# eBRFSS 2013-2014 Health Indicators: Lewis

General Description	
Improve Health Status and Reduce Health Disparities	
Percentage of adults who did not receive medical care because of cost	3
Percentage of adults who have a regular health care provider	4
Percentage of adults who had a dentist visit within the past year	5
Percentage of adults living with a disability	6
Percentage of adults aged 18-64 years with healthcare coverage	7
Percentage of adults aged 18-64 years who saw a doctor for a routine checkup within the last year	
Percentage of adults experiencing housing insecurity in the past 12 months	
Percentage of adults experiencing food insecurity in the past 12 months	
Percentage of adults with poor self-reported health	
Percentage of adults who report 14 or more days of poor physical health	
Prevent Chronic Diseases	
Percentage of adults who are obese	
Percentage of adults with an annual household income less than \$25,000 who are obese	
Percentage of adults living with a disability who are obese	
Percentage of adults overweight or obese	
Percentage of adults who participated in leisure time physical activity in the past 30 days	
Percentage of adults who consume one or more sugary drinks daily	
Percentage of adults who consume fast-food three or more times per week	
Percentage of adults with physician diagnosed diabetes	
Percentage of adults who are current smokers	
Percentage of adults with annual household income less than \$25,000 who are current smokers	
Percentage of adults aged 18-24 years who are current smokers	
Percentage of women aged 50-74 years receiving breast cancer screening based on recent guidelines	
Percentage of women aged 50-74 years with annual household income of less than \$25,000 receiving breast cancer screening bas	
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Percentage of women aged 21-65 years receiving cervical cancer screening based on recent guidelines	
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## **General Description**

The New York State Expanded Behavioral Risk Factor Surveillance System 2013-2014 (2014 eBRFSS) was design to supplement the Center for Disease Control and Prevention (CDC) Behavioral Risk Factor Surveillance System (BRFSS), which is conducted annually in New York State. The purpose of the 2014 eBRFSS was to produce local information on key public health issues. Data for the project were collected from April 15, 2013 to May 10, 2014. The 2014 eBRFSS reached both households with landline telephones and households which only had cell phones. Like the annual BRFSS, New York State's 2014 eBRFSS was designed to be representative of the non-institutionalized adult household population, aged 18 years and older.

### **Reported Health Indicators**

There are a total of 50 health indicators included in the report. The health indicators include 10 measures included in the New York State Department of Health's Prevention Agenda, NYS Health Innovation Plan (SHIP), Delivery System Reform Incentive Payment (DSRIP) Program, or the NYS Community Health Indicator Reports (CHIRS). An additional 40 important health indicators are also included. The indicators are organized by the Priority Area of the Prevention Agenda and are reported statewide, by region, and by county.

#### Data Collection Methodology, Sampling and Weighting

The data collection methods for the 2014 eBRFSS aligned with the CDC's standard annual BRFSS methods. The 2014 eBRFSS questionnaire used standard questions from the BRFSS. Survey interviews were conducted in both English and Spanish. There were 31,690 completed interviews.

The sampling plan for the eBRFSS was developed to result in valid health indicator estimates for New York City (NYC) and each of the 57 counties outside NYC. The sampling approach stratified landlines by county and implemented a disproportionate stratified sampling design that accounted for both listed-households and unlisted numbers. Cell phone households were accounted for through additional strata that covered contiguous groups of counties.

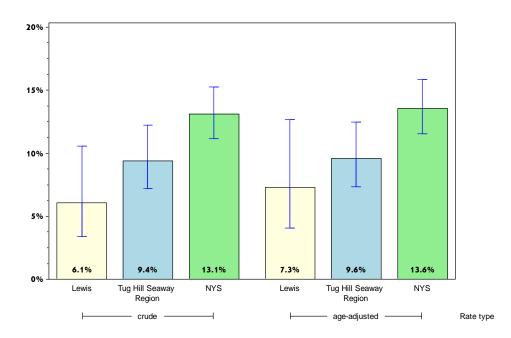
Data were weighted to represent the population using a methodology known as iterative proportional fitting (raking). Raking adjusted the data so that groups underrepresented in the sample were more accurately represented in the estimated rates. Raking also enabled surveys conducted by cell phone to be included in the weighting and to accurately match sample distributions of specified demographic characteristics of the population. The raking categories included in the eBRFSS were: age, gender, race/ethnicity, education, marital status, owner/renter status, telephone usage (i.e. landline and cell phone combinations), and county of residence.

### Limitations of Data Use:

During data analysis, criteria were applied to suppress rates based on too few surveys to be reliable and to identify rates that are highly variable. Rates in which less than 10 respondents were in the numerator or less than 50 respondents were in the denominator were considered unreliable and suppressed from reporting. Rates considered to have high variability due to having confidence limits greater than  $\pm 10\%$  are noted.

## Improve Health Status and Reduce Health Disparities

Percentage of adults who did not receive medical care because of cost\*



Lewis County

**Tug Hill Seaway** 

	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Tatal						
Total	1,257	6.1	(3.4-10.6)	18,757	9.4	(7.2-12.2)
Age						
18-24		#		4,330	13.8^	(6.8-26.2)
25-34		#		3,525	8.7	(4.0-17.8)
35-44		#		3,830	13.1	(7.5-22.0)
45-64		#		6,151	9.8	(6.8-14.1)
65+		#		858	2.5	(1.4-4.4)
Race						
White, NH	1,070	5.7	(3.0-10.5)	16,183	9.8	(7.5-12.8)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male		#		10,320	10.0	(6.7-14.7)
female	732	7.1	(3.9-12.6)	8,436	8.7	(6.1-12.3)
Age-adjusted <sup>&amp;</sup>		7.3	(4.1-12.7)		9.6	(7.3-12.5)

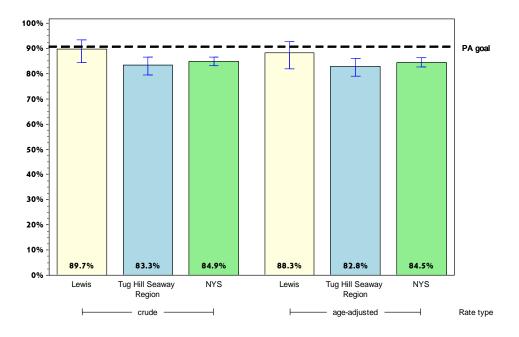
\* Among people needing to see a doctor in the past 12 months

& Percent is age-adjusted to the 2000 United States Population.

# Rates with <10 in the numerator or <50 in the denominator are suppressed.

## Improve Health Status and Reduce Health Disparities

Percentage of adults who have a regular health care provider



#### **Lewis County**

#### **Tug Hill Seaway**

	Est. # of			Est. # of		
	Adults	Percent	95% CI	Adults	Percent	95% CI
Total	18,533	89.7	(84.2-93.5)	165,898	83.3	(79.6-86.5)
Age						
18-24		#		23,573	75.2	(60.1-85.9)
25-34		#		31,889	78.6^	(66.7-87.0)
35-44		#		21,113	73.7^	(62.6-82.5)
45-64	7,076	91.6	(85.5-95.3)	55,313	88.0	(83.2-91.6)
65+	4,155	97.6	(94.0-99.1)	32,822	95.8	(92.8-97.5)
Race						
White, NH	16,641	89.3	(83.4-93.2)	134,836	82.0	(78.1-85.3)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male	8,818	84.8	(75.1-91.1)	82,280	80.5	(74.7-85.2)
female	9,715	94.8	(88.7-97.7)	83,617	86.3	(81.1-90.2)
Age-adjusted <sup>&amp;</sup>		88.3	(81.8-92.7)		82.8	(79.0-86.1)

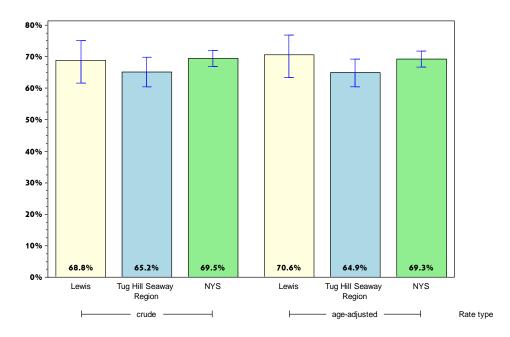
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& Percent is age-adjusted to the 2000 United States Population.

# Rates with <10 in the numerator or <50 in the denominator are suppressed.

## Improve Health Status and Reduce Health Disparities

Percentage of adults who had a dentist visit within the past year



#### **Lewis County**

#### **Tug Hill Seaway**

	Est. # of			Est. # of		
	Adults	Percent	95% CI	Adults	Percent	95% CI
Total	13,785	68.8	(61.7-75.2)	126,072	65.2	(60.4-69.7)
Age						
18-24		#		20,645	66.1^	(45.9-81.7)
25-34		#		29,213	73.2^	(60.1-83.2)
35-44		#		17,582	62.6^	(51.1-72.9)
45-64	4,597	61.0	(51.6-69.8)	39,258	65.1	(59.0-70.7)
65+	2,664	64.1	(52.5-74.3)	18,885	57.8	(51.6-63.7)
Race						
White, NH	12,140	66.9	(59.7-73.4)	100,111	63.1	(58.8-67.1)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male	6,680	65.9^	(54.7-75.5)	66,013	65.9	(59.1-72.0)
female	7,106	71.8	(62.8-79.4)	60,059	64.5	(57.3-71.0)
Age-adjusted <sup>&amp;</sup>		70.6	(63.4-76.8)		64.9	(60.4-69.2)

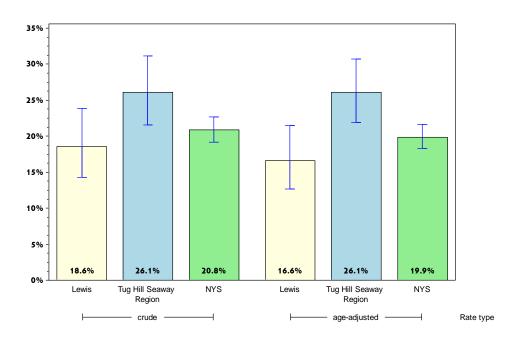
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& Percent is age-adjusted to the 2000 United States Population.

