

About Managed Long-Term Care

- Managed long-term care (MLTC) helps people who are chronically ill or have disabilities and who need health and long-term care services, such as home care or adult day health care, stay in their homes and communities as long as possible.
- All MLTC plans arrange and pay for the following health and long-term care services (as long as they are medically necessary):
 - Care management
 - Home care
 - Dental services
 - Personal care
 - Non-emergency transportation to receive medically necessary services
 - Home delivered meals
 - Personal emergency response system
 - Social day care and adult day health care
 - Nursing home care and more.

For a full list of covered services, please see http://www.health.ny.gov/health_care/managed_care/mltc/coverservices.htm

- Additional covered services are different depending on the plan you choose. Some MLTC plans pay for hospital stays and doctor visits.

Important Numbers

If you have a problem with your health plan, call:

**New York State
Department of Health
MLTC Complaint Hotline
1-866-712-7197**

This guide is also available at:

http://www.health.ny.gov/health_care/managed_care/mltc/consumer_guides/

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**Department
of Health**

A Consumer's Guide to Managed Long-Term Care in the Hudson Valley



Choosing a managed long-term care (MLTC) plan that meets your health needs is an important decision. This brochure will help you make that decision by providing information about the quality of care offered by the different plans and people's opinions about the care and the services the plans provide.

Each of the MLTC plans presented covers the same base set of services, with certain plans covering additional services. To be eligible for any plan, you must meet certain age, health-status, and living arrangement requirements.

Managed Long-Term Care Plans in the Hudson Valley

	Website	Member Services Phone Number	Dutchess	Orange	Putnam	Rockland	Sullivan	Ulster	Westchester
Partial Capitation									
ArchCare Community Life	www.archcare.org	1-855-380-2589			•				•
Centers Plan for Healthy Living	www.centersplan.com	1-855-270-1600				•			•
Elderplan dba Homefirst	www.elderplan.org	1-866-386-4177	•	•	•	•	•	•	•
Empire BCBS HealthPlus MLTC	mss.empireblue.com/ny/home.html	1-800-950-7679							•
EverCare Choice	www.evercare.org	1-877-255-3678	•	•		•			
Fidelis Care	www.fideliscare.org	1-888-343-3547	•	•	•	•	•	•	•
Hamaspik Choice	www.hamaspikchoice.org	1-855-552-4642	•	•	•	•	•	•	
Montefiore MLTC	www.montefiore.org	1-855-556-6683							•
Prime Health Choice	www.primehealthchoice.com	1-855-777-4630	•	•	•	•			
RiverSpring at Home	https://riverspringathome.org	1-800-370-3600							•
Senior Health Partners	www.healthfirst.org/senior-health-partners-plan	1-800-633-9717							•
Senior Whole Health Partial	https://www.molinahealthcare.com/members/ny/en-us/mem/SWH.aspx	1-877-353-0185							•
VNS Health MLTC	www.vnsnychoice.org	1-855-282-4642	•	•	•	•	•	•	•
Program of All-Inclusive Care for the Elderly (PACE)									
ArchCare Senior Life	www.archcare.org	1-866-263-9083							•
CenterLight PACE	www.centerlighthealthcare.org	1-833-252-2737							•
Medicaid Advantage Plus (MAP)									
AgeWell New York Advantage Plus	www.agewellnewyork.com	1-866-586-8044							•
Centers Plan MAP	www.centersplan.com	1-855-270-1600				•			•
Elderplan	www.elderplan.org	1-866-360-1934	•	•	•	•			•
Empire BCBS HealthPlus MAP	mss.empireblue.com/ny/home.html	1-800-950-7679		•		•			•
Fidelis Care MAP	www.fideliscare.org	1-888-343-3547	•	•	•	•	•	•	
Hamaspik MAP	www.hamaspikchoice.org	1-855-552-4642	•	•	•	•	•	•	•
MHI Healthfirst Complete Care	www.healthfirst.org	1-866-463-6743		•		•	•		•
RiverSpring MAP	www.riverspringathome.org	1-800-950-9000							•
Senior Whole Health	https://www.molinahealthcare.com/members/ny/en-us/mem/SWH.aspx	1-877-353-0185							•
VNS CHOICE Total	www.vnsnychoice.org	1-855-282-4642							•
Fully Integrated Duals Advantage (FIDA)									
Partners Health Plan IDD	www.phpcares.org	1-855-747-5483				•			•

Not every plan may be accepting new enrollment. Please call the plan member services phone number listed above to confirm availability.

A Consumer's Guide to Managed Long-Term Care in the Hudson Valley

More stars mean better health plan performance with 5 stars being the best.

