 <sup>^</sup>	(53.1-83.9)
Hispanic	76,033	69.5 <sup>^</sup>	(49.6-84.1)	186,562	65.5 <sup>^</sup>	(53.1-76.0)
Other, NH		#			#	
<b>Sex</b>						
male	314,829	72.0	(62.3-80.0)	659,509	71.0	(64.9-76.4)
female	416,306	82.8	(76.7-87.5)	801,174	75.6	(69.7-80.7)
<b>Age-adjusted<sup>&amp;</sup></b>		78.4	(73.1-82.9)		73.0	(68.6-77.0)

& Percent is age-adjusted to the 2000 United States Population.  
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 ^ Highly variable rate (confidence interval with a half-width greater than 10).

# Nassau

## Improve Health Status and Reduce Health Disparities

### Percentage of adults living with a disability\*



	Nassau County			Long Island		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total</b>	175,812	17.2	(13.3-21.9)	420,175	19.6	(16.6-23.1)
<b>Age</b>		#			#	
18-24		#			#	
25-34	31,678	22.2 <sup>^</sup>	(9.3-44.3)	60,114	19.6 <sup>^</sup>	(10.3-33.9)
35-44		#		49,244	14.3	(8.4-23.3)
45-64	47,896	13.2	(8.1-20.6)	136,933	18.0	(13.5-23.6)
65+	73,021	34.8	(26.4-44.3)	148,319	35.2	(29.0-42.0)
<b>Race</b>						
White, NH	153,699	21.8	(16.7-28.0)	369,645	24.1	(20.2-28.6)
Black, NH		#		12,278	10.5 <sup>^</sup>	(4.7-21.6)
Hispanic		#		23,634	7.3	(4.0-13.1)
Other, NH		#			#	
<b>Sex</b>						
male	69,331	14.1	(8.8-21.8)	195,635	19.0	(14.4-24.7)
female	106,481	20.1	(14.9-26.4)	224,540	20.2	(16.3-24.7)
<b>Age-adjusted<sup>&amp;</sup></b>		16.5	(12.6-21.4)		19.0	(15.8-22.8)

\* Limited activities (physical, mental, or emotional problems); need of special equipment (e.g. cane, wheel chair).

& Percent is age-adjusted to the 2000 United States Population.

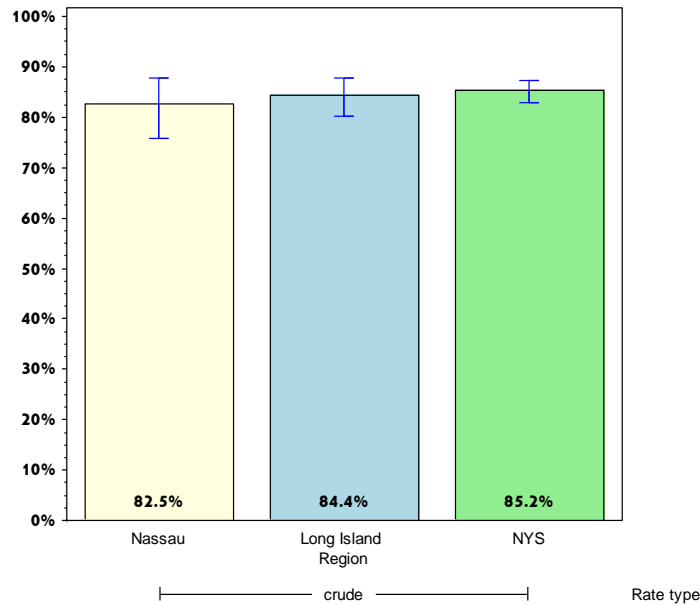
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<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

# Nassau

## Improve Health Status and Reduce Health Disparities

### Percentage of adults aged 18-64 years with healthcare coverage



	Nassau County			Long Island		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total Age<sup>+</sup></b>	654,767	82.5	(75.7-87.8)	1,428,096	84.4	(80.3-87.8)
18-24						
25-34						
35-44						
45-64						
65+						
<b>Race</b>						
White, NH	443,358	87.3	(77.8-93.0)	1,049,985	91.4	(87.0-94.5)
Black, NH		#		93,340	88.0 <sup>^</sup>	(77.7-94.0)
Hispanic	66,644	57.3 <sup>^</sup>	(39.2-73.7)	150,559	52.5 <sup>^</sup>	(40.8-63.8)
Other, NH		#			#	
<b>Sex</b>						
male	284,637	75.8 <sup>^</sup>	(63.5-85.0)	664,023	80.8	(74.0-86.1)
female	370,129	88.6	(81.4-93.2)	764,073	87.8	(82.5-91.6)
<b>Age-adjusted<sup>+,&amp;</sup></b>						

& Percent is age-adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

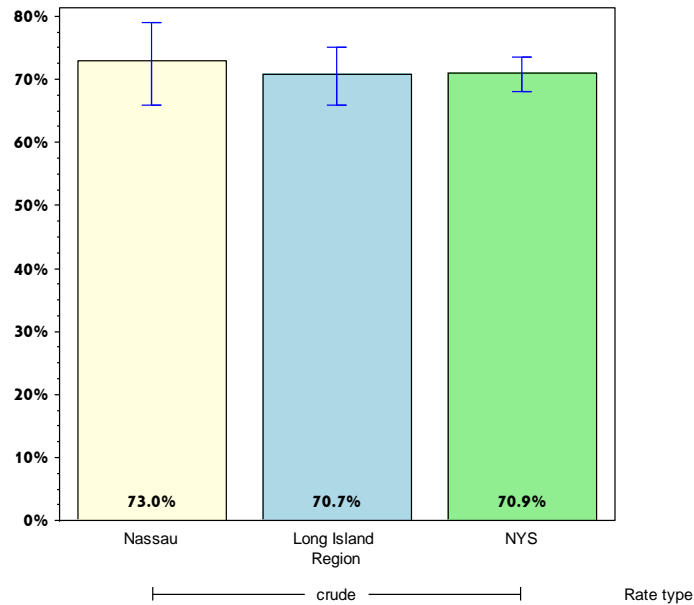
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<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

# Nassau

## Improve Health Status and Reduce Health Disparities

Percentage of adults aged 18-64 years who saw a doctor for a routine checkup within the last year



	Nassau County			Long Island		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total</b>	578,065	73.0	(66.0-79.0)	1,197,352	70.7	(65.8-75.1)
<b>Age<sup>+</sup></b>						
18-24						
25-34						
35-44						
45-64						
65+						
<b>Race</b>						
White, NH	372,576	73.6	(64.9-80.7)	818,488	71.2	(65.3-76.6)
Black, NH		#		94,927	89.5 <sup>^</sup>	(75.6-96.0)
Hispanic	74,500	64.1 <sup>^</sup>	(44.4-79.9)	170,952	59.6 <sup>^</sup>	(47.5-70.6)
Other, NH		#			#	
<b>Sex</b>						
male	257,486	68.0 <sup>^</sup>	(56.9-77.4)	569,063	68.2	(61.0-74.6)
female	320,579	77.5	(68.4-84.6)	628,289	73.1	(66.3-79.1)
<b>Age-adjusted<sup>+,&amp;</sup></b>						

& Percent is age-adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

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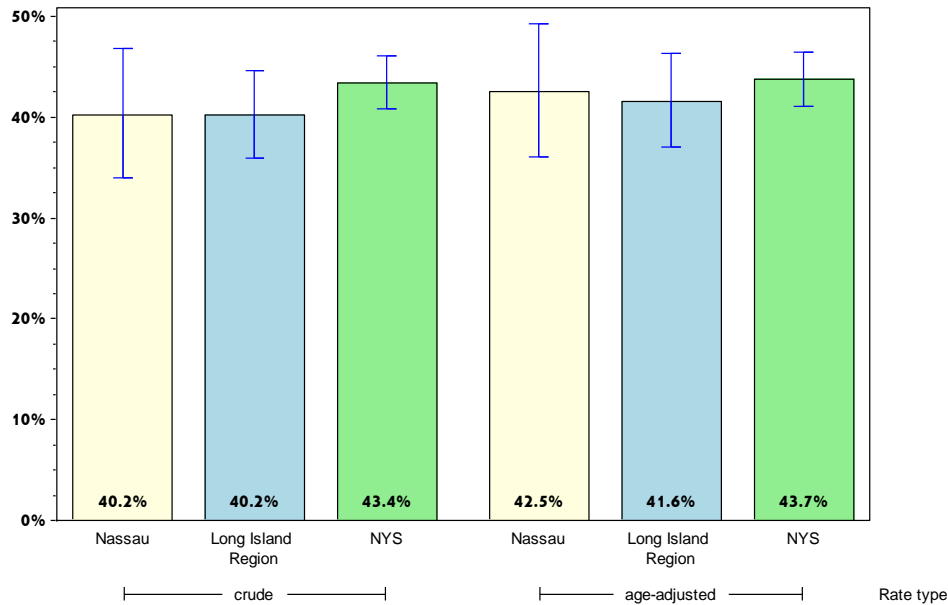
<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).



# Nassau

## Improve Health Status and Reduce Health Disparities

### Percentage of adults experiencing housing insecurity in the past 12 months\*



	Nassau County			Long Island		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total</b>	362,313	40.2	(33.9-46.8)	757,862	40.2	(36.0-44.6)
<b>Age</b>		#			#	
18-24						
25-34	70,134	64.2 <sup>^</sup>	(45.6-79.3)	138,830	54.1 <sup>^</sup>	(41.7-66.1)
35-44	71,034	50.1 <sup>^</sup>	(35.9-64.3)	173,289	53.0 <sup>^</sup>	(42.3-63.5)
45-64	132,895	37.3 <sup>^</sup>	(27.6-48.2)	300,115	40.8	(34.0-47.9)
65+	46,903	25.8 <sup>^</sup>	(17.6-36.2)	84,370	22.9	(17.4-29.6)
<b>Race</b>						
White, NH	232,436	37.6	(30.5-45.3)	509,658	37.0	(32.2-42.0)
Black, NH		#		52,726	54.6 <sup>^</sup>	(38.4-69.9)
Hispanic	67,070	58.3 <sup>^</sup>	(40.5-74.2)	147,713	56.3 <sup>^</sup>	(44.6-67.3)
Other, NH		#			#	
<b>Sex</b>						
male	144,095	34.4 <sup>^</sup>	(24.9-45.4)	314,081	36.0	(29.8-42.7)
female	218,217	45.2	(37.4-53.3)	443,781	43.9	(38.2-49.7)
<b>Age-adjusted<sup>&amp;</sup></b>		42.5	(36.1-49.3)		41.6	(37.0-46.3)

\* Worried or stressed about having enough money to pay for rent or mortgage.

& Percent is age-adjusted to the 2000 United States Population.

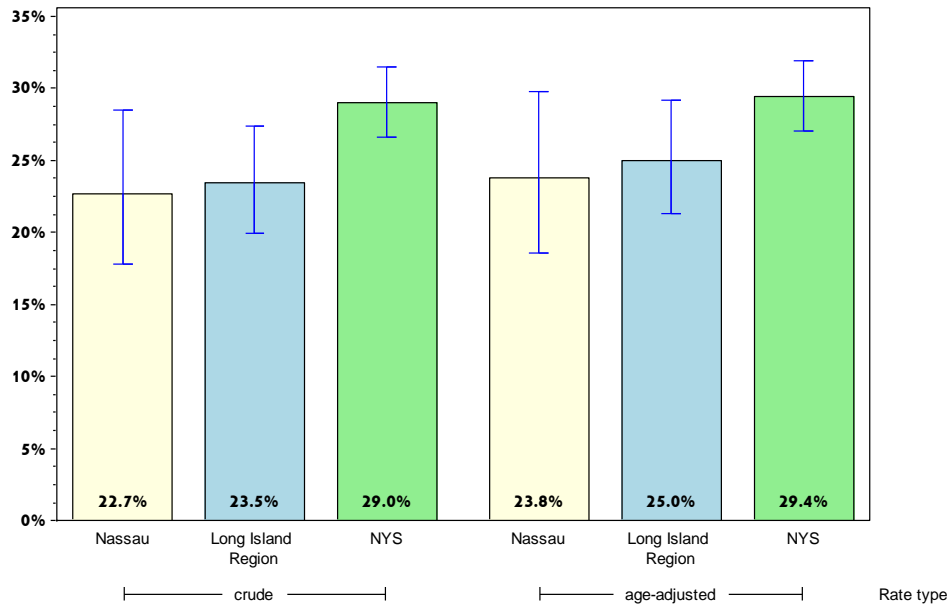
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<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

# Nassau

## Improve Health Status and Reduce Health Disparities

### Percentage of adults experiencing food insecurity in the past 12 months\*



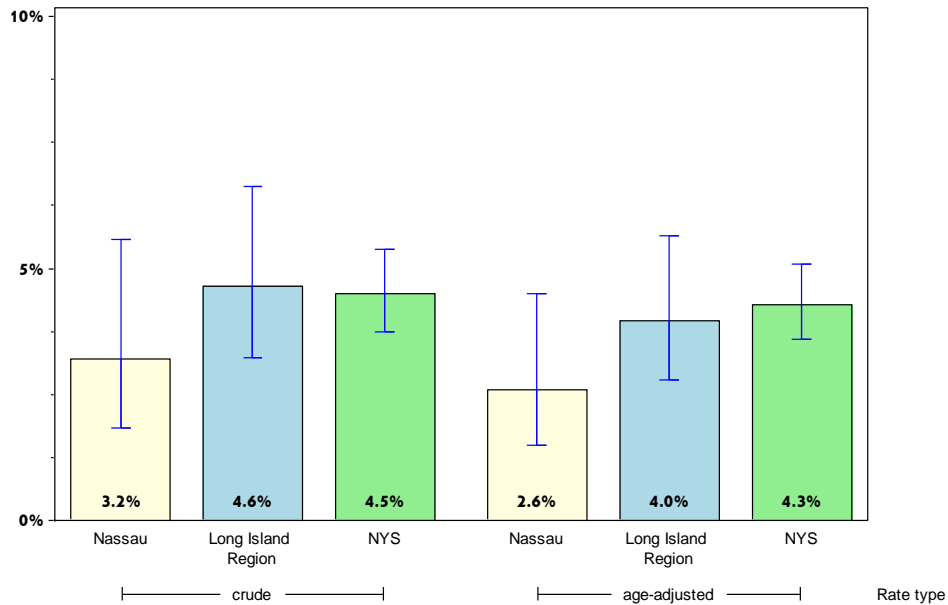
	Nassau County			Long Island		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total</b>	221,746	22.7	(17.8-28.5)	482,775	23.5	(20.0-27.3)
<b>Age</b>		#				
18-24		#		47,487	20.5 <sup>^</sup>	(9.7-38.3)
25-34	61,136	43.6 <sup>^</sup>	(27.8-60.8)	121,802	42.5 <sup>^</sup>	(31.4-54.4)
35-44	33,689	22.8 <sup>^</sup>	(13.4-36.1)	100,396	29.6 <sup>^</sup>	(21.1-39.6)
45-64	76,877	21.4 <sup>^</sup>	(13.6-32.1)	165,566	22.2	(16.8-28.7)
65+	14,410	7.2	(4.1-12.6)	35,512	8.8	(5.9-13.2)
<b>Race</b>						
White, NH	133,175	19.8	(14.3-26.8)	314,730	21.2	(17.2-25.8)
Black, NH		#		38,312	36.9 <sup>^</sup>	(22.4-54.1)
Hispanic	44,741	36.2 <sup>^</sup>	(21.8-53.6)	110,837	36.1 <sup>^</sup>	(26.4-47.0)
Other, NH		#			#	
<b>Sex</b>						
male	82,247	18.0	(11.3-27.3)	187,861	19.5	(15.0-25.1)
female	139,499	26.8	(20.3-34.6)	294,913	26.9	(22.0-32.5)
<b>Age-adjusted<sup>&amp;</sup></b>		23.8	(18.6-29.8)		25.0	(21.3-29.1)

\* Worried or stressed about having enough money to buy nutritious meals.  
 & Percent is age-adjusted to the 2000 United States Population.  
 # Rates with <10 in the numerator or <50 in the denominator are suppressed.  
 ^ Highly variable rate (confidence interval with a half-width greater than 10).

