## Expanded BRFSS, 2003

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# **Ever had Blood Cholesterol Checked** *Rockland*

Demographic Groups	n¹	Yes %2	n	No %	C.I. <sup>3</sup>
Total	529	85.4	68	14.6	3.7
Gender					
Male	213	85.4	25	14.6	6.1
Female	316	85.4	43	14.6	4.5
Age					
18-34	81	65.5	38	34.5	10.1
35-54	235	90.4	22	9.6	4.4
≥55	201	96.5	7	3.5	2.7
Education					
≤High School	139	77.8	27	22.2	8.3
>High School	388	89.0	40	11.0	3.8

<sup>&</sup>lt;sup>1</sup>Percents based on row denominators of less than 50 are unstable and should be used with caution <sup>2</sup>Weighted Percent

<sup>&</sup>lt;sup>3</sup>95% Confidence Interval

# Expanded BRFSS, 2003 - New York State Department of Health **Had Blood Cholesterol Checked in the Past Five Years** *Rockland*

Demographic		Yes		No	
Groups	n¹	% <sup>2</sup>	n	%	C.I. <sup>3</sup>
Total	498	80.9	91	19.1	4.0
Gender					
Male	195	79.5	37	20.5	6.7
Female	303	82.2	54	17.8	4.7
Age					
18-34	76	61.4	42	38.6	10.3
35-54	214	83.5	38	16.5	5.4
≥55	197	94.7	10	5.3	3.5
Education					
≤High School	130	71.8	35	28.2	8.8
>High School	366	85.2	55	14.8	4.2

<sup>&</sup>lt;sup>1</sup>Percents based on row denominators of less than 50 are unstable and should be used with caution

<sup>&</sup>lt;sup>2</sup>Weighted Percent

<sup>&</sup>lt;sup>3</sup>95% Confidence Interval

### **Adults with a Disability**

Demographic Groups	n¹	Yes	n	No %	C.I. <sup>3</sup>
Total	110	16.1	495	83.9	3.2
Gender	110	10.1	.,,		3.2
Male	43	16.6	197	83.4	5.2
Female	67	15.6	298	84.4	3.9
Age					
18-34	10	9.7	114	90.3	6.0
35-54	39	13.3	221	86.7	4.5
≥55	60	26.6	148	73.4	6.5
Education					
≤High School	27	12.1	140	87.9	5.1
>High School	82	17.9	353	82.1	4.0

<sup>&</sup>lt;sup>1</sup>Percents based on row denominators of less than 50 are unstable and should be used with caution

<sup>&</sup>lt;sup>2</sup>Weighted Percent <sup>3</sup>95% Confidence Interval

### Expanded BRFSS, 2003 - New York State Department of Health **Eat Five Fruits or Vegetable Servings per Day** Rockland

Demographic Groups	n¹	Yes	n	No %	C.I. <sup>3</sup>
Total	170	26.9	441	73.1	4.0
Gender					
Male	47	19.1	196	80.9	5.6
Female	123	33.9	245	66.1	5.4
Age					
18-34	36	27.6	89	72.4	8.9
35-54	60	21.9	204	78.1	5.5
≥55	70	32.5	139	67.5	7.0
Education					
≤High School	43	26.1	127	73.9	8.0
>High School	127	27.5	311	72.5	4.6

<sup>&</sup>lt;sup>1</sup>Percents based on row denominators of less than 50 are unstable and should be used with caution

<sup>&</sup>lt;sup>2</sup>Weighted Percent <sup>3</sup>95% Confidence Interval

# **Ever Been Told Have High Blood Pressure by a Medical Professional** *Rockland*

Demographic Groups	n¹	Yes	n	No %	C.I. <sup>3</sup>
Total	147	22.1	458	77.9	3.6
Gender					
Male	55	19.4	185	80.6	5.3
Female	92	24.4	273	75.6	4.9
Age					
18-34	8	5.7	116	94.3	4.2
35-54	38	15.5	222	84.5	5.1
≥55	97	45.8	111	54.2	7.5
Education					
≤High School	47	24.0	121	76.0	7.2
>High School	99	21.3	335	78.7	4.1

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<sup>&</sup>lt;sup>2</sup>Weighted Percent

<sup>&</sup>lt;sup>3</sup>95% Confidence Interval

#### **Had a Fall in Past Three Months**

Demographic Groups	n¹	No fall	C.I. <sup>3</sup>		Fall with injury %	C.I.	n	Fall no injury %	C.I.
Total	279	83.1	4.4	24	6.8	3.0	39	10.1	3.5

