# Expanded BRFSS, 2003

# Warren and Washington Locality

Table of Contents:	
Optional Module 5: Diabetes	1
Optional Module 9: Fruits and Vegetables	
Optional Module 15: Oral Health	6
Detional Module 16: Physical Activity	8
Optional Module 23: Seat Belts	
Deptional Module 25: Cervical Cancer	

# New York State Department of Health

### Expanded BRFSS, 2003 - New York State Department of Health Check Blood for Glucose or Sugar at Least Once per Day Warren and Washington

Demographic Groups	n1	Yes %02	n	No %	C.I. <sup>3</sup>
Total	29	56.2	20	43.8	16.0

# Expanded BRFSS, 2003 - New York State Department of Health Check Feet for Sores or Irritations at Least Once per Day *Warren and Washington*

Demographic Groups	n1	Yes %	n	No %	C.I. <sup>3</sup>	
Total	27	54.8	20	45.2	16.2	ĺ

<sup>1</sup>Percents based on row denominators of less than 50 are unstable and should be used with caution <sup>2</sup>Weighted Percent

Expanded BRFSS, 2003 - New York State Department of Health

# Had Feet Checked by a Medical Professional in Past Twelve Months, among Those with Diabetes

Warren and Washington

Demographic		Yes		No	
Groups	n <sup>1</sup>	<b>%</b> <sup>2</sup>	n	%	C.I. <sup>3</sup>
Total	36	76.9	10	23.1	14.0

### Expanded BRFSS, 2003 - New York State Department of Health Had Dilated Eye Exam in Past 12 Months, among Those with Diabetes *Warren and Washington*

Demographic Groups	n1	Yes %	n	No %	C.I. <sup>3</sup>
Total	32	67.0	16	33.0	14.8

<sup>1</sup>Percents based on row denominators of less than 50 are unstable and should be used with caution <sup>2</sup>Weighted Percent

#### Expanded BRFSS, 2003 - New York State Department of Health Eat Five Fruits or Vegetable Servings per Day Warren and Washington

Demographic Groups	n1	Yes %02	n	No %	C.I. <sup>3</sup>
Total	166	24.7	468	75.3	3.8
Gender					
Male	51	20.7	206	79.3	5.8
Female	115	28.5	262	71.5	4.9
Age					
18-34	24	19.6	96	80.4	8.3
35-54	62	22.5	198	77.5	5.5
≥55	78	31.2	169	68.8	6.4
Education					
≤High School	64	19.8	242	80.2	5.2
>High School	102	29.8	223	70.2	5.5

Have Had Permanent Teeth Removed because of Tooth Decay or Gum Disease *Warren and Washington* 

Demographic Groups	n1	Yes %02	n	No %	C.I. <sup>3</sup>
Total	338	49.6	279	50.4	4.5
Gender					
Male	138	47.2	113	52.8	6.9
Female	200	51.9	166	48.1	5.7
Age					
18-34	31	22.8	88	77.2	8.2
35-54	124	48.2	132	51.8	6.7
≥55	181	74.0	55	26.0	6.5
Education					
≤High School	193	57.1	103	42.9	6.7
>High School	145	42.2	175	57.8	6.1

<sup>1</sup>Percents based on row denominators of less than 50 are unstable and should be used with caution <sup>2</sup>Weighted Percent

### Expanded BRFSS, 2003 - New York State Department of Health Having Seen a Dental Professional in the Past 12 Months Warren and Washington

Demographic Groups	n1	Yes %	n	No %	C.I. <sup>3</sup>
Total	428	75.5	140	24.5	4.1
Gender					
Male	164	72.6	65	27.4	6.5
Female	264	78.3	75	21.7	5.0
Age					
18-34	91	74.4	27	25.6	9.2
35-54	188	75.8	65	24.2	5.7
≥55	145	76.1	45	23.9	6.8
Education					
≤High School	173	67.4	83	32.6	6.6
>High School	253	83.3	56	16.7	4.7

# Expanded BRFSS, 2003 - New York State Department of Health Work-Related Physical Activity *Warren and Washington*

Demographic		Mostly sitting or standing			Mostly walking			Mostly heavy labor	
Groups	n1	<sup>0</sup> /0 <sup>2</sup>	C.I. <sup>3</sup>	n	%	C.I.	n	%	C.I.
Total	205	55.3	5.9	81	23.4	5.0	68	21.3	5.1

