

## COMMUNITY PARTNERS OF WNY

Performing Provider System

## TRAINING STRATEGY



Prepared by WNY IR-AHEC
November 2016

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## Introduction

Community Partners of WNY (CPWNY) is a network of more than 100 health, human service, and educational organizations; the Catholic Health System plus five community hospitals; and over 1,000 physicians from across the region. CPWNY will focus on transforming the delivery of healthcare in Western New York. This community-wide effort is governed by a representative board established by the lead organization, Sisters of Charity Hospital, and supported by the project management team at Catholic Medical Partners. Our goals are to improve clinical care and service to the Medicaid population and to achieve a measurable reduction in the burden of illness on our population, while achieving the New York State target of a $25 \%$ reduction in avoidable hospital use over a five-year period.
As part of the overarching DSRIP goal of a $25 \%$ reduction in avoidable hospital use (i.e. emergency department), CPWNY will train and retrain care staff as well as clinical and administrative support staff. Physicians, nurses, social workers, office managers, LPNs, and case managers will need to learn team-based care work skills; evidence-based practice and develop technology assisted workflows that optimize staff skills. The PPS lead, Sisters of Charity Hospital (SOCH), as a member of Catholic Medical Partners (CMP), has been engaged in a population health business model for approximately 10 years and has been training and redeploying the clinical and administrative staff needed to be successful in this business model. As the selected project management team for CPWNY, Catholic Medical Partners will provide skills, training, and resources for network support. This team will focus on providing CMP practices and providers training and educational materials needed in order to achieve the DSRIP goals and outcomes.


COMMUNITY PARTNERS OF WNY


## Engaging Our Stakeholders

A key part of implementing this training strategy is engaging and working with our stakeholders. In addition to leveraging the CMP Clinical Transformation and Care Management staff, CPWNY has contracted with the Chautauqua County Health Network (CCHN) to expand training to the 7 contracted practices in Chautauqua County. CCHN facilitates communication and training to the practices on behalf of the PPS. Other key stakeholders that assist CPWNY in delivering trainings to the PPS network include P2 Collaborative, Community Health Worker Network of Buffalo (CHW), and Roswell Park Cancer Institute. These contracted organizations have been playing a vital part in targeting all levels of our partners (practices, providers, hospitals, organizations, CBOs, Medicaid members, etc.) to train in various topics such as self-management, tobacco cessation, cultural competency, health literacy and other areas CPWNY identifies as needed.

To address PPS partners that wish to receive training or may not have trainings in place, CPWNY has utilized its community forums, e-mail, newsletters, and website to promote training conducted by P2, CHW, or trainings conducted through the CPWNY website.

To access and house these various trainings, CPWNY has contracted with WNY Rural Area Health Education Center (R-AHEC) to assist the PPS in the collection and housing of training data from the providers, practices, and organizational outreach efforts.

This approach enables us to have a strategy that meets the needs of local employers and training providers in addressing changes with DSRIP implementation as well as to meet the legal requirements for storing sensitive information.


## Delivering Our Strategy

CPWNY covers 3 Western New York counties: Chautauqua, Erie and Niagara, which overlap with Millennium Collaborative Care PPS (Millennium). CPWNY and Millennium have been working together on projects that both PPSs have in common.

As it was previously mentioned, we will be working closely with our stakeholders to train the workforce in our catchment area. Our training strategy will be delivered to the 9 occupational subgroups established by the New York Department of Health:

- Physicians and Physician Assistants
- Nurse Practitioners, Midwives, Nurses and Clinical Support
- Allied Health Professionals
- Behavioral Health Professionals
- Social Workers (including Case/Care Managers)
- Non-licensed Care Coordinators, Patient Navigators, Community Health Workers and Health Educators/Coaches
- Administrative Staff and Administrative Support
- Health Information Technology Specialists
- Home Health/Personal Care

CPWNY will utilize four different training formats: on-site (training instructor will come to the partner facility's site), offsite (partner employees will have a training at the educational institution's site), e-Learning (on-line education) and monthly meetings (seminars and PAC meetings).

Our individual staff trainings will be conducted by the CMP Clinical Transformation, Chautauqua County Health Network, P2 Collaborative, Community Health Worker Network of Buffalo (CHW), Roswell Park Cancer Institute, and WNY Rural AHEC.


Our multi-disciplinary teams will be trained through various conferences, seminars and Project Advisory Committee (PAC) meetings.

By working in partnership with health facilities, community based organizations and educational institutions, we will continue to build and strengthen our relationships. These partnerships will help us to meet our DSRIP implementation goals of a $25 \%$ reduction in avoidable hospital use and improving the health and patient experience of the Medicaid population. We will work jointly with other PPSs by sharing our experiences and attending DSRIP conferences and webinars. Additionally, we will continue to seek guidance from the New York Department of Health to ensure that we are on track with all milestones.

## Our Network's Training Needs

Our PPS has identified required training needed for five projects that CPWNY is involved in:
> 2ai-Create an Integrated Delivery System focused on Evidence-Based Medicine and Population Health Management;
> 2biv - Care Transitions Intervention Model to Reduce 30-day Readmissions for Chronic Health Conditions;
> 2cii - Expand Usage of Telemedicine in Underserved Areas to Provide Access to Otherwise Scarce Services;
> 3bi - Evidence-Based Strategies for Disease Management in High Risk/Affected Populations (Adults Only);
> 3gi - Integration of Palliative Care into the PCMH Model;

The detailed description of specific trainings by project and plans to deliver them may be found in the DSRIP Training/Workstream Measurements chart. In addition to these specific trainings, each partner organization is required to view the DSRIP 101 video.

As part of the overall Training Strategy, CPWNY identified the following trainings as necessary for successful achievement of the DSRIP's goals:
$>$ Cultural Competency and Health Literacy
> Practitioner Engagement
$>$ IT Systems and Processes
$>$ Performance Reporting
> Clinical Integration
> Population Health Management

## Trainings by Project

As was mentioned above, CPWNY has identified specific trainings for five different projects for this Training Strategy. All trainings are based on project requirements and will have their own audience, delivery methods and training providers.


For more details please see DSRIP Training/Workstream Measurements chart.

## Trainings by Workstream

## Cultural Competency and Health Literacy

In achieving the goal of reducing the avoidable emergency room visits, it is essential to have a workforce that is aware of and understands that different patients can react differently to medical care or treatment. One of our priorities is to develop a workforce that is trained to be culturally sensitive and mindful of the different beliefs and backgrounds of its patients and how this effects the care that they receive.

Additionally, it is vital that we address the effects of health literacy on patient care. Our staff needs to understand what health literacy is, the importance of assessing health literacy levels, and what strategies to use or how to effectively communicate information to patients with low health literacy skills.


For more details please see Attachment A.

## Practitioner Engagement

Another key element in reducing avoidable hospitalizations while implementing DSRIP is to involve as many physicians and practices as possible. CPWNY has been engaging physicians and practices in the DSRIP program since 2014. Practitioner Quality Improvement Plan/RCE/PSDA training is ongoing and was originally initiated in 2015 by Catholic Medical Partners IPA for CMP board members and the CMP Quality Committee.


For more details please see Attachment B.

## IT Systems and Processes

For our network to be able to function without disruptions, it was necessary to develop an IT Change Management Strategy. The strategy that would formalize a process to be used by the CHS Information Technology Department (IT) to ensure that there is a consistent method for the intake, review, and approval of all proposed changes to IT tools used by the CPWNY.


For more details please see Attachment C.

## Performance Reporting

CPWNY's goal is to make sure that all partners are on track with the DSRIP implementation and provide high quality care to their patients. The Performance Reporting Training Program utilizes two types of detailed assessments to ascertain the necessity of training and expected outcomes of the training toward DSRIP goal achievement. The first assessment is a detailed electronic medical record capabilities assessment. The second assessment is a National Committee of Quality Assurance (NCQA) Patient Centered Medical Home (PCMH) 2014 assessment grid. This assessment is ongoing and gauges practice readiness for obtaining PCMH or renewing the recognition under the 2014 standards. CPWNY will insure that the DSRIP goals are achieved by providing PCMH classes and individualized training on areas needing improvement in order to meet the PCMH standards. This work stream is in reference to Rapid Cycle Evaluation ( RCE ) and quality outcomes. RCE is required training.


For more details please see Attachment D.

## Clinical Integration

One of the first steps to a high performing health system is the development of the high performing physician network. Catholic Medical Partners' (CMP) physician-led, patient focused approach is based on bringing together people, facilities, technology and ideas for the singular purpose of improving the health of our patients and the delivery of care in our community.

The building of a clinically integrated network must encompass the engagement of physicians capable of attaining the organization's goals, focusing on the Triple Aim - lower cost, improved care, and better health.


For more details please see Attachment E.

## Population Health Management

Population Health Management principles assist CPWNY practices in leveraging the work of the entire practice to proactively identify and address patient needs to ensure optimal clinical outcomes and patient satisfaction. In turn, this lowers the total cost of care and keep with the goals of the Triple Aim.


For more details please see Attachment F.

## Training Tracking

CPWNY contracted with WNY Rural AHEC (R-AHEC) to track its network's training completion progress. In the summer of 2016, R-AHEC successfully developed a database in accordance with CPWNY's training tracking requirements and needs. Currently a designated R-AHEC employee receives the CPWNY training updates on a regular basis and enters new information into the database. Topics which are currently being tracked include Performance Reporting and Practitioner Engagement, Cultural Competency, Health Literacy, Patient Centered Medical Home, Population Health and Clinical Integration, Ongoing IT Platforms and Processes, Meaningful Use, Community Organization Referrals, Care Transition Protocol, Policies and Procedures for Discharge Documentation, Care Coordination and Workflow Process, Treatment Protocols, and Documentation of Self-Management Goals.

This tracking of specific topics allows our PPS to ensure that our providers are getting the education/information required to adhere to the successful completion of the projects CPWNY has elected to execute.






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# COMMUNITY PARTNERS OF WNY <br> Performing Provider System 

## Cultural Competency and Health Literacy (CCHL) Training Strategy all other CPWNY Partners

Implementation of training to facilities will include key recommendations regarding PROCESS and FORMAT of health literacy and cultural competency training on an ongoing basis. CONTENT, as indicated in the evidenced based information provided by Community Health Worker Network of Buffalo, will be incorporated into the $\mathrm{CC} / \mathrm{HL}$. training of facility personnel. Input on training will be requested from the CPWNY PMO office.

## 1. Hospitals, Nursing Homes

A survey was completed on what was already in place for cultural competency and health literacy at the facilities in our network. Only one hospital had training in place for cultural competency and health literacy for staff. Training methodologies were assessed and input obtained from facility education departments on expectations, mandatory trainings currently in place, and assessing effectiveness. It was determined that a comprehensive mandatory interactive video be developed for all facilities to utilize. It will include pre and post test questions. A team will be convened to put together this video with further assistance from Elizabeth Campisi, SUNY of Albany Public. Health offerings. List of facilities that overlap with the Millennium Care Collaborative PPS have been reconciled so there will not be duplicate efforts.

## 2. Community Based Organizations

List of facilities that overlap with the Millennium Care Collaborative PPS have been reconciled to avoid duplicate efforts. Community Based Organizations will be offered the following choices:
a) Facility based video
b) Webinars that are on the SUNY Albany website:
http://wow albany.edu/sph/cphce/advancing ce.shtml
c) In person trainings that will be contracted with Community Health Worker Network as needed.

All partners are recommended to do an annual training with attestations sent to the CPWNY PMO office regarding completion of the trainings.

## Proprietary

Training plans for clinicians, focused on available evidence based research addressing health disparities by particular groups identified in cultural competency strategy

## Cultural Competency/Health Literacy Training

Results of Phase I
Prepared for Community Partners of WNY PPS By Community Health Worker Network of Buffalo Jessica Bauer Walker, CHW, Executive Director

Renee Cadzow, PhD, Evaluator
Denise Walden, CHW, Trainer

April 29, 2016


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## EXECUTVE SUMMARY

Research shows that health literacy and cultural competency are critical to quality and outcomes related to patient care, and promotes effective patient/provider communication (Scholle et al, 2010). The National Institutes of Health has provided evidence that the concept of cultural competency has a positive effect on patient care delivery by enabling providers to deliver services that are respectul of and responsive to the health beliefs, practices and cultural and linguistic needs of diverse patients. Health literacy, in conjunction with cultural competency, insures that an individual possesses the skills to understand basic health information and services and use them to make appropriate decisions about their healthcare needs and priorities. As part of New York State DSRIP (Delivery System Reform Incentive Payment) program, Community Partners of Western New York PPS (Performing Provider System) contracted with the Community Health Worker Network of Buffalo to provide research, training, and evaluation of various aspects of health literacy and cultural competency to inform an integrated, comprehensive strategy addressing these areas.

For the purposes of this report, the following definitions of these concepts are used:

Health Literacy is the degree to which individuals have the capacity to obtain, process, and understand basic health information and services needed to make appropriate health decisions (U.S. Department of Health and Human Services, 2000; Institute of Medicine, 2004).

Cultural Competency in health care describes the ability of systems to provide care to patients with diverse values, beliefs and behaviors, including tailoring delivery to meet patients' social, cultural, and linguistic needs (Betancourt et al., 2002).

Structural Competency was also integrated into the initial pilot training sessions as a way to tie together health literacy, cultural competency, and social determinants of health. This concept, proposed by Helena Hansen and Jonathan Metzl in Social Science \& Medicine (2014), focuses on listening and an openness to learn about another individual's world view through the lens of social determinants of health. Additionally, it provides a framework for recognizing and acknowledging the structural barriers to opportunity and equity, i.e. the hierarchy of institutional care as a structural barrier to caregiving in the community. This broader view of multicultural education focuses less on knowledge, attitudes, and skills; and rather an ability to think critically and consciously about oneself, others, and the world (Johnson et al, 2008).

## Attachment A

Key findings from this project include the following:
Training plans for clinicians

- Experiential frameworks in small group settings are ideal. Additionally, a minimum of 2 hours/session allows participants to adequately address substantial topics with a greater degree of efficacy.
- Blended groups of various providers allow for multiple perspectives and shared learning (i.e. physicians, nurses, front desk staff, etc.)
- Online learning can be important and helpful supplements to in-person training. Available programs vary in quality, but there are some excellent resources available (included in the "references and resources" section in this document).
- Large group presentations can be a good middle ground in between small group/experiential training and online learning. They provide more personal connection, and when some interactive and personal components can be woven in (i.e. an engaging activity, presenters with diverse experiences and stories from the field), they can be helpful in building knowledge and creating interest for additional training and support on health literacy and cultural competency.
- Health literacy and cultural competency "champions" at various levels of an institution and practice can greatly assist engagement of the workforce on these issues. When physicians are engaged by physicians, nurses by nurses, practice managers by other practice managers, and/or there is a practice or clinic-based lead, engagement is much higher
- Fostering health literacy in a patient population and cultural competency amongst providers is an ongoing process. This should be ongoing, integrated, and sequential; with feedback from all stakeholders- including patients and the wider community- being integrated into a process of continuous learning and development.
- Measuring impact of health literacy and cultural competency training and development takes time, and must include both qualitative as well as quantitative measures. The focus of this project was on short term shifts in knowledge, beliefs, and some skill-building. There is significant literature to suggest that these shifts can impact quality, cost, and population health. Furthering complicating measuring efficacy is the focus on content (i.e. the textbook definitions of "health literacy" and/or "cultural competency") versus the process that helps a patient be more health literate and a provider more culturally competent (i.e. effective listening, two-way communication, use of visuals, understanding patient needs and assets in a socio-ecological or "social determinants of health" model, etc.).


## PROGRAM DESCRIPTION

## Background and Program Objectives:

The aim of this project was to develop the curriculum and logistics for a basic 1.5-2 hour training as well as additional learning opportunities (i.e. online learning) for all practice/provider teams in each Community Partners of WNY (CPWNY) site in a cultural competency/health literacy framework. Various training approaches and content areas were tested as they related to facilitating basic skills and knowledge on patient engagement in a culturally informed and responsive manner. Objectives of $\mathrm{CC} / \mathrm{HL}$ training, as described in the CPWNY grant application, are (but are not limited to):

1. Ascertain provider abilities and comfort level to meet the needs of their population;
2. Realize the impact of language and cultural differences not as barriers but influences upon clinical quality and patient satisfaction;
3. Identify patient preferences and needs through the art of listening;
4. Enable providers to define the scope of the health literacy problem and combat it with a "no shame" environment.
The figure below indicates how cultural competency and health literacy training can lead to a more prepared, proactive practice team and more productive interactions with patients. These productive interactions empower a patient to become more informed and activated. This improved communication and interaction productivity leads to improved health outcomes.


Figure 1: Chronic Care Model (Wagner, 1998)

## Implementation Process

The process we used included:

1. Review of previously conducted CPWNY survey of existing practice and provider needs and populations served.
2. In partnership with CPWNY HL/CC project lead, pilot sites and participants were identified.
3. The project team gathered the most up to date and relevant resources and research to tailor a cultural competency/health literacy curriculum that would be inclusive to diverse specific practice sites and tracks (i.e. urban/rural, those with a high immigrant and refugee population, pediatric vs. chronic disease management, etc.).
4. Three training approaches and sites were piloted:
a. a large group of providers and administrators in a 1.5 hour semi-interactive format (January 5, 2016)
b. a large group of providers in a 1 -hour didactic (l.e. lecture) format (February 9, 2016)
c. a single practice site of 14 staff (providers and administrative staff) in a 2 -hour interactive format (April 6, 2016)
5. A "Plan, Do, Study, Act" (PDSA) approach was utilized, as data was analyzed from each training and areas for improvement integrated into the following session (Langley et al. 2009).

This report is organized according to the above listed steps. First, a review of provider needs and populations served is presented, which includes the perceived strengths and needs of a sample of providers with the CPWNY PPS. This is followed by a brief description of the content of each of the trainings (supporting documentation included within the appendices). A report of the results of evaluation of the three pilot trainings is presented, followed by recommendations for Phase 2 of the project.

Table 1 is a logic model of the CPWNY PPS cultural competency/health literacy training. It provides an overview of where Phase 1 activities of the project fit in the context of the overarching aim to improve health outcomes through improved provider-patient communication and interaction. Areas in blue font reflect the work and the outcomes reported in the following pages.

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## Attachment A

## Review of Provider Needs and Populations Served (CPWNY 2015 Survey)

Between July 8 and November 11, 2015, approximately 103 providers within the Community Partners of Western New York PPS completed a survey to assess baseline cultural competency. This survey was implemented by CPWNY PPS and results were shared with the CHWNB to inform the design of the Cultural Competency/Health Literacy training content and methodology.

## Description of Respondents and Patient Population

Survey respondents ranged across the Western NY region; about one third were located in Buffalo. Over a third were primary care providers, followed by specialists, community based organizations, behavioral health, long term care, hospital, pharmacy, urgent care and other. The practices represented by these respondents serve a racially, ethnically and cultural diverse population. Two thirds of practices indicate they have patients who are black/African American and Hispanic, over half reported that they had patients who identify as Asian and just fewer than half see patients who identify as American Indian/Native American. Approximately a third of responding practices see patients who are immigrants, just less than a third have patients identifying as Hawailan or other native Pacific Islander and just under $20 \%$ see patients who are refugees to this country.

About $80 \%$ of respondents indicated that their practice collects demographic data on race, ethnicity, and primary language. About $35 \%$ reported that they collected information on cultural preferences, $45 \%$ said that they did not and $20 \%$ were uncertain.

## Past Cultural Competency/Health Literacy Training

Ninety-two (92) of the respondents answered questions about their previous exposure to cultural competency and health literacy training. One third (34\%) participated in cultural competency training at orientation, while two thirds did not. A third ( $33 \%$ ) participated in ongoing cultural competency education, while two thirds did not. Regarding health literacy training, fewer indicated previous exposure Less than a fifth ( $17 \%$ ) participated in health literacy training at orientation; $80 \%$ did not. Similarly, about a fifth (20\%) reported participating in ongoing health literacy training while $80 \%$ did not. Most of those who had participated in training indicated that it was between 1 and 4 hours long and approximately once peryear.

## Perceived Cultural Competence Status of Respondents

 StrengthsEighty-six (86) respondents indicated their level of agreement with statements about their practice's current cultural competence. Most agreed or strongly agreed that:

1. Our organization is ready to meet the cultural, racial, ethnic needs and preferences of our population.
2. Our staff feels comfortable discussing plans with our clients that take into consideration cultural preferences, health literacy, and lifestyle.

## Attachment A

Additionally, two thirds reported that they strive to recruit staff who represent the cultures that they serve, two thirds have a system to identify clients who need interpreter services and two thirds maintain information on the ethnicity of their clients in order to plan treatment that takes into consideration their individual needs, culture, health literacy, and beliefs.

