# eBRFSS 2013-2014 Health Indicators: Clinton

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#### General Description

The New York State Expanded Behavioral Risk Factor Surveillance System 2013-2014 (2014 eBRFSS) was design to supplement the Center for Disease Control and Prevention (CDC) Behavioral Risk Factor Surveillance System (BRFSS), which is conducted annually in New York State. The purpose of the 2014 eBRFSS was to produce local information on key public health issues. Data for the project were collected from April 15, 2013 to May 10, 2014. The 2014 eBRFSS reached both households with landline telephones and households which only had cell phones. Like the annual BRFSS, New York State's 2014 eBRFSS was designed to be representative of the non-institutionalized adult household population, aged 18 years and older.

#### **Reported Health Indicators**

There are a total of 50 health indicators included in the report. The health indicators include 10 measures included in the New York State Department of Health's Prevention Agenda, NYS Health Innovation Plan (SHIP), Delivery System Reform Incentive Payment (DSRIP) Program, or the NYS Community Health Indicator Reports (CHIRS). An additional 40 important health indicators are also included. The indicators are organized by the Priority Area of the Prevention Agenda and are reported statewide, by region, and by county.

#### **Data Collection Methodology, Sampling and Weighting**

The data collection methods for the 2014 eBRFSS aligned with the CDC's standard annual BRFSS methods. The 2014 eBRFSS questionnaire used standard questions from the BRFSS. Survey interviews were conducted in both English and Spanish. There were 31,690 completed interviews.

The sampling plan for the eBRFSS was developed to result in valid health indicator estimates for New York City (NYC) and each of the 57 counties outside NYC. The sampling approach stratified landlines by county and implemented a disproportionate stratified sampling design that accounted for both listed-households and unlisted numbers. Cell phone households were accounted for through additional strata that covered contiguous groups of counties.

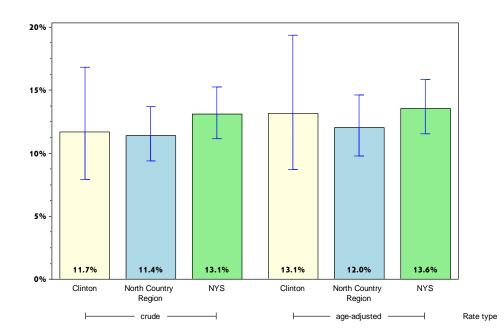
Data were weighted to represent the population using a methodology known as iterative proportional fitting (raking). Raking adjusted the data so that groups underrepresented in the sample were more accurately represented in the estimated rates. Raking also enabled surveys conducted by cell phone to be included in the weighting and to accurately match sample distributions of specified demographic characteristics of the population. The raking categories included in the eBRFSS were: age, gender, race/ethnicity, education, marital status, owner/renter status, telephone usage (i.e. landline and cell phone combinations), and county of residence.

#### **Limitations of Data Use:**

During data analysis, criteria were applied to suppress rates based on too few surveys to be reliable and to identify rates that are highly variable. Rates in which less than 10 respondents were in the numerator or less than 50 respondents were in the denominator were considered unreliable and suppressed from reporting. Rates considered to have high variability due to having confidence limits greater than ±10% are noted.

#### Improve Health Status and Reduce Health Disparities

Percentage of adults who did not receive medical care because of cost\*



#### **Clinton County North Country** Est. # of Est. # of **Adults Adults Percent** 95% CI **Percent** 95% CI **Total** 7,742 11.7 (7.9-16.8)28,018 11.4 (9.4-13.7)Age 18-24 4,414 11.9 # (5.7-23.4)25-34 # 5,416 (11.0-27.7)17.9 35-44 4,524 (8.2-20.0)# 13.0 45-64 2,349 10.1 (6.2-16.1)10,765 11.6 (9.1-14.6)65+ (3.1-8.7)# 2,625 5.2 Race (8.2-17.8) White, NH 7,218 12.2 25,274 11.8 (9.6-14.4)Black, NH # # Hispanic # # Other, NH # 1,436 10.0 (4.6-20.1)Sex male 3,859 11.3 (6.2-19.9)13,644 10.7 (7.7-14.7)female 3,883 12.0 14,374 (7.1-19.7)12.1 (9.7-14.9)Age-adjusted<sup>&</sup> 13.1 (8.7-19.4)12.0 (9.8-14.6)

<sup>\*</sup> Among people needing to see a doctor in the past 12 months

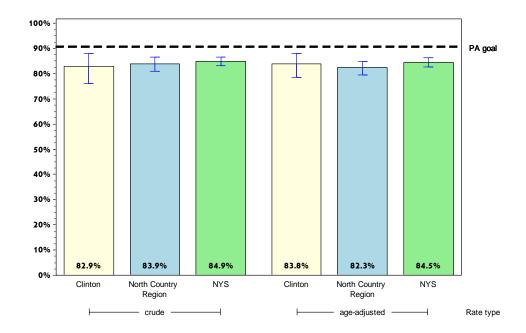
<sup>&</sup>amp; Percent is age-adjusted to the 2000 United States Population.

<sup>#</sup> Rates with <10 in the numerator or <50 in the denominator are suppressed.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

# Improve Health Status and Reduce Health Disparities

# Percentage of adults who have a regular health care provider



	Clinton County			North Country		
_	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	54,948	82.9	(76.1-88.1)	205,922	83.9	(80.8-86.6)
Age						
18-24		#		22,744	61.6	(47.4-74.2)
25-34		#		20,035	66.6	(57.8-74.3)
35-44	9,101	90.9^	(76.4-96.8)	29,229	83.9	(77.7-88.7)
45-64	21,712	92.9	(87.9-96.0)	85,160	91.8	(89.1-93.9)
65+	11,425	99.1	(96.9-99.7)	47,824	96.1	(94.4-97.3)
Race						
White, NH	49,890	84.3	(76.9-89.6)	181,641	85.0	(82.2-87.5)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#		12,078	84.6^	(68.5-93.3)
Sex						
male	27,641	81.1	(69.5-89.0)	98,478	77.7	(72.4-82.3)
female	27,307	84.9	(77.1-90.3)	107,444	90.5	(87.9-92.5)
Age-adjusted <sup>&amp;</sup>		83.8	(78.5-88.0)		82.3	(79.4-84.9)

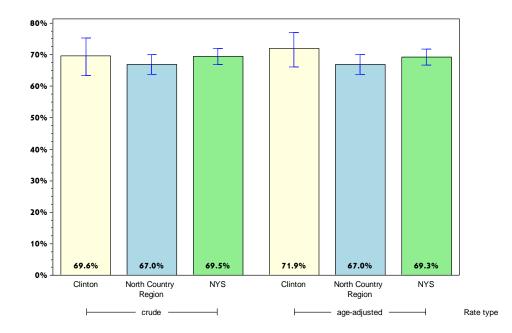
<sup>&</sup>amp; Percent is age-adjusted to the 2000 United States Population.

<sup>#</sup> Rates with <10 in the numerator or <50 in the denominator are suppressed.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

# Improve Health Status and Reduce Health Disparities

## Percentage of adults who had a dentist visit within the past year



	Clinton County			North Country		
_	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	43,367	69.6	(63.3-75.2)	154,725	67.0	(63.8-70.0)
Age						
18-24		#		23,796	69.1	(54.4-80.7)
25-34		#		17,522	61.9	(52.6-70.4)
35-44		#		23,269	71.2	(63.6-77.7)
45-64	14,961	66.7	(57.1-75.1)	60,242	68.6	(64.1-72.7)
65+	7,501	69.9^	(59.3-78.7)	29,317	62.5	(57.8-67.0)
Race						
White, NH	39,560	71.3	(65.0-76.9)	134,170	66.5	(63.2-69.6)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#		8,104	66.0^	(48.8-79.9)
Sex						
male	20,916	66.8	(57.0-75.3)	74,708	62.7	(57.5-67.7)
female	22,451	72.4	(64.2-79.3)	80,018	71.5	(67.8-74.9)
Age-adjusted <sup>&amp;</sup>		71.9	(66.1-77.1)		67.0	(63.7-70.1)

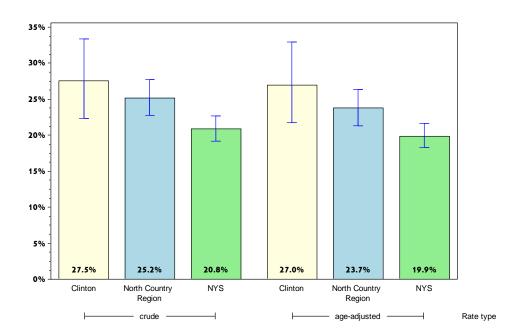
<sup>&</sup>amp; Percent is age-adjusted to the 2000 United States Population.

<sup>#</sup> Rates with <10 in the numerator or <50 in the denominator are suppressed.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

# Improve Health Status and Reduce Health Disparities

# Percentage of adults living with a disability\*



	Clinton County			North Country		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	18,001	27.5	(22.3-33.4)	60,646	25.2	(22.7-27.7)
Age						
18-24		#		3,275	9.0	(4.6-16.7)
25-34		#		5,204	17.7	(10.7-27.8)
35-44		#		6,132	17.9	(12.9-24.2)
45-64	8,884	38.4	(30.3-47.1)	26,345	29.2	(25.4-33.2)
65+	4,438	38.7	(29.3-49.1)	19,465	39.5	(35.1-44.0)
Race						
White, NH	16,441	28.1	(22.6-34.4)	55,271	26.2	(23.7-28.9)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#		3,669	28.2	(17.1-42.8)
Sex						
male	9,052	26.9	(19.5-35.9)	29,650	23.9	(20.3-27.8)
female	8,949	28.2	(21.4-36.1)	30,996	26.5	(23.4-29.9)
Age-adjusted <sup>&amp;</sup>		27.0	(21.7-33.0)		23.7	(21.3-26.4)

<sup>\*</sup> Limited activities (physical, mental, or emotional problems); need of special equipment (e.g. cane, wheel chair).

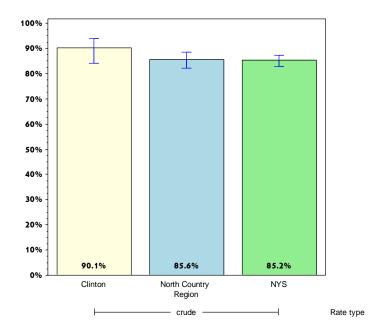
<sup>&</sup>amp; Percent is age-adjusted to the 2000 United States Population.

