NEW YORK STATE DEPARTMENT OF HEALTH DIVISION OF HEALTH PLAN CONTRACTING AND OVERSIGHT ARTICLES 44 AND 49 STATEMENT OF DEFICIENCIES

NAME OF MANAGED CARE ORGANIZATION UnitedHealthCare of New York, Inc.	TYPE OF SURVEY: Focus Survey: Mental Health Parity and Addiction Equity Act Testing of Phase III Workbooks
STREET ADDRESS, CITY, STATE, ZIP CODE 77 Water Street, 14 th Floor New York, NY 10005	SURVEY DATES: March 11, 2020 – November 30, 2020 Survey ID# 1949100952

NOTE: The following list of deficiencies was identified by Health Department representatives during an Article 44 and/or Article 49 operational or focused survey of your Managed Care Organization (MCO). Correction of these deficiencies is required in order to bring your MCO into compliance with Article 44 and/or 49 of the New York State Public Health Law and the New York State Official Compilation of Codes, Rules, and Regulations (10NYCRR). In the column headed Provider Plan of Correction, describe the Plan of Corrective Action and anticipated date of corrections. The Plan of Correction should be returned within 15 business days.

Deficiencies	
10 CRR-NY 98-1.16 Disclosure and filing.	
(h) In the event an MCO does not provide	
substantially complete reports or other information	
required under this Subpart by the due date, or	
provide requested information within 30 days of any	
written request for a specific analysis or report by the	
superintendent or commissioner, the superintendent	
or commissioner is authorized to levy a civil penalty	
after notice and hearing, pursuant to section 12 of the	
Public Health Law or sections 307 and 308 of the	
Insurance Law.	

Deficiency:

Based on the review of UnitedHealthcare of New York, Inc's (UHC) Phase III nonquantitative treatment limitation (NQTL) workbook submissions, the MCO failed to provide all required information and comparative analyses demonstrating compliance with the Mental Health Parity and Addiction Equity Act of 2008 (MHPAEA), P.L. 110-343 for 4 of 10 NQTLS examined; retrospective review, outlier review, experimental/investigational determinations and fail first.

 Specifically, for retrospective review in the inpatient and outpatient benefit classifications, UHC failed to delineate factors in Step 2, factors triggering the NQTL. The MCO also failed to define Factors in Step 3 evidentiary standards. UnitedHealthcare of New York, Inc. (UHC) d/b/a UnitedHealthcare Community Plan

Plan of Correction with Timetable

(UHC) Response for "Retrospective Review" Review of Non-Compliance

- UHC will identify (Step 2) factors triggering the NQTL for inpatient and outpatient retrospective review by 01/31/2022.
- 2. UHC will identify evidentiary standards and comparability and equivalent stringency (Step 3) for Retrospective Review for Inpatient and Outpatient by 01/31/2022.
- 3. UHC will document substantive comparative analyses for (Step 4) as written comparability and equivalent stringency for Retrospective Review for Inpatient and Outpatient by 01/31/2022.
- UHC will document substantive comparative analyses for (Step 5) in operation comparability and equivalent stringency for Retrospective Review for Inpatient and Outpatient by 01/31/2022.
- 5. UHC will summarize its findings for Retrospective Review for Inpatient and Outpatient by 01/31/2022.
- 6. UHC notes the deficiencies found for retrospective review of Prescription Drugs. The Plan does not conduct retrospective review of Prescription Drugs and this documentation was submitted in error. The Plan respectfully requests that this insufficiency be reconsidered as the retrospective review NQTL does not apply to Prescription Drugs.

comparability and equivalent stringency, and provide substantive comparative analyses in Steps 3 through 5 for retrospective review and outlier review in the inpatient, outpatient, and prescription drugs benefit classifications. The MCO also failed to provide all required information and substantive comparative analyses in Steps 1 through 5 for retrospective review in the prescription drugs benefit classification.

UHC failed to provide all required information and substantive comparative analyses for experimental/investigational determinations in the prescription drugs benefit classification in Steps 2 through 5, as the response to Step 1, MCO Specific language of NQTL, was duplicated for the remaining steps. Additionally, UHC failed to Provide all required information and substantive comparative analyses for fail first in the Prescription drugs benefit classification in Steps 2 through 5.

