eBRFSS 2013-2014 Health Indicators: Montgomery

General Description

The New York State Expanded Behavioral Risk Factor Surveillance System 2013-2014 (2014 eBRFSS) was design to supplement the Center for Disease Control and Prevention (CDC) Behavioral Risk Factor Surveillance System (BRFSS), which is conducted annually in New York State. The purpose of the 2014 eBRFSS was to produce local information on key public health issues. Data for the project were collected from April 15, 2013 to May 10, 2014. The 2014 eBRFSS reached both households with landline telephones and households which only had cell phones. Like the annual BRFSS, New York State's 2014 eBRFSS was designed to be representative of the non-institutionalized adult household population, aged 18 years and older.

Reported Health Indicators

There are a total of 50 health indicators included in the report. The health indicators include 10 measures included in the New York State Department of Health's Prevention Agenda, NYS Health Innovation Plan (SHIP), Delivery System Reform Incentive Payment (DSRIP) Program, or the NYS Community Health Indicator Reports (CHIRS). An additional 40 important health indicators are also included. The indicators are organized by the Priority Area of the Prevention Agenda and are reported statewide, by region, and by county.

Data Collection Methodology, Sampling and Weighting

The data collection methods for the 2014 eBRFSS aligned with the CDC's standard annual BRFSS methods. The 2014 eBRFSS questionnaire used standard questions from the BRFSS. Survey interviews were conducted in both English and Spanish. There were 31,690 completed interviews.

The sampling plan for the eBRFSS was developed to result in valid health indicator estimates for New York City (NYC) and each of the 57 counties outside NYC. The sampling approach stratified landlines by county and implemented a disproportionate stratified sampling design that accounted for both listed-households and unlisted numbers. Cell phone households were accounted for through additional strata that covered contiguous groups of counties.

Data were weighted to represent the population using a methodology known as iterative proportional fitting (raking). Raking adjusted the data so that groups underrepresented in the sample were more accurately represented in the estimated rates. Raking also enabled surveys conducted by cell phone to be included in the weighting and to accurately match sample distributions of specified demographic characteristics of the population. The raking categories included in the eBRFSS were: age, gender, race/ethnicity, education, marital status, owner/renter status, telephone usage (i.e. landline and cell phone combinations), and county of residence.

Limitations of Data Use:

During data analysis, criteria were applied to suppress rates based on too few surveys to be reliable and to identify rates that are highly variable. Rates in which less than 10 respondents were in the numerator or less than 50 respondents were in the denominator were considered unreliable and suppressed from reporting. Rates considered to have high variability due to having confidence limits greater than ±10% are noted.

Montgomery
Improve Health Status and Reduce Health Disparities
*Percentage of adults who did not receive medical care because of cost**
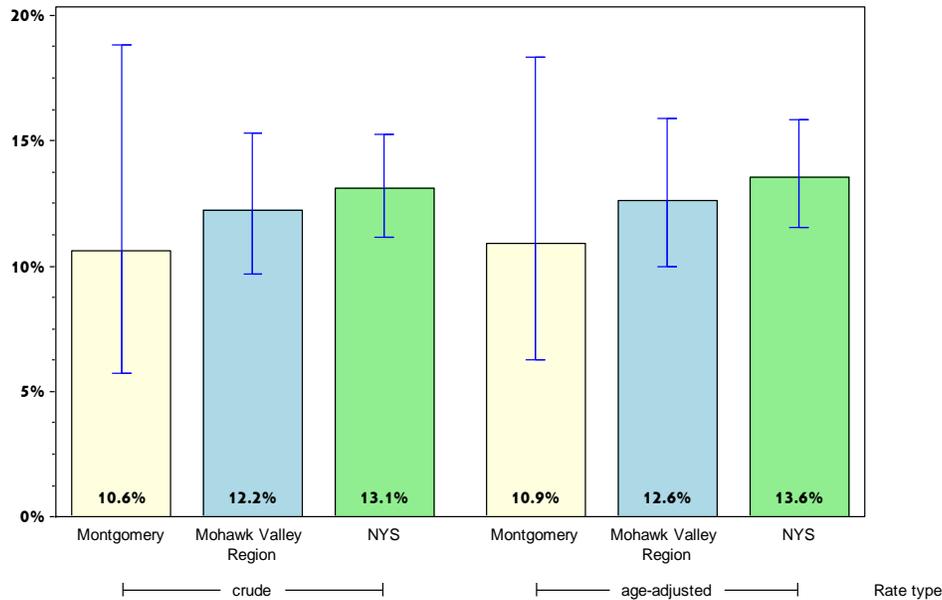
	Montgomery County			Mohawk Valley		
	Est. # of Adults	**Percent**	**95% CI**	**Est. # of Adults**	**Percent**	**95% CI**
Total	4,075	10.6	(5.7-18.8)	25,495	12.2	(9.7-15.3)
Age						
18-24		#		4,963	20.3^	(9.6-38.0)
25-34		#		6,352	19.9^	(11.5-32.0)
35-44		#		2,409	8.5	(5.3-13.5)
45-64	1,442	9.4	(5.6-15.4)	10,267	13.5	(10.4-17.2)
65+		#		1,314	2.9	(1.8-4.4)
Race						
White, NH	2,950	8.7^	(3.8-18.8)	21,153	11.5	(8.8-14.8)
Black, NH		#			#	
Hispanic		#		2,119	17.6^	(8.3-33.5)
Other, NH		#		1,640	18.3^	(7.6-37.9)
Sex						
male	2,341	12.6^	(4.5-30.3)	13,758	13.6	(9.3-19.4)
female	1,734	8.7	(5.3-14.1)	11,736	10.9	(8.5-13.9)
Age-adjusted&		10.9	(6.3-18.3)		12.6	(10.0-15.9)

* Among people needing to see a doctor in the past 12 months
& Percent is age-adjusted to the 2000 United States Population.
# Rates with <10 in the numerator or <50 in the denominator are suppressed.
^ Highly variable rate (confidence interval with a half-width greater than 10).

Improve Health Status and Reduce Health Disparities

Percentage of adults who have a regular health care provider
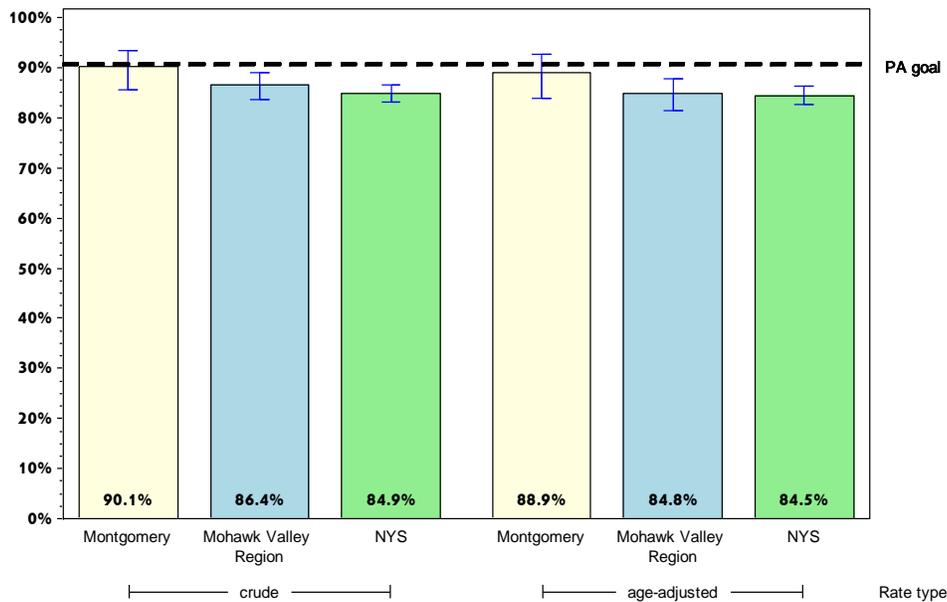
	Montgomery County			Mohawk Valley		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	34,606	90.1	(85.6-93.3)	178,551	86.4	(83.5-88.9)
Age						
18-24		#		17,923	77.3^	(64.8-86.3)
25-34		#		24,155	75.8^	(64.5-84.4)
35-44		#		22,811	82.1^	(71.0-89.6)
45-64	13,500	88.3	(79.7-93.5)	68,580	89.9	(87.0-92.2)
65+	8,166	95.8	(87.3-98.7)	43,482	94.9	(91.5-97.0)
Race						
White, NH	30,459	89.8	(84.8-93.2)	159,236	87.4	(84.6-89.7)
Black, NH		#			#	
Hispanic		#		9,218	72.8^	(50.4-87.6)
Other, NH		#		7,804	92.5^	(82.1-97.1)
Sex						
male	16,579	89.1	(81.5-93.8)	79,609	79.7	(74.3-84.1)
female	18,027	91.0	(85.1-94.7)	98,942	92.8	(90.6-94.5)
Age-adjusted&		88.9	(83.8-92.5)		84.8	(81.4-87.8)

& Percent is age-adjusted to the 2000 United States Population.
# Rates with <10 in the numerator or <50 in the denominator are suppressed.
^ Highly variable rate (confidence interval with a half-width greater than 10).

Percentage of adults who had a dentist visit within the past year
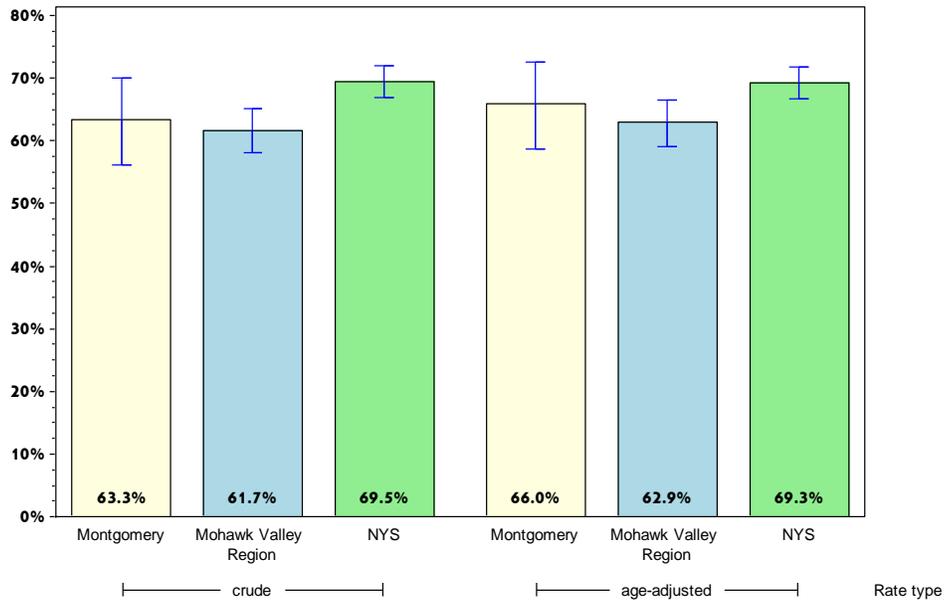
	Montgomery County			Mohawk Valley		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	23,054	63.3	(56.2-69.9)	120,003	61.7	(58.1-65.0)
Age						
18-24		#		13,968	62.7^	(47.0-76.1)
25-34		#		19,077	62.4^	(51.4-72.3)
35-44		#		17,119	71.2	(62.4-78.6)
45-64	8,101	53.3^	(43.0-63.3)	42,537	58.2	(52.9-63.3)
65+	5,175	64.1^	(53.8-73.3)	26,653	61.4	(56.5-66.1)
Race						
White, NH	21,127	65.5	(58.1-72.3)	108,248	62.7	(59.2-66.0)
Black, NH		#			#	
Hispanic		#		7,338	68.9^	(51.9-82.0)
Other, NH		#		3,087	38.3^	(17.9-63.9)
Sex						
male	10,741	59.7^	(48.1-70.4)	51,611	54.2	(48.6-59.6)
female	12,313	66.8	(58.5-74.2)	68,392	68.8	(65.0-72.5)
Age-adjusted&		66.0	(58.7-72.6)		62.9	(59.1-66.6)

& Percent is age-adjusted to the 2000 United States Population.
# Rates with <10 in the numerator or <50 in the denominator are suppressed.
^ Highly variable rate (confidence interval with a half-width greater than 10).

Montgomery

Improve Health Status and Reduce Health Disparities

*Percentage of adults living with a disability**
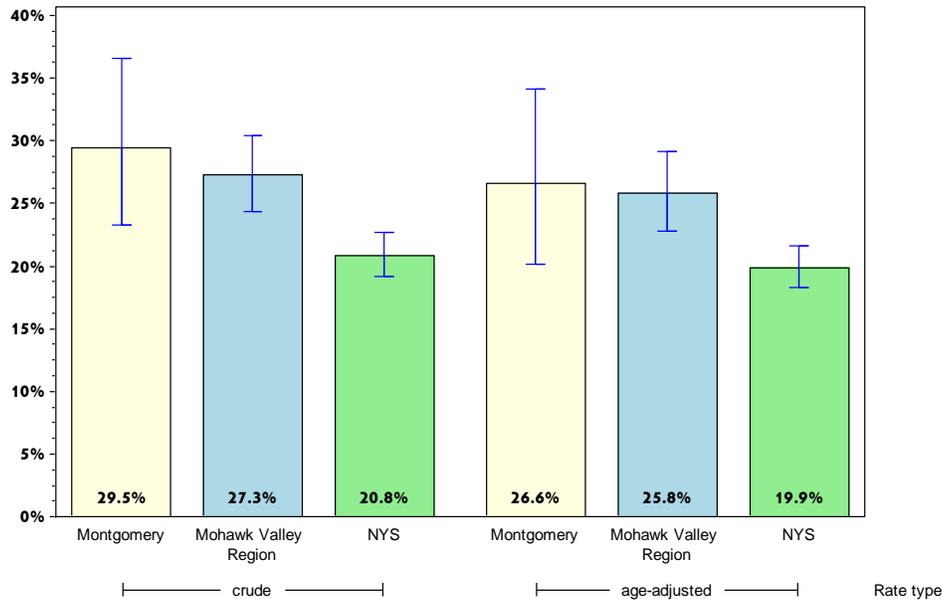
	Montgomery County			Mohawk Valley		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	11,002	29.5	(23.3-36.5)	56,344	27.3	(24.4-30.4)
Age						
18-24		#			#	
25-34		#		5,335	16.7	(10.9-24.8)
35-44		#		6,828	24.3^	(15.9-35.4)
45-64	5,709	37.9^	(28.8-47.9)	24,816	32.9	(28.0-38.2)
65+	2,373	28.1	(20.8-36.7)	16,563	36.9	(32.4-41.6)
Race						
White, NH	9,693	29.5	(22.8-37.3)	46,724	25.7	(23.2-28.5)
Black, NH		#			#	
Hispanic		#		5,344	42.2^	(25.0-61.5)
Other, NH		#		3,225	35.9^	(14.4-65.1)
Sex						
male	5,333	29.1^	(20.1-40.2)	27,372	27.1	(22.4-32.3)
female	5,669	29.8	(21.9-39.2)	28,972	27.6	(24.1-31.3)
Age-adjusted&		26.6	(20.2-34.1)		25.8	(22.7-29.2)

* Limited activities (physical, mental, or emotional problems); need of special equipment (e.g. cane, wheel chair).
& Percent is age-adjusted to the 2000 United States Population.
Rates with <10 in the numerator or <50 in the denominator are suppressed.
^ Highly variable rate (confidence interval with a half-width greater than 10).

Montgomery

Improve Health Status and Reduce Health Disparities

Percentage of adults aged 18-64 years with healthcare coverage
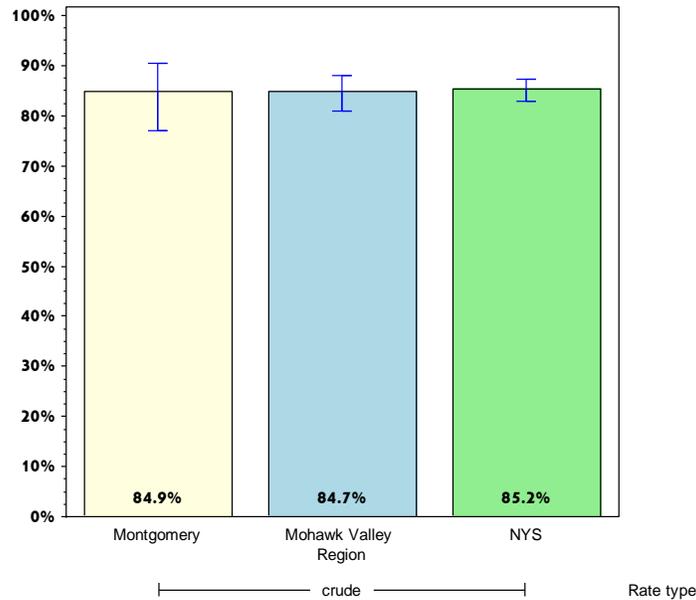
	Montgomery County			Mohawk Valley		
	Est. # of Adults	**Percent**	**95% CI**	**Est. # of Adults**	**Percent**	**95% CI**
Total	25,370	84.9	(76.9-90.5)	135,591	84.7	(80.9-87.9)
Age[+]						
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH	22,435	85.1	(76.2-91.1)	119,366	85.5	(81.6-88.8)
Black, NH		#			#	
Hispanic		#		7,974	72.7^	(48.5-88.3)
Other, NH		#			#	
Sex						
male	13,055	89.6	(81.1-94.5)	62,882	80.6	(73.5-86.1)
female	12,315	80.4^	(67.0-89.3)	72,708	88.7	(85.3-91.4)
Age-adjusted[+,&]						

& Percent is age-adjusted to the 2000 United States Population.
+ Age-adjusted and age specific percent not generated for health indicators with age range limits.
Rates with <10 in the numerator or <50 in the denominator are suppressed.
^ Highly variable rate (confidence interval with a half-width greater than 10).