<sup>#</sup> Rates with <10 in the numerator or <50 in the denominator are suppressed.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

# Improve Health Status and Reduce Health Disparities

## Percentage of adults aged 18-64 years with healthcare coverage



	Clinton County			North Country		
_	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	48,885	90.1	(84.2-93.9)	165,949	85.6	(82.2-88.4)
Age <sup>+</sup>						
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH	43,190	90.9	(84.8-94.7)	144,277	87.0	(84.2-89.4)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#		8,771	77.5^	(56.1-90.3)
Sex						
male	24,332	87.3	(78.4-92.9)	84,358	83.2	(77.5-87.7)
female	24,553	93.0	(83.5-97.2)	81,591	88.1	(84.6-91.0)
Age-adjusted+,&						

<sup>&</sup>amp; Percent is age-adjusted to the 2000 United States Population.

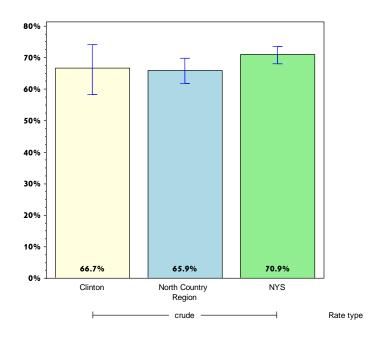
<sup>+</sup> Age-adjusted and age specific percent not generated for health indicators with age range limits.

<sup>#</sup> Rates with <10 in the numerator or <50 in the denominator are suppressed.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

# Improve Health Status and Reduce Health Disparities

Percentage of adults aged 18-64 years who saw a doctor for a routine checkup within the last year



	Clinton County			North Country		
_	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	36,016	66.7	(58.3-74.2)	127,809	65.9	(61.7-69.9)
Age <sup>+</sup>						
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH	31,809	67.3	(58.3-75.3)	110,971	67.0	(63.1-70.7)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#		7,845	68.7	(47.2-84.3)
Sex						
male	18,091	64.7	(52.2-75.4)	60,376	59.1	(52.7-65.3)
female	17,925	68.9	(57.6-78.4)	67,432	73.4	(68.7-77.7)
Age-adjusted+,&						

<sup>&</sup>amp; Percent is age-adjusted to the 2000 United States Population.

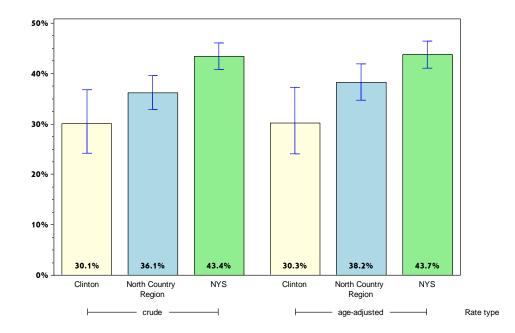
<sup>+</sup> Age-adjusted and age specific percent not generated for health indicators with age range limits.

<sup>#</sup> Rates with <10 in the numerator or <50 in the denominator are suppressed.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

# Improve Health Status and Reduce Health Disparities

## Percentage of adults experiencing housing insecurity in the past 12 months\*



	CI	inton Cour	nty	North Country		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	17,744	30.1	(24.2-36.8)	79,887	36.1	(32.9-39.6)
<b>Age</b> 18-24		#		11,808	41.7^	(26.6-58.5)
25-34		#		14,248	50.1	(40.4-59.8)
35-44		#		13,402	43.6	(35.8-51.7)
45-64	7,622	33.9	(25.9-42.9)	31,270	36.3	(31.9-40.9)
65+	1,655	15.8	(9.5-25.1)	9,032	19.5	(15.9-23.5)
Race						
White, NH	15,487	29.6	(23.5-36.5)	69,765	36.2	(33.0-39.6)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#		3,510	27.9	(16.2-43.7)
Sex						
male	8,654	28.8^	(20.3-39.1)	39,358	34.5	(29.4-40.1)
female	9,090	31.5	(23.9-40.2)	40,528	37.9	(33.9-42.0)
e-adjusted <sup>&amp;</sup>		30.3	(24.0-37.3)		38.2	(34.7-41.9)

<sup>\*</sup> Worried or stressed about having enough money to pay for rent or mortgage.

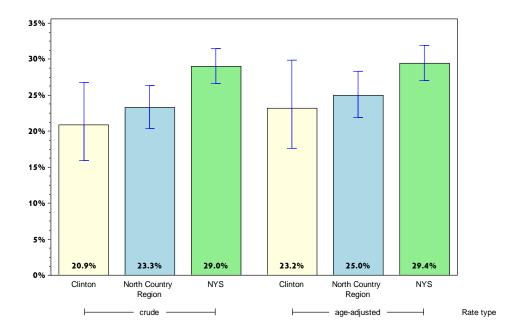
<sup>&</sup>amp; Percent is age-adjusted to the 2000 United States Population.

<sup>#</sup> Rates with <10 in the numerator or <50 in the denominator are suppressed.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

# Improve Health Status and Reduce Health Disparities

## Percentage of adults experiencing food insecurity in the past 12 months\*



	Clinton County			North Country		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	13,329	20.9	(15.9-26.8)	54,992	23.3	(20.4-26.4)
Age						
18-24		#		9,341	25.6	(15.1-40.0)
25-34		#		8,659	30.1	(21.5-40.2)
35-44		#		11,252	34.3	(26.9-42.5)
45-64	4,927	21.3	(15.2-29.1)	20,526	23.0	(19.4-27.0)
65+	700	6.3	(2.9-13.2)	5,056	10.5	(7.7-14.1)
Race						
White, NH	11,688	20.5	(15.4-26.8)	46,859	22.7	(20.0-25.7)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#		2,675	20.4	(11.2-34.1)
Sex						
male	5,752	17.9	(11.3-27.1)	25,388	20.9	(16.6-25.9)
female	7,577	23.9	(17.2-32.2)	29,604	25.8	(22.3-29.7)
Age-adjusted <sup>&amp;</sup>		23.2	(17.6-29.8)		25.0	(21.9-28.3)

<sup>\*</sup> Worried or stressed about having enough money to buy nutritious meals.

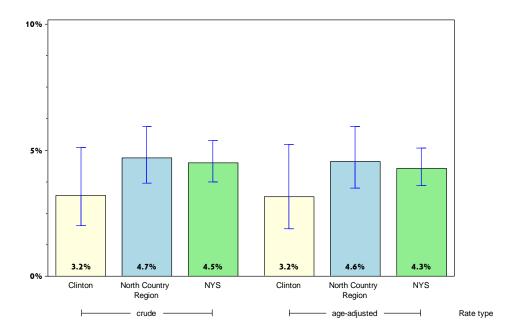
<sup>&</sup>amp; Percent is age-adjusted to the 2000 United States Population.

<sup>#</sup> Rates with <10 in the numerator or <50 in the denominator are suppressed.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

# Improve Health Status and Reduce Health Disparities

# Percentage of adults with poor self-reported health



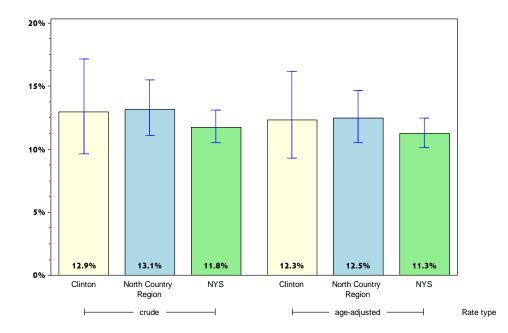
	C	linton Coun	ity	North Country			
_	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI	
Total Age	2,127	3.2	(2.0-5.1)	11,452	4.7	(3.7-5.9)	
18-24		#			#		
25-34		#			#		
35-44		#		1,574	4.5	(2.2-9.0)	
45-64	1,496	6.4	(3.7-10.8)	4,871	5.3	(3.9-7.2)	
65+		#		3,854	7.8	(5.2-11.5)	
Race							
White, NH	1,984	3.4	(2.1-5.4)	10,405	4.9	(3.8-6.3)	
Black, NH		#			#		
Hispanic		#			#		
Other, NH		#			#		
Sex							
male		#		5,562	4.4	(3.0-6.4)	
female	1,468	4.6	(2.6-7.9)	5,890	5.0	(3.6-6.8)	
e-adjusted <sup>&amp;</sup>		3.2	(1.9-5.2)		4.6	(3.5-5.9)	

<sup>&</sup>amp; Percent is age-adjusted to the 2000 United States Population.

<sup>#</sup> Rates with <10 in the numerator or <50 in the denominator are suppressed.

# Improve Health Status and Reduce Health Disparities

# Percentage of adults who report 14 or more days of poor physical health\*



	Clinton County			I	North Coun	itry
_	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	8,368	12.9	(9.6-17.2)	31,544	13.1	(11.1-15.5)
Age						
18-24		#			#	
25-34		#		2,490	8.2	(4.2-15.4)
35-44		#		3,606	10.6	(6.8-16.0)
45-64	4,668	20.7	(14.6-28.4)	15,979	17.7	(13.8-22.4)
65+	1,498	13.6	(7.4-23.7)	8,242	17.4	(13.6-21.9)
Race						
White, NH	7,123	12.4	(9.2-16.4)	26,807	12.9	(11.0-15.0)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#		3,627	25.6^	(11.2-48.3)
Sex						
male	4,253	12.9	(8.1-19.9)	14,649	11.8	(9.2-15.0)
female	4,115	13.0	(9.0-18.5)	16,896	14.6	(11.6-18.2)
Age-adjusted <sup>&amp;</sup>		12.3	(9.3-16.2)		12.5	(10.5-14.7)

<sup>\*</sup> Out of the past 30 days.

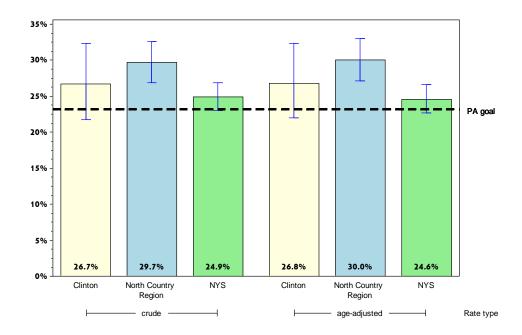
<sup>&</sup>amp; Percent is age-adjusted to the 2000 United States Population.

<sup>#</sup> Rates with <10 in the numerator or <50 in the denominator are suppressed.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

## Prevent Chronic Diseases

## Percentage of adults who are obese\*



	Clinton County			North Country		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	16,955	26.7	(21.7-32.4)	69,111	29.7	(26.9-32.6)
Age						
18-24		#		6,455	18.8	(11.4-29.4)
25-34		#		7,572	26.2	(19.0-34.9)
35-44		#		12,036	36.6	(29.2-44.7)
45-64	6,982	31.0	(23.2-39.9)	30,053	34.0	(29.7-38.7)
65+	3,231	28.9	(21.1-38.1)	12,924	26.9	(23.1-31.0)
Race						
White, NH	15,094	26.4	(21.3-32.1)	59,501	28.8	(26.2-31.6)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#		4,539	38.5	(23.1-56.6)
Sex						
male	8,541	25.5	(18.6-33.9)	35,574	28.8	(24.9-32.9)
female	8,413	28.1	(21.2-36.1)	33,537	30.7	(26.9-34.8)
Age-adjusted <sup>&amp;</sup>		26.8	(22.0-32.3)		30.0	(27.1-33.0)

<sup>\*</sup> Obesity defined as a Body Mass Index (BMI) >=30. BMI is calculated based on weight and height.