Methods to Review and Remediate

- UHC will update the NQTL Phase III workbook responses to: (1) evaluate and identify factors triggering the NQTL for Retrospective Review for both med/surg (M/S) and Mental Health/Substance Use Disorder (MH/SUD) benefits;(2) provide comparative analysis to demonstrate comparable factors are used to determine applicability of Retrospective Review for the identified MH/SUD benefits as were used for M/S benefits, including the sources for ascertaining each of these factors by 01/31/2022.
- 2. UHC will develop a plan to remediate any findings where MH/SUD appears to be more stringent by 01/31/2022.
- UHC will adhere to policy developed (Phase I and Phase II POC 08/01/2021) to ensure an annual review, at minimum but as needed, of MHP Workbooks – *Status Completed*
- UHC will document in Step 6 a summary of Steps 1-5
 especially with regards to Step 3 evidentiary
 standards comparability and equivalent stringency for
 Inpatient and Outpatient retrospective review and
 demonstrate compliance with MHPAEA by
 01/31/2022.

Education and Training

- 1. UHC will update the Mental Health Parity (MHP) training module by 05/03/2021 **Status Completed**
- 2. UHC will identify applicable staff to train by 05/03/2021 **Status Completed**
 - Training is provided to all active employees, directors or other governing body members, agents and other representatives engaged in functions that are subject to federal or state mental health and substance use disorder (MH/SUD) parity requirements or involved in MHP analysis as a part of the compliance program.
- 3. UHC will notify impacted active employees of the training by 05/07/2021 *Status Completed*
 - 05/06/2021 UHC; 05/05/2021 Optum Behavioral Health (OBH)
 - Repeat reminders sent to ensure completion
- 4. UHC MHP team will monitor active employee training completion *Status Ongoing*
 - Training completion rates are monitored weekly and associated reports are used to generate reminder emails and follow up with employees who have not yet completed the course.
- 5. UHC's goal for 100% training completion is 06/30/2021 *Status Completed*
 - Please note that new employees are added to the training requirement, which impacts the data and completion rate.

Monitoring Implementation of Plan of Correction (POC)

- UHC will establish a policy outlining MHP Team
 Quality and Compliance Monitoring 05/10/2021 –
 Status Completed.
- 2. UHC will create a job aid for the MHP Team detailing Quality and Compliance Monitoring 06/18/2021 **Status Completed.**
- 3. UHC will review the policy and job aid in context to the deficiencies noted regarding Phase III and UHC will update these documents as needed 01/31/2022

Responsible Parties

Review of Non-Compliance

- Lisa Lando, Director of Health Plan Operations
- UHC Mental Health Parity Team
- UHC Clinical, Operations and Pharmacy Subject Matter Experts
- Optum Behavioral Health Subject Matter Experts

Methods to Review and Remediate

- Lisa Lando, Director of Health Plan Operations
- UHC Mental Health Parity Team
- UHC Clinical, Operations and Pharmacy Subject Matter Experts
- Optum Behavioral Health Subject Matter Experts

Education and Training

• UHC Mental Health Parity Team

Monitoring Implementation of POC

- Lisa Lando, Director of Health Plan Operations
- UHC Mental Health Parity Team

Remediation Start Date: 05/26/2021 Remediation End Date: 01/31/2022

Overall Owner: Lisa Lando, Director of Health Plan

Operations

UHC Response for "Outlier Review"

Review of Non-Compliance

- UHC will define identify evidentiary standards comparability and equivalent stringency (Step 3) for Inpatient, Outpatient and Prescription Drugs by 01/31/2022.
- UHC will document substantive comparative analyses for (Step 4) as written comparability and equivalent stringency for Inpatient, Outpatient and Prescription Drugs by 01/31/2022.
- 3. UHC will document substantive comparative analyses for (Step 5) in operation comparability and equivalent stringency for Inpatient, Outpatient and Prescription Drugs outliers by 01/31/2022.
- UHC will document in Step 6 a summary of Steps 1-5
 especially with regards to Step 3 evidentiary standards
 comparability and equivalent stringency for Inpatient,
 Outpatient and Prescription Drugs and demonstrate
 compliance with MHPAEA by 01/31/2022.