# Rates with <10 in the numerator or <50 in the denominator are suppressed.

## Improve Health Status and Reduce Health Disparities

Percentage of adults living with a disability\*



#### Lewis County

#### **Tug Hill Seaway**

	Lettils county			i ug i ini ocama y		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	3,785	18.6	(14.3-23.9)	51,117	26.1	(21.6-31.1)
Age						
18-24		#			#	
25-34		#		10,730	26.6^	(12.7-47.6)
35-44		#		5,540	19.2^	(11.5-30.2)
45-64	1,882	24.8	(17.7-33.4)	19,618	32.5	(27.2-38.3)
65+	1,259	29.9^	(21.0-40.5)	12,664	37.3	(31.8-43.1)
Race						
White, NH	3,633	19.8	(15.2-25.3)	41,444	25.5	(22.1-29.2)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male	1,952	19.3	(13.0-27.7)	29,021	28.6	(21.4-37.0)
female	1,833	17.9	(12.6-24.9)	22,096	23.4	(18.9-28.5)
Age-adjusted <sup>&amp;</sup>		16.6	(12.7-21.5)		26.1	(21.9-30.8)

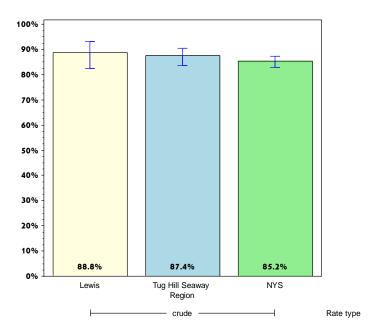
\* Limited activities (physical, mental, or emotional problems); need of special equipment (e.g. cane, wheel chair).

& Percent is age-adjusted to the 2000 United States Population.

# Rates with <10 in the numerator or <50 in the denominator are suppressed.

# Lewis Improve Health Status and Reduce Health Disparities

Percentage of adults aged 18-64 years with healthcare coverage



	Lewis County			Tug Hill Seaway		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total</b> <b>Age</b> ⁺ 18-24 25-34 35-44	14,027	88.8	(82.5-93.1)	141,791	87.4	(83.6-90.4)
45-64 65+ <b>Race</b>						
White, NH Black, NH Hispanic Other, NH <b>Sex</b>	12,839	88.7 # # #	(82.1-93.0)	112,009	86.5 # # #	(82.5-89.7)
male female Age-adjusted <sup>+,&amp;</sup>	6,400 7,626	84.4 <sup>^</sup> 93.0	(72.9-91.6) (85.9-96.6)	73,377 68,414	86.8 88.2	(81.1-90.9) (82.6-92.1)

& Percent is age-adjusted to the 2000 United States Population.

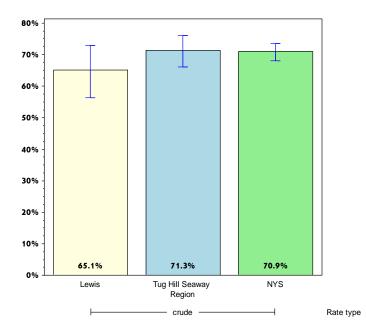
+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

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# Rates with <10 in the numerator or <50 in the denominator are suppressed.

## Improve Health Status and Reduce Health Disparities

Percentage of adults aged 18-64 years who saw a doctor for a routine checkup within the last year



	Lewis County			Tug Hill Seaway		
_	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total</b> <b>Age</b> ⁺ 18-24 25-34	10,263	65.1	(56.3-73.0)	116,297	71.3	(66.1-76.0)
35-44 45-64 65+						
Race						
White, NH Black, NH Hispanic Other, NH <b>Sex</b>	9,261	64.1 # # #	(55.4-72.0)	87,887	67.8 # # #	(62.6-72.5)
male female	4,219 6,045	55.6 <sup>^</sup> 73.9 <sup>^</sup>	(42.4-68.1) (62.9-82.6)	57,416 58,882	67.0 76.1	(59.1-74.0) (69.4-81.8)
Age-adjusted <sup>+,&amp;</sup>						

& Percent is age-adjusted to the 2000 United States Population.

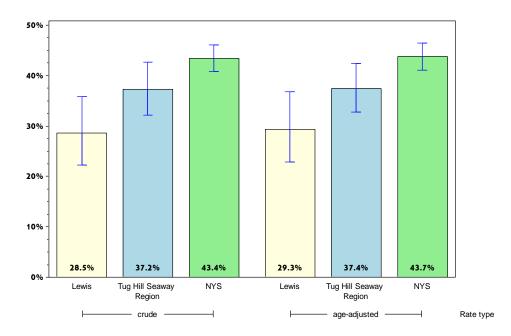
+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

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# Rates with <10 in the numerator or <50 in the denominator are suppressed.

## Improve Health Status and Reduce Health Disparities

Percentage of adults experiencing housing insecurity in the past 12 months\*



#### Lewis County

#### **Tug Hill Seaway**

	Est. # of			Est. # of		
	Adults	Percent	95% CI	Adults	Percent	95% CI
Total	5,431	28.5	(22.3-35.8)	66,115	37.2	(32.1-42.6)
Age						
18-24		#			#	
25-34		#		19,381	52.6^	(37.0-67.8)
35-44		#		11,144	41.9^	(31.6-53.0)
45-64	2,664	36.0	(27.2-45.8)	18,762	31.5	(26.3-37.1)
65+	794	20.0^	(10.6-34.5)	7,945	25.2	(20.0-31.3)
Race						
White, NH	4,837	28.4	(22.2-35.5)	54,102	36.4	(32.3-40.7)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male	2,532	25.7	(17.1-36.6)	32,678	35.5	(27.6-44.3)
female	2,899	31.6^	(23.0-41.7)	33,437	39.1	(33.1-45.5)
Age-adjusted <sup>&amp;</sup>		29.3	(22.9-36.8)		37.4	(32.7-42.4)

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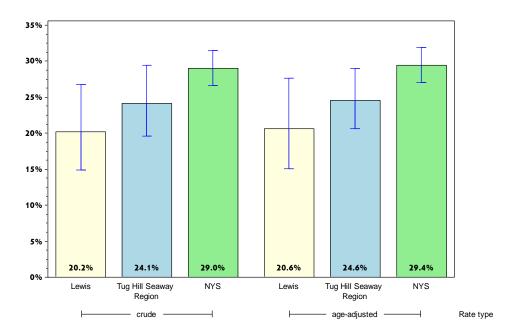
\* Worried or stressed about having enough money to pay for rent or mortgage.

& Percent is age-adjusted to the 2000 United States Population.

# Rates with <10 in the numerator or <50 in the denominator are suppressed.

## Improve Health Status and Reduce Health Disparities

### Percentage of adults experiencing food insecurity in the past 12 months\*



#### Lewis County

#### **Tug Hill Seaway**

_	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	4,086	20.2	(14.9-26.8)	47,257	24.1	(19.6-29.4)
Age						
18-24		#		4,176	13.3^	(7.1-23.6)
25-34		#		16,776	41.9^	(26.8-58.6)
35-44		#		8,348	29.3^	(20.4-40.1)
45-64	2,196	28.9	(20.6-38.9)	13,967	22.7	(18.2-28.0)
65+	220	5.2	(2.3-11.4)	3,947	11.9	(8.4-16.6)
Race						
White, NH	3,815	20.9	(15.3-27.8)	36,694	22.8	(19.4-26.6)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male	1,586	15.7	(9.4-25.0)	25,681	25.4	(18.0-34.6)
female	2,501	24.7	(16.9-34.5)	21,577	22.8	(18.5-27.8)
Age-adjusted <sup>&amp;</sup>		20.6	(15.0-27.7)		24.6	(20.7-29.0)

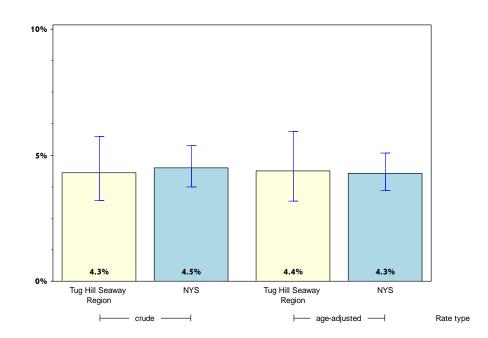
\* Worried or stressed about having enough money to buy nutritious meals.

& Percent is age-adjusted to the 2000 United States Population.

# Rates with <10 in the numerator or <50 in the denominator are suppressed.

## Improve Health Status and Reduce Health Disparities

Percentage of adults with poor self-reported health



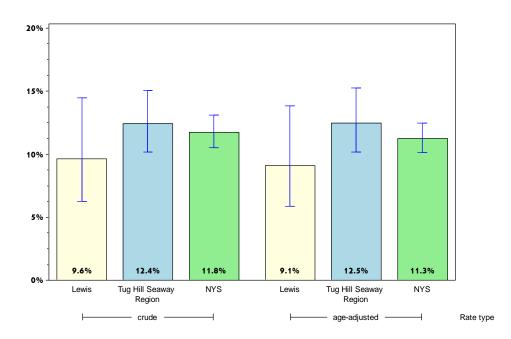
	Lewis County			Tug Hill Seaway		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total		#		8,570	4.3	(3.2-5.7)
Age						
18-24		#			#	
25-34		#			#	
35-44		#			#	
45-64		#		4,140	6.6	(4.5-9.6)
65+		#		3,087	9.1	(6.1-13.3)
Race						
White, NH		#		8,512	5.2	(3.9-6.9)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male		#		4,252	4.2	(2.7-6.3)
female		#		4,319	4.5	(3.0-6.6)
Age-adjusted <sup>&amp;</sup>		#			4.4	(3.2-5.9)

& Percent is age-adjusted to the 2000 United States Population.

# Rates with <10 in the numerator or <50 in the denominator are suppressed.

## Improve Health Status and Reduce Health Disparities

Percentage of adults who report 14 or more days of poor physical health\*



#### **Lewis County**

#### **Tug Hill Seaway**

	,					
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	1,941	9.6	(6.3-14.5)	23,709	12.4	(10.2-15.0)
Age						
18-24		#			#	
25-34		#		3,650	10.1	(5.6-17.6)
35-44		#		2,936	10.5^	(5.0-20.7)
45-64	1,120	15.0	(9.3-23.4)	9,386	15.2	(11.5-19.8)
65+	276	6.6	(3.6-11.6)	6,361	19.5	(14.9-25.1)
Race						
White, NH	1,893	10.3	(6.7-15.6)	21,615	13.4	(11.0-16.2)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male	955	9.4	(4.5-18.3)	11,719	12.3	(9.1-16.3)
female	986	9.9	(6.2-15.5)	11,990	12.6	(9.6-16.2)
Age-adjusted <sup>&amp;</sup>		9.1	(5.9-13.8)		12.5	(10.2-15.2)

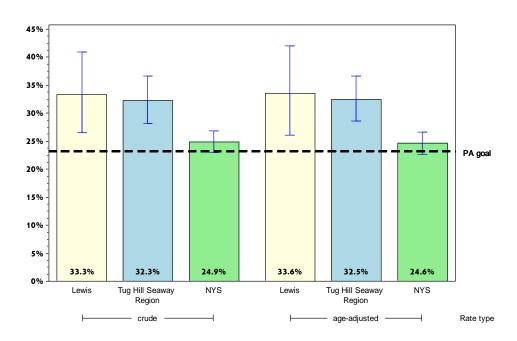
\* Out of the past 30 days.

