

# Health and Recovery Plan (HARP): Healthfirst Personal Wellness Plan CAHPS® 5.0H Adult Medicaid Survey

# Continuous Quality Improvement Report

May 2020



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### **Background**

In New York, Medicaid enrollees living with significant behavioral health needs may be enrolled in a type of Medicaid managed care plan called a Health and Recovery Plan (HARP). These plans are designed to specifically address the needs of members living with mental health or substance use disorders by providing access to experienced behavioral health providers and offering services specialized for their needs. Specialized services include care coordination between medical and other providers, promoting wellness, and treatment adherence services.

The Consumer Assessment of Healthcare Providers and Systems (CAHPS®) survey is a comprehensive tool designed to assess consumers' experience with health care and health plans. CAHPS® is the questionnaire that asks health plan members about experiences with access to care, health care providers and health plans. The New York State Department of Health (NYSDOH) sponsors a CAHPS® survey every other year for the Medicaid managed care plans and uses the results to determine variation in member satisfaction among the plans. DataStat, Inc. conducted the survey on behalf of the NYSDOH in 2019. The instrument used for the administration of the survey was the CAHPS® 5.0H Adult Medicaid core survey, developed and tested nationally for assessing the performance of health plans.

The majority of question items addressed member's experience with their health care, such as getting care quickly, communication with doctors, and overall satisfaction with health care and with the health plan. The questionnaire was expanded to include 22 supplemental questions of particular interest to the NYSDOH. Rounding out the instrument was a set of questions collecting demographic data. In total, the questionnaire consisted of 67 questions. A copy of the modified CAHPS® questionnaire can be found in Appendix A.

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### **Executive Summary**

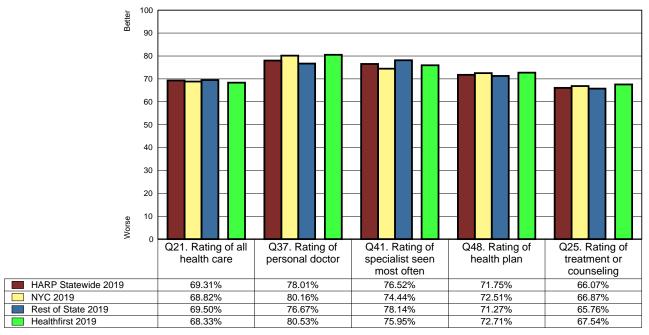
In New York, the CAHPS® survey is administered to Medicaid managed care plan members every other year. For the 2019 administration, the NYSDOH focused on adult members of Medicaid managed care plans as well as members in Special Needs Plans (SNPs) and Health and Recovery Plans (HARPs). The survey included 13 HARPs in New York with a sampled goal of 1,500 adults per plan. Questionnaires were sent to 19,299 members following a mail only methodology during the period October 3, 2019, through December 31, 2019, using a standardized survey procedure and questionnaire. A total of 276 responses were received resulting in a 18.5% response rate. The disposition of surveys is contained at the end of this section.

Conclusions based on the information presented in this report should be tempered by a few caveats. First, for some questionnaire items, relatively small numbers of responses may be available due to skip patterns in the questionnaire. In order to present the most reliable information, results based on fewer than 30 observations are not presented in this report. Second, in some of the data presentations included in this report, correlation coefficients are computed to explore the relationship between different measures. High correlations, however, do not necessarily indicate causation. Finally, in many of the graphs and tables presented in this report, differences between the Statewide average and individual managed care plans are readily apparent. However, where these differences are not statistically significant they should be evaluated accordingly.

### **Summary of Standard Rating Questions**

Response options for standard rating questions ranged from 0 (worst) to 10 (best). In the table below, the achievement score represents the proportion of members who responded with a rating of "8", "9", or "10". HARP results are presented for Statewide, New York City (NYC), Rest of State and the plan. Plan results are compared to the HARP Statewide achievement scores and a significance level of .05 or less was considered statistically significant and " $\uparrow$ " or " $\downarrow$ " is placed at the top of the appropriate bar. Regional results are presented for additional information, but are not compared to the Statewide achievement scores.

### Standard Ratings Questions (8, 9 or 10)

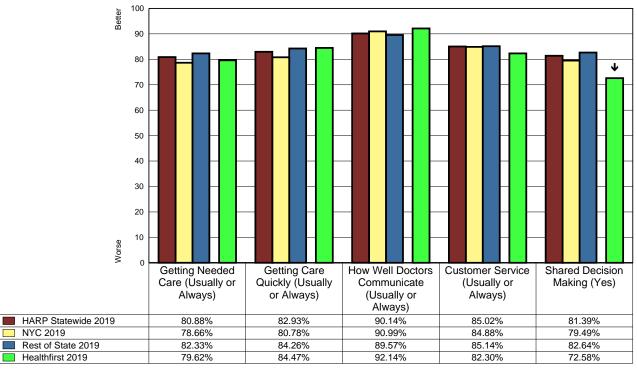


↑¥ Statistically significantly better/worse than HARP Statewide 2019.

### **Summary of Standard Composites**

A composite score is calculated for each of five domains of member experience: Getting Needed Care, Getting Care Quickly, How Well Doctors Communicate, Customer Service and Shared Decision Making. Composite achievement scores indicate the proportion of members who reported a positive experience within a given domain. Responses of "Usually" or "Always" indicate achievement for all composite measures except for Shared Decision Making, which uses "Yes" as the indicator of achievement. HARP results are presented for Statewide, New York City (NYC), Rest of State and the plan. Plan results are compared to the HARP Statewide achievement scores and a significance level of .05 or less was considered statistically significant and "↑" or "\underwight" is placed at the top of the appropriate bar. Regional results are presented for additional information, but are not compared to the Statewide achievement scores.

### **Standard Composites**



★◆ Statistically significantly better/worse than HARP Statewide 2019.

# **Key Measure Summary**

Plans	Getting Needed Care (Usually or Always)	Getting Care Quickly (Usually or Always)	How Well Doctors Communica te (Usually or Always)	Customer Service (Usually or Always)	Shared Decision Making (Yes)	Rating of all health care	Rating of personal doctor	Rating of specialist seen most often	Rating of health plan	Rating of treatment or counseling
HARP Statewide	81	83	90	85	81	69	78	77	72	66
NYC	79	81	91	85	79	69	80	74	73	67
Rest of State	82	84	90	85	83	69	77	78	71	66
Affinity Enriched Health	79	80	93	86	82	73	82	78	73	72
CDPHP	86 🛕	90 🛕	92	89	82	74	80	84 🛕	77	70
Empire	80	81	93	89	81	68	78	70	69	67
Excellus Health Plan, Inc.	79	83	91	90	86 🛕	72	76	79	75	59
Fidelis HealthierLife	80	85	91	86	83	70	81	76	72	67
Healthfirst Personal Wellness Plan	80	84	92	82	73 ▼	68	81	76	73	68
HIP EmblemHealth	82	82	89	82	80	72	80	75	75	67
Independent Health	80	84	90	88	83	67	75	77	75	67
MetroPlus Enhanced	76	80	89	86	77	68	80	73	75	66
Molina Healthcare PLUS	79	76 ▼	86	79	83	59 ▼	73	72	57 ▼	57
MVP Harmonious	84	86	88	84	86	71	77	81	69	64
UnitedHealthcare	81	82	89	81	82	70	77	75	68	62
YourCare Options Plus	85 🛕	84	89	83	82	70	75	79	74	73

<sup>▲▼</sup> Statistically significantly better/worse than HARP Statewide 2019.

# **Respondent Sample Profile**

Age (years)	HARP Statewide	NYC	Rest of State	Healthfirst Personal Wellness Plan
18 to 24	1.3%	1.4%	1.3%	1.1%
25 to 34	9.5%	7.8%	10.9%	6.0%
35 to 44	14.7%	15.0%	14.7%	12.7%
45 to 54	25.6%	23.9%	26.7%	29.1%
55 to 64	45.6%	48.2%	43.5%	46.3%
65 to 74	3.1%	3.4%	2.8%	4.9%
75 or older	0.2%	0.3%	0.2%	0.0%

Gender	HARP Statewide	NYC	Rest of State	Healthfirst Personal Wellness Plan
Male	46.9%	50.1%	44.6%	49.1%
Female	53.1%	49.9%	55.4%	50.9%

Highest grade or level of school completed	HARP Statewide	NYC	Rest of State	Healthfirst Personal Wellness Plan
8th grade or less	11.6%	15.1%	9.2%	17.2%
Some high school, but did not graduate	25.4%	29.3%	22.7%	28.7%
High school graduate or GED	31.8%	28.9%	33.8%	30.6%
Some college or 2-year degree	23.5%	19.5%	26.4%	17.2%
4-year college graduate	5.1%	4.1%	5.7%	3.0%
More than 4-year college graduate	2.6%	3.1%	2.2%	3.4%

Hispanic or Latino	HARP Statewide	NYC	Rest of State	Healthfirst Personal Wellness Plan
Yes, Hispanic or Latino	27.5%	44.2%	15.5%	44.2%
No, Not Hispanic or Latino	72.5%	55.8%	84.5%	55.8%

Race	HARP Statewide	NYC	Rest of State	Healthfirst Personal Wellness Plan
White	52.1%	29.4%	67.7%	28.1%
Black or African-American	28.7%	37.1%	22.8%	41.4%
Asian	2.9%	4.9%	1.6%	4.0%
Native Hawaiian or Other Pacific Islander	0.6%	0.4%	0.7%	0.4%
American Indian or Alaska Native	2.9%	2.4%	3.3%	3.2%
Other	18.2%	29.6%	10.3%	26.9%

Rating of Overall Health	HARP Statewide	NYC	Rest of State	Healthfirst Personal Wellness Plan
Excellent	7.3%	9.0%	6.0%	9.9%
Very good	14.5%	14.8%	14.6%	10.3%
Good	30.0%	28.5%	31.1%	28.9%
Fair	35.5%	35.9%	35.2%	38.4%
Poor	12.7%	11.8%	13.1%	12.5%

# **Sample Disposition**

	HARP Statewide	Healthfirst Personal Wellness Plan
First mailing - sent	19,299	1,500
First mailing - usable survey returned*	2,006	174
Second mailing - sent	15,671	1,208
Second mailing - usable survey returned*	908	102
Total - usable surveys	2,914	276
Ineligible: According to population criteria‡†	79	6
Ineligible: Language barrier†	3	0
Ineligible: Deceased†	8	0
Ineligible: Mentally or physically unable to complete survey†	18	1
Refusal/Returned survey blank	34	4
Incomplete survey - mail or phone	95	9
Nonresponse - Unavailable by mail or phone	13,845	1,034
Added to Do Not Call list	0	0
Response Rate	15.2%	18.5%

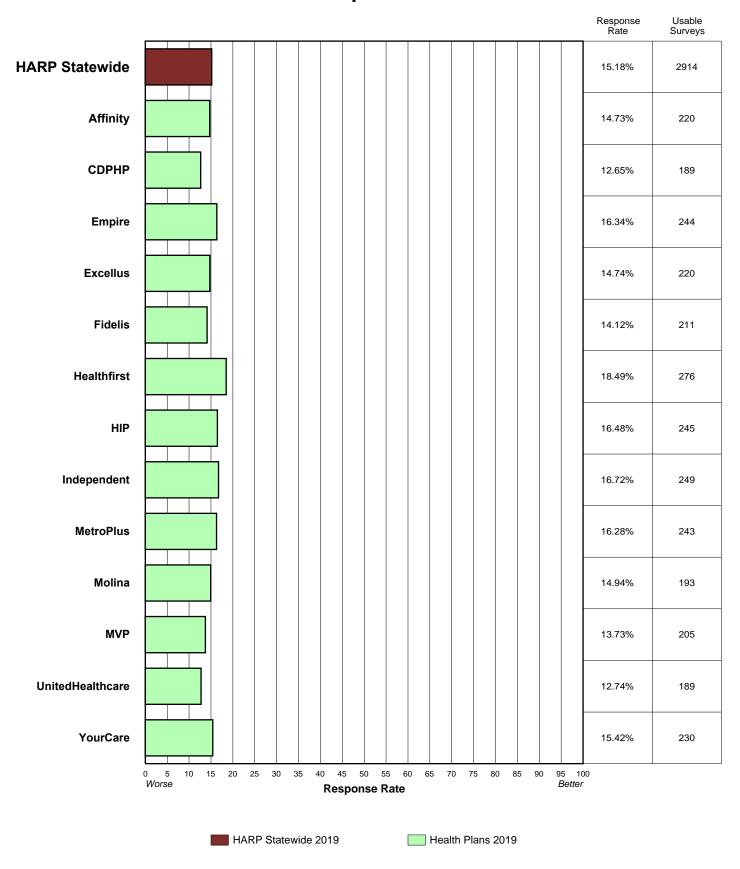
<sup>\*</sup>Included in response rate numerator

Note: Response Rate = Total Usable Surveys / Total Eligible Cases

<sup>†</sup>Excluded from response rate denominator

<sup>‡</sup>Population criteria: The designated respondent must be a member of the managed care plan.

# **Response Rates**



### Trend Analysis - 2019 vs. 2017

The table below provides a snapshot of the items with the greatest point change, positive or negative, since 2017. All performance-related items in the questionnaire that were trendable were listed in descending order of point change, and testing was conducted to determine which trends were statistically significant. Two questions (Questions 8 and 10) cannot be trended and are not included in this analysis. Shown below are the ten items at the top of the list and the ten items at the bottom, with their 2017 and 2019 scores and results of the significance testing. In the table presented below, differences over time may be readily apparent. However, where these differences are not statistically significant they should be evaluated accordingly.

