

eBRFSS 2013-2014 Health Indicators: Delaware

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General Description

The New York State Expanded Behavioral Risk Factor Surveillance System 2013-2014 (2014 eBRFSS) was design to supplement the Center for Disease Control and Prevention (CDC) Behavioral Risk Factor Surveillance System (BRFSS), which is conducted annually in New York State. The purpose of the 2014 eBRFSS was to produce local information on key public health issues. Data for the project were collected from April 15, 2013 to May 10, 2014. The 2014 eBRFSS reached both households with landline telephones and households which only had cell phones. Like the annual BRFSS, New York State's 2014 eBRFSS was designed to be representative of the non-institutionalized adult household population, aged 18 years and older.

Reported Health Indicators

There are a total of 50 health indicators included in the report. The health indicators include 10 measures included in the New York State Department of Health's Prevention Agenda, NYS Health Innovation Plan (SHIP), Delivery System Reform Incentive Payment (DSRIP) Program, or the NYS Community Health Indicator Reports (CHIRS). An additional 40 important health indicators are also included. The indicators are organized by the Priority Area of the Prevention Agenda and are reported statewide, by region, and by county.

Data Collection Methodology, Sampling and Weighting

The data collection methods for the 2014 eBRFSS aligned with the CDC's standard annual BRFSS methods. The 2014 eBRFSS questionnaire used standard questions from the BRFSS. Survey interviews were conducted in both English and Spanish. There were 31,690 completed interviews.

The sampling plan for the eBRFSS was developed to result in valid health indicator estimates for New York City (NYC) and each of the 57 counties outside NYC. The sampling approach stratified landlines by county and implemented a disproportionate stratified sampling design that accounted for both listed-households and unlisted numbers. Cell phone households were accounted for through additional strata that covered contiguous groups of counties.

Data were weighted to represent the population using a methodology known as iterative proportional fitting (raking). Raking adjusted the data so that groups underrepresented in the sample were more accurately represented in the estimated rates. Raking also enabled surveys conducted by cell phone to be included in the weighting and to accurately match sample distributions of specified demographic characteristics of the population. The raking categories included in the eBRFSS were: age, gender, race/ethnicity, education, marital status, owner/renter status, telephone usage (i.e. landline and cell phone combinations), and county of residence.

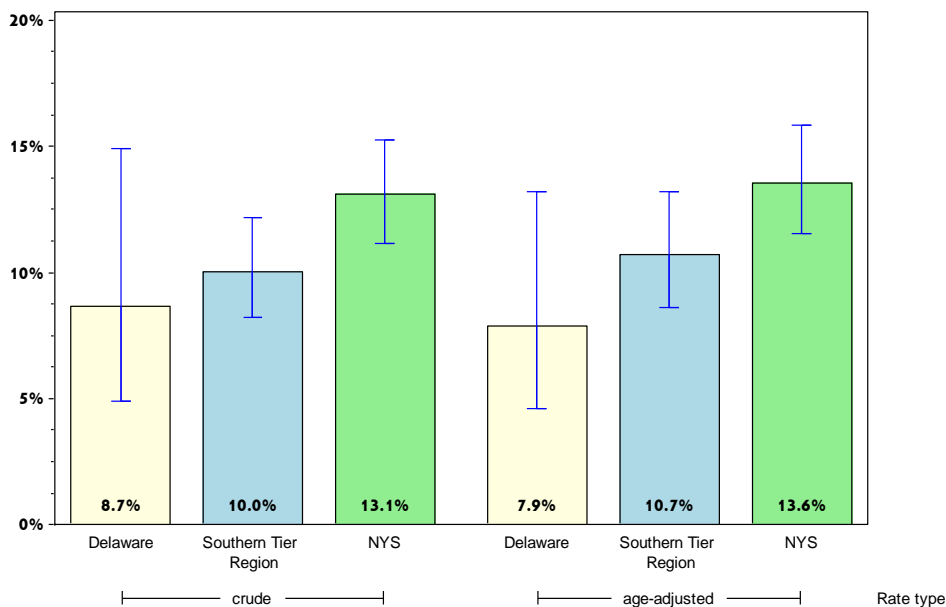
Limitations of Data Use:

During data analysis, criteria were applied to suppress rates based on too few surveys to be reliable and to identify rates that are highly variable. Rates in which less than 10 respondents were in the numerator or less than 50 respondents were in the denominator were considered unreliable and suppressed from reporting. Rates considered to have high variability due to having confidence limits greater than $\pm 10\%$ are noted.

Delaware

Improve Health Status and Reduce Health Disparities

Percentage of adults who did not receive medical care because of cost*



	Delaware County			Southern Tier		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	3,317	8.7	(4.9-14.9)	36,229	10.0	(8.2-12.2)
Age		#				
18-24		#		3,485	6.2	(3.1-11.9)
25-34		#		7,509	12.3	(7.7-19.0)
35-44		#		6,772	14.2	(8.3-23.3)
45-64	2,135	15.3 [^]	(7.7-28.0)	16,052	13.5	(10.3-17.5)
65+		#		2,128	2.9	(1.8-4.6)
Race						
White, NH	1,755	5.3	(3.3-8.5)	28,746	9.5	(7.7-11.8)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#		1,904	7.0	(3.2-14.7)
Sex						
male	2,366	12.4 [^]	(5.9-24.3)	16,682	9.4	(7.2-12.3)
female	950	5.0	(2.7-9.1)	19,547	10.6	(7.9-13.9)
Age-adjusted^{&}		7.9	(4.6-13.2)		10.7	(8.6-13.2)

* Among people needing to see a doctor in the past 12 months

& Percent is age-adjusted to the 2000 United States Population.

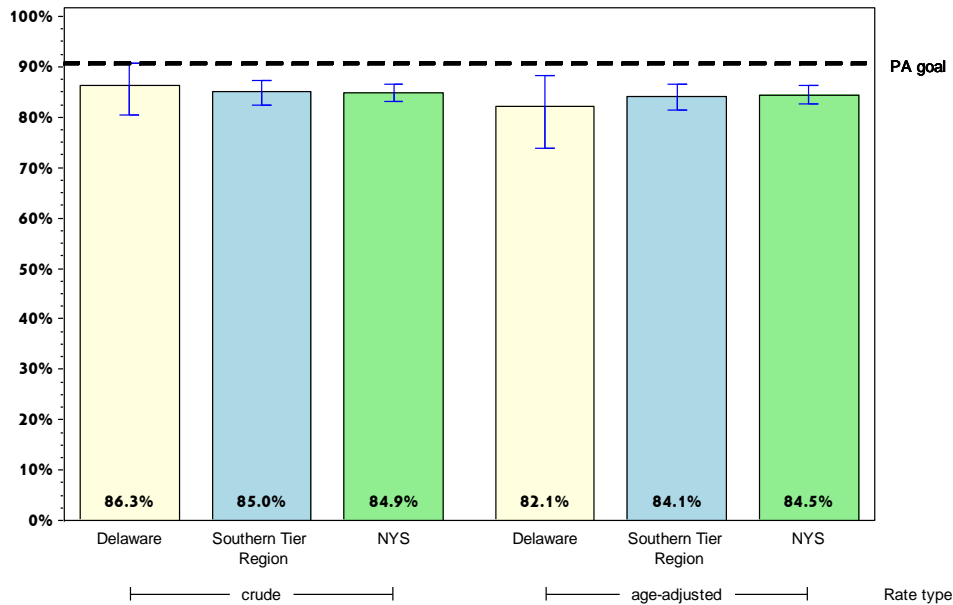
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Delaware

Improve Health Status and Reduce Health Disparities

Percentage of adults who have a regular health care provider



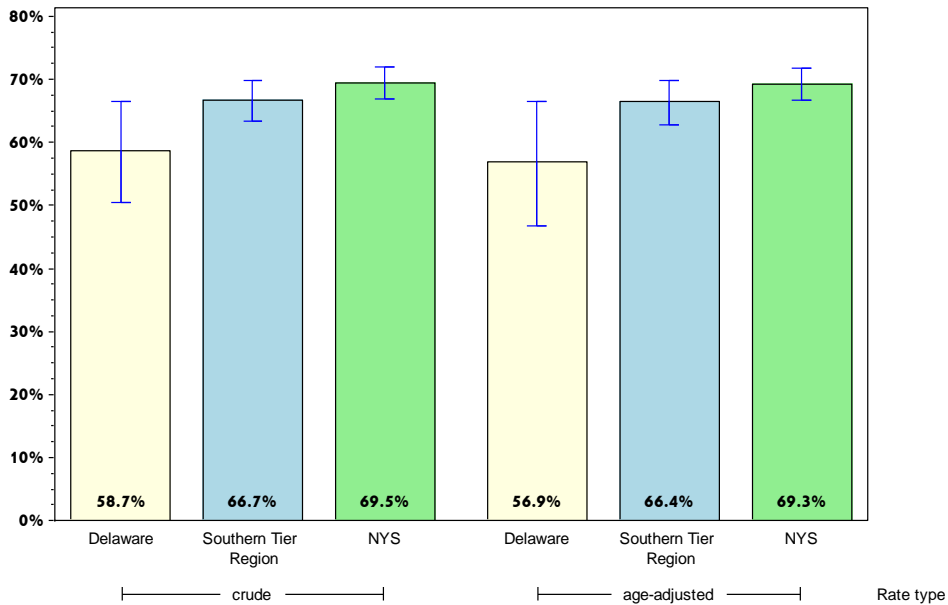
	Delaware County			Southern Tier		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	32,401	86.3	(80.5-90.6)	305,033	85.0	(82.4-87.2)
Age						
18-24		#		42,341	75.8 [^]	(64.6-84.3)
25-34		#		47,402	77.7	(69.2-84.4)
35-44		#		37,697	79.2	(71.3-85.4)
45-64	12,377	89.2	(83.1-93.3)	105,441	89.5	(86.3-92.0)
65+	9,596	96.9	(92.2-98.8)	67,547	93.9	(90.9-95.9)
Race						
White, NH	27,789	86.4	(80.7-90.7)	253,550	84.9	(82.3-87.2)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#		22,327	81.9 [^]	(68.4-90.4)
Sex						
male	15,480	81.4 [^]	(71.3-88.5)	136,951	77.5	(73.5-81.1)
female	16,921	91.4	(85.5-95.0)	168,081	92.2	(88.9-94.6)
Age-adjusted^{&}		82.1	(73.8-88.2)		84.1	(81.3-86.5)

& Percent is age-adjusted to the 2000 United States Population.
 # Rates with <10 in the numerator or <50 in the denominator are suppressed.
 ^ Highly variable rate (confidence interval with a half-width greater than 10).

Delaware

Improve Health Status and Reduce Health Disparities

Percentage of adults who had a dentist visit within the past year



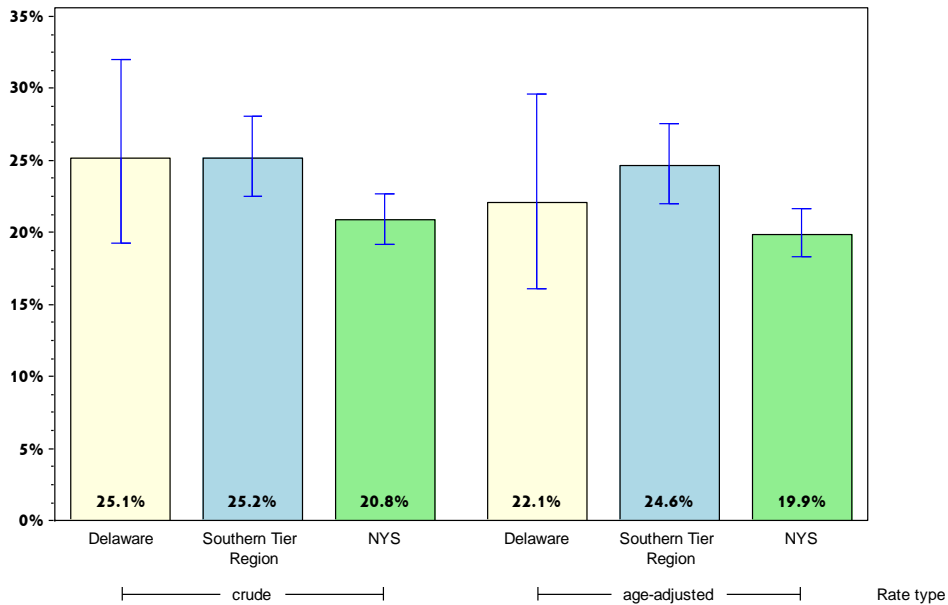
	Delaware County			Southern Tier		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	21,306	58.7	(50.4-66.5)	220,423	66.7	(63.4-69.8)
Age		#				
18-24		#		29,851	66.4 [^]	(54.2-76.8)
25-34		#		36,594	65.9 [^]	(55.2-75.2)
35-44		#		28,479	64.5	(54.6-73.3)
45-64	9,059	66.9 [^]	(56.6-75.8)	77,932	68.5	(63.7-73.0)
65+	5,668	60.7 [^]	(49.9-70.6)	44,963	65.7	(60.9-70.2)
Race						
White, NH	17,646	56.8	(48.2-64.9)	188,016	66.6	(63.2-69.7)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#		16,234	73.3 [^]	(57.0-85.0)
Sex						
male	10,086	55.0 [^]	(43.6-65.8)	102,550	62.3	(57.5-67.0)
female	11,220	62.5 [^]	(51.1-72.7)	117,873	71.0	(66.6-75.0)
Age-adjusted^{&}		56.9 [^]	(46.8-66.5)		66.4	(62.8-69.8)

& Percent is age-adjusted to the 2000 United States Population.
 # Rates with <10 in the numerator or <50 in the denominator are suppressed.
 ^ Highly variable rate (confidence interval with a half-width greater than 10).

Delaware

Improve Health Status and Reduce Health Disparities

Percentage of adults living with a disability*



Delaware County

Southern Tier

	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	9,450	25.1	(19.3-32.0)	89,618	25.2	(22.5-28.1)
Age						
18-24		#		4,554	8.2	(4.3-15.1)
25-34		#		12,577	21.1 [^]	(13.6-31.4)
35-44		#		8,889	19.4	(13.5-27.2)
45-64	3,442	24.7	(17.8-33.1)	36,485	30.8	(26.7-35.3)
65+	3,708	37.8 [^]	(28.6-48.0)	26,446	36.6	(31.9-41.5)
Race						
White, NH	8,310	25.8	(19.7-33.0)	77,336	26.0	(23.3-28.9)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#		5,878	23.1 [^]	(12.8-38.2)
Sex						
male	4,892	25.7	(17.8-35.6)	43,459	24.9	(21.0-29.2)
female	4,558	24.5 [^]	(16.6-34.7)	46,159	25.5	(21.9-29.5)
Age-adjusted^{&}		22.1	(16.1-29.6)		24.6	(22.0-27.5)

* Limited activities (physical, mental, or emotional problems); need of special equipment (e.g. cane, wheel chair).

& Percent is age-adjusted to the 2000 United States Population.