# Nassau

## Improve Health Status and Reduce Health Disparities

### Percentage of adults with poor self-reported health



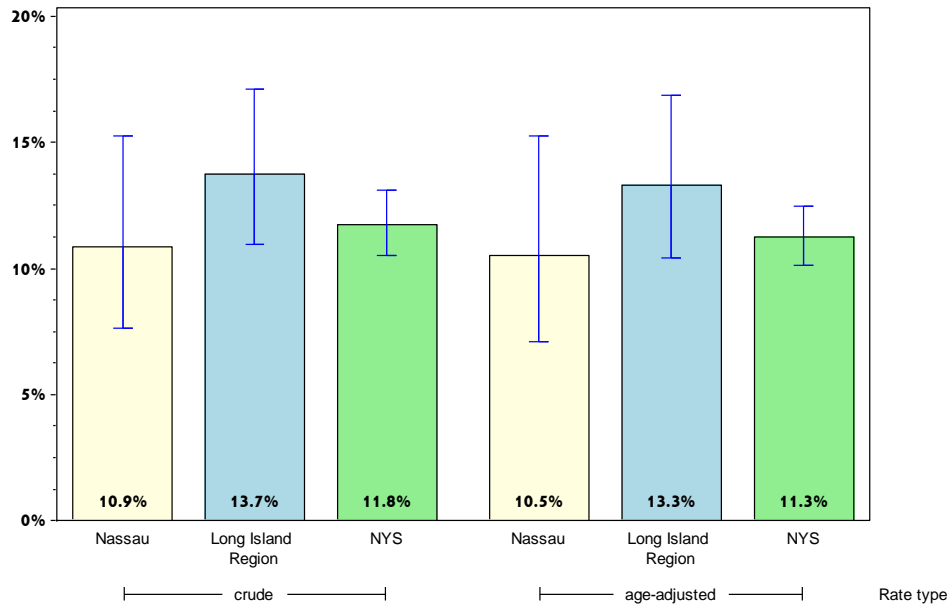
	Nassau County			Long Island		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total</b>	33,465	3.2	(1.8-5.6)	101,062	4.6	(3.2-6.6)
<b>Age</b>		#			#	
18-24		#			#	
25-34		#			#	
35-44		#			#	
45-64		#		28,424	3.7	(2.1-6.5)
65+		#		51,349	12.0	(7.0-19.9)
<b>Race</b>						
White, NH	24,096	3.4	(2.0-5.8)	70,788	4.6	(3.2-6.5)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
<b>Sex</b>						
male		#		58,315	5.6	(3.4-9.1)
female	23,259	4.3	(2.1-8.5)	42,746	3.8	(2.3-6.1)
<b>Age-adjusted<sup>&amp;</sup></b>		2.6	(1.5-4.5)		4.0	(2.8-5.7)

& Percent is age-adjusted to the 2000 United States Population.  
 # Rates with <10 in the numerator or <50 in the denominator are suppressed.

# Nassau

## Improve Health Status and Reduce Health Disparities

Percentage of adults who report 14 or more days of poor physical health\*



	Nassau County			Long Island		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total</b>	110,557	10.9	(7.6-15.2)	291,712	13.7	(11.0-17.1)
<b>Age</b>		#			#	
18-24		#			#	
25-34		#		41,757	14.1 <sup>^</sup>	(6.5-27.9)
35-44		#		35,293	10.0	(5.2-18.4)
45-64	34,706	9.6	(5.6-16.0)	111,200	14.6	(10.3-20.2)
65+	42,212	20.8	(13.6-30.5)	85,172	20.3	(14.5-27.8)
<b>Race</b>						
White, NH	96,602	13.9	(9.6-19.7)	225,642	14.9	(11.6-18.9)
Black, NH		#			#	
Hispanic		#		37,400	11.7 <sup>^</sup>	(5.6-23.0)
Other, NH		#			#	
<b>Sex</b>						
male	49,317	10.1	(5.3-18.3)	152,559	14.8	(10.4-20.7)
female	61,240	11.6	(7.9-16.7)	139,153	12.8	(9.7-16.6)
<b>Age-adjusted<sup>&amp;</sup></b>		10.5	(7.1-15.3)		13.3	(10.4-16.9)

\* Out of the past 30 days.

& Percent is age-adjusted to the 2000 United States Population.

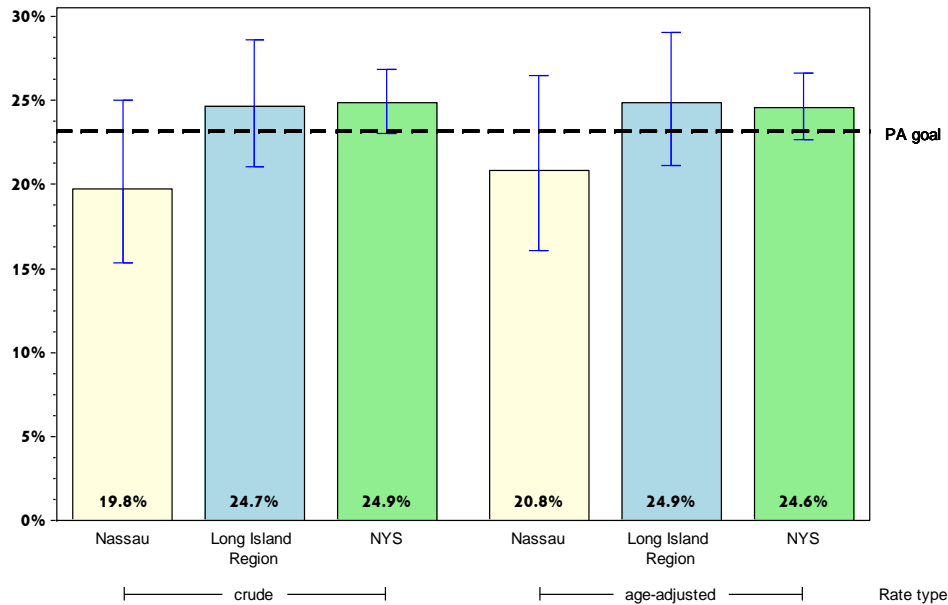
# Rates with <10 in the numerator or <50 in the denominator are suppressed.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

# Nassau

## Prevent Chronic Diseases

### Percentage of adults who are obese\*



	Nassau County			Long Island		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total</b>	191,676	19.8	(15.4-25.0)	502,810	24.7	(21.1-28.6)
<b>Age</b>		#				
18-24		#		67,744	26.9 <sup>^</sup>	(14.1-45.3)
25-34	22,606	16.2 <sup>^</sup>	(8.1-29.8)	73,767	25.2 <sup>^</sup>	(16.5-36.3)
35-44	41,875	29.4 <sup>^</sup>	(17.9-44.2)	84,756	26.6	(18.8-36.2)
45-64	55,070	16.9	(11.0-25.1)	171,592	24.3	(18.6-30.9)
65+	50,580	23.9	(16.1-33.8)	90,957	21.8	(16.4-28.5)
<b>Race</b>						
White, NH	131,035	19.7	(14.6-26.1)	358,037	24.4	(20.3-29.1)
Black, NH		#		47,582	40.3 <sup>^</sup>	(26.5-56.0)
Hispanic	20,044	17.7 <sup>^</sup>	(8.0-34.6)	80,384	27.6 <sup>^</sup>	(18.4-39.2)
Other, NH		#			#	
<b>Sex</b>						
male	107,338	22.5	(15.5-31.6)	295,305	28.9	(23.5-35.0)
female	84,338	17.1	(12.3-23.1)	207,505	20.4	(16.0-25.7)
<b>Age-adjusted<sup>&amp;</sup></b>		20.8	(16.1-26.5)		24.9	(21.1-29.0)

\* Obesity defined as a Body Mass Index (BMI)  $\geq 30$ . BMI is calculated based on weight and height.

& Percent is age-adjusted to the 2000 United States Population.

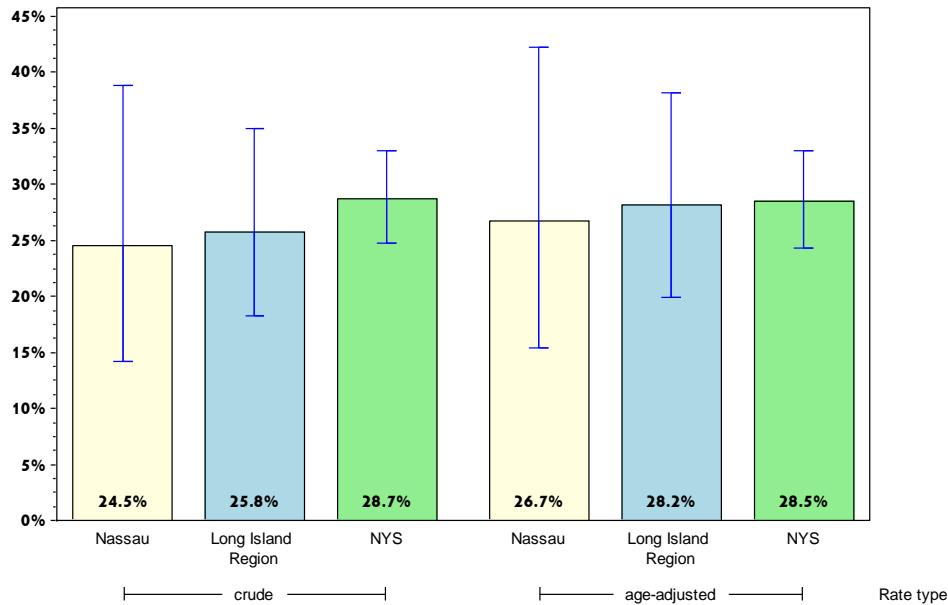
# Rates with  $<10$  in the numerator or  $<50$  in the denominator are suppressed.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

# Nassau

## Prevent Chronic Diseases

Percentage of adults with an annual household income less than \$25,000 who are obese\*



	Nassau County			Long Island		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total</b>	36,937	24.5 <sup>^</sup>	(14.2-38.8)	85,661	25.8	(18.3-35.0)
<b>Age</b>						
18-24		#			#	
25-34		#			#	
35-44		#			#	
45-64		#			#	
65+		#		15,264	16.7 <sup>^</sup>	(7.2-34.1)
<b>Race</b>						
White, NH		#		38,362	22.4 <sup>^</sup>	(14.7-32.6)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
<b>Sex</b>						
male		#		43,366	27.6 <sup>^</sup>	(17.4-40.7)
female	19,665	24.2 <sup>^</sup>	(11.7-43.4)	42,295	24.1 <sup>^</sup>	(14.1-38.1)
<b>Age-adjusted<sup>&amp;</sup></b>		26.7 <sup>^</sup>	(15.4-42.3)		28.2	(19.9-38.2)

\* Obesity defined as a Body Mass Index (BMI)  $\geq 30$ . BMI is calculated based on weight and height.

& Percent is age-adjusted to the 2000 United States Population.

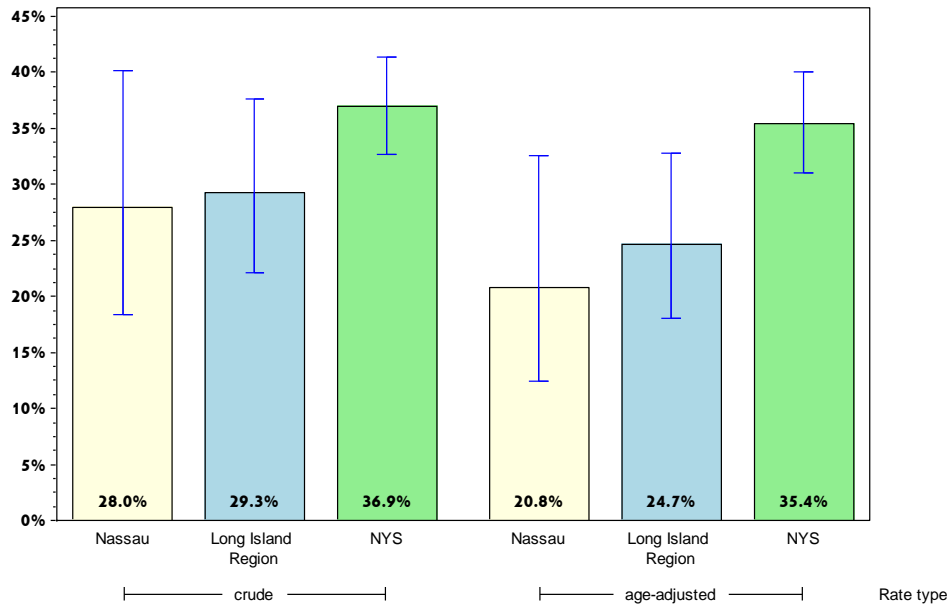
# Rates with  $< 10$  in the numerator or  $< 50$  in the denominator are suppressed.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

# Nassau

## Prevent Chronic Diseases

### Percentage of adults living with a disability who are obese\*



	Nassau County			Long Island		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total</b>	47,799	28.0 <sup>^</sup>	(18.4-40.2)	116,644	29.3	(22.2-37.6)
<b>Age</b>		#			#	
18-24		#			#	
25-34		#			#	
35-44		#			#	
45-64		#		46,174	34.6 <sup>^</sup>	(22.0-49.9)
65+	29,051	39.8 <sup>^</sup>	(25.1-56.6)	46,628	32.7 <sup>^</sup>	(22.9-44.4)
<b>Race</b>						
White, NH	37,399	24.9 <sup>^</sup>	(16.0-36.5)	91,531	25.6	(18.6-34.1)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
<b>Sex</b>						
male		#		50,847	27.2 <sup>^</sup>	(17.7-39.4)
female	32,444	32.0 <sup>^</sup>	(19.3-48.0)	65,796	31.1 <sup>^</sup>	(21.5-42.6)
<b>Age-adjusted<sup>&amp;</sup></b>		20.8 <sup>^</sup>	(12.5-32.6)		24.7	(18.0-32.8)

\* Obesity defined as a Body Mass Index (BMI)  $\geq 30$ . BMI is calculated based on weight and height. Limited activities (physical, mental, or emotional problems); need of special equipment (e.g. cane, wheel chair).

& Percent is age-adjusted to the 2000 United States Population.

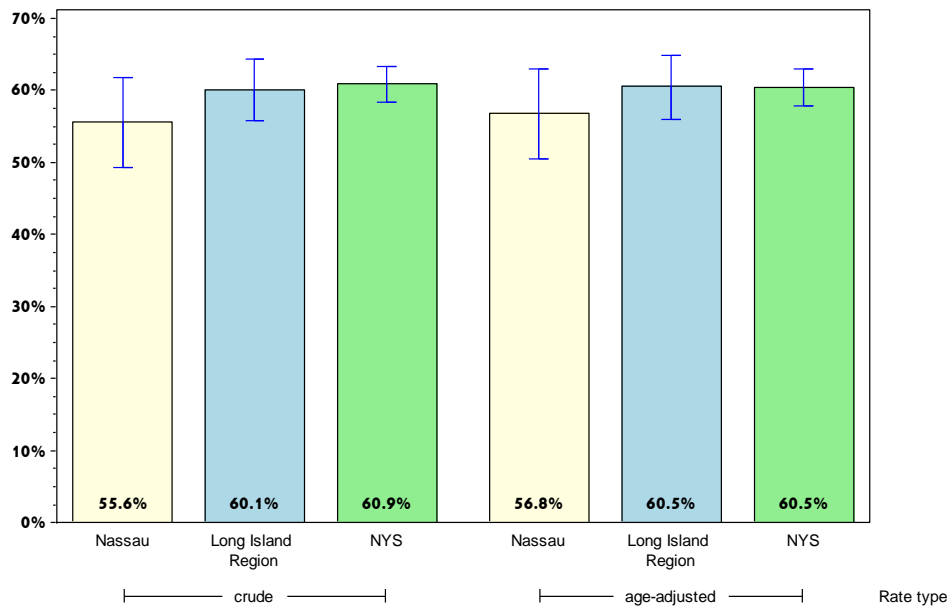
# Rates with  $<10$  in the numerator or  $<50$  in the denominator are suppressed.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

# Nassau

## Prevent Chronic Diseases

### Percentage of adults overweight or obese\*



	Nassau County			Long Island		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total</b>	539,447	55.6	(49.2-61.8)	1,225,597	60.1	(55.7-64.3)
<b>Age</b>		#				
18-24		#		93,102	37.0 <sup>^</sup>	(22.7-53.9)
25-34	67,519	48.3 <sup>^</sup>	(31.9-65.0)	166,696	56.8 <sup>^</sup>	(44.0-68.9)
35-44	97,201	68.2 <sup>^</sup>	(53.2-80.2)	217,298	68.2 <sup>^</sup>	(56.9-77.7)
45-64	207,001	63.7 <sup>^</sup>	(53.1-73.1)	469,777	66.4	(59.6-72.5)
65+	133,041	62.8	(53.6-71.1)	258,949	62.2	(55.1-68.8)
<b>Race</b>						
White, NH	371,757	55.9	(48.7-62.8)	867,655	59.2	(54.3-64.0)
Black, NH		#		91,366	77.5 <sup>^</sup>	(60.9-88.3)
Hispanic	58,373	51.5 <sup>^</sup>	(34.1-68.4)	189,986	65.3 <sup>^</sup>	(52.9-75.9)
Other, NH		#			#	
<b>Sex</b>						
male	298,817	62.8 <sup>^</sup>	(52.6-71.9)	720,149	70.4	(63.8-76.3)
female	240,630	48.7	(40.9-56.5)	505,449	49.7	(43.9-55.6)
<b>Age-adjusted<sup>&amp;</sup></b>		56.8	(50.6-62.9)		60.5	(56.0-64.9)

\* Defined as a Body Mass Index (BMI)  $\geq 25$ . BMI is calculated based on weight and height.

