

**Expanded BRFSS, 2003**

**Cayuga, Seneca, Wayne**

Table of Contents:

|   |    |
|---|----|
| Optional Module 4: Cholesterol Awareness.....   | 1  |
| Optional Module 6: Disability.....              | 3  |
| Optional Module 9: Fruits and Vegetables.....   | 4  |
| Optional Module 12: Hypertension Awareness..... | 5  |
| Optional Module 13: Injury Control - Falls..... | 6  |
| Optional Module 14: Immunization.....           | 7  |
| Optional Module 15: Oral Health.....            | 11 |
| Optional Module 24: Weight Control.....         | 13 |
| Optional Module 25: Cervical Cancer.....        | 17 |

Expanded BRFSS, 2003 - New York State Department of Health

## Ever had Blood Cholesterol Checked

*Cayuga, Seneca, Wayne*

| Demographic Groups | n <sup>1</sup> | Yes % <sup>2</sup> | n  | No % | C.I. <sup>3</sup> |
|--------------------|----------------|--------------------|----|------|-------------------|
| Total              | 521            | 81.0               | 97 | 19.0 | 4.0               |
| Gender             |                |                    |    |      |                   |
| Male               | 220            | 81.3               | 35 | 18.7 | 6.4               |
| Female             | 301            | 80.6               | 62 | 19.4 | 4.8               |
| Age                |                |                    |    |      |                   |
| 18-34              | 56             | 53.4               | 50 | 46.6 | 10.9              |
| 35-54              | 218            | 89.0               | 29 | 11.0 | 4.2               |
| ≥55                | 240            | 93.6               | 17 | 6.4  | 3.5               |
| Education          |                |                    |    |      |                   |
| ≤High School       | 247            | 79.4               | 49 | 20.6 | 6.1               |
| >High School       | 272            | 82.2               | 48 | 17.8 | 5.3               |

<sup>1</sup>Percents based on row denominators of less than 50 are unstable and should be used with caution

<sup>2</sup>Weighted Percent

<sup>3</sup>95% Confidence Interval

Expanded BRFSS, 2003 - New York State Department of Health

## Had Blood Cholesterol Checked in the Past Five Years

*Cayuga, Seneca, Wayne*

| Demographic Groups | n <sup>1</sup> | Yes % <sup>2</sup> | n   | No % | C.I. <sup>3</sup> |
|--------------------|----------------|--------------------|-----|------|-------------------|
| Total              | 482            | 75.7               | 127 | 24.3 | 4.3               |
| Gender             |                |                    |     |      |                   |
| Male               | 210            | 76.8               | 45  | 23.2 | 6.7               |
| Female             | 272            | 74.5               | 82  | 25.5 | 5.3               |
| Age                |                |                    |     |      |                   |
| 18-34              | 50             | 49.0               | 55  | 51.0 | 11.0              |
| 35-54              | 201            | 81.3               | 46  | 18.7 | 5.4               |
| ≥55                | 224            | 90.6               | 25  | 9.4  | 4.2               |
| Education          |                |                    |     |      |                   |
| ≤High School       | 229            | 74.5               | 62  | 25.5 | 6.4               |
| >High School       | 252            | 76.7               | 65  | 23.3 | 5.8               |

<sup>1</sup>Percents based on row denominators of less than 50 are unstable and should be used with caution

<sup>2</sup>Weighted Percent

<sup>3</sup>95% Confidence Interval

Expanded BRFSS, 2003 - New York State Department of Health

## Adults with a Disability

*Cayuga, Seneca, Wayne*

| Demographic Groups | n <sup>1</sup> | Yes % <sup>2</sup> | n   | No % | C.I. <sup>3</sup> |
|--------------------|----------------|--------------------|-----|------|-------------------|
| Total              | 139            | 19.5               | 498 | 80.5 | 3.4               |
| Gender             |                |                    |     |      |                   |
| Male               | 57             | 21.1               | 202 | 78.9 | 5.5               |
| Female             | 82             | 18.0               | 296 | 82.0 | 4.1               |
| Age                |                |                    |     |      |                   |
| 18-34              | 12             | 8.6                | 102 | 91.4 | 5.2               |
| 35-54              | 50             | 20.5               | 200 | 79.5 | 5.5               |
| ≥55                | 77             | 28.4               | 188 | 71.6 | 6.2               |
| Education          |                |                    |     |      |                   |
| ≤High School       | 79             | 23.2               | 226 | 76.8 | 5.3               |
| >High School       | 58             | 16.2               | 271 | 83.8 | 4.4               |