Health Plan

Health Plan	Preventive Care			Quality of Life*	Satisfaction with Care				Stability or Improvement				Overall Rating
	Prevention	Patient Safety*	Advance Directives		Rating of Health Plan	Rating of Regular Visiting Nurse	Rating of Care Manager	Timeliness of Aide	ADL Stable or Improved**	Pain Intensity Stable or Improved**	Shortness of Breath Stable or Improved**	Urinary Continence Stable or Improved**	
Partial Capitation													
AgeWell New York	★★★	★★★★★	★★	★★★★★	★★★★★	★★★★★	★★★★★	★★★★★	—	—	—	—	★★★★★
ArchCare Community Life	★★★	★★★	★★★★	★★★★	★★	★★	★★★	★★★★	—	—	—	—	★★
Centers Plan for Healthy Living	★★★★★	★★★★★	★★★★★	★★★★★	★★★★★	★★★★★	★★★★★	★★★★	—	—	—	—	★★★★★
Elderplan dba Homefirst	★★	★★★	★★★★	★★★★★	★★★★★	★★★★★	★★★★★	★★★★	—	—	—	—	★★★★★
Empire BCBS HealthPlus MLTC	★★★★★	★★★★★	★★★★	★★★★★	★★★★	★★★	★★★★★	★★★★	—	—	—	—	★★★★★
EverCare Choice	★★★	★★	★★★★	★★★★	★★★★	★★	★★★	★★★★	—	—	—	—	★★
Fidelis Care	★	★	★★★★★	★★★★★	★★★★	★★★	★★	★★★★	—	—	—	—	★★
Hamaspik Choice	★★★★★	★★	★★★★	★★★★	★★★★	★★★	★★★	★★★★	—	—	—	—	★★★★
Integra MLTC	★★★★★	★★	★★★★	★★★★★	★★★★★	★★★★★	★★★	★★★★★	—	—	—	—	★★★★★
Montefiore MLTC	★★★	★★★	★★★★★	★★	★★★★★	★★★	★★★★★	★★★★★	—	—	—	—	★★★★★
Prime Health Choice	★★★★★	★★★	★	★★★★★	★★	★	★	★★★★	—	—	—	—	★
RiverSpring at Home	★★	★★★★★	★★	★★★★	★★★★★	★★★★★	★★★★★	★★★★★	—	—	—	—	★★★★★
Senior Health Partial	★	★★★	★★★★★	★★	★★★★★	★★★	★★★	★★★★★	—	—	—	—	★★★★
Senior Whole Health Partial	★★★★★	★★★★★	★★★★	★★★★★	★★★★	★★	★★★	★★★★	—	—	—	—	★★★★★
VNS Health MLTC	★★★	★★	★★★★★	★★★★★	★	★	★★	★★★★	—	—	—	—	★★
Program of All-Inclusive Care for the Elderly (PACE)													
ArchCare Senior Life	★★★★★	★★★	★★★★★	★★★★	★★★★	★★	★	★★★★	—	—	—	—	★★★★
CenterLight PACE	★★★	★★★★★	★★★★	★★★★★	★★	★★★	★★★	★★★★	—	—	—	—	★★★★
Medicaid Advantage Plus (MAP)													
Elderplan	★★★	★★★★★	★★★★★	★★★★★	★★★★★	★★★★★	★★★★★	★★★★	—	—	—	—	★★★★★
MHI Healthfirst Complete Care	★★	★★	★★★★★	★★	★★★★	★★	★	★★★★	—	—	—	—	★★
VNS Health Total	★★★★	★★★	★★★★	★★★★★	★★★★★	★★★	★★★	★★★★	—	—	—	—	★★★★

*Due to the pandemic related moratorium on reassessments, some Preventative Care and Quality of Life measures cannot be risk adjusted and crude rates are reported. Risk adjustment of these measures will return for the 2023 MLTC Consumer Guides.

**Due to the pandemic related moratorium on reassessments, Stability or Improvement quality area measures cannot be calculated for the 2022 enrollment period. The measure results will return for the 2023 MLTC Consumer Guides.

Plan performance data are not available for AgeWell New York Advantage Plus, Centers Plan MAP, Empire BCBS HealthPlus MAP, Fidelis Care MAP, Hamaspik MAP, RiverSpring MAP, and Senior Whole Health due to small numbers. Plan performance data are not available for Partners Health Plan IDD.

Ratings are based on a comparison of plan rates to statewide averages. Quality ratings are from information submitted by the Managed Long-Term Care Plans. Member Satisfaction ratings, Advance Directives, and one component within the Quality of Life domain are from a Department of Health survey.

The measures used in the MLTC Consumer Guides represent some, but not all of the measures collected from health plans through the Uniform Assessment System for New York (UAS-NY) and the member satisfaction survey. For additional information about the individual measures used in each area, and other quality of care measures, please see the NYSDOH website (https://www.health.ny.gov/health_care/managed_care/mltc/reports.htm) or the Managed Long-Term Care Performance Data: Beginning 2014 documentation available on Health Data NY (HDNY) (<https://health.data.ny.gov/Health/Managed-Long-Term-Care-Performance-Data-Beginning-/cmqt-68bp>).