& Percent is age-adjusted to the 2000 United States Population.

# Rates with  $<10$  in the numerator or  $<50$  in the denominator are suppressed.

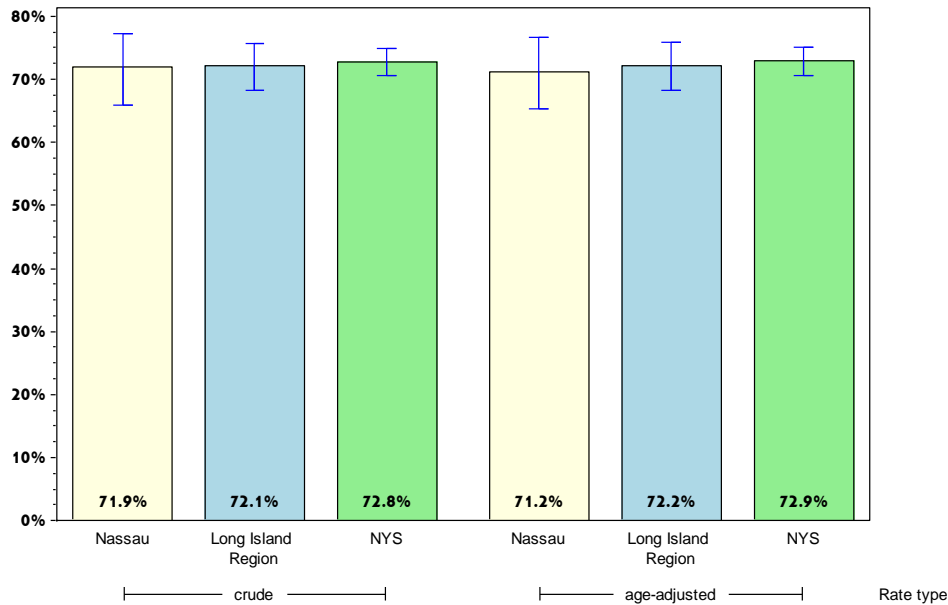
<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).



# Nassau

## Prevent Chronic Diseases

Percentage of adults who participated in leisure time physical activity in the past 30 days\*



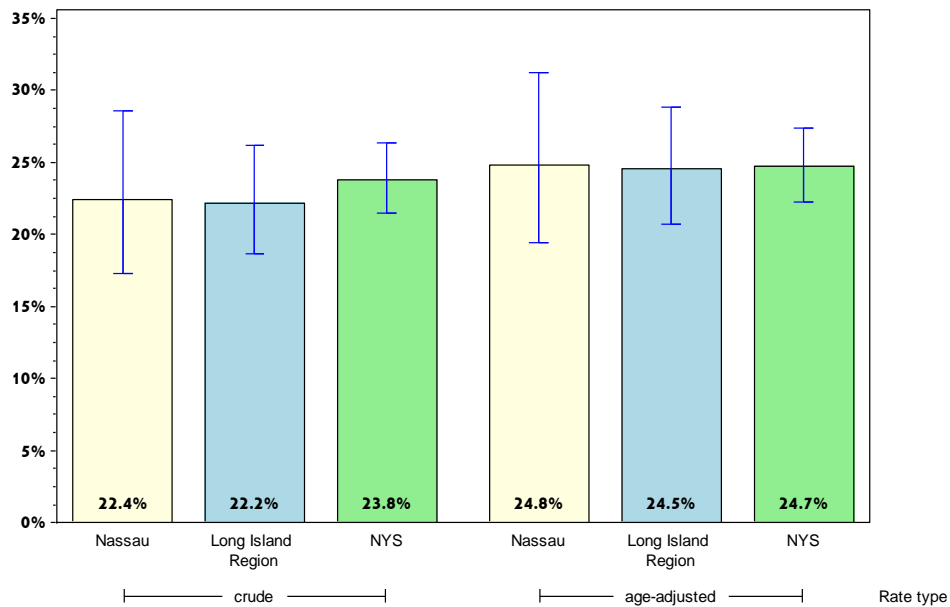
	Nassau County			Long Island		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total</b>	715,881	71.9	(66.0-77.2)	1,511,528	72.1	(68.2-75.7)
<b>Age</b>		#				
18-24		#		215,322	92.9 <sup>^</sup>	(81.4-97.5)
25-34	84,502	60.3 <sup>^</sup>	(41.2-76.6)	187,381	65.1 <sup>^</sup>	(52.7-75.7)
35-44	104,648	66.6 <sup>^</sup>	(51.8-78.8)	243,174	69.6 <sup>^</sup>	(59.6-78.1)
45-64	270,901	74.8 <sup>^</sup>	(64.6-82.9)	559,974	73.8	(67.0-79.6)
65+	133,355	64.9 <sup>^</sup>	(54.6-73.9)	270,352	64.5	(57.3-71.0)
<b>Race</b>						
White, NH	499,703	73.8	(66.8-79.8)	1,100,705	73.8	(69.3-77.8)
Black, NH		#		85,347	76.3 <sup>^</sup>	(61.7-86.5)
Hispanic	70,670	53.6 <sup>^</sup>	(36.6-69.7)	188,457	57.8 <sup>^</sup>	(46.6-68.3)
Other, NH		#			#	
<b>Sex</b>						
male	310,883	66.8 <sup>^</sup>	(56.7-75.6)	695,660	70.4	(64.1-75.9)
female	404,998	76.3	(69.6-81.9)	815,868	73.6	(68.6-78.0)
<b>Age-adjusted<sup>&amp;</sup></b>		71.2	(65.3-76.6)		72.2	(68.2-75.8)

\* Any physical activities or exercises such as running or walking  
 & Percent is age-adjusted to the 2000 United States Population.  
 # Rates with <10 in the numerator or <50 in the denominator are suppressed.  
 ^ Highly variable rate (confidence interval with a half-width greater than 10).

# Nassau

## Prevent Chronic Diseases

Percentage of adults who consume one or more sugary drinks daily\*



	Nassau County			Long Island		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total</b>	215,230	22.4	(17.3-28.5)	448,821	22.2	(18.6-26.2)
<b>Age</b>		#				
18-24		#		72,355	31.6 <sup>^</sup>	(18.7-48.1)
25-34	52,545	37.9 <sup>^</sup>	(21.9-57.2)	92,168	33.3 <sup>^</sup>	(22.9-45.7)
35-44	47,715	31.1 <sup>^</sup>	(19.3-45.9)	139,602	40.7 <sup>^</sup>	(30.6-51.7)
45-64	35,095	10.1	(5.6-17.5)	89,477	12.2	(8.2-17.9)
65+	25,250	13.1	(7.8-21.3)	41,851	10.6	(7.2-15.5)
<b>Race</b>						
White, NH	139,381	21.1	(15.4-28.2)	287,431	19.7	(16.0-24.1)
Black, NH		#		25,797	25.0 <sup>^</sup>	(12.7-43.1)
Hispanic	34,457	27.8 <sup>^</sup>	(14.3-47.1)	100,972	33.1 <sup>^</sup>	(23.4-44.4)
Other, NH		#			#	
<b>Sex</b>						
male	127,319	29.0 <sup>^</sup>	(20.2-39.8)	279,956	30.0	(24.2-36.5)
female	87,911	16.8	(11.7-23.6)	168,865	15.5	(11.6-20.4)
<b>Age-adjusted<sup>&amp;</sup></b>		24.8	(19.4-31.2)		24.5	(20.7-28.8)

\* Sugary drinks include regular soda, and sugar-sweetened drinks.

& Percent is age-adjusted to the 2000 United States Population.

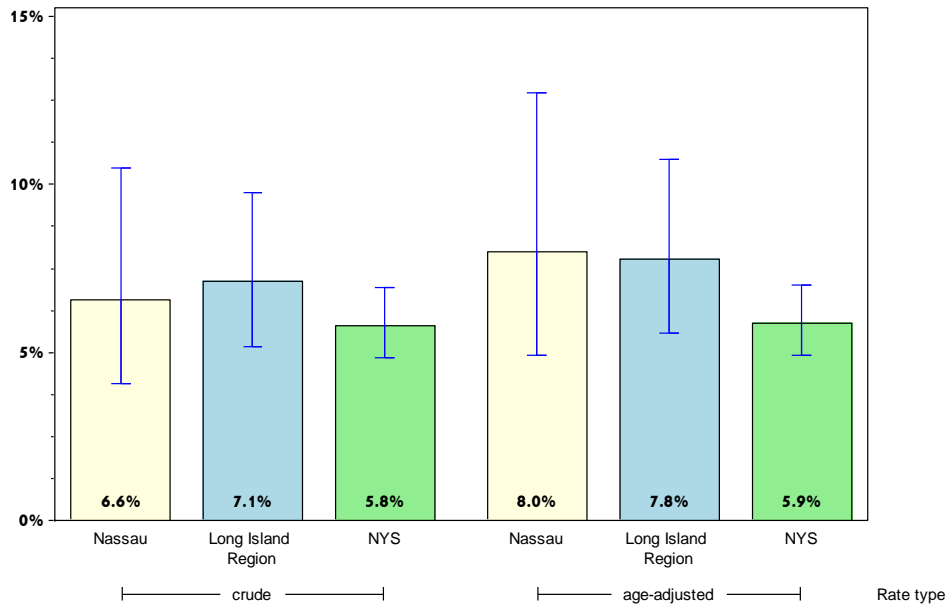
# Rates with <10 in the numerator or <50 in the denominator are suppressed.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

# Nassau

## Prevent Chronic Diseases

### Percentage of adults who consume fast-food three or more times per week



	Nassau County			Long Island		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total</b>	63,028	6.6	(4.1-10.5)	143,752	7.1	(5.2-9.7)
<b>Age</b>						
18-24	#	#		29,879	13.0 <sup>^</sup>	(6.7-23.8)
25-34	#	#		39,257	14.2 <sup>^</sup>	(7.0-26.7)
35-44	#	#		23,640	6.9	(3.2-14.1)
45-64	#	#		41,108	5.6	(3.1-10.0)
65+	#	#		#	#	
<b>Race</b>						
White, NH	26,192	4.0	(2.3-6.7)	81,206	5.6	(3.8-8.1)
Black, NH	#	#		#	#	
Hispanic	#	#		36,097	11.8 <sup>^</sup>	(5.4-23.7)
Other, NH	#	#		#	#	
<b>Sex</b>						
male	51,514	11.7	(6.7-19.6)	117,141	12.5	(8.9-17.4)
female	#	#		26,611	2.5	(1.1-5.2)
<b>Age-adjusted<sup>&amp;</sup></b>		8.0	(4.9-12.7)		7.8	(5.6-10.7)

& Percent is age-adjusted to the 2000 United States Population.

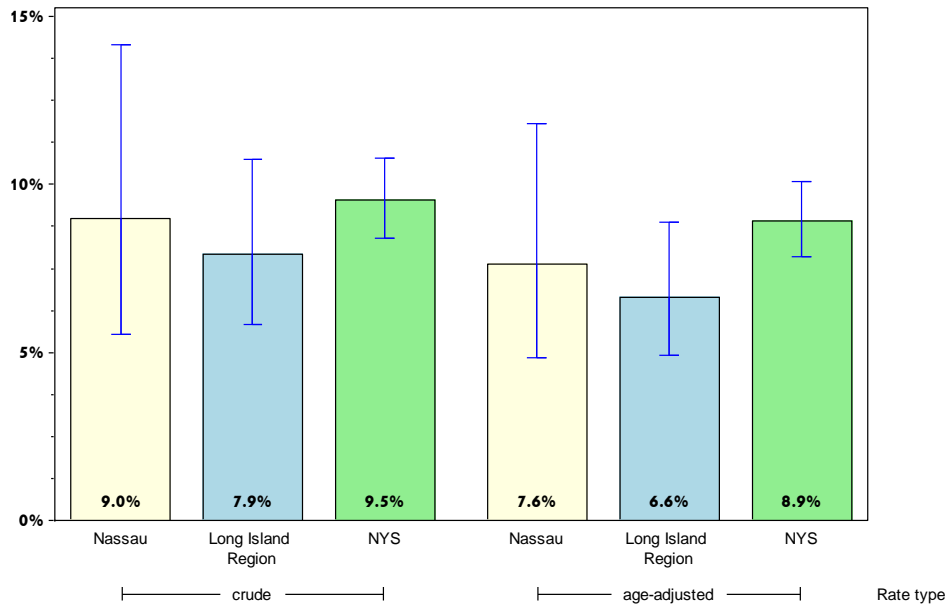
# Rates with <10 in the numerator or <50 in the denominator are suppressed.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

# Nassau

## Prevent Chronic Diseases

### Percentage of adults with physician diagnosed diabetes\*



	Nassau County			Long Island		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total</b>	93,785	9.0	(5.6-14.2)	174,463	7.9	(5.8-10.7)
<b>Age</b>		#			#	
18-24		#			#	
25-34		#			#	
35-44		#			#	
45-64	42,012	11.4 <sup>^</sup>	(4.6-25.7)	89,759	11.4	(6.9-18.4)
65+	47,881	22.5 <sup>^</sup>	(14.7-32.7)	76,689	17.8	(12.8-24.2)
<b>Race</b>						
White, NH	45,528	6.4	(4.1-9.8)	119,881	7.6	(5.7-10.2)
Black, NH		#		16,308	13.4 <sup>^</sup>	(7.0-24.1)
Hispanic		#			#	
Other, NH		#			#	
<b>Sex</b>						
male	56,846	11.4 <sup>^</sup>	(5.5-22.1)	105,861	10.0	(6.4-15.4)
female	36,939	6.7	(4.2-10.8)	68,602	6.0	(4.2-8.5)
<b>Age-adjusted<sup>&amp;</sup></b>		7.6	(4.8-11.8)		6.6	(4.9-8.9)

\* As diagnosed by a health professional.

& Percent is age-adjusted to the 2000 United States Population.

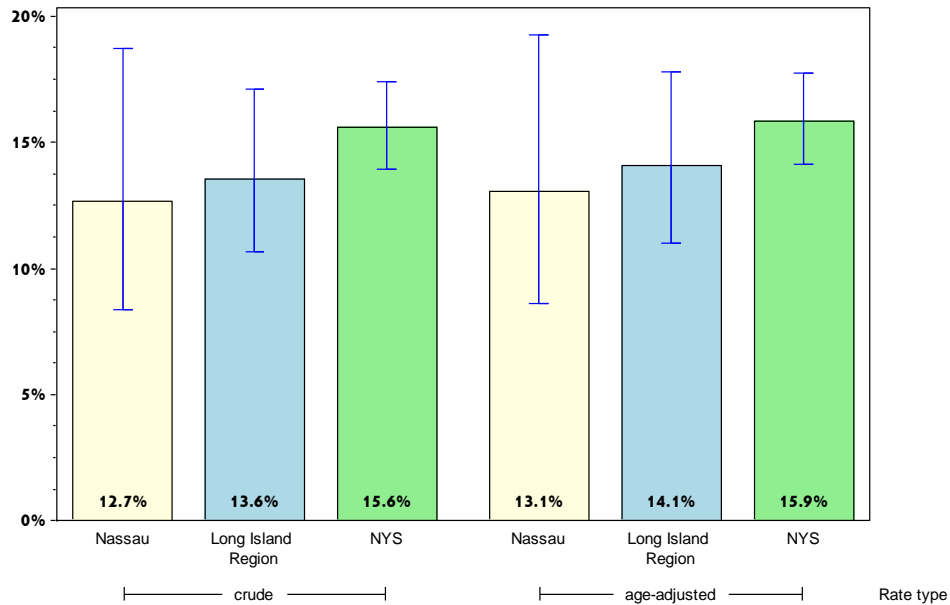
# Rates with <10 in the numerator or <50 in the denominator are suppressed.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

# Nassau

## Prevent Chronic Diseases

### Percentage of adults who are current smokers



	Nassau County			Long Island		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total</b>	128,120	12.7	(8.4-18.7)	288,798	13.6	(10.7-17.1)
<b>Age</b>		#				
18-24		#		54,787	22.2 <sup>^</sup>	(10.3-41.5)
25-34		#		58,388	19.6 <sup>^</sup>	(11.4-31.5)
35-44		#		47,383	13.6	(8.4-21.4)
45-64	36,518	10.0	(4.9-19.4)	93,027	12.2	(8.4-17.4)
65+		#		24,457	5.8	(3.6-9.4)
<b>Race</b>						
White, NH	102,304	14.8	(9.2-22.9)	228,884	15.1	(11.4-19.6)
Black, NH		#			#	
Hispanic		#		34,669	10.5	(6.1-17.5)
Other, NH		#			#	
<b>Sex</b>						
male	86,317	18.1 <sup>^</sup>	(10.5-29.3)	168,036	16.5	(11.9-22.5)
female	41,803	7.8	(4.3-13.9)	120,763	10.8	(7.6-15.3)
<b>Age-adjusted<sup>&amp;</sup></b>		13.1	(8.6-19.3)		14.1	(11.0-17.8)

& Percent is age-adjusted to the 2000 United States Population.

