

# **New York State Expanded Behavioral Risk Factor Surveillance System**

**Cortland County**

**Final Report  
July 2008 - June 2009**

**New York State Department of Health  
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## Introduction

The New York State Expanded Behavioral Risk Factor Surveillance System (Expanded BRFSS) is a random digit dialed telephone survey of adults (18 years of age and older) that is representative of the non-institutionalized civilian population with landline telephones living in New York State. The goal of the Expanded BRFSS is to collect county-specific data on preventive health practices, risk behaviors, injuries and preventable chronic and infectious diseases. Topics assessed by the Expanded BRFSS include tobacco use, physical inactivity, diet, use of cancer screening services and other factors linked to the leading causes of morbidity and mortality. For each topic, health indicators are based on answers to one or more questions in the survey. The survey results are weighted to more accurately represent the adult population living in each county. Weighting procedures adjust for the differential selection probabilities by race, age and gender. More detailed information on weighting procedures is available in the technical brief.

Survey data collection occurred in 58 geographic areas of New York State, including each of the 57 counties outside of New York City and New York City (5 counties) as a single area. A standard questionnaire was used in all areas. Data collection for the 2009 Expanded BRFSS took place during the period of July 2008 through June 2009. The goal was to complete about 650 interviews in each area. The final number of interviews varies because of the sampling design of the survey and differential response rates. More detailed information on the sampling design is available in the technical brief.

The New York State Department of Health contracted with RTI International, which is responsible for the data collection, sampling, weighting and creation of the statistical reports. RTI International subcontracted with Clearwater Research Inc. for data collection and additional expertise in sample design and data quality control.

This report presents both crude estimates and estimates that have been age-adjusted to the Year 2000 US Standard Population when they represent the entire adult population of an area. Estimates for specific age groups are not age-adjusted. Age adjustment is a statistical process applied to rates that allows communities with different age structures to be compared. Counties can compare their data with results from New York State as a whole and with other counties. Confidence intervals at the 95% level associated with each health indicator give an estimated range of values which is likely to include the actual prevalence of the indicator. Confidence intervals are similar to margins of error. When the confidence intervals of two estimates of the same indicator from different areas do not overlap, they may be said to be statistically significantly different, i.e., these differences are unlikely related to chance and are considered true differences. If there is any value that is included in both intervals, the two estimates are not statistically significantly different.

The survey results for each of the 69 health indicators included in the survey are typically provided by gender, age, race and ethnicity, education and income in the Expanded BRFSS county reports. The estimates for some of these groupings may be suppressed in geographic areas with low proportions of adult respondents in these groupings.

**Expanded BRFSS Report: July 2008 - June 2009  
Cortland County**

**Table 1. Cortland County and New York State adult US Census Bureau population estimates,<sup>1</sup> 2007**

	Cortland County		New York State	
	Adult Population <sup>1</sup>	Percent	Adult Population <sup>1</sup>	Percent
<b>Total</b>	38,303	100	14,884,315	100
<b>Gender</b>				
Male	18,193	47.5	7,103,791	47.7
Female	20,110	52.5	7,780,524	52.3
<b>Age (years)</b>				
18-34	14,397	37.6	4,497,479	30.2
35-44	5,869	15.3	2,844,115	19.1
45-54	6,733	17.6	2,854,316	19.2
55-64	5,169	13.5	2,142,000	14.4
≥ 65	6,135	16.0	2,546,405	17.1
<b>Race/Ethnicity</b>				
White Non-Hispanic	36,765	96.0	9,343,884	62.8
Black Non-Hispanic	538	1.4	2,156,941	14.5
Hispanic	556	1.5	2,258,717	15.2
Other Non-Hispanic	444	1.2	1,124,773	7.6

<sup>1</sup> Source: National Center for Health Statistics. Postcensal estimates of the resident population of the United States for July 1, 2000-July 1, 2007, by year, county, age, bridged race, Hispanic origin, and sex (Vintage 2007). Prepared under a collaborative arrangement with the U.S. Census Bureau; released August 7, 2008. Available from: [http://www.cdc.gov/nchs/nvss/bridged\\_race.htm](http://www.cdc.gov/nchs/nvss/bridged_race.htm) as of November 25, 2009.

**Expanded BRFSS Report: July 2008 - June 2009**  
**Cortland County**

**Table 2a. Fair or poor general health among adults<sup>1</sup> in Cortland County and New York State**

	Cortland County				New York State			
	n <sup>2</sup>	Est. # of Adults <sup>3</sup>	Percent	(C.I.) <sup>4</sup>	n <sup>2</sup>	Est. # of Adults <sup>3</sup>	Percent	(C.I.) <sup>4</sup>
<b>Total</b>	640	5,200	13.7	(10.1 - 17.3)	38,124	2,531,400	17.1	(15.1 - 19.0)
<b>Gender</b>								
Male	267	2,200	12.3	(8.1 - 16.4)	14,599	1,069,700	15.1	(12.4 - 17.8)
Female	373	3,000	15.0	(9.3 - 20.7)	23,525	1,461,700	18.8	(16.1 - 21.6)
<b>Age (years)</b>								
18-34	*	*	*	*	3,940	535,800	12.0	(7.2 - 16.8)
35-44	*	*	*	*	4,985	289,200	10.0	(6.8 - 13.3)
45-54	120	800	12.1	(5.9 - 18.2)	7,819	507,800	17.9	(14.0 - 21.8)
55-64	147	1,200	22.7	(15.4 - 30.1)	8,757	424,700	19.9	(16.0 - 23.9)
≥ 65	228	1,200	20.2	(14.2 - 26.2)	12,623	773,900	30.5	(26.8 - 34.2)
<b>Race/Ethnicity</b>								
White Non-Hispanic	616	4,500	12.2	(9.0 - 15.3)	35,811	1,226,600	13.2	(11.7 - 14.6)
Black Non-Hispanic	*	*	*	*	739	457,300	21.3	(14.8 - 27.9)
Hispanic	*	*	*	*	861	684,100	30.4	(22.2 - 38.6)
Other Non-Hispanic	*	*	*	*	713	163,400	14.5	(5.1 - 24.0)
<b>Education</b>								
≤ High School	261	3,300	22.5	(15.1 - 29.8)	15,682	1,466,500	26.3	(22.6 - 30.0)
Some College	206	1,000	7.7	(4.2 - 11.2)	9,904	508,500	14.3	(10.9 - 17.8)
≥ College Degree	171	900	9.1	(2.2 - 16.0)	12,457	493,500	8.8	(6.5 - 11.1)
<b>Income</b>								
≤ \$24,999	*	*	*	*	9,633	1,269,200	36.3	(30.1 - 42.4)
\$25,000-\$49,999	191	1,200	10.6	(5.7 - 15.4)	9,649	447,600	15.4	(11.9 - 18.9)
\$50,000-\$74,999	94	500	7.4	(2.1 - 12.7)	5,769	237,800	12.1	(8.0 - 16.2)
≥ \$75,000	*	*	*	*	8,562	218,300	4.9	(3.6 - 6.1)

<sup>1</sup> Defined as reporting fair or poor general health

<sup>2</sup> Sample size from survey

<sup>3</sup> Estimated number of adults who have fair or poor health (rounded to the nearest hundred)

<sup>4</sup> 95% confidence interval

\* Data do not meet reporting criteria (confidence interval with a half-width greater than 10, denominator less than 50 and/or a numerator less than 10)

**Expanded BRFSS Report: July 2008 - June 2009**  
**Cortland County**

**Table 2b. Fair or poor general health among adults<sup>1</sup> in Cortland County and New York State - Age-Adjusted<sup>2</sup>**

	Cortland County			New York State		
	n <sup>3</sup>	Percent	(C.I.) <sup>4</sup>	n <sup>3</sup>	Percent	(C.I.) <sup>4</sup>
<b>Total</b>	640	14.1	(10.5 - 17.7)	38,124	16.7	(14.8 - 18.6)
<b>Gender</b>						
Male	267	13.4	(8.8 - 18.1)	14,599	15.3	(12.6 - 18.0)
Female	373	14.7	(9.4 - 20.0)	23,525	18.0	(15.2 - 20.7)
<b>Race/Ethnicity</b>						
White Non-Hispanic	616	12.8	(9.5 - 16.0)	35,811	12.9	(11.4 - 14.4)
Black Non-Hispanic	*	*	*	739	20.8	(14.2 - 27.3)
Hispanic	*	*	*	861	29.9	(21.8 - 37.9)
Other Non-Hispanic	*	*	*	713	13.8	(4.8 - 22.8)
<b>Education</b>						
≤ High School	261	23.7	(16.4 - 31.0)	15,682	25.8	(22.1 - 29.5)
Some College	206	7.8	(4.0 - 11.6)	9,904	14.1	(10.7 - 17.6)
≥ College Degree	171	8.8	(2.7 - 14.8)	12,457	8.5	(6.3 - 10.8)
<b>Income</b>						
≤ \$24,999	*	*	*	9,633	35.9	(29.7 - 42.0)
\$25,000-\$49,999	191	11.4	(6.1 - 16.7)	9,649	15.0	(11.6 - 18.5)
\$50,000-\$74,999	94	8.1	(2.0 - 14.1)	5,769	11.8	(7.7 - 16.0)
≥ \$75,000	*	*	*	8,562	4.7	(3.5 - 6.0)

<sup>1</sup> Defined as reporting fair or poor general health

<sup>2</sup> Prevalence estimates are age-adjusted to the 2000 US Standard population

<sup>3</sup> Sample size from survey

<sup>4</sup> 95% confidence interval

\* Data do not meet reporting criteria (confidence interval with a half-width greater than 10, denominator less than 50 and/or a numerator less than 10)

**Expanded BRFSS Report: July 2008 - June 2009  
Cortland County**

**Table 3a. Poor physical health 14 or more days within the past month among adults<sup>1</sup> in Cortland County and New York State**

	Cortland County				New York State			
	n <sup>2</sup>	Est. # of Adults <sup>3</sup>	Percent	(C.I.) <sup>4</sup>	n <sup>2</sup>	Est. # of Adults <sup>3</sup>	Percent	(C.I.) <sup>4</sup>
<b>Total</b>	633	3,800	9.9	(7.2 - 12.6)	37,327	1,472,900	10.1	(8.7 - 11.6)
<b>Gender</b>								
Male	266	1,600	9.1	(5.3 - 12.8)	14,325	604,200	8.7	(7.0 - 10.5)
Female	367	2,100	10.7	(6.9 - 14.5)	23,002	868,600	11.4	(9.2 - 13.6)
<b>Age (years)</b>								
18-34	*	*	*	*	3,891	268,100	6.1	(2.7 - 9.5)
35-44	*	*	*	*	4,948	232,100	8.1	(5.2 - 11.1)
45-54	119	1,100	16.6	(9.3 - 23.9)	7,764	350,900	12.5	(9.4 - 15.6)
55-64	146	1,000	20.2	(13.0 - 27.3)	8,621	271,200	13.0	(10.3 - 15.8)
≥ 65	224	700	12.3	(7.8 - 16.8)	12,103	350,600	14.5	(12.1 - 16.9)
<b>Race/Ethnicity</b>								
White Non-Hispanic	610	3,700	10.0	(7.3 - 12.8)	35,073	929,700	10.2	(8.8 - 11.6)
Black Non-Hispanic	*	*	*	*	724	208,200	9.9	(4.8 - 14.9)
Hispanic	*	*	*	*	835	250,300	11.5	(6.5 - 16.4)
Other Non-Hispanic	*	*	*	*	695	84,600	7.6	(1.3 - 13.9)
<b>Education</b>								
≤ High School	254	1,600	11.4	(7.2 - 15.6)	15,178	692,800	12.9	(10.6 - 15.3)
Some College	206	1,600	12.1	(6.5 - 17.6)	9,751	362,500	10.3	(7.4 - 13.2)
≥ College Degree	171	500	5.1	(1.7 - 8.5)	12,327	359,300	6.4	(4.8 - 8.1)
<b>Income</b>								
≤ \$24,999	175	1,400	15.3	(8.4 - 22.2)	9,294	625,600	18.4	(13.6 - 23.3)
\$25,000-\$49,999	189	1,400	12.8	(6.9 - 18.8)	9,495	279,100	9.8	(7.3 - 12.3)
\$50,000-\$74,999	*	*	*	*	5,733	186,400	9.5	(5.8 - 13.2)
≥ \$75,000	*	*	*	*	8,510	219,100	4.9	(3.6 - 6.2)

<sup>1</sup> Defined as 14 or more days within the past month when physical health was not good

<sup>2</sup> Sample size from survey

<sup>3</sup> Estimated number of adults with poor physical health 14 or more days within the past month (rounded to the nearest hundred)

<sup>4</sup> 95% confidence interval

\* Data do not meet reporting criteria (confidence interval with a half-width greater than 10, denominator less than 50 and/or a numerator less than 10)



**Expanded BRFSS Report: July 2008 - June 2009  
Cortland County**

**Table 3b. Poor physical health 14 or more days within the past month among adults<sup>1</sup> in Cortland County and New York State - Age-Adjusted<sup>2</sup>**

	Cortland County			New York State		
	n <sup>3</sup>	Percent	(C.I.) <sup>4</sup>	n <sup>3</sup>	Percent	(C.I.) <sup>4</sup>
<b>Total</b>	633	10.0	(7.3 - 12.8)	37,327	9.9	(8.4 - 11.4)
<b>Gender</b>						
Male	266	9.4	(5.3 - 13.6)	14,325	8.7	(6.9 - 10.5)
Female	367	10.6	(6.9 - 14.3)	23,002	11.0	(8.7 - 13.2)
<b>Race/Ethnicity</b>						
White Non-Hispanic	610	10.1	(7.3 - 13.0)	35,073	9.9	(8.5 - 11.3)
Black Non-Hispanic	*	*	*	724	9.7	(4.6 - 14.9)
Hispanic	*	*	*	835	11.3	(6.3 - 16.2)
Other Non-Hispanic	*	*	*	695	7.6	(1.2 - 14.0)
<b>Education</b>						
≤ High School	254	11.5	(7.3 - 15.7)	15,178	12.7	(10.2 - 15.1)
Some College	206	12.1	(6.4 - 17.8)	9,751	10.1	(7.2 - 12.9)
≥ College Degree	171	5.4	(1.7 - 9.1)	12,327	6.3	(4.7 - 8.0)
<b>Income</b>						
≤ \$24,999	175	16.8	(8.9 - 24.6)	9,294	18.4	(13.5 - 23.4)
\$25,000-\$49,999	189	12.3	(6.8 - 17.9)	9,495	9.4	(7.0 - 11.9)
\$50,000-\$74,999	*	*	*	5,733	9.0	(5.3 - 12.6)
≥ \$75,000	*	*	*	8,510	4.9	(3.5 - 6.2)

<sup>1</sup> Defined as 14 or more days within the past month when physical health was not good

<sup>2</sup> Prevalence estimates are age-adjusted to the 2000 US Standard population

<sup>3</sup> Sample size from survey

<sup>4</sup> 95% confidence interval

\* Data do not meet reporting criteria (confidence interval with a half-width greater than 10, denominator less than 50 and/or a numerator less than 10)

**Expanded BRFSS Report: July 2008 - June 2009  
Cortland County**

**Table 4a. Poor mental health 14 or more days within the past month among adults<sup>1</sup> in Cortland County and New York State**

	Cortland County				New York State			
	n <sup>2</sup>	Est. # of Adults <sup>3</sup>	Percent	(C.I.) <sup>4</sup>	n <sup>2</sup>	Est. # of Adults <sup>3</sup>	Percent	(C.I.) <sup>4</sup>
<b>Total</b>	627	3,800	10.2	(6.7 - 13.6)	37,528	1,473,200	10.1	(8.6 - 11.5)
<b>Gender</b>								
Male	265	1,500	8.3	(4.5 - 12.1)	14,407	555,200	7.9	(6.3 - 9.6)
Female	362	2,300	11.8	(6.3 - 17.4)	23,121	918,000	12.0	(9.7 - 14.3)
<b>Age (years)</b>								
18-34	*	*	*	*	3,889	496,700	11.2	(7.4 - 15.1)
35-44	75	700	12.7	(5.4 - 20.1)	4,947	254,100	8.9	(6.7 - 11.1)
45-54	119	700	11.0	(4.6 - 17.4)	7,749	347,200	12.3	(9.0 - 15.6)
55-64	146	500	10.7	(5.7 - 15.8)	8,623	211,300	10.1	(7.9 - 12.3)
≥ 65	*	*	*	*	12,320	163,900	6.7	(4.7 - 8.7)
<b>Race/Ethnicity</b>								
White Non-Hispanic	604	3,700	10.2	(6.7 - 13.8)	35,266	899,200	9.8	(8.4 - 11.2)
Black Non-Hispanic	*	*	*	*	722	227,800	10.9	(5.4 - 16.4)
Hispanic	*	*	*	*	845	263,700	11.8	(6.8 - 16.8)
Other Non-Hispanic	*	*	*	*	695	82,500	7.4	(1.4 - 13.5)
<b>Education</b>								
≤ High School	252	1,500	10.9	(5.2 - 16.6)	15,335	665,000	12.2	(10.0 - 14.5)
Some College	204	1,400	10.4	(5.0 - 15.8)	9,771	404,500	11.5	(8.3 - 14.8)
≥ College Degree	169	900	9.0	(2.0 - 16.1)	12,342	346,600	6.2	(4.5 - 7.9)
<b>Income</b>								
≤ \$24,999	173	1,200	13.3	(4.7 - 21.9)	9,398	611,500	17.9	(13.0 - 22.8)
\$25,000-\$49,999	185	1,400	12.5	(6.4 - 18.6)	9,547	260,300	9.0	(6.7 - 11.4)
\$50,000-\$74,999	*	*	*	*	5,726	187,300	9.6	(6.0 - 13.1)
≥ \$75,000	*	*	*	*	8,520	276,500	6.2	(4.6 - 7.7)

<sup>1</sup> Defined as 14 or more days within the past month when mental health was not good

<sup>2</sup> Sample size from survey

<sup>3</sup> Estimated number of adults with poor mental health 14 or more days within the past month (rounded to the nearest hundred)

<sup>4</sup> 95% confidence interval

\* Data do not meet reporting criteria (confidence interval with a half-width greater than 10, denominator less than 50 and/or a numerator less than 10)

**Expanded BRFSS Report: July 2008 - June 2009  
Cortland County**

**Table 4b. Poor mental health 14 or more days within the past month among adults<sup>1</sup> in Cortland County and New York State - Age-Adjusted<sup>2</sup>**

	Cortland County			New York State		
	n <sup>3</sup>	Percent	(C.I.) <sup>4</sup>	n <sup>3</sup>	Percent	(C.I.) <sup>4</sup>
<b>Total</b>	627	10.2	(7.0 - 13.4)	37,528	10.2	(8.7 - 11.7)
<b>Gender</b>						
Male	265	8.8	(4.9 - 12.8)	14,407	7.9	(6.3 - 9.6)
Female	362	11.4	(6.4 - 16.3)	23,121	12.2	(9.8 - 14.6)
<b>Race/Ethnicity</b>						
White Non-Hispanic	604	10.1	(6.8 - 13.4)	35,266	10.0	(8.5 - 11.4)
Black Non-Hispanic	*	*	*	722	11.1	(5.5 - 16.7)
Hispanic	*	*	*	845	11.5	(6.5 - 16.4)
Other Non-Hispanic	*	*	*	695	7.6	(1.5 - 13.7)
<b>Education</b>						
≤ High School	252	11.1	(5.7 - 16.5)	15,335	12.3	(10.0 - 14.6)
Some College	204	10.1	(5.0 - 15.1)	9,771	11.8	(8.5 - 15.1)
≥ College Degree	169	9.1	(2.6 - 15.6)	12,342	6.3	(4.6 - 8.0)
<b>Income</b>						
≤ \$24,999	173	12.1	(4.6 - 19.6)	9,398	18.2	(13.2 - 23.1)
\$25,000-\$49,999	185	13.5	(7.3 - 19.8)	9,547	9.4	(6.9 - 11.9)
\$50,000-\$74,999	*	*	*	5,726	9.5	(5.9 - 13.1)
≥ \$75,000	*	*	*	8,520	6.2	(4.6 - 7.7)

<sup>1</sup> Defined as 14 or more days within the past month when mental health was not good

<sup>2</sup> Prevalence estimates are age-adjusted to the 2000 US Standard population

<sup>3</sup> Sample size from survey

<sup>4</sup> 95% confidence interval

\* Data do not meet reporting criteria (confidence interval with a half-width greater than 10, denominator less than 50 and/or a numerator less than 10)

**Expanded BRFSS Report: July 2008 - June 2009  
Cortland County**

**Table 5a. Poor physical or mental health 14 or more days within the past month among adults<sup>1</sup> in Cortland County and New York State**

	Cortland County				New York State			
	n <sup>2</sup>	Est. # of Adults <sup>3</sup>	Percent	(C.I.) <sup>4</sup>	n <sup>2</sup>	Est. # of Adults <sup>3</sup>	Percent	(C.I.) <sup>4</sup>
<b>Total</b>	624	6,600	17.5	(13.5 - 21.5)	37,005	2,385,900	16.5	(14.8 - 18.2)
<b>Gender</b>								
Male	264	2,900	16.0	(10.9 - 21.2)	14,231	937,700	13.6	(11.4 - 15.8)
Female	360	3,700	18.9	(12.9 - 24.9)	22,774	1,448,200	19.1	(16.5 - 21.7)
<b>Age (years)</b>								
18-34	69	1,800	12.9	(4.9 - 21.0)	3,859	602,600	13.8	(9.7 - 17.9)
35-44	75	1,100	19.2	(9.4 - 28.9)	4,924	388,300	13.7	(10.4 - 17.0)
45-54	118	1,500	22.7	(14.3 - 31.1)	7,722	551,000	19.6	(15.8 - 23.4)
55-64	144	1,300	25.1	(17.4 - 32.8)	8,545	395,500	19.2	(16.1 - 22.3)
≥ 65	218	900	14.7	(9.8 - 19.6)	11,955	448,500	18.8	(15.9 - 21.7)
<b>Race/Ethnicity</b>								
White Non-Hispanic	602	6,400	17.7	(13.6 - 21.8)	34,778	1,485,700	16.3	(14.8 - 17.8)
Black Non-Hispanic	*	*	*	*	715	343,700	16.5	(10.3 - 22.7)
Hispanic	*	*	*	*	832	412,900	19.0	(12.6 - 25.3)
Other Non-Hispanic	*	*	*	*	680	143,500	13.0	(5.0 - 21.0)
<b>Education</b>								
≤ High School	249	2,800	20.2	(13.4 - 26.9)	15,018	1,077,200	20.3	(17.3 - 23.2)
Some College	205	2,400	18.2	(11.5 - 24.9)	9,672	615,500	17.6	(14.1 - 21.1)
≥ College Degree	168	1,300	13.2	(5.6 - 20.7)	12,244	634,200	11.4	(9.2 - 13.6)
<b>Income</b>								
≤ \$24,999	*	*	*	*	9,199	924,000	27.3	(21.9 - 32.8)
\$25,000-\$49,999	185	2,200	20.6	(13.3 - 27.8)	9,425	456,000	16.1	(13.0 - 19.2)
\$50,000-\$74,999	*	*	*	*	5,696	312,000	16.0	(11.4 - 20.5)
≥ \$75,000	103	900	12.0	(5.3 - 18.7)	8,475	447,600	10.0	(8.1 - 12.0)

<sup>1</sup> Defined as 14 or more days within the past month when physical or mental health prevented usual activities, such as self-care, work or recreation

<sup>2</sup> Sample size from survey

<sup>3</sup> Estimated number of adults with poor physical or mental health 14 or more days within the past month (rounded to the nearest hundred)

<sup>4</sup> 95% confidence interval

\* Data do not meet reporting criteria (confidence interval with a half-width greater than 10, denominator less than 50 and/or a numerator less than 10)

**Expanded BRFSS Report: July 2008 - June 2009  
Cortland County**

**Table 5b. Poor physical or mental health 14 or more days within the past month among adults<sup>1</sup> in Cortland County and New York State - Age-Adjusted<sup>2</sup>**

	Cortland County			New York State		
	n <sup>3</sup>	Percent	(C.I.) <sup>4</sup>	n <sup>3</sup>	Percent	(C.I.) <sup>4</sup>
<b>Total</b>	624	17.7	(13.9 - 21.6)	37,005	16.4	(14.7 - 18.2)
<b>Gender</b>						
Male	264	17.0	(11.5 - 22.4)	14,231	13.6	(11.4 - 15.8)
Female	360	18.4	(12.9 - 24.0)	22,774	19.0	(16.3 - 21.6)
<b>Race/Ethnicity</b>						
White Non-Hispanic	602	17.8	(13.8 - 21.7)	34,778	16.3	(14.7 - 17.8)
Black Non-Hispanic	*	*	*	715	16.7	(10.3 - 23.0)
Hispanic	*	*	*	832	18.5	(12.2 - 24.8)
Other Non-Hispanic	*	*	*	680	13.1	(5.0 - 21.3)
<b>Education</b>						
≤ High School	249	20.5	(14.0 - 27.0)	15,018	20.1	(17.1 - 23.1)
Some College	205	18.2	(11.5 - 24.9)	9,672	17.6	(14.1 - 21.1)
≥ College Degree	168	13.5	(6.4 - 20.7)	12,244	11.4	(9.2 - 13.7)
<b>Income</b>						
≤ \$24,999	173	25.9	(16.0 - 35.7)	9,199	27.6	(22.1 - 33.1)
\$25,000-\$49,999	185	21.4	(14.2 - 28.7)	9,425	16.1	(12.9 - 19.3)
\$50,000-\$74,999	*	*	*	5,696	15.6	(11.0 - 20.1)
≥ \$75,000	103	12.3	(5.4 - 19.2)	8,475	10.0	(8.0 - 12.0)

<sup>1</sup> Defined as 14 or more days within the past month when physical or mental health prevented usual activities, such as self-care, work or recreation

<sup>2</sup> Prevalence estimates are age-adjusted to the 2000 US Standard population

<sup>3</sup> Sample size from survey

<sup>4</sup> 95% confidence interval

\* Data do not meet reporting criteria (confidence interval with a half-width greater than 10, denominator less than 50 and/or a numerator less than 10)

**Expanded BRFSS Report: July 2008 - June 2009  
Cortland County**

**Table 6a. Health insurance among adults<sup>1</sup> in Cortland County and New York State**

	Cortland County				New York State			
	n <sup>2</sup>	Est. # of Adults <sup>3</sup>	Percent	(C.I.) <sup>4</sup>	n <sup>2</sup>	Est. # of Adults <sup>3</sup>	Percent	(C.I.) <sup>4</sup>
<b>Total</b>	639	33,500	87.5	(82.9 - 92.1)	38,119	12,854,200	86.6	(84.2 - 89.0)
<b>Gender</b>								
Male	268	15,100	82.9	(75.8 - 90.1)	14,597	5,881,100	83.0	(78.9 - 87.1)
Female	371	18,400	91.6	(85.9 - 97.3)	23,522	6,973,100	89.9	(87.2 - 92.6)
<b>Age (years)</b>								
18-34	*	*	*	*	3,910	3,302,100	74.3	(67.8 - 80.7)
35-44	75	5,800	98.6	(95.7 - 100)	4,986	2,560,300	88.9	(84.7 - 93.1)
45-54	120	6,100	91.1	(85.9 - 96.2)	7,831	2,530,100	88.9	(84.6 - 93.2)
55-64	147	4,700	92.2	(87.9 - 96.6)	8,764	1,986,700	92.8	(90.2 - 95.5)
≥ 65	227	5,900	96.6	(93.5 - 99.6)	12,628	2,475,000	97.8	(96.7 - 98.8)
<b>Race/Ethnicity</b>								
White Non-Hispanic	617	32,500	88.5	(84.0 - 92.9)	35,811	8,591,200	92.2	(90.6 - 93.8)
Black Non-Hispanic	*	*	*	*	736	1,781,600	82.7	(75.3 - 90.1)
Hispanic	*	*	*	*	*	*	*	*
Other Non-Hispanic	*	*	*	*	*	*	*	*
<b>Education</b>								
≤ High School	259	12,000	82.7	(74.5 - 90.8)	15,673	4,448,900	79.7	(74.9 - 84.5)
Some College	207	11,800	87.2	(79.0 - 95.5)	9,906	3,004,600	85.0	(80.1 - 89.8)
≥ College Degree	171	9,700	96.4	(91.6 - 100)	12,459	5,361,700	95.3	(93.3 - 97.2)
<b>Income</b>								
≤ \$24,999	*	*	*	*	9,640	2,437,200	69.7	(62.5 - 76.8)
\$25,000-\$49,999	192	10,300	91.5	(83.8 - 99.2)	9,662	2,384,000	82.2	(76.1 - 88.3)
\$50,000-\$74,999	94	6,000	90.6	(81.3 - 99.9)	5,772	1,855,700	94.0	(91.2 - 96.7)
≥ \$75,000	105	7,200	94.6	(86.9 - 100)	8,567	4,388,400	97.5	(96.6 - 98.5)

<sup>1</sup> Defined as having any kind of health care coverage, including health insurance, prepaid plans such as health maintenance organizations, or government plans such as Medicare

<sup>2</sup> Sample size from survey

<sup>3</sup> Estimated number of adults who have health insurance (rounded to the nearest hundred)

<sup>4</sup> 95% confidence interval

\* Data do not meet reporting criteria (confidence interval with a half-width greater than 10, denominator less than 50 and/or a numerator less than 10)

**Expanded BRFSS Report: July 2008 - June 2009  
Cortland County**

**Table 6b. Health insurance among adults<sup>1</sup> in Cortland County and New York State - Age-Adjusted<sup>2</sup>**

	Cortland County			New York State		
	n <sup>3</sup>	Percent	(C.I.) <sup>4</sup>	n <sup>3</sup>	Percent	(C.I.) <sup>4</sup>
<b>Total</b>	639	88.9	(85.0 - 92.9)	38,119	86.7	(84.4 - 89.1)
<b>Gender</b>						
Male	268	84.9	(78.6 - 91.1)	14,597	83.6	(79.7 - 87.5)
Female	371	92.6	(87.7 - 97.4)	23,522	89.6	(86.8 - 92.3)
<b>Race/Ethnicity</b>						
White Non-Hispanic	617	89.8	(86.0 - 93.6)	35,811	92.1	(90.5 - 93.7)
Black Non-Hispanic	*	*	*	736	82.5	(75.0 - 90.0)
Hispanic	*	*	*	860	68.7	(59.0 - 78.4)
Other Non-Hispanic	*	*	*	*	*	*
<b>Education</b>						
≤ High School	259	84.2	(77.0 - 91.4)	15,673	80.1	(75.4 - 84.7)
Some College	207	88.9	(81.8 - 96.0)	9,906	84.6	(79.7 - 89.4)
≥ College Degree	171	97.0	(93.0 - 100)	12,459	95.4	(93.6 - 97.2)
<b>Income</b>						
≤ \$24,999	*	*	*	9,640	70.2	(63.2 - 77.1)
\$25,000-\$49,999	192	92.6	(86.1 - 99.0)	9,662	81.9	(76.0 - 87.9)
\$50,000-\$74,999	94	92.2	(84.6 - 99.9)	5,772	94.0	(91.3 - 96.7)
≥ \$75,000	105	95.5	(89.2 - 100)	8,567	97.5	(96.6 - 98.5)

<sup>1</sup> Defined as having any kind of health care coverage, including health insurance, prepaid plans such as health maintenance organizations, or government plans such as Medicare

<sup>2</sup> Prevalence estimates are age-adjusted to the 2000 US Standard population

<sup>3</sup> Sample size from survey

<sup>4</sup> 95% confidence interval

\* Data do not meet reporting criteria (confidence interval with a half-width greater than 10, denominator less than 50 and/or a numerator less than 10)

**Expanded BRFSS Report: July 2008 - June 2009**  
**Cortland County**

**Table 7a. Health insurance among adults aged 18-64<sup>1</sup> in Cortland County and New York State**

	Cortland County				New York State			
	n <sup>2</sup>	Est. # of Adults <sup>3</sup>	Percent	(C.I.) <sup>4</sup>	n <sup>2</sup>	Est. # of Adults <sup>3</sup>	Percent	(C.I.) <sup>4</sup>
<b>Total</b>	401	27,200	85.7	(80.3 - 91.1)	25,165	10,251,300	84.2	(81.3 - 87.1)
<b>Gender</b>								
Male	174	12,400	80.9	(72.6 - 89.2)	10,078	4,839,900	80.3	(75.5 - 85.0)
Female	227	14,800	90.1	(83.2 - 97.0)	15,087	5,411,400	88.0	(84.7 - 91.3)
<b>Age (years)</b>								
18-34	*	*	*	*	3,910	3,302,100	74.3	(67.8 - 80.7)
35-44	75	5,800	98.6	(95.7 - 100)	4,981	2,556,600	88.9	(84.7 - 93.1)
45-54	119	6,100	91.1	(85.9 - 96.2)	7,791	2,472,900	88.7	(84.3 - 93.0)
55-64	137	4,400	92.1	(87.5 - 96.7)	8,483	1,919,700	92.8	(90.1 - 95.5)
≥ 65	-	-	-	-	-	-	-	-
<b>Race/Ethnicity</b>								
White Non-Hispanic	387	26,400	86.8	(81.5 - 92.1)	23,354	6,582,200	90.3	(88.3 - 92.4)
Black Non-Hispanic	*	*	*	*	567	1,464,100	80.2	(71.6 - 88.7)
Hispanic	*	*	*	*	*	*	*	*
Other Non-Hispanic	*	*	*	*	*	*	*	*
<b>Education</b>								
≤ High School	*	*	*	*	9,037	3,191,500	74.6	(68.6 - 80.6)
Some College	144	10,100	85.6	(76.2 - 94.9)	7,031	2,540,400	82.9	(77.4 - 88.4)
≥ College Degree	119	8,100	95.7	(90.1 - 100)	9,068	4,502,400	94.5	(92.2 - 96.8)
<b>Income</b>								
≤ \$24,999	*	*	*	*	4,918	1,707,200	62.6	(54.1 - 71.2)
\$25,000-\$49,999	129	8,600	90.5	(81.5 - 99.6)	6,180	1,783,000	77.7	(70.3 - 85.1)
\$50,000-\$74,999	*	*	*	*	4,554	1,553,400	92.9	(89.7 - 96.1)
≥ \$75,000	86	6,500	94.0	(85.7 - 100)	7,324	3,987,600	97.3	(96.3 - 98.3)

<sup>1</sup> Defined as having any kind of health care coverage, including health insurance, prepaid plans such as health maintenance organizations, or government plans such as Medicare among adults aged 18-64

<sup>2</sup> Sample size from survey

<sup>3</sup> Estimated number of adults aged 18-64 who have health insurance (rounded to the nearest hundred)

<sup>4</sup> 95% confidence interval

\* Data do not meet reporting criteria (confidence interval with a half-width greater than 10, denominator less than 50 and/or a numerator less than 10)



**Expanded BRFSS Report: July 2008 - June 2009  
Cortland County**

**Table 7b. Health insurance among adults aged 18-64<sup>1</sup> in Cortland County and New York State - Age-Adjusted<sup>2</sup>**

	Cortland County			New York State		
	n <sup>3</sup>	Percent	(C.I.) <sup>4</sup>	n <sup>3</sup>	Percent	(C.I.) <sup>4</sup>
<b>Total</b>	401	87.3	(82.6 - 92.0)	25,165	84.3	(81.5 - 87.2)
<b>Gender</b>						
Male	174	82.9	(75.4 - 90.4)	10,078	80.5	(75.9 - 85.1)
Female	227	91.3	(85.5 - 97.2)	15,087	87.9	(84.6 - 91.2)
<b>Race/Ethnicity</b>						
White Non-Hispanic	387	88.4	(83.8 - 92.9)	23,354	90.3	(88.3 - 92.3)
Black Non-Hispanic	*	*	*	567	80.0	(71.3 - 88.6)
Hispanic	*	*	*	*	*	*
Other Non-Hispanic	*	*	*	*	*	*
<b>Education</b>						
≤ High School	137	81.4	(72.2 - 90.5)	9,037	75.1	(69.3 - 80.9)
Some College	144	87.4	(79.3 - 95.5)	7,031	82.6	(77.1 - 88.1)
≥ College Degree	119	96.4	(91.7 - 100)	9,068	94.6	(92.5 - 96.8)
<b>Income</b>						
≤ \$24,999	*	*	*	4,918	63.2	(54.9 - 71.6)
\$25,000-\$49,999	129	91.7	(84.1 - 99.3)	6,180	77.5	(70.2 - 84.7)
\$50,000-\$74,999	75	91.4	(83.0 - 99.9)	4,554	93.0	(89.8 - 96.2)
≥ \$75,000	86	95.1	(88.1 - 100)	7,324	97.3	(96.3 - 98.3)

<sup>1</sup> Defined as having any kind of health care coverage, including health insurance, prepaid plans such as health maintenance organizations, or government plans such as Medicare among adults aged 18-64

<sup>2</sup> Prevalence estimates are age-adjusted to the 2000 US Standard population

<sup>3</sup> Sample size from survey

<sup>4</sup> 95% confidence interval

\* Data do not meet reporting criteria (confidence interval with a half-width greater than 10, denominator less than 50 and/or a numerator less than 10)

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**Cortland County**

**Table 8a. No health insurance among adults<sup>1</sup> in Cortland County and New York State**

	Cortland County				New York State			
	n <sup>2</sup>	Est. # of Adults <sup>3</sup>	Percent	(C.I.) <sup>4</sup>	n <sup>2</sup>	Est. # of Adults <sup>3</sup>	Percent	(C.I.) <sup>4</sup>
<b>Total</b>	639	4,800	12.5	(7.9 - 17.1)	38,119	1,989,300	13.4	(11.0 - 15.8)
<b>Gender</b>								
Male	268	3,100	17.1	(9.9 - 24.2)	14,597	1,207,400	17.0	(12.9 - 21.1)
Female	371	1,700	8.4	(2.7 - 14.1)	23,522	781,900	10.1	(7.4 - 12.8)
<b>Age (years)</b>								
18-34	*	*	*	*	3,910	1,144,100	25.7	(19.3 - 32.2)
35-44	*	*	*	*	4,986	319,200	11.1	(6.9 - 15.3)
45-54	120	600	8.9	(3.8 - 14.1)	7,831	316,500	11.1	(6.8 - 15.4)
55-64	147	400	7.8	(3.4 - 12.1)	8,764	153,300	7.2	(4.5 - 9.8)
≥ 65	*	*	*	*	12,628	56,200	2.2	(1.2 - 3.3)
<b>Race/Ethnicity</b>								
White Non-Hispanic	617	4,200	11.5	(7.1 - 16.0)	35,811	727,100	7.8	(6.2 - 9.4)
Black Non-Hispanic	*	*	*	*	736	372,800	17.3	(9.9 - 24.7)
Hispanic	*	*	*	*	*	*	*	*
Other Non-Hispanic	*	*	*	*	*	*	*	*
<b>Education</b>								
≤ High School	259	2,500	17.3	(9.2 - 25.5)	15,673	1,134,400	20.3	(15.5 - 25.1)
Some College	207	1,700	12.8	(4.5 - 21.0)	9,906	531,400	15.0	(10.2 - 19.9)
≥ College Degree	*	*	*	*	12,459	266,300	4.7	(2.8 - 6.7)
<b>Income</b>								
≤ \$24,999	*	*	*	*	9,640	1,061,200	30.3	(23.2 - 37.5)
\$25,000-\$49,999	192	1,000	8.5	(0.8 - 16.2)	9,662	516,700	17.8	(11.7 - 23.9)
\$50,000-\$74,999	*	*	*	*	5,772	119,100	6.0	(3.3 - 8.8)
≥ \$75,000	*	*	*	*	8,567	111,100	2.5	(1.5 - 3.4)

<sup>1</sup> Defined as having no kind of health care coverage, including health insurance, prepaid plans such as health maintenance organizations, or government plans such as Medicare

<sup>2</sup> Sample size from survey

<sup>3</sup> Estimated number of adults who have no health insurance (rounded to the nearest hundred)

<sup>4</sup> 95% confidence interval

\* Data do not meet reporting criteria (confidence interval with a half-width greater than 10, denominator less than 50 and/or a numerator less than 10)

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Cortland County**

**Table 8b. No health insurance among adults<sup>1</sup> in Cortland County and New York State - Age-Adjusted<sup>2</sup>**

	Cortland County			New York State		
	n <sup>3</sup>	Percent	(C.I.) <sup>4</sup>	n <sup>3</sup>	Percent	(C.I.) <sup>4</sup>
<b>Total</b>	639	11.1	(7.1 - 15.0)	38,119	13.3	(10.9 - 15.6)
<b>Gender</b>						
Male	268	15.1	(8.9 - 21.4)	14,597	16.4	(12.5 - 20.3)
Female	371	7.4	(2.6 - 12.3)	23,522	10.4	(7.7 - 13.2)
<b>Race/Ethnicity</b>						
White Non-Hispanic	617	10.2	(6.4 - 14.0)	35,811	7.9	(6.3 - 9.5)
Black Non-Hispanic	*	*	*	736	17.5	(10.0 - 25.0)
Hispanic	*	*	*	860	31.3	(21.6 - 41.0)
Other Non-Hispanic	*	*	*	*	*	*
<b>Education</b>						
≤ High School	259	15.8	(8.6 - 23.0)	15,673	19.9	(15.3 - 24.6)
Some College	207	11.1	(4.0 - 18.2)	9,906	15.4	(10.6 - 20.3)
≥ College Degree	*	*	*	12,459	4.6	(2.8 - 6.4)
<b>Income</b>						
≤ \$24,999	*	*	*	9,640	29.8	(22.9 - 36.8)
\$25,000-\$49,999	192	7.4	(1.0 - 13.9)	9,662	18.1	(12.1 - 24.0)
\$50,000-\$74,999	*	*	*	5,772	6.0	(3.3 - 8.7)
≥ \$75,000	*	*	*	8,567	2.5	(1.5 - 3.4)

<sup>1</sup> Defined as having no kind of health care coverage, including health insurance, prepaid plans such as health maintenance organizations, or government plans such as Medicare

<sup>2</sup> Prevalence estimates are age-adjusted to the 2000 US Standard population

<sup>3</sup> Sample size from survey

<sup>4</sup> 95% confidence interval

\* Data do not meet reporting criteria (confidence interval with a half-width greater than 10, denominator less than 50 and/or a numerator less than 10)

**Expanded BRFSS Report: July 2008 - June 2009  
Cortland County**

**Table 9a. No health insurance among adults aged 18-64<sup>1</sup> in Cortland County and New York State**

	Cortland County				New York State			
	n <sup>2</sup>	Est. # of Adults <sup>3</sup>	Percent	(C.I.) <sup>4</sup>	n <sup>2</sup>	Est. # of Adults <sup>3</sup>	Percent	(C.I.) <sup>4</sup>
<b>Total</b>	401	4,600	14.3	(8.9 - 19.7)	25,165	1,928,400	15.8	(12.9 - 18.7)
<b>Gender</b>								
Male	174	2,900	19.1	(10.8 - 27.4)	10,078	1,190,200	19.7	(15.0 - 24.5)
Female	227	1,600	9.9	(3.0 - 16.8)	15,087	738,200	12.0	(8.7 - 15.3)
<b>Age (years)</b>								
18-34	*	*	*	*	3,910	1,144,100	25.7	(19.3 - 32.2)
35-44	*	*	*	*	4,981	319,200	11.1	(6.9 - 15.3)
45-54	119	600	8.9	(3.8 - 14.1)	7,791	316,100	11.3	(7.0 - 15.7)
55-64	137	400	7.9	(3.3 - 12.5)	8,483	148,900	7.2	(4.5 - 9.9)
≥ 65	-	-	-	-	-	-	-	-
<b>Race/Ethnicity</b>								
White Non-Hispanic	387	4,000	13.2	(7.9 - 18.5)	23,354	703,100	9.7	(7.6 - 11.7)
Black Non-Hispanic	*	*	*	*	567	361,800	19.8	(11.3 - 28.4)
Hispanic	*	*	*	*	*	*	*	*
Other Non-Hispanic	*	*	*	*	*	*	*	*
<b>Education</b>								
≤ High School	*	*	*	*	9,037	1,087,700	25.4	(19.4 - 31.4)
Some College	144	1,700	14.4	(5.1 - 23.8)	7,031	522,800	17.1	(11.6 - 22.6)
≥ College Degree	*	*	*	*	9,068	261,200	5.5	(3.2 - 7.8)
<b>Income</b>								
≤ \$24,999	*	*	*	*	4,918	1,018,000	37.4	(28.8 - 45.9)
\$25,000-\$49,999	129	900	9.5	(0.4 - 18.5)	6,180	511,100	22.3	(14.9 - 29.7)
\$50,000-\$74,999	*	*	*	*	4,554	118,800	7.1	(3.9 - 10.3)
≥ \$75,000	*	*	*	*	7,324	110,700	2.7	(1.7 - 3.7)

<sup>1</sup> Defined as having no kind of health care coverage, including health insurance, prepaid plans such as health maintenance organizations, or government plans such as Medicare among adults aged 18-64

<sup>2</sup> Sample size from survey

<sup>3</sup> Estimated number of adults aged 18-64 who have no health insurance (rounded to the nearest hundred)

<sup>4</sup> 95% confidence interval

\* Data do not meet reporting criteria (confidence interval with a half-width greater than 10, denominator less than 50 and/or a numerator less than 10)

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**Cortland County**

**Table 9b. No health insurance among adults aged 18-64<sup>1</sup> in Cortland County and New York State - Age-Adjusted<sup>2</sup>**