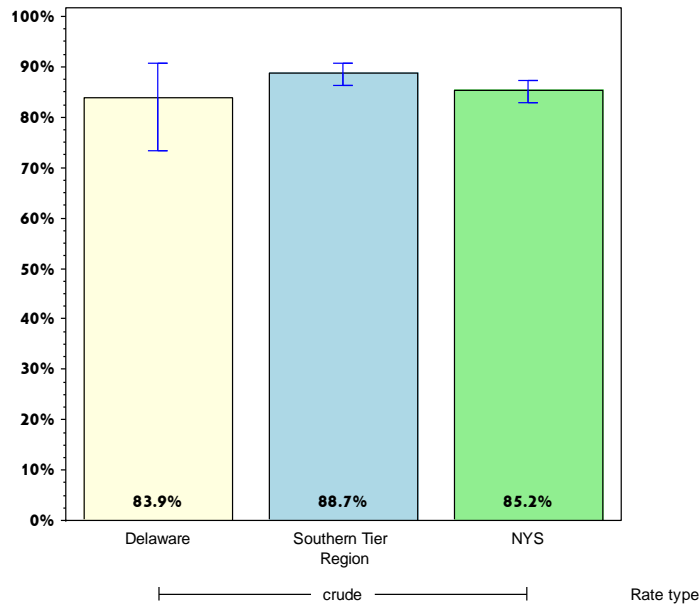
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Delaware

Improve Health Status and Reduce Health Disparities

Percentage of adults aged 18-64 years with healthcare coverage



Delaware County

Southern Tier

	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	23,491	83.9 [^]	(73.4-90.8)	245,502	88.7	(86.2-90.8)
Age⁺						
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH	19,992	84.3 [^]	(72.7-91.5)	203,392	88.5	(85.9-90.7)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#		19,259	91.4 [^]	(78.8-96.8)
Sex						
male	11,997	83.5 [^]	(71.8-91.0)	119,966	86.4	(82.8-89.3)
female	11,495	84.3 [^]	(64.1-94.1)	125,536	91.0	(87.3-93.7)
Age-adjusted^{+,&}						

& Percent is age-adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

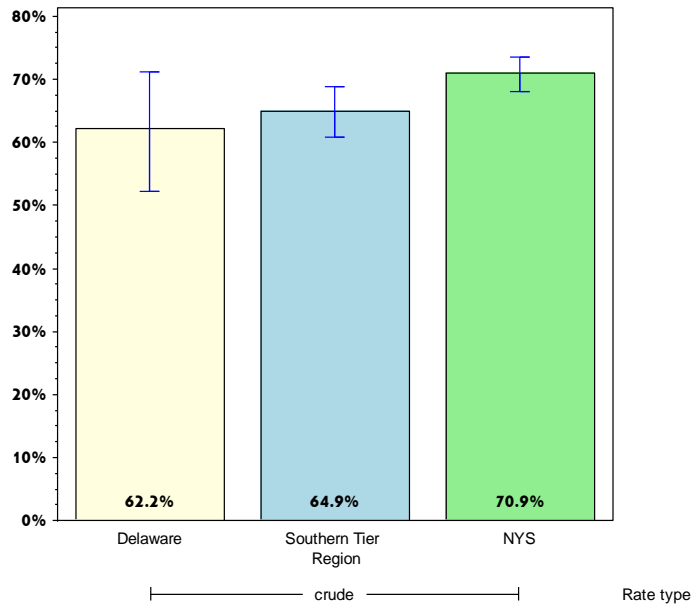
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Delaware

Improve Health Status and Reduce Health Disparities

Percentage of adults aged 18-64 years who saw a doctor for a routine checkup within the last year



Delaware County

Southern Tier

	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	17,373	62.2 [^]	(52.1-71.2)	182,948	64.9	(60.8-68.8)
Age⁺						
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH	14,065	59.4 [^]	(48.8-69.3)	143,786	62.5	(58.3-66.5)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#		13,771	65.4 [^]	(47.0-80.2)
Sex						
male	7,240	50.6 [^]	(37.0-64.1)	78,883	56.8	(51.1-62.4)
female	10,132	74.3 [^]	(61.2-84.1)	104,066	72.8	(67.0-77.9)
Age-adjusted^{+,&}						

& Percent is age-adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

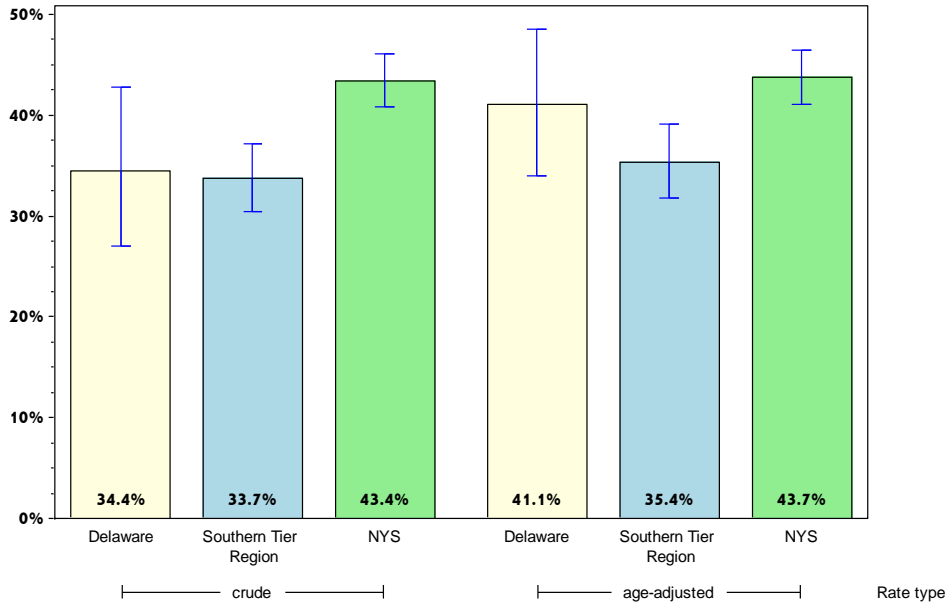
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Delaware

Improve Health Status and Reduce Health Disparities

Percentage of adults experiencing housing insecurity in the past 12 months*



Delaware County

Southern Tier

	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	11,948	34.4	(27.0-42.7)	110,120	33.7	(30.4-37.2)
Age		#				
18-24		#		13,414	30.9 [^]	(19.6-45.0)
25-34		#		20,168	36.6 [^]	(27.2-47.0)
35-44		#		21,029	46.7	(37.1-56.5)
45-64	4,515	33.9	(25.3-43.8)	42,480	38.1	(33.2-43.2)
65+	1,921	21.8 [^]	(13.0-34.2)	12,309	18.1	(14.2-22.8)
Race						
White, NH	10,222	34.4	(26.8-43.0)	94,835	34.9	(31.5-38.3)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#		5,731	24.3 [^]	(13.0-40.7)
Sex						
male	5,329	31.5 [^]	(21.4-43.6)	47,371	30.5	(26.3-35.0)
female	6,619	37.3 [^]	(27.1-48.8)	62,749	36.6	(31.6-42.0)
Age-adjusted^{&}		41.1	(34.0-48.5)		35.4	(31.8-39.1)

* Worried or stressed about having enough money to pay for rent or mortgage.

& Percent is age-adjusted to the 2000 United States Population.

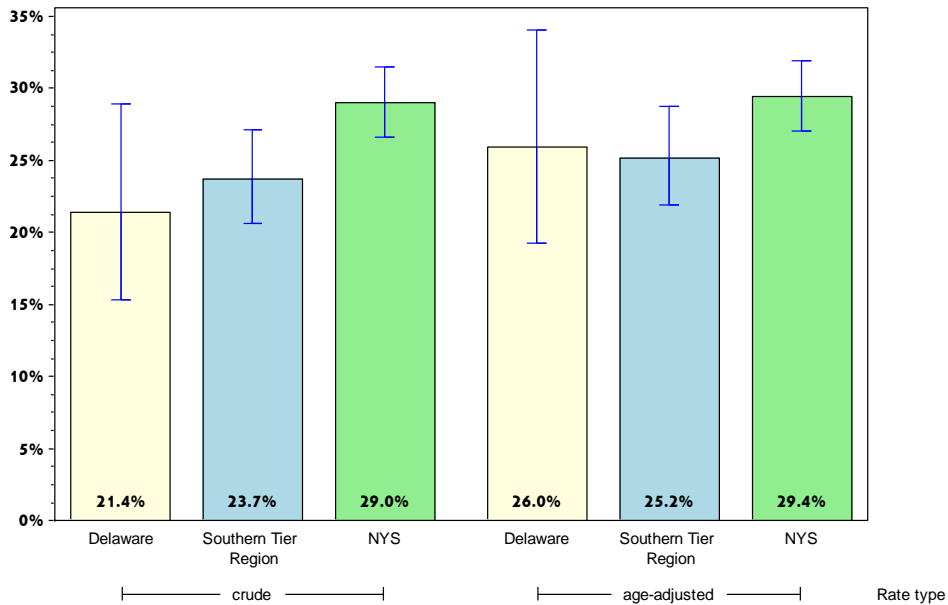
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Delaware

Improve Health Status and Reduce Health Disparities

Percentage of adults experiencing food insecurity in the past 12 months*



Delaware County

Southern Tier

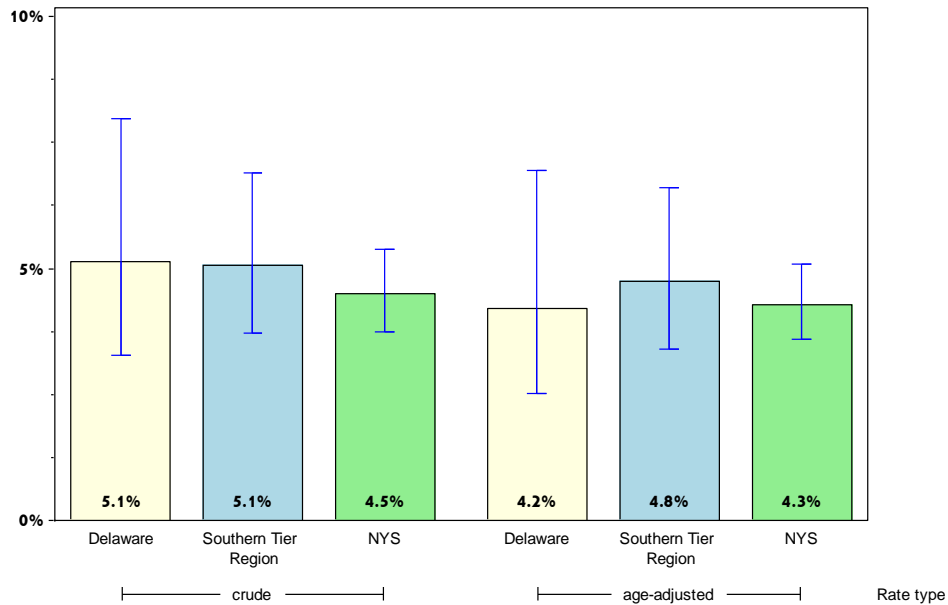
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	7,904	21.4	(15.4-28.9)	82,315	23.7	(20.6-27.1)
Age						
18-24	#	#		12,360	23.2 [^]	(14.6-34.8)
25-34	#	#		13,426	23.0	(16.2-31.4)
35-44	#	#		16,225	35.4 [^]	(26.0-46.1)
45-64	2,900	20.9	(14.1-29.9)	30,573	26.5	(21.5-32.2)
65+	1,218	13.0	(7.9-20.7)	9,530	13.5	(9.7-18.6)
Race						
White, NH	7,278	22.9	(16.4-31.1)	66,830	23.0	(20.0-26.3)
Black, NH	#	#		#	#	
Hispanic	#	#		#	#	
Other, NH	#	#		7,161	29.6 [^]	(14.1-51.9)
Sex						
male	3,247	17.4 [^]	(10.3-27.8)	34,087	20.1	(16.1-24.9)
female	4,657	25.4 [^]	(16.7-36.6)	48,228	27.1	(22.6-32.1)
Age-adjusted^{&}		26.0	(19.2-34.1)		25.2	(21.9-28.8)

* Worried or stressed about having enough money to buy nutritious meals.
 & Percent is age-adjusted to the 2000 United States Population.
 # Rates with <10 in the numerator or <50 in the denominator are suppressed.
 ^ Highly variable rate (confidence interval with a half-width greater than 10).

Delaware

Improve Health Status and Reduce Health Disparities

Percentage of adults with poor self-reported health



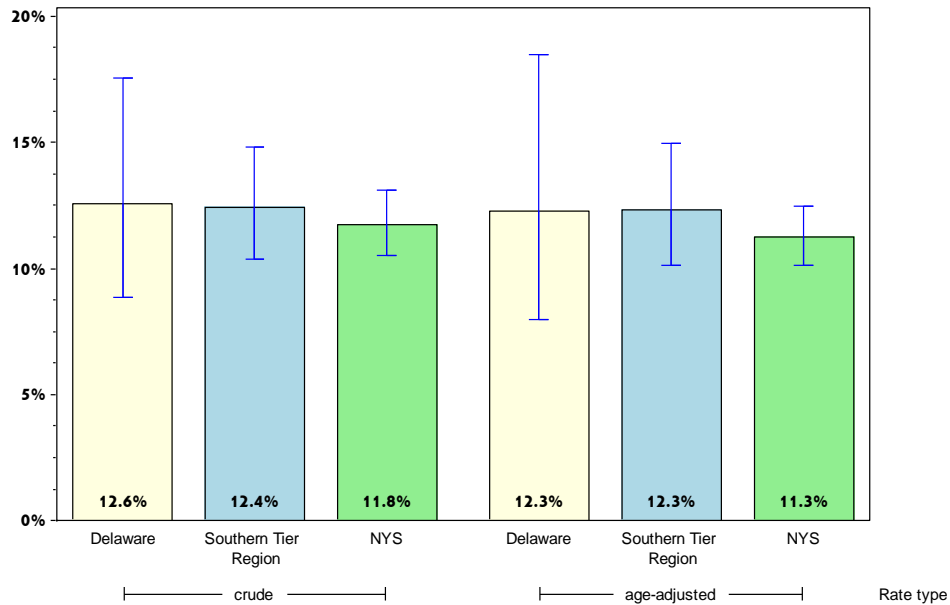
	Delaware County			Southern Tier		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	1,903	5.1	(3.3-8.0)	18,143	5.1	(3.7-6.9)
Age		#			#	
18-24		#			#	
25-34		#			#	
35-44		#			#	
45-64	721	5.4	(2.6-10.6)	7,509	6.4	(4.5-9.0)
65+	1,063	10.8	(6.1-18.5)	5,843	8.1	(5.8-11.2)
Race						
White, NH	1,611	5.0	(3.1-8.0)	14,079	4.7	(3.2-6.8)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#		2,274	8.6	(4.0-17.6)
Sex						
male	1,034	5.7	(3.0-10.5)	10,260	5.8	(3.6-9.4)
female	869	4.6	(2.5-8.5)	7,882	4.3	(3.1-6.1)
Age-adjusted^{&}		4.2	(2.5-7.0)		4.8	(3.4-6.6)

& Percent is age-adjusted to the 2000 United States Population.
 # Rates with <10 in the numerator or <50 in the denominator are suppressed.

Delaware

Improve Health Status and Reduce Health Disparities

Percentage of adults who report 14 or more days of poor physical health*



Delaware County

Southern Tier

	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	4,699	12.6	(8.8-17.5)	43,428	12.4	(10.4-14.8)
Age		#			#	
18-24		#			#	
25-34		#		5,741	9.6 [^]	(4.3-20.1)
35-44		#		5,563	12.0	(6.8-20.5)
45-64	1,651	12.0	(7.2-19.3)	17,383	15.3	(12.1-19.0)
65+	2,073	22.1 [^]	(14.0-33.1)	12,114	17.3	(13.5-21.9)
Race						
White, NH	3,876	12.1	(8.4-17.0)	34,674	11.9	(9.9-14.3)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#		4,940	19.1 [^]	(9.7-34.2)
Sex						
male	2,955	15.7	(9.7-24.4)	22,786	13.2	(10.1-17.2)
female	1,744	9.4	(5.8-14.8)	20,642	11.6	(9.2-14.5)
Age-adjusted^{&}		12.3	(8.0-18.5)		12.3	(10.1-14.9)

* Out of the past 30 days.

& Percent is age-adjusted to the 2000 United States Population.

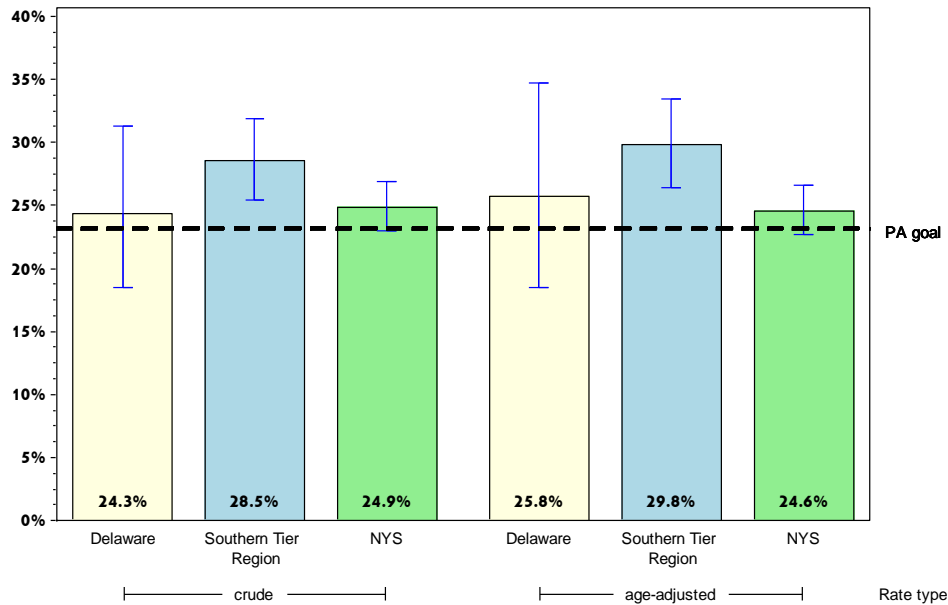
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Delaware

Prevent Chronic Diseases

Percentage of adults who are obese*



Delaware County

Southern Tier

	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	9,051	24.3	(18.5-31.3)	95,241	28.5	(25.4-31.9)
Age						
18-24	#	#		7,926	14.8 [^]	(8.1-25.3)
25-34	#	#		16,121	30.6 [^]	(21.4-41.6)
35-44	#	#		15,806	36.4 [^]	(27.1-46.9)
45-64	3,945	29.1 [^]	(20.4-39.5)	37,057	32.8	(28.3-37.6)
65+	2,439	25.5	(17.8-35.1)	18,039	26.4	(21.6-31.9)
Race						
White, NH	8,435	26.5	(20.1-34.0)	82,917	29.7	(26.5-33.1)
Black, NH	#	#		#	#	
Hispanic	#	#		#	#	
Other, NH	#	#		4,994	19.2 [^]	(9.3-35.7)
Sex						
male	5,687	29.8 [^]	(20.4-41.2)	49,087	28.2	(23.8-33.0)
female	3,363	18.6	(13.1-25.6)	46,154	28.9	(24.5-33.7)
Age-adjusted^{&}		25.8	(18.5-34.7)		29.8	(26.4-33.4)

* Obesity defined as a Body Mass Index (BMI) ≥ 30 . BMI is calculated based on weight and height.