<sup>&</sup>lt;sup>1</sup>Percents based on row denominators of less than 50 are unstable and should be used with caution

<sup>&</sup>lt;sup>2</sup>Weighted Percent

<sup>&</sup>lt;sup>3</sup>95% Confidence Interval

# Had a Flu Shot in the Past 12 Months, Aged 65 and Older *Rockland*

Demographic Groups	n¹	Yes %°	n	No %	C.I. <sup>3</sup>
Total	89	69.4	34	30.6	9.2

<sup>&</sup>lt;sup>1</sup>Percents based on row denominators of less than 50 are unstable and should be used with caution <sup>2</sup>Weighted Percent

<sup>&</sup>lt;sup>3</sup>95% Confidence Interval

### Expanded BRFSS, 2003 - New York State Department of Health **Had a Flushot in the Past 12 Months** *Rockland*

Demographic Groups	n¹	Yes	n	No %	C.I. <sup>3</sup>
Total	192	28.1	409	71.9	3.9
Gender					
Male	73	28.5	165	71.5	6.3
Female	119	27.7	244	72.3	4.8
Age					
18-64	101	19.7	364	80.3	4.0
≥65	89	69.4	34	30.6	9.2
Education					
≤High School	50	25.0	116	75.0	7.5
>High School	141	29.5	292	70.5	4.6

<sup>&</sup>lt;sup>1</sup>Percents based on row denominators of less than 50 are unstable and should be used with caution <sup>2</sup>Weighted Percent

<sup>395%</sup> Confidence Interval

# **Ever Had a Pneumonia Shot, Aged 65 and Older** *Rockland*

Demographic Groups	n¹	Yes	n	No %	C.I. <sup>3</sup>
Total	76	60.0	44	40.0	9.8

<sup>&</sup>lt;sup>1</sup>Percents based on row denominators of less than 50 are unstable and should be used with caution <sup>2</sup>Weighted Percent

<sup>&</sup>lt;sup>3</sup>95% Confidence Interval

#### **Ever Had a Pneumonia Shot**

Demographic Groups	n¹	Yes	n	No %	C.I. <sup>3</sup>
Total	116	18.3	436	81.7	3.4
Gender					
Male	45	19.0	160	81.0	5.6
Female	71	17.9	276	82.1	4.3
Age					
18-64	38	8.4	381	91.6	2.9
≥65	76	60.0	44	40.0	9.8
Education					
≤High School	37	20.4	115	79.6	6.9
>High School	78	17.5	320	82.5	3.9

<sup>&</sup>lt;sup>1</sup>Percents based on row denominators of less than 50 are unstable and should be used with caution <sup>2</sup>Weighted Percent

<sup>395%</sup> Confidence Interval

# Have Had Permanent Teeth Removed because of Tooth Decay or Gum Disease *Rockland*

Demographic Groups	n¹	Yes	n	No %	C.I. <sup>3</sup>
Total	308	48.9	282	51.1	4.6
Gender					
Male	123	48.4	114	51.6	7.2
Female	185	49.3	168	50.7	5.8
Age					
18-34	28	21.7	94	78.3	8.3
35-54	116	45.7	141	54.3	6.8
≥55	158	78.2	41	21.8	6.6
Education					
≤High School	97	56.4	65	43.6	9.1
>High School	210	46.0	215	54.0	5.3

<sup>&</sup>lt;sup>1</sup>Percents based on row denominators of less than 50 are unstable and should be used with caution

<sup>&</sup>lt;sup>2</sup>Weighted Percent

<sup>395%</sup> Confidence Interval

# Expanded BRFSS, 2003 - New York State Department of Health **Having Seen a Dental Professional in the Past 12 Months**

Demographic Groups	n¹	Yes	n	No %	C.I. <sup>3</sup>
Total	474	82.2	103	17.8	3.4
Gender					
Male	187	82.5	41	17.5	5.3
Female	287	82.0	62	18.0	4.5
Age					
18-34	94	81.8	25	18.2	7.2
35-54	199	77.9	53	22.1	5.8
≥55	170	88.9	23	11.1	4.7
Education					
≤High School	123	83.7	26	16.3	6.4
>High School	349	81.9	76	18.1	4.1

<sup>&</sup>lt;sup>1</sup>Percents based on row denominators of less than 50 are unstable and should be used with caution