Question	Healthfirst 2019 Score	Healthfirst 2017 Score	Point Change	Composite/ Question Group
Q4. Usually or always got care right away as soon as you needed	86.8%	78.3%	+ 8.5	Getting Care Quickly
Q13d. Doctor or other health provider talked about whether there was a period of time when you felt sad, empty or depressed	77.1%	69.7%	+ 7.5	Single Items
Q13b. Doctor or other health provider talked about exercise or physical activity	77.7%	70.8%	+ 6.9	Single Items
Q20. Results of blood test, x-ray or other test usually or always easy to understand	82.1%	75.2%	+ 6.8	Single Items
Q36. Personal doctor usually or always seemed informed about care received from other doctors or providers	88.8%	82.0%	+ 6.8	Single Items
Q33. Personal doctor usually or always showed respect for what you had to say	94.7%	88.1%	+ 6.6	Communication
Q39. Usually or always get an appointment to see a specialist as soon as you needed	76.4%	70.2%	+ 6.2	Getting Needed Care
Q32. Personal doctor usually or always listened carefully to you	92.8%	86.7%	+ 6.1	Communication
Q37. Rating of personal doctor	80.5%	74.7%	+ 5.9	Ratings
Q34. Personal doctor usually or always spent enough time with you	90.0%	84.8%	+ 5.2	Communication
Q19. Someone from doctor's office usually or always followed up to give blood test, x-ray or other test results	79.2%	82.5%	- 3.2	Single Items
Q48. Rating of health plan	72.7%	77.5%	- 4.8	Ratings
Q13c. Doctor or other health provider talked about things in your life that worry you or cause you stress	76.1%	80.9%	- 4.8	Single Items
Q25. Rating of treatment or counseling	67.5%	72.5%	- 5.0	Ratings
Q22. Usually or always got care, tests or treatment, you thought you needed	82.8%	88.1%	- 5.3	Getting Needed Care
Q45. Health plan's customer service usually or always gave needed information or help	74.3%	80.2%	- 5.9	Customer Service
Q12. Doctor/provider definitely talked about specific things to do to prevent illness	77.4%	84.0%	- 6.5	Single Items
Q17. Doctor/provider asked what you thought was best for you	73.7%	81.7%	- 8.0	Shared Decision Making
Q52. Had flu shot or flu spray since September 1, 2018? [Displayed for Respondents 18-64 years old]	48.4%	62.0%	- 13.6 ▼	Single Items
Q16. Doctor/provider talked about reasons you might not want to take a medicine	52.7%	67.8%	- 15.2	Shared Decision Making

▲▼ Statistically significantly higher/lower than 2017 score.

- Worse

Better

# Methodology

Adults who were current members of a NYSDOH HARP, ages 21 to 64, as of September 2019 and who had been enrolled for five out of the last six months were eligible to be randomly selected for the survey. Respondents were surveyed in English or Spanish. The survey was administered over a 12 week period using a mail only three wave protocol. The protocol consisted of a first questionnaire packet and reminder postcard to all selected members, followed by a second questionnaire packet to individuals who had not responded to the initial mailings.

### **Survey Milestones**

- 1. 1st questionnaire packets mailed: October 3, 2019
- 2. Reminder postcards mailed: October 10, 2019
- 3. 2nd questionnaire packets mailed: November 7, 2019
- 4. Field closed: December 31, 2019

### Sampling Frame

A stratified random sample was drawn with the goal of selecting 1,500 eligible adults for each of the HARPs. To be eligible, individuals had to be current members, aged 21 to 64, who were continuously enrolled in the plan for at least five out of the last six months as of September 2019.

### Questionnaire

The instrument selected for the survey, the CAHPS® 5.0H Adult Medicaid core survey, was developed and tested nationally for use in assessing the performance of health plans. The majority of questions addressed domains of member experience such as getting care quickly, doctor communication, overall satisfaction with health care and health plan. The questionnaire was expanded to include 22 supplemental questions of particular interest to the NYSDOH. Rounding out the questionnaire was a set of questions collecting demographic data. In total, the questionnaire consisted of 67 questions. A copy of the modified CAHPS® questionnaire can be found in Appendix A.

### **Selection of Cases for Analysis**

Questionnaires were considered complete if respondents did not say 'No' to Question 1 (Our records show that you are now in [HEALTH PLAN NAME]. Is that right?) and if they provided a valid response to at least three of the five questions: Q3, Q29, Q38, Q44, Q48. Complete interviews were obtained from 276 NYSDOH HARP members, and the overall project response rate was 18.5%.

### **Definition of Achievement Scores**

Member responses to questionnaire items are summarized as achievement scores. Responses that indicate a positive experience are labeled as achievements, and an achievement score is computed equal to the proportion of responses qualifying as achievements. Since achievement scores for questions represent the proportion of respondents who indicate a positive experience, the lower the achievement score, the greater the need for improvement. See the *Responses by Question* section for assignment of achievement responses for each question.

In general, somewhat positive responses are included with positive responses as achievements. For example, a response of "Usually" or "Always" to the question "How often did you get an appointment for health care at a doctor's office or clinic as soon as you needed?" is considered an achievement, as are responses of "8", "9", or "10" to rating questions.

### Composites

Five standard composite scores summarize responses in key areas: Getting Needed Care, Getting Care Quickly, How Well Doctors Communicate, Customer Service, and Shared Decision Making. The achievement score for the composite is the average of the achievement scores for the individual items comprising a composite. Following is a list of the questions that comprise each composite:

### **Getting Needed Care**

- Q22. Usually or always got care, tests or treatment, you thought you needed Q39. Usually or always get an appointment to see a specialist as soon as you needed

### **Getting Care Quickly**

- Q4. Usually or always got care right away as soon as you needed Q6. Usually or always got an appt. for check-up or routine care as soon as you needed

#### **How Well Doctors Communicate**

- Q31. Personal doctor usually or always explained things in way that was easy to understand Q32. Personal doctor usually or always listened carefully to you Q33. Personal doctor usually or always showed respect for what you had to say Q34. Personal doctor usually or always spent enough time with you

#### **Customer Service**

- Q45. Health plan's customer service usually or always gave needed information or help Q47. Usually or always treated with courtesy and respect by health plan's customer service staff

### Shared Decision Making

- Q15. Doctor/provider talked about reasons you might want to take a medicine Q16. Doctor/provider talked about reasons you might not want to take a medicine
- Q17. Doctor/provider asked what you thought was best for you

### Correlation to Satisfaction

To understand the relationship between performance and satisfaction in particular areas of member experience, correlations are computed between responses to the question items comprising the five composites and each of the ratings questions. The specific correlation computed is Pearson's Correlation Coefficient, which takes on values between -1 to 1. Correlation scores are presented in the Correlation Analysis section.

### **Comparisons: Current Year and Trending**

Two types of comparisons are presented. Current year comparisons are found in the Executive Summary and Graphs sections. In the Executive Summary section, plan level results for the Standard Ratings and Composites are compared to the Statewide achievement score, with statistical testing. Regional results are presented for comparison. In the Graphs section plan level results for each performance measure are compared to the Statewide achievement score, with statistical testing. Regional results are presented for additional information, but are not compared to the Statewide achievement scores.

Comparisons across time are the focus of the *Trend Analysis* section: all performance-related items in the questionnaire that were trendable were listed in descending order of point change. The Trend Analysis section displays, for the plan, the ten items at the top of the list and the ten items at the bottom, with the 2017 and 2019 scores and results of significance testing. In addition, in the Responses by Question section, for each performance item, the achievement score point change is displayed along with results of significance testing.

### **Statistical Testing**

Statistically significant differences between scores were determined using t-tests. A significance level of .05 or less was considered statistically significant and "↑" or "Ψ" is placed at the top of the appropriate bar or next to the appropriate achievement score.

### Case-Mix Analysis

The majority of achievement scores presented in this report are case-mix adjusted to control for differences in the member population across managed care plans. The results for 2019 are case-mix adjusted for age (Q60), health status (Q50) and education (Q62). Case-mix adjustment is applied to mitigate the effect of differences in individual plan's member population. The variables chosen for case-mix adjustment are beyond the control of the managed care plan and have been shown to affect managed care plan and health care ratings. For example, individuals with higher levels of education generally rate lower for satisfaction. Details about the distribution of populations in categories for the three adjusters can be seen in the *Respondent Sample Profile* contained in the *Executive Summary* section.

All achievement scores based on questions in the "About Your Health" and "About You" sections are not casemix adjusted. Case-mix adjustment is also not applied to the achievement scores for the Question 13 series.

### **Using this Report**

#### **Understanding Achievement Scores**

This report is designed to assist the NYSDOH and participating health plans in identifying key opportunities to improve members' experiences. Member responses to questions are summarized as achievement scores. Responses that indicate a positive experience are labeled as achievements, and an achievement score is computed as the proportion of responses qualifying as positive. Responses of "Yes" are considered achievements for the Shared Decision Making composite. For all other composites, responses of "Usually" or "Always" are considered achievements. For example, a response of "Usually" or "Always" to the question "How often did you get care as soon as you needed?" is considered a positive response, and the achievement score for this question is equal to the proportion of respondents who answered the question with "Usually" or "Always". Because achievement scores for questions are computed as the proportion of members who indicate a positive experience, the lower the achievement score, the greater the need to improve.

Achievement scores are computed and reported for all pertinent questions. In addition, composite scores are built from groups of questions that make up broad domains of members' experience: Getting Needed Care, Getting Care Quickly, How Well Doctors Communicate, Customer Service, and Shared Decision Making.

Achievement scores based on fewer than 30 observations are suppressed in this report and "NA" is substituted for the result. When relevant, a footnote is presented. Typically, too few responses are due to skip patterns in the questionnaire. Suppressing scores based on a small number of cases ensures that this report includes the most reliable information available.

### **Understanding the Sections of the Report**

The CAHPS® survey results are presented here in a format that is optimized for use in practical decision-making. Specifically, these reports can:

- 1. Assist the NYSDOH and health plans in identifying strengths and weaknesses in quality of health care, access and services, and
- 2. Provide the NYSDOH and health plans with a way to assess where resources can best be allocated to improve experiences.

The remainder of the report is broken into three major sections that are briefly described here to help you make the best use of the report and the information it contains.

#### Graphs/Results

This section contains a graphic presentation of the HARP Statewide, NYC, Rest of State and plan specific results for questions using the achievement scores. Statistical significance, the achievement score, and the number of respondents for each plan are displayed. This depicts plan specific performance compared to the HARP Statewide and peers. The composites are directly followed by the individual questions that are combined to create composite measures.

#### Correlation Analysis

The Correlation Analysis section is helpful in understanding how satisfaction in various questions relates to the four standard rating questions (personal doctor, specialist seen most often, all health care, and health plan) for respondents. The charts show which questions are most strongly linked to the rating and the current achievement score. The information helps define what areas are related to satisfaction and how the plan performed in that area. The section enables a quick view of how composite questions correlate across ratings.

The correlation analyses are presented two ways. First there are correlations of the top ten highly correlated composite questions to the four rating questions ranked by the highest correlation between the question and rating. This allows a visual picture of clustering of composites across ratings. The second analysis presents the proportion

of responses in each response option for each composite question for each individual rating. This lets you see where there may be an opportunity for improvement. For example, if a question correlates highly and has higher proportions of "usually" and "sometimes", improving the processes may move respondents up to "always" to improve not only that composite, but the other rating questions.

#### Responses by Question

This section provides a breakdown for each question with the number of members responding to the question and the distribution for each available response option. For each question that has responses determined to be positive or negative, there is a colored circle indicating achievement (green circle) or room for improvement (red circle). The circles are based on the response category and are not indicative of areas the plan needs to improve necessarily. For example, "Always" and "Usually" are achievement and "Sometimes" and "Never" are room for improvement. Similarly on a rating question, "8", "9", or "10" are achievement and 0 through 7 are room for improvement. Questions without a colored circle indicate the question is not associated with this type of response determination. For example, asking whether a member needed a service in the past six months does not have an associated achievement score. Achievement scores based on fewer than 30 observations are suppressed and "NA" is substituted for the result. This section provides additional information about volume of members to help you prioritize areas to be addressed.

When applicable, each question is represented with the composite name, the achievement score, the correlation with rating of health plan and trend information. The achievement scores are case-mix adjusted while data for each response option are not case-mix adjusted. Achievement scores for the Question 13 series, the "About Your Health" and "About You" sections are not case-mix adjusted.

### **Graphs/Results**

The Graphs/Results sections contains a graphic presentation of the HARP Statewide, NYC, Rest of State and plan specific results for each question using the achievement scores. Statistical significance, the achievement score, and the number of respondents for each plan are displayed. This depicts plan specific performance compared to various benchmarks or peers. Rating results are followed by composites and the questions that make up each composite. Medical Assistance with Smoking Cessation and Single Items can be found at the end of this section.

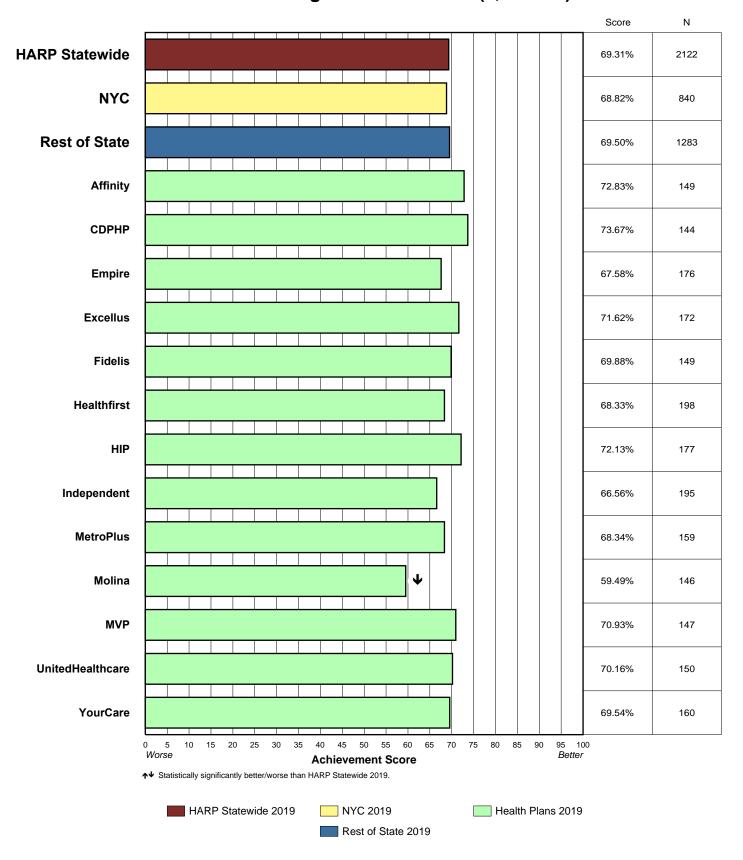
The CAHPS® 5.0H survey uses a 0-10 rating for assessing overall experience with personal doctors, specialists, health care and health plans. In the four ratings graphs, proportions of respondents assigning ratings of "8", "9", or "10" are reported as achievement scores.

Questions that relate to the same broad domain of performance are grouped together for the purpose of reporting. For example, the domain "Getting Care Quickly" includes questions about how soon appointments were scheduled. Composite achievement scores reflect responses of "Usually" or "Always" for the first four composites. Responses of "Yes" are considered achievements for the Shared Decision Making composite. Graphs presenting the results of individual questions that make up the composite score follow the presentation of the composite results.