<sup>1</sup>Percents based on row denominators of less than 50 are unstable and should be used with caution

<sup>2</sup>Weighted Percent

<sup>3</sup>95% Confidence Interval

Expanded BRFSS, 2003 - New York State Department of Health

## Eat Five Fruits or Vegetable Servings per Day

*Cayuga, Seneca, Wayne*

| Demographic Groups | n <sup>1</sup> | Yes % <sup>2</sup> | n   | No % | C.I. <sup>3</sup> |
|--------------------|----------------|--------------------|-----|------|-------------------|
| Total              | 163            | 24.0               | 474 | 76.0 | 3.8               |
| Gender             |                |                    |     |      |                   |
| Male               | 51             | 17.1               | 208 | 82.9 | 5.0               |
| Female             | 112            | 30.8               | 266 | 69.2 | 5.3               |
| Age                |                |                    |     |      |                   |
| 18-34              | 19             | 17.6               | 95  | 82.4 | 7.9               |
| 35-54              | 62             | 24.9               | 188 | 75.1 | 5.9               |
| ≥55                | 81             | 28.8               | 184 | 71.2 | 6.0               |
| Education          |                |                    |     |      |                   |
| ≤High School       | 66             | 19.7               | 239 | 80.3 | 5.1               |
| >High School       | 97             | 27.7               | 232 | 72.3 | 5.4               |

<sup>1</sup>Percents based on row denominators of less than 50 are unstable and should be used with caution

<sup>2</sup>Weighted Percent

<sup>3</sup>95% Confidence Interval

Expanded BRFSS, 2003 - New York State Department of Health

## Ever Been Told Have High Blood Pressure by a Medical Professional

*Cayuga, Seneca, Wayne*

| <b>Demographic Groups</b> | <b>n<sup>1</sup></b> | <b>Yes %<sup>2</sup></b> | <b>n</b> | <b>No %</b> | <b>C.I.<sup>3</sup></b> |
|---------------------------|----------------------|--------------------------|----------|-------------|-------------------------|
| Total                     | 203                  | 28.2                     | 431      | 71.8        | 4.0                     |
| Gender                    |                      |                          |          |             |                         |
| Male                      | 88                   | 30.7                     | 169      | 69.3        | 6.4                     |
| Female                    | 115                  | 25.7                     | 262      | 74.3        | 4.7                     |
| Age                       |                      |                          |          |             |                         |
| 18-34                     | 12                   | 13.2                     | 102      | 86.8        | 7.5                     |
| 35-54                     | 49                   | 21.2                     | 200      | 78.8        | 5.9                     |
| ≥55                       | 141                  | 50.1                     | 123      | 49.9        | 6.8                     |
| Education                 |                      |                          |          |             |                         |
| ≤High School              | 112                  | 32.2                     | 192      | 67.8        | 6.0                     |
| >High School              | 90                   | 24.7                     | 237      | 75.3        | 5.3                     |

<sup>1</sup>Percents based on row denominators of less than 50 are unstable and should be used with caution

<sup>2</sup>Weighted Percent

<sup>3</sup>95% Confidence Interval

Expanded BRFSS, 2003 - New York State Department of Health

## Had a Fall in Past Three Months

*Cayuga, Seneca, Wayne*

| Demographic Groups | n <sup>1</sup> | No fall % <sup>2</sup> | C.I. <sup>3</sup> | n  | Fall with injury % | C.I. | n  | Fall no injury % | C.I. |
|--------------------|----------------|------------------------|-------------------|----|--------------------|------|----|------------------|------|
| Total              | 315            | 84.5                   | 3.8               | 23 | 4.7                | 2.1  | 48 | 10.8             | 3.2  |

<sup>1</sup>Percents based on row denominators of less than 50 are unstable and should be used with caution

<sup>2</sup>Weighted Percent

<sup>3</sup>95% Confidence Interval

Expanded BRFSS, 2003 - New York State Department of Health

## Had a Flu Shot in the Past 12 Months, Aged 65 and Older

*Cayuga, Seneca, Wayne*

| Demographic Groups | n <sup>1</sup> | Yes % <sup>2</sup> | n  | No % | C.I. <sup>3</sup> |
|--------------------|----------------|--------------------|----|------|-------------------|
| Total              | 120            | 71.9               | 50 | 28.1 | 7.4               |

<sup>1</sup>Percents based on row denominators of less than 50 are unstable and should be used with caution

