eBRFSS 2013-2014 Health Indicators: Broome

General Description	
Improve Health Status and Reduce Health Disparities	
Percentage of adults who did not receive medical care because of cost	3
Percentage of adults who have a regular health care provider	
Percentage of adults who had a dentist visit within the past year	5
Percentage of adults living with a disability	6
Percentage of adults aged 18-64 years with healthcare coverage	7
Percentage of adults aged 18-64 years who saw a doctor for a routine checkup within the last year	8
Percentage of adults experiencing housing insecurity in the past 12 months	9
Percentage of adults experiencing food insecurity in the past 12 months	
Percentage of adults with poor self-reported health	
Percentage of adults who report 14 or more days of poor physical health	
Prevent Chronic Diseases	
Percentage of adults who are obese	
Percentage of adults with an annual household income less than \$25,000 who are obese	
Percentage of adults living with a disability who are obese	
Percentage of adults overweight or obese	
Percentage of adults who participated in leisure time physical activity in the past 30 days	
Percentage of adults who consume one or more sugary drinks daily	
Percentage of adults who consume fast-food three or more times per week	
Percentage of adults with physician diagnosed diabetes	
Percentage of adults who are current smokers	
Percentage of adults with annual household income less than \$25,000 who are current smokers	
Percentage of adults with aimdar household income less than \$25,000 who are current smokers	
Percentage of women aged 50-74 years receiving breast cancer screening based on recent guidelines	
Percentage of women aged 50-74 years with annual household income of less than \$25,000 receiving breast cancer	
guidelinesguidelines	
Percentage of women aged 21-65 years receiving cervical cancer screening based on recent guidelines	
Percentage of women aged 21-65 years with annual household income of less than \$25,000 receiving cervical cancer.	
guidelinesguidelines	
Percentage of adults aged 50-75 years receiving colorectal cancer screening based on recent guidelines	
Percentage of adults aged 50-75 years receiving colorectal cancer screening based of receiving colorectal cancer.	
guidelines	
Percentage of adults who had a test for high blood sugar or diabetes within the past three years	
Percentage of adults with physician-diagnosed prediabetes	
Percentage of adults with physician-diagnosed high blood pressure	
Percentage of adults with diagnosed high blood pressure taking high blood pressure medication	
Percentage of adults with current asthma	
Percent of adults with cholesterol checked	
Percentage of adults 18 years and older with elevated cholesterol	
Percentage of adults who have taken a course or class to learn how to manage their chronic disease or condition	
Percentage of adults with arthritis	
Promote a Healthy and Safe Environment	
Percentage of adults who consider their neighborhood suitable for walking and physical activity	
Percentage of adults aged 65+ years with at least one fall in the past 12 months	
Among adults aged 65+ years with at least one fall in the past 12 months, percent that resulted in injury	
Prevent HIV/STDs, Vaccine Preventable Diseases and Healthcare-Associated Infections	
Percentage of adults aged 47-68 years reporting ever tested for Hepatitis C (HCV)	42
Percentage of adults aged 18+ years with flu immunization in the past year	
Percentage of adults aged 65+ years with flu immunization in the past year	
Percentage of adults aged 65+ years with pneumococcal immunization	
Promote Healthy Women, Infants, and Children	
Percentage of women aged 18-44 years who had dental visit within the last year	46
Women aged 18-44 years who saw a doctor for a routine checkup within the last year	47
Percentage of women aged 18-64 years with health care coverage	48
Percentage of women aged 18-44 years whose health care provider discussed planning a healthy pregnancy	
Promote Mental Health and Prevention Substance Abuse	
Percentage of adults with poor mental health for 14 or more days in the last month	50
Percentage of adult binge drinking during the past month	
Percentage of cigarette smoking among adults who report poor mental health	

General Description

The New York State Expanded Behavioral Risk Factor Surveillance System 2013-2014 (2014 eBRFSS) was design to supplement the Center for Disease Control and Prevention (CDC) Behavioral Risk Factor Surveillance System (BRFSS), which is conducted annually in New York State. The purpose of the 2014 eBRFSS was to produce local information on key public health issues. Data for the project were collected from April 15, 2013 to May 10, 2014. The 2014 eBRFSS reached both households with landline telephones and households which only had cell phones. Like the annual BRFSS, New York State's 2014 eBRFSS was designed to be representative of the non-institutionalized adult household population, aged 18 years and older.

Reported Health Indicators

There are a total of 50 health indicators included in the report. The health indicators include 10 measures included in the New York State Department of Health's Prevention Agenda, NYS Health Innovation Plan (SHIP), Delivery System Reform Incentive Payment (DSRIP) Program, or the NYS Community Health Indicator Reports (CHIRS). An additional 40 important health indicators are also included. The indicators are organized by the Priority Area of the Prevention Agenda and are reported statewide, by region, and by county.

Data Collection Methodology, Sampling and Weighting

The data collection methods for the 2014 eBRFSS aligned with the CDC's standard annual BRFSS methods. The 2014 eBRFSS questionnaire used standard questions from the BRFSS. Survey interviews were conducted in both English and Spanish. There were 31,690 completed interviews.

The sampling plan for the eBRFSS was developed to result in valid health indicator estimates for New York City (NYC) and each of the 57 counties outside NYC. The sampling approach stratified landlines by county and implemented a disproportionate stratified sampling design that accounted for both listed-households and unlisted numbers. Cell phone households were accounted for through additional strata that covered contiguous groups of counties.

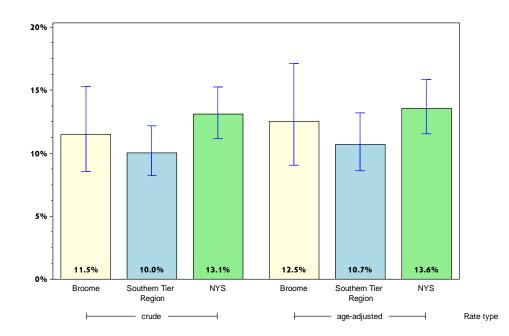
Data were weighted to represent the population using a methodology known as iterative proportional fitting (raking). Raking adjusted the data so that groups underrepresented in the sample were more accurately represented in the estimated rates. Raking also enabled surveys conducted by cell phone to be included in the weighting and to accurately match sample distributions of specified demographic characteristics of the population. The raking categories included in the eBRFSS were: age, gender, race/ethnicity, education, marital status, owner/renter status, telephone usage (i.e. landline and cell phone combinations), and county of residence.

Limitations of Data Use:

During data analysis, criteria were applied to suppress rates based on too few surveys to be reliable and to identify rates that are highly variable. Rates in which less than 10 respondents were in the numerator or less than 50 respondents were in the denominator were considered unreliable and suppressed from reporting. Rates considered to have high variability due to having confidence limits greater than ±10% are noted.

Improve Health Status and Reduce Health Disparities

Percentage of adults who did not receive medical care because of cost*



	Br	oome Cou	nty	Southern Tier			
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI	
Total Age	18,292	11.5	(8.6-15.3)	36,229	10.0	(8.2-12.2)	
18-24		#		3,485	6.2	(3.1-11.9)	
25-34		#		7,509	12.3	(7.7-19.0)	
35-44	4,098	20.2^	(9.4-38.1)	6,772	14.2	(8.3-23.3)	
45-64	8,680	16.4	(10.9-23.8)	16,052	13.5	(10.3-17.5)	
65+		#		2,128	2.9	(1.8-4.6)	
Race							
White, NH	14,952	10.6	(7.7-14.6)	28,746	9.5	(7.7-11.8)	
Black, NH		#			#		
Hispanic		#			#		
Other, NH		#		1,904	7.0	(3.2-14.7)	
Sex							
male	7,599	9.9	(6.7-14.3)	16,682	9.4	(7.2-12.3)	
female	10,693	13.0	(8.5-19.5)	19,547	10.6	(7.9-13.9)	
e-adjusted ^{&}		12.5	(9.0-17.1)		10.7	(8.6-13.2)	

^{*} Among people needing to see a doctor in the past 12 months

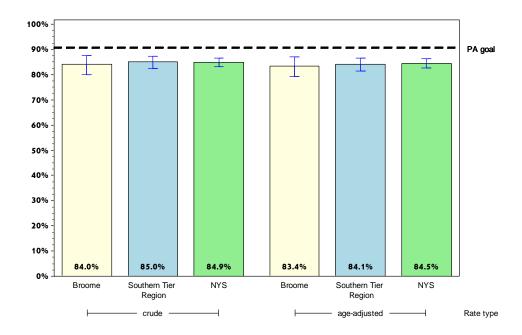
[&]amp; Percent is age-adjusted to the 2000 United States Population.

[#] Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Improve Health Status and Reduce Health Disparities

Percentage of adults who have a regular health care provider



	Broome County			Southern Tier		
_	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	131,965	84.0	(79.9-87.5)	305,033	85.0	(82.4-87.2)
Age						
18-24	17,267	68.3	(51.3-81.5)	42,341	75.8^	(64.6-84.3)
25-34	19,208	81.2	(70.8-88.4)	47,402	77.7	(69.2-84.4)
35-44	16,442	80.9^	(67.3-89.7)	37,697	79.2	(71.3-85.4)
45-64	46,213	88.6	(82.6-92.7)	105,441	89.5	(86.3-92.0)
65+	30,118	91.5	(85.2-95.3)	67,547	93.9	(90.9-95.9)
Race						
White, NH	117,446	84.7	(80.3-88.3)	253,550	84.9	(82.3-87.2)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#		22,327	81.9^	(68.4-90.4)
Sex						
male	58,211	75.6	(69.4-80.9)	136,951	77.5	(73.5-81.1)
female	73,754	92.1	(85.7-95.8)	168,081	92.2	(88.9-94.6)
Age-adjusted ^{&}		83.4	(79.1-87.0)		84.1	(81.3-86.5)

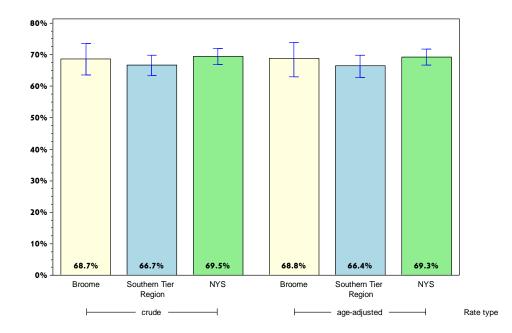
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[#] Rates with <10 in the numerator or <50 in the denominator are suppressed.