& Percent is age-adjusted to the 2000 United States Population.

# Rates with <10 in the numerator or <50 in the denominator are suppressed.

### Prevent Chronic Diseases

Percentage of adults who are obese\*



#### **Lewis County**

#### **Tug Hill Seaway**

	Est. # of			Est. # of		
	Adults	Percent	95% CI	Adults	Percent	95% CI
Total	6,370	33.3	(26.5-40.9)	59,714	32.3	(28.2-36.7)
Age						
18-24		#		5,244	17.5^	(8.4-32.8)
25-34		#		15,666	47.1^	(34.9-59.5)
35-44		#		7,664	28.3^	(19.7-38.9)
45-64	2,637	35.9	(27.5-45.4)	21,525	35.9	(30.3-41.8)
65+	1,405	33.3^	(23.7-44.6)	9,264	27.6	(22.7-33.0)
Race						
White, NH	6,301	35.2	(28.1-43.1)	53,993	34.6	(30.6-38.9)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male	3,476	33.7^	(23.4-45.9)	34,846	35.6	(29.7-42.0)
female	2,894	32.9	(25.3-41.5)	24,869	28.5	(23.4-34.2)
Age-adjusted <sup>&amp;</sup>		33.6	(26.0-42.0)		32.5	(28.6-36.6)

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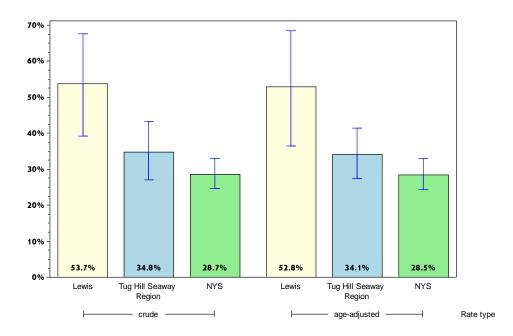
\* Obesity defined as a Body Mass Index (BMI) >= 30. BMI is calculated based on weight and height.

& Percent is age-adjusted to the 2000 United States Population.

# Rates with <10 in the numerator or <50 in the denominator are suppressed.

### Prevent Chronic Diseases

Percentage of adults with an annual household income less than \$25,000 who are obese\*



Lewis County	

**Tug Hill Seaway** 

	Est. # of			Est. # of		
	Adults	Percent	95% CI	Adults	Percent	95% CI
Total	2,229	53.7^	(39.1-67.6)	18,259	34.8	(27.1-43.3)
Age						
18-24		#			#	
25-34		#			#	
35-44		#			#	
45-64		#		5,551	33.3^	(22.8-45.8)
65+	788	48.1^	(29.7-67.1)	3,694	30.1	(22.3-39.3)
Race						
White, NH	2,181	58.5^	(43.9-71.7)	17,234	40.4	(32.2-49.2)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male		#		10,132	37.1^	(25.8-50.0)
female	1,077	58.2^	(42.5-72.4)	8,128	32.2^	(23.0-43.1)
Age-adjusted <sup>&amp;</sup>		52.8^	(36.5-68.5)		34.1	(27.5-41.4)

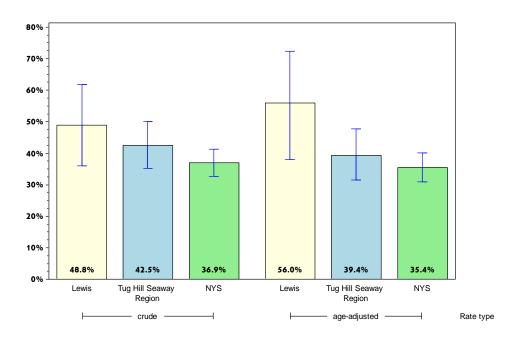
\* Obesity defined as a Body Mass Index (BMI) >=30. BMI is calculated based on weight and height.

& Percent is age-adjusted to the 2000 United States Population.

# Rates with <10 in the numerator or <50 in the denominator are suppressed.

### Prevent Chronic Diseases

Percentage of adults living with a disability who are obese\*



Lewis County	

**Tug Hill Seaway** 

	Est. # of			Est. # of		
	Adults	Percent	95% CI	Adults	Percent	95% CI
Total	1,745	48.8^	(36.0-61.8)	18,780	42.5	(35.2-50.1)
Age						
18-24		#			#	
25-34		#			#	
35-44		#			#	
45-64		#		8,051	42.2^	(32.3-52.7)
65+	449	36.6	(21.5-55.0)	4,228	34.2	(26.0-43.4)
Race						
White, NH	1,697	48.4^	(35.5-61.6)	17,258	44.0	(36.7-51.7)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male		#		9,396	38.4^	(28.1-49.9)
female	892	55.0^	(37.5-71.4)	9,385	47.5	(38.0-57.2)
Age-adjusted <sup>&amp;</sup>		56.0^	(38.0-72.4)		39.4	(31.6-47.8)

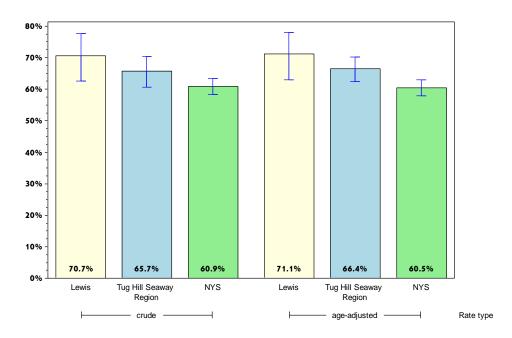
\* Obesity defined as a Body Mass Index (BMI) >=30. BMI is calculated based on weight and height. Limited activities (physical, mental, or emotional problems); need of special equipment (e.g. cane, wheel chair).

& Percent is age-adjusted to the 2000 United States Population.

# Rates with <10 in the numerator or <50 in the denominator are suppressed.

## Prevent Chronic Diseases

## Percentage of adults overweight or obese\*



#### **Lewis County**

#### **Tug Hill Seaway**

	Est. # of			Est. # of		
	Adults	Percent	95% CI	Adults	Percent	95% CI
Total	13,505	70.7	(62.6-77.6)	121,643	65.7	(60.7-70.4)
Age						
18-24		#		10,139	33.9^	(20.5-50.5)
25-34		#		25,413	76.3^	(65.1-84.8)
35-44		#		17,232	63.7^	(52.3-73.7)
45-64	5,531	75.4	(65.8-83.0)	45,015	75.0	(69.3-80.0)
65+	3,066	72.8^	(59.1-83.2)	23,112	68.8	(63.0-74.1)
Race						
White, NH	12,793	71.5	(63.4-78.5)	106,346	68.2	(63.9-72.2)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male	7,657	74.3^	(61.4-84.0)	71,264	72.8	(66.6-78.2)
female	5,848	66.4	(56.5-75.0)	50,380	57.7	(50.0-65.1)
Age-adjusted <sup>&amp;</sup>		71.1	(63.0-78.1)		66.4	(62.3-70.3)

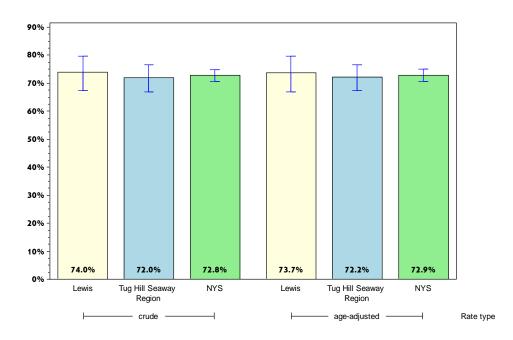
\* Defined as a Body Mass Index (BMI) >=25. BMI is calculated based on weight and height.

& Percent is age-adjusted to the 2000 United States Population.

# Rates with <10 in the numerator or <50 in the denominator are suppressed.

### Prevent Chronic Diseases

Percentage of adults who participated in leisure time physical activity in the past 30 days\*



#### Lewis County

#### **Tug Hill Seaway**

	Est. # of			Est. # of		
-	Adults	Percent	95% CI	Adults	Percent	95% CI
Total	15,065	74.0	(67.4-79.6)	141,616	72.0	(66.8-76.6)
Age						
18-24		#		25,424	81.1^	(64.0-91.2)
25-34		#		29,940	74.7^	(53.1-88.5)
35-44		#		21,774	75.7^	(65.2-83.7)
45-64	5,293	69.1	(59.8-77.1)	43,457	70.3	(64.5-75.5)
65+	3,023	71.2	(60.7-79.9)	20,676	61.6	(55.6-67.3)
Race						
White, NH	13,213	72.0	(65.2-77.9)	116,008	71.6	(67.6-75.3)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male	7,236	70.9^	(60.4-79.5)	71,557	70.6	(61.9-78.0)
female	7,829	77.1	(68.7-83.8)	70,059	73.5	(68.0-78.3)
Age-adjusted <sup>&amp;</sup>		73.7	(66.8-79.7)		72.2	(67.3-76.6)

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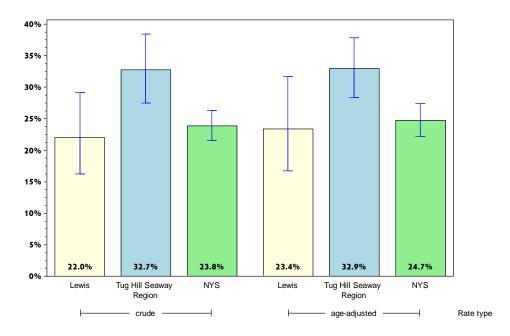
\* Any physical activities or exercises such as running or walking

& Percent is age-adjusted to the 2000 United States Population.