Montgomery

Improve Health Status and Reduce Health Disparities

Percentage of adults aged 18-64 years who saw a doctor for a routine checkup within the last year
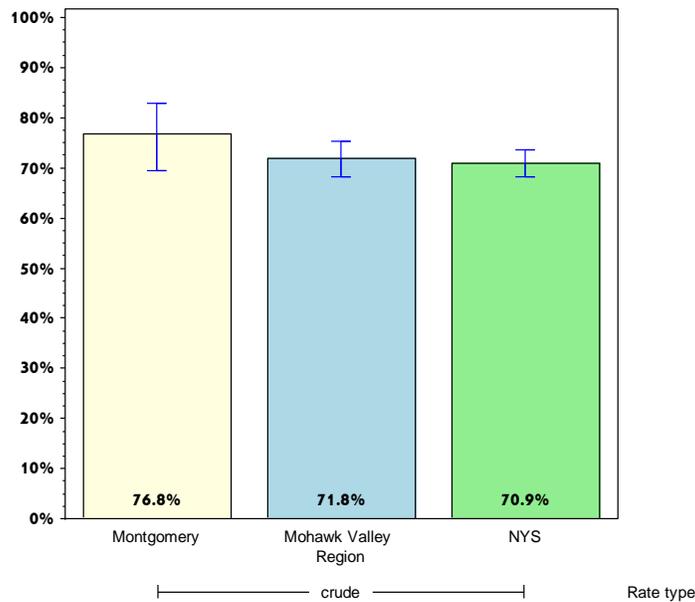
	Montgomery County			Mohawk Valley		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	22,916	76.8	(69.4-82.8)	114,077	71.8	(68.1-75.2)
Age[+]						
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH	19,820	75.3	(67.1-82.0)	99,065	71.6	(67.9-75.0)
Black, NH		#			#	
Hispanic		#		7,461	68.0^	(44.9-84.7)
Other, NH		#			#	
Sex						
male	11,209	76.9^	(64.9-85.8)	51,586	67.1	(61.0-72.8)
female	11,708	76.7	(67.2-84.1)	62,491	76.2	(71.9-80.1)
Age-adjusted[+,&]						

& Percent is age-adjusted to the 2000 United States Population.
+ Age-adjusted and age specific percent not generated for health indicators with age range limits.
Rates with <10 in the numerator or <50 in the denominator are suppressed.
^ Highly variable rate (confidence interval with a half-width greater than 10).

Montgomery

Improve Health Status and Reduce Health Disparities

Percentage of adults experiencing housing insecurity in the past 12 months[*]
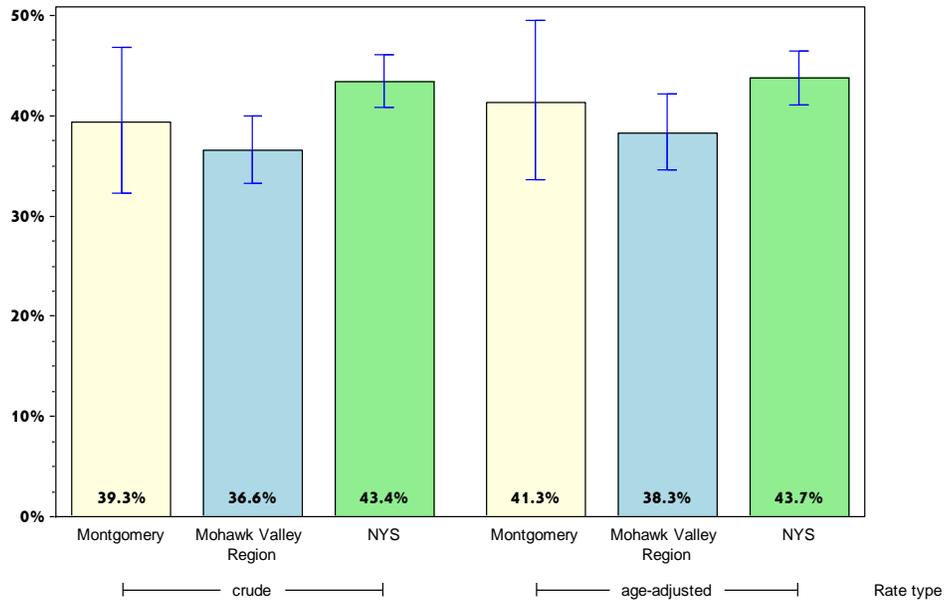
	Montgomery County			Mohawk Valley		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	13,612	39.3	(32.2-46.9)	68,431	36.6	(33.3-40.0)
Age						
18-24		#		5,154	29.2^	(16.5-46.1)
25-34		#		13,314	44.3^	(34.2-55.0)
35-44		#		12,783	50.7	(40.9-60.5)
45-64	6,660	47.3^	(37.3-57.5)	28,632	40.5	(35.7-45.4)
65+	1,589	20.1	(14.0-27.8)	8,011	19.0	(15.8-22.7)
Race						
White, NH	11,601	37.5	(30.0-45.6)	60,465	36.6	(33.3-40.0)
Black, NH		#			#	
Hispanic		#		4,317	40.8^	(23.4-60.7)
Other, NH		#		2,119	26.7^	(12.4-48.4)
Sex						
male	5,012	30.1^	(20.7-41.6)	29,853	33.1	(28.1-38.5)
female	8,600	47.8	(38.8-57.0)	38,579	39.8	(35.7-44.1)
Age-adjusted[&]		41.3	(33.6-49.5)		38.3	(34.5-42.2)

* Worried or stressed about having enough money to pay for rent or mortgage.
& Percent is age-adjusted to the 2000 United States Population.
Rates with <10 in the numerator or <50 in the denominator are suppressed.
^ Highly variable rate (confidence interval with a half-width greater than 10).

Improve Health Status and Reduce Health Disparities

*Percentage of adults experiencing food insecurity in the past 12 months**
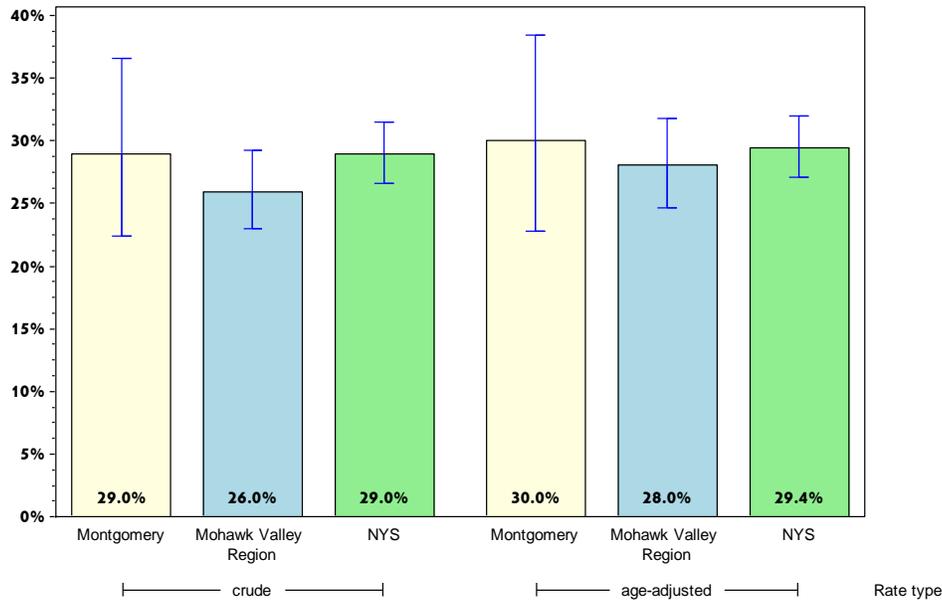
	Montgomery County			Mohawk Valley		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	10,688	29.0	(22.4-36.6)	51,745	26.0	(22.9-29.2)
Age						
18-24		#		6,939	30.9^	(18.6-46.7)
25-34		#		10,887	35.0^	(25.5-46.0)
35-44		#		9,575	36.6	(28.0-46.2)
45-64	5,010	32.6	(24.6-41.9)	19,400	26.2	(22.3-30.4)
65+	1,297	15.6	(9.4-25.0)	4,715	10.7	(8.2-13.7)
Race						
White, NH	9,276	28.5	(21.4-36.9)	44,036	25.0	(22.0-28.3)
Black, NH		#			#	
Hispanic		#		4,530	37.2^	(21.3-56.5)
Other, NH		#		2,354	29.0^	(13.7-51.3)
Sex						
male	5,463	30.3^	(19.3-44.2)	23,314	23.9	(19.2-29.2)
female	5,225	27.7	(21.3-35.0)	28,431	28.0	(24.3-32.0)
Age-adjusted&		30.0	(22.8-38.5)		28.0	(24.6-31.8)

* Worried or stressed about having enough money to buy nutritious meals.
& Percent is age-adjusted to the 2000 United States Population.
Rates with <10 in the numerator or <50 in the denominator are suppressed.
^ Highly variable rate (confidence interval with a half-width greater than 10).

Montgomery

Improve Health Status and Reduce Health Disparities

Percentage of adults with poor self-reported health
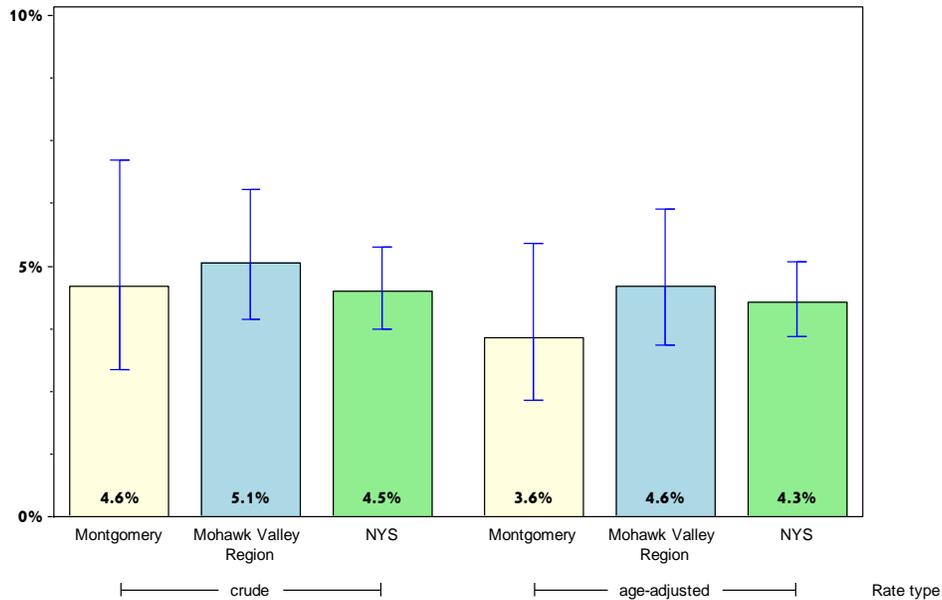
	Montgomery County			Mohawk Valley		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	1,764	4.6	(2.9-7.1)	10,550	5.1	(3.9-6.5)
Age						
18-24		#			#	
25-34		#			#	
35-44		#			#	
45-64	1,386	9.0	(5.3-15.0)	6,176	8.2	(5.8-11.3)
65+	322	3.8	(1.9-7.5)	2,659	5.8	(4.1-8.2)
Race						
White, NH	1,365	4.0	(2.4-6.6)	9,037	4.9	(3.8-6.3)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male		#		3,898	3.9	(2.6-5.6)
female	990	5.0	(2.9-8.4)	6,652	6.2	(4.5-8.6)
Age-adjusted[&]		3.6	(2.3-5.4)		4.6	(3.4-6.1)

& Percent is age-adjusted to the 2000 United States Population.
# Rates with <10 in the numerator or <50 in the denominator are suppressed.

Improve Health Status and Reduce Health Disparities

*Percentage of adults who report 14 or more days of poor physical health**
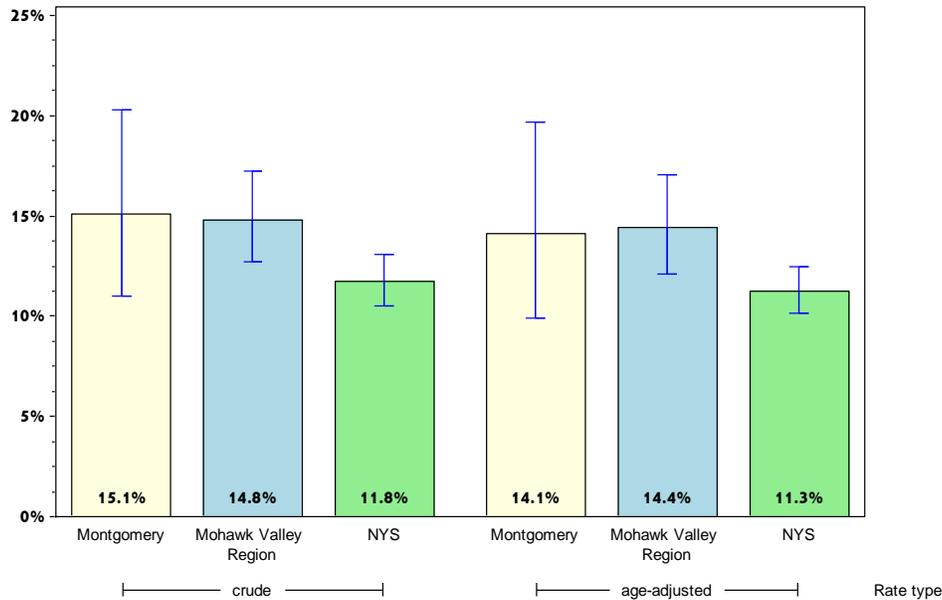
	Montgomery County			Mohawk Valley		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	5,618	15.1	(11.0-20.3)	29,861	14.8	(12.7-17.2)
Age						
18-24		#			#	
25-34		#		3,109	9.9	(5.3-17.8)
35-44		#		4,086	15.3	(9.4-23.8)
45-64	2,873	19.7	(12.8-29.2)	13,912	18.9	(15.3-23.1)
65+	1,754	21.5	(14.7-30.2)	6,869	15.7	(12.7-19.2)
Race						
White, NH	4,832	14.6	(10.4-20.3)	25,670	14.4	(12.3-16.8)
Black, NH		#			#	
Hispanic		#		3,000	24.1^	(12.3-41.8)
Other, NH		#		1,035	12.8^	(4.1-33.4)
Sex						
male	3,404	19.3	(12.2-29.3)	11,588	12.0	(9.4-15.1)
female	2,213	11.3	(7.8-16.0)	18,273	17.5	(14.3-21.1)
Age-adjusted&		14.1	(9.9-19.7)		14.4	(12.1-17.0)

* Out of the past 30 days.
& Percent is age-adjusted to the 2000 United States Population.
Rates with <10 in the numerator or <50 in the denominator are suppressed.
^ Highly variable rate (confidence interval with a half-width greater than 10).

Prevent Chronic Diseases

*Percentage of adults who are obese**
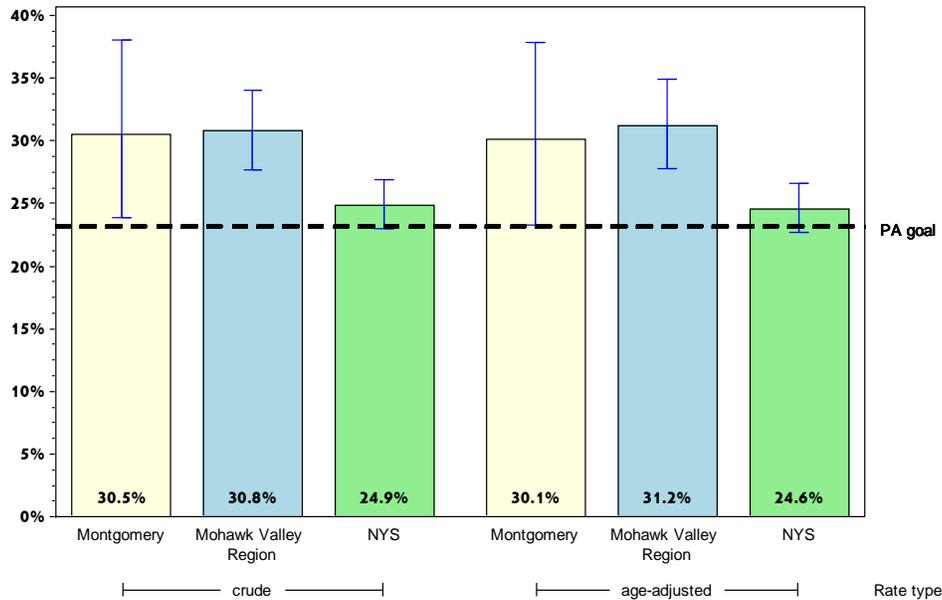
	Montgomery County			Mohawk Valley		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	11,071	30.5	(23.9-38.0)	60,595	30.8	(27.7-34.0)
Age						
18-24		#		4,420	18.4^	(8.7-34.7)
25-34		#		9,122	31.3^	(22.1-42.3)
35-44		#		9,682	36.9	(28.3-46.4)
45-64	5,200	36.0^	(26.1-47.3)	24,732	34.4	(29.8-39.3)
65+	2,178	27.3	(20.2-35.8)	12,362	27.8	(23.8-32.2)
Race						
White, NH	9,434	29.6	(22.5-37.7)	53,932	31.0	(27.9-34.4)
Black, NH		#			#	
Hispanic		#		2,996	27.1^	(14.7-44.5)
Other, NH		#		2,236	25.2^	(11.2-47.3)
Sex						
male	5,936	32.7^	(23.0-44.1)	31,672	32.0	(27.2-37.2)
female	5,135	28.3^	(20.0-38.4)	28,923	29.5	(25.7-33.6)
Age-adjusted&		30.1	(23.3-37.8)		31.2	(27.7-34.9)

* Obesity defined as a Body Mass Index (BMI) >=30. BMI is calculated based on weight and height.
& Percent is age-adjusted to the 2000 United States Population.
Rates with <10 in the numerator or <50 in the denominator are suppressed.
^ Highly variable rate (confidence interval with a half-width greater than 10).