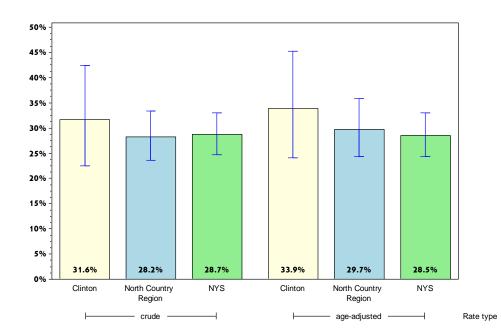
<sup>&</sup>amp; Percent is age-adjusted to the 2000 United States Population.

<sup>#</sup> Rates with <10 in the numerator or <50 in the denominator are suppressed.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

#### **Prevent Chronic Diseases**

Percentage of adults with an annual household income less than \$25,000 who are obese\*



	Clinton County			North Country		
_	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	5,460	31.6^	(22.5-42.4)	16,539	28.2	(23.6-33.3)
Age						
18-24		#			#	
25-34		#		1,941	22.4^	(10.9-40.5)
35-44		#			#	
45-64	1,972	37.4	(21.7-56.2)	5,921	30.9	(23.5-39.5)
65+	1,310	30.5	(18.1-46.7)	4,769	29.8	(23.6-36.8)
Race						
White, NH	4,992	33.1	(23.2-44.7)	13,731	27.4	(22.7-32.7)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male	1,445	21.5	(12.2-35.2)	6,267	24.1	(17.4-32.2)
female	4,016	38.1	(25.0-53.1)	10,272	31.5	(25.5-38.2)
Age-adjusted <sup>&amp;</sup>		33.9^	(24.1-45.2)		29.7	(24.3-35.8)

<sup>\*</sup> Obesity defined as a Body Mass Index (BMI) >=30. BMI is calculated based on weight and height.

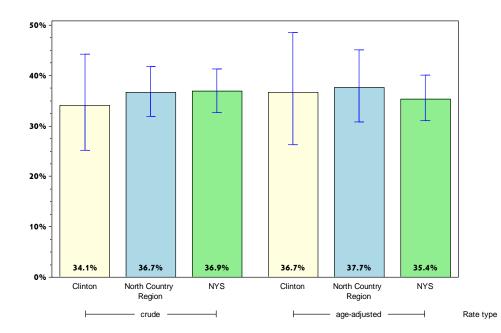
<sup>&</sup>amp; Percent is age-adjusted to the 2000 United States Population.

<sup>#</sup> Rates with <10 in the numerator or <50 in the denominator are suppressed.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

#### **Prevent Chronic Diseases**

## Percentage of adults living with a disability who are obese\*



	Clinton County			North Country		
_	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	5,692	34.1	(25.2-44.3)	21,343	36.7	(31.9-41.8)
Age						
18-24		#			#	
25-34		#			#	
35-44		#			#	
45-64	2,533	30.3	(19.1-44.4)	9,126	35.7	(29.2-42.9)
65+	1,815	45.5	(30.2-61.7)	6,663	36.4	(29.5-43.9)
Race						
White, NH	5,336	35.2	(25.7-46.0)	18,789	35.6	(30.7-40.8)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male	2,069	24.5	(14.1-38.9)	9,247	32.2	(25.5-39.7)
female	3,623	44.0^	(31.1-57.8)	12,096	41.2	(34.8-47.9)
Age-adjusted <sup>&amp;</sup>		36.7^	(26.2-48.5)		37.7	(30.8-45.1)

<sup>\*</sup> Obesity defined as a Body Mass Index (BMI) >=30. BMI is calculated based on weight and height. Limited activities (physical, mental, or emotional problems); need of special equipment (e.g. cane, wheel chair).

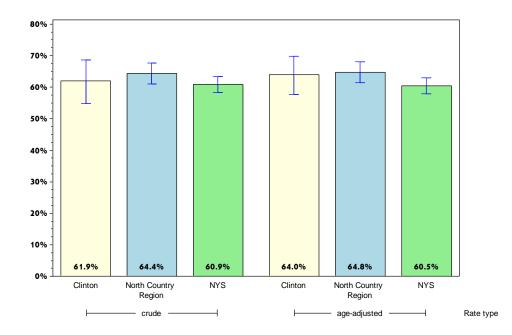
<sup>&</sup>amp; Percent is age-adjusted to the 2000 United States Population.

<sup>#</sup> Rates with <10 in the numerator or <50 in the denominator are suppressed.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

## Prevent Chronic Diseases

## Percentage of adults overweight or obese\*



	Clinton County			North Country		
_	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	39,322	61.9	(54.7-68.7)	150,027	64.4	(61.0-67.6)
Age						
18-24		#		14,473	42.2	(29.6-56.0)
25-34		#		17,264	59.8	(50.1-68.8)
35-44		#		24,149	73.4	(66.2-79.6)
45-64	16,010	71.0	(62.5-78.2)	60,442	68.5	(63.4-73.1)
65+	7,461	66.7	(56.3-75.7)	33,445	69.5	(65.4-73.4)
Race						
White, NH	34,543	60.3	(52.8-67.4)	133,793	64.8	(61.5-68.0)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#		6,822	57.9^	(40.1-73.9)
Sex						
male	22,613	67.5	(56.7-76.8)	84,846	68.6	(63.4-73.4)
female	16,709	55.7	(46.0-65.0)	65,181	59.6	(55.4-63.7)
Age-adjusted <sup>&amp;</sup>		64.0	(57.8-69.8)		64.8	(61.4-68.0)

<sup>\*</sup> Defined as a Body Mass Index (BMI) >=25. BMI is calculated based on weight and height.

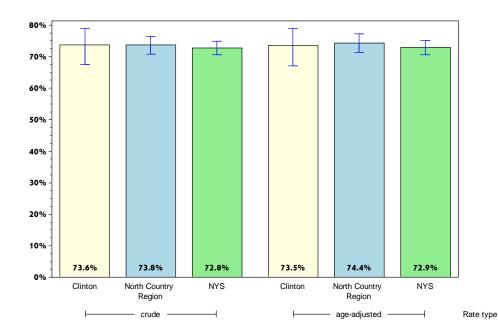
<sup>&</sup>amp; Percent is age-adjusted to the 2000 United States Population.

<sup>#</sup> Rates with <10 in the numerator or <50 in the denominator are suppressed.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

#### **Prevent Chronic Diseases**

Percentage of adults who participated in leisure time physical activity in the past 30 days\*



	Clinton County			North Country		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	47,667	73.6	(67.5-79.0)	175,499	73.8	(70.8-76.5)
Age						
18-24		#		29,851	82.0^	(67.1-91.0)
25-34		#		23,329	81.0	(72.5-87.3)
35-44		#		24,720	73.2	(65.4-79.8)
45-64	16,271	70.5	(61.9-77.8)	66,141	74.0	(69.8-77.8)
65+	6,945	62.1	(50.9-72.1)	30,956	63.7	(59.1-68.0)
Race						
White, NH	42,741	74.0	(67.6-79.4)	154,352	74.3	(71.5-76.9)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#		9,362	71.3	(54.5-83.7)
Sex						
male	25,541	77.6	(69.5-84.1)	93,092	75.9	(71.2-80.0)
female	22,126	69.5	(60.2-77.5)	82,406	71.5	(67.7-75.0)
Age-adjusted <sup>&amp;</sup>		73.5	(67.1-79.0)		74.4	(71.3-77.2)

<sup>\*</sup> Any physical activities or exercises such as running or walking

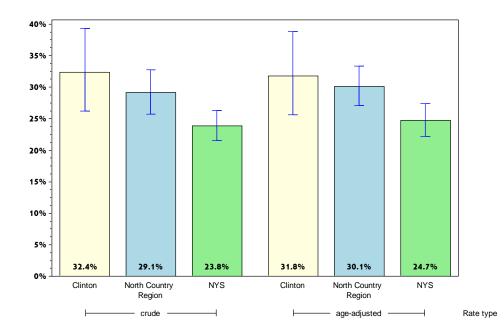
<sup>&</sup>amp; Percent is age-adjusted to the 2000 United States Population.

<sup>#</sup> Rates with <10 in the numerator or <50 in the denominator are suppressed.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

#### Prevent Chronic Diseases

Percentage of adults who consume one or more sugary drinks daily\*



	Clinton County			North Country		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	20,426	32.4	(26.2-39.3)	67,716	29.1	(25.7-32.7)
Age						
18-24		#		20,919	59.4	(45.8-71.7)
25-34		#		11,575	40.6	(31.2-50.8)
35-44		#		9,048	27.6	(21.3-34.9)
45-64	5,451	24.3	(17.3-32.9)	16,825	19.2	(15.8-23.1)
65+	2,664	24.7	(15.8-36.5)	9,134	19.3	(15.4-23.8)
Race						
White, NH	16,662	29.7	(23.4-36.8)	57,041	28.0	(24.7-31.6)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#		2,928	23.8	(13.4-38.7)
Sex						
male	12,666	40.3	(30.9-50.5)	46,475	38.9	(33.5-44.5)
female	7,760	24.6	(17.0-34.0)	21,240	18.8	(15.5-22.5)
Age-adjusted <sup>&amp;</sup>		31.8	(25.6-38.8)		30.1	(27.1-33.4)

<sup>\*</sup> Sugary drinks include regular soda, and sugar-sweetened drinks.

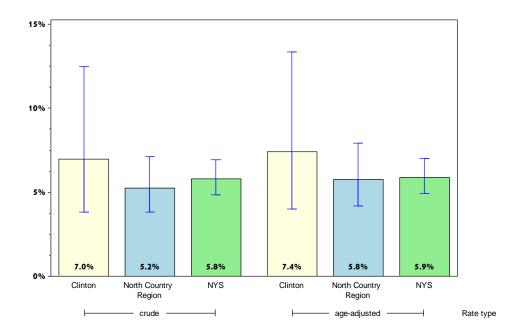
<sup>&</sup>amp; Percent is age-adjusted to the 2000 United States Population.