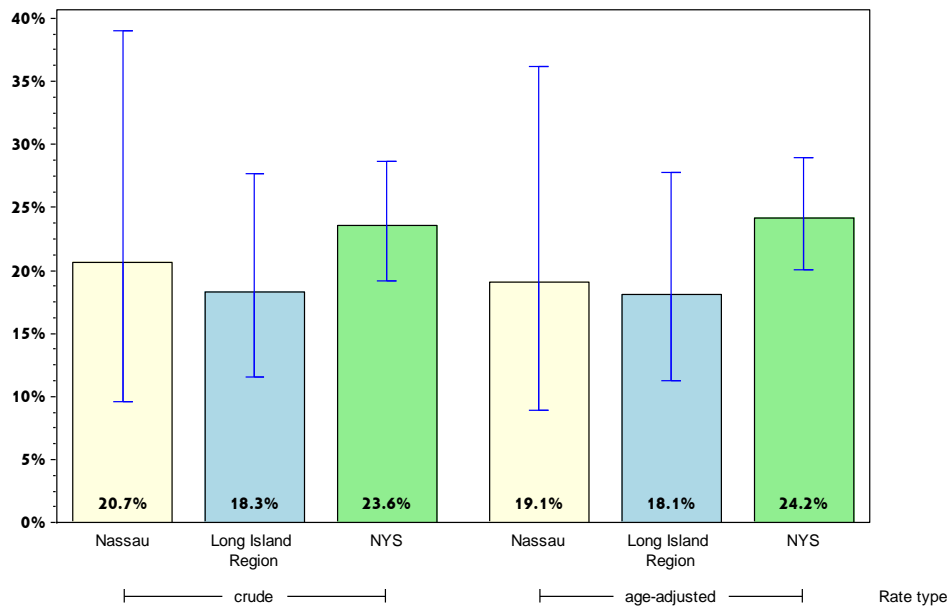
# Rates with <10 in the numerator or <50 in the denominator are suppressed.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

# Nassau

## Prevent Chronic Diseases

Percentage of adults with annual household income less than \$25,000 who are current smokers



	Nassau County			Long Island		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total</b>	35,010	20.7 <sup>^</sup>	(9.6-39.0)	67,235	18.3	(11.6-27.7)
<b>Age</b>		#			#	
18-24		#			#	
25-34		#			#	
35-44		#			#	
45-64		#			#	
65+		#			#	
<b>Race</b>		#			#	
White, NH		#		39,688	21.0 <sup>^</sup>	(11.4-35.5)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
<b>Sex</b>		#			#	
male		#		45,059	25.7 <sup>^</sup>	(14.0-42.3)
female		#		22,176	11.5	(6.6-19.3)
<b>Age-adjusted<sup>&amp;</sup></b>		19.1 <sup>^</sup>	(8.9-36.2)		18.1	(11.3-27.8)

& Percent is age-adjusted to the 2000 United States Population.

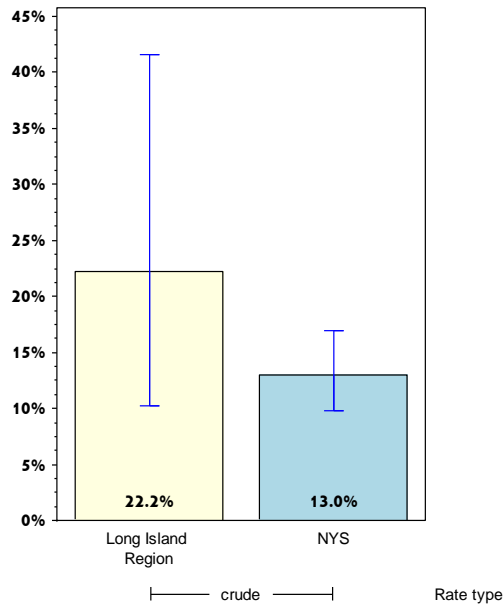
# Rates with <10 in the numerator or <50 in the denominator are suppressed.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

# Nassau

## Prevent Chronic Diseases

### Percentage of adults aged 18-24 years who are current smokers



	Nassau County			Long Island		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total</b>		#		54,787	22.2 <sup>^</sup>	(10.3-41.5)
<b>Age<sup>+</sup></b>						
18-24						
25-34						
35-44						
45-64						
65+						
<b>Race</b>						
White, NH		#			#	
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
<b>Sex</b>						
male		#			#	
female		#			#	
<b>Age-adjusted<sup>+,&amp;</sup></b>						

& Percent is age-adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

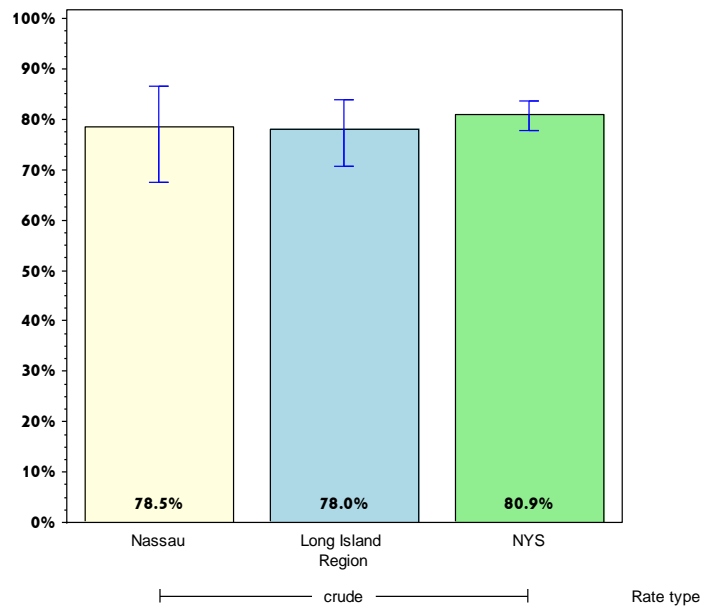
# Rates with <10 in the numerator or <50 in the denominator are suppressed.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

# Nassau

## Prevent Chronic Diseases

Percentage of women aged 50-74 years receiving breast cancer screening based on recent guidelines\*



	Nassau County			Long Island		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total</b>	166,473	78.5 <sup>^</sup>	(67.6-86.5)	330,752	78.0	(70.6-83.9)
<b>Age<sup>+</sup></b>						
18-24						
25-34						
35-44						
45-64						
65+						
<b>Race</b>						
White, NH	127,468	82.0	(72.3-88.8)	282,359	80.0	(72.8-85.7)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
<b>Sex</b>						
male		#			#	
female	166,473	78.5 <sup>^</sup>	(67.6-86.5)	330,752	78.0	(70.6-83.9)
<b>Age-adjusted<sup>+,&amp;</sup></b>						

\* Mammogram within past 2 years.

& Percent is age-adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

# Rates with <10 in the numerator or <50 in the denominator are suppressed.

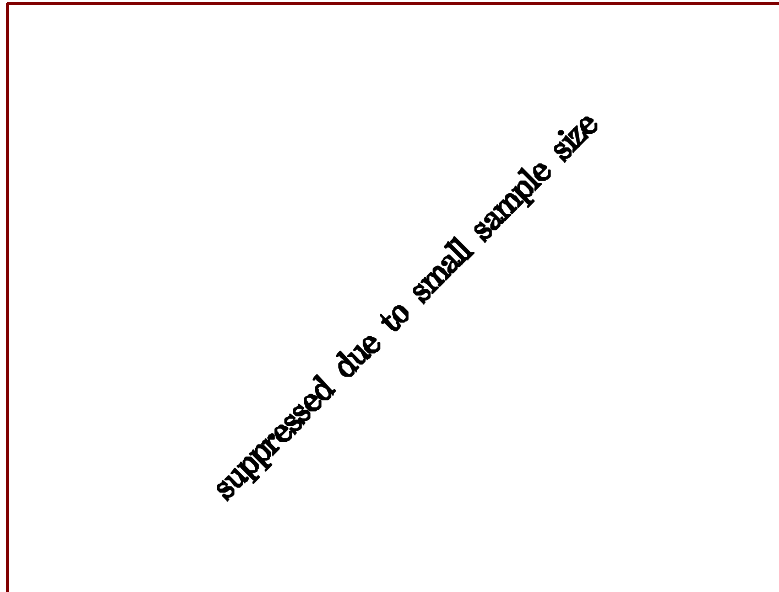
<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).



# Nassau

## Prevent Chronic Diseases

Percentage of women aged 50-74 years with annual household income of less than \$25,000 receiving breast cancer screening based on recent guidelines\*



	Nassau County			Long Island		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total</b>		#			#	
<b>Age<sup>+</sup></b>						
18-24						
25-34						
35-44						
45-64						
65+						
<b>Race</b>						
White, NH		#			#	
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
<b>Sex</b>						
male		#			#	
female		#			#	
<b>Age-adjusted<sup>+,&amp;</sup></b>						

\* Mammogram within past 2 years.

& Percent is age-adjusted to the 2000 United States Population.

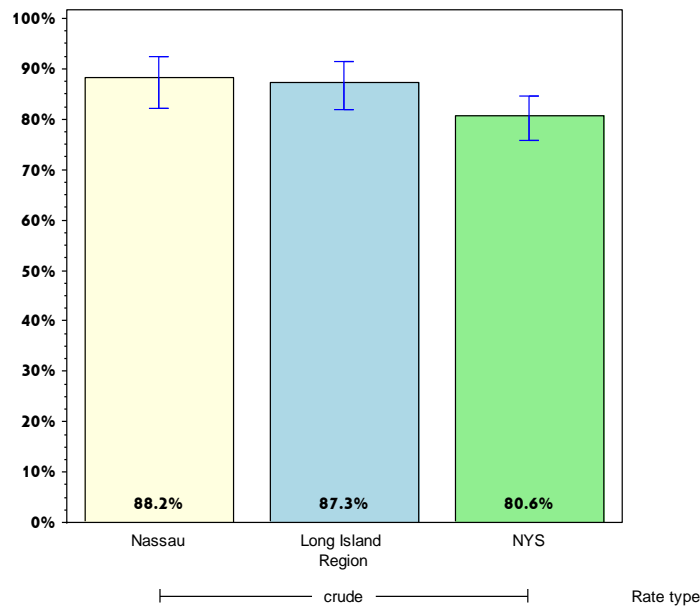
+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

# Rates with <10 in the numerator or <50 in the denominator are suppressed.

# Nassau

## Prevent Chronic Diseases

Percentage of women aged 21-65 years receiving cervical cancer screening based on recent guidelines\*



	Nassau County			Long Island		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total</b>	331,453	88.2	(82.1-92.4)	700,007	87.3	(81.9-91.3)
<b>Age<sup>+</sup></b>						
18-24						
25-34						
35-44						
45-64						
65+						
<b>Race</b>						
White, NH	215,020	87.0	(78.6-92.4)	508,366	87.7	(81.0-92.3)
Black, NH		#			#	
Hispanic		#		81,367	81.5 <sup>^</sup>	(60.2-92.8)
Other, NH		#			#	
<b>Sex</b>						
male		#			#	
female	331,453	88.2	(82.1-92.4)	700,007	87.3	(81.9-91.3)
<b>Age-adjusted<sup>+,&amp;</sup></b>						

\* Pap test within past 3 years.

& Percent is age-adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

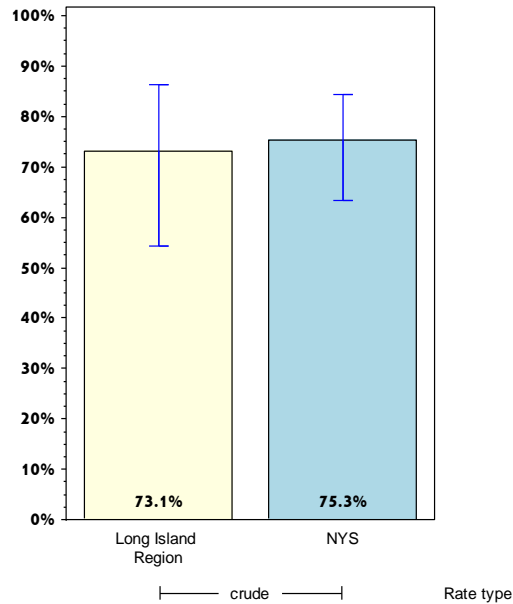
# Rates with <10 in the numerator or <50 in the denominator are suppressed.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

# Nassau

## Prevent Chronic Diseases

Percentage of women aged 21-65 years with annual household income of less than \$25,000 receiving cervical cancer screening based on recent guidelines\*



	Nassau County			Long Island		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total</b>		#		77,186	73.1 <sup>^</sup>	(54.2-86.2)
<b>Age<sup>+</sup></b>						
18-24						
25-34						
35-44						
45-64						
65+						
<b>Race</b>						
White, NH		#			#	
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
<b>Sex</b>						
male		#			#	
female		#		77,186	73.1 <sup>^</sup>	(54.2-86.2)
<b>Age-adjusted<sup>+,&amp;</sup></b>						

\* Pap test within past 3 years.

& Percent is age-adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

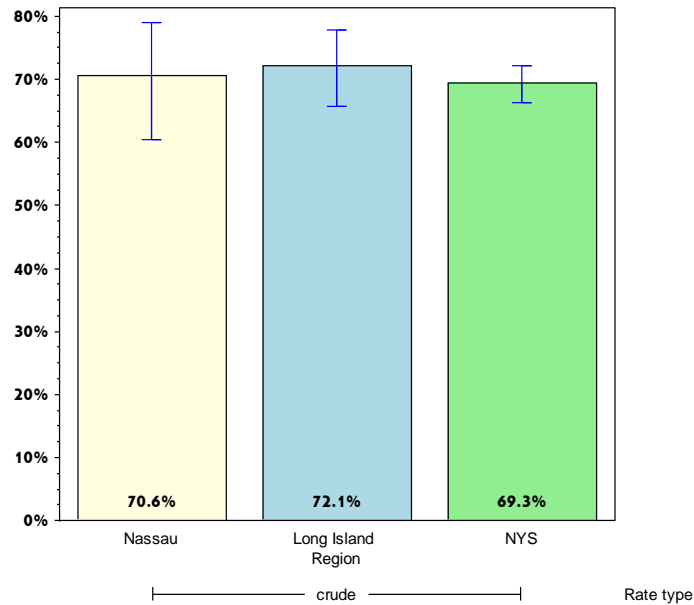
# Rates with <10 in the numerator or <50 in the denominator are suppressed.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

# Nassau

## Prevent Chronic Diseases

Percentage of adults aged 50-75 years receiving colorectal cancer screening based on recent guidelines\*



	Nassau County			Long Island		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total</b>	273,550	70.6 <sup>^</sup>	(60.4-79.0)	553,897	72.1	(65.7-77.8)
<b>Age<sup>+</sup></b>						
18-24						
25-34						
35-44						
45-64						
65+						
<b>Race</b>						
White, NH	188,708	66.1 <sup>^</sup>	(54.6-76.0)	424,223	70.0	(62.7-76.4)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
<b>Sex</b>						
male	119,284	68.4 <sup>^</sup>	(50.8-82.0)	248,863	73.6 <sup>^</sup>	(63.0-82.1)
female	154,266	72.3 <sup>^</sup>	(60.3-81.9)	305,034	71.0	(62.7-78.0)
<b>Age-adjusted<sup>+,&amp;</sup></b>						

\* Blood stool test within 1 year, or sigmoidoscopy within 5 years with blood stool test within 3 years, or colonoscopy within 10 years.

& Percent is age-adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

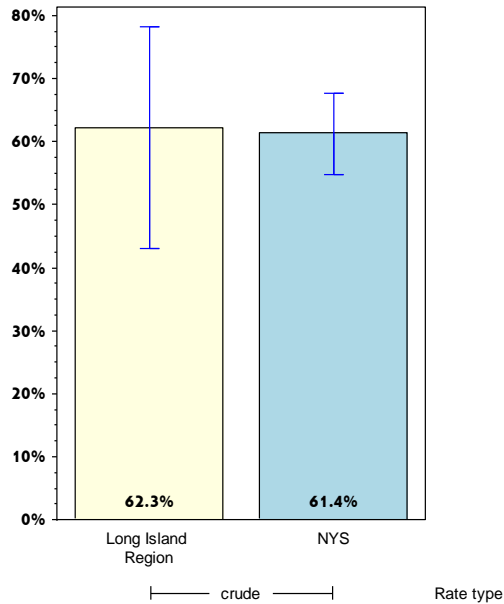
# Rates with <10 in the numerator or <50 in the denominator are suppressed.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

# Nassau

## Prevent Chronic Diseases

Percentage of adults aged 50-75 years with annual household income less than \$25,000 receiving colorectal cancer screening based on recent guidelines\*



	Nassau County			Long Island		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total</b>		#		66,016	62.3 <sup>^</sup>	(43.0-78.3)
<b>Age<sup>+</sup></b>						
18-24						
25-34						
35-44						
45-64						
65+						
<b>Race</b>						
White, NH		#			#	
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
<b>Sex</b>						
male		#			#	
female		#			#	
<b>Age-adjusted<sup>+,&amp;</sup></b>						

\* Blood stool test within 1 year, or sigmoidoscopy within 5 years with blood stool test within 3 years, or colonoscopy within 10 years.