Methods to Review and Remediate

- 1. UHC will then update the Phase III workbook responses to: (1) identify factors triggering the Outlier NQTL for inpatient and outpatient and prescription drugs for both M/S and MH/SUD benefits; (2) provide comparative analysis to demonstrate comparable factors are used to determine applicability of Outlier Review for the identified MH/SUD benefits as were used for M/S benefits, including the sources for ascertaining each of these factors by 01/31/2022.
- 2. UHC will develop a plan to remediate any findings where MH/SUD appears to be more stringent by 01/31/2022.
- 3. UHC will adhere to policy developed (Phase I and Phase II POC 08/01/2021) to ensure an annual review, at minimum but as needed, of MHP Workbooks. **Status Completed**

Education and Training:

- UHC will update the MHP training module by 05/03/2021 – Status Completed.
- 2. UHC will identify applicable staff to train by 05/03/2021 *Status Completed*.
 - Training is provided to all active employees, directors or other governing body members, agents and other representatives engaged in functions that are subject to federal or state MH/SUD parity requirements or involved in MHP analysis as a part of the compliance program.
- 3. UHC will notify impacted active employees of the training by 05/07/2021 *Status Completed*.
 - 05/06/2021 UHC; 05/05/2021 Optum Behavioral Health (OBH)
 - Repeat reminders sent to ensure completion
- 4. UHC MHP team will monitor active employee training completion *Status Ongoing*.
 - Training completion rates are monitored weekly and associated reports are used to generate reminder emails and follow up with employees who have not yet completed the course.
- 5. UHC's goal for 100% training completion is 06/30/2021 *Status Completed.*
 - Please note that new employees are added to the training requirement, which impacts the data and completion rate.

Monitoring Implementation of POC

- UHC will establish a policy outlining MHP Team
 Quality and Compliance Monitoring 05/10/2021 –
 Status Completed.
- UHC will create a job aid for the MHP Team detailing Quality and Compliance Monitoring – 06/18/2021 – Status Completed.

3. UHC will review the policy and job aid in context to the deficiencies noted regarding Phase III and UHC will update these documents as needed – 01/31/2022

Responsible Parties Review of Non-Compliance

- Lisa Lando, Director of Health Plan Operations
- UHC Mental Health Parity Team
- UHC Clinical, Operations and Pharmacy Subject Matter Experts
- Optum Behavioral Health Subject Matter Experts

Methods to Review and Remediate

- Lisa Lando, Director of Health Plan Operations
- UHC Mental Health Parity Team
- UHC Clinical, Operations and Pharmacy Subject Matter Experts
- Optum Behavioral Health Subject Matter Experts

Education and Training

• UHC Mental Health Parity Team

Monitoring Implementation of POC

- Lisa Lando, Director of Health Plan Operations
- UHC Mental Health Parity Team

Remediation Start Date: 05/26/2021 Remediation End Date: 01/31/2022

Overall Owner: Lisa Lando, Director of Health Plan

Operations

UHC Response for "Experimental and Investigational Determinations"

Review of Non-Compliance

- 1. UHC will identify (Step 2) factors triggering the NQTL Experimental and Investigational NQTL for Prescription Drug by 01/31/2022.
- 2. UHC will define the evidentiary standards comparability and equivalent stringency (Step 3) for Experimental and Investigational for Prescription Drug by 01/31/2022.
- 3. UHC will document substantive comparative analyses for (Step 4) as written comparability and equivalent stringency for Experimental and Investigational Determinations of Prescription Drugs by 01/31/2022.
- 4. UHC will document substantive comparative analyses for (Step 5) in-operation comparability and equivalent stringency for Experimental and Investigational Determinations of Prescription Drugs by 01/31/2022.
- UHC will document in Step 6 a summary of Steps 1-5
 especially with regards to Step 3 evidentiary standards
 comparability and equivalent stringency for
 Experimental and Investigational Determinations of
 Prescription Drugs and demonstrate compliance with
 MHPAEA by 01/31/2022.