<sup>2</sup>Weighted Percent

<sup>3</sup>95% Confidence Interval



Expanded BRFSS, 2003 - New York State Department of Health

## Had a Flu Shot in the Past 12 Months

*Cayuga, Seneca, Wayne*

| Demographic Groups | n <sup>1</sup> | Yes % <sup>2</sup> | n   | No % | C.I. <sup>3</sup> |
|--------------------|----------------|--------------------|-----|------|-------------------|
| Total              | 235            | 32.4               | 400 | 67.6 | 4.1               |
| Gender             |                |                    |     |      |                   |
| Male               | 83             | 27.6               | 176 | 72.4 | 6.1               |
| Female             | 152            | 37.1               | 224 | 62.9 | 5.5               |
| Age                |                |                    |     |      |                   |
| 18-64              | 111            | 23.6               | 346 | 76.4 | 4.4               |
| ≥65                | 120            | 71.9               | 50  | 28.1 | 7.4               |
| Education          |                |                    |     |      |                   |
| ≤High School       | 127            | 34.1               | 177 | 65.9 | 6.0               |
| >High School       | 106            | 30.8               | 222 | 69.2 | 5.7               |

<sup>1</sup>Percents based on row denominators of less than 50 are unstable and should be used with caution

<sup>2</sup>Weighted Percent

<sup>3</sup>95% Confidence Interval

Expanded BRFSS, 2003 - New York State Department of Health

## Ever Had a Pneumonia Shot, Aged 65 and Older

*Cayuga, Seneca, Wayne*

| Demographic Groups | n <sup>1</sup> | Yes % <sup>2</sup> | n  | No % | C.I. <sup>3</sup> |
|--------------------|----------------|--------------------|----|------|-------------------|
| Total              | 115            | 70.4               | 48 | 29.6 | 7.7               |

<sup>1</sup>Percents based on row denominators of less than 50 are unstable and should be used with caution

<sup>2</sup>Weighted Percent

<sup>3</sup>95% Confidence Interval

Expanded BRFSS, 2003 - New York State Department of Health

## Ever Had a Pneumonia Shot

*Cayuga, Seneca, Wayne*

| Demographic Groups | n <sup>1</sup> | Yes % <sup>2</sup> | n   | No % | C.I. <sup>3</sup> |
|--------------------|----------------|--------------------|-----|------|-------------------|
| Total              | 171            | 22.4               | 426 | 77.6 | 3.5               |
| Gender             |                |                    |     |      |                   |
| Male               | 60             | 20.5               | 170 | 79.5 | 5.5               |
| Female             | 111            | 24.0               | 256 | 76.0 | 4.6               |
| Age                |                |                    |     |      |                   |
| 18-64              | 54             | 11.3               | 373 | 88.7 | 3.2               |
| ≥65                | 115            | 70.4               | 48  | 29.6 | 7.7               |
| Education          |                |                    |     |      |                   |
| ≤High School       | 107            | 28.9               | 181 | 71.1 | 5.7               |
| >High School       | 63             | 16.7               | 244 | 83.3 | 4.4               |

<sup>1</sup>Percents based on row denominators of less than 50 are unstable and should be used with caution

<sup>2</sup>Weighted Percent

<sup>3</sup>95% Confidence Interval

Expanded BRFSS, 2003 - New York State Department of Health

**Have Had Permanent Teeth Removed because of Tooth Decay or Gum Disease**

*Cayuga, Seneca, Wayne*

| <b>Demographic Groups</b> | <b>n<sup>1</sup></b> | <b>Yes %<sup>2</sup></b> | <b>n</b> | <b>No %</b> | <b>C.I.<sup>3</sup></b> |
|---------------------------|----------------------|--------------------------|----------|-------------|-------------------------|
| Total                     | 377                  | 54.8                     | 252      | 45.2        | 4.6                     |
| Gender                    |                      |                          |          |             |                         |
| Male                      | 161                  | 58.1                     | 96       | 41.9        | 7.2                     |
| Female                    | 216                  | 51.6                     | 156      | 48.4        | 5.8                     |
| Age                       |                      |                          |          |             |                         |
| 18-34                     | 31                   | 27.4                     | 82       | 72.6        | 9.7                     |
| 35-54                     | 128                  | 52.9                     | 120      | 47.1        | 6.8                     |
| ≥55                       | 216                  | 81.9                     | 45       | 18.1        | 5.3                     |
| Education                 |                      |                          |          |             |                         |
| ≤High School              | 227                  | 70.5                     | 76       | 29.5        | 6.4                     |
| >High School              | 147                  | 41.3                     | 176      | 58.7        | 6.0                     |