	Cortland County			New York State		
	n <sup>3</sup>	Percent	(C.I.) <sup>4</sup>	n <sup>3</sup>	Percent	(C.I.) <sup>4</sup>
<b>Total</b>	401	12.7	(8.0 - 17.4)	25,165	15.7	(12.8 - 18.5)
<b>Gender</b>						
Male	174	17.1	(9.6 - 24.6)	10,078	19.5	(14.9 - 24.1)
Female	227	8.7	(2.8 - 14.5)	15,087	12.1	(8.8 - 15.4)
<b>Race/Ethnicity</b>						
White Non-Hispanic	387	11.6	(7.1 - 16.2)	23,354	9.7	(7.7 - 11.7)
Black Non-Hispanic	*	*	*	567	20.0	(11.4 - 28.7)
Hispanic	*	*	*	*	*	*
Other Non-Hispanic	*	*	*	*	*	*
<b>Education</b>						
≤ High School	137	18.6	(9.5 - 27.8)	9,037	24.9	(19.1 - 30.7)
Some College	144	12.6	(4.5 - 20.7)	7,031	17.4	(11.9 - 22.9)
≥ College Degree	*	*	*	9,068	5.4	(3.2 - 7.5)
<b>Income</b>						
≤ \$24,999	*	*	*	4,918	36.8	(28.4 - 45.1)
\$25,000-\$49,999	129	8.3	(0.7 - 15.9)	6,180	22.5	(15.3 - 29.8)
\$50,000-\$74,999	*	*	*	4,554	7.0	(3.8 - 10.2)
≥ \$75,000	*	*	*	7,324	2.7	(1.7 - 3.7)

<sup>1</sup> Defined as having no kind of health care coverage, including health insurance, prepaid plans such as health maintenance organizations, or government plans such as Medicare among adults aged 18-64

<sup>2</sup> Prevalence estimates are age-adjusted to the 2000 US Standard population

<sup>3</sup> Sample size from survey

<sup>4</sup> 95% confidence interval

\* Data do not meet reporting criteria (confidence interval with a half-width greater than 10, denominator less than 50 and/or a numerator less than 10)

**Expanded BRFSS Report: July 2008 - June 2009  
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**Table 10a. Adults with regular health care provider<sup>1</sup> in Cortland County and New York State**

	Cortland County				New York State			
	n <sup>2</sup>	Est. # of Adults <sup>3</sup>	Percent	(C.I.) <sup>4</sup>	n <sup>2</sup>	Est. # of Adults <sup>3</sup>	Percent	(C.I.) <sup>4</sup>
<b>Total</b>	640	31,400	82.3	(77.5 - 87.2)	38,135	12,324,300	83.0	(80.4 - 85.6)
<b>Gender</b>								
Male	269	13,700	75.3	(67.5 - 83.1)	14,593	5,494,300	77.6	(73.2 - 82.0)
Female	371	17,700	88.8	(83.2 - 94.3)	23,542	6,830,000	87.8	(85.1 - 90.5)
<b>Age (years)</b>								
18-34	*	*	*	*	3,929	2,931,600	65.8	(59.2 - 72.5)
35-44	75	5,000	85.9	(77.4 - 94.3)	4,988	2,471,000	86.1	(81.9 - 90.3)
45-54	119	5,900	88.6	(82.1 - 95.0)	7,823	2,529,300	88.6	(84.6 - 92.7)
55-64	148	4,700	91.3	(86.6 - 96.0)	8,770	2,002,000	93.6	(91.7 - 95.4)
≥ 65	228	5,800	94.4	(90.6 - 98.2)	12,625	2,390,400	94.1	(92.2 - 96.0)
<b>Race/Ethnicity</b>								
White Non-Hispanic	616	30,100	82.1	(77.1 - 87.1)	35,821	8,227,700	88.2	(86.4 - 89.9)
Black Non-Hispanic	*	*	*	*	740	1,753,200	81.3	(72.6 - 89.9)
Hispanic	*	*	*	*	860	1,453,100	64.7	(54.7 - 74.6)
Other Non-Hispanic	*	*	*	*	*	*	*	*
<b>Education</b>								
≤ High School	260	11,600	79.7	(71.2 - 88.3)	15,692	4,249,200	75.9	(70.9 - 80.8)
Some College	207	11,600	86.0	(78.8 - 93.2)	9,904	2,935,000	82.8	(77.2 - 88.4)
≥ College Degree	171	8,200	82.7	(73.5 - 91.9)	12,456	5,046,100	89.8	(87.1 - 92.6)
<b>Income</b>								
≤ \$24,999	*	*	*	*	9,644	2,554,200	72.7	(65.9 - 79.6)
\$25,000-\$49,999	192	9,600	85.7	(76.9 - 94.6)	9,655	2,243,100	77.3	(70.0 - 84.6)
\$50,000-\$74,999	94	5,900	89.9	(81.6 - 98.1)	5,771	1,767,500	89.5	(85.2 - 93.9)
≥ \$75,000	*	*	*	*	8,560	4,122,800	91.9	(90.2 - 93.7)

<sup>1</sup> Defined as having one or more persons respondent thinks of as a personal doctor or health care provider

<sup>2</sup> Sample size from survey

<sup>3</sup> Estimated number of adults who have at least one person they think of as their personal doctor or health care provider (rounded to the nearest hundred)

<sup>4</sup> 95% confidence interval

\* Data do not meet reporting criteria (confidence interval with a half-width greater than 10, denominator less than 50 and/or a numerator less than 10)

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**Table 10b. Adults with regular health care provider<sup>1</sup> in Cortland County and New York State - Age-Adjusted<sup>2</sup>**

	Cortland County			New York State		
	n <sup>3</sup>	Percent	(C.I.) <sup>4</sup>	n <sup>3</sup>	Percent	(C.I.) <sup>4</sup>
<b>Total</b>	640	83.4	(79.1 - 87.8)	38,135	83.0	(80.4 - 85.5)
<b>Gender</b>						
Male	269	77.1	(69.9 - 84.2)	14,593	78.1	(73.9 - 82.3)
Female	371	89.2	(84.2 - 94.2)	23,542	87.4	(84.6 - 90.1)
<b>Race/Ethnicity</b>						
White Non-Hispanic	616	83.2	(78.7 - 87.7)	35,821	88.0	(86.2 - 89.7)
Black Non-Hispanic	*	*	*	740	81.4	(73.0 - 89.8)
Hispanic	*	*	*	860	65.2	(55.5 - 75.0)
Other Non-Hispanic	*	*	*	*	*	*
<b>Education</b>						
≤ High School	260	81.6	(74.0 - 89.2)	15,692	75.8	(71.0 - 80.6)
Some College	207	87.0	(80.6 - 93.5)	9,904	82.9	(77.5 - 88.3)
≥ College Degree	171	82.6	(74.0 - 91.2)	12,456	89.8	(87.1 - 92.4)
<b>Income</b>						
≤ \$24,999	177	77.5	(67.6 - 87.3)	9,644	72.9	(66.1 - 79.6)
\$25,000-\$49,999	192	86.3	(78.4 - 94.3)	9,655	77.4	(70.5 - 84.3)
\$50,000-\$74,999	94	89.8	(81.7 - 97.8)	5,771	89.6	(85.3 - 94.0)
≥ \$75,000	105	84.4	(74.5 - 94.4)	8,560	91.6	(89.8 - 93.4)

<sup>1</sup> Defined as having one or more persons respondent thinks of as a personal doctor or health care provider

<sup>2</sup> Prevalence estimates are age-adjusted to the 2000 US Standard population

<sup>3</sup> Sample size from survey

<sup>4</sup> 95% confidence interval

\* Data do not meet reporting criteria (confidence interval with a half-width greater than 10, denominator less than 50 and/or a numerator less than 10)

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Cortland County**

**Table 11a. Cost prevented visit to doctor within the past year among adults<sup>1</sup> in Cortland County and New York State**

	Cortland County				New York State			
	n <sup>2</sup>	Est. # of Adults <sup>3</sup>	Percent	(C.I.) <sup>4</sup>	n <sup>2</sup>	Est. # of Adults <sup>3</sup>	Percent	(C.I.) <sup>4</sup>
<b>Total</b>	639	5,200	13.5	(9.1 - 18.0)	38,143	2,034,800	13.7	(11.6 - 15.8)
<b>Gender</b>								
Male	268	2,600	14.4	(7.4 - 21.4)	14,607	903,300	12.7	(9.5 - 16.0)
Female	371	2,500	12.7	(7.1 - 18.3)	23,536	1,131,500	14.6	(11.8 - 17.4)
<b>Age (years)</b>								
18-34	*	*	*	*	3,939	947,300	21.2	(15.6 - 26.9)
35-44	75	1,200	19.7	(10.3 - 29.1)	4,987	347,900	12.1	(8.0 - 16.2)
45-54	119	700	11.0	(5.3 - 16.7)	7,825	382,200	13.5	(9.9 - 17.1)
55-64	146	400	7.8	(3.1 - 12.5)	8,766	236,800	11.1	(8.0 - 14.2)
≥ 65	*	*	*	*	12,626	120,600	4.8	(2.5 - 7.0)
<b>Race/Ethnicity</b>								
White Non-Hispanic	615	4,700	12.7	(8.3 - 17.1)	35,833	984,600	10.6	(8.9 - 12.2)
Black Non-Hispanic	*	*	*	*	738	280,000	13.1	(7.2 - 19.0)
Hispanic	*	*	*	*	859	597,900	26.5	(17.3 - 35.7)
Other Non-Hispanic	*	*	*	*	713	172,300	15.3	(5.7 - 24.9)
<b>Education</b>								
≤ High School	259	2,700	18.7	(9.7 - 27.6)	15,696	996,600	17.8	(13.8 - 21.9)
Some College	207	1,700	12.2	(6.6 - 17.9)	9,911	512,400	14.5	(10.4 - 18.6)
≥ College Degree	*	*	*	*	12,453	466,900	8.3	(6.0 - 10.6)
<b>Income</b>								
≤ \$24,999	*	*	*	*	9,639	854,500	24.3	(18.4 - 30.3)
\$25,000-\$49,999	191	1,800	16.4	(7.8 - 25.0)	9,656	532,900	18.4	(12.5 - 24.3)
\$50,000-\$74,999	*	*	*	*	5,776	202,700	10.3	(6.0 - 14.5)
≥ \$75,000	*	*	*	*	8,561	192,000	4.3	(2.9 - 5.6)

<sup>1</sup> Defined as needing to see a doctor within the past year but not being able to because of cost

<sup>2</sup> Sample size from survey

<sup>3</sup> Estimated number of adults who did not see a doctor because of cost within the past year (rounded to the nearest hundred)

<sup>4</sup> 95% confidence interval

\* Data do not meet reporting criteria (confidence interval with a half-width greater than 10, denominator less than 50 and/or a numerator less than 10)



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**Table 11b. Cost prevented visit to doctor within the past year among adults<sup>1</sup> in Cortland County and New York State - Age-Adjusted<sup>2</sup>**

	Cortland County			New York State		
	n <sup>3</sup>	Percent	(C.I.) <sup>4</sup>	n <sup>3</sup>	Percent	(C.I.) <sup>4</sup>
<b>Total</b>	639	13.6	(9.5 - 17.8)	38,143	13.8	(11.7 - 15.9)
<b>Gender</b>						
Male	268	13.9	(7.5 - 20.4)	14,607	12.5	(9.4 - 15.6)
Female	371	13.4	(8.0 - 18.7)	23,536	15.0	(12.1 - 17.9)
<b>Race/Ethnicity</b>						
White Non-Hispanic	615	12.8	(8.8 - 16.9)	35,833	10.8	(9.2 - 12.5)
Black Non-Hispanic	*	*	*	738	13.2	(7.2 - 19.3)
Hispanic	*	*	*	859	26.1	(17.2 - 35.1)
Other Non-Hispanic	*	*	*	713	14.8	(5.5 - 24.2)
<b>Education</b>						
≤ High School	259	19.0	(10.6 - 27.3)	15,696	17.8	(13.8 - 21.7)
Some College	207	13.0	(7.3 - 18.7)	9,911	15.3	(11.0 - 19.5)
≥ College Degree	*	*	*	12,453	8.2	(6.0 - 10.5)
<b>Income</b>						
≤ \$24,999	*	*	*	9,639	24.5	(18.6 - 30.4)
\$25,000-\$49,999	191	16.7	(8.8 - 24.7)	9,656	18.7	(12.9 - 24.6)
\$50,000-\$74,999	*	*	*	5,776	10.4	(6.1 - 14.7)
≥ \$75,000	*	*	*	8,561	4.4	(3.1 - 5.8)

<sup>1</sup> Defined as needing to see a doctor within the past year but not being able to because of cost

<sup>2</sup> Prevalence estimates are age-adjusted to the 2000 US Standard population

<sup>3</sup> Sample size from survey

<sup>4</sup> 95% confidence interval

\* Data do not meet reporting criteria (confidence interval with a half-width greater than 10, denominator less than 50 and/or a numerator less than 10)

**Expanded BRFSS Report: July 2008 - June 2009  
Cortland County**

**Table 12a. Visited a doctor for routine checkup within the past year among adults<sup>1</sup> in Cortland County and New York State**

	Cortland County				New York State			
	n <sup>2</sup>	Est. # of Adults <sup>3</sup>	Percent	(C.I.) <sup>4</sup>	n <sup>2</sup>	Est. # of Adults <sup>3</sup>	Percent	(C.I.) <sup>4</sup>
<b>Total</b>	637	27,700	72.8	(67.8 - 77.9)	38,026	10,809,300	72.9	(70.6 - 75.3)
<b>Gender</b>								
Male	266	12,100	67.4	(59.7 - 75.1)	14,592	4,738,400	66.9	(63.0 - 70.9)
Female	371	15,600	77.8	(71.2 - 84.3)	23,434	6,070,900	78.5	(75.9 - 81.0)
<b>Age (years)</b>								
18-34	*	*	*	*	3,921	2,747,400	61.7	(55.6 - 67.9)
35-44	*	*	*	*	4,973	1,883,100	65.5	(60.2 - 70.7)
45-54	120	4,800	71.1	(62.1 - 80.2)	7,808	2,174,100	76.6	(73.2 - 80.0)
55-64	147	3,900	75.1	(66.5 - 83.8)	8,751	1,728,600	81.4	(78.7 - 84.2)
≥ 65	228	5,500	89.9	(85.6 - 94.3)	12,573	2,276,000	90.0	(87.5 - 92.5)
<b>Race/Ethnicity</b>								
White Non-Hispanic	614	27,100	74.3	(69.4 - 79.2)	35,721	6,746,200	72.4	(70.6 - 74.2)
Black Non-Hispanic	*	*	*	*	736	1,688,900	78.8	(70.4 - 87.3)
Hispanic	*	*	*	*	857	1,550,900	69.3	(60.0 - 78.5)
Other Non-Hispanic	*	*	*	*	*	*	*	*
<b>Education</b>								
≤ High School	257	10,800	75.6	(67.1 - 84.1)	15,640	4,150,600	74.7	(70.7 - 78.7)
Some College	206	10,200	75.6	(67.2 - 84.0)	9,880	2,524,000	71.3	(66.1 - 76.5)
≥ College Degree	172	6,700	66.3	(57.0 - 75.5)	12,428	4,042,900	71.9	(68.5 - 75.3)
<b>Income</b>								
≤ \$24,999	*	*	*	*	9,616	2,469,200	70.4	(64.2 - 76.6)
\$25,000-\$49,999	192	8,500	75.8	(66.7 - 84.9)	9,631	2,068,400	71.3	(65.3 - 77.3)
\$50,000-\$74,999	*	*	*	*	5,765	1,466,000	74.8	(69.6 - 80.0)
≥ \$75,000	*	*	*	*	8,547	3,176,500	70.7	(67.3 - 74.2)

<sup>1</sup> Defined as having visited a doctor for a routine checkup (general physical exam, not an exam for a specific injury, illness or condition) within the past year

<sup>2</sup> Sample size from survey

<sup>3</sup> Estimated number of adults who have visited a doctor for a routine checkup within the past year (rounded to the nearest hundred)

<sup>4</sup> 95% confidence interval

\* Data do not meet reporting criteria (confidence interval with a half-width greater than 10, denominator less than 50 and/or a numerator less than 10)

**Expanded BRFSS Report: July 2008 - June 2009  
Cortland County**

**Table 12b. Visited a doctor for routine checkup within the past year among adults<sup>1</sup> in Cortland County and New York State - Age-Adjusted<sup>2</sup>**

	Cortland County			New York State		
	n <sup>3</sup>	Percent	(C.I.) <sup>4</sup>	n <sup>3</sup>	Percent	(C.I.) <sup>4</sup>
<b>Total</b>	637	72.9	(68.0 - 77.7)	38,026	72.7	(70.3 - 75.0)
<b>Gender</b>						
Male	266	68.4	(61.1 - 75.7)	14,592	67.1	(63.3 - 70.9)
Female	371	76.8	(70.5 - 83.1)	23,434	77.7	(75.1 - 80.3)
<b>Race/Ethnicity</b>						
White Non-Hispanic	614	74.2	(69.5 - 78.9)	35,721	71.9	(70.1 - 73.7)
Black Non-Hispanic	*	*	*	736	79.3	(71.3 - 87.4)
Hispanic	*	*	*	857	69.2	(60.1 - 78.2)
Other Non-Hispanic	*	*	*	*	*	*
<b>Education</b>						
≤ High School	257	75.8	(67.9 - 83.8)	15,640	74.4	(70.4 - 78.4)
Some College	206	75.3	(67.4 - 83.3)	9,880	70.9	(65.9 - 76.0)
≥ College Degree	172	66.4	(57.3 - 75.4)	12,428	71.7	(68.3 - 75.0)
<b>Income</b>						
≤ \$24,999	*	*	*	9,616	70.2	(64.1 - 76.2)
\$25,000-\$49,999	192	76.2	(67.7 - 84.7)	9,631	71.1	(65.3 - 76.9)
\$50,000-\$74,999	*	*	*	5,765	74.5	(69.2 - 79.8)
≥ \$75,000	*	*	*	8,547	70.3	(66.9 - 73.8)

<sup>1</sup> Defined as having visited a doctor for a routine checkup (general physical exam, not an exam for a specific injury, illness or condition) within the past year

<sup>2</sup> Prevalence estimates are age-adjusted to the 2000 US Standard population

<sup>3</sup> Sample size from survey

<sup>4</sup> 95% confidence interval

\* Data do not meet reporting criteria (confidence interval with a half-width greater than 10, denominator less than 50 and/or a numerator less than 10)

**Expanded BRFSS Report: July 2008 - June 2009  
Cortland County**

**Table 13a. Visited a doctor for routine checkup within the past 2 years among adults<sup>1</sup> in Cortland County and New York State**

	Cortland County				New York State			
	n <sup>2</sup>	Est. # of Adults <sup>3</sup>	Percent	(C.I.) <sup>4</sup>	n <sup>2</sup>	Est. # of Adults <sup>3</sup>	Percent	(C.I.) <sup>4</sup>
<b>Total</b>	637	31,600	83.3	(78.9 - 87.7)	38,026	12,726,600	85.9	(83.9 - 87.9)
<b>Gender</b>								
Male	266	14,100	78.6	(71.8 - 85.5)	14,592	5,791,900	81.8	(78.2 - 85.4)
Female	371	17,500	87.4	(82.0 - 92.9)	23,434	6,934,700	89.6	(87.9 - 91.3)
<b>Age (years)</b>								
18-34	*	*	*	*	3,921	3,535,400	79.4	(73.9 - 85.0)
35-44	73	4,900	85.4	(76.8 - 94.0)	4,973	2,355,600	81.9	(78.0 - 85.7)
45-54	120	5,400	80.7	(72.9 - 88.6)	7,808	2,507,900	88.4	(85.6 - 91.2)
55-64	147	4,600	88.6	(82.7 - 94.5)	8,751	1,924,800	90.7	(88.6 - 92.7)
≥ 65	228	5,700	92.9	(89.1 - 96.8)	12,573	2,402,900	95.0	(93.5 - 96.5)
<b>Race/Ethnicity</b>								
White Non-Hispanic	614	30,800	84.3	(80.0 - 88.5)	35,721	8,070,000	86.6	(85.4 - 87.9)
Black Non-Hispanic	*	*	*	*	736	1,914,500	89.4	(82.3 - 96.5)
Hispanic	*	*	*	*	857	1,832,800	81.9	(73.7 - 90.1)
Other Non-Hispanic	*	*	*	*	*	*	*	*
<b>Education</b>								
≤ High School	257	12,200	85.3	(78.2 - 92.5)	15,640	4,713,700	84.8	(81.2 - 88.4)
Some College	206	11,100	82.3	(74.6 - 90.0)	9,880	2,990,500	84.5	(79.6 - 89.4)
≥ College Degree	172	8,300	82.9	(75.3 - 90.5)	12,428	4,928,300	87.6	(85.3 - 89.9)
<b>Income</b>								
≤ \$24,999	*	*	*	*	9,616	2,911,700	83.0	(77.4 - 88.6)
\$25,000-\$49,999	192	9,500	84.8	(77.0 - 92.7)	9,631	2,375,500	81.9	(76.1 - 87.7)
\$50,000-\$74,999	95	5,700	84.9	(75.4 - 94.3)	5,765	1,733,500	88.4	(84.9 - 91.9)
≥ \$75,000	*	*	*	*	8,547	3,907,000	87.0	(84.8 - 89.2)

<sup>1</sup> Defined as having visited a doctor for a routine checkup (general physical exam, not an exam for a specific injury, illness or condition) within the past 2 years

<sup>2</sup> Sample size from survey

<sup>3</sup> Estimated number of adults who have visited a doctor for a routine checkup within the past 2 years (rounded to the nearest hundred)

<sup>4</sup> 95% confidence interval

\* Data do not meet reporting criteria (confidence interval with a half-width greater than 10, denominator less than 50 and/or a numerator less than 10)

**Expanded BRFSS Report: July 2008 - June 2009  
Cortland County**

**Table 13b. Visited a doctor for routine checkup within the past 2 years among adults<sup>1</sup> in Cortland County and New York State - Age-Adjusted<sup>2</sup>**

	Cortland County			New York State		
	n <sup>3</sup>	Percent	(C.I.) <sup>4</sup>	n <sup>3</sup>	Percent	(C.I.) <sup>4</sup>
<b>Total</b>	637	83.7	(79.7 - 87.8)	38,026	85.7	(83.7 - 87.6)
<b>Gender</b>						
Male	266	79.5	(73.1 - 86.0)	14,592	81.9	(78.4 - 85.3)
Female	371	87.6	(82.5 - 92.6)	23,434	89.1	(87.4 - 90.9)
<b>Race/Ethnicity</b>						
White Non-Hispanic	614	84.7	(80.8 - 88.7)	35,721	86.2	(85.0 - 87.5)
Black Non-Hispanic	*	*	*	736	89.6	(83.0 - 96.3)
Hispanic	*	*	*	857	81.8	(73.8 - 89.8)
Other Non-Hispanic	*	*	*	*	*	*
<b>Education</b>						
≤ High School	257	85.8	(79.3 - 92.4)	15,640	84.6	(81.1 - 88.1)
Some College	206	82.7	(75.5 - 89.9)	9,880	84.4	(79.8 - 89.0)
≥ College Degree	172	83.3	(75.9 - 90.6)	12,428	87.3	(85.0 - 89.6)
<b>Income</b>						
≤ \$24,999	176	79.9	(70.5 - 89.3)	9,616	83.2	(77.8 - 88.5)
\$25,000-\$49,999	192	85.5	(78.3 - 92.7)	9,631	81.9	(76.3 - 87.4)
\$50,000-\$74,999	95	84.5	(75.3 - 93.7)	5,765	88.1	(84.4 - 91.8)
≥ \$75,000	103	82.0	(72.2 - 91.7)	8,547	86.4	(84.2 - 88.7)

<sup>1</sup> Defined as having visited a doctor for a routine checkup (general physical exam, not an exam for a specific injury, illness or condition) within the past 2 years

<sup>2</sup> Prevalence estimates are age-adjusted to the 2000 US Standard population

<sup>3</sup> Sample size from survey

<sup>4</sup> 95% confidence interval

\* Data do not meet reporting criteria (confidence interval with a half-width greater than 10, denominator less than 50 and/or a numerator less than 10)

**Expanded BRFSS Report: July 2008 - June 2009  
Cortland County**

**Table 14a. Dentist visit within the past year among adults<sup>1</sup> in Cortland County and New York State**

	Cortland County				New York State			
	n <sup>2</sup>	Est. # of Adults <sup>3</sup>	Percent	(C.I.) <sup>4</sup>	n <sup>2</sup>	Est. # of Adults <sup>3</sup>	Percent	(C.I.) <sup>4</sup>
<b>Total</b>	637	24,500	64.3	(58.9 - 69.6)	38,026	10,540,400	71.1	(68.6 - 73.6)
<b>Gender</b>								
Male	267	11,000	60.4	(52.5 - 68.3)	14,573	4,845,800	68.4	(64.5 - 72.2)
Female	370	13,600	67.8	(60.7 - 74.9)	23,453	5,694,600	73.6	(70.4 - 76.8)
<b>Age (years)</b>								
18-34	*	*	*	*	3,924	2,789,700	62.6	(56.3 - 69.0)
35-44	*	*	*	*	4,979	2,181,000	75.8	(70.9 - 80.7)
45-54	118	4,500	67.5	(58.2 - 76.8)	7,814	2,149,300	75.8	(71.9 - 79.7)
55-64	147	3,200	61.9	(52.9 - 70.8)	8,742	1,690,500	79.2	(75.9 - 82.6)
≥ 65	227	3,200	52.3	(45.2 - 59.4)	12,567	1,729,800	68.5	(64.7 - 72.3)
<b>Race/Ethnicity</b>								
White Non-Hispanic	613	23,600	64.4	(59.0 - 69.8)	35,721	6,959,900	74.7	(72.7 - 76.6)
Black Non-Hispanic	*	*	*	*	735	1,405,800	66.2	(57.9 - 74.5)
Hispanic	*	*	*	*	862	1,425,600	63.1	(53.7 - 72.5)
Other Non-Hispanic	*	*	*	*	*	*	*	*
<b>Education</b>								
≤ High School	258	7,200	49.4	(40.0 - 58.8)	15,613	3,620,700	65.1	(60.7 - 69.5)
Some College	205	8,700	65.1	(55.8 - 74.4)	9,880	2,504,700	70.8	(66.1 - 75.5)
≥ College Degree	172	8,500	84.1	(76.8 - 91.5)	12,453	4,402,400	78.2	(74.6 - 81.8)
<b>Income</b>								
≤ \$24,999	*	*	*	*	9,594	1,972,200	56.2	(49.8 - 62.6)
\$25,000-\$49,999	191	7,200	64.1	(54.4 - 73.8)	9,649	1,896,000	65.8	(59.5 - 72.1)
\$50,000-\$74,999	*	*	*	*	5,763	1,482,400	75.2	(69.4 - 81.0)
≥ \$75,000	105	6,500	86.1	(77.1 - 95.0)	8,564	3,707,900	82.4	(79.5 - 85.3)

<sup>1</sup> Defined as having visited a dentist or a dental clinic for any reason within the past year

<sup>2</sup> Sample size from survey

<sup>3</sup> Estimated number of adults who have visited a dentist or a dental clinic for any reason within the past year (rounded to the nearest hundred)

<sup>4</sup> 95% confidence interval

\* Data do not meet reporting criteria (confidence interval with a half-width greater than 10, denominator less than 50 and/or a numerator less than 10)

**Expanded BRFSS Report: July 2008 - June 2009  
Cortland County**

**Table 14b. Dentist visit within the past year among adults<sup>1</sup> in Cortland County and New York State - Age-Adjusted<sup>2</sup>**

	Cortland County			New York State		
	n <sup>3</sup>	Percent	(C.I.) <sup>4</sup>	n <sup>3</sup>	Percent	(C.I.) <sup>4</sup>
<b>Total</b>	637	64.1	(59.0 - 69.1)	38,026	71.1	(68.6 - 73.5)
<b>Gender</b>						
Male	267	59.6	(52.1 - 67.2)	14,573	68.3	(64.6 - 72.1)
Female	370	68.1	(61.5 - 74.8)	23,453	73.6	(70.4 - 76.8)
<b>Race/Ethnicity</b>						
White Non-Hispanic	613	64.2	(59.1 - 69.3)	35,721	74.4	(72.4 - 76.3)
Black Non-Hispanic	*	*	*	735	66.6	(58.3 - 74.9)
Hispanic	*	*	*	862	63.6	(54.4 - 72.9)
Other Non-Hispanic	*	*	*	*	*	*
<b>Education</b>						
≤ High School	258	47.9	(39.1 - 56.8)	15,613	65.3	(60.9 - 69.6)
Some College	205	66.0	(57.3 - 74.6)	9,880	70.4	(65.7 - 75.1)
≥ College Degree	172	84.1	(77.0 - 91.2)	12,453	78.1	(74.6 - 81.7)
<b>Income</b>						
≤ \$24,999	*	*	*	9,594	56.4	(50.1 - 62.8)
\$25,000-\$49,999	191	62.8	(53.5 - 72.2)	9,649	65.8	(59.6 - 72.0)
\$50,000-\$74,999	*	*	*	5,763	75.0	(69.1 - 80.8)
≥ \$75,000	105	86.8	(78.7 - 95.0)	8,564	82.1	(79.1 - 85.0)

<sup>1</sup> Defined as having visited a dentist or a dental clinic for any reason within the past year

<sup>2</sup> Prevalence estimates are age-adjusted to the 2000 US Standard population

<sup>3</sup> Sample size from survey

<sup>4</sup> 95% confidence interval

\* Data do not meet reporting criteria (confidence interval with a half-width greater than 10, denominator less than 50 and/or a numerator less than 10)

**Expanded BRFSS Report: July 2008 - June 2009  
Cortland County**

**Table 15a. Had teeth cleaned within the past year among adults<sup>1</sup> in Cortland County and New York State**

	Cortland County				New York State			
	n <sup>2</sup>	Est. # of Adults <sup>3</sup>	Percent	(C.I.) <sup>4</sup>	n <sup>2</sup>	Est. # of Adults <sup>3</sup>	Percent	(C.I.) <sup>4</sup>
<b>Total</b>	530	23,700	68.6	(63.0 - 74.2)	34,070	9,985,900	71.7	(69.1 - 74.3)
<b>Gender</b>								
Male	224	10,400	62.9	(54.4 - 71.4)	13,173	4,616,400	69.0	(65.0 - 73.1)
Female	306	13,300	73.8	(66.6 - 81.0)	20,897	5,369,500	74.2	(70.8 - 77.5)
<b>Age (years)</b>								
18-34	*	*	*	*	3,860	2,746,400	63.0	(56.5 - 69.5)
35-44	*	*	*	*	4,875	2,112,100	75.5	(70.7 - 80.3)
45-54	109	4,200	68.1	(58.3 - 77.9)	7,438	2,022,600	73.3	(69.1 - 77.4)
55-64	120	2,800	64.8	(55.0 - 74.7)	7,906	1,560,900	77.7	(73.8 - 81.6)
≥ 65	162	2,800	64.8	(56.8 - 72.8)	9,991	1,543,900	77.1	(73.7 - 80.5)
<b>Race/Ethnicity</b>								
White Non-Hispanic	513	22,800	68.5	(62.9 - 74.2)	31,982	6,601,500	75.4	(73.4 - 77.4)
Black Non-Hispanic	*	*	*	*	680	1,227,200	61.6	(52.1 - 71.0)
Hispanic	*	*	*	*	789	1,421,300	66.6	(57.1 - 76.1)
Other Non-Hispanic	*	*	*	*	*	*	*	*
<b>Education</b>								
≤ High School	*	*	*	*	12,740	3,388,600	67.7	(63.1 - 72.3)
Some College	181	8,700	68.6	(59.1 - 78.2)	9,145	2,286,800	68.5	(62.9 - 74.1)
≥ College Degree	169	8,300	83.3	(75.9 - 90.8)	12,128	4,298,500	78.3	(74.8 - 81.7)
<b>Income</b>								
≤ \$24,999	*	*	*	*	7,525	1,861,800	60.3	(53.5 - 67.1)
\$25,000-\$49,999	162	7,000	67.9	(58.0 - 77.8)	8,709	1,681,700	62.6	(55.4 - 69.8)
\$50,000-\$74,999	*	*	*	*	5,534	1,447,800	76.3	(70.7 - 81.8)
≥ \$75,000	103	6,400	85.3	(75.9 - 94.7)	8,448	3,617,500	80.8	(77.8 - 83.8)

<sup>1</sup> Defined as having had teeth cleaned by a dentist or dental hygienist within the past year

<sup>2</sup> Sample size from survey

<sup>3</sup> Estimated number of adults who have had their teeth cleaned by a dentist or dental hygienist within the past year (rounded to the nearest hundred)

<sup>4</sup> 95% confidence interval

\* Data do not meet reporting criteria (confidence interval with a half-width greater than 10, denominator less than 50 and/or a numerator less than 10)



**Expanded BRFSS Report: July 2008 - June 2009**  
**Cortland County**

**Table 15b. Had teeth cleaned within the past year among adults<sup>1</sup> in Cortland County and New York State - Age-Adjusted<sup>2</sup>**

	Cortland County			New York State		
	n <sup>3</sup>	Percent	(C.I.) <sup>4</sup>	n <sup>3</sup>	Percent	(C.I.) <sup>4</sup>
<b>Total</b>	530	68.6	(63.3 - 73.9)	34,070	71.7	(69.1 - 74.2)
<b>Gender</b>						
Male	224	62.7	(54.6 - 70.8)	13,173	69.2	(65.3 - 73.1)
Female	306	74.0	(67.2 - 80.7)	20,897	73.9	(70.5 - 77.3)
<b>Race/Ethnicity</b>						
White Non-Hispanic	513	68.5	(63.1 - 73.8)	31,982	75.1	(73.0 - 77.1)
Black Non-Hispanic	*	*	*	680	62.0	(52.7 - 71.4)
Hispanic	*	*	*	789	66.9	(57.5 - 76.2)
Other Non-Hispanic	*	*	*	*	*	*
<b>Education</b>						
≤ High School	*	*	*	12,740	67.7	(63.2 - 72.3)
Some College	181	69.3	(60.5 - 78.2)	9,145	68.1	(62.6 - 73.6)
≥ College Degree	169	83.3	(76.1 - 90.5)	12,128	78.3	(74.9 - 81.7)
<b>Income</b>						
≤ \$24,999	*	*	*	7,525	60.2	(53.4 - 67.0)
\$25,000-\$49,999	162	66.3	(56.6 - 76.0)	8,709	62.7	(55.7 - 69.7)
\$50,000-\$74,999	*	*	*	5,534	76.4	(70.9 - 81.9)
≥ \$75,000	103	86.2	(77.6 - 94.7)	8,448	80.4	(77.4 - 83.4)

<sup>1</sup> Defined as having had teeth cleaned by a dentist or dental hygienist within the past year

<sup>2</sup> Prevalence estimates are age-adjusted to the 2000 US Standard population

<sup>3</sup> Sample size from survey

<sup>4</sup> 95% confidence interval

\* Data do not meet reporting criteria (confidence interval with a half-width greater than 10, denominator less than 50 and/or a numerator less than 10)

**Expanded BRFSS Report: July 2008 - June 2009  
Cortland County**

**Table 16a. Permanent teeth extracted due to decay or gum disease among adults<sup>1</sup> in Cortland County and New York State**

	Cortland County				New York State			
	n <sup>2</sup>	Est. # of Adults <sup>3</sup>	Percent	(C.I.) <sup>4</sup>	n <sup>2</sup>	Est. # of Adults <sup>3</sup>	Percent	(C.I.) <sup>4</sup>
<b>Total</b>	630	22,000	57.9	(52.1 - 63.7)	37,652	7,426,500	50.4	(47.8 - 52.9)
<b>Gender</b>								
Male	265	10,500	57.9	(49.8 - 66.0)	14,457	3,367,000	47.8	(43.9 - 51.6)
Female	365	11,500	58.0	(49.7 - 66.2)	23,195	4,059,500	52.7	(49.5 - 56.0)
<b>Age (years)</b>								
18-34	*	*	*	*	3,921	1,121,600	25.4	(19.7 - 31.0)
35-44	*	*	*	*	4,964	1,250,000	43.6	(37.9 - 49.2)
45-54	119	4,300	64.6	(55.1 - 74.1)	7,780	1,595,300	56.1	(51.4 - 60.7)
55-64	144	3,800	75.7	(68.0 - 83.4)	8,648	1,382,800	65.5	(61.6 - 69.4)
≥ 65	223	5,400	89.4	(84.8 - 94.0)	12,339	2,076,900	83.0	(80.6 - 85.4)
<b>Race/Ethnicity</b>								
White Non-Hispanic	606	21,200	58.3	(52.4 - 64.2)	35,364	4,425,700	47.9	(46.0 - 49.9)
Black Non-Hispanic	*	*	*	*	727	1,244,700	58.2	(48.9 - 67.4)
Hispanic	*	*	*	*	853	1,220,500	54.2	(44.9 - 63.5)
Other Non-Hispanic	*	*	*	*	*	*	*	*
<b>Education</b>								
≤ High School	256	10,600	73.4	(64.4 - 82.5)	15,427	3,436,000	61.9	(57.2 - 66.6)
Some College	*	*	*	*	9,798	1,726,200	49.3	(44.3 - 54.2)
≥ College Degree	168	3,700	37.1	(28.1 - 46.1)	12,351	2,242,600	40.1	(36.5 - 43.6)
<b>Income</b>								
≤ \$24,999	*	*	*	*	9,483	2,171,900	62.3	(55.8 - 68.8)
\$25,000-\$49,999	*	*	*	*	9,552	1,577,400	54.7	(48.3 - 61.0)
\$50,000-\$74,999	*	*	*	*	5,744	1,000,700	51.5	(45.6 - 57.4)
≥ \$75,000	*	*	*	*	8,516	1,738,200	38.8	(35.3 - 42.2)

<sup>1</sup> Defined as having had at least one permanent tooth extracted because of tooth decay or gum disease

<sup>2</sup> Sample size from survey

<sup>3</sup> Estimated number of adults who have had at least one permanent tooth extracted because of tooth decay or gum disease (rounded to the nearest hundred)

<sup>4</sup> 95% confidence interval

\* Data do not meet reporting criteria (confidence interval with a half-width greater than 10, denominator less than 50 and/or a numerator less than 10)

**Expanded BRFSS Report: July 2008 - June 2009  
Cortland County**

**Table 16b. Permanent teeth extracted due to decay or gum disease among adults<sup>1</sup> in Cortland County and New York State - Age-Adjusted<sup>2</sup>**

	Cortland County			New York State		
	n <sup>3</sup>	Percent	(C.I.) <sup>4</sup>	n <sup>3</sup>	Percent	(C.I.) <sup>4</sup>
<b>Total</b>	630	58.5	(53.0 - 63.9)	37,652	49.4	(46.9 - 51.9)
<b>Gender</b>						
Male	265	58.8	(51.0 - 66.5)	14,457	47.9	(44.1 - 51.7)
Female	365	58.2	(50.6 - 65.8)	23,195	50.7	(47.4 - 54.0)
<b>Race/Ethnicity</b>						
White Non-Hispanic	606	58.9	(53.4 - 64.4)	35,364	46.5	(44.5 - 48.5)
Black Non-Hispanic	*	*	*	727	57.7	(48.6 - 66.9)
Hispanic	*	*	*	853	53.8	(44.6 - 62.9)
Other Non-Hispanic	*	*	*	*	*	*
<b>Education</b>						
≤ High School	256	74.1	(65.6 - 82.6)	15,427	61.3	(56.7 - 66.0)
Some College	205	58.7	(49.1 - 68.3)	9,798	47.9	(43.0 - 52.9)
≥ College Degree	168	36.7	(28.1 - 45.3)	12,351	39.0	(35.5 - 42.5)
<b>Income</b>						
≤ \$24,999	*	*	*	9,483	61.6	(55.2 - 68.1)
\$25,000-\$49,999	189	63.5	(53.6 - 73.4)	9,552	54.2	(48.0 - 60.3)
\$50,000-\$74,999	*	*	*	5,744	49.9	(44.0 - 55.9)
≥ \$75,000	*	*	*	8,516	37.7	(34.2 - 41.1)

<sup>1</sup> Defined as having had at least one permanent tooth extracted because of tooth decay or gum disease

<sup>2</sup> Prevalence estimates are age-adjusted to the 2000 US Standard population

<sup>3</sup> Sample size from survey

<sup>4</sup> 95% confidence interval

\* Data do not meet reporting criteria (confidence interval with a half-width greater than 10, denominator less than 50 and/or a numerator less than 10)

**Expanded BRFSS Report: July 2008 - June 2009  
Cortland County**

**Table 17a. Had all permanent teeth extracted due to decay or gum disease among adults aged 65 and older<sup>1</sup> in Cortland County and New York State**

	Cortland County				New York State			
	n <sup>2</sup>	Est. # of Adults <sup>3</sup>	Percent	(C.I.) <sup>4</sup>	n <sup>2</sup>	Est. # of Adults <sup>3</sup>	Percent	(C.I.) <sup>4</sup>
<b>Total</b>	223	1,600	27.3	(20.9 - 33.7)	12,339	491,200	19.6	(16.0 - 23.3)
<b>Gender</b>								
Male	*	*	*	*	4,352	167,200	16.4	(11.8 - 20.9)
Female	136	800	24.3	(16.7 - 31.8)	7,987	324,000	21.8	(16.6 - 27.0)
<b>Age (years)</b>								
≥ 65	223	1,600	27.3	(20.9 - 33.7)	12,339	491,200	19.6	(16.0 - 23.3)
<b>Race/Ethnicity</b>								
White Non-Hispanic	214	1,600	26.6	(20.1 - 33.1)	11,885	322,600	16.8	(14.3 - 19.2)
Black Non-Hispanic	*	*	*	*	*	*	*	*
Hispanic	*	*	*	*	*	*	*	*
Other Non-Hispanic	*	*	*	*	*	*	*	*
<b>Education</b>								
≤ High School	120	1,300	42.0	(32.2 - 51.9)	6,358	314,100	25.3	(19.9 - 30.7)
Some College	*	*	*	*	2,736	90,600	20.2	(12.1 - 28.2)
≥ College Degree	*	*	*	*	3,214	80,500	10.1	(3.6 - 16.5)
<b>Income</b>								
≤ \$24,999	*	*	*	*	4,558	199,600	26.9	(19.3 - 34.4)
\$25,000-\$49,999	*	*	*	*	3,365	123,900	21.4	(13.1 - 29.6)
\$50,000-\$74,999	*	*	*	*	1,179	21,400	7.3	(3.8 - 10.8)
≥ \$75,000	*	*	*	*	1,187	9,600	2.5	(1.0 - 4.0)

<sup>1</sup> Defined as having all permanent teeth extracted because of tooth decay or gum disease among adults aged 65 and older

<sup>2</sup> Sample size from survey

<sup>3</sup> Estimated number of adults aged 65 and older who have had all permanent teeth extracted because of tooth decay or gum disease (rounded to the nearest hundred)

<sup>4</sup> 95% confidence interval

\* Data do not meet reporting criteria (confidence interval with a half-width greater than 10, denominator less than 50 and/or a numerator less than 10)

**Expanded BRFSS Report: July 2008 - June 2009  
Cortland County**

**Table 17b. Had all permanent teeth extracted due to decay or gum disease among adults aged 65 and older<sup>1</sup> in Cortland County and New York State - Age-Adjusted<sup>2</sup>**

	Cortland County			New York State		
	n <sup>3</sup>	Percent	(C.I.) <sup>4</sup>	n <sup>3</sup>	Percent	(C.I.) <sup>4</sup>
<b>Total</b>	223	27.7	(21.1 - 34.3)	12,339	19.4	(15.7 - 23.2)
<b>Gender</b>						
Male	*	*	*	4,352	16.5	(11.5 - 21.4)
Female	136	24.3	(16.7 - 31.9)	7,987	22.1	(16.6 - 27.7)
<b>Race/Ethnicity</b>						
White Non-Hispanic	214	26.9	(20.2 - 33.6)	11,885	16.6	(13.9 - 19.3)
Black Non-Hispanic	*	*	*	*	*	*
Hispanic	*	*	*	*	*	*
Other Non-Hispanic	*	*	*	*	*	*
<b>Education</b>						
≤ High School	*	*	*	6,358	24.9	(19.3 - 30.5)
Some College	*	*	*	2,736	21.0	(12.1 - 29.9)
≥ College Degree	*	*	*	3,214	10.0	(3.6 - 16.3)
<b>Income</b>						
≤ \$24,999	*	*	*	4,558	27.3	(19.1 - 35.5)
\$25,000-\$49,999	*	*	*	3,365	21.0	(12.9 - 29.1)
\$50,000-\$74,999	*	*	*	1,179	7.6	(3.6 - 11.5)
≥ \$75,000	*	*	*	1,187	2.2	(0.9 - 3.5)

<sup>1</sup> Defined as having all permanent teeth extracted because of tooth decay or gum disease among adults aged 65 and older

<sup>2</sup> Prevalence estimates are age-adjusted to the 2000 US Standard population

<sup>3</sup> Sample size from survey

<sup>4</sup> 95% confidence interval

\* Data do not meet reporting criteria (confidence interval with a half-width greater than 10, denominator less than 50 and/or a numerator less than 10)

**Expanded BRFSS Report: July 2008 - June 2009  
Cortland County**

**Table 18a. Flu shot within the past 12 months<sup>1</sup> in Cortland County and New York State**

	Cortland County				New York State			
	n <sup>2</sup>	Est. # of Adults <sup>3</sup>	Percent	(C.I.) <sup>4</sup>	n <sup>2</sup>	Est. # of Adults <sup>3</sup>	Percent	(C.I.) <sup>4</sup>
<b>Total</b>	636	15,500	41.1	(35.8 - 46.5)	38,079	6,255,900	42.3	(39.9 - 44.8)
<b>Gender</b>								
Male	267	6,500	35.8	(28.6 - 43.0)	14,579	2,798,900	39.6	(35.8 - 43.5)
Female	369	9,000	46.1	(38.3 - 53.8)	23,500	3,456,900	44.8	(41.6 - 47.9)
<b>Age (years)</b>								
18-49	196	6,500	28.6	(21.0 - 36.3)	12,505	2,685,300	31.1	(27.3 - 34.9)
50-64	214	4,100	45.7	(38.0 - 53.3)	12,972	1,662,900	46.0	(42.6 - 49.5)
≥ 65	226	4,900	81.5	(75.9 - 87.1)	12,602	1,907,700	75.2	(72.0 - 78.4)
<b>Race/Ethnicity</b>								
White Non-Hispanic	612	14,700	40.7	(35.3 - 46.0)	35,770	4,029,000	43.3	(41.4 - 45.3)
Black Non-Hispanic	*	*	*	*	738	907,000	42.1	(33.1 - 51.1)
Hispanic	*	*	*	*	860	882,900	39.6	(30.4 - 48.9)
Other Non-Hispanic	*	*	*	*	*	*	*	*
<b>Education</b>								
≤ High School	259	6,200	43.0	(34.0 - 52.0)	15,663	2,457,800	44.3	(39.8 - 48.8)
Some College	205	5,000	38.5	(29.4 - 47.6)	9,898	1,377,700	38.9	(34.0 - 43.9)
≥ College Degree	170	4,100	41.1	(31.8 - 50.5)	12,436	2,404,400	43.0	(39.5 - 46.4)
<b>Income</b>								
≤ \$24,999	*	*	*	*	9,635	1,656,800	47.6	(41.2 - 54.0)
\$25,000-\$49,999	*	*	*	*	9,647	1,200,600	41.4	(35.6 - 47.3)
\$50,000-\$74,999	*	*	*	*	5,763	792,300	40.2	(34.3 - 46.2)
≥ \$75,000	*	*	*	*	8,548	1,776,100	39.6	(36.3 - 42.8)