For full detail of response options for each question and which responses qualify as achievements, please refer to the Responses by Question section.

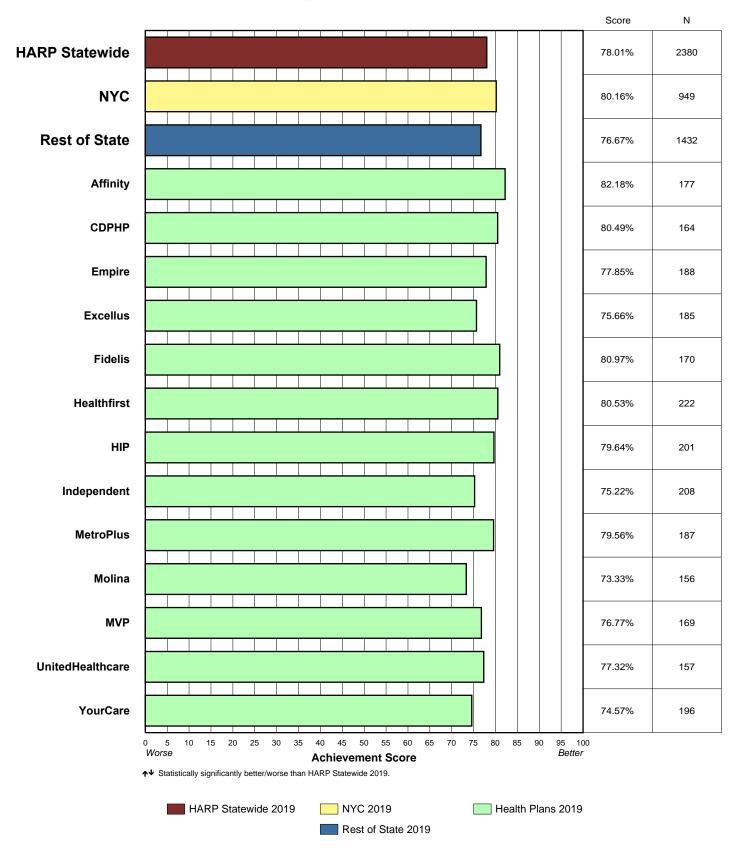
In this report, results based on fewer than 30 cases are suppressed and "NA" is substituted for the result. When relevant, a footnote is presented.

# Overall Ratings Q21. Rating of all health care (8, 9 or 10)



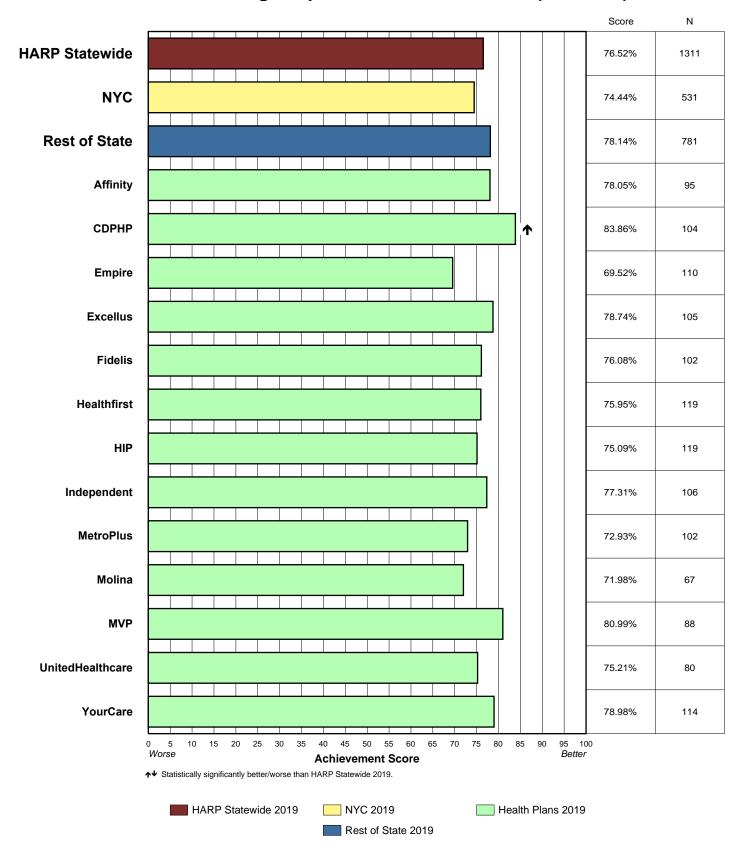
# Overall Ratings

### Q37. Rating of personal doctor (8, 9 or 10)

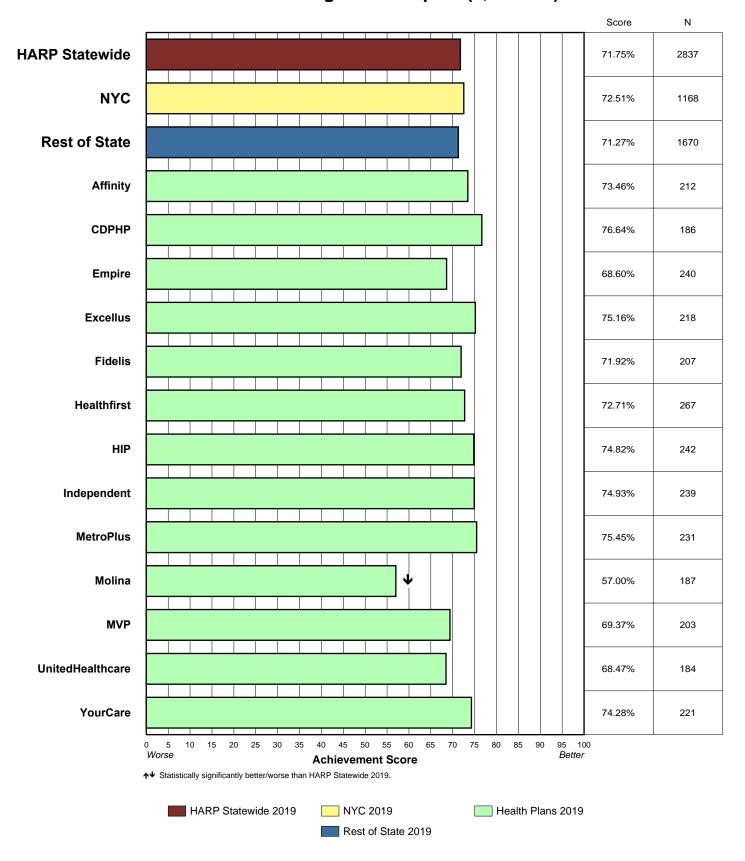


# Overall Ratings

### Q41. Rating of specialist seen most often (8, 9 or 10)

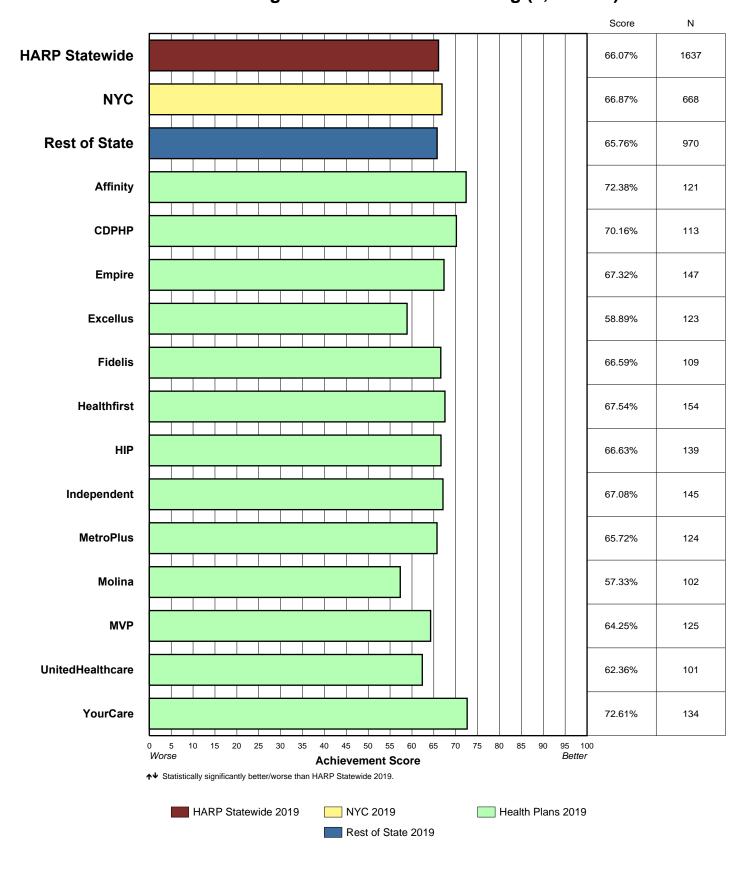


# Overall Ratings Q48. Rating of health plan (8, 9 or 10)

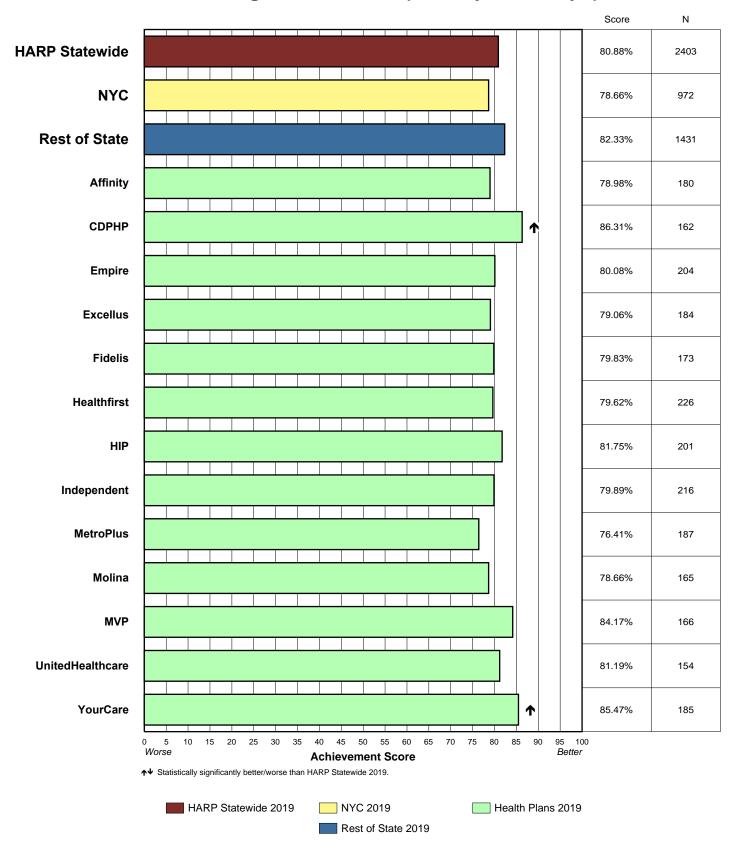


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# Overall Ratings Q25. Rating of treatment or counseling (8, 9 or 10)

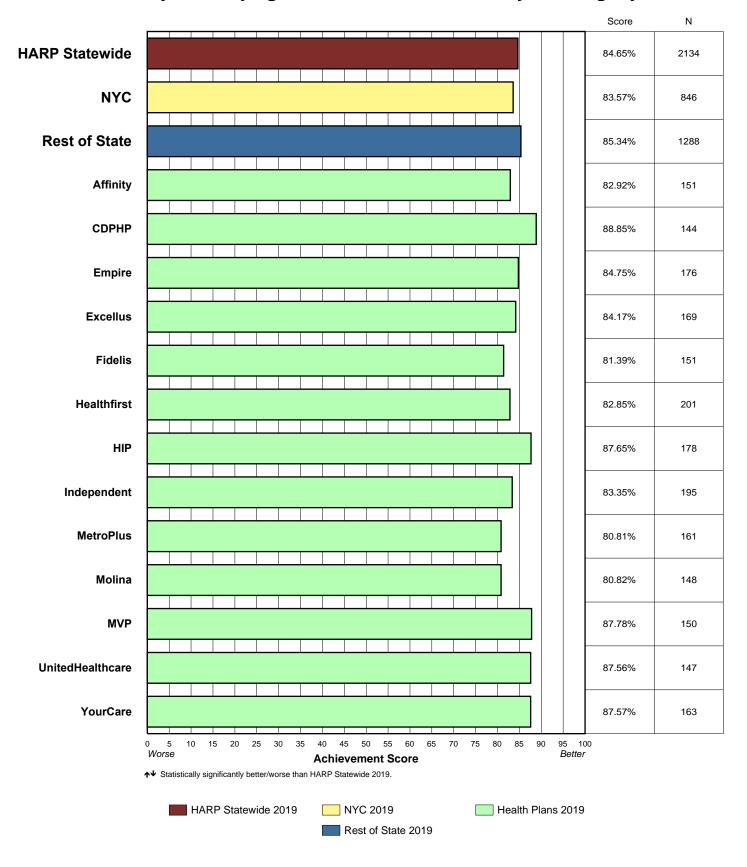


# Composites Getting Needed Care (Usually or Always)



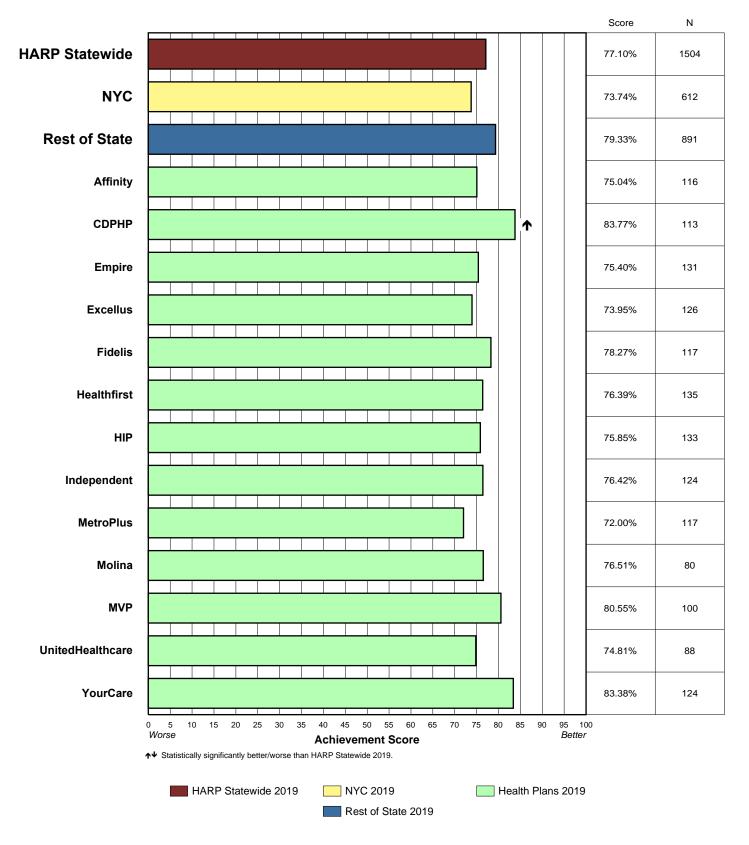
### **Getting Needed Care (Usually or Always)**