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Improve Health Status and Reduce Health Disparities

Percentage of adults who had a dentist visit within the past year



	Broome County			Southern Tier		
_	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	100,149	68.7	(63.5-73.4)	220,423	66.7	(63.4-69.8)
Age						
18-24		#		29,851	66.4	(54.2-76.8)
25-34	14,418	67.2	(54.6-77.8)	36,594	65.9^	(55.2-75.2)
35-44	12,929	67.9^	(49.7-82.0)	28,479	64.5	(54.6-73.3)
45-64	35,323	70.3	(62.0-77.5)	77,932	68.5	(63.7-73.0)
65+	21,910	69.7	(61.4-76.9)	44,963	65.7	(60.9-70.2)
Race						
White, NH	89,847	69.2	(63.8-74.2)	188,016	66.6	(63.2-69.7)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#		16,234	73.3^	(57.0-85.0)
Sex						
male	44,733	63.7	(56.7-70.3)	102,550	62.3	(57.5-67.0)
female	55,417	73.3	(65.8-79.7)	117,873	71.0	(66.6-75.0)
Age-adjusted ^{&}		68.8	(63.1-74.0)		66.4	(62.8-69.8)

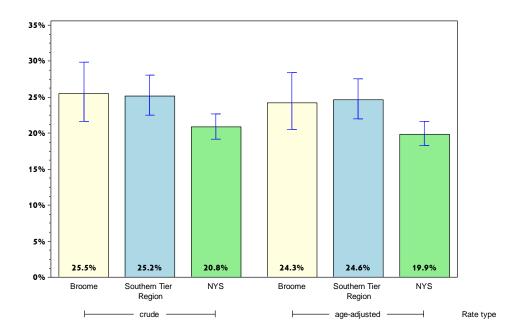
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Improve Health Status and Reduce Health Disparities

Percentage of adults living with a disability*



	Broome County			Southern Tier		
_	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	39,995	25.5	(21.6-29.9)	89,618	25.2	(22.5-28.1)
Age						
18-24		#		4,554	8.2	(4.3-15.1)
25-34	3,521	15.0^	(8.4-25.5)	12,577	21.1	(13.6-31.4)
35-44	3,387	16.9^	(9.1-29.4)	8,889	19.4	(13.5-27.2)
45-64	18,919	35.9	(28.7-43.8)	36,485	30.8	(26.7-35.3)
65+	11,033	32.9	(25.1-41.8)	26,446	36.6	(31.9-41.5)
Race						
White, NH	35,312	25.5	(21.5-30.0)	77,336	26.0	(23.3-28.9)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#		5,878	23.1	(12.8-38.2)
Sex						
male	14,842	19.7	(15.1-25.3)	43,459	24.9	(21.0-29.2)
female	25,153	30.9	(24.8-37.7)	46,159	25.5	(21.9-29.5)
Age-adjusted ^{&}		24.3	(20.6-28.4)		24.6	(22.0-27.5)

^{*} Limited activities (physical, mental, or emotional problems); need of special equipment (e.g. cane, wheel chair).

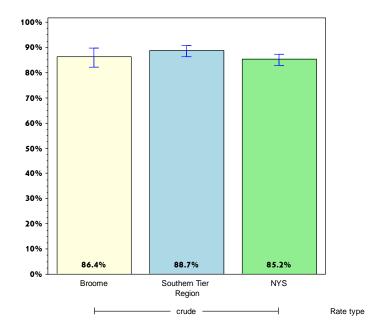
[&]amp; Percent is age-adjusted to the 2000 United States Population.

[#] Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Improve Health Status and Reduce Health Disparities

Percentage of adults aged 18-64 years with healthcare coverage



	Broome County			Southern Tier		
_	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	104,419	86.4	(82.1-89.8)	245,502	88.7	(86.2-90.8)
Age⁺						
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH	93,298	86.8	(82.3-90.3)	203,392	88.5	(85.9-90.7)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#		19,259	91.4	(78.8-96.8)
Sex						
male	49,451	82.6	(76.3-87.5)	119,966	86.4	(82.8-89.3)
female	54,968	90.1	(83.7-94.2)	125,536	91.0	(87.3-93.7)
Age-adjusted+,&						

[&]amp; Percent is age-adjusted to the 2000 United States Population.

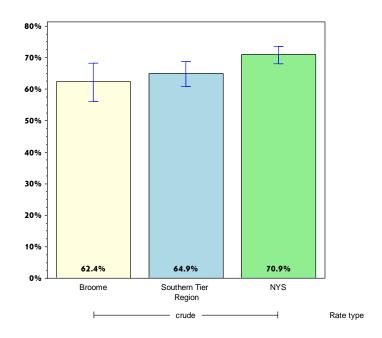
⁺ Age-adjusted and age specific percent not generated for health indicators with age range limits.

[#] Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Improve Health Status and Reduce Health Disparities

Percentage of adults aged 18-64 years who saw a doctor for a routine checkup within the last year



	Broome County			Southern Tier		
_	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	75,636	62.4	(56.1-68.3)	182,948	64.9	(60.8-68.8)
Age ⁺						
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH	66,966	62.1	(55.4-68.3)	143,786	62.5	(58.3-66.5)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#		13,771	65.4	(47.0-80.2)
Sex						
male	33,408	56.0	(48.0-63.7)	78,883	56.8	(51.1-62.4)
female	42,229	68.5	(58.5-77.1)	104,066	72.8	(67.0-77.9)
Age-adjusted+,&						

[&]amp; Percent is age-adjusted to the 2000 United States Population.

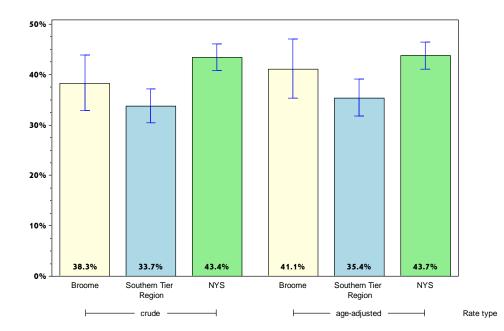
⁺ Age-adjusted and age specific percent not generated for health indicators with age range limits.

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[^] Highly variable rate (confidence interval with a half-width greater than 10).

Improve Health Status and Reduce Health Disparities

Percentage of adults experiencing housing insecurity in the past 12 months*



	Broome County			Southern Tier		
_	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	54,949	38.3	(32.9-43.9)	110,120	33.7	(30.4-37.2)
Age						
18-24		#		13,414	30.9^	(19.6-45.0)
25-34	8,499	37.1	(25.3-50.7)	20,168	36.6	(27.2-47.0)
35-44	11,568	58.6	(41.3-74.1)	21,029	46.7	(37.1-56.5)
45-64	21,640	44.4	(36.1-52.9)	42,480	38.1	(33.2-43.2)
65+	4,905	15.2	(9.1-24.5)	12,309	18.1	(14.2-22.8)
Race						
White, NH	48,981	38.4	(32.8-44.3)	94,835	34.9	(31.5-38.3)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#		5,731	24.3^	(13.0-40.7)
Sex						
male	21,667	32.4	(26.1-39.4)	47,371	30.5	(26.3-35.0)
female	33,282	43.4	(35.3-51.8)	62,749	36.6	(31.6-42.0)
Age-adjusted ^{&}		41.1	(35.4-47.1)		35.4	(31.8-39.1)

^{*} Worried or stressed about having enough money to pay for rent or mortgage.

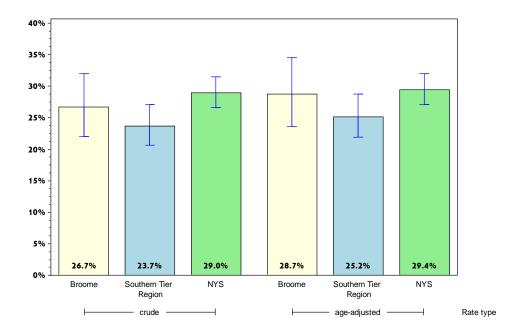
[&]amp; Percent is age-adjusted to the 2000 United States Population.

[#] Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Improve Health Status and Reduce Health Disparities

Percentage of adults experiencing food insecurity in the past 12 months*



	Broome County			Southern Tier		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	40,533	26.7	(22.0-32.0)	82,315	23.7	(20.6-27.1)
Age						
18-24		#		12,360	23.2	(14.6-34.8)
25-34	4,248	18.1	(10.5-29.2)	13,426	23.0	(16.2-31.4)
35-44	8,797	44.3^	(27.5-62.6)	16,225	35.4	(26.0-46.1)
45-64	16,386	32.4	(25.0-40.8)	30,573	26.5	(21.5-32.2)
65+	4,751	14.4	(7.6-25.7)	9,530	13.5	(9.7-18.6)
Race						
White, NH	33,903	25.3	(20.4-30.9)	66,830	23.0	(20.0-26.3)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#		7,161	29.6^	(14.1-51.9)
Sex						
male	15,400	21.5	(16.4-27.8)	34,087	20.1	(16.1-24.9)
female	25,132	31.3	(24.1-39.5)	48,228	27.1	(22.6-32.1)
Age-adjusted ^{&}		28.7	(23.5-34.5)		25.2	(21.9-28.8)

^{*} Worried or stressed about having enough money to buy nutritious meals.

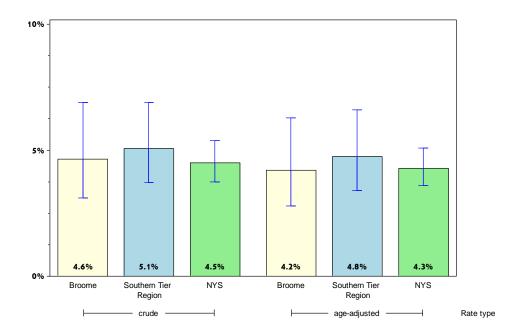
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Improve Health Status and Reduce Health Disparities

Percentage of adults with poor self-reported health



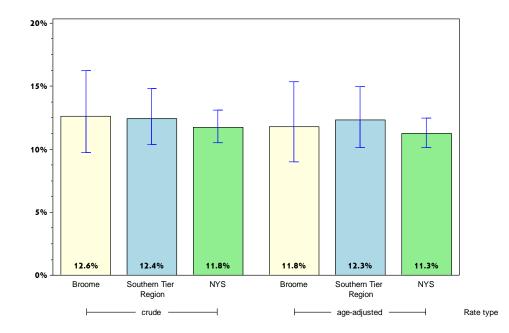
	Br	oome Cou	nty	Southern Tier			
_	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI	
Total	7,331	4.6	(3.1-6.9)	18,143	5.1	(3.7-6.9)	
Age							
18-24		#			#		
25-34		#			#		
35-44		#			#		
45-64	3,280	6.2	(3.3-11.2)	7,509	6.4	(4.5-9.0)	
65+	2,151	6.4	(3.5-11.4)	5,843	8.1	(5.8-11.2)	
Race							
White, NH	6,110	4.4	(2.8-6.8)	14,079	4.7	(3.2-6.8)	
Black, NH		#			#		
Hispanic		#			#		
Other, NH		#		2,274	8.6	(4.0-17.6)	
Sex							
male	3,361	4.4	(2.4-7.7)	10,260	5.8	(3.6-9.4)	
female	3,970	4.9	(2.8-8.4)	7,882	4.3	(3.1-6.1)	
e-adjusted ^{&}		4.2	(2.8-6.3)		4.8	(3.4-6.6)	

[&]amp; Percent is age-adjusted to the 2000 United States Population.