<sup>1</sup> Defined as having had a flu shot within the past 12 months

<sup>2</sup> Sample size from survey

<sup>3</sup> Estimated number of adults who have had a flu shot within the past 12 months (rounded to the nearest hundred)

<sup>4</sup> 95% confidence interval

\* Data do not meet reporting criteria (confidence interval with a half-width greater than 10, denominator less than 50 and/or a numerator less than 10)

**Expanded BRFSS Report: July 2008 - June 2009  
Cortland County**

**Table 18b. Flu shot within the past 12 months<sup>1</sup> in Cortland County and New York State - Age-Adjusted<sup>2</sup>**

	Cortland County			New York State		
	n <sup>3</sup>	Percent	(C.I.) <sup>4</sup>	n <sup>3</sup>	Percent	(C.I.) <sup>4</sup>
<b>Total</b>	636	41.5	(36.4 - 46.5)	38,079	41.7	(39.2 - 44.1)
<b>Gender</b>						
Male	267	37.4	(30.3 - 44.4)	14,579	40.0	(36.2 - 43.8)
Female	369	45.2	(38.1 - 52.4)	23,500	43.1	(40.0 - 46.3)
<b>Race/Ethnicity</b>						
White Non-Hispanic	612	40.9	(35.8 - 46.0)	35,770	42.4	(40.4 - 44.3)
Black Non-Hispanic	*	*	*	738	42.3	(33.3 - 51.3)
Hispanic	*	*	*	860	39.0	(29.9 - 48.1)
Other Non-Hispanic	*	*	*	*	*	*
<b>Education</b>						
≤ High School	259	43.4	(34.9 - 51.8)	15,663	43.7	(39.1 - 48.2)
Some College	205	38.9	(30.3 - 47.5)	9,898	37.8	(33.0 - 42.7)
≥ College Degree	170	41.3	(32.3 - 50.4)	12,436	42.5	(39.1 - 46.0)
<b>Income</b>						
≤ \$24,999	*	*	*	9,635	47.3	(41.0 - 53.7)
\$25,000-\$49,999	190	47.2	(37.5 - 57.0)	9,647	40.3	(34.5 - 46.0)
\$50,000-\$74,999	*	*	*	5,763	39.4	(33.4 - 45.4)
≥ \$75,000	*	*	*	8,548	39.1	(35.8 - 42.4)

<sup>1</sup> Defined as having had a flu shot within the past 12 months

<sup>2</sup> Prevalence estimates are age-adjusted to the 2000 US Standard population

<sup>3</sup> Sample size from survey

<sup>4</sup> 95% confidence interval

\* Data do not meet reporting criteria (confidence interval with a half-width greater than 10, denominator less than 50 and/or a numerator less than 10)

**Expanded BRFSS Report: July 2008 - June 2009  
Cortland County**

**Table 19a. Flu vaccine that was sprayed in nose within the past 12 months<sup>1</sup> in Cortland County and New York State**

	Cortland County				New York State			
	n <sup>2</sup>	Est. # of Adults <sup>3</sup>	Percent	(C.I.) <sup>4</sup>	n <sup>2</sup>	Est. # of Adults <sup>3</sup>	Percent	(C.I.) <sup>4</sup>
<b>Total</b>	*	*	*	*	38,106	248,300	1.7	(0.6 - 2.8)
<b>Gender</b>								
Male	*	*	*	*	14,586	148,000	2.1	(0.0 - 4.2)
Female	*	*	*	*	23,520	100,300	1.3	(0.5 - 2.1)
<b>Age (years)</b>								
18-49	*	*	*	*	12,535	184,900	2.1	(0.3 - 3.9)
50-64	*	*	*	*	12,968	36,000	1.0	(0.2 - 1.8)
≥ 65	*	*	*	*	12,603	27,400	1.1	(0.4 - 1.8)
<b>Race/Ethnicity</b>								
White Non-Hispanic	*	*	*	*	35,796	66,000	0.7	(0.4 - 1.0)
Black Non-Hispanic	*	*	*	*	740	38,500	1.8	(0.0 - 4.1)
Hispanic	*	*	*	*	860	133,700	5.9	(0.0 - 12.3)
Other Non-Hispanic	*	*	*	*	*	*	*	*
<b>Education</b>								
≤ High School	*	*	*	*	15,679	172,500	3.1	(0.3 - 5.9)
Some College	*	*	*	*	9,897	43,500	1.2	(0.4 - 2.0)
≥ College Degree	*	*	*	*	12,449	31,600	0.6	(0.3 - 0.8)
<b>Income</b>								
≤ \$24,999	*	*	*	*	9,636	138,400	3.9	(0.0 - 8.1)
\$25,000-\$49,999	*	*	*	*	9,648	41,500	1.4	(0.0 - 3.1)
\$50,000-\$74,999	*	*	*	*	5,766	13,300	0.7	(0.2 - 1.2)
≥ \$75,000	*	*	*	*	8,561	35,300	0.8	(0.3 - 1.3)

<sup>1</sup> Defined as having had flu vaccine sprayed in nose within the past 12 months

<sup>2</sup> Sample size from survey

<sup>3</sup> Estimated number of adults who have had flu vaccine sprayed in nose within the past 12 months (rounded to the nearest hundred)

<sup>4</sup> 95% confidence interval

\* Data do not meet reporting criteria (confidence interval with a half-width greater than 10, denominator less than 50 and/or a numerator less than 10)



**Expanded BRFSS Report: July 2008 - June 2009  
Cortland County**

**Table 19b. Flu vaccine that was sprayed in nose within the past 12 months<sup>1</sup> in Cortland County and New York State - Age-Adjusted<sup>2</sup>**

	Cortland County			New York State		
	n <sup>3</sup>	Percent	(C.I.) <sup>4</sup>	n <sup>3</sup>	Percent	(C.I.) <sup>4</sup>
<b>Total</b>	*	*	*	38,106	1.7	(0.6 - 2.7)
<b>Gender</b>						
Male	*	*	*	14,586	2.0	(0.1 - 3.9)
Female	*	*	*	23,520	1.4	(0.5 - 2.3)
<b>Race/Ethnicity</b>						
White Non-Hispanic	*	*	*	35,796	0.7	(0.4 - 1.0)
Black Non-Hispanic	*	*	*	740	1.9	(0.0 - 4.4)
Hispanic	*	*	*	860	5.9	(0.0 - 11.9)
Other Non-Hispanic	*	*	*	*	*	*
<b>Education</b>						
≤ High School	*	*	*	15,679	3.1	(0.4 - 5.8)
Some College	*	*	*	9,897	1.2	(0.4 - 2.0)
≥ College Degree	*	*	*	12,449	0.6	(0.3 - 0.8)
<b>Income</b>						
≤ \$24,999	*	*	*	9,636	3.8	(0.0 - 7.7)
\$25,000-\$49,999	*	*	*	9,648	1.5	(0.0 - 3.4)
\$50,000-\$74,999	*	*	*	5,766	0.7	(0.1 - 1.2)
≥ \$75,000	*	*	*	8,561	0.8	(0.3 - 1.3)

<sup>1</sup> Defined as having had flu vaccine sprayed in nose within the past 12 months

<sup>2</sup> Prevalence estimates are age-adjusted to the 2000 US Standard population

<sup>3</sup> Sample size from survey

<sup>4</sup> 95% confidence interval

\* Data do not meet reporting criteria (confidence interval with a half-width greater than 10, denominator less than 50 and/or a numerator less than 10)

**Expanded BRFSS Report: July 2008 - June 2009**  
**Cortland County**

**Table 20a. Flu shot or flu vaccine sprayed in nose within the past 12 months<sup>1</sup> in Cortland County and New York State**

	Cortland County				New York State			
	n <sup>2</sup>	Est. # of Adults <sup>3</sup>	Percent	(C.I.) <sup>4</sup>	n <sup>2</sup>	Est. # of Adults <sup>3</sup>	Percent	(C.I.) <sup>4</sup>
<b>Total</b>	635	15,500	41.4	(36.0 - 46.7)	38,059	6,302,300	42.7	(40.2 - 45.1)
<b>Gender</b>								
Male	266	6,500	36.2	(29.0 - 43.5)	14,568	2,822,700	40.0	(36.1 - 43.9)
Female	369	9,000	46.1	(38.3 - 53.8)	23,491	3,479,500	45.1	(42.0 - 48.2)
<b>Age (years)</b>								
18-49	195	6,500	28.9	(21.2 - 36.6)	12,501	2,726,400	31.6	(27.8 - 35.4)
50-64	214	4,100	45.7	(38.0 - 53.3)	12,964	1,664,200	46.1	(42.7 - 49.5)
≥ 65	226	4,900	81.5	(75.9 - 87.1)	12,594	1,911,700	75.4	(72.2 - 78.6)
<b>Race/Ethnicity</b>								
White Non-Hispanic	611	14,700	40.9	(35.5 - 46.3)	35,750	4,048,700	43.6	(41.7 - 45.5)
Black Non-Hispanic	*	*	*	*	738	910,000	42.2	(33.2 - 51.2)
Hispanic	*	*	*	*	860	903,300	40.6	(31.3 - 49.8)
Other Non-Hispanic	*	*	*	*	*	*	*	*
<b>Education</b>								
≤ High School	258	6,200	43.6	(34.5 - 52.7)	15,651	2,480,100	44.7	(40.2 - 49.3)
Some College	205	5,000	38.5	(29.4 - 47.6)	9,895	1,387,300	39.2	(34.3 - 44.1)
≥ College Degree	170	4,100	41.1	(31.8 - 50.5)	12,431	2,418,300	43.2	(39.8 - 46.7)
<b>Income</b>								
≤ \$24,999	*	*	*	*	9,626	1,675,100	48.2	(41.8 - 54.6)
\$25,000-\$49,999	*	*	*	*	9,643	1,208,300	41.7	(35.8 - 47.6)
\$50,000-\$74,999	*	*	*	*	5,761	795,600	40.4	(34.5 - 46.3)
≥ \$75,000	*	*	*	*	8,548	1,791,200	39.9	(36.6 - 43.2)

<sup>1</sup> Defined as having had a flu shot or flu vaccine sprayed in nose within the past 12 months

<sup>2</sup> Sample size from survey

<sup>3</sup> Estimated number of adults who have had a flu shot or flu vaccine sprayed in nose within the past 12 months (rounded to the nearest hundred)

<sup>4</sup> 95% confidence interval

\* Data do not meet reporting criteria (confidence interval with a half-width greater than 10, denominator less than 50 and/or a numerator less than 10)

**Expanded BRFSS Report: July 2008 - June 2009  
Cortland County**

**Table 20b. Flu shot or flu vaccine sprayed in nose within the past 12 months<sup>1</sup> in Cortland County and New York State - Age-Adjusted<sup>2</sup>**

	Cortland County			New York State		
	n <sup>3</sup>	Percent	(C.I.) <sup>4</sup>	n <sup>3</sup>	Percent	(C.I.) <sup>4</sup>
<b>Total</b>	635	41.7	(36.6 - 46.7)	38,059	42.0	(39.6 - 44.5)
<b>Gender</b>						
Male	266	37.7	(30.6 - 44.9)	14,568	40.4	(36.6 - 44.2)
Female	369	45.2	(38.1 - 52.4)	23,491	43.5	(40.3 - 46.7)
<b>Race/Ethnicity</b>						
White Non-Hispanic	611	41.1	(36.0 - 46.2)	35,750	42.6	(40.7 - 44.6)
Black Non-Hispanic	*	*	*	738	42.4	(33.4 - 51.4)
Hispanic	*	*	*	860	40.0	(30.9 - 49.1)
Other Non-Hispanic	*	*	*	*	*	*
<b>Education</b>						
≤ High School	258	43.9	(35.3 - 52.4)	15,651	44.1	(39.6 - 48.6)
Some College	205	38.9	(30.3 - 47.5)	9,895	38.1	(33.2 - 43.0)
≥ College Degree	170	41.3	(32.3 - 50.4)	12,431	42.8	(39.4 - 46.3)
<b>Income</b>						
≤ \$24,999	*	*	*	9,626	48.0	(41.6 - 54.3)
\$25,000-\$49,999	190	47.2	(37.5 - 57.0)	9,643	40.5	(34.8 - 46.3)
\$50,000-\$74,999	*	*	*	5,761	39.6	(33.6 - 45.6)
≥ \$75,000	*	*	*	8,548	39.4	(36.1 - 42.7)

<sup>1</sup> Defined as having had a flu shot or flu vaccine sprayed in nose within the past 12 months

<sup>2</sup> Prevalence estimates are age-adjusted to the 2000 US Standard population

<sup>3</sup> Sample size from survey

<sup>4</sup> 95% confidence interval

\* Data do not meet reporting criteria (confidence interval with a half-width greater than 10, denominator less than 50 and/or a numerator less than 10)

**Expanded BRFSS Report: July 2008 - June 2009**  
**Cortland County**

**Table 21a. Flu shot among adults aged 65 and older<sup>1</sup> in Cortland County and New York State**

	Cortland County				New York State			
	n <sup>2</sup>	Est. # of Adults <sup>3</sup>	Percent	(C.I.) <sup>4</sup>	n <sup>2</sup>	Est. # of Adults <sup>3</sup>	Percent	(C.I.) <sup>4</sup>
<b>Total</b>	226	4,900	81.5	(75.9 - 87.1)	12,602	1,907,700	75.2	(72.0 - 78.4)
<b>Gender</b>								
Male	88	2,000	77.9	(68.2 - 87.6)	4,417	772,900	74.6	(69.3 - 79.8)
Female	138	2,900	84.1	(77.5 - 90.6)	8,185	1,134,800	75.6	(71.6 - 79.6)
<b>Age (years)</b>								
≥ 65	226	4,900	81.5	(75.9 - 87.1)	12,602	1,907,700	75.2	(72.0 - 78.4)
<b>Race/Ethnicity</b>								
White Non-Hispanic	217	4,800	82.2	(76.5 - 87.8)	12,137	1,487,100	76.0	(73.5 - 78.6)
Black Non-Hispanic	*	*	*	*	*	*	*	*
Hispanic	*	*	*	*	*	*	*	*
Other Non-Hispanic	*	*	*	*	*	*	*	*
<b>Education</b>								
≤ High School	121	2,500	79.2	(71.2 - 87.1)	6,518	930,800	74.0	(68.9 - 79.2)
Some College	57	1,300	87.9	(78.4 - 97.4)	2,790	317,800	69.7	(62.7 - 76.7)
≥ College Degree	*	*	*	*	3,261	654,000	80.5	(76.4 - 84.6)
<b>Income</b>								
≤ \$24,999	95	1,800	78.4	(68.8 - 87.9)	4,665	545,300	72.4	(65.6 - 79.3)
\$25,000-\$49,999	59	1,400	85.4	(76.2 - 94.5)	3,422	430,600	72.8	(67.0 - 78.6)
\$50,000-\$74,999	*	*	*	*	*	*	*	*
≥ \$75,000	*	*	*	*	1,198	301,000	77.5	(70.9 - 84.2)

<sup>1</sup> Defined as having had a flu shot during the past 12 months among adults aged 65 and older

<sup>2</sup> Sample size from survey

<sup>3</sup> Estimated number of adults aged 65 and older who have had a flu shot within the past 12 months (rounded to the nearest hundred)

<sup>4</sup> 95% confidence interval

\* Data do not meet reporting criteria (confidence interval with a half-width greater than 10, denominator less than 50 and/or a numerator less than 10)

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Cortland County**

**Table 21b. Flu shot among adults aged 65 and older<sup>1</sup> in Cortland County and New York State - Age-Adjusted<sup>2</sup>**

	Cortland County			New York State		
	n <sup>3</sup>	Percent	(C.I.) <sup>4</sup>	n <sup>3</sup>	Percent	(C.I.) <sup>4</sup>
<b>Total</b>	226	81.1	(75.4 - 86.9)	12,602	75.0	(71.5 - 78.5)
<b>Gender</b>						
Male	88	77.8	(68.1 - 87.5)	4,417	74.4	(68.7 - 80.1)
Female	138	84.1	(77.6 - 90.6)	8,185	75.5	(71.3 - 79.8)
<b>Race/Ethnicity</b>						
White Non-Hispanic	217	81.9	(76.2 - 87.7)	12,137	75.9	(73.0 - 78.8)
Black Non-Hispanic	*	*	*	*	*	*
Hispanic	*	*	*	*	*	*
Other Non-Hispanic	*	*	*	*	*	*
<b>Education</b>						
≤ High School	121	78.9	(70.7 - 87.0)	6,518	73.3	(67.5 - 79.1)
Some College	*	*	*	2,790	70.0	(62.7 - 77.2)
≥ College Degree	*	*	*	3,261	80.7	(76.2 - 85.1)
<b>Income</b>						
≤ \$24,999	95	78.0	(68.2 - 87.9)	4,665	72.6	(65.1 - 80.1)
\$25,000-\$49,999	59	85.1	(75.6 - 94.7)	3,422	71.4	(65.0 - 77.9)
\$50,000-\$74,999	*	*	*	*	*	*
≥ \$75,000	*	*	*	1,198	78.0	(70.8 - 85.1)

<sup>1</sup> Defined as having had a flu shot during the past 12 months among adults aged 65 and older

<sup>2</sup> Prevalence estimates are age-adjusted to the 2000 US Standard population

<sup>3</sup> Sample size from survey

<sup>4</sup> 95% confidence interval

\* Data do not meet reporting criteria (confidence interval with a half-width greater than 10, denominator less than 50 and/or a numerator less than 10)

**Expanded BRFSS Report: July 2008 - June 2009**  
**Cortland County**

**Table 22a. Pneumonia shot or pneumococcal vaccine<sup>1</sup> in Cortland County and New York State**

	Cortland County				New York State			
	n <sup>2</sup>	Est. # of Adults <sup>3</sup>	Percent	(C.I.) <sup>4</sup>	n <sup>2</sup>	Est. # of Adults <sup>3</sup>	Percent	(C.I.) <sup>4</sup>
<b>Total</b>	599	10,100	29.6	(24.3 - 34.9)	35,303	3,456,800	26.1	(23.9 - 28.3)
<b>Gender</b>								
Male	240	4,200	27.7	(20.8 - 34.7)	13,052	1,542,200	25.2	(21.5 - 28.8)
Female	359	5,900	31.1	(23.5 - 38.8)	22,251	1,914,600	26.9	(24.2 - 29.6)
<b>Age (years)</b>								
18-49	174	3,600	17.8	(9.4 - 26.1)	10,943	1,097,000	14.6	(11.3 - 17.9)
50-64	203	2,100	25.1	(18.8 - 31.3)	12,179	758,000	23.0	(19.8 - 26.2)
≥ 65	222	4,500	75.7	(69.5 - 81.9)	12,181	1,601,700	65.7	(61.7 - 69.7)
<b>Race/Ethnicity</b>								
White Non-Hispanic	576	9,600	29.0	(23.7 - 34.3)	33,225	2,358,700	28.7	(26.9 - 30.5)
Black Non-Hispanic	*	*	*	*	685	584,400	28.4	(19.5 - 37.3)
Hispanic	*	*	*	*	769	408,000	19.5	(12.6 - 26.4)
Other Non-Hispanic	*	*	*	*	624	105,600	12.2	(2.3 - 22.2)
<b>Education</b>								
≤ High School	247	4,200	32.5	(24.3 - 40.8)	14,700	1,535,300	30.4	(26.4 - 34.3)
Some College	192	3,300	26.7	(17.1 - 36.3)	9,151	836,200	27.2	(21.9 - 32.5)
≥ College Degree	158	2,500	28.1	(18.4 - 37.8)	11,375	1,070,700	21.4	(18.6 - 24.1)
<b>Income</b>								
≤ \$24,999	*	*	*	*	9,082	1,050,900	33.1	(27.6 - 38.6)
\$25,000-\$49,999	*	*	*	*	9,033	797,500	30.3	(24.1 - 36.6)
\$50,000-\$74,999	*	*	*	*	5,320	378,800	21.8	(17.4 - 26.1)
≥ \$75,000	95	800	13.0	(6.9 - 19.2)	7,773	648,700	16.3	(14.1 - 18.5)

<sup>1</sup> Defined as having ever had a pneumonia shot or pneumococcal vaccine

<sup>2</sup> Sample size from survey

<sup>3</sup> Estimated number of adults who have ever had a pneumonia shot or pneumococcal vaccine (rounded to the nearest hundred)

<sup>4</sup> 95% confidence interval

\* Data do not meet reporting criteria (confidence interval with a half-width greater than 10, denominator less than 50 and/or a numerator less than 10)

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Cortland County**

**Table 22b. Pneumonia shot or pneumococcal vaccine<sup>1</sup> in Cortland County and New York State - Age-Adjusted<sup>2</sup>**

	Cortland County			New York State		
	n <sup>3</sup>	Percent	(C.I.) <sup>4</sup>	n <sup>3</sup>	Percent	(C.I.) <sup>4</sup>
<b>Total</b>	599	29.0	(24.2 - 33.9)	35,303	25.4	(23.2 - 27.6)
<b>Gender</b>						
Male	240	29.1	(22.1 - 36.2)	13,052	25.8	(22.3 - 29.4)
Female	359	28.9	(22.2 - 35.7)	22,251	25.1	(22.4 - 27.8)
<b>Race/Ethnicity</b>						
White Non-Hispanic	576	28.5	(23.7 - 33.4)	33,225	27.7	(25.9 - 29.5)
Black Non-Hispanic	*	*	*	685	27.9	(19.1 - 36.7)
Hispanic	*	*	*	769	19.6	(12.8 - 26.5)
Other Non-Hispanic	*	*	*	624	11.3	(2.0 - 20.7)
<b>Education</b>						
≤ High School	247	32.3	(24.5 - 40.1)	14,700	29.5	(25.6 - 33.5)
Some College	192	26.1	(17.3 - 34.8)	9,151	26.2	(21.0 - 31.3)
≥ College Degree	158	27.2	(18.4 - 36.0)	11,375	21.0	(18.3 - 23.8)
<b>Income</b>						
≤ \$24,999	*	*	*	9,082	32.3	(26.9 - 37.8)
\$25,000-\$49,999	179	27.4	(17.9 - 36.9)	9,033	29.0	(23.0 - 35.0)
\$50,000-\$74,999	90	19.8	(10.6 - 29.0)	5,320	21.2	(16.8 - 25.7)
≥ \$75,000	95	13.2	(6.9 - 19.6)	7,773	16.2	(13.9 - 18.5)

<sup>1</sup> Defined as having ever had a pneumonia shot or pneumococcal vaccine

<sup>2</sup> Prevalence estimates are age-adjusted to the 2000 US Standard population

<sup>3</sup> Sample size from survey

<sup>4</sup> 95% confidence interval

\* Data do not meet reporting criteria (confidence interval with a half-width greater than 10, denominator less than 50 and/or a numerator less than 10)

**Expanded BRFSS Report: July 2008 - June 2009  
Cortland County**

**Table 23a. Pneumonia shot or pneumococcal vaccine among adults aged 65 and older<sup>1</sup> in Cortland County and New York State**

	Cortland County				New York State			
	n <sup>2</sup>	Est. # of Adults <sup>3</sup>	Percent	(C.I.) <sup>4</sup>	n <sup>2</sup>	Est. # of Adults <sup>3</sup>	Percent	(C.I.) <sup>4</sup>
<b>Total</b>	222	4,500	75.7	(69.5 - 81.9)	12,181	1,601,700	65.7	(61.7 - 69.7)
<b>Gender</b>								
Male	*	*	*	*	4,180	606,400	62.1	(55.5 - 68.7)
Female	138	2,800	80.7	(73.6 - 87.9)	8,001	995,300	68.0	(63.1 - 73.0)
<b>Age (years)</b>								
≥ 65	222	4,500	75.7	(69.5 - 81.9)	12,181	1,601,700	65.7	(61.7 - 69.7)
<b>Race/Ethnicity</b>								
White Non-Hispanic	213	4,400	76.7	(70.4 - 82.9)	11,735	1,281,300	68.2	(64.9 - 71.5)
Black Non-Hispanic	*	*	*	*	*	*	*	*
Hispanic	*	*	*	*	*	*	*	*
Other Non-Hispanic	*	*	*	*	*	*	*	*
<b>Education</b>								
≤ High School	120	2,300	73.6	(64.8 - 82.5)	6,345	806,200	65.6	(59.5 - 71.7)
Some College	*	*	*	*	2,694	289,500	66.8	(60.1 - 73.4)
≥ College Degree	*	*	*	*	3,111	501,100	65.6	(58.5 - 72.7)
<b>Income</b>								
≤ \$24,999	96	1,800	77.0	(67.7 - 86.4)	4,533	497,100	67.7	(59.9 - 75.5)
\$25,000-\$49,999	*	*	*	*	3,324	344,300	61.5	(53.3 - 69.6)
\$50,000-\$74,999	*	*	*	*	*	*	*	*
≥ \$75,000	*	*	*	*	1,138	236,300	64.5	(55.2 - 73.8)

<sup>1</sup> Defined as having ever had a pneumonia shot or pneumococcal vaccine among adults aged 65 and older

<sup>2</sup> Sample size from survey

<sup>3</sup> Estimated number of adults aged 65 and older who have ever had a pneumonia shot or pneumococcal vaccine (rounded to the nearest hundred)

<sup>4</sup> 95% confidence interval

\* Data do not meet reporting criteria (confidence interval with a half-width greater than 10, denominator less than 50 and/or a numerator less than 10)



**Expanded BRFSS Report: July 2008 - June 2009  
Cortland County**

**Table 23b. Pneumonia shot or pneumococcal vaccine among adults aged 65 and older<sup>1</sup> in Cortland County and New York State - Age-Adjusted<sup>2</sup>**

	Cortland County			New York State		
	n <sup>3</sup>	Percent	(C.I.) <sup>4</sup>	n <sup>3</sup>	Percent	(C.I.) <sup>4</sup>
<b>Total</b>	222	75.0	(68.6 - 81.4)	12,181	64.7	(60.4 - 69.1)
<b>Gender</b>						
Male	*	*	*	4,180	61.5	(54.3 - 68.6)
Female	138	80.7	(73.6 - 87.9)	8,001	67.6	(62.4 - 72.9)
<b>Race/Ethnicity</b>						
White Non-Hispanic	213	76.2	(69.7 - 82.6)	11,735	67.1	(63.2 - 70.9)
Black Non-Hispanic	*	*	*	*	*	*
Hispanic	*	*	*	*	*	*
Other Non-Hispanic	*	*	*	*	*	*
<b>Education</b>						
≤ High School	120	73.2	(64.2 - 82.2)	6,345	64.2	(57.4 - 71.0)
Some College	*	*	*	2,694	65.8	(58.4 - 73.3)
≥ College Degree	*	*	*	3,111	65.3	(57.7 - 72.9)
<b>Income</b>						
≤ \$24,999	96	76.3	(66.5 - 86.2)	4,533	66.0	(57.0 - 74.9)
\$25,000-\$49,999	*	*	*	3,324	60.3	(51.9 - 68.6)
\$50,000-\$74,999	*	*	*	*	*	*
≥ \$75,000	*	*	*	*	*	*

<sup>1</sup> Defined as having ever had a pneumonia shot or pneumococcal vaccine among adults aged 65 and older

<sup>2</sup> Prevalence estimates are age-adjusted to the 2000 US Standard population

<sup>3</sup> Sample size from survey

<sup>4</sup> 95% confidence interval

\* Data do not meet reporting criteria (confidence interval with a half-width greater than 10, denominator less than 50 and/or a numerator less than 10)

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Cortland County**

**Table 24a. Ever had a mammogram among women aged 40 and older<sup>1</sup> in Cortland County and New York State**

	Cortland County				New York State			
	n <sup>2</sup>	Est. # of Adults <sup>3</sup>	Percent	(C.I.) <sup>4</sup>	n <sup>2</sup>	Est. # of Adults <sup>3</sup>	Percent	(C.I.) <sup>4</sup>
<b>Total</b>	312	10,200	94.4	(91.8 - 97.0)	19,491	4,328,800	91.8	(89.7 - 94.0)
<b>Gender</b>								
Male	-	-	-	-	-	-	-	-
Female	312	10,200	94.4	(91.8 - 97.0)	19,491	4,328,800	91.8	(89.7 - 94.0)
<b>Age (years)</b>								
40-49	52	2,900	97.2	(93.3 - 100)	3,851	1,287,500	85.0	(79.7 - 90.3)
50-64	120	4,000	93.3	(88.5 - 98.1)	7,452	1,641,700	96.0	(94.1 - 97.9)
≥ 65	140	3,300	93.5	(89.3 - 97.7)	8,188	1,399,600	94.1	(90.5 - 97.6)
<b>Race/Ethnicity</b>								
White Non-Hispanic	305	10,000	94.3	(91.7 - 97.0)	18,548	2,976,100	93.9	(92.7 - 95.1)
Black Non-Hispanic	*	*	*	*	342	746,600	93.8	(87.3 - 100)
Hispanic	*	*	*	*	333	447,600	91.8	(84.6 - 99.0)
Other Non-Hispanic	*	*	*	*	*	*	*	*
<b>Education</b>								
≤ High School	123	3,200	91.4	(86.4 - 96.5)	8,266	1,698,700	91.0	(87.4 - 94.5)
Some College	108	4,000	94.1	(89.4 - 98.9)	5,322	1,055,500	93.6	(90.2 - 97.0)
≥ College Degree	81	3,000	98.2	(95.6 - 100)	5,872	1,560,700	91.6	(87.5 - 95.6)
<b>Income</b>								
≤ \$24,999	97	2,300	92.1	(86.5 - 97.6)	5,691	1,023,400	93.5	(89.7 - 97.4)
\$25,000-\$49,999	91	3,100	94.1	(89.0 - 99.2)	4,857	860,300	89.5	(83.6 - 95.5)
\$50,000-\$74,999	*	*	*	*	2,648	547,100	94.6	(92.2 - 96.9)
≥ \$75,000	*	*	*	*	3,582	1,185,100	92.2	(88.2 - 96.1)

<sup>1</sup> Defined as having ever had a mammogram among women aged 40 and older

<sup>2</sup> Sample size from survey

<sup>3</sup> Estimated number of women aged 40 and older who have ever had a mammogram (rounded to the nearest hundred)

<sup>4</sup> 95% confidence interval

\* Data do not meet reporting criteria (confidence interval with a half-width greater than 10, denominator less than 50 and/or a numerator less than 10)

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**Cortland County**

**Table 24b. Ever had a mammogram among women aged 40 and older<sup>1</sup> in Cortland County and New York State - Age-Adjusted<sup>2</sup>**

	Cortland County			New York State		
	n <sup>3</sup>	Percent	(C.I.) <sup>4</sup>	n <sup>3</sup>	Percent	(C.I.) <sup>4</sup>
<b>Total</b>	312	94.7	(92.2 - 97.2)	19,491	91.1	(88.7 - 93.6)
<b>Gender</b>						
Male	-	-	-	-	-	-
Female	312	94.7	(92.2 - 97.2)	19,491	91.1	(88.7 - 93.6)
<b>Race/Ethnicity</b>						
White Non-Hispanic	305	94.6	(92.1 - 97.2)	18,548	93.3	(92.0 - 94.7)
Black Non-Hispanic	*	*	*	342	93.1	(85.7 - 100)
Hispanic	*	*	*	333	91.0	(82.8 - 99.2)
Other Non-Hispanic	*	*	*	*	*	*
<b>Education</b>						
≤ High School	123	91.3	(86.0 - 96.6)	8,266	90.2	(86.1 - 94.2)
Some College	108	94.8	(90.5 - 99.1)	5,322	92.9	(88.9 - 96.9)
≥ College Degree	81	98.3	(95.9 - 100)	5,872	90.9	(86.6 - 95.3)
<b>Income</b>						
≤ \$24,999	97	91.5	(85.4 - 97.7)	5,691	93.0	(88.5 - 97.4)
\$25,000-\$49,999	91	94.9	(90.6 - 99.3)	4,857	88.8	(82.5 - 95.1)
\$50,000-\$74,999	*	*	*	2,648	94.3	(91.7 - 96.8)
≥ \$75,000	*	*	*	3,582	91.2	(86.8 - 95.6)

<sup>1</sup> Defined as having ever had a mammogram among women aged 40 and older

<sup>2</sup> Prevalence estimates are age-adjusted to the 2000 US Standard population

<sup>3</sup> Sample size from survey

<sup>4</sup> 95% confidence interval

\* Data do not meet reporting criteria (confidence interval with a half-width greater than 10, denominator less than 50 and/or a numerator less than 10)

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**Cortland County**

**Table 25a. Had mammogram within the past 2 years among women aged 40 and older<sup>1</sup> in Cortland County and New York State**

	Cortland County				New York State			
	n <sup>2</sup>	Est. # of Adults <sup>3</sup>	Percent	(C.I.) <sup>4</sup>	n <sup>2</sup>	Est. # of Adults <sup>3</sup>	Percent	(C.I.) <sup>4</sup>
<b>Total</b>	311	8,700	81.1	(76.1 - 86.1)	19,376	3,760,000	80.3	(77.8 - 82.9)
<b>Gender</b>								
Male	-	-	-	-	-	-	-	-
Female	311	8,700	81.1	(76.1 - 86.1)	19,376	3,760,000	80.3	(77.8 - 82.9)
<b>Age (years)</b>								
40-49	*	*	*	*	3,842	1,122,700	74.4	(68.5 - 80.2)
50-64	120	3,300	76.6	(67.8 - 85.4)	7,428	1,487,900	87.2	(84.5 - 89.8)
≥ 65	139	2,900	83.0	(76.5 - 89.5)	8,106	1,149,400	78.5	(74.2 - 82.9)
<b>Race/Ethnicity</b>								
White Non-Hispanic	304	8,600	81.2	(76.2 - 86.2)	18,438	2,531,500	80.2	(78.3 - 82.2)
Black Non-Hispanic	*	*	*	*	339	667,100	85.6	(77.5 - 93.8)
Hispanic	*	*	*	*	332	419,700	86.1	(77.5 - 94.8)
Other Non-Hispanic	*	*	*	*	*	*	*	*
<b>Education</b>								
≤ High School	123	2,700	78.5	(70.7 - 86.3)	8,204	1,486,900	80.5	(76.4 - 84.6)
Some College	108	3,400	80.4	(71.8 - 89.0)	5,297	929,400	83.0	(78.8 - 87.1)
≥ College Degree	80	2,600	84.9	(75.5 - 94.2)	5,845	1,334,800	78.6	(73.9 - 83.2)
<b>Income</b>								
≤ \$24,999	*	*	*	*	5,650	882,300	80.8	(75.9 - 85.7)
\$25,000-\$49,999	91	2,800	82.5	(74.0 - 91.1)	4,846	732,300	76.3	(69.7 - 82.9)
\$50,000-\$74,999	*	*	*	*	2,641	494,200	85.6	(81.9 - 89.4)
≥ \$75,000	*	*	*	*	3,572	1,025,900	80.0	(75.2 - 84.8)

<sup>1</sup> Defined as having had a mammogram within the past 2 years among women aged 40 and older

<sup>2</sup> Sample size from survey

<sup>3</sup> Estimated number of women aged 40 and older who have had a mammogram within the past 2 years (rounded to the nearest hundred)

<sup>4</sup> 95% confidence interval

\* Data do not meet reporting criteria (confidence interval with a half-width greater than 10, denominator less than 50 and/or a numerator less than 10)

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**Table 25b. Had mammogram within the past 2 years among women aged 40 and older<sup>1</sup> in Cortland County and New York State - Age-Adjusted<sup>2</sup>**

	Cortland County			New York State		
	n <sup>3</sup>	Percent	(C.I.) <sup>4</sup>	n <sup>3</sup>	Percent	(C.I.) <sup>4</sup>
<b>Total</b>	311	81.3	(76.0 - 86.5)	19,376	79.7	(76.9 - 82.5)
<b>Gender</b>						
Male	-	-	-	-	-	-
Female	311	81.3	(76.0 - 86.5)	19,376	79.7	(76.9 - 82.5)
<b>Race/Ethnicity</b>						
White Non-Hispanic	304	81.4	(76.1 - 86.7)	18,438	79.7	(77.6 - 81.8)
Black Non-Hispanic	*	*	*	339	85.3	(76.5 - 94.2)
Hispanic	*	*	*	332	85.2	(75.6 - 94.8)
Other Non-Hispanic	*	*	*	*	*	*
<b>Education</b>						
≤ High School	123	78.6	(70.6 - 86.5)	8,204	80.1	(75.6 - 84.7)
Some College	108	80.2	(70.8 - 89.5)	5,297	82.3	(77.7 - 86.9)
≥ College Degree	80	85.8	(76.5 - 95.0)	5,845	77.8	(72.9 - 82.8)
<b>Income</b>						
≤ \$24,999	*	*	*	5,650	80.8	(75.4 - 86.2)
\$25,000-\$49,999	91	84.3	(76.3 - 92.4)	4,846	75.7	(68.7 - 82.6)
\$50,000-\$74,999	*	*	*	2,641	85.5	(81.6 - 89.4)
≥ \$75,000	*	*	*	3,572	79.0	(73.8 - 84.2)

<sup>1</sup> Defined as having had a mammogram within the past 2 years among women aged 40 and older

<sup>2</sup> Prevalence estimates are age-adjusted to the 2000 US Standard population

<sup>3</sup> Sample size from survey

<sup>4</sup> 95% confidence interval

\* Data do not meet reporting criteria (confidence interval with a half-width greater than 10, denominator less than 50 and/or a numerator less than 10)

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**Table 26a. Had mammogram within the past 2 years among women aged 50 and older<sup>1</sup> in Cortland County and New York State**

	Cortland County				New York State			
	n <sup>2</sup>	Est. # of Adults <sup>3</sup>	Percent	(C.I.) <sup>4</sup>	n <sup>2</sup>	Est. # of Adults <sup>3</sup>	Percent	(C.I.) <sup>4</sup>
<b>Total</b>	259	6,200	79.5	(73.8 - 85.2)	15,534	2,637,300	83.2	(80.7 - 85.7)
<b>Gender</b>								
Male	-	-	-	-	-	-	-	-
Female	259	6,200	79.5	(73.8 - 85.2)	15,534	2,637,300	83.2	(80.7 - 85.7)
<b>Age (years)</b>								
50-64	120	3,300	76.6	(67.8 - 85.4)	7,428	1,487,900	87.2	(84.5 - 89.8)
≥ 65	139	2,900	83.0	(76.5 - 89.5)	8,106	1,149,400	78.5	(74.2 - 82.9)
<b>Race/Ethnicity</b>								
White Non-Hispanic	253	6,100	79.8	(74.1 - 85.5)	14,887	1,907,000	82.3	(80.3 - 84.4)
Black Non-Hispanic	*	*	*	*	249	385,600	89.9	(83.2 - 96.7)
Hispanic	*	*	*	*	220	286,700	93.9	(89.1 - 98.6)
Other Non-Hispanic	*	*	*	*	*	*	*	*
<b>Education</b>								
≤ High School	111	2,200	77.1	(68.6 - 85.5)	7,026	1,094,500	83.3	(80.0 - 86.6)
Some College	86	2,300	80.8	(71.2 - 90.5)	4,124	646,700	87.3	(84.2 - 90.3)
≥ College Degree	*	*	*	*	4,356	890,500	80.6	(75.1 - 86.1)
<b>Income</b>								
≤ \$24,999	90	1,700	76.3	(66.6 - 86.1)	4,991	649,100	81.0	(76.8 - 85.2)
\$25,000-\$49,999	*	*	*	*	3,913	533,300	78.6	(70.9 - 86.2)
\$50,000-\$74,999	*	*	*	*	1,943	359,300	89.6	(86.3 - 93.0)
≥ \$75,000	*	*	*	*	2,303	601,300	84.6	(79.3 - 89.9)

<sup>1</sup> Defined as having had a mammogram within the past 2 years among women aged 50 and older

<sup>2</sup> Sample size from survey

<sup>3</sup> Estimated number of women aged 50 and older who have had a mammogram within the past 2 years (rounded to the nearest hundred)

<sup>4</sup> 95% confidence interval

\* Data do not meet reporting criteria (confidence interval with a half-width greater than 10, denominator less than 50 and/or a numerator less than 10)

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**Table 26b. Had mammogram within the past 2 years among women aged 50 and older<sup>1</sup> in Cortland County and New York State - Age-Adjusted<sup>2</sup>**

	Cortland County			New York State		
	n <sup>3</sup>	Percent	(C.I.) <sup>4</sup>	n <sup>3</sup>	Percent	(C.I.) <sup>4</sup>
<b>Total</b>	259	79.4	(73.6 - 85.2)	15,534	83.1	(80.3 - 85.8)
<b>Gender</b>						
Male	-	-	-	-	-	-
Female	259	79.4	(73.6 - 85.2)	15,534	83.1	(80.3 - 85.8)
<b>Race/Ethnicity</b>						
White Non-Hispanic	253	79.7	(73.9 - 85.6)	14,887	82.1	(79.9 - 84.3)
Black Non-Hispanic	*	*	*	249	90.4	(83.6 - 97.2)
Hispanic	*	*	*	220	94.1	(89.3 - 99.0)
Other Non-Hispanic	*	*	*	*	*	*
<b>Education</b>						
≤ High School	111	76.7	(68.2 - 85.2)	7,026	83.6	(80.1 - 87.0)
Some College	86	80.8	(70.9 - 90.6)	4,124	87.3	(84.1 - 90.5)
≥ College Degree	*	*	*	4,356	79.9	(73.9 - 86.0)
<b>Income</b>						
≤ \$24,999	90	76.3	(66.6 - 86.1)	4,991	81.3	(76.9 - 85.6)
\$25,000-\$49,999	*	*	*	3,913	78.1	(69.9 - 86.4)
\$50,000-\$74,999	*	*	*	1,943	90.2	(87.1 - 93.4)
≥ \$75,000	*	*	*	2,303	83.9	(77.9 - 89.9)

<sup>1</sup> Defined as having had a mammogram within the past 2 years among women aged 50 and older

<sup>2</sup> Prevalence estimates are age-adjusted to the 2000 US Standard population

<sup>3</sup> Sample size from survey

<sup>4</sup> 95% confidence interval

\* Data do not meet reporting criteria (confidence interval with a half-width greater than 10, denominator less than 50 and/or a numerator less than 10)

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**Table 27a. Ever had a Pap test among women<sup>1</sup> in Cortland County and New York State**

	Cortland County				New York State			
	n <sup>2</sup>	Est. # of Adults <sup>3</sup>	Percent	(C.I.) <sup>4</sup>	n <sup>2</sup>	Est. # of Adults <sup>3</sup>	Percent	(C.I.) <sup>4</sup>
<b>Total</b>	371	19,500	97.1	(93.8 - 100)	23,381	7,045,300	92.1	(90.0 - 94.3)
<b>Gender</b>								
Male	-	-	-	-	-	-	-	-
Female	371	19,500	97.1	(93.8 - 100)	23,381	7,045,300	92.1	(90.0 - 94.3)
<b>Age (years)</b>								
18-34	*	*	*	*	2,377	1,896,600	85.2	(79.3 - 91.0)
35-44	*	*	*	*	3,023	1,301,500	92.6	(87.7 - 97.5)
45-54	67	3,300	98.5	(95.7 - 100)	4,657	1,420,300	98.3	(97.0 - 99.6)
55-64	89	2,600	98.8	(96.5 - 100)	5,187	1,071,200	97.2	(95.0 - 99.3)
≥ 65	139	3,300	95.1	(91.3 - 98.9)	8,137	1,355,700	92.3	(88.5 - 96.1)
<b>Race/Ethnicity</b>								
White Non-Hispanic	360	18,500	97.0	(93.6 - 100)	21,976	4,439,700	94.2	(92.1 - 96.3)
Black Non-Hispanic	*	*	*	*	481	1,231,600	91.2	(84.0 - 98.4)
Hispanic	*	*	*	*	533	984,500	90.1	(85.3 - 94.8)
Other Non-Hispanic	*	*	*	*	*	*	*	*
<b>Education</b>								
≤ High School	143	6,200	93.7	(84.3 - 100)	9,526	2,540,500	88.3	(83.8 - 92.7)
Some College	132	8,300	98.8	(97.4 - 100)	6,462	1,782,200	93.5	(90.4 - 96.6)
≥ College Degree	96	5,000	98.7	(96.6 - 100)	7,345	2,643,200	95.0	(92.2 - 97.9)
<b>Income</b>								
≤ \$24,999	113	5,000	99.3	(98.3 - 100)	6,526	1,717,200	93.7	(90.9 - 96.6)
\$25,000-\$49,999	111	6,400	98.2	(96.2 - 100)	5,787	1,378,400	91.0	(85.6 - 96.4)
\$50,000-\$74,999	*	*	*	*	3,310	933,900	96.0	(91.8 - 100)
≥ \$75,000	52	3,300	98.5	(95.6 - 100)	4,570	1,943,300	95.4	(92.6 - 98.2)

<sup>1</sup> Defined as having ever had a Pap test among women

<sup>2</sup> Sample size from survey

<sup>3</sup> Estimated number of women who have ever had a Pap test (rounded to the nearest hundred)

