

NEW YORK STATE DEPARTMENT OF HEALTH
**NURSING HOME TRANSITION
& DIVERSION (NHTD) WAIVER**

Nursing Home Transition & Diversion (NHTD) Waiver

- 1915c Home and Community Based Waiver
- Article V, Title II Social Services Law 366.6-a
- Waiver renewal application to CMS approved – effective September 1, 2010

NHTD Waiver Characteristics

- Targeted population
- Participants come from a community setting, or transition from a nursing home to the community
- Person-Driven
- Participant Choice

NHTD Waiver Participants

- Are eligible for Medicaid that supports community based long term care
- Are between the ages of 18 and 64 with a physical disability, or age 65 and older
- Are assessed to need nursing home level of care

NHTD-TBI: RRDC Approach

- 9 RRDC contractors
- Combined NHTD & TBI regions
- Initial point of contact for applicants, their families, legal guardians and/or authorized representatives
- Oversee day-to-day activities of waiver
- Develop and maintain waiver resources
- Review and approve all Service Plans
- Help participants obtain and keep services

NHTD Waiver Services

- Service Coordination (SC)
- Home & Community Support Services (HCSS)
- Community Transitional Services (CTS)(for those transitioning from a nursing home)
- Moving Assistance (for those already in the community)
- Home Visits by Medical Personnel (MD, NP, PA)
- Independent Living Skills Training (ILST)

NHTD Waiver Services (cont.)

- Assistive Technology (AT)
- Community Integration Counseling (CIC)
- Environmental Modification Services (eMods)
- Peer Mentoring
- Nutritional Counseling
- Positive Behavioral Interventions and Supports (PBIS)

NHTD Waiver Services (cont.)

- Respiratory Therapy
- Respite Services
- Structured Day Program Services
- Wellness Counseling Services
- Congregate and Home Delivered Meals

Changes to the Waiver with Renewal

- Service plans reviewed every twelve (12) months
- Team meetings still required to be held every six (6) months
- RRDC Interim Service Coordination – new level of service coordination
- Changes to Serious Reportable Incident Policy

Changes to the Waiver with Renewal (cont.)

- Minor revisions to provider qualifications and specifications for Respiratory Therapy, SC, Home Visits By Medical Personnel & CIC
- Minor clarifications/changes in cost and utilization limitation for eMods, AT & Vehicle Modifications
- The Screen is no longer used to determine Level of Care

For Additional Information

Colleen Maloney, Director

Carol Hodecker (NYC & Adirondack regions)

Leah Sauer (Lower Hudson Valley & Capital regions)

Andrea Swire (Binghamton/Southern Tier, Syracuse & Buffalo regions)

Joe Katigiri (Long Island & Rochester regions)

Phone: (518) 474-6580

Fax: (518) 474-7067

Long Term Care Directory:

http://www.health.ny.gov/facilities/long_term_care/