# Rates with <10 in the numerator or <50 in the denominator are suppressed.

### Prevent Chronic Diseases

### Percentage of adults who consume one or more sugary drinks daily\*



#### Lewis County

#### **Tug Hill Seaway**

	Est. # of			Est. # of		
	Adults	Percent	95% CI	Adults	Percent	95% CI
Total	4,324	22.0	(16.2-29.1)	63,293	32.7	(27.4-38.5)
Age						
18-24		#		14,944	48.5	(30.9-66.5)
25-34		#		19,800	49.6^	(34.7-64.6)
35-44		#		12,524	44.3^	(33.7-55.4)
45-64	1,571	20.9	(14.0-30.0)	10,300	17.1	(13.1-21.9)
65+	282	6.7	(3.7-11.7)	5,481	16.6	(12.1-22.4)
Race						
White, NH	4,237	23.8	(17.7-31.3)	45,635	28.7	(24.6-33.2)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male	2,676	27.8^	(18.6-39.3)	38,945	39.0	(31.2-47.3)
female	1,648	16.4	(10.4-24.9)	24,348	26.0	(19.7-33.5)
Age-adjusted <sup>&amp;</sup>		23.4	(16.7-31.7)		32.9	(28.4-37.8)

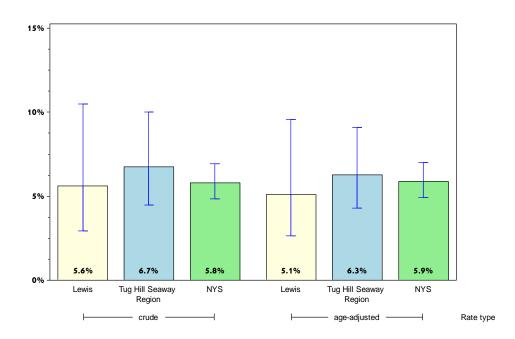
\* Sugary drinks include regular soda, and sugar-sweetened drinks.

& Percent is age-adjusted to the 2000 United States Population.

# Rates with <10 in the numerator or <50 in the denominator are suppressed.

## Prevent Chronic Diseases

Percentage of adults who consume fast-food three or more times per week



Lewis County	

**Tug Hill Seaway** 

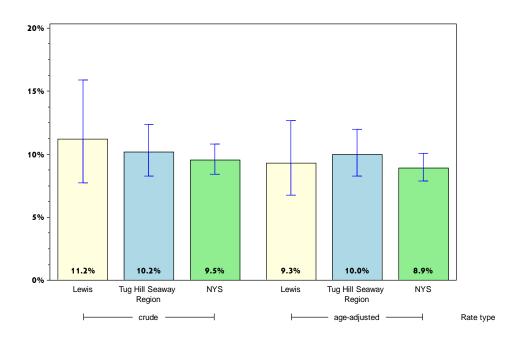
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Г	Auuits	Fercent	95% CI	Auuits	Fercent	95% CI
Total	1,120	5.6	(2.9-10.5)	12,921	6.7	(4.5-10.0)
Age						
18-24		#			#	
25-34		#			#	
35-44		#			#	
45-64	513	7.0	(3.1-14.9)	3,521	5.9	(3.4-10.1)
65+		#		1,283	4.0	(2.1-7.3)
Race						
White, NH	1,120	6.2	(3.2-11.5)	11,944	7.6	(5.0-11.3)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male		#		9,263	9.3	(5.9-14.5)
female		#		3,658	4.0	(1.6-9.2)
Age-adjusted <sup>&amp;</sup>		5.1	(2.6-9.6)		6.3	(4.3-9.1)

& Percent is age-adjusted to the 2000 United States Population.

# Rates with <10 in the numerator or <50 in the denominator are suppressed.

### Prevent Chronic Diseases

Percentage of adults with physician diagnosed diabetes\*



#### Lewis County

#### **Tug Hill Seaway**

	Lettis county					
_	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	2,318	11.2	(7.7-15.9)	20,276	10.2	(8.3-12.4)
Age						
18-24		#			#	
25-34		#			#	
35-44		#			#	
45-64	1,096	14.1	(8.7-22.0)	8,231	13.1	(10.1-16.8)
65+	1,150	26.8^	(16.4-40.7)	8,650	25.2	(20.2-30.9)
Race						
White, NH	2,002	10.7	(7.6-14.8)	18,618	11.3	(9.3-13.7)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male	1,046	10.0	(6.1-16.0)	10,477	10.2	(7.4-13.8)
female	1,272	12.4	(7.2-20.6)	9,799	10.1	(7.8-13.0)
Age-adjusted <sup>&amp;</sup>		9.3	(6.7-12.7)		10.0	(8.3-12.0)

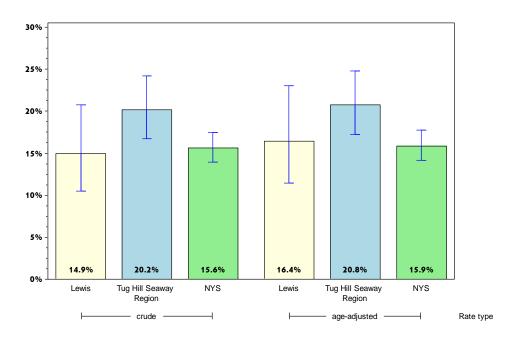
\* As diagnosed by a health professional.

& Percent is age-adjusted to the 2000 United States Population.

# Rates with <10 in the numerator or <50 in the denominator are suppressed.

## Prevent Chronic Diseases

## Percentage of adults who are current smokers



#### Lewis County

#### **Tug Hill Seaway**

	Est. # of			Est. # of		
	Adults	Percent	95% CI	Adults	Percent	95% CI
Total	3,060	14.9	(10.5-20.8)	39,735	20.2	(16.7-24.2)
Age						
18-24		#		8,005	25.7	(13.9-42.6)
25-34		#		8,331	20.7^	(12.7-31.8)
35-44		#		8,447	29.5^	(20.4-40.8)
45-64	1,475	18.9	(12.5-27.7)	11,760	18.9	(14.6-24.2)
65+	229	5.4	(2.9-9.8)	3,023	9.0	(6.1-13.1)
Race						
White, NH	2,698	14.6	(10.1-20.7)	34,300	21.2	(17.6-25.3)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male	1,245	12.0	(6.5-21.2)	22,900	22.6	(17.3-29.0)
female	1,815	17.9	(11.8-26.3)	16,835	17.6	(13.6-22.6)
Age-adjusted <sup>&amp;</sup>		16.4	(11.4-23.0)		20.8	(17.3-24.8)

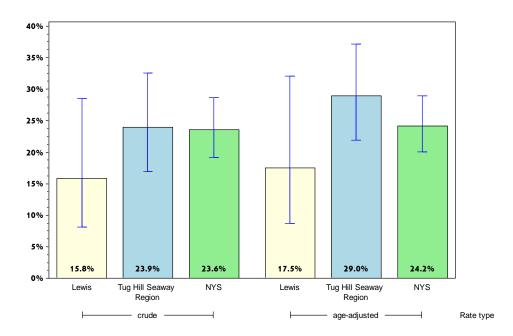
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& Percent is age-adjusted to the 2000 United States Population.

# Rates with <10 in the numerator or <50 in the denominator are suppressed.

### Prevent Chronic Diseases

Percentage of adults with annual household income less than \$25,000 who are current smokers



Lewis County	

**Tug Hill Seaway** 

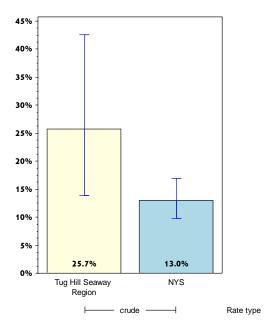
	Est. # of			Est. # of		
-	Adults	Percent	95% CI	Adults	Percent	95% CI
Total	685	15.8^	(8.1-28.5)	13,777	23.9	(17.0-32.6)
Age						
18-24		#			#	
25-34		#			#	
35-44		#			#	
45-64		#		4,736	28.0^	(17.0-42.4)
65+		#		1,098	9.0	(4.7-16.4)
Race						
White, NH	552	14.4	(6.7-28.4)	10,304	23.9	(17.2-32.2)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male		#		9,217	28.9^	(17.7-43.3)
female	350	17.6^	(9.2-31.1)	4,560	17.7	(11.0-27.3)
Age-adjusted <sup>&amp;</sup>		17.5^	(8.7-32.0)		29.0	(21.9-37.2)

& Percent is age-adjusted to the 2000 United States Population.

# Rates with <10 in the numerator or <50 in the denominator are suppressed.

### Prevent Chronic Diseases

Percentage of adults aged 18-24 years who are current smokers



	Lewis County			Т	ug Hill Seav	way
_	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total		#		8,005	25.7^	(13.9-42.6)
Age⁺						
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH		#		7,560	34.9^	(20.1-53.4)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male		#			#	
female		#			#	
Age-adjusted <sup>+,&amp;</sup>						

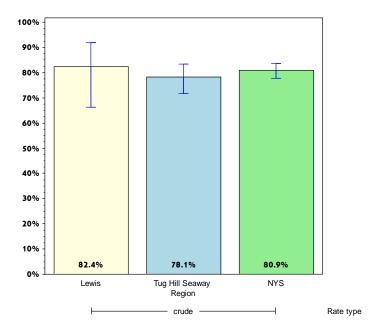
& Percent is age-adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

# Rates with <10 in the numerator or <50 in the denominator are suppressed.

### Prevent Chronic Diseases

Percentage of women aged 50-74 years receiving breast cancer screening based on recent guidelines<sup>\*</sup>



	Lewis County			Tug Hill Seaway		
_	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total</b> <b>Age</b> <sup>+</sup> 18-24 25-34 35-44 45-64 65+ <b>Race</b>	3,185	82.4^	(66.3-91.8)	24,874	78.1	(71.7-83.4)
White, NH Black, NH Hispanic Other, NH <b>Sex</b> male female	3,127 3,185	90.1 # # # 82.4 <sup>^</sup>	(83.4-94.2) (66.3-91.8)	22,475 24,874	77.5 # # # 78.1	(71.3-82.6) (71.7-83.4)
Age-adjusted <sup>+,&amp;</sup>						

\* Mammogram within past 2 years.