## Needs

The most frequently relied on source of interpretation/language assistance used by the practices of respondents was their patients' families or significant others. Less than a third reported using certified interpreters or language line. Less than a quarter indicated that cultural competency training and implementation are factors in staff evaluation, though about half are considering it or have considered it. Finally, only $15 \%$ have identified a cultural competency champion from within their staff to monitor the activities and advancement in cultural competency.

The respondents listed their needs related to cultural competency and health literac. They appear below in order of most frequently mentioned to least.

1. Cultural preferences related to health care $54 \%$
2. Communication strategies and general literacy skills to improve health status $51 \%$
3. Knowledge of Health Disparities $47 \%$
4. Effective communication skills, such as teach back $38 \%$
5. Knowledge of bias and stereotyping 33\%
6. Use of interpreters $32 \%$

The above assessment as well as additional planning meetings with CPWNY PPS leadership staff informed the design of this pilot phase of cultural competency health literacy training. Additionally, the concepts of social determinants of health, health equity, and structural competency were introduced based on emerging research that social determinants of health and multicultural education are not separate issues, and that cultural competency training can sometimes lead to stereotypes and assumptions, i.e. Chinese patients like the color red, Latino families want family members in the exam room with them, Muslim women should be spoken to through their husbands, etc. Structural competency (proposed by Hansen and Metzl in Social Science \& Medicine, 2014, and utilized as the overarching framework in SUNY Albany's cultural competency online program, focuses on listening and an openness to learn about another individual's world view through the lens of social determinants of health. This broader view of multicultural education focuses less on knowledge, attitudes, and skills, and more on the ability to think critically and consciously about oneself, others, and the world.

## Attachment A

## Curriculum Development: Description of Pilot Training Content, Length, and Trainers

This training program aligned with:
CPWNY CC. HL Strategy Milestone 1-Culturally Competent Care (Provide effective, equitable, understandable and respectful quality care and services that are responsive to diverse cultural health beliefs and practices, preferred languages, health literacy and other common needs.

Specifically, the piloted trainings emphasized defining plans for two-way communication with the population using didactic, semi-interactive, and small-group interactive approaches. Each session addressed stigma and stereotyping, and helped participants address biases. Participants were encouraged and guided to think about social determinants of health, health literacy, and culturally/structurally competent approaches to care delivery. Implementation of skills and knowledge acquired during this training should improve patient care, and ultimately may lead to a decrease in health disparities experienced by priority groups (refugee/immigrant populations, people of color).

The following is an overview of the specific content, covered using varying techniques, of each of the three pilot training sessions.

## Listening as a Foundation for Effective Communication

Each session began with an interactive activity related to listening. This involves a trainer sharing several stories and asking questions afterward to gauge how well the participants listened to the stories. In all groups, participants were surprised that they had considered themselves good listeners but missed critical components of the stories. This led to a discussion about the differences between hearing and listening and the importance of listening carefully to patients in order to capture critical components of their health and/or illness explanations. Listening and two-way communication is an essential component for health literacy and cultural competency, and this activity and discussion sets the tone for the content in the remainder of the training.

## Health Literacy and Cultural Competency

Various approaches were used to cover these topics. In the more didactic training; definitions, models, and checklists were provided regarding these concepts, supplemented by "stories from the field". In the experiential model(s), participatory exercises were utilized to allow participants to have a direct experience assessing their own perceptions, ideas, biases, and paradigms of privilege; as well as to hear from and learn from one and other. This approach gave participants practice in participating in a format that required listening, sharing information, and questioning assumptions- just as a provider would need to do in an interaction with a patient. Participants discussed how limiting simple yes/no questions can be compared to eliciting more detailed information, the importance of working with interpreters and translators as needed, and how to be more aware of one's own cultural biases regarding religion, education, income, age, and other experiences. For example, care providers and administrators may consider thinking about "why" patients might miss an appointment, rather than simply tracking that they
did miss an appointment. Providers may make assumptions about the "why" based on their own experience, not the patient's.

Trainers then introduced the concept of "Structural Competence," which entailed further exploration into the systemic and structural issues related to barriers to health and healthcare. These include the social determinants of health, as well as the way in which systems are structured and how many are left at a disadvantage. Navigating systems can be difficult: issues to tackle include how to ask questions - both of patients to care providers and vice versa. Generalizations and stereotypes are often pervasive in systems or institutions; working to dispel them, or at least make them less routine, is a component of providing culturally and structurally competent care.

Participants discussed the barriers to cultural/structural competence. These included time and care continuity as well as financial resources. Participants discussed the disconnect between US healthcare expenditures (very high) and the US ranking in health outcomes (very low). Related to this, there was discussion about how other countries invest more funds in education. This was tied back to the institute for Healthcare Improvement's "Triple Aim" (quality, cost, and population health).

## Privilege and Power

The third training format allowed for a discussion on privilege, and its relation to health literacy and cultural competence. An interactive activity was utilized where participants were able to examine a definition of privilege (and the difference between "earned" and "unearned" privilege), and whether they had more or less privilege associated with their race, culture, and level of income. This was then debriefed to reflect how privilege and the power that goes along with having more privilege impacts bias and the patient/provider interaction. This exercise and subsequent conversation allowed for a deeper and more personal experience that confronted individual bias and helped connect providers to the experience of their patients, who generally have less privilege than providers do.

## Recognizing Patient Strengths and Assets

In addition to the above described content, the third training format with the practice site also allowed for an interactive activity on identifying assets and strengths in patients, regardless of their level of needs and backgrounds. Participants were asked to pair up with a partner and ask one and other about their favorite food, hobby, sport, etc. and a "hidden talent." This gave participants practice in how to equalize power in the patient/provider dynamic, and build relationships with patients based on their stated strengths and goals. This was shared as a "universal approach" across diverse patient populations.

## TRAINING EVALUATION DESIGN AND METHODOLOGY

## Process Evaluation (Outputs)

The team conducted three cultural competency/health literacy trainings from January to April 2016 using a PDSA approach (Plan Do Study Act). These trainings were conducted in different formats, with different lengths and at varying locations. Content remained consistent in all trainings, but was delivered using slightly different approaches. The evaluation tool was slightly modified for each to capture the changes in delivery method; however most components were maintained in order to effectively compare the approaches. The table below provides a summary of the three trainings. Materials related to each training are included in the appendices (Appendix A).

| Training Date | January 5,2016 | February 9, 2016 | April 6,2016 |
| :---: | :---: | :---: | :---: |
| Training Format | Semi-Interactive | Didactic | Interactive |
| Number of Participants | 49 | 82 | 14 |
| Roles of Participante | Half providers and half administrative staff | Mostly providers (nurse case managers) | Mostly providers |
| Training Location | Canisius College | Catholic Health 144 Genesee Street | Practice Site |
| Traning Length | 90 minutes | 60 minutes | 120 minutes |
| Trainers Present | Jessica Bauer Walker Denise Walden Deirdre Wright Grace Tate Ebony Davis-Martin Shakira Martin | Jessica Bauer Walker <br> Denise Walden <br> Deirdre Wright <br> Grace Tate <br> Katie Grimm, MD <br> Renee Cadzow, PhD | Jessica Bauer Walker Denise Walden Renee Cadzow, PhD |
| Training Agenda/Content | Agenda included: Communication/Listening Cultural/Structural Competence Health Literacy Interactive Activities included 4-corners exercise where participants indicated level of agreement to a set of statements | PowerPoint Topics included: <br> Communication/Listening Health Literacy Cultural Competency Social Determinants of Health Health Equity Structural Competency Stories from the Field | Agenda included: Expectations Communication/Listening Cultural competence/ bias Health literacy Strengths-based Approaches Privilege |

## Outcome Evaluation

Formal and informal strategies were used to gauge the impact of the training on participants. Informal strategies included asking about expectations at the beginning of the training and "checking in" with

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participants at the end of training about what they liked and what they would change. Formal strategies included a pre and post survey that

1. Measured level of familiarity with the content to be covered in the training,
2. Measured level of agreement to statements that were either aligned or not aligned with a culturally competent approach to patient care,
3. Measured satisfaction with different components of the training, whether it will impact their work, and whether they would recommend any changes (post-survey onty)

## Expectations

At the start of two of the three training sessions, trainers asked what participants expected from the training. Respondents had varying levels of knowledge about the reasons they were in the session, ranging from "no idea" to statements about imparting outside the box thinking to providers. This exercise was not conducted in the didactic session due to the group size and time limitations ( 60 minutes).
General content of statements are listed in Table 3.

Table 3: Expectations of Participants in Cultural Competency/Health Literacy Training Sessions

| Semi-Interactive Session January 6, 2016 | Interactive Session April 9, 2016 |
| :---: | :---: |
| $\checkmark$ Increased awareness of cultural diversity <br> $\checkmark$ How our own values and perceptions interact with or affect our perceptions of others values and beliefs <br> $\checkmark$ Skills to work with diverse populations <br> Increase level of awareness <br> - Increase level of diversity <br> $\checkmark$ Increase comfort level <br> $\checkmark$ Impart outside the box thinking to providers (social determinants of health) <br> $\checkmark$ Provide a larger context <br> - To ask the questions rather than make assumptions | $\checkmark$ How to understand patient cultural background and how it impacts on health <br> More information about health literacy and the connection to cultural competency <br> $\checkmark$ Working diverse population <br> - Arabic <br> - Culturally diverse <br> - Mental health/substance abuse issues <br> $\checkmark$ Help patients help themselves/address barriers to patient compliance <br> $\checkmark$ Share more, work as a team <br> $\checkmark$ Noidea <br> $\checkmark$ Here to learn-open! |

* Expectations were not asked at the didactic session due to group size and time constraints


## RESULTS

## Outcome Evaluation Summary

- OVERALL PERCEPTION: Nearly all respondents provided positive feedback about the training as a whole and the specific components of it. On a scale of 1-5, the average score was between 4 and 5 for all agenda items covered in the training.
- KNOWLEDGE AND AWARENESS: The activities in the session resulted in statistically significant positive changes in reported knowledge/awareness of social determinants of health and structural competency.
- Participants in all training types increased their knowledge of Social Determinants of Health. The change was highest for the small group (though not statistically significant; likely due to small sample size).
o There is no statistically significant difference in the frequency with which respondents report asking about social determinants of health. This will make follow-up comparison between the groups possible. For example, trainees in the different training types can be asked this same question in a few months to determine if the training had varying levels of lasting impact of reported behavior.
* None of the groups were very familiar with the concept of Structural Competency prior to the training. Training increased knowledge/awareness substantially and significantly.
Awareness of Health Literacy increased in the two groups who were asked at pre and post training. It was statistically significant for the didactic group and not for the small interactive group, likely due to small sample size.
- PERCEPTIONS INCREASINGLY ALIGN WITH TENETS OF CULTURAL/STRUCTUPAL COMPETENCY:
- Agreement with statements reflecting an understanding of key components of healthliteracy and structural/cultural competency increased in oll groups for most of the statements. The least amount of change was seen in the level of agreement to the statement "The differences in power experienced by the provider and the patient affect how well they communicate." This may indicate a need to increase the discussion/content about privilege and power in future trainings.
Statements on pre and post tests included:



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The differences in power expertived by the provider and the potsent offect how well they comimunicate
 sporde.
- Disagreement with statements that reflect a lack of understanding of key components of health literacy and structural/cultural competency increased in the semi-interactive and small interactive


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groups but not substantially or at all in the didactic group. The other two training types allowed for the sharing of opinions/perspectives. The lack of this opportunity in the didactic group may have resulted in this lack of change.
Statements on pre and post tests included:
Jeel it is possble for someone who is very oware and conscientrous to completely elimate his or her own prefudices or buses about people thot they encounter.
For the most part, on indurdual is responsible for his or her own health stotus.
Once an organtaation's staff has gone through cutural competency tranng, the leadershp can assume that these will no longer be any mstances of cultural msunderstandings or provider insensitwhy.

- TRAINING EFFECTVE WITH HEALTHCARE PROVIDERS AS WELL AS OTHERS: Changes in awareness and understanding occurred among those who provide direct healthcare as well as respondents who did not.
- RECOMMEND TRAINING: Nearly all respondents said they would recommend this training to others.
- DESIRE LONGER AND MORE TRAINING: Respondents frequently commented that they would like to have a longer training session and/or more trainings with this team in order to go more in depth in the topic and discuss example/scenarios to assist with implementing skills and knowledge.
- ENJOY INTERACTIVE TRAINING AND RECOGNIZE IMPORTANCE OF MATERIAL: A majority of comments expanding on their ranking reflected the participants' appreciation for the interactive nature of the training (e.g. opens your mind to experiences and opinions outside your own") as well as the importance of the content (e.g. "our city needs this - our society needs this").


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## Outcome Evaluation Details

## Training Agenda Feedback

Quantitative:
Following the session, participants ranked the different components of the training agenda. On a scale of $1-5$ with 5 being the highest, respondents ranked the Welcome/Expectations activity 4.4, the Hearing and Listening activity 4.7, Health Literacy 4.5, Cultural Competency 4.5 and Structural Competency 4.5 (Table 4). Because the agenda and format of content varied by group, the evaluation questions varied slightly. For example, rather than asking about cultural or structural competency in the small group, the survey asked about the specific activities that related to these topics (understanding assets and understanding privilege). Rankings of these activities were also good - between 4.3 and 4.5 . The highest ranking was given to "Stories from the Field" which involved the sharing of examples in which an understanding of communication strategies and cultural differences affected the way care was delivered.

|  | Small Group | SemiInteractive Group | Didactic Group | All Groups Combined |
| :---: | :---: | :---: | :---: | :---: |
| Welcome/Expectations ( $\mathrm{n}=132$ ) | 4.6 | 4.2 | 4.5 | 4.4 |
| Communication/Listening ( $n=132$ ) | 4.7 | 4.6 | 4.8 | 4.7 |
| Health Literacy ( $\mathrm{n}=85$ ) | 4.4 | NA | 4.6 | 4.5 |
| Cultural Competency ( $n=118$ ) | NA | 4.3 | 4.6 | 4.5 |
| Structural Competency ( $n=70$ ) | NA | NA | 4.6 | 4.6 |
| Understanding Assets ( $\mathrm{n}=14$ ) | 4.3 | NA | NA | 4.3 |
| Understanding Privilege ( $n=14$ ) | 4.5 | NA | NA | 4.5 |
| Summary/Overview ( $n=14$ ) | 4.4 | NA | NA | 4.4 |
| Social Determinants of Health ( $n=71$ ) | NA | NA | 4.6 | 4.6 |
| Health Equity ( $n=71$ ) | NA | NA | 4.7 | 4.7 |
| Stories from the Field ( $n=71$ ) | NA | NA | 4.8 | 4.8 |

## Qualtative:

Participants responded to open-ended questions about what they liked the best, whether and how it will impact their work and what specific recommendations they have for the training team.

## Liked Best

Participants in the didactic session overwhelmingly commented on the examples and stories provided during the training sessions ("personal stories-gives a different perspective"). In comparison, participants in the small group session mosthy commented on the interactive nature of the small group training as a highlight ("small setting, interaction, and group dialogue"). The information in general was appreciated by many respondents and the listening exercise was eye-opening to several respondents who had previously thought of themselves as good listeners. Respondents also mentioned that the content was

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understandable; they liked that it would help them better connect to patients and think about the many environmental factors affecting their lives.

## Impact of Participation

Nearly half of the responding participants indicated that they would become better listeners or listen more intensely with their patients. This was a common response in all training group types. Participants also stated that they now had increased awareness about their patients' experiences and will help them "explore barriers to care more thoroughly." Interestingly, participants in the small group setting also stated that it increased their awareness about their colleagues' own personal views. Many said that they would ask about social determinants more frequently (e.g. housing, food access, etc.). Others said that it reinforced knowledge or served as a good reminder. Finally, several respondents in the two less interactive sessions stated that it was good, but they needed more ["look forward to setting up a training at our office") and they liked the interactive nature of it ("face time with others - fistening to others" thoughts"). See Table 5 for additional comments by theme.

| Theme | Example Comments |
| :---: | :---: |
| Awareness/Conscious | - I feel more aware of the biases I may already have <br> - Opens thought processes when dealing with others <br> - Try to be more aware and sensitive to others <br> - I will try to put myself in my patients shoes and ask them more about their social and financial situations and environments |
| Listening | - Hearing and listening are two different things <br> - I will try to listen more intently <br> - Listen more and assume less <br> - Taking more time to listen and be more aware of patients environment and impact on their health |
| Learned | - Helped learn more about cultural competency. <br> - Interesting to think of situation in a new way. |
| Reinforced Knowledge | - Reinforced previous knowledge. <br> - Reiterates my view on motivational interviewing and how necessary 2way communication is <br> - Remind coworkers of importance of differences |
| Interactive | - Face time with others - listening to others' thoughts. <br> - It was very eye opening. It also showed me that even though staff has their own personal views they still treat patients great |
| Need More | - Good-skimming the sufface. <br> - Great impact, would love more knowledge |

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## Specific Feedback for Training Team

Nearly half of those responding to this question indicated that they thought the content and delivery was all "great" or "excellent." The most common comment was that they needed more time; this was even common among those participating in the longer more interactive session. In addition to more time and more in-depth sessions, many said they needed more training sessions with additional content concerning how to put the tools learned into practice. Respondents wanted more stories from the field as well as more examples or scenarios about how to implement new skills (e.g. listening, addressing health literacy) and more sources for referral. Participants mentioned wanting interaction and role play opportunities. Finally, a few participants offered suggestions to clarify the questions in the 4 -corners exercise (statements to which the participants agree or disagree and discuss), use of a microphone in bigger spaces to hear other participants, providing pre-reading, and making sure to wear nametags. The following sections summarize the comparison of evaluation surveys between the three piloted training types.

## Knowledge/Experience with Concepts of Cultural/Structural Competency and Health Literacy

Quanthative:
SOCIAL DETERMINANTS OF HEALTH: In the pre and post session evaluation, participants indicated the extent to which they were familiar with the concept of social determinants of health. Responses ranged from Not At All (1) to Very Aware (5). Analysis of all participants in all trainings found that the mean of the responses increased from 4.21 to 4.35 , reflecting that most respondents were somewhat aware of social determinants of health and there was a slight increase in awareness after the training. Between $4 \%$ and $7 \%$ pre-training indicated they were not aware or had heard the term. Post training, $0 \%$ reported this. In the small group, the number saying they were somewhat or very aware increased the most $(86 \%$ to $100 \%$ ) compared to the semi-interactive group ( $81 \%$ to $92 \%$ ) and the didactic group ( $87 \%$ to $92 \%$ ). The mean also increased the most in the small group ( 4.21 to 4.5 ) compared to the semi-interactive group ( 3.98 to 4.13 ) and the didactic group ( 4.13 to 4.29 ). Paired samples t-tests found that the change in the small group was not statistically significant and that it was statistically significant for the semi-interactive group and for all groups combined (Table 6).