& Percent is age-adjusted to the 2000 United States Population.

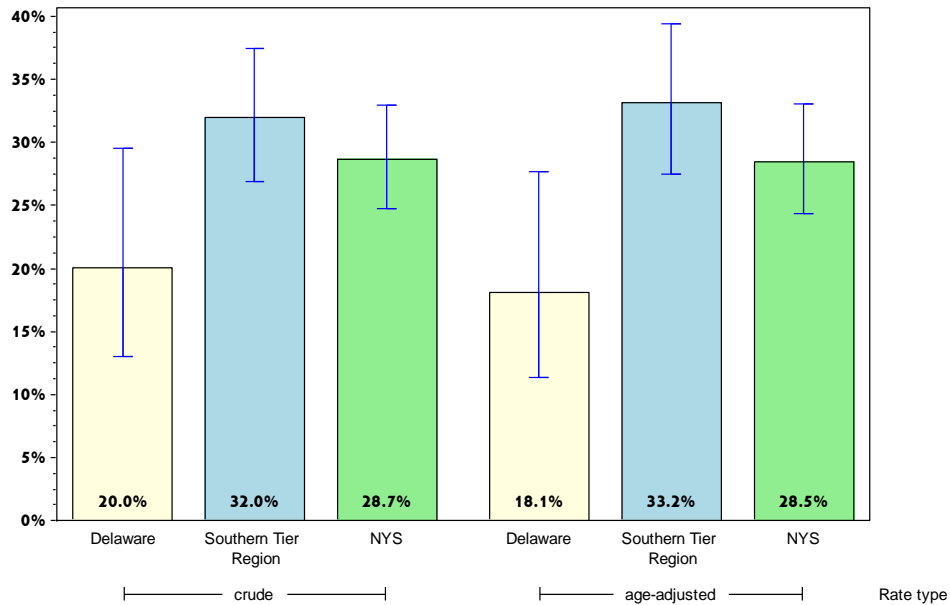
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Delaware

Prevent Chronic Diseases

Percentage of adults with an annual household income less than \$25,000 who are obese*



Delaware County

Southern Tier

	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	2,132	20.0	(13.0-29.5)	29,061	32.0	(26.9-37.5)
Age		#			#	
18-24		#			#	
25-34		#		3,472	20.1 [^]	(11.0-33.8)
35-44		#		4,258	44.8 [^]	(26.9-64.2)
45-64	994	31.6 [^]	(18.7-48.2)	12,769	40.5	(31.9-49.7)
65+	1,010	23.8 [^]	(12.5-40.4)	6,552	28.8	(22.1-36.6)
Race						
White, NH	2,014	23.8 [^]	(15.5-34.7)	24,568	32.3	(27.0-38.0)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male	969	20.6 [^]	(10.1-37.3)	11,743	25.7	(19.2-33.5)
female	1,163	19.6 [^]	(11.4-31.6)	17,318	38.3	(31.1-46.1)
Age-adjusted^{&}		18.1	(11.4-27.7)		33.2	(27.4-39.4)

* Obesity defined as a Body Mass Index (BMI) ≥ 30 . BMI is calculated based on weight and height.

& Percent is age-adjusted to the 2000 United States Population.

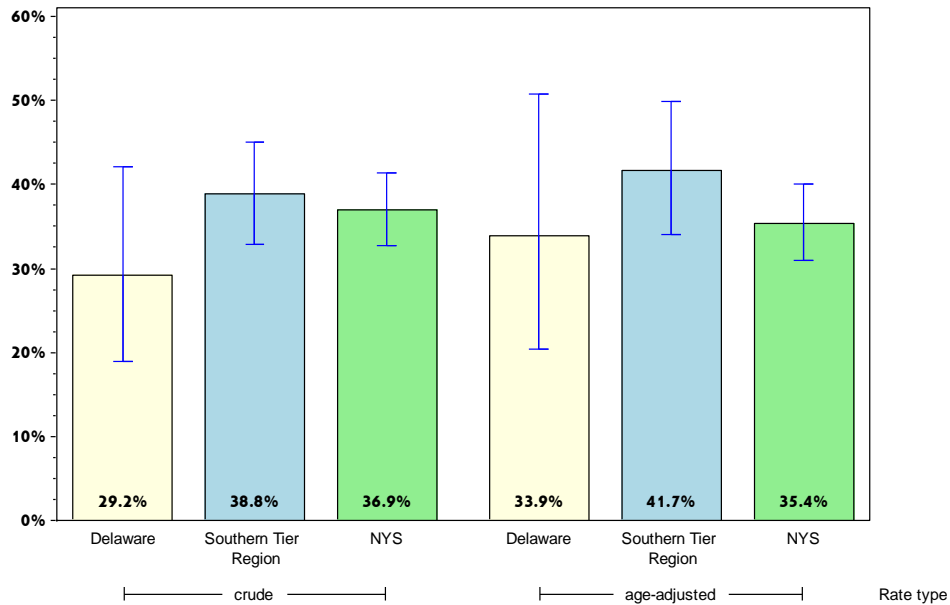
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Delaware

Prevent Chronic Diseases

Percentage of adults living with a disability who are obese*



Delaware County

Southern Tier

	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	2,686	29.2 [^]	(19.0-42.1)	32,685	38.8	(32.9-45.1)
Age		#			#	
18-24		#			#	
25-34		#			#	
35-44		#			#	
45-64		#		15,081	43.9	(36.0-52.2)
65+	987	26.6 [^]	(14.4-43.9)	7,075	27.6	(21.3-35.0)
Race						
White, NH	2,454	30.5 [^]	(19.7-43.9)	26,719	37.0	(30.9-43.7)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male	1,708	34.9 [^]	(19.5-54.2)	15,797	36.6 [^]	(27.5-46.8)
female	978	22.7 [^]	(12.5-37.9)	16,888	41.2	(34.0-48.7)
Age-adjusted^{&}		33.9 [^]	(20.3-50.7)		41.7	(34.0-49.9)

* Obesity defined as a Body Mass Index (BMI) ≥ 30 . BMI is calculated based on weight and height. Limited activities (physical, mental, or emotional problems); need of special equipment (e.g. cane, wheel chair).

& Percent is age-adjusted to the 2000 United States Population.

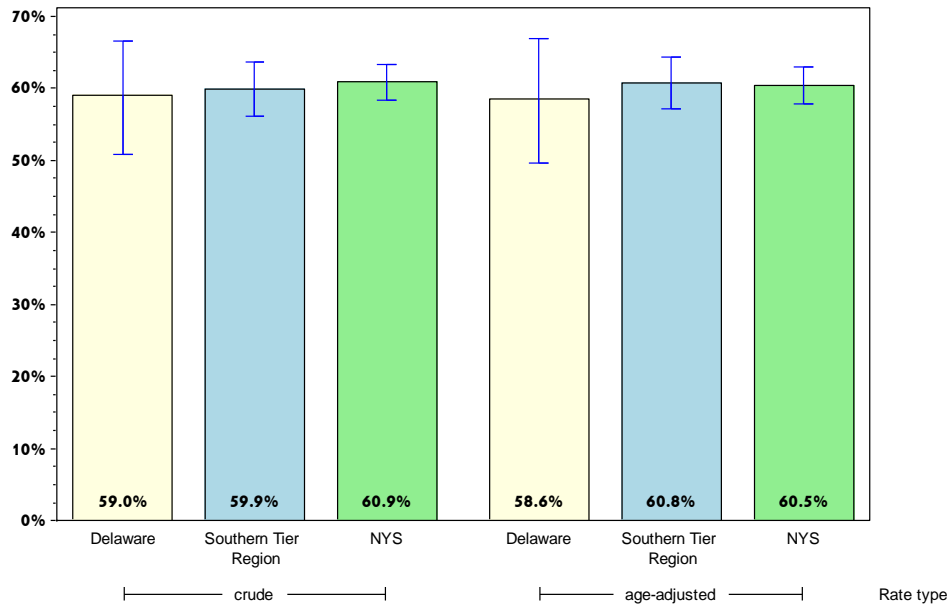
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Delaware

Prevent Chronic Diseases

Percentage of adults overweight or obese*



Delaware County

Southern Tier

	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	21,930	59.0	(50.9-66.6)	199,985	59.9	(56.1-63.7)
Age		#				
18-24		#		19,724	36.7 [^]	(25.1-50.2)
25-34		#		26,653	50.6 [^]	(40.5-60.7)
35-44		#		30,381	70.0	(60.6-78.1)
45-64	8,460	62.3 [^]	(51.5-72.0)	76,054	67.3	(62.0-72.3)
65+	6,897	72.0	(62.7-79.7)	45,261	66.4	(61.6-70.8)
Race						
White, NH	19,041	59.9	(51.6-67.6)	174,723	62.5	(59.1-65.9)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#		11,547	44.5 [^]	(28.3-61.9)
Sex						
male	12,684	66.4 [^]	(54.8-76.4)	112,653	64.7	(59.7-69.4)
female	9,246	51.1 [^]	(39.9-62.1)	87,331	54.7	(49.0-60.3)
Age-adjusted^{&}		58.6	(49.7-67.0)		60.8	(57.1-64.3)

* Defined as a Body Mass Index (BMI) ≥ 25 . BMI is calculated based on weight and height.

& Percent is age-adjusted to the 2000 United States Population.

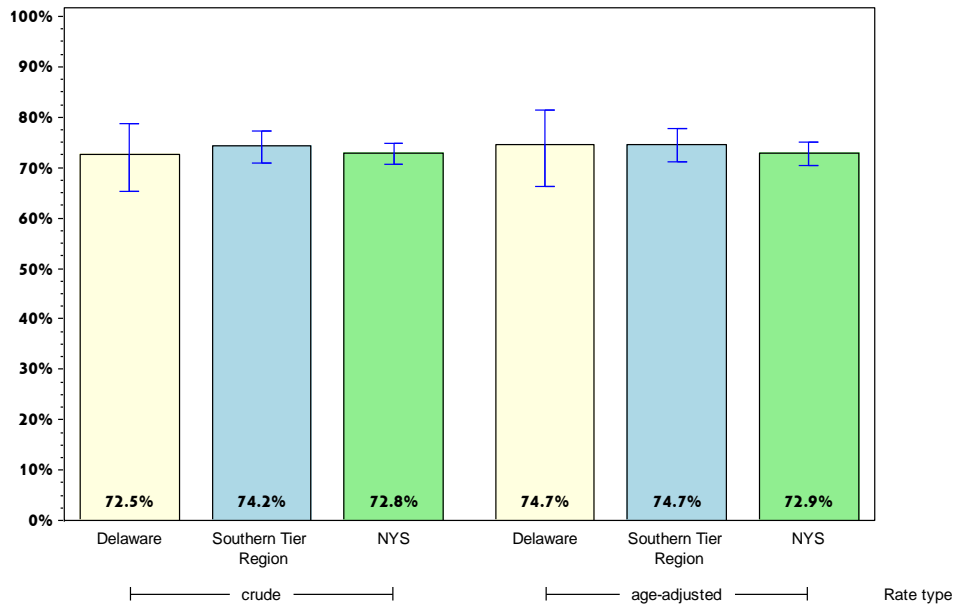
Rates with < 10 in the numerator or < 50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Delaware

Prevent Chronic Diseases

Percentage of adults who participated in leisure time physical activity in the past 30 days*



Delaware County

Southern Tier

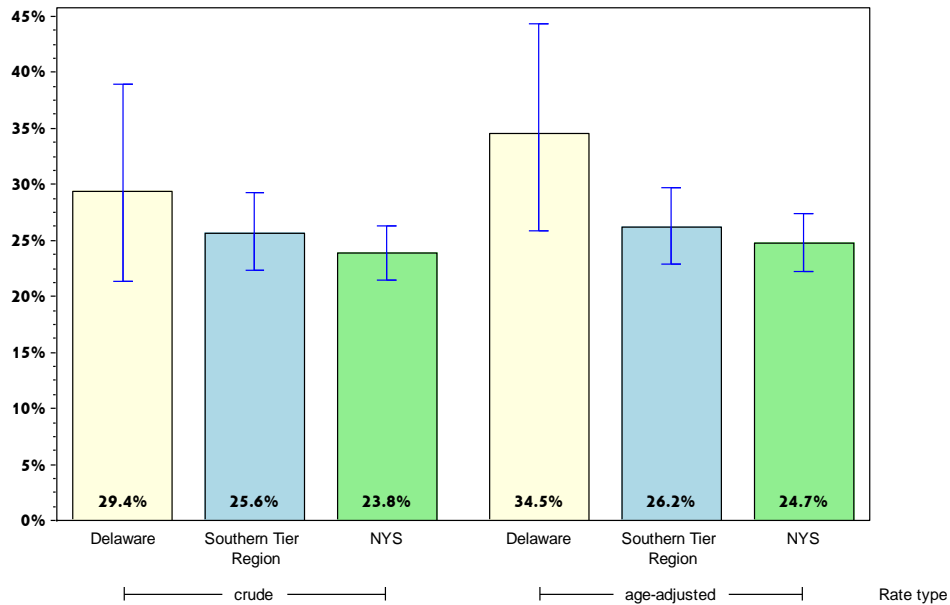
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	27,037	72.5	(65.3-78.7)	259,735	74.2	(70.9-77.4)
Age		#				
18-24		#		41,971	78.8 [^]	(66.5-87.4)
25-34		#		42,562	71.7 [^]	(58.8-81.7)
35-44		#		36,839	80.3	(72.6-86.3)
45-64	10,577	75.7	(67.5-82.4)	85,632	73.9	(69.3-78.1)
65+	5,269	55.7 [^]	(44.6-66.1)	48,976	68.8	(64.2-73.1)
Race						
White, NH	23,311	72.7	(65.2-79.1)	213,124	72.9	(69.7-75.9)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#		22,139	88.7 [^]	(78.0-94.6)
Sex						
male	13,832	73.8 [^]	(63.6-82.0)	133,344	78.2	(74.0-81.9)
female	13,205	71.2 [^]	(60.5-79.9)	126,391	70.5	(65.2-75.2)
Age-adjusted^{&}		74.7	(66.3-81.5)		74.7	(71.2-77.8)

* Any physical activities or exercises such as running or walking
 & Percent is age-adjusted to the 2000 United States Population.
 # Rates with <10 in the numerator or <50 in the denominator are suppressed.
 ^ Highly variable rate (confidence interval with a half-width greater than 10).

Delaware

Prevent Chronic Diseases

Percentage of adults who consume one or more sugary drinks daily*



Delaware County

Southern Tier

	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	10,756	29.4	(21.3-38.9)	88,098	25.6	(22.3-29.3)
Age						
18-24	#	#		20,979	40.1 [^]	(27.3-54.3)
25-34	#	#		23,280	40.2 [^]	(29.5-52.0)
35-44	#	#		11,061	24.2	(18.0-31.8)
45-64	3,243	23.7 [^]	(14.4-36.5)	23,746	20.8	(17.0-25.1)
65+	1,205	12.9 [^]	(5.8-26.5)	8,799	12.6	(10.0-15.8)
Race						
White, NH	8,803	28.0 [^]	(19.7-38.3)	71,236	24.8	(21.6-28.3)
Black, NH	#	#		#	#	
Hispanic	#	#		#	#	
Other, NH	#	#		4,913	20.3 [^]	(11.0-34.3)
Sex						
male	5,596	29.9 [^]	(19.9-42.3)	44,773	26.7	(22.6-31.2)
female	5,160	28.8 [^]	(17.2-44.0)	43,325	24.6	(19.6-30.4)
Age-adjusted^{&}		34.5	(25.8-44.4)		26.2	(22.9-29.7)

* Sugary drinks include regular soda, and sugar-sweetened drinks.