& Percent is age-adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

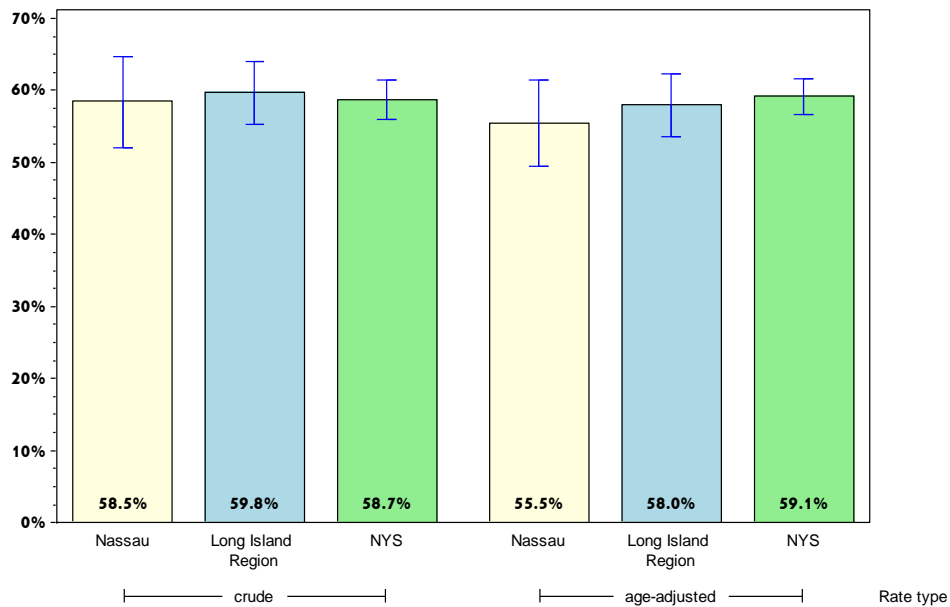
# Rates with <10 in the numerator or <50 in the denominator are suppressed.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

# Nassau

## Prevent Chronic Diseases

Percentage of adults who had a test for high blood sugar or diabetes within the past three years



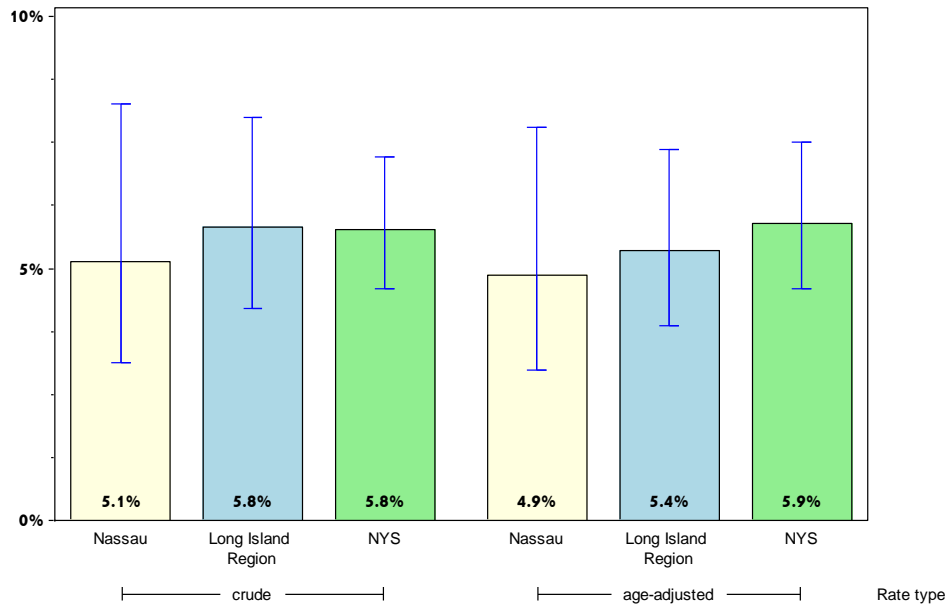
	Nassau County			Long Island		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total</b>	541,135	58.5	(52.0-64.7)	1,148,249	59.8	(55.3-64.1)
<b>Age</b>		#				
18-24		#		66,230	29.2 <sup>^</sup>	(16.4-46.4)
25-34	55,069	41.0 <sup>^</sup>	(26.0-57.9)	144,614	50.2 <sup>^</sup>	(38.0-62.3)
35-44	72,242	45.8 <sup>^</sup>	(32.4-59.8)	202,234	57.6 <sup>^</sup>	(47.2-67.4)
45-64	221,228	69.3	(59.4-77.7)	436,029	66.6	(59.4-73.1)
65+	123,991	75.7	(66.2-83.2)	257,570	73.7	(66.7-79.7)
<b>Race</b>						
White, NH	394,122	61.3	(53.6-68.4)	869,483	64.2	(59.1-68.9)
Black, NH		#		75,839	73.3 <sup>^</sup>	(55.6-85.8)
Hispanic	56,212	45.7 <sup>^</sup>	(29.5-62.8)	127,243	39.9 <sup>^</sup>	(29.7-51.1)
Other, NH		#			#	
<b>Sex</b>						
male	243,593	57.1 <sup>^</sup>	(46.8-66.8)	525,164	58.9	(52.0-65.5)
female	297,542	59.7	(51.3-67.5)	623,085	60.5	(54.6-66.1)
<b>Age-adjusted<sup>&amp;</sup></b>		55.5	(49.4-61.5)		58.0	(53.5-62.4)

& Percent is age-adjusted to the 2000 United States Population.  
 # Rates with <10 in the numerator or <50 in the denominator are suppressed.  
 ^ Highly variable rate (confidence interval with a half-width greater than 10).

# Nassau

## Prevent Chronic Diseases

### Percentage of adults with physician-diagnosed prediabetes



	Nassau County			Long Island		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total</b>	47,862	5.1	(3.1-8.3)	115,597	5.8	(4.2-8.0)
<b>Age</b>		#			#	
18-24		#			#	
25-34		#			#	
35-44		#			#	
45-64	29,903	9.6	(4.9-18.1)	56,667	8.5	(5.1-13.8)
65+		#		24,058	7.1	(4.3-11.3)
<b>Race</b>						
White, NH	37,486	5.8	(3.3-9.9)	85,731	6.0	(4.2-8.6)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
<b>Sex</b>						
male	24,544	5.7	(2.8-10.9)	60,503	6.5	(4.1-10.0)
female	23,318	4.7	(2.3-9.1)	55,094	5.3	(3.3-8.2)
<b>Age-adjusted<sup>&amp;</sup></b>		4.9	(3.0-7.8)		5.4	(3.9-7.4)

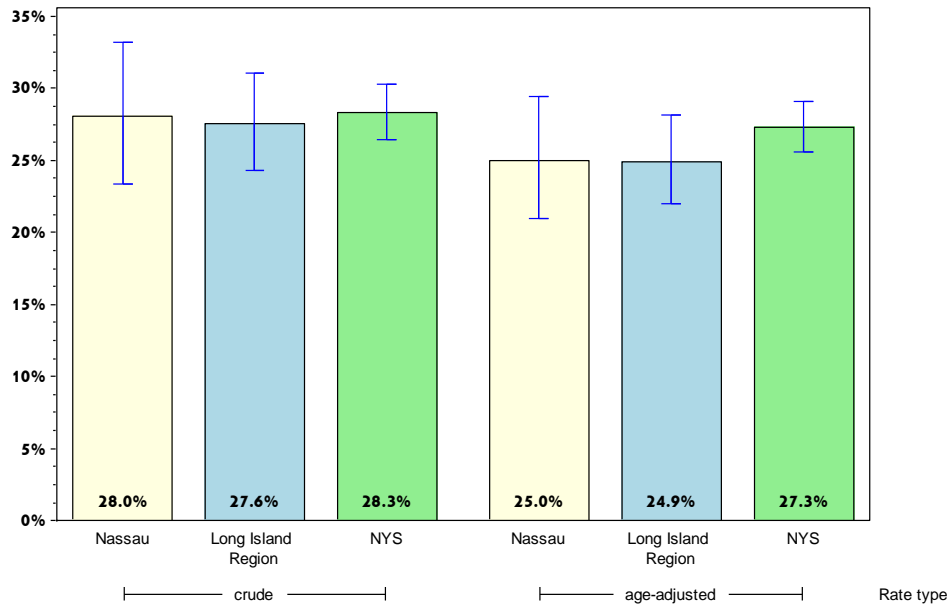
& Percent is age-adjusted to the 2000 United States Population.

# Rates with <10 in the numerator or <50 in the denominator are suppressed.

# Nassau

## Prevent Chronic Diseases

### Percentage of adults with physician-diagnosed high blood pressure



	Nassau County			Long Island		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total</b>	292,662	28.0	(23.4-33.2)	605,548	27.6	(24.3-31.1)
<b>Age</b>		#			#	
18-24		#			#	
25-34		#		40,643	12.9	(7.0-22.8)
35-44		#		45,668	12.9	(7.5-21.3)
45-64	123,535	33.7 <sup>^</sup>	(24.7-44.0)	243,541	31.0	(25.1-37.6)
65+	127,093	59.6	(50.5-68.1)	250,102	58.3	(51.2-64.9)
<b>Race</b>						
White, NH	227,257	31.9	(26.1-38.2)	472,434	30.1	(26.2-34.2)
Black, NH		#		41,318	33.8 <sup>^</sup>	(21.4-49.0)
Hispanic	20,532	15.2 <sup>^</sup>	(7.8-27.6)	56,595	17.0	(11.1-25.2)
Other, NH		#			#	
<b>Sex</b>						
male	134,778	27.0	(19.9-35.6)	298,019	28.2	(23.1-33.8)
female	157,884	28.9	(23.1-35.5)	307,529	27.0	(22.9-31.5)
<b>Age-adjusted<sup>&amp;</sup></b>		25.0	(20.9-29.4)		24.9	(22.0-28.1)

& Percent is age-adjusted to the 2000 United States Population.

# Rates with <10 in the numerator or <50 in the denominator are suppressed.

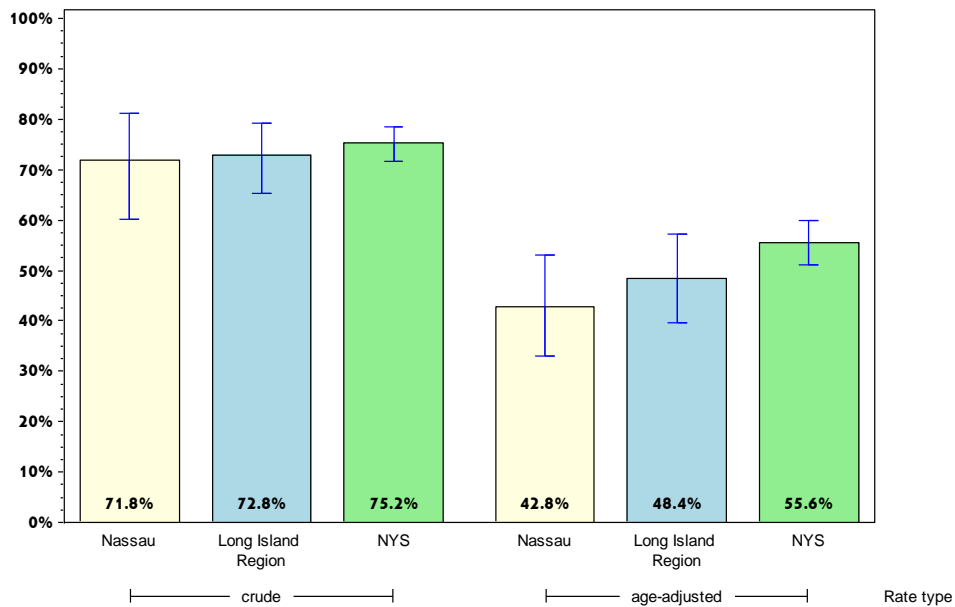
<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).



# Nassau

## Prevent Chronic Diseases

### Percentage of adults with diagnosed high blood pressure taking high blood pressure medication



	Nassau County			Long Island		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total</b>	208,018	71.8 <sup>^</sup>	(60.1-81.1)	435,515	72.8	(65.4-79.2)
<b>Age</b>		#			#	
18-24		#			#	
25-34		#			#	
35-44		#			#	
45-64	77,011	62.3 <sup>^</sup>	(42.8-78.5)	168,181	70.4 <sup>^</sup>	(57.0-81.0)
65+	119,399	96.0	(90.2-98.4)	231,957	93.8	(89.4-96.4)
<b>Race</b>						
White, NH	167,211	74.5 <sup>^</sup>	(60.8-84.6)	341,523	73.4	(64.8-80.6)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
<b>Sex</b>						
male	92,562	68.7 <sup>^</sup>	(49.1-83.3)	209,428	70.3 <sup>^</sup>	(58.3-80.0)
female	115,455	74.4 <sup>^</sup>	(60.7-84.6)	226,087	75.3	(66.1-82.7)
<b>Age-adjusted<sup>&amp;</sup></b>		42.8 <sup>^</sup>	(33.1-53.1)		48.4	(39.6-57.2)

& Percent is age-adjusted to the 2000 United States Population.

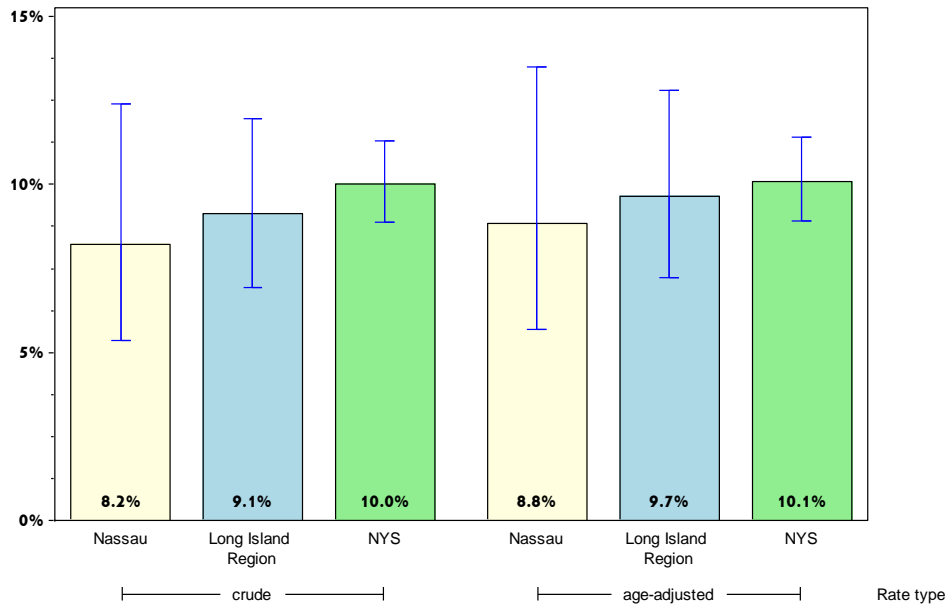
# Rates with <10 in the numerator or <50 in the denominator are suppressed.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

# Nassau

## Prevent Chronic Diseases

### Percentage of adults with current asthma\*



	Nassau County			Long Island		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total</b>	85,441	8.2	(5.4-12.4)	199,687	9.1	(6.9-12.0)
<b>Age</b>		#			#	
18-24		#			#	
25-34		#		57,245	18.2 <sup>^</sup>	(9.2-32.9)
35-44		#		26,808	7.6	(3.8-14.5)
45-64	14,026	3.8	(1.9-7.5)	64,541	8.3	(5.5-12.4)
65+	20,059	9.4	(5.5-15.6)	32,787	7.7	(5.2-11.2)
<b>Race</b>						
White, NH	70,993	10.0	(6.2-15.8)	157,457	10.1	(7.3-13.8)
Black, NH		#		17,693	14.5 <sup>^</sup>	(7.4-26.4)
Hispanic		#		19,790	5.9	(2.7-12.4)
Other, NH		#			#	
<b>Sex</b>						
male	38,370	7.7	(3.5-16.3)	88,854	8.4	(5.1-13.6)
female	47,071	8.7	(5.7-13.0)	110,833	9.8	(7.3-13.1)
<b>Age-adjusted<sup>&amp;</sup></b>		8.8	(5.7-13.5)		9.7	(7.2-12.8)

\* Physician diagnosed asthma.

