# eBRFSS 2013-2014 Health Indicators: Columbia

## General Description

The New York State Expanded Behavioral Risk Factor Surveillance System 2013-2014 (2014 eBRFSS) was design to supplement the Center for Disease Control and Prevention (CDC) Behavioral Risk Factor Surveillance System (BRFSS), which is conducted annually in New York State. The purpose of the 2014 eBRFSS was to produce local information on key public health issues. Data for the project were collected from April 15, 2013 to May 10, 2014. The 2014 eBRFSS reached both households with landline telephones and households which only had cell phones. Like the annual BRFSS, New York State's 2014 eBRFSS was designed to be representative of the non-institutionalized adult household population, aged 18 years and older.

**Reported Health Indicators**

There are a total of 50 health indicators included in the report. The health indicators include 10 measures included in the New York State Department of Health's Prevention Agenda, NYS Health Innovation Plan (SHIP), Delivery System Reform Incentive Payment (DSRIP) Program, or the NYS Community Health Indicator Reports (CHIRS). An additional 40 important health indicators are also included. The indicators are organized by the Priority Area of the Prevention Agenda and are reported statewide, by region, and by county.

**Data Collection Methodology, Sampling and Weighting**

The data collection methods for the 2014 eBRFSS aligned with the CDC's standard annual BRFSS methods.  The 2014 eBRFSS questionnaire used standard questions from the BRFSS.  Survey interviews were conducted in both English and Spanish. There were 31,690 completed interviews.

The sampling plan for the eBRFSS was developed to result in valid health indicator estimates for New York City (NYC) and each of the 57 counties outside NYC. The sampling approach stratified landlines by county and implemented a disproportionate stratified sampling design that accounted for both listed-households and unlisted numbers. Cell phone households were accounted for through additional strata that covered contiguous groups of counties.

Data were weighted to represent the population using a methodology known as iterative proportional fitting (raking). Raking adjusted the data so that groups underrepresented in the sample were more accurately represented in the estimated rates. Raking also enabled surveys conducted by cell phone to be included in the weighting and to accurately match sample distributions of specified demographic characteristics of the population. The raking categories included in the eBRFSS were: age, gender, race/ethnicity, education, marital status, owner/renter status, telephone usage (i.e. landline and cell phone combinations), and county of residence.

**Limitations of Data Use:**

During data analysis, criteria were applied to suppress rates based on too few surveys to be reliable and to identify rates that are highly variable.  Rates in which less than 10 respondents were in the numerator or less than 50 respondents were in the denominator were considered unreliable and suppressed from reporting. Rates considered to have high variability due to having confidence limits greater than ±10% are noted.

## Improve Health Status and Reduce Health Disparities

*Percentage of adults who did not receive medical care because of cost**
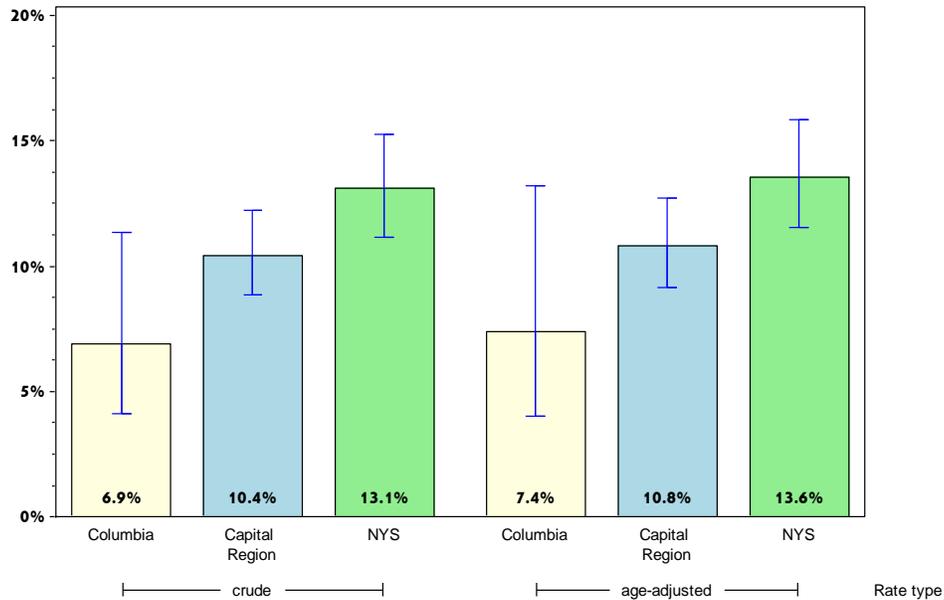


|  | Columbia County | | | Capital Region | | |
|---|---|---|---|---|---|---|
|  | Est. # of Adults | Percent | 95% CI | Est. # of Adults | Percent | 95% CI |
| **Total** | 3,462 | 6.9 | (4.1-11.3) | 78,780 | 10.4 | (8.9-12.2) |
| **Age** | | | | | | |
| 18-24 |  | # |  | 9,000 | 9.5 | (5.8-15.1) |
| 25-34 |  | # |  | 21,597 | 17.3 | (12.2-23.9) |
| 35-44 |  | # |  | 12,616 | 11.0 | (7.4-16.0) |
| 45-64 | 1,795 | 9.9 | (6.1-15.9) | 29,082 | 11.0 | (8.6-14.1) |
| 65+ |  | # |  | 6,173 | 4.3 | (2.9-6.2) |
| **Race** | | | | | | |
| White, NH | 3,462 | 7.7 | (4.6-12.6) | 61,538 | 9.6 | (7.9-11.5) |
| Black, NH |  | # |  | 5,810 | 15.6 | (10.2-23.1) |
| Hispanic |  | # |  | 6,161 | 24.0 | (16.3-33.9) |
| Other, NH |  | # |  | 5,270 | 10.6^ | (4.3-24.0) |
| **Sex** | | | | | | |
| male | 1,641 | 6.6 | (2.5-16.1) | 35,709 | 9.7 | (7.5-12.5) |
| female | 1,820 | 7.2 | (4.4-11.6) | 43,071 | 11.1 | (9.0-13.6) |
| **Age-adjusted**& |  | 7.4 | (4.0-13.2) |  | 10.8 | (9.2-12.7) |

\* Among people needing to see a doctor in the past 12 months
& Percent is age-adjusted to the 2000 United States Population.
# Rates with <10 in the numerator or <50 in the denominator are suppressed.
^ Highly variable rate (confidence interval with a half-width greater than 10).

## Improve Health Status and Reduce Health Disparities

*Percentage of adults who have a regular health care provider*
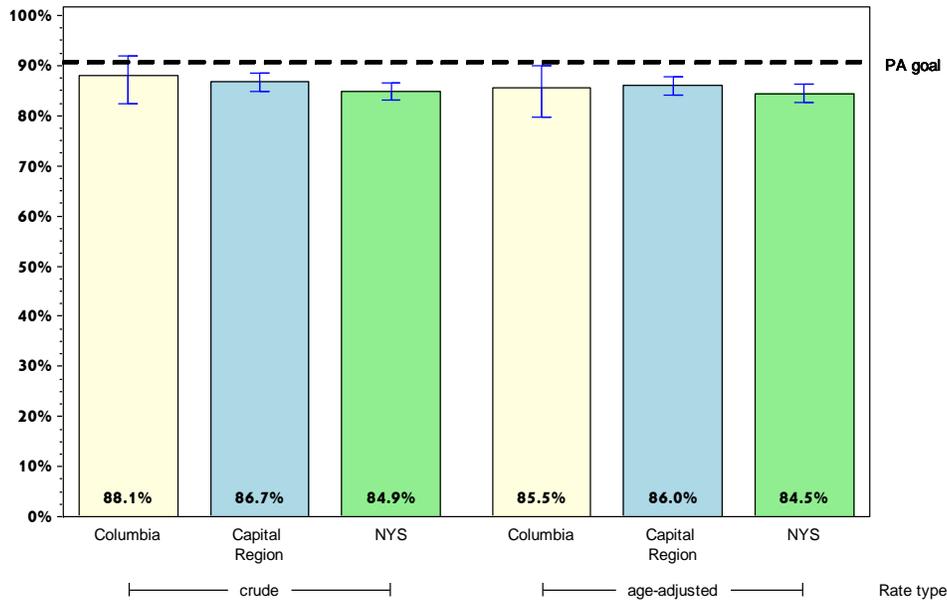


|  | Columbia County | | | Capital Region | | |
|---|---|---|---|---|---|---|
|  | Est. # of Adults | Percent | 95% CI | Est. # of Adults | Percent | 95% CI |
| **Total** | 44,323 | 88.1 | (82.5-92.0) | 655,372 | 86.7 | (84.8-88.4) |
| **Age** | | | | | | |
| 18-24 | | # | | 69,621 | 73.2 | (64.4-80.5) |
| 25-34 | | # | | 89,783 | 71.5 | (64.8-77.5) |
| 35-44 | | # | | 102,018 | 88.6 | (84.5-91.7) |
| 45-64 | 16,304 | 90.3 | (82.1-95.0) | 241,515 | 92.1 | (89.9-93.9) |
| 65+ | 11,878 | 97.2 | (93.3-98.9) | 140,729 | 97.2 | (96.0-98.1) |
| **Race** | | | | | | |
| White, NH | 39,424 | 87.9 | (81.9-92.2) | 563,297 | 87.5 | (85.5-89.3) |
| Black, NH | | # | | 27,716 | 74.9^ | (61.2-85.0) |
| Hispanic | | # | | 20,329 | 79.8 | (71.9-86.0) |
| Other, NH | | # | | 44,030 | 88.6 | (81.8-93.0) |
| **Sex** | | | | | | |
| male | 20,040 | 80.4^ | (70.2-87.6) | 296,915 | 81.0 | (77.7-84.0) |
| female | 24,283 | 95.6 | (91.2-97.9) | 358,457 | 92.0 | (90.1-93.6) |
| **Age-adjusted**& | | 85.5 | (79.6-90.0) | | 86.0 | (84.1-87.8) |

& Percent is age-adjusted to the 2000 United States Population.
# Rates with <10 in the numerator or <50 in the denominator are suppressed.
^ Highly variable rate (confidence interval with a half-width greater than 10).

# Columbia

## Improve Health Status and Reduce Health Disparities

*Percentage of adults who had a dentist visit within the past year*
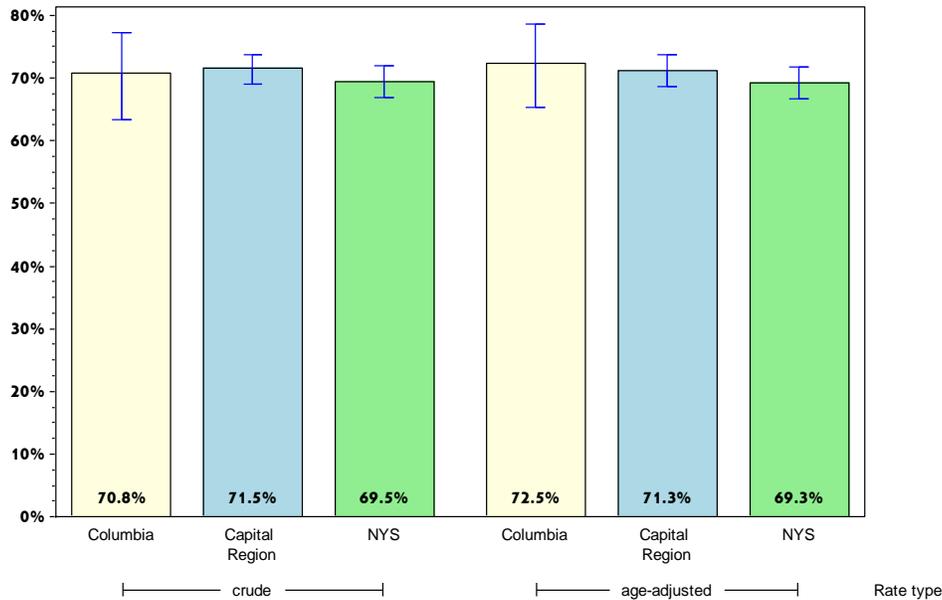


| | Columbia County | | | Capital Region | | |
|---|---|---|---|---|---|---|
| | Est. # of Adults | Percent | 95% CI | Est. # of Adults | Percent | 95% CI |
| **Total** | 33,137 | 70.8 | (63.4-77.2) | 503,799 | 71.5 | (69.1-73.8) |
| **Age** | | | | | | |
| 18-24 | | # | | 60,059 | 72.7^ | (61.6-81.5) |
| 25-34 | | # | | 80,087 | 68.6 | (61.6-75.0) |
| 35-44 | | # | | 80,262 | 72.9 | (66.8-78.3) |
| 45-64 | 11,119 | 65.1^ | (51.3-76.7) | 183,034 | 73.5 | (69.8-76.8) |
| 65+ | 7,802 | 68.6 | (59.3-76.6) | 90,249 | 67.0 | (63.2-70.7) |
| **Race** | | | | | | |
| White, NH | 30,812 | 74.4 | (68.8-79.3) | 436,972 | 72.6 | (70.0-75.0) |
| Black, NH | | # | | 17,633 | 53.0^ | (40.6-64.9) |
| Hispanic | | # | | 14,975 | 67.1^ | (56.8-76.0) |
| Other, NH | | # | | 34,218 | 73.1^ | (60.5-82.7) |
| **Sex** | | | | | | |
| male | 16,209 | 68.3^ | (56.4-78.2) | 231,254 | 67.5 | (63.6-71.1) |
| female | 16,928 | 73.4 | (64.6-80.6) | 272,544 | 75.4 | (72.6-78.0) |
| **Age-adjusted**& | | 72.5 | (65.3-78.6) | | 71.3 | (68.7-73.7) |

& Percent is age-adjusted to the 2000 United States Population.
# Rates with <10 in the numerator or <50 in the denominator are suppressed.
^ Highly variable rate (confidence interval with a half-width greater than 10).

# Columbia

## Improve Health Status and Reduce Health Disparities

*Percentage of adults living with a disability**
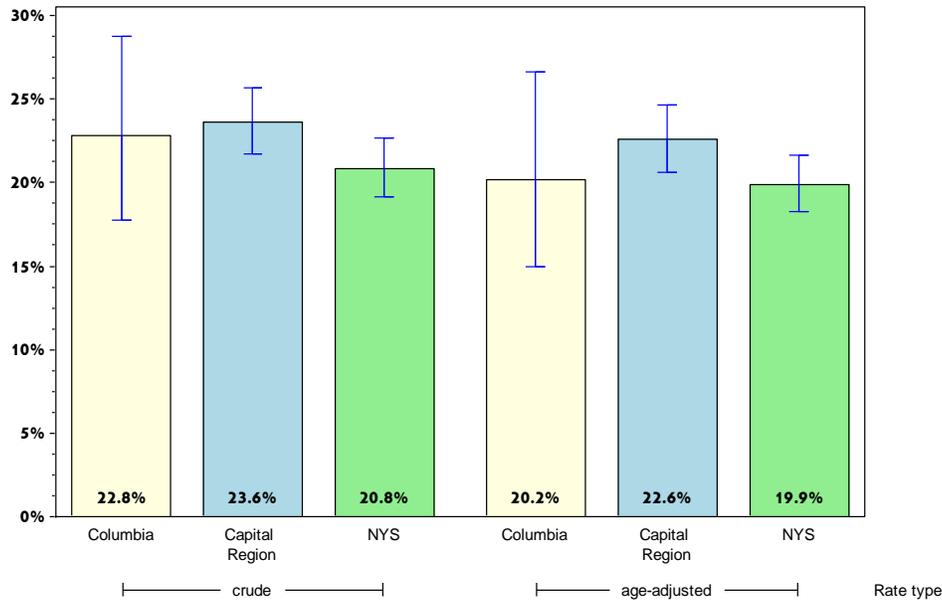


|  | **Columbia County** | | | **Capital Region** | | |
|---|---|---|---|---|---|---|
|  | Est. # of Adults | Percent | 95% CI | Est. # of Adults | Percent | 95% CI |
| **Total** | 11,283 | 22.8 | (17.8-28.8) | 175,208 | 23.6 | (21.7-25.7) |
| **Age** | | | | | | |
| 18-24 | | # | | 8,717 | 9.4 | (5.9-14.5) |
| 25-34 | | # | | 20,013 | 16.5 | (11.4-23.4) |
| 35-44 | | # | | 18,192 | 16.2 | (12.0-21.5) |
| 45-64 | 4,585 | 25.5 | (18.1-34.6) | 74,792 | 28.8 | (25.5-32.3) |
| 65+ | 4,170 | 35.1 | (27.1-44.2) | 51,545 | 36.3 | (32.6-40.1) |
| **Race** | | | | | | |
| White, NH | 9,675 | 22.0 | (17.2-27.6) | 152,818 | 24.2 | (22.1-26.4) |
| Black, NH | | # | | 8,407 | 23.4 | (16.1-32.7) |
| Hispanic | | # | | 6,619 | 26.5^ | (18.4-36.7) |
| Other, NH | | # | | 7,364 | 14.9^ | (8.4-25.1) |
| **Sex** | | | | | | |
| male | 3,811 | 15.3 | (10.0-22.6) | 83,089 | 23.2 | (20.3-26.4) |
| female | 7,472 | 30.4 | (22.6-39.4) | 92,118 | 24.1 | (21.6-26.8) |
| **Age-adjusted**& | | 20.2 | (15.0-26.6) | | 22.6 | (20.6-24.6) |

* Limited activities (physical, mental, or emotional problems); need of special equipment (e.g. cane, wheel chair).
& Percent is age-adjusted to the 2000 United States Population.
# Rates with <10 in the numerator or <50 in the denominator are suppressed.
^ Highly variable rate (confidence interval with a half-width greater than 10).

# Columbia

## Improve Health Status and Reduce Health Disparities

### *Percentage of adults aged 18-64 years with healthcare coverage*
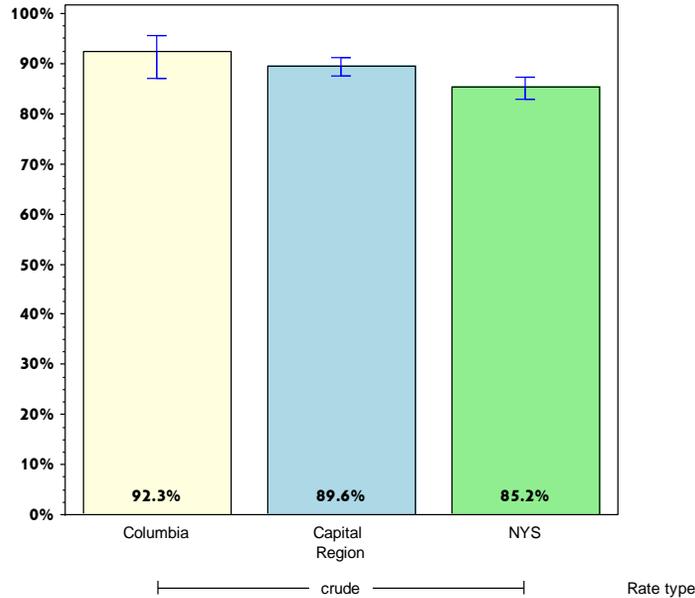


|  | **Columbia County** | | | **Capital Region** | | |
|---|---|---|---|---|---|---|
|  | **Est. # of Adults** | **Percent** | **95% CI** | **Est. # of Adults** | **Percent** | **95% CI** |
| **Total** | 34,847 | 92.3 | (87.1-95.5) | 534,574 | 89.6 | (87.6-91.2) |
| **Age[+]** | | | | | | |
| 18-24 | | | | | | |
| 25-34 | | | | | | |
| 35-44 | | | | | | |
| 45-64 | | | | | | |
| 65+ | | | | | | |
| **Race** | | | | | | |
| White, NH | 30,490 | 91.9 | (86.3-95.3) | 453,130 | 90.5 | (88.4-92.3) |
| Black, NH | | # | | 27,834 | 87.0 | (77.3-93.0) |
| Hispanic | | # | | 16,505 | 68.9^ | (57.4-78.4) |
| Other, NH | | # | | 37,106 | 91.8^ | (79.9-96.9) |
| **Sex** | | | | | | |
| male | 17,278 | 92.4 | (83.4-96.7) | 262,286 | 87.7 | (84.6-90.2) |
| female | 17,569 | 92.1 | (85.1-96.0) | 272,288 | 91.5 | (88.8-93.5) |
| **Age-adjusted[+,&]** | | | | | | |

& Percent is age-adjusted to the 2000 United States Population.
+ Age-adjusted and age specific percent not generated for health indicators with age range limits.
# Rates with <10 in the numerator or <50 in the denominator are suppressed.
^ Highly variable rate (confidence interval with a half-width greater than 10).

