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**State/Territory Name: New York** 

State Plan Amendment (SPA) #: 18-0021

This file contains the following documents in the order listed:

- 1) Approval Letter
- 2) CMS 179 Form
- 3) Approved SPA Pages

DEPARTMENT OF HEALTH & HUMAN SERVICES Centers for Medicare & Medicaid Services New York Regional Office 26 Federal Plaza, Room 37-100 New York, NY 10278



#### DIVISION OF MEDICAID AND CHILDREN'S HEALTH OPERATIONS

DMCHO: MT: SPA NY-18-0021

December 19, 2018

Donna Frescatore
Deputy Commissioner
Office of Health Insurance Programs
New York State Department of Health
One Commerce Plaza, Suite 1211
Albany, NY 12210.

Dear Ms. Frescatore:

This is to notify you that New York State Plan Amendment (SPA) #18-0021 has been approved for adoption into the State Medicaid Plan with an effective date of July 1, 2018. This State Plan Amendment increases the physical therapy visit limit from 20 visits to 40 visits per member in a 12-month period.

Enclosed are copies of the approved SPA # 18-0021. If you have any questions or wish to discuss this SPA further, please contact Maria Tabakov. Ms. Tabakov may be reached at (212) 616-2503.

Sincerely,



Michael Melendez, LMSW Associate Regional Administrator Division of Medicaid and Children's Health Operations

cc: PLavenia RDeyette

TRANSMITTAL AND NOTICE OF APPROVAL OF	I. TRANSMITTAL NUMBER:	2. STATE		
STATE PLAN MATERIAL	18-0021	Now Voul		
FOR: HEALTH CARE FINANCING ADMINISTRATION	3. PROGRAM IDENTIFICATION: TIT	New York		
TON HEADIN CINE IN A MENT OF THE TON T	SOCIAL SECURITY ACT (MEDIC			
TO: REGIONAL ADMINISTRATOR	4. PROPOSED EFFECTIVE DATE			
HEALTH CARE FINANCING ADMINISTRATION	July 1, 2018			
DEPARTMENT OF HEALTH AND HUMAN SERVICES		A CANADA		
5. TYPE OF PLAN MATERIAL (Check One):				
□ NEW STATE PLAN □ AMENDMENT TO BE CONSIDERED AS NEW PLAN ☑ AMENDMENT				
COMPLETE BLOCKS 6 THRU 10 IF THIS IS AN AMENDMENT (Separate Transmittal for each amendment)  6. FEDERAL STATUTE/REGULATION CITATION:  7. FEDERAL BUDGET IMPACT: (in thousands)				
Section 1902 (a) of the Social Security Act and 42 CFR 447	a. FFY 07/01/18 - 09/30/18 \$766.66 b. FFY 10/01/18 - 09/30/19 \$3,066.66			
8. PAGE NUMBER OF THE PLAN SECTION OR ATTACHMENT:	9. PAGE NUMBER OF THE SUPERSEDED PLAN SECTION OR ATTACHMENT (If Applicable):			
Attachment 3.1-A Supplement – Page 6				
Attachment 3.1-B Supplement – Page 6	Attachment 3.1-A Supplement – Page 6 Attachment 3.1-B Supplement – Page 6			
10. SUBJECT OF AMENDMENT:				
Physical therapy 40 visit limit effective 7/1/18 forward.				
11. GOVERNOR'S REVIEW (Check One):  ☐ GOVERNOR'S OFFICE REPORTED NO COMMENT ☐ COMMENTS OF GOVERNOR'S OFFICE ENCLOSED ☐ NO REPLY RECEIVED WITHIN 45 DAYS OF SUBMITTAL	OTHER, AS SPEC	IFIED:		
12. SIGNATURE OF STATE AGENCY OFFICIAL:	16. RETURN TO: New York State Department of Health			
13. TYPED NAME: Donna Frescatore	Division of Finance & Rate Setting 99 Washington Ave – One Commerce Plaza			
14. TITLE: Medicaid Director	Suite 1432			
Department of Health	Albany, NY 12210			
15. DATE SUBMITTED: SEP 2 7 2018				
FOR REGIONAL OFFIC 17. DATE RECEIVED:	18. DATE APPROVED:			
17. DATE RECEIVED.	DECEMBER 19, 2018			
PLAN APPROVED – ONE COPY ATTACHED				
19. EFFECTIVE DATE OF APPROVED MATERIAL: JULY 01, 2018	20. SIGNATURE OF REGIONAL OFF			
21. TYPED NAME: MICHAEL MELENDEZ	22. TITLE: Associate Regional Administrator Division of Medicaid & Children's Health			
23. REMARKS:				
[발판] (1 - 1 - 1 - 1 - 1 - 1 - 1 - 1 - 1 - 1				
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#### New York 6

9. Services will be provided in accordance with the utilization threshold requirements described in departmental regulations which are based on medical necessity and identified for providers in the MMIS Clinic Provider Manual. Such threshold requirements are applicable to specific provider service types including adult day health services, medical clinics, dental clinics and mental health clinics certified under Article 28 of the Public Health Law and/or Article 31 of the Mental Hygiene Law. The requirements mandate that providers obtain prior authorization based on medical necessity for the provision of services in excess of prescribed utilization thresholds per recipients per benefit year, unless the services provided were urgent or emergent in nature, or otherwise excluded.

# **Physical Therapy Services**

11a. Effective on or after [October 1, 2011] <u>July 1, 2018</u>, services are limited to coverage of [twenty] <u>forty</u> visits per year; however, this limitation does not apply to enrollees who are less than 21 years of age, to individuals with traumatic brain injury, to persons with developmental disabilities, or to Medicare/Medicaid dually eligible recipients when that service is covered by Medicare. The benefit limit does not apply to inpatient hospital settings, services provided by a certified home health agency, or to nursing home inpatients receiving therapy in skilled nursing facilities in which they reside. The benefit limit is not subject to review or exception.

# **Occupational Therapy Services**

11b. Effective on or after October 1, 2011, services are limited to coverage of twenty visits per year; however, this limitation does not apply to enrollees who are less than 21 years of age, to individuals with traumatic brain injury, to persons with developmental disabilities, or to Medicare/Medicaid dually eligible recipients when that service is covered by Medicare. The benefit limit does not apply to inpatient hospital settings, services provided by a certified home health agency, or to nursing home inpatients receiving therapy in skilled nursing facilities in which they reside. The benefit limit is not subject to review or exception.

TN #18-0021	Approval Date	12/19/2018
	· • .	07/01/2018
Supersedes TN <u>#11-0037</u>	Effective Date	

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