<sup>#</sup> Rates with <10 in the numerator or <50 in the denominator are suppressed.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

## Prevent Chronic Diseases

# Percentage of adults who consume fast-food three or more times per week



	Cl	inton Coun	nty	North Country			
_	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI	
Total Age	4,375	7.0	(3.8-12.5)	12,105	5.2	(3.8-7.1)	
18-24		#		3,395	9.7	(4.7-18.8)	
25-34		#		3,148	11.1	(5.5-21.2)	
35-44		#		1,831	5.6	(3.2-9.5)	
45-64		#		3,150	3.6	(2.1-6.0)	
65+ <b>Race</b>		#		561	1.2	(0.6-2.3)	
White, NH	3,446	6.2 #	(3.1-11.9)	9,640	4.8 #	(3.4-6.6)	
Black, NH Hispanic		#			#		
Other, NH		#			#		
Sex male female	3,789	12.1 <sup>^</sup>	(6.1-22.4)	9,610 2,495	8.1 2.2	(5.5-11.6) (1.5-3.4)	
e-adjusted <sup>&amp;</sup>		7.4	(4.0-13.4)		5.8	(4.2-7.9)	

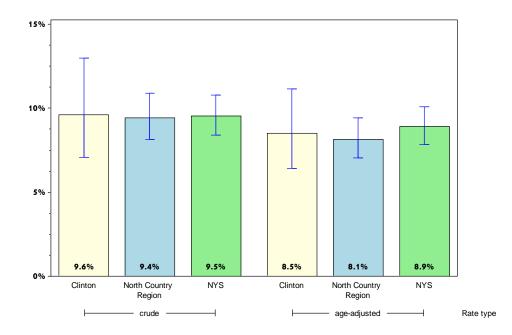
<sup>&</sup>amp; Percent is age-adjusted to the 2000 United States Population.

<sup>#</sup> Rates with <10 in the numerator or <50 in the denominator are suppressed.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

## Prevent Chronic Diseases

# Percentage of adults with physician diagnosed diabetes\*



	Clinton County			North Country		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	6,388	9.6	(7.1-13.0)	23,236	9.4	(8.1-10.9)
Age						
18-24		#			#	
25-34		#			#	
35-44		#		1,072	3.1	(1.6-6.0)
45-64	3,773	16.2	(10.8-23.4)	10,661	11.5	(9.1-14.3)
65+	2,315	19.9	(12.9-29.3)	10,593	21.1	(17.7-24.9)
Race						
White, NH	5,357	9.0	(6.5-12.4)	19,762	9.2	(7.9-10.7)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#		1,930	13.4	(7.1-24.0)
Sex						
male	4,022	11.8	(7.7-17.7)	12,352	9.7	(7.8-12.1)
female	2,366	7.3	(4.8-11.0)	10,884	9.1	(7.5-11.0)
Age-adjusted <sup>&amp;</sup>		8.5	(6.4-11.1)		8.1	(7.0-9.4)

<sup>\*</sup> As diagnosed by a health professional.

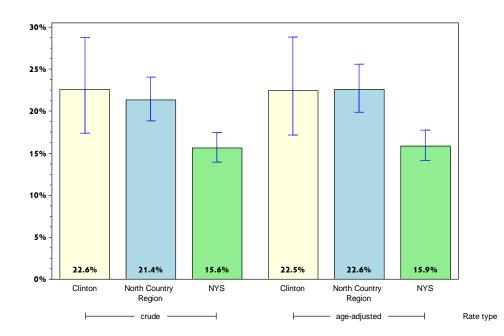
<sup>&</sup>amp; Percent is age-adjusted to the 2000 United States Population.

<sup>#</sup> Rates with <10 in the numerator or <50 in the denominator are suppressed.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

#### **Prevent Chronic Diseases**

#### Percentage of adults who are current smokers



#### **Clinton County North Country** Est. # of Est. # of **Adults Adults Percent** 95% CI **Percent** 95% CI **Total** 14,782 22.6 (17.4-28.7)51,412 21.4 (18.9-24.1)Age 18-24 7,759 21.1 (13.3-31.8)# 25-34 # 9,359 32.0 (23.4-42.1)35-44 8,623 25.2 (19.0-32.6)# 45-64 6,624 28.4 (20.7-37.7)21,472 23.7 (20.0-27.8)65+ 537 (2.2-10.0)8.3 4.7 4,028 (6.3-10.8)Race White, NH 11,573 19.8 (14.7-26.0)44,514 21.2 (18.6-24.0)Black, NH # # Hispanic # # Other, NH # 2,652 20.3 (11.5-33.2)Sex male 8,137 24.2 (16.4-34.2)24,983 20.1 (16.4-24.4)female 6,644 20.8 26,429 22.7 (14.9-28.4)(19.5-26.2)Age-adjusted<sup>&</sup> 22.5 (17.1-28.8)22.6 (19.9-25.6)

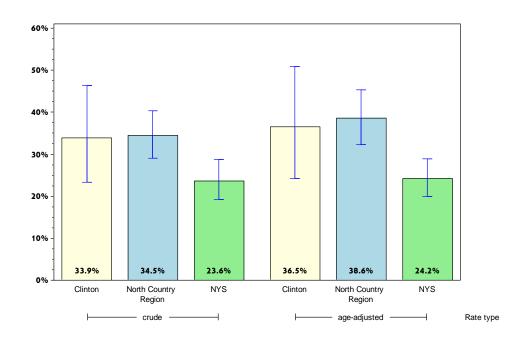
<sup>&</sup>amp; Percent is age-adjusted to the 2000 United States Population.

<sup>#</sup> Rates with <10 in the numerator or <50 in the denominator are suppressed.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

#### **Prevent Chronic Diseases**

#### Percentage of adults with annual household income less than \$25,000 who are current smokers



#### **Clinton County North Country** Est. # of Est. # of **Adults Adults** Percent 95% CI **Percent** 95% CI 33.9 **Total** 6,104 (23.3-46.3)20,863 34.5 (29.0-40.4)Age 18-24 # # 25-34 # 38.1 3,373 (21.7-57.9)35-44 # # 45-64 2,394 42.3 (26.0-60.4)9,634 49.1 (40.4-57.7)65+ 1,911 # 11.7 (7.6-17.5)Race White, NH 4,338 27.5 (17.5-40.5)16,783 32.6 (26.9 - 38.8)Black, NH # # Hispanic # # Other, NH # # Sex male 2,865 41.5 (24.8-60.5)7,341 28.5 (20.3-38.4)female 3,239 29.1 13,522 (17.0-45.1)38.9 (32.1-46.2)Age-adjusted<sup>&</sup> 36.5 (24.1-50.9)38.6 (32.3-45.3)

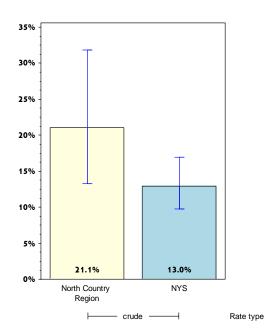
<sup>&</sup>amp; Percent is age-adjusted to the 2000 United States Population.

<sup>#</sup> Rates with <10 in the numerator or <50 in the denominator are suppressed.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

# **Prevent Chronic Diseases**

# Percentage of adults aged 18-24 years who are current smokers



	Clinton County			North Country			
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI	
Total		#		7,759	21.1^	(13.3-31.8)	
Age⁺							
18-24							
25-34							
35-44							
45-64							
65+							
Race							
White, NH		#		6,162	20.5^	(12.3-32.3)	
Black, NH		#			#		
Hispanic		#			#		
Other, NH		#			#		
Sex							
male		#		6,217	26.2^	(14.8-42.1)	
female		#		1,542	11.8^	(5.8-22.4)	
Age-adjusted+,&							

<sup>&</sup>amp; Percent is age-adjusted to the 2000 United States Population.

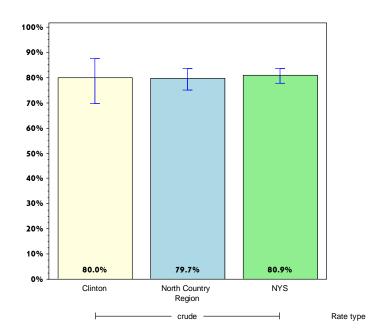
<sup>+</sup> Age-adjusted and age specific percent not generated for health indicators with age range limits.

<sup>#</sup> Rates with <10 in the numerator or <50 in the denominator are suppressed.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

#### **Prevent Chronic Diseases**

Percentage of women aged 50-74 years receiving breast cancer screening based on recent guidelines\*



	CI	inton Cour	nty	North Country		
_	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	8,703	80.0^	(69.6-87.4)	36,651	79.7	(75.1-83.6)
Age <sup>+</sup>						
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH	8,141	78.9^	(68.1-86.7)	32,120	79.1	(74.5-83.0)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male		#			#	
female	8,703	80.0^	(69.6-87.4)	36,651	79.7	(75.1-83.6)
Age-adjusted <sup>+,&amp;</sup>						

<sup>\*</sup> Mammogram within past 2 years.

<sup>&</sup>amp; Percent is age-adjusted to the 2000 United States Population.

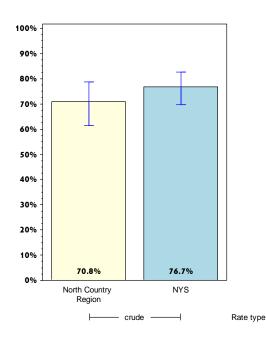
<sup>+</sup> Age-adjusted and age specific percent not generated for health indicators with age range limits.

<sup>#</sup> Rates with <10 in the numerator or <50 in the denominator are suppressed.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

#### **Prevent Chronic Diseases**

Percentage of women aged 50-74 years with annual household income of less than \$25,000 receiving breast cancer screening based on recent guidelines\*



	Clinton County			North Country			
_	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI	
Total		#		10,027	70.8	(61.5-78.6)	
Age <sup>+</sup>							
18-24							
25-34							
35-44							
45-64							
65+							
Race							
White, NH		#		8,429	71.3	(61.5-79.5)	
Black, NH		#			#		
Hispanic		#			#		
Other, NH		#			#		
Sex							
male		#			#		
female		#		10,027	70.8	(61.5-78.6)	
Age-adjusted+,&							

<sup>\*</sup> Mammogram within past 2 years.

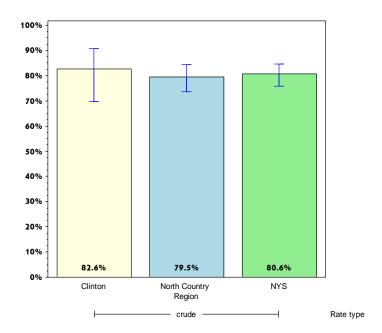
<sup>&</sup>amp; Percent is age-adjusted to the 2000 United States Population.

<sup>+</sup> Age-adjusted and age specific percent not generated for health indicators with age range limits.