<sup>4</sup> 95% confidence interval

\* Data do not meet reporting criteria (confidence interval with a half-width greater than 10, denominator less than 50 and/or a numerator less than 10)



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**Table 27b. Ever had a Pap test among women<sup>1</sup> in Cortland County and New York State - Age-Adjusted<sup>2</sup>**

	Cortland County			New York State		
	n <sup>3</sup>	Percent	(C.I.) <sup>4</sup>	n <sup>3</sup>	Percent	(C.I.) <sup>4</sup>
<b>Total</b>	371	97.4	(94.7 - 100)	23,381	91.8	(89.6 - 94.0)
<b>Gender</b>						
Male	-	-	-	-	-	-
Female	371	97.4	(94.7 - 100)	23,381	91.8	(89.6 - 94.0)
<b>Race/Ethnicity</b>						
White Non-Hispanic	360	97.4	(94.5 - 100)	21,976	94.0	(91.8 - 96.2)
Black Non-Hispanic	*	*	*	481	90.8	(83.5 - 98.1)
Hispanic	*	*	*	533	89.7	(84.6 - 94.7)
Other Non-Hispanic	*	*	*	*	*	*
<b>Education</b>						
≤ High School	143	94.6	(86.6 - 100)	9,526	87.8	(83.2 - 92.4)
Some College	132	98.8	(97.5 - 100)	6,462	93.1	(89.7 - 96.4)
≥ College Degree	96	98.7	(96.6 - 100)	7,345	94.9	(92.0 - 97.7)
<b>Income</b>						
≤ \$24,999	113	99.3	(98.3 - 100)	6,526	93.3	(90.1 - 96.5)
\$25,000-\$49,999	111	98.2	(96.4 - 100)	5,787	91.1	(85.7 - 96.5)
\$50,000-\$74,999	*	*	*	3,310	96.0	(91.9 - 100)
≥ \$75,000	52	98.5	(95.6 - 100)	4,570	95.0	(91.9 - 98.1)

<sup>1</sup> Defined as having ever had a Pap test among women

<sup>2</sup> Prevalence estimates are age-adjusted to the 2000 US Standard population

<sup>3</sup> Sample size from survey

<sup>4</sup> 95% confidence interval

\* Data do not meet reporting criteria (confidence interval with a half-width greater than 10, denominator less than 50 and/or a numerator less than 10)

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**Table 28a. Had a Pap test within the past 3 years among women<sup>1</sup> in Cortland County and New York State**

	Cortland County				New York State			
	n <sup>2</sup>	Est. # of Adults <sup>3</sup>	Percent	(C.I.) <sup>4</sup>	n <sup>2</sup>	Est. # of Adults <sup>3</sup>	Percent	(C.I.) <sup>4</sup>
<b>Total</b>	368	17,000	84.7	(79.3 - 90.1)	23,109	6,205,600	82.2	(79.8 - 84.6)
<b>Gender</b>								
Male	-	-	-	-	-	-	-	-
Female	368	17,000	84.7	(79.3 - 90.1)	23,109	6,205,600	82.2	(79.8 - 84.6)
<b>Age (years)</b>								
18-34	*	*	*	*	2,371	1,818,400	81.8	(75.5 - 88.1)
35-44	*	*	*	*	3,012	1,220,300	86.9	(81.8 - 92.0)
45-54	67	3,000	88.9	(80.6 - 97.1)	4,640	1,311,500	92.0	(89.8 - 94.3)
55-64	89	2,200	83.0	(74.1 - 91.9)	5,152	924,300	84.5	(81.0 - 88.0)
≥ 65	136	2,100	60.8	(52.0 - 69.6)	7,934	931,100	66.4	(61.8 - 71.0)
<b>Race/Ethnicity</b>								
White Non-Hispanic	357	16,300	85.9	(81.0 - 90.7)	21,720	3,807,100	81.5	(79.2 - 83.8)
Black Non-Hispanic	*	*	*	*	473	1,142,800	86.7	(79.1 - 94.3)
Hispanic	*	*	*	*	527	894,900	83.6	(76.3 - 91.0)
Other Non-Hispanic	*	*	*	*	*	*	*	*
<b>Education</b>								
≤ High School	*	*	*	*	9,384	2,132,600	76.0	(71.1 - 81.0)
Some College	132	7,600	89.8	(83.7 - 96.0)	6,401	1,594,300	84.0	(80.4 - 87.5)
≥ College Degree	95	4,500	89.2	(82.6 - 95.9)	7,281	2,406,000	86.9	(83.7 - 90.1)
<b>Income</b>								
≤ \$24,999	*	*	*	*	6,441	1,453,900	82.0	(77.9 - 86.0)
\$25,000-\$49,999	110	5,800	88.7	(81.1 - 96.4)	5,740	1,182,000	78.3	(72.6 - 83.9)
\$50,000-\$74,999	*	*	*	*	3,296	825,000	85.0	(78.0 - 91.9)
≥ \$75,000	52	3,100	92.5	(86.0 - 98.9)	4,555	1,810,200	89.0	(85.7 - 92.2)

<sup>1</sup> Defined as having had a Pap test within the past 3 years among women

<sup>2</sup> Sample size from survey

<sup>3</sup> Estimated number of women who have had a Pap test within the past 3 years (rounded to the nearest hundred)

<sup>4</sup> 95% confidence interval

\* Data do not meet reporting criteria (confidence interval with a half-width greater than 10, denominator less than 50 and/or a numerator less than 10)

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**Table 28b. Had a Pap test within the past 3 years among women<sup>1</sup> in Cortland County and New York State - Age-Adjusted<sup>2</sup>**

	Cortland County			New York State		
	n <sup>3</sup>	Percent	(C.I.) <sup>4</sup>	n <sup>3</sup>	Percent	(C.I.) <sup>4</sup>
<b>Total</b>	368	85.7	(81.0 - 90.5)	23,109	82.7	(80.2 - 85.1)
<b>Gender</b>						
Male	-	-	-	-	-	-
Female	368	85.7	(81.0 - 90.5)	23,109	82.7	(80.2 - 85.1)
<b>Race/Ethnicity</b>						
White Non-Hispanic	357	86.8	(82.5 - 91.0)	21,720	82.3	(80.0 - 84.6)
Black Non-Hispanic	*	*	*	473	87.0	(79.3 - 94.6)
Hispanic	*	*	*	527	83.4	(75.9 - 90.9)
Other Non-Hispanic	*	*	*	*	*	*
<b>Education</b>						
≤ High School	*	*	*	9,384	76.4	(71.3 - 81.5)
Some College	132	90.6	(85.3 - 95.9)	6,401	84.2	(80.5 - 88.0)
≥ College Degree	95	89.5	(83.0 - 96.1)	7,281	87.5	(84.3 - 90.6)
<b>Income</b>						
≤ \$24,999	*	*	*	6,441	82.7	(78.5 - 86.9)
\$25,000-\$49,999	110	89.7	(83.1 - 96.3)	5,740	79.2	(73.5 - 84.8)
\$50,000-\$74,999	*	*	*	3,296	85.7	(78.7 - 92.8)
≥ \$75,000	52	93.2	(87.4 - 99.0)	4,555	88.9	(85.5 - 92.3)

<sup>1</sup> Defined as having had a Pap test within the past 3 years among women

<sup>2</sup> Prevalence estimates are age-adjusted to the 2000 US Standard population

<sup>3</sup> Sample size from survey

<sup>4</sup> 95% confidence interval

\* Data do not meet reporting criteria (confidence interval with a half-width greater than 10, denominator less than 50 and/or a numerator less than 10)

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**Cortland County**

**Table 29a. Ever had a digital rectal exam among men aged 40 and older<sup>1</sup> in Cortland County and New York State**

	Cortland County				New York State			
	n <sup>2</sup>	Est. # of Adults <sup>3</sup>	Percent	(C.I.) <sup>4</sup>	n <sup>2</sup>	Est. # of Adults <sup>3</sup>	Percent	(C.I.) <sup>4</sup>
<b>Total</b>	211	8,200	85.0	(79.3 - 90.7)	12,033	3,176,500	73.8	(69.7 - 77.8)
<b>Gender</b>								
Male	211	8,200	85.0	(79.3 - 90.7)	12,033	3,176,500	73.8	(69.7 - 77.8)
Female	-	-	-	-	-	-	-	-
<b>Age (years)</b>								
40-44	*	*	*	*	*	*	*	*
45-54	52	2,800	84.9	(75.1 - 94.6)	3,098	922,800	66.8	(59.9 - 73.8)
55-64	59	2,200	88.5	(80.0 - 97.0)	3,504	865,600	87.1	(82.5 - 91.7)
≥ 65	84	2,100	87.1	(78.1 - 96.1)	4,348	953,900	92.9	(91.0 - 94.9)
<b>Race/Ethnicity</b>								
White Non-Hispanic	200	7,900	85.6	(79.9 - 91.3)	11,411	2,452,100	80.3	(77.7 - 82.9)
Black Non-Hispanic	*	*	*	*	*	*	*	*
Hispanic	*	*	*	*	*	*	*	*
Other Non-Hispanic	*	*	*	*	*	*	*	*
<b>Education</b>								
≤ High School	92	3,100	77.6	(68.2 - 87.0)	5,013	931,600	64.1	(57.3 - 71.0)
Some College	*	*	*	*	2,695	674,200	75.5	(67.8 - 83.2)
≥ College Degree	60	2,800	92.6	(84.7 - 100)	4,302	1,568,000	80.5	(74.0 - 87.0)
<b>Income</b>								
≤ \$24,999	*	*	*	*	2,573	573,300	65.9	(56.0 - 75.9)
\$25,000-\$49,999	69	2,500	86.0	(77.0 - 95.0)	3,168	530,100	74.6	(67.2 - 82.1)
\$50,000-\$74,999	*	*	*	*	*	*	*	*
≥ \$75,000	*	*	*	*	3,309	1,351,100	78.0	(72.6 - 83.5)

<sup>1</sup> Defined as having ever had a digital rectal exam among men aged 40 and older

<sup>2</sup> Sample size from survey

<sup>3</sup> Estimated number of men aged 40 and older who have ever had a digital rectal exam (rounded to the nearest hundred)

<sup>4</sup> 95% confidence interval

\* Data do not meet reporting criteria (confidence interval with a half-width greater than 10, denominator less than 50 and/or a numerator less than 10)

**Expanded BRFSS Report: July 2008 - June 2009**  
**Cortland County**

**Table 29b. Ever had a digital rectal exam among men aged 40 and older<sup>1</sup> in Cortland County and New York State - Age-Adjusted<sup>2</sup>**

	Cortland County			New York State		
	n <sup>3</sup>	Percent	(C.I.) <sup>4</sup>	n <sup>3</sup>	Percent	(C.I.) <sup>4</sup>
<b>Total</b>	211	84.4	(78.3 - 90.5)	12,033	73.7	(69.6 - 77.8)
<b>Gender</b>						
Male	211	84.4	(78.3 - 90.5)	12,033	73.7	(69.6 - 77.8)
Female	-	-	-	-	-	-
<b>Race/Ethnicity</b>						
White Non-Hispanic	200	85.3	(79.3 - 91.4)	11,411	79.9	(77.2 - 82.5)
Black Non-Hispanic	*	*	*	*	*	*
Hispanic	*	*	*	*	*	*
Other Non-Hispanic	*	*	*	*	*	*
<b>Education</b>						
≤ High School	92	78.4	(69.1 - 87.6)	5,013	64.7	(57.8 - 71.7)
Some College	*	*	*	2,695	75.0	(67.1 - 82.9)
≥ College Degree	*	*	*	4,302	80.3	(73.8 - 86.8)
<b>Income</b>						
≤ \$24,999	*	*	*	2,573	66.9	(56.9 - 76.9)
\$25,000-\$49,999	69	86.7	(78.0 - 95.4)	3,168	74.8	(67.3 - 82.2)
\$50,000-\$74,999	*	*	*	*	*	*
≥ \$75,000	*	*	*	3,309	77.5	(72.0 - 83.0)

<sup>1</sup> Defined as having ever had a digital rectal exam among men aged 40 and older

<sup>2</sup> Prevalence estimates are age-adjusted to the 2000 US Standard population

<sup>3</sup> Sample size from survey

<sup>4</sup> 95% confidence interval

\* Data do not meet reporting criteria (confidence interval with a half-width greater than 10, denominator less than 50 and/or a numerator less than 10)

**Expanded BRFSS Report: July 2008 - June 2009  
Cortland County**

**Table 30a. Had digital rectal exam within the past 2 years among men aged 40 and older<sup>1</sup> in Cortland County and New York State**

	Cortland County				New York State			
	n <sup>2</sup>	Est. # of Adults <sup>3</sup>	Percent	(C.I.) <sup>4</sup>	n <sup>2</sup>	Est. # of Adults <sup>3</sup>	Percent	(C.I.) <sup>4</sup>
<b>Total</b>	207	6,100	64.4	(56.6 - 72.2)	11,923	2,380,300	55.8	(51.8 - 59.8)
<b>Gender</b>								
Male	207	6,100	64.4	(56.6 - 72.2)	11,923	2,380,300	55.8	(51.8 - 59.8)
Female	-	-	-	-	-	-	-	-
<b>Age (years)</b>								
40-44	*	*	*	*	1,078	246,800	27.5	(18.5 - 36.5)
45-54	*	*	*	*	3,074	650,000	47.6	(40.8 - 54.4)
55-64	*	*	*	*	3,467	673,500	68.1	(62.4 - 73.8)
≥ 65	*	*	*	*	4,304	809,900	79.7	(75.0 - 84.3)
<b>Race/Ethnicity</b>								
White Non-Hispanic	196	5,900	64.9	(56.9 - 72.9)	11,305	1,875,600	62.2	(59.2 - 65.2)
Black Non-Hispanic	*	*	*	*	*	*	*	*
Hispanic	*	*	*	*	*	*	*	*
Other Non-Hispanic	*	*	*	*	*	*	*	*
<b>Education</b>								
≤ High School	*	*	*	*	4,963	718,700	49.6	(43.2 - 56.1)
Some College	*	*	*	*	2,665	511,500	58.5	(50.8 - 66.3)
≥ College Degree	*	*	*	*	4,277	1,148,400	59.4	(52.8 - 66.0)
<b>Income</b>								
≤ \$24,999	*	*	*	*	2,553	388,000	45.0	(35.0 - 55.0)
\$25,000-\$49,999	*	*	*	*	3,139	422,400	60.5	(53.0 - 68.0)
\$50,000-\$74,999	*	*	*	*	*	*	*	*
≥ \$75,000	*	*	*	*	3,295	978,300	56.9	(51.1 - 62.7)

<sup>1</sup> Defined as having had a digital rectal exam within the past 2 years among men aged 40 and older

<sup>2</sup> Sample size from survey

<sup>3</sup> Estimated number of men aged 40 and older who have had a digital rectal exam within the past 2 years (rounded to the nearest hundred)

<sup>4</sup> 95% confidence interval

\* Data do not meet reporting criteria (confidence interval with a half-width greater than 10, denominator less than 50 and/or a numerator less than 10)

**Expanded BRFSS Report: July 2008 - June 2009**  
**Cortland County**

**Table 30b. Had digital rectal exam within the past 2 years among men aged 40 and older<sup>1</sup> in Cortland County and New York State - Age-Adjusted<sup>2</sup>**

	Cortland County			New York State		
	n <sup>3</sup>	Percent	(C.I.) <sup>4</sup>	n <sup>3</sup>	Percent	(C.I.) <sup>4</sup>
<b>Total</b>	207	63.5	(55.4 - 71.6)	11,923	55.9	(51.7 - 60.0)
<b>Gender</b>						
Male	207	63.5	(55.4 - 71.6)	11,923	55.9	(51.7 - 60.0)
Female	-	-	-	-	-	-
<b>Race/Ethnicity</b>						
White Non-Hispanic	196	64.2	(55.9 - 72.5)	11,305	62.0	(58.9 - 65.1)
Black Non-Hispanic	*	*	*	*	*	*
Hispanic	*	*	*	*	*	*
Other Non-Hispanic	*	*	*	*	*	*
<b>Education</b>						
≤ High School	*	*	*	4,963	50.5	(43.7 - 57.3)
Some College	*	*	*	2,665	58.3	(50.4 - 66.2)
≥ College Degree	*	*	*	4,277	59.2	(52.4 - 65.9)
<b>Income</b>						
≤ \$24,999	*	*	*	*	*	*
\$25,000-\$49,999	*	*	*	3,139	60.8	(53.1 - 68.4)
\$50,000-\$74,999	*	*	*	*	*	*
≥ \$75,000	*	*	*	3,295	56.5	(50.5 - 62.4)

<sup>1</sup> Defined as having had a digital rectal exam within the past 2 years among men aged 40 and older

<sup>2</sup> Prevalence estimates are age-adjusted to the 2000 US Standard population

<sup>3</sup> Sample size from survey

<sup>4</sup> 95% confidence interval

\* Data do not meet reporting criteria (confidence interval with a half-width greater than 10, denominator less than 50 and/or a numerator less than 10)

**Expanded BRFSS Report: July 2008 - June 2009  
Cortland County**

**Table 31a. Ever had a prostate specific antigen test among men aged 40 and older<sup>1</sup> in Cortland County and New York State**

	Cortland County				New York State			
	n <sup>2</sup>	Est. # of Adults <sup>3</sup>	Percent	(C.I.) <sup>4</sup>	n <sup>2</sup>	Est. # of Adults <sup>3</sup>	Percent	(C.I.) <sup>4</sup>
<b>Total</b>	203	6,200	68.6	(60.7 - 76.4)	11,557	2,822,600	67.6	(63.9 - 71.2)
<b>Gender</b>								
Male	203	6,200	68.6	(60.7 - 76.4)	11,557	2,822,600	67.6	(63.9 - 71.2)
Female	-	-	-	-	-	-	-	-
<b>Age (years)</b>								
40-44	*	*	*	*	*	*	*	*
45-54	*	*	*	*	2,938	760,600	57.4	(50.6 - 64.3)
55-64	*	*	*	*	3,373	811,400	83.4	(78.8 - 88.1)
≥ 65	85	2,100	85.0	(76.3 - 93.6)	4,215	905,400	90.4	(87.1 - 93.6)
<b>Race/Ethnicity</b>								
White Non-Hispanic	193	6,000	68.7	(60.6 - 76.7)	10,950	1,965,400	67.0	(63.9 - 70.1)
Black Non-Hispanic	*	*	*	*	*	*	*	*
Hispanic	*	*	*	*	*	*	*	*
Other Non-Hispanic	*	*	*	*	*	*	*	*
<b>Education</b>								
≤ High School	*	*	*	*	4,775	829,200	59.0	(52.4 - 65.6)
Some College	*	*	*	*	2,584	535,000	61.9	(53.7 - 70.2)
≥ College Degree	*	*	*	*	4,176	1,455,700	76.8	(72.5 - 81.1)
<b>Income</b>								
≤ \$24,999	*	*	*	*	*	*	*	*
\$25,000-\$49,999	*	*	*	*	3,048	444,100	64.1	(56.0 - 72.3)
\$50,000-\$74,999	*	*	*	*	*	*	*	*
≥ \$75,000	*	*	*	*	3,188	1,211,100	72.3	(67.6 - 77.0)

<sup>1</sup> Defined as having ever had a prostate specific antigen test among men aged 40 and older

<sup>2</sup> Sample size from survey

<sup>3</sup> Estimated number of men aged 40 and older who have ever had a prostate specific antigen test (rounded to the nearest hundred)

<sup>4</sup> 95% confidence interval

\* Data do not meet reporting criteria (confidence interval with a half-width greater than 10, denominator less than 50 and/or a numerator less than 10)



**Expanded BRFSS Report: July 2008 - June 2009  
Cortland County**

**Table 31b. Ever had a prostate specific antigen test among men aged 40 and older<sup>1</sup> in Cortland County and New York State - Age-Adjusted<sup>2</sup>**

	Cortland County			New York State		
	n <sup>3</sup>	Percent	(C.I.) <sup>4</sup>	n <sup>3</sup>	Percent	(C.I.) <sup>4</sup>
<b>Total</b>	203	66.9	(58.6 - 75.2)	11,557	67.4	(63.7 - 71.1)
<b>Gender</b>						
Male	203	66.9	(58.6 - 75.2)	11,557	67.4	(63.7 - 71.1)
Female	-	-	-	-	-	-
<b>Race/Ethnicity</b>						
White Non-Hispanic	193	67.1	(58.6 - 75.5)	10,950	66.6	(63.4 - 69.8)
Black Non-Hispanic	*	*	*	*	*	*
Hispanic	*	*	*	*	*	*
Other Non-Hispanic	*	*	*	*	*	*
<b>Education</b>						
≤ High School	*	*	*	4,775	59.7	(52.9 - 66.4)
Some College	*	*	*	2,584	61.4	(53.0 - 69.9)
≥ College Degree	*	*	*	4,176	76.3	(71.9 - 80.7)
<b>Income</b>						
≤ \$24,999	*	*	*	*	*	*
\$25,000-\$49,999	*	*	*	3,048	64.2	(56.1 - 72.4)
\$50,000-\$74,999	*	*	*	*	*	*
≥ \$75,000	*	*	*	3,188	71.5	(66.6 - 76.3)

<sup>1</sup> Defined as having ever had a prostate specific antigen test among men aged 40 and older

<sup>2</sup> Prevalence estimates are age-adjusted to the 2000 US Standard population

<sup>3</sup> Sample size from survey

<sup>4</sup> 95% confidence interval

\* Data do not meet reporting criteria (confidence interval with a half-width greater than 10, denominator less than 50 and/or a numerator less than 10)

**Expanded BRFSS Report: July 2008 - June 2009  
Cortland County**

**Table 32a. Had prostate specific antigen test within the past 2 years among men aged 40 and older<sup>1</sup> in Cortland County and New York State**

	Cortland County				New York State			
	n <sup>2</sup>	Est. # of Adults <sup>3</sup>	Percent	(C.I.) <sup>4</sup>	n <sup>2</sup>	Est. # of Adults <sup>3</sup>	Percent	(C.I.) <sup>4</sup>
<b>Total</b>	200	5,300	59.3	(51.1 - 67.4)	11,437	2,493,800	59.9	(56.0 - 63.9)
<b>Gender</b>								
Male	200	5,300	59.3	(51.1 - 67.4)	11,437	2,493,800	59.9	(56.0 - 63.9)
Female	-	-	-	-	-	-	-	-
<b>Age (years)</b>								
40-44	*	*	*	*	*	*	*	*
45-54	*	*	*	*	2,917	659,400	49.9	(42.8 - 57.0)
55-64	*	*	*	*	3,326	719,700	74.5	(69.4 - 79.7)
≥ 65	*	*	*	*	4,166	830,000	83.3	(78.4 - 88.3)
<b>Race/Ethnicity</b>								
White Non-Hispanic	190	5,100	59.3	(51.0 - 67.6)	10,836	1,762,200	60.4	(57.3 - 63.5)
Black Non-Hispanic	*	*	*	*	*	*	*	*
Hispanic	*	*	*	*	*	*	*	*
Other Non-Hispanic	*	*	*	*	*	*	*	*
<b>Education</b>								
≤ High School	*	*	*	*	4,727	734,200	52.4	(45.7 - 59.1)
Some College	*	*	*	*	2,558	483,800	56.3	(48.2 - 64.4)
≥ College Degree	*	*	*	*	4,133	1,273,200	67.4	(61.6 - 73.3)
<b>Income</b>								
≤ \$24,999	*	*	*	*	*	*	*	*
\$25,000-\$49,999	*	*	*	*	3,021	410,800	59.6	(51.5 - 67.6)
\$50,000-\$74,999	*	*	*	*	*	*	*	*
≥ \$75,000	*	*	*	*	3,170	1,080,100	64.6	(59.1 - 70.0)

<sup>1</sup> Defined as having had a prostate specific antigen test within the past 2 years among men aged 40 and older

<sup>2</sup> Sample size from survey

<sup>3</sup> Estimated number of men aged 40 and older who have had a prostate specific antigen test within the past 2 years (rounded to the nearest hundred)

<sup>4</sup> 95% confidence interval

\* Data do not meet reporting criteria (confidence interval with a half-width greater than 10, denominator less than 50 and/or a numerator less than 10)

**Expanded BRFSS Report: July 2008 - June 2009  
Cortland County**

**Table 32b. Had prostate specific antigen test within the past 2 years among men aged 40 and older<sup>1</sup> in Cortland County and New York State - Age-Adjusted<sup>2</sup>**

	Cortland County			New York State		
	n <sup>3</sup>	Percent	(C.I.) <sup>4</sup>	n <sup>3</sup>	Percent	(C.I.) <sup>4</sup>
<b>Total</b>	200	57.9	(49.5 - 66.2)	11,437	59.8	(55.8 - 63.9)
<b>Gender</b>						
Male	200	57.9	(49.5 - 66.2)	11,437	59.8	(55.8 - 63.9)
Female	-	-	-	-	-	-
<b>Race/Ethnicity</b>						
White Non-Hispanic	190	58.0	(49.4 - 66.6)	10,836	60.1	(56.9 - 63.4)
Black Non-Hispanic	*	*	*	*	*	*
Hispanic	*	*	*	*	*	*
Other Non-Hispanic	*	*	*	*	*	*
<b>Education</b>						
≤ High School	*	*	*	4,727	52.9	(45.9 - 59.9)
Some College	*	*	*	2,558	56.0	(47.7 - 64.2)
≥ College Degree	*	*	*	4,133	67.1	(61.2 - 73.1)
<b>Income</b>						
≤ \$24,999	*	*	*	*	*	*
\$25,000-\$49,999	*	*	*	3,021	59.8	(51.7 - 67.9)
\$50,000-\$74,999	*	*	*	*	*	*
≥ \$75,000	*	*	*	3,170	63.9	(58.3 - 69.6)

<sup>1</sup> Defined as having had a prostate specific antigen test within the past 2 years among men aged 40 and older

<sup>2</sup> Prevalence estimates are age-adjusted to the 2000 US Standard population

<sup>3</sup> Sample size from survey

<sup>4</sup> 95% confidence interval

\* Data do not meet reporting criteria (confidence interval with a half-width greater than 10, denominator less than 50 and/or a numerator less than 10)

**Expanded BRFSS Report: July 2008 - June 2009  
Cortland County**

**Table 33a. Prostate cancer among men aged 40 and older<sup>1</sup> in Cortland County and New York State**

	Cortland County				New York State			
	n <sup>2</sup>	Est. # of Adults <sup>3</sup>	Percent	(C.I.) <sup>4</sup>	n <sup>2</sup>	Est. # of Adults <sup>3</sup>	Percent	(C.I.) <sup>4</sup>
<b>Total</b>	213	500	5.6	(2.7 - 8.5)	12,133	178,200	4.1	(3.0 - 5.2)
<b>Gender</b>								
Male	213	500	5.6	(2.7 - 8.5)	12,133	178,200	4.1	(3.0 - 5.2)
Female	-	-	-	-	-	-	-	-
<b>Age (years)</b>								
40-44	*	*	*	*	*	*	*	*
45-54	*	*	*	*	3,120	6,100	0.4	(0.0 - 0.9)
55-64	*	*	*	*	3,532	31,600	3.1	(1.5 - 4.8)
≥ 65	87	400	16.0	(7.5 - 24.5)	4,388	140,400	13.6	(9.7 - 17.4)
<b>Race/Ethnicity</b>								
White Non-Hispanic	202	500	5.2	(2.4 - 7.9)	11,502	143,700	4.7	(3.5 - 5.8)
Black Non-Hispanic	*	*	*	*	184	23,500	5.1	(0.0 - 11.0)
Hispanic	*	*	*	*	197	7,700	1.6	(0.0 - 3.7)
Other Non-Hispanic	*	*	*	*	*	*	*	*
<b>Education</b>								
≤ High School	93	300	7.4	(2.5 - 12.4)	5,065	46,300	3.1	(2.2 - 4.1)
Some College	*	*	*	*	2,709	39,200	4.4	(1.3 - 7.5)
≥ College Degree	*	*	*	*	4,336	92,500	4.7	(3.0 - 6.5)
<b>Income</b>								
≤ \$24,999	*	*	*	*	2,597	35,800	4.1	(2.2 - 6.0)
\$25,000-\$49,999	*	*	*	*	3,196	29,600	4.1	(2.9 - 5.4)
\$50,000-\$74,999	*	*	*	*	2,007	20,300	2.8	(1.2 - 4.4)
≥ \$75,000	*	*	*	*	3,322	56,500	3.2	(1.7 - 4.8)

<sup>1</sup> Defined as having ever been told by a health professional that respondent had prostate cancer among men aged 40 and older

<sup>2</sup> Sample size from survey

<sup>3</sup> Estimated number of men aged 40 and older who have ever been told they had prostate cancer (rounded to the nearest hundred)

<sup>4</sup> 95% confidence interval

\* Data do not meet reporting criteria (confidence interval with a half-width greater than 10, denominator less than 50 and/or a numerator less than 10)

**Expanded BRFSS Report: July 2008 - June 2009**  
**Cortland County**

**Table 33b. Prostate cancer among men aged 40 and older<sup>1</sup> in Cortland County and New York State - Age-Adjusted<sup>2</sup>**

	Cortland County			New York State		
	n <sup>3</sup>	Percent	(C.I.) <sup>4</sup>	n <sup>3</sup>	Percent	(C.I.) <sup>4</sup>
<b>Total</b>	213	5.9	(2.9 - 9.0)	12,133	4.5	(3.2 - 5.7)
<b>Gender</b>						
Male	213	5.9	(2.9 - 9.0)	12,133	4.5	(3.2 - 5.7)
Female	-	-	-	-	-	-
<b>Race/Ethnicity</b>						
White Non-Hispanic	202	5.6	(2.6 - 8.6)	11,502	5.1	(3.8 - 6.4)
Black Non-Hispanic	*	*	*	184	5.7	(0.0 - 12.8)
Hispanic	*	*	*	197	1.8	(0.0 - 4.4)
Other Non-Hispanic	*	*	*	*	*	*
<b>Education</b>						
≤ High School	93	7.8	(2.7 - 12.9)	5,065	3.3	(2.3 - 4.3)
Some College	*	*	*	2,709	5.0	(1.1 - 9.0)
≥ College Degree	*	*	*	4,336	5.2	(3.1 - 7.2)
<b>Income</b>						
≤ \$24,999	*	*	*	2,597	4.5	(2.2 - 6.7)
\$25,000-\$49,999	*	*	*	3,196	4.3	(3.0 - 5.6)
\$50,000-\$74,999	*	*	*	2,007	3.0	(1.1 - 5.0)
≥ \$75,000	*	*	*	3,322	3.5	(1.6 - 5.4)

<sup>1</sup> Defined as having ever been told by a health professional that respondent had prostate cancer among men aged 40 and older

<sup>2</sup> Prevalence estimates are age-adjusted to the 2000 US Standard population

<sup>3</sup> Sample size from survey

<sup>4</sup> 95% confidence interval

\* Data do not meet reporting criteria (confidence interval with a half-width greater than 10, denominator less than 50 and/or a numerator less than 10)

**Expanded BRFSS Report: July 2008 - June 2009  
Cortland County**

**Table 34a. Home blood stool test ever used among adults aged 50 and older<sup>1</sup> in Cortland County and New York State**

	Cortland County				New York State			
	n <sup>2</sup>	Est. # of Adults <sup>3</sup>	Percent	(C.I.) <sup>4</sup>	n <sup>2</sup>	Est. # of Adults <sup>3</sup>	Percent	(C.I.) <sup>4</sup>
<b>Total</b>	437	5,700	38.0	(33.0 - 43.1)	25,322	2,288,500	38.0	(35.5 - 40.4)
<b>Gender</b>								
Male	174	2,400	34.6	(26.8 - 42.4)	9,571	1,081,900	38.9	(35.1 - 42.6)
Female	263	3,200	41.1	(34.5 - 47.6)	15,751	1,206,600	37.2	(34.0 - 40.4)
<b>Age (years)</b>								
50-64	213	2,900	33.2	(26.4 - 39.9)	12,834	1,192,000	34.0	(30.8 - 37.2)
≥ 65	224	2,700	45.3	(38.1 - 52.4)	12,472	1,093,400	43.6	(39.8 - 47.4)
<b>Race/Ethnicity</b>								
White Non-Hispanic	422	5,500	37.9	(32.8 - 43.1)	24,213	1,754,500	39.1	(37.1 - 41.1)
Black Non-Hispanic	*	*	*	*	*	*	*	*
Hispanic	*	*	*	*	*	*	*	*
Other Non-Hispanic	*	*	*	*	*	*	*	*
<b>Education</b>								
≤ High School	189	2,100	36.9	(29.3 - 44.6)	11,146	823,500	34.9	(30.5 - 39.2)
Some College	136	1,900	38.4	(29.4 - 47.4)	6,261	480,300	37.0	(32.6 - 41.4)
≥ College Degree	*	*	*	*	7,851	973,700	41.6	(37.8 - 45.3)
<b>Income</b>								
≤ \$24,999	136	1,400	37.2	(28.2 - 46.2)	7,222	505,000	35.4	(29.7 - 41.2)
\$25,000-\$49,999	133	1,900	42.2	(32.8 - 51.6)	6,609	467,600	40.3	(35.2 - 45.4)
\$50,000-\$74,999	*	*	*	*	3,500	313,000	38.2	(32.6 - 43.9)
≥ \$75,000	*	*	*	*	4,647	657,800	37.3	(33.0 - 41.6)

<sup>1</sup> Defined as having ever used a home blood stool test among adults aged 50 and older

<sup>2</sup> Sample size from survey

<sup>3</sup> Estimated number of adults aged 50 and older who have ever used a home blood stool test (rounded to the nearest hundred)

<sup>4</sup> 95% confidence interval

\* Data do not meet reporting criteria (confidence interval with a half-width greater than 10, denominator less than 50 and/or a numerator less than 10)

**Expanded BRFSS Report: July 2008 - June 2009  
Cortland County**

**Table 34b. Home blood stool test ever used among adults aged 50 and older<sup>1</sup> in Cortland County and New York State - Age-Adjusted<sup>2</sup>**

	Cortland County			New York State		
	n <sup>3</sup>	Percent	(C.I.) <sup>4</sup>	n <sup>3</sup>	Percent	(C.I.) <sup>4</sup>
<b>Total</b>	437	37.8	(32.7 - 42.9)	25,322	38.1	(35.5 - 40.8)
<b>Gender</b>						
Male	174	34.9	(27.1 - 42.6)	9,571	39.4	(35.3 - 43.5)
Female	263	40.5	(33.8 - 47.1)	15,751	36.9	(33.5 - 40.3)
<b>Race/Ethnicity</b>						
White Non-Hispanic	422	37.6	(32.5 - 42.8)	24,213	38.9	(36.7 - 41.1)
Black Non-Hispanic	*	*	*	*	*	*
Hispanic	*	*	*	*	*	*
Other Non-Hispanic	*	*	*	*	*	*
<b>Education</b>						
≤ High School	189	37.2	(29.5 - 45.0)	11,146	35.1	(30.3 - 39.9)
Some College	136	38.1	(29.0 - 47.1)	6,261	36.6	(32.0 - 41.3)
≥ College Degree	*	*	*	7,851	41.9	(37.9 - 46.0)
<b>Income</b>						
≤ \$24,999	136	37.1	(28.0 - 46.2)	7,222	35.9	(29.5 - 42.4)
\$25,000-\$49,999	133	42.0	(32.5 - 51.4)	6,609	40.2	(34.8 - 45.6)
\$50,000-\$74,999	*	*	*	3,500	38.1	(31.9 - 44.3)
≥ \$75,000	*	*	*	4,647	37.5	(32.9 - 42.2)

<sup>1</sup> Defined as having ever used a home blood stool test among adults aged 50 and older

<sup>2</sup> Prevalence estimates are age-adjusted to the 2000 US Standard population

<sup>3</sup> Sample size from survey

<sup>4</sup> 95% confidence interval

\* Data do not meet reporting criteria (confidence interval with a half-width greater than 10, denominator less than 50 and/or a numerator less than 10)

**Expanded BRFSS Report: July 2008 - June 2009  
Cortland County**

**Table 35a. Home blood stool test used within the past year among adults aged 50 and older<sup>1</sup> in Cortland County and New York State**

	Cortland County				New York State			
	n <sup>2</sup>	Est. # of Adults <sup>3</sup>	Percent	(C.I.) <sup>4</sup>	n <sup>2</sup>	Est. # of Adults <sup>3</sup>	Percent	(C.I.) <sup>4</sup>
<b>Total</b>	435	2,000	13.3	(9.9 - 16.7)	25,074	863,300	14.4	(12.6 - 16.2)
<b>Gender</b>								
Male	174	900	13.2	(7.9 - 18.5)	9,508	444,400	16.0	(13.2 - 18.9)
Female	261	1,100	13.4	(9.0 - 17.8)	15,566	418,900	13.1	(10.8 - 15.4)
<b>Age (years)</b>								
50-64	213	1,000	11.2	(6.9 - 15.5)	12,759	454,400	13.0	(10.6 - 15.5)
≥ 65	222	1,000	16.5	(10.9 - 22.0)	12,299	406,400	16.4	(13.7 - 19.0)
<b>Race/Ethnicity</b>								
White Non-Hispanic	421	1,900	13.0	(9.5 - 16.4)	23,971	634,300	14.3	(12.8 - 15.7)
Black Non-Hispanic	*	*	*	*	396	136,000	18.6	(9.4 - 27.8)
Hispanic	*	*	*	*	349	53,400	9.9	(2.5 - 17.2)
Other Non-Hispanic	*	*	*	*	*	*	*	*
<b>Education</b>								
≤ High School	188	700	11.4	(6.4 - 16.3)	11,026	288,600	12.3	(9.4 - 15.3)
Some College	135	700	15.0	(8.5 - 21.5)	6,208	212,500	16.4	(12.5 - 20.4)
≥ College Degree	111	600	14.0	(7.4 - 20.7)	7,778	352,400	15.2	(12.5 - 17.9)
<b>Income</b>								
≤ \$24,999	136	600	15.5	(8.4 - 22.5)	7,157	196,300	13.9	(10.1 - 17.6)
\$25,000-\$49,999	133	600	12.5	(6.8 - 18.3)	6,562	221,500	19.2	(14.1 - 24.3)
\$50,000-\$74,999	*	*	*	*	3,469	111,900	13.7	(10.1 - 17.4)
≥ \$75,000	61	500	15.9	(6.7 - 25.2)	4,623	205,100	11.7	(8.8 - 14.6)

<sup>1</sup> Defined as having used a home blood stool test within the past year among adults aged 50 and older

<sup>2</sup> Sample size from survey

<sup>3</sup> Estimated number of adults aged 50 and older who have used a home blood stool test within the past year (rounded to the nearest hundred)

<sup>4</sup> 95% confidence interval

\* Data do not meet reporting criteria (confidence interval with a half-width greater than 10, denominator less than 50 and/or a numerator less than 10)



**Expanded BRFSS Report: July 2008 - June 2009  
Cortland County**

**Table 35b. Home blood stool test used within the past year among adults aged 50 and older<sup>1</sup> in Cortland County and New York State - Age-Adjusted<sup>2</sup>**

	Cortland County			New York State		
	n <sup>3</sup>	Percent	(C.I.) <sup>4</sup>	n <sup>3</sup>	Percent	(C.I.) <sup>4</sup>
<b>Total</b>	435	13.4	(9.9 - 16.8)	25,074	14.6	(12.6 - 16.7)
<b>Gender</b>						
Male	174	13.7	(8.2 - 19.1)	9,508	16.4	(13.2 - 19.6)
Female	261	13.1	(8.7 - 17.4)	15,566	12.9	(10.4 - 15.4)
<b>Race/Ethnicity</b>						
White Non-Hispanic	421	12.9	(9.4 - 16.4)	23,971	14.2	(12.7 - 15.7)
Black Non-Hispanic	*	*	*	*	*	*
Hispanic	*	*	*	349	10.2	(1.7 - 18.7)
Other Non-Hispanic	*	*	*	*	*	*
<b>Education</b>						
≤ High School	188	11.8	(6.5 - 17.1)	11,026	12.7	(9.2 - 16.1)
Some College	135	14.7	(8.4 - 21.1)	6,208	16.6	(12.3 - 20.9)
≥ College Degree	111	14.0	(7.3 - 20.6)	7,778	15.3	(12.4 - 18.3)
<b>Income</b>						
≤ \$24,999	136	15.4	(8.1 - 22.6)	7,157	14.3	(9.8 - 18.7)
\$25,000-\$49,999	133	13.1	(7.1 - 19.0)	6,562	19.3	(13.8 - 24.8)
\$50,000-\$74,999	*	*	*	3,469	13.8	(9.8 - 17.7)
≥ \$75,000	61	15.6	(6.5 - 24.7)	4,623	11.8	(8.6 - 15.0)

<sup>1</sup> Defined as having used a home blood stool test within the past year among adults aged 50 and older

<sup>2</sup> Prevalence estimates are age-adjusted to the 2000 US Standard population

<sup>3</sup> Sample size from survey

<sup>4</sup> 95% confidence interval

\* Data do not meet reporting criteria (confidence interval with a half-width greater than 10, denominator less than 50 and/or a numerator less than 10)

**Expanded BRFSS Report: July 2008 - June 2009**  
**Cortland County**

**Table 36a. Home blood stool test used within the past 2 years among adults aged 50 and older<sup>1</sup> in Cortland County and New York State**

	Cortland County				New York State			
	n <sup>2</sup>	Est. # of Adults <sup>3</sup>	Percent	(C.I.) <sup>4</sup>	n <sup>2</sup>	Est. # of Adults <sup>3</sup>	Percent	(C.I.) <sup>4</sup>
<b>Total</b>	435	3,200	21.6	(17.4 - 25.7)	25,074	1,218,000	20.4	(18.3 - 22.5)
<b>Gender</b>								
Male	174	1,500	22.0	(15.5 - 28.6)	9,508	593,100	21.4	(18.3 - 24.5)
Female	261	1,700	21.1	(15.8 - 26.4)	15,566	624,900	19.5	(16.6 - 22.4)
<b>Age (years)</b>								
50-64	213	1,800	20.0	(14.5 - 25.5)	12,759	629,900	18.1	(15.4 - 20.7)
≥ 65	222	1,400	23.8	(17.6 - 30.1)	12,299	585,500	23.6	(20.2 - 27.0)
<b>Race/Ethnicity</b>								
White Non-Hispanic	421	3,100	21.3	(17.0 - 25.5)	23,971	877,500	19.7	(18.2 - 21.3)
Black Non-Hispanic	*	*	*	*	*	*	*	*
Hispanic	*	*	*	*	*	*	*	*
Other Non-Hispanic	*	*	*	*	*	*	*	*
<b>Education</b>								
≤ High School	188	1,300	21.9	(15.4 - 28.4)	11,026	454,600	19.4	(15.6 - 23.3)
Some College	135	1,100	22.3	(14.7 - 29.8)	6,208	262,200	20.3	(16.3 - 24.2)
≥ College Degree	111	900	20.3	(12.5 - 28.1)	7,778	491,400	21.2	(18.1 - 24.2)
<b>Income</b>								
≤ \$24,999	136	800	22.6	(14.6 - 30.6)	7,157	263,900	18.6	(14.6 - 22.7)
\$25,000-\$49,999	133	1,200	26.7	(18.6 - 34.7)	6,562	285,900	24.8	(19.6 - 30.0)
\$50,000-\$74,999	*	*	*	*	3,469	167,500	20.6	(15.6 - 25.5)
≥ \$75,000	*	*	*	*	4,623	294,900	16.8	(13.7 - 20.0)

<sup>1</sup> Defined as having used a home blood stool test within the past 2 years among adults aged 50 and older

<sup>2</sup> Sample size from survey

<sup>3</sup> Estimated number of adults aged 50 and older who have used a home blood stool test within the past 2 years (rounded to the nearest hundred)

<sup>4</sup> 95% confidence interval

\* Data do not meet reporting criteria (confidence interval with a half-width greater than 10, denominator less than 50 and/or a numerator less than 10)

**Expanded BRFSS Report: July 2008 - June 2009  
Cortland County**

**Table 36b. Home blood stool test used within the past 2 years among adults aged 50 and older<sup>1</sup>  
in Cortland County and New York State - Age-Adjusted<sup>2</sup>**

	Cortland County			New York State		
	n <sup>3</sup>	Percent	(C.I.) <sup>4</sup>	n <sup>3</sup>	Percent	(C.I.) <sup>4</sup>
<b>Total</b>	435	21.4	(17.2 - 25.5)	25,074	20.5	(18.2 - 22.8)
<b>Gender</b>						
Male	174	22.1	(15.5 - 28.6)	9,508	21.7	(18.3 - 25.1)
Female	261	20.8	(15.5 - 26.0)	15,566	19.4	(16.3 - 22.5)
<b>Race/Ethnicity</b>						
White Non-Hispanic	421	21.0	(16.8 - 25.2)	23,971	19.7	(18.0 - 21.3)
Black Non-Hispanic	*	*	*	*	*	*
Hispanic	*	*	*	*	*	*
Other Non-Hispanic	*	*	*	*	*	*
<b>Education</b>						
≤ High School	188	22.1	(15.5 - 28.7)	11,026	19.5	(15.4 - 23.7)
Some College	135	22.1	(14.6 - 29.6)	6,208	20.4	(16.1 - 24.7)
≥ College Degree	111	19.7	(12.1 - 27.3)	7,778	21.4	(18.1 - 24.7)
<b>Income</b>						
≤ \$24,999	136	22.5	(14.4 - 30.6)	7,157	18.9	(14.2 - 23.6)
\$25,000-\$49,999	133	26.4	(18.4 - 34.4)	6,562	24.8	(19.3 - 30.3)
\$50,000-\$74,999	*	*	*	3,469	20.6	(15.3 - 25.9)
≥ \$75,000	61	20.8	(10.8 - 30.8)	4,623	16.9	(13.4 - 20.4)

<sup>1</sup> Defined as having used a home blood stool test within the past 2 years among adults aged 50 and older

<sup>2</sup> Prevalence estimates are age-adjusted to the 2000 US Standard population