### Q22. Usually or always got care, tests or treatment, you thought you needed

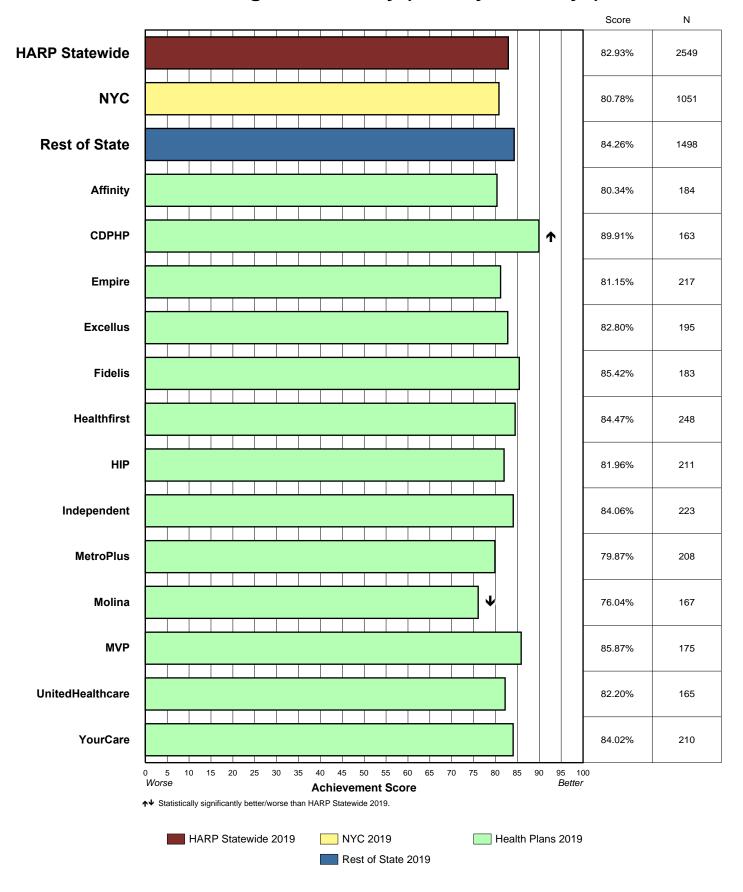


# **Getting Needed Care (Usually or Always)**

# Q39. Usually or always get an appointment to see a specialist as soon as you needed

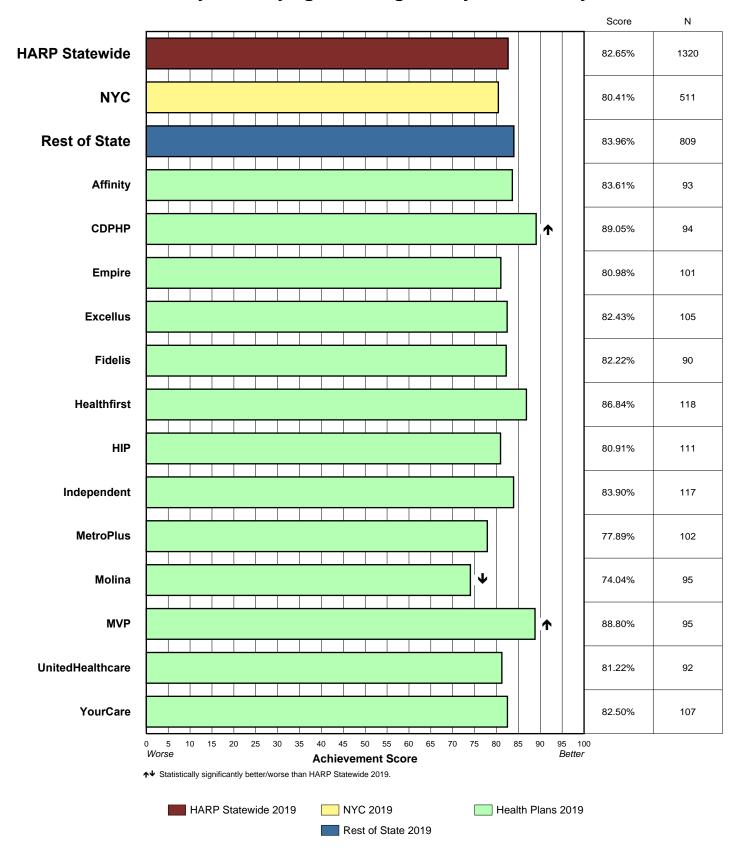


# **Getting Care Quickly (Usually or Always)**



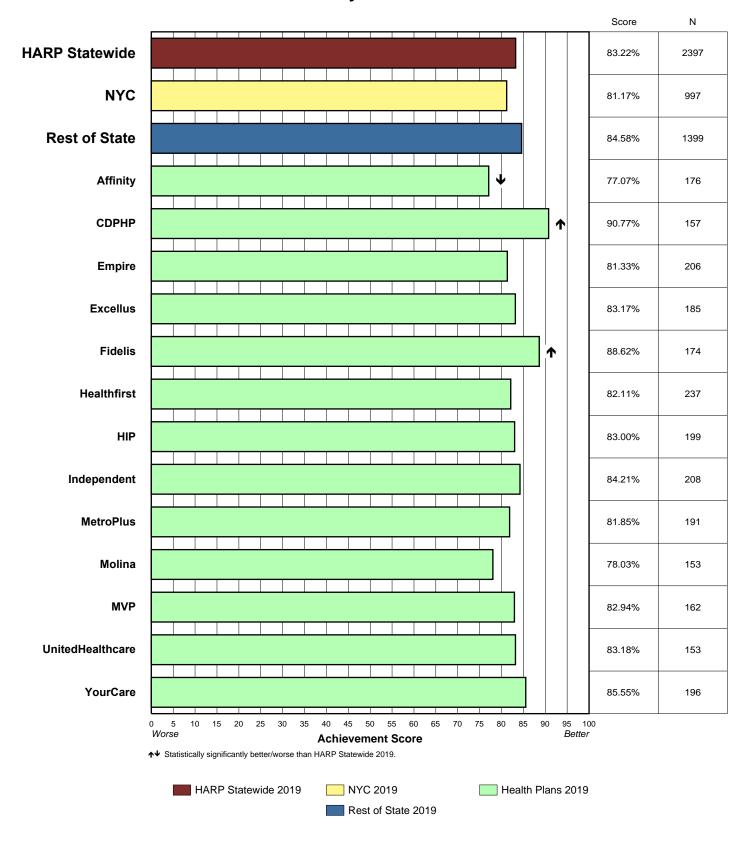
# **Getting Care Quickly (Usually or Always)**