[#] Rates with <10 in the numerator or <50 in the denominator are suppressed.

Improve Health Status and Reduce Health Disparities

Percentage of adults who report 14 or more days of poor physical health*



	Broome County				Southern T	ier
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	19,238	12.6	(9.7-16.2)	43,428	12.4	(10.4-14.8)
Age						
18-24		#			#	
25-34		#		5,741	9.6	(4.3-20.1)
35-44		#		5,563	12.0	(6.8-20.5)
45-64	8,900	17.8	(12.3-25.1)	17,383	15.3	(12.1-19.0)
65+	5,451	16.8	(10.5-25.8)	12,114	17.3	(13.5-21.9)
Race						
White, NH	15,989	11.9	(9.1-15.3)	34,674	11.9	(9.9-14.3)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#		4,940	19.1	(9.7-34.2)
Sex						
male	9,197	12.4	(8.4-17.8)	22,786	13.2	(10.1-17.2)
female	10,041	12.9	(9.0-18.2)	20,642	11.6	(9.2-14.5)
Age-adjusted ^{&}		11.8	(9.0-15.3)		12.3	(10.1-14.9)

^{*} Out of the past 30 days.

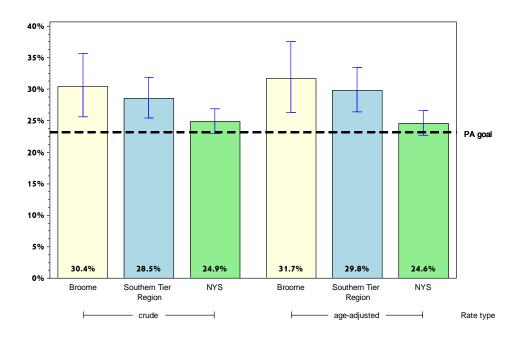
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[^] Highly variable rate (confidence interval with a half-width greater than 10).

Prevent Chronic Diseases

Percentage of adults who are obese*



	Broome County			Southern Tier		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total Age	43,731	30.4	(25.6-35.7)	95,241	28.5	(25.4-31.9)
18-24		#		7,926	14.8^	(8.1-25.3)
25-34 35-44	4,773 6,937	22.8 [^] 40.8 [^]	(13.9-34.9) (23.7-60.5)	16,121 15,806	30.6 [^] 36.4 [^]	(21.4-41.6) (27.1-46.9)
45-64	18,811	37.7	(30.2-45.9)	37,057	32.8	(28.3-37.6)
65+ Race	8,599	27.8	(19.1-38.7)	18,039	26.4	(21.6-31.9)
White, NH Black, NH	39,012	30.7 #	(25.7-36.2)	82,917	29.7 #	(26.5-33.1)
Hispanic		#			#	
Other, NH Sex		#		4,994	19.2^	(9.3-35.7)
male female	20,555 23,176	27.5 33.6	(21.9-33.9) (26.0-42.2)	49,087 46,154	28.2 28.9	(23.8-33.0) (24.5-33.7)
Age-adjusted ^{&}		31.7	(26.3-37.6)		29.8	(26.4-33.4)

^{*} Obesity defined as a Body Mass Index (BMI) >=30. BMI is calculated based on weight and height.

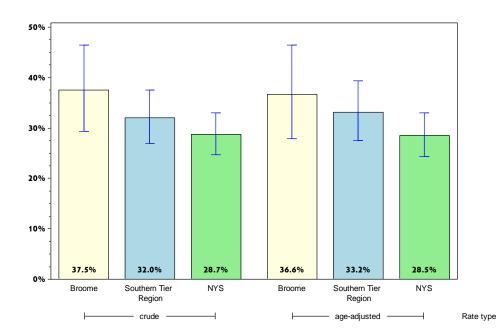
[&]amp; Percent is age-adjusted to the 2000 United States Population.

[#] Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Prevent Chronic Diseases

Percentage of adults with an annual household income less than \$25,000 who are obese*



	Br	oome Coui	nty	Southern Tier		
_	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	15,432	37.5	(29.4-46.5)	29,061	32.0	(26.9-37.5)
Age						
18-24		#			#	
25-34		#		3,472	20.1^	(11.0-33.8)
35-44		#		4,258	44.8^	(26.9-64.2)
45-64	7,872	47.9	(34.3-61.7)	12,769	40.5	(31.9-49.7)
65+	2,932	28.8	(17.8-43.1)	6,552	28.8	(22.1-36.6)
Race						
White, NH	13,448	38.0	(29.4-47.5)	24,568	32.3	(27.0-38.0)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male	6,016	28.6	(19.0-40.6)	11,743	25.7	(19.2-33.5)
female	9,416	46.9^	(35.0-59.2)	17,318	38.3	(31.1-46.1)
Age-adjusted ^{&}		36.6	(27.8-46.4)		33.2	(27.4-39.4)

^{*} Obesity defined as a Body Mass Index (BMI) >=30. BMI is calculated based on weight and height.

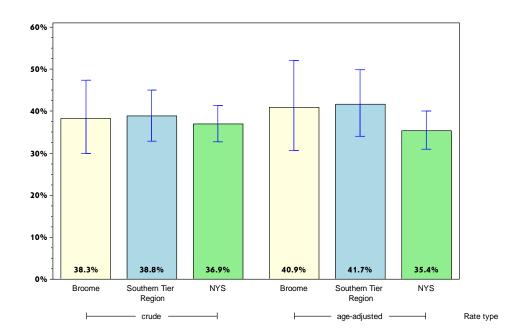
[&]amp; Percent is age-adjusted to the 2000 United States Population.

[#] Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Prevent Chronic Diseases

Percentage of adults living with a disability who are obese*



	Broome County			Southern Tier		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	14,038	38.3	(29.9-47.4)	32,685	38.8	(32.9-45.1)
Age						
18-24		#			#	
25-34		#			#	
35-44		#			#	
45-64	7,468	42.2	(29.8-55.5)	15,081	43.9	(36.0-52.2)
65+	2,699	25.8	(15.6-39.6)	7,075	27.6	(21.3-35.0)
Race						
White, NH	12,095	37.7	(29.1-47.2)	26,719	37.0	(30.9-43.7)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male	4,230	28.5	(18.0-42.0)	15,797	36.6	(27.5-46.8)
female	9,808	44.9^	(33.7-56.7)	16,888	41.2	(34.0-48.7)
Age-adjusted ^{&}		40.9^	(30.7-52.0)		41.7	(34.0-49.9)

^{*} Obesity defined as a Body Mass Index (BMI) >=30. BMI is calculated based on weight and height. Limited activities (physical, mental, or emotional problems); need of special equipment (e.g. cane, wheel chair).

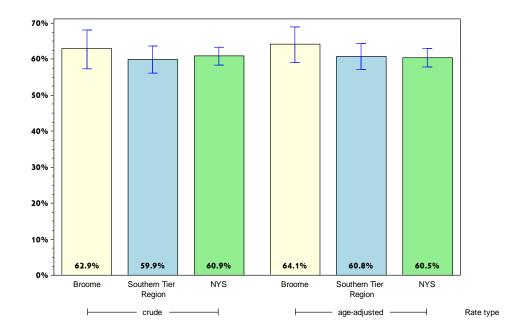
[&]amp; Percent is age-adjusted to the 2000 United States Population.

[#] Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Prevent Chronic Diseases

Percentage of adults overweight or obese*



	Br	oome Cou	nty	Southern Tier		
_	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	90,493	62.9	(57.4-68.2)	199,985	59.9	(56.1-63.7)
Age						
18-24		#		19,724	36.7	(25.1-50.2)
25-34	10,107	48.2	(34.5-62.2)	26,653	50.6	(40.5-60.7)
35-44	13,575	79.8^	(64.9-89.4)	30,381	70.0	(60.6-78.1)
45-64	35,458	71.1	(63.5-77.7)	76,054	67.3	(62.0-72.3)
65+	21,053	68.1	(59.7-75.5)	45,261	66.4	(61.6-70.8)
Race						
White, NH	81,140	63.8	(58.0-69.3)	174,723	62.5	(59.1-65.9)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#		11,547	44.5^	(28.3-61.9)
Sex						
male	51,162	68.4	(61.5-74.6)	112,653	64.7	(59.7-69.4)
female	39,331	57.0	(48.4-65.2)	87,331	54.7	(49.0-60.3)
Age-adjusted ^{&}		64.1	(59.0-68.9)		60.8	(57.1-64.3)

^{*} Defined as a Body Mass Index (BMI) >=25. BMI is calculated based on weight and height.

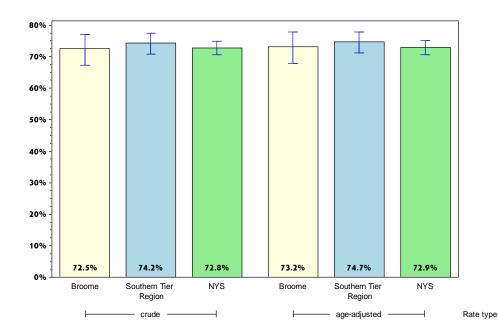
[&]amp; Percent is age-adjusted to the 2000 United States Population.

[#] Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Prevent Chronic Diseases

Percentage of adults who participated in leisure time physical activity in the past 30 days*



	Br	oome Cou	nty	Southern Tier		
_	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	110,758	72.5	(67.3-77.1)	259,735	74.2	(70.9-77.4)
Age						
18-24		#		41,971	78.8	(66.5-87.4)
25-34	18,017	76.6^	(63.0-86.4)	42,562	71.7	(58.8-81.7)
35-44	15,529	78.2	(62.7-88.4)	36,839	80.3	(72.6-86.3)
45-64	35,289	69.4	(60.9-76.7)	85,632	73.9	(69.3-78.1)
65+	23,912	71.8	(63.8-78.7)	48,976	68.8	(64.2-73.1)
Race						
White, NH	95,972	71.0	(65.4-75.9)	213,124	72.9	(69.7-75.9)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#		22,139	88.7	(78.0-94.6)
Sex						
male	54,617	75.7	(68.7-81.6)	133,344	78.2	(74.0-81.9)
female	56,141	69.6	(61.9-76.3)	126,391	70.5	(65.2-75.2)
Age-adjusted ^{&}		73.2	(67.8-77.9)		74.7	(71.2-77.8)

^{*} Any physical activities or exercises such as running or walking

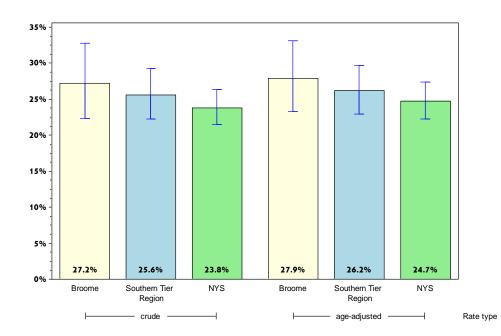
[&]amp; Percent is age-adjusted to the 2000 United States Population.