<sup>3</sup> Sample size from survey

<sup>4</sup> 95% confidence interval

\* Data do not meet reporting criteria (confidence interval with a half-width greater than 10, denominator less than 50 and/or a numerator less than 10)

**Expanded BRFSS Report: July 2008 - June 2009**  
**Cortland County**

**Table 37a. Ever had sigmoidoscopy or colonoscopy among adults aged 50 and older<sup>1</sup> in Cortland County and New York State**

	Cortland County				New York State			
	n <sup>2</sup>	Est. # of Adults <sup>3</sup>	Percent	(C.I.) <sup>4</sup>	n <sup>2</sup>	Est. # of Adults <sup>3</sup>	Percent	(C.I.) <sup>4</sup>
<b>Total</b>	438	9,400	63.1	(57.7 - 68.4)	25,357	4,019,100	66.6	(64.1 - 69.1)
<b>Gender</b>								
Male	177	4,600	64.6	(56.2 - 73.0)	9,582	1,894,100	68.0	(64.2 - 71.7)
Female	261	4,900	61.7	(54.9 - 68.4)	15,775	2,125,000	65.5	(62.1 - 68.8)
<b>Age (years)</b>								
50-54	*	*	*	*	4,179	718,900	50.6	(44.6 - 56.5)
55-64	148	3,000	58.5	(49.4 - 67.5)	8,695	1,493,500	71.0	(67.3 - 74.8)
≥ 65	224	4,200	69.7	(63.0 - 76.4)	12,466	1,802,000	72.1	(68.6 - 75.7)
<b>Race/Ethnicity</b>								
White Non-Hispanic	423	9,200	63.2	(57.8 - 68.7)	24,248	3,093,900	68.8	(66.8 - 70.8)
Black Non-Hispanic	*	*	*	*	*	*	*	*
Hispanic	*	*	*	*	*	*	*	*
Other Non-Hispanic	*	*	*	*	*	*	*	*
<b>Education</b>								
≤ High School	189	3,500	59.8	(51.8 - 67.8)	11,121	1,445,100	61.2	(56.7 - 65.8)
Some College	135	3,000	62.2	(52.8 - 71.7)	6,287	835,300	64.3	(59.7 - 69.0)
≥ College Degree	*	*	*	*	7,884	1,732,400	73.7	(70.0 - 77.4)
<b>Income</b>								
≤ \$24,999	135	1,900	52.1	(42.5 - 61.6)	7,220	892,600	62.7	(56.8 - 68.6)
\$25,000-\$49,999	134	2,700	59.2	(49.3 - 69.1)	6,619	697,300	60.1	(54.6 - 65.7)
\$50,000-\$74,999	*	*	*	*	3,514	613,700	74.2	(68.9 - 79.6)
≥ \$75,000	*	*	*	*	4,665	1,294,400	73.3	(69.2 - 77.5)

<sup>1</sup> Defined as having ever had a sigmoidoscopy or colonoscopy among adults aged 50 and older

<sup>2</sup> Sample size from survey

<sup>3</sup> Estimated number of adults aged 50 and older who have ever had a sigmoidoscopy or colonoscopy (rounded to the nearest hundred)

<sup>4</sup> 95% confidence interval

\* Data do not meet reporting criteria (confidence interval with a half-width greater than 10, denominator less than 50 and/or a numerator less than 10)

**Expanded BRFSS Report: July 2008 - June 2009  
Cortland County**

**Table 37b. Ever had sigmoidoscopy or colonoscopy among adults aged 50 and older<sup>1</sup> in Cortland County and New York State - Age-Adjusted<sup>2</sup>**

	Cortland County			New York State		
	n <sup>3</sup>	Percent	(C.I.) <sup>4</sup>	n <sup>3</sup>	Percent	(C.I.) <sup>4</sup>
<b>Total</b>	438	63.3	(57.9 - 68.6)	25,357	66.6	(63.9 - 69.3)
<b>Gender</b>						
Male	177	64.9	(56.6 - 73.1)	9,582	68.5	(64.5 - 72.5)
Female	261	61.8	(54.9 - 68.7)	15,775	64.8	(61.2 - 68.4)
<b>Race/Ethnicity</b>						
White Non-Hispanic	423	63.5	(58.1 - 69.0)	24,248	68.7	(66.5 - 70.8)
Black Non-Hispanic	*	*	*	*	*	*
Hispanic	*	*	*	*	*	*
Other Non-Hispanic	*	*	*	*	*	*
<b>Education</b>						
≤ High School	189	59.5	(51.4 - 67.5)	11,121	61.3	(56.4 - 66.2)
Some College	135	63.1	(53.6 - 72.6)	6,287	63.8	(58.8 - 68.8)
≥ College Degree	*	*	*	7,884	74.0	(70.2 - 77.9)
<b>Income</b>						
≤ \$24,999	135	52.6	(43.0 - 62.2)	7,220	63.0	(56.7 - 69.3)
\$25,000-\$49,999	134	59.2	(49.3 - 69.1)	6,619	59.7	(53.8 - 65.6)
\$50,000-\$74,999	*	*	*	3,514	74.4	(68.3 - 80.5)
≥ \$75,000	*	*	*	4,665	73.6	(69.3 - 78.0)

<sup>1</sup> Defined as having ever had a sigmoidoscopy or colonoscopy among adults aged 50 and older

<sup>2</sup> Prevalence estimates are age-adjusted to the 2000 US Standard population

<sup>3</sup> Sample size from survey

<sup>4</sup> 95% confidence interval

\* Data do not meet reporting criteria (confidence interval with a half-width greater than 10, denominator less than 50 and/or a numerator less than 10)

**Expanded BRFSS Report: July 2008 - June 2009  
Cortland County**

**Table 38a. Sigmoidoscopy or colonoscopy within the past 10 years among adults aged 50 and older<sup>1</sup> in Cortland County and New York State**

	Cortland County				New York State			
	n <sup>2</sup>	Est. # of Adults <sup>3</sup>	Percent	(C.I.) <sup>4</sup>	n <sup>2</sup>	Est. # of Adults <sup>3</sup>	Percent	(C.I.) <sup>4</sup>
<b>Total</b>	436	9,200	61.5	(56.1 - 66.9)	25,169	3,855,800	64.6	(62.1 - 67.1)
<b>Gender</b>								
Male	176	4,500	63.0	(54.5 - 71.4)	9,521	1,835,400	66.4	(62.6 - 70.1)
Female	260	4,700	60.2	(53.4 - 66.9)	15,648	2,020,400	63.1	(59.8 - 66.4)
<b>Age (years)</b>								
50-54	*	*	*	*	4,169	700,500	49.3	(43.3 - 55.3)
55-64	148	3,000	58.2	(49.1 - 67.2)	8,652	1,455,100	69.4	(65.7 - 73.2)
≥ 65	222	3,900	66.1	(59.2 - 72.9)	12,331	1,695,700	69.5	(65.9 - 73.1)
<b>Race/Ethnicity</b>								
White Non-Hispanic	421	9,000	61.6	(56.1 - 67.1)	24,069	2,981,500	66.6	(64.6 - 68.6)
Black Non-Hispanic	*	*	*	*	*	*	*	*
Hispanic	*	*	*	*	*	*	*	*
Other Non-Hispanic	*	*	*	*	*	*	*	*
<b>Education</b>								
≤ High School	188	3,400	58.8	(50.7 - 66.8)	11,017	1,360,400	59.0	(54.5 - 63.5)
Some College	134	2,800	59.8	(50.2 - 69.3)	6,251	807,100	62.4	(57.8 - 67.1)
≥ College Degree	*	*	*	*	7,841	1,682,500	71.7	(68.0 - 75.4)
<b>Income</b>								
≤ \$24,999	133	1,800	50.9	(41.3 - 60.4)	7,163	858,900	61.0	(55.1 - 67.0)
\$25,000-\$49,999	134	2,600	56.9	(47.1 - 66.8)	6,584	664,900	57.7	(52.2 - 63.2)
\$50,000-\$74,999	*	*	*	*	3,501	602,600	73.1	(67.7 - 78.5)
≥ \$75,000	*	*	*	*	4,655	1,260,400	71.5	(67.3 - 75.7)

<sup>1</sup> Defined as having had a sigmoidoscopy or colonoscopy within the past 10 years among adults aged 50 and older

<sup>2</sup> Sample size from survey

<sup>3</sup> Estimated number of adults aged 50 and older who have had a sigmoidoscopy or colonoscopy within the past 10 years (rounded to the nearest hundred)

<sup>4</sup> 95% confidence interval

\* Data do not meet reporting criteria (confidence interval with a half-width greater than 10, denominator less than 50 and/or a numerator less than 10)

**Expanded BRFSS Report: July 2008 - June 2009  
Cortland County**

**Table 38b. Sigmoidoscopy or colonoscopy within the past 10 years among adults aged 50 and older<sup>1</sup> in Cortland County and New York State - Age-Adjusted<sup>2</sup>**

	Cortland County			New York State		
	n <sup>3</sup>	Percent	(C.I.) <sup>4</sup>	n <sup>3</sup>	Percent	(C.I.) <sup>4</sup>
<b>Total</b>	436	61.6	(56.2 - 67.0)	25,169	64.6	(61.9 - 67.3)
<b>Gender</b>						
Male	176	62.9	(54.6 - 71.3)	9,521	66.9	(62.9 - 70.9)
Female	260	60.3	(53.4 - 67.2)	15,648	62.4	(58.9 - 66.0)
<b>Race/Ethnicity</b>						
White Non-Hispanic	421	61.8	(56.3 - 67.2)	24,069	66.5	(64.3 - 68.7)
Black Non-Hispanic	*	*	*	*	*	*
Hispanic	*	*	*	*	*	*
Other Non-Hispanic	*	*	*	*	*	*
<b>Education</b>						
≤ High School	188	58.3	(50.2 - 66.4)	11,017	59.0	(54.1 - 63.9)
Some College	134	60.3	(50.7 - 70.0)	6,251	61.9	(56.9 - 66.9)
≥ College Degree	*	*	*	7,841	72.1	(68.2 - 75.9)
<b>Income</b>						
≤ \$24,999	133	51.3	(41.7 - 61.0)	7,163	61.3	(54.9 - 67.6)
\$25,000-\$49,999	134	56.9	(47.0 - 66.7)	6,584	57.2	(51.4 - 63.0)
\$50,000-\$74,999	*	*	*	3,501	73.3	(67.2 - 79.4)
≥ \$75,000	*	*	*	4,655	71.8	(67.4 - 76.2)

<sup>1</sup> Defined as having had a sigmoidoscopy or colonoscopy within the past 10 years among adults aged 50 and older

<sup>2</sup> Prevalence estimates are age-adjusted to the 2000 US Standard population

<sup>3</sup> Sample size from survey

<sup>4</sup> 95% confidence interval

\* Data do not meet reporting criteria (confidence interval with a half-width greater than 10, denominator less than 50 and/or a numerator less than 10)

**Expanded BRFSS Report: July 2008 - June 2009  
Cortland County**

**Table 39a. Home blood stool test within the past year or sigmoidoscopy or colonoscopy within the past 10 years among adults aged 50 and older<sup>1</sup> in Cortland County and New York State**

	Cortland County				New York State			
	n <sup>2</sup>	Est. # of Adults <sup>3</sup>	Percent	(C.I.) <sup>4</sup>	n <sup>2</sup>	Est. # of Adults <sup>3</sup>	Percent	(C.I.) <sup>4</sup>
<b>Total</b>	427	9,800	67.4	(62.1 - 72.7)	24,792	4,049,200	69.1	(66.7 - 71.6)
<b>Gender</b>								
Male	172	4,900	70.8	(62.5 - 79.1)	9,418	1,945,200	70.7	(67.0 - 74.3)
Female	255	5,000	64.4	(57.6 - 71.1)	15,374	2,104,100	67.8	(64.6 - 71.1)
<b>Age (years)</b>								
50-54	*	*	*	*	4,132	751,200	54.1	(48.0 - 60.1)
55-64	138	3,200	66.0	(56.9 - 75.1)	8,366	1,487,600	73.7	(70.0 - 77.4)
≥ 65	223	4,300	71.7	(65.3 - 78.1)	12,294	1,810,500	74.0	(70.6 - 77.4)
<b>Race/Ethnicity</b>								
White Non-Hispanic	412	9,600	67.5	(62.2 - 72.9)	23,726	3,091,400	70.4	(68.4 - 72.4)
Black Non-Hispanic	*	*	*	*	*	*	*	*
Hispanic	*	*	*	*	*	*	*	*
Other Non-Hispanic	*	*	*	*	*	*	*	*
<b>Education</b>								
≤ High School	186	3,600	63.4	(55.5 - 71.3)	10,872	1,461,600	64.2	(59.8 - 68.7)
Some College	131	3,200	69.8	(60.7 - 79.0)	6,170	873,300	68.4	(63.9 - 72.8)
≥ College Degree	*	*	*	*	7,708	1,709,000	74.6	(70.9 - 78.3)
<b>Income</b>								
≤ \$24,999	133	2,100	59.1	(49.5 - 68.6)	7,092	923,300	66.0	(60.1 - 71.9)
\$25,000-\$49,999	131	2,800	63.1	(53.2 - 73.1)	6,526	730,000	64.2	(58.9 - 69.6)
\$50,000-\$74,999	*	*	*	*	3,467	621,500	76.6	(71.4 - 81.9)
≥ \$75,000	*	*	*	*	4,615	1,292,500	73.8	(69.8 - 77.9)

<sup>1</sup> Defined as having used a home blood stool test within the past year or a sigmoidoscopy or colonoscopy within the past 10 years among adults aged 50 years and older

<sup>2</sup> Sample size from survey

<sup>3</sup> Estimated number of adults aged 50 and older who have used a home blood stool test in the past year or sigmoidoscopy or colonoscopy within the past 10 years (rounded to the nearest hundred)

<sup>4</sup> 95% confidence interval

\* Data do not meet reporting criteria (confidence interval with a half-width greater than 10, denominator less than 50 and/or a numerator less than 10)



**Expanded BRFSS Report: July 2008 - June 2009  
Cortland County**

**Table 39b. Home blood stool test within the past year or sigmoidoscopy or colonoscopy within the past 10 years among adults aged 50 and older<sup>1</sup> in Cortland County and New York State - Age-Adjusted<sup>2</sup>**

	Cortland County			New York State		
	n <sup>3</sup>	Percent	(C.I.) <sup>4</sup>	n <sup>3</sup>	Percent	(C.I.) <sup>4</sup>
<b>Total</b>	427	67.5	(62.2 - 72.8)	24,792	69.3	(66.7 - 71.9)
<b>Gender</b>						
Male	172	70.8	(62.7 - 78.9)	9,418	71.5	(67.6 - 75.4)
Female	255	64.4	(57.6 - 71.3)	15,374	67.2	(63.7 - 70.7)
<b>Race/Ethnicity</b>						
White Non-Hispanic	412	67.7	(62.3 - 73.1)	23,726	70.3	(68.1 - 72.4)
Black Non-Hispanic	*	*	*	*	*	*
Hispanic	*	*	*	*	*	*
Other Non-Hispanic	*	*	*	*	*	*
<b>Education</b>						
≤ High School	186	63.4	(55.4 - 71.3)	10,872	64.5	(59.8 - 69.3)
Some College	131	69.9	(60.7 - 79.2)	6,170	68.2	(63.4 - 72.9)
≥ College Degree	*	*	*	7,708	75.0	(71.2 - 78.8)
<b>Income</b>						
≤ \$24,999	133	59.5	(49.9 - 69.1)	7,092	66.4	(60.2 - 72.6)
\$25,000-\$49,999	131	63.2	(53.3 - 73.2)	6,526	63.8	(58.2 - 69.5)
\$50,000-\$74,999	*	*	*	3,467	76.7	(70.6 - 82.7)
≥ \$75,000	*	*	*	4,615	74.4	(70.2 - 78.6)

<sup>1</sup> Defined as having used a home blood stool test within the past year or a sigmoidoscopy or colonoscopy within the past 10 years among adults aged 50 years and older

<sup>2</sup> Prevalence estimates are age-adjusted to the 2000 US Standard population

<sup>3</sup> Sample size from survey

<sup>4</sup> 95% confidence interval

\* Data do not meet reporting criteria (confidence interval with a half-width greater than 10, denominator less than 50 and/or a numerator less than 10)

**Expanded BRFSS Report: July 2008 - June 2009  
Cortland County**

**Table 40a. High blood pressure among adults<sup>1</sup> in Cortland County and New York State**

	Cortland County				New York State			
	n <sup>2</sup>	Est. # of Adults <sup>3</sup>	Percent	(C.I.) <sup>4</sup>	n <sup>2</sup>	Est. # of Adults <sup>3</sup>	Percent	(C.I.) <sup>4</sup>
<b>Total</b>	641	11,000	28.8	(24.4 - 33.2)	38,125	3,974,800	26.8	(24.9 - 28.7)
<b>Gender</b>								
Male	268	5,300	29.4	(22.9 - 35.9)	14,611	1,960,500	27.7	(24.7 - 30.7)
Female	373	5,700	28.3	(22.4 - 34.2)	23,514	2,014,300	26.0	(23.6 - 28.3)
<b>Age (years)</b>								
18-34	70	1,600	11.3	(4.1 - 18.5)	3,935	312,200	7.0	(4.2 - 9.8)
35-44	75	900	15.7	(6.3 - 25.0)	4,984	426,200	14.8	(11.6 - 18.1)
45-54	120	1,900	28.6	(20.0 - 37.3)	7,825	862,400	30.3	(25.9 - 34.8)
55-64	147	2,900	57.1	(48.1 - 66.1)	8,765	890,800	41.6	(37.6 - 45.7)
≥ 65	229	3,600	59.1	(52.1 - 66.1)	12,616	1,483,200	58.5	(54.7 - 62.3)
<b>Race/Ethnicity</b>								
White Non-Hispanic	617	10,800	29.3	(24.8 - 33.8)	35,814	2,650,900	28.4	(26.9 - 30.0)
Black Non-Hispanic	*	*	*	*	736	558,500	26.2	(19.6 - 32.8)
Hispanic	*	*	*	*	863	538,100	23.8	(17.0 - 30.6)
Other Non-Hispanic	*	*	*	*	*	*	*	*
<b>Education</b>								
≤ High School	261	5,400	37.2	(29.0 - 45.4)	15,688	1,851,200	33.1	(29.4 - 36.9)
Some College	207	3,200	23.7	(16.9 - 30.4)	9,906	851,100	24.1	(20.9 - 27.3)
≥ College Degree	171	2,400	23.9	(16.9 - 31.0)	12,452	1,253,400	22.3	(19.7 - 24.9)
<b>Income</b>								
≤ \$24,999	177	3,200	35.5	(25.7 - 45.3)	9,640	1,153,000	32.8	(27.6 - 38.1)
\$25,000-\$49,999	192	3,100	27.8	(19.9 - 35.7)	9,657	807,800	27.9	(23.7 - 32.1)
\$50,000-\$74,999	*	*	*	*	5,773	507,600	25.8	(21.4 - 30.1)
≥ \$75,000	105	1,700	23.1	(14.4 - 31.8)	8,560	942,500	21.0	(18.4 - 23.6)

<sup>1</sup> Defined as having ever been told by a health professional that respondent has high blood pressure

<sup>2</sup> Sample size from survey

<sup>3</sup> Estimated number of adults who have ever been told by a health professional that they have high blood pressure (rounded to the nearest hundred)

<sup>4</sup> 95% confidence interval

\* Data do not meet reporting criteria (confidence interval with a half-width greater than 10, denominator less than 50 and/or a numerator less than 10)

**Expanded BRFSS Report: July 2008 - June 2009  
Cortland County**

**Table 40b. High blood pressure among adults<sup>1</sup> in Cortland County and New York State - Age-Adjusted<sup>2</sup>**

	Cortland County			New York State		
	n <sup>3</sup>	Percent	(C.I.) <sup>4</sup>	n <sup>3</sup>	Percent	(C.I.) <sup>4</sup>
<b>Total</b>	641	28.7	(24.5 - 32.9)	38,125	25.7	(23.8 - 27.5)
<b>Gender</b>						
Male	268	29.7	(23.4 - 36.1)	14,611	27.7	(24.7 - 30.7)
Female	373	27.8	(22.3 - 33.4)	23,514	23.8	(21.5 - 26.0)
<b>Race/Ethnicity</b>						
White Non-Hispanic	617	29.1	(24.7 - 33.4)	35,814	27.2	(25.6 - 28.7)
Black Non-Hispanic	*	*	*	736	24.9	(18.4 - 31.3)
Hispanic	*	*	*	863	23.3	(16.6 - 30.0)
Other Non-Hispanic	*	*	*	712	19.3	(9.5 - 29.1)
<b>Education</b>						
≤ High School	261	37.1	(29.3 - 44.9)	15,688	32.1	(28.4 - 35.8)
Some College	207	24.1	(17.4 - 30.8)	9,906	22.8	(19.7 - 25.9)
≥ College Degree	171	23.1	(16.5 - 29.7)	12,452	21.2	(18.6 - 23.8)
<b>Income</b>						
≤ \$24,999	177	36.3	(26.8 - 45.7)	9,640	31.8	(26.7 - 37.0)
\$25,000-\$49,999	192	28.5	(20.7 - 36.3)	9,657	26.9	(22.8 - 30.9)
\$50,000-\$74,999	*	*	*	5,773	24.8	(20.4 - 29.2)
≥ \$75,000	105	21.7	(13.7 - 29.8)	8,560	19.9	(17.3 - 22.5)

<sup>1</sup> Defined as having ever been told by a health professional that respondent has high blood pressure

<sup>2</sup> Prevalence estimates are age-adjusted to the 2000 US Standard population

<sup>3</sup> Sample size from survey

<sup>4</sup> 95% confidence interval

\* Data do not meet reporting criteria (confidence interval with a half-width greater than 10, denominator less than 50 and/or a numerator less than 10)

**Expanded BRFSS Report: July 2008 - June 2009  
Cortland County**

**Table 41a. Blood pressure medication among adults with high blood pressure<sup>1</sup> in Cortland County and New York State**

	Cortland County				New York State			
	n <sup>2</sup>	Est. # of Adults <sup>3</sup>	Percent	(C.I.) <sup>4</sup>	n <sup>2</sup>	Est. # of Adults <sup>3</sup>	Percent	(C.I.) <sup>4</sup>
<b>Total</b>	276	8,700	79.4	(72.0 - 86.8)	15,288	3,145,800	79.2	(76.0 - 82.4)
<b>Gender</b>								
Male	*	*	*	*	6,080	1,432,100	73.1	(67.6 - 78.5)
Female	163	4,500	79.8	(70.3 - 89.3)	9,208	1,713,700	85.2	(82.1 - 88.2)
<b>Age (years)</b>								
18-34	*	*	*	*	*	*	*	*
35-44	*	*	*	*	*	*	*	*
45-54	*	*	*	*	2,315	645,500	74.9	(66.8 - 82.9)
55-64	81	2,500	86.3	(77.2 - 95.3)	4,045	782,300	87.8	(84.5 - 91.1)
≥ 65	139	3,400	92.5	(87.8 - 97.2)	7,675	1,383,400	93.4	(91.1 - 95.7)
<b>Race/Ethnicity</b>								
White Non-Hispanic	266	8,500	79.6	(72.1 - 87.2)	14,442	2,117,300	79.9	(77.5 - 82.4)
Black Non-Hispanic	*	*	*	*	*	*	*	*
Hispanic	*	*	*	*	*	*	*	*
Other Non-Hispanic	*	*	*	*	*	*	*	*
<b>Education</b>								
≤ High School	*	*	*	*	7,354	1,482,800	80.2	(74.7 - 85.6)
Some College	81	2,600	82.8	(73.1 - 92.5)	3,868	632,000	74.3	(67.8 - 80.7)
≥ College Degree	*	*	*	*	4,035	1,013,200	80.9	(76.8 - 84.9)
<b>Income</b>								
≤ \$24,999	*	*	*	*	4,898	948,200	82.3	(75.7 - 88.9)
\$25,000-\$49,999	*	*	*	*	4,088	668,300	82.8	(77.6 - 88.0)
\$50,000-\$74,999	*	*	*	*	1,971	391,500	77.2	(67.7 - 86.6)
≥ \$75,000	*	*	*	*	2,397	683,700	72.5	(66.1 - 78.9)

<sup>1</sup> Defined as currently taking medicine for high blood pressure among adults with high blood pressure

<sup>2</sup> Sample size from survey

<sup>3</sup> Estimated number of adults with high blood pressure who are taking medicine for high blood pressure (rounded to the nearest hundred)

<sup>4</sup> 95% confidence interval

\* Data do not meet reporting criteria (confidence interval with a half-width greater than 10, denominator less than 50 and/or a numerator less than 10)

**Expanded BRFSS Report: July 2008 - June 2009**  
**Cortland County**

**Table 41b. Blood pressure medication among adults with high blood pressure<sup>1</sup> in Cortland County and New York State - Age-Adjusted<sup>2</sup>**

	Cortland County			New York State		
	n <sup>3</sup>	Percent	(C.I.) <sup>4</sup>	n <sup>3</sup>	Percent	(C.I.) <sup>4</sup>
<b>Total</b>	276	79.9	(72.8 - 87.0)	15,288	78.5	(75.2 - 81.7)
<b>Gender</b>						
Male	*	*	*	6,080	73.3	(67.9 - 78.7)
Female	163	79.8	(70.6 - 88.9)	9,208	84.0	(80.7 - 87.2)
<b>Race/Ethnicity</b>						
White Non-Hispanic	266	80.4	(73.3 - 87.6)	14,442	79.0	(76.5 - 81.6)
Black Non-Hispanic	*	*	*	*	*	*
Hispanic	*	*	*	*	*	*
Other Non-Hispanic	*	*	*	*	*	*
<b>Education</b>						
≤ High School	*	*	*	7,354	79.7	(74.3 - 85.2)
Some College	*	*	*	3,868	72.5	(65.7 - 79.3)
≥ College Degree	*	*	*	4,035	80.4	(76.1 - 84.6)
<b>Income</b>						
≤ \$24,999	*	*	*	4,898	81.6	(75.0 - 88.3)
\$25,000-\$49,999	*	*	*	4,088	82.1	(76.7 - 87.5)
\$50,000-\$74,999	*	*	*	1,971	76.4	(66.7 - 86.1)
≥ \$75,000	*	*	*	2,397	71.6	(64.8 - 78.3)

<sup>1</sup> Defined as currently taking medicine for high blood pressure among adults with high blood pressure

<sup>2</sup> Prevalence estimates are age-adjusted to the 2000 US Standard population

<sup>3</sup> Sample size from survey

<sup>4</sup> 95% confidence interval

\* Data do not meet reporting criteria (confidence interval with a half-width greater than 10, denominator less than 50 and/or a numerator less than 10)

**Expanded BRFSS Report: July 2008 - June 2009  
Cortland County**

**Table 42a. Ever had blood cholesterol checked among adults<sup>1</sup> in Cortland County and New York State**

	Cortland County				New York State			
	n <sup>2</sup>	Est. # of Adults <sup>3</sup>	Percent	(C.I.) <sup>4</sup>	n <sup>2</sup>	Est. # of Adults <sup>3</sup>	Percent	(C.I.) <sup>4</sup>
<b>Total</b>	630	27,300	73.3	(67.2 - 79.4)	37,450	11,496,600	80.3	(77.7 - 83.0)
<b>Gender</b>								
Male	262	12,500	71.7	(63.2 - 80.2)	14,389	5,288,400	77.7	(73.3 - 82.0)
Female	368	14,800	74.7	(65.9 - 83.4)	23,061	6,208,200	82.7	(79.6 - 85.8)
<b>Age (years)</b>								
18-34	*	*	*	*	3,684	2,296,400	55.3	(48.7 - 61.9)
35-44	72	4,800	85.3	(76.6 - 94.1)	4,883	2,264,200	81.6	(76.6 - 86.5)
45-54	118	6,200	93.7	(89.5 - 98.0)	7,731	2,539,400	91.0	(87.0 - 94.9)
55-64	148	4,800	93.1	(88.6 - 97.6)	8,718	2,014,900	95.4	(93.5 - 97.2)
≥ 65	226	5,700	95.0	(91.6 - 98.4)	12,434	2,381,700	95.9	(94.3 - 97.6)
<b>Race/Ethnicity</b>								
White Non-Hispanic	606	26,200	73.5	(67.3 - 79.7)	35,198	7,832,600	86.3	(84.8 - 87.9)
Black Non-Hispanic	*	*	*	*	720	1,588,900	77.8	(68.4 - 87.2)
Hispanic	*	*	*	*	842	1,224,600	56.8	(46.8 - 66.8)
Other Non-Hispanic	*	*	*	*	*	*	*	*
<b>Education</b>								
≤ High School	*	*	*	*	15,342	3,795,700	70.6	(65.6 - 75.6)
Some College	*	*	*	*	9,732	2,599,800	77.4	(71.7 - 83.2)
≥ College Degree	172	8,700	87.0	(78.7 - 95.2)	12,296	5,008,300	91.3	(88.9 - 93.6)
<b>Income</b>								
≤ \$24,999	*	*	*	*	9,437	2,277,500	68.4	(61.5 - 75.3)
\$25,000-\$49,999	*	*	*	*	9,492	2,053,000	71.9	(64.5 - 79.3)
\$50,000-\$74,999	*	*	*	*	5,721	1,736,100	90.0	(87.7 - 92.3)
≥ \$75,000	*	*	*	*	8,460	4,019,300	92.2	(90.8 - 93.6)

<sup>1</sup> Defined as ever having blood cholesterol checked

<sup>2</sup> Sample size from survey

<sup>3</sup> Estimated number of adults who have ever had blood cholesterol checked (rounded to the nearest hundred)

<sup>4</sup> 95% confidence interval

\* Data do not meet reporting criteria (confidence interval with a half-width greater than 10, denominator less than 50 and/or a numerator less than 10)

**Expanded BRFSS Report: July 2008 - June 2009  
Cortland County**

**Table 42b. Ever had blood cholesterol checked among adults<sup>1</sup> in Cortland County and New York State - Age-Adjusted<sup>2</sup>**

	Cortland County			New York State		
	n <sup>3</sup>	Percent	(C.I.) <sup>4</sup>	n <sup>3</sup>	Percent	(C.I.) <sup>4</sup>
<b>Total</b>	630	76.1	(70.7 - 81.6)	37,450	79.9	(77.3 - 82.5)
<b>Gender</b>						
Male	262	74.6	(66.9 - 82.3)	14,389	78.0	(73.9 - 82.1)
Female	368	77.5	(69.8 - 85.2)	23,061	81.6	(78.4 - 84.8)
<b>Race/Ethnicity</b>						
White Non-Hispanic	606	76.3	(70.8 - 81.8)	35,198	85.6	(84.0 - 87.2)
Black Non-Hispanic	*	*	*	720	77.5	(68.2 - 86.7)
Hispanic	*	*	*	842	57.2	(47.4 - 67.0)
Other Non-Hispanic	*	*	*	*	*	*
<b>Education</b>						
≤ High School	253	70.5	(61.3 - 79.8)	15,342	70.2	(65.2 - 75.1)
Some College	*	*	*	9,732	76.7	(71.1 - 82.3)
≥ College Degree	172	88.2	(80.9 - 95.5)	12,296	90.9	(88.6 - 93.2)
<b>Income</b>						
≤ \$24,999	*	*	*	9,437	68.1	(61.3 - 74.9)
\$25,000-\$49,999	*	*	*	9,492	71.6	(64.4 - 78.7)
\$50,000-\$74,999	*	*	*	5,721	89.6	(87.2 - 92.0)
≥ \$75,000	*	*	*	8,460	91.7	(90.1 - 93.2)

<sup>1</sup> Defined as ever having blood cholesterol checked

<sup>2</sup> Prevalence estimates are age-adjusted to the 2000 US Standard population

<sup>3</sup> Sample size from survey

<sup>4</sup> 95% confidence interval

\* Data do not meet reporting criteria (confidence interval with a half-width greater than 10, denominator less than 50 and/or a numerator less than 10)

**Expanded BRFSS Report: July 2008 - June 2009  
Cortland County**

**Table 43a. Blood cholesterol checked within the past 5 years among adults<sup>1</sup> in Cortland County and New York State**

	Cortland County				New York State			
	n <sup>2</sup>	Est. # of Adults <sup>3</sup>	Percent	(C.I.) <sup>4</sup>	n <sup>2</sup>	Est. # of Adults <sup>3</sup>	Percent	(C.I.) <sup>4</sup>
<b>Total</b>	624	25,900	69.8	(63.7 - 75.9)	37,201	11,035,200	77.8	(75.1 - 80.4)
<b>Gender</b>								
Male	261	12,000	68.8	(60.3 - 77.4)	14,307	5,020,700	74.5	(70.2 - 78.9)
Female	363	13,900	70.7	(62.0 - 79.4)	22,894	6,014,600	80.7	(77.6 - 83.8)
<b>Age (years)</b>								
18-34	*	*	*	*	3,647	2,179,800	53.3	(46.7 - 59.9)
35-44	72	4,500	80.8	(71.3 - 90.4)	4,862	2,161,200	78.0	(72.8 - 83.2)
45-54	117	5,500	83.3	(75.7 - 90.8)	7,697	2,408,600	86.6	(82.4 - 90.8)
55-64	147	4,600	89.3	(83.8 - 94.8)	8,677	1,957,900	93.3	(91.4 - 95.3)
≥ 65	222	5,600	93.2	(89.2 - 97.1)	12,318	2,327,800	94.8	(93.1 - 96.6)
<b>Race/Ethnicity</b>								
White Non-Hispanic	600	24,900	70.2	(64.1 - 76.4)	34,960	7,486,600	83.4	(81.8 - 85.0)
Black Non-Hispanic	*	*	*	*	719	1,561,700	76.5	(67.1 - 85.9)
Hispanic	*	*	*	*	838	1,184,000	55.6	(45.6 - 65.6)
Other Non-Hispanic	*	*	*	*	*	*	*	*
<b>Education</b>								
≤ High School	*	*	*	*	15,215	3,612,500	68.3	(63.2 - 73.3)
Some College	*	*	*	*	9,673	2,524,200	75.4	(69.8 - 81.1)
≥ College Degree	171	8,000	79.8	(70.9 - 88.6)	12,236	4,806,500	88.1	(85.5 - 90.6)
<b>Income</b>								
≤ \$24,999	*	*	*	*	9,350	2,214,800	66.9	(60.1 - 73.8)
\$25,000-\$49,999	*	*	*	*	9,454	1,936,600	68.8	(61.5 - 76.1)
\$50,000-\$74,999	*	*	*	*	5,701	1,640,400	85.9	(82.4 - 89.5)
≥ \$75,000	*	*	*	*	8,435	3,872,400	89.2	(87.5 - 90.9)

<sup>1</sup> Defined as having had blood cholesterol checked within the past 5 years

<sup>2</sup> Sample size from survey

<sup>3</sup> Estimated number of adults who have had blood cholesterol checked within the past 5 years (rounded to the nearest hundred)

<sup>4</sup> 95% confidence interval

\* Data do not meet reporting criteria (confidence interval with a half-width greater than 10, denominator less than 50 and/or a numerator less than 10)



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Cortland County**

**Table 43b. Blood cholesterol checked within the past 5 years among adults<sup>1</sup> in Cortland County and New York State - Age-Adjusted<sup>2</sup>**

	Cortland County			New York State		
	n <sup>3</sup>	Percent	(C.I.) <sup>4</sup>	n <sup>3</sup>	Percent	(C.I.) <sup>4</sup>
<b>Total</b>	624	72.4	(66.9 - 77.9)	37,201	77.3	(74.7 - 79.9)
<b>Gender</b>						
Male	261	71.5	(63.7 - 79.3)	14,307	74.8	(70.7 - 79.0)
Female	363	73.1	(65.4 - 80.9)	22,894	79.5	(76.3 - 82.7)
<b>Race/Ethnicity</b>						
White Non-Hispanic	600	72.8	(67.3 - 78.4)	34,960	82.6	(81.0 - 84.3)
Black Non-Hispanic	*	*	*	719	76.2	(66.9 - 85.5)
Hispanic	*	*	*	838	55.9	(46.1 - 65.8)
Other Non-Hispanic	*	*	*	*	*	*
<b>Education</b>						
≤ High School	250	68.9	(59.7 - 78.1)	15,215	67.8	(62.9 - 72.8)
Some College	*	*	*	9,673	74.7	(69.1 - 80.2)
≥ College Degree	171	80.1	(71.8 - 88.5)	12,236	87.5	(85.0 - 90.1)
<b>Income</b>						
≤ \$24,999	*	*	*	9,350	66.6	(59.8 - 73.4)
\$25,000-\$49,999	*	*	*	9,454	68.5	(61.4 - 75.6)
\$50,000-\$74,999	*	*	*	5,701	85.4	(81.7 - 89.0)
≥ \$75,000	*	*	*	8,435	88.5	(86.7 - 90.3)

<sup>1</sup> Defined as having had blood cholesterol checked within the past 5 years

<sup>2</sup> Prevalence estimates are age-adjusted to the 2000 US Standard population

<sup>3</sup> Sample size from survey

<sup>4</sup> 95% confidence interval

\* Data do not meet reporting criteria (confidence interval with a half-width greater than 10, denominator less than 50 and/or a numerator less than 10)

**Expanded BRFSS Report: July 2008 - June 2009**  
**Cortland County**

**Table 44a. Cardiovascular disease among adults<sup>1</sup> in Cortland County and New York State**

	Cortland County				New York State			
	n <sup>2</sup>	Est. # of Adults <sup>3</sup>	Percent	(C.I.) <sup>4</sup>	n <sup>2</sup>	Est. # of Adults <sup>3</sup>	Percent	(C.I.) <sup>4</sup>
<b>Total</b>	635	3,300	8.7	(5.7 - 11.8)	37,810	1,135,000	7.7	(6.5 - 8.8)
<b>Gender</b>								
Male	266	1,900	10.4	(5.4 - 15.4)	14,477	664,600	9.4	(7.5 - 11.4)
Female	369	1,400	7.2	(3.6 - 10.9)	23,333	470,400	6.1	(4.8 - 7.4)
<b>Age (years)</b>								
18-34	*	*	*	*	3,930	100,800	2.3	(0.0 - 4.8)
35-44	*	*	*	*	4,971	103,400	3.6	(1.5 - 5.7)
45-54	*	*	*	*	7,768	131,300	4.6	(2.9 - 6.4)
55-64	148	600	11.3	(5.9 - 16.7)	8,699	224,200	10.6	(8.3 - 12.9)
≥ 65	225	1,500	24.2	(17.9 - 30.5)	12,442	575,300	23.0	(19.9 - 26.1)
<b>Race/Ethnicity</b>								
White Non-Hispanic	611	2,800	7.8	(5.1 - 10.5)	35,522	772,200	8.3	(7.4 - 9.2)
Black Non-Hispanic	*	*	*	*	728	140,700	6.6	(3.3 - 9.9)
Hispanic	*	*	*	*	854	163,300	7.3	(2.0 - 12.5)
Other Non-Hispanic	*	*	*	*	706	58,800	5.2	(0.9 - 9.5)
<b>Education</b>								
≤ High School	256	1,900	13.5	(6.6 - 20.4)	15,486	590,800	10.7	(8.2 - 13.2)
Some College	205	700	5.2	(2.5 - 7.9)	9,849	227,100	6.4	(4.7 - 8.1)
≥ College Degree	172	700	6.8	(2.6 - 11.0)	12,393	314,600	5.6	(4.3 - 6.9)
<b>Income</b>								
≤ \$24,999	172	1,300	14.6	(7.3 - 22.0)	9,505	448,100	12.9	(9.1 - 16.7)
\$25,000-\$49,999	191	1,200	11.2	(3.4 - 18.9)	9,571	179,300	6.2	(4.8 - 7.6)
\$50,000-\$74,999	*	*	*	*	5,751	166,900	8.5	(5.5 - 11.4)
≥ \$75,000	*	*	*	*	8,538	183,500	4.1	(2.9 - 5.3)

<sup>1</sup> Defined as having ever been told by a health professional that respondent had a heart attack or angina or a stroke

<sup>2</sup> Sample size from survey

<sup>3</sup> Estimated number of adults with cardiovascular disease (rounded to the nearest hundred)

<sup>4</sup> 95% confidence interval

\* Data do not meet reporting criteria (confidence interval with a half-width greater than 10, denominator less than 50 and/or a numerator less than 10)

**Expanded BRFSS Report: July 2008 - June 2009  
Cortland County**

**Table 44b. Cardiovascular disease among adults<sup>1</sup> in Cortland County and New York State - Age-Adjusted<sup>2</sup>**

	Cortland County			New York State		
	n <sup>3</sup>	Percent	(C.I.) <sup>4</sup>	n <sup>3</sup>	Percent	(C.I.) <sup>4</sup>
<b>Total</b>	635	8.6	(5.8 - 11.4)	37,810	7.6	(6.4 - 8.7)
<b>Gender</b>						
Male	266	10.6	(6.0 - 15.2)	14,477	9.7	(7.8 - 11.7)
Female	369	6.8	(3.5 - 10.1)	23,333	5.6	(4.3 - 6.9)
<b>Race/Ethnicity</b>						
White Non-Hispanic	611	7.8	(5.3 - 10.3)	35,522	8.2	(7.2 - 9.1)
Black Non-Hispanic	*	*	*	728	6.8	(3.2 - 10.4)
Hispanic	*	*	*	854	7.0	(2.0 - 12.0)
Other Non-Hispanic	*	*	*	706	5.5	(0.9 - 10.0)
<b>Education</b>						
≤ High School	256	13.1	(6.9 - 19.3)	15,486	10.5	(8.0 - 13.0)
Some College	205	5.3	(2.6 - 8.0)	9,849	6.4	(4.5 - 8.2)
≥ College Degree	172	6.7	(2.8 - 10.6)	12,393	5.5	(4.2 - 6.9)
<b>Income</b>						
≤ \$24,999	172	15.2	(8.1 - 22.3)	9,505	12.8	(9.0 - 16.6)
\$25,000-\$49,999	191	10.5	(3.7 - 17.2)	9,571	6.0	(4.7 - 7.4)
\$50,000-\$74,999	*	*	*	5,751	8.5	(5.4 - 11.6)
≥ \$75,000	*	*	*	8,538	4.0	(2.7 - 5.2)

<sup>1</sup> Defined as having ever been told by a health professional that respondent had a heart attack or angina or a stroke

<sup>2</sup> Prevalence estimates are age-adjusted to the 2000 US Standard population

<sup>3</sup> Sample size from survey

<sup>4</sup> 95% confidence interval

\* Data do not meet reporting criteria (confidence interval with a half-width greater than 10, denominator less than 50 and/or a numerator less than 10)

**Expanded BRFSS Report: July 2008 - June 2009  
Cortland County**

**Table 45a. Coronary heart disease among adults<sup>1</sup> in Cortland County and New York State**

	Cortland County				New York State			
	n <sup>2</sup>	Est. # of Adults <sup>3</sup>	Percent	(C.I.) <sup>4</sup>	n <sup>2</sup>	Est. # of Adults <sup>3</sup>	Percent	(C.I.) <sup>4</sup>
<b>Total</b>	635	2,300	6.1	(4.0 - 8.2)	37,838	929,400	6.3	(5.3 - 7.3)
<b>Gender</b>								
Male	266	1,300	7.3	(4.6 - 10.0)	14,479	598,600	8.5	(6.6 - 10.4)
Female	369	1,000	5.0	(1.9 - 8.2)	23,359	330,800	4.3	(3.4 - 5.2)
<b>Age (years)</b>								
18-34	*	*	*	*	3,932	63,400	1.4	(0.0 - 3.6)
35-44	*	*	*	*	4,973	95,300	3.3	(1.2 - 5.4)
45-54	*	*	*	*	7,778	108,300	3.8	(2.1 - 5.6)
55-64	147	500	9.8	(4.7 - 15.0)	8,703	188,600	8.9	(6.7 - 11.1)
≥ 65	226	1,200	19.7	(13.9 - 25.4)	12,452	473,800	18.9	(16.1 - 21.7)
<b>Race/Ethnicity</b>								
White Non-Hispanic	611	2,000	5.5	(3.9 - 7.0)	35,552	636,700	6.9	(6.0 - 7.7)
Black Non-Hispanic	*	*	*	*	728	113,100	5.3	(2.3 - 8.4)
Hispanic	*	*	*	*	853	128,000	5.7	(1.1 - 10.3)
Other Non-Hispanic	*	*	*	*	705	51,500	4.6	(0.5 - 8.7)
<b>Education</b>								
≤ High School	257	1,300	8.9	(4.3 - 13.6)	15,485	474,500	8.6	(6.3 - 10.8)
Some College	204	500	3.8	(1.6 - 6.1)	9,860	193,000	5.5	(3.9 - 7.1)
≥ College Degree	172	500	5.2	(2.3 - 8.1)	12,411	259,700	4.6	(3.4 - 5.8)
<b>Income</b>								
≤ \$24,999	172	1,100	12.4	(5.3 - 19.5)	9,507	372,300	10.7	(7.3 - 14.1)
\$25,000-\$49,999	191	500	4.6	(1.9 - 7.2)	9,585	136,300	4.7	(3.8 - 5.7)
\$50,000-\$74,999	*	*	*	*	5,755	154,600	7.8	(4.9 - 10.7)
≥ \$75,000	*	*	*	*	8,541	151,800	3.4	(2.3 - 4.5)

<sup>1</sup> Defined as having ever been told by a health professional that respondent had a heart attack or angina

<sup>2</sup> Sample size from survey

<sup>3</sup> Estimated number of adults with coronary heart disease (rounded to the nearest hundred)

<sup>4</sup> 95% confidence interval

\* Data do not meet reporting criteria (confidence interval with a half-width greater than 10, denominator less than 50 and/or a numerator less than 10)

**Expanded BRFSS Report: July 2008 - June 2009  
Cortland County**

**Table 45b. Coronary heart disease among adults<sup>1</sup> in Cortland County and New York State - Age-Adjusted<sup>2</sup>**