& Percent is age-adjusted to the 2000 United States Population.

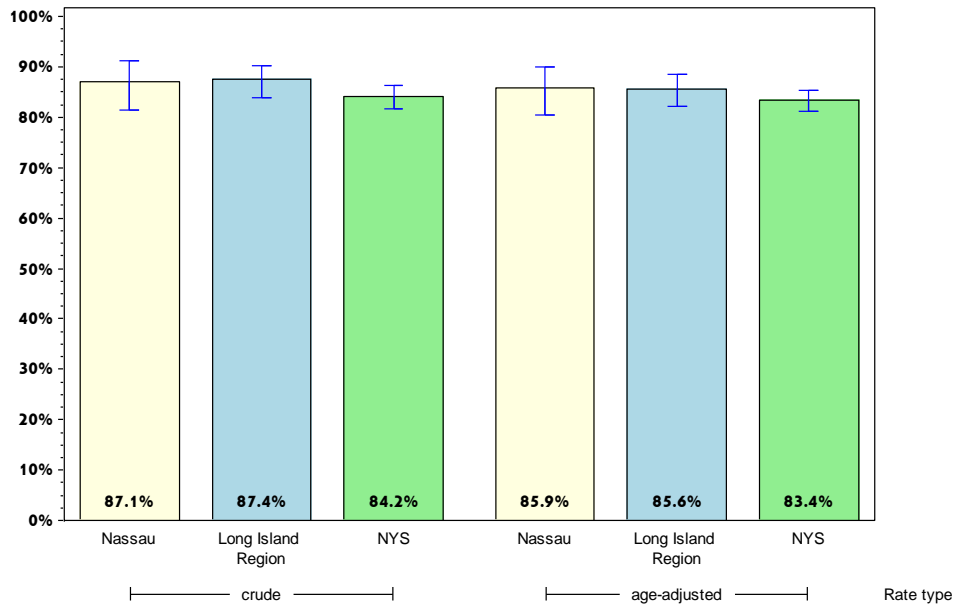
# Rates with <10 in the numerator or <50 in the denominator are suppressed.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

# Nassau

## Prevent Chronic Diseases

### Percent of adults with cholesterol checked\*



	Nassau County			Long Island		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total</b>	899,814	87.1	(81.3-91.2)	1,871,884	87.4	(83.9-90.3)
<b>Age</b>						
18-24		#		120,532	52.7 <sup>^</sup>	(36.5-68.4)
25-34	113,670	79.6 <sup>^</sup>	(61.8-90.4)	240,716	81.0 <sup>^</sup>	(70.9-88.2)
35-44	152,990	95.1	(87.1-98.2)	318,533	90.2	(82.2-94.8)
45-64	337,759	92.0 <sup>^</sup>	(81.4-96.8)	740,659	94.5	(89.0-97.3)
65+	194,536	93.0	(85.9-96.6)	396,796	93.9	(89.7-96.4)
<b>Race</b>						
White, NH	631,943	89.8	(82.9-94.1)	1,380,554	90.8	(87.0-93.6)
Black, NH		#		116,258	98.3	(91.5-99.7)
Hispanic	98,206	72.4 <sup>^</sup>	(54.6-85.1)	229,327	68.7 <sup>^</sup>	(57.2-78.3)
Other, NH		#		145,745	85.9 <sup>^</sup>	(64.4-95.3)
<b>Sex</b>						
male	393,403	79.8 <sup>^</sup>	(69.0-87.5)	867,052	82.8	(76.6-87.6)
female	506,411	93.7	(89.6-96.3)	1,004,832	91.8	(88.1-94.5)
<b>Age-adjusted<sup>&amp;</sup></b>		85.9	(80.4-90.1)		85.6	(82.0-88.5)

\* As diagnosed by a health professional.

& Percent is age-adjusted to the 2000 United States Population.

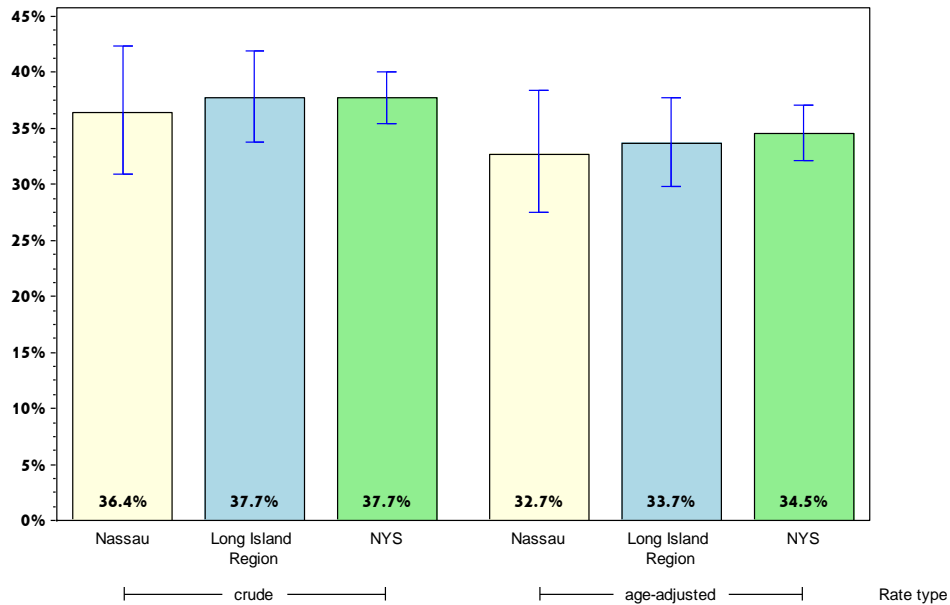
# Rates with <10 in the numerator or <50 in the denominator are suppressed.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

# Nassau

## Prevent Chronic Diseases

### Percentage of adults 18 years and older with elevated cholesterol\*



	Nassau County			Long Island		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total</b>	326,702	36.4	(30.9-42.4)	702,373	37.7	(33.7-41.9)
<b>Age</b>		#			#	
18-24		#			#	
25-34		#		47,988	19.9 <sup>^</sup>	(11.7-32.0)
35-44	38,797	25.4 <sup>^</sup>	(13.5-42.6)	87,691	27.5 <sup>^</sup>	(18.6-38.6)
45-64	136,533	40.4 <sup>^</sup>	(30.7-50.9)	316,860	43.1	(36.3-50.2)
65+	120,774	63.2	(53.8-71.7)	230,846	58.8	(51.5-65.8)
<b>Race</b>						
White, NH	252,392	40.2	(33.9-46.8)	551,792	40.3	(35.8-44.9)
Black, NH		#		26,853	23.1 <sup>^</sup>	(12.3-39.2)
Hispanic		#		72,262	31.5 <sup>^</sup>	(20.7-44.7)
Other, NH		#			#	
<b>Sex</b>						
male	141,097	36.2	(27.7-45.6)	358,481	41.6	(35.3-48.2)
female	185,605	36.7	(29.5-44.5)	343,892	34.4	(29.3-39.8)
<b>Age-adjusted<sup>&amp;</sup></b>		32.7	(27.5-38.4)		33.7	(29.9-37.7)

\* As diagnosed by a health professional.

& Percent is age-adjusted to the 2000 United States Population.

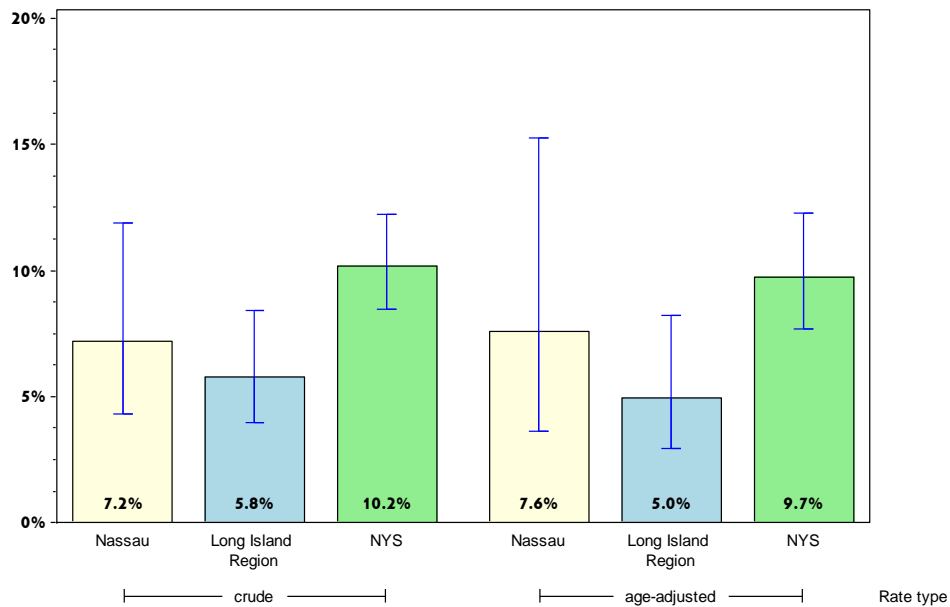
# Rates with <10 in the numerator or <50 in the denominator are suppressed.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

# Nassau

## Prevent Chronic Diseases

Percentage of adults who have taken a course or class to learn how to manage their chronic disease or condition\*



	Nassau County			Long Island		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total</b>	33,504	7.2	(4.3-11.9)	57,215	5.8	(3.9-8.4)
<b>Age</b>		#			#	
18-24		#			#	
25-34		#			#	
35-44		#			#	
45-64	14,518	7.6	(3.6-15.6)	22,890	5.6	(3.0-10.4)
65+		#		23,490	7.5	(4.6-12.0)
<b>Race</b>						
White, NH	19,178	5.7	(3.0-10.5)	40,684	5.4	(3.5-8.3)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
<b>Sex</b>						
male	18,301	8.7	(4.2-17.2)	30,763	6.9	(4.0-11.6)
female	15,203	6.0	(2.7-12.5)	26,452	4.9	(2.9-8.3)
<b>Age-adjusted<sup>&amp;</sup></b>		7.6	(3.6-15.2)		5.0	(2.9-8.2)

\* Courses for high blood pressure, arthritis, or diabetes.

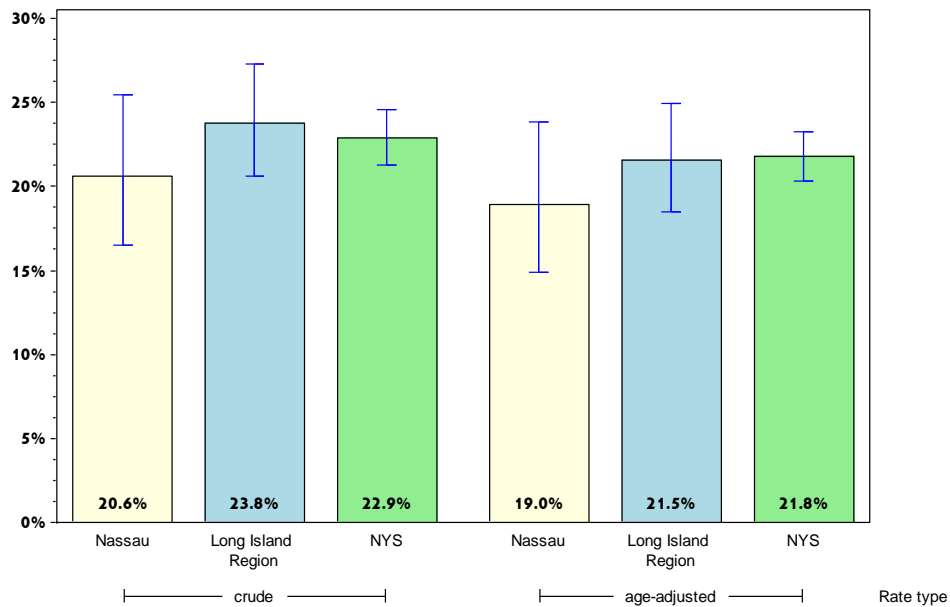
& Percent is age-adjusted to the 2000 United States Population.

# Rates with <10 in the numerator or <50 in the denominator are suppressed.

# Nassau

## Prevent Chronic Diseases

### Percentage of adults with arthritis\*



	Nassau County			Long Island		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total</b>	215,890	20.6	(16.5-25.5)	521,996	23.8	(20.6-27.2)
<b>Age</b>		#			#	
18-24		#			#	
25-34		#			#	
35-44		#		51,802	14.5	(8.6-23.6)
45-64	60,294	16.4	(11.1-23.6)	196,693	25.1	(19.8-31.2)
65+	107,382	50.4	(41.1-59.6)	213,868	49.8	(43.0-56.7)
<b>Race</b>						
White, NH	175,705	24.7	(19.4-30.8)	419,861	26.8	(22.9-31.0)
Black, NH		#		27,204	22.3 <sup>^</sup>	(12.3-37.0)
Hispanic		#		50,350	15.1	(8.9-24.4)
Other, NH		#			#	
<b>Sex</b>						
male	80,754	16.2	(10.4-24.3)	198,662	18.8	(14.5-24.0)
female	135,136	24.7	(19.3-30.9)	323,335	28.5	(24.0-33.3)
<b>Age-adjusted<sup>&amp;</sup></b>		19.0	(14.9-23.8)		21.5	(18.5-25.0)

\* Includes rheumatoid arthritis, gout, lupus, or fibromyalgia.

& Percent is age-adjusted to the 2000 United States Population.

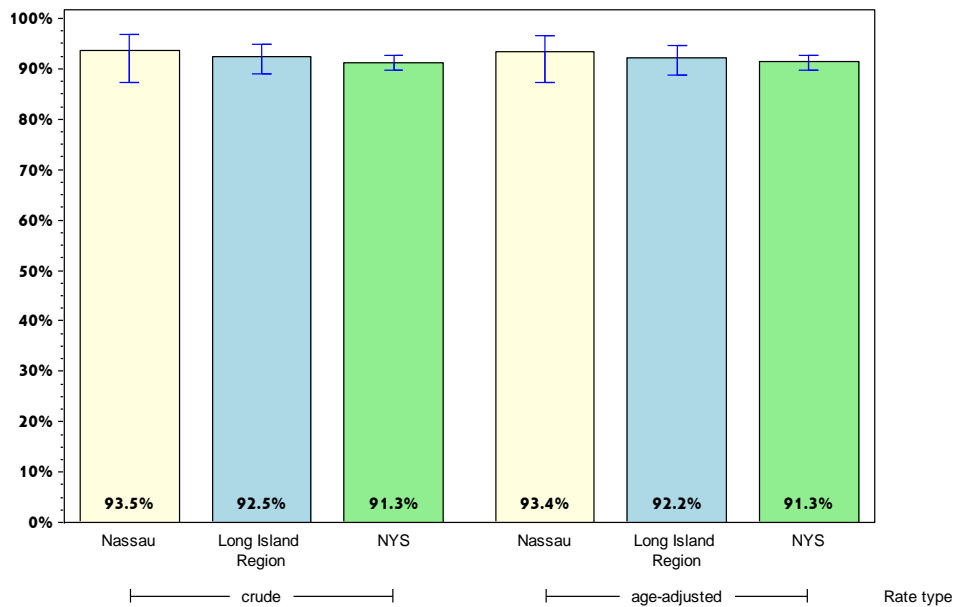
# Rates with <10 in the numerator or <50 in the denominator are suppressed.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

# Nassau

## Promote a Healthy and Safe Environment

### Percentage of adults who consider their neighborhood suitable for walking and physical activity



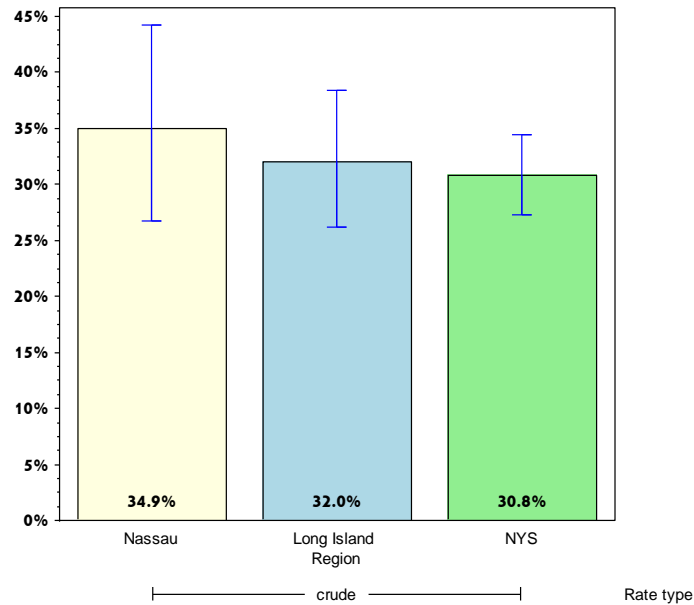
	Nassau County			Long Island		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total</b>	919,873	93.5	(87.2-96.8)	1,905,059	92.5	(89.0-94.9)
<b>Age</b>		#				
18-24		#		191,559	82.6 <sup>^</sup>	(61.0-93.6)
25-34	134,191	95.7	(88.5-98.5)	265,090	92.1	(85.9-95.7)
35-44	147,311	94.5 <sup>^</sup>	(82.6-98.4)	323,401	92.9	(86.7-96.4)
45-64	324,147	90.6 <sup>^</sup>	(74.5-97.0)	690,386	93.1	(85.5-96.9)
65+	195,804	98.7	(95.9-99.6)	387,564	97.0	(93.7-98.5)
<b>Race</b>						
White, NH	649,565	97.2	(94.7-98.6)	1,388,050	94.0	(90.6-96.2)
Black, NH		#		99,539	95.7 <sup>^</sup>	(85.5-98.8)
Hispanic	122,868	94.3	(84.4-98.1)	285,836	91.5	(85.4-95.3)
Other, NH		#			#	
<b>Sex</b>						
male	419,430	91.8 <sup>^</sup>	(76.7-97.4)	891,357	92.8	(86.3-96.3)
female	500,443	95.0	(91.0-97.3)	1,013,702	92.2	(87.7-95.1)
<b>Age-adjusted<sup>&amp;</sup></b>		93.4	(87.4-96.6)		92.2	(88.7-94.6)

& Percent is age-adjusted to the 2000 United States Population.  
 # Rates with <10 in the numerator or <50 in the denominator are suppressed.  
 ^ Highly variable rate (confidence interval with a half-width greater than 10).