<sup>1</sup>Percents based on row denominators of less than 50 are unstable and should be used with caution

<sup>2</sup>Weighted Percent

<sup>3</sup>95% Confidence Interval

Expanded BRFSS, 2003 - New York State Department of Health

## Having Seen a Dental Professional in the Past 12 Months

*Cayuga, Seneca, Wayne*

| Demographic Groups | n <sup>1</sup> | Yes % <sup>2</sup> | n   | No % | C.I. <sup>3</sup> |
|--------------------|----------------|--------------------|-----|------|-------------------|
| Total              | 429            | 74.1               | 135 | 25.9 | 4.3               |
| Gender             |                |                    |     |      |                   |
| Male               | 177            | 71.3               | 62  | 28.7 | 6.9               |
| Female             | 252            | 77.1               | 73  | 22.9 | 5.1               |
| Age                |                |                    |     |      |                   |
| 18-34              | 77             | 66.5               | 36  | 33.5 | 10.0              |
| 35-54              | 183            | 75.1               | 57  | 24.9 | 6.1               |
| ≥55                | 163            | 81.3               | 41  | 18.7 | 6.0               |
| Education          |                |                    |     |      |                   |
| ≤High School       | 178            | 68.8               | 69  | 31.2 | 7.0               |
| >High School       | 249            | 78.0               | 66  | 22.0 | 5.4               |

<sup>1</sup>Percents based on row denominators of less than 50 are unstable and should be used with caution

<sup>2</sup>Weighted Percent

<sup>3</sup>95% Confidence Interval

Expanded BRFSS, 2003 - New York State Department of Health

**Trying to Lose Weight**

*Cayuga, Seneca, Wayne*

| <b>Demographic Groups</b> | <b>n<sup>1</sup></b> | <b>Yes %<sup>2</sup></b> | <b>n</b> | <b>No %</b> | <b>C.I.<sup>3</sup></b> |
|---------------------------|----------------------|--------------------------|----------|-------------|-------------------------|
| Total                     | 317                  | 48.8                     | 319      | 51.2        | 4.5                     |
| Gender                    |                      |                          |          |             |                         |
| Male                      | 112                  | 40.6                     | 147      | 59.4        | 6.9                     |
| Female                    | 205                  | 56.8                     | 172      | 43.2        | 5.6                     |
| Age                       |                      |                          |          |             |                         |
| 18-34                     | 58                   | 46.8                     | 56       | 53.2        | 10.5                    |
| 35-54                     | 133                  | 51.6                     | 117      | 48.4        | 6.8                     |
| ≥55                       | 123                  | 47.1                     | 142      | 52.9        | 6.8                     |
| Education                 |                      |                          |          |             |                         |
| ≤High School              | 150                  | 46.4                     | 154      | 53.6        | 6.7                     |
| >High School              | 166                  | 50.9                     | 163      | 49.1        | 6.2                     |

<sup>1</sup>Percents based on row denominators of less than 50 are unstable and should be used with caution

<sup>2</sup>Weighted Percent

<sup>3</sup>95% Confidence Interval

Expanded BRFSS, 2003 - New York State Department of Health

**Trying to Maintain Current Weight of Those not Trying to Lose Weight**

*Cayuga, Seneca, Wayne*

| <b>Demographic Groups</b> | <b>n<sup>1</sup></b> | <b>Yes %<sup>2</sup></b> | <b>n</b> | <b>No %</b> | <b>C.I.<sup>3</sup></b> |
|---------------------------|----------------------|--------------------------|----------|-------------|-------------------------|
| Total                     | 199                  | 62.5                     | 118      | 37.5        | 6.5                     |
| Gender                    |                      |                          |          |             |                         |
| Male                      | 82                   | 54.1                     | 65       | 45.9        | 9.6                     |
| Female                    | 117                  | 74.0                     | 53       | 26.0        | 7.3                     |
| Age                       |                      |                          |          |             |                         |
| 18-34                     | 40                   | 62.6                     | 16       | 37.4        | 15.5                    |
| 35-54                     | 75                   | 63.7                     | 42       | 36.3        | 9.7                     |
| ≥55                       | 82                   | 61.7                     | 58       | 38.3        | 9.1                     |
| Education                 |                      |                          |          |             |                         |
| ≤High School              | 87                   | 56.9                     | 67       | 43.1        | 9.7                     |
| >High School              | 111                  | 67.7                     | 50       | 32.3        | 8.7                     |