& Percent is age-adjusted to the 2000 United States Population.

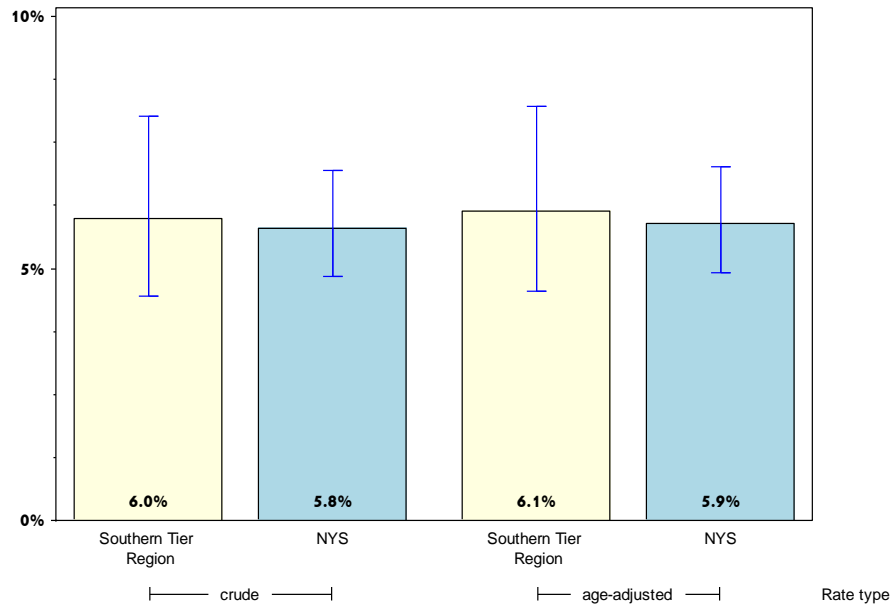
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Delaware

Prevent Chronic Diseases

Percentage of adults who consume fast-food three or more times per week



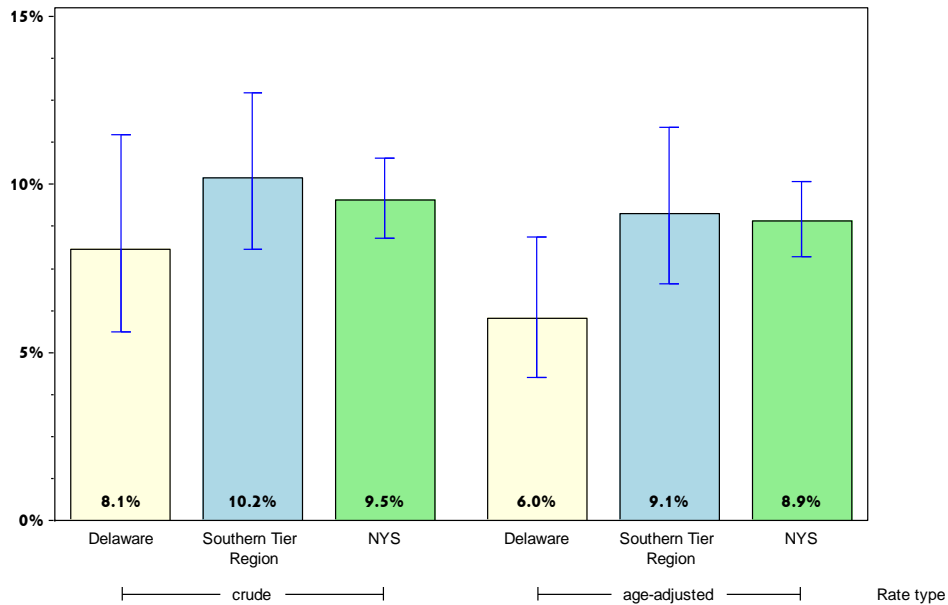
	Delaware County			Southern Tier		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total		#		20,347	6.0	(4.5-8.0)
Age		#			#	
18-24		#				
25-34		#		6,344	11.0	(6.3-18.6)
35-44		#		2,414	5.3	(2.5-10.8)
45-64		#		5,371	4.7	(2.9-7.5)
65+		#		1,671	2.4	(1.4-4.1)
Race		#			#	
White, NH		#		15,486	5.4	(3.9-7.5)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex		#			#	
male		#		12,975	7.9	(5.5-11.2)
female		#		7,372	4.2	(2.6-6.9)
Age-adjusted^{&}		#			6.1	(4.5-8.2)

& Percent is age-adjusted to the 2000 United States Population.
 # Rates with <10 in the numerator or <50 in the denominator are suppressed.

Delaware

Prevent Chronic Diseases

Percentage of adults with physician diagnosed diabetes*



	Delaware County			Southern Tier		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	3,090	8.1	(5.6-11.5)	36,788	10.2	(8.1-12.7)
Age		#			#	
18-24		#			#	
25-34		#			#	
35-44		#			#	
45-64	1,206	8.6	(4.8-15.1)	14,046	11.8	(9.1-15.1)
65+	1,805	18.2	(11.9-26.9)	16,124	22.1	(17.8-27.1)
Race						
White, NH	2,688	8.2	(5.6-11.8)	27,473	9.1	(7.8-10.7)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#		4,025	14.8 [^]	(6.9-28.9)
Sex						
male	1,485	7.8	(4.6-12.9)	16,397	9.3	(7.2-11.9)
female	1,605	8.4	(5.1-13.6)	20,391	11.1	(7.7-15.6)
Age-adjusted^{&}		6.0	(4.2-8.4)		9.1	(7.1-11.7)

* As diagnosed by a health professional.

& Percent is age-adjusted to the 2000 United States Population.

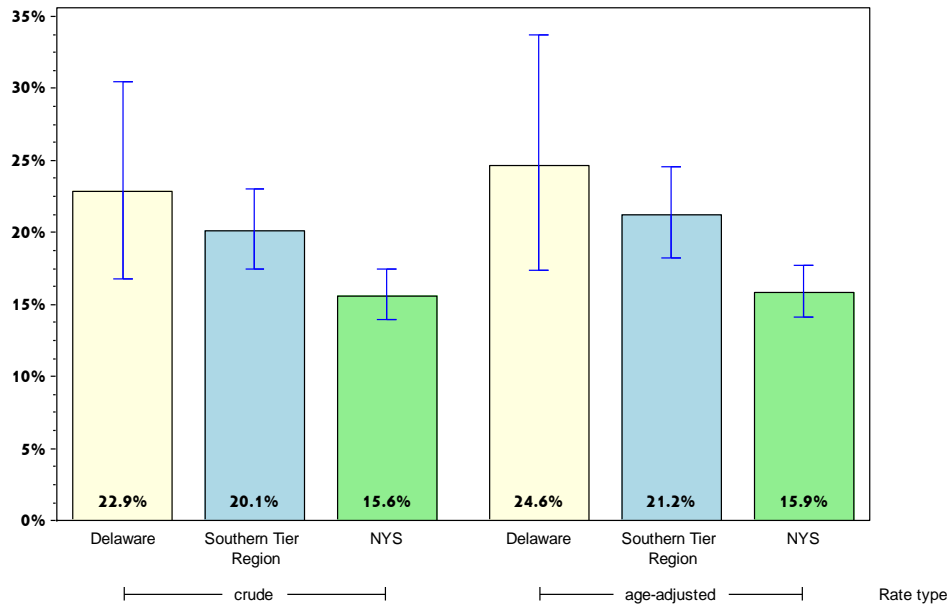
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Delaware

Prevent Chronic Diseases

Percentage of adults who are current smokers



Delaware County

Southern Tier

	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	8,566	22.9	(16.7-30.4)	71,044	20.1	(17.4-23.0)
Age		#				
18-24		#		9,973	18.3 [^]	(10.8-29.1)
25-34		#		15,353	26.0	(18.4-35.4)
35-44		#		12,078	26.2 [^]	(17.7-36.9)
45-64	4,163	29.8 [^]	(21.0-40.3)	28,406	24.0	(20.1-28.4)
65+	764	7.9	(4.1-14.6)	5,115	7.1	(5.2-9.7)
Race						
White, NH	7,456	23.3	(16.6-31.6)	63,096	21.3	(18.5-24.5)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#		3,338	13.4 [^]	(7.1-23.9)
Sex						
male	4,774	25.1 [^]	(16.6-36.0)	36,695	21.1	(17.4-25.4)
female	3,792	20.6 [^]	(12.9-31.1)	34,348	19.1	(15.4-23.3)
Age-adjusted^{&}		24.6	(17.4-33.7)		21.2	(18.3-24.6)

& Percent is age-adjusted to the 2000 United States Population.

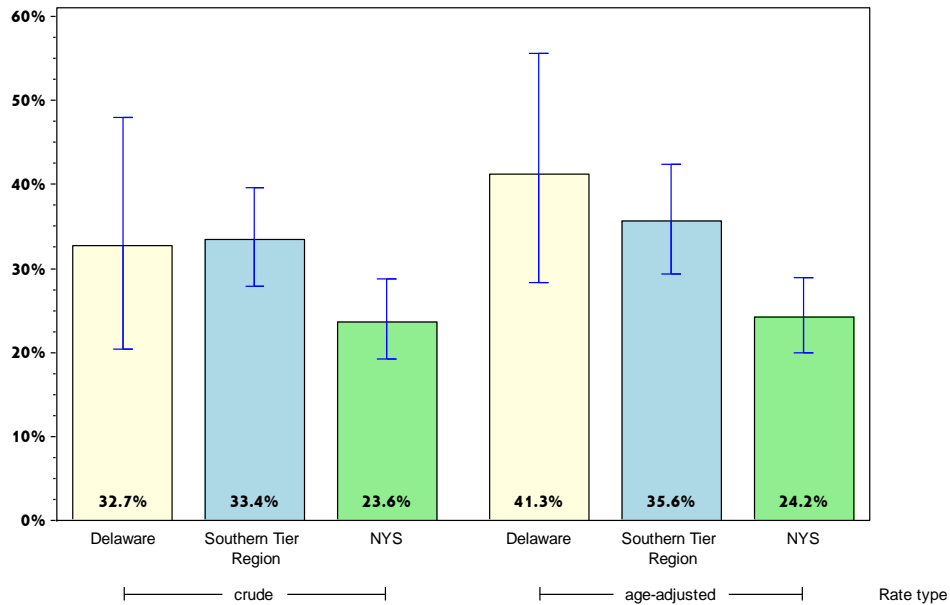
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Delaware

Prevent Chronic Diseases

Percentage of adults with annual household income less than \$25,000 who are current smokers



Delaware County

Southern Tier

	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	3,523	32.7 [^]	(20.4-47.9)	33,082	33.4	(27.8-39.6)
Age		#			#	
18-24		#			#	
25-34		#		8,325	38.6 [^]	(22.8-57.1)
35-44		#		4,330	37.6 [^]	(21.9-56.6)
45-64	1,393	42.9 [^]	(26.4-61.0)	14,058	43.6	(35.1-52.4)
65+		#		2,371	9.7	(5.9-15.5)
Race						
White, NH	2,821	32.9 [^]	(19.6-49.6)	28,558	35.6	(29.9-41.7)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male	1,257	26.8 [^]	(13.6-46.0)	15,897	35.6	(27.7-44.3)
female	2,266	37.2 [^]	(19.9-58.6)	17,185	31.7	(24.1-40.3)
Age-adjusted^{&}		41.3 [^]	(28.3-55.7)		35.6	(29.4-42.4)

& Percent is age-adjusted to the 2000 United States Population.

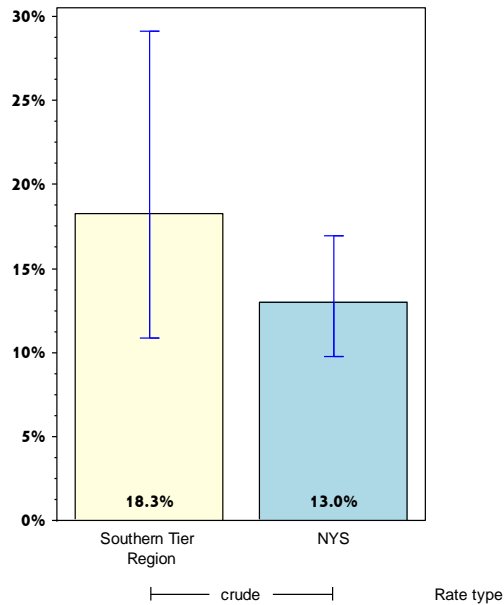
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Delaware

Prevent Chronic Diseases

Percentage of adults aged 18-24 years who are current smokers



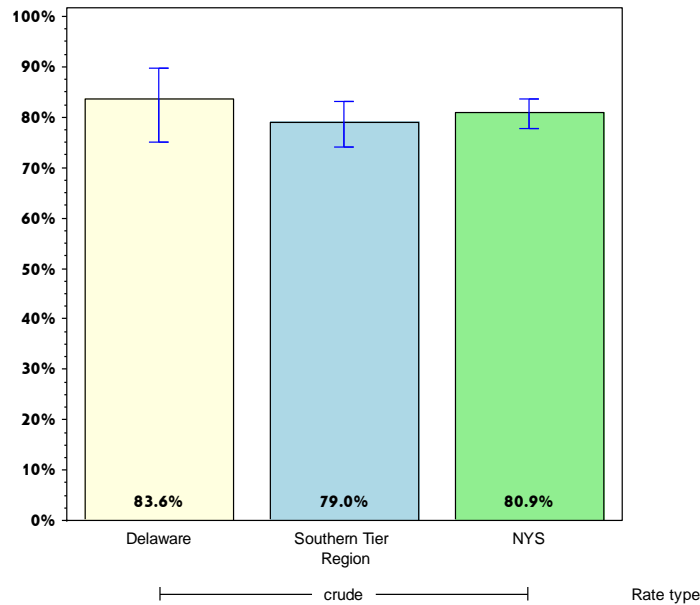
	Delaware County			Southern Tier		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total		#		9,973	18.3 [^]	(10.8-29.1)
Age⁺						
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH		#		9,651	23.3 [^]	(14.1-36.0)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male		#		6,557	23.4 [^]	(12.3-40.0)
female		#			#	
Age-adjusted^{+,&}						

& Percent is age-adjusted to the 2000 United States Population.
 + Age-adjusted and age specific percent not generated for health indicators with age range limits.
 # Rates with <10 in the numerator or <50 in the denominator are suppressed.
 ^ Highly variable rate (confidence interval with a half-width greater than 10).

Delaware

Prevent Chronic Diseases

Percentage of women aged 50-74 years receiving breast cancer screening based on recent guidelines*



Delaware County

Southern Tier

	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	6,646	83.6	(75.1-89.6)	51,498	79.0	(74.1-83.2)
Age⁺						
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH	5,759	81.8	(72.7-88.3)	45,195	78.4	(73.2-82.8)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male		#			#	
female	6,646	83.6	(75.1-89.6)	51,498	79.0	(74.1-83.2)
Age-adjusted^{+,&}						

* Mammogram within past 2 years.

& Percent is age-adjusted to the 2000 United States Population.

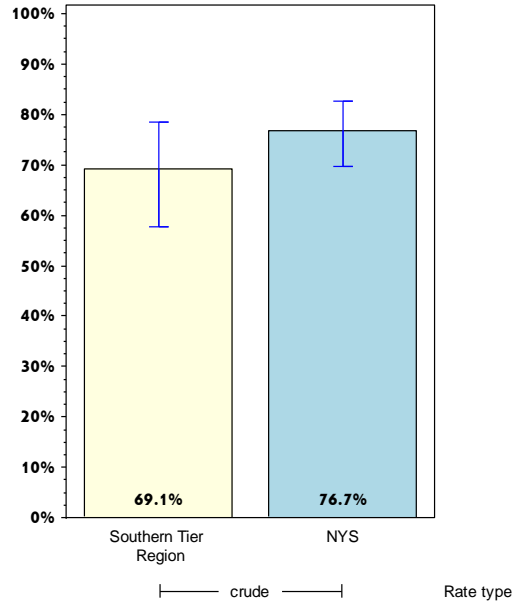
+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

Rates with <10 in the numerator or <50 in the denominator are suppressed.