# Columbia

## Improve Health Status and Reduce Health Disparities

*Percentage of adults aged 18-64 years who saw a doctor for a routine checkup within the last year*
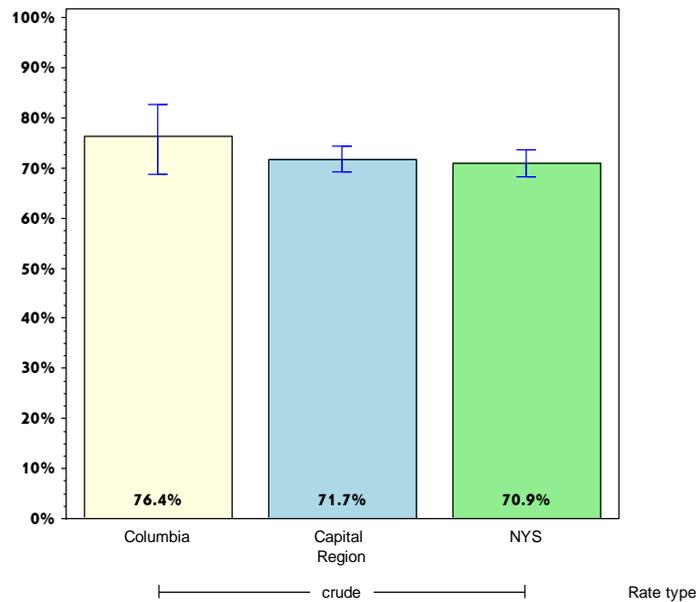


| | Columbia County | | | Capital Region | | |
|---|---|---|---|---|---|---|
| | **Est. # of Adults** | **Percent** | **95% CI** | **Est. # of Adults** | **Percent** | **95% CI** |
| **Total** | 28,832 | 76.4 | (68.8-82.6) | 426,846 | 71.7 | (69.1-74.2) |
| **Age[+]** | | | | | | |
| 18-24 | | | | | | |
| 25-34 | | | | | | |
| 35-44 | | | | | | |
| 45-64 | | | | | | |
| 65+ | | | | | | |
| **Race** | | | | | | |
| White, NH | 24,844 | 74.9 | (66.9-81.5) | 350,182 | 70.2 | (67.3-73.0) |
| Black, NH | | # | | 25,151 | 78.0^ | (67.5-85.8) |
| Hispanic | | # | | 17,511 | 72.3 | (62.4-80.4) |
| Other, NH | | # | | 34,002 | 85.1 | (76.5-91.0) |
| **Sex** | | | | | | |
| male | 13,530 | 72.3^ | (59.6-82.2) | 198,036 | 66.4 | (62.4-70.2) |
| female | 15,302 | 80.4 | (71.1-87.2) | 228,809 | 77.1 | (73.6-80.3) |
| **Age-adjusted[+,&]** | | | | | | |

& Percent is age-adjusted to the 2000 United States Population.
+ Age-adjusted and age specific percent not generated for health indicators with age range limits.
# Rates with <10 in the numerator or <50 in the denominator are suppressed.
^ Highly variable rate (confidence interval with a half-width greater than 10).

# Columbia

## Improve Health Status and Reduce Health Disparities

*Percentage of adults experiencing housing insecurity in the past 12 months**
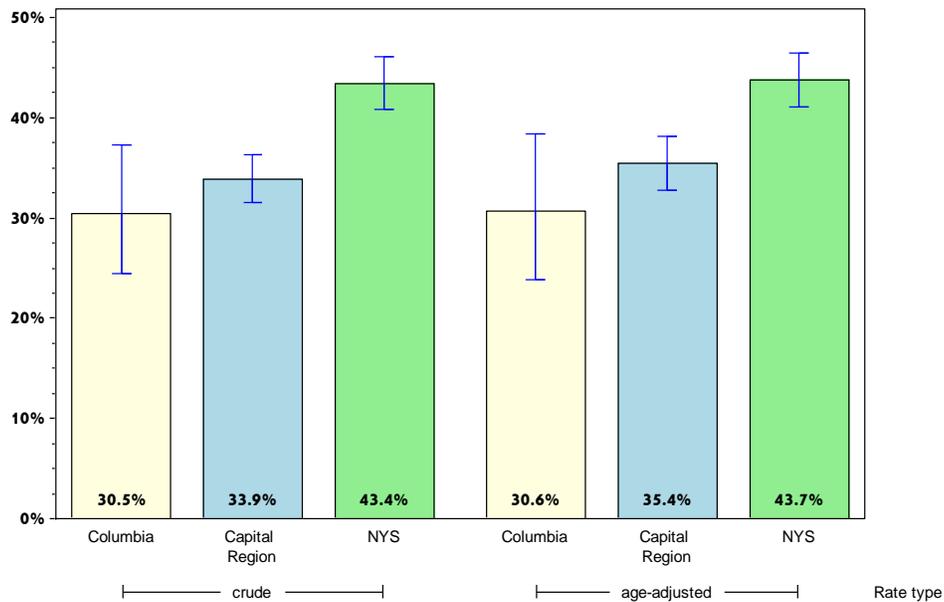


|  | Columbia County | | | Capital Region | | |
|---|---|---|---|---|---|---|
|  | **Est. # of Adults** | **Percent** | **95% CI** | **Est. # of Adults** | **Percent** | **95% CI** |
| **Total** | 13,700 | 30.5 | (24.4-37.3) | 227,646 | 33.9 | (31.5-36.4) |
| **Age** |  |  |  |  |  |  |
| 18-24 |  | # |  | 25,551 | 37.1^ | (27.3-48.2) |
| 25-34 |  | # |  | 46,389 | 43.5 | (36.8-50.5) |
| 35-44 |  | # |  | 44,836 | 41.9 | (35.5-48.6) |
| 45-64 | 5,789 | 33.3^ | (24.3-43.9) | 84,567 | 34.2 | (30.7-38.0) |
| 65+ | 2,510 | 21.8 | (14.8-31.1) | 25,225 | 19.1 | (16.3-22.3) |
| **Race** |  |  |  |  |  |  |
| White, NH | 11,793 | 29.3 | (23.6-35.8) | 186,009 | 32.2 | (29.7-34.9) |
| Black, NH |  | # |  | 16,688 | 57.1^ | (47.0-66.6) |
| Hispanic |  | # |  | 10,980 | 49.7^ | (39.3-60.2) |
| Other, NH |  | # |  | 13,970 | 32.2^ | (21.0-46.0) |
| **Sex** |  |  |  |  |  |  |
| male | 4,627 | 21.5 | (14.7-30.4) | 100,235 | 31.3 | (27.8-35.0) |
| female | 9,074 | 38.7 | (29.9-48.3) | 127,411 | 36.3 | (33.1-39.6) |
| **Age-adjusted**& |  | 30.6 | (23.8-38.4) |  | 35.4 | (32.8-38.1) |

* Worried or stressed about having enough money to pay for rent or mortgage.
& Percent is age-adjusted to the 2000 United States Population.
# Rates with <10 in the numerator or <50 in the denominator are suppressed.
^ Highly variable rate (confidence interval with a half-width greater than 10).

# Columbia

## Improve Health Status and Reduce Health Disparities

*Percentage of adults experiencing food insecurity in the past 12 months**
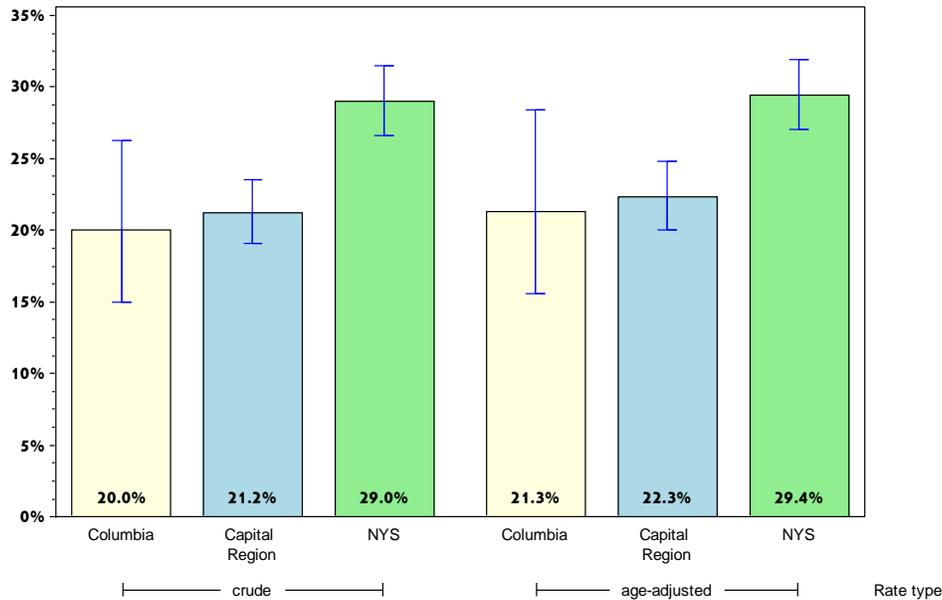


| | Columbia County | | | Capital Region | | |
|---|---|---|---|---|---|---|
| | Est. # of Adults | Percent | 95% CI | Est. # of Adults | Percent | 95% CI |
| **Total** | 9,649 | 20.0 | (14.9-26.3) | 153,218 | 21.2 | (19.1-23.6) |
| **Age** | | | | | | |
| 18-24 | | # | | 23,761 | 27.0 | (19.2-36.7) |
| 25-34 | | # | | 30,679 | 25.7 | (20.3-32.0) |
| 35-44 | | # | | 31,379 | 28.4 | (22.6-35.1) |
| 45-64 | 3,261 | 18.2 | (12.0-26.8) | 54,262 | 21.4 | (18.0-25.1) |
| 65+ | 1,727 | 14.7 | (8.6-24.0) | 12,444 | 9.0 | (6.9-11.6) |
| **Race** | | | | | | |
| White, NH | 7,965 | 18.3 | (13.6-24.1) | 117,239 | 19.0 | (16.9-21.2) |
| Black, NH | | # | | 13,625 | 39.9^ | (28.9-52.1) |
| Hispanic | | # | | 8,032 | 34.9^ | (25.9-45.1) |
| Other, NH | | # | | 14,323 | 30.8^ | (17.5-48.2) |
| **Sex** | | | | | | |
| male | 2,812 | 11.8 | (7.3-18.6) | 66,917 | 19.2 | (15.9-23.0) |
| female | 6,837 | 28.1 | (19.9-37.9) | 86,301 | 23.2 | (20.5-26.1) |
| **Age-adjusted**& | | 21.3 | (15.5-28.4) | | 22.3 | (20.0-24.8) |

* Worried or stressed about having enough money to buy nutritious meals.
& Percent is age-adjusted to the 2000 United States Population.
# Rates with <10 in the numerator or <50 in the denominator are suppressed.
^ Highly variable rate (confidence interval with a half-width greater than 10).

# Columbia
## Improve Health Status and Reduce Health Disparities
*Percentage of adults with poor self-reported health*
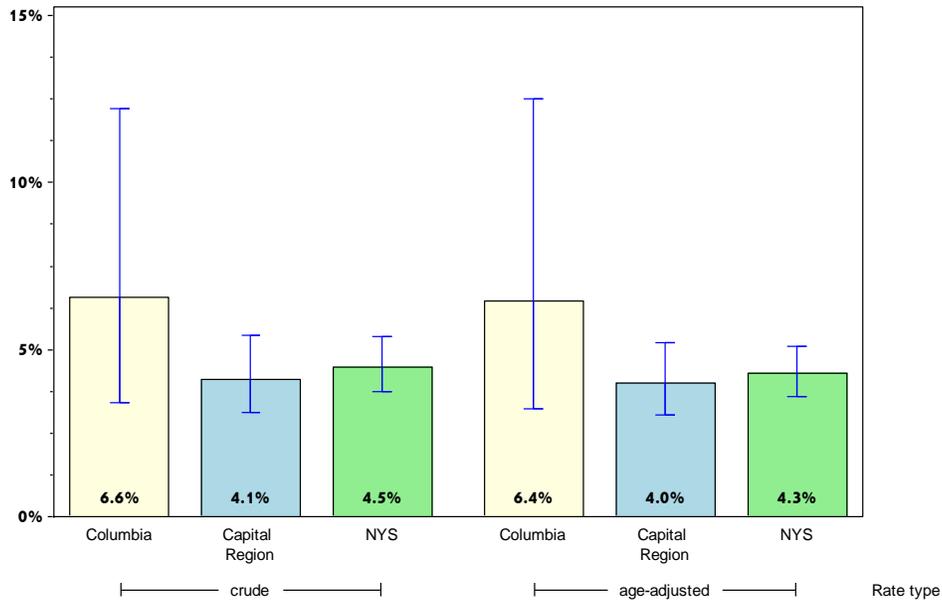


|  | Columbia County | | | Capital Region | | |
|---|---|---|---|---|---|---|
|  | Est. # of Adults | Percent | 95% CI | Est. # of Adults | Percent | 95% CI |
| **Total** | 3,270 | 6.6 | (3.4-12.2) | 31,086 | 4.1 | (3.1-5.4) |
| **Age** | | | | | | |
| 18-24 | | # | | | # | |
| 25-34 | | # | | | # | |
| 35-44 | | # | | 4,002 | 3.5 | (1.9-6.5) |
| 45-64 | | # | | 15,190 | 5.8 | (3.6-9.2) |
| 65+ | 956 | 8.0 | (4.0-15.7) | 8,158 | 5.7 | (4.1-7.8) |
| **Race** | | | | | | |
| White, NH | 2,169 | 4.9 | (2.4-9.6) | 21,951 | 3.4 | (2.6-4.5) |
| Black, NH | | # | | 3,013 | 8.1 | (3.9-16.2) |
| Hispanic | | # | | | # | |
| Other, NH | | # | | 5,390 | 10.8^ | (3.7-27.7) |
| **Sex** | | | | | | |
| male | | # | | 12,669 | 3.5 | (2.2-5.4) |
| female | 2,466 | 9.9^ | (4.4-20.6) | 18,417 | 4.7 | (3.3-6.7) |
| **Age-adjusted**& | | 6.4 | (3.2-12.5) | | 4.0 | (3.0-5.2) |

& Percent is age-adjusted to the 2000 United States Population.
# Rates with <10 in the numerator or <50 in the denominator are suppressed.
^ Highly variable rate (confidence interval with a half-width greater than 10).

# Columbia

## Improve Health Status and Reduce Health Disparities

*Percentage of adults who report 14 or more days of poor physical health*[*]
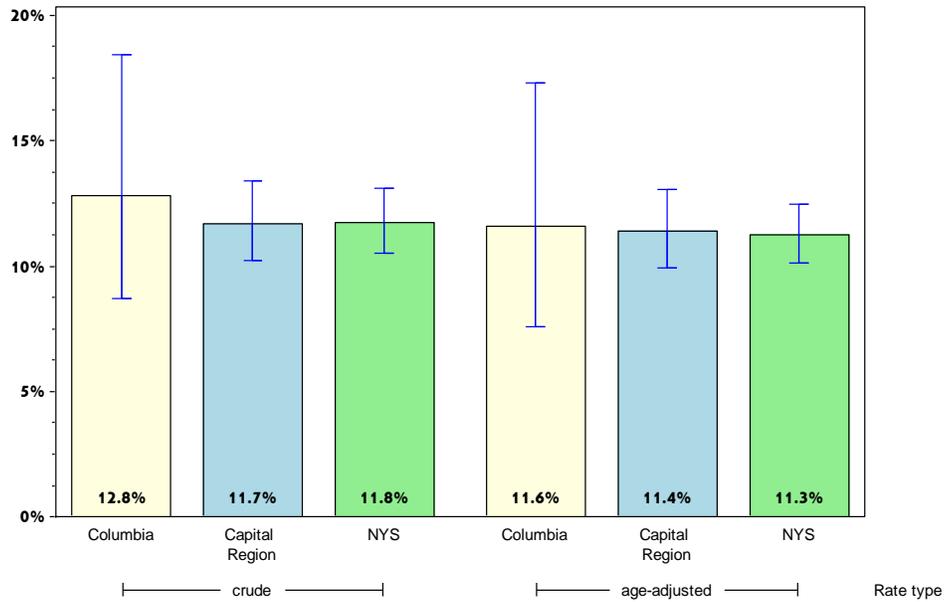


|  | Columbia County | | | Capital Region | | |
|---|---|---|---|---|---|---|
|  | Est. # of Adults | Percent | 95% CI | Est. # of Adults | Percent | 95% CI |
| **Total** | 6,222 | 12.8 | (8.7-18.4) | 86,530 | 11.7 | (10.2-13.4) |
| **Age** | | | | | | |
| 18-24 | | # | | 6,770 | 7.2 | (3.3-14.8) |
| 25-34 | | # | | 7,049 | 5.8 | (3.7-8.9) |
| 35-44 | | # | | 11,350 | 9.9 | (6.8-14.3) |
| 45-64 | 2,043 | 11.6 | (6.9-18.9) | 36,240 | 14.2 | (11.4-17.4) |
| 65+ | 2,244 | 19.6 | (12.9-28.6) | 24,874 | 17.8 | (14.8-21.3) |
| **Race** | | | | | | |
| White, NH | 5,336 | 12.3 | (8.6-17.4) | 67,869 | 10.8 | (9.5-12.2) |
| Black, NH | | # | | 9,363 | 25.8^ | (14.7-41.2) |
| Hispanic | | # | | 2,326 | 9.8 | (4.9-18.7) |
| Other, NH | | # | | 6,972 | 14.1^ | (6.0-29.7) |
| **Sex** | | | | | | |
| male | 1,890 | 7.7 | (4.3-13.5) | 36,753 | 10.2 | (8.0-12.9) |
| female | 4,332 | 18.0 | (11.2-27.7) | 49,778 | 13.1 | (11.2-15.3) |
| **Age-adjusted**[&] | | 11.6 | (7.6-17.3) | | 11.4 | (9.9-13.1) |

\* Out of the past 30 days.
& Percent is age-adjusted to the 2000 United States Population.
# Rates with <10 in the numerator or <50 in the denominator are suppressed.
^ Highly variable rate (confidence interval with a half-width greater than 10).

*Percentage of adults who are obese**
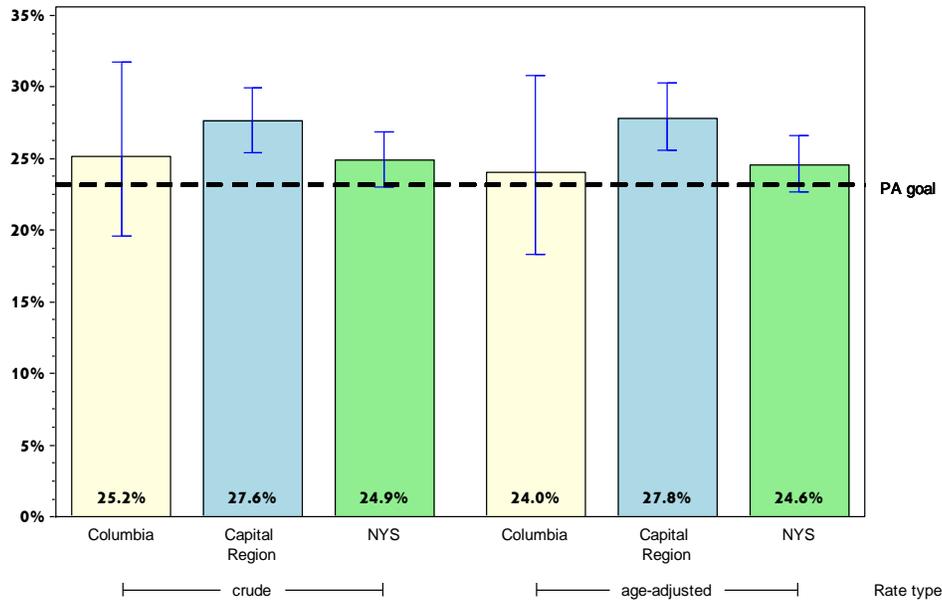


| | Columbia County | | | Capital Region | | |
|---|---|---|---|---|---|---|
| | **Est. # of Adults** | **Percent** | **95% CI** | **Est. # of Adults** | **Percent** | **95% CI** |
| **Total** | 11,996 | 25.2 | (19.6-31.8) | 196,015 | 27.6 | (25.5-29.9) |
| **Age** | | | | | | |
| 18-24 | | # | | 12,899 | 14.4 | (8.4-23.4) |
| 25-34 | | # | | 27,900 | 24.7 | (19.0-31.4) |
| 35-44 | | # | | 36,257 | 33.5 | (27.6-40.0) |
| 45-64 | 4,992 | 29.0 | (20.9-38.8) | 84,116 | 33.3 | (29.8-37.0) |
| 65+ | 2,957 | 25.2 | (18.0-34.1) | 33,329 | 24.5 | (21.4-27.9) |
| **Race** | | | | | | |
| White, NH | 10,760 | 25.6 | (20.0-32.0) | 167,713 | 27.7 | (25.4-30.1) |
| Black, NH | | # | | 12,819 | 38.0^ | (27.3-50.1) |
| Hispanic | | # | | 6,873 | 28.0 | (20.4-37.1) |
| Other, NH | | # | | 8,610 | 18.6^ | (10.1-31.8) |
| **Sex** | | | | | | |
| male | 5,137 | 20.7 | (14.9-28.1) | 98,578 | 27.4 | (24.2-30.7) |
| female | 6,859 | 30.0^ | (21.1-40.7) | 97,437 | 27.9 | (24.9-31.1) |
| **Age-adjusted**& | | 24.0 | (18.3-30.8) | | 27.8 | (25.6-30.3) |

* Obesity defined as a Body Mass Index (BMI) >=30. BMI is calculated based on weight and height.
& Percent is age-adjusted to the 2000 United States Population.
# Rates with <10 in the numerator or <50 in the denominator are suppressed.
^ Highly variable rate (confidence interval with a half-width greater than 10).