	Cortland County			New York State		
	n <sup>3</sup>	Percent	(C.I.) <sup>4</sup>	n <sup>3</sup>	Percent	(C.I.) <sup>4</sup>
<b>Total</b>	635	6.1	(4.2 - 8.1)	37,838	6.3	(5.2 - 7.3)
<b>Gender</b>						
Male	266	7.7	(4.9 - 10.5)	14,479	8.8	(6.9 - 10.8)
Female	369	4.7	(2.0 - 7.5)	23,359	3.9	(3.0 - 4.8)
<b>Race/Ethnicity</b>						
White Non-Hispanic	611	5.6	(4.0 - 7.2)	35,552	6.8	(5.9 - 7.7)
Black Non-Hispanic	*	*	*	728	5.6	(2.2 - 9.0)
Hispanic	*	*	*	853	5.4	(1.1 - 9.6)
Other Non-Hispanic	*	*	*	705	4.8	(0.4 - 9.2)
<b>Education</b>						
≤ High School	257	8.9	(4.6 - 13.2)	15,485	8.5	(6.2 - 10.7)
Some College	204	3.9	(1.6 - 6.3)	9,860	5.5	(3.7 - 7.2)
≥ College Degree	172	5.3	(2.4 - 8.2)	12,411	4.7	(3.4 - 5.9)
<b>Income</b>						
≤ \$24,999	172	12.6	(6.0 - 19.3)	9,507	10.7	(7.2 - 14.1)
\$25,000-\$49,999	191	4.7	(1.9 - 7.5)	9,585	4.7	(3.6 - 5.7)
\$50,000-\$74,999	*	*	*	5,755	8.0	(4.8 - 11.1)
≥ \$75,000	*	*	*	8,541	3.3	(2.1 - 4.5)

<sup>1</sup> Defined as having ever been told by a health professional that respondent had a heart attack or angina

<sup>2</sup> Prevalence estimates are age-adjusted to the 2000 US Standard population

<sup>3</sup> Sample size from survey

<sup>4</sup> 95% confidence interval

\* Data do not meet reporting criteria (confidence interval with a half-width greater than 10, denominator less than 50 and/or a numerator less than 10)

**Expanded BRFSS Report: July 2008 - June 2009  
Cortland County**

**Table 46a. Ever diagnosed with diabetes among adults<sup>1</sup> in Cortland County and New York State**

	Cortland County				New York State			
	n <sup>2</sup>	Est. # of Adults <sup>3</sup>	Percent	(C.I.) <sup>4</sup>	n <sup>2</sup>	Est. # of Adults <sup>3</sup>	Percent	(C.I.) <sup>4</sup>
<b>Total</b>	638	4,000	10.5	(7.7 - 13.2)	38,174	1,382,700	9.3	(8.0 - 10.5)
<b>Gender</b>								
Male	269	1,900	10.5	(7.0 - 14.1)	14,626	530,400	7.5	(6.2 - 8.8)
Female	369	2,100	10.4	(6.2 - 14.6)	23,548	852,300	11.0	(8.9 - 13.0)
<b>Age (years)</b>								
18-34	*	*	*	*	3,941	150,200	3.4	(1.0 - 5.8)
35-44	*	*	*	*	4,987	165,100	5.7	(3.6 - 7.9)
45-54	120	700	10.1	(4.2 - 16.1)	7,830	279,000	9.8	(6.7 - 12.8)
55-64	147	1,200	23.6	(16.0 - 31.2)	8,771	332,900	15.5	(12.3 - 18.8)
≥ 65	226	1,300	21.4	(15.6 - 27.2)	12,645	455,600	17.9	(15.0 - 20.8)
<b>Race/Ethnicity</b>								
White Non-Hispanic	614	3,600	9.8	(7.4 - 12.3)	35,862	809,300	8.7	(7.8 - 9.5)
Black Non-Hispanic	*	*	*	*	739	261,000	12.1	(6.6 - 17.6)
Hispanic	*	*	*	*	862	227,300	10.1	(5.4 - 14.8)
Other Non-Hispanic	*	*	*	*	711	85,100	7.6	(2.3 - 12.8)
<b>Education</b>								
≤ High School	260	2,000	13.4	(8.2 - 18.7)	15,709	730,000	13.0	(10.5 - 15.6)
Some College	205	1,300	9.8	(5.3 - 14.4)	9,918	303,500	8.6	(5.9 - 11.2)
≥ College Degree	171	700	7.2	(3.2 - 11.2)	12,464	337,500	6.0	(4.8 - 7.2)
<b>Income</b>								
≤ \$24,999	174	1,500	16.7	(9.2 - 24.2)	9,652	543,400	15.5	(11.4 - 19.5)
\$25,000-\$49,999	192	900	8.4	(4.4 - 12.4)	9,667	291,000	10.0	(7.5 - 12.6)
\$50,000-\$74,999	95	500	8.1	(3.2 - 12.9)	5,777	151,000	7.6	(5.0 - 10.3)
≥ \$75,000	*	*	*	*	8,565	220,800	4.9	(3.8 - 6.1)

<sup>1</sup> Defined as having ever been told by a doctor that respondent had diabetes, excluding pre-diabetes and women with diabetes only when pregnant

<sup>2</sup> Sample size from survey

<sup>3</sup> Estimated number of adults who have diabetes (rounded to the nearest hundred)

<sup>4</sup> 95% confidence interval

\* Data do not meet reporting criteria (confidence interval with a half-width greater than 10, denominator less than 50 and/or a numerator less than 10)

**Expanded BRFSS Report: July 2008 - June 2009  
Cortland County**

**Table 46b. Ever diagnosed with diabetes among adults<sup>1</sup> in Cortland County and New York State - Age-Adjusted<sup>2</sup>**

	Cortland County			New York State		
	n <sup>3</sup>	Percent	(C.I.) <sup>4</sup>	n <sup>3</sup>	Percent	(C.I.) <sup>4</sup>
<b>Total</b>	638	10.5	(7.9 - 13.2)	38,174	9.0	(7.8 - 10.3)
<b>Gender</b>						
Male	269	10.9	(7.3 - 14.6)	14,626	7.5	(6.1 - 8.9)
Female	369	10.2	(6.3 - 14.1)	23,548	10.4	(8.4 - 12.4)
<b>Race/Ethnicity</b>						
White Non-Hispanic	614	10.0	(7.5 - 12.5)	35,862	8.4	(7.5 - 9.2)
Black Non-Hispanic	*	*	*	739	11.4	(6.0 - 16.7)
Hispanic	*	*	*	862	10.1	(5.4 - 14.9)
Other Non-Hispanic	*	*	*	711	7.7	(2.3 - 13.0)
<b>Education</b>						
≤ High School	260	13.5	(8.4 - 18.6)	15,709	12.6	(10.0 - 15.2)
Some College	205	9.8	(5.5 - 14.1)	9,918	8.3	(5.6 - 10.9)
≥ College Degree	171	7.4	(3.3 - 11.6)	12,464	5.9	(4.7 - 7.2)
<b>Income</b>						
≤ \$24,999	174	16.8	(9.8 - 23.9)	9,652	15.2	(11.1 - 19.2)
\$25,000-\$49,999	192	8.8	(4.4 - 13.3)	9,667	9.7	(7.1 - 12.2)
\$50,000-\$74,999	95	8.4	(3.3 - 13.4)	5,777	7.6	(4.9 - 10.2)
≥ \$75,000	*	*	*	8,565	4.7	(3.6 - 5.9)

<sup>1</sup> Defined as having ever been told by a doctor that respondent had diabetes, excluding pre-diabetes and women with diabetes only when pregnant

<sup>2</sup> Prevalence estimates are age-adjusted to the 2000 US Standard population

<sup>3</sup> Sample size from survey

<sup>4</sup> 95% confidence interval

\* Data do not meet reporting criteria (confidence interval with a half-width greater than 10, denominator less than 50 and/or a numerator less than 10)

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**Table 47a. Ever diagnosed with asthma (lifetime) among adults<sup>1</sup> in Cortland County and New York State**

	Cortland County				New York State			
	n <sup>2</sup>	Est. # of Adults <sup>3</sup>	Percent	(C.I.) <sup>4</sup>	n <sup>2</sup>	Est. # of Adults <sup>3</sup>	Percent	(C.I.) <sup>4</sup>
<b>Total</b>	640	6,700	17.5	(12.7 - 22.4)	38,096	2,225,100	15.0	(13.2 - 16.8)
<b>Gender</b>								
Male	267	2,300	12.5	(7.1 - 18.0)	14,601	875,800	12.4	(10.1 - 14.7)
Female	373	4,400	22.0	(14.4 - 29.6)	23,495	1,349,300	17.4	(14.6 - 20.1)
<b>Age (years)</b>								
18-34	*	*	*	*	3,931	825,100	18.5	(13.8 - 23.3)
35-44	74	1,000	17.6	(8.0 - 27.2)	4,972	431,700	15.1	(11.2 - 19.1)
45-54	120	700	10.6	(5.1 - 16.1)	7,819	365,900	12.8	(9.7 - 16.0)
55-64	147	600	10.8	(5.7 - 15.9)	8,756	316,700	14.8	(11.9 - 17.7)
≥ 65	229	900	14.5	(9.8 - 19.3)	12,618	285,700	11.2	(8.6 - 13.8)
<b>Race/Ethnicity</b>								
White Non-Hispanic	616	6,200	17.0	(12.2 - 21.8)	35,783	1,365,700	14.6	(13.0 - 16.3)
Black Non-Hispanic	*	*	*	*	737	367,000	17.2	(10.2 - 24.2)
Hispanic	*	*	*	*	863	317,100	14.1	(9.0 - 19.1)
Other Non-Hispanic	*	*	*	*	*	*	*	*
<b>Education</b>								
≤ High School	260	2,600	17.6	(9.4 - 25.8)	15,675	831,600	14.9	(12.0 - 17.8)
Some College	207	3,100	22.6	(13.3 - 32.0)	9,893	587,500	16.6	(13.1 - 20.1)
≥ College Degree	171	1,100	10.8	(5.1 - 16.6)	12,444	739,000	13.2	(10.4 - 15.9)
<b>Income</b>								
≤ \$24,999	177	1,800	20.2	(10.6 - 29.8)	9,643	708,900	20.2	(14.9 - 25.5)
\$25,000-\$49,999	192	1,900	16.8	(9.1 - 24.6)	9,641	389,800	13.4	(10.0 - 16.9)
\$50,000-\$74,999	*	*	*	*	5,762	257,800	13.2	(10.0 - 16.5)
≥ \$75,000	*	*	*	*	8,562	577,900	12.8	(10.4 - 15.3)

<sup>1</sup> Defined as adults having ever been told by a health professional that they had asthma

<sup>2</sup> Sample size from survey

<sup>3</sup> Estimated number of adults who have lifetime asthma (rounded to the nearest hundred)

<sup>4</sup> 95% confidence interval

\* Data do not meet reporting criteria (confidence interval with a half-width greater than 10, denominator less than 50 and/or a numerator less than 10)



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**Table 47b. Ever diagnosed with asthma (lifetime) among adults<sup>1</sup> in Cortland County and New York State - Age-Adjusted<sup>2</sup>**

	Cortland County			New York State		
	n <sup>3</sup>	Percent	(C.I.) <sup>4</sup>	n <sup>3</sup>	Percent	(C.I.) <sup>4</sup>
<b>Total</b>	640	17.1	(12.7 - 21.6)	38,096	15.2	(13.3 - 17.0)
<b>Gender</b>						
Male	267	12.8	(7.4 - 18.2)	14,601	12.6	(10.3 - 14.9)
Female	373	21.1	(14.3 - 27.9)	23,495	17.5	(14.8 - 20.3)
<b>Race/Ethnicity</b>						
White Non-Hispanic	616	16.6	(12.2 - 21.0)	35,783	14.9	(13.2 - 16.6)
Black Non-Hispanic	*	*	*	737	17.1	(10.1 - 24.1)
Hispanic	*	*	*	863	14.5	(9.3 - 19.7)
Other Non-Hispanic	*	*	*	*	*	*
<b>Education</b>						
≤ High School	260	16.7	(9.4 - 24.1)	15,675	15.1	(12.1 - 18.0)
Some College	207	21.7	(13.2 - 30.2)	9,893	16.9	(13.4 - 20.4)
≥ College Degree	171	12.0	(5.9 - 18.1)	12,444	13.3	(10.6 - 16.0)
<b>Income</b>						
≤ \$24,999	177	20.7	(11.1 - 30.3)	9,643	20.3	(15.0 - 25.6)
\$25,000-\$49,999	192	17.1	(9.9 - 24.3)	9,641	13.7	(10.2 - 17.2)
\$50,000-\$74,999	*	*	*	5,762	13.5	(10.0 - 17.0)
≥ \$75,000	*	*	*	8,562	13.0	(10.6 - 15.4)

<sup>1</sup> Defined as adults having ever been told by a health professional that they had asthma

<sup>2</sup> Prevalence estimates are age-adjusted to the 2000 US Standard population

<sup>3</sup> Sample size from survey

<sup>4</sup> 95% confidence interval

\* Data do not meet reporting criteria (confidence interval with a half-width greater than 10, denominator less than 50 and/or a numerator less than 10)

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**Table 48a. Current asthma among adults<sup>1</sup> in Cortland County and New York State**

	Cortland County				New York State			
	n <sup>2</sup>	Est. # of Adults <sup>3</sup>	Percent	(C.I.) <sup>4</sup>	n <sup>2</sup>	Est. # of Adults <sup>3</sup>	Percent	(C.I.) <sup>4</sup>
<b>Total</b>	638	4,200	11.0	(7.3 - 14.7)	37,933	1,415,000	9.6	(8.1 - 11.0)
<b>Gender</b>								
Male	267	1,300	7.3	(3.5 - 11.1)	14,546	440,700	6.3	(4.8 - 7.7)
Female	371	2,800	14.3	(8.2 - 20.4)	23,387	974,300	12.6	(10.2 - 15.0)
<b>Age (years)</b>								
18-34	*	*	*	*	3,909	467,200	10.5	(6.8 - 14.3)
35-44	74	1,000	17.6	(8.0 - 27.2)	4,947	246,800	8.7	(5.8 - 11.6)
45-54	*	*	*	*	7,787	240,000	8.4	(6.1 - 10.8)
55-64	147	600	10.8	(5.7 - 15.9)	8,726	231,100	10.8	(8.1 - 13.5)
≥ 65	229	700	11.9	(7.6 - 16.3)	12,564	229,900	9.1	(6.5 - 11.6)
<b>Race/Ethnicity</b>								
White Non-Hispanic	614	3,700	10.2	(6.7 - 13.7)	35,629	888,400	9.6	(8.2 - 11.0)
Black Non-Hispanic	*	*	*	*	736	246,900	11.6	(5.7 - 17.5)
Hispanic	*	*	*	*	859	186,800	8.3	(4.4 - 12.2)
Other Non-Hispanic	*	*	*	*	709	93,000	8.3	(1.4 - 15.2)
<b>Education</b>								
≤ High School	259	2,200	15.4	(7.5 - 23.3)	15,594	595,100	10.7	(8.2 - 13.2)
Some College	207	1,400	10.3	(5.1 - 15.5)	9,861	322,000	9.1	(7.0 - 11.3)
≥ College Degree	170	600	5.7	(2.0 - 9.4)	12,394	430,900	7.7	(5.8 - 9.7)
<b>Income</b>								
≤ \$24,999	177	1,700	18.5	(9.1 - 27.8)	9,600	489,200	14.0	(9.7 - 18.3)
\$25,000-\$49,999	191	900	8.5	(4.4 - 12.6)	9,590	268,400	9.3	(6.2 - 12.4)
\$50,000-\$74,999	*	*	*	*	5,741	143,400	7.4	(5.1 - 9.6)
≥ \$75,000	*	*	*	*	8,541	339,200	7.6	(5.8 - 9.4)

<sup>1</sup> Defined as adults having ever been told by a health professional that they had asthma and still have asthma

<sup>2</sup> Sample size from survey

<sup>3</sup> Estimated number of adults who currently have asthma (rounded to the nearest hundred)

<sup>4</sup> 95% confidence interval

\* Data do not meet reporting criteria (confidence interval with a half-width greater than 10, denominator less than 50 and/or a numerator less than 10)

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**Table 48b. Current asthma among adults<sup>1</sup> in Cortland County and New York State - Age-Adjusted<sup>2</sup>**

	Cortland County			New York State		
	n <sup>3</sup>	Percent	(C.I.) <sup>4</sup>	n <sup>3</sup>	Percent	(C.I.) <sup>4</sup>
<b>Total</b>	638	11.4	(7.8 - 15.0)	37,933	9.7	(8.2 - 11.2)
<b>Gender</b>						
Male	267	8.3	(4.0 - 12.6)	14,546	6.4	(4.9 - 7.9)
Female	371	14.2	(8.6 - 19.8)	23,387	12.7	(10.2 - 15.1)
<b>Race/Ethnicity</b>						
White Non-Hispanic	614	10.7	(7.2 - 14.1)	35,629	9.7	(8.3 - 11.2)
Black Non-Hispanic	*	*	*	736	11.5	(5.6 - 17.3)
Hispanic	*	*	*	859	8.6	(4.5 - 12.6)
Other Non-Hispanic	*	*	*	709	8.3	(1.3 - 15.3)
<b>Education</b>						
≤ High School	259	14.9	(7.8 - 22.0)	15,594	10.8	(8.3 - 13.3)
Some College	207	11.0	(5.5 - 16.6)	9,861	9.4	(7.2 - 11.6)
≥ College Degree	170	7.1	(2.2 - 12.0)	12,394	7.8	(5.8 - 9.7)
<b>Income</b>						
≤ \$24,999	177	19.2	(9.7 - 28.6)	9,600	14.1	(9.7 - 18.4)
\$25,000-\$49,999	191	9.8	(5.0 - 14.6)	9,590	9.5	(6.3 - 12.7)
\$50,000-\$74,999	*	*	*	5,741	7.5	(5.0 - 10.1)
≥ \$75,000	*	*	*	8,541	7.7	(5.9 - 9.5)

<sup>1</sup> Defined as adults having ever been told by a health professional that they had asthma and still have asthma

<sup>2</sup> Prevalence estimates are age-adjusted to the 2000 US Standard population

<sup>3</sup> Sample size from survey

<sup>4</sup> 95% confidence interval

\* Data do not meet reporting criteria (confidence interval with a half-width greater than 10, denominator less than 50 and/or a numerator less than 10)

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**Cortland County**

**Table 49a. Chronic joint symptoms among adults<sup>1</sup> in Cortland County and New York State**

	Cortland County				New York State			
	n <sup>2</sup>	Est. # of Adults <sup>3</sup>	Percent	(C.I.) <sup>4</sup>	n <sup>2</sup>	Est. # of Adults <sup>3</sup>	Percent	(C.I.) <sup>4</sup>
<b>Total</b>	640	18,100	47.4	(41.7 - 53.0)	38,099	6,377,100	42.9	(40.5 - 45.3)
<b>Gender</b>								
Male	268	7,900	43.6	(35.7 - 51.6)	14,595	3,033,600	42.8	(39.0 - 46.6)
Female	372	10,200	50.7	(42.7 - 58.8)	23,504	3,343,500	43.0	(40.0 - 46.0)
<b>Age (years)</b>								
18-34	*	*	*	*	3,933	1,261,300	28.3	(22.6 - 34.0)
35-44	*	*	*	*	4,984	1,110,900	38.6	(33.1 - 44.0)
45-54	120	4,200	61.7	(52.3 - 71.1)	7,817	1,456,500	51.2	(46.4 - 55.9)
55-64	148	3,400	65.1	(56.8 - 73.4)	8,751	1,167,400	54.6	(50.4 - 58.8)
≥ 65	227	3,100	50.3	(43.1 - 57.4)	12,614	1,381,000	54.3	(50.5 - 58.1)
<b>Race/Ethnicity</b>								
White Non-Hispanic	616	17,200	46.9	(41.2 - 52.7)	35,785	4,267,600	45.8	(43.8 - 47.7)
Black Non-Hispanic	*	*	*	*	740	890,500	41.3	(32.5 - 50.0)
Hispanic	*	*	*	*	860	827,500	36.7	(27.7 - 45.6)
Other Non-Hispanic	*	*	*	*	*	*	*	*
<b>Education</b>								
≤ High School	260	7,500	51.7	(42.3 - 61.0)	15,676	2,450,000	43.8	(39.4 - 48.1)
Some College	207	5,900	43.4	(33.6 - 53.2)	9,900	1,598,300	45.1	(40.1 - 50.1)
≥ College Degree	171	4,700	47.3	(37.4 - 57.1)	12,440	2,313,100	41.1	(37.8 - 44.5)
<b>Income</b>								
≤ \$24,999	*	*	*	*	9,641	1,483,000	42.2	(36.3 - 48.1)
\$25,000-\$49,999	*	*	*	*	9,647	1,332,100	45.9	(39.8 - 52.1)
\$50,000-\$74,999	*	*	*	*	5,768	894,200	45.3	(39.5 - 51.1)
≥ \$75,000	*	*	*	*	8,549	1,874,200	41.7	(38.4 - 45.1)

<sup>1</sup> Defined as adults having symptoms of pain, aching or stiffness in or around a joint during the past 30 days and began more than 3 months ago

<sup>2</sup> Sample size from survey

<sup>3</sup> Estimated number of adults who have chronic joint symptoms (rounded to the nearest hundred)

<sup>4</sup> 95% confidence interval

\* Data do not meet reporting criteria (confidence interval with a half-width greater than 10, denominator less than 50 and/or a numerator less than 10)

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**Table 49b. Chronic joint symptoms among adults<sup>1</sup> in Cortland County and New York State - Age-Adjusted<sup>2</sup>**

	Cortland County			New York State		
	n <sup>3</sup>	Percent	(C.I.) <sup>4</sup>	n <sup>3</sup>	Percent	(C.I.) <sup>4</sup>
<b>Total</b>	640	47.4	(42.1 - 52.7)	38,099	42.1	(39.7 - 44.5)
<b>Gender</b>						
Male	268	43.1	(35.5 - 50.7)	14,595	42.6	(38.8 - 46.3)
Female	372	51.2	(43.8 - 58.7)	23,504	41.6	(38.6 - 44.7)
<b>Race/Ethnicity</b>						
White Non-Hispanic	616	47.0	(41.6 - 52.4)	35,785	44.7	(42.7 - 46.6)
Black Non-Hispanic	*	*	*	740	40.2	(31.5 - 48.9)
Hispanic	*	*	*	860	36.6	(27.8 - 45.4)
Other Non-Hispanic	*	*	*	*	*	*
<b>Education</b>						
≤ High School	260	51.3	(42.5 - 60.0)	15,676	43.1	(38.8 - 47.5)
Some College	207	44.5	(35.3 - 53.7)	9,900	43.9	(39.0 - 48.8)
≥ College Degree	171	46.4	(37.0 - 55.8)	12,440	40.3	(37.0 - 43.7)
<b>Income</b>						
≤ \$24,999	*	*	*	9,641	41.6	(35.7 - 47.4)
\$25,000-\$49,999	*	*	*	9,647	45.0	(39.0 - 51.0)
\$50,000-\$74,999	*	*	*	5,768	44.3	(38.4 - 50.2)
≥ \$75,000	*	*	*	8,549	40.8	(37.4 - 44.2)

<sup>1</sup> Defined as adults having symptoms of pain, aching or stiffness in or around a joint during the past 30 days and began more than 3 months ago

<sup>2</sup> Prevalence estimates are age-adjusted to the 2000 US Standard population

<sup>3</sup> Sample size from survey

<sup>4</sup> 95% confidence interval

\* Data do not meet reporting criteria (confidence interval with a half-width greater than 10, denominator less than 50 and/or a numerator less than 10)

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**Cortland County**

**Table 50a. Arthritis among adults<sup>1</sup> in Cortland County and New York State**

	Cortland County				New York State			
	n <sup>2</sup>	Est. # of Adults <sup>3</sup>	Percent	(C.I.) <sup>4</sup>	n <sup>2</sup>	Est. # of Adults <sup>3</sup>	Percent	(C.I.) <sup>4</sup>
<b>Total</b>	640	11,200	29.3	(24.6 - 34.1)	38,013	4,102,800	27.7	(25.9 - 29.6)
<b>Gender</b>								
Male	269	4,200	23.2	(17.2 - 29.1)	14,555	1,642,700	23.3	(20.7 - 25.8)
Female	371	7,000	34.9	(27.7 - 42.1)	23,458	2,460,100	31.8	(29.2 - 34.4)
<b>Age (years)</b>								
18-34	*	*	*	*	3,927	312,100	7.0	(4.9 - 9.1)
35-44	75	900	15.0	(7.0 - 23.0)	4,972	412,500	14.5	(11.3 - 17.6)
45-54	119	2,300	34.5	(25.2 - 43.8)	7,789	869,100	30.7	(26.6 - 34.8)
55-64	148	2,500	49.2	(40.2 - 58.3)	8,729	999,300	47.0	(42.9 - 51.1)
≥ 65	229	3,400	55.0	(47.9 - 62.1)	12,596	1,509,800	59.6	(55.8 - 63.3)
<b>Race/Ethnicity</b>								
White Non-Hispanic	616	10,300	28.3	(23.7 - 32.8)	35,710	2,967,700	31.9	(30.3 - 33.6)
Black Non-Hispanic	*	*	*	*	737	588,100	27.3	(20.2 - 34.4)
Hispanic	*	*	*	*	856	380,700	17.1	(11.8 - 22.5)
Other Non-Hispanic	*	*	*	*	710	166,300	14.8	(7.8 - 21.8)
<b>Education</b>								
≤ High School	261	5,400	36.8	(28.5 - 45.2)	15,652	1,742,700	31.3	(27.8 - 34.8)
Some College	205	3,600	27.2	(18.8 - 35.7)	9,874	902,000	25.5	(22.3 - 28.6)
≥ College Degree	172	2,200	21.7	(14.7 - 28.8)	12,407	1,437,800	25.6	(22.9 - 28.4)
<b>Income</b>								
≤ \$24,999	*	*	*	*	9,618	1,112,500	32.0	(27.1 - 36.9)
\$25,000-\$49,999	191	3,500	31.4	(22.0 - 40.9)	9,624	821,900	28.4	(24.2 - 32.6)
\$50,000-\$74,999	95	1,200	17.8	(10.4 - 25.2)	5,753	542,500	27.5	(23.2 - 31.9)
≥ \$75,000	105	1,900	25.3	(15.4 - 35.3)	8,536	1,012,800	22.6	(19.8 - 25.3)

<sup>1</sup> Defined as adults having ever been told by a health professional that they have some form of arthritis, rheumatoid arthritis, gout, lupus or fibromyalgia (excluding back or neck)

<sup>2</sup> Sample size from survey

<sup>3</sup> Estimated number of adults who have ever been told by a health professional they have some form of arthritis (excluding back or neck) (rounded to the nearest hundred)

<sup>4</sup> 95% confidence interval

\* Data do not meet reporting criteria (confidence interval with a half-width greater than 10, denominator less than 50 and/or a numerator less than 10)

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**Table 50b. Arthritis among adults<sup>1</sup> in Cortland County and New York State - Age-Adjusted<sup>2</sup>**

	Cortland County			New York State		
	n <sup>3</sup>	Percent	(C.I.) <sup>4</sup>	n <sup>3</sup>	Percent	(C.I.) <sup>4</sup>
<b>Total</b>	640	29.2	(24.8 - 33.7)	38,013	26.6	(24.8 - 28.5)
<b>Gender</b>						
Male	269	23.2	(17.6 - 28.9)	14,555	23.5	(20.9 - 26.1)
Female	371	34.7	(28.0 - 41.3)	23,458	29.5	(27.0 - 32.1)
<b>Race/Ethnicity</b>						
White Non-Hispanic	616	28.3	(24.0 - 32.7)	35,710	30.4	(28.7 - 32.0)
Black Non-Hispanic	*	*	*	737	26.5	(19.3 - 33.6)
Hispanic	*	*	*	856	17.2	(11.8 - 22.6)
Other Non-Hispanic	*	*	*	710	14.9	(7.7 - 22.0)
<b>Education</b>						
≤ High School	261	37.1	(29.2 - 45.0)	15,652	30.4	(26.9 - 33.8)
Some College	205	27.2	(19.4 - 35.1)	9,874	24.1	(21.0 - 27.1)
≥ College Degree	172	21.0	(14.4 - 27.6)	12,407	24.7	(21.9 - 27.5)
<b>Income</b>						
≤ \$24,999	*	*	*	9,618	31.2	(26.3 - 36.1)
\$25,000-\$49,999	191	30.6	(22.0 - 39.2)	9,624	27.3	(23.2 - 31.3)
\$50,000-\$74,999	95	17.1	(10.0 - 24.2)	5,753	26.3	(21.9 - 30.7)
≥ \$75,000	105	25.3	(15.8 - 34.7)	8,536	21.6	(18.8 - 24.3)

<sup>1</sup> Defined as adults having ever been told by a health professional that they have some form of arthritis, rheumatoid arthritis, gout, lupus or fibromyalgia (excluding back or neck)

<sup>2</sup> Prevalence estimates are age-adjusted to the 2000 US Standard population

<sup>3</sup> Sample size from survey

<sup>4</sup> 95% confidence interval

\* Data do not meet reporting criteria (confidence interval with a half-width greater than 10, denominator less than 50 and/or a numerator less than 10)

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**Table 51a. Activity limitations because of physical, mental or emotional problems among adults<sup>1</sup> in Cortland County and New York State**

	Cortland County				New York State			
	n <sup>2</sup>	Est. # of Adults <sup>3</sup>	Percent	(C.I.) <sup>4</sup>	n <sup>2</sup>	Est. # of Adults <sup>3</sup>	Percent	(C.I.) <sup>4</sup>
<b>Total</b>	639	8,100	21.2	(16.5 - 25.8)	37,998	3,053,000	20.6	(18.7 - 22.5)
<b>Gender</b>								
Male	267	4,600	25.4	(17.8 - 32.9)	14,566	1,318,400	18.6	(15.7 - 21.5)
Female	372	3,500	17.4	(12.0 - 22.8)	23,432	1,734,600	22.4	(19.8 - 25.0)
<b>Age (years)</b>								
18-34	*	*	*	*	3,929	580,000	13.0	(8.2 - 17.9)
35-44	*	*	*	*	4,973	418,600	14.5	(11.0 - 18.1)
45-54	120	1,700	24.6	(16.1 - 33.2)	7,812	620,200	21.7	(18.3 - 25.2)
55-64	147	1,700	33.3	(25.0 - 41.7)	8,739	651,600	30.5	(26.5 - 34.6)
≥ 65	228	1,700	27.5	(21.3 - 33.7)	12,545	782,700	31.1	(27.7 - 34.6)
<b>Race/Ethnicity</b>								
White Non-Hispanic	615	7,900	21.7	(16.9 - 26.5)	35,688	2,037,200	21.9	(20.3 - 23.5)
Black Non-Hispanic	*	*	*	*	735	429,700	20.1	(13.5 - 26.7)
Hispanic	*	*	*	*	863	448,200	19.8	(11.9 - 27.8)
Other Non-Hispanic	*	*	*	*	712	137,900	12.3	(5.2 - 19.3)
<b>Education</b>								
≤ High School	260	3,700	25.6	(16.8 - 34.5)	15,626	1,359,600	24.4	(20.6 - 28.1)
Some College	206	2,700	19.9	(13.1 - 26.7)	9,875	700,800	19.8	(16.5 - 23.2)
≥ College Degree	171	1,700	16.8	(9.3 - 24.4)	12,415	924,800	16.5	(14.2 - 18.7)
<b>Income</b>								
≤ \$24,999	*	*	*	*	9,603	1,055,800	30.1	(24.7 - 35.5)
\$25,000-\$49,999	191	2,400	21.0	(12.7 - 29.3)	9,628	630,900	21.8	(16.6 - 27.0)
\$50,000-\$74,999	*	*	*	*	5,760	408,100	20.7	(16.1 - 25.2)
≥ \$75,000	104	1,100	15.1	(6.2 - 24.0)	8,544	583,300	13.0	(11.1 - 14.9)

<sup>1</sup> Defined as activity limitations because of physical, mental or emotional problems

<sup>2</sup> Sample size from survey

<sup>3</sup> Estimated number of adults who are limited in any activities because of physical, mental or emotional problems (rounded to the nearest hundred)

<sup>4</sup> 95% confidence interval

\* Data do not meet reporting criteria (confidence interval with a half-width greater than 10, denominator less than 50 and/or a numerator less than 10)



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Cortland County**

**Table 51b. Activity limitations because of physical, mental or emotional problems among adults<sup>1</sup>  
in Cortland County and New York State - Age-Adjusted<sup>2</sup>**

	Cortland County			New York State		
	n <sup>3</sup>	Percent	(C.I.) <sup>4</sup>	n <sup>3</sup>	Percent	(C.I.) <sup>4</sup>
<b>Total</b>	639	20.8	(16.6 - 25.1)	37,998	20.1	(18.2 - 22.0)
<b>Gender</b>						
Male	267	24.6	(17.7 - 31.6)	14,566	18.6	(15.8 - 21.4)
Female	372	17.4	(12.4 - 22.5)	23,432	21.5	(18.9 - 24.1)
<b>Race/Ethnicity</b>						
White Non-Hispanic	615	21.3	(16.9 - 25.8)	35,688	21.3	(19.7 - 22.9)
Black Non-Hispanic	*	*	*	735	19.9	(13.2 - 26.5)
Hispanic	*	*	*	863	19.1	(11.5 - 26.8)
Other Non-Hispanic	*	*	*	712	12.4	(5.3 - 19.6)
<b>Education</b>						
≤ High School	260	25.7	(17.5 - 33.9)	15,626	23.8	(20.1 - 27.4)
Some College	206	19.3	(13.0 - 25.5)	9,875	19.3	(16.0 - 22.6)
≥ College Degree	171	16.3	(9.4 - 23.3)	12,415	16.1	(13.9 - 18.3)
<b>Income</b>						
≤ \$24,999	*	*	*	9,603	29.7	(24.3 - 35.2)
\$25,000-\$49,999	191	21.3	(13.5 - 29.2)	9,628	21.2	(16.1 - 26.3)
\$50,000-\$74,999	95	17.7	(8.1 - 27.4)	5,760	20.1	(15.6 - 24.6)
≥ \$75,000	104	14.2	(6.1 - 22.3)	8,544	12.7	(10.8 - 14.6)

<sup>1</sup> Defined as activity limitations because of physical, mental or emotional problems

<sup>2</sup> Prevalence estimates are age-adjusted to the 2000 US Standard population

<sup>3</sup> Sample size from survey

<sup>4</sup> 95% confidence interval

\* Data do not meet reporting criteria (confidence interval with a half-width greater than 10, denominator less than 50 and/or a numerator less than 10)

**Expanded BRFSS Report: July 2008 - June 2009  
Cortland County**

**Table 52a. Have health problem that requires the use of special equipment among adults<sup>1</sup> in Cortland County and New York State**

	Cortland County				New York State			
	n <sup>2</sup>	Est. # of Adults <sup>3</sup>	Percent	(C.I.) <sup>4</sup>	n <sup>2</sup>	Est. # of Adults <sup>3</sup>	Percent	(C.I.) <sup>4</sup>
<b>Total</b>	642	2,800	7.3	(5.3 - 9.3)	38,171	1,169,400	7.9	(6.9 - 8.9)
<b>Gender</b>								
Male	269	1,300	7.0	(3.7 - 10.3)	14,617	460,700	6.5	(5.3 - 7.7)
Female	373	1,500	7.5	(5.1 - 10.0)	23,554	708,700	9.1	(7.6 - 10.7)
<b>Age (years)</b>								
18-34	*	*	*	*	3,940	68,800	1.5	(0.7 - 2.4)
35-44	*	*	*	*	4,989	122,500	4.3	(2.4 - 6.1)
45-54	*	*	*	*	7,836	182,500	6.4	(4.7 - 8.1)
55-64	148	700	13.5	(7.9 - 19.0)	8,773	219,600	10.3	(7.8 - 12.8)
≥ 65	229	1,200	20.0	(14.6 - 25.5)	12,633	576,100	22.7	(19.0 - 26.3)
<b>Race/Ethnicity</b>								
White Non-Hispanic	618	2,700	7.3	(5.2 - 9.4)	35,853	802,000	8.6	(7.6 - 9.6)
Black Non-Hispanic	*	*	*	*	739	235,800	10.9	(6.4 - 15.5)
Hispanic	*	*	*	*	864	104,100	4.6	(2.1 - 7.1)
Other Non-Hispanic	*	*	*	*	715	27,600	2.5	(0.8 - 4.1)
<b>Education</b>								
≤ High School	261	1,400	9.4	(5.4 - 13.3)	15,711	604,200	10.8	(8.7 - 12.8)
Some College	207	900	6.3	(3.6 - 9.1)	9,914	260,000	7.3	(5.5 - 9.1)
≥ College Degree	172	600	5.8	(2.2 - 9.4)	12,463	298,900	5.3	(4.1 - 6.5)
<b>Income</b>								
≤ \$24,999	177	1,400	15.3	(9.0 - 21.7)	9,656	430,500	12.2	(9.6 - 14.8)
\$25,000-\$49,999	192	700	6.6	(3.3 - 10.0)	9,663	238,900	8.2	(5.9 - 10.5)
\$50,000-\$74,999	*	*	*	*	5,775	103,000	5.2	(3.6 - 6.8)
≥ \$75,000	*	*	*	*	8,566	136,000	3.0	(2.1 - 4.0)

<sup>1</sup> Defined as having any health problem that requires the use of special equipment such as a cane, a wheelchair, a special bed, or a special telephone

<sup>2</sup> Sample size from survey

<sup>3</sup> Estimated number of adults who have any health problem that requires the use of special equipment (rounded to the nearest hundred)

<sup>4</sup> 95% confidence interval

\* Data do not meet reporting criteria (confidence interval with a half-width greater than 10, denominator less than 50 and/or a numerator less than 10)

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Cortland County**

**Table 52b. Have health problem that requires the use of special equipment among adults<sup>1</sup> in Cortland County and New York State - Age-Adjusted<sup>2</sup>**

	Cortland County			New York State		
	n <sup>3</sup>	Percent	(C.I.) <sup>4</sup>	n <sup>3</sup>	Percent	(C.I.) <sup>4</sup>
<b>Total</b>	642	7.4	(5.3 - 9.4)	38,171	7.6	(6.6 - 8.6)
<b>Gender</b>						
Male	269	7.0	(3.9 - 10.1)	14,617	6.8	(5.5 - 8.0)
Female	373	7.7	(5.0 - 10.4)	23,554	8.4	(6.9 - 9.9)
<b>Race/Ethnicity</b>						
White Non-Hispanic	618	7.4	(5.3 - 9.5)	35,853	8.3	(7.3 - 9.3)
Black Non-Hispanic	*	*	*	739	10.5	(6.1 - 15.0)
Hispanic	*	*	*	864	4.5	(2.1 - 6.9)
Other Non-Hispanic	*	*	*	715	2.2	(0.7 - 3.8)
<b>Education</b>						
≤ High School	261	9.7	(5.6 - 13.8)	15,711	10.3	(8.3 - 12.3)
Some College	207	6.2	(3.5 - 8.9)	9,914	7.1	(5.2 - 8.9)
≥ College Degree	172	5.8	(2.2 - 9.3)	12,463	5.3	(4.1 - 6.6)
<b>Income</b>						
≤ \$24,999	177	15.5	(9.2 - 21.8)	9,656	11.9	(9.4 - 14.5)
\$25,000-\$49,999	192	6.9	(3.3 - 10.4)	9,663	7.7	(5.5 - 10.0)
\$50,000-\$74,999	*	*	*	5,775	5.1	(3.4 - 6.8)
≥ \$75,000	*	*	*	8,566	2.9	(2.0 - 3.9)

<sup>1</sup> Defined as having any health problem that requires the use of special equipment such as a cane, a wheelchair, a special bed, or a special telephone

<sup>2</sup> Prevalence estimates are age-adjusted to the 2000 US Standard population

<sup>3</sup> Sample size from survey

<sup>4</sup> 95% confidence interval

\* Data do not meet reporting criteria (confidence interval with a half-width greater than 10, denominator less than 50 and/or a numerator less than 10)

**Expanded BRFSS Report: July 2008 - June 2009  
Cortland County**

**Table 53a. Disability among adults<sup>1</sup> in Cortland County and New York State**

	Cortland County				New York State			
	n <sup>2</sup>	Est. # of Adults <sup>3</sup>	Percent	(C.I.) <sup>4</sup>	n <sup>2</sup>	Est. # of Adults <sup>3</sup>	Percent	(C.I.) <sup>4</sup>
<b>Total</b>	639	8,800	23.0	(18.3 - 27.7)	38,016	3,394,200	22.9	(20.9 - 24.9)
<b>Gender</b>								
Male	267	4,900	27.2	(19.6 - 34.8)	14,568	1,469,700	20.7	(17.8 - 23.7)
Female	372	3,900	19.3	(13.8 - 24.8)	23,448	1,924,600	24.8	(22.1 - 27.5)
<b>Age (years)</b>								
18-34	*	*	*	*	3,931	590,300	13.3	(8.4 - 18.1)
35-44	*	*	*	*	4,974	447,900	15.6	(11.9 - 19.3)
45-54	120	1,800	26.2	(17.6 - 34.9)	7,811	643,900	22.6	(19.1 - 26.0)
55-64	147	1,800	35.2	(26.7 - 43.7)	8,740	702,100	33.0	(28.9 - 37.0)
≥ 65	228	2,200	35.7	(29.0 - 42.3)	12,560	1,010,000	39.9	(36.1 - 43.7)
<b>Race/Ethnicity</b>								
White Non-Hispanic	615	8,600	23.6	(18.7 - 28.4)	35,703	2,253,400	24.2	(22.6 - 25.9)
Black Non-Hispanic	*	*	*	*	736	511,700	23.8	(16.8 - 30.8)
Hispanic	*	*	*	*	864	484,300	21.4	(13.4 - 29.5)
Other Non-Hispanic	*	*	*	*	713	144,800	12.9	(5.8 - 19.9)
<b>Education</b>								
≤ High School	260	4,100	28.1	(19.2 - 36.9)	15,638	1,544,200	27.6	(23.7 - 31.4)
Some College	206	2,800	20.7	(13.9 - 27.6)	9,876	755,200	21.4	(17.9 - 24.8)
≥ College Degree	171	1,900	19.2	(11.5 - 27.0)	12,419	1,021,300	18.2	(15.9 - 20.5)
<b>Income</b>								
≤ \$24,999	*	*	*	*	9,613	1,179,100	33.6	(28.0 - 39.2)
\$25,000-\$49,999	191	2,500	22.2	(13.8 - 30.5)	9,629	699,000	24.2	(18.9 - 29.4)
\$50,000-\$74,999	*	*	*	*	5,757	430,100	21.8	(17.2 - 26.4)
≥ \$75,000	104	1,200	16.3	(7.3 - 25.3)	8,546	632,700	14.1	(12.1 - 16.1)

<sup>1</sup> Defined as having activity limitations due to physical, mental or emotional problems or have health problems that require the use of special equipment

<sup>2</sup> Sample size from survey

<sup>3</sup> Estimated number of adults with a disability (rounded to the nearest hundred)

<sup>4</sup> 95% confidence interval

\* Data do not meet reporting criteria (confidence interval with a half-width greater than 10, denominator less than 50 and/or a numerator less than 10)

**Expanded BRFSS Report: July 2008 - June 2009**  
**Cortland County**

**Table 53b. Disability among adults<sup>1</sup> in Cortland County and New York State - Age-Adjusted<sup>2</sup>**

	Cortland County			New York State		
	n <sup>3</sup>	Percent	(C.I.) <sup>4</sup>	n <sup>3</sup>	Percent	(C.I.) <sup>4</sup>
<b>Total</b>	639	22.7	(18.4 - 27.1)	38,016	22.3	(20.4 - 24.3)
<b>Gender</b>						
Male	267	26.6	(19.6 - 33.6)	14,568	20.9	(18.0 - 23.8)
Female	372	19.3	(14.1 - 24.4)	23,448	23.6	(21.0 - 26.3)
<b>Race/Ethnicity</b>						
White Non-Hispanic	615	23.2	(18.8 - 27.7)	35,703	23.6	(21.9 - 25.3)
Black Non-Hispanic	*	*	*	736	23.5	(16.5 - 30.5)
Hispanic	*	*	*	864	20.6	(12.9 - 28.3)
Other Non-Hispanic	*	*	*	713	12.9	(5.8 - 20.1)
<b>Education</b>						
≤ High School	260	28.2	(20.0 - 36.4)	15,638	26.8	(23.0 - 30.6)
Some College	206	20.2	(13.8 - 26.5)	9,876	20.9	(17.4 - 24.3)
≥ College Degree	171	18.8	(11.6 - 25.9)	12,419	17.9	(15.5 - 20.3)
<b>Income</b>						
≤ \$24,999	*	*	*	9,613	33.2	(27.6 - 38.8)
\$25,000-\$49,999	191	22.4	(14.5 - 30.3)	9,629	23.5	(18.3 - 28.6)
\$50,000-\$74,999	95	19.6	(9.8 - 29.4)	5,757	21.2	(16.6 - 25.8)
≥ \$75,000	104	15.5	(7.3 - 23.7)	8,546	13.8	(11.7 - 15.8)

<sup>1</sup> Defined as having activity limitations due to physical, mental or emotional problems or have health problems that require the use of special equipment

<sup>2</sup> Prevalence estimates are age-adjusted to the 2000 US Standard population

<sup>3</sup> Sample size from survey

<sup>4</sup> 95% confidence interval

\* Data do not meet reporting criteria (confidence interval with a half-width greater than 10, denominator less than 50 and/or a numerator less than 10)