# Nassau

## Promote a Health and Safe Environment

### Percentage of adults aged 65+ years with at least one fall in the past 12 months



	Nassau County			Long Island		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total</b>	71,013	34.9	(26.7-44.2)	129,598	32.0	(26.2-38.4)
<b>Age<sup>+</sup></b>						
18-24						
25-34						
35-44						
45-64						
65+						
<b>Race</b>						
White, NH	65,194	37.7	(28.8-47.6)	121,853	34.1	(27.9-40.9)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
<b>Sex</b>						
male	28,919	29.9 <sup>^</sup>	(19.4-43.1)	56,468	31.8 <sup>^</sup>	(23.1-41.8)
female	42,095	39.5 <sup>^</sup>	(27.9-52.5)	73,130	32.2	(24.8-40.7)
<b>Age-adjusted<sup>+,&amp;</sup></b>						

& Percent is age-adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

# Rates with <10 in the numerator or <50 in the denominator are suppressed.

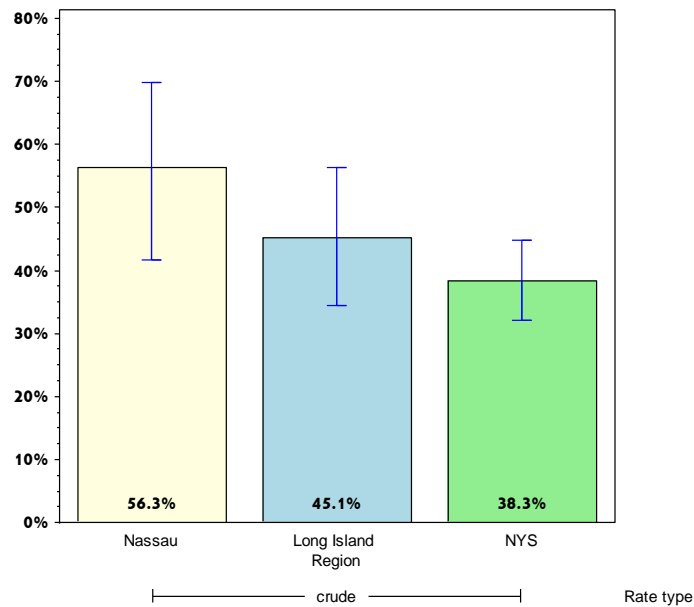
<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).



# Nassau

## Promote a Health and Safe Environment

Among adults aged 65+ years with at least one fall in the past 12 months, percent that resulted in injury\*



	Nassau County			Long Island		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total</b>	38,389	56.3 <sup>^</sup>	(41.6-69.9)	55,674	45.1 <sup>^</sup>	(34.4-56.3)
<b>Age<sup>+</sup></b>						
18-24						
25-34						
35-44						
45-64						
65+						
<b>Race</b>						
White, NH	36,943	56.7 <sup>^</sup>	(41.6-70.6)	54,228	45.8 <sup>^</sup>	(34.7-57.3)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
<b>Sex</b>						
male		#			#	
female		#		30,947	44.4 <sup>^</sup>	(30.6-59.1)
<b>Age-adjusted<sup>+,&amp;</sup></b>						

\* Falls that limited regular activities or lead to doctor visits.

& Percent is age-adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

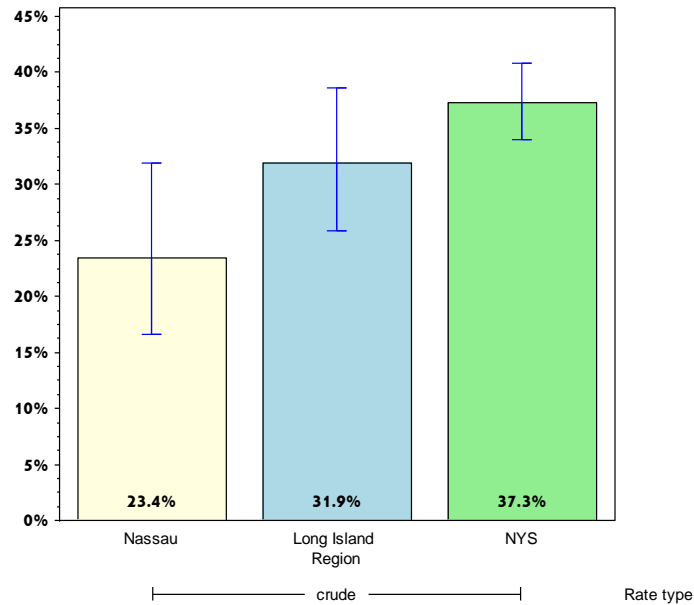
# Rates with <10 in the numerator or <50 in the denominator are suppressed.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

# Nassau

## Prevent HIV/STDs, Vaccine Preventable Diseases and Healthcare-Associated Infections

### Percentage of adults aged 47-68 years reporting ever tested for Hepatitis C (HCV)



#### Nassau County

#### Long Island

	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total</b>	77,406	23.4	(16.6-31.9)	219,317	31.9	(25.9-38.7)
<b>Age<sup>+</sup></b>						
18-24						
25-34						
35-44						
45-64						
65+						
<b>Race</b>						
White, NH	60,253	24.9	(17.2-34.6)	166,182	31.8	(25.3-39.1)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
<b>Sex</b>						
male	41,078	25.7 <sup>^</sup>	(15.1-40.1)	127,025	39.9 <sup>^</sup>	(29.7-51.0)
female	36,328	21.2 <sup>^</sup>	(13.5-31.8)	92,292	25.1	(18.3-33.3)
<b>Age-adjusted<sup>+,&amp;</sup></b>						

& Percent is age-adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

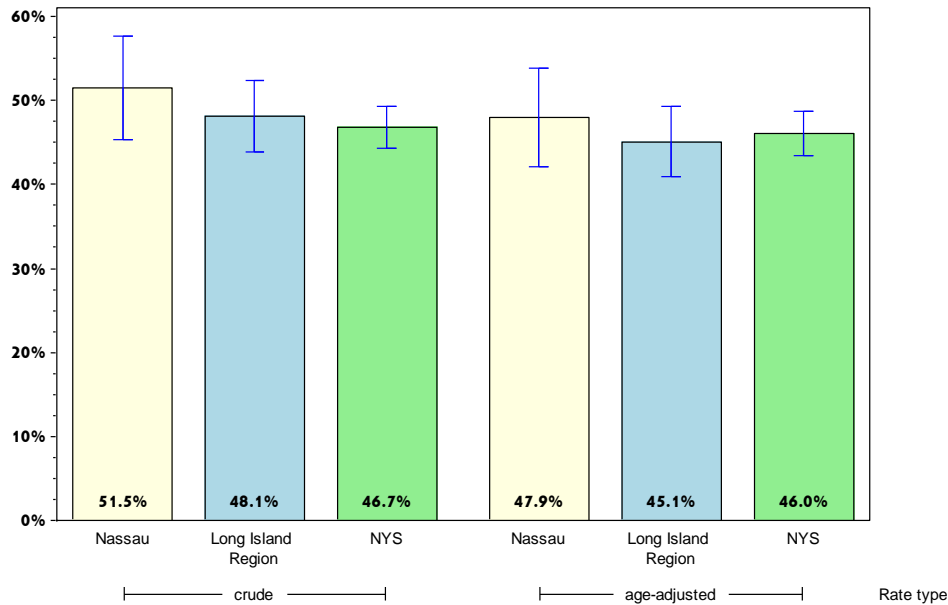
# Rates with <10 in the numerator or <50 in the denominator are suppressed.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

# Nassau

## Prevent HIV/STDs, Vaccine Preventable Diseases and Healthcare-Associated Infections

### Percentage of adults aged 18+ years with flu immunization in the past year\*



	Nassau County			Long Island		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total</b>	509,381	51.5	(45.3-57.6)	994,729	48.1	(43.9-52.3)
<b>Age</b>		#				
18-24		#		54,318	23.5 <sup>^</sup>	(13.0-38.7)
25-34	48,381	34.5 <sup>^</sup>	(19.1-54.0)	77,682	27.0 <sup>^</sup>	(17.4-39.3)
35-44	58,598	37.6 <sup>^</sup>	(25.1-52.0)	129,510	37.2 <sup>^</sup>	(27.5-48.1)
45-64	212,575	59.3 <sup>^</sup>	(48.7-69.1)	389,076	52.4	(45.3-59.4)
65+	161,648	79.2	(69.8-86.2)	316,838	78.0	(72.0-83.1)
<b>Race</b>						
White, NH	374,797	55.7	(48.6-62.5)	738,051	49.8	(45.1-54.5)
Black, NH		#		52,486	50.5 <sup>^</sup>	(34.8-66.1)
Hispanic	36,819	27.9 <sup>^</sup>	(16.7-42.7)	102,848	32.8 <sup>^</sup>	(23.3-43.9)
Other, NH		#			#	
<b>Sex</b>						
male	233,180	50.6	(40.7-60.4)	464,784	48.2	(41.8-54.6)
female	276,201	52.2	(44.5-59.9)	529,945	48.1	(42.5-53.7)
<b>Age-adjusted<sup>&amp;</sup></b>		47.9	(42.1-53.8)		45.1	(40.9-49.3)

\* Includes flu shot or flu spray

& Percent is age-adjusted to the 2000 United States Population.

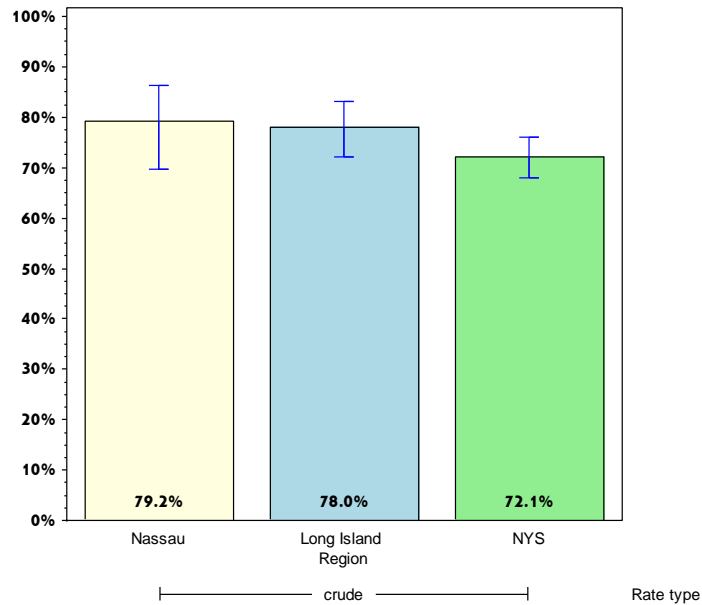
# Rates with <10 in the numerator or <50 in the denominator are suppressed.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

# Nassau

## Prevent HIV/STDs, Vaccine Preventable Diseases and Healthcare-Associated Infections

### Percentage of adults aged 65+ years with flu immunization in the past year\*



	Nassau County			Long Island		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total Age<sup>+</sup></b>	161,648	79.2	(69.8-86.2)	316,838	78.0	(72.0-83.1)
18-24						
25-34						
35-44						
45-64						
65+						
<b>Race</b>						
White, NH	140,644	81.0	(72.1-87.5)	282,266	78.8	(72.8-83.7)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
<b>Sex</b>						
male	76,862	79.4 <sup>^</sup>	(67.4-87.8)	143,594	80.7	(72.4-87.0)
female	84,786	78.9 <sup>^</sup>	(63.6-88.9)	173,244	75.9	(67.2-82.9)
<b>Age-adjusted<sup>+,&amp;</sup></b>						

\* Includes flu shot or flu spray

& Percent is age-adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

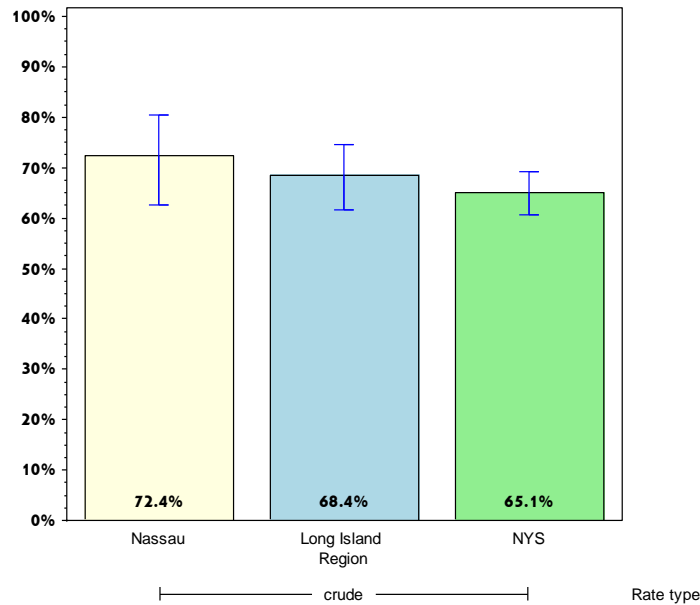
# Rates with <10 in the numerator or <50 in the denominator are suppressed.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

# Nassau

## Prevent HIV/STDs, Vaccine Preventable Diseases and Healthcare-Associated Infections

### Percentage of adults aged 65+ years with pneumococcal immunization



	Nassau County			Long Island		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total Age<sup>+</sup></b>	138,193	72.4	(62.5-80.5)	263,247	68.4	(61.5-74.5)
18-24						
25-34						
35-44						
45-64						
65+						
<b>Race</b>						
White, NH	124,401	77.6	(68.8-84.5)	246,942	72.6	(66.1-78.2)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
<b>Sex</b>						
male	63,113	69.8 <sup>^</sup>	(55.6-81.0)	111,890	66.3 <sup>^</sup>	(55.8-75.5)
female	75,080	74.8 <sup>^</sup>	(60.3-85.4)	151,357	69.9	(60.7-77.8)
<b>Age-adjusted<sup>+,&amp;</sup></b>						

& Percent is age-adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

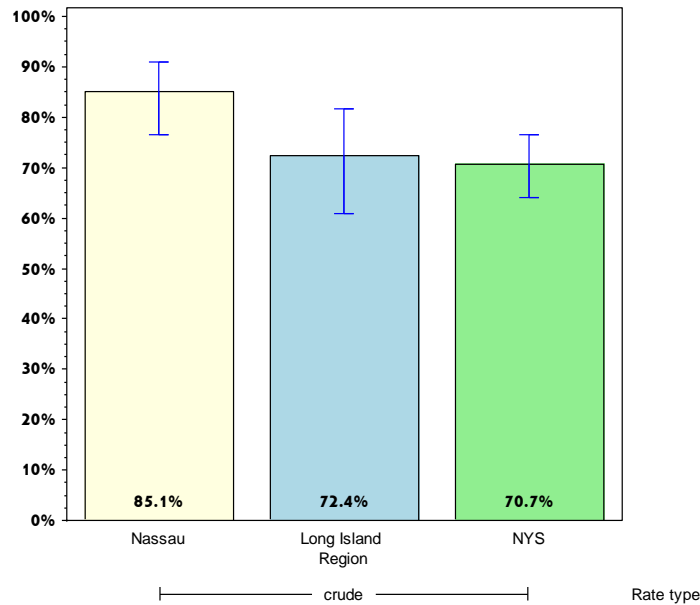
# Rates with <10 in the numerator or <50 in the denominator are suppressed.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