[#] Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Prevent Chronic Diseases

Percentage of adults who consume one or more sugary drinks daily*



	Br	oome Cou	nty	Southern Tier		
_	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	40,790	27.2	(22.3-32.8)	88,098	25.6	(22.3-29.3)
Age						
18-24		#		20,979	40.1	(27.3-54.3)
25-34	9,346	40.9^	(28.0-55.0)	23,280	40.2^	(29.5-52.0)
35-44	4,761	24.0^	(13.9-38.2)	11,061	24.2	(18.0-31.8)
45-64	11,195	22.3	(16.1-30.1)	23,746	20.8	(17.0-25.1)
65+	3,741	11.6	(7.8-16.9)	8,799	12.6	(10.0-15.8)
Race						
White, NH	36,035	27.2	(22.1-33.1)	71,236	24.8	(21.6-28.3)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#		4,913	20.3	(11.0-34.3)
Sex						
male	20,625	29.2	(23.0-36.3)	44,773	26.7	(22.6-31.2)
female	20,165	25.4	(18.3-34.1)	43,325	24.6	(19.6-30.4)
Age-adjusted ^{&}		27.9	(23.3-33.1)		26.2	(22.9-29.7)

^{*} Sugary drinks include regular soda, and sugar-sweetened drinks.

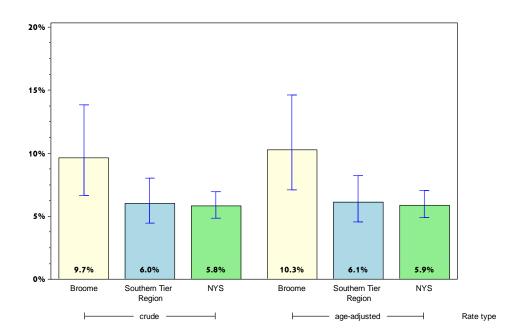
[&]amp; Percent is age-adjusted to the 2000 United States Population.

[#] Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Prevent Chronic Diseases

Percentage of adults who consume fast-food three or more times per week



Broome County Southern Tier Est. # of Est. # of **Adults Adults Percent** 95% CI **Percent** 95% CI **Total** 14,331 9.7 (6.6-13.8)20,347 6.0 (4.5-8.0)Age 18-24 # # 25-34 19.1 6,344 (6.3-18.6)4,355 (9.9-33.7)11.0 35-44 2,414 (2.5-10.8)5.3 # 45-64 3,934 7.9 (4.3-14.1)5,371 4.7 (2.9-7.5)65+ 1,124 (1.7-7.1)3.5 1,671 2.4 (1.4-4.1)Race White, NH 10,766 8.2 (5.4-12.3)15,486 5.4 (3.9-7.5)Black, NH # # Hispanic # # Other, NH # # Sex male 8,183 11.7 (7.2-18.4)12,975 7.9 (5.5-11.2)female 6,148 7.8 (4.4-13.6)7,372 4.2 (2.6-6.9)Age-adjusted[&] 10.3 (7.1-14.6)6.1 (4.5-8.2)

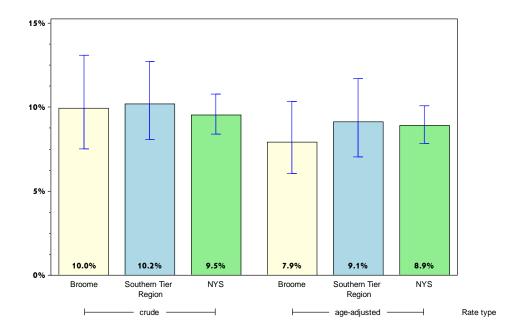
[&]amp; Percent is age-adjusted to the 2000 United States Population.

[#] Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Prevent Chronic Diseases

Percentage of adults with physician diagnosed diabetes*



	Br	oome Cou	nty	Southern Tier		
_	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	15,795	10.0	(7.5-13.1)	36,788	10.2	(8.1-12.7)
Age						
18-24		#			#	
25-34		#			#	
35-44		#			#	
45-64	5,638	10.6	(6.5-16.8)	14,046	11.8	(9.1-15.1)
65+	8,866	26.2	(18.2-36.1)	16,124	22.1	(17.8-27.1)
Race						
White, NH	13,337	9.5	(7.2-12.4)	27,473	9.1	(7.8-10.7)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#		4,025	14.8	(6.9-28.9)
Sex						
male	7,989	10.4	(6.7-15.7)	16,397	9.3	(7.2-11.9)
female	7,806	9.6	(6.8-13.4)	20,391	11.1	(7.7-15.6)
Age-adjusted ^{&}		7.9	(6.0-10.3)		9.1	(7.1-11.7)

^{*} As diagnosed by a health professional.

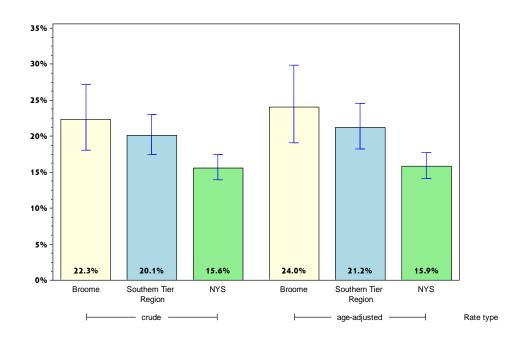
[&]amp; Percent is age-adjusted to the 2000 United States Population.

[#] Rates with <10 in the numerator or <50 in the denominator are suppressed.

 $^{^{\}updayscript{A}}$ Highly variable rate (confidence interval with a half-width greater than 10).

Prevent Chronic Diseases

Percentage of adults who are current smokers



	Broome County			Southern Tier		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total Age	34,578	22.3	(18.1-27.2)	71,044	20.1	(17.4-23.0)
18-24	5,151	21.6	(12.1-35.6)	9,973	18.3^	(10.8-29.1)
25-34 35-44	7,162 5,843	31.1 [^] 29.0 [^]	(20.1-44.8) (14.3-50.1)	15,353 12,078	26.0 26.2 [^]	(18.4-35.4) (17.7-36.9)
45-64	14,229	27.0	(20.3-35.1)	28,406	24.0	(20.1-28.4)
65+ Race	2,193	6.6	(3.6-11.8)	5,115	7.1	(5.2-9.7)
White, NH Black, NH	32,357	23.6	(19.0-28.9)	63,096	21.3	(18.5-24.5)
Hispanic Other, NH Sex		#		3,338	# 13.4 [^]	(7.1-23.9)
male female	15,673 18,906	21.1 23.3	(16.1-27.3) (17.0-31.2)	36,695 34,348	21.1 19.1	(17.4-25.4) (15.4-23.3)
Age-adjusted ^{&}		24.0	(19.0-29.9)		21.2	(18.3-24.6)

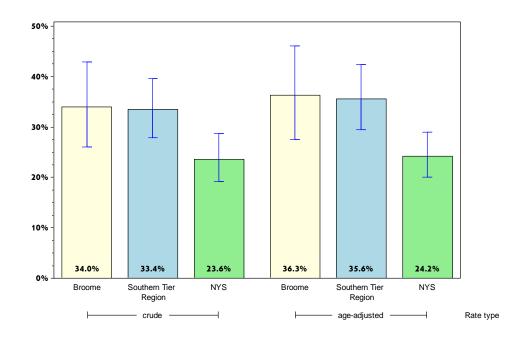
[&]amp; Percent is age-adjusted to the 2000 United States Population.

[#] Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Prevent Chronic Diseases

Percentage of adults with annual household income less than \$25,000 who are current smokers



	Broome County			Southern Tier		
_	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total Age	15,053	34.0	(26.1-42.9)	33,082	33.4	(27.8-39.6)
18-24		#			#	
25-34		#		8,325	38.6^	(22.8-57.1)
35-44		#		4,330	37.6^	(21.9-56.6)
45-64	7,216	43.2	(30.1-57.4)	14,058	43.6	(35.1-52.4)
65+		#		2,371	9.7	(5.9-15.5)
Race						
White, NH	13,361	35.0	(26.5-44.6)	28,558	35.6	(29.9-41.7)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male	6,581	32.8	(22.1-45.6)	15,897	35.6	(27.7-44.3)
female	8,472	35.0^	(24.2-47.6)	17,185	31.7	(24.1-40.3)
Age-adjusted ^{&}		36.3	(27.5-46.1)		35.6	(29.4-42.4)

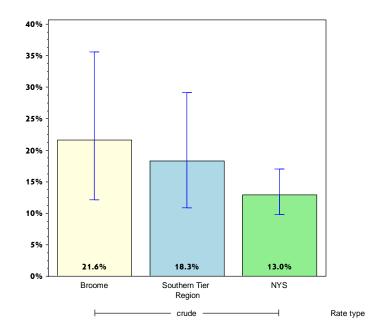
[&]amp; Percent is age-adjusted to the 2000 United States Population.

[#] Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Prevent Chronic Diseases

Percentage of adults aged 18-24 years who are current smokers



	Broome County			Southern Tier		
_	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	5,151	21.6^	(12.1-35.6)	9,973	18.3^	(10.8-29.1)
Age⁺						
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH		#		9,651	23.3	(14.1-36.0)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male		#		6,557	23.4	(12.3-40.0)
female		#			#	
Age-adjusted+,&						

[&]amp; Percent is age-adjusted to the 2000 United States Population.

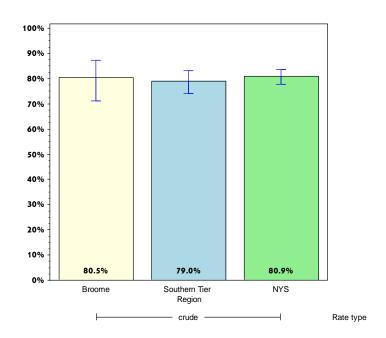
⁺ Age-adjusted and age specific percent not generated for health indicators with age range limits.

