

# Multi-Agency Collaboration

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# **Tompkins County Highlights**

- Located on Cayuga Lake in the Finger Lakes Region
- Cornell University
- Ithaca College
- Ithaca Farmers' Market and local food entrepreneurs
- Robust Music and Arts community
- Rich in social services and CBOs



## Demographics

- Population 101,564 (2010 U.S. Census)
  - 83% white
  - 4% Black/ African American
  - 9% Asian
  - 4% Hispanic/ Latino
- Education (age 25+ years)
  - 93% HS
  - 50% Bachelor
  - 29% Graduate or professional



## Prevention Agenda

- Rural Population Disparate population
- Promote Mental Health;Prevent Drug Abuse
- Chronic Disease Prevention
  - National Diabetes Prevention Program, CDC
  - 12 workshops in 3.5 years (~65 people)



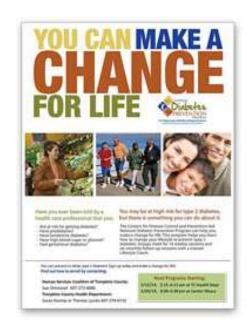
# Diabetes Prevention Program

#### **Diabetes Prevention Program**

The **Tompkins County Diabetes Prevention Program** can give you the skills and practice necessary to make the important changes in your livestyle habits, and help you prevent diabetes.

### Have you ever been told by your doctor that you:

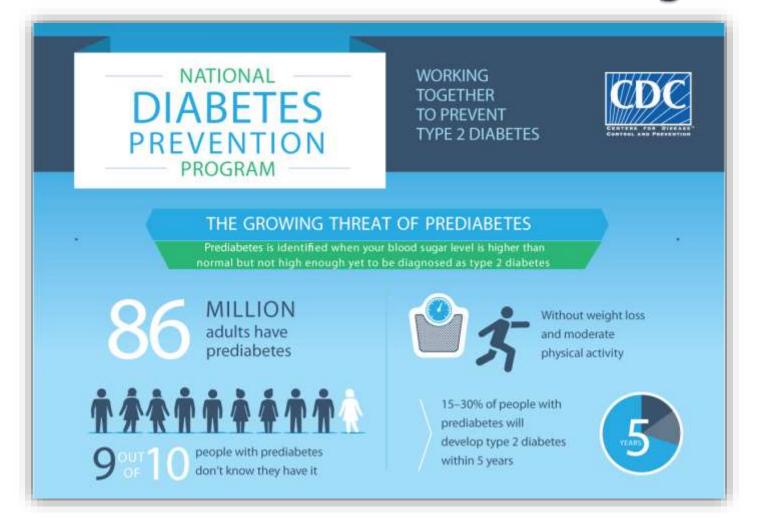
- · Are at risk for getting diabetes?
- Have pre-diabetes?
- · Have borderline diabetes?
- · Have high blood sugar or glucose?
- Had gestational diabetes?



You may be at high risk for type 2 diabetes, but there is something you can do about it.



### Nat'l Diabetes Prevention Program





### Nat'l Diabetes Prevention Program

#### REDUCING THE IMPACT OF DIABETES



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Congress authorized CDC to establish the NATIONAL DIABETES PREVENTION PROGRAM (National DPP)—a public-private initiative to offer evidence-based, cost effective interventions in communities across the United States to prevent type 2 diabetes

#### It brings together:



Research shows structured lifestyle interventions can cut the risk of type 2 diabetes in

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### Nat'l Diabetes Prevention Program

#### Groups in the National Diabetes Prevention Program are working to:



Build a workforce that can implement the lifestyle change program effectively



Ensure quality and standardized reporting



Deliver the lifestyle change program through organizations nationwide



Increase referrals to and participation in the lifestyle change program

A key part of the National DPP is a lifestyle change program that provides:









# Diabetes Prevention Program



- Are you at risk for getting diabetes?
- Do you have a family member with diabetes?
- Has a health care professional told you that you are overweight?

### You Can Prevent Or Delay Type 2 Diabetes!

Sign up today and make a change for life!

Call (607) 274-6710 or (607) 273-8686











# Multi-Agency Effort

- Tompkins County Health Department
  - CDC Full Recognition Provider
- Human Services Coalition of Tompkins Co.
  - CDC Full Recognition Provider
- YMCA of Ithaca
- Cayuga Center for Healthy Living (Cayuga Medical Center)









# Advantages — The Ideal

- Pool resources
  - staff time, marketing
- Program at various locations, times
- Share referrals
- Agreed program cost



# Challenges

- Organizational priorities, structures vary
- Communication styles differ
- Intra agency silos
- Organization with funding usually in charge



### Questions for Discussion

- What are the unique roles of local health departments, hospitals and community based organizations in an evidence based program such as the National Diabetes Prevention Program?
- How do we know the program is reaching Prevention Agenda objectives? What are some immediate outcome measures?
- What are creative ways that a local health department, hospital or community based organization can secure funding for diabetes prevention?



### Thank You

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