# Columbia

## Prevent Chronic Diseases

*Percentage of adults with an annual household income less than $25,000 who are obese**
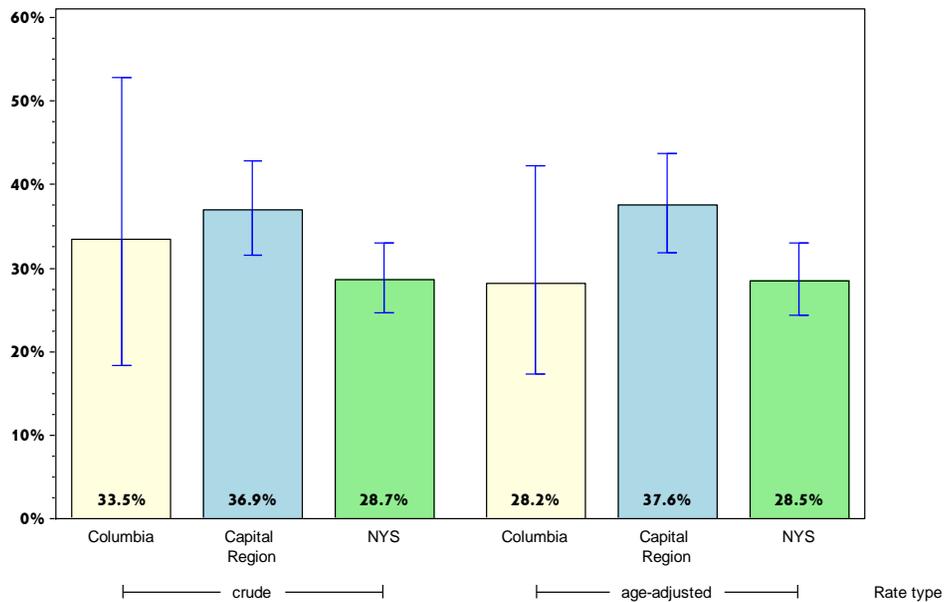


|  | Columbia County | | | Capital Region | | |
|---|---|---|---|---|---|---|
|  | Est. # of Adults | Percent | 95% CI | Est. # of Adults | Percent | 95% CI |
| **Total** | 3,615 | 33.5^ | (18.4-52.9) | 54,587 | 36.9 | (31.5-42.8) |
| **Age** | | | | | | |
| 18-24 |  | # |  | 3,020 | 17.4^ | (8.4-32.5) |
| 25-34 |  | # |  | 10,222 | 39.3^ | (24.9-55.8) |
| 35-44 |  | # |  | 7,713 | 41.2^ | (25.5-58.9) |
| 45-64 |  | # |  | 23,403 | 48.3^ | (38.0-58.8) |
| 65+ |  | # |  | 10,229 | 27.6 | (21.5-34.7) |
| **Race** | | | | | | |
| White, NH | 2,803 | 36.6^ | (21.3-55.3) | 41,621 | 36.5 | (30.4-43.0) |
| Black, NH |  | # |  | 4,238 | 36.2^ | (22.1-53.2) |
| Hispanic |  | # |  | 2,717 | 28.5^ | (16.7-44.3) |
| Other, NH |  | # |  |  | # |  |
| **Sex** | | | | | | |
| male |  | # |  | 20,376 | 30.7 | (22.4-40.6) |
| female | 2,935 | 44.7^ | (24.5-66.8) | 34,212 | 42.0 | (35.0-49.3) |
| **Age-adjusted**& |  | 28.2^ | (17.3-42.3) |  | 37.6 | (31.8-43.7) |

* Obesity defined as a Body Mass Index (BMI) >=30. BMI is calculated based on weight and height.
& Percent is age-adjusted to the 2000 United States Population.
# Rates with <10 in the numerator or <50 in the denominator are suppressed.
^ Highly variable rate (confidence interval with a half-width greater than 10).

# Columbia

## Prevent Chronic Diseases

*Percentage of adults living with a disability who are obese\**
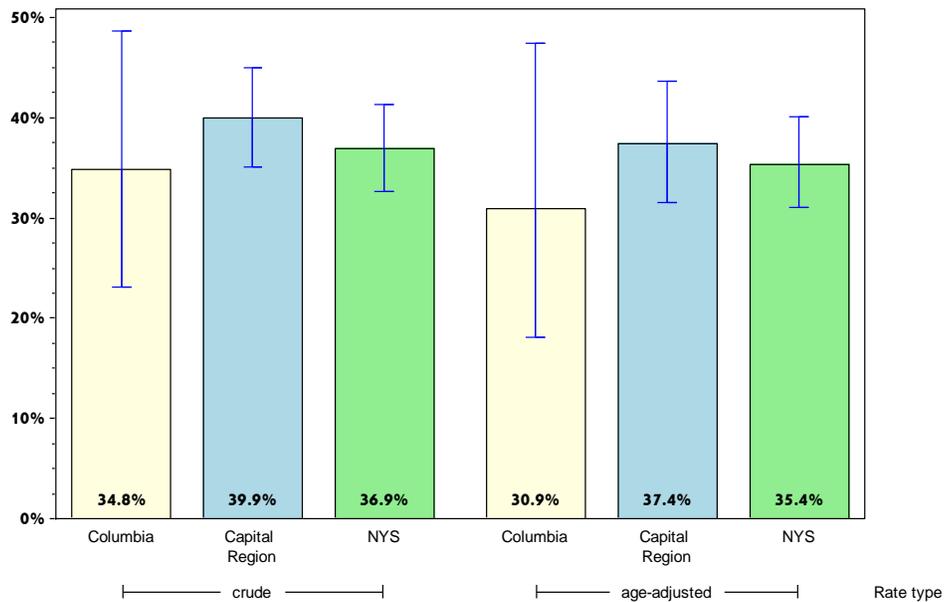


|  | Columbia County | | | Capital Region | | |
|---|---|---|---|---|---|---|
|  | Est. # of Adults | Percent | 95% CI | Est. # of Adults | Percent | 95% CI |
| **Total** | 3,811 | 34.8^ | (23.1-48.7) | 65,790 | 39.9 | (35.1-45.0) |
| **Age** | | | | | | |
| 18-24 | | # | | | # | |
| 25-34 | | # | | 7,184 | 38.8^ | (19.6-62.4) |
| 35-44 | | # | | 7,077 | 41.0^ | (26.7-56.9) |
| 45-64 | 1,475 | 32.8^ | (20.3-48.2) | 33,361 | 46.8 | (39.6-54.2) |
| 65+ | 1,511 | 38.5^ | (24.9-54.3) | 17,293 | 35.7 | (29.7-42.3) |
| **Race** | | | | | | |
| White, NH | 2,936 | 31.4^ | (21.8-42.9) | 55,500 | 38.7 | (33.6-44.2) |
| Black, NH | | # | | | # | |
| Hispanic | | # | | | # | |
| Other, NH | | # | | | # | |
| **Sex** | | | | | | |
| male | | # | | 30,702 | 37.8 | (30.6-45.6) |
| female | 2,379 | 33.2^ | (18.3-52.4) | 35,087 | 42.0 | (35.7-48.5) |
| **Age-adjusted**& | | 30.9^ | (18.1-47.5) | | 37.4 | (31.6-43.7) |

\* Obesity defined as a Body Mass Index (BMI) >=30. BMI is calculated based on weight and height. Limited activities (physical, mental, or emotional problems); need of special equipment (e.g. cane, wheel chair).

& Percent is age-adjusted to the 2000 United States Population.

# Rates with <10 in the numerator or <50 in the denominator are suppressed.

^ Highly variable rate (confidence interval with a half-width greater than 10).

# Columbia

## Prevent Chronic Diseases

*Percentage of adults overweight or obese\**
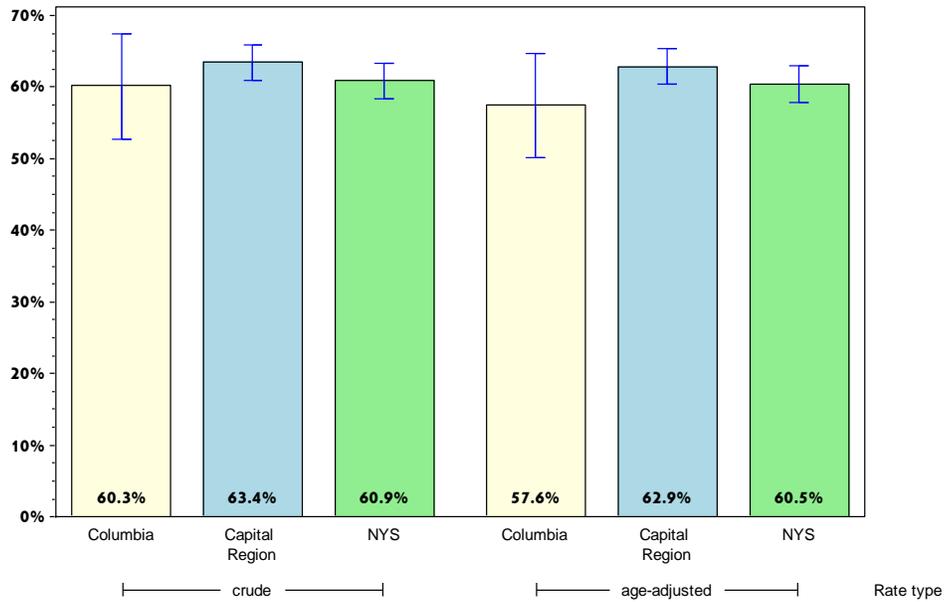


|  | Columbia County | | | Capital Region | | |
|---|---|---|---|---|---|---|
|  | Est. # of Adults | Percent | 95% CI | Est. # of Adults | Percent | 95% CI |
| **Total** | 28,713 | 60.3 | (52.7-67.4) | 449,862 | 63.4 | (60.9-65.8) |
| **Age** | | | | | | |
| 18-24 |  | # |  | 36,543 | 40.7^ | (31.2-51.1) |
| 25-34 |  | # |  | 65,156 | 57.7 | (51.1-64.0) |
| 35-44 |  | # |  | 71,436 | 66.1 | (59.8-71.8) |
| 45-64 | 10,181 | 59.2^ | (46.5-70.8) | 182,293 | 72.2 | (68.8-75.3) |
| 65+ | 8,873 | 75.7 | (67.4-82.5) | 88,147 | 64.8 | (60.7-68.6) |
| **Race** | | | | | | |
| White, NH | 25,935 | 61.6 | (54.6-68.1) | 381,643 | 63.1 | (60.5-65.6) |
| Black, NH |  | # |  | 25,401 | 75.3 | (65.7-83.0) |
| Hispanic |  | # |  | 17,407 | 70.9^ | (60.2-79.7) |
| Other, NH |  | # |  | 25,411 | 55.0^ | (40.4-68.8) |
| **Sex** | | | | | | |
| male | 14,949 | 60.4^ | (48.4-71.2) | 249,199 | 69.2 | (65.4-72.7) |
| female | 13,763 | 60.2 | (51.1-68.7) | 200,663 | 57.5 | (54.1-60.8) |
| **Age-adjusted**^& |  | 57.6 | (50.1-64.7) |  | 62.9 | (60.4-65.3) |

\* Defined as a Body Mass Index (BMI) >=25. BMI is calculated based on weight and height.
& Percent is age-adjusted to the 2000 United States Population.
# Rates with <10 in the numerator or <50 in the denominator are suppressed.
^ Highly variable rate (confidence interval with a half-width greater than 10).

# Columbia

## Prevent Chronic Diseases

*Percentage of adults who participated in leisure time physical activity in the past 30 days*\*
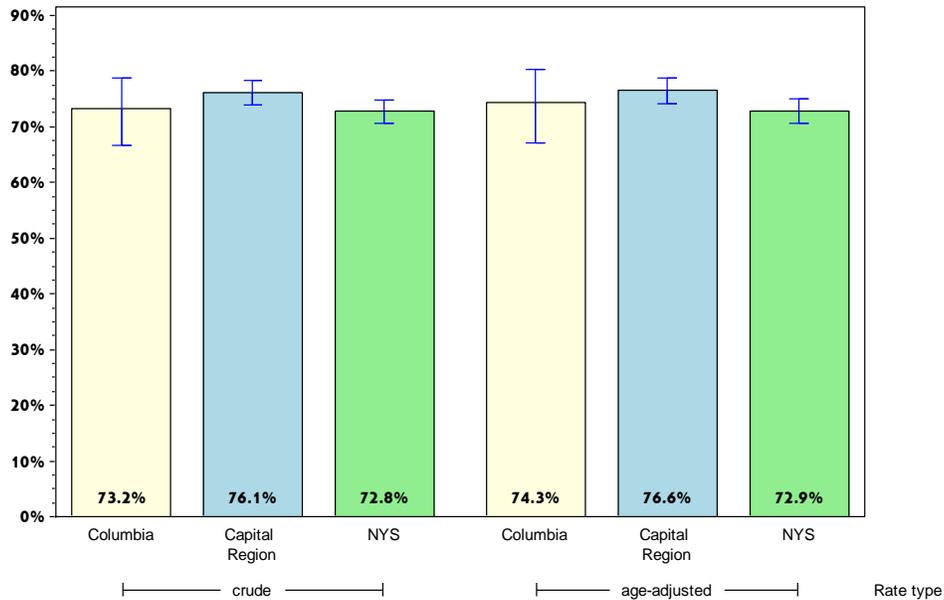


|  | Columbia County | | | Capital Region | | |
|---|---|---|---|---|---|---|
|  | Est. # of Adults | Percent | 95% CI | Est. # of Adults | Percent | 95% CI |
| **Total** | 35,358 | 73.2 | (66.7-78.8) | 556,553 | 76.1 | (73.9-78.2) |
| **Age** | | | | | | |
| 18-24 |  | # |  | 75,199 | 82.7^ | (71.5-90.1) |
| 25-34 |  | # |  | 94,246 | 78.5 | (71.7-84.0) |
| 35-44 |  | # |  | 88,206 | 79.6 | (73.8-84.3) |
| 45-64 | 13,330 | 74.3 | (64.9-81.8) | 196,559 | 76.2 | (72.8-79.3) |
| 65+ | 7,778 | 65.8 | (56.2-74.3) | 93,338 | 66.8 | (62.9-70.4) |
| **Race** | | | | | | |
| White, NH | 32,125 | 73.8 | (67.5-79.3) | 479,185 | 76.6 | (74.2-78.8) |
| Black, NH |  | # |  | 24,322 | 71.4^ | (59.7-80.9) |
| Hispanic |  | # |  | 17,336 | 72.5^ | (60.3-82.1) |
| Other, NH |  | # |  | 35,711 | 75.0^ | (63.2-84.0) |
| **Sex** | | | | | | |
| male | 17,665 | 74.0 | (65.1-81.2) | 272,326 | 76.8 | (73.1-80.1) |
| female | 17,693 | 72.4 | (62.6-80.4) | 284,227 | 75.6 | (72.8-78.1) |
| **Age-adjusted**& |  | 74.3 | (67.1-80.3) |  | 76.6 | (74.2-78.8) |

\* Any physical activities or exercises such as running or walking
& Percent is age-adjusted to the 2000 United States Population.
# Rates with <10 in the numerator or <50 in the denominator are suppressed.
^ Highly variable rate (confidence interval with a half-width greater than 10).

# Columbia

## Prevent Chronic Diseases

*Percentage of adults who consume one or more sugary drinks daily\**
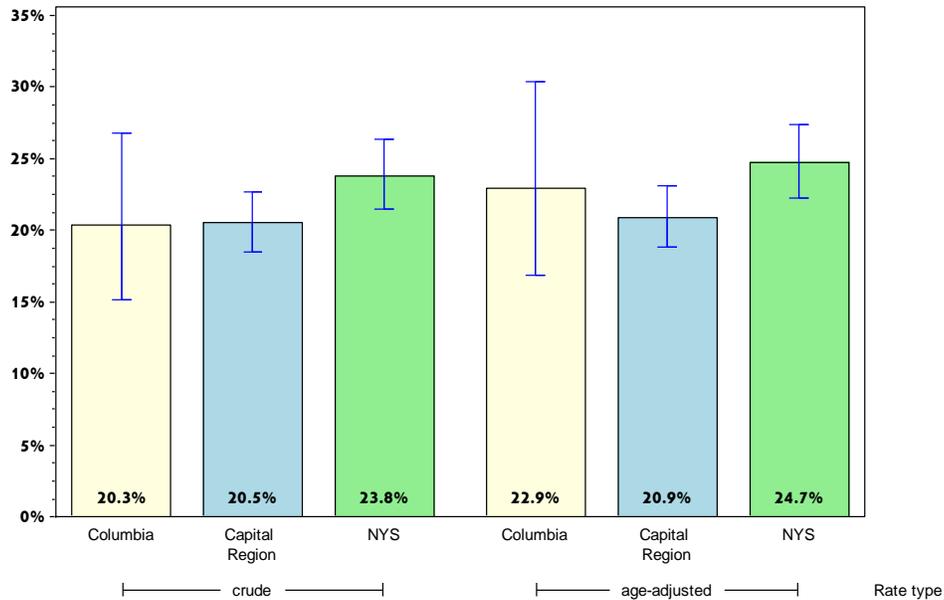


<table>
<tr><th></th><th colspan="3">Columbia County</th><th colspan="3">Capital Region</th></tr>
<tr><th></th><th>Est. # of Adults</th><th>Percent</th><th>95% CI</th><th>Est. # of Adults</th><th>Percent</th><th>95% CI</th></tr>
<tr><td>**Total**</td><td>9,696</td><td>20.3</td><td>(15.1-26.8)</td><td>146,058</td><td>20.5</td><td>(18.5-22.7)</td></tr>
<tr><td>**Age**</td><td></td><td></td><td></td><td></td><td></td><td></td></tr>
<tr><td>18-24</td><td></td><td>#</td><td></td><td>28,523</td><td>32.9</td><td>(24.4-42.8)</td></tr>
<tr><td>25-34</td><td></td><td>#</td><td></td><td>36,519</td><td>31.0</td><td>(24.6-38.1)</td></tr>
<tr><td>35-44</td><td></td><td>#</td><td></td><td>18,018</td><td>16.3</td><td>(12.6-20.9)</td></tr>
<tr><td>45-64</td><td>3,373</td><td>19.2</td><td>(12.7-28.1)</td><td>42,321</td><td>16.9</td><td>(14.4-19.8)</td></tr>
<tr><td>65+</td><td>1,166</td><td>10.2</td><td>(5.7-17.5)</td><td>18,870</td><td>13.9</td><td>(11.5-16.7)</td></tr>
<tr><td>**Race**</td><td></td><td></td><td></td><td></td><td></td><td></td></tr>
<tr><td>White, NH</td><td>7,965</td><td>18.8</td><td>(13.9-25.1)</td><td>121,145</td><td>19.9</td><td>(17.8-22.3)</td></tr>
<tr><td>Black, NH</td><td></td><td>#</td><td></td><td>10,242</td><td>30.3^</td><td>(20.6-42.2)</td></tr>
<tr><td>Hispanic</td><td></td><td>#</td><td></td><td>8,727</td><td>38.5^</td><td>(29.0-49.0)</td></tr>
<tr><td>Other, NH</td><td></td><td>#</td><td></td><td>5,944</td><td>12.5</td><td>(7.4-20.3)</td></tr>
<tr><td>**Sex**</td><td></td><td></td><td></td><td></td><td></td><td></td></tr>
<tr><td>male</td><td>5,122</td><td>21.6</td><td>(14.5-30.9)</td><td>84,851</td><td>24.6</td><td>(21.5-28.0)</td></tr>
<tr><td>female</td><td>4,574</td><td>19.1</td><td>(12.1-29.0)</td><td>61,207</td><td>16.7</td><td>(14.2-19.5)</td></tr>
<tr><td>**Age-adjusted**&</td><td></td><td>22.9</td><td>(16.9-30.4)</td><td></td><td>20.9</td><td>(18.8-23.1)</td></tr>
</table>

\* Sugary drinks include regular soda, and sugar-sweetened drinks.
& Percent is age-adjusted to the 2000 United States Population.
# Rates with <10 in the numerator or <50 in the denominator are suppressed.
^ Highly variable rate (confidence interval with a half-width greater than 10).

*Percentage of adults who consume fast-food three or more times per week*
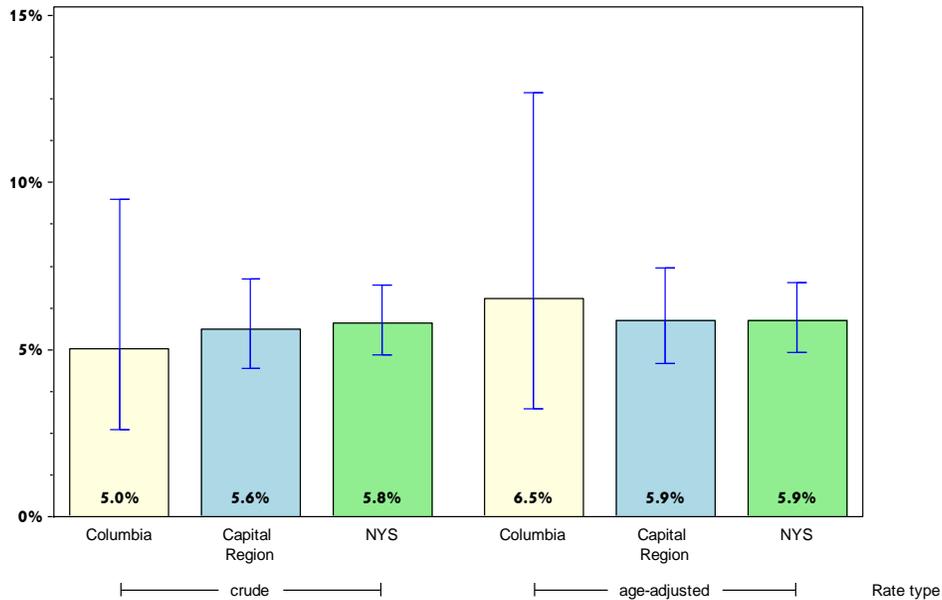


## Columbia County      Capital Region

| | Est. # of Adults | Percent | 95% CI | Est. # of Adults | Percent | 95% CI |
|---|---|---|---|---|---|---|
| **Total** | 2,365 | 5.0 | (2.6-9.5) | 39,790 | 5.6 | (4.4-7.1) |
| **Age** | | | | | | |
| 18-24 | | # | | 8,329 | 9.7 | (5.1-17.5) |
| 25-34 | | # | | 11,200 | 9.6 | (5.7-15.5) |
| 35-44 | | # | | 5,776 | 5.3 | (3.2-8.5) |
| 45-64 | | # | | 10,867 | 4.4 | (2.9-6.5) |
| 65+ | | # | | 3,146 | 2.3 | (1.5-3.6) |
| **Race** | | | | | | |
| White, NH | 2,365 | 5.6 | (2.9-10.5) | 31,483 | 5.2 | (4.1-6.6) |
| Black, NH | | # | | 5,232 | 15.8^ | (6.0-35.5) |
| Hispanic | | # | | 2,006 | 9.0 | (5.0-15.8) |
| Other, NH | | # | | | # | |
| **Sex** | | | | | | |
| male | 1,405 | 6.1 | (2.9-12.5) | 31,282 | 9.1 | (6.9-12.0) |
| female | | # | | 8,509 | 2.3 | (1.7-3.3) |
| **Age-adjusted**& | | 6.5 | (3.2-12.7) | | 5.9 | (4.6-7.4) |

& Percent is age-adjusted to the 2000 United States Population.
# Rates with <10 in the numerator or <50 in the denominator are suppressed.
^ Highly variable rate (confidence interval with a half-width greater than 10).