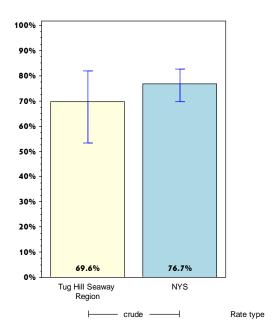
& Percent is age-adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

# Rates with <10 in the numerator or <50 in the denominator are suppressed.

## Prevent Chronic Diseases

Percentage of women aged 50-74 years with annual household income of less than \$25,000 receiving breast cancer screening based on recent guidelines<sup>\*</sup>



	Lewis County			Tug Hill Seaway			
_	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI	
<b>Total</b> <b>Age</b> <sup>+</sup> 18-24 25-34 35-44 45-64 65+		#		6,822	69.6^	(53.4-82.0)	
Race White, NH Black, NH Hispanic Other, NH Sex male female		# # # #		4,804 6,822	63.0 <sup>^</sup> # # # 69.6 <sup>^</sup>	(49.5-74.7) (53.4-82.0)	
Age-adjusted <sup>+,&amp;</sup>							

\* Mammogram within past 2 years.

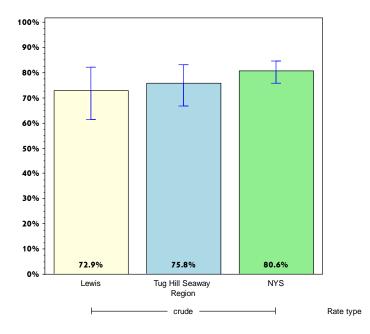
& Percent is age-adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

# Rates with <10 in the numerator or <50 in the denominator are suppressed.

## Prevent Chronic Diseases

Percentage of women aged 21-65 years receiving cervical cancer screening based on recent guidelines<sup>\*</sup>



	Lewis County			т	ug Hill Sea	way
_	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total</b> <b>Age</b> <sup>+</sup> 18-24 25-34 35-44 45-64 65+	5,445	72.9^	(61.3-82.0)	52,368	75.8	(66.6-83.1)
Race White, NH Black, NH Hispanic Other, NH Sex	4,686	71.1 <sup>^</sup> # #	(59.9-80.2)	43,981	77.2 # # #	(70.8-82.5)
male female <b>Age-adjusted</b> <sup>+,&amp;</sup>	5,445	# 72.9 <sup>^</sup>	(61.3-82.0)	52,368	# 75.8	(66.6-83.1)

\* Pap test within past 3 years.

& Percent is age-adjusted to the 2000 United States Population.

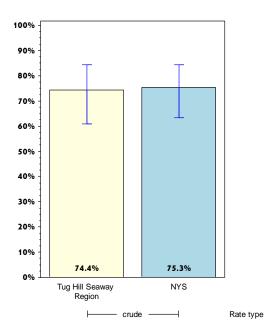
+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

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# Rates with <10 in the numerator or <50 in the denominator are suppressed.

## Prevent Chronic Diseases

Percentage of women aged 21-65 years with annual household income of less than \$25,000 receiving cervical cancer screening based on recent guidelines<sup>\*</sup>



	Lewis County			Tug Hill Seaway			
_	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI	
<b>Total</b> <b>Age</b> <sup>+</sup> 18-24 25-34 35-44 45-64 65+ <b>Race</b>		#		12,715	74.4^	(60.8-84.4)	
White, NH Black, NH Hispanic Other, NH <b>Sex</b> male female		# # # #		9,415 12,715	70.7 <sup>^</sup> # # # 74.4 <sup>^</sup>	(56.6-81.7) (60.8-84.4)	
Age-adjusted <sup>+,&amp;</sup>							

\* Pap test within past 3 years.

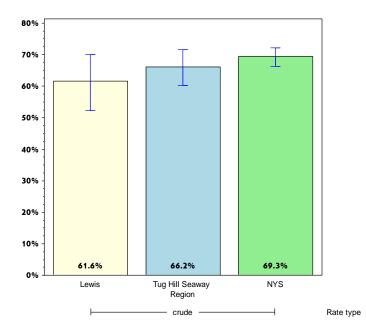
& Percent is age-adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

# Rates with <10 in the numerator or <50 in the denominator are suppressed.

### Prevent Chronic Diseases

Percentage of adults aged 50-75 years receiving colorectal cancer screening based on recent guidelines<sup>\*</sup>



	Lewis County			Tug Hill Seaway		
_	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total</b> <b>Age</b> <sup>+</sup> 18-24 25-34 35-44 45-64 65+ <b>Race</b>	4,966	61.6	(52.3-70.1)	44,151	66.2	(60.3-71.6)
White, NH Black, NH Hispanic Other, NH <b>Sex</b> male female	4,727 2,317 2,649	63.1 # # 56.8 <sup>^</sup> 66.5 <sup>^</sup>	(54.3-71.1) (43.7-69.0) (52.8-77.8)	40,417 22,707 21,443	66.5 # # # 66.3 66.0	(61.5-71.2) (58.7-73.2) (56.8-74.2)
Age-adjusted <sup>+,&amp;</sup>						

\* Blood stool test within 1 year, or sigmoidoscopy within 5 years with blood stool test within 3 years, or colonoscopy within 10 years.

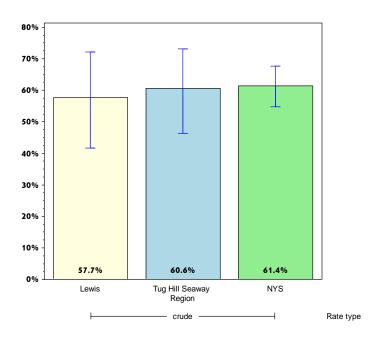
& Percent is age-adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

# Rates with <10 in the numerator or <50 in the denominator are suppressed.

## Prevent Chronic Diseases

Percentage of adults aged 50-75 years with annual household income less than \$25,000 receiving colorectal cancer screening based on recent guidelines<sup>\*</sup>



	Lewis County			Tug Hill Seaway		
_	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	931	57.7^	(41.7-72.2)	10,963	60.6^	(46.4-73.1)
Age⁺						
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH	931	60.1^	(43.8-74.5)	8,925	63.4	(54.0-71.8)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male		#		5,943	75.3^	(62.5-84.8)
female		#		5,020	49.2^	(31.5-67.0)
Age-adjusted <sup>+,&amp;</sup>						

\* Blood stool test within 1 year, or sigmoidoscopy within 5 years with blood stool test within 3 years, or colonoscopy within 10 years.

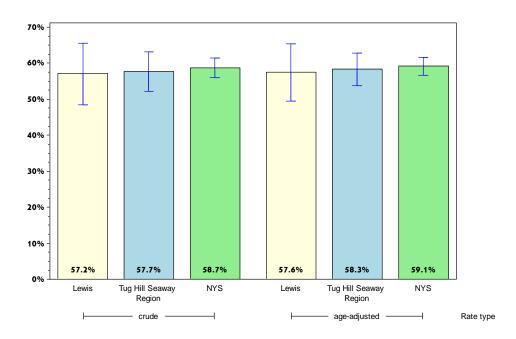
& Percent is age-adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

# Rates with <10 in the numerator or <50 in the denominator are suppressed.

# **Lewis** Prevent Chronic Diseases

## Percentage of adults who had a test for high blood sugar or diabetes within the past three years



#### Lewis County

#### **Tug Hill Seaway**

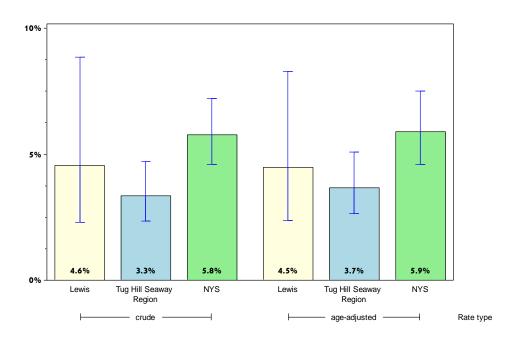
	-		- )			,
_	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	10,301	57.2	(48.4-65.5)	100,406	57.7	(52.1-63.1)
Age						
18-24		#		9,640	31.2	(16.4-51.0)
25-34		#		24,202	64.3^	(50.4-76.2)
35-44		#		11,363	41.8^	(31.7-52.7)
45-64	4,003	61.2^	(50.9-70.5)	35,594	67.4	(61.0-73.2)
65+	2,239	74.5^	(64.0-82.8)	18,919	77.9	(72.2-82.6)
Race						
White, NH	9,056	55.5	(46.8-63.8)	80,591	57.4	(52.5-62.1)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male	4,759	50.9^	(38.4-63.3)	48,443	54.2	(46.2-62.1)
female	5,542	63.9^	(52.3-74.1)	51,962	61.3	(53.5-68.6)
Age-adjusted <sup>&amp;</sup>		57.6	(49.4-65.4)		58.3	(53.7-62.9)

& Percent is age-adjusted to the 2000 United States Population.

# Rates with <10 in the numerator or <50 in the denominator are suppressed.

## Prevent Chronic Diseases

Percentage of adults with physician-diagnosed prediabetes



Lewis County	

Tug Hi	ll Seaway
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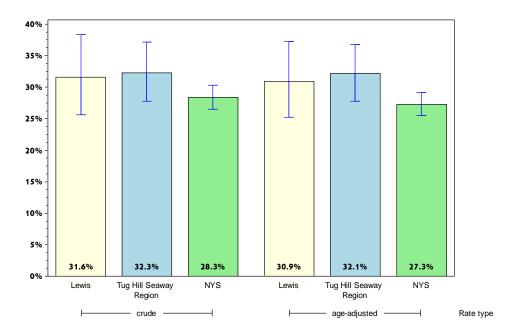
	Est. # of	_		Est. # of	_	
r	Adults	Percent	95% CI	Adults	Percent	95% CI
Total	818	4.6	(2.3-8.9)	5,948	3.3	(2.3-4.7)
Age						
18-24		#			#	
25-34		#			#	
35-44		#			#	
45-64		#		1,837	3.4	(2.0-5.7)
65+	462	15.3^	(5.6-35.6)	2,135	8.5	(5.4-13.1)
Race						
White, NH	580	3.6	(2.1-6.1)	5,121	3.5	(2.6-4.9)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male	534	5.9	(2.3-14.5)	1,761	1.9	(1.1-3.4)
female	283	3.2	(1.4-7.0)	4,187	4.8	(3.1-7.4)
Age-adjusted <sup>&amp;</sup>		4.5	(2.4-8.3)		3.7	(2.6-5.1)

& Percent is age-adjusted to the 2000 United States Population.