[#] Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Prevent Chronic Diseases

Percentage of women aged 50-74 years receiving breast cancer screening based on recent guidelines*



	Br	oome Coui	nty	Southern Tier		
_	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	24,316	80.5	(71.1-87.4)	51,498	79.0	(74.1-83.2)
Age⁺						
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH	21,716	79.8	(69.9-87.0)	45,195	78.4	(73.2-82.8)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male		#			#	
female	24,316	80.5	(71.1-87.4)	51,498	79.0	(74.1-83.2)
Age-adjusted ^{+,&}						

^{*} Mammogram within past 2 years.

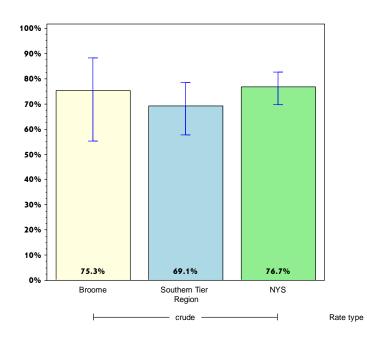
[&]amp; Percent is age-adjusted to the 2000 United States Population.

⁺ Age-adjusted and age specific percent not generated for health indicators with age range limits.

[#] Rates with <10 in the numerator or <50 in the denominator are suppressed.

Prevent Chronic Diseases

Percentage of women aged 50-74 years with annual household income of less than \$25,000 receiving breast cancer screening based on recent guidelines*



	Broome County			Southern Tier			
_	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI	
Total Age⁺	6,476	75.3 [^]	(55.3-88.3)	12,012	69.1^	(57.8-78.5)	
18-24							
25-34							
35-44							
45-64							
65+							
Race							
White, NH		#		10,516	68.8^	(56.7-78.7)	
Black, NH		#			#		
Hispanic		#			#		
Other, NH		#			#		
Sex							
male		#			#		
female	6,476	75.3^	(55.3-88.3)	12,012	69.1	(57.8-78.5)	
Age-adjusted+,&							

^{*} Mammogram within past 2 years.

[&]amp; Percent is age-adjusted to the 2000 United States Population.

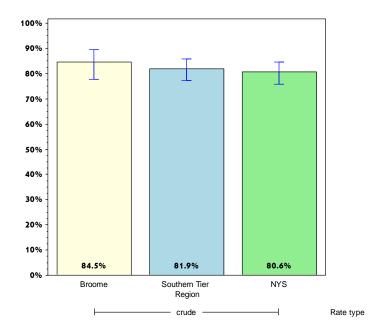
⁺ Age-adjusted and age specific percent not generated for health indicators with age range limits.

[#] Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Prevent Chronic Diseases

Percentage of women aged 21-65 years receiving cervical cancer screening based on recent guidelines*



	Broome County			Southern Tier			
_	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI	
Total	45,932	84.5	(77.7-89.5)	100,500	81.9	(77.2-85.8)	
Age ⁺							
18-24							
25-34							
35-44							
45-64							
65+							
Race							
White, NH	41,073	84.2	(76.9-89.5)	84,356	81.9	(77.5-85.6)	
Black, NH		#			#		
Hispanic		#			#		
Other, NH		#			#		
Sex							
male		#			#		
female	45,932	84.5	(77.7-89.5)	100,500	81.9	(77.2-85.8)	
Age-adjusted ^{+,&}							

^{*} Pap test within past 3 years.

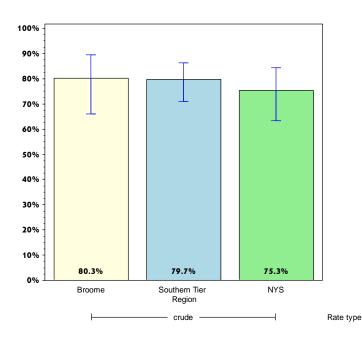
[&]amp; Percent is age-adjusted to the 2000 United States Population.

⁺ Age-adjusted and age specific percent not generated for health indicators with age range limits.

[#] Rates with <10 in the numerator or <50 in the denominator are suppressed.

Prevent Chronic Diseases

Percentage of women aged 21-65 years with annual household income of less than \$25,000 receiving cervical cancer screening based on recent guidelines*



95% CI A	et. # of Adults Perco		95% CI
56.1-89.5)	29,790 7	07 (
		9.7 (71.0-86.4)
544.00.6	24.000		66.0.02.0
54.1-89.6)	21,880 /	#	66.0-82.8)
56.1-89.5)	29,790 7		71.0-86.4)
	54.1-89.6) 56.1-89.5)		# #

^{*} Pap test within past 3 years.

[&]amp; Percent is age-adjusted to the 2000 United States Population.

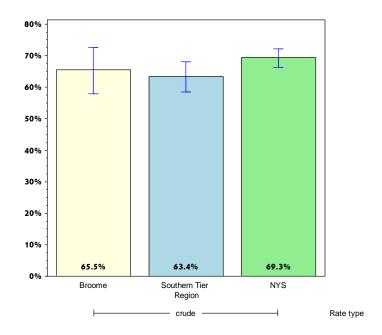
⁺ Age-adjusted and age specific percent not generated for health indicators with age range limits.

[#] Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Prevent Chronic Diseases

Percentage of adults aged 50-75 years receiving colorectal cancer screening based on recent guidelines*



	Broome County			Southern Tier		
_	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	36,350	65.5	(57.9-72.5)	82,061	63.4	(58.5-68.1)
Age⁺						
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH	33,068	66.3	(58.6-73.3)	72,849	65.4	(61.3-69.3)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male	15,589	67.1 [^]	(55.7-76.8)	38,092	61.3	(53.2-68.7)
female	20,761	64.4	(53.3-74.2)	43,969	65.4	(59.3-71.0)
Age-adjusted+,&						

^{*} Blood stool test within 1 year, or sigmoidoscopy within 5 years with blood stool test within 3 years, or colonoscopy within 10 years.

[&]amp; Percent is age-adjusted to the 2000 United States Population.

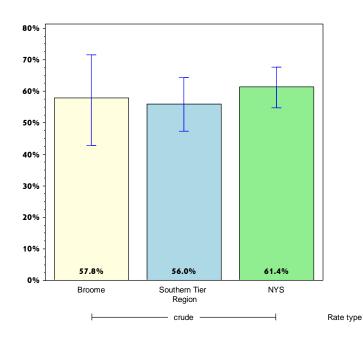
⁺ Age-adjusted and age specific percent not generated for health indicators with age range limits.

[#] Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Prevent Chronic Diseases

Percentage of adults aged 50-75 years with annual household income less than \$25,000 receiving colorectal cancer screening based on recent guidelines*



	Broome County			Southern Tier		
_	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	9,799	57.8^	(42.8-71.5)	19,541	56.0	(47.4-64.3)
Age ⁺						
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH	8,339	54.7	(39.9-68.7)	16,747	55.0	(46.2-63.4)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male		#		9,923	60.7	(49.2-71.2)
female	5,182	53.5	(33.8-72.1)	9,618	51.9	(39.9-63.6)
Age-adjusted+,&						

^{*} Blood stool test within 1 year, or sigmoidoscopy within 5 years with blood stool test within 3 years, or colonoscopy within 10 years.

[&]amp; Percent is age-adjusted to the 2000 United States Population.

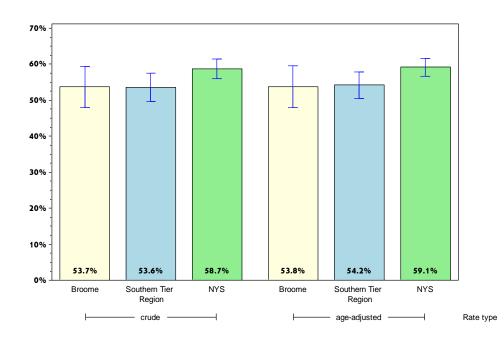
⁺ Age-adjusted and age specific percent not generated for health indicators with age range limits.

[#] Rates with <10 in the numerator or <50 in the denominator are suppressed.

 $^{^{\}updayscript{A}}$ Highly variable rate (confidence interval with a half-width greater than 10).

Prevent Chronic Diseases

Percentage of adults who had a test for high blood sugar or diabetes within the past three years



	Broome County			Southern Tier		
_	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	71,430	53.7	(47.9-59.3)	164,536	53.6	(49.7-57.5)
Age						
18-24		#		13,960	28.0^	(18.0-40.8)
25-34	9,046	39.6^	(27.3-53.3)	25,224	46.6	(36.7-56.7)
35-44	10,105	53.0^	(35.3-70.0)	24,844	54.5	(44.6-64.1)
45-64	27,637	62.3	(53.9-70.0)	60,606	60.3	(54.6-65.7)
65+	16,705	72.1	(61.5-80.7)	37,837	71.0	(65.6-75.8)
Race						
White, NH	64,102	53.9	(47.8-59.8)	142,752	55.3	(51.7-59.0)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#		8,459	39.2^	(23.2-57.8)
Sex						
male	29,959	46.8	(39.9-53.9)	78,714	51.4	(46.1-56.7)
female	41,471	60.0	(50.9-68.5)	85,822	55.8	(49.9-61.6)
Age-adjusted ^{&}		53.8	(47.9-59.5)		54.2	(50.4-57.9)

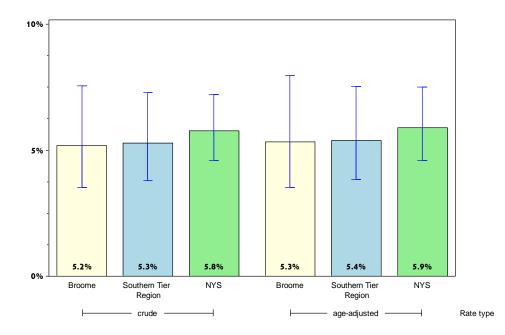
[&]amp; Percent is age-adjusted to the 2000 United States Population.

[#] Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Prevent Chronic Diseases

Percentage of adults with physician-diagnosed prediabetes



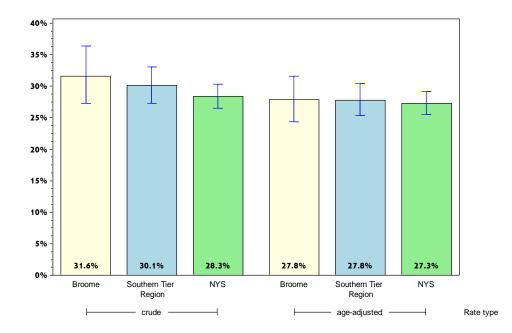
	Broome County			Southern Tier		
_	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total Age	7,241	5.2	(3.5-7.6)	16,763	5.3	(3.8-7.3)
18-24		#			#	
25-34 35-44		# #			# #	
45-64	3,576	7.7	(4.5-12.7)	6,771	6.6	(4.8-9.1)
65+ Race		#		3,770	6.8	(4.5-10.1)
White, NH Black, NH	6,374	5.1 #	(3.4-7.7)	15,289	5.7 #	(4.0-8.0)
Hispanic Other, NH Sex		#			#	
male female	2,870 4,371	4.2 6.1	(2.5-7.1) (3.5-10.2)	8,956 7,807	5.7 4.8	(3.3-9.7) (3.4-6.7)
Age-adjusted ^{&}		5.3	(3.5-8.0)		5.4	(3.8-7.5)

[&]amp; Percent is age-adjusted to the 2000 United States Population.