Prevent Chronic Diseases

*Percentage of adults with an annual household income less than $25,000 who are obese**
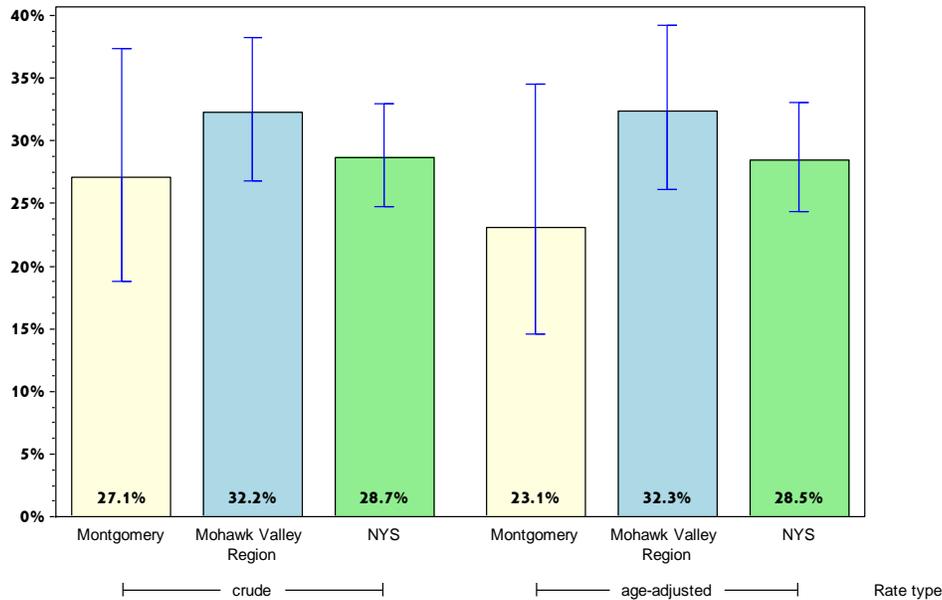
	Montgomery County			Mohawk Valley		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	2,481	27.1^	(18.7-37.3)	17,765	32.2	(26.8-38.3)
Age						
18-24		#			#	
25-34		#			#	
35-44		#		2,079	32.6^	(17.9-51.7)
45-64	1,242	27.1^	(14.6-44.6)	6,638	34.5	(27.0-42.9)
65+	913	33.8^	(21.7-48.6)	4,972	30.4	(23.7-38.1)
Race						
White, NH	2,021	27.1^	(18.1-38.6)	14,894	31.6	(25.8-38.0)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male		#		8,275	34.0^	(24.5-45.0)
female	1,677	29.3^	(19.5-41.5)	9,491	30.9	(24.9-37.5)
Age-adjusted&		23.1^	(14.6-34.5)		32.3	(26.1-39.3)

* Obesity defined as a Body Mass Index (BMI) >=30. BMI is calculated based on weight and height.
& Percent is age-adjusted to the 2000 United States Population.
# Rates with <10 in the numerator or <50 in the denominator are suppressed.
^ Highly variable rate (confidence interval with a half-width greater than 10).

Montgomery
Prevent Chronic Diseases

Percentage of adults living with a disability who are obese**
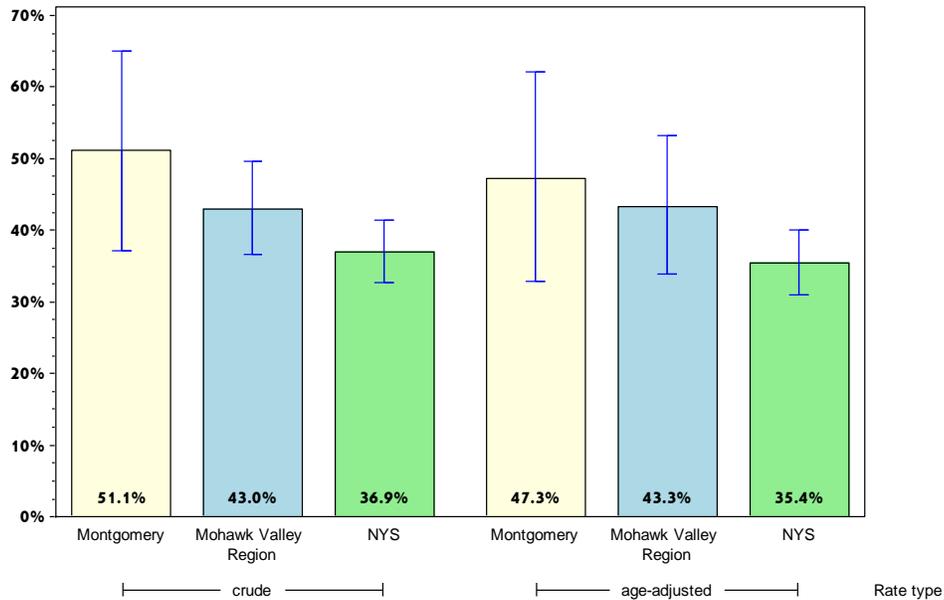
	Montgomery County			Mohawk Valley		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	5,209	51.1^	(37.1-65.0)	22,893	43.0	(36.7-49.6)
Age						
18-24		#			#	
25-34		#			#	
35-44		#			#	
45-64	2,442	49.5^	(33.0-66.1)	10,332	44.7^	(34.6-55.3)
65+	1,173	50.1^	(34.9-65.4)	6,555	40.1	(32.9-47.8)
Race						
White, NH	4,469	50.3^	(35.0-65.6)	19,729	44.7	(38.9-50.8)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male	2,554	47.9^	(29.2-67.2)	10,802	40.2^	(30.8-50.3)
female	2,655	54.7^	(35.5-72.6)	12,091	45.9	(38.0-54.0)
Age-adjusted&		47.3^	(32.9-62.1)		43.3	(33.9-53.1)

* Obesity defined as a Body Mass Index (BMI) >=30. BMI is calculated based on weight and height. Limited activities (physical, mental, or emotional problems); need of special equipment (e.g. cane, wheel chair).
& Percent is age-adjusted to the 2000 United States Population.
# Rates with <10 in the numerator or <50 in the denominator are suppressed.
^ Highly variable rate (confidence interval with a half-width greater than 10).

*Percentage of adults overweight or obese**
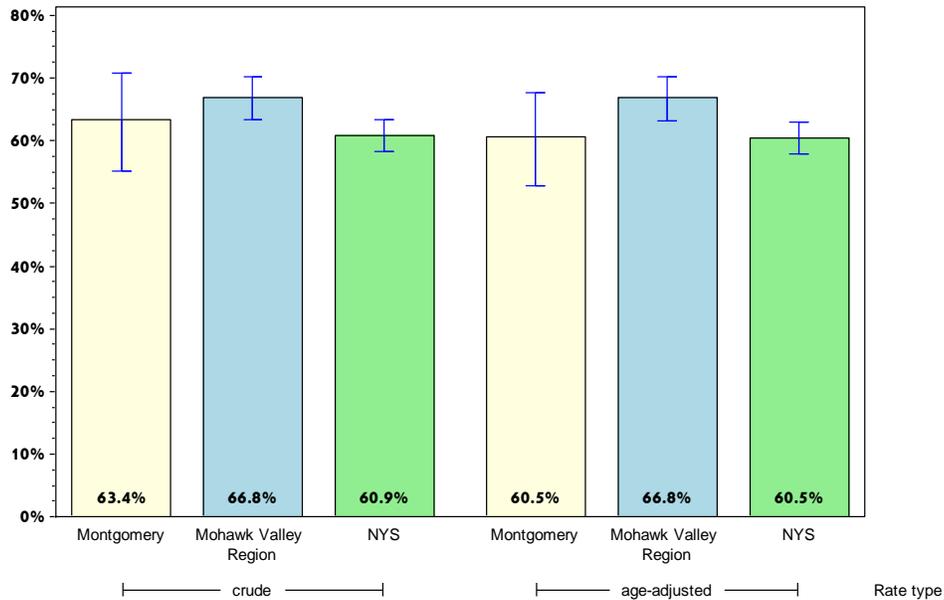
Montgomery County · Mohawk Valley

	Montgomery County			Mohawk Valley		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	23,023	63.4	(55.2-70.8)	131,535	66.8	(63.3-70.1)
Age						
18-24		#		10,728	44.7^	(30.9-59.3)
25-34		#		16,842	57.8^	(47.2-67.8)
35-44		#		20,315	77.4	(70.0-83.4)
45-64	11,144	77.1	(68.3-84.0)	51,948	72.3	(67.1-77.0)
65+	5,528	69.4	(59.6-77.7)	31,025	69.8	(65.3-73.9)
Race						
White, NH	19,887	62.3	(53.4-70.5)	115,938	66.7	(63.3-70.0)
Black, NH		#			#	
Hispanic		#		8,112	73.4^	(55.6-85.9)
Other, NH		#		4,931	55.5^	(29.6-78.8)
Sex						
male	13,043	71.7^	(58.1-82.3)	70,693	71.4	(65.8-76.5)
female	9,980	55.0^	(44.9-64.7)	60,843	62.1	(57.8-66.2)
Age-adjusted&		60.5	(52.9-67.7)		66.8	(63.2-70.2)

* Defined as a Body Mass Index (BMI) >=25. BMI is calculated based on weight and height.
& Percent is age-adjusted to the 2000 United States Population.
Rates with <10 in the numerator or <50 in the denominator are suppressed.
^ Highly variable rate (confidence interval with a half-width greater than 10).

*Percentage of adults who participated in leisure time physical activity in the past 30 days**
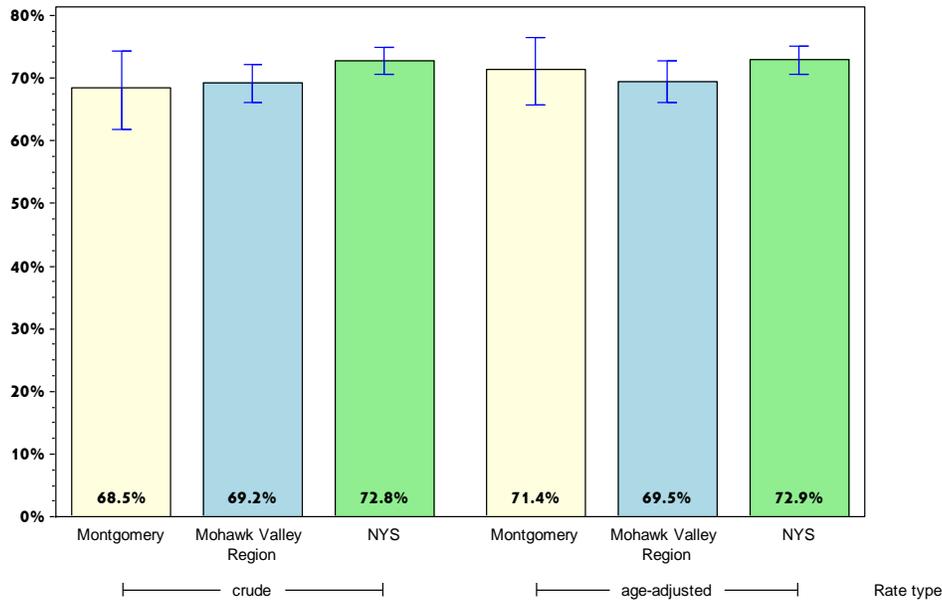
	Montgomery County			Mohawk Valley		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	25,191	68.5	(61.8-74.4)	138,763	69.2	(66.2-72.1)
Age						
18-24		#		16,894	73.4^	(58.5-84.5)
25-34		#		26,053	82.7	(75.0-88.4)
35-44		#		16,488	63.4	(53.8-72.0)
45-64	8,356	55.5^	(45.1-65.4)	49,363	66.6	(61.9-71.0)
65+	5,819	69.2	(59.8-77.3)	29,150	65.3	(60.7-69.6)
Race						
White, NH	23,123	71.4	(64.6-77.4)	122,921	69.5	(66.4-72.4)
Black, NH		#			#	
Hispanic		#		7,241	59.4^	(40.6-75.8)
Other, NH		#		6,518	80.5^	(63.1-90.9)
Sex						
male	12,578	69.8^	(58.8-78.9)	69,524	70.6	(65.7-75.1)
female	12,612	67.2	(59.3-74.2)	69,239	67.9	(64.0-71.5)
Age-adjusted&		71.4	(65.7-76.5)		69.5	(66.1-72.7)

* Any physical activities or exercises such as running or walking
& Percent is age-adjusted to the 2000 United States Population.
Rates with <10 in the numerator or <50 in the denominator are suppressed.
^ Highly variable rate (confidence interval with a half-width greater than 10).

*Percentage of adults who consume one or more sugary drinks daily**
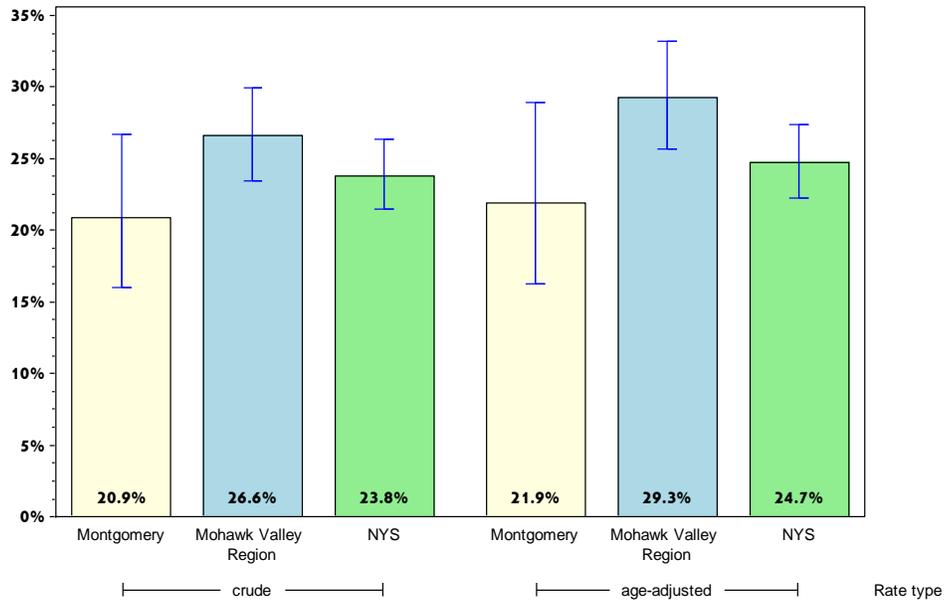
Montgomery County   Mohawk Valley

	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	7,643	20.9	(16.0-26.7)	52,428	26.6	(23.4-30.0)
Age						
18-24		#		9,776	43.6^	(30.0-58.2)
25-34		#		12,116	39.3^	(29.4-50.1)
35-44		#		9,558	36.9^	(27.1-48.0)
45-64	2,316	15.2	(9.5-23.6)	13,685	18.8	(15.4-22.7)
65+	1,907	23.0	(15.8-32.2)	7,223	16.4	(13.1-20.4)
Race						
White, NH	6,133	19.0	(14.2-25.0)	44,750	25.7	(22.6-29.1)
Black, NH		#			#	
Hispanic		#		5,831	48.2^	(30.0-66.9)
Other, NH		#			#	
Sex						
male	3,549	19.7	(13.1-28.6)	30,568	31.7	(26.6-37.3)
female	4,094	22.0	(15.6-30.0)	21,860	21.7	(18.1-25.7)
Age-adjusted&		21.9	(16.2-28.9)		29.3	(25.7-33.2)

* Sugary drinks include regular soda, and sugar-sweetened drinks.
& Percent is age-adjusted to the 2000 United States Population.
Rates with <10 in the numerator or <50 in the denominator are suppressed.
^ Highly variable rate (confidence interval with a half-width greater than 10).