# Rates with <10 in the numerator or <50 in the denominator are suppressed.

### Prevent Chronic Diseases

### Percentage of adults with physician-diagnosed high blood pressure



#### Lewis County

#### **Tug Hill Seaway**

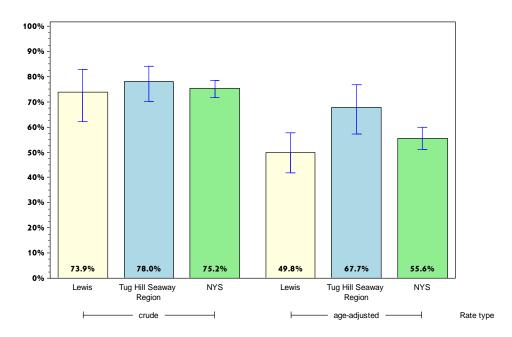
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	6,549	31.6	(25.6-38.3)	64,468	32.3	(27.8-37.2)
Age						
18-24		#		4,212	13.4	(6.4-26.0)
25-34		#		9,689	23.8^	(10.2-46.2)
35-44		#		6,274	21.7	(14.1-31.8)
45-64	2,689	34.6	(26.7-43.3)	22,975	36.5	(31.2-42.3)
65+	2,357	55.0^	(42.3-67.1)	20,853	60.9	(54.8-66.7)
Race						
White, NH	6,285	33.6	(27.5-40.3)	55,282	33.6	(30.1-37.3)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male	3,866	36.9^	(27.4-47.5)	39,069	38.2	(30.8-46.1)
female	2,683	26.2	(19.6-34.1)	25,399	26.1	(22.0-30.8)
Age-adjusted <sup>&amp;</sup>		30.9	(25.2-37.3)		32.1	(27.8-36.8)

& Percent is age-adjusted to the 2000 United States Population.

# Rates with <10 in the numerator or <50 in the denominator are suppressed.

### Prevent Chronic Diseases

Percentage of adults with diagnosed high blood pressure taking high blood pressure medication



#### Lewis County

#### **Tug Hill Seaway**

	Est. # of			Est. # of		
-	Adults	Percent	95% CI	Adults	Percent	95% CI
Total	4,839	73.9^	(62.2-82.9)	50,279	78.0	(70.2-84.2)
Age						
18-24		#			#	
25-34		#			#	
35-44		#			#	
45-64	2,310	85.9^	(72.3-93.4)	20,550	89.4	(84.1-93.1)
65+	2,089	88.6^	(76.2-95.0)	19,501	93.5	(88.8-96.3)
Race						
White, NH	4,592	73.1^	(61.2-82.4)	44,412	80.3	(74.4-85.1)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male	2,518	65.1^	(48.8-78.6)	27,531	70.5^	(57.9-80.5)
female	2,321	86.5^	(73.3-93.8)	22,749	89.6	(84.2-93.2)
Age-adjusted <sup>&amp;</sup>		49.8	(41.8-57.8)		67.7^	(57.3-76.6)

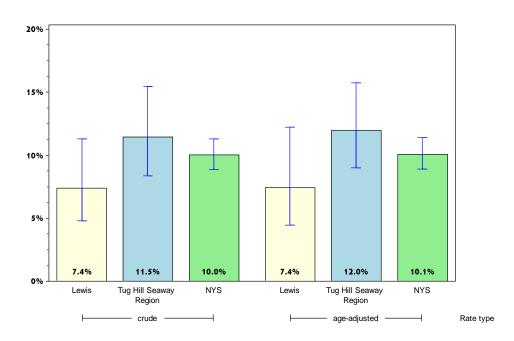
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& Percent is age-adjusted to the 2000 United States Population.

# Rates with <10 in the numerator or <50 in the denominator are suppressed.

## Prevent Chronic Diseases

Percentage of adults with current asthma\*



#### Lewis County

#### **Tug Hill Seaway**

	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	1,535	7.4	(4.8-11.3)	22,749	11.5	(8.4-15.5)
Age						
18-24		#			#	
25-34		#		3,200	7.9	(4.0-15.0)
35-44		#		4,896	16.9^	(9.7-27.7)
45-64	981	12.6	(7.5-20.4)	7,590	12.1	(8.7-16.5)
65+	232	5.4	(2.8-10.4)	3,117	9.2	(6.2-13.4)
Race						
White, NH	1,448	7.7	(4.9-12.0)	16,002	9.8	(7.7-12.3)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male	578	5.5	(2.5-11.9)	9,164	9.0	(6.2-12.9)
female	957	9.3	(5.6-15.1)	13,585	14.0	(8.9-21.4)
Age-adjusted <sup>&amp;</sup>		7.4	(4.4-12.2)		12.0	(9.0-15.8)

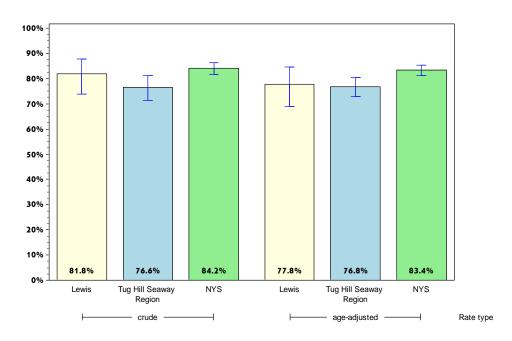
\* Physician diagnosed asthma.

& Percent is age-adjusted to the 2000 United States Population.

# Rates with <10 in the numerator or <50 in the denominator are suppressed.

## Prevent Chronic Diseases

## Percent of adults with cholesterol checked\*



#### **Lewis County**

#### **Tug Hill Seaway**

_	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	16,179	81.8	(73.8-87.7)	147,720	76.6	(71.4-81.1)
Age						
18-24		#		6,753	25.5	(14.3-41.4)
25-34		#		26,580	66.9^	(53.1-78.3)
35-44		#		22,882	79.0^	(68.2-86.8)
45-64	7,035	90.8	(84.0-94.9)	57,695	92.3	(88.1-95.1)
65+	4,136	98.0	(94.9-99.3)	32,527	96.2	(92.8-98.1)
Race						
White, NH	14,428	81.2	(72.7-87.5)	127,670	79.5	(74.9-83.5)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male	7,836	78.7^	(65.2-88.0)	75,368	75.5	(68.5-81.5)
female	8,344	84.9	(75.6-91.1)	72,352	77.8	(69.7-84.2)
Age-adjusted <sup>&amp;</sup>		77.8	(69.0-84.7)		76.8	(72.8-80.4)

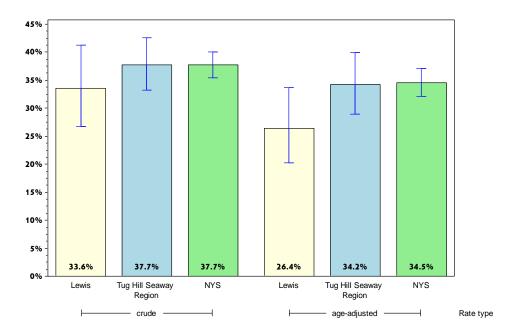
\* As diagnosed by a health professional.

& Percent is age-adjusted to the 2000 United States Population.

# Rates with <10 in the numerator or <50 in the denominator are suppressed.

### Prevent Chronic Diseases

### Percentage of adults 18 years and older with elevated cholesterol\*



### Lewis County

#### **Tug Hill Seaway**

_	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	5,383	33.6	(26.7-41.3)	55,600	37.7	(33.2-42.5)
Age						
18-24		#			#	
25-34		#		5,091	19.2^	(8.9-36.4)
35-44		#		4,842	21.2^	(13.0-32.5)
45-64	2,748	39.8	(30.9-49.3)	27,236	47.4	(41.1-53.8)
65+	2,066	50.3^	(37.7-62.7)	16,514	51.1	(45.0-57.2)
Race						
White, NH	4,898	34.3	(27.8-41.5)	51,192	40.2	(36.1-44.5)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male	2,855	37.1^	(26.5-49.0)	30,281	40.3	(32.8-48.4)
female	2,528	30.3	(22.2-39.9)	25,319	35.1	(30.2-40.2)
Age-adjusted <sup>&amp;</sup>		26.4	(20.2-33.6)		34.2	(28.9-40.0)

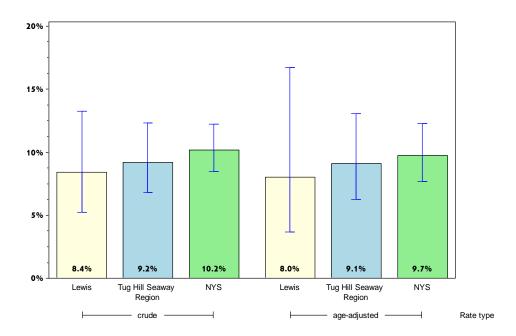
\* As diagnosed by a health professional.

& Percent is age-adjusted to the 2000 United States Population.

# Rates with <10 in the numerator or <50 in the denominator are suppressed.

#### Prevent Chronic Diseases

Percentage of adults who have taken a course or class to learn how to manage their chronic disease or condition<sup>\*</sup>



	l	Lewis Count	ty	Tug Hill Seaway			
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI	
al je	859	8.4	(5.3-13.3)	10,075	9.2	(6.8-12.3)	

Total	859	8.4	(5.3-13.3)	10,075	9.2	(6.8-12.3)
Age						
18-24		#			#	
25-34		#			#	
35-44		#			#	
45-64		#		3,873	9.9	(6.5-14.8)
65+	350	10.3	(5.4-18.8)	3,423	12.3	(8.7-17.1)
Race						
White, NH	859	9.1	(5.7-14.2)	8,184	8.9	(6.8-11.5)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male	390	7.1	(3.6-13.4)	4,637	7.8	(5.0-11.8)
female	468	10.0	(5.1-18.7)	5,437	10.9	(7.2-16.1)
Age-adjusted <sup>&amp;</sup>		8.0	(3.7-16.7)		9.1	(6.3-13.1)

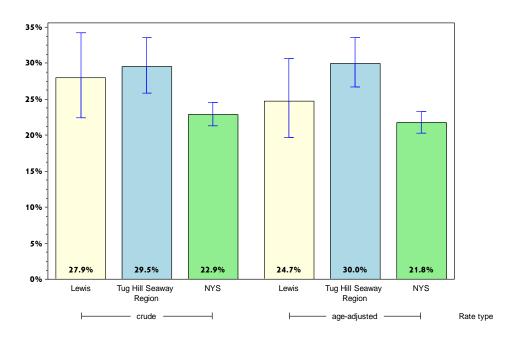
\* Courses for high blood pressure, arthritis, or diabetes.