[#] Rates with <10 in the numerator or <50 in the denominator are suppressed.

Prevent Chronic Diseases

Percentage of adults with physician-diagnosed high blood pressure



	Broome County			Southern Tier		
_	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	49,848	31.6	(27.3-36.3)	108,205	30.1	(27.2-33.1)
Age						
18-24		#		5,198	9.2	(4.7-17.4)
25-34		#		8,421	13.8	(8.3-22.1)
35-44		#		6,819	14.3	(9.4-21.3)
45-64	19,747	37.8	(30.6-45.5)	41,371	35.0	(30.6-39.7)
65+	21,689	65.1	(56.4-72.9)	44,299	61.4	(56.5-66.1)
Race						
White, NH	43,505	31.3	(26.9-36.0)	93,946	31.4	(28.6-34.3)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#		7,589	27.8	(15.4-44.8)
Sex						
male	23,513	31.0	(25.1-37.5)	57,850	33.0	(28.8-37.5)
female	26,336	32.2	(26.0-39.2)	50,354	27.3	(23.7-31.3)
Age-adjusted ^{&}		27.8	(24.4-31.6)		27.8	(25.3-30.4)

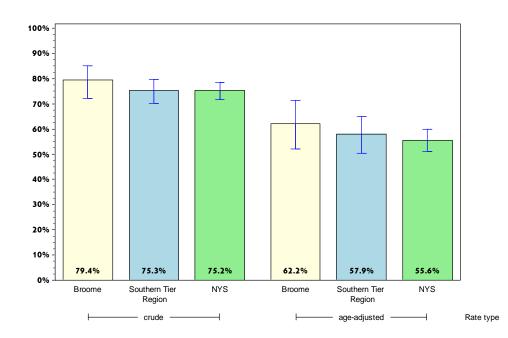
[&]amp; Percent is age-adjusted to the 2000 United States Population.

[#] Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Prevent Chronic Diseases

Percentage of adults with diagnosed high blood pressure taking high blood pressure medication



	Broome County			Southern Tier		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	39,418	79.4	(72.2-85.2)	81,095	75.3	(70.3-79.7)
Age						
18-24		#			#	
25-34		#			#	
35-44		#			#	
45-64	15,396	78.0^	(66.5-86.3)	32,070	77.5	(70.3-83.4)
65+	20,201	94.1	(88.6-97.0)	40,246	91.8	(88.4-94.3)
Race						
White, NH	33,716	77.9	(70.1-84.1)	69,969	74.9	(69.7-79.4)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male	16,931	72.7	(60.5-82.2)	38,709	67.5	(59.6-74.5)
female	22,487	85.4	(76.9-91.1)	42,386	84.2	(78.8-88.4)
Age-adjusted ^{&}		62.2^	(52.2-71.3)		57.9	(50.4-65.1)

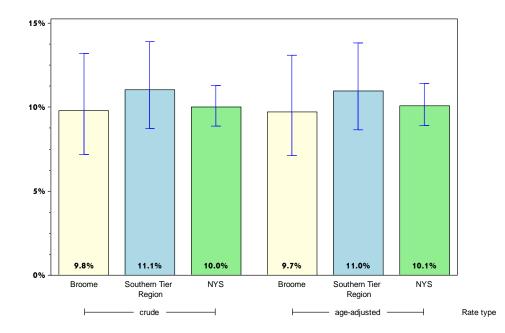
[&]amp; Percent is age-adjusted to the 2000 United States Population.

[#] Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Prevent Chronic Diseases

Percentage of adults with current asthma*



	Broome County			Southern Tier			
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI	
Total	15,477	9.8	(7.2-13.2)	39,362	11.1	(8.7-13.9)	
Age							
18-24		#		7,986	15.4	(9.2-24.5)	
25-34	3,170	13.4	(7.3-23.3)	9,891	16.2^	(8.1-29.8)	
35-44		#		3,554	7.5	(4.4-12.4)	
45-64	5,023	9.5	(6.0-14.8)	11,753	9.9	(7.7-12.8)	
65+	2,967	8.8	(3.3-21.3)	6,076	8.4	(4.9-13.8)	
Race							
White, NH	11,016	7.9	(5.7-10.7)	28,448	9.5	(7.8-11.5)	
Black, NH		#			#		
Hispanic		#			#		
Other, NH		#		3,373	12.4	(4.7-28.7)	
Sex							
male	5,289	6.9	(4.2-11.0)	14,033	7.9	(5.9-10.6)	
female	10,188	12.5	(8.4-18.2)	25,329	14.1	(10.2-19.1)	
Age-adjusted ^{&}		9.7	(7.1-13.1)		11.0	(8.7-13.8)	

^{*} Physician diagnosed asthma.

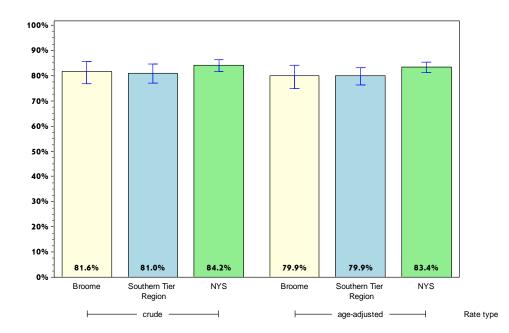
[&]amp; Percent is age-adjusted to the 2000 United States Population.

[#] Rates with <10 in the numerator or <50 in the denominator are suppressed.

 $^{^{\}updayscript{A}}$ Highly variable rate (confidence interval with a half-width greater than 10).

Prevent Chronic Diseases

Percent of adults with cholesterol checked*



	Broome County			Southern Tier		
_	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	123,930	81.6	(76.8-85.5)	280,906	81.0	(76.9-84.5)
Age						
18-24		#		25,093	50.3	(36.0-64.5)
25-34	14,781	68.8^	(55.4-79.6)	37,573	65.7	(53.6-76.1)
35-44	14,892	75.9^	(59.4-87.1)	36,981	79.8	(70.1-87.0)
45-64	46,467	89.5	(83.9-93.2)	107,406	91.5	(88.6-93.6)
65+	31,589	97.4	(93.6-98.9)	69,502	97.5	(95.6-98.6)
Race						
White, NH	109,881	81.9	(76.8-86.1)	238,055	82.8	(79.7-85.6)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#		21,553	80.6	(64.6-90.4)
Sex						
male	56,257	77.5	(71.0-82.9)	138,828	81.3	(77.1-84.9)
female	67,673	85.3	(77.6-90.6)	142,078	80.7	(73.5-86.3)
Age-adjusted ^{&}		79.9	(74.8-84.1)		79.9	(76.3-83.2)

^{*} As diagnosed by a health professional.

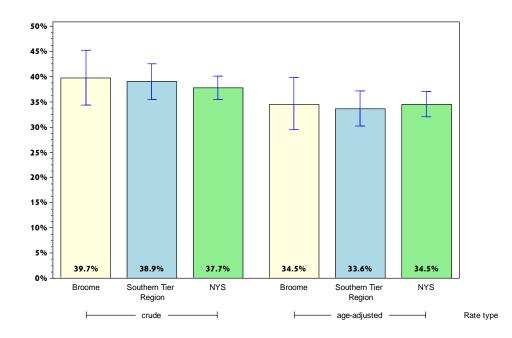
[&]amp; Percent is age-adjusted to the 2000 United States Population.

[#] Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Prevent Chronic Diseases

Percentage of adults 18 years and older with elevated cholesterol*



	Broome County			Southern Tier		
_	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	48,082	39.7	(34.3-45.3)	107,760	38.9	(35.5-42.5)
Age						
18-24		#			#	
25-34		#		8,162	21.9^	(11.8-36.9)
35-44		#		9,810	26.7	(18.9-36.3)
45-64	20,738	45.8	(37.4-54.4)	49,298	46.7	(41.4-52.2)
65+	18,069	59.7	(50.2-68.4)	37,715	55.7	(50.5-60.7)
Race						
White, NH	41,526	38.7	(33.3-44.3)	89,873	38.3	(35.0-41.7)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#		11,862	56.1	(36.5-74.0)
Sex						
male	21,226	38.6	(31.4-46.4)	56,113	40.9	(35.6-46.5)
female	26,856	40.5	(32.8-48.8)	51,646	37.0	(32.7-41.6)
Age-adjusted ^{&}		34.5	(29.5-39.8)		33.6	(30.1-37.2)

^{*} As diagnosed by a health professional.

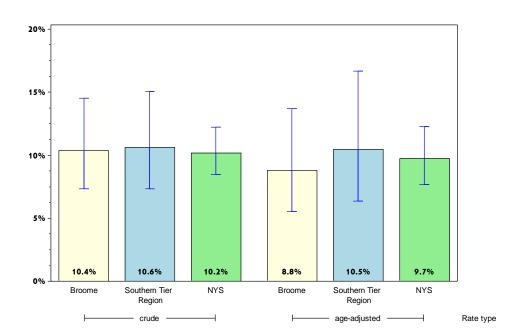
[&]amp; Percent is age-adjusted to the 2000 United States Population.

[#] Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Prevent Chronic Diseases

Percentage of adults who have taken a course or class to learn how to manage their chronic disease or condition*



	Broome County			Southern Tier		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total Age	8,634	10.4	(7.3-14.5)	20,040	10.6	(7.3-15.1)
18-24		#			#	
25-34 35-44		# #			# #	
45-64	3,108	9.9	(6.1-15.5)	6,755	9.8	(7.3-13.0)
65+ Race	3,727	13.2	(7.7-21.9)	6,303	10.7	(7.6-14.9)
White, NH Black, NH	7,594	10.4 #	(7.3-14.6)	14,247	9.0 #	(7.2-11.2)
Hispanic Other, NH		#			# #	
Sex		"			"	
male female	3,307 5,328	9.2 11.3	(4.7-17.2) (7.7-16.2)	6,930 13,110	7.9 12.9	(5.4-11.5) (7.6-20.9)
Age-adjusted ^{&}		8.8	(5.5-13.7)		10.5	(6.4-16.7)

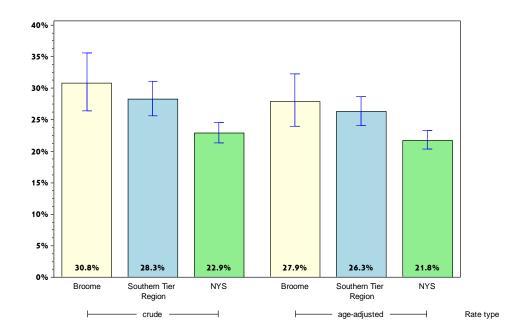
^{*} Courses for high blood pressure, arthritis, or diabetes.