Prevent Chronic Diseases

Percentage of adults who consume fast-food three or more times per week
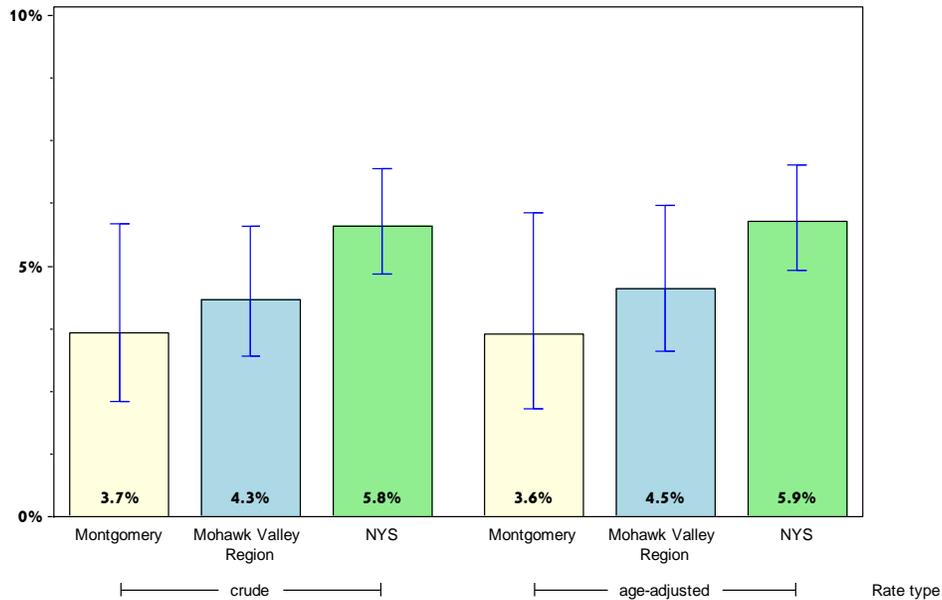
	Montgomery County			Mohawk Valley		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	1,341	3.7	(2.3-5.8)	8,472	4.3	(3.2-5.8)
Age						
18-24		#			#	
25-34		#		1,686	5.5	(2.7-10.9)
35-44		#		946	3.7	(1.9-6.9)
45-64		#		2,524	3.5	(2.4-5.0)
65+	396	4.9	(2.4-9.8)	1,145	2.6	(1.5-4.5)
Race						
White, NH	979	3.0	(1.8-5.2)	7,397	4.3	(3.1-5.8)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male	673	3.8	(1.9-7.3)	6,106	6.4	(4.4-9.2)
female	668	3.6	(1.9-6.9)	2,366	2.4	(1.5-3.6)
Age-adjusted[&]		3.6	(2.2-6.1)		4.5	(3.3-6.2)

& Percent is age-adjusted to the 2000 United States Population.
# Rates with <10 in the numerator or <50 in the denominator are suppressed.

Prevent Chronic Diseases

Percentage of adults with physician diagnosed diabetes[*]
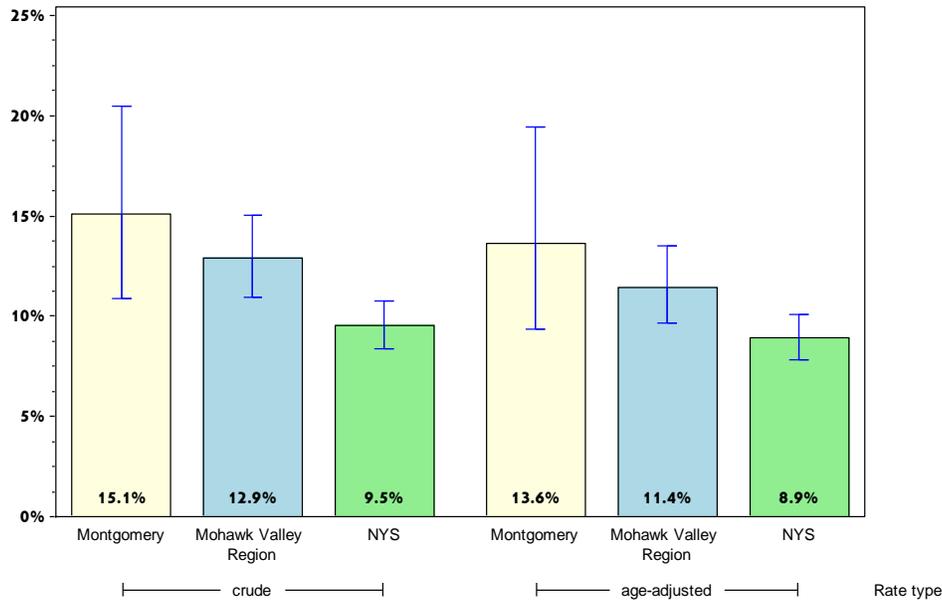
	Montgomery County			Mohawk Valley		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	5,810	15.1	(10.9-20.5)	26,908	12.9	(11.0-15.0)
Age						
18-24		#			#	
25-34		#		1,776	5.6	(2.7-11.2)
35-44		#		2,255	8.0	(4.0-15.5)
45-64	2,899	18.9^	(11.7-29.0)	11,420	15.0	(11.9-18.6)
65+	1,928	22.6	(15.7-31.4)	11,318	24.6	(20.0-29.9)
Race						
White, NH	4,395	12.9	(8.8-18.5)	21,832	11.8	(10.2-13.8)
Black, NH		#			#	
Hispanic		#		1,646	13.0^	(5.8-26.6)
Other, NH		#		2,456	27.4^	(10.7-54.3)
Sex						
male	3,492	18.8^	(11.6-28.9)	13,341	13.1	(10.2-16.8)
female	2,318	11.6	(7.9-16.7)	13,567	12.6	(10.4-15.3)
Age-adjusted[&]		13.6	(9.3-19.5)		11.4	(9.7-13.5)

* As diagnosed by a health professional.
& Percent is age-adjusted to the 2000 United States Population.
# Rates with <10 in the numerator or <50 in the denominator are suppressed.
^ Highly variable rate (confidence interval with a half-width greater than 10).

Prevent Chronic Diseases

Percentage of adults who are current smokers
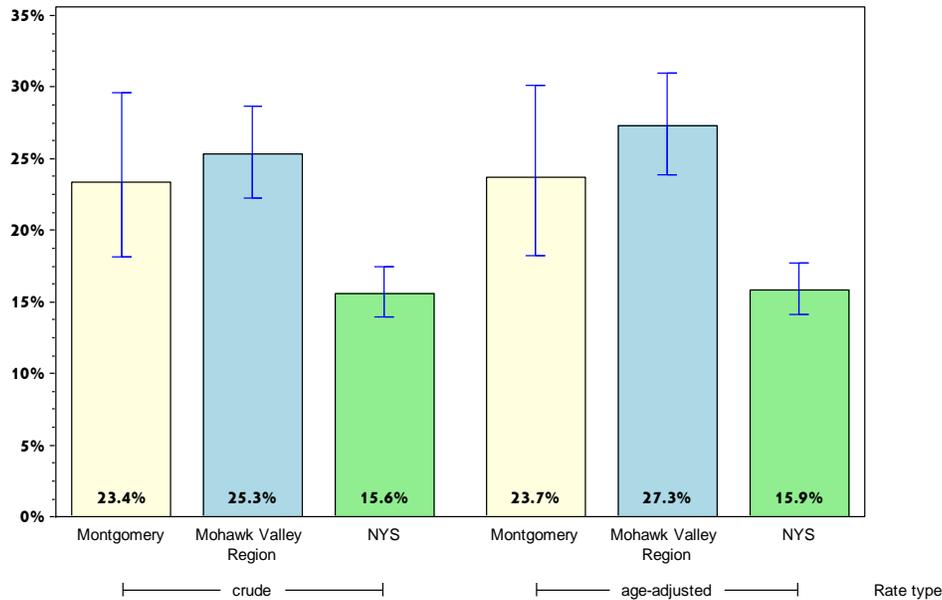
	Montgomery County			Mohawk Valley		
	Est. # of Adults	**Percent**	**95% CI**	**Est. # of Adults**	**Percent**	**95% CI**
Total	8,754	23.4	(18.1-29.6)	52,067	25.3	(22.3-28.7)
Age						
18-24		#		5,575	23.0^	(12.8-37.9)
25-34		#		12,670	39.8^	(29.8-50.7)
35-44		#		9,692	34.7	(26.0-44.6)
45-64	4,895	31.8^	(23.3-41.9)	20,418	27.1	(23.0-31.6)
65+	548	6.6	(2.9-14.4)	3,513	7.9	(5.8-10.8)
Race						
White, NH	7,595	23.0	(17.4-29.8)	45,456	25.2	(22.0-28.6)
Black, NH		#			#	
Hispanic		#		3,750	29.7^	(15.5-49.2)
Other, NH		#		2,323	25.9^	(11.1-49.5)
Sex						
male	4,782	25.9^	(17.6-36.3)	28,059	27.9	(22.9-33.5)
female	3,973	20.9	(15.0-28.5)	24,008	22.9	(19.5-26.7)
Age-adjusted&		23.7	(18.3-30.1)		27.3	(23.9-30.9)

& Percent is age-adjusted to the 2000 United States Population.
Rates with <10 in the numerator or <50 in the denominator are suppressed.
^ Highly variable rate (confidence interval with a half-width greater than 10).

Percentage of adults with annual household income less than $25,000 who are current smokers
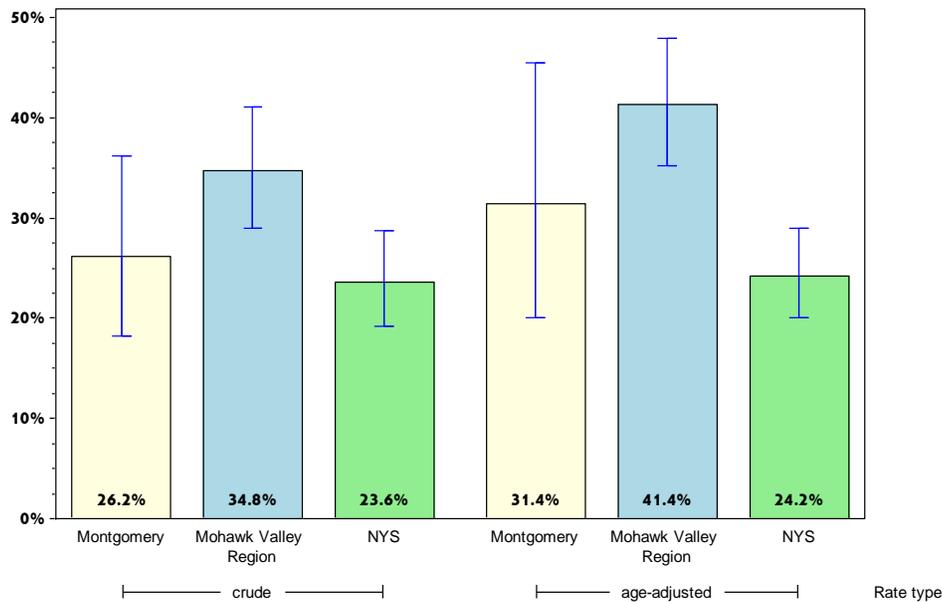
	Montgomery County			Mohawk Valley		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	2,505	26.2^	(18.2-36.2)	19,843	34.8	(29.0-41.0)
Age						
18-24		#			#	
25-34		#		3,104	44.7^	(29.0-61.5)
35-44		#		4,248	66.0^	(48.0-80.3)
45-64	1,575	33.4^	(20.4-49.5)	7,288	36.4	(29.1-44.3)
65+		#		1,892	11.7	(7.6-17.6)
Race						
White, NH	2,145	27.4^	(18.7-38.4)	16,819	34.6	(28.7-41.1)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male		#		9,513	39.1^	(29.5-49.6)
female	1,539	25.1^	(16.0-37.2)	10,330	31.5	(24.7-39.2)
Age-adjusted&		31.4^	(20.0-45.5)		41.4	(35.2-47.9)

& Percent is age-adjusted to the 2000 United States Population.
Rates with <10 in the numerator or <50 in the denominator are suppressed.
^ Highly variable rate (confidence interval with a half-width greater than 10).

Montgomery

Prevent Chronic Diseases

Percentage of adults aged 18-24 years who are current smokers
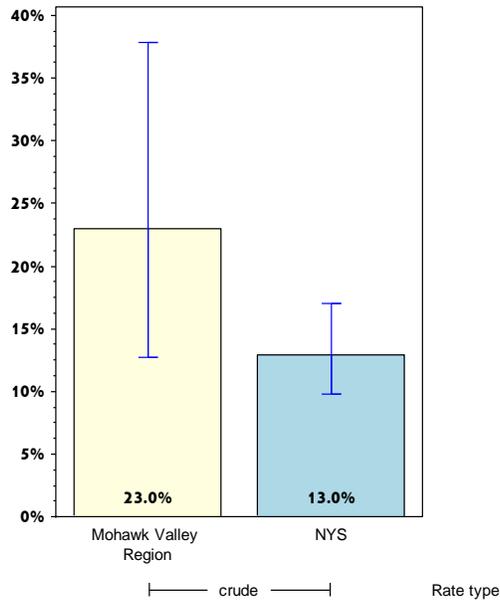
	Montgomery County			Mohawk Valley		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total		#		5,575	23.0^	(12.8-37.9)
Age+						
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH		#		5,397	24.9^	(13.6-41.1)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male		#			#	
female		#			#	
Age-adjusted+,&						

& Percent is age-adjusted to the 2000 United States Population.
+ Age-adjusted and age specific percent not generated for health indicators with age range limits.
# Rates with <10 in the numerator or <50 in the denominator are suppressed.
^ Highly variable rate (confidence interval with a half-width greater than 10).

Montgomery
Prevent Chronic Diseases

*Percentage of women aged 50-74 years receiving breast cancer screening based on recent guidelines**
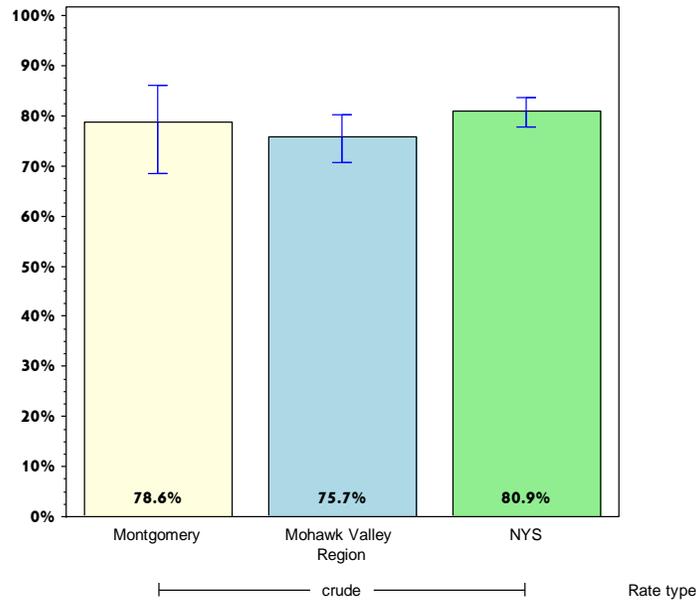
	Montgomery County			Mohawk Valley		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	5,977	78.6^	(68.5-86.2)	30,177	75.7	(70.6-80.1)
Age[+]						
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH	5,260	80.2^	(69.8-87.7)	27,509	78.0	(73.7-81.8)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male		#			#	
female	5,977	78.6^	(68.5-86.2)	30,177	75.7	(70.6-80.1)
Age-adjusted[+,&]						

* Mammogram within past 2 years.
& Percent is age-adjusted to the 2000 United States Population.
+ Age-adjusted and age specific percent not generated for health indicators with age range limits.
Rates with <10 in the numerator or <50 in the denominator are suppressed.
^ Highly variable rate (confidence interval with a half-width greater than 10).

Montgomery

Prevent Chronic Diseases

Percentage of women aged 50-74 years with annual household income of less than $25,000 receiving breast cancer screening based on recent guidelines*
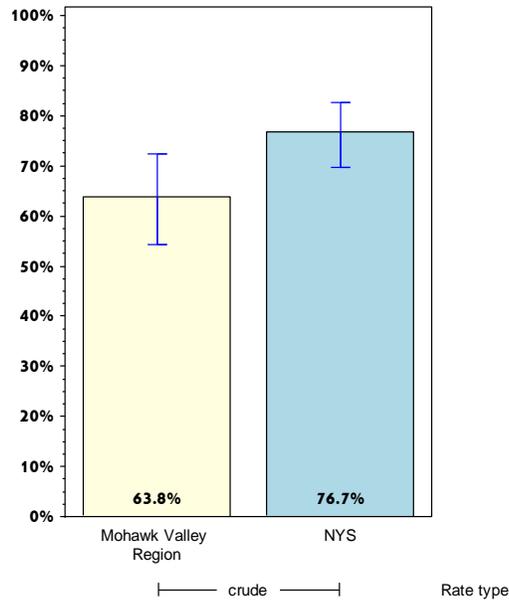
	Montgomery County			Mohawk Valley		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total		#		7,622	63.8	(54.2-72.4)
Age⁺						
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH		#		6,482	66.1	(56.5-74.5)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male		#			#	
female		#		7,622	63.8	(54.2-72.4)
Age-adjusted⁺,&						

* Mammogram within past 2 years.
& Percent is age-adjusted to the 2000 United States Population.
+ Age-adjusted and age specific percent not generated for health indicators with age range limits.
Rates with <10 in the numerator or <50 in the denominator are suppressed.

*Percentage of women aged 21-65 years receiving cervical cancer screening based on recent guidelines**
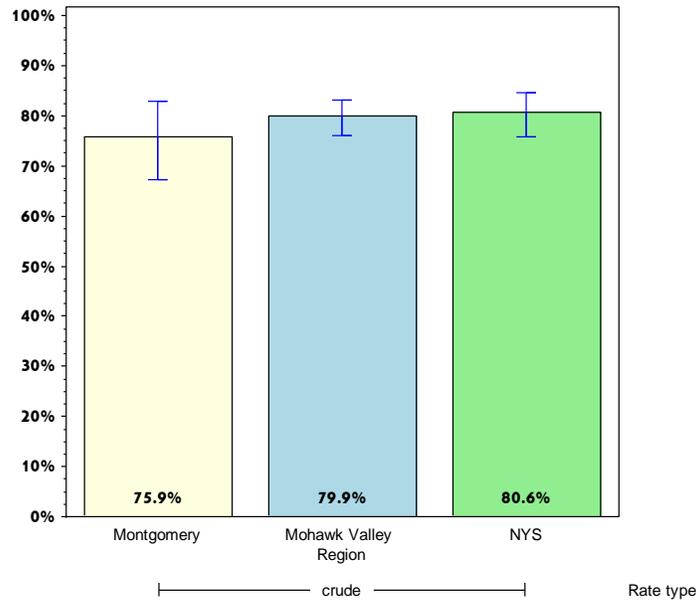
	Montgomery County			Mohawk Valley		
	Est. # of Adults	**Percent**	**95% CI**	**Est. # of Adults**	**Percent**	**95% CI**
Total	9,911	75.9	(67.2-82.9)	58,844	79.9	(76.1-83.2)
Age[+]						
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH	8,743	76.1	(66.8-83.5)	52,741	80.0	(76.1-83.4)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male		#			#	
female	9,911	75.9	(67.2-82.9)	58,844	79.9	(76.1-83.2)
Age-adjusted[+,&]						

* Pap test within past 3 years.
& Percent is age-adjusted to the 2000 United States Population.
+ Age-adjusted and age specific percent not generated for health indicators with age range limits.
Rates with <10 in the numerator or <50 in the denominator are suppressed.