& Percent is age-adjusted to the 2000 United States Population.

# Rates with <10 in the numerator or <50 in the denominator are suppressed.

#### Prevent Chronic Diseases

Percentage of adults with arthritis\*



#### **Lewis County**

#### **Tug Hill Seaway**

	Est. # of			Est. # of		
	Adults	Percent	95% CI	Adults	Percent	95% CI
Total	5,790	27.9	(22.4-34.2)	58,935	29.5	(25.9-33.5)
Age						
18-24		#			#	
25-34		#		4,945	12.2	(6.9-20.7)
35-44		#		6,901	23.7^	(15.3-34.6)
45-64	2,630	33.9	(25.9-42.9)	23,290	37.0	(31.5-43.0)
65+	2,286	53.3^	(40.8-65.4)	20,670	60.3	(54.3-66.0)
Race						
White, NH	5,604	29.9	(24.3-36.3)	54,762	33.3	(29.7-37.2)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male	2,769	26.4	(18.7-35.9)	28,639	27.9	(22.6-33.9)
female	3,022	29.5	(22.1-38.1)	30,296	31.3	(26.3-36.7)
Age-adjusted <sup>&amp;</sup>		24.7	(19.6-30.6)		30.0	(26.7-33.5)

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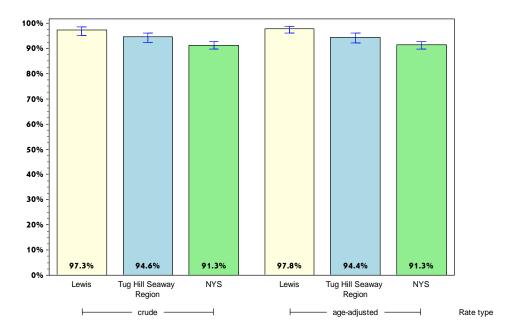
\* Includes rheumatoid arthritis, gout, lupus, or fibromyalgia.

& Percent is age-adjusted to the 2000 United States Population.

# Rates with <10 in the numerator or <50 in the denominator are suppressed.

#### Promote a Healthy and Safe Environment

Percentage of adults who consider their neighborhood suitable for walking and physical activity



#### **Lewis County**

#### **Tug Hill Seaway**

	Est. # of			Est. # of		
	Adults	Percent	95% CI	Adults	Percent	95% CI
Total	19,235	97.3	(95.1-98.5)	183,414	94.6	(92.3-96.2)
Age						
18-24		#		29,562	96.0	(87.2-98.8)
25-34		#		38,726	96.7	(90.8-98.8)
35-44		#		26,518	93.6	(85.9-97.2)
45-64	7,364	96.1	(91.5-98.3)	56,679	92.7	(87.7-95.8)
65+	4,021	95.7	(89.3-98.3)	30,828	94.9	(91.4-97.0)
Race						
White, NH	17,242	97.1	(94.7-98.4)	150,939	94.8	(92.6-96.4)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male	9,549	99.1	(95.5-99.8)	95,152	94.7	(91.0-97.0)
female	9,686	95.6	(91.8-97.7)	88,262	94.4	(91.4-96.4)
Age-adjusted <sup>&amp;</sup>		97.8	(96.0-98.8)		94.4	(92.2-96.1)

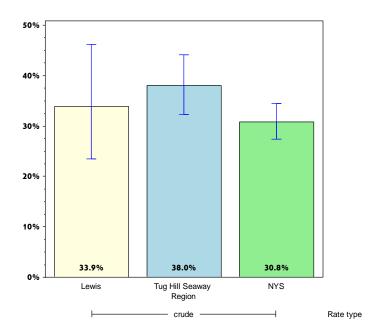
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& Percent is age-adjusted to the 2000 United States Population.

# Rates with <10 in the numerator or <50 in the denominator are suppressed.

#### Promote a Health and Safe Environment

Percentage of adults aged 65+ years with at least one fall in the past 12 months



	Lewis County			Tug Hill Seaway		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total</b> <b>Age⁺</b> 18-24 25-34 35-44	1,422	33.9^	(23.4-46.1)	12,620	38.0	(32.3-44.1)
45-64 65+ <b>Race</b>						
White, NH Black, NH Hispanic Other, NH <b>Sex</b>	1,242	35.5 <sup>^</sup> # #	(26.3-46.0)	11,720	37.2 # # #	(31.5-43.2)
male female Age-adjusted <sup>+,&amp;</sup>	950 472	42.3 <sup>^</sup> 24.1 <sup>^</sup>	(26.2-60.3) (14.0-38.3)	6,220 6,400	40.7 35.8	(31.9-50.0) (28.4-43.9)

& Percent is age-adjusted to the 2000 United States Population.

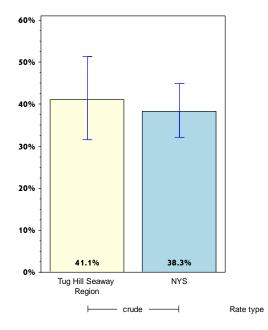
+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

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# Rates with <10 in the numerator or <50 in the denominator are suppressed.

### Promote a Health and Safe Environment

Among adults aged 65+ years with at least one fall in the past 12 months, percent that resulted in injury<sup>\*</sup>



	Lewis County			Tug Hill Seaway		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total</b> <b>Age</b> <sup>+</sup> 18-24 25-34 35-44		#		5,188	41.1^	(31.6-51.3)
45-64 65+ <b>Race</b> White, NH Black, NH Hispanic Other, NH		# # #		4,494	38.3^ # # #	(29.0-48.6)
Sex male female Age-adjusted <sup>+,&amp;</sup>		# #		1,618 3,570	26.0 <sup>^</sup> 55.8 <sup>^</sup>	(15.1-40.9) (42.1-68.7)

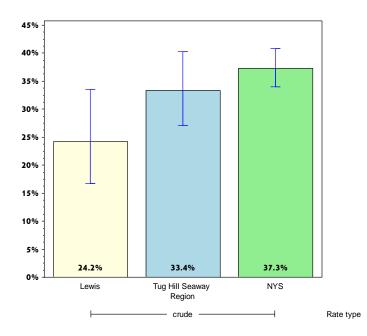
\* Falls that limited regular activities or lead to doctor visits.

& Percent is age-adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

# Rates with <10 in the numerator or <50 in the denominator are suppressed.

Prevent HIV/STDs, Vaccine Preventable Diseases and Healthcare-Associated Infections Percentage of adults aged 47-68 years reporting ever tested for Hepatitis C (HCV)



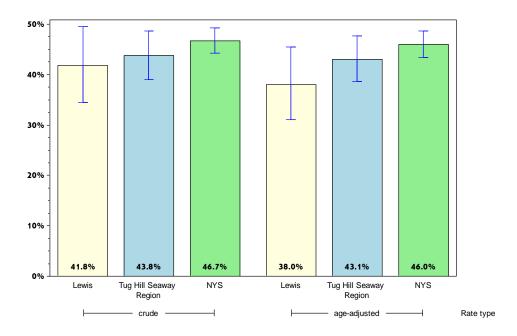
	Lewis County			Tug Hill Seaway		
F	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	1,629	24.2	(16.8-33.5)	18,590	33.4	(27.1-40.3)
Age⁺						
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH	1,560	23.6	(16.2-33.1)	14,189	28.2	(23.4-33.6)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male	980	29.8^	(17.5-45.8)	10,861	38.1	(29.9-47.2)
female	649	18.8	(11.8-28.6)	7,728	28.4^	(19.2-39.8)
Age-adjusted <sup>+,&amp;</sup>						

& Percent is age-adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

# Rates with <10 in the numerator or <50 in the denominator are suppressed.

Prevent HIV/STDs, Vaccine Preventable Diseases and Healthcare-Associated Infections Percentage of adults aged 18+ years with flu immunization in the past year<sup>\*</sup>



#### **Lewis County**

#### **Tug Hill Seaway**

	Est. # of			Est. # of		
	Adults	Percent	95% CI	Adults	Percent	95% CI
Total	8,501	41.8	(34.4-49.5)	85,569	43.8	(38.9-48.7)
Age						
18-24		#		10,446	33.3^	(18.3-52.7)
25-34		#		15,071	37.6^	(25.1-52.0)
35-44		#		8,308	29.3^	(20.3-40.2)
45-64	3,313	43.3	(34.4-52.6)	27,076	44.3	(38.3-50.4)
65+	2,958	70.0^	(55.8-81.3)	24,084	71.8	(66.0-77.0)
Race						
White, NH	8,157	44.5	(37.2-52.1)	69,611	43.3	(39.3-47.4)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male	4,519	44.3^	(33.2-56.1)	44,505	44.1	(37.2-51.2)
female	3,983	39.2	(30.2-49.0)	41,063	43.4	(36.8-50.2)
Age-adjusted <sup>&amp;</sup>		38.0	(31.0-45.5)		43.1	(38.6-47.6)

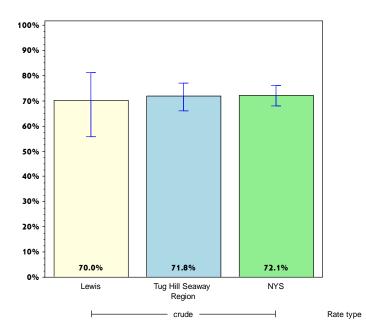
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\* Includes flu shot or flu spray

& Percent is age-adjusted to the 2000 United States Population.