# Columbia

## Prevent Chronic Diseases

*Percentage of adults with physician diagnosed diabetes**
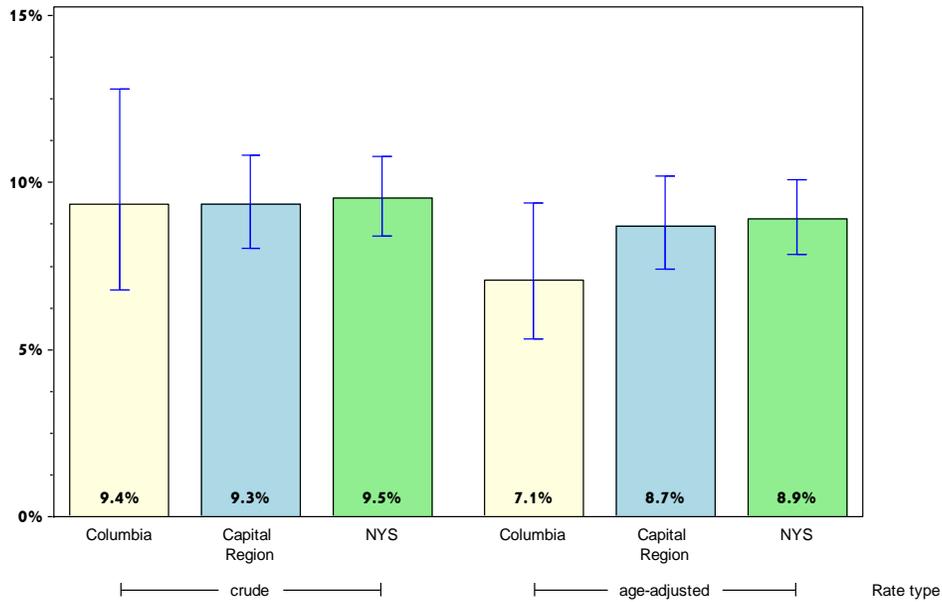


|  | Columbia County | | | Capital Region | | |
|---|---|---|---|---|---|---|
|  | **Est. # of Adults** | **Percent** | **95% CI** | **Est. # of Adults** | **Percent** | **95% CI** |
| **Total** | 4,693 | 9.4 | (6.8-12.8) | 70,730 | 9.3 | (8.0-10.8) |
| **Age** | | | | | | |
| 18-24 | | # | | | # | |
| 25-34 | | # | | | # | |
| 35-44 | | # | | 8,295 | 7.2 | (3.8-13.1) |
| 45-64 | 1,327 | 7.4 | (4.2-12.5) | 27,350 | 10.4 | (8.0-13.3) |
| 65+ | 3,244 | 27.0 | (19.2-36.6) | 32,001 | 22.1 | (18.9-25.7) |
| **Race** | | | | | | |
| White, NH | 4,261 | 9.5 | (7.0-12.8) | 56,938 | 8.8 | (7.6-10.2) |
| Black, NH | | # | | 5,143 | 13.9 | (8.7-21.3) |
| Hispanic | | # | | 2,015 | 7.9 | (4.6-13.0) |
| Other, NH | | # | | 6,634 | 13.3^ | (5.6-28.3) |
| **Sex** | | | | | | |
| male | 2,625 | 10.6 | (6.6-16.6) | 40,032 | 10.9 | (8.7-13.5) |
| female | 2,067 | 8.1 | (5.3-12.3) | 30,698 | 7.9 | (6.5-9.4) |
| **Age-adjusted**& | | 7.1 | (5.3-9.4) | | 8.7 | (7.4-10.2) |

\* As diagnosed by a health professional.
& Percent is age-adjusted to the 2000 United States Population.
\# Rates with <10 in the numerator or <50 in the denominator are suppressed.
^ Highly variable rate (confidence interval with a half-width greater than 10).

# Columbia

## Prevent Chronic Diseases

*Percentage of adults who are current smokers*
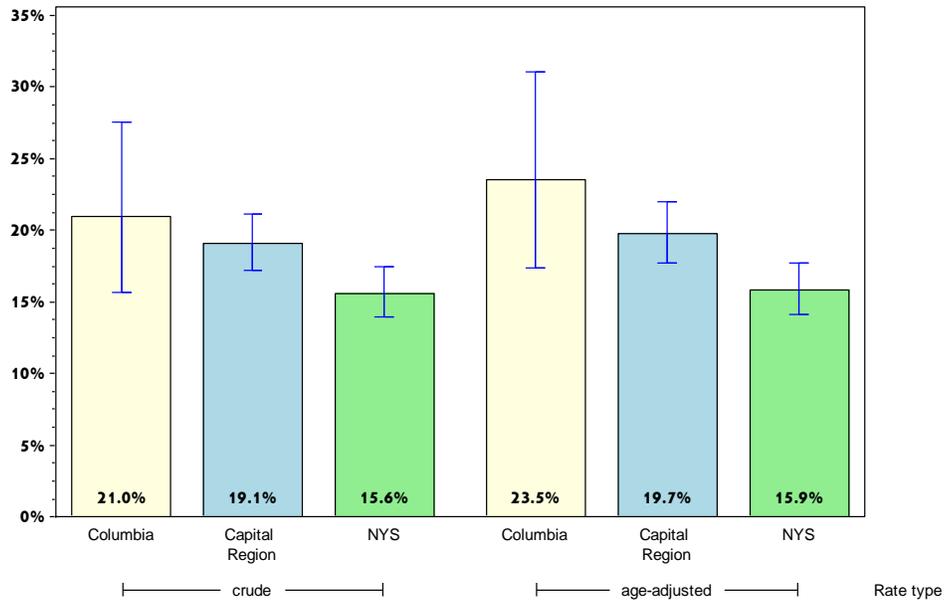


|  | Columbia County | | | Capital Region | | |
|---|---|---|---|---|---|---|
|  | **Est. # of Adults** | **Percent** | **95% CI** | **Est. # of Adults** | **Percent** | **95% CI** |
| **Total** | 10,331 | 21.0 | (15.6-27.5) | 141,063 | 19.1 | (17.2-21.2) |
| **Age** | | | | | | |
| 18-24 | | # | | 18,990 | 20.7 | (14.6-28.6) |
| 25-34 | | # | | 31,739 | 26.0 | (20.4-32.5) |
| 35-44 | | # | | 24,107 | 21.5 | (16.4-27.8) |
| 45-64 | 3,686 | 20.8 | (13.7-30.2) | 55,144 | 21.2 | (18.3-24.4) |
| 65+ | | # | | 10,388 | 7.4 | (5.4-10.0) |
| **Race** | | | | | | |
| White, NH | 9,601 | 21.9 | (16.3-28.9) | 117,876 | 18.7 | (16.7-20.9) |
| Black, NH | | # | | 7,493 | 21.5 | (14.8-30.2) |
| Hispanic | | # | | 8,467 | 34.6^ | (24.9-45.8) |
| Other, NH | | # | | 7,227 | 14.7^ | (8.0-25.4) |
| **Sex** | | | | | | |
| male | 5,140 | 21.0 | (14.4-29.8) | 75,766 | 21.1 | (18.2-24.4) |
| female | 5,191 | 20.9^ | (13.3-31.2) | 65,298 | 17.2 | (14.8-19.8) |
| **Age-adjusted**& | | 23.5 | (17.3-31.1) | | 19.7 | (17.7-22.0) |

& Percent is age-adjusted to the 2000 United States Population.
# Rates with <10 in the numerator or <50 in the denominator are suppressed.
^ Highly variable rate (confidence interval with a half-width greater than 10).

*Percentage of adults with annual household income less than $25,000 who are current smokers*
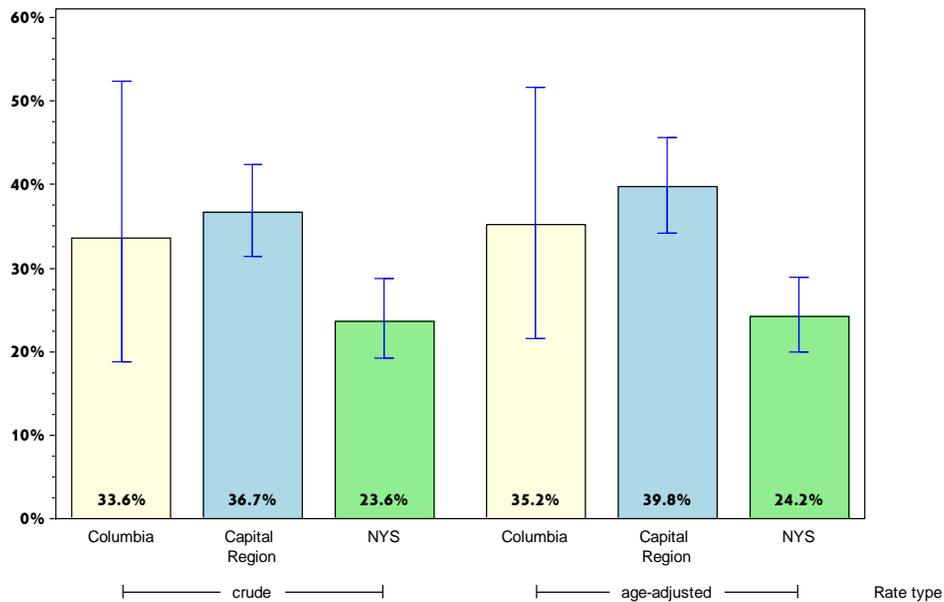


| | Columbia County | | | Capital Region | | |
|---|---|---|---|---|---|---|
| | Est. # of Adults | Percent | 95% CI | Est. # of Adults | Percent | 95% CI |
| **Total** | 3,811 | 33.6^ | (18.8-52.4) | 56,135 | 36.7 | (31.4-42.3) |
| **Age** | | | | | | |
| 18-24 | | # | | 5,940 | 34.3^ | (21.7-49.4) |
| 25-34 | | # | | 14,236 | 52.5^ | (38.9-65.8) |
| 35-44 | | # | | 10,218 | 51.2^ | (35.3-66.7) |
| 45-64 | | # | | 20,764 | 41.1^ | (31.8-51.1) |
| 65+ | | # | | 4,979 | 13.3 | (8.1-21.0) |
| **Race** | | | | | | |
| White, NH | 3,226 | 39.3^ | (23.0-58.4) | 43,833 | 37.2 | (31.3-43.6) |
| Black, NH | | # | | 3,373 | 25.7^ | (14.8-40.8) |
| Hispanic | | # | | 4,581 | 47.6^ | (31.2-64.5) |
| Other, NH | | # | | | # | |
| **Sex** | | | | | | |
| male | | # | | 30,330 | 46.8 | (38.0-55.7) |
| female | 3,023 | 42.1^ | (23.4-63.4) | 25,806 | 29.3 | (23.5-35.9) |
| **Age-adjusted**& | | 35.2^ | (21.6-51.6) | | 39.8 | (34.2-45.6) |

& Percent is age-adjusted to the 2000 United States Population.
# Rates with <10 in the numerator or <50 in the denominator are suppressed.
^ Highly variable rate (confidence interval with a half-width greater than 10).

# Columbia

## Prevent Chronic Diseases

*Percentage of adults aged 18-24 years who are current smokers*
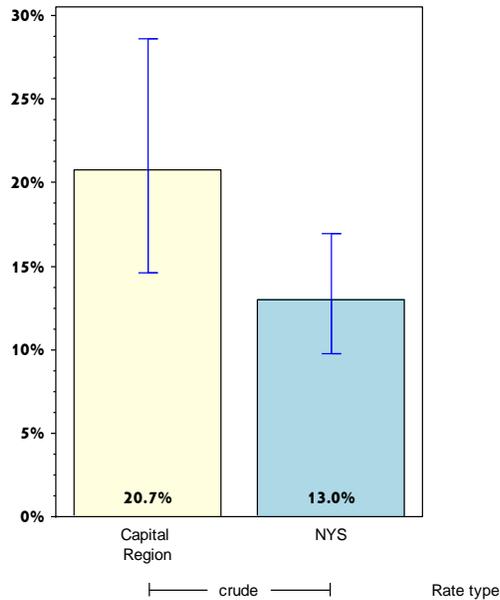


| | Columbia County | | | Capital Region | | |
|---|---|---|---|---|---|---|
| | Est. # of Adults | Percent | 95% CI | Est. # of Adults | Percent | 95% CI |
| **Total** | | # | | 18,990 | 20.7 | (14.6-28.6) |
| **Age+** | | | | | | |
| 18-24 | | | | | | |
| 25-34 | | | | | | |
| 35-44 | | | | | | |
| 45-64 | | | | | | |
| 65+ | | | | | | |
| **Race** | | | | | | |
| White, NH | | # | | 16,226 | 22.0 | (14.9-31.2) |
| Black, NH | | # | | | # | |
| Hispanic | | # | | | # | |
| Other, NH | | # | | | # | |
| **Sex** | | | | | | |
| male | | # | | 9,187 | 17.5 | (10.9-27.0) |
| female | | # | | 9,803 | 25.0^ | (14.9-38.8) |
| **Age-adjusted+,&** | | | | | | |

& Percent is age-adjusted to the 2000 United States Population.
+ Age-adjusted and age specific percent not generated for health indicators with age range limits.
# Rates with <10 in the numerator or <50 in the denominator are suppressed.
^ Highly variable rate (confidence interval with a half-width greater than 10).

# Columbia

## Prevent Chronic Diseases

*Percentage of women aged 50-74 years receiving breast cancer screening based on recent guidelines**
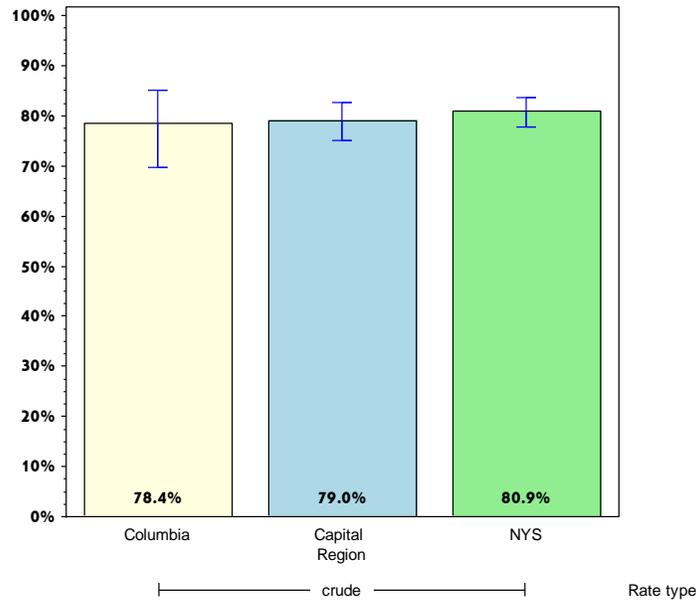


|  | Columbia County | | | Capital Region | | |
|---|---|---|---|---|---|---|
|  | Est. # of Adults | Percent | 95% CI | Est. # of Adults | Percent | 95% CI |
| **Total** | 8,021 | 78.4 | (69.7-85.1) | 110,971 | 79.0 | (75.0-82.5) |
| **Age+** | | | | | | |
| 18-24 | | | | | | |
| 25-34 | | | | | | |
| 35-44 | | | | | | |
| 45-64 | | | | | | |
| 65+ | | | | | | |
| **Race** | | | | | | |
| White, NH | 7,302 | 76.8 | (67.7-83.9) | 100,353 | 78.7 | (74.5-82.4) |
| Black, NH | | # | | | # | |
| Hispanic | | # | | | # | |
| Other, NH | | # | | | # | |
| **Sex** | | | | | | |
| male | | # | | | # | |
| female | 8,021 | 78.4 | (69.7-85.1) | 110,971 | 79.0 | (75.0-82.5) |
| **Age-adjusted+,&** | | | | | | |

* Mammogram within past 2 years.
& Percent is age-adjusted to the 2000 United States Population.
+ Age-adjusted and age specific percent not generated for health indicators with age range limits.
# Rates with <10 in the numerator or <50 in the denominator are suppressed.

# Columbia

## Prevent Chronic Diseases

*Percentage of women aged 50-74 years with annual household income of less than $25,000 receiving breast cancer screening based on recent guidelines**
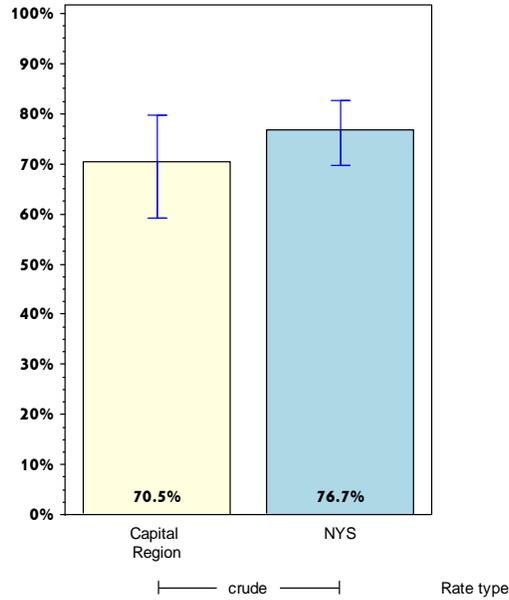


| | Columbia County | | | Capital Region | | |
|---|---|---|---|---|---|---|
| | Est. # of Adults | Percent | 95% CI | Est. # of Adults | Percent | 95% CI |
| **Total** | | # | | 21,656 | 70.5^ | (59.2-79.7) |
| **Age**+ | | | | | | |
| 18-24 | | | | | | |
| 25-34 | | | | | | |
| 35-44 | | | | | | |
| 45-64 | | | | | | |
| 65+ | | | | | | |
| **Race** | | | | | | |
| White, NH | | # | | 16,285 | 66.3^ | (53.7-76.9) |
| Black, NH | | # | | | # | |
| Hispanic | | # | | | # | |
| Other, NH | | # | | | # | |
| **Sex** | | | | | | |
| male | | # | | | # | |
| female | | # | | 21,656 | 70.5^ | (59.2-79.7) |
| **Age-adjusted**+,& | | | | | | |

* Mammogram within past 2 years.
& Percent is age-adjusted to the 2000 United States Population.
+ Age-adjusted and age specific percent not generated for health indicators with age range limits.
# Rates with <10 in the numerator or <50 in the denominator are suppressed.
^ Highly variable rate (confidence interval with a half-width greater than 10).

# Columbia

## Prevent Chronic Diseases

*Percentage of women aged 21-65 years receiving cervical cancer screening based on recent guidelines**
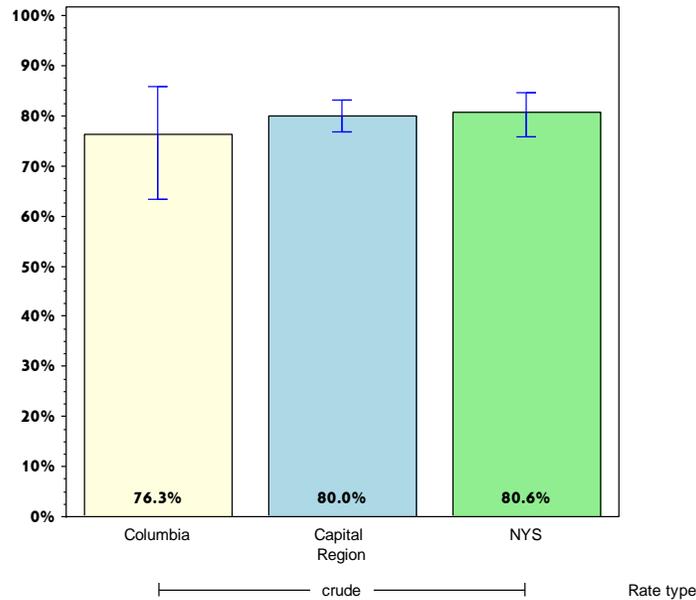


|  | Columbia County | | | Capital Region | | |
|---|---|---|---|---|---|---|
|  | Est. # of Adults | Percent | 95% CI | Est. # of Adults | Percent | 95% CI |
| **Total** | 14,030 | 76.3^ | (63.4-85.7) | 218,954 | 80.0 | (76.6-83.0) |
| **Age⁺** |  |  |  |  |  |  |
| 18-24 |  |  |  |  |  |  |
| 25-34 |  |  |  |  |  |  |
| 35-44 |  |  |  |  |  |  |
| 45-64 |  |  |  |  |  |  |
| 65+ |  |  |  |  |  |  |
| **Race** |  |  |  |  |  |  |
| White, NH | 13,011 | 78.3^ | (66.2-87.0) | 189,224 | 81.8 | (78.5-84.8) |
| Black, NH |  | # |  | 10,116 | 74.0^ | (54.2-87.3) |
| Hispanic |  | # |  | 6,537 | 74.3^ | (52.7-88.2) |
| Other, NH |  | # |  | 13,077 | 65.6^ | (44.1-82.1) |
| **Sex** |  |  |  |  |  |  |
| male |  | # |  |  | # |  |
| female | 14,030 | 76.3^ | (63.4-85.7) | 218,954 | 80.0 | (76.6-83.0) |
| **Age-adjusted⁺,&** |  |  |  |  |  |  |

\* Pap test within past 3 years.
& Percent is age-adjusted to the 2000 United States Population.
+ Age-adjusted and age specific percent not generated for health indicators with age range limits.
# Rates with <10 in the numerator or <50 in the denominator are suppressed.
^ Highly variable rate (confidence interval with a half-width greater than 10).