Montgomery
Prevent Chronic Diseases

*Percentage of women aged 21-65 years with annual household income of less than $25,000 receiving cervical cancer screening based on recent guidelines**

	Montgomery County			Mohawk Valley		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	3,039	74.8^	(58.5-86.2)	14,979	70.6	(61.8-78.1)
Age[+]						
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH		#		12,453	71.0	(61.8-78.6)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male		#			#	
female	3,039	74.8^	(58.5-86.2)	14,979	70.6	(61.8-78.1)
Age-adjusted[+,&]						

* Pap test within past 3 years.
& Percent is age-adjusted to the 2000 United States Population.
+ Age-adjusted and age specific percent not generated for health indicators with age range limits.
# Rates with <10 in the numerator or <50 in the denominator are suppressed.
^ Highly variable rate (confidence interval with a half-width greater than 10).

*Percentage of adults aged 50-75 years receiving colorectal cancer screening based on recent guidelines**
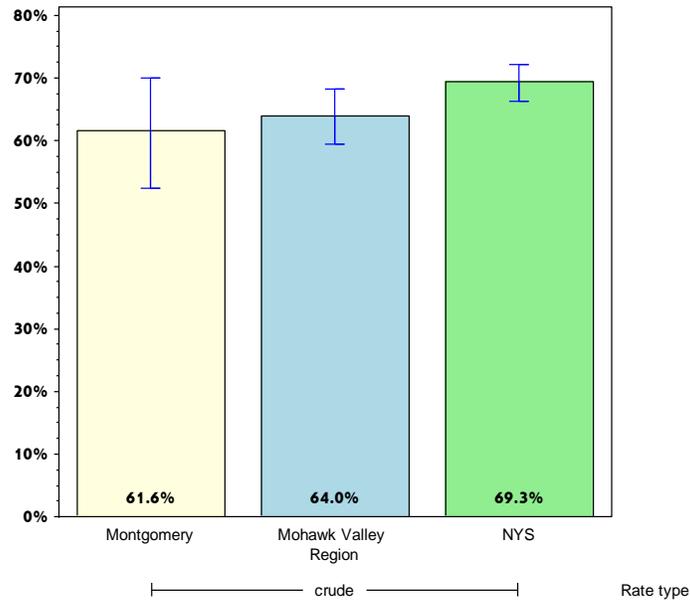
	Montgomery County			Mohawk Valley		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	9,541	61.6	(52.5-70.0)	50,394	64.0	(59.5-68.2)
Age[+]						
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH	8,916	63.4	(53.6-72.2)	45,621	66.3	(62.5-70.0)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male	5,283	65.9^	(50.9-78.3)	24,385	63.8	(56.4-70.5)
female	4,258	57.0^	(46.4-67.0)	26,009	64.2	(58.7-69.3)
Age-adjusted[+,&]						

* Blood stool test within 1 year, or sigmoidoscopy within 5 years with blood stool test within 3 years, or colonoscopy within 10 years.

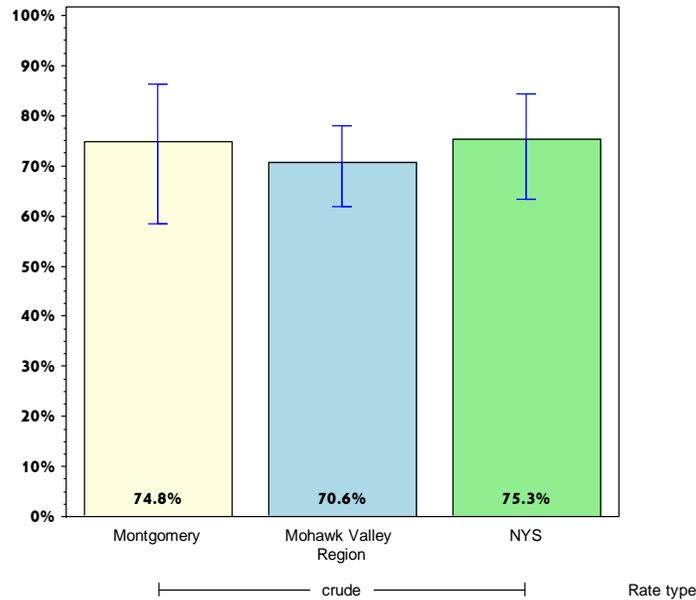& Percent is age-adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

Rates with <10 in the numerator or <50 in the denominator are suppressed.

^ Highly variable rate (confidence interval with a half-width greater than 10).

Montgomery

Prevent Chronic Diseases

*Percentage of adults aged 50-75 years with annual household income less than $25,000 receiving colorectal cancer screening based on recent guidelines**
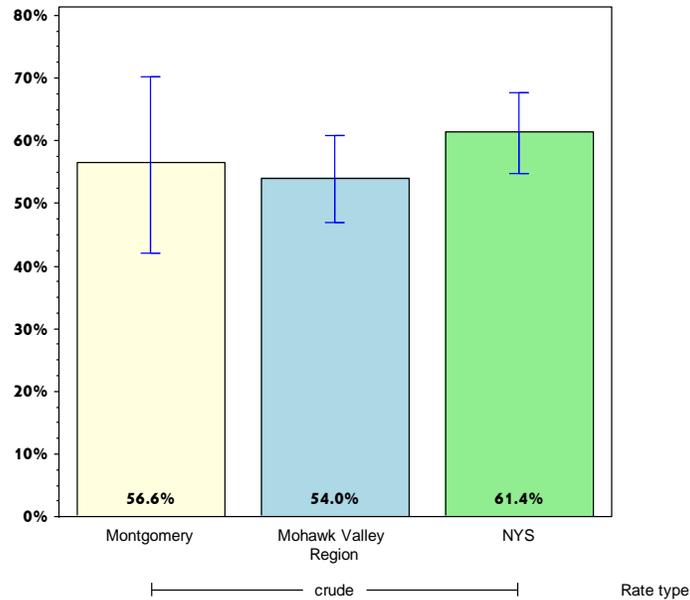
	Montgomery County			Mohawk Valley		
	Est. # of Adults	**Percent**	**95% CI**	**Est. # of Adults**	**Percent**	**95% CI**
Total	2,343	56.6^	(42.0-70.2)	11,737	54.0	(47.0-60.7)
Age+						
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH	2,019	61.6^	(45.6-75.5)	10,335	56.2	(49.1-63.0)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male		#		5,221	54.4^	(43.8-64.7)
female		#		6,516	53.6	(44.5-62.5)
Age-adjusted+,&						

* Blood stool test within 1 year, or sigmoidoscopy within 5 years with blood stool test within 3 years, or colonoscopy within 10 years.
& Percent is age-adjusted to the 2000 United States Population.
+ Age-adjusted and age specific percent not generated for health indicators with age range limits.
# Rates with <10 in the numerator or <50 in the denominator are suppressed.
^ Highly variable rate (confidence interval with a half-width greater than 10).

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Percentage of adults who had a test for high blood sugar or diabetes within the past three years
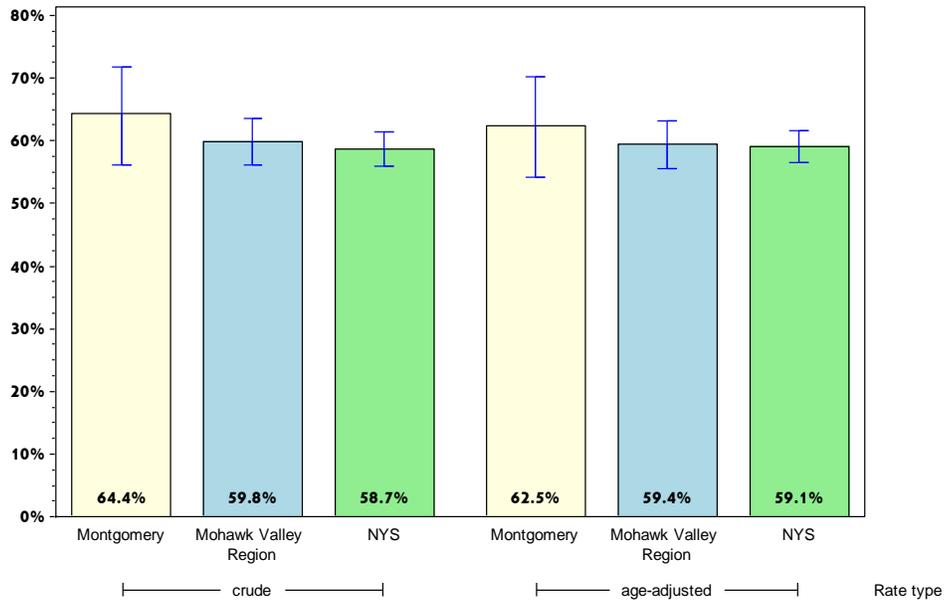
	Montgomery County			Mohawk Valley		
	Est. # of Adults	**Percent**	**95% CI**	**Est. # of Adults**	**Percent**	**95% CI**
Total	20,685	64.4	(56.1-71.8)	105,935	59.8	(56.1-63.5)
Age						
18-24		#		7,570	31.3^	(19.1-46.8)
25-34		#		16,024	55.2^	(44.5-65.4)
35-44		#		15,536	60.7^	(50.3-70.2)
45-64	8,714	70.6^	(59.3-79.9)	43,443	68.2	(63.4-72.7)
65+	4,336	66.6^	(54.7-76.7)	22,579	68.3	(63.1-73.0)
Race						
White, NH	19,119	65.6	(57.0-73.3)	94,138	59.8	(56.1-63.5)
Black, NH		#			#	
Hispanic		#		5,108	46.7^	(28.0-66.3)
Other, NH		#			#	
Sex						
male	9,502	64.2^	(51.0-75.6)	46,949	54.9	(48.8-60.9)
female	11,183	64.5^	(53.9-73.8)	58,985	64.4	(60.0-68.6)
Age-adjusted[&]		62.5	(54.1-70.1)		59.4	(55.6-63.2)

& Percent is age-adjusted to the 2000 United States Population.
Rates with <10 in the numerator or <50 in the denominator are suppressed.
^ Highly variable rate (confidence interval with a half-width greater than 10).

Prevent Chronic Diseases

Percentage of adults with physician-diagnosed prediabetes
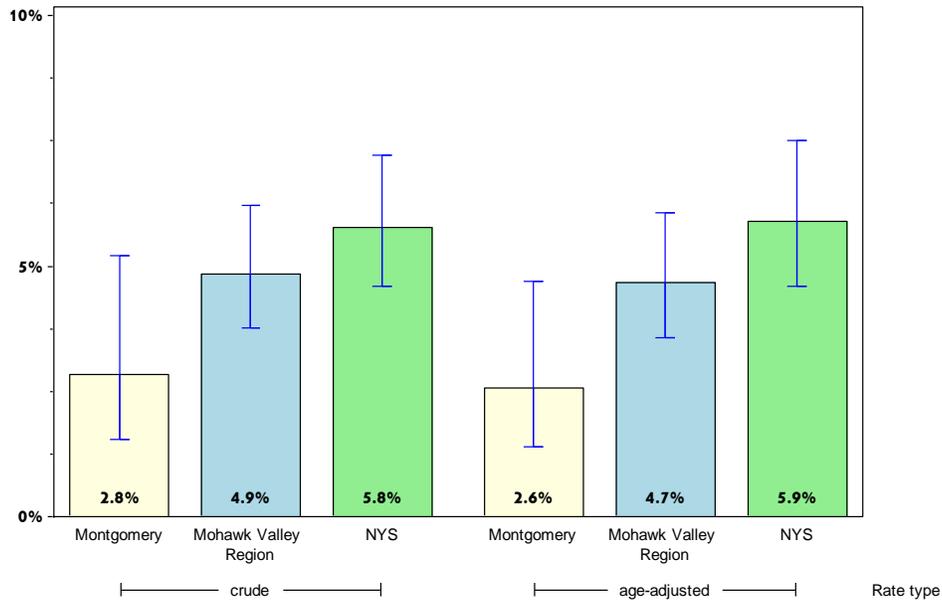
	Montgomery County			Mohawk Valley		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	921	2.8	(1.5-5.2)	8,690	4.9	(3.8-6.2)
Age						
18-24		#			#	
25-34		#			#	
35-44		#			#	
45-64		#		3,916	6.2	(4.2-9.1)
65+		#		2,933	8.7	(6.3-11.8)
Race						
White, NH	727	2.5	(1.2-4.9)	8,433	5.3	(4.1-6.8)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male		#		3,986	4.6	(3.0-6.8)
female		#		4,704	5.1	(3.8-6.9)
Age-adjusted[&]		2.6	(1.4-4.7)		4.7	(3.6-6.1)

& Percent is age-adjusted to the 2000 United States Population.
# Rates with <10 in the numerator or <50 in the denominator are suppressed.

Percentage of adults with physician-diagnosed high blood pressure
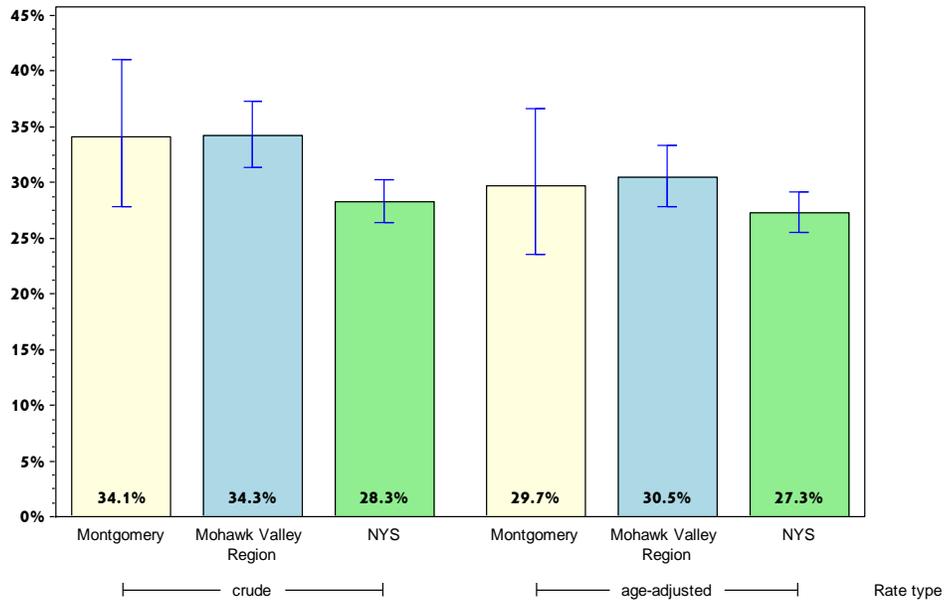
	Montgomery County			Mohawk Valley		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	13,035	34.1	(27.8-41.0)	71,371	34.3	(31.4-37.3)
Age						
18-24		#			#	
25-34		#		4,214	13.2	(8.2-20.6)
35-44		#		6,237	22.1	(15.4-30.8)
45-64	5,608	37.2	(28.3-47.0)	30,476	40.1	(35.5-44.9)
65+	5,038	59.3	(49.4-68.5)	28,845	62.9	(58.2-67.3)
Race						
White, NH	11,794	35.0	(28.1-42.5)	63,747	34.8	(31.9-37.7)
Black, NH		#			#	
Hispanic		#		3,383	26.7^	(14.8-43.5)
Other, NH		#		3,562	39.7^	(19.3-64.5)
Sex						
male	5,889	32.2^	(23.3-42.5)	35,130	34.8	(30.3-39.6)
female	7,146	35.9	(27.6-45.1)	36,241	33.8	(30.2-37.6)
Age-adjusted&		29.7	(23.6-36.6)		30.5	(27.9-33.3)

& Percent is age-adjusted to the 2000 United States Population.
Rates with <10 in the numerator or <50 in the denominator are suppressed.
^ Highly variable rate (confidence interval with a half-width greater than 10).