Methods to Review and Remediate

- UHC will update the NQTL Phase III workbook responses to: (1) identify factors triggering the NQTL for Experimental and Investigational determinations of Prescription Drug for both M/S and MH/SUD benefits; (2) provide comparative analysis to demonstrate comparable factors are used to determine applicability of Experimental and Investigational Determinations for Prescription Drugs for the identified MH/SUD benefits as were used for M/S benefits, including the sources for ascertaining each of these factors by 01/31/2022.
- 2. UHC will remediate any findings where MH/SUD appears to be more stringent by 01/31/2022.
- 3. UHC will adhere to the policy developed (Phase I and Phase II POC 08/01/2021) to ensure an annual review, at minimum but as needed, of MHP Workbooks. *Status Completed*

Education and Training

- 1. UHC will update the MHP training module by 05/03/2021 *Status Completed*.
- 2. UHC will identify applicable staff to train by 05/03/2021 *Status Completed*.
 - Training is provided to all active employees, directors or other governing body members, agents and other representatives engaged in functions that are subject to federal or state MH/SUD parity requirements or involved in MHP analysis as a part of the compliance program.
- 3. UHC will notify impacted active employees of the training by 05/07/2021 *Status Completed.*
 - 05/06/2021 UHC; 05/05/2021 Optum Behavioral Health (OBH)
 - Repeat reminders sent to ensure Completion.
- 4. UHC MHP team will monitor active employee training completion *Status Ongoing*.
 - Training completion rates are monitored weekly and associated reports are used to generate reminder emails and follow up with employees who have not yet completed the course.
- 5. UHC's goal for 100% training completion is 06/30/2021 *Status Completed.*
 - Please note that new employees are added to the training requirement, which impacts the data and completion.

Monitoring Implementation of POC

- UHC will establish a policy outlining MHP Team Quality and Compliance Monitoring – 05/10/2021 – Status Completed.
- 2. UHC will create a job aid for the MHP Team detailing Quality and Compliance Monitoring 06/18/2021 **Status Completed.**
- 3. UHC will review the policy and job aid in context to the deficiencies noted regarding Phase III and UHC will update these documents as needed 01/31/2022

Responsible Parties

Review of Non-Compliance

- Lisa Lando, Director of Health Plan Operations
- UHC Mental Health Parity Team
- UHC Clinical, Operations and Pharmacy Subject Matter Experts
- Optum Behavioral Health Subject Matter Experts

Methods to Review and Remediate

- Lisa Lando, Director of Health Plan Operations
- UHC Mental Health Parity Team
- UHC Clinical, Operations and Pharmacy Subject Matter Experts
- Optum Behavioral Health Subject Matter Experts

Education and Training

 UHC Mental Health Parity Team Monitoring Implementation of POC

Monitoring Implementation of POC

- Lisa Lando, Director of Health Plan Operations
- UHC Mental Health Parity Team

Remediation Start Date: 05/26/2021 Remediation End Date: 01/31/2022

Overall Owner: Lisa Lando, Director of Health Plan

Operations

UHC Response for "Fail First"

Review of Non-Compliance

- UHC will define factors (Step 2) triggering the NQTL for Prescription Drugs - Fail First by 01/31/2022
- 2. UHC will define factors in (Step 3) evidentiary standards comparability and equivalent stringency for Prescription Drugs Fail First by 01/31/2022.
- UHC will provide substantive comparative analyses for (Step 4) as written comparability for Prescription Drugs – Fail First by 01/31/2022.
- 4. UHC will document substantive comparative analyses for (Step 5) in operation comparability and equivalent stringency for Prescription Drugs-Fail First by 01/31/2022
- UHC will document in Step 6 a summary of Steps 1-5
 especially with regards to Step 3 evidentiary standards
 comparability and equivalent stringency for and
 Prescription Drugs Fail First and demonstrate
 compliance with MHPAEA by 01/31/2022.

