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# State/Territory Name: New York

# State Plan Amendment (SPA) #: 16-0007

This file contains the following documents in the order listed:

- 1) Approval Letter
- 2) CMS 179 Form
- 3) Approved SPA Pages

DEPARTMENT OF HEALTH & HUMAN SERVICES Centers for Medicare & Medicaid Services New York Regional Office 26 Federal Plaza, Room 37-100 New York, NY 10278

DIVISION OF MEDICAID FIELD OPERATIONS EAST



April 10, 2019

Donna Frescatore State Medicaid Director New York State Department of Health Office of Health Insurance Programs One Commerce Plaza, Suite 1211 Albany, NY 12237

Dear Ms. Frescatore:

The Centers for Medicare & Medicaid Services (CMS) has approved your request to adopt New York's State Plan Amendment (SPA) #16-0007, Office for People With Developmental Disabilities (OPWDD) Preventive and Rehabilitative Services- Independent Practitioner Services for Individuals with Developmental Disabilities (IPSIDD) into the State Medicaid Plan with an effective date of April 1, 2016. This SPA outlines the qualifications for IPSIDD that will be covered through preventive and rehabilitative services which include: Occupational Therapy; Physical Therapy; Speech and Language Pathology; and Psychotherapy.

We would like to express our gratitude for the effort and cooperation provided by your staff during our review of your amendment request. If you have any questions on this matter, please contact Christopher Semidey at (212) 616-2328 or Christopher.Semidey@cms.hhs.gov.

Sincerely, /

Ricardo Holligan Acting Deputy Director Division of Medicaid Field Operations East

EPARTMENT OF HEALTH AND HUMAN SERVICES EALTH CARE FINANCING ADMINISTRATION		FORM APPROV
TRANSMITTAL AND NOTICE OF APPROVAL OF STATE PLAN MATERIAL	1. TRANSMITTAL NUMBER: 2. STATE 16-0007	
FOR: HEALTH CARE FINANCING ADMINISTRATION		New York
	3. PROGRAM IDENTIFICATION: 7 SOCIAL SECURITY ACT (MEI	TITLE XIX OF THE DICAID)
TO: REGIONAL ADMINISTRATOR	4. PROPOSED EFFECTIVE DATE	
HEALTH CARE FINANCING ADMINISTRATION DEPARTMENT OF HEALTH AND HUMAN SERVICES	April 1, 2016	-
5. TYPE OF PLAN MATERIAL (Check One):		
NEW STATE PLAN AMENDMENT TO BE CONS	SIDERED AS NEW PLAN	AMENDMENT
COMPLETE BLOCKS 6 THRU 10 IF THIS IS AN AMENI	DMENT (Separate Transmittal for each of	amendment)
0. FEDERAL STATUTE/REGULATION CITATION:	7. FEDERAL BUDGET IMPACT: (i	n thousands)
§ 1902(r)(5) of the Social Security Act, and 42 CFR 447	a. FFY 04/01/16-09/30/16 \$0.00	
8. PAGE NUMBER OF THE PLAN SECTION OR ATTACHMENT:	b. FFY 10/01/16-09/30/17 \$0.00 9. PAGE NUMBER OF THE SUPER	SEDED PLAN
Attachment 3.1A Supplement: Pages 2(e.2.8), 2(e.2.9), 2(e.2.10), 2(e.2.11), 2(e), 2(e.1), 2(e.2), 2(e.3) $PAge: 2(c.1.1)$	SECTION OR ATTACHMENT (If A)	oplicable):
Attachment 3.1B Supplement: Pages 2(e.2.8), 2(e.2.9), (e.2.10),		
2(e.2.11), 2(e), 2(e.1), 2(e.2), 2(e.3) PAge: 2 (c. 1.1)		
Attachment 4.19-B: Page 5(a)(ii)		
10. SUBJECT OF AMENDMENT:		
OPWDD Preventive and Rehabilitative Services		
(FMAP = 50%)		
<ul> <li>II. GOVERNOR'S REVIEW (Check One):</li> <li></li></ul>	OTHER, AS SPE	CIFIED:
12. SIGNATURE OF STATE AGENCY OFFICIAL:	16. RETURN TO:	
,	New York State Department of Heal	th
13. TYPED NAME: Jason A. Helgerson	<ul> <li>Division of Finance and Rate Setting</li> <li>99 Washington Ave – One Commerce Plaza</li> </ul>	
14. TITLE: Medicaid Director	Suite 1460	
Department of Health 15. DATE SUBMITTED: 1110 9 0 2016	Albany, NY 12210	
JUN 3 0 2016		
FOR REGIONAL OFFIC		
17. DATE RECEIVED:	18. DATE APPROVED: APRIL 10, 2019	
PLAN APPROVED - ONE C	COPY ATTACHED	
19. EFFECTIVE DATE OF APPROVED MATERIAL: APRIL 01, 2016	20. SIGNATURE OF REGIONAL OF	FICIAL
21. TYPED NAME: RICARDO HOLLIGAN	22. TITLE: Acting Deputy Director Division of Medicaid Field Opera	or tions East
to read: Attachmont 3. 1-2 PAG	ele mode to e: 2(c.1.1) e: 2(c.1.1) pe: 5(2)(ii) lok on Spiel 1,	box #8 2019.