Percentage of adults with diagnosed high blood pressure taking high blood pressure medication
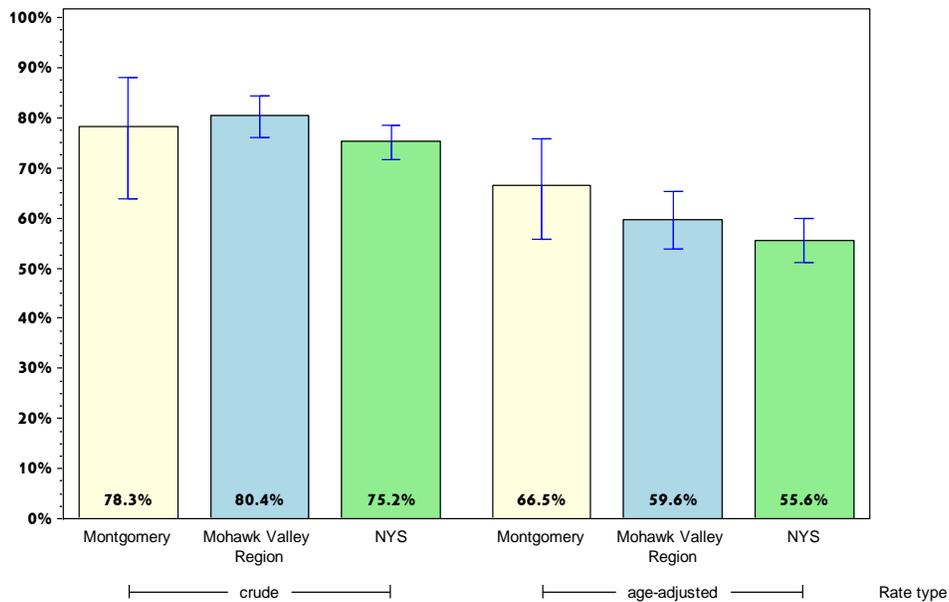
	Montgomery County			Mohawk Valley		
	Est. # of Adults	**Percent**	**95% CI**	**Est. # of Adults**	**Percent**	**95% CI**
Total	10,177	78.3^	(63.9-88.0)	57,303	80.4	(75.9-84.3)
Age						
18-24		#			#	
25-34		#			#	
35-44		#			#	
45-64	4,294	76.6^	(62.1-86.7)	24,611	80.8	(74.4-85.8)
65+	4,953	98.9	(96.6-99.7)	26,906	93.6	(90.2-95.8)
Race						
White, NH	9,113	77.5^	(61.8-88.0)	51,214	80.5	(75.8-84.5)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male	4,662	79.6^	(65.5-88.9)	26,829	76.6	(70.1-82.0)
female	5,515	77.2^	(52.8-91.1)	30,474	84.2	(77.4-89.3)
Age-adjusted&		66.5^	(55.8-75.8)		59.6	(53.7-65.3)

& Percent is age-adjusted to the 2000 United States Population.
# Rates with <10 in the numerator or <50 in the denominator are suppressed.
^ Highly variable rate (confidence interval with a half-width greater than 10).

Percentage of adults with current asthma*
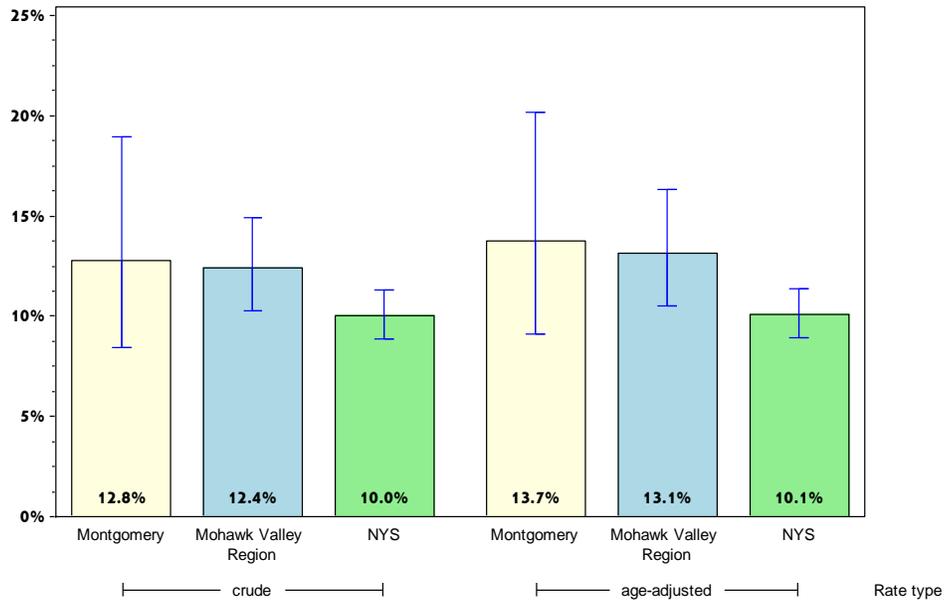
	Montgomery County			Mohawk Valley		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	4,924	12.8	(8.4-18.9)	25,680	12.4	(10.3-14.9)
Age						
18-24		#		3,091	13.0^	(6.2-25.2)
25-34		#		3,952	12.5	(7.8-19.4)
35-44		#		5,118	18.2^	(10.1-30.4)
45-64	1,584	10.3	(6.3-16.6)	9,161	12.1	(9.5-15.3)
65+	920	10.8	(5.6-19.7)	4,273	9.3	(6.9-12.4)
Race						
White, NH	4,128	12.1	(7.5-19.0)	20,573	11.2	(9.4-13.4)
Black, NH		#			#	
Hispanic		#		3,786	31.9^	(15.4-54.6)
Other, NH		#			#	
Sex						
male	1,525	8.2	(4.4-14.9)	8,771	8.7	(5.8-12.8)
female	3,399	17.0^	(10.2-27.2)	16,909	15.9	(13.0-19.3)
Age-adjusted&		13.7	(9.1-20.2)		13.1	(10.5-16.3)

* Physician diagnosed asthma.
& Percent is age-adjusted to the 2000 United States Population.
Rates with <10 in the numerator or <50 in the denominator are suppressed.
^ Highly variable rate (confidence interval with a half-width greater than 10).

Montgomery

Prevent Chronic Diseases

*Percent of adults with cholesterol checked**
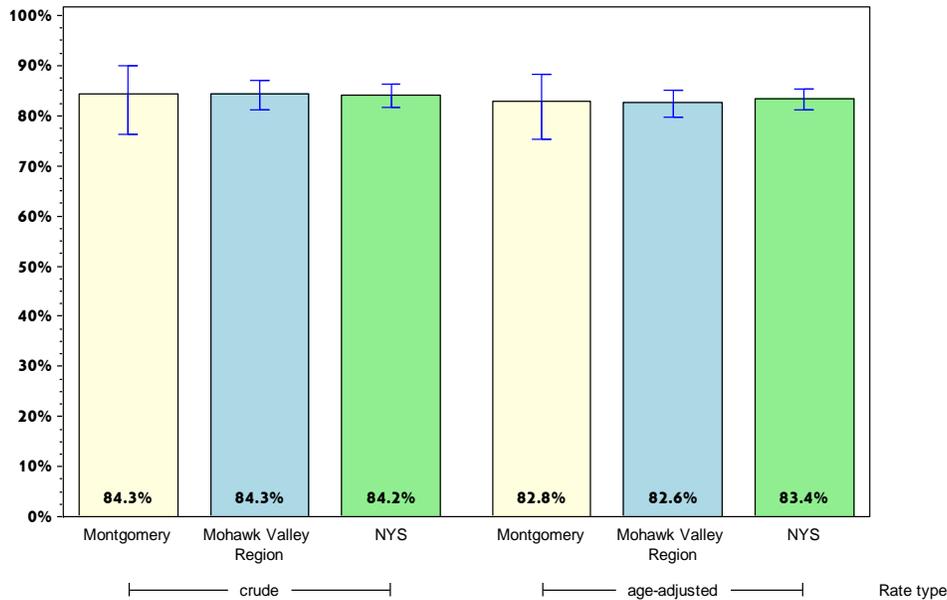
	Montgomery County			Mohawk Valley		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	32,162	84.3	(76.2-90.0)	172,485	84.3	(81.1-87.0)
Age						
18-24		#		8,988	37.6^	(24.8-52.4)
25-34		#		22,994	76.0	(68.2-82.3)
35-44		#		24,643	88.7	(82.9-92.7)
45-64	13,522	88.0	(78.7-93.5)	70,539	92.8	(89.6-95.1)
65+	8,241	98.0^	(87.2-99.7)	44,081	97.7	(95.9-98.8)
Race						
White, NH	28,981	85.8	(76.7-91.7)	152,925	84.9	(81.5-87.7)
Black, NH		#			#	
Hispanic		#		9,191	74.7^	(56.4-87.1)
Other, NH		#		7,972	88.9^	(75.7-95.3)
Sex						
male	14,864	80.6^	(64.8-90.4)	79,506	80.4	(74.9-85.0)
female	17,298	87.8	(81.7-92.0)	92,979	87.9	(84.6-90.6)
Age-adjusted&		82.8	(75.3-88.3)		82.6	(79.8-85.0)

* As diagnosed by a health professional.
& Percent is age-adjusted to the 2000 United States Population.
\# Rates with <10 in the numerator or <50 in the denominator are suppressed.
^ Highly variable rate (confidence interval with a half-width greater than 10).

Prevent Chronic Diseases

*Percentage of adults 18 years and older with elevated cholesterol**
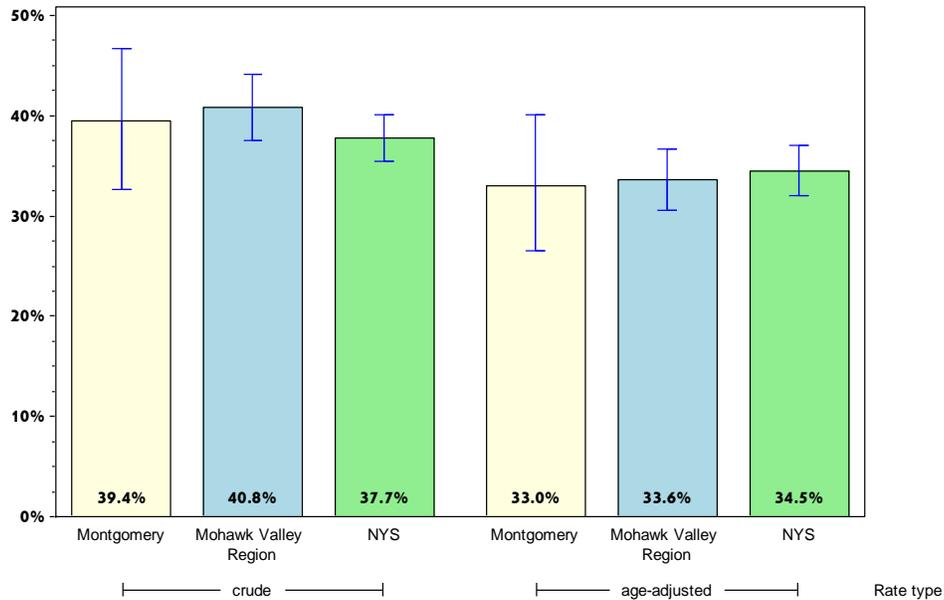
	Montgomery County			Mohawk Valley		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	12,654	39.4	(32.6-46.7)	69,936	40.8	(37.5-44.1)
Age						
18-24		#			#	
25-34		#		4,385	19.1^	(11.6-29.9)
35-44		#		6,830	27.7	(19.8-37.3)
45-64	5,573	41.4^	(31.3-52.1)	32,804	47.0	(42.0-52.0)
65+	5,243	63.8	(53.9-72.6)	25,396	57.9	(53.1-62.6)
Race						
White, NH	11,241	38.9	(31.8-46.5)	61,740	40.6	(37.5-43.8)
Black, NH		#			#	
Hispanic		#		4,290	46.7^	(26.7-67.7)
Other, NH		#			#	
Sex						
male	6,505	43.8^	(33.2-55.0)	34,064	43.1	(37.8-48.6)
female	6,150	35.7	(27.5-44.8)	35,873	38.8	(34.8-42.8)
Age-adjusted&		33.0	(26.5-40.1)		33.6	(30.6-36.7)

* As diagnosed by a health professional.
& Percent is age-adjusted to the 2000 United States Population.
Rates with <10 in the numerator or <50 in the denominator are suppressed.
^ Highly variable rate (confidence interval with a half-width greater than 10).

Montgomery

Prevent Chronic Diseases

Percentage of adults who have taken a course or class to learn how to manage their chronic disease or condition*
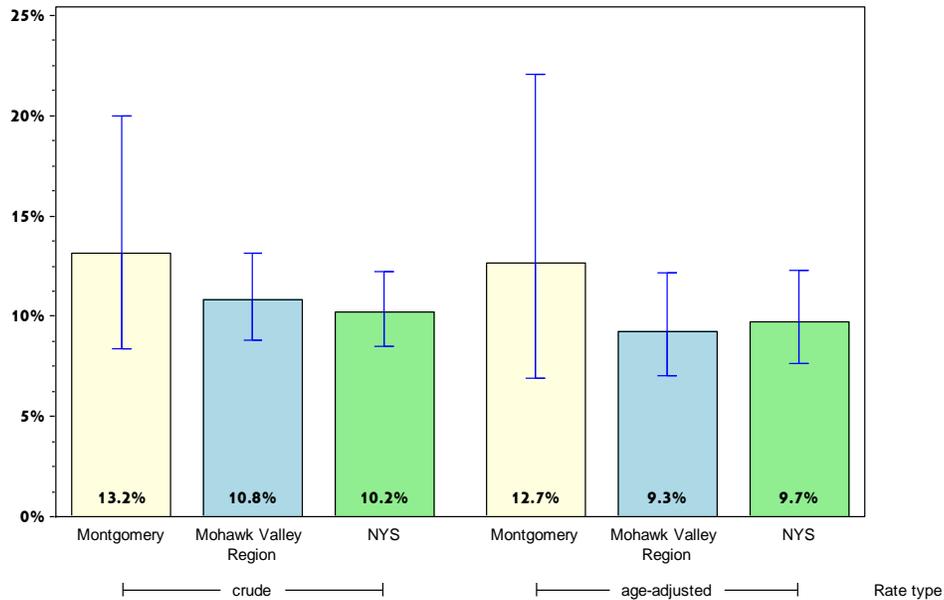
	Montgomery County			Mohawk Valley		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	2,792	13.2	(8.4-20.0)	12,472	10.8	(8.8-13.2)
Age						
18-24		#			#	
25-34		#			#	
35-44		#			#	
45-64	1,170	11.5^	(5.0-24.3)	5,325	11.1	(8.2-15.0)
65+	1,229	17.8^	(10.7-28.1)	4,606	12.6	(9.6-16.3)
Race						
White, NH	2,370	12.8	(7.7-20.6)	10,903	10.8	(8.8-13.2)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male	1,595	16.4^	(8.2-30.1)	5,467	10.2	(7.5-13.8)
female	1,198	10.4	(6.4-16.6)	7,005	11.3	(8.6-14.6)
Age-adjusted^&		12.7	(6.9-22.1)		9.3	(7.0-12.1)

* Courses for high blood pressure, arthritis, or diabetes.
& Percent is age-adjusted to the 2000 United States Population.
Rates with <10 in the numerator or <50 in the denominator are suppressed.
^ Highly variable rate (confidence interval with a half-width greater than 10).

*Percentage of adults with arthritis**
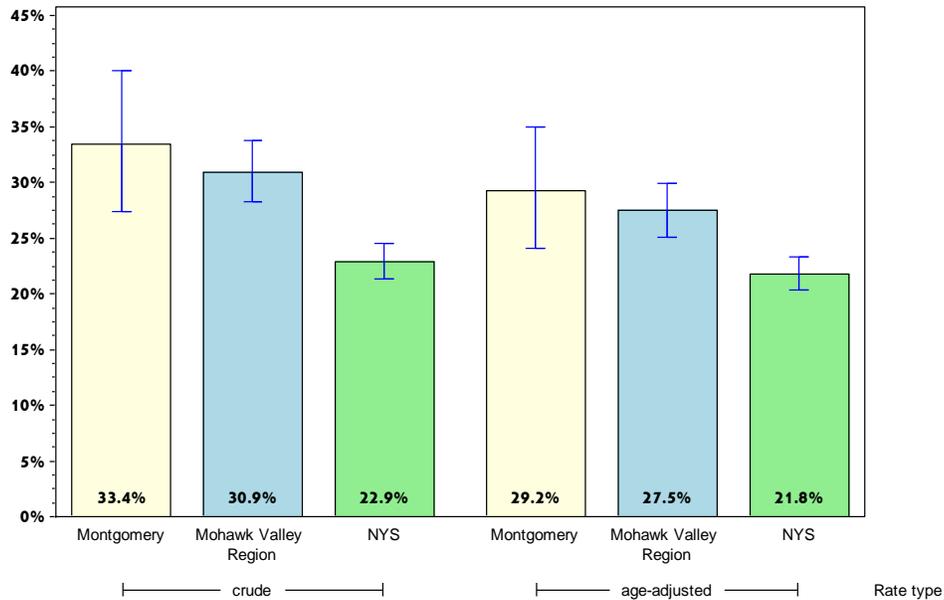
	Montgomery County			Mohawk Valley		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	12,863	33.4	(27.4-40.0)	64,351	30.9	(28.3-33.7)
Age						
18-24		#			#	
25-34		#		4,328	13.6	(8.7-20.6)
35-44		#		5,510	19.6	(13.7-27.0)
45-64	6,501	42.4^	(32.8-52.7)	28,873	37.9	(33.5-42.6)
65+	4,772	56.0	(46.2-65.4)	24,702	53.9	(49.0-58.8)
Race						
White, NH	10,993	32.3	(26.1-39.3)	58,709	31.9	(29.2-34.8)
Black, NH		#			#	
Hispanic		#		3,287	27.3^	(15.1-44.2)
Other, NH		#		1,541	17.4^	(8.3-33.0)
Sex						
male	5,666	30.5^	(21.6-41.3)	27,291	27.1	(23.2-31.3)
female	7,197	36.1	(28.7-44.3)	37,061	34.6	(31.1-38.2)
Age-adjusted&		29.2	(24.1-35.0)		27.5	(25.1-29.9)

* Includes rheumatoid arthritis, gout, lupus, or fibromyalgia.
& Percent is age-adjusted to the 2000 United States Population.
Rates with <10 in the numerator or <50 in the denominator are suppressed.
^ Highly variable rate (confidence interval with a half-width greater than 10).