Delaware

Prevent Chronic Diseases

Percentage of women aged 50-74 years with annual household income of less than \$25,000 receiving breast cancer screening based on recent guidelines*



	Delaware County			Southern Tier		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total		#		12,012	69.1 [^]	(57.8-78.5)
Age⁺						
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH		#		10,516	68.8 [^]	(56.7-78.7)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male		#			#	
female		#		12,012	69.1 [^]	(57.8-78.5)
Age-adjusted^{+,&}						

* Mammogram within past 2 years.

& Percent is age-adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

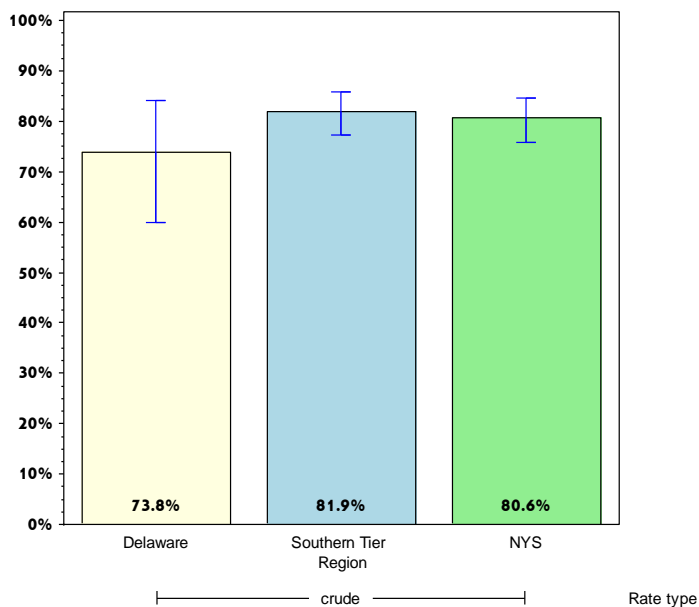
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Delaware

Prevent Chronic Diseases

Percentage of women aged 21-65 years receiving cervical cancer screening based on recent guidelines*



Delaware County

Southern Tier

	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	8,383	73.8 [^]	(59.8-84.1)	100,500	81.9	(77.2-85.8)
Age⁺						
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH	7,969	74.3 [^]	(59.5-85.1)	84,356	81.9	(77.5-85.6)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male		#			#	
female	8,383	73.8 [^]	(59.8-84.1)	100,500	81.9	(77.2-85.8)
Age-adjusted^{+,&}						

* Pap test within past 3 years.

& Percent is age-adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

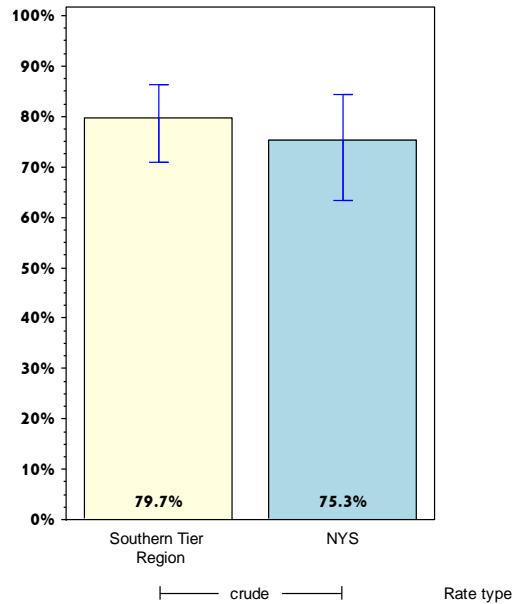
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Delaware

Prevent Chronic Diseases

Percentage of women aged 21-65 years with annual household income of less than \$25,000 receiving cervical cancer screening based on recent guidelines*



	Delaware County			Southern Tier		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total		#		29,790	79.7	(71.0-86.4)
Age⁺						
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH		#		21,880	75.4	(66.0-82.8)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male		#			#	
female		#		29,790	79.7	(71.0-86.4)
Age-adjusted^{+,&}						

* Pap test within past 3 years.

& Percent is age-adjusted to the 2000 United States Population.

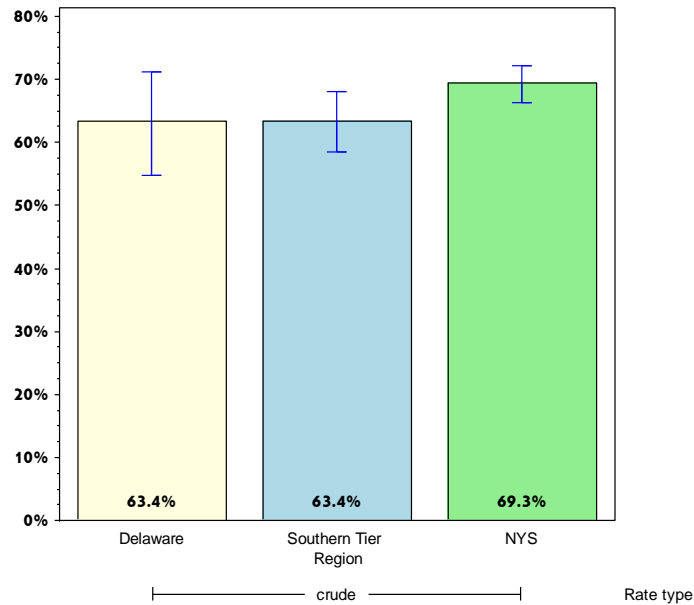
+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

Rates with <10 in the numerator or <50 in the denominator are suppressed.

Delaware

Prevent Chronic Diseases

Percentage of adults aged 50-75 years receiving colorectal cancer screening based on recent guidelines*



Delaware County

Southern Tier

	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total Age⁺	10,597	63.4	(54.9-71.2)	82,061	63.4	(58.5-68.1)
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH	8,532	59.8	(51.2-67.9)	72,849	65.4	(61.3-69.3)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male	5,379	61.0 [^]	(47.6-72.9)	38,092	61.3	(53.2-68.7)
female	5,218	66.1 [^]	(55.5-75.3)	43,969	65.4	(59.3-71.0)
Age-adjusted^{+,&}						

* Blood stool test within 1 year, or sigmoidoscopy within 5 years with blood stool test within 3 years, or colonoscopy within 10 years.

& Percent is age-adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

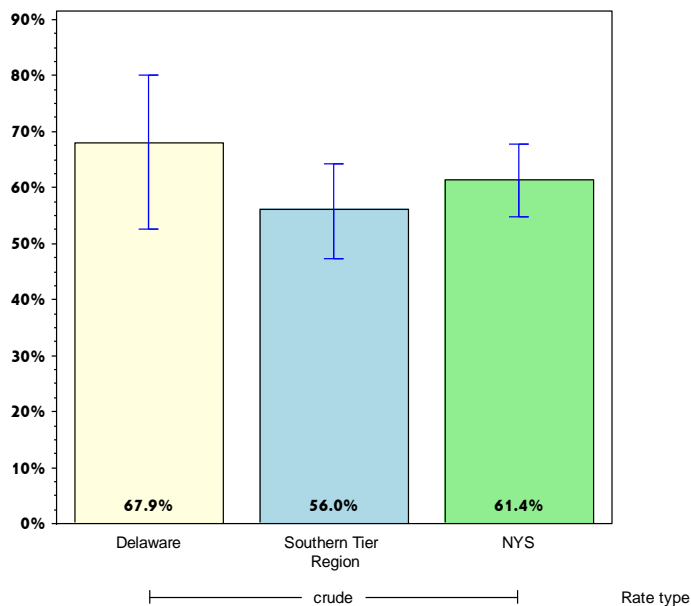
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Delaware

Prevent Chronic Diseases

Percentage of adults aged 50-75 years with annual household income less than \$25,000 receiving colorectal cancer screening based on recent guidelines*



	Delaware County			Southern Tier		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total Age⁺	3,223	67.9 [^]	(52.5-80.1)	19,541	56.0	(47.4-64.3)
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH	2,252	63.3 [^]	(48.2-76.2)	16,747	55.0	(46.2-63.4)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male		#		9,923	60.7 [^]	(49.2-71.2)
female		#		9,618	51.9 [^]	(39.9-63.6)
Age-adjusted^{+,&}						

* Blood stool test within 1 year, or sigmoidoscopy within 5 years with blood stool test within 3 years, or colonoscopy within 10 years.

& Percent is age-adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

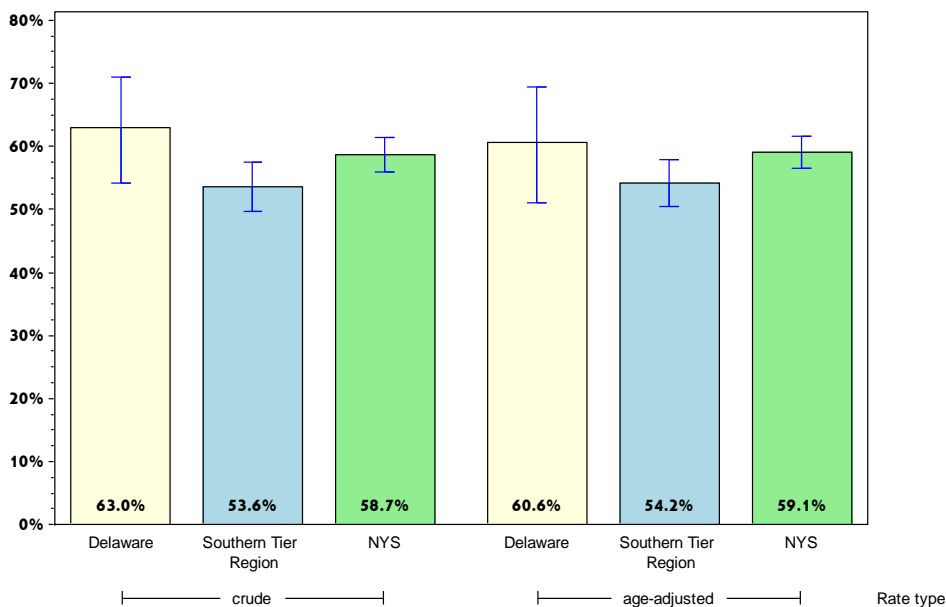
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Delaware

Prevent Chronic Diseases

Percentage of adults who had a test for high blood sugar or diabetes within the past three years



Delaware County

Southern Tier

	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	21,592	63.0	(54.3-71.0)	164,536	53.6	(49.7-57.5)
Age		#				
18-24		#		13,960	28.0 [^]	(18.0-40.8)
25-34		#		25,224	46.6 [^]	(36.7-56.7)
35-44		#		24,844	54.5	(44.6-64.1)
45-64	8,008	63.8 [^]	(53.3-73.2)	60,606	60.3	(54.6-65.7)
65+	6,269	78.9	(69.1-86.3)	37,837	71.0	(65.6-75.8)
Race						
White, NH	17,694	60.4	(51.3-68.9)	142,752	55.3	(51.7-59.0)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#		8,459	39.2 [^]	(23.2-57.8)
Sex						
male	11,180	65.0 [^]	(52.6-75.6)	78,714	51.4	(46.1-56.7)
female	10,412	61.1 [^]	(48.4-72.3)	85,822	55.8	(49.9-61.6)
Age-adjusted^{&}		60.6	(51.1-69.4)		54.2	(50.4-57.9)

& Percent is age-adjusted to the 2000 United States Population.

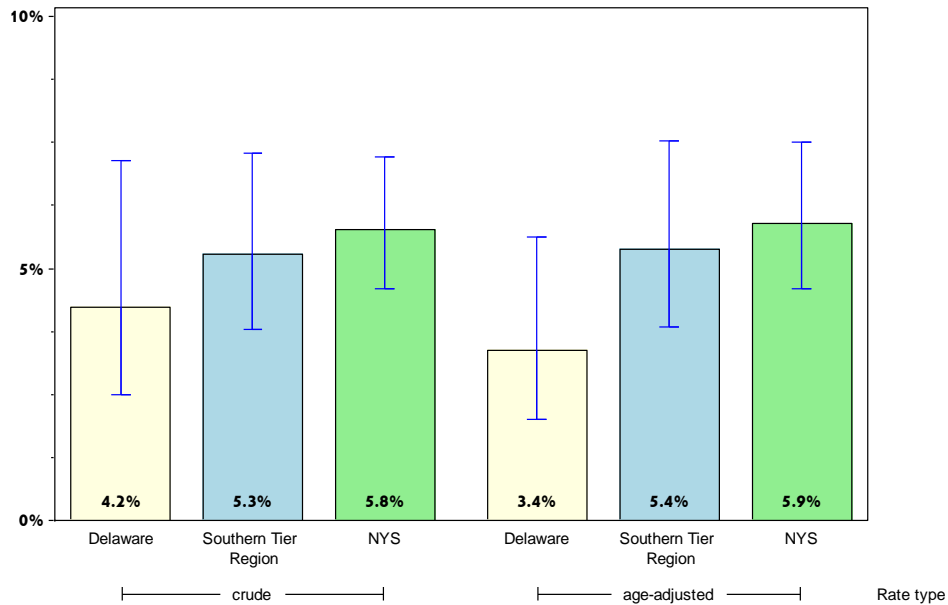
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Delaware

Prevent Chronic Diseases

Percentage of adults with physician-diagnosed prediabetes



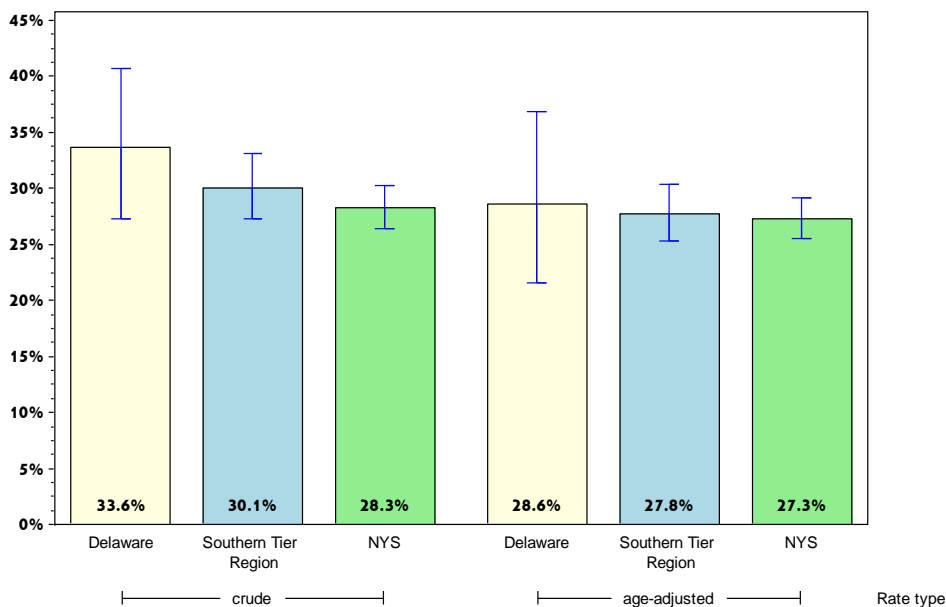
	Delaware County			Southern Tier		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	1,445	4.2	(2.5-7.1)	16,763	5.3	(3.8-7.3)
Age		#			#	
18-24		#			#	
25-34		#			#	
35-44		#			#	
45-64	877	7.4	(3.7-14.2)	6,771	6.6	(4.8-9.1)
65+		#		3,770	6.8	(4.5-10.1)
Race						
White, NH	1,343	4.5	(2.6-7.7)	15,289	5.7	(4.0-8.0)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male		#		8,956	5.7	(3.3-9.7)
female	774	4.5	(2.4-8.2)	7,807	4.8	(3.4-6.7)
Age-adjusted^{&}		3.4	(2.0-5.6)		5.4	(3.8-7.5)

& Percent is age-adjusted to the 2000 United States Population.
 # Rates with <10 in the numerator or <50 in the denominator are suppressed.

Delaware

Prevent Chronic Diseases

Percentage of adults with physician-diagnosed high blood pressure



Delaware County

Southern Tier

	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	12,864	33.6	(27.3-40.7)	108,205	30.1	(27.2-33.1)
Age		#				
18-24		#		5,198	9.2	(4.7-17.4)
25-34		#		8,421	13.8	(8.3-22.1)
35-44		#		6,819	14.3	(9.4-21.3)
45-64	4,991	35.7 [^]	(25.9-46.9)	41,371	35.0	(30.6-39.7)
65+	6,302	63.7 [^]	(52.6-73.5)	44,299	61.4	(56.5-66.1)
Race						
White, NH	11,098	33.8	(27.3-40.9)	93,946	31.4	(28.6-34.3)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#		7,589	27.8 [^]	(15.4-44.8)
Sex						
male	7,550	39.5 [^]	(29.4-50.6)	57,850	33.0	(28.8-37.5)
female	5,314	27.8	(21.1-35.6)	50,354	27.3	(23.7-31.3)
Age-adjusted^{&}		28.6	(21.6-36.9)		27.8	(25.3-30.4)

& Percent is age-adjusted to the 2000 United States Population.