# Columbia

## Prevent Chronic Diseases

*Percentage of women aged 21-65 years with annual household income of less than $25,000 receiving cervical cancer screening based on recent guidelines**
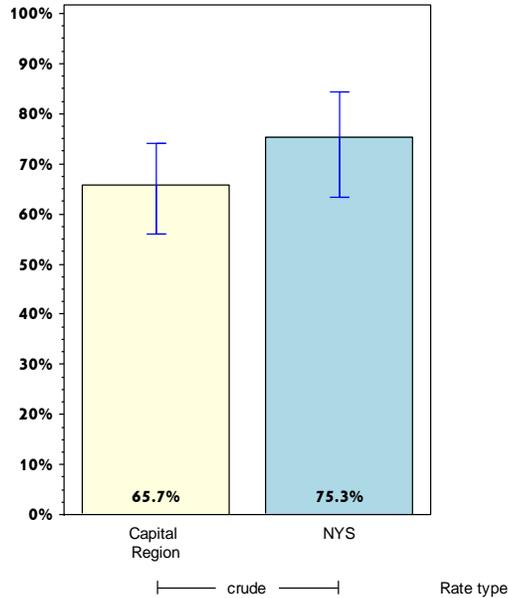


|  | Columbia County | | | Capital Region | | |
|---|---|---|---|---|---|---|
|  | Est. # of Adults | Percent | 95% CI | Est. # of Adults | Percent | 95% CI |
| Total | # |  |  | 38,085 | 65.7 | (56.0-74.2) |
| Age+ |  |  |  |  |  |  |
| 18-24 |  |  |  |  |  |  |
| 25-34 |  |  |  |  |  |  |
| 35-44 |  |  |  |  |  |  |
| 45-64 |  |  |  |  |  |  |
| 65+ |  |  |  |  |  |  |
| Race |  |  |  |  |  |  |
| White, NH | # |  |  | 29,878 | 69.6 | (59.7-77.9) |
| Black, NH | # |  |  |  | # |  |
| Hispanic | # |  |  |  | # |  |
| Other, NH | # |  |  |  | # |  |
| Sex |  |  |  |  |  |  |
| male | # |  |  |  | # |  |
| female | # |  |  | 38,085 | 65.7 | (56.0-74.2) |
| Age-adjusted+,& |  |  |  |  |  |  |

* Pap test within past 3 years.
& Percent is age-adjusted to the 2000 United States Population.
+ Age-adjusted and age specific percent not generated for health indicators with age range limits.
# Rates with <10 in the numerator or <50 in the denominator are suppressed.

# Columbia

## Prevent Chronic Diseases

*Percentage of adults aged 50-75 years receiving colorectal cancer screening based on recent guidelines*\*
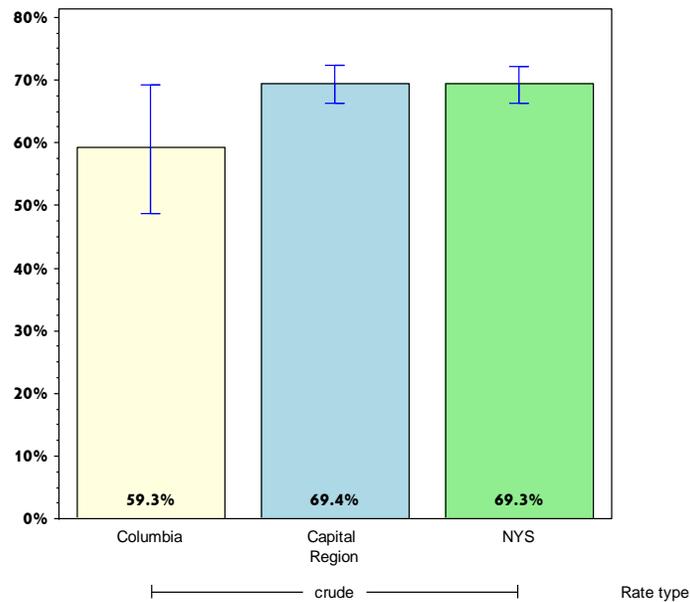


|  | Columbia County | | | Capital Region | | |
|---|---|---|---|---|---|---|
|  | Est. # of Adults | Percent | 95% CI | Est. # of Adults | Percent | 95% CI |
| **Total** | 12,823 | 59.3^ | (48.7-69.1) | 187,405 | 69.4 | (66.3-72.4) |
| **Age**[+] |  |  |  |  |  |  |
| 18-24 |  |  |  |  |  |  |
| 25-34 |  |  |  |  |  |  |
| 35-44 |  |  |  |  |  |  |
| 45-64 |  |  |  |  |  |  |
| 65+ |  |  |  |  |  |  |
| **Race** |  |  |  |  |  |  |
| White, NH | 11,885 | 64.9 | (56.9-72.1) | 167,485 | 70.0 | (66.9-73.0) |
| Black, NH |  | # |  | 5,819 | 57.4^ | (37.3-75.2) |
| Hispanic |  | # |  |  | # |  |
| Other, NH |  | # |  | 10,135 | 69.0^ | (45.3-85.6) |
| **Sex** |  |  |  |  |  |  |
| male | 6,790 | 59.6^ | (41.8-75.2) | 86,398 | 67.2 | (62.2-71.9) |
| female | 6,033 | 59.0^ | (48.4-68.9) | 101,007 | 71.5 | (67.5-75.1) |
| **Age-adjusted**[+,&] |  |  |  |  |  |  |

\* Blood stool test within 1 year, or sigmoidoscopy within 5 years with blood stool test within 3 years, or colonoscopy within 10 years.

& Percent is age-adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

# Rates with <10 in the numerator or <50 in the denominator are suppressed.

^ Highly variable rate (confidence interval with a half-width greater than 10).

# Columbia

## Prevent Chronic Diseases

*Percentage of adults aged 50-75 years with annual household income less than $25,000 receiving colorectal cancer screening based on recent guidelines**
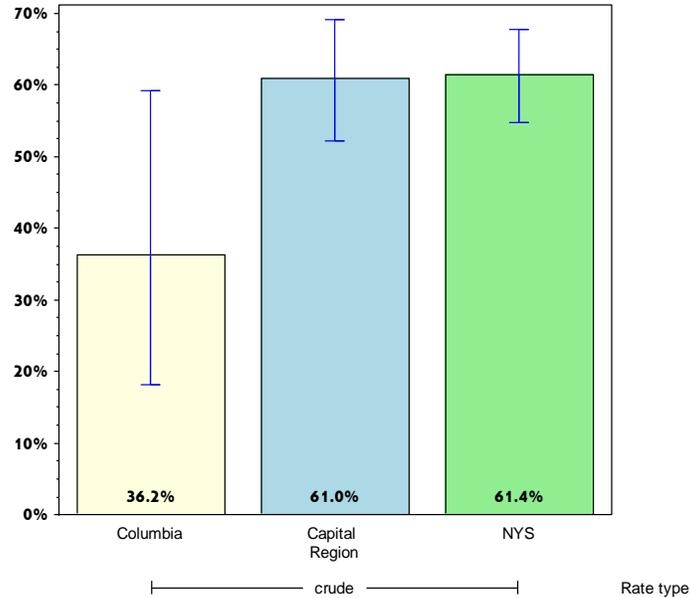


|  | Columbia County | | | Capital Region | | |
|---|---|---|---|---|---|---|
|  | Est. # of Adults | Percent | 95% CI | Est. # of Adults | Percent | 95% CI |
| **Total** | 2,088 | 36.2^ | (18.2-59.3) | 33,685 | 61.0 | (52.1-69.2) |
| **Age**+ |  |  |  |  |  |  |
| 18-24 |  |  |  |  |  |  |
| 25-34 |  |  |  |  |  |  |
| 35-44 |  |  |  |  |  |  |
| 45-64 |  |  |  |  |  |  |
| 65+ |  |  |  |  |  |  |
| **Race** |  |  |  |  |  |  |
| White, NH |  | # |  | 26,261 | 62.3 | (53.5-70.3) |
| Black, NH |  | # |  |  | # |  |
| Hispanic |  | # |  |  | # |  |
| Other, NH |  | # |  |  | # |  |
| **Sex** |  |  |  |  |  |  |
| male |  | # |  | 11,885 | 49.3^ | (35.9-62.9) |
| female |  | # |  | 21,800 | 70.0 | (60.2-78.3) |
| **Age-adjusted**+,& |  |  |  |  |  |  |

* Blood stool test within 1 year, or sigmoidoscopy within 5 years with blood stool test within 3 years, or colonoscopy within 10 years.

& Percent is age-adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

# Rates with <10 in the numerator or <50 in the denominator are suppressed.

^ Highly variable rate (confidence interval with a half-width greater than 10).

# Columbia

## Prevent Chronic Diseases

*Percentage of adults who had a test for high blood sugar or diabetes within the past three years*
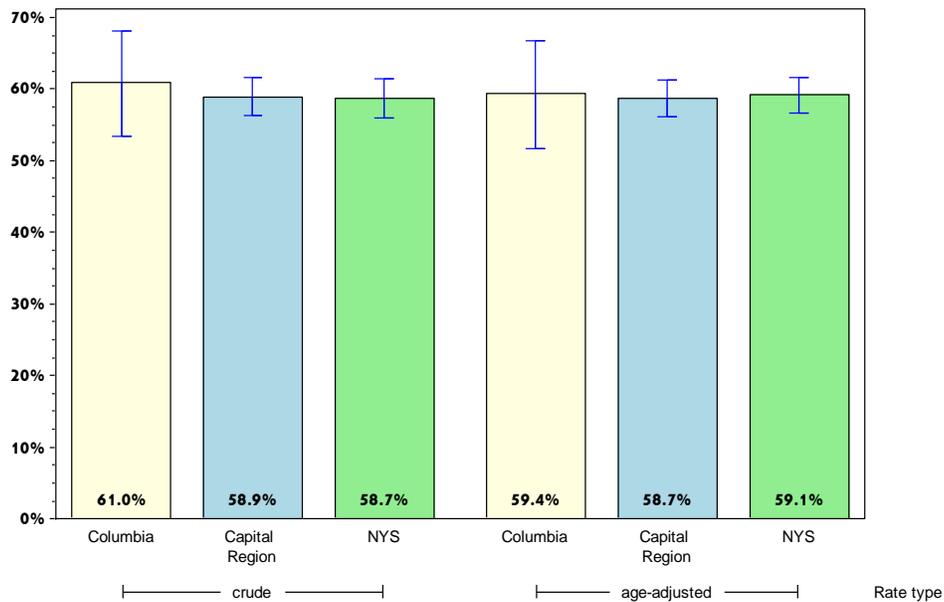


| | Est. # of Adults | Percent | 95% CI | Est. # of Adults | Percent | 95% CI |
|---|---|---|---|---|---|---|
| | **Columbia County** | | | **Capital Region** | | |
| **Total** | 26,927 | 61.0 | (53.3-68.1) | 387,390 | 58.9 | (56.3-61.5) |
| **Age** | | | | | | |
| 18-24 | | # | | 27,483 | 30.4^ | (21.5-41.0) |
| 25-34 | | # | | 62,651 | 51.6 | (45.0-58.1) |
| 35-44 | | # | | 60,615 | 58.6 | (51.9-65.0) |
| 45-64 | 10,910 | 67.5^ | (56.4-77.0) | 154,280 | 69.2 | (65.5-72.7) |
| 65+ | 5,762 | 67.0^ | (56.1-76.2) | 74,984 | 69.3 | (65.0-73.3) |
| **Race** | | | | | | |
| White, NH | 23,098 | 59.0 | (51.5-66.1) | 336,654 | 60.0 | (57.3-62.7) |
| Black, NH | | # | | 18,952 | 60.5^ | (46.6-73.0) |
| Hispanic | | # | | 11,998 | 53.0^ | (41.9-63.8) |
| Other, NH | | # | | 19,787 | 46.7^ | (32.5-61.4) |
| **Sex** | | | | | | |
| male | 12,581 | 57.7^ | (45.7-68.8) | 181,844 | 57.7 | (53.8-61.6) |
| female | 14,346 | 64.2 | (54.6-72.8) | 205,546 | 60.0 | (56.5-63.5) |
| **Age-adjusted**& | | 59.4 | (51.6-66.7) | | 58.7 | (56.1-61.3) |

& Percent is age-adjusted to the 2000 United States Population.
# Rates with <10 in the numerator or <50 in the denominator are suppressed.
^ Highly variable rate (confidence interval with a half-width greater than 10).

# Columbia

## Prevent Chronic Diseases

*Percentage of adults with physician-diagnosed prediabetes*
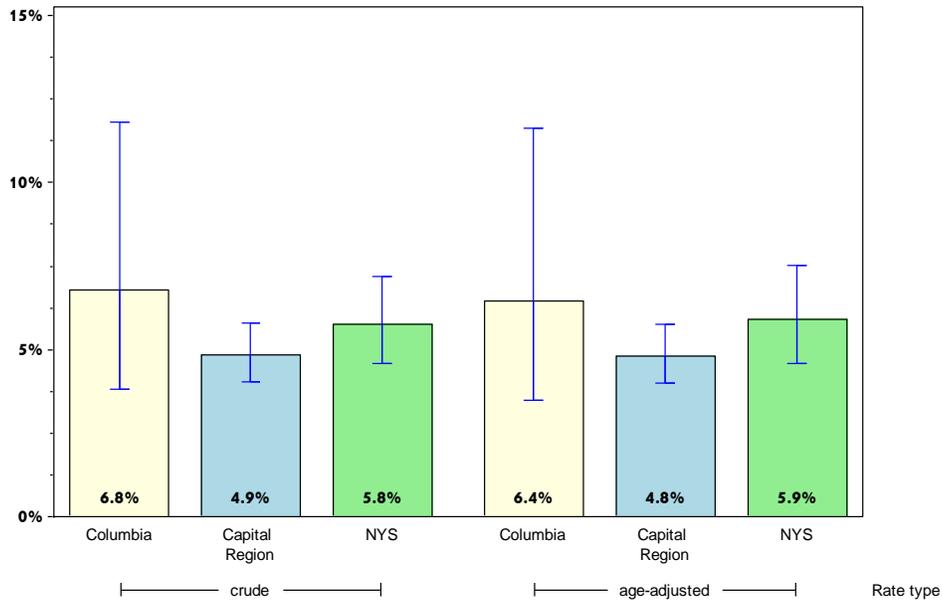


|  | Columbia County | | | Capital Region | | |
|---|---|---|---|---|---|---|
|  | Est. # of Adults | Percent | 95% CI | Est. # of Adults | Percent | 95% CI |
| **Total** | 3,065 | 6.8 | (3.8-11.8) | 33,014 | 4.9 | (4.0-5.8) |
| **Age** | | | | | | |
| 18-24 | | # | | | # | |
| 25-34 | | # | | 3,641 | 2.9 | (1.7-5.1) |
| 35-44 | | # | | 3,857 | 3.6 | (2.0-6.4) |
| 45-64 | | # | | 13,796 | 5.9 | (4.5-7.8) |
| 65+ | 1,659 | 19.1^ | (11.7-29.7) | 10,296 | 9.3 | (6.9-12.4) |
| **Race** | | | | | | |
| White, NH | 1,748 | 4.3 | (2.7-7.0) | 26,899 | 4.6 | (3.8-5.6) |
| Black, NH | | # | | 2,420 | 7.6 | (3.6-15.2) |
| Hispanic | | # | | | # | |
| Other, NH | | # | | | # | |
| **Sex** | | | | | | |
| male | 1,636 | 7.4 | (4.1-12.9) | 16,246 | 5.0 | (3.9-6.5) |
| female | 1,429 | 6.2^ | (2.1-16.6) | 16,768 | 4.7 | (3.7-6.0) |
| **Age-adjusted**& | | 6.4 | (3.5-11.6) | | 4.8 | (4.0-5.8) |

& Percent is age-adjusted to the 2000 United States Population.
# Rates with <10 in the numerator or <50 in the denominator are suppressed.
^ Highly variable rate (confidence interval with a half-width greater than 10).

# Columbia
## Prevent Chronic Diseases

*Percentage of adults with physician-diagnosed high blood pressure*
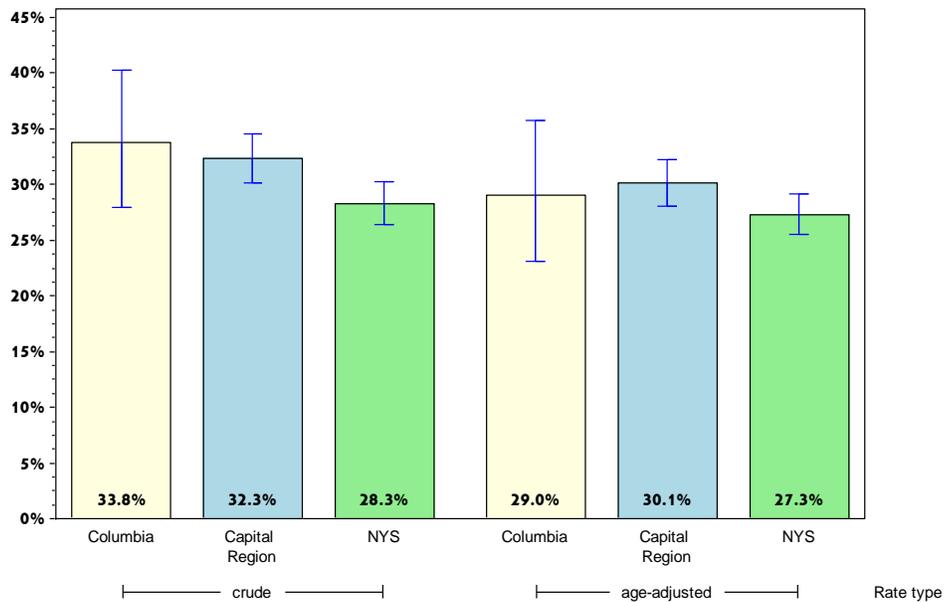


| | Columbia County | | | Capital Region | | |
|---|---|---|---|---|---|---|
| | Est. # of Adults | Percent | 95% CI | Est. # of Adults | Percent | 95% CI |
| **Total** | 17,015 | 33.8 | (27.9-40.3) | 243,986 | 32.3 | (30.1-34.6) |
| **Age** | | | | | | |
| 18-24 | | # | | 4,516 | 4.8 | (1.7-12.9) |
| 25-34 | | # | | 17,383 | 13.8 | (9.4-19.9) |
| 35-44 | | # | | 26,620 | 23.1 | (18.0-29.1) |
| 45-64 | 5,547 | 30.7 | (22.6-40.2) | 100,694 | 38.3 | (34.7-42.1) |
| 65+ | 8,243 | 67.6 | (59.4-74.9) | 88,328 | 61.4 | (57.5-65.1) |
| **Race** | | | | | | |
| White, NH | 15,643 | 34.9 | (28.9-41.4) | 209,708 | 32.6 | (30.4-35.0) |
| Black, NH | | # | | 16,696 | 44.7^ | (33.4-56.6) |
| Hispanic | | # | | 5,472 | 21.3 | (14.7-30.0) |
| Other, NH | | # | | 12,111 | 24.3^ | (13.7-39.3) |
| **Sex** | | | | | | |
| male | 8,683 | 34.8^ | (25.7-45.2) | 133,745 | 36.5 | (33.0-40.1) |
| female | 8,332 | 32.8 | (25.7-40.9) | 110,242 | 28.4 | (25.7-31.2) |
| **Age-adjusted**& | | 29.0 | (23.1-35.7) | | 30.1 | (28.0-32.3) |

& Percent is age-adjusted to the 2000 United States Population.
# Rates with <10 in the numerator or <50 in the denominator are suppressed.
^ Highly variable rate (confidence interval with a half-width greater than 10).