[&]amp; Percent is age-adjusted to the 2000 United States Population.

[#] Rates with <10 in the numerator or <50 in the denominator are suppressed.

Prevent Chronic Diseases

Percentage of adults with arthritis*



	Br	oome Coui	nty	Southern Tier		
_	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	48,965	30.8	(26.4-35.6)	102,167	28.3	(25.6-31.1)
Age						
18-24		#			#	
25-34		#		5,390	8.9	(5.4-14.2)
35-44	4,006	19.7	(10.3-34.3)	7,770	16.4	(11.2-23.3)
45-64	21,028	39.5	(32.0-47.6)	44,194	37.1	(32.6-41.8)
65+	18,956	56.1	(47.0-64.9)	40,660	56.0	(50.9-60.9)
Race						
White, NH	44,819	31.9	(27.3-36.9)	91,598	30.4	(27.7-33.3)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#		5,619	20.6^	(10.7-35.9)
Sex						
male	15,101	19.6	(15.0-25.2)	38,769	21.9	(18.9-25.3)
female	33,864	41.4	(34.1-49.1)	63,397	34.3	(30.0-39.0)
Age-adjusted ^{&}		27.9	(23.9-32.3)		26.3	(24.1-28.6)

^{*} Includes rheumatoid arthritis, gout, lupus, or fibromyalgia.

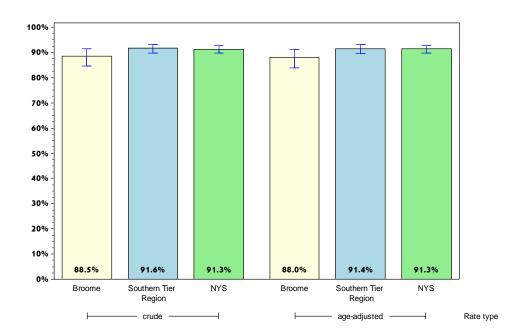
[&]amp; Percent is age-adjusted to the 2000 United States Population.

[#] Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Promote a Healthy and Safe Environment

Percentage of adults who consider their neighborhood suitable for walking and physical activity



	Br	oome Coui	nty	Southern Tier		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	132,840	88.5	(84.7-91.5)	315,627	91.6	(89.7-93.2)
Age						
18-24		#		47,540	89.3	(79.4-94.7)
25-34	19,792	84.2^	(70.8-92.1)	53,444	91.4	(85.0-95.2)
35-44	16,992	86.9^	(74.8-93.7)	40,753	90.0	(84.4-93.7)
45-64	44,370	89.8	(83.1-94.0)	106,162	93.3	(90.2-95.4)
65+	30,052	91.9	(87.2-95.0)	63,978	91.6	(88.9-93.7)
Race						
White, NH	116,783	88.1	(83.8-91.3)	261,499	90.9	(88.7-92.7)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#		23,022	95.9	(89.7-98.4)
Sex						
male	61,596	87.0	(80.4-91.7)	156,230	92.9	(89.8-95.1)
female	71,244	89.9	(84.6-93.5)	159,397	90.4	(87.5-92.7)
Age-adjusted ^{&}		88.0	(83.9-91.2)		91.4	(89.4-93.1)

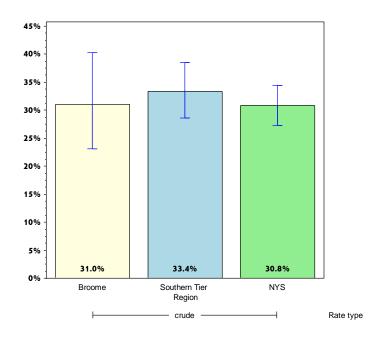
[&]amp; Percent is age-adjusted to the 2000 United States Population.

[#] Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Promote a Health and Safe Environment

Percentage of adults aged 65+ years with at least one fall in the past 12 months



	Broome County			Southern Tier		
_	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total Age⁺	10,283	31.0	(23.1-40.2)	23,488	33.4	(28.7-38.5)
18-24 25-34 35-44						
45-64 65+ Race						
White, NH Black, NH Hispanic	8,918	31.0 # #	(24.0-39.1)	20,224	32.3 # #	(28.2-36.8)
Other, NH Sex		#			#	
male female	4,333 5,950	28.8 [^] 32.8 [^]	(16.3-45.7) (23.3-44.0)	10,838 12,650	32.5 34.2	(25.0-40.9) (28.3-40.6)
Age-adjusted+,&						

[&]amp; Percent is age-adjusted to the 2000 United States Population.

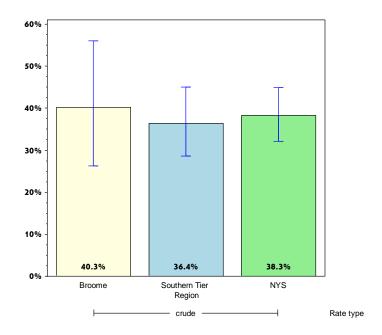
⁺ Age-adjusted and age specific percent not generated for health indicators with age range limits.

[#] Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Promote a Health and Safe Environment

Among adults aged 65+ years with at least one fall in the past 12 months, percent that resulted in injury*



	Br	oome Coui	nty	Southern Tier		
_	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	4,140	40.3^	(26.2-56.1)	8,522	36.4	(28.5-45.0)
Age ⁺						
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH	3,980	44.6	(31.1-59.0)	7,465	37.0	(29.7-45.0)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male		#		3,078	28.4	(17.1-43.3)
female		#		5,444	43.2	(34.0-52.9)
Age-adjusted+,&						

^{*} Falls that limited regular activities or lead to doctor visits.

[&]amp; Percent is age-adjusted to the 2000 United States Population.

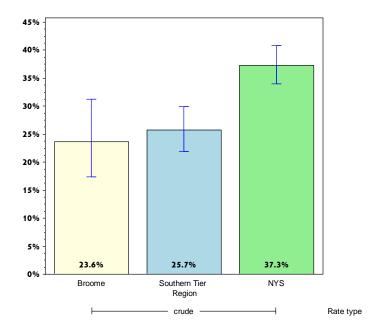
⁺ Age-adjusted and age specific percent not generated for health indicators with age range limits.

[#] Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Prevent HIV/STDs, Vaccine Preventable Diseases and Healthcare-Associated Infections

Percentage of adults aged 47-68 years reporting ever tested for Hepatitis C (HCV)



	Broome County			Southern Tier		
_	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total Age ⁺ 18-24	11,272	23.6	(17.4-31.2)	28,278	25.7	(21.9-29.9)
25-34 35-44 45-64 65+ Race						
White, NH Black, NH Hispanic Other, NH Sex	10,345	24.7 # # #	(18.1-32.8)	25,192	27.0 # # #	(23.1-31.2)
male female Age-adjusted+,&	5,924 5,348	30.1 [^] 19.1 [^]	(20.4-42.1) (11.8-29.4)	14,697 13,581	28.1 23.5	(22.3-34.8) (18.7-29.0)

[&]amp; Percent is age-adjusted to the 2000 United States Population.

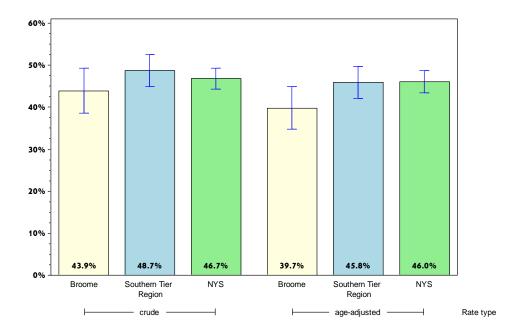
⁺ Age-adjusted and age specific percent not generated for health indicators with age range limits.

[#] Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Prevent HIV/STDs, Vaccine Preventable Diseases and Healthcare-Associated Infections

Percentage of adults aged 18+ years with flu immunization in the past year*



	Br	oome Cou	nty	Southern Tier		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	66,551	43.9	(38.6-49.2)	169,235	48.7	(44.9-52.4)
Age						
18-24		#		22,678	42.8	(28.8-58.0)
25-34	7,289	31.0^	(20.0-44.7)	21,280	36.4	(25.5-48.8)
35-44	3,664	18.5	(9.8-32.1)	13,516	29.5	(22.3-37.9)
45-64	23,612	46.6	(38.7-54.7)	58,844	50.9	(45.9-55.9)
65+	22,469	67.8 [^]	(57.5-76.7)	49,932	70.4	(65.0-75.3)
Race						
White, NH	58,019	43.3	(37.9-48.8)	135,586	46.6	(43.2-50.1)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#		12,106	50.0^	(32.3-67.7)
Sex						
male	27,840	39.1	(32.6-46.1)	76,549	45.2	(40.3-50.2)
female	38,711	48.0	(40.2-55.9)	92,686	52.0	(46.5-57.4)
Age-adjusted ^{&}		39.7	(34.8-44.9)		45.8	(42.1-49.7)

^{*} Includes flu shot or flu spray

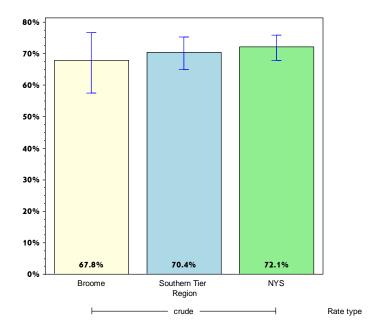
[&]amp; Percent is age-adjusted to the 2000 United States Population.

[#] Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Prevent HIV/STDs, Vaccine Preventable Diseases and Healthcare-Associated Infections

Percentage of adults aged 65+ years with flu immunization in the past year*



	Broome County			Southern Tier		
_	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	22,469	67.8^	(57.5-76.7)	49,932	70.4	(65.0-75.3)
Age ⁺						
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH	20,110	70.1	(60.5-78.2)	45,116	71.5	(66.6-75.9)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male	9,146	61.1	(45.7-74.5)	22,538	66.9	(58.4-74.4)
female	13,322	73.4	(60.7-83.2)	27,394	73.6	(67.0-79.3)
Age-adjusted ^{+,&}						

^{*} Includes flu shot or flu spray

[&]amp; Percent is age-adjusted to the 2000 United States Population.

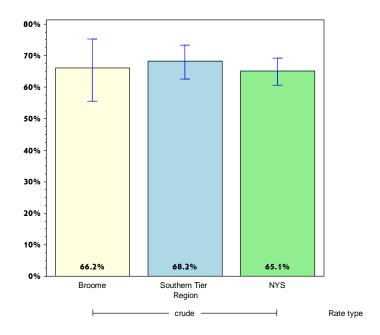
⁺ Age-adjusted and age specific percent not generated for health indicators with age range limits.

