

- Misusing pain medications can be extremely dangerous and even deadly.
- More than 20,000 New Yorkers are hospitalized each year due to poisoning and overdose.
- To prevent an overdose, take your medication exactly as prescribed. Never take medication that isn't prescribed for you. Never share your prescription with others.
- 1 in 5 teenagers uses pain medication for non-medical reasons and most obtain it from a friend or a medicine cabinet. Put your pain medication in a safe place and dispose of unwanted medication properly.
- Call 911 immediately if you suspect an overdose.

Talk with your doctor or pharmacist if you have any questions.

Protect Yourself



Stop Prescription Pain Medication Misuse

To find a drug treatment provider near you:
1-877-8-HOPENY (1-877-846-7369)

For information on overdose prevention:
www.health.ny.gov/overdose

For more information:

www.oasas.ny.gov/StopRxMisuse
Email: StopRxMisuse@oasas.ny.gov

Or, call 311 in NYC.

New York State
Department of Health
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