# Columbia

## Prevent Chronic Diseases

*Percentage of adults with diagnosed high blood pressure taking high blood pressure medication*
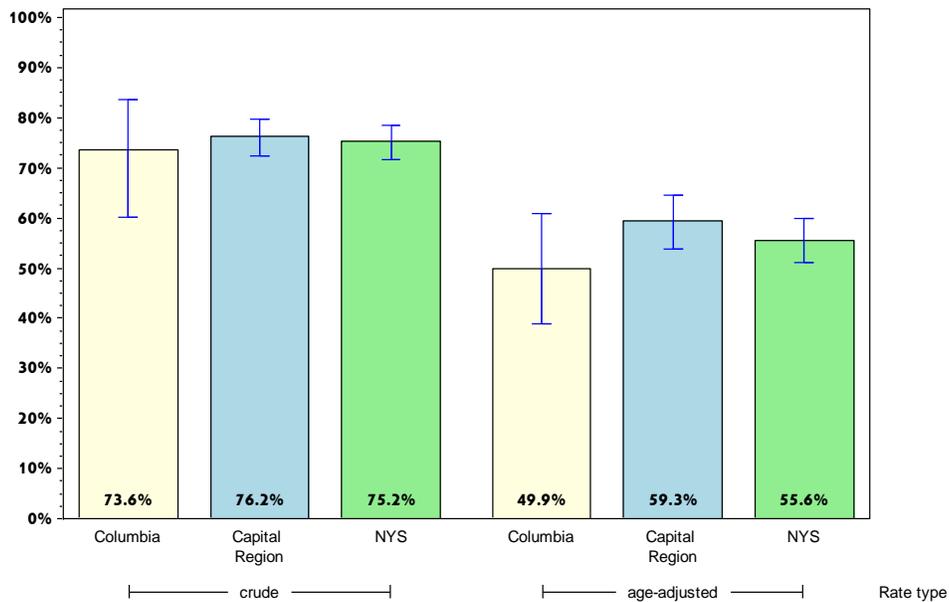


|  | Columbia County | | | Capital Region | | |
|---|---|---|---|---|---|---|
|  | Est. # of Adults | Percent | 95% CI | Est. # of Adults | Percent | 95% CI |
| **Total** | 12,519 | 73.6^ | (60.2-83.7) | 184,933 | 76.2 | (72.5-79.6) |
| **Age** | | | | | | |
| 18-24 | | # | | | # | |
| 25-34 | | # | | 6,283 | 36.1^ | (17.2-60.7) |
| 35-44 | | # | | 16,792 | 63.1^ | (49.8-74.6) |
| 45-64 | 4,508 | 81.3^ | (66.5-90.4) | 76,505 | 76.4 | (70.5-81.4) |
| 65+ | 7,217 | 87.6 | (77.6-93.5) | 79,451 | 90.6 | (87.3-93.1) |
| **Race** | | | | | | |
| White, NH | 11,738 | 75.0^ | (60.6-85.5) | 158,180 | 75.9 | (72.1-79.4) |
| Black, NH | | # | | 12,368 | 74.1^ | (47.5-90.0) |
| Hispanic | | # | | | # | |
| Other, NH | | # | | | # | |
| **Sex** | | | | | | |
| male | 5,864 | 67.5^ | (47.1-83.0) | 99,560 | 75.2 | (69.6-80.1) |
| female | 6,655 | 79.9^ | (63.4-90.1) | 85,373 | 77.5 | (72.4-81.9) |
| **Age-adjusted**& | | 49.9^ | (39.0-60.9) | | 59.3 | (53.7-64.6) |

& Percent is age-adjusted to the 2000 United States Population.
# Rates with <10 in the numerator or <50 in the denominator are suppressed.
^ Highly variable rate (confidence interval with a half-width greater than 10).

# Columbia

## Prevent Chronic Diseases

*Percentage of adults with current asthma**
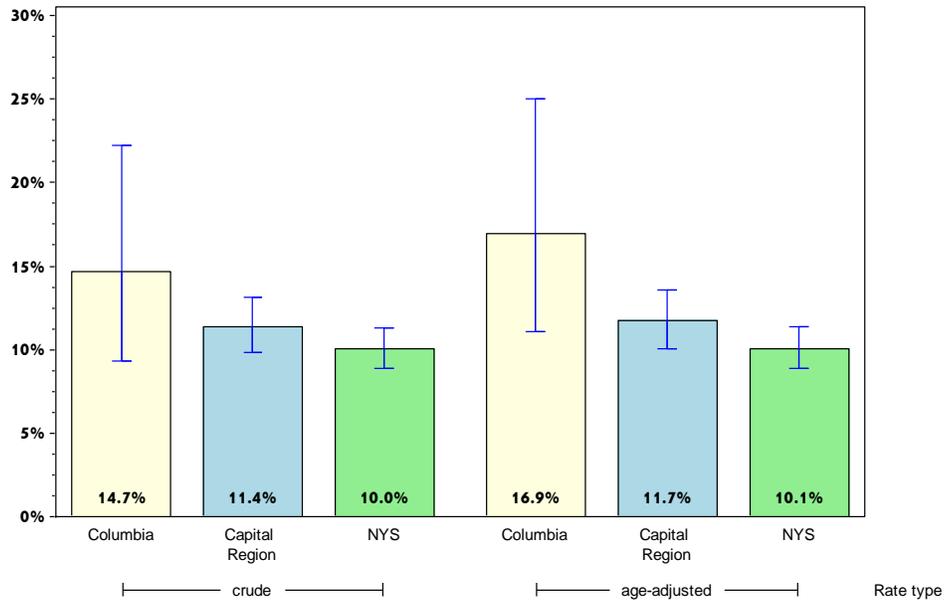


## Columbia County / Capital Region

| | Columbia County | | | Capital Region | | |
|---|---|---|---|---|---|---|
| | Est. # of Adults | Percent | 95% CI | Est. # of Adults | Percent | 95% CI |
| **Total** | 7,379 | 14.7 | (9.4-22.2) | 85,825 | 11.4 | (9.8-13.1) |
| **Age** | | | | | | |
| 18-24 | | # | | 8,015 | 8.5 | (5.1-13.6) |
| 25-34 | | # | | 21,480 | 17.1 | (11.8-24.3) |
| 35-44 | | # | | 14,809 | 12.8 | (9.2-17.6) |
| 45-64 | 989 | 5.5 | (3.1-9.6) | 29,947 | 11.4 | (9.1-14.2) |
| 65+ | 917 | 7.5 | (4.1-13.2) | 10,717 | 7.4 | (5.9-9.4) |
| **Race** | | | | | | |
| White, NH | 6,427 | 14.3 | (8.9-22.2) | 72,459 | 11.3 | (9.6-13.2) |
| Black, NH | | # | | 5,334 | 14.5^ | (7.6-25.7) |
| Hispanic | | # | | 3,520 | 13.8 | (8.0-22.9) |
| Other, NH | | # | | 4,512 | 9.0^ | (4.0-19.1) |
| **Sex** | | | | | | |
| male | 3,041 | 12.2^ | (5.5-25.0) | 34,052 | 9.3 | (7.2-11.9) |
| female | 4,338 | 17.1^ | (10.1-27.5) | 51,772 | 13.3 | (11.2-15.8) |
| **Age-adjusted**& | | 16.9 | (11.1-25.0) | | 11.7 | (10.1-13.6) |

* Physician diagnosed asthma.
& Percent is age-adjusted to the 2000 United States Population.
# Rates with <10 in the numerator or <50 in the denominator are suppressed.
^ Highly variable rate (confidence interval with a half-width greater than 10).

# Columbia

## Prevent Chronic Diseases

*Percent of adults with cholesterol checked**
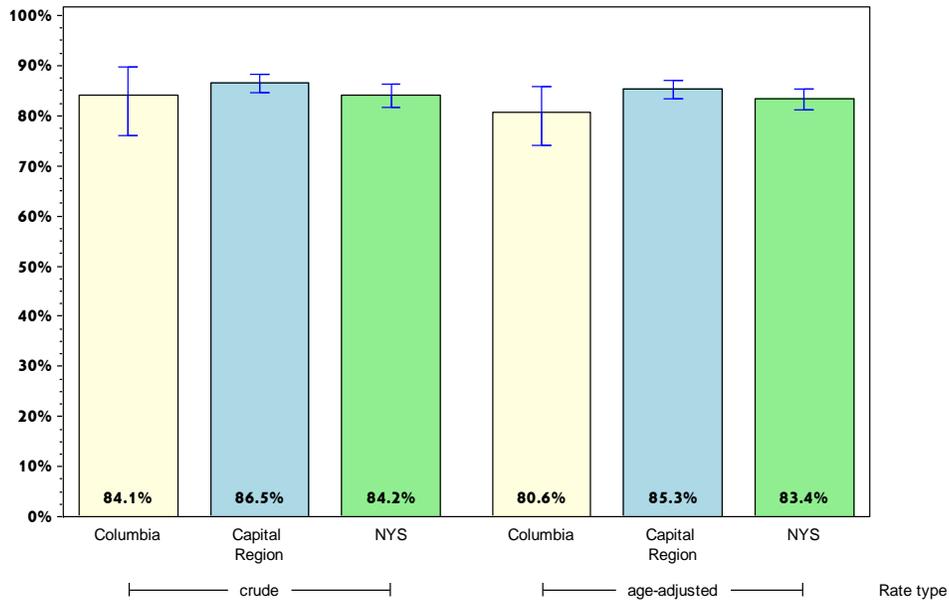


|  | Columbia County | | | Capital Region | | |
|---|---|---|---|---|---|---|
|  | **Est. # of Adults** | **Percent** | **95% CI** | **Est. # of Adults** | **Percent** | **95% CI** |
| **Total** | 41,796 | 84.1 | (76.0-89.8) | 639,140 | 86.5 | (84.7-88.2) |
| **Age** | | | | | | |
| 18-24 |  | # |  | 44,907 | 50.1^ | (39.8-60.5) |
| 25-34 |  | # |  | 89,079 | 74.8 | (69.7-79.3) |
| 35-44 |  | # |  | 100,962 | 90.2 | (86.2-93.1) |
| 45-64 | 15,566 | 87.9^ | (66.2-96.4) | 252,435 | 96.6 | (94.9-97.8) |
| 65+ | 11,603 | 95.3 | (88.1-98.2) | 139,365 | 96.8 | (95.2-97.9) |
| **Race** | | | | | | |
| White, NH | 38,181 | 86.4 | (79.8-91.0) | 550,269 | 87.4 | (85.4-89.1) |
| Black, NH |  | # |  | 30,769 | 84.0 | (74.9-90.3) |
| Hispanic |  | # |  | 18,164 | 74.0 | (64.3-81.8) |
| Other, NH |  | # |  | 39,939 | 83.5^ | (73.4-90.3) |
| **Sex** | | | | | | |
| male | 18,585 | 76.4^ | (62.2-86.4) | 304,962 | 85.4 | (82.7-87.7) |
| female | 23,211 | 91.4 | (85.5-95.0) | 334,177 | 87.6 | (84.9-89.8) |
| **Age-adjusted**& |  | 80.6 | (74.0-85.9) |  | 85.3 | (83.3-87.0) |

* As diagnosed by a health professional.
& Percent is age-adjusted to the 2000 United States Population.
# Rates with <10 in the numerator or <50 in the denominator are suppressed.
^ Highly variable rate (confidence interval with a half-width greater than 10).

*Percentage of adults 18 years and older with elevated cholesterol*<sup>*</sup>
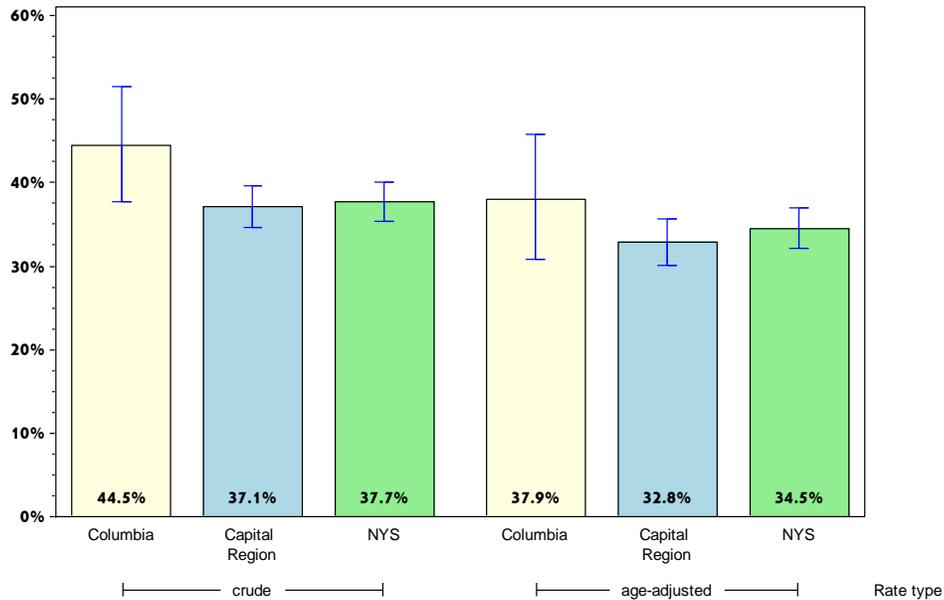


|  | Columbia County | | | Capital Region | | |
|---|---|---|---|---|---|---|
|  | Est. # of Adults | Percent | 95% CI | Est. # of Adults | Percent | 95% CI |
| **Total** | 18,461 | 44.5 | (37.6-51.5) | 235,112 | 37.1 | (34.6-39.6) |
| **Age** |  |  |  |  |  |  |
| 18-24 |  | # |  | 5,953 | 13.3^ | (4.8-31.8) |
| 25-34 |  | # |  | 16,241 | 18.2 | (12.4-26.0) |
| 35-44 |  | # |  | 24,632 | 24.4 | (19.4-30.3) |
| 45-64 | 7,196 | 46.8 | (37.6-56.2) | 109,820 | 43.9 | (40.1-47.7) |
| 65+ | 6,777 | 58.9 | (49.8-67.4) | 74,721 | 54.5 | (50.5-58.4) |
| **Race** |  |  |  |  |  |  |
| White, NH | 16,085 | 42.4 | (35.7-49.5) | 203,433 | 37.3 | (34.8-39.8) |
| Black, NH |  | # |  | 10,346 | 33.6^ | (23.0-46.2) |
| Hispanic |  | # |  | 7,318 | 40.6^ | (29.2-53.1) |
| Other, NH |  | # |  | 14,016 | 35.1^ | (21.2-52.1) |
| **Sex** |  |  |  |  |  |  |
| male | 8,477 | 46.2^ | (35.8-56.9) | 113,334 | 37.5 | (33.8-41.5) |
| female | 9,984 | 43.1 | (34.2-52.5) | 121,779 | 36.6 | (33.5-39.9) |
| **Age-adjusted**<sup>&</sup> |  | 37.9 | (30.8-45.7) |  | 32.8 | (30.1-35.6) |

\* As diagnosed by a health professional.
& Percent is age-adjusted to the 2000 United States Population.
# Rates with <10 in the numerator or <50 in the denominator are suppressed.
^ Highly variable rate (confidence interval with a half-width greater than 10).

# Columbia

## Prevent Chronic Diseases

*Percentage of adults who have taken a course or class to learn how to manage their chronic disease or condition**
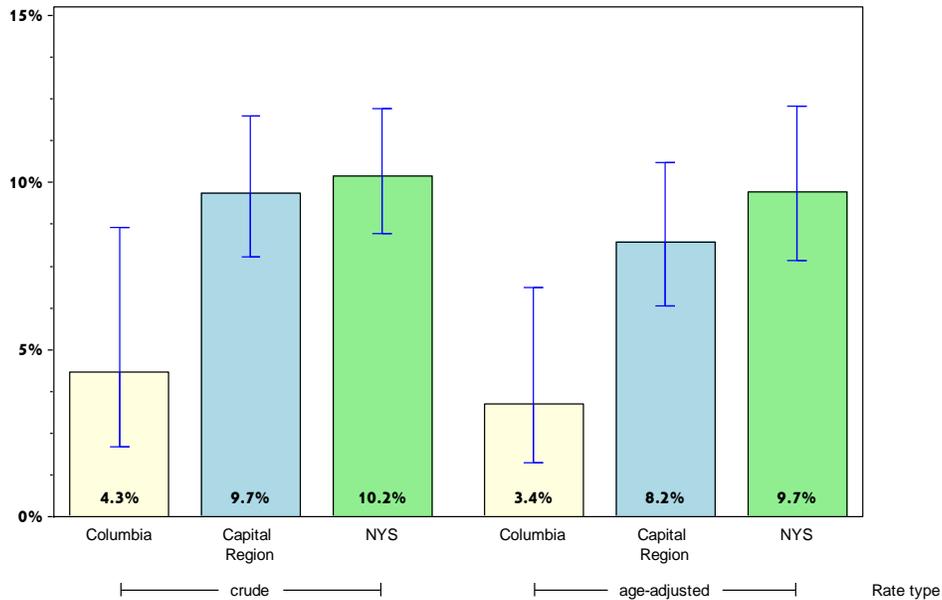


|  | Columbia County | | | Capital Region | | |
|---|---|---|---|---|---|---|
|  | Est. # of Adults | Percent | 95% CI | Est. # of Adults | Percent | 95% CI |
| **Total** | 1,203 | 4.3 | (2.1-8.7) | 38,954 | 9.7 | (7.8-12.0) |
| **Age** |  |  |  |  |  |  |
| 18-24 |  | # |  |  | # |  |
| 25-34 |  | # |  |  | # |  |
| 35-44 |  | # |  | 2,378 | 4.4 | (2.3-8.5) |
| 45-64 |  | # |  | 16,610 | 10.3 | (7.5-14.0) |
| 65+ |  | # |  | 12,432 | 11.0 | (8.6-13.9) |
| **Race** |  |  |  |  |  |  |
| White, NH | 1,203 | 4.8 | (2.3-9.5) | 32,271 | 9.3 | (7.5-11.6) |
| Black, NH |  | # |  | 2,454 | 11.4 | (6.3-20.0) |
| Hispanic |  | # |  |  | # |  |
| Other, NH |  | # |  |  | # |  |
| **Sex** |  |  |  |  |  |  |
| male |  | # |  | 17,247 | 9.1 | (7.0-11.7) |
| female |  | # |  | 21,707 | 10.2 | (7.3-14.1) |
| **Age-adjusted**& |  | 3.4 | (1.6-6.9) |  | 8.2 | (6.3-10.6) |

* Courses for high blood pressure, arthritis, or diabetes.
& Percent is age-adjusted to the 2000 United States Population.
# Rates with <10 in the numerator or <50 in the denominator are suppressed.

# Columbia

## Prevent Chronic Diseases

*Percentage of adults with arthritis**
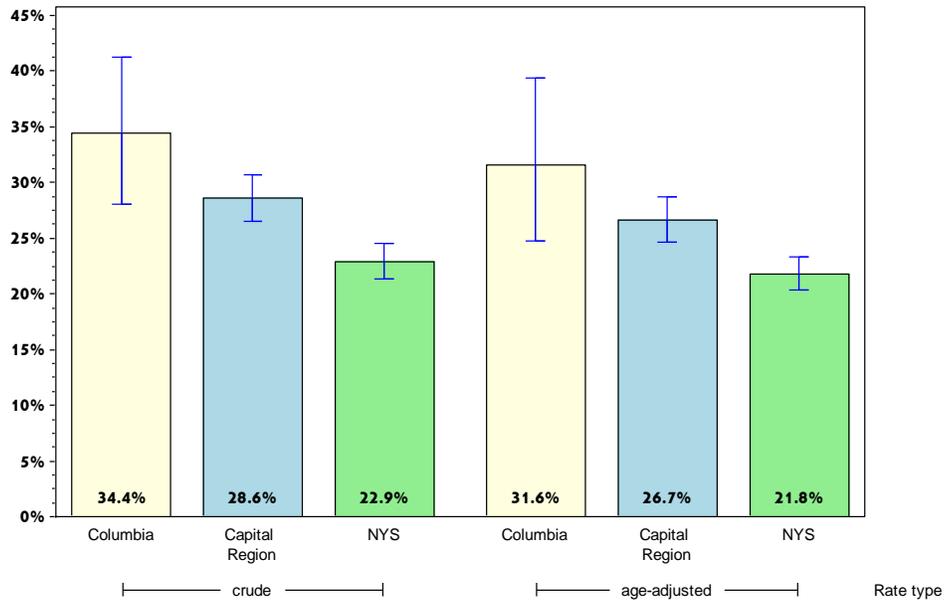


| | Columbia County | | | Capital Region | | |
|---|---|---|---|---|---|---|
| | **Est. # of Adults** | **Percent** | **95% CI** | **Est. # of Adults** | **Percent** | **95% CI** |
| **Total** | 17,289 | 34.4 | (28.1-41.3) | 215,186 | 28.6 | (26.5-30.7) |
| **Age** | | | | | | |
| 18-24 | | # | | 5,786 | 6.1 | (2.9-12.1) |
| 25-34 | | # | | 9,822 | 8.0 | (5.3-11.9) |
| 35-44 | | # | | 22,489 | 19.5 | (14.0-26.6) |
| 45-64 | 5,537 | 30.7 | (22.5-40.3) | 96,695 | 36.8 | (33.2-40.4) |
| 65+ | 6,305 | 51.9 | (42.8-60.8) | 77,396 | 53.7 | (49.8-57.5) |
| **Race** | | | | | | |
| White, NH | 15,796 | 35.2 | (29.0-42.1) | 186,495 | 29.1 | (27.0-31.3) |
| Black, NH | | # | | 8,607 | 23.1 | (15.9-32.2) |
| Hispanic | | # | | 5,766 | 22.5 | (15.2-32.0) |
| Other, NH | | # | | 14,318 | 28.7^ | (16.8-44.4) |
| **Sex** | | | | | | |
| male | 6,108 | 24.6^ | (16.6-34.7) | 76,893 | 21.1 | (18.7-23.8) |
| female | 11,181 | 44.0 | (35.5-52.9) | 138,293 | 35.5 | (32.5-38.6) |
| **Age-adjusted**& | | 31.6 | (24.8-39.4) | | 26.7 | (24.7-28.8) |

* Includes rheumatoid arthritis, gout, lupus, or fibromyalgia.
& Percent is age-adjusted to the 2000 United States Population.
# Rates with <10 in the numerator or <50 in the denominator are suppressed.
^ Highly variable rate (confidence interval with a half-width greater than 10).