### Q4. Usually or always got care right away as soon as you needed

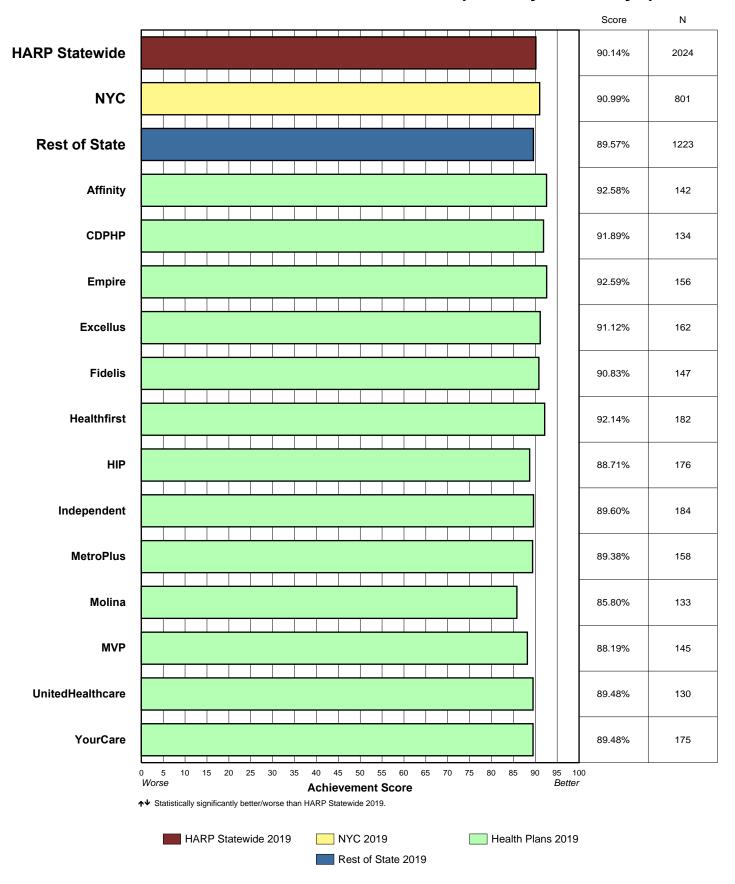


### **Getting Care Quickly (Usually or Always)**

# Q6. Usually or always got an appt. for check-up or routine care as soon as you needed

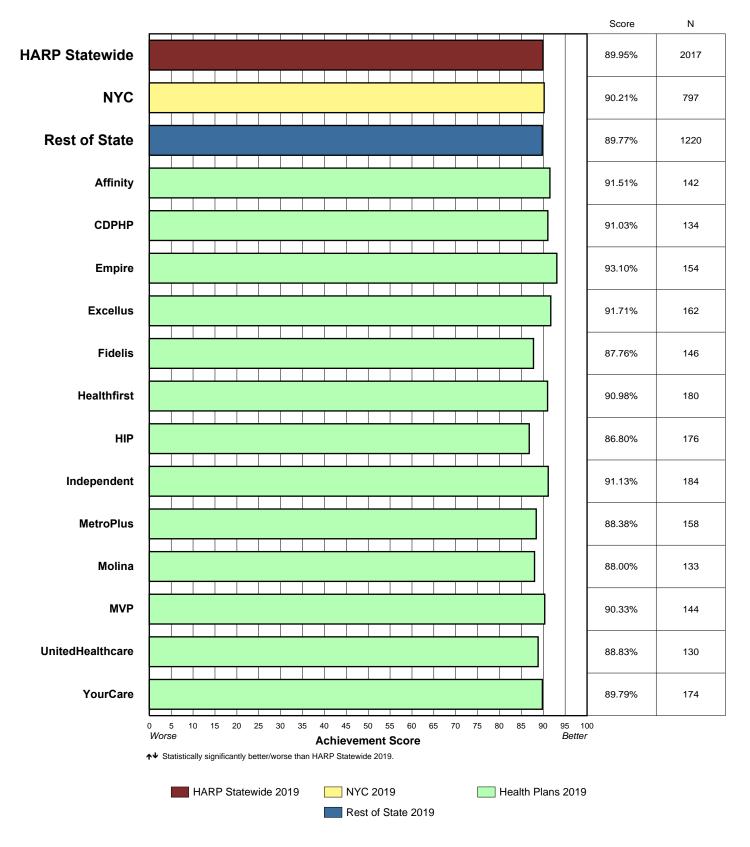


# **How Well Doctors Communicate (Usually or Always)**

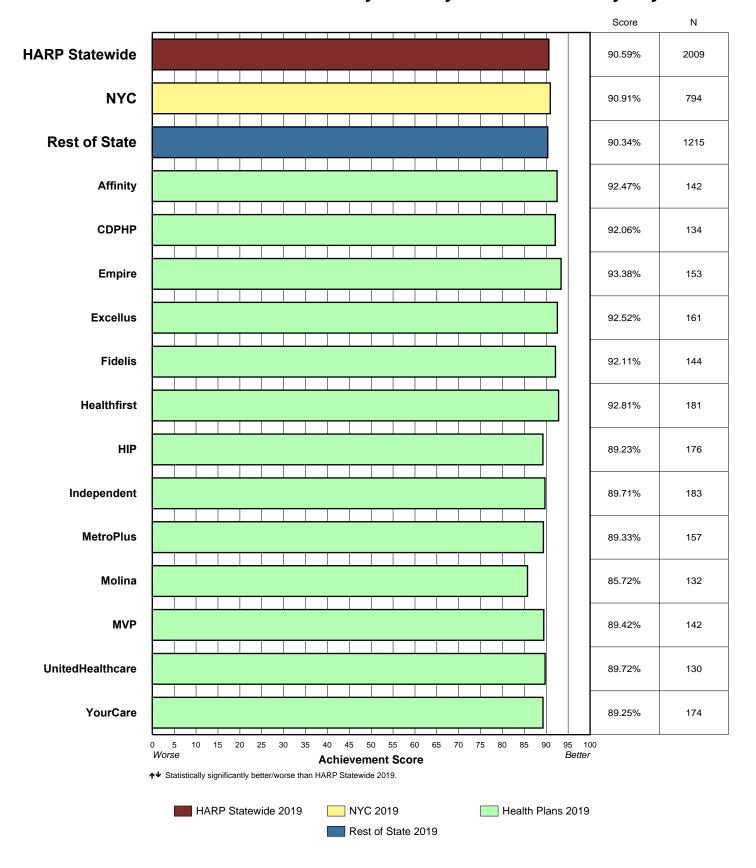


### **How Well Doctors Communicate (Usually or Always)**

# Q31. Personal doctor usually or always explained things in way that was easy to understand

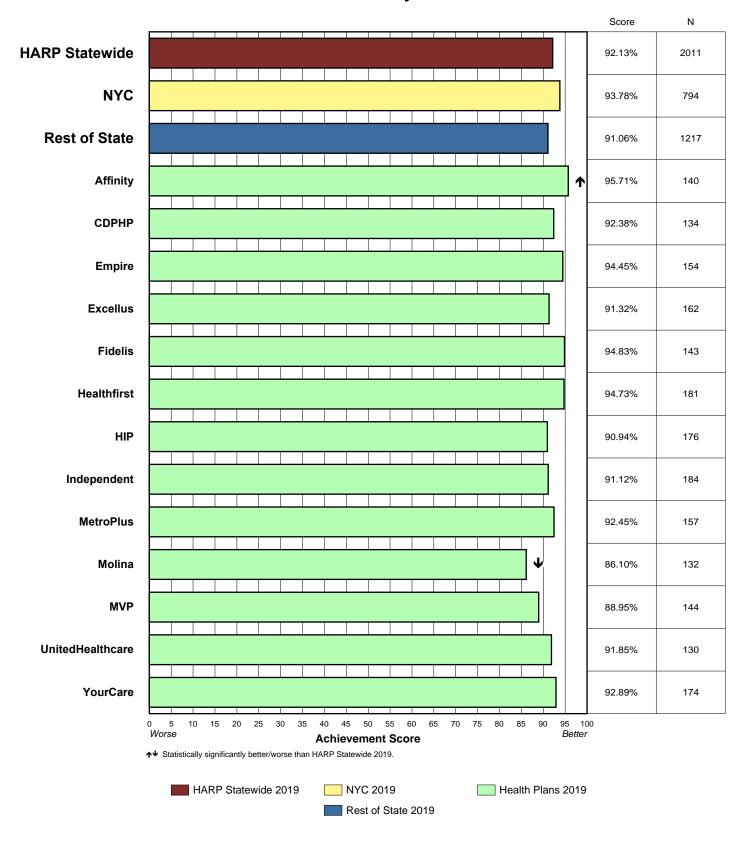


# How Well Doctors Communicate (Usually or Always) Q32. Personal doctor usually or always listened carefully to you

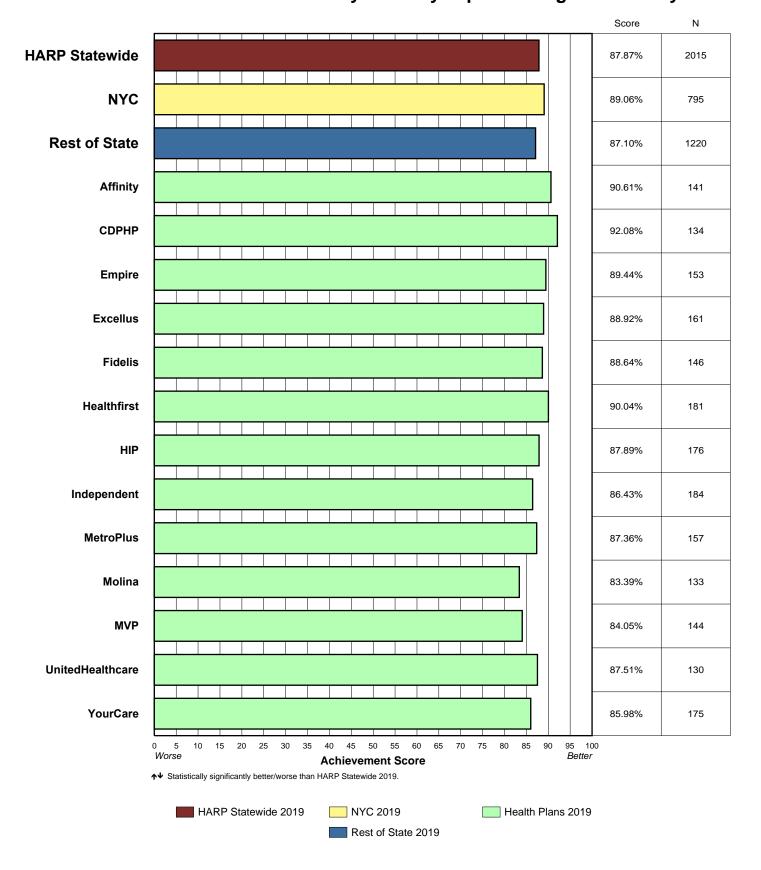


# **How Well Doctors Communicate (Usually or Always)**

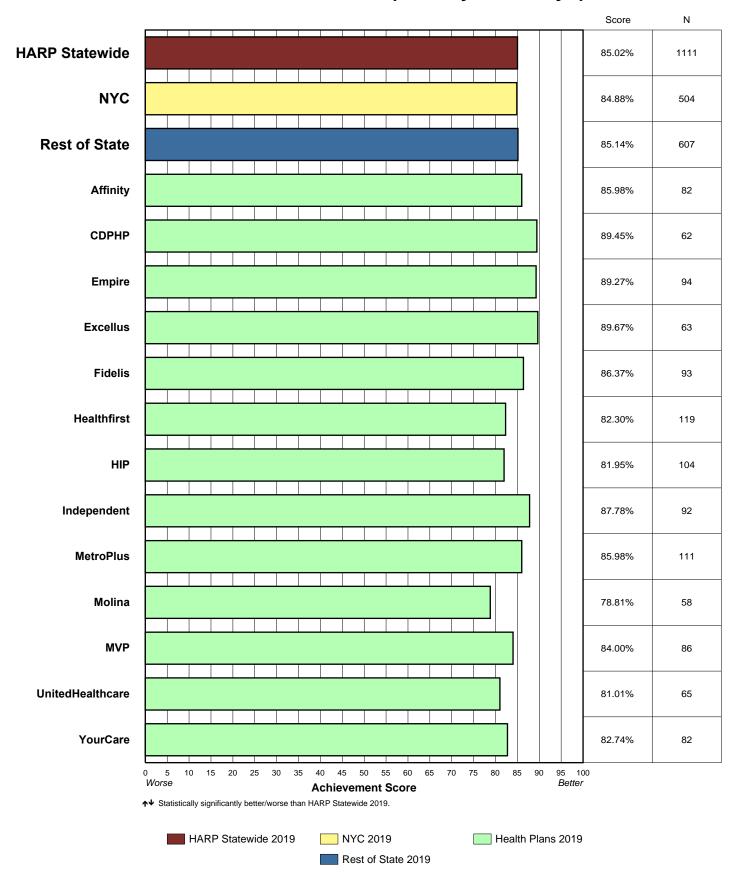
# Q33. Personal doctor usually or always showed respect for what you had to say



# How Well Doctors Communicate (Usually or Always) Q34. Personal doctor usually or always spent enough time with you

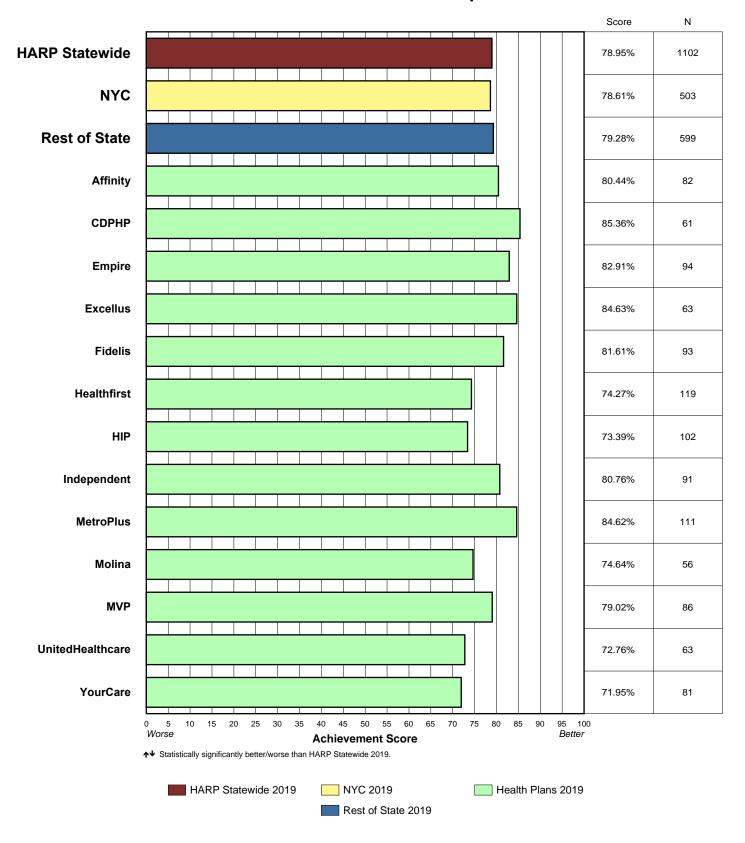


# **Customer Service (Usually or Always)**



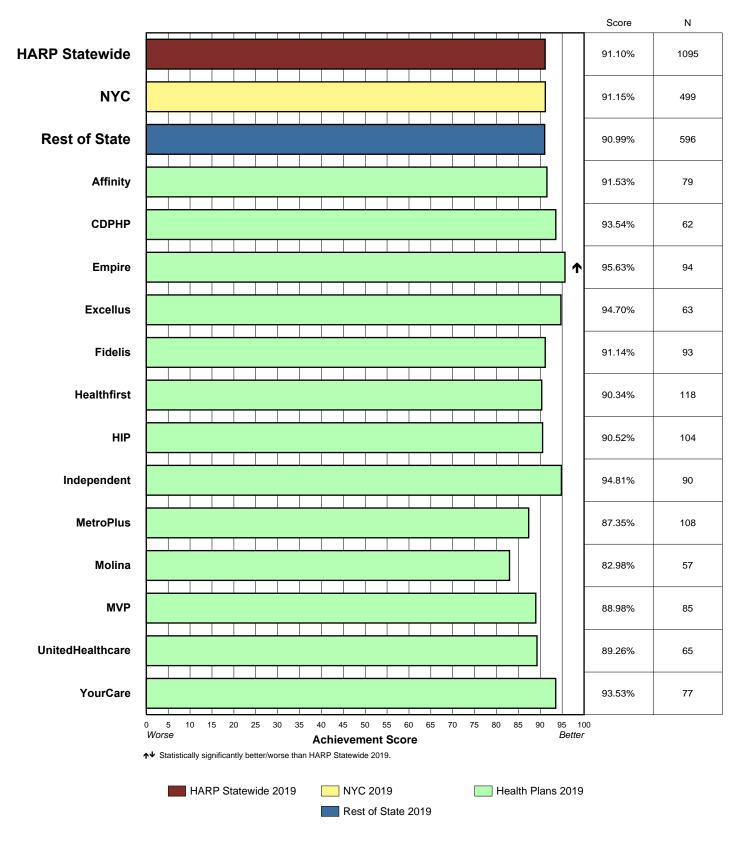
# **Customer Service (Usually or Always)**