Montgomery

Promote a Healthy and Safe Environment

Percentage of adults who consider their neighborhood suitable for walking and physical activity
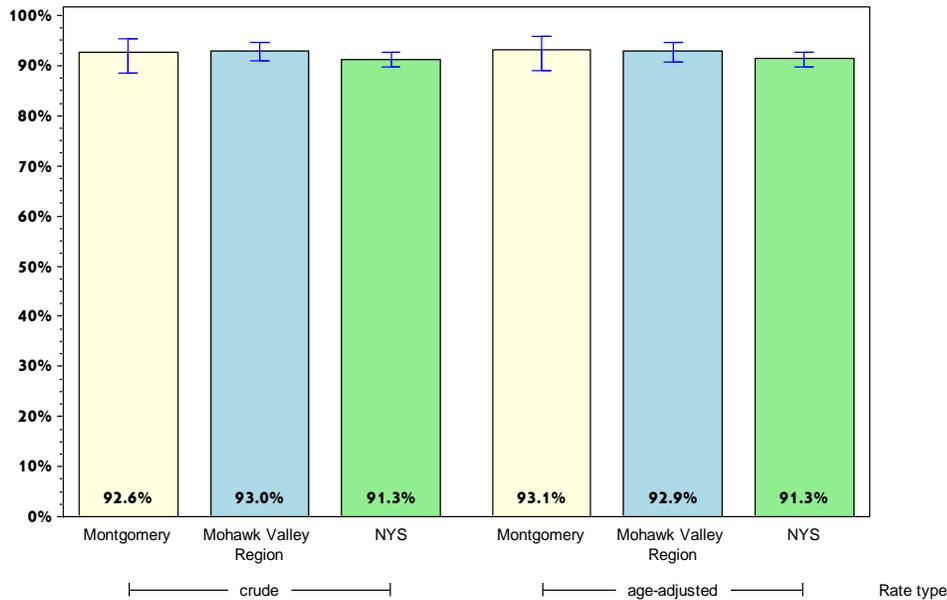
	Montgomery County			Mohawk Valley		
	Est. # of Adults	**Percent**	**95% CI**	**Est. # of Adults**	**Percent**	**95% CI**
Total	34,126	92.6	(88.4-95.3)	183,338	93.0	(90.9-94.6)
Age						
18-24		#		19,425	87.4^	(70.4-95.3)
25-34		#		28,290	91.3	(86.1-94.7)
35-44		#		24,515	95.2	(90.6-97.6)
45-64	13,898	90.8	(82.0-95.5)	68,724	93.4	(90.8-95.3)
65+	7,765	92.9	(86.3-96.4)	41,118	94.8	(92.7-96.4)
Race						
White, NH	30,610	94.2	(91.0-96.3)	162,230	93.0	(90.8-94.7)
Black, NH		#			#	
Hispanic		#		10,248	89.2^	(74.3-95.9)
Other, NH		#		7,643	94.2	(84.8-98.0)
Sex						
male	16,616	91.9	(83.9-96.1)	89,870	93.2	(89.2-95.8)
female	17,509	93.2	(88.9-95.9)	93,467	92.7	(90.7-94.3)
Age-adjusted&		93.1	(89.1-95.7)		92.9	(90.6-94.6)

& Percent is age-adjusted to the 2000 United States Population.
Rates with <10 in the numerator or <50 in the denominator are suppressed.
^ Highly variable rate (confidence interval with a half-width greater than 10).

Montgomery

Promote a Health and Safe Environment

Percentage of adults aged 65+ years with at least one fall in the past 12 months
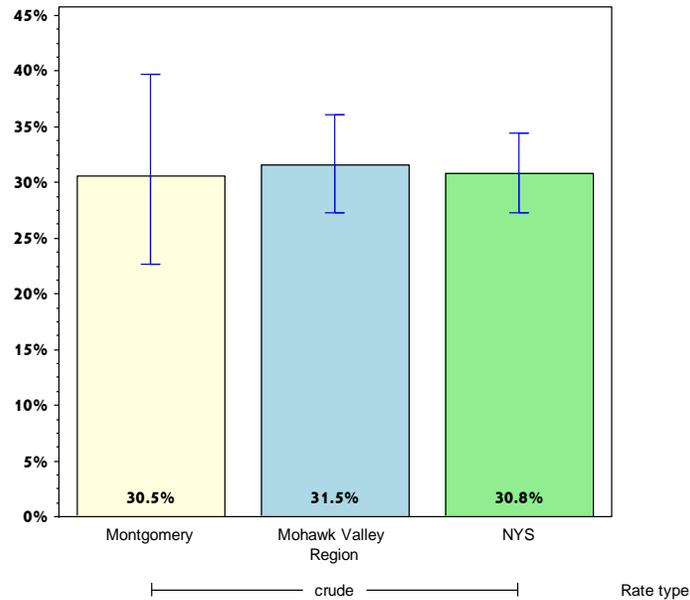
	Montgomery County			Mohawk Valley		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	2,571	30.5	(22.7-39.7)	13,908	31.5	(27.3-36.1)
Age[+]						
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH	2,373	31.8	(23.3-41.7)	13,643	33.7	(29.4-38.3)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male	1,046	26.3^	(15.3-41.3)	6,493	31.5	(24.6-39.3)
female	1,525	34.4^	(24.5-45.9)	7,415	31.6	(26.7-36.9)
Age-adjusted[+,&]						

& Percent is age-adjusted to the 2000 United States Population.
+ Age-adjusted and age specific percent not generated for health indicators with age range limits.
Rates with <10 in the numerator or <50 in the denominator are suppressed.
^ Highly variable rate (confidence interval with a half-width greater than 10).

Montgomery

Promote a Health and Safe Environment

Among adults aged 65+ years with at least one fall in the past 12 months, percent that resulted in injury*
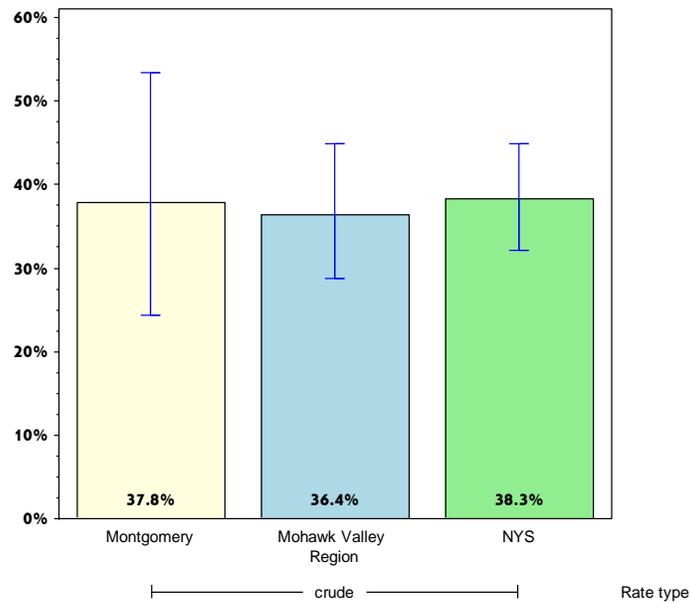
	Montgomery County			Mohawk Valley		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	973	37.8^	(24.4-53.4)	5,044	36.4	(28.7-44.9)
Age+						
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH	864	36.4^	(22.6-52.9)	4,935	36.3	(28.5-44.9)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male		#		2,413	37.4^	(24.9-51.8)
female		#		2,632	35.6	(26.9-45.3)
Age-adjusted+,&						

* Falls that limited regular activities or lead to doctor visits.

& Percent is age-adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

Rates with <10 in the numerator or <50 in the denominator are suppressed.

^ Highly variable rate (confidence interval with a half-width greater than 10).

Montgomery

Prevent HIV/STDs, Vaccine Preventable Diseases and Healthcare-Associated Infections

Percentage of adults aged 47-68 years reporting ever tested for Hepatitis C (HCV)
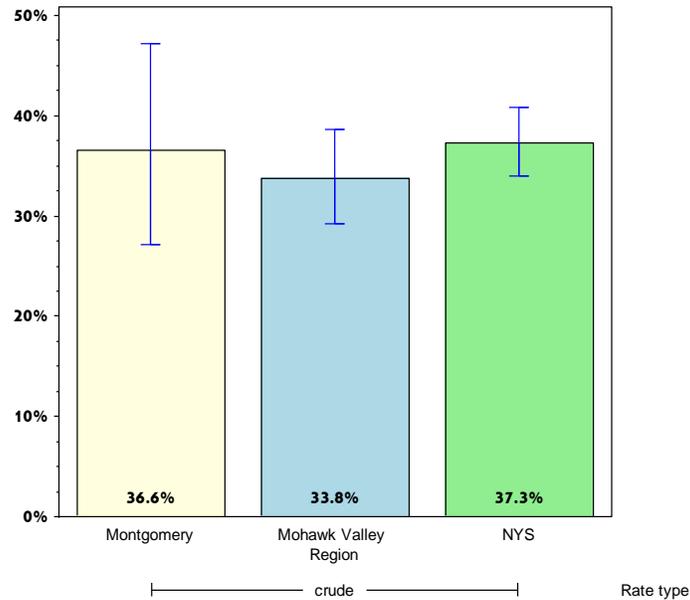
	Montgomery County			Mohawk Valley		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	5,104	36.6^	(27.1-47.2)	24,095	33.8	(29.3-38.6)
Age[+]						
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH	4,420	35.2^	(25.3-46.6)	21,229	34.4	(30.1-38.9)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male	3,141	45.3^	(29.7-61.7)	12,842	36.2	(28.9-44.2)
female	1,962	28.0^	(18.9-39.3)	11,253	31.4	(26.2-37.1)
Age-adjusted[+,&]						

& Percent is age-adjusted to the 2000 United States Population.
+ Age-adjusted and age specific percent not generated for health indicators with age range limits.
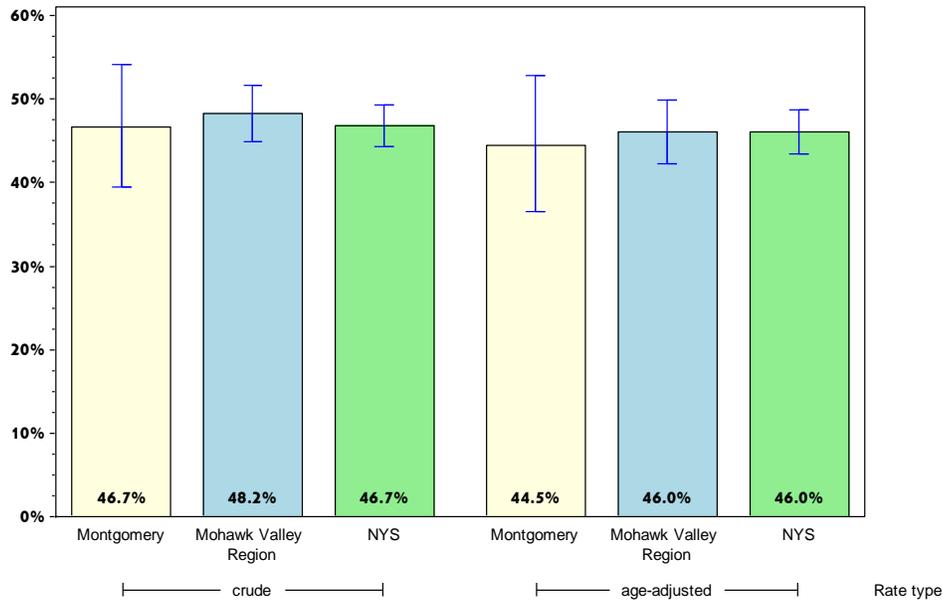# Rates with <10 in the numerator or <50 in the denominator are suppressed.
^ Highly variable rate (confidence interval with a half-width greater than 10).

Montgomery

Prevent HIV/STDs, Vaccine Preventable Diseases and Healthcare-Associated Infections

*Percentage of adults aged 18+ years with flu immunization in the past year**

	Montgomery County			Mohawk Valley		
	Est. # of Adults	**Percent**	**95% CI**	**Est. # of Adults**	**Percent**	**95% CI**
Total	17,288	46.7	(39.4-54.1)	95,697	48.2	(44.8-51.6)
Age						
18-24		#		8,112	37.2^	(23.5-53.3)
25-34		#		12,248	39.5^	(30.2-49.6)
35-44		#		10,337	39.7	(30.7-49.5)
45-64	6,016	39.2^	(29.9-49.4)	33,478	45.3	(40.5-50.2)
65+	5,837	69.3	(60.1-77.1)	30,607	69.0	(63.8-73.8)
Race						
White, NH	15,626	47.9	(40.0-55.9)	86,474	49.2	(45.8-52.6)
Black, NH		#			#	
Hispanic		#		5,931	52.2^	(33.2-70.6)
Other, NH		#		1,646	20.2^	(9.4-38.3)
Sex						
male	9,218	50.8^	(39.2-62.3)	40,862	42.2	(37.0-47.6)
female	8,070	42.7	(34.7-51.2)	54,834	53.9	(49.8-58.0)
Age-adjusted&		44.5	(36.5-52.8)		46.0	(42.3-49.8)

* Includes flu shot or flu spray
& Percent is age-adjusted to the 2000 United States Population.
# Rates with <10 in the numerator or <50 in the denominator are suppressed.
^ Highly variable rate (confidence interval with a half-width greater than 10).

Montgomery

Prevent HIV/STDs, Vaccine Preventable Diseases and Healthcare-Associated Infections

*Percentage of adults aged 65+ years with flu immunization in the past year**

	Montgomery County			Mohawk Valley		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	5,837	69.3	(60.1-77.1)	30,607	69.0	(63.8-73.8)
Age[+]						
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH	5,210	69.7	(59.8-78.0)	28,875	71.0	(66.7-74.9)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male	2,674	67.2^	(51.4-79.8)	13,326	64.3	(55.0-72.7)
female	3,163	71.1^	(60.3-80.0)	17,281	73.2	(68.0-77.8)
Age-adjusted[+,&]						

* Includes flu shot or flu spray
& Percent is age-adjusted to the 2000 United States Population.
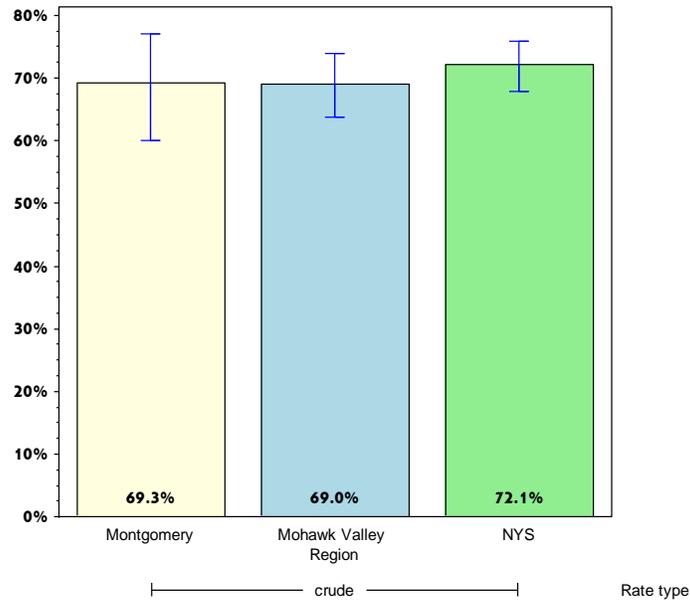+ Age-adjusted and age specific percent not generated for health indicators with age range limits.
Rates with <10 in the numerator or <50 in the denominator are suppressed.
^ Highly variable rate (confidence interval with a half-width greater than 10).

Montgomery

Prevent HIV/STDs, Vaccine Preventable Diseases and Healthcare-Associated Infections

Percentage of adults aged 65+ years with pneumococcal immunization
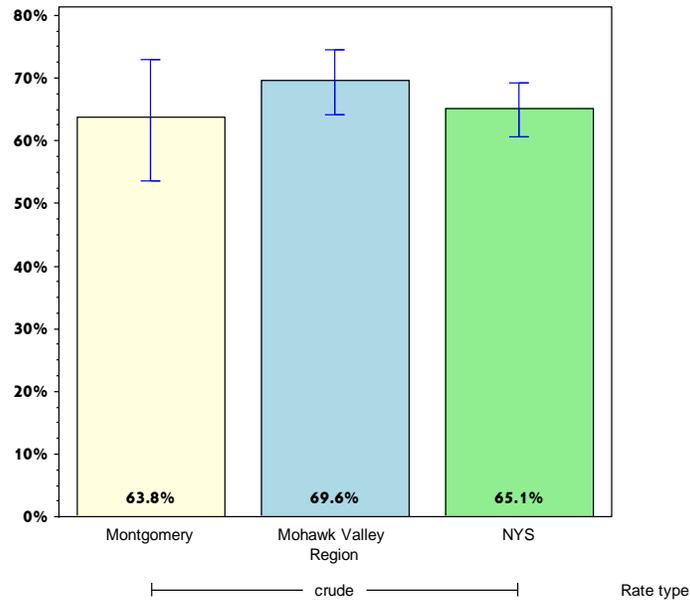
	Montgomery County			Mohawk Valley		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	5,253	63.8^	(53.5-72.9)	30,090	69.6	(64.2-74.5)
Age[+]						
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH	4,764	65.3^	(54.4-74.8)	28,484	71.6	(67.2-75.6)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male	1,834	47.0^	(31.4-63.3)	12,646	62.5	(53.1-71.1)
female	3,420	78.8	(69.2-86.0)	17,444	75.7	(70.5-80.2)
Age-adjusted[+,&]						

& Percent is age-adjusted to the 2000 United States Population.
+ Age-adjusted and age specific percent not generated for health indicators with age range limits.
Rates with <10 in the numerator or <50 in the denominator are suppressed.
^ Highly variable rate (confidence interval with a half-width greater than 10).