ASK ABOUT SOCIAL DETERMINANTS OF HEALTH: Participants were asked whether they routinely ask about social determinants of health when (if) they see patients. About $62 \%$ of respondents who see patients ( $n=57 / 92$ ) indicated that they ask about social determinants most of the time or always (Table 7). This varied slightly by training group, with participants in the didactic group having the greatest tendency to do so and those in the small group having the least tendency to do so. An ANOVA test found that the difference between these groups was not statistically significant.

|  |  | oup- in |  | ractivein <br> 2) |  | -60min <br> 1) |  | raining ps <br> 2) |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Response | N | \% | n | \% | $n$ | \% | n | \% |
| Not at all | 1 | 11.1\% | 0 | 0\% | 1 | 1.60\% | 2 | 2.2\% |
| Rarely | 0 | 0\% | 4 | 18.18\% | 3 | 4.90\% | 7 | 7.6\% |
| Some of The Time | 4 | 44.4\% | 5 | 22.73\% | 17 | 27.90\% | 26 | 28.3\% |
| Most Of The Time | 3 | 33.3\% | 10 | 45.45\% | 31 | 50.80\% | 44 | 47.8\% |
| Always | 1 | 11.1\% | 3 | 13.64\% | 9 | 14.80\% | 13 | 14.1\% |
| Mean (Scale 1-5) | 3.00 |  | 3.33 |  | 3.46 |  | 3.38 |  |
| Mean difference between groups not stotistically significant: ANOVA test, $p=0.411$ |  |  |  |  |  |  |  |  |

STRUCTURAL COMPETENCY: Similarly, participants were asked to rank their level of awareness about the concept of structural competency.
Overall, at the start of the sessions, awareness was relatively low, with $21 \%$ indicating somewhat orvery aware (average ranking of 2.42). At the end of the sessions, the average awareness ranking increased to $3.8 ; 74 \%$ indicated they were somewhat or very aware of the concept. The greatest increase in awareness occurred in the small group, where the mean ranking of awareness increased from 2.29 to 3.7 (1.41 points) compared to the semi-interactive group (1.38 point change) and the didactic group (1.31 point change). A paired samples $t$-test found that this increase was statistically significant in all participants with a p-value of $<.001$ (Table 8). In the pre-training survey, $43 \%$ of those in the small group indicated they were not at all aware of the term structural competency compared to $27 \%$ in the semi-interactive group and $25 \%$ in the didactic group. This decreased to $0-1 \%$ in the post-training survey.

|  | Small Group $120 \mathrm{~min}(\mathrm{n}=14)$ ( $\mathrm{t}-$ <br> test; $p<0.001$ ) |  | $\begin{gathered} \text { Semi-interactive- } \\ 90 \mathrm{~min}(n=49) \\ (t \text {-test; } p<0.001) \end{gathered}$ |  | $\begin{gathered} \text { Didactic }-60 \mathrm{~min} \\ \quad(n=82) \\ \text { (t-test; } p<0.001 \text { ) } \end{gathered}$ |  | All Pilot Training <br> Groups ( $\mathrm{n}=145$ ) <br> ( t -test; $p<0.001$ ) |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Response | Pre | Post | Pre | Post | Pre | Post | Pre | Post |
| Not At All | 42.9\% | 0\% | 27.10\% | 0.00\% | 24.70\% | 1.20\% | 27.3\% | . $7 \%$ |
| Have Heard The Term | 14.3\% | 0\% | 27.10\% | 6.10\% | 17.30\% | 0\% | 20.3\% | 2.1\% |
| A Little Aware | 14.3\% | 28.6\% | 27.10\% | 22.40\% | 37\% | 22\% | 31.5\% | 22.8\% |
| Somewhat Aware | 28.6\% | 71.4\% | 16.70\% | 59.20\% | 19.80\% | 64.60\% | 19.6\% | 63.4\% |
| Very Aware | 0\% | 0\% | 2.10\% | 12.20\% | 1.20\% | 12.20\% | 1.4\% | 11\% |
| Mean (Scale 1-5) | 2.29 | 3.7 | 2.40 | 3.78 | 2.56 | 3.87 | 2.42 | 3.81 |

HEALTH LITERACY: The didactic and small group participants were asked about their familiarity with the concept of health literacy. This reflected a change in the survey tool following the first pilot training to reflect the aims of the training more accurately. Those reporting that they had no awareness or had heard the term decreased from about $14 \%$ in both groups to $0-1 \%$. The mean ranking increased from 3.21 to 3.75 (.54 points) in the didactic group and from 3.07 to 3.43 (.36 points) in the small group. A paired samples $t$-test found that the change was statistically significant for the didactic group ( $p<0.001$ ) but not the small group (Table 9).

| Table 9: To what extent are you familiar with the concept of HEALTH LTTERACY? |  |  |  |
| :--- | :---: | :---: | :---: | :---: |
| (* not asked at Interactive 90 min session) |  |  |  |

CHANGE IN PERCEPTION FROM PRE TO POST: The pre and post session evaluations also included seven statements related to cultural and structural competency. Respondents indicated their level of agreement on a scale of 1-5. For questions $1,3,6$ and 7 , a higher level of agreement reflects a stronger affinity or understanding of the key components of cultural/structural competency. For questions 2,4 , and 5, a higher level of dis agreement reflects a stronger affinity or understanding of cultural/structural competency. Changes in the level of agreement to the statements varied by training group type and size. In response to whether they try to think of more than one possible interpretation when listening to a potient, the level of agreement with that statement increased by nearly 29 percentage points for the small group, not at all for the semi-interactive group and by about 11 percentage points for the didactic
group. It was only statistically significant for the didactic group, likely due to the small sample size of the small group (Table 10).

| Agreement with stotements $1,3,6$ and 7 reflects affinity for/tunderstanding of cultural/structural competency. | Group Type | Agree/ Strongly Agree PreSession | Agree/ Strongly Agree PostSession | Change | Statistical significance of difference from pre to post (t-tests) |
| :---: | :---: | :---: | :---: | :---: | :---: |
| 1. When I am listening to a patient or client and something they say does not seem to make sense in the situation, Ioften try to think of more than one possible interpretation. | $\begin{aligned} & \text { Smal Group } \\ & (\mathrm{n}=14) \end{aligned}$ | $\begin{gathered} 64.3 \% \\ \text { Mean }=3.5 \end{gathered}$ | $\begin{gathered} 92.9 \% \\ \text { Mean }=4.0 \end{gathered}$ | 28.57\% | n.s |
|  | Semi-interactive $(n=49)$ | $87.80 \%$ | $\begin{aligned} & 87.80 \% * \\ & \text { Mean } 4.10 \end{aligned}$ | 0.00\% | nochange |
|  | Didach/lecture $(\mathrm{n}-81)$ | $84.30 \%$ <br> Meall:4.13 | $\begin{aligned} & 95.109 \% \\ & \text { Mearn } 485 \end{aligned}$ |  | p<001 |
|  | All Pilot Trainings $(n=135)$ | Mean $=4.05$ | Mean=4.30 |  | $p<001$ |
| 3. Effective communication is possible even when the provider and patient do not speak the same language. | $\begin{aligned} & \text { Smatl Group } \\ & (n=14) \end{aligned}$ | $\begin{gathered} 69.2 \% \\ \text { Mean }=3.62 \end{gathered}$ | $\begin{gathered} 78.6 \% \\ \text { Mean=3.85 } \end{gathered}$ |  | n.s |
|  | Seminteractive $(n=49)$ | $51.00 \%$ <br> Mean $=3.27$ | $71.40 \%$ <br> Mean $=3,61$ | 2, 0 | $\mathrm{p}<01$ |
|  | Dideche leature $(1)=81)$ | $\begin{aligned} & 37.10 \% \\ & \text { Mean 3.3.05 } \end{aligned}$ | $\begin{aligned} & 7320 \% \\ & \text { Mean } 3.68 \end{aligned}$ |  | 1. 001 |
|  | All Pilot Trainings $(n=132)$ | Mean= 3.16 | Mean=3.70 |  | p<001 |
| 6. The differences in power experienced by the provider and the patient affect how well they communicate. | Small Group $(n=14)$ | $\begin{gathered} 53.8 \% \\ \text { Mean }=3.23 \\ \hline \end{gathered}$ | $\begin{gathered} 50.0 \% \\ \text { Mean }=3.46 \end{gathered}$ | -3.85\% | n.s. |
|  | Semi-nteractive $(n-49)$ | $\begin{aligned} & 63.20 \% \\ & \text { Mean }=3.61 \end{aligned}$ | $\begin{gathered} 63.20 \% \\ \text { Mean-3.59 } \end{gathered}$ | 0.00\% | ns. |
|  | Ddactic/lecture $(n .81)$ | $\begin{aligned} & 58.80 \% \\ & \text { Mean } 3.51 \end{aligned}$ | $\begin{aligned} & 65.80 \% \\ & \text { Mean } 3.63 \\ & \hline \end{aligned}$ | 7. | 17s. |
|  | All Pilot Trainings $(\mathrm{n}=130)$ | Mean=3.52 | Mean=3.60 |  | n.s. |
| 7. There are many social and structural influences that are related to an individual's health status. | Small Group $(\mathrm{n}=14)$ | $\begin{gathered} 92.9 \% \\ \text { Mean }=4.23 \end{gathered}$ | $\begin{gathered} 100.0 \% \\ \text { Mean }=4.57 \end{gathered}$ | 7146 | n.s. |
|  | Semi-interactive $(n=49)$ | $\begin{gathered} 95.90 \% \\ \text { Mean }=4.39 \end{gathered}$ | $\begin{aligned} & 100.00 \% \\ & \text { Mean }=4.57 \end{aligned}$ | 参 1 \% | n.s. |
|  | Didactic/Lecture $(n=81)$ | $\begin{aligned} & 96.40 \% \% \\ & \text { Mean=450 } \end{aligned}$ | $\begin{aligned} & 98.80 \% \\ & \text { Mean }=4,72 \end{aligned}$ | \%\%「3 | P<01 |
|  | All Pilot Trainings $(n=134)$ | Mean=4.47 | Mean $=4.67$ |  | p<001 |

The perception about the possibility of effective communication with patients who do not speak the same language improved from pre to post training in allgroups ( 3.16 to $3.7, \mathrm{p}<0.001$ ). The change was greatest in the didactic group; however this group also started out with the lowest level of agreement with this

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statement ( $37 \%$ compared to $51 \%$ in the semi-interactive group and $69 \%$ in the small group). At post training, agreement with this statement was highest in the small group (nearly $79 \%$ compared to $71 \%$ in the semi- interactive group and $73 \%$ in the didactic group). The change in agreement was statistically significant for the semi-interactive and didactic groups but not the small group (Table 10).

Reflecting on whether differences in power experienced by provider and patient affect how well they communicate, the level of agreement to this statement did not change significantly from pre to post in any of the training groups (Table 10). Overall, mean agreement increased from 3.52 to 3.6 , which trends in the anticipated direction; however those agreeing or strongly agreeing to the statement stayed the same in the semi-interactive group, increased slightly in the didactic group, and decreased slightly in the small group. None of the changes were statistically significant.

In response to the statement "there are many social and structural influences that are related to an individual's heolth status" there was a high level of agreement at the start among all training participants (Mean $=4.47$ ). Agreement increased to nearly $100 \%$ of respondents agreeing in all groups (Mean $=4.67$ ). This increase was statistically significant. The level of agreement was the lowest at pre-training in the small group (93\%) compared to $96 \%$ in the semi-interactive and the didactic groups. This left slightly more room for increase; 7 percentage points compared to 4 and 2.4 in the semi-interactive and didactic groups. The change was statistically significant for these latter to groups but not the small group (Table 10).

As previously stated, for questions 2, 4, and 5, a higher level of disagreement reflects a stronger affinity or understanding of cultural/structural competency.

In response to whether someone can completely eliminate his or her own prejudices or bias, responses at pre-training varied by group, $36 \%$ of those in the smallgroup disagreed with this statement compared to $45 \%$ in the semi-interactive group and about $21 \%$ in the didactic group. The change was the greatest among participants in the semi-interactive group ( 28.6 percentage points) and there was no change in the didactic group. The difference from pre to post was significant for the semi-interactive group, approached significance for the small group, and was not significant for the didactic group (Table 11).

Respondent agreement about whether an individual is responsible for his or her own health status decreased slightly from pre to post training in all groups. The change was the greatest in the small group (disagreement increased from $15 \%$ to $38 \%$ ), followed by the semi-interactive group ( $23 \%$ to $32 \%$ ) and the didactic group (17\% to 20\%). None of the changes were statistically significant (Table 11).

| Disagreement with statements 2, 4, and 5 reflects offinity for/understanding of cultural/structural competency. | Group Type | Disagree/ Strongly Disagree PreSession | Disagree/ Strongly Disagree PostSession | Change | Statistical significance of difference from pre to post (t-tests) |
| :---: | :---: | :---: | :---: | :---: | :---: |
| 2. Ifeel it is possible for someone who is very aware and conscientious to completely eliminate his or her own prejudices or biases about people that they encounter. | Small Group ( $n=14$ ) | $\begin{gathered} 35.7 \% \\ \text { Mean }=3.29 \end{gathered}$ | $\begin{gathered} 42.9 \% \\ \text { Mean }=2.86 \\ \hline \end{gathered}$ | \%.14\% | $p=.054$ |
|  | Seminteractive $(n \div 49)$ | $\begin{aligned} & 4490 \% \\ & \text { Mean }=2.84 \end{aligned}$ | $\begin{aligned} & 73.50 \% \\ & \text { Mean }=2,20 \end{aligned}$ | 2860\%\% | p<001 |
|  | Didacti/lecture $(\mathrm{n} 81)$ | $\begin{aligned} & 20.50 \% \\ & \text { Mean } 3.40 \end{aligned}$ | $\begin{aligned} & 19.70 \% \\ & \text { Mean } 3.47 \end{aligned}$ | OETH. | ns. |
|  | All Pilot Trainings $(n=134)$ | Mean=3.24 | Mean=2.91 |  | $p<001$ |
| 4. For the most part, an individual is responsible for his or her own health status. | Small Group $(\mathrm{n}=14)$ | $\begin{gathered} 15.4 \% \\ \text { Mean }=3.77 \end{gathered}$ | $\begin{gathered} 35.7 \% \\ \text { Mean }=3.00 \end{gathered}$ | 2033\% | n.s |
|  | Semi-interactive $(n, 49)$ | $\begin{aligned} & 22.50 \% \\ & \text { Mean } 3.10 \end{aligned}$ | $\begin{aligned} & 31.80 \% \\ & \text { Mean }=2,65 \end{aligned}$ | \%, 5 \% | n.s. |
|  | Ddactic/lecture $(6-81)$ | $\begin{aligned} & 17.10 \% \\ & M<a n 3.62 \end{aligned}$ | $\begin{aligned} & 1950 \% \\ & \text { Misan } 378 \end{aligned}$ | 1) Waju | ns. |
|  | All Pilot Trainings $(n=131)$ | Mean=3.47 | Mean=3.47 |  | n.s. |
| 5. Once an organization's staff has gone through cultural competency training, the leadership can assume that there will no longer be any instances of cultural misunderstandings or provider insensitivity. | $\begin{aligned} & \text { Small Group } \\ & (n=14) \\ & \hline \end{aligned}$ | $\begin{gathered} 71.4 \% \\ \text { Mean }=2.36 \\ \hline \end{gathered}$ | $\begin{gathered} 78.6 \% \\ \text { Mean }=2.29 \end{gathered}$ | 7 148 | n.s. |
|  | Semi-interactive $(n=49)$ | $85.70 \%$ <br> Mean 1,82 | $95.90 \%$ <br> Mean $=1.59$ | 1n20\% | $\mathrm{p}<05$ |
|  | Odactic/lecture $(n-81)$ | $\begin{aligned} & 51.80 \% \\ & \text { Mean-2.25 } \end{aligned}$ | $64.20 \%$ <br> Mean-2.35 | さW\% | ns. |
|  | All Pifot Trainings $(n=1.3 .3)$ | Mean=2.08 | Mean=2.01 |  | n.s. |

Finaly, regarding whether an organization that has gone through cultural competency training can assume that there will be no more cultural misunderstandings, the level of disagreement increased in all groups. The greatest change was seen in the semi-interactive group, though they already had a relatively high level of disagreement with the statement at the start. Disagreement to the statement increased in the small group from $71 \%$ to $79 \%$ and from $62 \%$ to $64 \%$ in the didactic group. The change was only statistically significant in the semi-interactive group (Table 11).

COMPARISON OF IMPACT ON HEALTHCARE PROVIDERS AND NON-HEALTHCARE PROVIDERS: CPWNY PPS
aims to conduct CC/HL training sessions with personnel in healthcare facilities as well as associated community based organizations. For this reason, the impact of the training was compared by whether the
participants were healthcare providers or not. This demonstrates the generalizability of the training to numerous settings and contexts.

Responses to the statements were compared between the participants who indicated they see patients and those who did not. This was based on the responses to the question "If you are a health care provider, about how often do you ask your patients about their social determinants of health?" Respondents who said "Not applicable" were coded as non-healthcare providers and respondents who answered the question were coded as healthcare providers. There were a total of 40 non healthcare providers and 92 healthcare providers; 13 participants did not answer the question.

At pre-training, there were three questions for which there was a statistically significant difference in response among healthcare providers compared to non-healthcare providers. Non healthcare providers were less likely to agree with statements that did not align with principles of cultural competency and health literacy. Specifically, non-healthcare providers were less likely from the start to agree that one could eliminate their bias with enough effort, that an individual is responsible for their health status, and that an organization, once trained in $\mathrm{CC} / \mathrm{HL}$ can assume there will no longer be instances of cultural misunderstandings or insensitivity. Conversely, healthcare providers were more likely to agree with these statements at pre-training.

There were statistically significant changes in both groups for several of the statements. Table 12 shows the $p$-values for the statements for which participants' mean responses changed significantly. Questions 3.7, and 2 changed positively in both groups; mean response to question 1 changed positively only for the direct healthcare providers. Also of note, while there were differences between the groups at pretraining in responses to questions 2,4 , and 5 , this difference was maintained only for question 2 (feel it's possible to eliminate bias). This may indicate that the training was able to bring participants up to a similar level of understanding even when they started at different levels.

| Agreement with statements $1,3,6$, and 7 and Disagreement with stotements 2, 4, and 5 reflects Improvement | Non direct healthcare providers |  |  |  | Direct Healthcare Providers |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Pre | Post | Change | $\begin{gathered} \text { Sig. } \\ (\mathrm{t} \text {-tests }) \end{gathered}$ | Pre | Post | Change | $\begin{aligned} & \mathrm{Sig} . \\ & \text { (t-tests) } \end{aligned}$ |
| 1. When lam listening to a patient or client and something they say does not seem to make sense in the situation, I of ten try to think of more than one possible interpretation. | 4.000 | 4.175 | 0.175 | n.s. | 4.036 | 4.337 | 0.301 | $p=.001$ |
| 3. Effective communication is possible even when the provider and patient do not speak the same language. | 3.000 | 3.538 | 0.538 | $p=.003$ | 3.259 | 3.790 | 0.531 | $p=.000$ |
| 6. The differences in power experienced by the provider and the patient affect how well they communicate. | 3.700 | 3.850 | 0.55 | n.s. | 3.481 | 3.519 | 0.085 | n.s. |
| 7. There are many sociai and structural influences that are related to an individual's health status. | 4.375 | 4.625 | 0.25 | $p=006$ | 4.537 | 4.683 | 0.146 | $p=.045$ |
| 2. Ifeel it is possible for someone who is very aware and conscientious to completely eliminate his or her own prejudices or biases about people that they encounter. ** | 2.800 | 2.375 | 0.425 | $p=.013$ | 3.398 | 3.120 | -0.278 | $\mathrm{p}=.021$ |
| 4. For the most part, an individual is responsible for his or her own health status.* | 3.200 | 3.275 | 0.175 | n.s. | 3.638 | 3.613 | -0.025 | n.s. |
| 5. Once an organization's staff has gone through cultural competency training, the leadership can assume that there will no longer be any instances of cultural misunderstandings of provider insensitivity.* | 1.800 | 1.775 | 0.538 | n.s. | 2.160 | 2.037 | -0.123 | n.s. |
| * indicates the difference between the non-healthcare providers and the healthcare providers mean response is statistically significant at pre-training (independent samples $t$-test; $\mathrm{p}<0.05$ ) <br> "indicates the difference between the non-healthcare providers and the healthcare providers mean response is statistically significant at post-training (independent samples t-test; pe0.05) |  |  |  |  |  |  |  |  |

## CONCLUSION AND RECOMMENDATIONS

As illustrated in the chronic care model (Figure 1) and what is driving the patient centered medical home movement, patient engagement in their care is critical to improved health outcomes. According to a report on patient engagement, "Asking patients and families what matters most to them is critical to engaging them in care" (Scholle et al, 2010). Patients engaged in their care are more likely to ask questions to clarify their treatment plans and are more likely to trust the decisions and recommendations of their care team. While this requires effort on both the side of the provider team and the patient, the providers are in the position to initiate the change and create a climate at the practice that is conducive to partnership. Better patient engagement requires communication and information sharing. An understanding of variations in health literacy and the social/structural determinants that impact access to resources and opportunities for health will improve the provider's ability to connect with the patient, to meet the patient where they are and to make recommendations that are responsive and considerate of the patient's context and life circumstances.

Training plans for Clinicians

## Recommendations for Process and Format

Key recommendations regarding PROCESS and FORMAT of health literacy and cultural competency training on an ongoing basis are as follows:

- Create opportunities for interactive formats and story sharing. In this pilot, participations that did not have an interactive format asked for more time and more interaction. Even those who did receive training in an interactive format asked for more time and more interaction.
- Include face-to-face interaction and discussion of biases and stereotypes in a safe, non-judgmental environment. This requires small groups and trainers who are skilled in facilitating group process on difficult topics. It appears from this pilot (as well as other research) that cultural competency and health literacy programs have greater impact when such elements are included. Small groups allow for expressions of feeling and personal sharing, where participants commented that they would not have disclosed their own personal experience in a large group of people, but that the intimate nature of a small group allowed for this vulnerability and self-reflection. This benefited the whole group as well as the individual who shared his/her experiences.
- When larger groups are necessary, including interactive opportunities (e.g. as our listening activity and " 4 comers" exercise did) and narratives or "stories from the field". This training allowed for a team of community members/Community Health Workers, supervisors and leaders in community-based organizations, a PhD, and an MD. Additionally, in the interactive and semiinteractive trainings, diverse members of healthcare teams were present (physicians, nurses, IT specialists, etc.) Various perspectives and experiences from the community as well as inside the healthcare system broadened participants' perspectives. Participatory activities and storysharing substantially enhanced the training experience for respondents.
- All healthcare professionals should have basic "core competencies" related to health literacy and cultural competency. It has been standard practice to train different healthcare providers separately and differently, however this evaluation demonstrates the impact of this training
approach on both healthcare providers and non-healthcare providers. While various members of the care team may need to apply basic knowledge and skills in these concepts differently, there is great value in having a universal approach to creating culturally competent practices and organizations. Additionally, diverse professionals learn from one another when opportunities are created to share their experiences, needs, and assets with one another. Alignment of the approach and commitment to a consistent experience for a patient between the front office staff, nurse, physician, and anyone else that touches the patient is critical.
- To test impact of training in the future, patients should be surveyed to see if care is delivered to them in accessible, responsive ways; and providers should continue to help drive the format through which they receive information and training. This may include analysis of already implemented patient satisfaction surveys and a review of patient outcomes relative to screening and disease management.