<sup>1</sup>Percents based on row denominators of less than 50 are unstable and should be used with caution

<sup>2</sup>Weighted Percent

<sup>3</sup>95% Confidence Interval

Expanded BRFSS, 2003 - New York State Department of Health

## Eating Fewer Calories or Less Fat to Lose or Maintain Weight

*Cayuga, Seneca, Wayne*

| Demographic Groups | n <sup>1</sup> | Yes % <sup>2</sup> | n   | No % | C.I. <sup>3</sup> |
|--------------------|----------------|--------------------|-----|------|-------------------|
| Total              | 384            | 74.5               | 123 | 25.5 | 4.5               |
| Gender             |                |                    |     |      |                   |
| Male               | 132            | 68.5               | 57  | 31.5 | 7.8               |
| Female             | 252            | 79.3               | 66  | 20.7 | 5.0               |
| Age                |                |                    |     |      |                   |
| 18-34              | 66             | 68.2               | 29  | 31.8 | 10.7              |
| 35-54              | 160            | 76.6               | 46  | 23.4 | 6.5               |
| ≥55                | 153            | 76.8               | 48  | 23.2 | 6.7               |
| Education          |                |                    |     |      |                   |
| ≤High School       | 175            | 75.0               | 59  | 25.0 | 6.4               |
| >High School       | 208            | 74.1               | 64  | 25.9 | 6.2               |

<sup>1</sup>Percents based on row denominators of less than 50 are unstable and should be used with caution

<sup>2</sup>Weighted Percent

<sup>3</sup>95% Confidence Interval



Expanded BRFSS, 2003 - New York State Department of Health

## Using Physical Exercise to Lose or Maintain Weight

*Cayuga, Seneca, Wayne*

| <b>Demographic Groups</b> | <b>n<sup>1</sup></b> | <b>Yes %<sup>2</sup></b> | <b>n</b> | <b>No %</b> | <b>C.I.<sup>3</sup></b> |
|---------------------------|----------------------|--------------------------|----------|-------------|-------------------------|
| Total                     | 354                  | 72.0                     | 162      | 28.0        | 4.3                     |
| Gender                    |                      |                          |          |             |                         |
| Male                      | 139                  | 74.2                     | 55       | 25.8        | 6.8                     |
| Female                    | 215                  | 70.3                     | 107      | 29.7        | 5.4                     |
| Age                       |                      |                          |          |             |                         |
| 18-34                     | 73                   | 78.5                     | 25       | 21.5        | 8.5                     |
| 35-54                     | 159                  | 77.3                     | 49       | 22.7        | 6.1                     |
| ≥55                       | 119                  | 59.5                     | 86       | 40.5        | 7.6                     |
| Education                 |                      |                          |          |             |                         |
| ≤High School              | 148                  | 64.8                     | 89       | 35.2        | 7.0                     |
| >High School              | 206                  | 77.8                     | 71       | 22.2        | 5.2                     |

<sup>1</sup>Percents based on row denominators of less than 50 are unstable and should be used with caution

<sup>2</sup>Weighted Percent

<sup>3</sup>95% Confidence Interval

Expanded BRFSS, 2003 - New York State Department of Health

## Ever Had a Pap Smear

*Cayuga, Seneca, Wayne*

| Demographic Groups | n <sup>1</sup> | Yes % <sup>2</sup> | n  | No % | C.I. <sup>3</sup> |
|--------------------|----------------|--------------------|----|------|-------------------|
| Total              | 274            | 94.5               | 16 | 5.5  | 3.5               |

<sup>1</sup>Percents based on row denominators of less than 50 are unstable and should be used with caution

<sup>2</sup>Weighted Percent

<sup>3</sup>95% Confidence Interval

Expanded BRFSS, 2003 - New York State Department of Health

## Had a Pap Smear in Past 3 Years

*Cayuga, Seneca, Wayne*

| Demographic Groups | n <sup>1</sup> | Yes % <sup>2</sup> | n  | No % | C.I. <sup>3</sup> |
|--------------------|----------------|--------------------|----|------|-------------------|
| Total              | 232            | 81.8               | 54 | 18.2 | 5.4               |

<sup>1</sup>Percents based on row denominators of less than 50 are unstable and should be used with caution

<sup>2</sup>Weighted Percent

<sup>3</sup>95% Confidence Interval