<sup>#</sup> Rates with <10 in the numerator or <50 in the denominator are suppressed.

#### **Prevent Chronic Diseases**

Percentage of women aged 21-65 years receiving cervical cancer screening based on recent guidelines\*



	Cl	inton Cour	nty	North Country		
_	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	19,985	82.6^	(69.7-90.7)	66,440	79.5	(73.7-84.3)
Age⁺						
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH	18,893	84.8^	(72.2-92.3)	60,761	83.0	(78.4-86.7)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male		#			#	
female	19,985	82.6	(69.7-90.7)	66,440	79.5	(73.7-84.3)
Age-adjusted+,&						

<sup>\*</sup> Pap test within past 3 years.

<sup>&</sup>amp; Percent is age-adjusted to the 2000 United States Population.

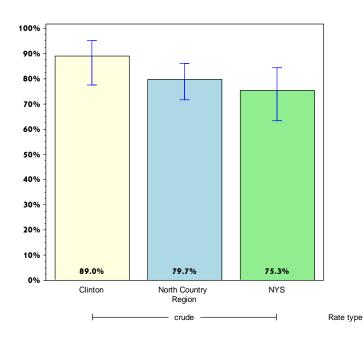
<sup>+</sup> Age-adjusted and age specific percent not generated for health indicators with age range limits.

<sup>#</sup> Rates with <10 in the numerator or <50 in the denominator are suppressed.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

#### **Prevent Chronic Diseases**

Percentage of women aged 21-65 years with annual household income of less than \$25,000 receiving cervical cancer screening based on recent guidelines\*



	Clinton County			North Country		
_	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	6,728	89.0^	(77.4-95.0)	18,029	79.7	(71.7-85.9)
Age <sup>+</sup>						
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH		#		15,460	79.3	(70.4-86.1)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male		#			#	
female	6,728	89.0^	(77.4-95.0)	18,029	79.7	(71.7-85.9)
Age-adjusted+,&						

<sup>\*</sup> Pap test within past 3 years.

<sup>&</sup>amp; Percent is age-adjusted to the 2000 United States Population.

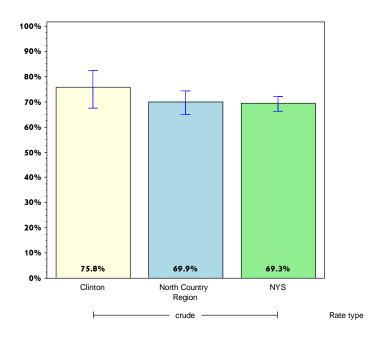
<sup>+</sup> Age-adjusted and age specific percent not generated for health indicators with age range limits.

<sup>#</sup> Rates with <10 in the numerator or <50 in the denominator are suppressed.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

#### **Prevent Chronic Diseases**

Percentage of adults aged 50-75 years receiving colorectal cancer screening based on recent guidelines\*



	Clinton County			North Country		
_	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total Age⁺	18,041	75.8	(67.6-82.4)	66,203	69.9	(65.1-74.2)
18-24						
25-34 35-44						
45-64 65+						
Race						
White, NH Black, NH Hispanic Other, NH	16,116	76.7 # # #	(69.2-82.8)	58,021	71.0 # # #	(67.4-74.3)
Sex		-				
male female	9,492 8,549	74.3 <sup>^</sup> 77.4	(60.9-84.4) (68.3-84.5)	33,025 33,179	67.6 72.3	(59.7-74.6) (67.4-76.7)
Age-adjusted+,&						

<sup>\*</sup> Blood stool test within 1 year, or sigmoidoscopy within 5 years with blood stool test within 3 years, or colonoscopy within 10 years.

<sup>&</sup>amp; Percent is age-adjusted to the 2000 United States Population.

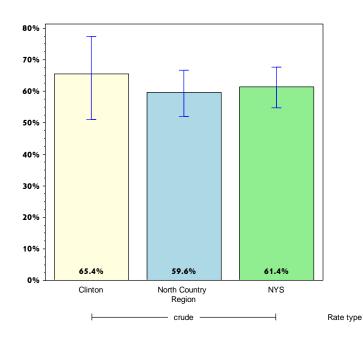
<sup>+</sup> Age-adjusted and age specific percent not generated for health indicators with age range limits.

<sup>#</sup> Rates with <10 in the numerator or <50 in the denominator are suppressed.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

#### **Prevent Chronic Diseases**

Percentage of adults aged 50-75 years with annual household income less than \$25,000 receiving colorectal cancer screening based on recent guidelines\*



	Clinton County			North Country		
_	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total Age⁺	4,160	65.4^	(51.1-77.4)	14,192	59.6	(52.1-66.8)
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH	3,691	64.2	(49.1-76.9)	12,204	59.4	(51.4-66.9)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male		#		5,411	54.2	(42.0-66.0)
female		#		8,781	63.5	(54.3-71.8)
Age-adjusted+,&						

<sup>\*</sup> Blood stool test within 1 year, or sigmoidoscopy within 5 years with blood stool test within 3 years, or colonoscopy within 10 years.

<sup>&</sup>amp; Percent is age-adjusted to the 2000 United States Population.

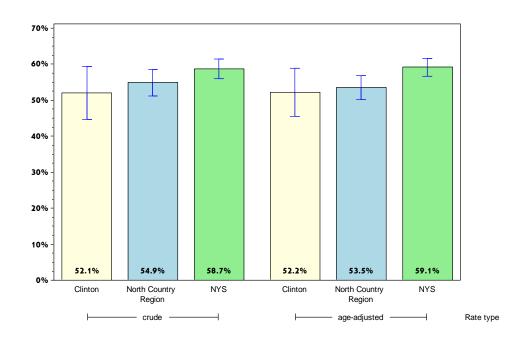
<sup>+</sup> Age-adjusted and age specific percent not generated for health indicators with age range limits.

<sup>#</sup> Rates with <10 in the numerator or <50 in the denominator are suppressed.

 $<sup>^{\</sup>updayscript{A}}$  Highly variable rate (confidence interval with a half-width greater than 10).

#### **Prevent Chronic Diseases**

# Percentage of adults who had a test for high blood sugar or diabetes within the past three years



	Clinton County			1	North Coun	try
_	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	30,766	52.1	(44.6-59.4)	118,562	54.9	(51.1-58.6)
Age						
18-24		#		9,729	28.2	(18.2-40.9)
25-34		#		12,071	41.2	(32.2-50.9)
35-44		#		15,058	45.5	(37.6-53.7)
45-64	13,109	68.2	(58.3-76.6)	53,957	67.5	(62.4-72.3)
65+	5,734	62.7	(51.0-73.0)	27,414	71.5	(66.8-75.8)
Race						
White, NH	28,550	53.5	(45.7-61.1)	106,468	56.6	(52.9-60.1)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#		4,889	40.8	(22.0-62.7)
Sex						
male	13,264	44.9^	(34.8-55.4)	56,518	50.9	(45.3-56.6)
female	17,502	59.2^	(49.1-68.6)	62,044	59.0	(54.4-63.5)
Age-adjusted <sup>&amp;</sup>		52.2	(45.4-58.9)		53.5	(50.2-56.8)

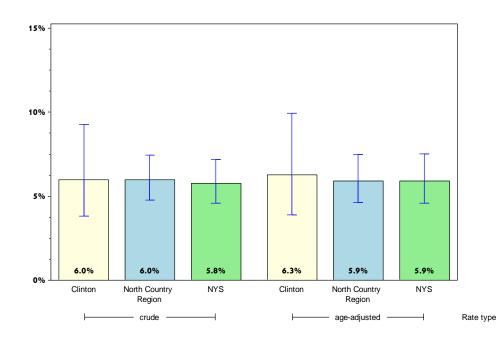
<sup>&</sup>amp; Percent is age-adjusted to the 2000 United States Population.

<sup>#</sup> Rates with <10 in the numerator or <50 in the denominator are suppressed.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

#### **Prevent Chronic Diseases**

#### Percentage of adults with physician-diagnosed prediabetes



#### **Clinton County North Country** Est. # of Est. # of **Adults Adults Percent** 95% CI **Percent** 95% CI **Total** 3,497 6.0 (3.8-9.3)13,102 6.0 (4.8-7.5)Age 18-24 # # 25-34 # # 35-44 # # 45-64 1,661 8.8 (5.2-14.8)5,532 6.9 (5.1-9.2)65+ 991 11.1 (5.4-21.6)4,811 12.5 (8.9-17.3)Race White, NH 3,214 6.1 (3.8-9.7)12,050 6.3 (5.0-7.9)Black, NH # # Hispanic # # Other, NH # # Sex male 1,469 5.0 (2.5-9.8)6,408 5.7 (4.1-7.8)female 2,027 7.0 6,695 6.3 (3.9-12.3)(4.6-8.6)Age-adjusted<sup>&</sup> 6.3 (3.9-9.9)5.9 (4.6-7.5)

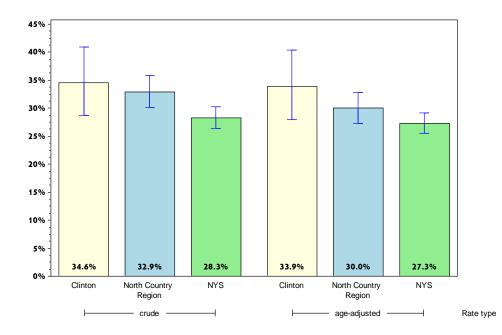
<sup>&</sup>amp; Percent is age-adjusted to the 2000 United States Population.

<sup>#</sup> Rates with <10 in the numerator or <50 in the denominator are suppressed.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

## Prevent Chronic Diseases

# Percentage of adults with physician-diagnosed high blood pressure



	Clinton County			I	North Coun	itry
_	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	22,924	34.6	(28.7-40.9)	80,985	32.9	(30.1-35.9)
Age						
18-24		#			#	
25-34		#		5,394	17.8^	(10.0-29.7)
35-44	1,759	17.6	(8.6-32.5)	6,113	17.6	(12.8-23.6)
45-64	10,306	44.1	(35.6-53.0)	35,673	38.5	(34.1-43.1)
65+	7,032	60.4	(49.9-70.1)	31,079	62.1	(57.8-66.2)
Race						
White, NH	19,988	33.7	(27.7-40.4)	71,982	33.6	(30.8-36.6)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#		4,627	32.1	(19.7-47.7)
Sex						
male	12,392	36.4	(27.9-45.7)	44,134	34.7	(30.4-39.3)
female	10,531	32.7	(24.9-41.4)	36,851	31.0	(27.6-34.7)
Age-adjusted <sup>&amp;</sup>		33.9	(28.0-40.4)		30.0	(27.3-32.8)

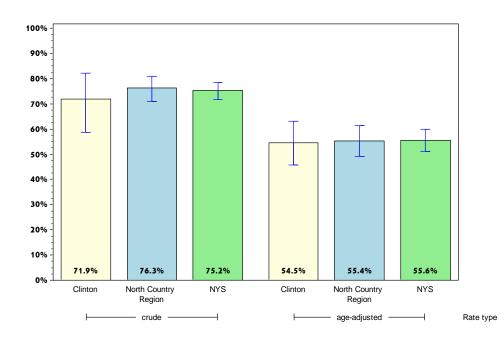
<sup>&</sup>amp; Percent is age-adjusted to the 2000 United States Population.