# Q45. Health plan's customer service usually or always gave needed information or help

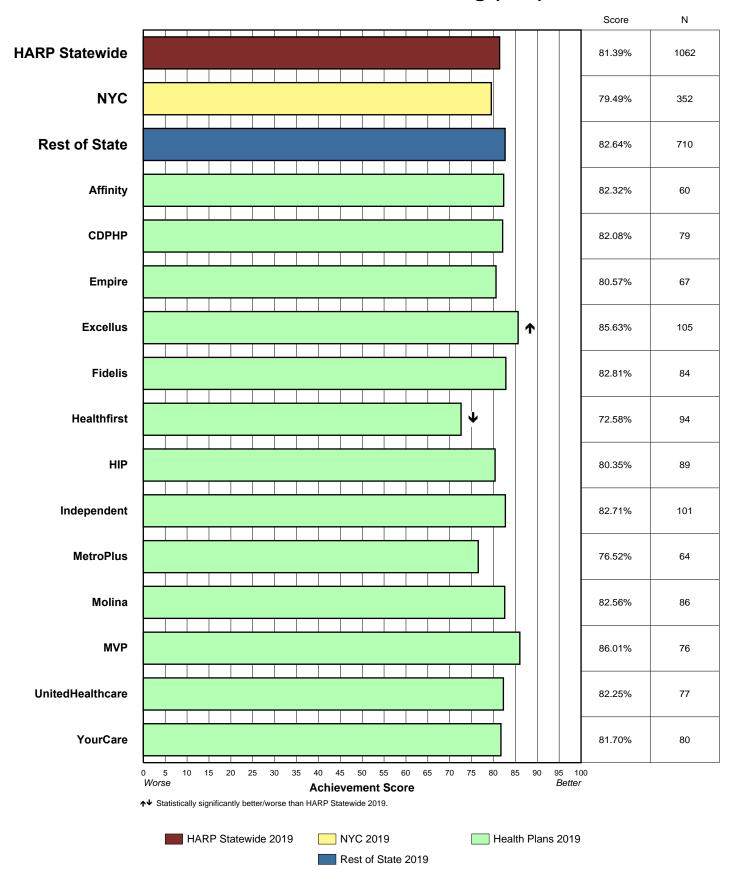


### **Customer Service (Usually or Always)**

# Q47. Usually or always treated with courtesy and respect by health plan's customer service staff

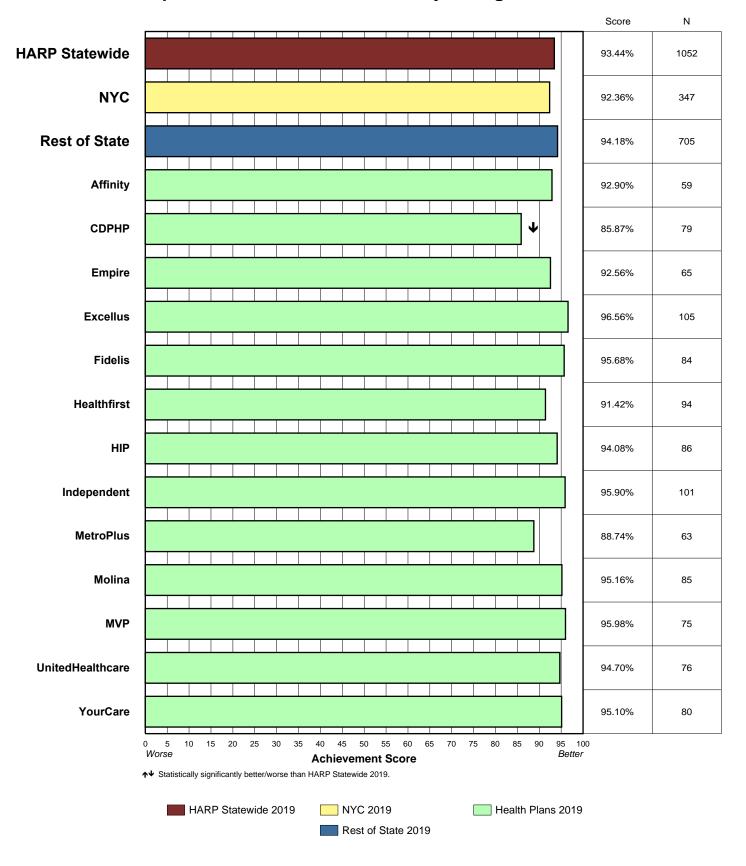


# **Shared Decision Making (Yes)**



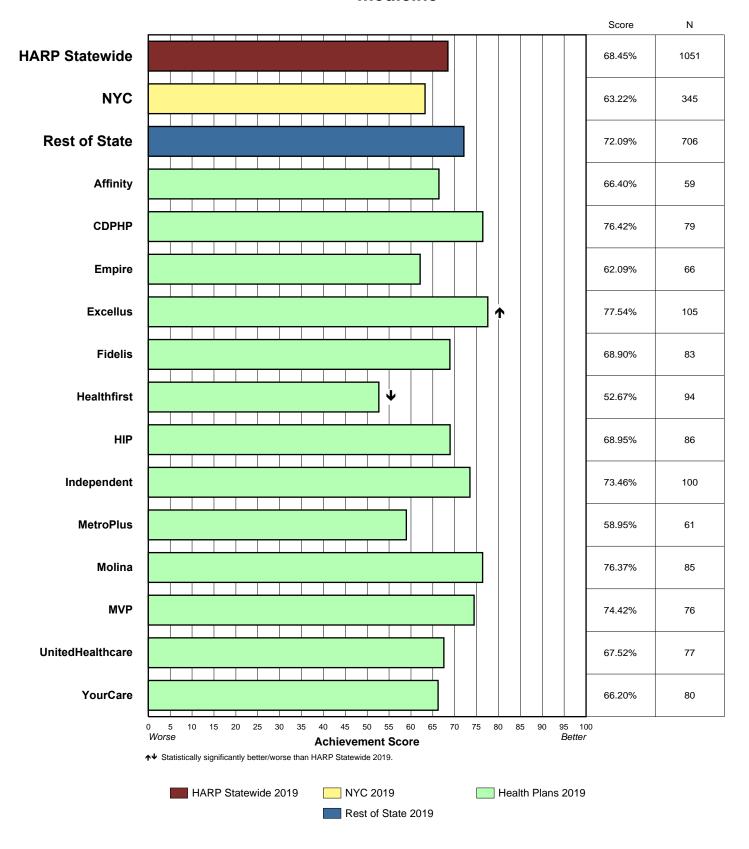
## **Shared Decision Making (Yes)**

#### Q15. Doctor/provider talked about reasons you might want to take a medicine



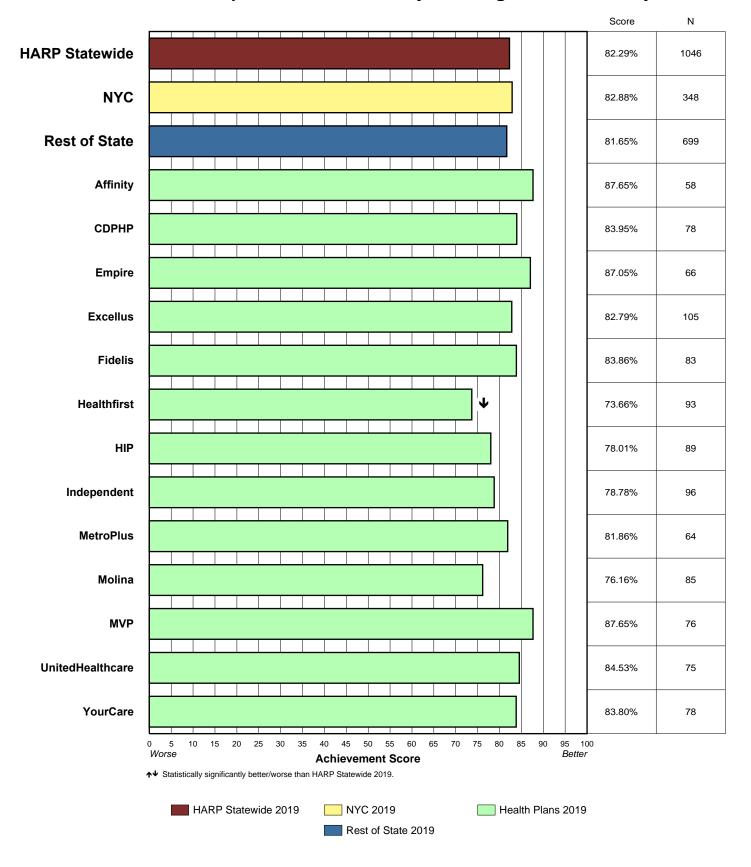
## **Shared Decision Making (Yes)**

## Q16. Doctor/provider talked about reasons you might not want to take a medicine



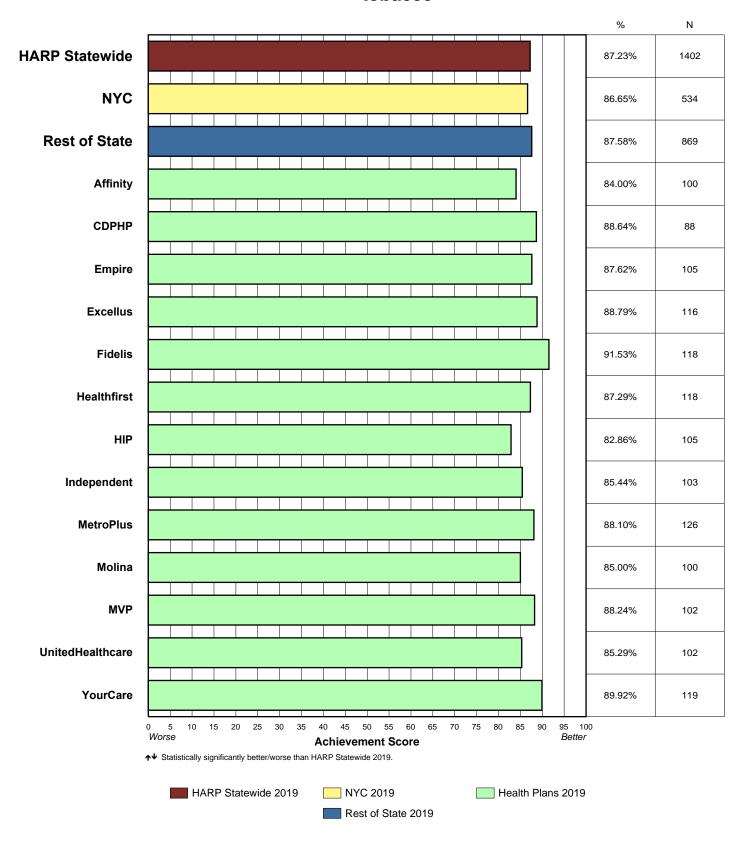
## **Shared Decision Making (Yes)**

#### Q17. Doctor/provider asked what you thought was best for you



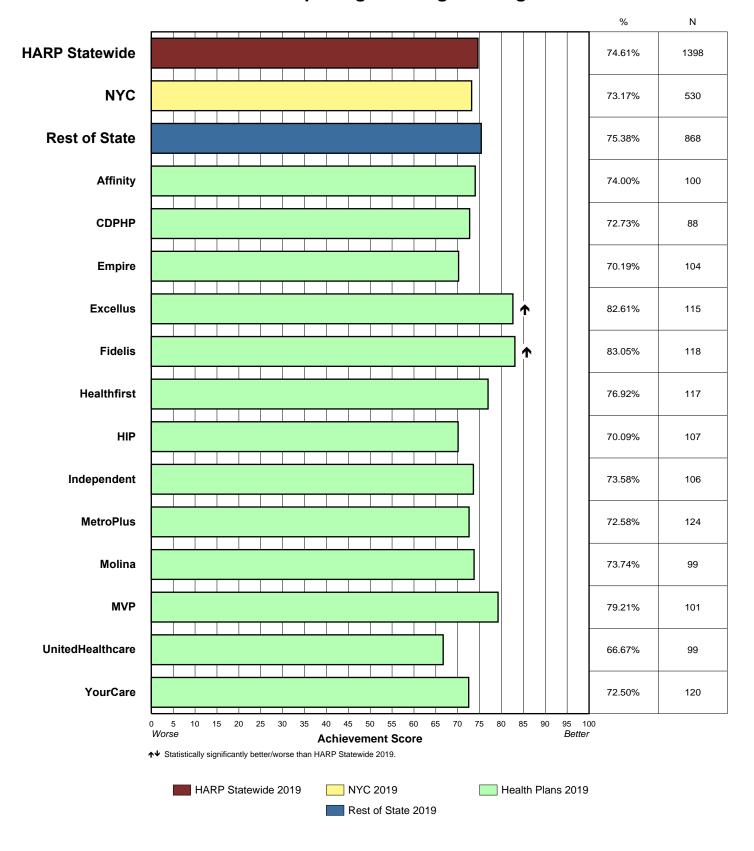
### **Medical Assistance with Smoking Cessation**

## Q54. Advised by doctor or other health provider to quit smoking or using tobacco



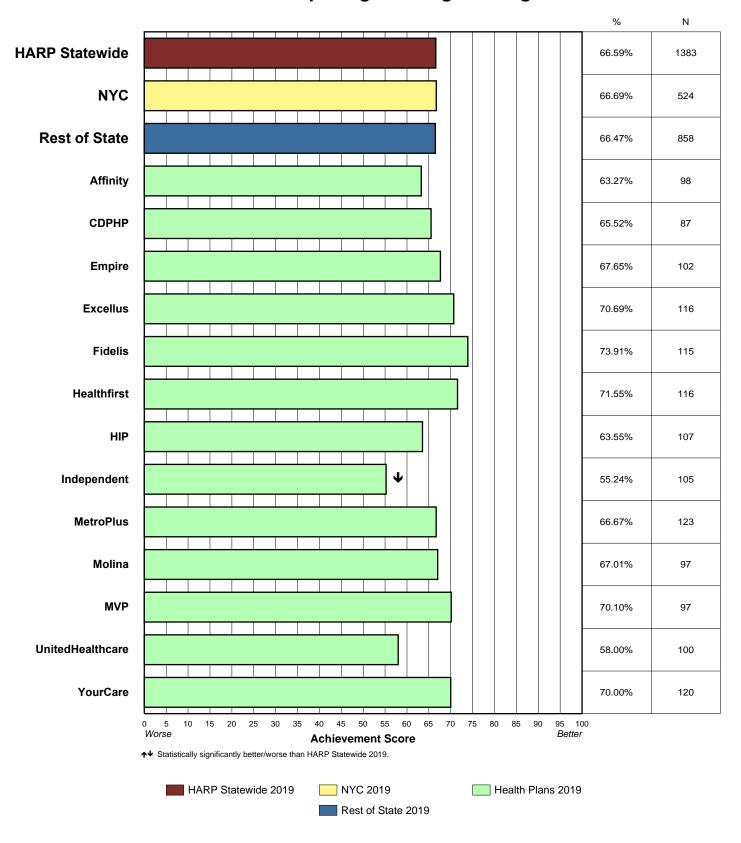
### **Medical Assistance with Smoking Cessation**

## Q55. Doctor or health provider recommended or discussed medication to assist with quitting smoking or using tobacco

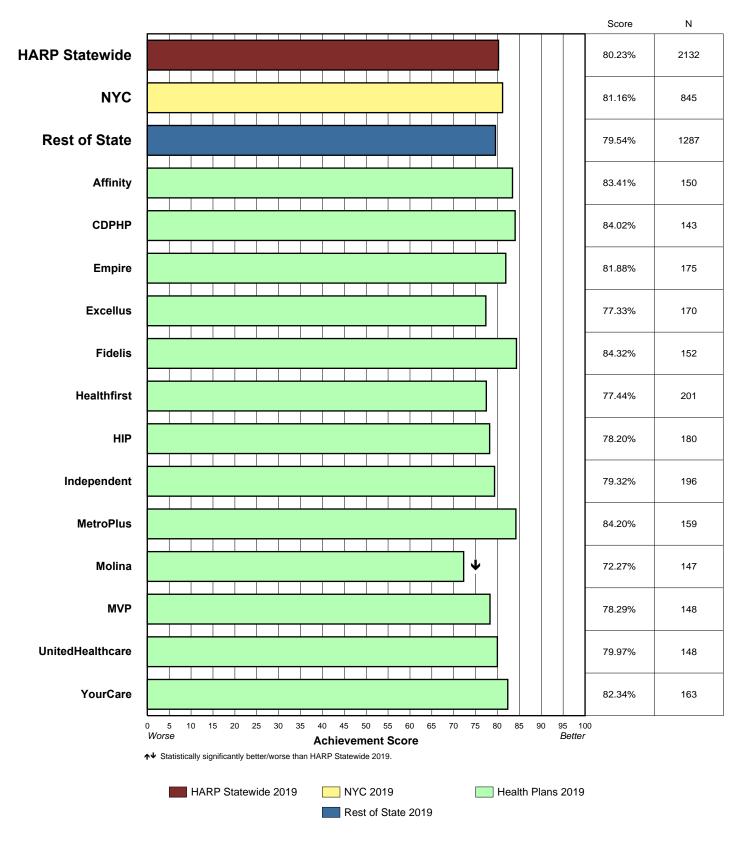


### **Medical Assistance with Smoking Cessation**

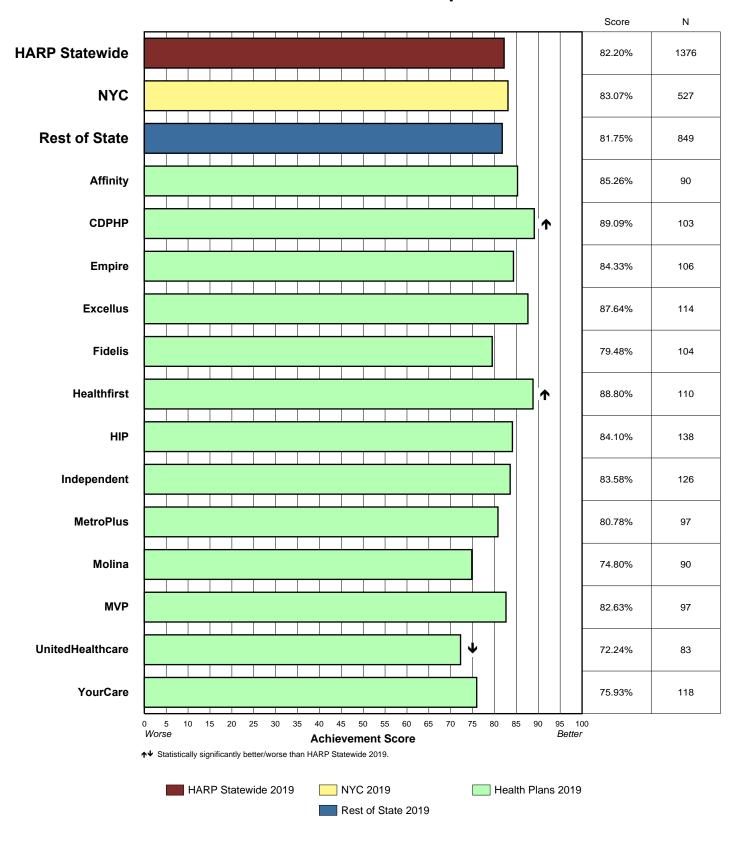
## Q56. Doctor or health provider discussed or provided methods and strategies to assist with quitting smoking or using tobacco