Montgomery

Promote Healthy Women, Infants, and Children

Percentage of women aged 18-44 years who had dental visit within the last year
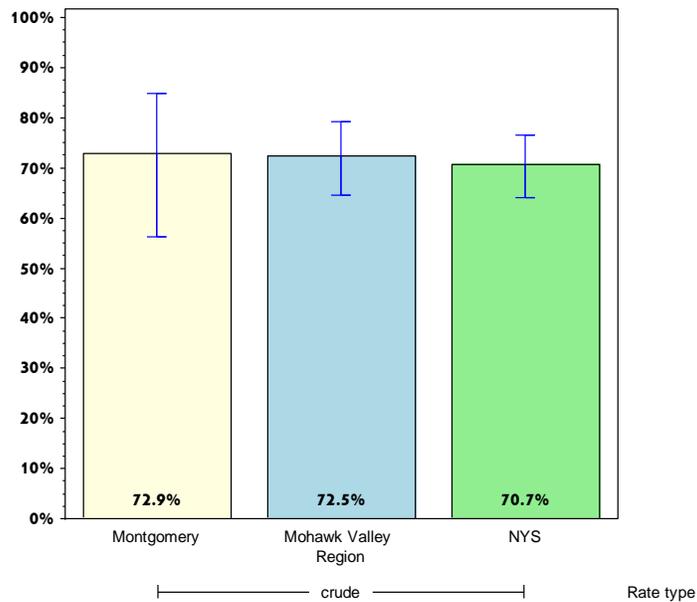
	Montgomery County			Mohawk Valley		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	5,459	72.9^	(56.2-84.9)	28,581	72.5	(64.5-79.2)
Age+						
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH		#		25,670	73.8	(65.6-80.6)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male		#			#	
female	5,459	72.9^	(56.2-84.9)	28,581	72.5	(64.5-79.2)
Age-adjusted+,&						

& Percent is age-adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

Rates with <10 in the numerator or <50 in the denominator are suppressed.

^ Highly variable rate (confidence interval with a half-width greater than 10).

Montgomery

Promote Healthy Women, Infants, and Children

Women aged 18-44 years who saw a doctor for a routine checkup within the last year
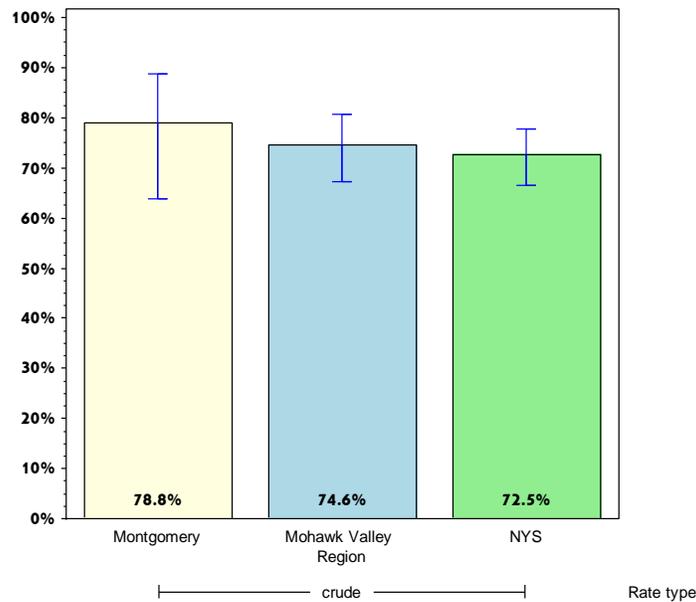
	Montgomery County			Mohawk Valley		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	6,751	78.8^	(63.9-88.7)	32,547	74.6	(67.3-80.7)
Age+						
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH	5,858	78.1^	(61.4-88.9)	28,057	72.6	(64.7-79.3)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male		#			#	
female	6,751	78.8^	(63.9-88.7)	32,547	74.6	(67.3-80.7)
Age-adjusted+,&						

& Percent is age-adjusted to the 2000 United States Population.
+ Age-adjusted and age specific percent not generated for health indicators with age range limits.
# Rates with <10 in the numerator or <50 in the denominator are suppressed.
^ Highly variable rate (confidence interval with a half-width greater than 10).

Montgomery

Promote Healthy Women, Infants, and Children

Percentage of women aged 18-64 years with health care coverage

	Montgomery County			Mohawk Valley		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	12,315	80.4^	(67.0-89.3)	72,708	88.7	(85.3-91.4)
Age[+]						
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH	11,051	81.6^	(66.5-90.8)	65,234	89.6	(86.0-92.4)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male		#			#	
female	12,315	80.4^	(67.0-89.3)	72,708	88.7	(85.3-91.4)
Age-adjusted[+,&]						

& Percent is age-adjusted to the 2000 United States Population.
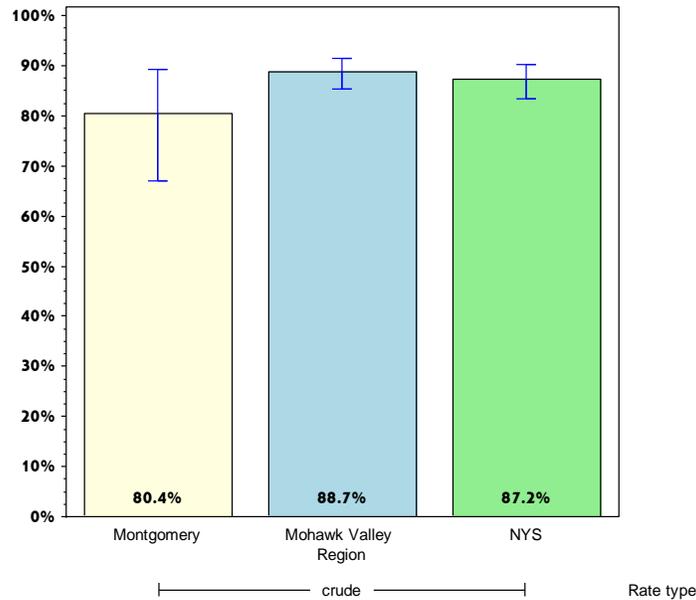+ Age-adjusted and age specific percent not generated for health indicators with age range limits.
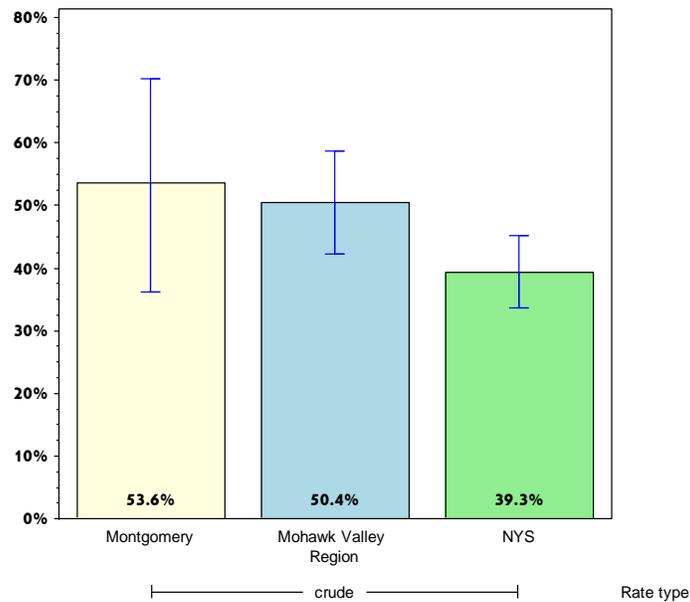# Rates with <10 in the numerator or <50 in the denominator are suppressed.
^ Highly variable rate (confidence interval with a half-width greater than 10).

Montgomery

Promote Healthy Women, Infants, and Children

Percentage of women aged 18-44 years whose health care provider discussed planning a healthy pregnancy

	Montgomery County			Mohawk Valley		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	4,013	53.6^	(36.1-70.2)	19,970	50.4	(42.2-58.6)
Age⁺						
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH		#		17,541	50.2	(41.6-58.8)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male		#			#	
female	4,013	53.6^	(36.1-70.2)	19,970	50.4	(42.2-58.6)
Age-adjusted⁺,&						

& Percent is age-adjusted to the 2000 United States Population.
+ Age-adjusted and age specific percent not generated for health indicators with age range limits.
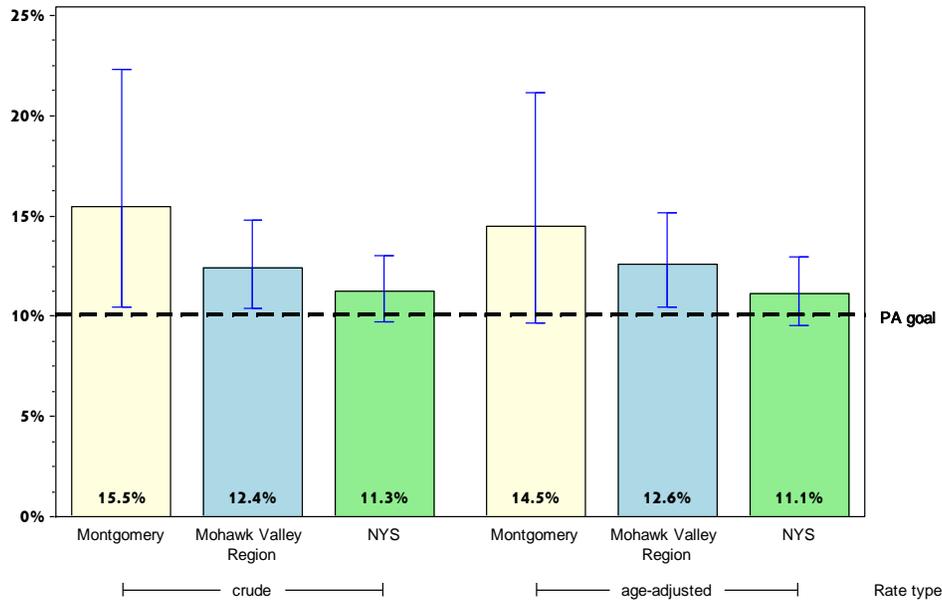# Rates with <10 in the numerator or <50 in the denominator are suppressed.
^ Highly variable rate (confidence interval with a half-width greater than 10).

Montgomery

Promote Mental Health and Prevention Substance Abuse

Percentage of adults with poor mental health for 14 or more days in the last month

	Montgomery County			Mohawk Valley		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	5,651	15.5	(10.4-22.3)	25,228	12.4	(10.4-14.8)
Age						
18-24		#		3,129	13.4^	(6.6-25.3)
25-34		#		4,401	13.9	(8.9-21.2)
35-44		#		3,323	12.0	(7.5-18.7)
45-64	2,745	18.7^	(11.3-29.2)	11,249	15.1	(11.6-19.4)
65+	781	9.5	(5.7-15.6)	3,115	7.1	(5.3-9.3)
Race						
White, NH	4,768	14.7	(9.4-22.3)	19,994	11.1	(9.2-13.4)
Black, NH		#			#	
Hispanic		#		2,924	25.2^	(12.2-44.8)
Other, NH		#		1,611	18.0^	(7.6-36.9)
Sex						
male	2,427	13.7	(7.6-23.6)	10,364	10.5	(7.9-13.8)
female	3,224	17.1^	(10.1-27.5)	14,864	14.2	(11.3-17.8)
Age-adjusted&		14.5	(9.6-21.2)		12.6	(10.4-15.2)

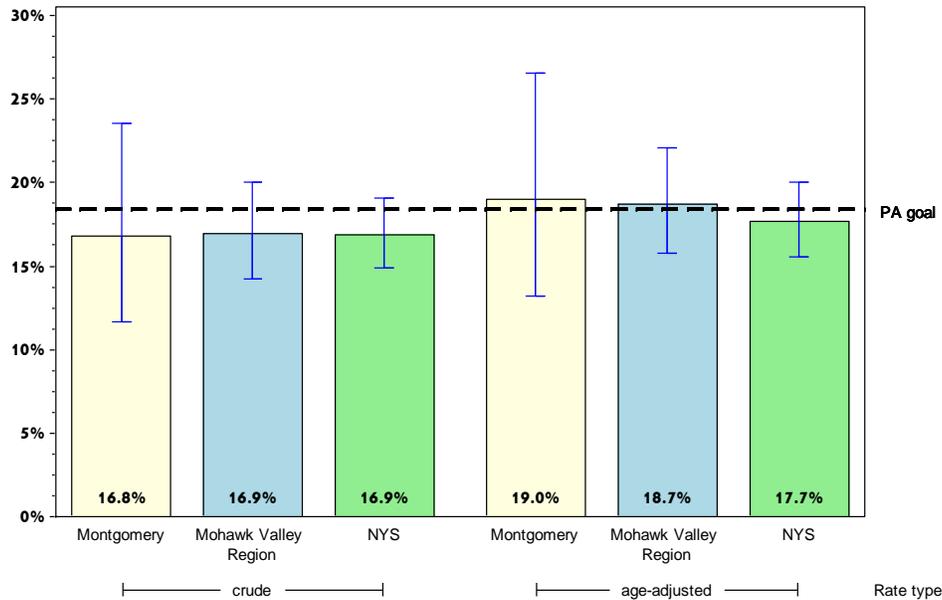& Percent is age-adjusted to the 2000 United States Population.
Rates with <10 in the numerator or <50 in the denominator are suppressed.
^ Highly variable rate (confidence interval with a half-width greater than 10).

Promote Mental Health and Prevention Substance Abuse

*Percentage of adult binge drinking during the past month**

	Montgomery County			Mohawk Valley		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	6,168	16.8	(11.7-23.6)	33,798	16.9	(14.2-20.0)
Age						
18-24		#		7,077	29.2^	(18.0-43.7)
25-34		#		9,514	30.1^	(20.7-41.4)
35-44		#		5,720	21.9	(15.6-29.9)
45-64	2,516	16.9	(10.1-26.9)	9,475	13.1	(10.3-16.4)
65+		#		2,002	4.6	(2.8-7.2)
Race						
White, NH	5,372	16.6	(11.1-24.1)	32,077	18.2	(15.2-21.5)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male	4,023	22.4^	(14.1-33.8)	21,816	22.5	(17.9-27.8)
female	2,145	11.4	(6.3-19.9)	11,982	11.7	(9.0-15.0)
Age-adjusted&		19.0	(13.2-26.6)		18.7	(15.8-22.1)

* Men who have five or more drinks , women having four or more drinks on one occasion
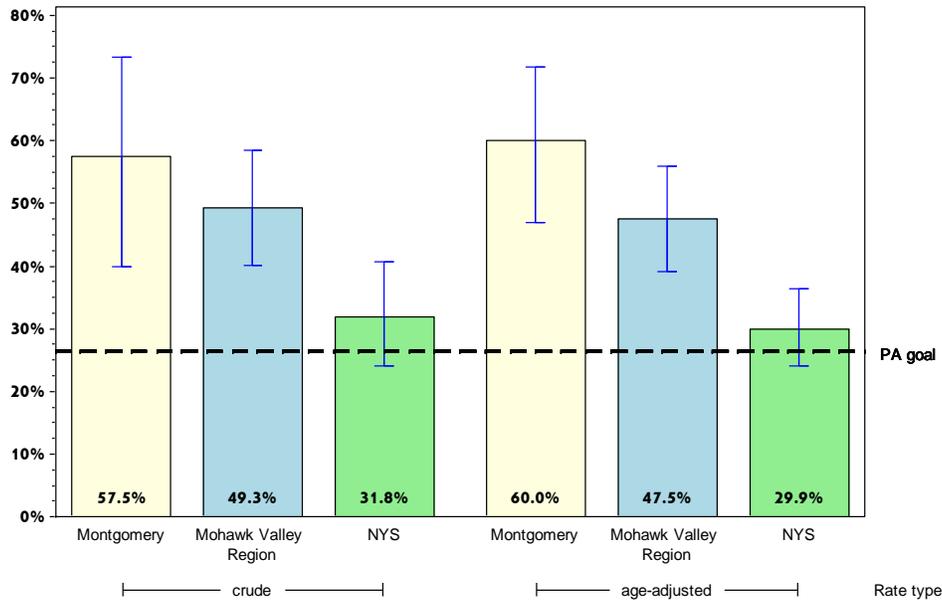& Percent is age-adjusted to the 2000 United States Population.
Rates with <10 in the numerator or <50 in the denominator are suppressed.
^ Highly variable rate (confidence interval with a half-width greater than 10).

Promote Mental Health and Prevention Substance Abuse
Percentage of cigarette smoking among adults who report poor mental health

	Montgomery County			Mohawk Valley		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	2,760	57.5^	(39.8-73.4)	11,899	49.3	(40.1-58.4)
Age						
18-24		#			#	
25-34		#			#	
35-44		#			#	
45-64		#		5,940	53.3^	(38.9-67.2)
65+		#			#	
Race						
White, NH		#		9,319	49.2	(40.0-58.6)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male		#		4,770	46.4^	(32.6-60.7)
female		#		7,129	51.4^	(39.5-63.1)
Age-adjusted&		60.0^	(47.0-71.7)		47.5	(39.2-56.0)

& Percent is age-adjusted to the 2000 United States Population.
# Rates with <10 in the numerator or <50 in the denominator are suppressed.
^ Highly variable rate (confidence interval with a half-width greater than 10).