## NEW YORKSTATEDEPARTMENTOF HEALTH DIVISIONOF HEALTHPLANCONTRACTINGANDOVERSIGHT ARTICLES 44 AND 49 STATEMENTOF DEFICIENCIES

| NAME OF MANAGED CARE ORGANIZATION              | TYPE OF SURVEY:                                   |
|--|---|
| Capital District Physician's Health Plan, Inc. | Focus Survey: MHPAEA Testing Phase I and Phase II |
| -  | Workbooks   |
| STREET ADDRESS, CITY, STATE, ZIP CODE          | SURVEY DATES:                                     |
| 500 Patroon Creek Blvd.                        | August 22, 2018 – September 8, 2020               |
| Albany, NY 12206                               |   |

**NOTE:** The following list of deficiencies was identified by Health Department representatives during an Article 44 and/or Article 49 operational or focused survey of your Managed Care Organization (MCO). Correction of these deficiencies is required in order to bring your MCO into compliance with Article 44 and/or 49 of the New York State Public Health Law and the New York State Official Compilation ofCodes, Rules, and Regulations (10NYCRR). In the column headed Provider Plan ofCorrection, describe the Plan of Corrective Action and anticipated date of corrections. The Plan ofCorrection should bereturned within 15 business days.

| Deficiencies  | Plan of Correction with Time table  |
|---|---|
| <ul> <li>10 CRR-NY 98-1.16 Disclosure and filing.</li> <li>(h) In the event an MCO does not provide substantially complete reports or other information required under this Subpart by the due date, or provide requested information within 30 days of any written request for a specific analysis or report by the superintendent or commissioner, the superintendent or commissioner is authorized to levy a civil penalty, after notice and hearing, pursuant to section 12 of the Public Health Lawor sections 307 and 308 of the Insurance Law.</li> </ul>  | <ul> <li>As a result of the findings outlined in this SOD, CDPHP performed the following:</li> <li>Engaged in a conference call with representatives from the New York State Department of Health, the Office of Mental Health, the Department of Financial Services and the state's consultants (Milliman) to review the compliance report cards; and</li> <li>Reviewed the information provided by CDPHP for the phase I and phase II submissions.</li> </ul>   |
| <ul> <li>Deficiency:</li> <li>Based on the review of Capital District Physician's Health Plan, Inc.'s (CDPHP) Phase I and Phase II nonquantitative treatment limitation (NQTL) workbook submissions, the MCO failed to provide all required information and comparative analyses demonstrating compliance with the Mental Health Parity and Addiction Equity Act of 2008, (P.L. 110-345; MHPAEA) for 6 of 9 NQTLS examined; prior authorization, concurrent review, medical necessity criteria, formulary design, coding edits and reimbursement.</li> <li>Specifically, in Phase I, CDPHP failed to define factors in (Step 3) evidentiary standards comparability and equivalent stringency for inpatient, outpatient, and prescription drug prior authorization. CDPHP failed to provide substantive comparative analyses for (Step 4) as written comparability and equivalent stringency for outpatient and prescription drug prior authorization.</li> </ul> | <ul> <li>CDPHP has determined the following:</li> <li>The root cause of the identified deficiencies: <ul> <li>Incorrect interpretation of the intent/instructions of the tool;</li> <li>Insufficient narrative to describe the policies, procedures and/or operations subject to the survey;</li> <li>Inadequate or missing data to document evidentiary standards or comparability; and</li> <li>Insufficient summary of CDPHP's processes to evaluate and document parity.</li> </ul> </li> <li>Therefore, CDPHP proposes the following plan of correction: <ul> <li>Formalize the ad hoc CDPHP mental health parity compliance team to enhance its responsibilities and oversight;</li> <li>Identify all policies and procedures relevant to state evaluation and substantive comparative analysis to ensure a comprehensive review of comparability and equivalent stringency as written and in operation;</li> </ul></li></ul> |
| MCO Representative's Signature Shuil Hhelson  | 6-22-21   |
| Title Senior Vice President, State Programs   |   |

| CDPHP failed to define factors in (Step 3) evidentiary standards comparability and equivalent stringency for inpatient and outpatient concurrent review and provide substantive comparability and equivalent stringency for outpatient concurrent review. The MCO failed to provide substantive comparability and equivalent stringency (inpatient only) and (Step 5) in operation comparability and equivalent stringency (inpatient only) and (Step 5) in operation comparability and equivalent stringency (inpatient only) and (Step 5) in operation comparability and equivalent stringency for inpatient and outpatient medical necessity criteria. For prescription drug medical necessity criteria, CDPHP failed to provide responses for Steps 3 through 5 that were specific to prescription drugs. Additionally, CDPHP failed to provide substantive comparability and equivalent stringency, (Step 4) as written comparability and equivalent stringency, and (Step 5) in operation comparability and equivalent stringency, and (Step 5) in operation comparability and equivalent stringency for inpatient and outpatient stringency and provide substantive comparative analyses for (Step 4) as written comparability and equivalent stringency and (Step 5) in operation comparability and equivalent stringency for inpatient and outpatient coding edits. Additionally, CDPHP failed to provide substantive comparative analyses for (Step 4) as written comparability and equivalent stringency for inpatient and outpatient coding edits. Additionally, CDPHP failed to provide all required information and substantive comparative analyses for (Step 4) as written comparability and equivalent stringency for inpatient and outpatient reimbursement. | <ul> <li>Prepare six-step analysis (step 1: describe the NQTL;; step 2: factors used to determine imposition of NQTL; step 3: explanation of evidentiary standards and triggers; step 4: comparability of NQTLs in operation; step 6: summary of compliance rationale] and documentation for all NQTLs evaluated in phase I and phase II, which shall include:</li> <li>&gt; Specific data analytics of NQTLs and CDPHP operations to evaluate comparability and equivalent stringency.</li> <li>Update six-step analysis and documentation, as needed; and</li> <li>Establish a frequency for data analysis to monitor plan operations for mental health parity, including but not limited to, NQTLs in the utilization management program.</li> <li>Establish quarterly meetings at which the compliance team shall review all comparative analyses, review implementation of previously identified changes, and make changes to policies or operations, as needed, to maintain compliance with mental health parity.</li> <li>Align, wherever possible, all comparative analyses and compliance efforts with those implemented in conformance DFS regulatory requirements.</li> <li>Provide quarterly educational sessions, as needed, to inform staff of mental health parity requirements and any recent changes to ensure compliance.</li> <li>CDPHP intends to implement the above steps by July 31, 2021</li> <li>The person responsible for completion or direction of these efforts is: Sheila Nelson</li> <li>Senior Vice President, State Programs</li> </ul> |
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| Title     Senior Vice President, State Programs  | 6-22-21   |
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