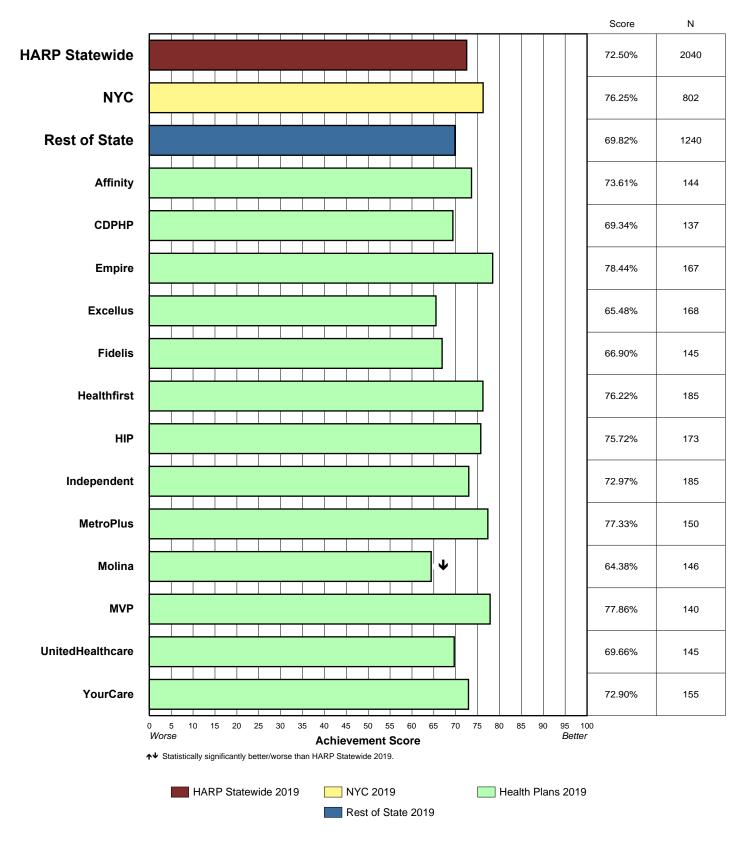
## Q12. Doctor/provider definitely talked about specific things to do to prevent illness



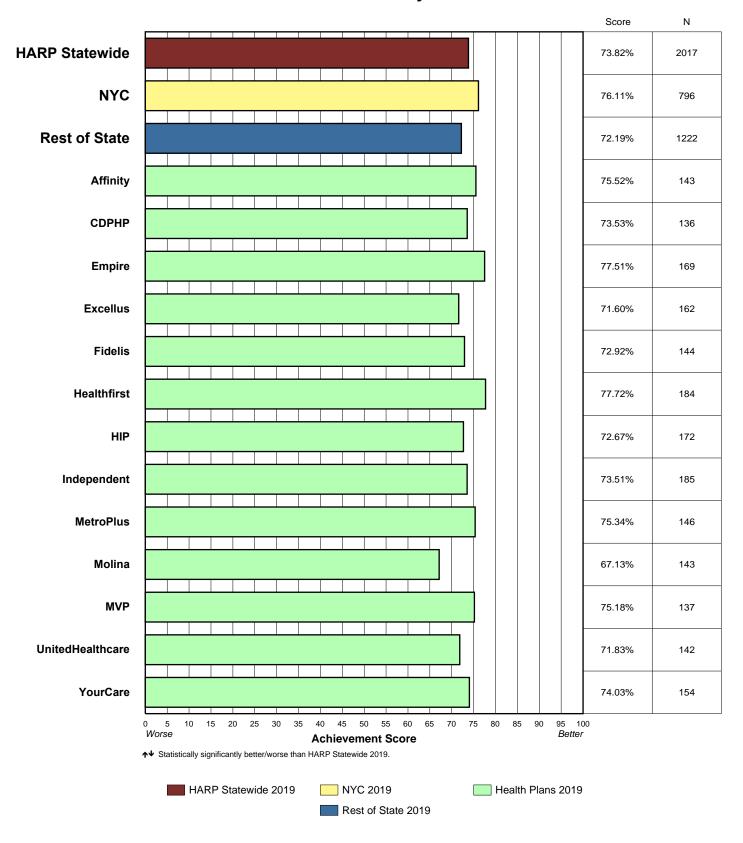
# Q36. Personal doctor usually or always seemed informed about care received from other doctors or providers



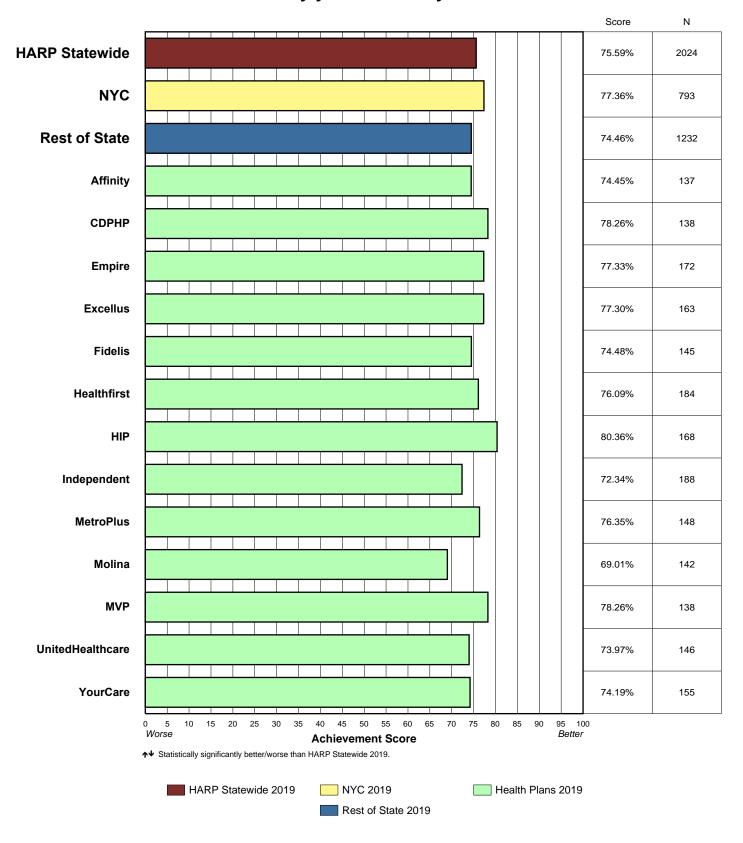
## Q13a. Doctor or other health provider talked about a healthy diet and eating habits



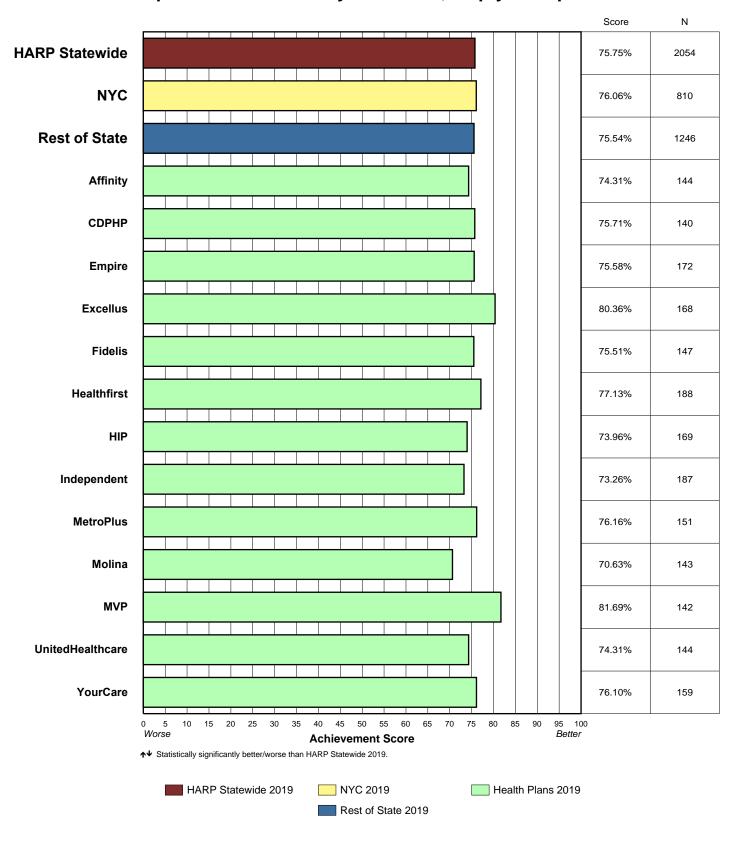
## Q13b. Doctor or other health provider talked about exercise or physical activity



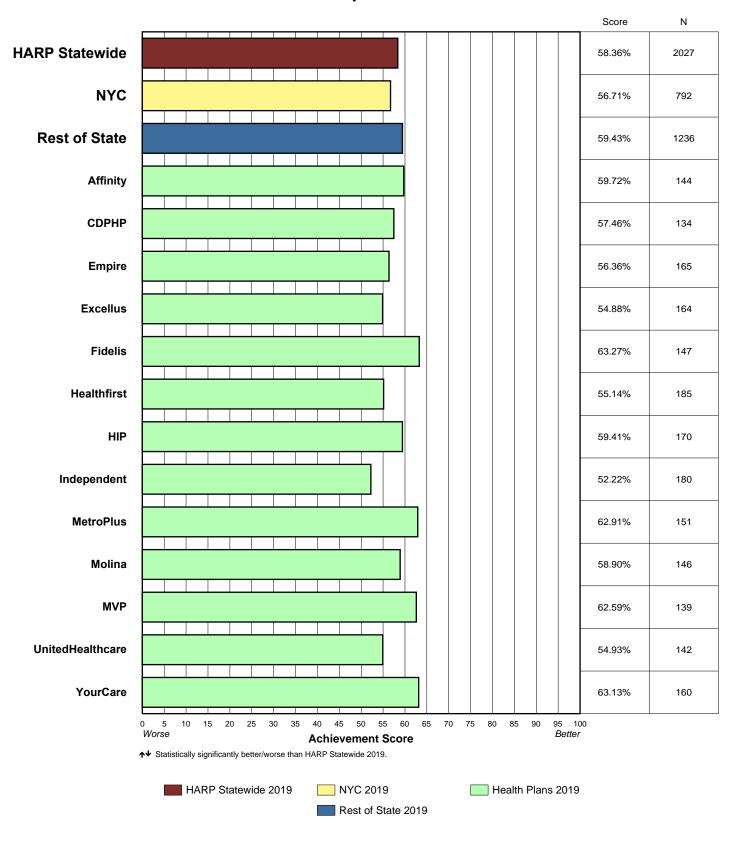
## Q13c. Doctor or other health provider talked about things in your life that worry you or cause you stress



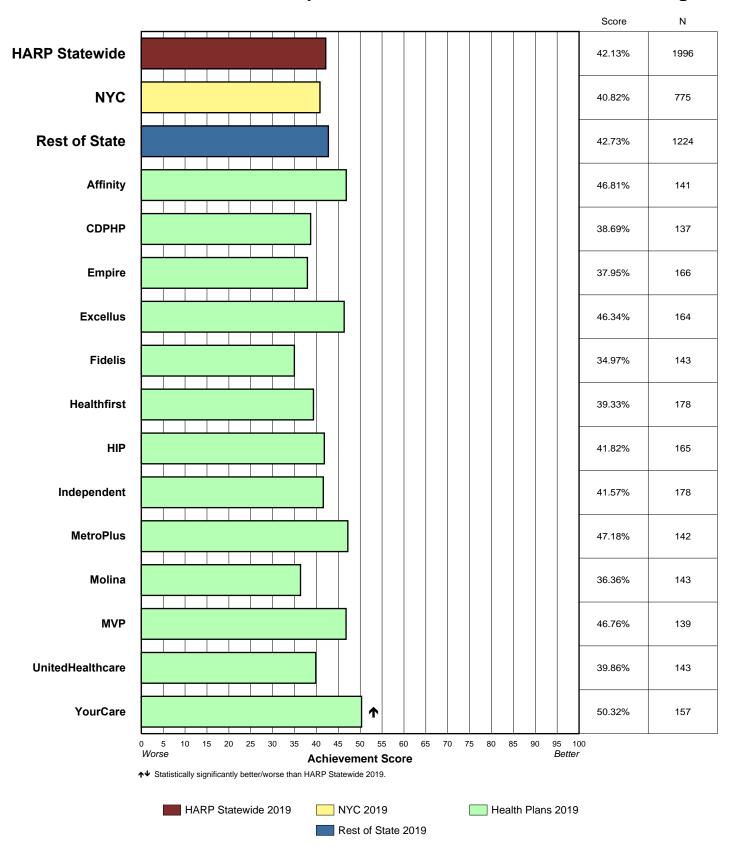
## Q13d. Doctor or other health provider talked about whether there was a period of time when you felt sad, empty or depressed