#### New York 2(c.1.1)

Other Licensed Practitioners. A non-physician licensed behavioral health practitioner (NP-LBHP) who is licensed in the State of New York, operating within the scope of practice defined in State law and in any setting permissible under State practice law.

NP-LBHPs include individuals licensed and able to practice independently as a:

Licensed Clinical Social Worker (LCSW)

<u>NP-LBHPs also includes the following individuals who practice psychotherapy</u> services:

- Licensed Master Social Worker (LMSW);
- <u>Applied Behavioral Sciences Specialist (ABSS)</u> An Applied Behavioral Sciences Specialist (ABSS) with a Master's degree in a clinical and/or treatment field of psychology from an accredited institution and/or a NYS license in Mental Health Counseling, who has training in assessment techniques and behavioral program development.
- Supervision requirement: Services delivered by an ABSS must be performed under the supervision of a NYS Licensed Psychologist in accordance with the supervisory functions described in the scope of practice in state law. Services delivered by an ABSS will be billed under the NPI of the supervising Licensed Psychologist who is ultimately responsible for services rendered. Services delivered by an LMSW must be performed under the supervision of a NYS Licensed Psychologist or LCSW in accordance with the supervisory functions described in the scope of practice in state law. Services delivered by an LMSW will be billed under the NPI of the supervising Licensed Psychologist or LCSW (whichever is applicable), who is ultimately responsible for services rendered.

**Limitations:** Services cannot duplicate services available through other State Plan options and must be prior authorized. An annual prior authorization for a maximum of 50 visits for psychotherapy service will be granted based upon attestation of medical necessity by a qualified billing provider. Further visits beyond the initial 50 visits can be prior authorized upon the State's review and approval of documentation supporting medical necessity.

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Approved Date:	04/10/2019	
Effective Date:	04/01/2016	

### New York 5(a)(ii)

#### Independent Practitioner Services for Individuals with Developmental Disabilities (IPSIDD)

- (A) <u>Payments are made in accordance with a fee schedule developed by the Department of Health and approved by the Division of the Budget. The State-developed fee schedule rates are the same for both governmental and private providers of IPSIDD services which are included under independent practitioner services.</u>
  - (1) <u>The IPSIDD fee schedule was set as of April 1, 2016 and is effective for services provided on and after that date.</u> The fee schedules are published on the Department of Health website and can be found at the following links:
    - (i) IPSIDD fee schedule effective April 1, 2016 through December 31, 2016: https://www.health.ny.gov/health\_care/medicaid/rates/mental\_hygiene/ipsidd\_04-01-16
    - (ii) IPSIDD fee schedule effective January 1, 2017 through December 31, 2017: <u>https://www.health.ny.gov/health\_care/medicaid/rates/mental\_hygiene/2017\_01\_01\_ipsidd.</u> <u>htm</u>
    - (iii) IPSIDD fee schedule effective January 1, 2018 and forward: <u>https://www.health.ny.gov/health\_care/medicaid/rates/mental\_hygiene/2018/2018\_01\_01\_ip\_sidd.htm</u>
  - (2) IPSIDD is available for the following services:
    - (i) Occupational Therapy;
    - (ii) Physical Therapy;
    - (iii) Speech and Language Pathology;
    - (iv) <u>Psychotherapy</u>.

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Supe	rsedes TN <u>NEW</u>	Effective Date	04/01/2016	