<sup>#</sup> Rates with <10 in the numerator or <50 in the denominator are suppressed.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

#### **Prevent Chronic Diseases**

## Percentage of adults with diagnosed high blood pressure taking high blood pressure medication



	Clinton County			I	North Coun	try
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total Age	16,407	71.9^	(58.8-82.2)	61,682	76.3	(70.9-81.0)
18-24		#			#	
25-34		#			#	
35-44		#		3,142	51.4	(35.3-67.2)
45-64	8,227	79.8^	(67.6-88.3)	27,315	76.6	(70.0-82.0)
65+	7,015	99.8	(98.3- 100.0)	29,298	94.4	(91.1-96.6)
Race						
White, NH	14,673	73.8^	(59.3-84.5)	55,009	76.6	(70.8-81.5)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male	8,568	69.8^	(51.8-83.2)	31,730	72.1	(64.0-78.9)
female	7,839	74.4^	(53.9-87.9)	29,952	81.4	(74.2-87.0)
Age-adjusted <sup>&amp;</sup>		54.5	(45.6-63.1)		55.4	(49.2-61.3)

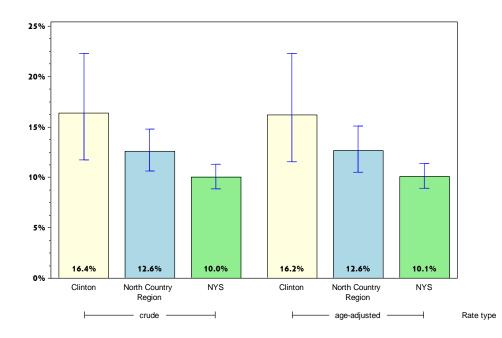
<sup>&</sup>amp; Percent is age-adjusted to the 2000 United States Population.

<sup>#</sup> Rates with <10 in the numerator or <50 in the denominator are suppressed.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

## Prevent Chronic Diseases

## Percentage of adults with current asthma\*



	Cl	linton Cour	nty	North Country			
_	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI	
Total	10,790	16.4	(11.8-22.3)	30,846	12.6	(10.7-14.8)	
Age							
18-24		#		4,764	12.9^	(6.8-23.2)	
25-34		#		3,671	12.1	(6.2-22.3)	
35-44		#		4,602	13.3	(9.0-19.1)	
45-64	3,916	16.9	(11.4-24.2)	11,755	12.8	(10.2-15.9)	
65+	1,711	14.7	(9.3-22.3)	5,923	11.8	(9.3-14.9)	
Race							
White, NH	10,122	17.2	(12.2-23.7)	28,154	13.2	(11.1-15.6)	
Black, NH		#			#		
Hispanic		#			#		
Other, NH		#		1,056	7.3	(3.4-15.0)	
Sex							
male	3,455	10.2	(6.3-15.9)	11,063	8.7	(6.6-11.5)	
female	7,335	22.9^	(15.1-33.1)	19,783	16.7	(13.7-20.3)	
e-adjusted <sup>&amp;</sup>		16.2	(11.5-22.3)		12.6	(10.5-15.1)	

<sup>\*</sup> Physician diagnosed asthma.

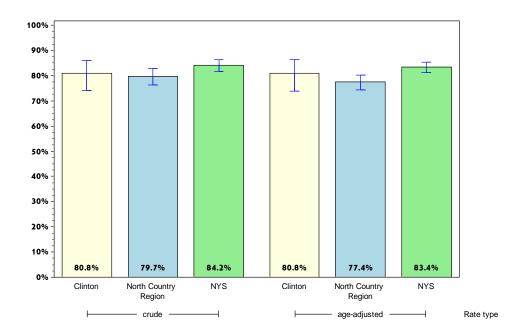
<sup>&</sup>amp; Percent is age-adjusted to the 2000 United States Population.

<sup>#</sup> Rates with <10 in the numerator or <50 in the denominator are suppressed.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

## Prevent Chronic Diseases

## Percent of adults with cholesterol checked\*



	Clinton County			North Country		
_	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	53,273	80.8	(74.1-86.1)	192,776	79.7	(76.2-82.9)
Age						
18-24		#		12,967	36.8	(24.9-50.5)
25-34		#		17,273	58.8	(48.9-68.1)
35-44	8,256	82.4	(60.9-93.4)	27,030	79.4	(71.6-85.4)
45-64	21,631	93.0	(87.1-96.4)	86,788	94.0	(91.3-95.8)
65+	11,140	96.6	(92.5-98.5)	47,750	96.4	(94.9-97.6)
Race						
White, NH	49,055	83.4	(76.7-88.5)	169,614	80.8	(77.4-83.9)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#		10,761	74.8^	(56.0-87.4)
Sex						
male	27,082	79.7	(70.8-86.4)	94,035	75.4	(69.5-80.4)
female	26,191	82.0^	(71.1-89.4)	98,741	84.4	(80.6-87.6)
Age-adjusted <sup>&amp;</sup>		80.8	(73.9-86.3)		77.4	(74.3-80.2)

<sup>\*</sup> As diagnosed by a health professional.

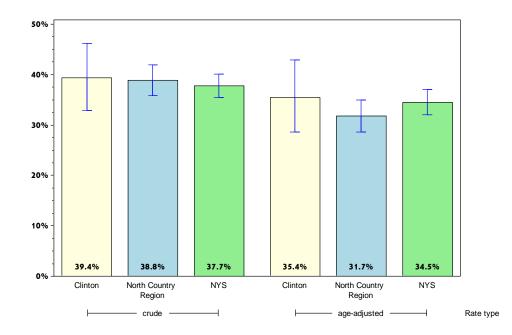
<sup>&</sup>amp; Percent is age-adjusted to the 2000 United States Population.

<sup>#</sup> Rates with <10 in the numerator or <50 in the denominator are suppressed.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

# **Prevent Chronic Diseases**

# Percentage of adults 18 years and older with elevated cholesterol\*



	Clinton County			ſ	North Coun	itry
_	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	20,963	39.4	(32.9-46.2)	74,553	38.8	(35.8-42.0)
Age						
18-24		#			#	
25-34		#		3,314	19.2^	(9.9-34.0)
35-44		#		6,778	25.1	(18.4-33.2)
45-64	10,461	48.4	(39.2-57.6)	35,468	41.0	(36.4-45.8)
65+	6,481	58.4	(47.8-68.2)	28,575	60.3	(55.8-64.7)
Race						
White, NH	19,757	40.3	(33.5-47.5)	67,637	40.0	(37.0-43.1)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#		3,179	29.5	(16.8-46.6)
Sex						
male	11,534	42.6	(32.5-53.5)	39,982	42.7	(37.9-47.6)
female	9,430	36.0	(28.5-44.2)	34,571	35.1	(31.4-39.0)
Age-adjusted <sup>&amp;</sup>		35.4	(28.6-42.9)		31.7	(28.7-35.0)

<sup>\*</sup> As diagnosed by a health professional.

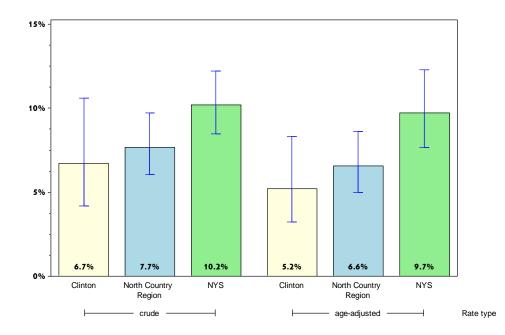
<sup>&</sup>amp; Percent is age-adjusted to the 2000 United States Population.

<sup>#</sup> Rates with <10 in the numerator or <50 in the denominator are suppressed.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

#### **Prevent Chronic Diseases**

Percentage of adults who have taken a course or class to learn how to manage their chronic disease or condition\*



	Clinton County			North Country		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total Age	2,546	6.7	(4.2-10.6)	9,988	7.7	(6.0-9.7)
18-24		#			#	
25-34 35-44		# #			# #	
45-64	1,858	11.1	(6.3-18.8)	5,290	9.3	(6.7-12.7)
65+ <b>Race</b>		#		3,094	7.9	(5.2-12.0)
White, NH Black, NH	2,266	6.7 #	(4.1-10.9)	8,517	7.3 #	(5.6-9.4)
Hispanic Other, NH <b>Sex</b>		#			#	
male female	1,186 1,360	6.4 7.0	(3.1-13.1) (3.9-12.3)	4,706 5,283	7.4 7.9	(5.0-10.9) (6.0-10.4)
Age-adjusted <sup>&amp;</sup>		5.2	(3.2-8.3)		6.6	(5.0-8.6)

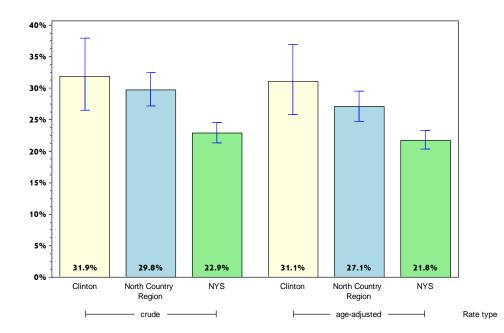
<sup>\*</sup> Courses for high blood pressure, arthritis, or diabetes.

<sup>&</sup>amp; Percent is age-adjusted to the 2000 United States Population.

<sup>#</sup> Rates with <10 in the numerator or <50 in the denominator are suppressed.

## Prevent Chronic Diseases

## Percentage of adults with arthritis\*



	Clinton County			North Country		
_	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	21,111	31.9	(26.5-37.9)	73,148	29.8	(27.2-32.4)
Age						
18-24		#			#	
25-34		#		3,273	10.8	(5.6-20.0)
35-44	2,146	21.4	(10.7-38.3)	6,894	19.8	(14.5-26.4)
45-64	11,431	49.1	(40.4-57.9)	35,034	37.9	(33.5-42.4)
65+	5,803	49.8	(39.7-59.9)	26,699	53.3	(48.8-57.7)
Race						
White, NH	18,798	31.8	(26.2-38.1)	65,059	30.4	(27.9-33.1)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#		4,661	32.5	(20.0-48.1)
Sex						
male	10,415	30.6	(22.6-40.1)	32,111	25.3	(21.7-29.3)
female	10,696	33.3	(26.5-40.9)	41,037	34.6	(31.2-38.1)
Age-adjusted <sup>&amp;</sup>		31.1	(25.8-36.9)		27.1	(24.7-29.5)

<sup>\*</sup> Includes rheumatoid arthritis, gout, lupus, or fibromyalgia.