[#] Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Prevent HIV/STDs, Vaccine Preventable Diseases and Healthcare-Associated Infections

Percentage of adults aged 65+ years with pneumococcal immunization



	Br	oome Coui	nty	Southern Tier		
_	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	21,387	66.2	(55.6-75.3)	46,831	68.2	(62.5-73.3)
Age ⁺						
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH	18,584	66.6	(56.6-75.3)	42,016	68.9	(63.7-73.6)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male	7,744	53.6	(38.7-67.9)	20,119	62.6	(54.0-70.5)
female	13,643	76.3	(62.8-86.0)	26,713	73.1	(66.0-79.1)
Age-adjusted ^{+,&}						

[&]amp; Percent is age-adjusted to the 2000 United States Population.

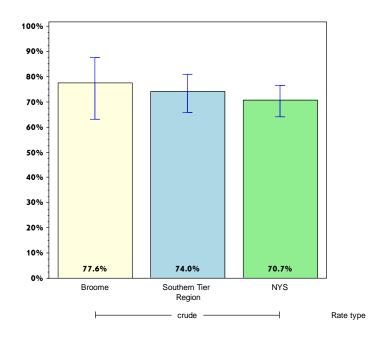
⁺ Age-adjusted and age specific percent not generated for health indicators with age range limits.

[#] Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Promote Healthy Women, Infants, and Children

Percentage of women aged 18-44 years who had dental visit within the last year



	Br	oome Coui	nty	Southern Tier		
_	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	22,544	77.6^	(63.1-87.5)	52,014	74.0	(65.7-80.9)
Age⁺						
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH	20,369	80.1	(64.1-90.1)	41,836	72.1	(63.2-79.6)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male		#			#	
female	22,544	77.6^	(63.1-87.5)	52,014	74.0	(65.7-80.9)
Age-adjusted ^{+,&}						

[&]amp; Percent is age-adjusted to the 2000 United States Population.

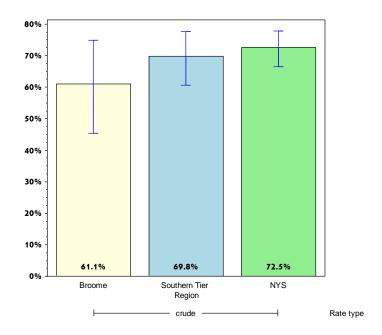
⁺ Age-adjusted and age specific percent not generated for health indicators with age range limits.

[#] Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Promote Healthy Women, Infants, and Children

Women aged 18-44 years who saw a doctor for a routine checkup within the last year



	Br	oome Coui	nty	Southern Tier			
_	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI	
Total	19,752	61.1	(45.3-74.8)	57,821	69.8	(60.6-77.7)	
Age ⁺							
18-24							
25-34							
35-44							
45-64							
65+							
Race							
White, NH	17,935	65.5	(48.0-79.6)	42,375	69.2	(59.7-77.2)	
Black, NH		#			#		
Hispanic		#			#		
Other, NH		#			#		
Sex							
male		#			#		
female	19,752	61.1	(45.3-74.8)	57,821	69.8	(60.6-77.7)	
Age-adjusted ^{+,&}							

[&]amp; Percent is age-adjusted to the 2000 United States Population.

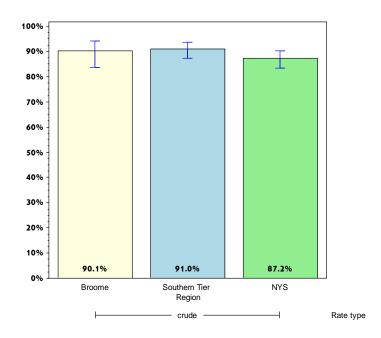
⁺ Age-adjusted and age specific percent not generated for health indicators with age range limits.

[#] Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Promote Healthy Women, Infants, and Children

Percentage of women aged 18-64 years with health care coverage



	Broome County			Southern Tier		
_	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	54,968	90.1	(83.7-94.2)	125,536	91.0	(87.3-93.7)
Age⁺						
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH	48,831	90.2	(83.4-94.4)	103,783	90.9	(87.0-93.7)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male		#			#	
female	54,968	90.1	(83.7-94.2)	125,536	91.0	(87.3-93.7)
Age-adjusted+,&						

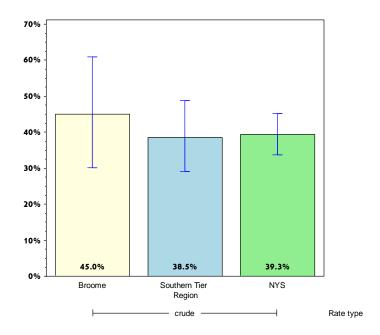
[&]amp; Percent is age-adjusted to the 2000 United States Population.

⁺ Age-adjusted and age specific percent not generated for health indicators with age range limits.

[#] Rates with <10 in the numerator or <50 in the denominator are suppressed.

Promote Healthy Women, Infants, and Children

Percentage of women aged 18-44 years whose health care provider discussed planning a healthy pregnancy



	Broome County			Southern Tier		
_	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	13,477	45.0 [^]	(30.2-60.8)	28,913	38.5^	(29.1-48.7)
Age⁺						
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH	12,531	47.6	(31.2-64.5)	26,118	45.0	(35.5-55.0)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male		#			#	
female	13,477	45.0^	(30.2-60.8)	28,913	38.5	(29.1-48.7)
Age-adjusted ^{+,&}						

[&]amp; Percent is age-adjusted to the 2000 United States Population.

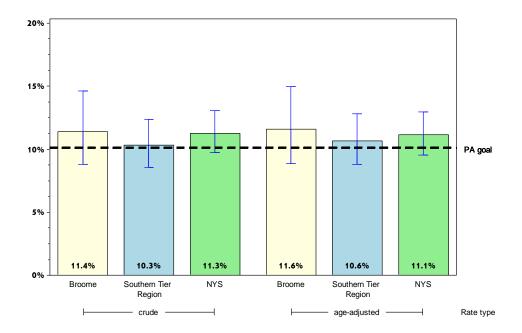
⁺ Age-adjusted and age specific percent not generated for health indicators with age range limits.

[#] Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Promote Mental Health and Prevention Substance Abuse

Percentage of adults with poor mental health for 14 or more days in the last month



	Broome County			Southern Tier		
_	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	17,557	11.4	(8.8-14.6)	36,482	10.3	(8.6-12.4)
Age						
18-24	4,417	17.5	(9.6-29.5)	4,996	8.9	(5.0-15.3)
25-34	3,142	14.3^	(7.8-24.6)	8,024	13.5	(7.8-22.5)
35-44		#		5,170	11.0	(7.3-16.3)
45-64	6,041	11.8	(7.6-17.8)	13,514	11.7	(9.1-14.9)
65+	1,836	5.5	(2.6-11.3)	4,696	6.6	(4.5-9.7)
Race						
White, NH	13,766	10.1	(7.6-13.2)	30,947	10.5	(8.6-12.8)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#		2,326	8.8	(3.8-19.1)
Sex						
male	6,964	9.3	(6.1-14.0)	16,352	9.5	(6.9-12.9)
female	10,593	13.4	(9.6-18.3)	20,130	11.2	(8.9-13.8)
Age-adjusted ^{&}		11.6	(8.9-15.0)		10.6	(8.8-12.8)

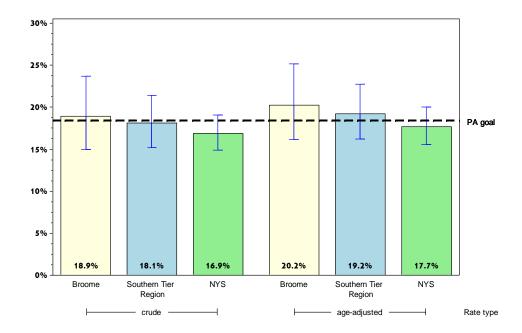
[&]amp; Percent is age-adjusted to the 2000 United States Population.

[#] Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Promote Mental Health and Prevention Substance Abuse

Percentage of adult binge drinking during the past month*



	Broome County			Southern Tier		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	28,744	18.9	(14.9-23.7)	61,605	18.1	(15.2-21.4)
Age						
18-24		#		15,284	30.1	(19.4-43.6)
25-34	4,936	22.5	(14.0-34.3)	16,238	28.9^	(18.7-41.7)
35-44	4,941	25.2	(14.2-40.8)	10,075	22.3	(15.8-30.6)
45-64	8,376	16.1	(11.5-22.2)	16,863	14.8	(12.0-18.2)
65+	1,232	3.8	(1.9-7.3)	3,145	4.5	(3.1-6.4)
Race						
White, NH	26,203	19.5	(15.2-24.7)	52,768	18.2	(15.5-21.3)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#		3,495	15.9^	(7.6-30.2)
Sex						
male	18,403	25.6	(19.7-32.6)	37,622	23.0	(19.2-27.4)
female	10,341	12.9	(8.1-20.0)	23,983	13.5	(9.5-19.0)
Age-adjusted ^{&}		20.2	(16.1-25.1)		19.2	(16.2-22.7)

 $[\]ensuremath{^{*}}$ Men who have five or more drinks , women having four or more drinks on one occasion

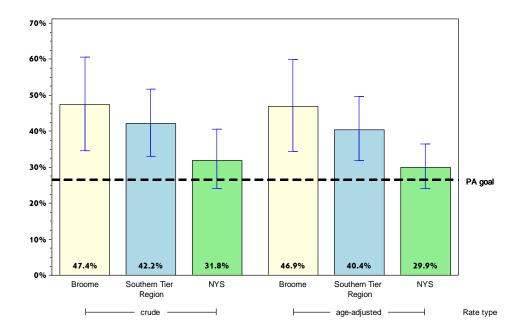
[&]amp; Percent is age-adjusted to the 2000 United States Population.

[#] Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Promote Mental Health and Prevention Substance Abuse

Percentage of cigarette smoking among adults who report poor mental health



	Broome County			Southern Tier		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	8,047	47.4^	(34.6-60.5)	14,908	42.2	(33.1-51.8)
Age						
18-24		#			#	
25-34		#			#	
35-44		#			#	
45-64		#		5,646	42.7	(30.4-55.9)
65+		#		718	15.5	(7.1-30.8)
Race						
White, NH	6,520	49.4^	(35.3-63.6)	12,617	42.3^	(32.5-52.7)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male		#		5,524	34.7	(21.2-51.2)
female		#		9,384	48.2	(37.5-59.2)
Age-adjusted ^{&}		46.9^	(34.4-59.8)		40.4	(31.9-49.6)

[&]amp; Percent is age-adjusted to the 2000 United States Population.

[#] Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).