# Rates with <10 in the numerator or <50 in the denominator are suppressed.

Prevent HIV/STDs, Vaccine Preventable Diseases and Healthcare-Associated Infections Percentage of adults aged 65+ years with flu immunization in the past year<sup>\*</sup>



	L	ewis Count	ty	Tug Hill Seaway		
_	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total Age <sup>+</sup> 18-24 25-34 35-44 45-64 65+ Race	2,958	70.0^	(55.8-81.3)	24,084	71.8	(66.0-77.0)
White, NH Black, NH Hispanic Other, NH <b>Sex</b> male female	2,720 1,769 1,189	77.3 # # # 77.9 <sup>^</sup> 60.9 <sup>^</sup>	(68.6-84.1) (59.3-89.5) (40.9-77.8)	22,895 12,604 11,480	71.8 # # 80.6 64.1	(65.9-77.0) (72.9-86.6) (55.8-71.6)
Age-adjusted <sup>+,&amp;</sup>						

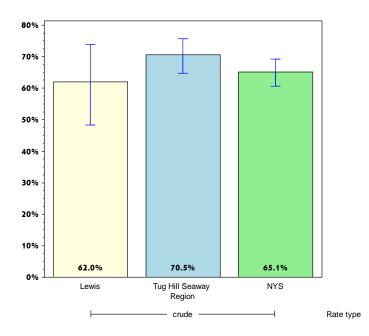
\* Includes flu shot or flu spray

& Percent is age-adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

# Rates with <10 in the numerator or <50 in the denominator are suppressed.

Prevent HIV/STDs, Vaccine Preventable Diseases and Healthcare-Associated Infections Percentage of adults aged 65+ years with pneumococcal immunization



	Lewis County			Tug Hill Seaway		
_	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	2,583	62.0^	(48.4-73.9)	23,094	70.5	(64.7-75.7)
Age⁺						
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH	2,345	67.7^	(57.6-76.3)	22,136	71.2	(65.5-76.3)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male	1,462	64.4^	(46.3-79.2)	10,214	67.9	(58.9-75.8)
female	1,121	59.0^	(39.3-76.2)	12,881	72.7	(65.0-79.3)
Age-adjusted <sup>+,&amp;</sup>						

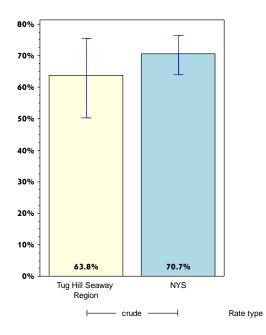
& Percent is age-adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

# Rates with <10 in the numerator or <50 in the denominator are suppressed.

#### Promote Healthy Women, Infants, and Children

Percentage of women aged 18-44 years who had dental visit within the last year



	Lewis County			Tug Hill Seaway		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total</b> <b>Age</b> ⁺ 18-24		#		29,302	63.8^	(50.3-75.5)
25-34 35-44 45-64 65+						
Race White, NH Black, NH Hispanic Other, NH		# # #		20,566	62.5 <sup>^</sup> # #	(50.8-72.9)
Sex male female Age-adjusted <sup>+,&amp;</sup>		# #		29,302	# 63.8 <sup>^</sup>	(50.3-75.5)

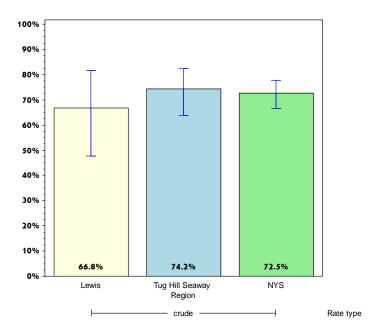
& Percent is age-adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

# Rates with <10 in the numerator or <50 in the denominator are suppressed.

#### Promote Healthy Women, Infants, and Children

Women aged 18-44 years who saw a doctor for a routine checkup within the last year



	Lewis County			Tug Hill Seaway		
_	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	2,938	66.8^	(47.6-81.7)	34,941	74.2^	(63.8-82.5)
Age <sup>+</sup>						
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH		#		22,853	67.5^	(56.3-77.0)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male		#			#	
female	2,938	66.8^	(47.6-81.7)	34,941	74.2^	(63.8-82.5)
Age-adjusted <sup>+,&amp;</sup>						

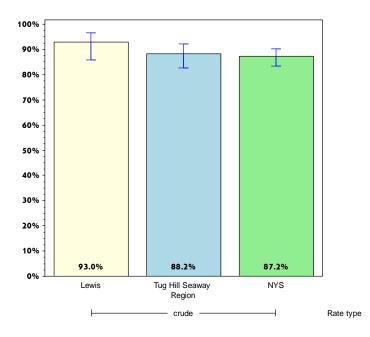
& Percent is age-adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

# Rates with <10 in the numerator or <50 in the denominator are suppressed.

#### Promote Healthy Women, Infants, and Children

Percentage of women aged 18-64 years with health care coverage



	Lewis County			Tug Hill Seaway		
F	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total</b> <b>Age</b> <sup>+</sup> 18-24 25-34 35-44 45-64 65+ <b>Race</b>	7,626	93.0	(85.9-96.6)	68,414	88.2	(82.6-92.1)
White, NH Black, NH Hispanic Other, NH <b>Sex</b> male female	6,625 7,626	92.0 # # # 93.0	(84.3-96.1) (85.9-96.6)	53,239 68,414	86.2 # # # 88.2	(79.7-90.8) (82.6-92.1)
Age-adjusted <sup>+,&amp;</sup>						

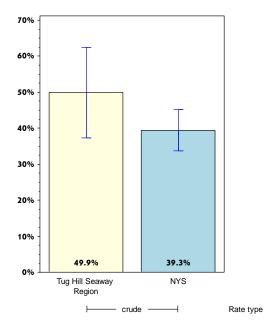
& Percent is age-adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

# Rates with <10 in the numerator or <50 in the denominator are suppressed.

#### Promote Healthy Women, Infants, and Children

Percentage of women aged 18-44 years whose health care provider discussed planning a healthy pregnancy



	Lewis County			Tug Hill Seaway		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total		#		22,720	49.9^	(37.4-62.5)
Age⁺						
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH		#		17,601	54.2^	(42.9-65.0)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male		#			#	
female		#		22,720	49.9^	(37.4-62.5)
Age-adjusted <sup>+,&amp;</sup>						

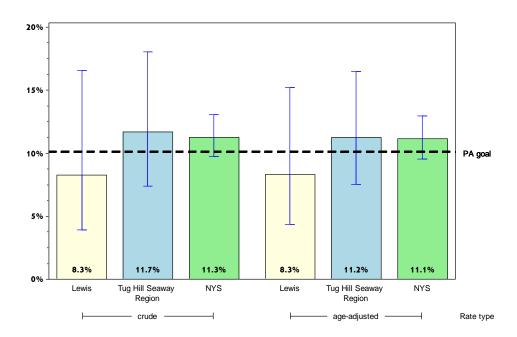
& Percent is age-adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

# Rates with <10 in the numerator or <50 in the denominator are suppressed.

#### Promote Mental Health and Prevention Substance Abuse

Percentage of adults with poor mental health for 14 or more days in the last month



Lewis County

**Tug Hill Seaway** 

	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
[						
Total	1,665	8.3	(3.9-16.6)	23,080	11.7	(7.4-18.0)
Age						
18-24		#			#	
25-34		#		7,047	17.3^	(5.3-43.7)
35-44		#		2,371	8.3	(4.3-15.5)
45-64	555	7.4	(3.8-14.1)	4,855	7.8	(5.5-11.0)
65+		#		2,920	8.8	(5.4-14.0)
Race						. ,
White, NH	1,648	9.0	(4.3-18.1)	13,943	8.6	(6.3-11.5)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male		#		9,832	9.7^	(4.1-21.3)
female	487	4.9	(2.4-9.5)	13,248	13.9	(8.5-21.9)
Age-adjusted <sup>&amp;</sup>		8.3	(4.4-15.2)		11.2	(7.5-16.5)

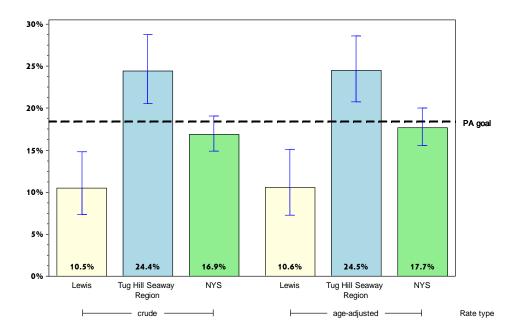
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& Percent is age-adjusted to the 2000 United States Population.

# Rates with <10 in the numerator or <50 in the denominator are suppressed.

#### Promote Mental Health and Prevention Substance Abuse

Percentage of adult binge drinking during the past month\*



#### Lewis County

#### **Tug Hill Seaway**

	Est. # of			Est. # of		
	Adults	Percent	95% CI	Adults	Percent	95% CI
Total	2,127	10.5	(7.4-14.8)	46,288	24.4	(20.5-28.7)
Age						
18-24		#		8,729	27.8^	(15.8-44.2)
25-34		#		15,445	43.6^	(32.1-55.9)
35-44		#		6,812	24.4^	(16.2-35.0)
45-64	1,163	15.5	(10.3-22.7)	12,635	20.9	(16.3-26.3)
65+		#		2,667	8.0	(4.9-12.8)
Race						
White, NH	2,127	11.7	(8.2-16.4)	37,144	23.3	(19.7-27.4)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male	1,215	11.9	(7.3-18.8)	29,829	31.1	(25.3-37.6)
female	912	9.1	(5.4-15.0)	16,460	17.5	(13.0-23.2)
Age-adjusted <sup>&amp;</sup>		10.6	(7.2-15.1)		24.5	(20.8-28.6)

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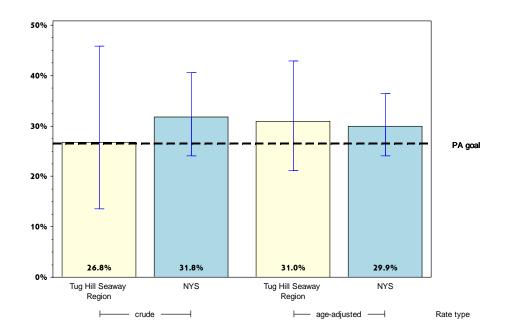
\* Men who have five or more drinks , women having four or more drinks on one occasion

& Percent is age-adjusted to the 2000 United States Population.

# Rates with <10 in the numerator or <50 in the denominator are suppressed.

# Promote Mental Health and Prevention Substance Abuse

Percentage of cigarette smoking among adults who report poor mental health



#

#

#

(15.4-57.9)

(21.1 - 42.9)

33.3^

31.0^

4,386

	Lewis County			Tug Hill Seaway		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total		#		6,154	26.8^	(13.6-45.9)
Age						
18-24		#			#	
25-34		#			#	
35-44		#			#	
45-64		#		1,605	33.7^	(20.4-50.2)
65+		#			#	
Race						
White, NH		#		5,143	37.1^	(22.6-54.4)
Black, NH		#			#	

& Percent is age-adjusted to the 2000 United States Population.

Hispanic

Sex male

female

Age-adjusted<sup>&</sup>

Other, NH

# Rates with <10 in the numerator or <50 in the denominator are suppressed.

#

#

#

#

#