<sup>&</sup>lt;sup>2</sup>Weighted Percent

<sup>&</sup>lt;sup>3</sup>95% Confidence Interval

### **Trying to Lose Weight**

Demographic Groups	n¹	Yes	n	No %	C.I. <sup>3</sup>
Total	316	50.4	288	49.6	4.6
Gender					
Male	104	42.4	136	57.6	7.1
Female	212	57.6	152	42.4	5.6
Age					
18-34	56	43.3	68	56.7	9.9
35-54	137	50.8	122	49.2	6.8
≥55	116	56.1	92	43.9	7.5
Education					
≤High School	83	45.0	83	55.0	8.9
>High School	232	52.8	203	47.2	5.3

<sup>&</sup>lt;sup>1</sup>Percents based on row denominators of less than 50 are unstable and should be used with caution

<sup>&</sup>lt;sup>2</sup>Weighted Percent <sup>3</sup>95% Confidence Interval

# Trying to Maintain Current Weight of Those not Trying to Lose Weight *Rockland*

Demographic Groups	n¹	Yes	n	No %	C.I. <sup>3</sup>
Total	170	60.3	113	39.7	6.6
Gender					
Male	74	55.3	57	44.7	9.9
Female	96	66.2	56	33.8	8.1
Age					
18-34	38	58.4	29	41.6	13.5
35-54	74	62.5	44	37.5	9.8
≥55	55	59.4	37	40.6	11.2
Education					
≤High School	40	49.7	42	50.3	12.9
>High School	129	66.0	70	34.0	7.4

<sup>&</sup>lt;sup>1</sup>Percents based on row denominators of less than 50 are unstable and should be used with caution

<sup>&</sup>lt;sup>2</sup>Weighted Percent

<sup>&</sup>lt;sup>3</sup>95% Confidence Interval

# **Eating Fewer Calories or Less Fat to Lose or Maintain Weight** *Rockland*

Demographic Groups	n¹	Yes	n	No %	C.I. <sup>3</sup>
Total	383	76.5	97	23.5	4.7
Gender					
Male	135	74.8	39	25.2	8.0
Female	248	77.8	58	22.2	5.5
Age					
18-34	70	70.3	24	29.7	11.1
35-54	172	78.0	39	22.0	6.7
≥55	134	80.5	31	19.5	7.0
Education					
≤High School	93	68.8	28	31.2	10.8
>High School	288	79.3	69	20.7	4.8

<sup>&</sup>lt;sup>1</sup>Percents based on row denominators of less than 50 are unstable and should be used with caution

<sup>&</sup>lt;sup>2</sup>Weighted Percent

<sup>&</sup>lt;sup>3</sup>95% Confidence Interval

### Expanded BRFSS, 2003 - New York State Department of Health **Using Physical Exercise to Lose or Maintain Weight** Rockland

Demographic Groups	n¹	Yes	n	No %	C.I. <sup>3</sup>
Total	325	68.8	159	31.2	4.6
Gender					
Male	128	72.7	49	27.3	7.4
Female	197	65.9	110	34.1	5.8
Age					
18-34	67	74.8	27	25.2	9.7
35-54	156	74.0	55	26.0	6.5
≥55	96	57.5	73	42.5	8.3
Education					
≤High School	79	66.6	44	33.4	9.8
>High School	246	70.1	113	29.9	5.2

<sup>&</sup>lt;sup>1</sup>Percents based on row denominators of less than 50 are unstable and should be used with caution

<sup>&</sup>lt;sup>2</sup>Weighted Percent <sup>3</sup>95% Confidence Interval

#### **Ever Had a Pap Smear**

Demographic Groups	n¹	Yes	n	No %	C.I. <sup>3</sup>
Total	295	92.5	19	7.5	3.6

<sup>&</sup>lt;sup>1</sup>Percents based on row denominators of less than 50 are unstable and should be used with caution <sup>2</sup>Weighted Percent

<sup>&</sup>lt;sup>3</sup>95% Confidence Interval

### Had a Pap Smear in Past 3 Years

Demographic Groups	n¹	Yes	n	No %	C.I. <sup>3</sup>
Total	273	87.3	40	12.7	4.2

<sup>&</sup>lt;sup>1</sup>Percents based on row denominators of less than 50 are unstable and should be used with caution <sup>2</sup>Weighted Percent

<sup>&</sup>lt;sup>3</sup>95% Confidence Interval