## Recommendations for Content

Key recommendations regarding CONTENT of health literacy and cultural competency training on an ongoing basis are as follows:

- Listening and two-way communication are foundational skills for health literacy and cultural competency. Teaching and training providers on the myriad aspects of personal, family, and

| For all |
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| segments of |
| the pps |
| workiorce |
| clinicians |
| and others as |
| appropriate); |
| effective |
| patient |
| engagement |
| approaches | community cultural dynamics is difficult if not impossible. Building skills around effective listening and how to build effective, trusting relationships with patients is simpler, less time-intensive, and more impactful. Motivational interviewing, trauma-informed care, and other frameworks that support effective listening and understanding are becoming more well-established in the healthcare field, and should be integrated into health literacy and cultural competency when possible.

- Providing simple definitions, visuals, checklists, tool, and resources can help both patients and providers to understand one and other better. Experiential and participatory learning should ALSO have clear learning objectives and be supplemented with simple but high-quality content, which will be more effective and relevant when paired with a high-quality training experience using multiple modes of learning (including interactive activities and story-sharing). Online learning resources from quality, research-based sources (i.e. Institute of Medicine, Institute for Healthcare Improvement, American Medical Association, SUNY Albany School of Public Health) are also helpful supplements. In some ways, more is less here, as streamlined and usable definitions and tools are more likely to be remembered and utilized.
- Structural competency, health equity, and social determinants of health are critical overarching concepts that must be integrated into health literacy and cultural competency. Ample research shows that the correlation of health status along a cultural, racial, and socio-economic gradient is in large part caused by the unequal distribution of power and wealth. Culturally competent care must be provided with awareness of the circumstances of people's lives-their access to health care, schools, and education, as well as their conditions of work and leisure: their homes, communities, towns, or cities. Understanding and assessing a patient's level of literacy, their
need for translation and interpretation services, and providing care with respect in relation to a particular individual, family, and community's cultural and belief system is essential, however. this is not enough. Healthcare without the context of the structural determinants and conditions of the daily life of the patient (as the patient describes them, not based on assumptions) is necessary to create culturally informed and responsive healthcare settings and providers.

There are significant opportunities as well as challenges to integrating comprehensive and ongoing health literacy and cultural competency training to healthcare organizations, practices, and providers. As providers are being asked to increasingly respond to more measures on a state, federal, and payer level, it is essential that a logic model/theory of change such as we have drafted here ( p .8 ) is used to assess and measure short term, mid-term, and long term outcomes and impacts.

In the next phase of this project, identifying particular patient populations and/or practices and a quantitative measure or set of measures aligned with DSRIP will be important in measuring impact and creating a case for change on the importance of training all health providers in health literacy, cultural competency, and social determinants of health/structural competency. The strategy for implementing the $\mathrm{CC} / \mathrm{HL}$ training will consider the aforementioned recommendations and will include:

1. The large Medicaid prevalent practices interactive on site training
2. Smaller practices through webinars and videos as well as interactive upon request
3. An annual assessment and as new people into the practice a refresher upon request
4. Examining patient experience survey responses by practice and in comparison to the organization
5. Train the trainer sessions with champions at the offices to keep momentum and sustainability
6. Completion of CCHL training is a mandatory requirement as a partner of CPWNY PPS.

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## Attachment A

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RESOURCES:
U.S. Department of Health and Human Services:
http://health.gov/communication/literac//quickguide/
Institute for Healthcare Improvement:www, ihi.org
National Centerfor Culural Competence: http://ncce.georgetown.edu/
A Physician's Practical Guide to Culturally Competent Care: https://ccem, thinkculturalhealth.hhs.gov/
Structural Competency: http://structuralcompetency.org/
WHO Commission on Social Determinants of Health:http://www.who.int/social determinants/en/
Prevention Institute: http://preventioninstitute.org
Teaching Tolerance: http://www.tolerance.org/
Unnatural Causes: http://www.unnaturalcauses.org/
SUNY Albany School of Public Health
http://www.atbany.edu/sph/ephce/advancing_cc.shtml
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## American Medical Association:

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https://www youtube com/watch \(\mathrm{V}=\mathrm{Bg}\) TuD7l7LG8 (short version video) https://www youtube.com/watch?v=cGtlZ vxiyA (longer version video)
Institute of Medicine:
http://www.nationalacademies.org/hmd/~/media/Files/Report\%20Files/2016/SDH-
Resources/SDHeducation-RiB.pdf
```


## Cultural Competency and Health Literacy (CCHL) Training Stratezy all other CPWNY Partners

Implementation of training to facilities will include key recommendations regarding PROCESS and FORMAT of health literacy and cultural competency training strategy on an ongoing basis. CONTENT, as indicated in the evidenced based information provided by Community Health Worker Network of Buffalo, will be incorporated into the CC/HL training of facility personnel. Input on training will be requested from the CPWNY PMO office.

## 1. Hospitals, Nursing Homes

A survey was completed on what was already in place for cultural competency and health literacy at the facilities in our network. Only one hospital had training in place for cultural competency and health
literacy for staff. Training methodologies were assessed and input obtained from facility education departments on expectations, mandatory trainings currently in place, and assessing effectiveness. It was determined that a comprehensive mandatory interactive video be utilized for all facilities. . It will include pre and post test questions. A team will be convened to put together to either develop the video or search for a comprehensive training video with further assistance, as needed, from Elizabeth Campisi, SUNY of Albany Public Health offerings and the Community Health Worker Network of Buffalo. List of facilities that overiap with the Millennium Care Collaborative PPS have been reconciled so there will not be duplicate efforts.

## 2. Community Based Organizations

List of facilities that overlap with the Millennium Care Collaborative PPS have been reconciled to avoid duplicate efforts. Community Based Organizations will be offered the following choices:
a) Facility based video
b) Webinars that are on the SUNY Albany website: http://wwow.albanyedu/sph/cphceladvancine cc,shtm
c) In person tranings that will be contracted with Community Health Worker Network as needed.
d) P2 Collaborative (PHIPS grant recipient) presentations with the collaboration of the DSRIP grant recipients in WNY.

All partners are recommended to do an annual traning with attestations sent to the CPWNY PMO office regarding completion of the trainings.
Approved: EGB May 5, 2016

## Attachment B

## Milestone \#2

## Practitioner Engagement Training Program

CPWNY has been engaging the physicians and practices regarding the DSRIP program since 2014. Information regarding the NYS DSRIP program and CPWNY involvement has been proliferated to all our partners. This is evidenced at the Catholic Medical Board, the CHS Medical Staff meeting, all partner offices received a brochure (Attachment A) regarding NYS DSRIP and CPWNY program with participating provider the CPWNY/CMP Clinical Transformation Specialists ( NCOA PCMH certified trainers) and Care Management Advisors ( R.N.'s certified in Case Management) working with each practice on a $1: 1$ basis, providing information related to the goals of the DSRIP program. NCQA 2014 Standards in PCMH encompass Patient Centered Access, Team-Based Care, Population Health Management, Care Management and Support, Care Coordination, Care Transitions, DSRIP Performance Measurement and Quality Improvement. CPWNY will insure that the DSRIP goals are achieved by providing information related to projects, for all providers/practices including but not limited to:

## A. Electronic Health Records (EHR)

The types of reports an EHR generates is key to helping a practice actively manage patients, track operational indicators, and meet meaningful use (and subsequently PCMH recognition). Depending on the type of report, it can be at the practice or provider level, but starting with the practice level is a good way to identify alerts that require drilling down to the provider level. These data can be powerful motivators for provider change, as providers see how they are performing against the practice as a whole and other providers, as well as positive reinforcement for those exceeding expectations. Training involves office staff, providerTraining conducted by CMP staff super user specialists.
B. Population Health - Population health seeks to improve the health outcomes of a group by monitoring and identifying individual patients within that group. It aggregates data as well as providing a comprehensive clinical picture of each patient. Using that data, providers can track, and hopefully improve, clinical outcomes while lowering costs and identifying patient care opportunities. Training involves clinical staff, providers. Training conducted by CMP staff -specialists.
C. Practice Management Tools - Practice Management tools provide the capability to create reports such as patients with specific conditions or a patient appointment report. An example of this would be to determine patients with hypertension and have not had a visit in the last 12 months. This would alert a practice to reach out to these patients to close gaps in care. Office managers trained, training conducted by clinical transformation specialists.
D. Analytics - Healthcare organizations are increasingly using analytics to consume, unlock and apply new insights from information. Analytics can be used to drive clinical and operational n ; \program\dsrip - current\cpwny\surveys and reports\training strategy\practitioner engagement \practitioner engagement milestone 2 training v2.docx

## Attachment B

improvements to meet business challenges. From a baseline of transaction monitoring using basic reporting tools, spreadsheets and application reporting modules, analytics in health care is moving toward a model that will eventually incorporate predictive analytics and enable organizations to "see the future", create more personalized healthcare, allow dynamic fraud detection and predict patient behavior. Initially training conducted by Catholic Health IT department -- Training involves CMP staff, office managers /designees/care managers (cinical staff)

## Training in Performance Reporting and Clinical Quality

The CPWNY training program will utilize the CMP Leadership Series. This series builds and assists in the clinical transformation of practices to become "high performing" practices. The program consists of review (completed at the office by the Clinical Transformation and Care Management staff) for those who previously attended classes for attainment of PCMH and it is offered to any new staff at those offices. CMP, as part of an ACO accreditation status, maintains oversight of its practices to insure that the processes in place for the high performing practice are maintained. This type of oversight will continue for partners of CPWNY. CPWNY contracted services of Performance Partners to implement RCE method to practices unfamiliar with PCMH and this model of quality improvement.

Additional Training on Clinical Quality and Performance Reporting

CMP Physician Territory Leads, Clinical Transformation Specialists and Care Management Advisors provide training on quality improvement, RCE, PDSA, , tobacco cessation , treatment protocols, care coordination process, documentation of self-management goals. IT platforms, PCMH , Meaningful use, secure messaging, population health. -audience varies by practice and topic. If the office has a care coordinator nurse then that clinical person is responsible for clinical coordination of care, engagement in self-management with motivational interviewing, guideline adoption. CMP Care Management Advisors teach clinical office staff about community organizations, heath homes, care transitions, tobacco control, guidelines and protocols. CMP social workers assist and teach with CBO warm handoffs, what community organizations are available and how to refer to them. Ongoing training via webinars also occurs.

## Training and Education Plan Regarding DSRIP program and PPS Specific Quality Improvement Agenda

1. Contains goals of the DSRIP program and the benefits of an IDS in achieving those goals.

NYS DSRIP Program: Key Goals
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## Attachment B

> Transformation of the health care safety net at both the system and state level (implementation plans and performance outcomes through Cl program and engagement)
> - Reducing avoidable hospital use and improve other health and public health measures at both the system and state level (projects and workstreams)
> - Ensure delivery system transformation continues beyond the waiver period through leveraging managed care payment reform (sustainability)
> - Near term financial support for vital safety net providers at immediate risk of closure

## Practitioner Engagement and Training will:

- Enhance an organizational structure with committed leadership, clear governance and communication channels, a clinically integrated provider network, and holistically address the health of the attributed population to reduce avoidable hospital activity. Avoidable hospital activity is defined as potentially-preventable admissions and readmissions (PPAs and PPRs) that can be addressed with the practitioners referring to community-based services and interventions.
- Assist in incorporating medical, behavioral health, post-acute, long term care, social service organizations in the care of the patient-- from one that is institutionally-based to one that is community-based.
- Create an integrated, collaborative, and accountable service delivery structure that incorporates the full continuum of services.
- Eliminate fragmentation and evolve provider compensation and performance management systems to reward providers demonstrating improved patient outcomes.


## Implementation:

Practitioner training was initiated in 2015 and is ongoing. Catholic Medical Partners IPA initiated the training for CMP board members and the CMP quality committee. As the implementation of the grant progressed, the CPWNY CMO, Dr Santos, had numerous meetings with non-CMP practitioners, focusing on Chautauqua County. As indicated on pages 1 and 2 of this paper, CMP Care Management Advisor staff, Clinical Transformation staff and Territory (Regional) physician leads continue to train the practitioners. CPWNY has contracted with Chautauqua County Health Network (CCHN) to assist in training practitioners (reinforcing the messaging from the CMO ) in Chautauqua County regarding DSRIP initiatives and the PPS Quality Improvement Plan.
$\mathrm{n}: \backslash$ program $\backslash \mathrm{dsrip}$ - current\cpwny\surveys and reports\training strategy $\backslash$ practitioner engagement\practitioner engagement milestone 2 training v 2 .docx


NYS DSRIP Plan: Key Components
Key focus on reducing avoidable hospitalizations by $25 \%$ over five years.

| DSRIP <br> Program <br> Elements | Impact on Practices | Forum used to discuss DSRIP program | Measure of <br> Success-PPS <br> Quality <br> Improvement | $\begin{aligned} & \text { DRSIP } \\ & \hline \text { Principles } \end{aligned}$ |
| :---: | :---: | :---: | :---: | :---: |
| Organizational components: |  |  |  |  |
| Workforce Strategy | Information needed to ascertain workforce impact - training, hiring, | Letters, Meetings - $1: 1$ and group | Information expected by the PMO is | Transparent |

n :\program\dsrip - current\cpwny\surveys and reports\training strategy $\backslash$ practitioner engagement\practitioner engagement milestone 2 training $v 2$.docx

|  | redeployment, unemployment information | Phone calls Newsletters | obtained from practices//New scope of workers accepted by practices |  |
| :---: | :---: | :---: | :---: | :---: |
| Governance | Providers are expected to partake in PPS governance structures | Informational and personal outreach to partake and participate | Representation on committeesInvolvement around DSRIP ultimate goal of reduction in hospital admissions via success of projects. | Transparent Collaborative Accountable |
| Cultural <br> Competency <br> and Health Literacy | Must attend a training session; know how to perform an annual assessment; train new personnel as they present. | Interactive in person classes at office or at a central location Video viewing | Patient satisfaction improvement Decrease "no shows' at offices | Patient Centered |
| Financial Sustainability and funds flow | Inform on finances, funds flow | Webinars <br> Group presentations such as PAC and Board | Lack of Complaints from partnersproject advancement | Value Based Transparent |
| Performance Reporting | PPS Aggregate reports and provider specific reportsPDSA approach to improvement/competition | Aggregate - <br> Clinical <br> Governance <br> Committee, <br> Website, newsletters, <br> Provider <br> specific-1:1 <br> meetings to <br> providers <br> needing <br> improvement <br> efforts (by <br> Territory leads, <br> Care <br> Management | Improvement in outcome measures / Process improvement and emphasis on PPS QI Plan | Patient centered; Transparent; Collaborative; Accountable; Value Driven |

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|  |  | Advisors and Clinical Transformation Staff) |  |  |
| :---: | :---: | :---: | :---: | :---: |
| IT System and Processes | Coordination of care across the continuum ( CCD)/timely patient interventions | Large group introduction; at office will be customized engagement at practices; newsletters, website | Utilization of IT services; decrease admissions and readmissions to hospital | Patient centered; Value Driven |
| Population <br> Health <br> Management | Identification of high risk patients with timely interventions; performance incentive | Large group and office custom training | Utilization of population health modules/ performance improvement plans/ Improved patient outcome measures | Patient centered; Accountable; Value Driven |
| Clinical Integration | Providers expected to identify goals of IDS, Performance and participation incentives | Large group meetings, website info; webinars, newletters and practice training-by care management advisors, territory physician leads and clinical transformation staff | PPS quality plan understood with engaged and involved practitioners; Improved outcome measures based upon the CIplan | Accountable; Value Driven |
| 2ai-IDS | Focus on community based care rather than institutionally based care through collaborative relationships (referra! | Large group professionals and 1:1 practice training | Engaged and involved practitioners therefore success in | Patient centered; Transparent; Collaborative; Accountable; |

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|  | agreements) and provides the full continuum of patient care needs, enhancing quality improvement, enhanced primary care. Insure data integrity and compliance. |  | projects and improved outcome measures | Value Driven |
| :---: | :---: | :---: | :---: | :---: |
| 2biii- ED Triage | Demand on practices for increased access abilities to get patients scheduled appointments. | Large group meetings, 1:1 trainings, ED department trainings | Patients establish relationship with physician to avoid EDimproved outcome measures $\mathrm{r} / \mathrm{t}$ project | Patient centered; Collaborative |
| 2biv-care transitions | Continuity of patient care across the continuum impacts appointments at PCP | Large group <br> meetings; want provider <br> offices to <br> follow up with <br> patients; <br> website <br> reinforcement | Reduction in readmissions | Patient centered; Transparent; Collaborative; Accountable; Value Driven |
| 2cii <br> telemedicine | impacts rural physicians /hospitals. Rural doctors and providers will have assistance in care of the patient with accessible specialty consultations via telemedicine. | Group training of providers at WCA hospital ( ED physicians, neuro physicians); As program grows training will encompass other specialties ... training will continue. | Patients do not need to be transferred from rural hospital to receive specialty care; decrease cost; decrease duplicate tests | Collaborative Value driven |
| 3ai- <br> Behavioral health and primary care integration | Survey of practices by care management staff regarding which behavioral health providers they currently work with, if they are | Reach out to practitioners interested in project by the lead of the project - | Facilitates the "no Wrong Door" policy for the practices by having behavioral | Patient centered; Transparent; Collaborative; Accountable; Value Driven |

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|  | satisfied, and if inter ested in a new provider. Training on depression screening and guideline adherence. | educating <br> about the <br> project, <br> deliverables <br> and <br> expectations; <br> Website, <br> webinars and newletters as reinforcement to training | health services readily available-pts. receiving care. <br> Depression screening process measure improvement |  |
| :---: | :---: | :---: | :---: | :---: |
| $3 \mathrm{bi}-$ <br> cardiovascular health | Practice adoption of protocols and competency trainings on $\mathrm{BP}-$ self management by patients with follow up | 1:1 practice on Guideline instruction, EMR; website | BP early detection and maintenance of measurement levelsimproved control of BP | Patient centered; accountable |
| 3fi-Maternal <br> \& Child Health | Impact on OB GYN and pediatric practices additional resource for at risk mom and children | Engagement of practices for referrals | Decrease ER visits and hospitalizations | Patient centered; |
| 3gi. Palliative care | Presence of palliative care personnel at office; difficult conversations addressed; training value for practices | Engagement of practices for referrals | Decrease ER visits and hospitalizations | Patient centered; value driven |
| 4ai - MEB | More resources and assistance for patients | Provider toolkits | Improved behavioral health interactions; increased awareness of community resources; increased practitioner interventions | Transparent; Collaborative |
| 4bi - tobacco cessation | More resources and assistance for patients | Provider toolkits; engagement of practices for referrals | Engaged <br> Medicaid beneficiaries; Increased awareness of | Transparent; Collaborative |

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|  |  | community <br> resources; <br> increased <br> practitioner <br> interventions |  |
| :--- | :--- | :--- | :--- |

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PURPOSE: To define and formalize a process to be used by CHS information Technology Department (IT) to ensure that there is a consistent method for the intake, review, and approval of all proposed changes to IT tools used by the Community Partners of Western New York PPS (CPWNY). The process categorizes and reviews changes to reduce risk and minimize disruptions. The review process also ensures that changes to applications and systems are well understood, tested, and communicated to the end users.

This policy will outline the CPWNY PPS Change Process, the role of the Data IT Governance Committee (DIGC), and highlight key components of the change process.

SCOPE: This policy focuses on processes and IT solutions under the direct oversight of the CPWNY program. IT processes and solutions owned by partner organizations are not included in this policy. However, the use of this policy applies to any future design that may result in a CPWNY use of systems owned by partners. Any changes the partner owner needs to make are must be coordinated with consideration of use by the CPWNY program je.g. a data feed or IT application used by the CPWNY but supported by a partner). Modifications to systems owned by partners and used by CPWNY should be coordinated through the Change Control Policy to minimize unscheduled disruptions and to ensure CPWNY can communicate the change to key stakeholders and appropriately coordinate any required change for other dependent systems.

APPLIES TO: All CP-WNY PPS organizations, staff, and those who install, maintain, upgrade or remove IT assets in associated/integrated/interfaced with the CPWNY IT Production environment or Test environment, must adhere to this policy.

POLICY: In order to maximize the benefits and minimize the overall risk for all CPWNY PPS partners, system custodians and end users, the DIGC, under the direction of the CPWNY CIO, created this IT Change Management Strategy (Policy) and supporting procedures that must be adhered to when implementing changes to assets or their configuration items in the CPWNY IT Production environment. A "change" is defined as the introduction of any new asset, a repair, configuration item change or enhancement to any existing asset, or the removal of any asset from the IT production environment.

This policy uses standardized information Technology Infrastructure Library (ITL) methods, processes and procedures to manage change and ensure that only authorized changes are promoted to the IT Production environment. Strict adherence to the procedures detailed within this policy is intended to improve the overall reliability, avalability, serviceability and functionality of all assets in the IT Production environment, and when properly followed the policy will facilitate a well-organized and prompt handling of change and maintain the proper balance between the need for change and the potential risk/impact of the change.

OVERVIEW: Change Management is primarily a function of the CPWNY DIGC. The change process reduces unexpected and uncontrolled system failures and improved end user preparedness. The CP-WNY Change

Management process provides a documented, repeatable, and predictable process for IT staff to follow that will ensure changes are appropriate and needed. The process requires the Change Requestor to work with the Change Owner to provide documented carefully prepared plans. Change Requestors identify the changes that need to take place and work with a Change Owner to complete requests that contain the following information:

- the need for the change
- which systems which will be changed
- which locations and users will be impacted and what specifically will be changed
- whether the proposed change was tested in a test environment
- whether there is a back-out plan
- how the change is being communicated to the end users

After the CPWNY DIGC has reviewed a proposed change it is either approved or sent back to the Change Owner for additional information.

Because the CPWNY PPS IT infrastructure is primarily hosted by CHS , changes will be coordinated through both the CPWNY DIGC and the CHS CAP (Change Advisory Panel) process. Commurication for changes to facilitate communication to end users by publishing approved changes to public calendars and sending announcements to users via email and RSS feeds to most CP-WNY users for changes that will require system downtimes or interruptions.

The final step of the Change Management Strategy is for the Change Requestor and a member of the CPWNY DIGC to review and validate completed changes and ensure that change happened as specified. This validation should ensure that changes have been updated and that any problems or incidents arising from the change are addressed.

BUSINESS RATIONALE FOR CHANGES: Requests for changes to CPWNY PPS IT tools can originate from a number of different sources. The following are the more common sources for change requests:
$>$ Required resolution of an incident or problem in the IT Production environment
$>$ Routine maintenance
$>$ End user request for service or solution enhancements
$>$ Government organizations that create new regulatory laws
\% IT vendors who provide new products, upgrades, patches and bug fixes
$>$ Business partners and suppliers
> Changes in performance or capacity requirements

- End-of-life cycle


## Standard Change Evaluation Criteria (not including pre-approved changes)

- Change Requestor
- Business Owner
- Why change is needed (Rationale)
- What is being changed (Description)
- Who is making change (Owner Team, Assigned to)
- Date and time of change
- Secondary date and time of change
- Summary of change / Detailed description
- Business rationale
- Impacted resource (Cl's identified)
- Priority - type of change
- Non- production emergency / production emergency
- Scheduled
- CAP preapproval evaluation
- Locations
- Departments
- Users
- Outage
- Outage duration (cannot be undefined or open ended)
- Downtime announcement needed
- Additional required support for change (teams, helpdesk, vendors, business staff)
- Back out plan
- Test plan/tested
- Communication plan to stake holder
- Communication to users
- Validation plan
- Validation date


## Attachment $C$

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CHANGE PROCESS SUMMARY: Once a Business Rationale has been identified, the change process begins with the Change Requestor working with a designee from the Business Analytics Team (Change Owner) to initiate a Change Request ticket. Because the CPWNY PPS is leveraging CHS IT resources, the change must be entered in the ChangeGear ticket management system to enter the review and approval process. If the Change Owner has access to the ChangeGear they will directly enter the request into the system. Submission through the ChangeGear ticketing system ensures that consistent and completed details are entered for each proposed change. The standard evaluation criteria are outlined below.

Change Management Strategy Workflow
Diagram 1


## TESTING:

When possible, all changes should be installed and tested in a dedicated test environment or development environment. These environments should be exact copies of the production environment with similar capabilities and duplicable real-world test load. Testing must also include a means of validation or User Acceptance Testing (UAT) to ensure that the intended changes occurred and that the change meets the intended specifications.

This policy acknowledges that all configuration items, applications, or pieces of hardware cannot be tested in a test or development environment. When it cannot be tested the change owner must be prepare and present plans to mitigate this additional risk and describe how the production system would be restored in the event that the change fails or malfunctions. The plan must also include a means of validation or UAT to ensure that the intended changes and specifications are in place and all dependent systems are still functioning to their specification.

Once Testing has been completed successfully, the details in the RFC ticket should be reviewed for accuracy and then the RFC can be submitted through the ChangeGear ticket management system for review by the CAP.

## TRAINING PLAN:

Since a change request will affect how things operate in the IT Production environment, the Change Owner is responsible for working with the Change Requestor to determine whether a training plan is necessary so that end users are prepared with the change once it has been deployed. It is expected that the complexity of the training pian will be directly related to the complexity of the change. Training options can range from notification emails describing the change to providing online or in-person training classes. It is expected that the Change Owner will work with the appropriate CPWNY PPS Committee to assess training needs, identify the training strategy, work with identified resources to design the training program, and ensure appropriate training is avallable to end users.

CPWNY training focus is directed to operational support of current systems and implementation of new systems. Catholic Medical Partners staff supports the efforts of DSRIP PPS in changes to current systems and implementation of new systems. PPS reserves the right to engage community-based organizations in training efforts as required by its needs.

Clinical transformation staff for Catholic Medical Partners support DSRIP training efforts to practice staff (primarily non-licensed staff) inside the PPS. Care Coordination and Management staff from Catholic Medical Partners support efforts directed to provider network with the PPS network. Catholic. Health System staff implement additional training as needed for new systems that effect the hospital and provider network (e.g., changes to population heal th management tools or major EHR changes). A list of current training opportunities and attendees is available for review upon request from DSRIP program staff by contacting Amy White-Storfer, Director, Community Partners of WNY at a whitestorfer@chsbuffalo.org.

## COMMUNICATION PLAN

Effective communication is critical when deploying any type of change in an organization. The goal of the communication plan is to provide a framework for managing and coordinating communication and to obtain business user buy-in and commitment to the success of the RFC. Communication to end-users needs to be relevant, accurate, consistent, and timely. It is expected that the complexity of the communication plan will be directly related to the complexity of the change. Communication plans should include informing end users by leveraging CPWNY communication resources including emal distribution lists, standing committee meetings, newsletters, and organizational representatives.

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DSRIP program has a formal communication plan and community engagement plan for its PPS network and it is available for review upon request from DSRIP program staff by contacting Amy White-Storfer, Director, Community Partners of WNY at awhitestorfer@chsbuffalo.org.

## CHANGE SUBMISSION EVALUATION, AND APRROVAL PROCESS?

The CPWNY DIGC is responsible for the initial review and approval for all change requests related to CPWNY IT systems. The CPWNY DIGC meets the first Thursday of each month. Change requests should be submitted the previous Monday so that they can be added to the agenda. The Change Requestor should work with Scott Kitchen or a designee from the Business Analytics Team to complete the CPWNY Change Request and submit to the CPWNY CIO for consideration and ensure it is added to the CPWNY DITGC agenda. Because the CPWNY makes use of CHS IT infrastructure to support IT tools, once it has been approved by the CPWNY DIGC the change is submitted to the CHS CAP for review and coordination with other approved system changes.

## The CHS Change Advisory Panel (CAP):

The CAP was established to oversee changes and ensure integrity for all systems in the IT Production environment. The CAP members known as Change Control Coordinators (CCCs) serve in an advisory capacity to the Change Control Manager (CCM), who ultimately makes the decision whether to approve a proposed change request. CAP membership is a collection of IT representatives from multiple CHS teams responsible for the oversight and operation of CHS infrastructure, security, and applications. Changes submitted to CAP for review and approval must be submitted by Friday at ncon to be reviewed in the weekly CAP meeting on Tuesdays at 11:00a. Approval of the proposed RFC allows the change owner to proceed with the work plan described in the change request.

## Emergency Changes:

If a change is urgent and must be completed before the next review and scheduled downtime window, the Change Requestor must contact the CPWNY CIO (or CH CSIO, Chief Security Information Officer) to explain the change. The CPWNY Change Request Form should be completed to provide the CPWNY ClO with required information. If the CIO or CISO approve the change as an emergency change, the Change Requestor must approach the CAP Change Control Manager (CCM) with the approved change for scheduling and execution. If the CIO or CISO do not approve the change as an emergency change, it should be submitted as a non-emergency change through the standard change request process.

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## IMPLEMENTING APPROVED CHANGE REQUESTS

Throughout the process of implementing an approved change request, the change owner is expected to maintain reasonably detailed progress notes and record relevant information. This information should be recorded in the change ticket for historical and audit purposes. Once the work is completed and verified, the status of the RFC should be updated to a status of completed. Any irregularities or specification not within acceptable tolerance must also be noted. The change request will then progress to a validation stage where the ticket details are reviewed and verified by the requestor/end user or member of the CAP for any discrepancies. Discrepancies will be noted and the Change Requestor will work with the CAP to resolve any discrepancies.

## CHANGE VVALUATION CRIERHA

Change Requests are evaluated for approval based on the criteria listed below. Consideration is given to the risk, number of users and systems impacted, and required resources.

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- State of IT Production Environment: The CAP is going to subjectively evaluate the performance and availability of each system in the IT Production environment during the prior weeks as consideration for determining if a particular RFC should be approved. If the IT Production environment has been reliable with few incidents to introduce risk, then the CAP is more likely to approve RFCs that provide new functionality or changes that may have a higher risk of potential fallure. However, if incidents affecting system availability have taken place approvals make focus on corrective changes until reliability is achieved.
- Priority Level: Priority level is examined as part of the approval process along with the detail information and instructions attached to the RFC. The attachments should detail the associated risk, impact, and urgency of the change. Particularly important are the subjective comments provided by the Change Requestor indicating the rationale for the assigned priority level.
- Aggregate Effect of All Proposed Changes: While each of the RFCs that the CAP reviews may pose a low or moderate individual risk, it is possible that the collective risk for all requests within a given downtime window afe too high. In these circumstances some changes may be postponed to the next downtime window. The CAP will work with the Change Requestor to identify a schedule for the change if this situation arises.
- Resource Availability; The CAP will assess the availability of people, time, and system resources when scheduling and approving RFCs.
- Criticality: Many systems share hardware infrastructure, interfaces, or have dependencies on other system(s). The CAP will consider these dependencies during the evaluation process to ensure potential impact is understood and considered. If a potential conflict is detected, the CAP will work with the Change Requestor to identify a solution and ideal schedule for the change.
- Risk: Risk evaluates the probability of success with consideration for difficulty and complexity of the implementation, back-out procedures, and potential disruption of business operations associated with implementing the change. Considerations include:
a. Certainty that the change will be implemented successfully the first time
b. Confidence that back-out procedures will return the system to prior state if the change is unsuccessful
c. Successful testing in a test environment before the change is moved to the production environment
d. Ensure that unrelated items / configuration items have their own RFC and are not being combined
- Impact: Analyze the potential overall disruption and inconvenience to the organization due to possible issues introduced by the change that will require resources to resolve. Considerations include:
a. End-users affected by the change
b. Time involved to implement the change
c. Ease of back-out procedure
- Installation Time: Consideration for the overall implementation time or recover from a failed change. Changes that cannot be implemented or potentially backed out within a downtime window are evaluated as higher risk and may be considered for alternatives such as potential division into smaller changes.
- Communication Requirements: Take into account how many operational sites and/or users must be notified of the change and whether the proposed communication plan is adequate or can be met with avallable resources (e.g., use of Help Desk to coordinate response, etc.).


## Attachment C

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- Documentation: Assess the degree to which standard operational procedures and other supportmaterials for the change must be updated to adequately describe what has changed.
- Education and Training Needs: Consideration for how significant an impact the change will have on endusers and their ability to accommodate the change.
- Downtima: Consideration for the overall amount of downtime required and potential impact for operational and clinical areas for the PPS.
- Additional CAP-Specific Complexity Review Considerations:
a. Core Network changes -2 week notice (must be reviewed in minimally 2 CAP meetings)
b. OpenLink Changes -2 week notice (must be reviewed in minimally 2 CAP meetings)
c. Very large or complex changes may require additional review at more than one CAP meeting
d. Verification for the following documentation:
i. Documentation updated
ii. Scans completed for new equipment (security review)
iii. Additional configuration items created for new changes or systems
iv. Edit configuration items for changes
v. Decommissioning systems
- Pre-Approved Changes: Pre-approved changes are used to facilitate and record small administrative or routine changes. Pre-approved changes tend to be low risk, low impact, and smaller in scope. For these reasons the request only requires general details (shorter request process) to record and review the change. If the pre-approved evaluation conditions are met and the CAP agrees, the change will execute as a normal scheduled change. If the change request is low risk and low impact the CAP will approve the evaluation, deeming the change to have pre-approved status. Otherwise the change request will undergo the usual review process.
- Note: It is possible that the CAP may provide a conditional approval upon review of a request for change. Most often this is done for the following reasons:
- A minor detall that CAP would like the Change Requestor to follow up on before a change is deployed
- In cases of late submission review the CAP may offer to review change requests that do not are submitted past the due deadline in order to avoid a potential emergency change request or unscheduled downtime
- Depending on other change activity, the change request may be delayed due to a Freeze Window. Freeze windows occur for the following reasons:
- Staffing / Support concerns during holidays
- When there is concern that changes could negatively impact or interfere with larger organization or system changes
- During pending weather emergencies
- During disasters natural or otherwise


## SUPPORTING DOCUMENTATION FOR CHANGE REQUESTS:

1. User Requirements Specifications: The Change Owner should work with the Change Requestor to identify, define, and include all functional requirements and specification for the RFC. This ensures that the change requirements are fully understood and can be evaluated before development work begins. These requirements will aiso be the basis for the final testing to ensure that once the change is made that


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it is functioning as expected.
2. Testing Plan and Test Results: Change Owners are responsible for creating a testing plan and ensuring changes are appropriately tested in development and or test environment before deployment to production. The testing process may involve user acceptance training and should include testing of any other dependent systems that might be impacted by the change. The test plan and results should be documented throughout the testing process. If testing is not possible in a development or test environment the change owner should identify this as a risk and how the production system(s) can be restored if the change is not successful.
3. Implementation plan; The implementation plan should include details about the resources needed, the estimated time to complete, cost estimates, if appropriate, and timelines which include milestones for building, configuring, integrating, and testing the solution.
4. Back-out plan: A back-out plan must be developed for each change request in case the change cannot be completed within the expected maintenance window, if the change is unsuccessful, or if the change produces unexpected or unpredictable results in the IT Production environment. The back-out plan should be reviewed as part of the change request review and approval process.

The back-out plan must detail all the actions that will need to be taken in order to restore the system back to its prior state before implementation. Plans should include a preparation step where a system backup/snapshot is performed prior to any changes being made. The backup should include all configuration and data needed to restore a system to its pre-change state. The back-out/restore plan must also ensure that the back-out plan can be performed within the specifed outage/downtime window.

CHS Maintonance Windows
The maintenance window for PPS related changes will follow the currently established principles and guidelines created by CHS. For more information regarding this policy it is available for review upon request from DSRIP program staff by contacting Amy White-Storfer, Director, Community Partners of WNY
at awhitestorfer@chsbuffalo.org.

## DEFINTION OF TERMS:

Application Developer: Person is responsible for supporting applications and systems providing required functionality for IT services. This includes the development and mantenance of custom applications as well as customizations to off-the-shelf products from external vendors.

Back-Out Plan: A plan that the Change Owner develops which documents all actions that will need to be taken to restore a system configuration to its status prior to the implementation of the change in the event that the move to production fails or produces unexpected or unplanned results. The plan may call for full or partial reversal, and in extreme cases may require the use of IT Disaster Recovery and/or Business Continuity Plans.

Business Owner: Manager or agent responsible for the function which is supported by the change and is responsible for oversight and use of the system(s) and/or business use of the information generated from the system. The Business Owner is also responsible for establishing the controls that provide security. Where appropriate, ownership may be shared by managers of different departments.

Change: In the CHS IT Production environment, a change is defined as the introduction of any new asset or Cl , a repair or enhancement to any existing asset or configuration item, or removal of any asset or configuration item from that environment.

Change Aduisory Panel (CAP): Cross-functional team that meets weekly to evaluate change requests for business needs, priorities, costs/benefits, and potential affects to other systems or processes. The CAP also makes recommendations for approval for implementation, identifes if further analysis is required, and identifies any need to defer or cancel requests. This team reviews and advises the Change Control Manager on proposed change requests.

Change Owner (Change Builder): This person is responsible for packaging and implementing the change request. The Change Owner works with the Change Control Manager to ensure that all issues surrounding the change have been resolved and communicated to all essential areas, manages the installation of the change as well as back-out if necessary, and updates the Remedy ticket in a timely manner with appropriate status and results.

Change Control: Refers to the process of planning, communicating and executing technology changes into the If Production environment successful to maintain the highest possible level of service and system availability.

Change Control Coordinator (CCC): Functional role that a team member fulfills when appointed to the CAP. This person documents and submits change requests, is responsible for gathering and documenting details required for impact and risk assessment, ensures that all required signoffs are obtained at each step of the process, ensures that post-implementation review details are added to the change request in an accurate and timely manner, and follows the change through the entire process and recommends revisions or updates as required. This individual also functions in the role of technical expert for their particular area when reviewing all RFCs and is expected to address any technical issues from change requests that overlap into their area of expertise. They also have voting rights on the CAP when reviewing change requests.

Change Control Manager (CCM): Policy guardian for the change management process responsible for standards, issuance and revision of policy, and revisions to procedures and forms. Also executes, manages, and reviews change management process activities on a daily basis. Chairs both the CAP and Emergency CAP teams to ensure that all changes are considered for approval. The CCM can approve minor changes if necessary. The CCM provides training on the change management process and communicates any enhancements or modifications to the process to the entire IT team. The Director of IT Controls serves in this capacity for CHS .

Change Management: The practice of controlling changes to the hardware, software, firmware, data, outputs and documentation to ensure that configuration items are protected against improper modifications before, during and
after system implementation.
Change Owner: The individual within the organization who originates the change request, is responsible for identifying business requirements, drives the proper business justification, and is responsible for the final signoff of a change at post-implementation review.

Change Requestor: Anyone who originates a change request to resolve problems that arise or to address new functionality that is needed in the IT Production environment. The requestor can be anyone internal or external to the organization who needs an IT functionality issue/shortfall addressed within the IT Production environment.

Configuration Item (CI): Includes all the procedures, system documentation, equipment, facilities, software, and data that are designed, built, operated, and maintained to create, collect, record, process, store, retrieve, display, and transmit information. Hardware Cl's include but are not limited to mainframes, AS/400s, intel, UNIX or LINUX based servers, PCs, notebook and laptop computers, hand-held computers, printers, modems, magnetic storage media such as intemal or external hard drives, network attached storage, storage area networks, removable storage media as well as firewalls, routers, switches, hubs, load balancers, wireless access points wireless access controllers, PBXs, key systems, voice mail systems. Software Cl's include but are not limited to source code, compiled objects and executables, scripts, procedures, command files, batch files, utilities, ASP hosted programs, integration engines. Data Cl's include all databases, data files and data structures that reside on any of a variety of storage devices including. Network and Telecommunication environment Cl's include, all varieties of data circuitsT1, DS1, DS3, Ethernet Point-to-Point and any type of dark fiber circuits, POTS, Ring-Down and T1 circuits, as well as cellular and satellite circuits, and include any of the services that may be provided on those circuits.

Development Environment: IT environment where Change Owners initially design, build, and test their changes before moving them to the Test environment for user acceptance testing.

Data Information Technology Governance Committee (DITGC): The board comprised of PPS Partners, HIE members, and CHS representatives who are responsible for overall data IT governance of the CPWNY PPS and their partners.

Emergency Change Request: An urgent change request that must be handled before the next scheduled meeting of the CAP. Typically these occur due to IT Production environment problems or are potential security risks that can be exploited if not mitigated immediately.

Fixed Asset: Defined as purchased or otherwise tangible property with an individual value of $\$ 500$ or more and an estimated useful life of 3 or more years.

Freeze Window: Identifies time windows when change activities are not allowed to be applied to IT Production environments. The intention is to lock down the IT Production environment during usage periods to ensure high availability for business customers.

Maintenance Window: A known recurring time-window mutually agreed upon by IT and end users/business customers where systems may be taken offline to apply changes such as routine maintenance. Setting these windows allows the customer to prepare for possible service disruptions or prepare for any major changes to the functioning of the service.

Request for Change (RFC): Formal documentation submitted by the business or IT personnel requesting an adjustment to a production configuration item or asset. Requests should contain a description of the change, affected components, business needs, cost estimates, risk assessment, resource requirements, and the approval status.

Production Environment: Normal IT operating environment that all Cl's being utilized by the business customers for day-to-day operations reside. Changes to this environment are managed by the Change Management policy and there are a limited number of people who can make any type of changes to this environment. The environment is
tightly managed to ensure stability and reliability for business users.
Project Manager (PM): Individual responsible for planning and coordinating the resources to deploy a major release within the predicted cost, time, and quality constraints.

Test Environment: Separate IT operating environment that ideally replicates the IT Production environment. This environment is where the user acceptance training occurs to test applications, procedures, scripts, tasks and other activities that the Change Owner is working on to ensure that they are working correctly and that the expected outcome is what the requestor had intended. Once validation is done and user signoff has been received, the change is locked and the process is started to move the change to the IT Production environment.

User: Anyone who uses or depends on IT services provided by the system.

| CAP Primary Members |  |
| :---: | :---: |
| Role | Position/Area of Responsibility |
| Change Control Executive Sponsor | CHS Cio |
| Change Control Executive Sponsor | CHS CSO |
| Change Control Manager | CHS Manager IS and Tectrical Operations |
| Change Control Manager | CHS Help Desk Project Coordinator |
| Change Control Coordinator | Director Sesurity Controls |
| Change Control Coordinator | Network Analyst - ISSRs |
| Change Control Coordinator | Manager - integration |
| Change Control Coordinator | Programmer Anafyst - Revenue Cycle |
| Change Contral Coordinator | Application Manager-General Financials |
| Change Control Coordinator | Director - Lab Information Syetems |
| Change Control Coordinator | Network Encineer - Security |
| Change Control Coordinator | Progrommer Analyst I - Clinical Applications |
| Change Control Coordinator | Programmer Analyst - Soarian Clinical |
| Change Control Coordinator | Telecommunications Analyst Ill - Telecom |
| Change Control Coordinator | Director - IT Project Management |
| Change Control Coordinator | Network Engineer - Engineering |
| Change Control Coordinator | Programmer Analyst II - Soarion Financials |

## Change Request Template Example

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| TITLE: CP-WNY IT Change Management Strategy |  | POLICY NUMBER: <TBD> |
| PREPARED BY: <TBD> |  | POLICY LEVEL: System |
| APPROVED BY: | RESPONSIBLE DEPARTMENT: <br> Information Technology | EFFECTIVE DATE: <TBD> |
| <TBD> |  | LAST REVISED DATE: <TBD> |

This document is not intended to create, nor is it to be construed to constitute a contract between CHS and any of its Associates for either employment or the provision of any benefit. This policy supersedes any policy previous to this policy for any CHS organizations and any descriptions of such policies in any handbook of such organization. Personnel failing to comply with this policy may subject to disciplinary action up to and including termination and/or appropriate legal action.

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```
PPS should explain the basis/rationale for their training progran, or
the how and why they PPS decided upon the elements of the troining
they are implementing. For example: the PPS developed their
training program based upon }x,y,z\mathrm{ criteria; the training program is
responsive to }x,y,z\mathrm{ identified needs; the training program will assist
the PPS in achiving their x, y, z objectuve and goals.
```