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**Cortland County**

**Table 54a. Current smoking among adults<sup>1</sup> in Cortland County and New York State**

	Cortland County				New York State			
	n <sup>2</sup>	Est. # of Adults <sup>3</sup>	Percent	(C.I.) <sup>4</sup>	n <sup>2</sup>	Est. # of Adults <sup>3</sup>	Percent	(C.I.) <sup>4</sup>
<b>Total</b>	636	8,400	22.1	(16.8 - 27.4)	38,029	2,483,500	16.8	(15.1 - 18.6)
<b>Gender</b>								
Male	266	4,200	23.2	(15.5 - 31.0)	14,559	1,356,400	19.3	(16.3 - 22.2)
Female	370	4,200	21.0	(13.7 - 28.3)	23,470	1,127,100	14.6	(12.7 - 16.6)
<b>Age (years)</b>								
18-34	*	*	*	*	3,929	993,500	22.3	(17.5 - 27.1)
35-44	*	*	*	*	4,977	421,100	14.8	(11.6 - 17.9)
45-54	118	1,100	16.8	(9.8 - 23.9)	7,807	508,800	18.3	(15.4 - 21.3)
55-64	148	1,100	21.5	(13.4 - 29.5)	8,744	314,500	14.7	(12.1 - 17.3)
≥ 65	226	300	5.5	(2.4 - 8.7)	12,572	245,600	9.7	(7.2 - 12.3)
<b>Race/Ethnicity</b>								
White Non-Hispanic	614	8,000	21.9	(16.6 - 27.2)	35,729	1,615,500	17.3	(15.9 - 18.8)
Black Non-Hispanic	*	*	*	*	735	284,100	13.6	(8.9 - 18.2)
Hispanic	*	*	*	*	858	350,900	15.8	(9.6 - 21.9)
Other Non-Hispanic	*	*	*	*	*	*	*	*
<b>Education</b>								
≤ High School	257	4,400	30.6	(21.3 - 40.0)	15,654	1,237,300	22.4	(19.1 - 25.6)
Some College	206	2,800	20.7	(11.8 - 29.5)	9,875	670,600	19.1	(15.5 - 22.8)
≥ College Degree	171	1,200	11.9	(3.4 - 20.4)	12,421	563,300	10.0	(7.5 - 12.5)
<b>Income</b>								
≤ \$24,999	*	*	*	*	9,626	835,100	24.1	(19.1 - 29.1)
\$25,000-\$49,999	190	2,600	23.5	(13.7 - 33.3)	9,629	558,100	19.4	(15.6 - 23.2)
\$50,000-\$74,999	*	*	*	*	5,756	338,100	17.3	(13.0 - 21.7)
≥ \$75,000	*	*	*	*	8,549	468,700	10.4	(8.6 - 12.3)

<sup>1</sup> Defined as having smoked at least 100 cigarettes in lifetime and currently smoking every day or some days

<sup>2</sup> Sample size from survey

<sup>3</sup> Estimated number of adult current smokers (rounded to the nearest hundred)

<sup>4</sup> 95% confidence interval

\* Data do not meet reporting criteria (confidence interval with a half-width greater than 10, denominator less than 50 and/or a numerator less than 10)

**Expanded BRFSS Report: July 2008 - June 2009**  
**Cortland County**

**Table 54b. Current smoking among adults<sup>1</sup> in Cortland County and New York State - Age-Adjusted<sup>2</sup>**

	Cortland County			New York State		
	n <sup>3</sup>	Percent	(C.I.) <sup>4</sup>	n <sup>3</sup>	Percent	(C.I.) <sup>4</sup>
<b>Total</b>	636	21.2	(16.4 - 26.0)	38,029	17.0	(15.3 - 18.8)
<b>Gender</b>						
Male	266	22.1	(14.9 - 29.2)	14,559	19.2	(16.3 - 22.1)
Female	370	20.4	(13.8 - 27.0)	23,470	15.0	(13.0 - 17.0)
<b>Race/Ethnicity</b>						
White Non-Hispanic	614	21.1	(16.2 - 26.0)	35,729	17.7	(16.2 - 19.2)
Black Non-Hispanic	*	*	*	735	13.5	(8.8 - 18.2)
Hispanic	*	*	*	858	15.9	(9.8 - 22.0)
Other Non-Hispanic	*	*	*	*	*	*
<b>Education</b>						
≤ High School	257	30.3	(21.6 - 39.1)	15,654	22.8	(19.5 - 26.0)
Some College	206	19.3	(11.4 - 27.2)	9,875	19.4	(15.8 - 22.9)
≥ College Degree	171	11.1	(3.6 - 18.5)	12,421	10.0	(7.6 - 12.5)
<b>Income</b>						
≤ \$24,999	*	*	*	9,626	24.1	(19.2 - 29.1)
\$25,000-\$49,999	190	23.3	(14.3 - 32.4)	9,629	19.9	(16.0 - 23.7)
\$50,000-\$74,999	*	*	*	5,756	17.8	(13.3 - 22.3)
≥ \$75,000	*	*	*	8,549	10.6	(8.6 - 12.5)

<sup>1</sup> Defined as having smoked at least 100 cigarettes in lifetime and currently smoking every day or some days

<sup>2</sup> Prevalence estimates are age-adjusted to the 2000 US Standard population

<sup>3</sup> Sample size from survey

<sup>4</sup> 95% confidence interval

\* Data do not meet reporting criteria (confidence interval with a half-width greater than 10, denominator less than 50 and/or a numerator less than 10)

**Expanded BRFSS Report: July 2008 - June 2009  
Cortland County**

**Table 55a. Everyday smoking among adults<sup>1</sup> in Cortland County and New York State**

	Cortland County				New York State			
	n <sup>2</sup>	Est. # of Adults <sup>3</sup>	Percent	(C.I.) <sup>4</sup>	n <sup>2</sup>	Est. # of Adults <sup>3</sup>	Percent	(C.I.) <sup>4</sup>
<b>Total</b>	636	6,100	16.0	(11.3 - 20.7)	38,029	1,626,800	11.0	(9.8 - 12.2)
<b>Gender</b>								
Male	266	2,800	15.7	(9.0 - 22.4)	14,559	848,400	12.0	(10.0 - 14.1)
Female	370	3,300	16.3	(9.7 - 23.0)	23,470	778,400	10.1	(8.7 - 11.5)
<b>Age (years)</b>								
18-34	*	*	*	*	3,929	559,800	12.6	(9.6 - 15.6)
35-44	75	900	15.9	(7.1 - 24.8)	4,977	315,200	11.0	(8.4 - 13.7)
45-54	118	1,000	14.8	(7.9 - 21.6)	7,807	377,000	13.6	(11.1 - 16.0)
55-64	148	1,000	18.7	(10.9 - 26.5)	8,744	203,000	9.5	(7.5 - 11.5)
≥ 65	*	*	*	*	12,572	171,700	6.8	(4.8 - 8.8)
<b>Race/Ethnicity</b>								
White Non-Hispanic	614	5,700	15.7	(11.0 - 20.3)	35,729	1,158,100	12.4	(11.2 - 13.7)
Black Non-Hispanic	*	*	*	*	735	197,700	9.4	(5.6 - 13.3)
Hispanic	*	*	*	*	858	176,200	7.9	(4.2 - 11.6)
Other Non-Hispanic	*	*	*	*	707	94,900	8.5	(3.3 - 13.7)
<b>Education</b>								
≤ High School	257	3,400	24.0	(15.0 - 33.0)	15,654	881,900	15.9	(13.4 - 18.5)
Some College	206	2,100	15.5	(7.5 - 23.6)	9,875	410,200	11.7	(9.6 - 13.8)
≥ College Degree	171	500	5.5	(1.5 - 9.5)	12,421	323,500	5.8	(4.3 - 7.2)
<b>Income</b>								
≤ \$24,999	*	*	*	*	9,626	452,800	13.1	(10.3 - 15.8)
\$25,000-\$49,999	190	1,900	17.3	(8.4 - 26.2)	9,629	425,900	14.8	(11.9 - 17.7)
\$50,000-\$74,999	*	*	*	*	5,756	222,700	11.4	(8.5 - 14.4)
≥ \$75,000	*	*	*	*	8,549	320,200	7.1	(5.5 - 8.8)

<sup>1</sup> Defined as having smoked at least 100 cigarettes in lifetime and currently smoking every day

<sup>2</sup> Sample size from survey

<sup>3</sup> Estimated number of adults who have smoked at least 100 cigarettes in lifetime and currently smoking everyday (rounded to the nearest hundred)

<sup>4</sup> 95% confidence interval

\* Data do not meet reporting criteria (confidence interval with a half-width greater than 10, denominator less than 50 and/or a numerator less than 10)



**Expanded BRFSS Report: July 2008 - June 2009  
Cortland County**

**Table 55b. Everyday smoking among adults<sup>1</sup> in Cortland County and New York State - Age-Adjusted<sup>2</sup>**

	Cortland County			New York State		
	n <sup>3</sup>	Percent	(C.I.) <sup>4</sup>	n <sup>3</sup>	Percent	(C.I.) <sup>4</sup>
<b>Total</b>	636	15.6	(11.3 - 19.9)	38,029	11.3	(10.0 - 12.5)
<b>Gender</b>						
Male	266	14.7	(8.6 - 20.8)	14,559	12.1	(10.1 - 14.1)
Female	370	16.3	(10.3 - 22.4)	23,470	10.5	(9.0 - 12.0)
<b>Race/Ethnicity</b>						
White Non-Hispanic	614	15.3	(11.0 - 19.6)	35,729	12.8	(11.5 - 14.1)
Black Non-Hispanic	*	*	*	735	9.4	(5.5 - 13.4)
Hispanic	*	*	*	858	8.0	(4.3 - 11.7)
Other Non-Hispanic	*	*	*	707	8.5	(3.2 - 13.8)
<b>Education</b>						
≤ High School	257	23.2	(14.9 - 31.5)	15,654	16.4	(13.8 - 19.0)
Some College	206	14.9	(7.7 - 22.2)	9,875	12.1	(9.9 - 14.3)
≥ College Degree	171	5.8	(1.6 - 9.9)	12,421	5.8	(4.3 - 7.3)
<b>Income</b>						
≤ \$24,999	*	*	*	9,626	13.4	(10.6 - 16.2)
\$25,000-\$49,999	190	17.5	(9.2 - 25.8)	9,629	15.3	(12.3 - 18.3)
\$50,000-\$74,999	*	*	*	5,756	11.7	(8.7 - 14.8)
≥ \$75,000	*	*	*	8,549	7.2	(5.5 - 8.9)

<sup>1</sup> Defined as having smoked at least 100 cigarettes in lifetime and currently smoking every day

<sup>2</sup> Prevalence estimates are age-adjusted to the 2000 US Standard population

<sup>3</sup> Sample size from survey

<sup>4</sup> 95% confidence interval

\* Data do not meet reporting criteria (confidence interval with a half-width greater than 10, denominator less than 50 and/or a numerator less than 10)

**Expanded BRFSS Report: July 2008 - June 2009  
Cortland County**

**Table 56a. Adults living in homes in which smoking is prohibited<sup>1</sup> in Cortland County and New York State**

	Cortland County				New York State			
	n <sup>2</sup>	Est. # of Adults <sup>3</sup>	Percent	(C.I.) <sup>4</sup>	n <sup>2</sup>	Est. # of Adults <sup>3</sup>	Percent	(C.I.) <sup>4</sup>
<b>Total</b>	637	29,400	77.4	(72.6 - 82.2)	38,045	11,997,100	80.8	(79.0 - 82.6)
<b>Gender</b>								
Male	267	13,900	76.4	(69.4 - 83.4)	14,577	5,634,400	79.4	(76.6 - 82.2)
Female	370	15,500	78.3	(71.6 - 85.0)	23,468	6,362,800	82.1	(79.9 - 84.3)
<b>Age (years)</b>								
18-34	*	*	*	*	3,934	3,655,200	82.1	(77.8 - 86.4)
35-44	75	4,700	79.4	(69.9 - 88.8)	4,985	2,479,700	86.1	(82.5 - 89.7)
45-54	119	5,400	80.8	(73.0 - 88.5)	7,808	2,194,400	77.2	(73.5 - 80.8)
55-64	148	4,100	79.0	(72.3 - 85.8)	8,753	1,732,500	81.0	(78.3 - 83.7)
≥ 65	226	4,400	72.9	(66.4 - 79.4)	12,565	1,935,400	76.5	(73.4 - 79.5)
<b>Race/Ethnicity</b>								
White Non-Hispanic	613	28,600	78.6	(73.9 - 83.3)	35,737	7,426,900	79.8	(78.3 - 81.2)
Black Non-Hispanic	*	*	*	*	738	1,692,100	78.6	(71.9 - 85.3)
Hispanic	*	*	*	*	863	2,003,900	88.7	(84.1 - 93.3)
Other Non-Hispanic	*	*	*	*	*	*	*	*
<b>Education</b>								
≤ High School	259	10,000	68.6	(59.7 - 77.4)	15,647	4,307,200	77.1	(74.0 - 80.2)
Some College	205	10,800	80.6	(72.4 - 88.8)	9,883	2,795,400	78.9	(75.0 - 82.8)
≥ College Degree	171	8,400	85.9	(79.8 - 91.9)	12,437	4,817,300	85.7	(83.3 - 88.2)
<b>Income</b>								
≤ \$24,999	*	*	*	*	9,608	2,627,700	74.9	(70.0 - 79.7)
\$25,000-\$49,999	191	8,600	76.6	(67.2 - 86.1)	9,640	2,314,500	79.8	(76.0 - 83.5)
\$50,000-\$74,999	94	5,700	86.2	(79.0 - 93.5)	5,766	1,551,300	78.7	(74.0 - 83.4)
≥ \$75,000	105	6,700	87.9	(81.0 - 94.8)	8,556	3,883,200	86.5	(84.3 - 88.7)

<sup>1</sup> Defined as having a rule that prohibits smoking anywhere inside the home

<sup>2</sup> Sample size from survey

<sup>3</sup> Estimated number of adults who live in a home with a rule that prohibits smoking anywhere inside the home (rounded to the nearest hundred)

<sup>4</sup> 95% confidence interval

\* Data do not meet reporting criteria (confidence interval with a half-width greater than 10, denominator less than 50 and/or a numerator less than 10)

**Expanded BRFSS Report: July 2008 - June 2009**  
**Cortland County**

**Table 56b. Adults living in homes in which smoking is prohibited<sup>1</sup> in Cortland County and New York State - Age-Adjusted<sup>2</sup>**

	Cortland County			New York State		
	n <sup>3</sup>	Percent	(C.I.) <sup>4</sup>	n <sup>3</sup>	Percent	(C.I.) <sup>4</sup>
<b>Total</b>	637	77.4	(72.9 - 81.9)	38,045	80.9	(79.2 - 82.7)
<b>Gender</b>						
Male	267	76.6	(70.1 - 83.1)	14,577	79.4	(76.7 - 82.2)
Female	370	78.1	(71.8 - 84.4)	23,468	82.3	(80.0 - 84.5)
<b>Race/Ethnicity</b>						
White Non-Hispanic	613	78.4	(74.0 - 82.8)	35,737	79.9	(78.4 - 81.4)
Black Non-Hispanic	*	*	*	738	78.6	(71.8 - 85.4)
Hispanic	*	*	*	863	88.9	(84.4 - 93.4)
Other Non-Hispanic	*	*	*	*	*	*
<b>Education</b>						
≤ High School	259	68.0	(59.6 - 76.3)	15,647	76.9	(73.8 - 80.0)
Some College	205	81.1	(73.7 - 88.6)	9,883	79.1	(75.2 - 83.0)
≥ College Degree	171	85.8	(79.8 - 91.8)	12,437	86.0	(83.5 - 88.5)
<b>Income</b>						
≤ \$24,999	*	*	*	9,608	74.9	(70.1 - 79.7)
\$25,000-\$49,999	191	76.9	(68.2 - 85.6)	9,640	79.8	(76.1 - 83.6)
\$50,000-\$74,999	94	86.3	(79.3 - 93.4)	5,766	78.6	(73.8 - 83.3)
≥ \$75,000	105	87.9	(81.2 - 94.6)	8,556	86.6	(84.3 - 88.9)

<sup>1</sup> Defined as having a rule that prohibits smoking anywhere inside the home

<sup>2</sup> Prevalence estimates are age-adjusted to the 2000 US Standard population

<sup>3</sup> Sample size from survey

<sup>4</sup> 95% confidence interval

\* Data do not meet reporting criteria (confidence interval with a half-width greater than 10, denominator less than 50 and/or a numerator less than 10)

**Expanded BRFSS Report: July 2008 - June 2009  
Cortland County**

**Table 57a. Binge drinking within the past month among adults<sup>1</sup> in Cortland County and New York State**

	Cortland County				New York State			
	n <sup>2</sup>	Est. # of Adults <sup>3</sup>	Percent	(C.I.) <sup>4</sup>	n <sup>2</sup>	Est. # of Adults <sup>3</sup>	Percent	(C.I.) <sup>4</sup>
<b>Total</b>	632	8,300	22.1	(16.7 - 27.6)	37,745	2,602,000	17.7	(15.7 - 19.8)
<b>Gender</b>								
Male	262	5,600	31.9	(23.3 - 40.6)	14,420	1,712,400	24.5	(20.9 - 28.1)
Female	370	2,700	13.5	(7.2 - 19.8)	23,325	889,600	11.6	(9.5 - 13.7)
<b>Age (years)</b>								
18-34	*	*	*	*	3,895	1,254,300	28.5	(22.8 - 34.2)
35-44	73	1,100	20.0	(10.4 - 29.6)	4,934	584,800	20.6	(16.5 - 24.7)
45-54	118	1,500	22.1	(13.4 - 30.7)	7,738	467,600	16.6	(13.3 - 19.9)
55-64	144	500	10.5	(5.2 - 15.9)	8,663	207,200	9.8	(7.9 - 11.8)
≥ 65	*	*	*	*	12,515	88,100	3.5	(2.5 - 4.5)
<b>Race/Ethnicity</b>								
White Non-Hispanic	608	8,300	22.8	(17.2 - 28.5)	35,453	1,761,900	19.2	(17.5 - 20.8)
Black Non-Hispanic	*	*	*	*	728	247,000	11.6	(6.3 - 17.0)
Hispanic	*	*	*	*	854	460,600	20.5	(11.3 - 29.8)
Other Non-Hispanic	*	*	*	*	710	132,500	12.1	(3.4 - 20.7)
<b>Education</b>								
≤ High School	257	3,500	24.8	(15.2 - 34.5)	15,491	945,800	17.4	(13.2 - 21.6)
Some College	204	2,600	19.2	(10.4 - 28.1)	9,819	636,600	18.1	(14.6 - 21.5)
≥ College Degree	170	2,300	22.6	(12.9 - 32.2)	12,358	1,018,700	18.2	(15.3 - 21.1)
<b>Income</b>								
≤ \$24,999	177	1,000	11.6	(1.7 - 21.5)	9,557	469,100	13.5	(8.5 - 18.5)
\$25,000-\$49,999	187	2,200	20.6	(11.0 - 30.1)	9,575	534,300	18.5	(13.0 - 24.0)
\$50,000-\$74,999	*	*	*	*	5,726	378,200	19.2	(14.1 - 24.3)
≥ \$75,000	*	*	*	*	8,501	1,011,400	22.6	(19.7 - 25.6)

<sup>1</sup> Defined as men having 5 or more drinks or women having 4 or more drinks on 1 or more occasion within the past month

<sup>2</sup> Sample size from survey

<sup>3</sup> Estimated number of adult binge drinkers within the past month (rounded to the nearest hundred)

<sup>4</sup> 95% confidence interval

\* Data do not meet reporting criteria (confidence interval with a half-width greater than 10, denominator less than 50 and/or a numerator less than 10)

**Expanded BRFSS Report: July 2008 - June 2009**  
**Cortland County**

**Table 57b. Binge drinking within the past month among adults<sup>1</sup> in Cortland County and New York State - Age-Adjusted<sup>2</sup>**

	Cortland County			New York State		
	n <sup>3</sup>	Percent	(C.I.) <sup>4</sup>	n <sup>3</sup>	Percent	(C.I.) <sup>4</sup>
<b>Total</b>	632	21.0	(16.1 - 26.0)	37,745	18.1	(16.1 - 20.2)
<b>Gender</b>						
Male	262	29.7	(21.7 - 37.6)	14,420	24.5	(21.0 - 27.9)
Female	370	13.4	(7.7 - 19.0)	23,325	12.4	(10.2 - 14.5)
<b>Race/Ethnicity</b>						
White Non-Hispanic	608	21.6	(16.5 - 26.7)	35,453	19.8	(18.1 - 21.6)
Black Non-Hispanic	*	*	*	728	11.8	(6.4 - 17.1)
Hispanic	*	*	*	854	20.2	(11.3 - 29.1)
Other Non-Hispanic	*	*	*	710	12.1	(3.4 - 20.8)
<b>Education</b>						
≤ High School	257	24.4	(15.5 - 33.2)	15,491	17.5	(13.5 - 21.5)
Some College	204	17.7	(9.8 - 25.5)	9,819	18.6	(15.1 - 22.0)
≥ College Degree	170	21.1	(12.3 - 29.8)	12,358	18.8	(15.9 - 21.7)
<b>Income</b>						
≤ \$24,999	177	10.2	(1.6 - 18.8)	9,557	13.4	(8.6 - 18.2)
\$25,000-\$49,999	187	20.3	(11.5 - 29.0)	9,575	18.9	(13.5 - 24.2)
\$50,000-\$74,999	*	*	*	5,726	19.9	(14.8 - 25.1)
≥ \$75,000	*	*	*	8,501	23.2	(20.2 - 26.1)

<sup>1</sup> Defined as men having 5 or more drinks or women having 4 or more drinks on 1 or more occasion within the past month

<sup>2</sup> Prevalence estimates are age-adjusted to the 2000 US Standard population

<sup>3</sup> Sample size from survey

<sup>4</sup> 95% confidence interval

\* Data do not meet reporting criteria (confidence interval with a half-width greater than 10, denominator less than 50 and/or a numerator less than 10)

**Expanded BRFSS Report: July 2008 - June 2009**  
**Cortland County**

**Table 58a. Heavy drinking within the past month among adults<sup>1</sup> in Cortland County and New York State**

	Cortland County				New York State			
	n <sup>2</sup>	Est. # of Adults <sup>3</sup>	Percent	(C.I.) <sup>4</sup>	n <sup>2</sup>	Est. # of Adults <sup>3</sup>	Percent	(C.I.) <sup>4</sup>
<b>Total</b>	633	3,000	7.9	(3.8 - 12.0)	37,553	718,700	4.9	(4.2 - 5.6)
<b>Gender</b>								
Male	262	2,200	12.2	(4.6 - 19.7)	14,330	333,300	4.8	(3.9 - 5.7)
Female	371	800	4.1	(0.6 - 7.7)	23,223	385,400	5.0	(4.0 - 6.1)
<b>Age (years)</b>								
18-34	*	*	*	*	3,866	224,900	5.1	(3.5 - 6.8)
35-44	*	*	*	*	4,924	137,200	4.8	(3.0 - 6.7)
45-54	*	*	*	*	7,715	144,600	5.2	(4.1 - 6.2)
55-64	*	*	*	*	8,624	117,400	5.6	(3.9 - 7.3)
≥ 65	*	*	*	*	12,424	94,600	3.8	(2.7 - 4.9)
<b>Race/Ethnicity</b>								
White Non-Hispanic	609	3,000	8.2	(4.0 - 12.5)	35,279	572,400	6.3	(5.4 - 7.1)
Black Non-Hispanic	*	*	*	*	723	58,100	2.8	(0.6 - 4.9)
Hispanic	*	*	*	*	848	60,900	2.7	(0.5 - 4.9)
Other Non-Hispanic	*	*	*	*	703	27,200	2.5	(0.8 - 4.2)
<b>Education</b>								
≤ High School	257	2,100	14.5	(5.3 - 23.7)	15,411	228,100	4.2	(3.2 - 5.2)
Some College	*	*	*	*	9,759	163,700	4.7	(3.6 - 5.8)
≥ College Degree	*	*	*	*	12,306	326,800	5.9	(4.5 - 7.3)
<b>Income</b>								
≤ \$24,999	*	*	*	*	9,512	104,200	3.0	(1.8 - 4.1)
\$25,000-\$49,999	*	*	*	*	9,537	158,700	5.5	(3.9 - 7.2)
\$50,000-\$74,999	*	*	*	*	5,708	95,400	4.9	(3.1 - 6.7)
≥ \$75,000	*	*	*	*	8,481	313,900	7.0	(5.4 - 8.6)

<sup>1</sup> Defined as adult men averaging more than 2 alcoholic drinks per day and adult women averaging more than 1 alcoholic drink per day within the past month

<sup>2</sup> Sample size from survey

<sup>3</sup> Estimated number of adult heavy drinkers within the past month (rounded to the nearest hundred)

<sup>4</sup> 95% confidence interval

\* Data do not meet reporting criteria (confidence interval with a half-width greater than 10, denominator less than 50 and/or a numerator less than 10)

**Expanded BRFSS Report: July 2008 - June 2009  
Cortland County**

**Table 58b. Heavy drinking within the past month among adults<sup>1</sup> in Cortland County and New York State - Age-Adjusted<sup>2</sup>**

	Cortland County			New York State		
	n <sup>3</sup>	Percent	(C.I.) <sup>4</sup>	n <sup>3</sup>	Percent	(C.I.) <sup>4</sup>
<b>Total</b>	633	7.5	(3.8 - 11.1)	37,553	5.0	(4.3 - 5.8)
<b>Gender</b>						
Male	262	11.3	(4.6 - 18.0)	14,330	4.9	(3.9 - 5.9)
Female	371	4.1	(0.9 - 7.2)	23,223	5.1	(4.0 - 6.2)
<b>Race/Ethnicity</b>						
White Non-Hispanic	609	7.8	(4.0 - 11.5)	35,279	6.4	(5.5 - 7.2)
Black Non-Hispanic	*	*	*	723	2.9	(0.6 - 5.1)
Hispanic	*	*	*	848	2.8	(0.5 - 5.1)
Other Non-Hispanic	*	*	*	703	2.5	(0.8 - 4.2)
<b>Education</b>						
≤ High School	257	13.9	(5.7 - 22.2)	15,411	4.3	(3.2 - 5.3)
Some College	*	*	*	9,759	4.8	(3.6 - 5.9)
≥ College Degree	*	*	*	12,306	6.0	(4.5 - 7.4)
<b>Income</b>						
≤ \$24,999	*	*	*	9,512	3.0	(1.9 - 4.1)
\$25,000-\$49,999	*	*	*	9,537	5.8	(4.0 - 7.5)
\$50,000-\$74,999	*	*	*	5,708	5.0	(3.1 - 7.0)
≥ \$75,000	*	*	*	8,481	7.0	(5.4 - 8.7)

<sup>1</sup> Defined as adult men averaging more than 2 alcoholic drinks per day and adult women averaging more than 1 alcoholic drink per day within the past month

<sup>2</sup> Prevalence estimates are age-adjusted to the 2000 US Standard population

<sup>3</sup> Sample size from survey

<sup>4</sup> 95% confidence interval

\* Data do not meet reporting criteria (confidence interval with a half-width greater than 10, denominator less than 50 and/or a numerator less than 10)

**Expanded BRFSS Report: July 2008 - June 2009**  
**Cortland County**

**Table 59a. Never or rarely been asked about sexual history during routine check-up among adults<sup>1</sup> in Cortland County and New York State**

	Cortland County				New York State			
	n <sup>2</sup>	Est. # of Adults <sup>3</sup>	Percent	(C.I.) <sup>4</sup>	n <sup>2</sup>	Est. # of Adults <sup>3</sup>	Percent	(C.I.) <sup>4</sup>
<b>Total</b>	591	20,600	58.7	(52.6 - 64.8)	35,193	8,480,600	61.9	(59.2 - 64.5)
<b>Gender</b>								
Male	242	10,900	68.3	(60.1 - 76.6)	13,299	4,357,400	67.7	(63.6 - 71.7)
Female	349	9,600	50.6	(42.3 - 59.0)	21,894	4,123,300	56.8	(53.3 - 60.2)
<b>Age (years)</b>								
18-34	*	*	*	*	3,507	1,804,600	44.3	(37.8 - 50.8)
35-44	*	*	*	*	4,531	1,635,300	62.2	(56.6 - 67.8)
45-54	105	3,800	63.9	(54.1 - 73.6)	7,215	1,715,600	65.4	(60.5 - 70.3)
55-64	138	3,600	74.0	(65.7 - 82.3)	8,168	1,416,200	70.7	(66.6 - 74.8)
≥ 65	216	5,000	85.6	(80.5 - 90.7)	11,772	1,908,900	80.3	(76.9 - 83.8)
<b>Race/Ethnicity</b>								
White Non-Hispanic	568	19,400	57.9	(51.7 - 64.1)	33,090	5,940,300	68.5	(66.3 - 70.7)
Black Non-Hispanic	*	*	*	*	683	831,800	40.8	(31.8 - 49.9)
Hispanic	*	*	*	*	784	1,071,700	53.4	(43.6 - 63.1)
Other Non-Hispanic	*	*	*	*	*	*	*	*
<b>Education</b>								
≤ High School	*	*	*	*	14,264	3,001,200	60.1	(55.4 - 64.9)
Some College	*	*	*	*	9,156	1,972,800	60.3	(54.9 - 65.7)
≥ College Degree	*	*	*	*	11,706	3,476,000	65.0	(61.2 - 68.7)
<b>Income</b>								
≤ \$24,999	*	*	*	*	8,772	1,529,400	49.3	(42.6 - 56.0)
\$25,000-\$49,999	*	*	*	*	8,932	1,705,000	64.4	(58.0 - 70.7)
\$50,000-\$74,999	*	*	*	*	5,433	1,217,000	64.5	(58.5 - 70.5)
≥ \$75,000	*	*	*	*	8,108	2,934,300	68.2	(64.7 - 71.7)

<sup>1</sup> Defined as respondents who never or rarely (hardly ever) were asked about their sexual history, such as about sexual partners and sexual practices, during a routine check-up at a doctor's office or clinic

<sup>2</sup> Sample size from survey

<sup>3</sup> Estimated number of adults who were never or rarely asked about their sexual history during a routine check-up at a doctor's office or clinic (rounded to the nearest hundred)

<sup>4</sup> 95% confidence interval

\* Data do not meet reporting criteria (confidence interval with a half-width greater than 10, denominator less than 50 and/or a numerator less than 10)



**Expanded BRFSS Report: July 2008 - June 2009  
Cortland County**

**Table 59b. Never or rarely been asked about sexual history during routine check-up among adults<sup>1</sup> in Cortland County and New York State - Age-Adjusted<sup>2</sup>**

	Cortland County			New York State		
	n <sup>3</sup>	Percent	(C.I.) <sup>4</sup>	n <sup>3</sup>	Percent	(C.I.) <sup>4</sup>
<b>Total</b>	591	59.2	(53.5 - 64.9)	35,193	61.4	(58.7 - 64.0)
<b>Gender</b>						
Male	242	68.3	(60.4 - 76.2)	13,299	67.9	(64.0 - 71.9)
Female	349	51.5	(43.7 - 59.2)	21,894	55.5	(52.0 - 59.0)
<b>Race/Ethnicity</b>						
White Non-Hispanic	568	58.3	(52.5 - 64.1)	33,090	67.8	(65.6 - 70.1)
Black Non-Hispanic	*	*	*	683	41.1	(32.0 - 50.2)
Hispanic	*	*	*	784	53.0	(43.3 - 62.6)
Other Non-Hispanic	*	*	*	*	*	*
<b>Education</b>						
≤ High School	233	62.4	(53.0 - 71.9)	14,264	59.5	(54.7 - 64.3)
Some College	195	54.3	(44.3 - 64.2)	9,156	59.7	(54.4 - 65.0)
≥ College Degree	162	60.7	(50.8 - 70.5)	11,706	64.5	(60.8 - 68.2)
<b>Income</b>						
≤ \$24,999	*	*	*	8,772	48.7	(42.0 - 55.4)
\$25,000-\$49,999	*	*	*	8,932	63.7	(57.5 - 70.0)
\$50,000-\$74,999	*	*	*	5,433	64.2	(58.2 - 70.2)
≥ \$75,000	*	*	*	8,108	67.5	(64.0 - 71.0)

<sup>1</sup> Defined as respondents who never or rarely (hardly ever) were asked about their sexual history, such as about sexual partners and sexual practices, during a routine check-up at a doctor's office or clinic

<sup>2</sup> Prevalence estimates are age-adjusted to the 2000 US Standard population

<sup>3</sup> Sample size from survey

<sup>4</sup> 95% confidence interval

\* Data do not meet reporting criteria (confidence interval with a half-width greater than 10, denominator less than 50 and/or a numerator less than 10)

**Expanded BRFSS Report: July 2008 - June 2009  
Cortland County**

**Table 60a. Believed hardly any or a few people their age in their community have had a sexually transmitted disease among adults<sup>1</sup> in Cortland County and New York State**

	Cortland County				New York State			
	n <sup>2</sup>	Est. # of Adults <sup>3</sup>	Percent	(C.I.) <sup>4</sup>	n <sup>2</sup>	Est. # of Adults <sup>3</sup>	Percent	(C.I.) <sup>4</sup>
<b>Total</b>	372	17,900	67.0	(59.7 - 74.3)	22,788	7,011,100	77.9	(75.2 - 80.5)
<b>Gender</b>								
Male	168	9,900	74.7	(65.5 - 83.9)	9,034	3,618,500	81.0	(77.2 - 84.8)
Female	*	*	*	*	13,754	3,392,600	74.8	(71.2 - 78.4)
<b>Age (years)</b>								
18-34	*	*	*	*	3,213	2,362,500	70.8	(65.1 - 76.6)
35-44	*	*	*	*	3,513	1,313,400	71.7	(65.6 - 77.7)
45-54	*	*	*	*	4,975	1,290,600	80.3	(75.9 - 84.8)
55-64	78	2,300	81.9	(72.2 - 91.5)	4,955	932,200	87.2	(84.1 - 90.3)
≥ 65	113	3,100	94.4	(90.1 - 98.6)	6,132	1,112,400	95.9	(94.4 - 97.5)
<b>Race/Ethnicity</b>								
White Non-Hispanic	359	17,500	68.4	(61.2 - 75.7)	21,540	4,875,200	78.3	(75.6 - 80.9)
Black Non-Hispanic	*	*	*	*	*	*	*	*
Hispanic	*	*	*	*	491	1,002,400	84.8	(77.8 - 91.8)
Other Non-Hispanic	*	*	*	*	*	*	*	*
<b>Education</b>								
≤ High School	*	*	*	*	8,879	2,581,700	82.1	(77.9 - 86.3)
Some College	*	*	*	*	5,953	1,599,500	77.5	(72.6 - 82.3)
≥ College Degree	*	*	*	*	7,928	2,824,800	75.6	(71.8 - 79.5)
<b>Income</b>								
≤ \$24,999	*	*	*	*	5,491	1,602,900	78.7	(71.9 - 85.6)
\$25,000-\$49,999	*	*	*	*	5,912	1,335,900	78.8	(73.8 - 83.9)
\$50,000-\$74,999	*	*	*	*	3,717	987,500	76.6	(70.4 - 82.8)
≥ \$75,000	*	*	*	*	5,771	2,321,600	77.6	(74.0 - 81.2)

<sup>1</sup> Defined as respondent estimating there were hardly any (0-1 out of 10) or a few (2-3 out of 10) persons their age in their community who have had a sexually transmitted disease such as gonorrhea, chlamydia, herpes or syphilis

<sup>2</sup> Sample size from survey

<sup>3</sup> Estimated number of adults who believed hardly any or a few people their age in their community have had a sexually transmitted disease (rounded to the nearest hundred)

<sup>4</sup> 95% confidence interval

\* Data do not meet reporting criteria (confidence interval with a half-width greater than 10, denominator less than 50 and/or a numerator less than 10)

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Cortland County**

**Table 60b. Believed hardly any or a few people their age in their community have had a sexually transmitted disease among adults<sup>1</sup> in Cortland County and New York State - Age-Adjusted<sup>2</sup>**

	Cortland County			New York State		
	n <sup>3</sup>	Percent	(C.I.) <sup>4</sup>	n <sup>3</sup>	Percent	(C.I.) <sup>4</sup>
<b>Total</b>	372	67.0	(60.2 - 73.8)	22,788	77.3	(74.7 - 79.9)
<b>Gender</b>						
Male	168	75.1	(66.4 - 83.9)	9,034	81.1	(77.4 - 84.8)
Female	*	*	*	13,754	73.6	(70.0 - 77.3)
<b>Race/Ethnicity</b>						
White Non-Hispanic	359	68.3	(61.5 - 75.1)	21,540	77.5	(74.9 - 80.1)
Black Non-Hispanic	*	*	*	*	*	*
Hispanic	*	*	*	491	84.6	(77.6 - 91.5)
Other Non-Hispanic	*	*	*	*	*	*
<b>Education</b>						
≤ High School	*	*	*	8,879	81.6	(77.4 - 85.7)
Some College	*	*	*	5,953	76.8	(72.0 - 81.6)
≥ College Degree	*	*	*	7,928	75.1	(71.3 - 79.0)
<b>Income</b>						
≤ \$24,999	*	*	*	5,491	77.9	(71.0 - 84.7)
\$25,000-\$49,999	*	*	*	5,912	77.9	(72.8 - 83.0)
\$50,000-\$74,999	*	*	*	3,717	76.1	(70.0 - 82.3)
≥ \$75,000	*	*	*	5,771	77.0	(73.4 - 80.6)

<sup>1</sup> Defined as respondent estimating there were hardly any (0-1 out of 10) or a few (2-3 out of 10) persons their age in their community who have had a sexually transmitted disease such as gonorrhea, chlamydia, herpes or syphilis

<sup>2</sup> Prevalence estimates are age-adjusted to the 2000 US Standard population

<sup>3</sup> Sample size from survey

<sup>4</sup> 95% confidence interval

\* Data do not meet reporting criteria (confidence interval with a half-width greater than 10, denominator less than 50 and/or a numerator less than 10)

**Expanded BRFSS Report: July 2008 - June 2009**  
**Cortland County**

**Table 61a. Believed it was at least somewhat acceptable to see and hear discussions about sexually transmitted disease risks in public forums in their community among adults<sup>1</sup> in Cortland County and New York State**

	Cortland County				New York State			
	n <sup>2</sup>	Est. # of Adults <sup>3</sup>	Percent	(C.I.) <sup>4</sup>	n <sup>2</sup>	Est. # of Adults <sup>3</sup>	Percent	(C.I.) <sup>4</sup>
<b>Total</b>	604	33,000	89.5	(86.1 - 92.9)	36,287	12,738,300	89.7	(88.2 - 91.3)
<b>Gender</b>								
Male	254	15,700	90.3	(86.0 - 94.6)	13,893	6,104,600	89.4	(87.2 - 91.5)
Female	350	17,300	88.7	(83.5 - 93.9)	22,394	6,633,700	90.1	(87.9 - 92.2)
<b>Age (years)</b>								
18-34	69	13,000	91.7	(84.3 - 99.1)	3,850	4,007,400	91.3	(87.5 - 95.1)
35-44	73	5,200	92.1	(85.2 - 99.0)	4,875	2,578,600	93.2	(90.4 - 96.0)
45-54	116	6,000	92.3	(87.0 - 97.5)	7,607	2,416,800	90.5	(87.9 - 93.2)
55-64	139	4,500	91.0	(85.9 - 96.1)	8,411	1,876,500	92.2	(90.0 - 94.5)
≥ 65	207	4,300	76.5	(70.2 - 82.8)	11,544	1,858,900	79.7	(76.6 - 82.8)
<b>Race/Ethnicity</b>								
White Non-Hispanic	582	31,700	89.5	(86.0 - 93.0)	34,102	8,050,700	89.4	(87.7 - 91.0)
Black Non-Hispanic	*	*	*	*	702	1,822,200	91.9	(88.2 - 95.6)
Hispanic	*	*	*	*	820	1,967,200	89.9	(85.2 - 94.7)
Other Non-Hispanic	*	*	*	*	663	898,200	88.6	(79.5 - 97.6)
<b>Education</b>								
≤ High School	235	11,500	85.0	(78.6 - 91.5)	14,507	4,385,300	84.6	(81.9 - 87.2)
Some College	201	12,200	91.1	(85.5 - 96.7)	9,571	3,094,300	90.0	(86.7 - 93.4)
≥ College Degree	167	9,200	93.1	(87.9 - 98.2)	12,142	5,228,800	95.4	(94.0 - 96.7)
<b>Income</b>								
≤ \$24,999	166	7,100	84.0	(77.0 - 91.1)	9,021	2,833,500	86.5	(82.6 - 90.3)
\$25,000-\$49,999	184	9,800	89.9	(83.3 - 96.5)	9,261	2,529,900	89.5	(86.5 - 92.5)
\$50,000-\$74,999	93	6,000	90.4	(80.7 - 100)	5,644	1,740,000	91.2	(87.4 - 95.1)
≥ \$75,000	104	7,100	94.6	(88.4 - 100)	8,397	4,184,300	94.4	(92.5 - 96.3)

<sup>1</sup> Defined as believing it was at least somewhat acceptable to see and hear discussions about sexually transmitted disease risks in public forums in their community

<sup>2</sup> Sample size from survey

<sup>3</sup> Estimated number of adults who believed it is at least somewhat acceptable to see and hear discussions about sexually transmitted disease risks in public forums in their community (rounded to the nearest hundred)

<sup>4</sup> 95% confidence interval

\* Data do not meet reporting criteria (confidence interval with a half-width greater than 10, denominator less than 50 and/or a numerator less than 10)

**Expanded BRFSS Report: July 2008 - June 2009  
Cortland County**

**Table 61b. Believed it was at least somewhat acceptable to see and hear discussions about sexually transmitted disease risks in public forums in their community among adults<sup>1</sup> in Cortland County and New York State - Age-Adjusted<sup>2</sup>**

	Cortland County			New York State		
	n <sup>3</sup>	Percent	(C.I.) <sup>4</sup>	n <sup>3</sup>	Percent	(C.I.) <sup>4</sup>
<b>Total</b>	604	89.3	(86.1 - 92.5)	36,287	89.8	(88.3 - 91.4)
<b>Gender</b>						
Male	254	89.7	(85.4 - 94.0)	13,893	89.1	(86.9 - 91.3)
Female	350	89.0	(84.3 - 93.7)	22,394	90.5	(88.3 - 92.7)
<b>Race/Ethnicity</b>						
White Non-Hispanic	582	89.5	(86.2 - 92.7)	34,102	89.5	(87.8 - 91.2)
Black Non-Hispanic	*	*	*	702	91.7	(87.8 - 95.6)
Hispanic	*	*	*	820	89.6	(84.7 - 94.5)
Other Non-Hispanic	*	*	*	663	89.0	(80.5 - 97.6)
<b>Education</b>						
≤ High School	235	84.6	(78.5 - 90.7)	14,507	84.6	(81.8 - 87.4)
Some College	201	91.3	(86.1 - 96.4)	9,571	90.2	(86.9 - 93.5)
≥ College Degree	167	92.9	(87.8 - 97.9)	12,142	95.4	(94.0 - 96.7)
<b>Income</b>						
≤ \$24,999	166	83.7	(76.9 - 90.5)	9,021	86.5	(82.6 - 90.4)
\$25,000-\$49,999	184	90.0	(84.1 - 95.9)	9,261	89.6	(86.5 - 92.6)
\$50,000-\$74,999	93	91.3	(83.0 - 99.5)	5,644	91.1	(86.9 - 95.3)
≥ \$75,000	104	93.9	(87.5 - 100)	8,397	94.5	(92.6 - 96.4)

<sup>1</sup> Defined as believing it was at least somewhat acceptable to see and hear discussions about sexually transmitted disease risks in public forums in their community

<sup>2</sup> Prevalence estimates are age-adjusted to the 2000 US Standard population

<sup>3</sup> Sample size from survey

<sup>4</sup> 95% confidence interval

\* Data do not meet reporting criteria (confidence interval with a half-width greater than 10, denominator less than 50 and/or a numerator less than 10)

**Expanded BRFSS Report: July 2008 - June 2009  
Cortland County**

**Table 62a. Overweight among adults<sup>1</sup> in Cortland County and New York State**

	Cortland County				New York State			
	n <sup>2</sup>	Est. # of Adults <sup>3</sup>	Percent	(C.I.) <sup>4</sup>	n <sup>2</sup>	Est. # of Adults <sup>3</sup>	Percent	(C.I.) <sup>4</sup>
<b>Total</b>	619	11,400	30.4	(25.4 - 35.5)	36,710	5,213,000	36.4	(34.0 - 38.8)
<b>Gender</b>								
Male	263	7,000	38.9	(30.9 - 46.8)	14,502	3,073,200	43.7	(39.9 - 47.6)
Female	356	4,400	22.6	(16.8 - 28.5)	22,208	2,139,800	29.3	(26.4 - 32.2)
<b>Age (years)</b>								
18-34	*	*	*	*	3,789	1,295,200	30.1	(24.7 - 35.6)
35-44	*	*	*	*	4,785	1,052,000	37.5	(31.7 - 43.3)
45-54	114	2,200	34.9	(25.3 - 44.5)	7,495	1,053,300	38.8	(34.1 - 43.4)
55-64	140	1,600	32.3	(23.3 - 41.4)	8,356	798,100	38.8	(34.8 - 42.7)
≥ 65	222	1,900	32.3	(25.4 - 39.1)	12,285	1,014,400	41.5	(37.6 - 45.4)
<b>Race/Ethnicity</b>								
White Non-Hispanic	596	11,200	31.1	(25.9 - 36.4)	34,501	3,282,200	36.4	(34.4 - 38.3)
Black Non-Hispanic	*	*	*	*	708	740,000	36.7	(28.3 - 45.1)
Hispanic	*	*	*	*	813	781,500	35.6	(27.1 - 44.1)
Other Non-Hispanic	*	*	*	*	*	*	*	*
<b>Education</b>								
≤ High School	254	3,500	24.5	(17.0 - 32.0)	15,079	1,889,700	35.4	(31.2 - 39.5)
Some College	203	4,000	30.2	(21.3 - 39.0)	9,515	1,314,500	38.7	(33.8 - 43.7)
≥ College Degree	*	*	*	*	12,062	1,996,900	36.3	(32.8 - 39.7)
<b>Income</b>								
≤ \$24,999	175	2,000	22.3	(13.9 - 30.7)	9,346	1,170,900	34.0	(28.2 - 39.8)
\$25,000-\$49,999	188	2,100	19.0	(12.5 - 25.6)	9,368	1,136,000	40.4	(34.6 - 46.2)
\$50,000-\$74,999	*	*	*	*	5,615	738,700	38.3	(32.3 - 44.3)
≥ \$75,000	*	*	*	*	8,337	1,659,100	37.5	(34.1 - 40.9)

<sup>1</sup> Defined as having a body mass index (BMI) more than 24.9 but less than 30.0. BMI is calculated as weight in kilograms divided by the square of height in meters.