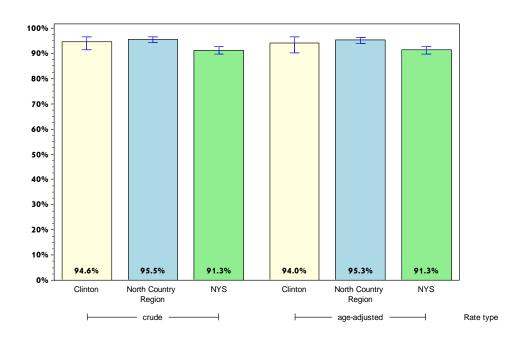
<sup>&</sup>amp; Percent is age-adjusted to the 2000 United States Population.

<sup>#</sup> Rates with <10 in the numerator or <50 in the denominator are suppressed.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

## Promote a Healthy and Safe Environment

Percentage of adults who consider their neighborhood suitable for walking and physical activity



	Clinton County			North Country		
_	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	59,766	94.6	(91.5-96.6)	222,821	95.5	(94.3-96.4)
Age						
18-24		#		34,874	98.6	(95.5-99.6)
25-34		#		26,562	92.4	(86.7-95.7)
35-44		#		31,219	95.2	(90.2-97.7)
45-64	21,365	93.0	(87.5-96.2)	84,111	95.1	(92.9-96.6)
65+	10,165	97.6	(94.5-99.0)	45,338	96.4	(94.8-97.5)
Race						
White, NH	53,062	94.4	(91.0-96.6)	194,850	95.4	(94.1-96.4)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#		11,350	92.4	(80.5-97.3)
Sex						
male	30,762	96.9	(92.9-98.7)	116,192	97.1	(95.5-98.1)
female	29,004	92.3	(86.8-95.6)	106,629	93.8	(91.8-95.3)
Age-adjusted <sup>&amp;</sup>		94.0	(90.1-96.4)		95.3	(93.8-96.4)

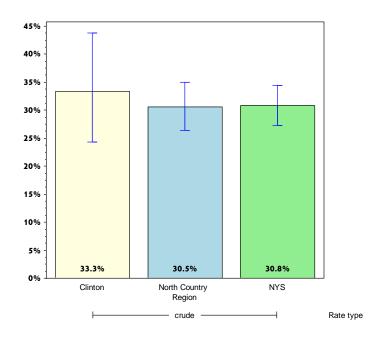
<sup>&</sup>amp; Percent is age-adjusted to the 2000 United States Population.

<sup>#</sup> Rates with <10 in the numerator or <50 in the denominator are suppressed.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

## Promote a Health and Safe Environment

## Percentage of adults aged 65+ years with at least one fall in the past 12 months



	Clinton County			North Country		
_	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	3,684	33.3^	(24.3-43.8)	14,556	30.5	(26.4-35.0)
Age⁺						
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH	3,548	32.7	(23.7-43.2)	13,203	29.9	(25.7-34.3)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male	2,034	37.5 <sup>^</sup>	(23.2-54.3)	7,014	30.6	(24.1-38.1)
female	1,650	29.3	(19.1-42.3)	7,542	30.4	(25.7-35.7)
Age-adjusted+,&						

<sup>&</sup>amp; Percent is age-adjusted to the 2000 United States Population.

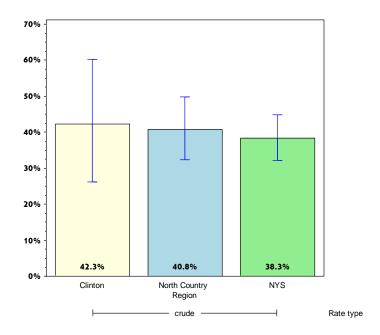
<sup>+</sup> Age-adjusted and age specific percent not generated for health indicators with age range limits.

<sup>#</sup> Rates with <10 in the numerator or <50 in the denominator are suppressed.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

## Promote a Health and Safe Environment

Among adults aged 65+ years with at least one fall in the past 12 months, percent that resulted in injury\*



	CI	inton Cour	ity	North Country		
_	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	1,557	42.3^	(26.2-60.2)	5,938	40.8	(32.4-49.8)
Age <sup>+</sup>						
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH	1,557	43.9	(27.3-61.9)	5,210	39.5	(31.0-48.6)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male		#		3,059	43.6	(29.9-58.4)
female		#		2,879	38.2	(29.3-48.0)
Age-adjusted <sup>+,&amp;</sup>						

<sup>\*</sup> Falls that limited regular activities or lead to doctor visits.

<sup>&</sup>amp; Percent is age-adjusted to the 2000 United States Population.

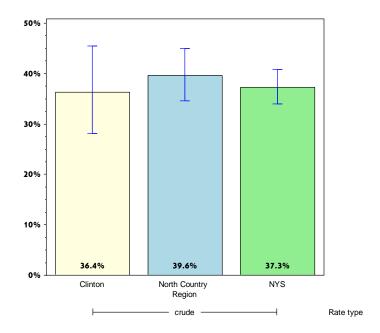
<sup>+</sup> Age-adjusted and age specific percent not generated for health indicators with age range limits.

<sup>#</sup> Rates with <10 in the numerator or <50 in the denominator are suppressed.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

## Prevent HIV/STDs, Vaccine Preventable Diseases and Healthcare-Associated Infections

## Percentage of adults aged 47-68 years reporting ever tested for Hepatitis C (HCV)



	Clinton County			North Country		
_	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	7,756	36.4	(28.1-45.5)	32,843	39.6	(34.6-44.9)
Age⁺						
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH	7,038	37.8	(29.2-47.2)	26,791	38.0	(33.9-42.3)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male	5,452	45.7	(32.6-59.3)	21,469	49.2	(41.4-57.0)
female	2,303	24.5	(16.2-35.3)	11,374	29.0	(24.0-34.6)
Age-adjusted <sup>+,&amp;</sup>						

<sup>&</sup>amp; Percent is age-adjusted to the 2000 United States Population.

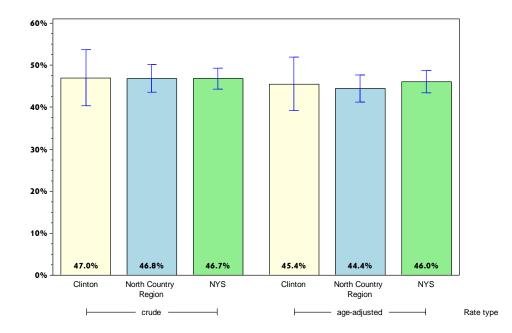
<sup>+</sup> Age-adjusted and age specific percent not generated for health indicators with age range limits.

<sup>#</sup> Rates with <10 in the numerator or <50 in the denominator are suppressed.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

## Prevent HIV/STDs, Vaccine Preventable Diseases and Healthcare-Associated Infections

## Percentage of adults aged 18+ years with flu immunization in the past year\*



	Clinton County			North Country		
_	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	30,035	47.0	(40.4-53.7)	110,154	46.8	(43.5-50.1)
Age						
18-24		#		12,030	34.2	(23.1-47.3)
25-34		#		11,377	39.5	(30.4-49.4)
35-44		#		9,920	30.2	(23.6-37.7)
45-64	10,486	45.4	(36.8-54.4)	40,255	45.2	(40.5-49.9)
65+	9,006	81.5	(73.6-87.5)	35,970	74.4	(70.0-78.3)
Race						
White, NH	28,195	49.5	(42.5-56.5)	100,613	48.8	(45.6-52.1)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#		5,223	42.4	(26.5-60.0)
Sex						
male	13,733	42.7	(33.5-52.4)	47,885	39.6	(35.0-44.4)
female	16,302	51.3	(42.2-60.3)	62,269	54.4	(50.2-58.7)
Age-adjusted <sup>&amp;</sup>		45.4	(39.1-51.9)		44.4	(41.2-47.7)

<sup>\*</sup> Includes flu shot or flu spray

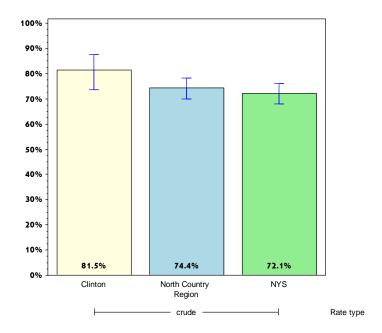
<sup>&</sup>amp; Percent is age-adjusted to the 2000 United States Population.

<sup>#</sup> Rates with <10 in the numerator or <50 in the denominator are suppressed.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

## Prevent HIV/STDs, Vaccine Preventable Diseases and Healthcare-Associated Infections

## Percentage of adults aged 65+ years with flu immunization in the past year\*



	CI	inton Cour	nty	North Country		
_	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	9,006	81.5	(73.6-87.5)	35,970	74.4	(70.0-78.3)
Age <sup>+</sup>						
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH	8,793	81.2	(73.1-87.2)	33,589	75.0	(70.6-78.9)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male	4,655	85.8	(72.8-93.1)	17,159	73.6	(66.0-80.1)
female	4,351	77.4	(66.5-85.5)	18,811	75.1	(70.2-79.4)
Age-adjusted+,&						

<sup>\*</sup> Includes flu shot or flu spray

<sup>&</sup>amp; Percent is age-adjusted to the 2000 United States Population.

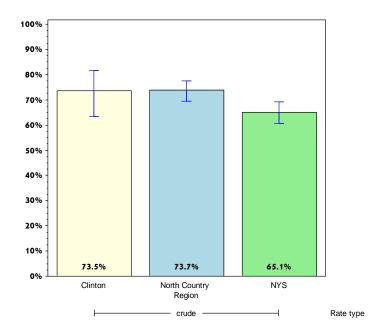
<sup>+</sup> Age-adjusted and age specific percent not generated for health indicators with age range limits.

<sup>#</sup> Rates with <10 in the numerator or <50 in the denominator are suppressed.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

## Prevent HIV/STDs, Vaccine Preventable Diseases and Healthcare-Associated Infections

## Percentage of adults aged 65+ years with pneumococcal immunization



	Clinton County			North Country		
_	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	8,054	73.5^	(63.3-81.8)	34,235	73.7	(69.5-77.5)
Age <sup>+</sup>						
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH	7,918	73.7	(63.3-82.0)	31,731	73.7	(69.4-77.6)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male	3,837	71.1	(53.8-83.8)	15,735	70.0	(62.7-76.4)
female	4,217	76.0^	(63.8-85.0)	18,500	77.3	(72.6-81.3)
Age-adjusted <sup>+,&amp;</sup>						

<sup>&</sup>amp; Percent is age-adjusted to the 2000 United States Population.