Milestone $\# 2$-Details of each training program according to type of provider and PPS

## Performance Reporting Training Program

Two types of detaled assessments are utilized to ascertain the necessity of training and expected outcomes of the training toward DSRIP goal achievement. The first assessment is a detailed electronic medical record capabilities assessment. This assessment determines, for example, the EMR and IT capabilities, reporting mechanisms, use of evidenced based guideline alerts, monitoring of patient gaps in care and production of a variety of patient care registries (Attachment A). The second assessment utilized by CPWNY is a National Committee of Quality (NCQA) Patient Centered Medical Home (PCMH) 2014 assessment grid (Attachment . This assessment is ongoing and gauges practice readiness for obtaining PCMH or renewing the recognition under the 2014 standards. CPWNY/CMP Clinical Transformation Specialists ( NCQA PCMH certified trainers) and Care Management Advisors (R.N.'s certified in Case Management) work with each practice on a 1:1 basis, providing attention and expertise in performing a "gap analysis" and formulating plans for training to close those gaps. NCQA 2014 Standards in PCMH encompass Patient Centered Access, Team-Based Care, Population Health Management, Care Management and Support, Care Coordination, Care Transitions, Performance Measurement and Quality Improvement. CPWNY will insure that the DSRIP goals are achieved by providing PCMH classes and individualized training on areas needing improvement in order to meet the PCMH standards Catholic Medical Partners has found that by providing classes as needed, combined with 1:1 attention, focusing on resistance to change and being a change agent, will steer the providers in the direction of the high performing health system. For practices / practitioners having difficulty with change, we utilize our Territory Lead Physicians to enhance communication to a meaningful level (physician to physician). Education for practices/practitioners who already have NCQA PCMH Level 3 designation in the 2014 standards CMP provides ongoing engagement with the offices concentrating on quality improvement. We also provide webinars to keep information and communication up to date.

Training topics for all providers/practices include but not limited to:

## A. Electronic Health Records (EHR)

The types of reports an EHR generates is key to helping a practice actively manage patients, track operational indicators, and meet meaningful use (and subsequently PCMH recognition).

Depending on the type of report, it can be at the practice or provider level, but starting with the practice level is a good way to identify alerts that require drilling down to the provider level. This data can be powerful motivators for provider change, as providers see how they are performing against the practice as a whole and other providers, as well as positive reinforcement for those exceeding expectations. Training involves office staff, provider Training conducted by CMP staff super user specialists.
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B. Population Health - Population health seeks to improve the health outcomes of a group by

Basis: monitoring and identifying individual patients within that group. It aggregates data as well as providing a comprehensive clinical picture of each patient. Using that data, providers can track, and hopefuily improve, clinical outcomes while lowering costs and identifying patient care opportunities. Training involves clinical staff, providers. Training conducted by CMP staff -specialists.
C. Practice Management Tools - Practice Management tools provide the capability to create reports such as patients with specific conditions or a patient appointment report. An example of this would be to determine patients with hypertension and have not had a visit in the last 12 months. This would alert a practice to reach out to these patients to close gaps in care. Office managers trained, training conducted by clinical transformation specialists.
D. Analytics - Healthcare organizations are increasingly using analytics to consume, unlock and apply new insights from information. Analytics can be used to drive clinical and operational improvements to meet business challenges. From a baseline of transaction monitoring using basic reporting tools, spreadsheets and application reporting modules, analytics in health care is moving toward a model that will eventually incorporate predictive analytics and enable organizations to "see the future", create more personalized healthcare, allow dynamic fraud detection and predict patient behavior. Initially training conducted by Catholic Health IT department -- Training involves CMP staff, office managers / designees/care managers (clinical staff)

Training in Performance Reporting and Clinical Quality
The CPWNY training program will utilize the CMP Leadership Series. This series builds and assists in the clinical transformation of practices to become "high performing" practices. The program consists of review (completed at the office by the Clinical Transformation and Care Management staff) for those who previously attended classes for attainment of PCMH and it is offered to any new staff at those offices. CMP, as part of an ACO accreditation status, maintains oversight of its practices to insure that the processes in place for the high performing practice are maintained. This type of oversight will continue for partners of CPWNY.

Detailed Training plan - involves practitioner champions, office managers, and designees.

## Session 1:

- Focus on choosing a practice project lead
- Perspective from Primary Care practice that achieved PCMH and MU Designation
- (Patient Portal)-Physician perspective
- Review of Training program, schedule, logistics and expectations - why is achieving PCMH important?
- Overview of PCMH Standards (2014)
- Principles of leadership, accountability, and organizational structure
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- Principles of Project Management, managing timelines and milestones, staff accountability, meeting management
- Wrap up, assignments and review/evaluation
- Homework consists of : get physician buy in for PCMH and attending session 3
- Review of standard 1
- Begin to create timeline/project plan
- Complete DISC

Session 2:

- Follow up on homework, group discussion on communication plan with practices
- Previous experience implementing PCMH -office manager perspective
- PCMH Standard 6 and 3D review
- Standard 3B-Use of data for population health
- Standard 6-Performance Measurement and Quality Improvment
- Learn your individual communication style and how to adapt your communication style, DISC
- Stages of Development: Current state of development, individual development cycle, team development cycle, delegation and motivation to stay on the path to success.
- Workplan discussion and wrap up, assignment evaluation -implement 1 factor from standard $3 B$ and 6 ; begin project plan with timeline; physician buy in for session 3


## Session 3:

- Group discussion on project planning; factor implementation-standard 6 \& 3D; were quality measures identified?
- Review of PCMH Standard 4-Care Management Standards
- Problem solving through consensus decision making
- Wrap up assignments: care coordination staffing plan; define high risk population; bring back a $\%$ of population for all conditions to discuss.
Session 4:
- Group discussion to share progress made on project plan, discuss issues, obstacle and barriers
- Record Review workbook
- Review PCMH Standards 1- Patient Centered Access ; and Standard 5-Care Coordination and Care Transitions
- Review PDSA model ( RCE) **
- Break out - begin creating quality plan/discuss progress if already started for the office; which measures are you going to select; who is going to be part of the quality team, how are you going to communicate to the practice, etc.
- Wrap up assignments : Create the quality plan for office - create a PDSA for how you want to improve 2 measures; project plan; purchase PCMH tool
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** The RCE method will include videos:
https://www. voutube.com/watch?y=-ces9Ta820
https://www.youtube.com/watch?v=eYolximy ol
Teaching procedure/Instructional Events (PLAN):
$>$ The educator will explain that the purpose for today's session is to come up with a goal or "aim" to use for improvement in the office.
$>$ The educator will distribute a packet of information to representatives from the practice reflecting current measures in that practice.
$>$ The participants will be asked to examine their data as a group.
$>$ The participants will be asked to select one area for improvement based on the data that they have just examined. This will include demographic population and an area for improvement within that population.
> The educator will lead a group discussion where he/she will ask each group "what is your aim?"
$>$ The educator will then ask each group what data they used to reach their aim.
$>$ The educator will finally ask how they believe the aim will reduce unnecessary costs (could be related to inpatient stays, ER visits, etc.).
$>$ The educator will explain that for the next time period that practice will record and examine the data in their aim.
> Revisit with intervention - office will receive follow up by Clinical Transformation team members.


## Session 5:

- Practice presentations on project plans - discussion of barriers and successes
- Walkthrough of purchasing PCMH application tool
- Show example of Quality Improvement workshop
- Delegation and Motivation
- Where are you now?
- Insure long term project and team success, tie things together, where have you seen the practice evolve: Comparison of Pre/Posts PCMH Checklist/ Pre/Post D1-D4 evaluation; Pre/Post Team Development Evaluation
- Celebrate success

Additional Training on Clinical Quality and Performance Reporting
CMP Physician Territory Leads, Clinical Transformation Specialists and Care Management Advisors provide training on quality improvement, RCE, PDSA, , tobacco cessation , treatment protocols, care coordination process, documentation of self-management goals. IT platforms, PCMH , Meaningful use, secure messaging, population health. -audience varies by practice and topic. If the office has a care coordinator nurse then that clinical person is responsible for clinical coordination of care, engagement in self-management with motivational
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## Attachment D

interviewing, guideline adoption. CMP Care Management Advisors teach clinical office staff about community organizations, heath homes, care transitions, tobacco control, guidelines and protocols. CMP social workers assist and teach with CBO warm handoffs, what community organizations are avallable and how to refer to them. Ongoing training via webinars also occurs.

Performance reporting: Milestone \#2, Describes Mode, technology, or infrastructure utilized by the PPS to track trainings.
Tracking of Training

CPWNY has developed an excel tracking grid that encompasses all the training initiative contained in DSRIP milestones. ATTACHMENT C. Meetings have occurred to explain the training grid to the Clinical Transformation team and the Care Management Advisors and how to document all the training endeavors in our PPS. The information will be collected quarterly and transcribed, where necessary, to the mandatory training templates. We will track this information against the entire PPS network to compare who is attending trainings and who is not. Training is completed for PCMH on a volunteer basis first, as our incentives drive the attendance for trainings. Trainings will not be made mandatory until year 3 , quarter 1 but by then we will have had most attending the trainings.

## Proprietary



# COMMUNITY PARTNERS OF WNY <br> Perbarming pronider Bystem 

> Clinical Integration Strategy

The CPWHy Chnob integration Sutategy encomparses the followng

1 Formation of a Successtuf Chical megration Program
2 Designing impactul performance mothatives and incentves
3 Extending resources for enhancing performance that indudes cincal and other miomation for shomband wata systems and uteroperabity
4 A spectic Care Transtome strategy, mutung hosptol admisson and discharge coordinaton, and care transtions, coordination and commumetions among prmary core, mental heam and substance abuse proviess

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#### Abstract

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the highest ievel (Level 3) of recognition under the watonal Committee of Qualty Assurance (مCOA) Patent Centered Medical riome program in 2010. Catholic Medical Partners designed and implemented Care Transitions, a program to improve the discharge process and to reduce hospital readmissons. In 2012, Catholic Medical Partners was one of the first 27 organizations across the country chosen to participate in the federal Medicare Shared Savings Accountable Care Organation (ACO) program. Through the end of 2013 the Catholc Medical Partners ACO has saved Medtare over 27 mullon dollars The success of Catholl Nedicalfarners PA is the framework by which Communty Parnars of why CPWN: bases its Chncal Inegration program.

The buidng of a cincally ntegrated network must encompass the engagement of phystians capable for atanng the organation's goats, Focusng on the Triple Am of lower cost, mproved care and better hedth ChP has mantamed tha batance and is able to attract physians through ghyscian fed communtuthon regarding apvantages for pimary and specaty care practioners molvement with chp and he $C$ program Practuoners are mvoved in board meetnas, stratege development, network operatons and commitee oversight of the programs. Ths leve of mvolvement promotes a umfed Durpose and fath in the drection of the organatuon CMP and CPWN network must ham its membershp to the nght panters that will contribute high qualuy fow cot patume care, collaborates whth the other partners in the organation and has a volume of pathents the area or has a spetalty area shevant io prozram gons The provider must sign a patucpatme agrement, commt to the Clmical integration notaves and be accountable so CPWNY performance management


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 teams are often not notfied when a patent has been admited to an mpabent hosptal or docharged home. Another challenge has been the lack of stendardiation of electronc medicak records whoh nhents the sharing of pathent informaton and coordination of care CPWN plans to develop and deploy a communcation tool andor mtegete chis so that coordnaton of care can occur whout added burden












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## ATTACHMENT A

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## ATTACHMENT C



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## CARE TRANSITON PROCESS FLOW



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## Proprietary



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Population health is defined by researchers Kindig and Stoddart as the "health outcomes of a group of individuals, including the distribution of such outcomes within the group." This definition is often used to promote interventions that address health outcomes for geographic populations, health disparities, and broader social determinants of health.

# CPWNY Population Health Management Roadmap is comprised of the following: 

1. Population Health Care Management Program Description
2.IT Infrastructure to support the population health management approach
2. Identify priority populations and define plans for addressing their health disparities by establishing goals that reflect the state of the NY Prevention Agenda.
3. Clinical Transformation of practices

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& \text { CPWNY } \\
& \text { Population } \\
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# Community Partners of WNY Population Health / Care Management 

Program Description- 2016

| Program Purpose | Population Health Management principles assist Community Partners of WNY ( CPWNY) practices in leveraging the work of the entire practice to proactively identify and address patient needs to ensure optimal clinical outcomes and patient satisfaction while lowering the total cost of care in keeping with the goals of the Triple Aim. Care Management is a component of the population health management strategy that focuses on the patient population within the practice who has the most complex coordination of care needs, psychosocial and economic barriers to care and is at increased risk for a hospital admission and/or emergency room visits. |
| :---: | :---: |
| Population Relevance | The Community Needs Assessment conducted in 2014 for CPWNY and Millennium Collaborative Care (MCC) provides a picture of the population needing care management approaches. On broad composite measures of health status as framed by the New York State Prevention Agenda, Western NY does relatively poorly. Across sub-categories of chronic disease, health status disparities, creating a healthy and safe environment, preventing HIV, sexually transmitted diseases and other infectious diseases, promoting mental health and preventing substance abuse, and promoting the health of women, infants and children, the region performs generally below par. The region has as relatively low composite ranking for the subgroup for chronic disease with higher incidences of hospitalization for complications of diabetes complications of juvenile diabetes and for heart attacks. Rates for preventable ER visits, the WNY region as a whole performs just below the statewide average, but at the county level unnecessary ER use is higher across the Southern Tier counties of Chautauqua, Cattaraugus and Allegany. |
| Program Description | Population Health and Care Management is structured with policies, processes and reports for the PPS. Catholic Medical Partners has care management and clinical transformation staffs who provide regular support as requested. Rapid cycle process improvement is incorporated into the clinical transformation process within the office care team. <br> The Population Health/Care Management Program measures include: |

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## Attachment F

|  | - Patient engagement; <br> - Quality of care improvement utilizing Rapid Cycle Evaluation strategies; <br> - Practitioner and patient intervention tools such as, but not limited to, patient portals for communication, text reminders and mobile apps; <br> - Education of the office care team which emphasizes a strong relationship with at risk patients; <br> - Collaboration between the office based care teams and Catholic Medical Partners care management staff regarding patient interventions and community resources on a case by case basis. <br> - Providing performance reports as they become available <br> *currently at Catholic Health Hospitals. |
| :---: | :---: |
| Guideline Source | The following are national evidence based guidelines CPWNY has adopted; practices may adopt additional guidelines and coramunity standards in the management of the "high risl" population. <br> Diabetes- The diabetes evidenced based guidelines are adopted from Fifteenth edition, Institute for Clinical Systems Improvement <br> Congestive Heart Failure - The congestive heart failure guideline is adopted from the Institute for Clinical Systems Improvement (ICSI) <br> Coronary Artery Disease Management - The CAD guideline is adopted from the Institute for Clinical Systems Improvement (ICSI). <br> Hypertension Diagnosis and Treatment - The guideline is adopted from the Institute for Clinical Systems Improvement (ICSI) <br> Chronic Obstructive Pulmonary Disease -American College of Physicians guidelines <br> Depression - The Major Depression in Adults in Primary Care Guideline is adopted from the Institute for Clinical Systems Improvement (ICSI. |


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\(\left.\left.\left.$$
\begin{array}{|c|l|}\hline \text { Prosram, } & \begin{array}{l}\text { 1. Improve the care of patients with complex medical needs } \\
\text { through a proactive approach in the clinical office setting. }\end{array} \\
\text { Objectives }\end{array}
$$ \quad $$
\begin{array}{l}\text { 2. Assist the physician office to establish a plan of care } \\
\text { according to patient needs and evidenced based guidelines. }\end{array}
$$\right\} $$
\begin{array}{l}\text { 3. Facilitate practice development of a Population Health and } \\
\text { Care Management Models which are patient centered. }\end{array}
$$\right\} \begin{array}{l}4. Provide information that can be used by the office care team <br>

to empower the patient to manage their condition.\end{array}\right\}\)| 5. Enhance the patient and care team relationship. |
| :--- |
| 6. Provide performance data to the practice for continuous |
| improvement. |

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## Attachment $F$

| ve अ/ प $\square$ O $\quad$, 4, $\quad$, | strategy. Forums also provide an opportunity to receive feedback on activities undertaken by CPWNY. <br> C. Availability and Access to Population Health/ Care Management Program: <br> Patients are identified for the program through engagement in their primary care physician office. Patients who do not wish to receive any education about their condition or follow up calls can make their request known to the care team at the physician office or indicate preference for communication. Office based Population Health/ Care Management is available to the patient in conjunction with physician office hours. For care management urgent calls, the patient is advised to contact their primary care physician office and follow the triage instructions that are available to patients 24/7. Assistance is provided with the use of the Health Home and Community Based Organization partners. <br> D. Continuity of Care <br> Activities of treating practitioners, specialists, and healthcare facilities, encompassing the care continuum are incorporated into the care of the patient in the office based Population Health/Care Management program. The care team is responsible for timely exchange of patient information. |
| :---: | :---: |
| Program Information | The CPWWNY Population Health/Care program functions through delegation to the physician offices. Catholic Medical Partners and CPWNY do not advertise market or promote products or services to patients or practitioners. Catholic Medical Partners and CPWNY have no financial ownership arrangements with other entities. Additional information regarding CPWNY is available at wnycommunitypartners.org. <br> Primarily, patients are advised to contact the physician office for any questions regarding the care management /population care management program. <br> Physician Rights: <br> Practitioners participating in the Catholic Medical <br> Partners/CPWNY Population Health/ Care Management programs |