# Nassau

## Promote Healthy Women, Infants, and Children

Percentage of women aged 18-44 years who had dental visit within the last year



	Nassau County			Long Island		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total</b>	177,634	85.1	(76.4-90.9)	306,638	72.4 <sup>^</sup>	(60.8-81.6)
<b>Age<sup>+</sup></b>						
18-24						
25-34						
35-44						
45-64						
65+						
<b>Race</b>						
White, NH	129,935	90.1	(81.0-95.1)	214,913	77.7 <sup>^</sup>	(63.6-87.4)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
<b>Sex</b>						
male		#			#	
female	177,634	85.1	(76.4-90.9)	306,638	72.4 <sup>^</sup>	(60.8-81.6)
<b>Age-adjusted<sup>+,&amp;</sup></b>						

& Percent is age-adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

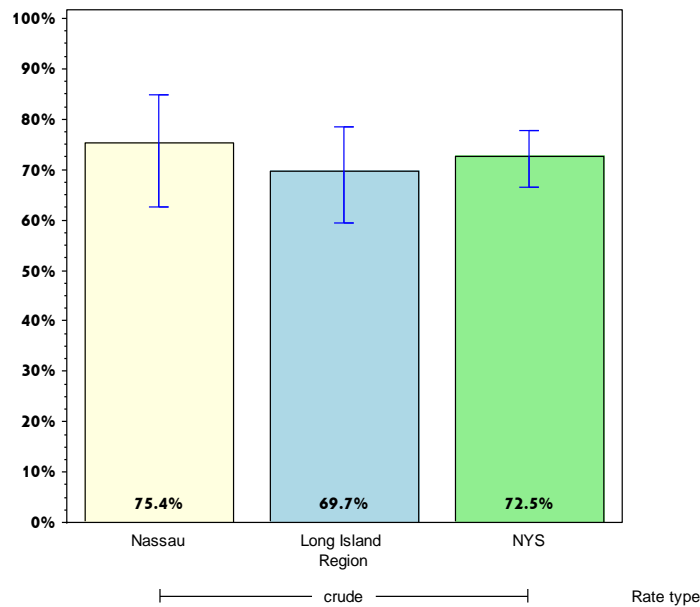
# Rates with <10 in the numerator or <50 in the denominator are suppressed.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

# Nassau

## Promote Healthy Women, Infants, and Children

Women aged 18-44 years who saw a doctor for a routine checkup within the last year



	Nassau County			Long Island		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total</b>	173,308	75.4 <sup>^</sup>	(62.7-84.8)	318,878	69.7 <sup>^</sup>	(59.3-78.4)
<b>Age<sup>+</sup></b>						
18-24						
25-34						
35-44						
45-64						
65+						
<b>Race</b>						
White, NH	109,534	75.1 <sup>^</sup>	(59.1-86.2)	198,090	70.4 <sup>^</sup>	(56.8-81.1)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
<b>Sex</b>						
male		#			#	
female	173,308	75.4 <sup>^</sup>	(62.7-84.8)	318,878	69.7 <sup>^</sup>	(59.3-78.4)
<b>Age-adjusted<sup>+,&amp;</sup></b>						

& Percent is age-adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

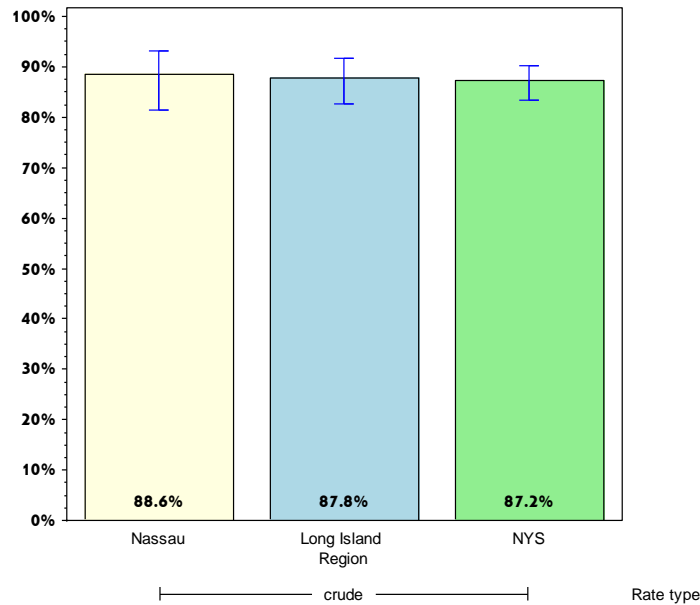
# Rates with <10 in the numerator or <50 in the denominator are suppressed.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

# Nassau

## Promote Healthy Women, Infants, and Children

### Percentage of women aged 18-64 years with health care coverage



	Nassau County			Long Island		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total Age<sup>+</sup></b>	370,129	88.6	(81.4-93.2)	764,073	87.8	(82.5-91.6)
18-24						
25-34						
35-44						
45-64						
65+						
<b>Race</b>						
White, NH	257,861	92.2	(84.6-96.2)	580,102	93.8	(90.0-96.3)
Black, NH		#			#	
Hispanic		#		60,883	50.9 <sup>^</sup>	(33.5-68.1)
Other, NH		#			#	
<b>Sex</b>						
male		#			#	
female	370,129	88.6	(81.4-93.2)	764,073	87.8	(82.5-91.6)
<b>Age-adjusted<sup>+,&amp;</sup></b>						

& Percent is age-adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

# Rates with <10 in the numerator or <50 in the denominator are suppressed.

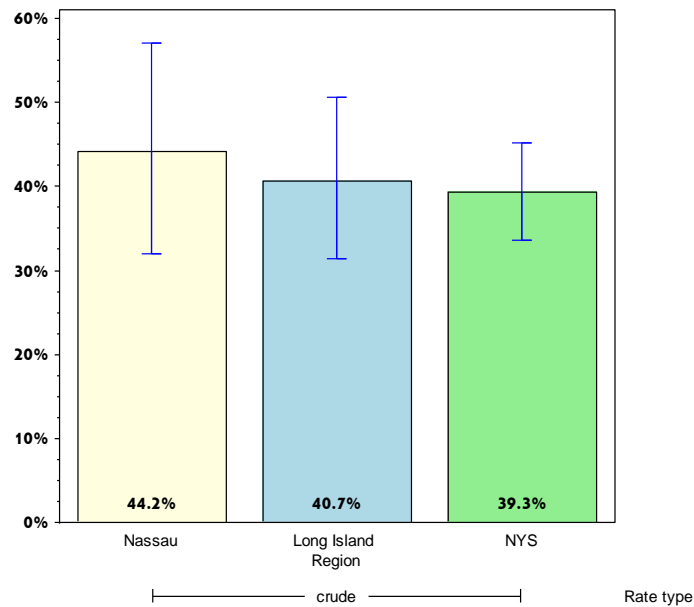
<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).



# Nassau

## Promote Healthy Women, Infants, and Children

Percentage of women aged 18-44 years whose health care provider discussed planning a healthy pregnancy



	Nassau County			Long Island		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total</b>	97,782	44.2 <sup>^</sup>	(32.0-57.1)	176,841	40.7	(31.5-50.6)
<b>Age<sup>+</sup></b>						
18-24						
25-34						
35-44						
45-64						
65+						
<b>Race</b>						
White, NH	58,606	40.1 <sup>^</sup>	(25.6-56.5)	110,733	39.7 <sup>^</sup>	(28.4-52.3)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
<b>Sex</b>						
male		#			#	
female	97,782	44.2 <sup>^</sup>	(32.0-57.1)	176,841	40.7	(31.5-50.6)
<b>Age-adjusted<sup>+,&amp;</sup></b>						

& Percent is age-adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

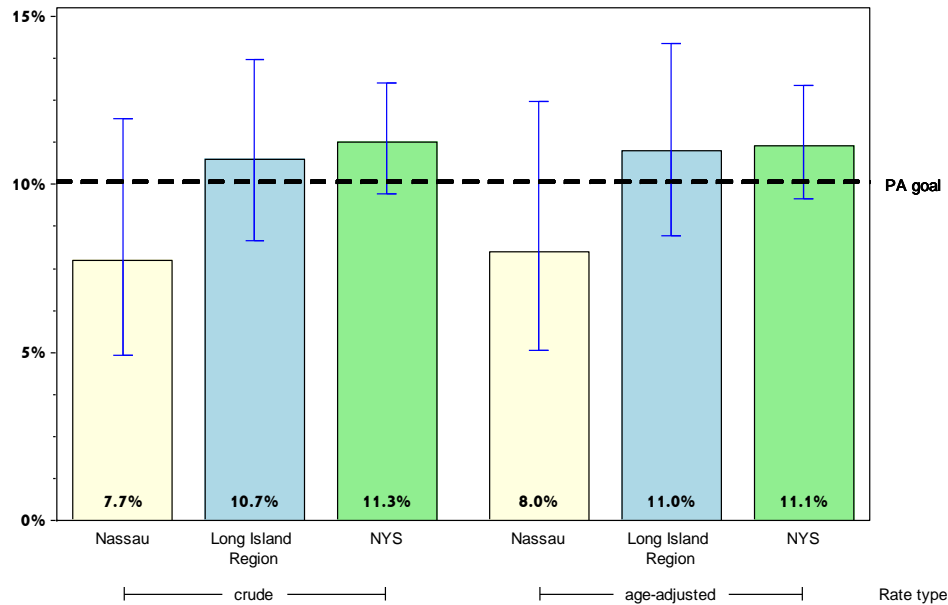
# Rates with <10 in the numerator or <50 in the denominator are suppressed.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

# Nassau

## Promote Mental Health and Prevention Substance Abuse

### Percentage of adults with poor mental health for 14 or more days in the last month



	Nassau County			Long Island		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total</b>	78,916	7.7	(4.9-12.0)	229,662	10.7	(8.3-13.7)
<b>Age</b>		#			#	
18-24		#			#	
25-34		#		39,243	12.9	(7.1-22.4)
35-44		#		37,318	10.5	(5.6-18.9)
45-64	29,364	8.2	(4.6-14.4)	103,258	13.6	(9.5-19.2)
65+	12,021	6.0	(3.1-11.3)	19,230	4.7	(2.8-7.8)
<b>Race</b>						
White, NH	69,812	10.0	(6.2-15.8)	178,857	11.7	(8.8-15.5)
Black, NH		#			#	
Hispanic		#		32,206	10.0	(4.9-19.3)
Other, NH		#			#	
<b>Sex</b>						
male	37,474	7.7	(3.4-16.4)	116,859	11.3	(7.6-16.5)
female	41,441	7.8	(4.9-12.1)	112,803	10.2	(7.4-13.9)
<b>Age-adjusted<sup>&amp;</sup></b>		8.0	(5.1-12.5)		11.0	(8.5-14.2)

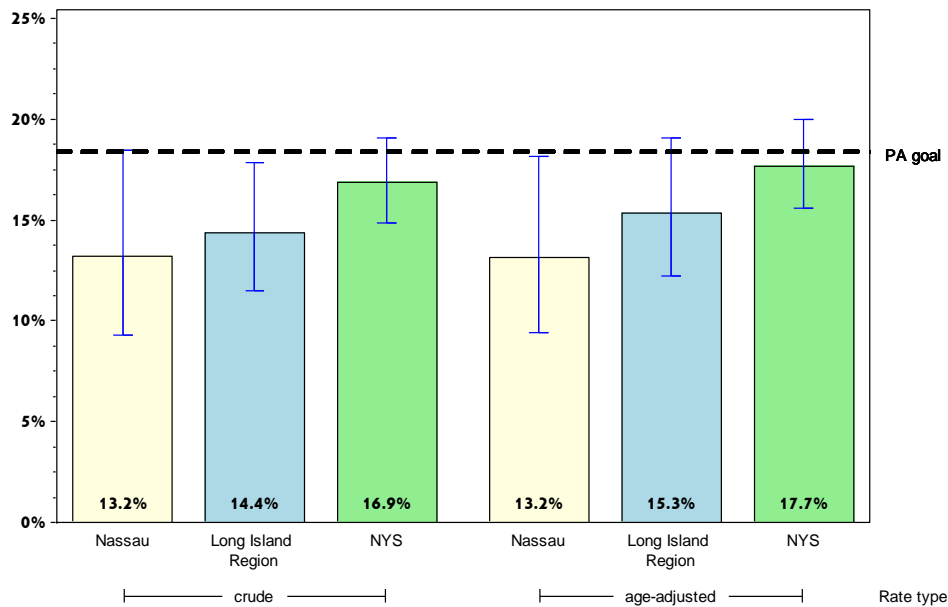
& Percent is age-adjusted to the 2000 United States Population.

# Rates with <10 in the numerator or <50 in the denominator are suppressed.

# Nassau

## Promote Mental Health and Prevention Substance Abuse

### Percentage of adult binge drinking during the past month\*



#### Nassau County

#### Long Island

	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total</b>	130,064	13.2	(9.3-18.4)	294,118	14.4	(11.5-17.8)
<b>Age</b>						
18-24	#	#	#	45,787	21.0 <sup>^</sup>	(11.3-35.7)
25-34	16,045	11.8 <sup>^</sup>	(5.8-22.3)	65,696	23.1 <sup>^</sup>	(13.7-36.2)
35-44	#	#	#	55,565	16.2	(10.5-24.3)
45-64	52,366	14.6 <sup>^</sup>	(8.0-25.2)	102,983	13.9	(9.6-19.9)
65+	#	#	#	16,312	4.0	(1.8-8.5)
<b>Race</b>						
White, NH	99,412	14.9	(10.0-21.6)	237,416	16.4	(12.8-20.7)
Black, NH	#	#	#	#	#	#
Hispanic	#	#	#	25,464	7.9	(3.7-15.9)
Other, NH	#	#	#	#	#	#
<b>Sex</b>						
male	76,882	17.0	(10.7-26.0)	180,268	18.5	(13.8-24.4)
female	53,183	10.0	(5.9-16.6)	113,850	10.6	(7.6-14.6)
<b>Age-adjusted<sup>&amp;</sup></b>		13.2	(9.4-18.1)		15.3	(12.2-19.1)

\* Men who have five or more drinks, women having four or more drinks on one occasion

& Percent is age-adjusted to the 2000 United States Population.

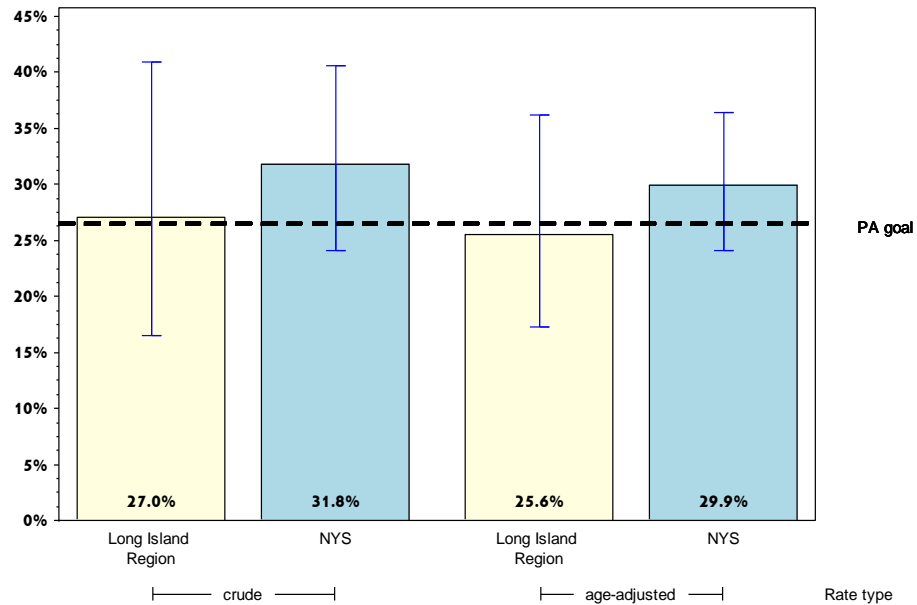
# Rates with <10 in the numerator or <50 in the denominator are suppressed.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

# Nassau

## Promote Mental Health and Prevention Substance Abuse

### Percentage of cigarette smoking among adults who report poor mental health



	Nassau County			Long Island		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total</b>		#		62,057	27.0 <sup>^</sup>	(16.5-40.9)
<b>Age</b>		#			#	
18-24		#			#	
25-34		#			#	
35-44		#			#	
45-64		#			#	
65+		#			#	
<b>Race</b>		#			#	
White, NH		#		51,494	28.8 <sup>^</sup>	(16.3-45.6)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
<b>Sex</b>		#			#	
male		#			#	
female		#		25,485	22.6 <sup>^</sup>	(12.6-37.2)
<b>Age-adjusted<sup>&amp;</sup></b>		#			25.6 <sup>^</sup>	(17.2-36.2)

& Percent is age-adjusted to the 2000 United States Population.

# Rates with <10 in the numerator or <50 in the denominator are suppressed.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).