# Columbia

## Promote a Healthy and Safe Environment

*Percentage of adults who consider their neighborhood suitable for walking and physical activity*
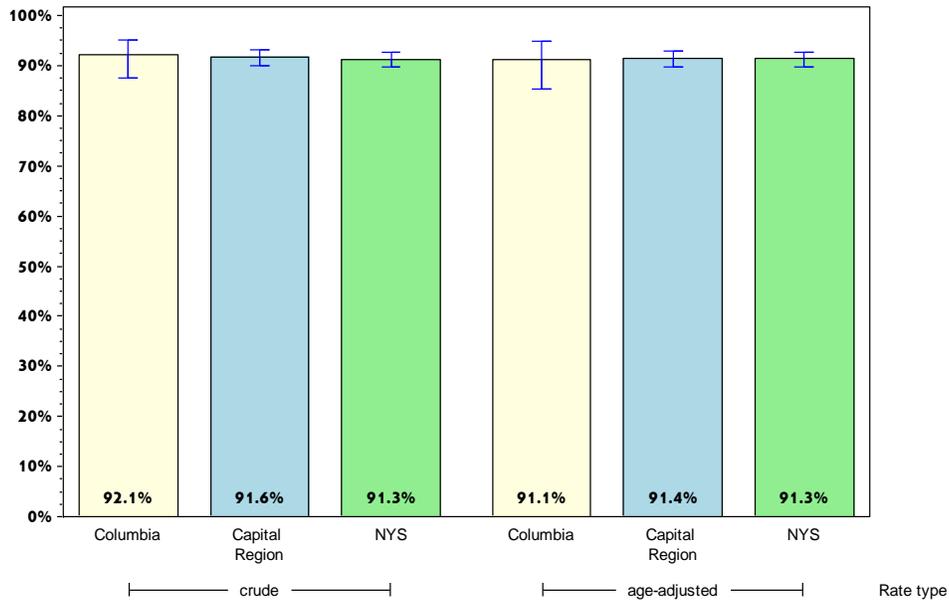


| | Columbia County | | | Capital Region | | |
|---|---|---|---|---|---|---|
| | Est. # of Adults | Percent | 95% CI | Est. # of Adults | Percent | 95% CI |
| **Total** | 44,339 | 92.1 | (87.5-95.1) | 655,340 | 91.6 | (89.8-93.0) |
| **Age** | | | | | | |
| 18-24 | | # | | 77,470 | 89.2 | (79.8-94.5) |
| 25-34 | | # | | 102,214 | 86.1 | (79.6-90.7) |
| 35-44 | | # | | 102,548 | 93.2 | (90.0-95.4) |
| 45-64 | 17,345 | 97.1 | (92.2-98.9) | 234,077 | 92.8 | (90.3-94.7) |
| 65+ | 10,645 | 90.5 | (82.7-95.0) | 128,519 | 94.2 | (92.1-95.7) |
| **Race** | | | | | | |
| White, NH | 39,201 | 91.6 | (86.6-94.9) | 565,421 | 92.4 | (90.7-93.8) |
| Black, NH | | # | | 29,736 | 87.1 | (79.3-92.3) |
| Hispanic | | # | | 20,397 | 90.9 | (85.2-94.5) |
| Other, NH | | # | | 39,787 | 84.2^ | (67.8-93.1) |
| **Sex** | | | | | | |
| male | 22,061 | 92.5 | (86.8-95.8) | 318,464 | 92.0 | (89.0-94.3) |
| female | 22,278 | 91.7 | (83.5-96.0) | 336,877 | 91.1 | (89.1-92.8) |
| **Age-adjusted**&amp; | | 91.1 | (85.4-94.7) | | 91.4 | (89.6-92.9) |

&amp; Percent is age-adjusted to the 2000 United States Population.
# Rates with <10 in the numerator or <50 in the denominator are suppressed.
^ Highly variable rate (confidence interval with a half-width greater than 10).

# Columbia

## Promote a Health and Safe Environment

*Percentage of adults aged 65+ years with at least one fall in the past 12 months*
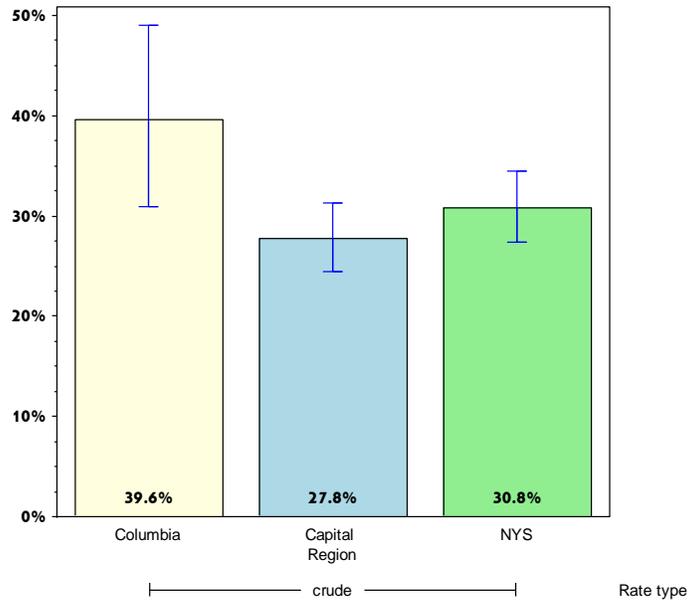


| | Columbia County | | | Capital Region | | |
|---|---|---|---|---|---|---|
| | **Est. # of Adults** | **Percent** | **95% CI** | **Est. # of Adults** | **Percent** | **95% CI** |
| **Total** | 4,516 | 39.6 | (31.0-49.0) | 38,155 | 27.8 | (24.5-31.3) |
| **Age[+]** | | | | | | |
| 18-24 | | | | | | |
| 25-34 | | | | | | |
| 35-44 | | | | | | |
| 45-64 | | | | | | |
| 65+ | | | | | | |
| **Race** | | | | | | |
| White, NH | 4,516 | 42.9 | (34.1-52.1) | 36,209 | 28.6 | (25.2-32.3) |
| Black, NH | | # | | | # | |
| Hispanic | | # | | | # | |
| Other, NH | | # | | | # | |
| **Sex** | | | | | | |
| male | 1,884 | 33.9^ | (21.8-48.5) | 15,469 | 25.5 | (20.9-30.7) |
| female | 2,632 | 45.1^ | (33.8-56.9) | 22,685 | 29.6 | (25.1-34.5) |
| **Age-adjusted[+,&]** | | | | | | |

& Percent is age-adjusted to the 2000 United States Population.
+ Age-adjusted and age specific percent not generated for health indicators with age range limits.
# Rates with <10 in the numerator or <50 in the denominator are suppressed.
^ Highly variable rate (confidence interval with a half-width greater than 10).

# Columbia

## Promote a Health and Safe Environment

*Among adults aged 65+ years with at least one fall in the past 12 months, percent that resulted in injury[*]*
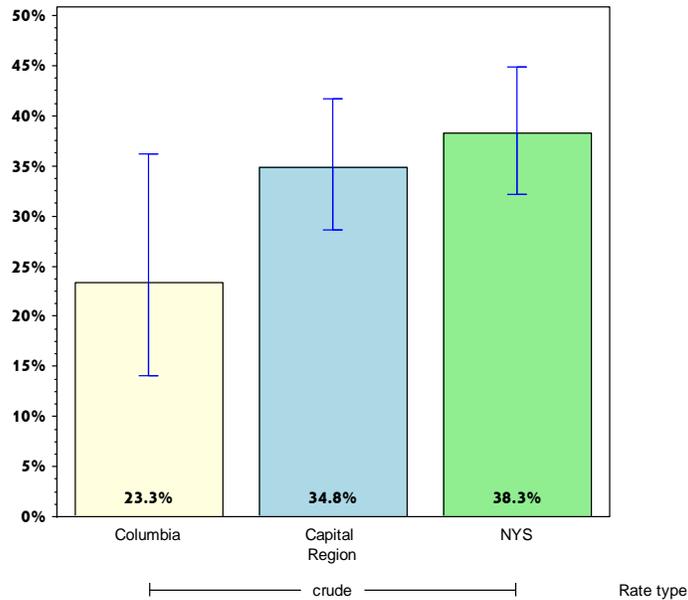


|  | Columbia County | | | Capital Region | | |
|---|---|---|---|---|---|---|
|  | Est. # of Adults | Percent | 95% CI | Est. # of Adults | Percent | 95% CI |
| **Total** | 1,041 | 23.3^ | (14.1-36.1) | 13,231 | 34.8 | (28.6-41.7) |
| **Age[+]** | | | | | | |
| 18-24 | | | | | | |
| 25-34 | | | | | | |
| 35-44 | | | | | | |
| 45-64 | | | | | | |
| 65+ | | | | | | |
| **Race** | | | | | | |
| White, NH | 1,041 | 23.3^ | (14.1-36.1) | 12,411 | 34.4 | (28.1-41.4) |
| Black, NH | | # | | | # | |
| Hispanic | | # | | | # | |
| Other, NH | | # | | | # | |
| **Sex** | | | | | | |
| male | | # | | 4,370 | 28.2^ | (19.7-38.7) |
| female | | # | | 8,861 | 39.4 | (30.9-48.5) |
| **Age-adjusted[+,&]** | | | | | | |

* Falls that limited regular activities or lead to doctor visits.
& Percent is age-adjusted to the 2000 United States Population.
+ Age-adjusted and age specific percent not generated for health indicators with age range limits.
# Rates with <10 in the numerator or <50 in the denominator are suppressed.
^ Highly variable rate (confidence interval with a half-width greater than 10).

# Columbia

## Prevent HIV/STDs, Vaccine Preventable Diseases and Healthcare-Associated Infections

*Percentage of adults aged 47-68 years reporting ever tested for Hepatitis C (HCV)*
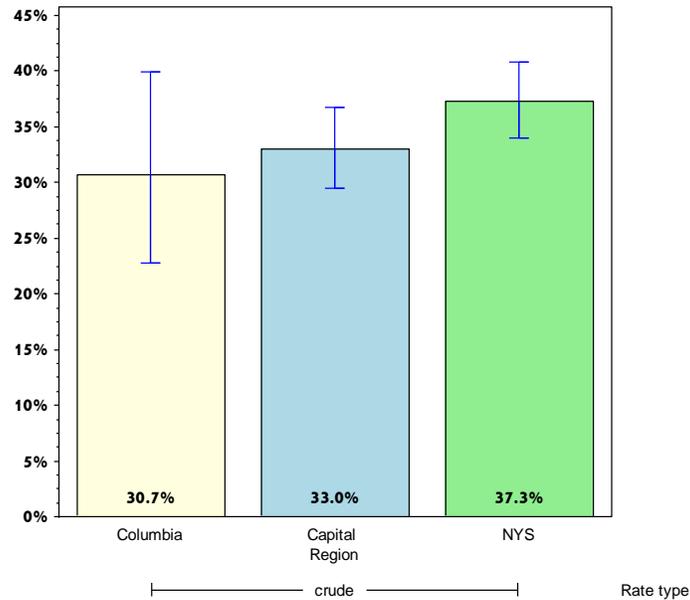


|  | Columbia County | | | Capital Region | | |
|---|---|---|---|---|---|---|
|  | Est. # of Adults | Percent | 95% CI | Est. # of Adults | Percent | 95% CI |
| **Total** | 5,627 | 30.7 | (22.8-39.9) | 76,642 | 33.0 | (29.5-36.7) |
| **Age**[+] |  |  |  |  |  |  |
| 18-24 |  |  |  |  |  |  |
| 25-34 |  |  |  |  |  |  |
| 35-44 |  |  |  |  |  |  |
| 45-64 |  |  |  |  |  |  |
| 65+ |  |  |  |  |  |  |
| **Race** |  |  |  |  |  |  |
| White, NH | 5,074 | 33.3 | (25.6-42.1) | 67,188 | 33.0 | (29.3-36.9) |
| Black, NH |  | # |  | 4,175 | 45.6^ | (27.9-64.4) |
| Hispanic |  | # |  |  | # |  |
| Other, NH |  | # |  |  | # |  |
| **Sex** |  |  |  |  |  |  |
| male | 2,730 | 28.4^ | (17.7-42.2) | 42,342 | 37.1 | (31.6-42.9) |
| female | 2,897 | 33.2^ | (23.0-45.3) | 34,300 | 29.1 | (24.6-34.0) |
| **Age-adjusted**[+,&] |  |  |  |  |  |  |

& Percent is age-adjusted to the 2000 United States Population.
+ Age-adjusted and age specific percent not generated for health indicators with age range limits.
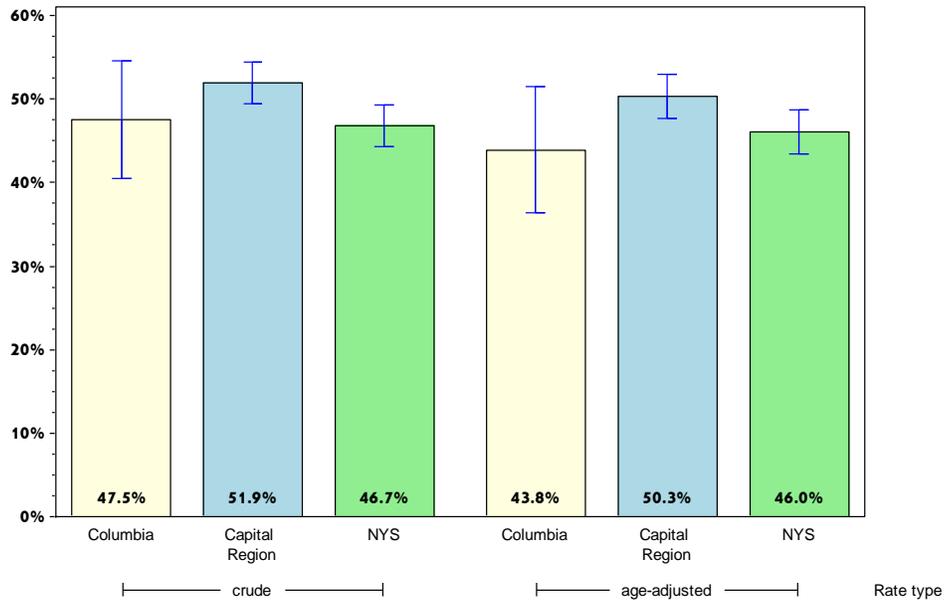# Rates with <10 in the numerator or <50 in the denominator are suppressed.
^ Highly variable rate (confidence interval with a half-width greater than 10).

# Columbia

## Prevent HIV/STDs, Vaccine Preventable Diseases and Healthcare-Associated Infections

*Percentage of adults aged 18+ years with flu immunization in the past year**



| | Columbia County | | | Capital Region | | |
|---|---|---|---|---|---|---|
| | **Est. # of Adults** | **Percent** | **95% CI** | **Est. # of Adults** | **Percent** | **95% CI** |
| **Total** | 22,990 | 47.5 | (40.5-54.6) | 374,103 | 51.9 | (49.4-54.4) |
| **Age** | | | | | | |
| 18-24 | | # | | 39,893 | 45.7^ | (35.3-56.5) |
| 25-34 | | # | | 43,833 | 36.8 | (30.7-43.4) |
| 35-44 | | # | | 47,801 | 43.1 | (36.6-49.8) |
| 45-64 | 6,946 | 38.9^ | (29.4-49.3) | 130,568 | 51.5 | (47.7-55.2) |
| 65+ | 9,185 | 77.7 | (69.4-84.3) | 104,721 | 75.8 | (72.3-78.9) |
| **Race** | | | | | | |
| White, NH | 21,113 | 49.1 | (42.3-55.9) | 318,858 | 51.8 | (49.2-54.3) |
| Black, NH | | # | | 14,742 | 43.2^ | (31.3-55.9) |
| Hispanic | | # | | 10,649 | 46.5^ | (36.6-56.8) |
| Other, NH | | # | | 29,854 | 62.7^ | (49.2-74.6) |
| **Sex** | | | | | | |
| male | 10,169 | 42.5^ | (32.5-53.1) | 168,675 | 48.4 | (44.6-52.2) |
| female | 12,821 | 52.5 | (43.2-61.7) | 205,428 | 55.2 | (51.9-58.5) |
| **Age-adjusted**& | | 43.8 | (36.4-51.6) | | 50.3 | (47.7-53.0) |

* Includes flu shot or flu spray
& Percent is age-adjusted to the 2000 United States Population.
# Rates with <10 in the numerator or <50 in the denominator are suppressed.
^ Highly variable rate (confidence interval with a half-width greater than 10).

# Columbia

## Prevent HIV/STDs, Vaccine Preventable Diseases and Healthcare-Associated Infections
*Percentage of adults aged 65+ years with flu immunization in the past year**



|  | Columbia County | | | Capital Region | | |
|---|---|---|---|---|---|---|
|  | Est. # of Adults | Percent | 95% CI | Est. # of Adults | Percent | 95% CI |
| **Total** | 9,185 | 77.7 | (69.4-84.3) | 104,721 | 75.8 | (72.3-78.9) |
| **Age**[+] |  |  |  |  |  |  |
| 18-24 |  |  |  |  |  |  |
| 25-34 |  |  |  |  |  |  |
| 35-44 |  |  |  |  |  |  |
| 45-64 |  |  |  |  |  |  |
| 65+ |  |  |  |  |  |  |
| **Race** |  |  |  |  |  |  |
| White, NH | 8,833 | 80.6 | (73.3-86.3) | 96,169 | 75.6 | (72.0-78.8) |
| Black, NH |  | # |  |  | # |  |
| Hispanic |  | # |  |  | # |  |
| Other, NH |  | # |  |  | # |  |
| **Sex** |  |  |  |  |  |  |
| male | 4,507 | 77.4^ | (63.2-87.2) | 44,927 | 73.5 | (67.8-78.5) |
| female | 4,678 | 78.0^ | (67.9-85.7) | 59,794 | 77.6 | (73.3-81.4) |
| **Age-adjusted**[+,&] |  |  |  |  |  |  |

* Includes flu shot or flu spray
& Percent is age-adjusted to the 2000 United States Population.
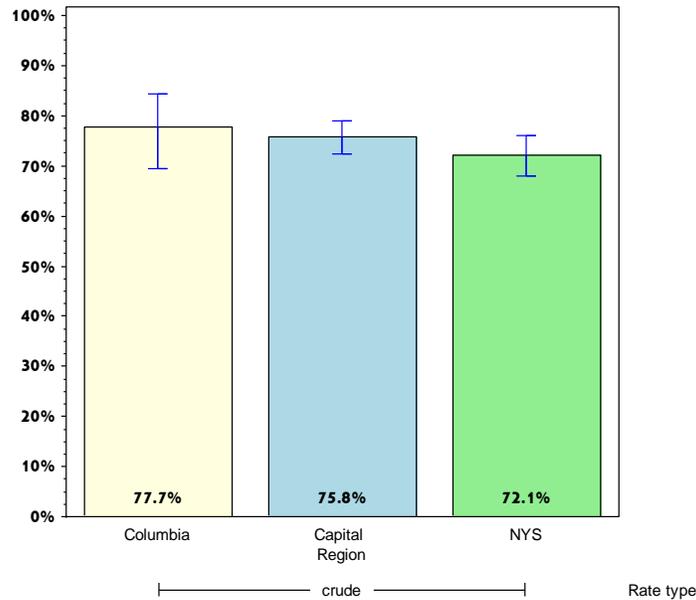+ Age-adjusted and age specific percent not generated for health indicators with age range limits.
# Rates with <10 in the numerator or <50 in the denominator are suppressed.
^ Highly variable rate (confidence interval with a half-width greater than 10).

# Columbia

## Prevent HIV/STDs, Vaccine Preventable Diseases and Healthcare-Associated Infections

*Percentage of adults aged 65+ years with pneumococcal immunization*
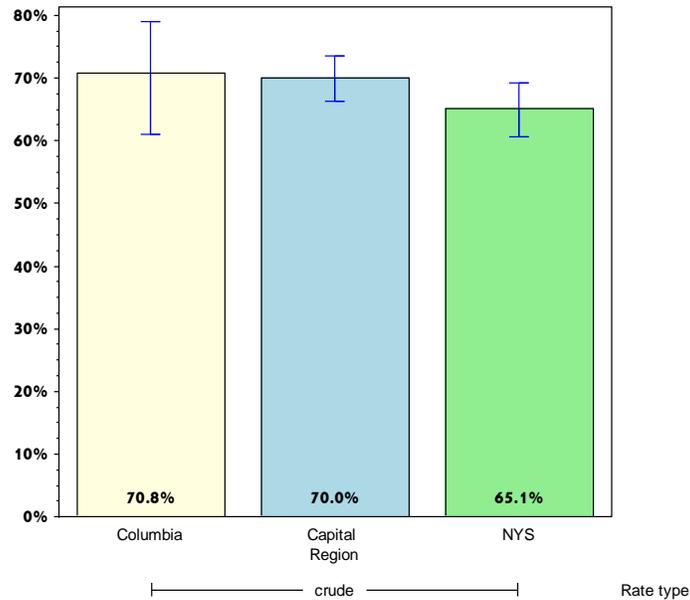


|  | Columbia County | | | Capital Region | | |
|---|---|---|---|---|---|---|
|  | Est. # of Adults | Percent | 95% CI | Est. # of Adults | Percent | 95% CI |
| **Total** | 8,092 | 70.8 | (61.0-79.1) | 92,729 | 70.0 | (66.2-73.5) |
| **Age+** |  |  |  |  |  |  |
| 18-24 |  |  |  |  |  |  |
| 25-34 |  |  |  |  |  |  |
| 35-44 |  |  |  |  |  |  |
| 45-64 |  |  |  |  |  |  |
| 65+ |  |  |  |  |  |  |
| **Race** |  |  |  |  |  |  |
| White, NH | 8,092 | 76.6 | (68.1-83.4) | 86,365 | 71.1 | (67.2-74.6) |
| Black, NH |  | # |  |  | # |  |
| Hispanic |  | # |  |  | # |  |
| Other, NH |  | # |  |  | # |  |
| **Sex** |  |  |  |  |  |  |
| male | 3,212 | 58.6^ | (43.4-72.3) | 36,740 | 63.6 | (57.5-69.3) |
| female | 4,880 | 82.1^ | (71.2-89.4) | 55,989 | 74.9 | (70.2-79.2) |
| **Age-adjusted+,&** |  |  |  |  |  |  |

& Percent is age-adjusted to the 2000 United States Population.
+ Age-adjusted and age specific percent not generated for health indicators with age range limits.
# Rates with <10 in the numerator or <50 in the denominator are suppressed.
^ Highly variable rate (confidence interval with a half-width greater than 10).