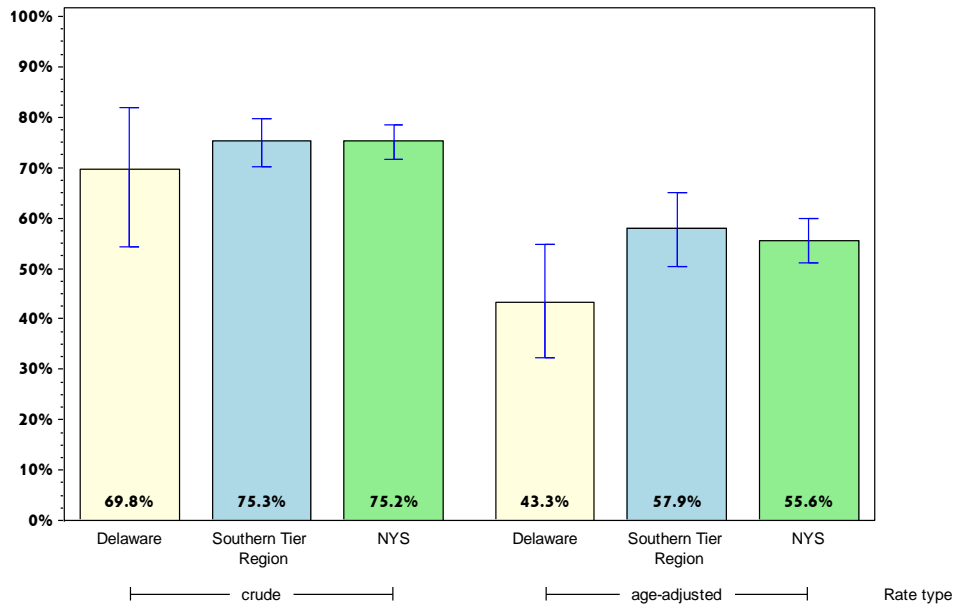
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Delaware

Prevent Chronic Diseases

Percentage of adults with diagnosed high blood pressure taking high blood pressure medication



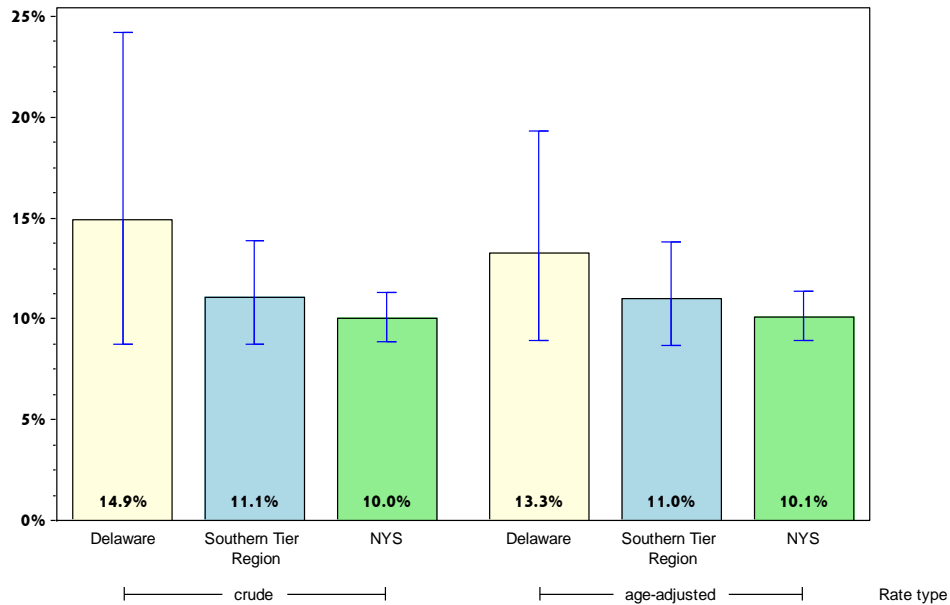
	Delaware County			Southern Tier		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	8,798	69.8 [^]	(54.3-81.8)	81,095	75.3	(70.3-79.7)
Age		#			#	
18-24		#			#	
25-34		#			#	
35-44		#			#	
45-64	2,956	59.2 [^]	(36.3-78.8)	32,070	77.5	(70.3-83.4)
65+	5,632	93.1	(85.5-96.9)	40,246	91.8	(88.4-94.3)
Race						
White, NH	7,861	72.5 [^]	(56.4-84.3)	69,969	74.9	(69.7-79.4)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male	3,935	53.9 [^]	(34.8-72.0)	38,709	67.5	(59.6-74.5)
female	4,863	91.5	(83.9-95.7)	42,386	84.2	(78.8-88.4)
Age-adjusted^{&}		43.3 [^]	(32.3-54.9)		57.9	(50.4-65.1)

& Percent is age-adjusted to the 2000 United States Population.
 # Rates with <10 in the numerator or <50 in the denominator are suppressed.
 ^ Highly variable rate (confidence interval with a half-width greater than 10).

Delaware

Prevent Chronic Diseases

Percentage of adults with current asthma*



	Delaware County			Southern Tier		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	5,684	14.9	(8.7-24.2)	39,362	11.1	(8.7-13.9)
Age		#				
18-24		#		7,986	15.4	(9.2-24.5)
25-34		#		9,891	16.2 [^]	(8.1-29.8)
35-44		#		3,554	7.5	(4.4-12.4)
45-64	2,165	15.6 [^]	(8.8-26.1)	11,753	9.9	(7.7-12.8)
65+	420	4.2	(2.2-8.2)	6,076	8.4	(4.9-13.8)
Race						
White, NH	4,702	14.3 [^]	(7.9-24.7)	28,448	9.5	(7.8-11.5)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#		3,373	12.4 [^]	(4.7-28.7)
Sex						
male	2,171	11.4 [^]	(5.2-22.9)	14,033	7.9	(5.9-10.6)
female	3,513	18.4 [^]	(9.1-33.6)	25,329	14.1	(10.2-19.1)
Age-adjusted^{&}		13.3	(9.0-19.3)		11.0	(8.7-13.8)

* Physician diagnosed asthma.

& Percent is age-adjusted to the 2000 United States Population.

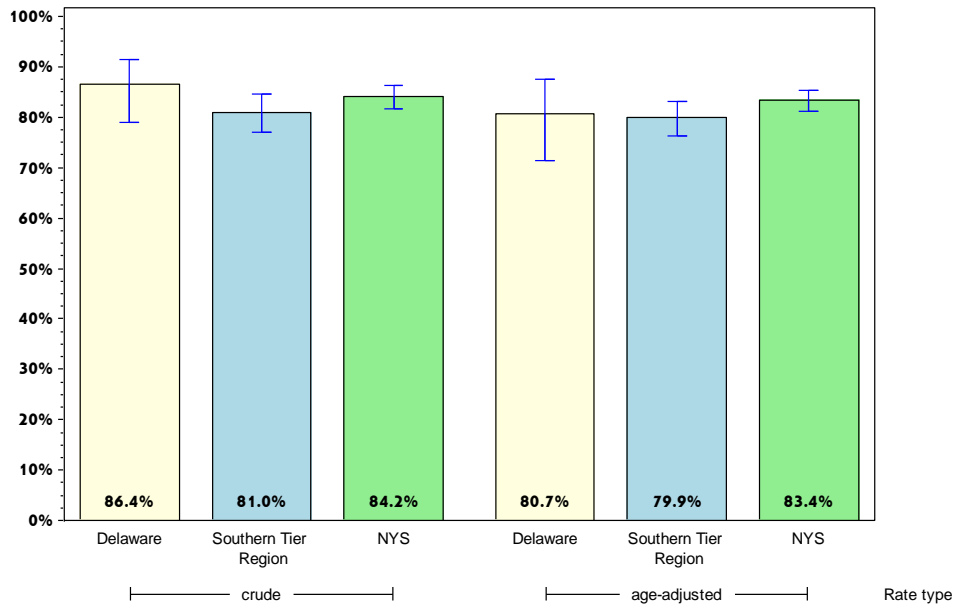
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Delaware

Prevent Chronic Diseases

Percent of adults with cholesterol checked*



Delaware County

Southern Tier

	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	31,399	86.4	(79.0-91.5)	280,906	81.0	(76.9-84.5)
Age						
18-24	#	#		25,093	50.3 [^]	(36.0-64.5)
25-34	#	#		37,573	65.7 [^]	(53.6-76.1)
35-44	#	#		36,981	79.8	(70.1-87.0)
45-64	12,999	93.5	(87.8-96.7)	107,406	91.5	(88.6-93.6)
65+	9,820	99.8	(98.7-100.0)	69,502	97.5	(95.6-98.6)
Race						
White, NH	26,394	85.3	(77.1-90.9)	238,055	82.8	(79.7-85.6)
Black, NH	#	#		#	#	
Hispanic	#	#		#	#	
Other, NH	#	#		21,553	80.6 [^]	(64.6-90.4)
Sex						
male	15,908	85.4 [^]	(73.9-92.3)	138,828	81.3	(77.1-84.9)
female	15,491	87.5 [^]	(76.4-93.8)	142,078	80.7	(73.5-86.3)
Age-adjusted^{&}		80.7	(71.3-87.6)		79.9	(76.3-83.2)

* As diagnosed by a health professional.

& Percent is age-adjusted to the 2000 United States Population.

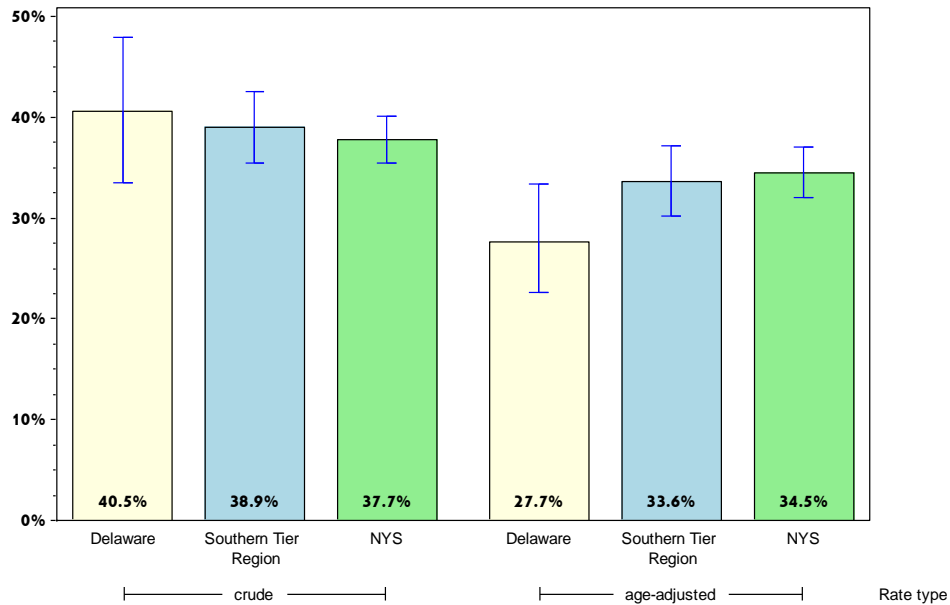
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Delaware

Prevent Chronic Diseases

Percentage of adults 18 years and older with elevated cholesterol*



Delaware County

Southern Tier

	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	12,639	40.5	(33.5-48.0)	107,760	38.9	(35.5-42.5)
Age		#			#	
18-24		#			#	
25-34		#		8,162	21.9 [^]	(11.8-36.9)
35-44		#		9,810	26.7	(18.9-36.3)
45-64	5,365	42.0 [^]	(32.1-52.6)	49,298	46.7	(41.4-52.2)
65+	6,192	63.1 [^]	(53.1-72.1)	37,715	55.7	(50.5-60.7)
Race						
White, NH	10,585	40.2	(33.3-47.4)	89,873	38.3	(35.0-41.7)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#		11,862	56.1 [^]	(36.5-74.0)
Sex						
male	6,533	41.7 [^]	(31.1-53.1)	56,113	40.9	(35.6-46.5)
female	6,106	39.4	(30.6-49.0)	51,646	37.0	(32.7-41.6)
Age-adjusted^{&}		27.7	(22.6-33.4)		33.6	(30.1-37.2)

* As diagnosed by a health professional.

& Percent is age-adjusted to the 2000 United States Population.

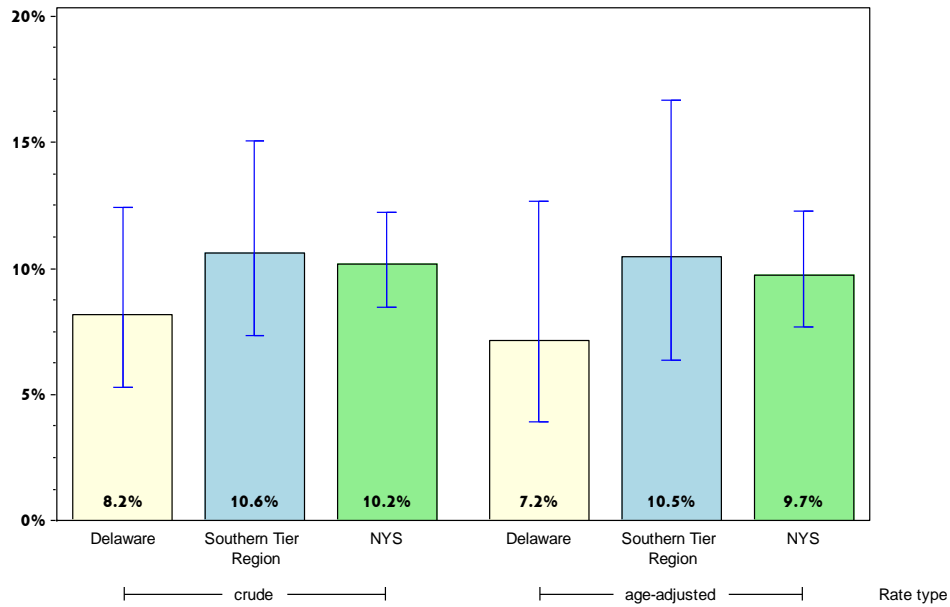
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Delaware

Prevent Chronic Diseases

Percentage of adults who have taken a course or class to learn how to manage their chronic disease or condition*



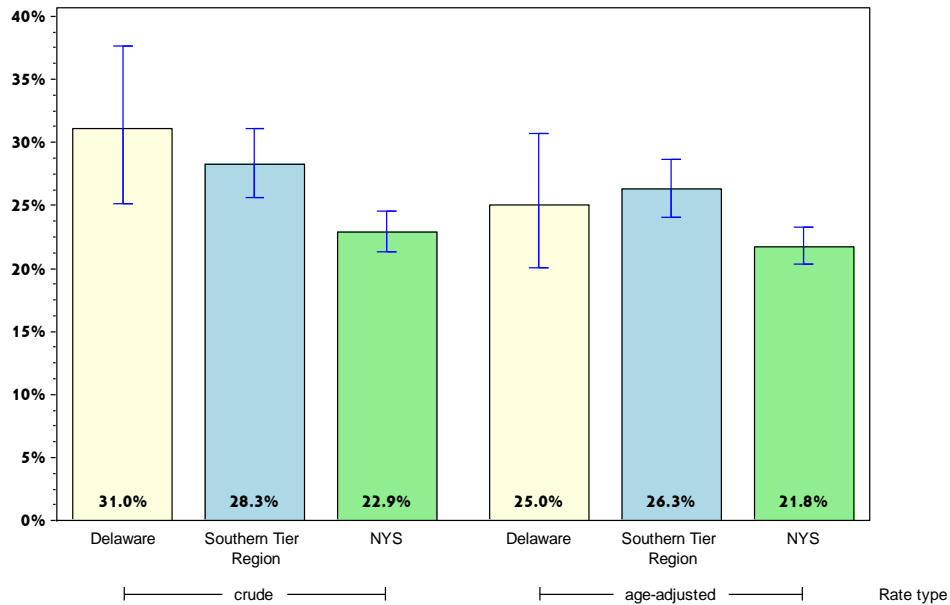
	Delaware County			Southern Tier		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	1,893	8.2	(5.3-12.4)	20,040	10.6	(7.3-15.1)
Age		#			#	
18-24		#			#	
25-34		#			#	
35-44		#			#	
45-64	811	9.1	(4.7-17.0)	6,755	9.8	(7.3-13.0)
65+	880	11.0	(6.2-19.0)	6,303	10.7	(7.6-14.9)
Race						
White, NH	1,615	8.4	(5.4-12.8)	14,247	9.0	(7.2-11.2)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male		#		6,930	7.9	(5.4-11.5)
female	1,120	10.2	(6.1-16.6)	13,110	12.9	(7.6-20.9)
Age-adjusted^{&}		7.2	(3.9-12.7)		10.5	(6.4-16.7)

* Courses for high blood pressure, arthritis, or diabetes.
 & Percent is age-adjusted to the 2000 United States Population.
 # Rates with <10 in the numerator or <50 in the denominator are suppressed.