# Moderate Physical Activity (Moderate Exercise: 30 or more minutes per day and 5 or more days per week)

#### Warren and Washington

Demographic Groups	n1	Meet Mod. Objective %0 <sup>2</sup>	C.I. <sup>3</sup>	n	Insufficient Mod. Activity %	C.I.	n	No Mod. Activity %	C.I.
Total	260	44.2	4.6	248	42.4	4.5	86	13.4	3.0
Gender									
Male	108	44.0	6.9	105	43.0	6.9	37	13.1	4.3
Female	152	44.5	5.8	143	41.7	5.8	49	13.8	4.0
Age									
18-64	201	44.1	5.2	204	45.3	5.2	53	10.7	3.0
≥65	56	44.4	9.5	41	29.5	8.7	33	26.1	8.4
Education									
≤High School	112	43.3	6.7	118	42.3	6.6	52	14.4	4.1
>High School	146	45.1	6.2	130	42.9	6.3	33	12.0	4.2

<sup>1</sup>Percents based on row denominators of less than 50 are unstable and should be used with caution <sup>2</sup>Weighted Percent

# Vigorous Physical Activity (Vigorous Exercise: 20 or more minutes per day and 3 or more days per week)

Warren and Washington

Demographic Groups	n1	Meet Vig. Objective %0 <sup>2</sup>	C.I. <sup>3</sup>	n	Insufficient Vig. Activity %	C.I.	n	No Vig. Activity %	C.I.
Total	164	28.1	4.1	126	22.1	3.9	330	49.8	4.5
Gender									
Male	70	28.9	6.4	67	28.9	6.5	113	42.2	6.8
Female	94	27.3	5.1	59	15.4	4.1	217	57.2	5.6
Age									
18-64	141	30.7	4.8	114	25.9	4.7	219	43.4	5.0
≥65	20	15.9	7.1	12	6.8	4.2	107	77.3	7.8
Education									
≤High School	56	22.9	5.9	61	23.6	5.9	178	53.4	6.6
>High School	108	33.6	5.8	65	20.8	5.1	149	45.6	6.1

<sup>1</sup>Percents based on row denominators of less than 50 are unstable and should be used with caution <sup>2</sup>Weighted Percent

### Expanded BRFSS, 2003 - New York State Department of Health Meet Recommendations for Moderate or Vigorous Physical Activity Warren and Washington

Demographic Groups	n1	Meet Objective	C.I. <sup>3</sup>	n	Insufficient Activity %	C.I.	n	No Activity %	C.I.
Total	326	54.1	4.5	202	34.7	4.4	75	11.1	2.7
Gender									
Male	132	51.6	6.9	89	37.5	6.7	32	10.9	3.9
Female	194	56.7	5.8	113	31.8	5.5	43	11.4	3.6
Age									
18-64	259	55.2	5.1	162	36.3	5.0	45	8.5	2.7
≥65	63	48.8	9.5	38	27.7	8.5	30	23.5	8.0
Education									
≤High School	135	50.7	6.6	102	36.6	6.4	48	12.8	3.8
>High School	189	57.6	6.2	100	33.3	6.0	26	9.1	3.6

<sup>1</sup>Percents based on row denominators of less than 50 are unstable and should be used with caution <sup>2</sup>Weighted Percent

# Expanded BRFSS, 2003 - New York State Department of Health Any Physical Activity or Exercise *Warren and Washington*

Demographic Groups	n1	Yes %	n	No %	C.I. <sup>3</sup>
Total	583	91.1	65	8.9	2.3
Gender					
Male	243	94.2	18	5.8	2.8
Female	340	88.0	47	12.0	3.7
Age					
18-64	457	93.5	39	6.5	2.3
≥65	120	80.9	25	19.1	7.2
Education					
≤High School	270	88.4	45	11.6	3.6
>High School	311	94.3	19	5.7	2.8

Expanded BRFSS, 2003 - New York State Department of Health

Use Seatbelt when Ride or Drive in a Car (Always, Nearly Always or Never Ride in a Car)

Warren and Washington

Demographic		Yes		No	
Groups	n1	%²	n	%	C.I. <sup>3</sup>
Total	590	94.1	40	5.9	2.0

Demographic Groups	n1	Yes %02	n	No %	C.I. <sup>3</sup>
Total	529	83.8	101	16.2	3.3
Gender					
Male	200	78.1	56	21.9	5.7
Female	329	89.5	45	10.5	3.2
Age					
18-64	393	82.0	89	18.0	3.9
≥65	129	90.9	12	9.1	5.5
Education					
≤High School	248	81.2	55	18.8	5.1
>High School	279	86.9	45	13.1	4.1

### Expanded BRFSS, 2003 - New York State Department of Health Ever Had a Pap Smear Warren and Washington

Demographic Groups	n1	Yes %02	n	No %	C.I. <sup>3</sup>
Total	283	98.5	3	1.5	1.7

<sup>1</sup>Percents based on row denominators of less than 50 are unstable and should be used with caution <sup>2</sup>Weighted Percent

#### Expanded BRFSS, 2003 - New York State Department of Health Had a Pap Smear in Past 3 Years Warren and Washington

Demographic Groups	n1	Yes %02	n	No %	C.I. <sup>3</sup>
Total	256	90.8	28	9.2	3.7