# Columbia

## Promote Healthy Women, Infants, and Children

*Percentage of women aged 18-44 years who had dental visit within the last year*



|  | Columbia County | | | Capital Region | | |
|---|---|---|---|---|---|---|
|  | Est. # of Adults | Percent | 95% CI | Est. # of Adults | Percent | 95% CI |
| **Total** |  | # |  | 120,363 | 79.8 | (75.1-83.8) |
| **Age**[+] |  |  |  |  |  |  |
| 18-24 |  |  |  |  |  |  |
| 25-34 |  |  |  |  |  |  |
| 35-44 |  |  |  |  |  |  |
| 45-64 |  |  |  |  |  |  |
| 65+ |  |  |  |  |  |  |
| **Race** |  |  |  |  |  |  |
| White, NH |  | # |  | 97,127 | 82.5 | (77.5-86.6) |
| Black, NH |  | # |  |  | # |  |
| Hispanic |  | # |  |  | # |  |
| Other, NH |  | # |  |  | # |  |
| **Sex** |  |  |  |  |  |  |
| male |  | # |  |  | # |  |
| female |  | # |  | 120,363 | 79.8 | (75.1-83.8) |
| **Age-adjusted**[+,&] |  |  |  |  |  |  |

& Percent is age-adjusted to the 2000 United States Population.
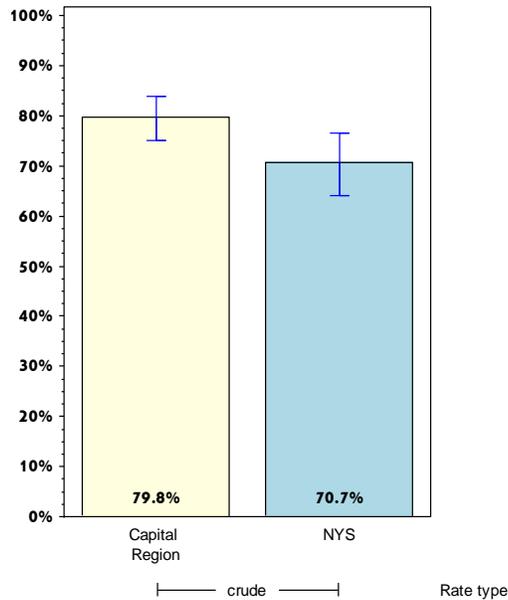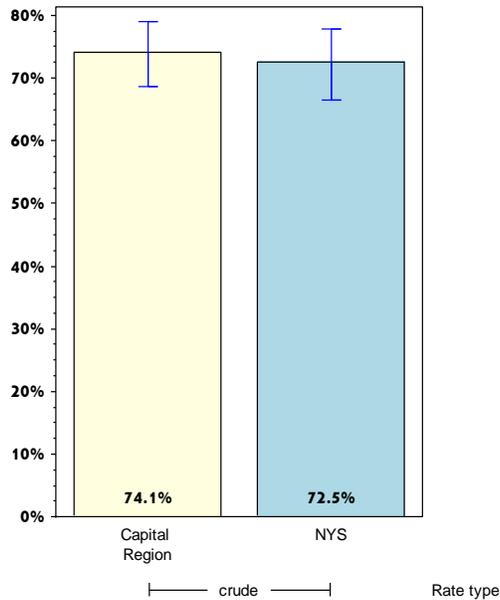+ Age-adjusted and age specific percent not generated for health indicators with age range limits.
# Rates with <10 in the numerator or <50 in the denominator are suppressed.

# Columbia

## Promote Healthy Women, Infants, and Children

*Women aged 18-44 years who saw a doctor for a routine checkup within the last year*



|  | Columbia County | | | Capital Region | | |
|---|---|---|---|---|---|---|
|  | Est. # of Adults | Percent | 95% CI | Est. # of Adults | Percent | 95% CI |
| **Total** | # | | | 119,498 | 74.1 | (68.6-79.0) |
| **Age[+]** | | | | | | |
| 18-24 | | | | | | |
| 25-34 | | | | | | |
| 35-44 | | | | | | |
| 45-64 | | | | | | |
| 65+ | | | | | | |
| **Race** | | | | | | |
| White, NH | # | | | 91,769 | 72.7 | (66.2-78.4) |
| Black, NH | # | | | 9,034 | 73.0^ | (53.7-86.3) |
| Hispanic | # | | | 4,441 | 65.9^ | (48.1-80.1) |
| Other, NH | # | | | | # | |
| **Sex** | | | | | | |
| male | # | | | | # | |
| female | # | | | 119,498 | 74.1 | (68.6-79.0) |
| **Age-adjusted[+,&]** | | | | | | |

& Percent is age-adjusted to the 2000 United States Population.
+ Age-adjusted and age specific percent not generated for health indicators with age range limits.
# Rates with <10 in the numerator or <50 in the denominator are suppressed.
^ Highly variable rate (confidence interval with a half-width greater than 10).

# Columbia

## Promote Healthy Women, Infants, and Children

*Percentage of women aged 18-64 years with health care coverage*
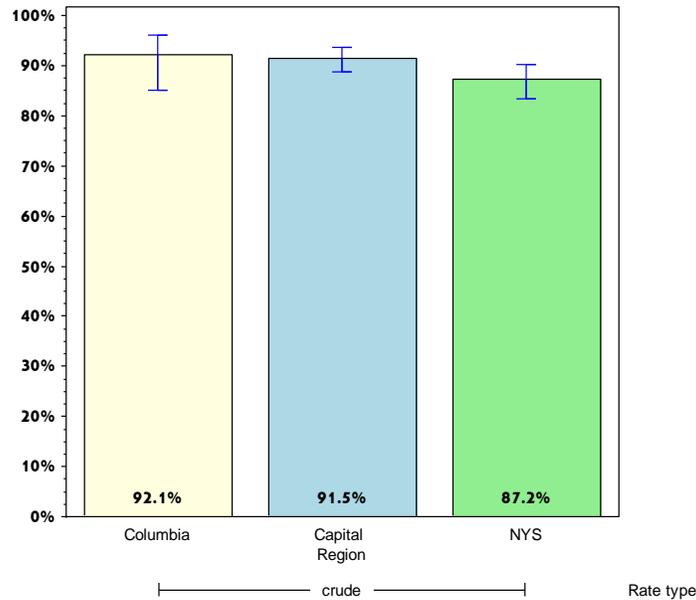


|  | Columbia County | | | Capital Region | | |
|---|---|---|---|---|---|---|
|  | Est. # of Adults | Percent | 95% CI | Est. # of Adults | Percent | 95% CI |
| **Total** | 17,569 | 92.1 | (85.1-96.0) | 272,288 | 91.5 | (88.8-93.5) |
| **Age**[+] |  |  |  |  |  |  |
| 18-24 |  |  |  |  |  |  |
| 25-34 |  |  |  |  |  |  |
| 35-44 |  |  |  |  |  |  |
| 45-64 |  |  |  |  |  |  |
| 65+ |  |  |  |  |  |  |
| **Race** |  |  |  |  |  |  |
| White, NH | 15,727 | 91.3 | (83.6-95.6) | 231,253 | 92.5 | (89.8-94.6) |
| Black, NH |  | # |  | 13,163 | 85.1^ | (67.6-94.0) |
| Hispanic |  | # |  | 7,840 | 79.4^ | (67.0-88.0) |
| Other, NH |  | # |  | 20,032 | 89.6^ | (68.0-97.2) |
| **Sex** |  |  |  |  |  |  |
| male |  | # |  |  | # |  |
| female | 17,569 | 92.1 | (85.1-96.0) | 272,288 | 91.5 | (88.8-93.5) |
| **Age-adjusted**[+,&] |  |  |  |  |  |  |

& Percent is age-adjusted to the 2000 United States Population.
+ Age-adjusted and age specific percent not generated for health indicators with age range limits.
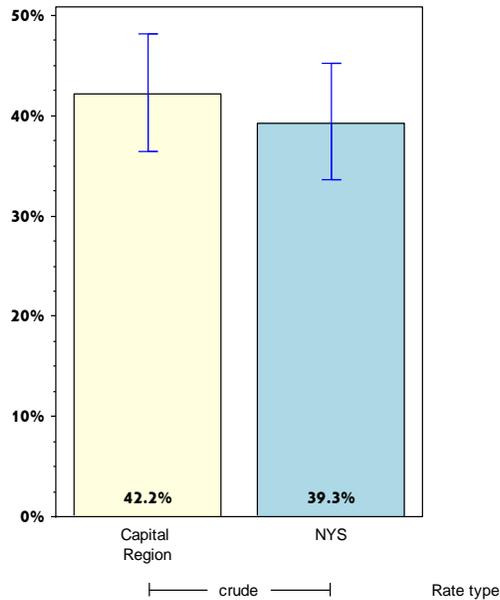# Rates with <10 in the numerator or <50 in the denominator are suppressed.
^ Highly variable rate (confidence interval with a half-width greater than 10).

# Columbia

## Promote Healthy Women, Infants, and Children

*Percentage of women aged 18-44 years whose health care provider discussed planning a healthy pregnancy*



|  | Columbia County | | | Capital Region | | |
|---|---|---|---|---|---|---|
|  | Est. # of Adults | Percent | 95% CI | Est. # of Adults | Percent | 95% CI |
| **Total** |  | # |  | 63,605 | 42.2 | (36.4-48.1) |
| **Age[+]** |  |  |  |  |  |  |
| 18-24 |  |  |  |  |  |  |
| 25-34 |  |  |  |  |  |  |
| 35-44 |  |  |  |  |  |  |
| 45-64 |  |  |  |  |  |  |
| 65+ |  |  |  |  |  |  |
| **Race** |  |  |  |  |  |  |
| White, NH |  | # |  | 51,464 | 43.9 | (37.5-50.6) |
| Black, NH |  | # |  |  | # |  |
| Hispanic |  | # |  |  | # |  |
| Other, NH |  | # |  |  | # |  |
| **Sex** |  |  |  |  |  |  |
| male |  | # |  |  | # |  |
| female |  | # |  | 63,605 | 42.2 | (36.4-48.1) |
| **Age-adjusted[+,&]** |  |  |  |  |  |  |

& Percent is age-adjusted to the 2000 United States Population.
+ Age-adjusted and age specific percent not generated for health indicators with age range limits.
# Rates with <10 in the numerator or <50 in the denominator are suppressed.

# Columbia

## Promote Mental Health and Prevention Substance Abuse

### *Percentage of adults with poor mental health for 14 or more days in the last month*
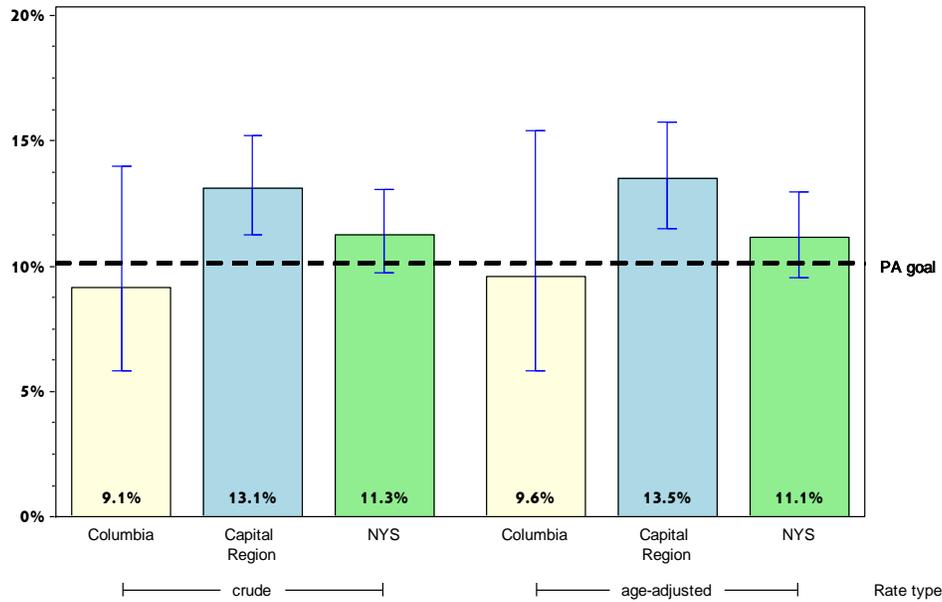


| | Columbia County | | | Capital Region | | |
|---|---|---|---|---|---|---|
| | **Est. # of Adults** | **Percent** | **95% CI** | **Est. # of Adults** | **Percent** | **95% CI** |
| **Total** | 4,481 | 9.1 | (5.8-14.0) | 97,381 | 13.1 | (11.2-15.2) |
| **Age** | | | | | | |
| 18-24 | | # | | 15,415 | 16.5 | (10.0-25.9) |
| 25-34 | | # | | 21,884 | 17.7 | (12.4-24.8) |
| 35-44 | | # | | 15,297 | 13.4 | (9.0-19.6) |
| 45-64 | 1,647 | 9.2 | (5.4-15.1) | 35,365 | 13.7 | (11.1-16.8) |
| 65+ | | # | | 8,895 | 6.3 | (4.5-8.8) |
| **Race** | | | | | | |
| White, NH | 3,361 | 7.7 | (5.1-11.4) | 77,087 | 12.2 | (10.3-14.4) |
| Black, NH | | # | | 10,860 | 29.8^ | (18.5-44.2) |
| Hispanic | | # | | 4,600 | 19.0 | (12.7-27.4) |
| Other, NH | | # | | 4,834 | 9.7^ | (4.2-20.9) |
| **Sex** | | | | | | |
| male | 1,346 | 5.6 | (2.9-10.3) | 45,948 | 12.7 | (9.9-16.1) |
| female | 3,136 | 12.6 | (7.1-21.3) | 51,433 | 13.5 | (11.2-16.2) |
| **Age-adjusted**& | | 9.6 | (5.8-15.4) | | 13.5 | (11.5-15.7) |

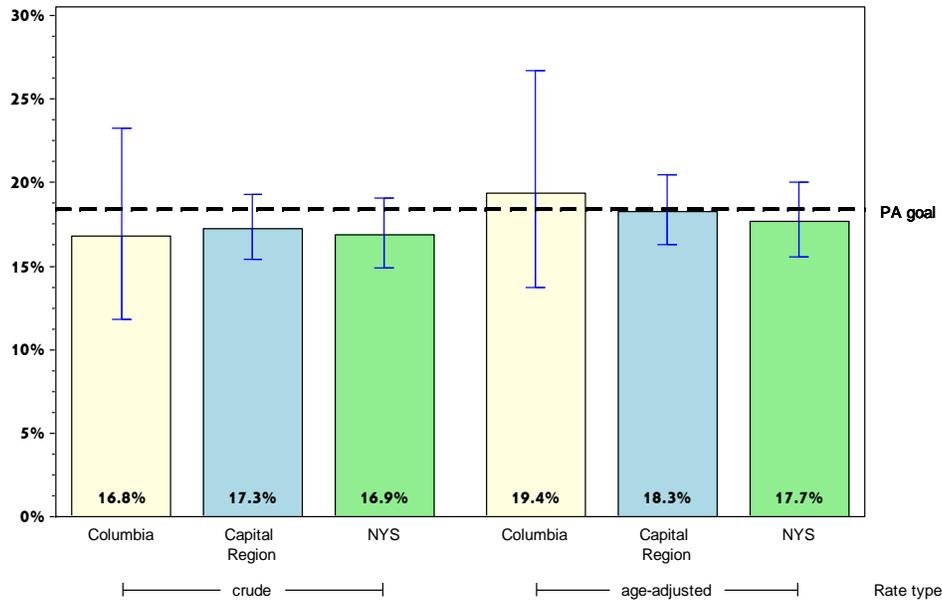& Percent is age-adjusted to the 2000 United States Population.
# Rates with <10 in the numerator or <50 in the denominator are suppressed.
^ Highly variable rate (confidence interval with a half-width greater than 10).

# Columbia

## Promote Mental Health and Prevention Substance Abuse

*Percentage of adult binge drinking during the past month*[*]



| | Columbia County | | | Capital Region | | |
|---|---|---|---|---|---|---|
| | Est. # of Adults | Percent | 95% CI | Est. # of Adults | Percent | 95% CI |
| **Total** | 8,025 | 16.8 | (11.8-23.3) | 124,613 | 17.3 | (15.4-19.3) |
| **Age** | | | | | | |
| 18-24 | | # | | 26,578 | 29.9^ | (21.5-40.0) |
| 25-34 | | # | | 33,259 | 27.9 | (22.6-33.9) |
| 35-44 | | # | | 21,657 | 19.6 | (15.1-25.1) |
| 45-64 | 2,328 | 13.1 | (7.5-21.8) | 35,598 | 14.0 | (11.9-16.6) |
| 65+ | | # | | 6,695 | 4.8 | (3.4-6.8) |
| **Race** | | | | | | |
| White, NH | 7,963 | 18.5 | (13.1-25.4) | 109,332 | 17.7 | (15.8-19.8) |
| Black, NH | | # | | 6,496 | 18.9^ | (9.3-34.8) |
| Hispanic | | # | | 3,636 | 15.3 | (9.8-23.0) |
| Other, NH | | # | | 5,148 | 11.1^ | (4.9-23.0) |
| **Sex** | | | | | | |
| male | 5,075 | 21.6^ | (13.5-32.8) | 76,161 | 21.9 | (19.0-25.1) |
| female | 2,951 | 12.1 | (7.3-19.4) | 48,452 | 12.9 | (10.7-15.5) |
| **Age-adjusted**[&] | | 19.4 | (13.7-26.7) | | 18.3 | (16.3-20.4) |

\* Men who have five or more drinks , women having four or more drinks on one occasion
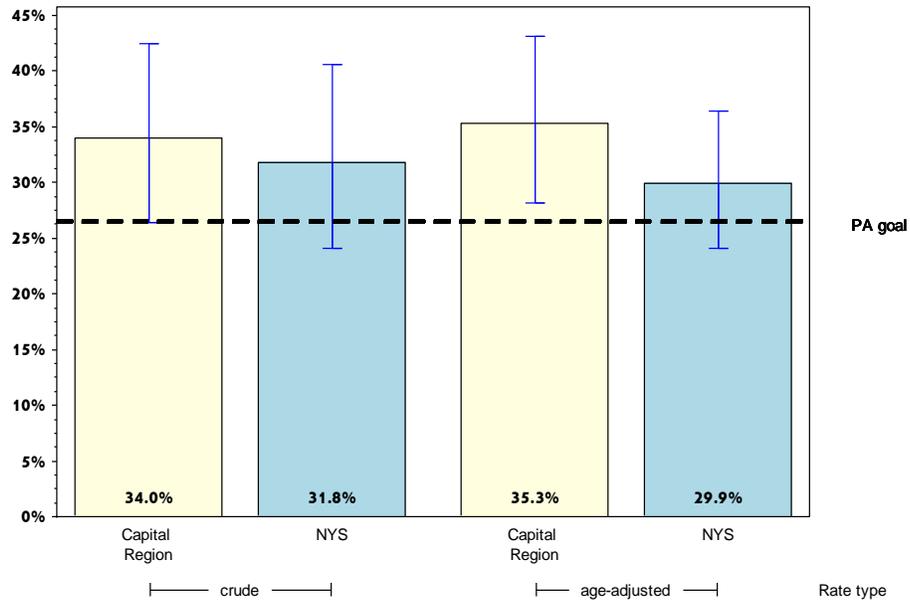& Percent is age-adjusted to the 2000 United States Population.
# Rates with <10 in the numerator or <50 in the denominator are suppressed.
^ Highly variable rate (confidence interval with a half-width greater than 10).

# Columbia

## Promote Mental Health and Prevention Substance Abuse

*Percentage of cigarette smoking among adults who report poor mental health*



| | Columbia County | | | Capital Region | | |
|---|---|---|---|---|---|---|
| | Est. # of Adults | Percent | 95% CI | Est. # of Adults | Percent | 95% CI |
| **Total** | | # | | 32,029 | 34.0 | (26.4-42.5) |
| **Age** | | | | | | |
| 18-24 | | # | | | # | |
| 25-34 | | # | | 8,601 | 39.7^ | (22.1-60.5) |
| 35-44 | | # | | | # | |
| 45-64 | | # | | 10,462 | 29.8^ | (20.9-40.6) |
| 65+ | | # | | | # | |
| **Race** | | | | | | |
| White, NH | | # | | 25,081 | 33.3 | (25.0-42.8) |
| Black, NH | | # | | | # | |
| Hispanic | | # | | | # | |
| Other, NH | | # | | | # | |
| **Sex** | | | | | | |
| male | | # | | 17,555 | 39.9^ | (27.2-54.2) |
| female | | # | | 14,474 | 28.8 | (20.8-38.5) |
| **Age-adjusted**& | | # | | | 35.3 | (28.2-43.2) |

& Percent is age-adjusted to the 2000 United States Population.
# Rates with <10 in the numerator or <50 in the denominator are suppressed.
^ Highly variable rate (confidence interval with a half-width greater than 10).