Delaware

Prevent Chronic Diseases

Percentage of adults with arthritis*



Delaware County

Southern Tier

	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	11,829	31.0	(25.1-37.7)	102,167	28.3	(25.6-31.1)
Age		#			#	
18-24		#			#	
25-34		#		5,390	8.9	(5.4-14.2)
35-44		#		7,770	16.4	(11.2-23.3)
45-64	5,034	36.0	(27.2-45.8)	44,194	37.1	(32.6-41.8)
65+	5,754	58.3	(48.4-67.6)	40,660	56.0	(50.9-60.9)
Race						
White, NH	9,435	28.8	(23.2-35.2)	91,598	30.4	(27.7-33.3)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#		5,619	20.6 [^]	(10.7-35.9)
Sex						
male	5,781	30.5 [^]	(22.0-40.6)	38,769	21.9	(18.9-25.3)
female	6,048	31.6	(23.8-40.6)	63,397	34.3	(30.0-39.0)
Age-adjusted^{&}		25.0	(20.1-30.7)		26.3	(24.1-28.6)

* Includes rheumatoid arthritis, gout, lupus, or fibromyalgia.

& Percent is age-adjusted to the 2000 United States Population.

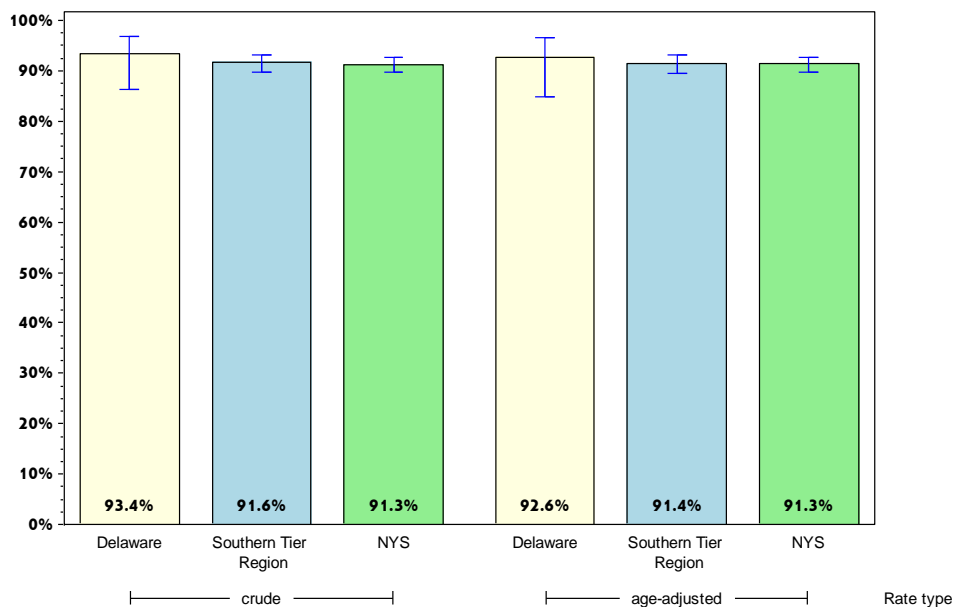
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Delaware

Promote a Healthy and Safe Environment

Percentage of adults who consider their neighborhood suitable for walking and physical activity



	Delaware County			Southern Tier		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	34,342	93.4	(86.4-96.9)	315,627	91.6	(89.7-93.2)
Age		#				
18-24		#		47,540	89.3	(79.4-94.7)
25-34		#		53,444	91.4	(85.0-95.2)
35-44		#		40,753	90.0	(84.4-93.7)
45-64	13,602	97.9	(94.7-99.2)	106,162	93.3	(90.2-95.4)
65+	8,955	96.5	(91.5-98.6)	63,978	91.6	(88.9-93.7)
Race						
White, NH	29,559	93.7	(85.8-97.3)	261,499	90.9	(88.7-92.7)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#		23,022	95.9	(89.7-98.4)
Sex						
male	17,806	95.8	(88.0-98.6)	156,230	92.9	(89.8-95.1)
female	16,536	90.9 [^]	(77.7-96.6)	159,397	90.4	(87.5-92.7)
Age-adjusted^{&}		92.6	(84.8-96.6)		91.4	(89.4-93.1)

& Percent is age-adjusted to the 2000 United States Population.

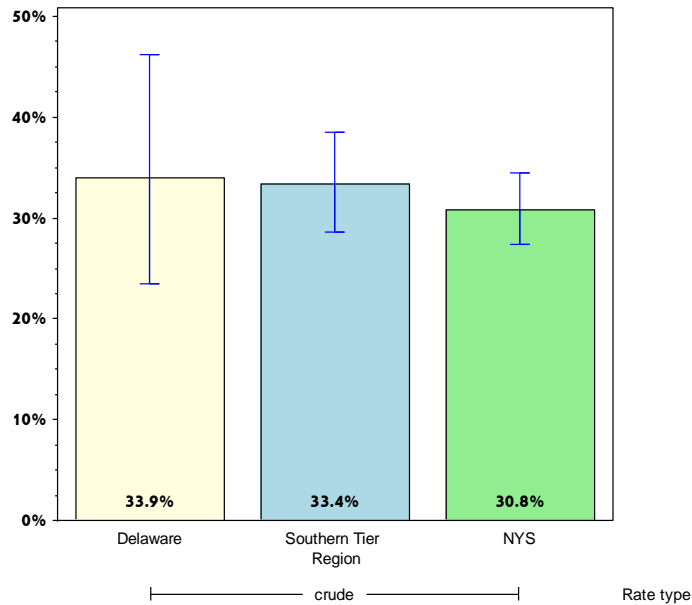
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Delaware

Promote a Health and Safe Environment

Percentage of adults aged 65+ years with at least one fall in the past 12 months



Delaware County

Southern Tier

	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	3,106	33.9 [^]	(23.5-46.2)	23,488	33.4	(28.7-38.5)
Age⁺						
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH	2,151	26.2	(18.4-36.0)	20,224	32.3	(28.2-36.8)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male	1,771	42.1 [^]	(26.8-59.0)	10,838	32.5	(25.0-40.9)
female	1,335	27.0 [^]	(14.3-45.0)	12,650	34.2	(28.3-40.6)
Age-adjusted^{+,&}						

& Percent is age-adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

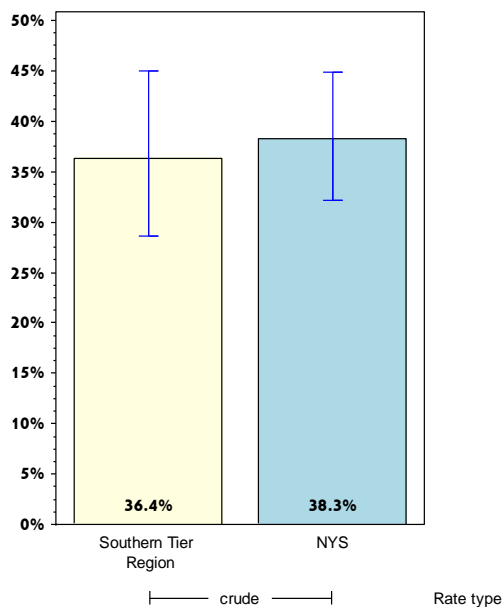
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Delaware

Promote a Health and Safe Environment

Among adults aged 65+ years with at least one fall in the past 12 months, percent that resulted in injury*



	Delaware County			Southern Tier		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total Age⁺		#		8,522	36.4	(28.5-45.0)
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH		#		7,465	37.0	(29.7-45.0)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male		#		3,078	28.4 [^]	(17.1-43.3)
female		#		5,444	43.2	(34.0-52.9)
Age-adjusted^{+,&}						

* Falls that limited regular activities or lead to doctor visits.

& Percent is age-adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

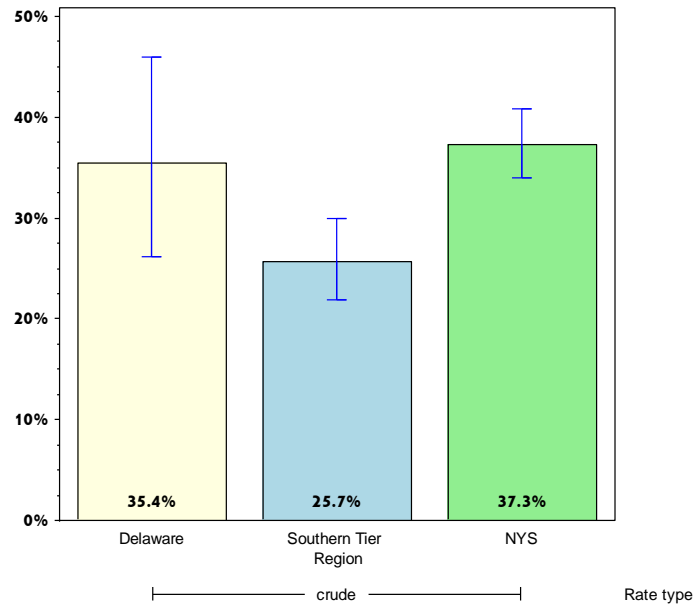
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Delaware

Prevent HIV/STDs, Vaccine Preventable Diseases and Healthcare-Associated Infections

Percentage of adults aged 47-68 years reporting ever tested for Hepatitis C (HCV)



Delaware County

Southern Tier

	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	4,934	35.4 [^]	(26.2-45.9)	28,278	25.7	(21.9-29.9)
Age⁺						
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH	3,761	33.1	(25.0-42.3)	25,192	27.0	(23.1-31.2)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male	2,878	38.1 [^]	(24.1-54.4)	14,697	28.1	(22.3-34.8)
female	2,057	32.3 [^]	(22.3-44.2)	13,581	23.5	(18.7-29.0)
Age-adjusted^{+,&}						

& Percent is age-adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

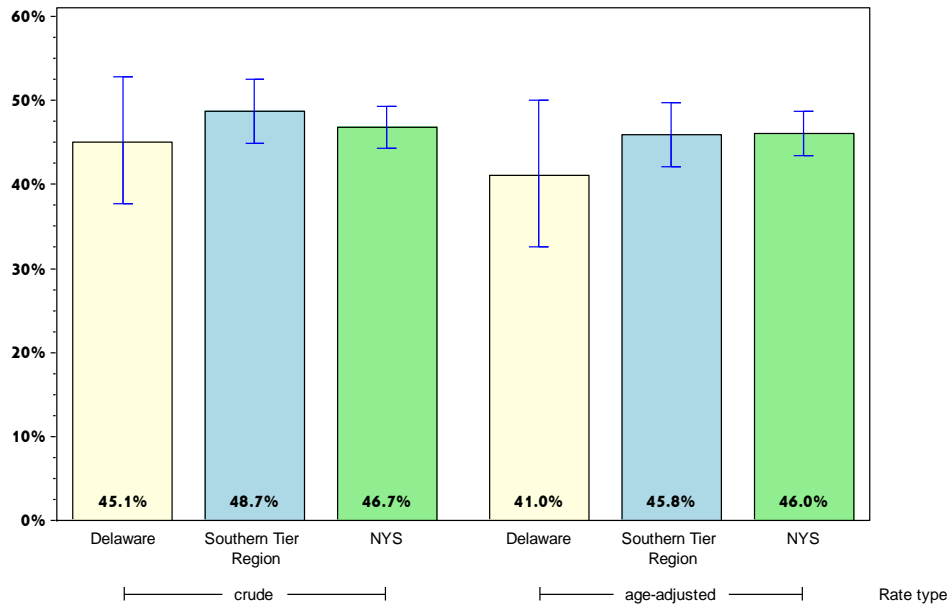
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Delaware

Prevent HIV/STDs, Vaccine Preventable Diseases and Healthcare-Associated Infections

Percentage of adults aged 18+ years with flu immunization in the past year*



Delaware County

Southern Tier

	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	16,764	45.1	(37.6-52.8)	169,235	48.7	(44.9-52.4)
Age		#				
18-24		#		22,678	42.8 [^]	(28.8-58.0)
25-34		#		21,280	36.4 [^]	(25.5-48.8)
35-44		#		13,516	29.5	(22.3-37.9)
45-64	5,698	40.8	(31.6-50.7)	58,844	50.9	(45.9-55.9)
65+	6,827	72.1	(63.5-79.4)	49,932	70.4	(65.0-75.3)
Race						
White, NH	13,506	42.3	(35.0-50.0)	135,586	46.6	(43.2-50.1)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#		12,106	50.0 [^]	(32.3-67.7)
Sex						
male	7,689	41.0 [^]	(30.8-52.1)	76,549	45.2	(40.3-50.2)
female	9,074	49.2 [^]	(38.4-60.1)	92,686	52.0	(46.5-57.4)
Age-adjusted^{&}		41.0	(32.6-50.0)		45.8	(42.1-49.7)

* Includes flu shot or flu spray

& Percent is age-adjusted to the 2000 United States Population.

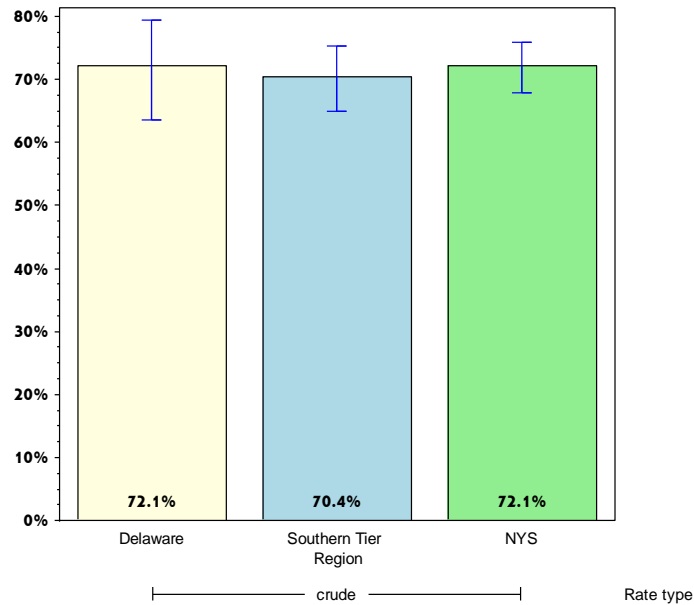
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Delaware

Prevent HIV/STDs, Vaccine Preventable Diseases and Healthcare-Associated Infections

Percentage of adults aged 65+ years with flu immunization in the past year*



Delaware County

Southern Tier

	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total Age⁺	6,827	72.1	(63.5-79.4)	49,932	70.4	(65.0-75.3)
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH	5,871	69.0	(60.3-76.5)	45,116	71.5	(66.6-75.9)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male	3,029	69.9 [^]	(55.8-81.1)	22,538	66.9	(58.4-74.4)
female	3,797	73.9 [^]	(62.7-82.7)	27,394	73.6	(67.0-79.3)
Age-adjusted^{+,&}						

* Includes flu shot or flu spray

& Percent is age-adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

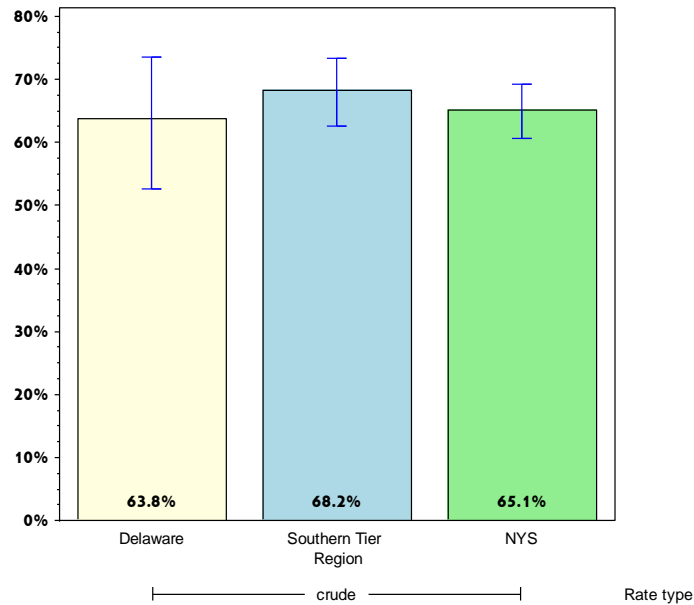
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Delaware