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## Attachment $F$

|  | have the right to: <br> 1. Obtain information about CPWNY organization, its staff and its staffs' qualifications and any contractual relationships. <br> 2. Be informed of how CPWNY expects the office to coordinate interventions with treatment plans for individual patients <br> 3. Know how to contact the person responsible for managing and communicating with the practitioner's patients. <br> 4. Be supported by Catholic Medical Partners and CPWNY to make decisions collaboratively with patients regarding their care. <br> 5. Receive courteous and respectful treatment by the Catholic Medical Partners staff. <br> 6. Communicate complaints to Catholic Medical Partners or CPWNY. |
| :---: | :---: |
| ```Patient Rights and Responsibilities and Expectations``` | The Patient has the right to: <br> 1. Have information about the physician office and Catholic Medical Partners, its staff and its staffs' qualifications and any contractual relationships (including programs and services provided on behalf of Catholic Medical Partners); <br> 2. Decline participation or disenrollment from the programs and services offered by Catholic Medical Partners or CPWNY; <br> 3. Know which staff members are responsible for managing their enhanced care management services and from whom to request a change; <br> 4. Actively participate in collaborative making decisions about their health care; <br> 5. Receive complete information on treatment options <br> 6. Be informed of all enhanced care management options included or mentioned in the clinical guidelines, even if a treatment is not covered, and to discuss treatment options with practitioners; <br> 7. Have personal identifiable data and medical information |

## Attachment $F$

|  | kept confidential; know what entities have access to their information; know procedures used by the doctor office, Catholic Medical Partners and CPWNY to ensure security, privacy and confidentiality; <br> 8. Be treated with respect and recognition of their dignity and their right to privacy; <br> 9. Voice complaints about the organization or the care it: provides; <br> 10. Receive understandable information <br> The Patient is expected to: <br> 1. Follow plans and instructions for care that they have agreed to with clinicians; <br> 2. Participate in developing a care management plan and carrying it out; <br> 3. Provide the physician office with information necessary to carry out its services; |
| :---: | :---: |
| Measurement and Quality Improvement | CPWNY Population Health/ Care Management Programs are monitored for outcomes and effectiveness through the physician directed CISG, the CPWNY Clinical Governance/Quality Committee (CGC) and by the CPWNY Executive Governance Board (EGB). The CGC program addresses measurements in place, analytical resources, interventions and re-measurements of CPWNY project activities. |
| Reviewed by Committee | December 17, 2015 /Approved December 21, 2015 |

## IT INFRASTRUCTURE

```
IT infrastructure required to support a population health
management approach, such as creation of a population health
dashboard based on available data sets and registries
```


## Population Health for an Integrated Delivery System

## Population Health Technology Road Map Executive Summary

The goal of this project is to identify, select, and establish the required information systems and processes to facilitate an operational integrated Delivery System to enable transformation to a population health operating model health care system. This will include the following features:

1. Enterprise Data Warehouse, to provide the data source basis that will aggregate, normalize, organize, and assimilate data from numerous data sources for use by other features in this road map;
2. Enterprise Master Patient Index, to facilitate the aggregation of clinical data from multiple sources by linking data at a patient level based on a common patient identifier;
3. Data Analytics-Decision Support Software System, to provide monitoring and analytics capabilities to improve quality and cost, establish a care management/coordination work flow and determine target populations based on health disparities;
4. Health Information Exchange (HIE), to provide a patient and clinical portal plus other features and functions, along with integration with the RHIO (Regional Health Information Organization) data, leveraging its features and functions;

To implement these features, the project will engage the expertise of IT specialists to install and prepare the hardware and software described above, and educate in-house trainers on the specifics of an Integrated Delivery System management information system, including all associated hardware and applications.

These are considered the foundational information technology solutions and tools required for the transformation of health care. The overarching goal is an integrated delivery system functioning in a data-driven paradigm through which the highest quality care is provided to patients in the most costeffective setting with a focus on prevention and maintenance of healthcare. The goal also includes ongoing optimization of utilization at afl level of care to avoid unnecessary and redundant services.

The Project will address the Western New York community's need for transformation from a largely inpatient-based health care system to a system characterized by accessible primary and preventive services. This can be quantified as a reduction in preventable inpatient admissions, readmissions, and E0 visits. The specific service delivery area will be the counties of Erie, Niagara and Chautauqua.

## Attachment $F$

The desired outcomes will be a system where clinicians will be able to detect patients at risk of adverse health events, identify those missing appointments or other maintenance testing, and ensure timely ambulatory follow-up care for patients receiving inpatient care. Emergency and inpatient utilization will be reduced while quality performance for outpatient measures will be increased. In this way, the Project will support the DSRIP program goais of improving population health, supporting transformational change to the healthcare delivery system, reducing the overall cost of health care services, increasing access to appropriate and high quality health care for all, reducing avoidable hospital use, improving other health and public health measures, ensuring that delivery system transformation continues beyond the waiver period, preserving essential safety net providers, and to the extent permitted by CMS, encouraging widespread DSRIP participation throughout the state.

## Population Health Technology Map

The goal of this project is to identify, select, and establish the required information systems and processes to facilitate an operational Integrated Delivery System to facilitate transformation to a population health operating model health care system.

This will include the following components:
Data Analytics-Decision Support Software Suite, including Analytics System, Enterprise Master Patient Index, and Enterprise Data Warehouse

These components will perform numerous functions, including the advancement of quality goals and management of cost savings for defined patient populations such as Medicaid beneficiaries, and the development and operation of effective, collaborative care management efforts. The item supports the overall project by reducing the cost of required care provided in each setting, improving the quality of care resulting in better outcomes, greater patient satisfaction and a reduction in long term costs by supporting a higher level of health on a continual basis, optimizing ambulatory care to prevent unnecessary ED visits, inpatient admissions and readmissions, coordinating medication reconciliation, identifying at-risk patients for follow-up to ensure required treatment and testing is performed, documenting socioeconomic issues impacting care, analyzing the feasibility of required metrics for the development of sustainable bundled payment methodologies, and informing trend analysis to implement better measures to improve quality and reduce costs.

## Crimson Continuum of Care and Surgical Profitability Compass

The first segment of the data component involves implementation of a cross continuum application to monitor and manage cost and quality of care provided. The system will include the ability to view details of the cost and quality of care at both a provider and patient level. The implementation of this application will facilitate the optimization of cost and quality of care provided to patients in the inpatient and emergency department settings. The desired outcomes are to reduce the cost of required care provided in each setting and to improve the quality of care resulting in better outcomes, greater patient satisfaction and a reduction in long term costs by supporting a higher level of health on a continual basis.

## Crimson Care Management

The implementation of this care management application will provide access to complete and timely clinical information to all care management/coordination, physician and other medical service personnel in each patient's health care network. The implementation of this application will facilitate the development of a more comprehensive clinical data set accessible by all care providers, allowing for a higher level of coordination. The desired outcomes include optimization of ambulatory care to prevent emergency department visits, initial inpatient admissions and readmissions, coordination of medication reconciliation, identification of at risk patients for follow-up to ensure required treatment and testing is performed and documentation of socioeconomic issues impacting care.

## Enterprise Master Patient Index

A third segment of the project will be enterprise master patient index (EMPI) selection and implementation to facilitate the integration of data from multiple sources through a common unique patient identifier. The desired outcomes include ability to match clinical and claims data in a more complete, accurate and timely manner and authenticate patients at presentation for treatment to prevent fraudulent service provision.

## Crimson Population Risk Management and Crimson Quality Reporting

Fourth, a pair of network and population management analytics and reporting applications are essential to monitor the sources of care for patients. The desired outcomes of these applications includes determination of patient care patterns to reduce unnecessary, emergency room, urgent care and hospital services, analysis of the feasibility of required metrics for the development of sustainable bundled payment methodologies and trend analysis to implement better measures to improve quality and reduce cost. They will also provide ongoing monitoring of outpatient care quality based on nationally recognized evidence based measures such as ACO, PQRS and HEDIS measure sets.

## Enterprise Data Warehouse

Finally, the project will involve enterprise data warehouse selection and implementation to support ad hoc reporting and data analysis for both clinical and financial data at any required level of aggregation. The desired outcomes of this application include the ability to validate the outcome of treatment models to refine care pathways to reduce hospital admissions and other potentially unnecessary services, improve outcome quality and identify at risk populations, provide ad hoc reporting for needs not directly supported by other applications; and facilitate clinical and business analysts' access to data to model potential improvements in clinical workflows and payment mechanisms.

## Health Information Exchange (HIE)

Health Information Exchanges are essential for information management in an Integrated Delivery System. MobileMO is an HIE that provides comprehensive data exchange solutions enabling omni-

## Attachment $F$

directional communication between care providers and patients. MobileMD provides the primary tool to be rolled out to community based organizations who do not already have a patient or clinical portal for information such as real-time delivery of lab results, radiology reports, and transcribed documents. MobileMD will be directly integrated with HEALTHeLNK (our community HIE/RHIO), will ailow patients and clinicians to view pertinent health information from numerous data sources from the eight counties of Western New York, and will leverage the dial tone functionalities offered by HEALTHeLNK and the SHIN-NY infrastructure (e.g., C-CDA/CCD exchange, alert and notify, and patient record look-up, including VA patients).

Other exchange solutions provided by MobileMD include: 1) sending and receiving secure messages via the DIRECT Protocol; 2) connecting/integrating to numerous EHRs, both acute and ambulatory based; 3) electronically ordering lab tests from various lab companies; 4) specialty referral processing and management; and 5) providing patient education. In addition, this tool will likely help reduce the cost of required care provided in each setting because of easily accessible and real-time data; improve the quality of care resulting in better outcomes and greater patient and clinician satisfaction; optimize ambulatory care to prevent unnecessary ED visits, inpatient admissions, and readmissions; coordinate medication reconciliation; reduce diagnostic testing redundancy; and reduce costs.

Another portion of the Health Information Exchange component focuses on Western New York's Regional Health Information Organization, HEALTHeLINK. To accelerate transformational change to the region's health care system, HEALTHeLINK capabilities will be expanded in support of DSRIP project 2 .a.iIntegrated Delivery System, with an emphasis on strengthening and protecting continued access to critical health care services and information. NYS DOH expects that each IOS will have/develop an ability to share relevant patient information in a timely manner through use of HIT technology so as to ensure that patient needs are met and care is provided efficiently and effectively. Any patients admitted to any hospital in the IDS should have access to well-coordinated discharge planning, including care coordination services. IOS should also employ systems for tracking care outside of hospitals, to ensure that all critical follow up services are in place and recommendations are followed.

This portion of the Health Information Exchange component will function in support of the DSRIP PPSS operating in WNY in the following ways:

1. Engage and connect all PPS partners in the HEALTHeLNKK network
2. Assure the full range patient data from all sources, in particular the partners practices, is available and accessible via the RHIO
3. Increase the number of practices that can meet 2014 PCMH Level 3 and Meaningful Use requirements for exchange of patient data by using the RHIO
4. Increase access to data for care coordination to reduce hospitalizations.

Leveraging the existing RHIO, HEALTHeLINK, will help accomplish DSRIP goals such as improving population health, supporting transformational change to the health care delivery system, and reducing costs of health care services (e.g., through reducing duplicative testing) and leverages the significant state and capital dollars already invested in HEALTHeLINK to:

## Attachment F

1) Comnect to all the significant sources of patient data, including health care practices, and 2) Connect all the PPS partner practices with EMR systems for the bi-directional exchange of patient data via the RHIO.

This existing RHIO infrastructure will be further leveraged to extend the current HEALTHeLINK connections and functions to better connect the PPS partners to patient data, whether sourced from within the local PPS network, regionally outside the PPS network, or from across the state via the connection to the Statewide Health Information Network for New York (SHIN-NY).

The HEALTHeLINK portion of the Health Information Exchange component is centered on the acquisition and implementation of health information technology. To this end, the first sub-project is to acquire and implement a Data Quality Management facility to be used when any practice/hospital is preparing to upload CCDS to HEALTHeLINK. Practice data about patients is uploaded to HEALTHeLINK in the form of a CCD (continuity of care document) at the close of each encounter. Each practice manages how it stores patient data in discrete data fields or as free form text. Additionally, each EMR vendor implements the CCD standards in slightly different ways. The result of this is inconsistent data being uploaded to HEALTHeLINK. When used in population health analytics, this inconsistency causes erroneous or incomplete results making it more difficult to assess the health of the population as a whole and to manage the health of the individuals.

The second sub-project is to acquire an automated terminology server; specifically, to purchase and implement a terminology server tool to automatically map all inbound data feeds to a normalized data set to allow storage in and retrieval from the health information exchange (HIE). HEALTHeLINK receives data from over 40 data sources including regional hospitals, labs, radiology providers, home health agencies, long term care and other sources in a mix of local terminology. Each source manages how it assigns data values and codes and each does it differently. The result of this is inconsistent data being uploaded to HEALTHeLINK. When used in population health analytics, this inconsistency causes erroneous or incomplete results making it more difficult to assess the health of the population as a whole and to manage the health of the individuals.

The third sub-project is to acquire an enhanced event notifications service within the HEALTHeLINK platform that is configurable to the practice/provider level and triggers notices from multiple event types, e.g. ADT values, lab types and values, and other clinical values as configured uniquely to the practice/provider. The overall goal of the DSRIP program is a $25 \%$ reduction in avoidable hospital admissions. Care Coordination staff need to be informed immediately if a patient under their care is admitted or discharged from any hospital. HEALTHeLINK is currently connected to every hospital in Western New York and receives ADT messages for all admissions and discharges. HEALTHeLINK will also be connected to $5 \mathrm{HI} \mathrm{N}-\mathrm{NY}$, which will broaden this capability to include the entire state. Currently, notifications can only be configured at the community level. Each Primary Care Provider, Care Coordinator, Care Transitions specialist, etc., has notifications requirements that are specific to their role and/or population being managed. These health care providers need a notifications configuration service that can be tailored to their needs.

## Attachment $F$

The fourth sub-project is to acquire software to create a communitywide directory that contains the DIRECT addresses of providers/practices across the community and that can be queried or downloaded to a local provider directory. Most EMR vendors support the DIRECT protocol. The proposed directory will facilitate the direct exchange of patient information between health care settings and will be readily accessible by any provider/users seeking to use secure messaging utilizing the DIRECT protocol. HEALTHELINK currently offers a DIRECT message service based on the Mirth Mail product. Various DIRECT services can communicate with each other if the sender knows the recipients DIRECT address.

The fifth sub-project is to acquire 500 authentication tokens to be deployed to PPS practices. Authentication tokens are used where aiternate authentication methods are not an option. HEALTHeLINK requires the use of two-factor authentication for accessing patient data via HEALTHeLINK. There are currently three methods used to deliver the second factor to the user: 1) phone call to their dedicated business, 2) SMS text message, and 3) hard token. Many facilities do not have dedicated business phones for their staff and some do not allow the use of cell phones during work hours. This leaves only one option for the second factor, the hard token..
IT Implementation Workplan

Page 1 of 8


Page 2 of 8

| obrecmin | BUDGET CATEGORY\% Dflevirable (ifapplicable) | TMSKS | PERFORMANCE MIAASGRES |
| :---: | :---: | :---: | :---: |
|  |  | c. User roll-out and first productive use -. Phase III | i. physician practice (EMR) data interfacing; Target date: 9/30/2017 |
|  |  |  | ii. In network lab results; Target date: 9/30/2017 |
|  |  |  | iii. HEALTHELINK (SHIN-NY) lab results data; Target date: 9/30/2017 |
|  |  |  | iv. Gaps in care processing and workflows; Target date: 9/30/2017 |
| c) Enterprise master patient index sclection and implementation to facilitate the integration of data from multiple sources through a common unique patient identifier. | Other | a. Selection | i. Issue request for proposals to a minimum of three quality vendors; Target date; 3/31/2016 |
|  |  |  | ii. Perform complete and formal review and evaluation; <br> Target date: 6/30/2016 |
|  |  |  | iii. Section and contract completion; Target date: 7/31/2016 |
|  |  | b. Installation | i. First Productive Use of base installation; Target date: 9/30/2016 |
|  |  | c. Interfacing | i. First Productive Use of hospital system interfacing; Target date: $12 / 31 / 2017$ |
|  |  |  | ii. First Productive Use of community care system interfacing; Target date: 3/1/2017 |
|  |  |  | iii. First Productive Use of Physician practice (medical group) interfacing; Target date: 12/31/2017 |
|  |  |  | iv. Other care providers interfacing; Target date: $3 / 31 / 2018$ |
|  |  | d. User roll-out and first productive use | i. Hospital systems; Target date: $1 / 1 / 2017$ |
|  |  |  | ii. Community care systems; Target date: 4/17/2017 |



Page 4 of 8


| OBmenme |  | SASKS | ORMANGE MEASGRI |
| :---: | :---: | :---: | :---: |
|  |  | Ordering | bl ${ }^{\text {a }}$ |
|  |  | Referral Processing | i. Enable Referral Processing, 2019 |
| B. HEALTHeLINK <br> 1. Implement a Data Quality Management facility to verify key sources of data to the exchange and assure the quality and consistency of that data is sufficient for use by treating providers and to support population health analytics across health care settings. | Data Quality Management facility - Build and implement a Practice Data Quality Management facility to be used when any practice/hospital is preparing to upload CCDs to HEALTHELINK. <br> HEALTHeLINK is responsible for this task and will work with PPSs to set performance measures for scope and scale of deployment |  | i. Practice Data Quality Management facility implemented by $6 / 1 / 2016$. Every health care entity that uploads CCDs to HEALTHeLINK will have an assessment performed on the content, structure, and format of its CCDs. Any CCDs that do not meet a quality threshold set by the PPSs will not be accepted into the exchange. |
|  |  |  | ii. Performance measures for scope and scale of deployment set for each PPS with the first year. |
|  |  |  | iii. Performance measures achieved by end of grant period. |
| 2. Implement a terminology server tool to automatically map all inbound data feeds to a normalized data set to improve storage in and retrieval from the health information exchange (HIE). | $\quad$Automated terminology server <br> for mapping of clinical code <br> sets and other data on inbound <br> feeds to provide a normalized <br> data set to drive interoperability <br> and quality reporting.HEALTHeLINK is responsible <br> for this task and will work with <br> PPSs to set performance <br> measures for scope and scale of <br> deployment. |  | i. By $6 / 1 / 2017$, HEALTHeLINK receives data from hospitals, labs and a variety of other sources in a mix of local terminology, Automatically map all inbound feeds to a normalized data set and persist in the exchange. |
|  |  |  | ii. Performance measures for scope and scale of deployment set for each PPS with the first year. |
|  |  |  | iii. Performance measures achieved by end of grant period. |
| 3: Provide a community wide patient event notification service |  | Build an enhanced event notifications service within the | i. By $6 / 1 / 2017$, PPS care coordinators, PCPs, and other providers involved in |


| OBJECTME | BUDCET CATEGORT DELINERASLE ifanplicable) | TASKS | PERFORMMACE MEASMEES |
| :---: | :---: | :---: | :---: |
| that keys on multiple event types and is configurable to the practice/provider level |  | HEALTHeLINK platform that is configurable to the practice/provider level and triggers notices from multiple event types, e.g. ADT values, lab types and values and other clinical values. <br> HEALTHeLINK is responsible for this task and will work with PPSs to set performance measures for scope and scale of deployment. | managing the health of Medicaid patients are able to notification parameters unique to their practice and use case. |
|  |  |  | ii. Performance measures for scope and scale of deployment set for each PPS with the first year. |
|  |  |  | iii. Performance measures achieved by end of grant period. |
|  |  |  |  |
| 4: Increase the number of PPS partner organization providers and staff have the ability to securely and readily exchange patient data using DIRECT. |  | Build a directory that contains the DIRECT address of providers/practices across the community. This would facilitate the direct exchange of patient information between health care settings and would be readily accessible by any provider/user <br> HEALTHELINK is responsible for this task and will work with PPSs to set performance measures for scope and scale of deployment. | i. 8/1/2017 All P.PS providers and staff with DIRECT Addresses have their DIRECT Addresses in the regional directory of DIRECT addresses. |
|  |  |  | ii. Performance measures for scope and scale of deployment set for each PPS with the first year. |
|  |  |  | iii. Performance measures achieved by end of grant period. |
|  |  |  |  |
| 5: Increase the number of PPS partner organization providers and staff have secure, two-factor authentication access to HEALTHeLINK |  | Purchase 500 authentication tokens to be deployed to PPS practices. Authentication tokens are used where alternate | i. $3 / 1 / 2017,500$ additional PPS providers and staff will have secure, two-factor authentication access to HEALTHELINK. |

Page 7 of 8
 Crimson Care Management

| Rollout of Training on Population |
| :--- |
| Health Care Management |
| Module |
|  |

## CHS Training Schedule Options

## General Notes

Please review suggested training options and confirm with your Program Consultant which option will be serve your needs, or discuss if a combination is preferred.