<sup>2</sup> Sample size from survey

<sup>3</sup> Estimated number of adults who are overweight (rounded to the nearest hundred)

<sup>4</sup> 95% confidence interval

\* Data do not meet reporting criteria (confidence interval with a half-width greater than 10, denominator less than 50 and/or a numerator less than 10)

**Expanded BRFSS Report: July 2008 - June 2009  
Cortland County**

**Table 62b. Overweight among adults<sup>1</sup> in Cortland County and New York State - Age-Adjusted<sup>2</sup>**

	Cortland County			New York State		
	n <sup>3</sup>	Percent	(C.I.) <sup>4</sup>	n <sup>3</sup>	Percent	(C.I.) <sup>4</sup>
<b>Total</b>	619	31.2	(26.4 - 36.1)	36,710	36.2	(33.8 - 38.6)
<b>Gender</b>						
Male	263	39.2	(31.6 - 46.9)	14,502	43.9	(40.1 - 47.6)
Female	356	23.9	(18.1 - 29.6)	22,208	28.9	(25.9 - 31.8)
<b>Race/Ethnicity</b>						
White Non-Hispanic	596	31.8	(26.8 - 36.8)	34,501	36.0	(34.0 - 38.0)
Black Non-Hispanic	*	*	*	708	37.0	(28.5 - 45.5)
Hispanic	*	*	*	813	36.0	(27.5 - 44.4)
Other Non-Hispanic	*	*	*	*	*	*
<b>Education</b>						
≤ High School	254	25.4	(18.1 - 32.7)	15,079	35.2	(31.1 - 39.4)
Some College	203	31.2	(22.7 - 39.7)	9,515	38.3	(33.3 - 43.2)
≥ College Degree	161	40.4	(30.8 - 50.1)	12,062	36.2	(32.7 - 39.8)
<b>Income</b>						
≤ \$24,999	175	23.1	(15.1 - 31.1)	9,346	33.8	(28.0 - 39.5)
\$25,000-\$49,999	188	20.3	(13.5 - 27.2)	9,368	40.6	(34.8 - 46.4)
\$50,000-\$74,999	*	*	*	5,615	38.6	(32.5 - 44.7)
≥ \$75,000	*	*	*	8,337	37.2	(33.7 - 40.6)

<sup>1</sup> Defined as having a body mass index (BMI) more than 24.9 but less than 30.0. BMI is calculated as weight in kilograms divided by the square of height in meters.

<sup>2</sup> Prevalence estimates are age-adjusted to the 2000 US Standard population

<sup>3</sup> Sample size from survey

<sup>4</sup> 95% confidence interval

\* Data do not meet reporting criteria (confidence interval with a half-width greater than 10, denominator less than 50 and/or a numerator less than 10)

**Expanded BRFSS Report: July 2008 - June 2009  
Cortland County**

**Table 63a. Obesity among adults<sup>1</sup> in Cortland County and New York State**

	Cortland County				New York State			
	n <sup>2</sup>	Est. # of Adults <sup>3</sup>	Percent	(C.I.) <sup>4</sup>	n <sup>2</sup>	Est. # of Adults <sup>3</sup>	Percent	(C.I.) <sup>4</sup>
<b>Total</b>	619	11,100	29.8	(24.6 - 34.9)	36,710	3,327,400	23.2	(21.2 - 25.3)
<b>Gender</b>								
Male	263	4,800	26.9	(20.3 - 33.4)	14,502	1,505,800	21.4	(19.0 - 23.9)
Female	356	6,300	32.5	(24.7 - 40.3)	22,208	1,821,600	25.0	(21.8 - 28.1)
<b>Age (years)</b>								
18-34	*	*	*	*	3,789	730,600	17.0	(12.4 - 21.6)
35-44	*	*	*	*	4,785	662,200	23.6	(19.4 - 27.9)
45-54	114	2,300	35.2	(25.5 - 44.9)	7,495	816,800	30.1	(25.3 - 34.8)
55-64	140	1,900	40.0	(30.9 - 49.0)	8,356	563,900	27.4	(23.7 - 31.1)
≥ 65	222	1,500	24.3	(18.2 - 30.4)	12,285	554,000	22.7	(19.2 - 26.1)
<b>Race/Ethnicity</b>								
White Non-Hispanic	596	10,000	28.0	(23.0 - 33.0)	34,501	2,062,700	22.9	(21.2 - 24.6)
Black Non-Hispanic	*	*	*	*	708	703,100	34.9	(26.1 - 43.7)
Hispanic	*	*	*	*	813	456,400	20.8	(14.3 - 27.2)
Other Non-Hispanic	*	*	*	*	688	105,200	9.6	(4.0 - 15.3)
<b>Education</b>								
≤ High School	254	4,800	33.6	(24.7 - 42.5)	15,079	1,561,600	29.2	(25.3 - 33.2)
Some College	203	3,900	29.4	(20.5 - 38.3)	9,515	792,800	23.4	(19.4 - 27.3)
≥ College Degree	161	2,200	23.4	(15.3 - 31.5)	12,062	915,000	16.6	(14.4 - 18.8)
<b>Income</b>								
≤ \$24,999	*	*	*	*	9,346	974,800	28.3	(22.6 - 34.0)
\$25,000-\$49,999	*	*	*	*	9,368	584,800	20.8	(17.1 - 24.5)
\$50,000-\$74,999	*	*	*	*	5,615	475,300	24.6	(20.0 - 29.3)
≥ \$75,000	102	1,400	18.5	(9.4 - 27.5)	8,337	867,700	19.6	(17.0 - 22.3)

<sup>1</sup> Defined as having a body mass index (BMI) of 30.0 or greater. BMI is calculated as weight in kilograms divided by the square of height in meters.

<sup>2</sup> Sample size from survey

<sup>3</sup> Estimated number of adults who are obese (rounded to the nearest hundred)

<sup>4</sup> 95% confidence interval

\* Data do not meet reporting criteria (confidence interval with a half-width greater than 10, denominator less than 50 and/or a numerator less than 10)



**Expanded BRFSS Report: July 2008 - June 2009**  
**Cortland County**

**Table 63b. Obesity among adults<sup>1</sup> in Cortland County and New York State - Age-Adjusted<sup>2</sup>**

	Cortland County			New York State		
	n <sup>3</sup>	Percent	(C.I.) <sup>4</sup>	n <sup>3</sup>	Percent	(C.I.) <sup>4</sup>
<b>Total</b>	619	29.7	(24.7 - 34.6)	36,710	23.1	(21.0 - 25.1)
<b>Gender</b>						
Male	263	27.8	(21.1 - 34.4)	14,502	21.5	(19.0 - 24.0)
Female	356	31.4	(24.3 - 38.5)	22,208	24.6	(21.5 - 27.8)
<b>Race/Ethnicity</b>						
White Non-Hispanic	596	28.2	(23.4 - 33.1)	34,501	22.8	(21.0 - 24.5)
Black Non-Hispanic	*	*	*	708	34.8	(25.9 - 43.6)
Hispanic	*	*	*	813	20.5	(14.1 - 26.9)
Other Non-Hispanic	*	*	*	688	9.5	(3.8 - 15.2)
<b>Education</b>						
≤ High School	254	33.0	(24.6 - 41.4)	15,079	29.4	(25.4 - 33.3)
Some College	203	29.7	(21.3 - 38.2)	9,515	23.1	(19.2 - 27.1)
≥ College Degree	161	23.6	(15.6 - 31.6)	12,062	16.4	(14.2 - 18.5)
<b>Income</b>						
≤ \$24,999	*	*	*	9,346	28.3	(22.6 - 34.1)
\$25,000-\$49,999	188	37.1	(27.4 - 46.7)	9,368	21.0	(17.2 - 24.8)
\$50,000-\$74,999	*	*	*	5,615	24.0	(19.4 - 28.7)
≥ \$75,000	102	17.5	(9.1 - 25.9)	8,337	19.3	(16.7 - 21.9)

<sup>1</sup> Defined as having a body mass index (BMI) of 30.0 or greater. BMI is calculated as weight in kilograms divided by the square of height in meters.

<sup>2</sup> Prevalence estimates are age-adjusted to the 2000 US Standard population

<sup>3</sup> Sample size from survey

<sup>4</sup> 95% confidence interval

\* Data do not meet reporting criteria (confidence interval with a half-width greater than 10, denominator less than 50 and/or a numerator less than 10)

**Expanded BRFSS Report: July 2008 - June 2009  
Cortland County**

**Table 64a. Overweight or obesity among adults<sup>1</sup> in Cortland County and New York State**

	Cortland County				New York State			
	n <sup>2</sup>	Est. # of Adults <sup>3</sup>	Percent	(C.I.) <sup>4</sup>	n <sup>2</sup>	Est. # of Adults <sup>3</sup>	Percent	(C.I.) <sup>4</sup>
<b>Total</b>	619	22,500	60.2	(54.4 - 66.1)	36,710	8,540,500	59.6	(57.0 - 62.2)
<b>Gender</b>								
Male	263	11,800	65.7	(57.6 - 73.9)	14,502	4,579,100	65.2	(61.0 - 69.4)
Female	356	10,700	55.1	(46.8 - 63.4)	22,208	3,961,400	54.3	(51.0 - 57.6)
<b>Age (years)</b>								
18-34	*	*	*	*	3,789	2,025,800	47.1	(40.8 - 53.5)
35-44	*	*	*	*	4,785	1,714,200	61.1	(55.6 - 66.6)
45-54	114	4,500	70.1	(60.8 - 79.4)	7,495	1,870,100	68.8	(64.6 - 73.1)
55-64	140	3,500	72.3	(64.0 - 80.5)	8,356	1,362,000	66.2	(61.9 - 70.4)
≥ 65	222	3,400	56.6	(49.5 - 63.7)	12,285	1,568,400	64.1	(60.6 - 67.7)
<b>Race/Ethnicity</b>								
White Non-Hispanic	596	21,200	59.2	(53.2 - 65.2)	34,501	5,344,900	59.3	(57.2 - 61.3)
Black Non-Hispanic	*	*	*	*	708	1,443,100	71.6	(62.5 - 80.7)
Hispanic	*	*	*	*	813	1,237,900	56.4	(46.5 - 66.2)
Other Non-Hispanic	*	*	*	*	*	*	*	*
<b>Education</b>								
≤ High School	254	8,300	58.1	(48.6 - 67.7)	15,079	3,451,400	64.6	(59.8 - 69.4)
Some College	*	*	*	*	9,515	2,107,300	62.1	(57.0 - 67.2)
≥ College Degree	*	*	*	*	12,062	2,911,900	52.9	(49.2 - 56.6)
<b>Income</b>								
≤ \$24,999	*	*	*	*	9,346	2,145,700	62.3	(55.7 - 68.9)
\$25,000-\$49,999	*	*	*	*	9,368	1,720,700	61.2	(54.5 - 67.9)
\$50,000-\$74,999	*	*	*	*	5,615	1,214,000	62.9	(57.1 - 68.8)
≥ \$75,000	*	*	*	*	8,337	2,526,700	57.1	(53.6 - 60.6)

<sup>1</sup> Defined as having a body mass index (BMI) of 25.0 or greater. BMI is calculated as weight in kilograms divided by the square of height in meters.

<sup>2</sup> Sample size from survey

<sup>3</sup> Estimated number of adults who are overweight or obese (rounded to the nearest hundred)

<sup>4</sup> 95% confidence interval

\* Data do not meet reporting criteria (confidence interval with a half-width greater than 10, denominator less than 50 and/or a numerator less than 10)

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Cortland County**

**Table 64b. Overweight or obesity among adults<sup>1</sup> in Cortland County and New York State - Age-Adjusted<sup>2</sup>**

	Cortland County			New York State		
	n <sup>3</sup>	Percent	(C.I.) <sup>4</sup>	n <sup>3</sup>	Percent	(C.I.) <sup>4</sup>
<b>Total</b>	619	60.9	(55.5 - 66.3)	36,710	59.3	(56.8 - 61.9)
<b>Gender</b>						
Male	263	67.0	(59.5 - 74.5)	14,502	65.4	(61.3 - 69.4)
Female	356	55.3	(47.6 - 62.9)	22,208	53.5	(50.1 - 56.8)
<b>Race/Ethnicity</b>						
White Non-Hispanic	596	60.0	(54.5 - 65.6)	34,501	58.8	(56.7 - 60.8)
Black Non-Hispanic	*	*	*	708	71.8	(63.0 - 80.6)
Hispanic	*	*	*	813	56.5	(46.8 - 66.1)
Other Non-Hispanic	*	*	*	*	*	*
<b>Education</b>						
≤ High School	254	58.4	(49.5 - 67.3)	15,079	64.6	(59.9 - 69.3)
Some College	203	60.9	(51.3 - 70.5)	9,515	61.4	(56.4 - 66.5)
≥ College Degree	161	64.0	(54.5 - 73.5)	12,062	52.6	(48.9 - 56.3)
<b>Income</b>						
≤ \$24,999	*	*	*	9,346	62.1	(55.6 - 68.6)
\$25,000-\$49,999	*	*	*	9,368	61.6	(55.1 - 68.1)
\$50,000-\$74,999	*	*	*	5,615	62.6	(56.7 - 68.6)
≥ \$75,000	*	*	*	8,337	56.5	(52.9 - 60.0)

<sup>1</sup> Defined as having a body mass index (BMI) of 25.0 or greater. BMI is calculated as weight in kilograms divided by the square of height in meters.

<sup>2</sup> Prevalence estimates are age-adjusted to the 2000 US Standard population

<sup>3</sup> Sample size from survey

<sup>4</sup> 95% confidence interval

\* Data do not meet reporting criteria (confidence interval with a half-width greater than 10, denominator less than 50 and/or a numerator less than 10)

**Expanded BRFSS Report: July 2008 - June 2009  
Cortland County**

**Table 65a. Received advice about weight by a health professional among adults<sup>1</sup> in Cortland County and New York State**

	Cortland County				New York State			
	n <sup>2</sup>	Est. # of Adults <sup>3</sup>	Percent	(C.I.) <sup>4</sup>	n <sup>2</sup>	Est. # of Adults <sup>3</sup>	Percent	(C.I.) <sup>4</sup>
<b>Total</b>	619	9,500	25.7	(20.6 - 30.8)	36,729	3,929,700	27.4	(25.1 - 29.7)
<b>Gender</b>								
Male	264	3,800	21.3	(15.5 - 27.1)	14,499	1,654,800	23.6	(20.6 - 26.6)
Female	355	5,700	29.7	(21.7 - 37.8)	22,230	2,274,900	31.0	(27.7 - 34.3)
<b>Age (years)</b>								
18-34	*	*	*	*	3,796	895,500	20.7	(15.3 - 26.2)
35-44	*	*	*	*	4,779	722,700	25.8	(20.9 - 30.6)
45-54	114	2,400	37.1	(27.4 - 46.8)	7,490	910,900	33.5	(29.0 - 38.1)
55-64	140	1,700	35.9	(27.0 - 44.8)	8,351	741,100	36.1	(32.0 - 40.3)
≥ 65	224	1,200	19.4	(13.8 - 24.9)	12,313	659,500	26.9	(23.0 - 30.7)
<b>Race/Ethnicity</b>								
White Non-Hispanic	596	8,700	24.5	(19.5 - 29.5)	34,502	2,386,200	26.5	(24.6 - 28.4)
Black Non-Hispanic	*	*	*	*	709	615,700	30.4	(22.0 - 38.8)
Hispanic	*	*	*	*	830	555,400	25.1	(17.8 - 32.4)
Other Non-Hispanic	*	*	*	*	*	*	*	*
<b>Education</b>								
≤ High School	255	3,400	24.0	(15.6 - 32.4)	15,116	1,469,700	27.5	(23.6 - 31.4)
Some College	203	3,700	27.3	(18.3 - 36.4)	9,515	946,800	27.8	(23.2 - 32.4)
≥ College Degree	160	2,500	26.2	(17.2 - 35.2)	12,041	1,445,500	26.2	(23.0 - 29.4)
<b>Income</b>								
≤ \$24,999	*	*	*	*	9,360	1,079,400	31.4	(25.3 - 37.5)
\$25,000-\$49,999	188	3,000	26.7	(17.1 - 36.3)	9,365	696,900	24.6	(19.8 - 29.4)
\$50,000-\$74,999	*	*	*	*	5,603	507,100	26.3	(21.6 - 31.0)
≥ \$75,000	*	*	*	*	8,334	1,207,100	27.3	(24.2 - 30.5)

<sup>1</sup> Defined as being advised by a doctor, nurse or other health professional about their weight (lose, gain or maintain)

<sup>2</sup> Sample size from survey

<sup>3</sup> Estimated number of adults provided advice by a health professional about their weight (lose, gain or maintain) (rounded to the nearest hundred)

<sup>4</sup> 95% confidence interval

\* Data do not meet reporting criteria (confidence interval with a half-width greater than 10, denominator less than 50 and/or a numerator less than 10)

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**Table 65b. Received advice about weight by a health professional among adults<sup>1</sup> in Cortland County and New York State - Age-Adjusted<sup>2</sup>**

	Cortland County			New York State		
	n <sup>3</sup>	Percent	(C.I.) <sup>4</sup>	n <sup>3</sup>	Percent	(C.I.) <sup>4</sup>
<b>Total</b>	619	25.2	(20.4 - 30.0)	36,729	27.1	(24.8 - 29.4)
<b>Gender</b>						
Male	264	22.3	(16.2 - 28.4)	14,499	23.4	(20.5 - 26.3)
Female	355	27.9	(20.7 - 35.1)	22,230	30.6	(27.3 - 34.0)
<b>Race/Ethnicity</b>						
White Non-Hispanic	596	24.1	(19.4 - 28.8)	34,502	26.1	(24.2 - 28.0)
Black Non-Hispanic	*	*	*	709	30.4	(21.9 - 38.9)
Hispanic	*	*	*	830	24.9	(17.7 - 32.2)
Other Non-Hispanic	*	*	*	*	*	*
<b>Education</b>						
≤ High School	255	23.0	(15.3 - 30.7)	15,116	27.3	(23.4 - 31.2)
Some College	203	27.6	(18.9 - 36.2)	9,515	27.4	(22.9 - 32.0)
≥ College Degree	160	25.4	(17.0 - 33.8)	12,041	25.9	(22.7 - 29.0)
<b>Income</b>						
≤ \$24,999	*	*	*	9,360	31.0	(24.9 - 37.0)
\$25,000-\$49,999	188	26.7	(17.7 - 35.6)	9,365	24.9	(20.0 - 29.8)
\$50,000-\$74,999	*	*	*	5,603	25.9	(21.2 - 30.6)
≥ \$75,000	102	25.9	(16.1 - 35.8)	8,334	26.9	(23.7 - 30.0)

<sup>1</sup> Defined as being advised by a doctor, nurse or other health professional about their weight (lose, gain or maintain)

<sup>2</sup> Prevalence estimates are age-adjusted to the 2000 US Standard population

<sup>3</sup> Sample size from survey

<sup>4</sup> 95% confidence interval

\* Data do not meet reporting criteria (confidence interval with a half-width greater than 10, denominator less than 50 and/or a numerator less than 10)

**Expanded BRFSS Report: July 2008 - June 2009  
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**Table 66a. Received advice to lose weight by a health professional among adults provided weight advice<sup>1</sup> in Cortland County and New York State**

	Cortland County				New York State			
	n <sup>2</sup>	Est. # of Adults <sup>3</sup>	Percent	(C.I.) <sup>4</sup>	n <sup>2</sup>	Est. # of Adults <sup>3</sup>	Percent	(C.I.) <sup>4</sup>
<b>Total</b>	164	8,500	89.1	(81.1 - 97.1)	9,724	3,412,900	86.8	(83.9 - 89.8)
<b>Gender</b>								
Male	69	3,600	94.3	(89.9 - 98.7)	3,807	1,468,700	88.8	(85.7 - 91.8)
Female	*	*	*	*	5,917	1,944,200	85.5	(80.8 - 90.1)
<b>Age (years)</b>								
18-34	*	*	*	*	681	779,700	87.1	(80.6 - 93.6)
35-44	*	*	*	*	1,215	622,100	86.1	(76.9 - 95.2)
45-54	*	*	*	*	2,238	813,300	89.3	(84.4 - 94.2)
55-64	50	1,600	89.4	(80.6 - 98.3)	2,697	645,500	87.1	(81.2 - 93.0)
≥ 65	*	*	*	*	2,893	552,300	83.7	(76.9 - 90.6)
<b>Race/Ethnicity</b>								
White Non-Hispanic	154	7,700	88.5	(79.8 - 97.1)	9,082	2,076,700	87.0	(84.5 - 89.6)
Black Non-Hispanic	*	*	*	*	*	*	*	*
Hispanic	*	*	*	*	251	483,600	87.1	(78.5 - 95.7)
Other Non-Hispanic	*	*	*	*	*	*	*	*
<b>Education</b>								
≤ High School	61	3,200	93.7	(88.4 - 99.0)	3,962	1,239,700	84.3	(78.6 - 90.1)
Some College	*	*	*	*	2,633	814,800	86.1	(80.1 - 92.0)
≥ College Degree	*	*	*	*	3,115	1,290,900	89.3	(85.3 - 93.3)
<b>Income</b>								
≤ \$24,999	*	*	*	*	2,539	922,100	85.4	(78.7 - 92.1)
\$25,000-\$49,999	52	2,900	97.5	(93.9 - 100)	2,482	594,100	85.2	(78.4 - 92.1)
\$50,000-\$74,999	*	*	*	*	1,521	446,100	88.0	(83.2 - 92.7)
≥ \$75,000	*	*	*	*	2,270	1,073,200	88.9	(83.7 - 94.1)

<sup>1</sup> Defined as provided advice by a health professional about their weight and advised to lose weight

<sup>2</sup> Sample size from survey

<sup>3</sup> Estimated number of adults provided advice by a health professional about their weight and advised to lose weight (rounded to the nearest hundred)

<sup>4</sup> 95% confidence interval

\* Data do not meet reporting criteria (confidence interval with a half-width greater than 10, denominator less than 50 and/or a numerator less than 10)

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**Table 66b. Received advice to lose weight by a health professional among adults provided weight advice<sup>1</sup> in Cortland County and New York State - Age-Adjusted<sup>2</sup>**

	Cortland County			New York State		
	n <sup>3</sup>	Percent	(C.I.) <sup>4</sup>	n <sup>3</sup>	Percent	(C.I.) <sup>4</sup>
<b>Total</b>	164	89.6	(82.5 - 96.7)	9,724	86.9	(83.8 - 89.9)
<b>Gender</b>						
Male	69	94.6	(90.4 - 98.8)	3,807	88.7	(85.7 - 91.8)
Female	*	*	*	5,917	85.5	(80.7 - 90.3)
<b>Race/Ethnicity</b>						
White Non-Hispanic	154	89.2	(81.6 - 96.8)	9,082	87.0	(84.4 - 89.6)
Black Non-Hispanic	*	*	*	*	*	*
Hispanic	*	*	*	251	87.6	(79.3 - 95.8)
Other Non-Hispanic	*	*	*	*	*	*
<b>Education</b>						
≤ High School	61	93.2	(87.6 - 98.8)	3,962	84.6	(78.7 - 90.5)
Some College	*	*	*	2,633	85.6	(79.5 - 91.7)
≥ College Degree	*	*	*	3,115	89.4	(85.4 - 93.3)
<b>Income</b>						
≤ \$24,999	*	*	*	2,539	85.7	(79.0 - 92.3)
\$25,000-\$49,999	52	97.5	(93.9 - 100)	2,482	85.3	(78.4 - 92.3)
\$50,000-\$74,999	*	*	*	1,521	88.0	(83.1 - 92.8)
≥ \$75,000	*	*	*	2,270	88.7	(83.1 - 94.2)

<sup>1</sup> Defined as provided advice by a health professional about their weight and advised to lose weight

<sup>2</sup> Prevalence estimates are age-adjusted to the 2000 US Standard population

<sup>3</sup> Sample size from survey

<sup>4</sup> 95% confidence interval

\* Data do not meet reporting criteria (confidence interval with a half-width greater than 10, denominator less than 50 and/or a numerator less than 10)

**Expanded BRFSS Report: July 2008 - June 2009  
Cortland County**

**Table 67a. No leisure-time physical activity among adults<sup>1</sup> in Cortland County and New York State**

	Cortland County				New York State			
	n <sup>2</sup>	Est. # of Adults <sup>3</sup>	Percent	(C.I.) <sup>4</sup>	n <sup>2</sup>	Est. # of Adults <sup>3</sup>	Percent	(C.I.) <sup>4</sup>
<b>Total</b>	641	9,300	24.3	(19.5 - 29.0)	38,128	3,541,700	23.9	(21.6 - 26.1)
<b>Gender</b>								
Male	269	3,600	19.8	(13.3 - 26.4)	14,602	1,482,500	20.9	(17.8 - 24.0)
Female	372	5,700	28.3	(21.4 - 35.2)	23,526	2,059,200	26.6	(23.4 - 29.7)
<b>Age (years)</b>								
18-34	*	*	*	*	3,938	982,900	22.0	(16.6 - 27.5)
35-44	*	*	*	*	4,988	556,000	19.3	(15.0 - 23.6)
45-54	120	2,000	30.2	(20.9 - 39.6)	7,827	759,000	26.8	(21.7 - 31.9)
55-64	147	1,000	20.3	(13.3 - 27.4)	8,765	464,900	21.7	(18.2 - 25.2)
≥ 65	229	2,000	32.8	(26.1 - 39.4)	12,610	778,800	30.7	(27.3 - 34.2)
<b>Race/Ethnicity</b>								
White Non-Hispanic	617	8,600	23.4	(18.7 - 28.1)	35,816	1,892,800	20.3	(18.6 - 22.0)
Black Non-Hispanic	*	*	*	*	739	690,000	32.0	(23.4 - 40.6)
Hispanic	*	*	*	*	860	600,800	26.7	(19.1 - 34.4)
Other Non-Hispanic	*	*	*	*	*	*	*	*
<b>Education</b>								
≤ High School	261	4,900	33.8	(24.9 - 42.8)	15,683	1,810,200	32.5	(28.4 - 36.5)
Some College	206	3,500	25.7	(17.7 - 33.7)	9,906	814,200	23.0	(18.6 - 27.3)
≥ College Degree	172	700	7.4	(3.2 - 11.6)	12,458	841,000	14.9	(11.9 - 18.0)
<b>Income</b>								
≤ \$24,999	*	*	*	*	9,640	1,332,200	38.0	(31.7 - 44.3)
\$25,000-\$49,999	191	2,200	19.4	(12.2 - 26.7)	9,658	648,000	22.3	(18.3 - 26.3)
\$50,000-\$74,999	*	*	*	*	5,773	430,700	21.8	(16.6 - 27.0)
≥ \$75,000	105	900	11.3	(4.5 - 18.0)	8,565	560,800	12.5	(10.3 - 14.6)

<sup>1</sup> Defined as having not participated in any physical activities or exercises such as running, calisthenics, golf, gardening, or walking for exercise

<sup>2</sup> Sample size from survey

<sup>3</sup> Estimated number of adults who have not participated in any physical activities or exercises (rounded to the nearest hundred)

<sup>4</sup> 95% confidence interval

\* Data do not meet reporting criteria (confidence interval with a half-width greater than 10, denominator less than 50 and/or a numerator less than 10)



**Expanded BRFSS Report: July 2008 - June 2009  
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**Table 67b. No leisure-time physical activity among adults<sup>1</sup> in Cortland County and New York State - Age-Adjusted<sup>2</sup>**

	Cortland County			New York State		
	n <sup>3</sup>	Percent	(C.I.) <sup>4</sup>	n <sup>3</sup>	Percent	(C.I.) <sup>4</sup>
<b>Total</b>	641	24.9	(20.3 - 29.4)	38,128	23.7	(21.5 - 25.9)
<b>Gender</b>						
Male	269	20.4	(14.1 - 26.6)	14,602	20.9	(17.8 - 23.9)
Female	372	29.0	(22.5 - 35.5)	23,526	26.3	(23.1 - 29.5)
<b>Race/Ethnicity</b>						
White Non-Hispanic	617	24.1	(19.5 - 28.6)	35,816	20.0	(18.3 - 21.7)
Black Non-Hispanic	*	*	*	739	32.0	(23.3 - 40.6)
Hispanic	*	*	*	860	26.9	(19.2 - 34.5)
Other Non-Hispanic	*	*	*	*	*	*
<b>Education</b>						
≤ High School	261	33.8	(25.5 - 42.2)	15,683	32.3	(28.3 - 36.4)
Some College	206	27.2	(19.4 - 35.0)	9,906	22.8	(18.5 - 27.2)
≥ College Degree	172	8.2	(3.4 - 12.9)	12,458	14.9	(11.8 - 17.9)
<b>Income</b>						
≤ \$24,999	*	*	*	9,640	37.9	(31.6 - 44.2)
\$25,000-\$49,999	191	19.3	(12.5 - 26.2)	9,658	22.0	(18.0 - 26.0)
\$50,000-\$74,999	*	*	*	5,773	21.6	(16.3 - 26.8)
≥ \$75,000	105	12.3	(5.2 - 19.5)	8,565	12.6	(10.3 - 14.9)

<sup>1</sup> Defined as having not participated in any physical activities or exercises such as running, calisthenics, golf, gardening, or walking for exercise

<sup>2</sup> Prevalence estimates are age-adjusted to the 2000 US Standard population

<sup>3</sup> Sample size from survey

<sup>4</sup> 95% confidence interval

\* Data do not meet reporting criteria (confidence interval with a half-width greater than 10, denominator less than 50 and/or a numerator less than 10)

**Expanded BRFSS Report: July 2008 - June 2009**  
**Cortland County**

**Table 68a. Consumption of 5 or more servings of fruits and vegetables per day among adults<sup>1</sup> in Cortland County and New York State**

	Cortland County				New York State			
	n <sup>2</sup>	Est. # of Adults <sup>3</sup>	Percent	(C.I.) <sup>4</sup>	n <sup>2</sup>	Est. # of Adults <sup>3</sup>	Percent	(C.I.) <sup>4</sup>
<b>Total</b>	642	11,500	30.0	(24.5 - 35.5)	38,203	4,023,400	27.0	(24.9 - 29.2)
<b>Gender</b>								
Male	269	4,200	23.3	(16.2 - 30.5)	14,634	1,603,900	22.6	(19.4 - 25.8)
Female	373	7,200	36.0	(27.9 - 44.0)	23,569	2,419,500	31.1	(28.2 - 34.0)
<b>Age (years)</b>								
18-34	*	*	*	*	3,940	1,261,700	28.3	(22.7 - 33.9)
35-44	75	1,300	22.1	(12.4 - 31.9)	4,989	688,000	23.9	(19.5 - 28.3)
45-54	120	2,100	30.7	(21.6 - 39.8)	7,837	746,800	26.2	(22.3 - 30.1)
55-64	148	1,300	24.9	(17.1 - 32.6)	8,777	579,100	27.0	(23.6 - 30.5)
≥ 65	229	2,000	32.0	(25.5 - 38.6)	12,660	747,800	29.4	(26.0 - 32.8)
<b>Race/Ethnicity</b>								
White Non-Hispanic	618	10,800	29.4	(23.8 - 35.0)	35,884	2,538,000	27.2	(25.4 - 28.9)
Black Non-Hispanic	*	*	*	*	740	572,400	26.5	(19.2 - 33.9)
Hispanic	*	*	*	*	864	672,200	29.8	(21.0 - 38.5)
Other Non-Hispanic	*	*	*	*	715	240,800	21.4	(12.0 - 30.8)
<b>Education</b>								
≤ High School	261	3,500	23.8	(15.1 - 32.4)	15,726	1,309,800	23.4	(19.3 - 27.4)
Some College	*	*	*	*	9,924	964,300	27.2	(23.0 - 31.3)
≥ College Degree	172	4,000	39.6	(30.0 - 49.2)	12,471	1,747,500	31.0	(27.9 - 34.1)
<b>Income</b>								
≤ \$24,999	*	*	*	*	9,667	831,500	23.7	(18.6 - 28.7)
\$25,000-\$49,999	*	*	*	*	9,669	917,200	31.6	(25.6 - 37.6)
\$50,000-\$74,999	*	*	*	*	5,777	501,000	25.3	(21.4 - 29.3)
≥ \$75,000	*	*	*	*	8,569	1,260,100	28.0	(25.0 - 31.0)

<sup>1</sup> Defined as having consumed 5 or more servings of fruits and vegetables in an average day

<sup>2</sup> Sample size from survey

<sup>3</sup> Estimated number of adults who consume 5 or more servings of fruits and vegetables per day (rounded to the nearest hundred)

<sup>4</sup> 95% confidence interval

\* Data do not meet reporting criteria (confidence interval with a half-width greater than 10, denominator less than 50 and/or a numerator less than 10)

**Expanded BRFSS Report: July 2008 - June 2009  
Cortland County**

**Table 68b. Consumption of 5 or more servings of fruits and vegetables per day among adults<sup>1</sup> in Cortland County and New York State - Age-Adjusted<sup>2</sup>**

	Cortland County			New York State		
	n <sup>3</sup>	Percent	(C.I.) <sup>4</sup>	n <sup>3</sup>	Percent	(C.I.) <sup>4</sup>
<b>Total</b>	642	29.3	(24.2 - 34.3)	38,203	27.1	(24.9 - 29.2)
<b>Gender</b>						
Male	269	23.4	(16.6 - 30.2)	14,634	22.7	(19.6 - 25.9)
Female	373	34.6	(27.3 - 41.9)	23,569	31.0	(28.1 - 34.0)
<b>Race/Ethnicity</b>						
White Non-Hispanic	618	28.7	(23.6 - 33.8)	35,884	27.1	(25.4 - 28.9)
Black Non-Hispanic	*	*	*	740	26.8	(19.4 - 34.2)
Hispanic	*	*	*	864	29.5	(20.9 - 38.1)
Other Non-Hispanic	*	*	*	715	21.8	(12.2 - 31.5)
<b>Education</b>						
≤ High School	261	22.7	(14.9 - 30.6)	15,726	23.3	(19.3 - 27.3)
Some College	207	27.2	(18.0 - 36.3)	9,924	27.1	(22.9 - 31.2)
≥ College Degree	172	40.5	(31.3 - 49.8)	12,471	31.2	(28.0 - 34.3)
<b>Income</b>						
≤ \$24,999	177	23.0	(13.3 - 32.7)	9,667	23.9	(18.8 - 28.9)
\$25,000-\$49,999	192	27.2	(17.7 - 36.7)	9,669	32.0	(26.0 - 38.0)
\$50,000-\$74,999	*	*	*	5,777	25.0	(21.0 - 28.9)
≥ \$75,000	*	*	*	8,569	28.0	(24.9 - 31.1)

<sup>1</sup> Defined as having consumed 5 or more servings of fruits and vegetables in an average day

<sup>2</sup> Prevalence estimates are age-adjusted to the 2000 US Standard population

<sup>3</sup> Sample size from survey

<sup>4</sup> 95% confidence interval

\* Data do not meet reporting criteria (confidence interval with a half-width greater than 10, denominator less than 50 and/or a numerator less than 10)

**Expanded BRFSS Report: July 2008 - June 2009  
Cortland County**

**Table 69a. Had a fall within the past 3 months among adults<sup>1</sup> in Cortland County and New York State**

	Cortland County				New York State			
	n <sup>2</sup>	Est. # of Adults <sup>3</sup>	Percent	(C.I.) <sup>4</sup>	n <sup>2</sup>	Est. # of Adults <sup>3</sup>	Percent	(C.I.) <sup>4</sup>
<b>Total</b>	483	3,500	19.7	(15.6 - 23.9)	28,783	1,244,800	17.0	(14.9 - 19.0)
<b>Gender</b>								
Male	192	1,800	22.1	(15.0 - 29.1)	10,966	489,400	14.4	(11.9 - 16.8)
Female	291	1,700	17.7	(13.1 - 22.4)	17,817	755,300	19.2	(16.1 - 22.3)
<b>Age (years)</b>								
18-34	*	*	*	*	*	*	*	*
35-44	*	*	*	*	*	*	*	*
45-54	118	1,200	18.3	(10.9 - 25.7)	7,741	445,500	16.0	(12.0 - 20.0)
55-64	138	1,000	21.8	(13.3 - 30.2)	8,454	336,000	16.5	(13.4 - 19.6)
≥ 65	227	1,200	19.7	(14.1 - 25.3)	12,588	463,300	18.4	(15.2 - 21.6)
<b>Race/Ethnicity</b>								
White Non-Hispanic	466	3,400	19.9	(15.7 - 24.2)	27,456	869,000	16.6	(15.1 - 18.1)
Black Non-Hispanic	*	*	*	*	*	*	*	*
Hispanic	*	*	*	*	424	76,100	11.0	(4.5 - 17.4)
Other Non-Hispanic	*	*	*	*	445	44,300	10.0	(3.1 - 16.8)
<b>Education</b>								
≤ High School	206	1,100	15.9	(10.2 - 21.5)	12,417	493,000	17.3	(13.3 - 21.3)
Some College	147	1,000	17.7	(11.2 - 24.2)	7,232	299,400	18.7	(14.6 - 22.7)
≥ College Degree	130	1,400	26.8	(17.6 - 36.1)	9,086	441,500	15.4	(12.9 - 17.9)
<b>Income</b>								
≤ \$24,999	141	700	18.8	(11.8 - 25.9)	7,824	423,900	25.0	(18.5 - 31.6)
\$25,000-\$49,999	146	1,200	21.8	(13.9 - 29.7)	7,445	223,600	16.0	(12.8 - 19.2)
\$50,000-\$74,999	*	*	*	*	4,141	151,200	14.6	(10.8 - 18.4)
≥ \$75,000	*	*	*	*	5,874	287,100	12.5	(10.0 - 15.1)

<sup>1</sup> Defined as respondent unintentionally coming to rest on the ground or another lower level one or more times within the past 3 months

<sup>2</sup> Sample size from survey

<sup>3</sup> Estimated number of adults who have had a fall within the past 3 months (rounded to the nearest hundred)

<sup>4</sup> 95% confidence interval

\* Data do not meet reporting criteria (confidence interval with a half-width greater than 10, denominator less than 50 and/or a numerator less than 10)

**Expanded BRFSS Report: July 2008 - June 2009  
Cortland County**

**Table 69b. Had a fall within the past 3 months among adults<sup>1</sup> in Cortland County and New York State - Age-Adjusted<sup>2</sup>**

	Cortland County			New York State		
	n <sup>3</sup>	Percent	(C.I.) <sup>4</sup>	n <sup>3</sup>	Percent	(C.I.) <sup>4</sup>
<b>Total</b>	483	19.4	(15.4 - 23.5)	28,783	17.3	(15.0 - 19.5)
<b>Gender</b>						
Male	192	21.6	(14.8 - 28.4)	10,966	15.0	(12.1 - 17.8)
Female	291	17.6	(12.9 - 22.2)	17,817	19.4	(16.0 - 22.8)
<b>Race/Ethnicity</b>						
White Non-Hispanic	466	19.6	(15.5 - 23.8)	27,456	16.9	(15.2 - 18.7)
Black Non-Hispanic	*	*	*	*	*	*
Hispanic	*	*	*	424	10.7	(4.2 - 17.1)
Other Non-Hispanic	*	*	*	445	10.0	(2.9 - 17.0)
<b>Education</b>						
≤ High School	206	16.0	(10.3 - 21.7)	12,417	17.4	(13.0 - 21.7)
Some College	147	17.3	(10.8 - 23.7)	7,232	19.0	(14.7 - 23.2)
≥ College Degree	130	26.0	(17.1 - 35.0)	9,086	16.0	(13.1 - 18.8)
<b>Income</b>						
≤ \$24,999	141	18.2	(11.3 - 25.1)	7,824	25.3	(18.3 - 32.4)
\$25,000-\$49,999	146	21.3	(13.7 - 28.9)	7,445	15.9	(12.6 - 19.2)
\$50,000-\$74,999	*	*	*	4,141	14.7	(10.6 - 18.8)
≥ \$75,000	*	*	*	5,874	12.9	(9.9 - 15.8)

<sup>1</sup> Defined as respondent unintentionally coming to rest on the ground or another lower level one or more times within the past 3 months

<sup>2</sup> Prevalence estimates are age-adjusted to the 2000 US Standard population

<sup>3</sup> Sample size from survey

<sup>4</sup> 95% confidence interval

\* Data do not meet reporting criteria (confidence interval with a half-width greater than 10, denominator less than 50 and/or a numerator less than 10)

**Expanded BRFSS Report: July 2008 - June 2009  
Cortland County**

**Table 70a. Had a fall that caused injury within the past 3 months among adults<sup>1</sup> in Cortland County and New York State**

	Cortland County				New York State			
	n <sup>2</sup>	Est. # of Adults <sup>3</sup>	Percent	(C.I.) <sup>4</sup>	n <sup>2</sup>	Est. # of Adults <sup>3</sup>	Percent	(C.I.) <sup>4</sup>
<b>Total</b>	481	900	5.0	(3.2 - 6.9)	28,760	335,700	4.6	(3.7 - 5.5)
<b>Gender</b>								
Male	*	*	*	*	10,957	120,000	3.5	(2.5 - 4.6)
Female	290	600	6.4	(3.7 - 9.0)	17,803	215,600	5.5	(4.1 - 6.9)
<b>Age (years)</b>								
18-34	*	*	*	*	*	*	*	*
35-44	*	*	*	*	*	*	*	*
45-54	*	*	*	*	7,737	115,100	4.1	(2.9 - 5.4)
55-64	137	400	7.6	(3.3 - 11.9)	8,449	90,300	4.4	(2.7 - 6.1)
≥ 65	226	400	6.5	(3.1 - 10.0)	12,574	130,300	5.2	(3.4 - 6.9)
<b>Race/Ethnicity</b>								
White Non-Hispanic	464	900	5.1	(3.2 - 7.0)	27,433	270,800	5.2	(4.2 - 6.1)
Black Non-Hispanic	*	*	*	*	458	47,900	4.9	(0.9 - 9.0)
Hispanic	*	*	*	*	424	12,400	1.8	(0.2 - 3.3)
Other Non-Hispanic	*	*	*	*	445	4,600	1.0	(0.4 - 1.6)
<b>Education</b>								
≤ High School	204	300	3.9	(1.6 - 6.2)	12,404	148,900	5.2	(3.6 - 6.8)
Some College	147	300	5.4	(2.0 - 8.7)	7,228	85,400	5.3	(3.1 - 7.5)
≥ College Degree	130	300	6.2	(2.1 - 10.3)	9,081	101,300	3.5	(2.4 - 4.6)
<b>Income</b>								
≤ \$24,999	140	400	9.5	(4.7 - 14.3)	7,812	90,200	5.3	(3.6 - 7.1)
\$25,000-\$49,999	145	300	5.3	(1.7 - 8.8)	7,442	93,200	6.7	(3.9 - 9.4)
\$50,000-\$74,999	*	*	*	*	4,139	37,000	3.6	(1.8 - 5.3)
≥ \$75,000	*	*	*	*	5,872	54,700	2.4	(1.5 - 3.3)

<sup>1</sup> Defined as as respondent unintentionally coming to rest on the ground or another lower level and caused respondent to limit regular activities for at least a day or to go see a doctor one or more times within the past 3 months

<sup>2</sup> Sample size from survey

<sup>3</sup> Estimated number of adults who have had a fall that caused an injury within the past 3 months (rounded to the nearest hundred)

<sup>4</sup> 95% confidence interval

\* Data do not meet reporting criteria (confidence interval with a half-width greater than 10, denominator less than 50 and/or a numerator less than 10)

**Expanded BRFSS Report: July 2008 - June 2009  
Cortland County**

**Table 70b. Had a fall that caused injury within the past 3 months among adults<sup>1</sup> in Cortland County and New York State - Age-Adjusted<sup>2</sup>**

	Cortland County			New York State		
	n <sup>3</sup>	Percent	(C.I.) <sup>4</sup>	n <sup>3</sup>	Percent	(C.I.) <sup>4</sup>
<b>Total</b>	481	4.9	(3.0 - 6.7)	28,760	4.6	(3.6 - 5.5)
<b>Gender</b>						
Male	*	*	*	10,957	3.6	(2.4 - 4.7)
Female	290	6.1	(3.6 - 8.7)	17,803	5.5	(4.1 - 6.9)
<b>Race/Ethnicity</b>						
White Non-Hispanic	464	4.9	(3.0 - 6.7)	27,433	5.2	(4.2 - 6.2)
Black Non-Hispanic	*	*	*	458	4.7	(0.7 - 8.7)
Hispanic	*	*	*	424	1.8	(0.1 - 3.4)
Other Non-Hispanic	*	*	*	445	1.0	(0.4 - 1.6)
<b>Education</b>						
≤ High School	204	3.6	(1.5 - 5.8)	12,404	5.2	(3.5 - 6.8)
Some College	147	5.1	(1.8 - 8.3)	7,228	5.3	(3.1 - 7.5)
≥ College Degree	130	6.2	(2.1 - 10.3)	9,081	3.6	(2.4 - 4.7)
<b>Income</b>						
≤ \$24,999	140	8.9	(4.4 - 13.5)	7,812	5.1	(3.3 - 7.0)
\$25,000-\$49,999	145	4.9	(1.6 - 8.2)	7,442	6.6	(3.9 - 9.2)
\$50,000-\$74,999	*	*	*	4,139	3.7	(1.7 - 5.8)
≥ \$75,000	*	*	*	5,872	2.4	(1.4 - 3.3)

<sup>1</sup> Defined as as respondent unintentionally coming to rest on the ground or another lower level and caused respondent to limit regular activities for at least a day or to go see a doctor one or more times within the past 3 months

<sup>2</sup> Prevalence estimates are age-adjusted to the 2000 US Standard population

<sup>3</sup> Sample size from survey

<sup>4</sup> 95% confidence interval

\* Data do not meet reporting criteria (confidence interval with a half-width greater than 10, denominator less than 50 and/or a numerator less than 10)