Prevent HIV/STDs, Vaccine Preventable Diseases and Healthcare-Associated Infections

Percentage of adults aged 65+ years with pneumococcal immunization



Delaware County

Southern Tier

	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	5,812	63.8 [^]	(52.7-73.6)	46,831	68.2	(62.5-73.3)
Age⁺						
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH	5,407	66.3	(56.9-74.5)	42,016	68.9	(63.7-73.6)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male	2,789	67.2 [^]	(52.1-79.5)	20,119	62.6	(54.0-70.5)
female	3,023	60.9 [^]	(45.3-74.6)	26,713	73.1	(66.0-79.1)
Age-adjusted^{+,&}						

& Percent is age-adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

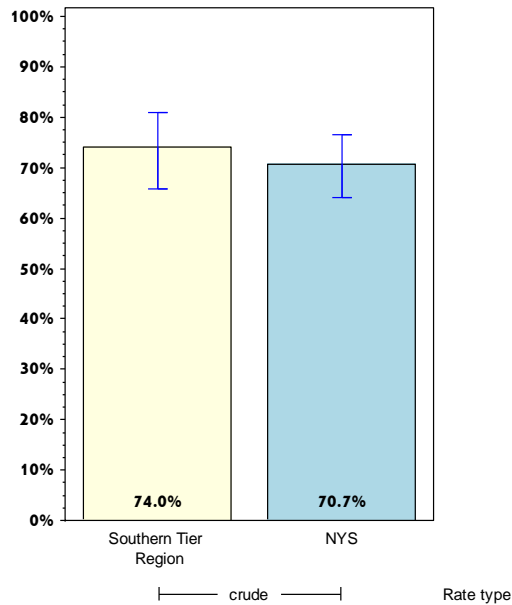
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Delaware

Promote Healthy Women, Infants, and Children

Percentage of women aged 18-44 years who had dental visit within the last year



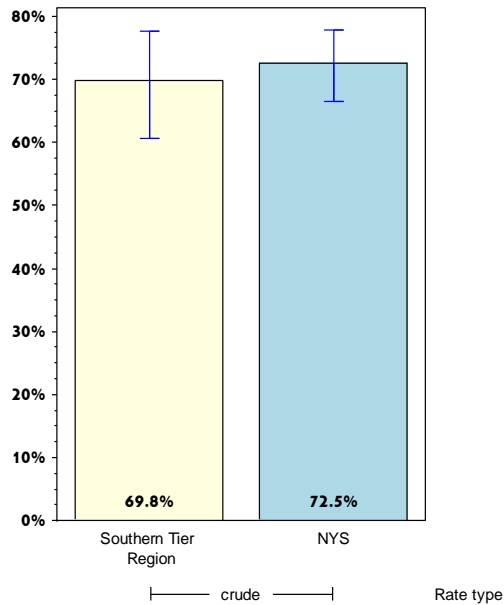
	Delaware County			Southern Tier		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total		#		52,014	74.0	(65.7-80.9)
Age⁺						
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH		#		41,836	72.1	(63.2-79.6)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male		#			#	
female		#		52,014	74.0	(65.7-80.9)
Age-adjusted^{+,&}						

& Percent is age-adjusted to the 2000 United States Population.
 + Age-adjusted and age specific percent not generated for health indicators with age range limits.
 # Rates with <10 in the numerator or <50 in the denominator are suppressed.

Delaware

Promote Healthy Women, Infants, and Children

Women aged 18-44 years who saw a doctor for a routine checkup within the last year



	Delaware County			Southern Tier		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total		#		57,821	69.8	(60.6-77.7)
Age⁺						
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH		#		42,375	69.2	(59.7-77.2)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male		#			#	
female		#		57,821	69.8	(60.6-77.7)
Age-adjusted^{+,&}						

& Percent is age-adjusted to the 2000 United States Population.

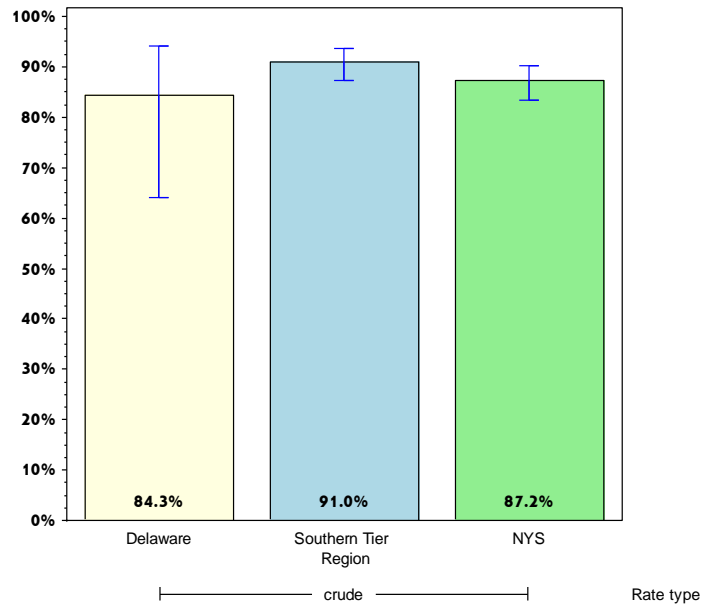
+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

Rates with <10 in the numerator or <50 in the denominator are suppressed.

Delaware

Promote Healthy Women, Infants, and Children

Percentage of women aged 18-64 years with health care coverage



Delaware County

Southern Tier

	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	11,495	84.3 [^]	(64.1-94.1)	125,536	91.0	(87.3-93.7)
Age⁺						
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH	10,913	84.0 [^]	(62.8-94.2)	103,783	90.9	(87.0-93.7)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male		#			#	
female	11,495	84.3 [^]	(64.1-94.1)	125,536	91.0	(87.3-93.7)
Age-adjusted^{+,&}						

& Percent is age-adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

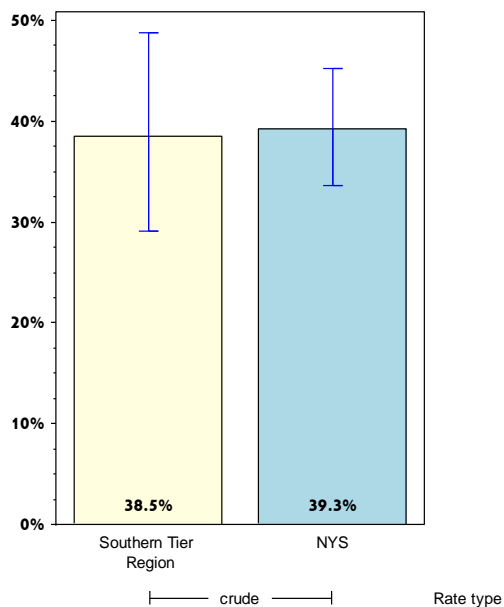
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Delaware

Promote Healthy Women, Infants, and Children

Percentage of women aged 18-44 years whose health care provider discussed planning a healthy pregnancy



	Delaware County			Southern Tier		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total		#		28,913	38.5 [^]	(29.1-48.7)
Age⁺						
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH		#		26,118	45.0	(35.5-55.0)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male		#			#	
female		#		28,913	38.5 [^]	(29.1-48.7)
Age-adjusted^{+,&}						

& Percent is age-adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

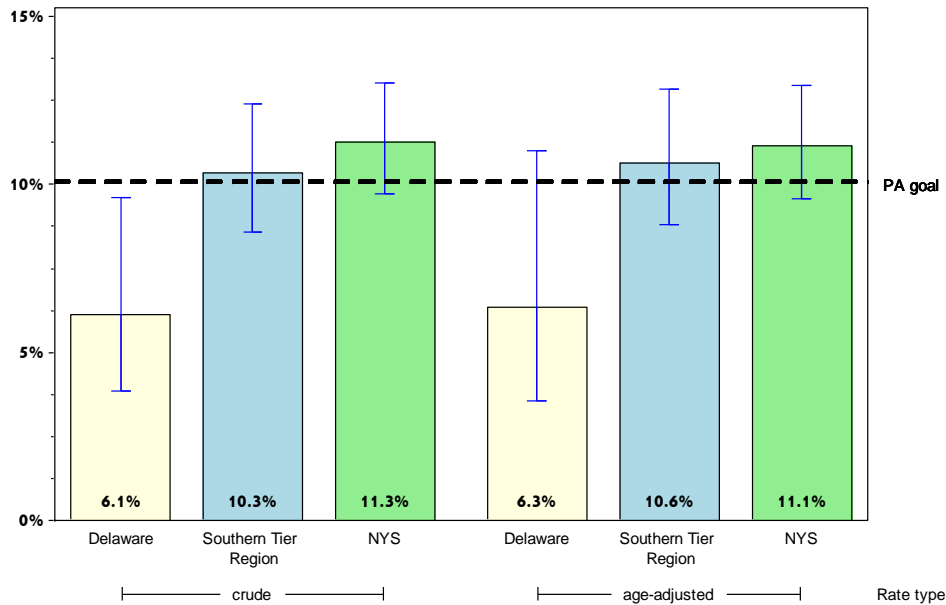
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Delaware

Promote Mental Health and Prevention Substance Abuse

Percentage of adults with poor mental health for 14 or more days in the last month



	Delaware County			Southern Tier		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	2,283	6.1	(3.8-9.6)	36,482	10.3	(8.6-12.4)
Age		#				
18-24		#		4,996	8.9	(5.0-15.3)
25-34		#		8,024	13.5	(7.8-22.5)
35-44		#		5,170	11.0	(7.3-16.3)
45-64	1,024	7.5	(4.0-13.6)	13,514	11.7	(9.1-14.9)
65+	659	7.0	(3.1-15.1)	4,696	6.6	(4.5-9.7)
Race						
White, NH	2,283	7.1	(4.5-11.2)	30,947	10.5	(8.6-12.8)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#		2,326	8.8 [^]	(3.8-19.1)
Sex						
male	946	5.1	(2.3-10.8)	16,352	9.5	(6.9-12.9)
female	1,338	7.2	(4.1-12.2)	20,130	11.2	(8.9-13.8)
Age-adjusted^{&}		6.3	(3.6-11.0)		10.6	(8.8-12.8)

& Percent is age-adjusted to the 2000 United States Population.

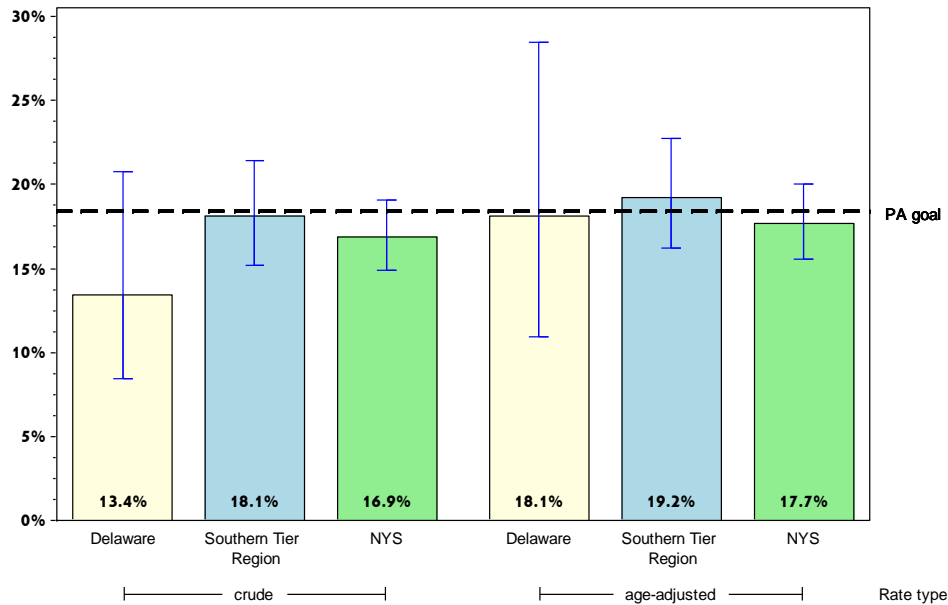
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Delaware

Promote Mental Health and Prevention Substance Abuse

Percentage of adult binge drinking during the past month*



Delaware County

Southern Tier

	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	4,952	13.4	(8.4-20.8)	61,605	18.1	(15.2-21.4)
Age						
18-24		#		15,284	30.1 [^]	(19.4-43.6)
25-34		#		16,238	28.9 [^]	(18.7-41.7)
35-44		#		10,075	22.3	(15.8-30.6)
45-64	1,827	13.3 [^]	(6.9-24.2)	16,863	14.8	(12.0-18.2)
65+		#		3,145	4.5	(3.1-6.4)
Race						
White, NH	4,160	13.1	(8.1-20.6)	52,768	18.2	(15.5-21.3)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#		3,495	15.9 [^]	(7.6-30.2)
Sex						
male	3,922	21.2 [^]	(12.3-33.9)	37,622	23.0	(19.2-27.4)
female	1,030	5.6	(2.7-11.3)	23,983	13.5	(9.5-19.0)
Age-adjusted^{&}		18.1 [^]	(11.0-28.5)		19.2	(16.2-22.7)

* Men who have five or more drinks , women having four or more drinks on one occasion

& Percent is age-adjusted to the 2000 United States Population.

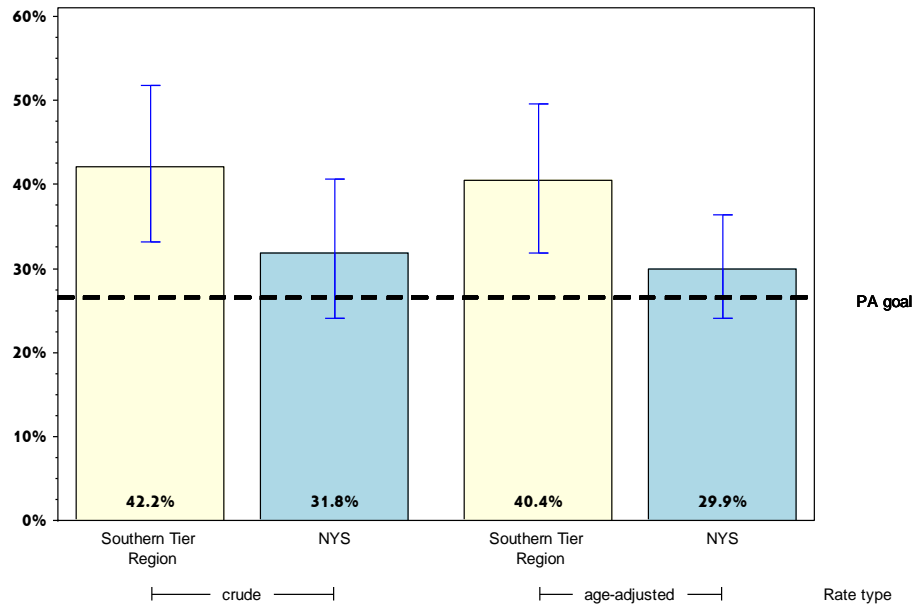
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Delaware

Promote Mental Health and Prevention Substance Abuse

Percentage of cigarette smoking among adults who report poor mental health



	Delaware County			Southern Tier		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total		#		14,908	42.2	(33.1-51.8)
Age		#			#	
18-24		#			#	
25-34		#			#	
35-44		#			#	
45-64		#		5,646	42.7 [^]	(30.4-55.9)
65+		#		718	15.5 [^]	(7.1-30.8)
Race		#			#	
White, NH		#		12,617	42.3 [^]	(32.5-52.7)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex		#			#	
male		#		5,524	34.7 [^]	(21.2-51.2)
female		#		9,384	48.2 [^]	(37.5-59.2)
Age-adjusted^{&}		#			40.4	(31.9-49.6)

& Percent is age-adjusted to the 2000 United States Population.
 # Rates with <10 in the numerator or <50 in the denominator are suppressed.
 ^ Highly variable rate (confidence interval with a half-width greater than 10).