Dates and start times can be adjusted. Please discuss with your Program Consultant if you need to adjust a 4 -hour block so that training agendas/content can be adjusted accordingly.

Onsite

| Session | Datenfme | Catestanimy |  |
| :---: | :---: | :---: | :---: |
| \#1 | $\begin{aligned} & \text { Tuesday April } 26^{\mathrm{th}} \\ & \text { 8:00 AM - 12:00 PM EST } \end{aligned}$ | inpatient/ED Care Managers | Inpatient/ED <br> End User Training Option \#1 |
| \#2 | $\begin{aligned} & \text { Tuesday April } 26^{\mathrm{th}} \\ & 12: 00 \mathrm{PM}-4: 00 \mathrm{PM} \text { ST } \end{aligned}$ | Office Care Coordinators | Office Care <br> Coordinator <br> End User Training <br> Session\#1 |
| \#3 | $\begin{aligned} & \text { Wednesday Aprii } 27^{\mathrm{m}} \\ & \text { 8:00 AM - 12:00 PM EST } \end{aligned}$ | Office Care Coordinators | Office Care Coordinator End User Training Session\#2 |
| \#4 | $\begin{aligned} & \text { Wednesday Aprii } 27^{\mathrm{th}} \\ & 12: 00 \mathrm{PM}-4: 00 \mathrm{PM} \text { EST } \end{aligned}$ | Office Care Coordinators | Office Care <br> Coordinator <br> End User Training <br> Session\#3 |
| \#7 | $\begin{aligned} & \text { Friday April } 28^{\mathrm{h}} \\ & \text { 8:00 AM - } 12: 00 \text { PM EST } \end{aligned}$ | ANY - SUPER USERS | Super User Training |
| Total <br> Remaining Vintual Options |  |  | 28 Hours |
|  |  |  | 20Hours . . |



Attachment F






## Attachment F


Screenshots or reponts from the IT system used
to support the PPS population health
management roadmap.

# Crimson Technology 

Executive Briefing<br>Cost, Qualty, Care Coorination and Physician View Capabilites

## Crimson Technology Briefing

## Performance Improvement Infrastructure

Page 4: Network Performance Dashboard
Page 5: Physician Performance Profiles
Page 6: Ambulatory Performance Overview
Page 7: Measure Compliance

Contract Management and Care Transformation
Page 9: Performance Tracking
Page 10: Avoidable High-Cost Utilization
Page 11: Care Settings
Page 12: ED Visits and Drug Costs
Page 13: Patient Profiles
Page 14: Patient and Stakeholder Engagement
Page 15: Reporting Dashboards

Network Referral Management
Page 17: Geographic Analysis
Page 18: Primary Care Physician Analysis
Page 19: Service Line Overview Analysis
Page 20: Individual Service Line Profile
Page 21: Competitor Profiles
Page 22: Physician Profiles

## Performance Improvement Infrastructure

## Attachment $F$

Performance Improvement infrastucture: Network Pertormance Dashboard

## Profile Performance of All Physicians Across Network


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## Attachment F

Parfomance Improvement Infrastructure：Physician Petiomance Profles

## Profile Individual Physician Performance



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## Ambulatory Overview of Performance Against Targets



# Detailed Measure Compliance Dashboards 

Drill-Down to Specitic Measures to View Case-Level Contributing Details


Attachment F

## Contract Management and Care Transformation

## Performance Dashboards Surface Key Savings Opportunities



## Attachment $F$

## Contrac Management and Care Transfomation: Avoidabla High-Cost Utization

## Reduce Unnecessary Utilization

Identify Avoidable Readmissions, Admissions, ED visits and Imaging Utilization


## Provide High-Quality Care at Lower Cost

Direct Patients to More Appropriate Care Settings and Treatments



11

## ED Visit Reduction and Drug Cost Drivers

Analytics Highlight Unnecessary ED Visits, Drug Aternatives to Decrease Spend


## Attachment F

## Contract Wanagement and Care Transfomation: Patient Profies

## 360-Degree View of Patient Experience Across Care Continuum

Millman Benchmarking and Claims Data Provide Insight so Patient Cost and Risk


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## Maximize Impact by Activating Patient's Support System

## Inclusive Access Empowers Extended Care Team to Change Patient Outcomes

- Collaborative approach improves outcomes and prevents avoidable cost escalation by changing paient behavior where it matiers most--ihe home and community.
* Smple permission controls grant the right team members (clinital and non-chinical) the right amount of access to the patient's care infomation.
- Care team members" skils and expertise are matched to prioritize lasks, and automatic aleris-sent by email-prompt action for mmediate needs.


Attachment $F$

Contraci Aanagment and Caro Transformation: Reporing Dashboards

## Develop Strategies with Detailed Population and Trend Data

Data Capture Faciltates Performance Reporting, Drives Resource Allocation



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## Attaclment $F$

## Network Referral Management

## Explore Market Analysis By Geographic Region







# Attachment F 

Network Referral Management: PCP Analysis

## Evaluate Primary Care Physicians in Area



## Attachment $F$

Network Referral Management: Service Line Overview Analysis

## Service Line Dashboard Reveals Additional Opportunity



Network Fofrral Manayement Individuat Sarvica Line Profte
Individual Service Line Opportunity
Vew Service Line Detall to Understand Sources of Marker Revenue and Risk


Network Referral Management: Competitor Proftes

## Competitor Details Available for Each Service Line



## Attachment F

Network Referral Managemen: Physician Profiles

## Physician Performance Details Across Activities



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# PRIORITY TARGET POPULATIONS \& PLANS TO ADDRESS HEALTH DISPARITIES 

## Attachment F

> Identify priority target populations and define plans for addressing their health disparities by establishing goals that reflect the state of NY Prevention Agenda
 populations and define plans for addressing their healt disparites by establishing goals that reflect the state of Ny prevention asenda.)

A main objective of the NYSOOH's Ponuition Health improvement Program (PHP) as well as the Deiwery System Reform Incentive Payment (DSRP) Program to advance and support other NyS0h initiatives such as the Prevention Agenda. One of the priorlty areas within the Prevention Agenda is to prevent chront disease.

Athough 69.7\% of adults age $50-75$ who receve a colorectal cancer screening is at or near the NVS Prevention Agendia goal of $7 \mathrm{~L} .4 \%$ ( $57 \%$ among the lowest income groue to $75 \%$ among the highest income group, with the uninsured having a screening rate of $41 \%$, the 6 rural counties of Genesee. Wyoming Oneans, Allegan, Cattardusus, and Chatauqua have rates as low as $513 \%$ Coloredal disease is the fourth most common cancern Wus exchuding skm cancer) and second leadne cause of cancer
 Concers in New York State Report (2014)" Povery status is perhaps the most imporant indicator of health need. In the Western New Von region, $15 \%$ of the popitation lves below feteral poverty level compared to $10 \%$ for the State. People at $200 \%$ of the Felera povery fevel are ovenhemmely concentrated the chtes of Bufalo and Nagara Fall and wiely across the southem Ther counthes of Chautauqu, Cotarauts and Allegany in both small oties and ruralareas. In une 2014 the US Census Bureat rankd the Cfy of Butalo as the 4 poorest cty in the naton, where neaty 3 of of the poputron Wes mpovery nearly wothrosunder $200 \%$ of hefederal poverty level
 perfodically as part of the organyaton's Statege Plan. The review includes maket share data of serves provied by zip codes along wh poputhon and demographe data. Generaty, the hospatys prmary
 its communty sente plan around the commumty's neads the present plan mciudes cardolozy, cancer treatment, general surgen orthopeche care, womer's senvces, behaworal heath, communty preventatue services, prmary and emergency department care. The vast geographic sie of the County, coupled with the fact that amost holf of is residents live in sparsely populated ruralaras. creates challenges in transportation and access to healthcare. Chattaucua County includes two ches, Dunkm and Jamestown, and is one of the poorest counties in the state: $14.5 \%$ of all county residents lve below the federal povery level (US Census Bureau 2007-2011). Hipance are the fastest growns ethru group in the county and m the naton, currenty makng up $59 \%$ of the county popuatron Language and cutural differences can create bamers to the provino of health knowledge, health educatuon and service delivery. Among the county's Hispanc population, $57.1 \%$ prmaniv speak Spanish Heath care and community-based organizations play a critucal role m moreasmg acess to high-quality chronic disease preventive care and management in order to reduce the devastatmg mpact of chront diseases through prevention, scremng, eary detection, treatment, and self-management support

NYS Prevention Agenda Goal Increase screening rates for breast cervical and coforectal cancers, especially amone the disparate populathor.

## NYS Prevention Agenda Objectives:


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## Sirateg Blueprim for Success in Reducing Healh Dispariies and Outcomes


 Program Strateges and the hyS Department of Heath Preventon agenda Western New York Communt



| Desired Long Term Outcomes/Measures | Outputs: What we will use as evidence that we have succeeded |
| :---: | :---: |
| Decrease Mortaty | NYS mortalty rates as refoted to molcators, is SPARCS data; COC Wonder Page; HEDIS and QaRR measures as outmed in DSRP Measurament manual. |
| mereased culure of self-management | Ongong streening people going vear atter vear, patentlevel detal from HMO and State |
| Peduction of avoidable hospital use |  |
|  |  |
| Desired Short Term Outcomes/Measures/interventions | Outputs: What we will use as evidence that wa have succeeded |
| Early Cancer Screening, breast colorectal: |  |
| increased early detection breast and colorectal cancer screening for health dispanties populatons where there is heghest need. Use of a matrix to ascertain current screenhgs and interventions used in past that were or were not successful. | Look at high needs (risk swathication)- data currenty used, Look at number of eaty detethon screenings, specifically for breast and colorectal cancers. |


| Engagement of CBOs (2 way communication) to occur at this point for brainstorming and improvements as well as patient focus groups to address barriers. Training of Community Health Outreach workers on preventive screenings and where people can go to obtain. |  |
| :---: | :---: |
| Population education on importance of early breast cancer and colorectal screening with emphasis on patient bellefs and values. Involvement of health homes and community outreach workers. One on One, patient navigation to improve access to primary and preventive health care Increase patient engagement in health homes | HEDIS / QARR measures |
| Blood Pressure Screening: |  |
| increased Awareness of blood pressure monitoring - providing educational seff-care information related to hypertension and impact on health. | Meeting schedule template/posters/selfmanagement tools utilized. |
| Increased blood pressure screening - use of self. management tools that are easy to use, reviewed by community forums and in languages prevalent in the population. Convene community stakeholders in collaborative learning sessions to identify opportunities to replicate best practices focusing on primarily on geographical areas and communities of people with the greatest need. involvement of health homes and community outreach workers to improve access to primary care for BP monitoring. Utilize care management advisors to teach and work with practices to reduce barriers to self-care as well as community forums. | Early detection HTN and blood pressure control (HEDIS) <br> Meeting and training templates. <br> Increase in patient engagement in health homes thereby increasing primary care access and $B P$ monitoring. |
| Behavioral Health Screening: (PHQ2,9/SBIRT) |  |
| Obtain understanding from diverse communities related to accessibility, resources, educational needs, stigma, and cultural competence $\mathbf{w} / \mathrm{r} / \mathrm{t}$ depression, suicide, and substance abuse. Early detection of behavioral health disorders through understanding of barriers, promotion of 2-1-1 services. <br> Behavioral health integration with primary care. | Patient Experience surveys |
| Increased access to trained professionals - Care Management advisors to promote the engagement of Health Homes and PCMH offices | Increased assistance of Health Homes and social workers for linkages - DSRIP measure - Health Home assigned/ referred members in outreach or engagement. |


| Increase in PHO2, 9/SBIRT screenings - Clinical <br> Transformation specialists to work with each <br> practice documentation system that can be <br> queried, Meaningful Use compliance, <br> incorporation into Clinical Integration Plan <br> Resources (2-1-1) will be promoted by the Care <br> Management team and Territory leads. | HEDIS measure - screening for clinical depression <br> and follow up; 2-1-1 usage, patient engagement <br> data |
| :--- | :--- |
| Follow up on positive screenings | HEDIS measure - screening for clinical depression <br> and follow up |
|  |  |

## Interventions

In collaboration with P ${ }^{2}$ Collaborative (WNY PHIP contractor), Community Partners and Millennium Collaborative Care (both WNY PPS) will host an educational program to inform community health partners about the basics of cancer screening as means of prevention and/or early detection and educate about associated cultural/health literacy issues regarding possible barriers to cancer screening. Participants attending this educational program will learn about the services provided through the NYS Cancer Services Program amongst other resource/referral options in order to:

1. Inform people about the range of preventive services they should receive.
2. Create linkages with and connect patients to community preventive resources.
3. Support use of alternate locations to deliver preventive services.
4. Expand public and private partnerships to implement community preventive services.
5. Support training and use of community health workers, patient navigators, social workers, care coordinators.

## Educational Program for Erie County Cancer Services Program planning for May 19, 2016

Date: May 19, 2016
Time: 8:30am-10:30am

Location: Templeton Landing, 2 Templeton Terrace, Buffalo NY 14202
Target audience: Community based organizations

## DFAFT Agenda:

| 8:30am-8:55am | Breakfast \& Networking |
| :--- | :--- |
| 8:55am-9:00am | Welcome \& introductions - Karen Hall (P2 Collaborative) |
| 9:00am-9:20am | Basics of Cancer Screening - Shoshone Dentice (ACS) |
| 9:20am-9:40am | What does Cancer Services Program do? - Michelle Wysocki (Erie County CSP) |
| 9:40am-9:50am | Personal Testimonials |
| 9:50am-10:20am | Cultural Competency/Health Literacy - May Shogun, International institute |
| 10:20am-10:30am | Resources/TA available \& Q\&A - Karen Hall (P2 Collaborative) |

## Attachment F

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Promotion:
    - Promotion wil begn on March 21, 2016 through the following venues
        o f2 Collaboratwevia Facebook, F2 listserve, PHP istserve
            - CommunityParners of WNY
            o Mullmmum Colmborative
            - GSUAHN
            - Erie County CSP
Outcomes:
    - Process:
    1. Number of attendees at educational seminar
    2. Number of organizations represented at educational seminar
    3. Number of organzations requesting additonal trainmg on CC/hiL
    4 Number of organizations requesting an additonal presenting on CSP
    5. Number of referrats to Erie County CSP ahereduratonal semmar
    - Clinical:
        & Number of sceenmgs through the Ene County CS
        2 Number or early stage diagnosiz
Packet of information for attendees (P2 wil preparel:
    * Infomakwn about Cancer Seruces Program
    - Informatun about servces/resources provded through Amenaan Cancer Socety
    * infomationabout ACS 80S% by 2018 CRC Campang
    * Where to get cancer screenngs in & countes ofWNYP(P2 Collaboratwel
    * Change Pad,age (Pa Collaboratue)
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interventions continued:

- Have beyun to downoad Medicad pathent data fom Medent practres to ascertan level of
 2016
- Workne wth our CgOs to have augment traning of Communty heath workers to assist those populatons needing preventue heath cancer streenmgs.
- Workig whth MEB (substance abuse anti stigma campagn), Cardiovascuiar ( Bp sereenng self. management toois), behavioralhealth (depression screening), ED trige prope coordinators to ascertan self-management tools uthzed that need to be evatuated by the focut groups and what needs to be mproved upon
- Contmue to particpate in Chew and Chats that go out to the communty neghborhoods to engage the population and CHW's in self-management tools and health supportng intatwes Cpwny wil be sponsormg these on a quarterly basis
- Connsct patents that vist the ED for condinons that could be treated to a provider offee refer to the process flow


## PATIENT CENTERED <br> MEDICAL HOME STATUS \& PRACTICE TRANSFORMATION

Plans for achieving PCMH 2014 Level 3 in relevant provider organizations, such as by using a learning collaborative for the necessary training and support

## Patient Centered Medical Home Status and Practice Transformation

The Population Health workstream propels CPWNY focus on the attainment of Level 3 NCQA PCMH under the 2014 standards. Currently, $31.8 \%$ ( $98 / 308$ ) of Primary Care Providers (PCP) in CPWNY have attained this status. Fifty percent (50\%) $-154 / 308$ ) of Primary Care Providers have Level 3 NCOA PCMH under the 2011 standards and will be renewing this year and next few years. Eighteen percent (18.2, $56 / 308)$ of CPWNY providers are not in a PCMH practice. The goal is to have $100 \%$ of the CPWNY providers in a PCMH practice by DY 304 .

For those practices without PCMH recognition, CMP NCOA PCMH Certified Clinical Transformation (CT) staff will continue to assess practices interest and ability to meet the NCQA 2014 standards. CPWNY and CMP are also exploring the Advanced Practice Model (NYS model under development at this time) but preference is with NCQA.

For those practices already with PCMH under 2011 standards CMP has staff assigned from both Clinical Transformation and Care Management departments- prioritizing transformation according to PCMH renewal dates. NCQA is expected to adopt a new set of standards after September 302017 . NCQA will not accept any submission under the 2014 standards after September $30,2017$.
All prachices, regardless of PCMH designation, are assisted by CMP staff (Territory Lead Physicians, Clinical Transformation Specialists and Care Management Advisors) in improvement of quality metrics through rapid cycle evaluation as appropriate. CMP will be directly accountable for transformation of practices in Niagara and Erie counties. CMP has contracted with Chattauqua County Health Network for transformation of practices in Chautauqua County with oversight by CMP Clinical Transformation Department and CPWNY PMO.

## Attachment $F$



## Attachment F

Sample assignment of Pegonallead Physician and Care Management Advisor Assignment



| Current PCMH STATUS | \% of total | TOTAL (practices) | CMP | $\begin{aligned} & \text { NON- } \\ & \text { CMP } \end{aligned}$ | The work who the practues whl pe predicated on them having a signed agreement with the ras |
| :---: | :---: | :---: | :---: | :---: | :---: |
| 2014 Level 3 | 24.5\% | 24 | 23 | 1 | Almost $25 \%$ of our practices are have already achieved PCMH Level 3 recognition under the 2014 standards |
| 2011 | 40.8\% | 40 | 32 | 8 | Individually work with all practices on their renewal to 2014 standards; <br> With NCQA's move to a new set of standards in 2017, they will not accept any submission under the 2014 standards after 9/30/2017. Therefore, for the 7 practices that have a recognition end date after $11 / 30 / 17$ we will work with the practices to determine the best option: (1) submit their renewals to the 2014 standards (2) assess their ability to receive recognition under the new 2017 standards or (3) assess their ability to meet the requirements of APC |
| No PCMM | 34.7\% | 34 | 26 | 8 | Will contmue to assess practices interest and ability to meet the requirements of PCMH Level 3 standards; as practices are able to meet the standards will work individually with the practice with the goal of attaning 2014 Level 3 by 11/30/2017 or meet the requirements of the new 2017 standards by 3/31/18. <br> Will continue to assess practices interest and ability to meet the requirements of APC; as practices are able to meet the standards will work individually with the practice with the goal of attaining APC by $3 / 31 / 18$. We will compare and contrast APC vS PCMH and perhaps offer another option for those practices that are not PCMH. These practices will be offered the training collaborative. |
| TOTAL | 100\% | 98 | 81 | 17 |  |


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## Attachment F



Patient Centered Medical Home Learning Collaborative

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Follow up by Clinical Transformation Specialists with designated practice staff, inclusive of practitioners, as needed to reinforce training and continue 1:1 interventions and transformation process.


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[^1]:    The CPWNY traning program will utilize the CMP Leadersho Series. This seres builds and assists in the clinical transformation of practices to become "high performing" practices. The program consists of review (completed at the office by the Clinical Transformation and Care Management staff) for those who previously attended classes for attainment of PCMH and it is offered to any new staff at those offices. CMP, as part of an ACO
    accreditation status, maintains oversight of its practices to insure that the processes in place for the high performing practice are maintained. This type of oversight will continue for partners of CPWNY

    Detailed Training plan -. involves practitioner champrons, office managers, and designees.