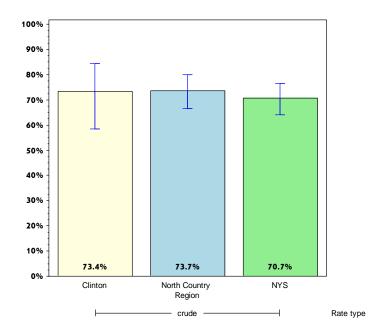
<sup>+</sup> Age-adjusted and age specific percent not generated for health indicators with age range limits.

<sup>#</sup> Rates with <10 in the numerator or <50 in the denominator are suppressed.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

## Promote Healthy Women, Infants, and Children

## Percentage of women aged 18-44 years who had dental visit within the last year



	Clinton County			North Country		
_	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	11,092	73.4^	(58.5-84.4)	32,535	73.7	(66.4-79.8)
Age <sup>+</sup>						
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH	9,810	71.2	(55.4-83.1)	28,511	72.7	(65.2-79.1)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male		#			#	
female	11,092	73.4	(58.5-84.4)	32,535	73.7	(66.4-79.8)
Age-adjusted <sup>+,&amp;</sup>						

<sup>&</sup>amp; Percent is age-adjusted to the 2000 United States Population.

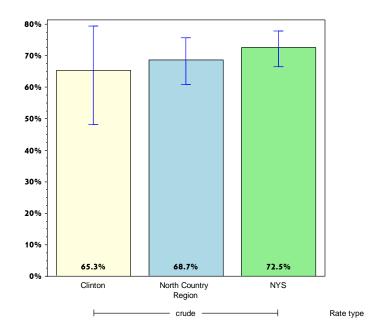
<sup>+</sup> Age-adjusted and age specific percent not generated for health indicators with age range limits.

<sup>#</sup> Rates with <10 in the numerator or <50 in the denominator are suppressed.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

## Promote Healthy Women, Infants, and Children

Women aged 18-44 years who saw a doctor for a routine checkup within the last year



	Clinton County			North Country		
_	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	10,286	65.3^	(48.1-79.3)	31,701	68.7	(60.8-75.7)
Age <sup>+</sup>						
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH	10,163	70.7	(52.9-83.8)	28,928	70.4	(62.6-77.2)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male		#			#	
female	10,286	65.3	(48.1-79.3)	31,701	68.7	(60.8-75.7)
Age-adjusted <sup>+,&amp;</sup>						

<sup>&</sup>amp; Percent is age-adjusted to the 2000 United States Population.

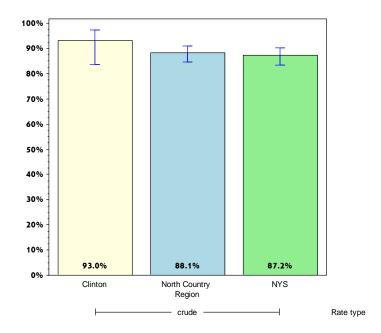
<sup>+</sup> Age-adjusted and age specific percent not generated for health indicators with age range limits.

<sup>#</sup> Rates with <10 in the numerator or <50 in the denominator are suppressed.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

## Promote Healthy Women, Infants, and Children

## Percentage of women aged 18-64 years with health care coverage



	CI	inton Cour	ity	North Country		
_	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	24,553	93.0	(83.5-97.2)	81,591	88.1	(84.6-91.0)
Age⁺						
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH	22,490	92.4	(82.2-97.0)	71,891	88.3	(84.7-91.2)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male		#			#	
female	24,553	93.0	(83.5-97.2)	81,591	88.1	(84.6-91.0)
Age-adjusted <sup>+,&amp;</sup>						

<sup>&</sup>amp; Percent is age-adjusted to the 2000 United States Population.

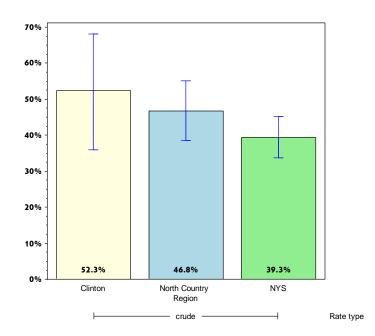
<sup>+</sup> Age-adjusted and age specific percent not generated for health indicators with age range limits.

<sup>#</sup> Rates with <10 in the numerator or <50 in the denominator are suppressed.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

## Promote Healthy Women, Infants, and Children

Percentage of women aged 18-44 years whose health care provider discussed planning a healthy pregnancy



	Clinton County			North Country		
_	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	8,126	52.3^	(36.0-68.1)	20,534	46.8	(38.5-55.2)
Age <sup>+</sup>						
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH	7,792	54.9^	(37.8-70.9)	18,718	48.1	(39.5-56.7)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male		#			#	
female	8,126	52.3	(36.0-68.1)	20,534	46.8	(38.5-55.2)
Age-adjusted <sup>+,&amp;</sup>						

<sup>&</sup>amp; Percent is age-adjusted to the 2000 United States Population.

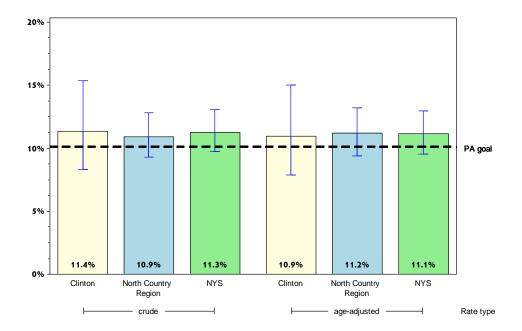
<sup>+</sup> Age-adjusted and age specific percent not generated for health indicators with age range limits.

<sup>#</sup> Rates with <10 in the numerator or <50 in the denominator are suppressed.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

#### Promote Mental Health and Prevention Substance Abuse

#### Percentage of adults with poor mental health for 14 or more days in the last month



#### **Clinton County North Country** Est. # of Est. # of **Adults Adults Percent** 95% CI **Percent** 95% CI **Total** 7,433 11.4 (8.3-15.3)26,594 10.9 (9.3-12.8)Age 18-24 4,035 # 10.9 (6.0-19.0)25-34 # 4,055 (8.7-20.2)13.4 35-44 # 3,975 (7.7-17.0)11.6 45-64 3,668 16.2 (10.9-23.6)11,488 12.6 (10.0-15.6)65+ # 2,947 6.0 (4.0-8.8)Race White, NH 6,628 11.3 (8.1-15.5)22,928 10.8 (9.1-12.8)Black, NH # # Hispanic # # Other, NH # 1,840 13.3 (7.0-24.1)Sex male 2,587 7.8 (4.5-13.1)10,174 8.1 (6.0-10.9)female 4,846 16,419 15.1 (10.3-21.6)13.9 (11.5-16.7)Age-adjusted<sup>&</sup> 10.9 (7.9-15.0)11.2 (9.4-13.2)

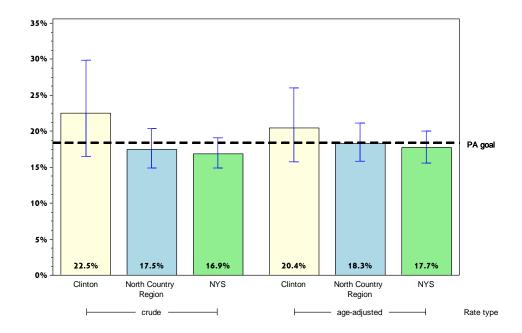
<sup>&</sup>amp; Percent is age-adjusted to the 2000 United States Population.

<sup>#</sup> Rates with <10 in the numerator or <50 in the denominator are suppressed.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

# Promote Mental Health and Prevention Substance Abuse

## Percentage of adult binge drinking during the past month\*



	Clinton County			North Country		
_	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	14,614	22.5	(16.5-29.9)	40,850	17.5	(14.9-20.4)
Age						
18-24		#		12,835	37.0^	(25.1-50.6)
25-34		#		6,170	21.4	(15.7-28.6)
35-44		#		6,989	20.8	(15.0-28.1)
45-64	3,846	16.9	(11.3-24.6)	12,611	14.3	(11.6-17.6)
65+		#		2,218	4.6	(3.2-6.6)
Race						
White, NH	12,857	22.2	(15.8-30.1)	37,011	18.0	(15.2-21.1)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#		2,005	15.5	(7.9-28.0)
Sex						
male	10,655	31.9	(22.5-43.2)	29,018	24.4	(20.1-29.3)
female	3,959	12.6	(7.0-21.4)	11,832	10.3	(8.0-13.2)
Age-adjusted <sup>&amp;</sup>		20.4	(15.8-26.0)		18.3	(15.8-21.1)

 $<sup>\</sup>ensuremath{^{*}}$  Men who have five or more drinks , women having four or more drinks on one occasion

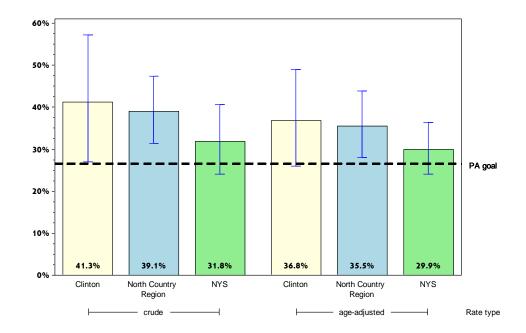
<sup>&</sup>amp; Percent is age-adjusted to the 2000 United States Population.

<sup>#</sup> Rates with <10 in the numerator or <50 in the denominator are suppressed.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

# Promote Mental Health and Prevention Substance Abuse

## Percentage of cigarette smoking among adults who report poor mental health



	Clinton County			North Country		
_	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	3,067	41.3^	(27.0-57.1)	10,221	39.1	(31.3-47.4)
Age						
18-24		#			#	
25-34		#			#	
35-44		#			#	
45-64		#		5,474	47.7	(36.5-59.0)
65+		#			#	
Race						
White, NH	2,262	34.1	(20.4-51.2)	8,398	37.3	(29.3-46.2)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male		#		3,234	32.7	(21.0-47.2)
female		#		6,987	42.9	(33.5-52.8)
Age-adjusted <sup>&amp;</sup>		36.8^	(26.0-49.0)		35.5	(28.1-43.8)

<sup>&</sup>amp; Percent is age-adjusted to the 2000 United States Population.

<sup>#</sup> Rates with <10 in the numerator or <50 in the denominator are suppressed.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).