Methods to Review and Remediate

- UHC will then update the Phase III workbook responses to: (1) identify factors triggering the NQTL for Prescription Drugs – Fail First for both M/S and MH/SUD benefits; (2) provide comparative analysis to demonstrate comparable factors are used to determine applicability of Prescription Drugs – Fail First for the identified MH/SUD benefits as were used for M/S benefits, including the sources for ascertaining each of these factors by 01/31/2022.
- 2. UHC will develop a plan to remediate any findings where MH/SUD appears to be more stringent by 01/31/2022.
- 3. UHC will adhere to the policy developed (Phase I and Phase II POC 08/01/2021) to ensure an annual review, at minimum but as needed, of MHP Workbooks. *Status Completed*

Education and Training

- 1. UHC will update the MHP training module by 05/06/2021 *Status Completed*.
- 2. UHC will identify applicable staff to train by 05/03/2021 *Status Completed*.
 - Training is provided to all active employees, directors or other governing body members, agents and other representatives engaged in functions that are subject to federal or state MH/SUD parity requirements or involved in MHP analysis as a part of the compliance program.
- 3. UHC will notify impacted active employees of the training by 05/07/21 *Status Completed.*
 - 05/06/2021 UHC; 05/05/2021 Optum Behavioral Health (OBH)
 - Repeat reminders sent to ensure completion.
- 4. UHC MHP team will monitor active employee training completion *Status Ongoing.*
 - Training completion rates are monitored weekly and associated reports are used to generate reminder emails and follow up with employees who have not yet completed the course.
- 5. UHC's goal for 100% training completion is 06/30/2021 *Status Completed*.
 - Please note that new employees are added to the training requirement, which impacts the data and completion rate.

Monitoring Implementation of POC 1. UHC will establish a policy outlining MHP Team Quality and Compliance Monitoring - 05/10/2021 -Status Completed. 2. UHC will create a job aid for the MHP Team detailing Quality and Compliance Monitoring - 06/18/2021 -Status Completed. 3. UHC will review the policy and job aid in context to the deficiencies noted regarding Phase III and UHC will update these documents as needed - 01/31/2022 **Responsible Parties Review of Non-Compliance** Lisa Lando, Director of Health Plan Operations **UHC Mental Health Parity Team** UHC Clinical, Operations and Pharmacy Subject Matter Experts Optum Behavioral Health Subject Matter Experts **Methods to Review and Remediate** Lisa Lando, Director of Health Plan Operations **UHC Mental Health Parity Team** UHC Clinical, Operations and Pharmacy Subject **Matter Experts** Optum Behavioral Health Subject Matter Experts **Education and Training UHC Mental Health Parity Team Monitoring** Implementation of POC **Monitoring Implementation of POC** Lisa Lando, Director of Health Plan Operations

UHC Mental Health Parity Team

Remediation Start Date: 05/26/2021 Remediation End Date: 01/31/2022

Overall Owner: Lisa Lando, Director of Health Plan

Operations

UHC Overall Response Review of Non-Compliance

The Statement of Deficiency (SOD) along with the Plan of Correction (POC) supplied apply to Medicaid Managed Care, Health and Recovery Plan (HARP), Child Health Plus, & Essential Plan.

UHC will ensure an annual review and update, as necessary, to all sections within the MHPAEA Testing Phase III Workbooks. The review and update schedule will be adjusted as needed to account for any regulatory changes and OMH request.

Responsible Parties

- Lisa Lando, Director of Health Plan Operations
- UHC Mental Health Parity Team
- UHC Clinical, Operations and Pharmacy Subject Matter Experts
- Optum Behavioral Health Subject Matter Experts

UHC plans to educate/train staff of any necessary changes to address potential noncompliance. Business SMEs will identify responsible staff to assign a required annual training course for Mental Health Parity through the company's Learning Management System (LMS). The LMS will allow responsible parties to monitor reports to ensure completion of the required training.

Responsible Parties

- Lisa Lando, Director of Health Plan Operations
- UHC Mental Health Parity Team
- UHC Clinical, Operations and Pharmacy Subject Matter Experts
- Optum Behavioral Health Subject Matter Experts

MCO Representative's Signature:	Date: November 16, 2021
Ant the	
Title: CEO	