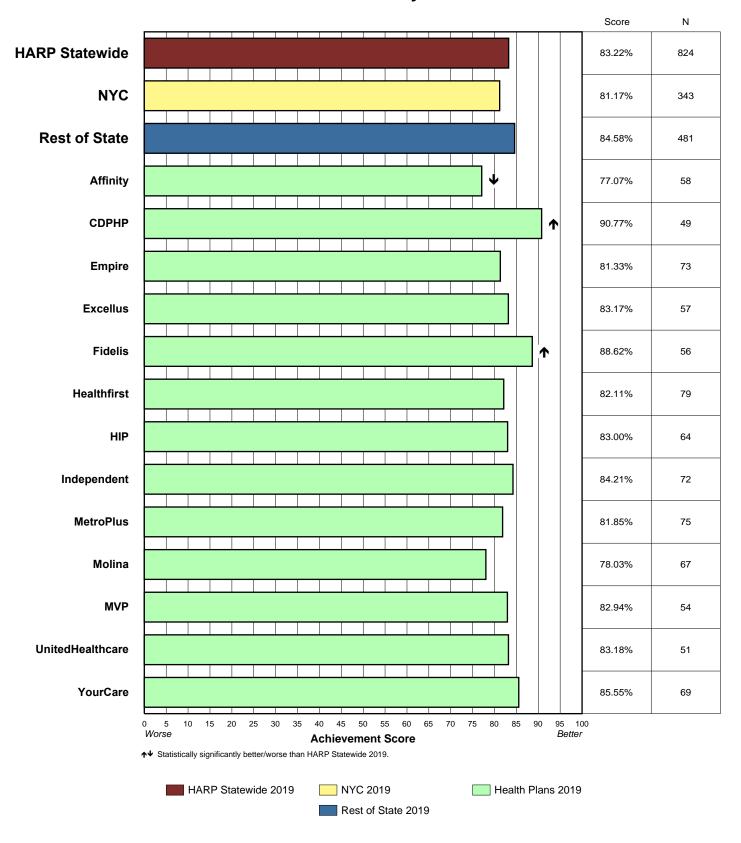
## Q13e. Doctor or other health provider talked about smoking or using tobacco products



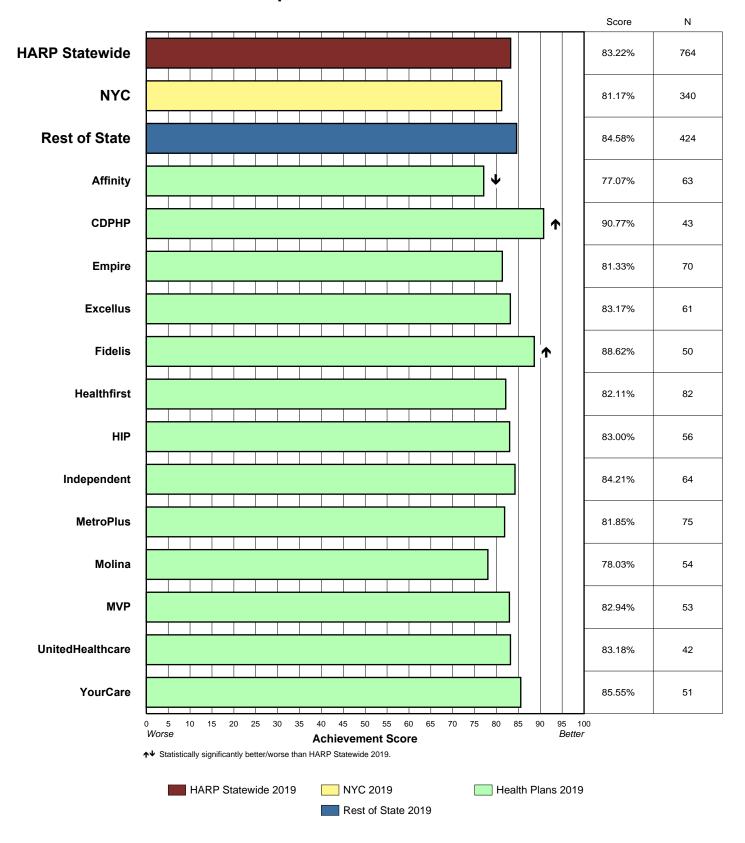
#### Q13f. Doctor or other health provider talked about alcohol or other drug use



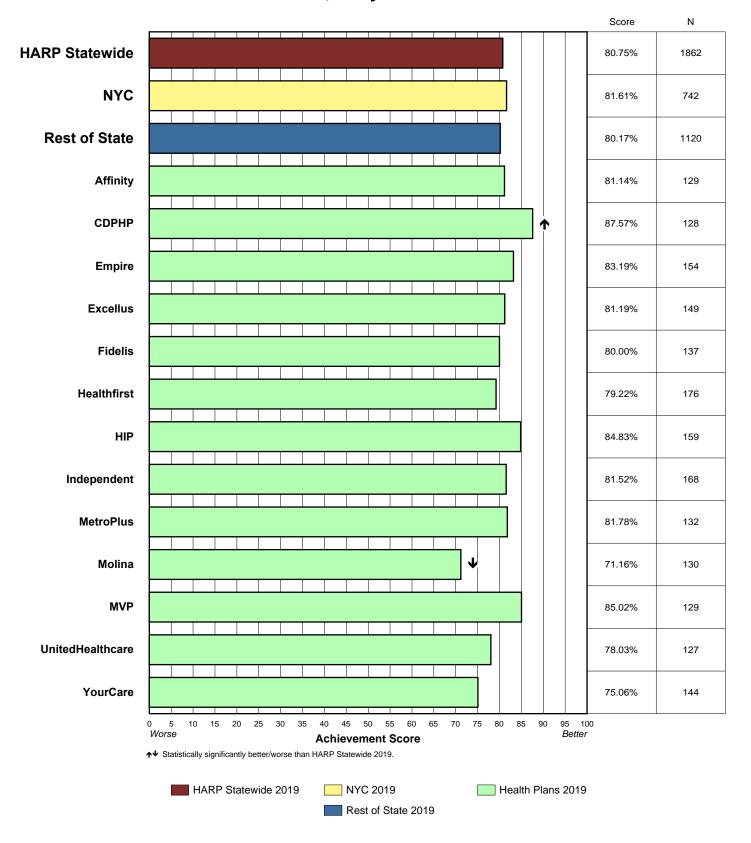
# Q8. Usually or always able to get care needed during evenings, weekends or holidays



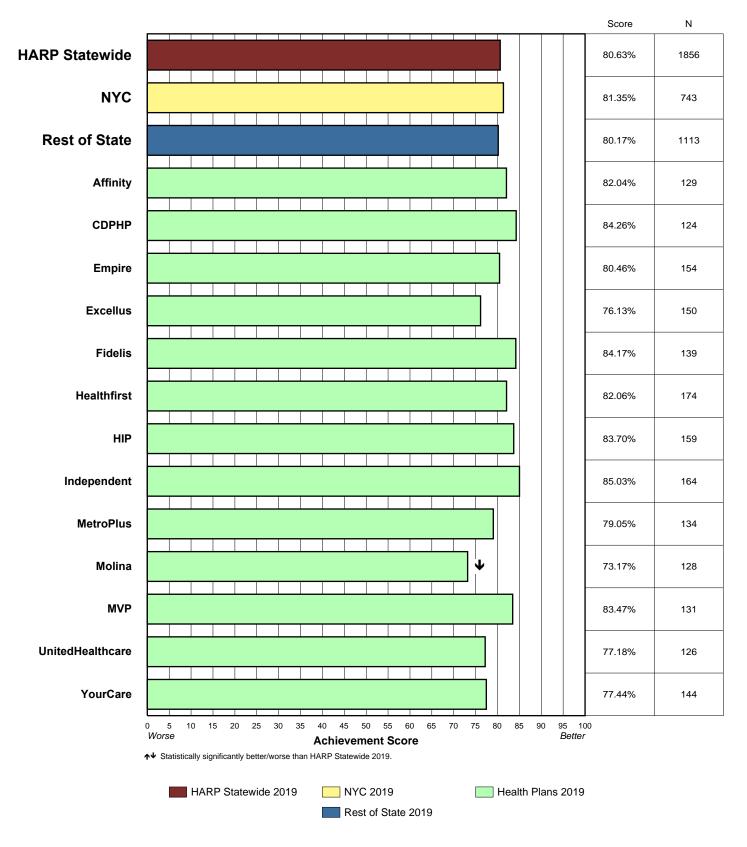
## Q10. After regular office hours usually or always got answer to medical question as soon as needed



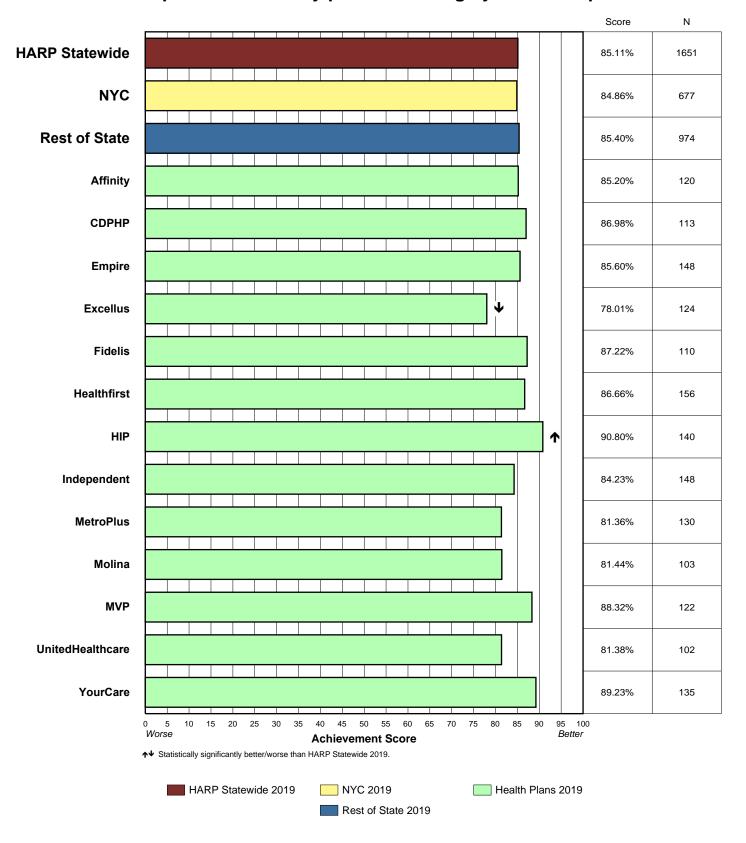
## Q19. Someone from doctor's office usually or always followed up to give blood test, x-ray or other test results



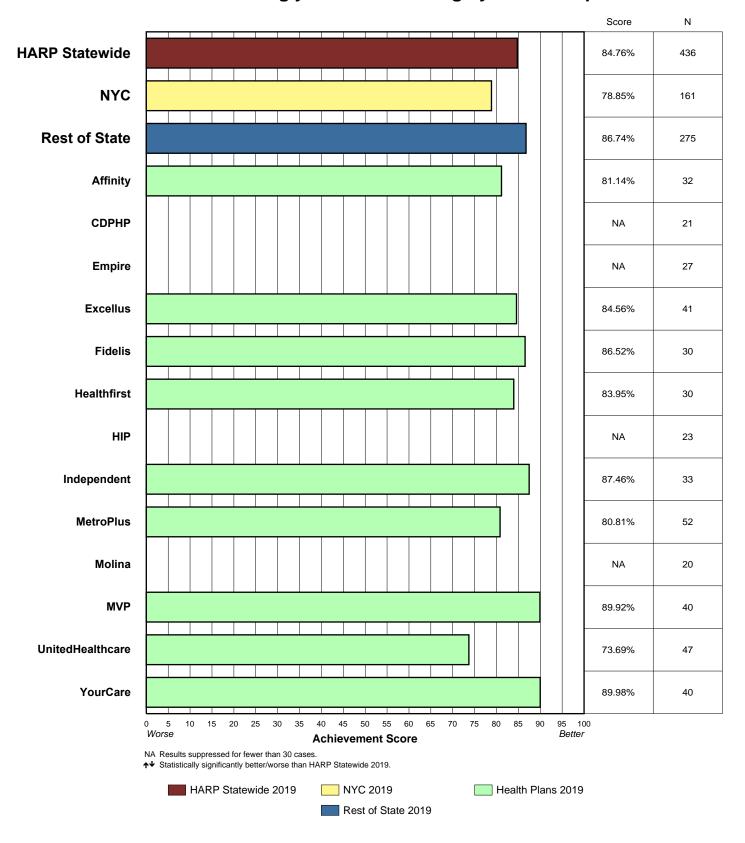
## Q20. Results of blood test, x-ray or other test usually or always easy to understand



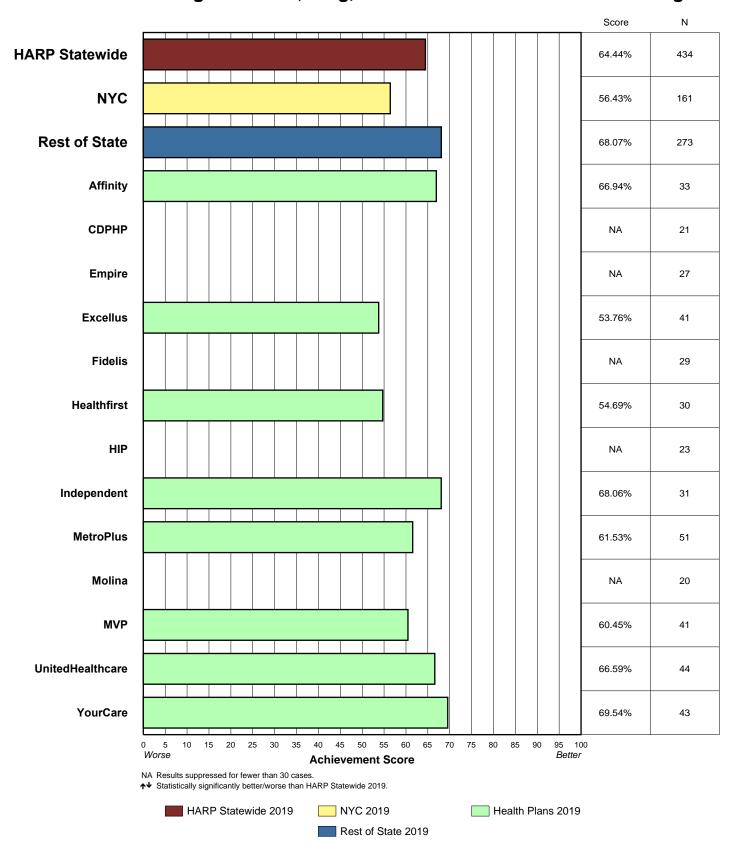
# Q24. Usually or always easy to get treatment or counseling you needed for a personal or family problem through your health plan



# Q27. Usually or always easy to get the alcohol, drug, or addiction treatment or counseling you needed through your health plan

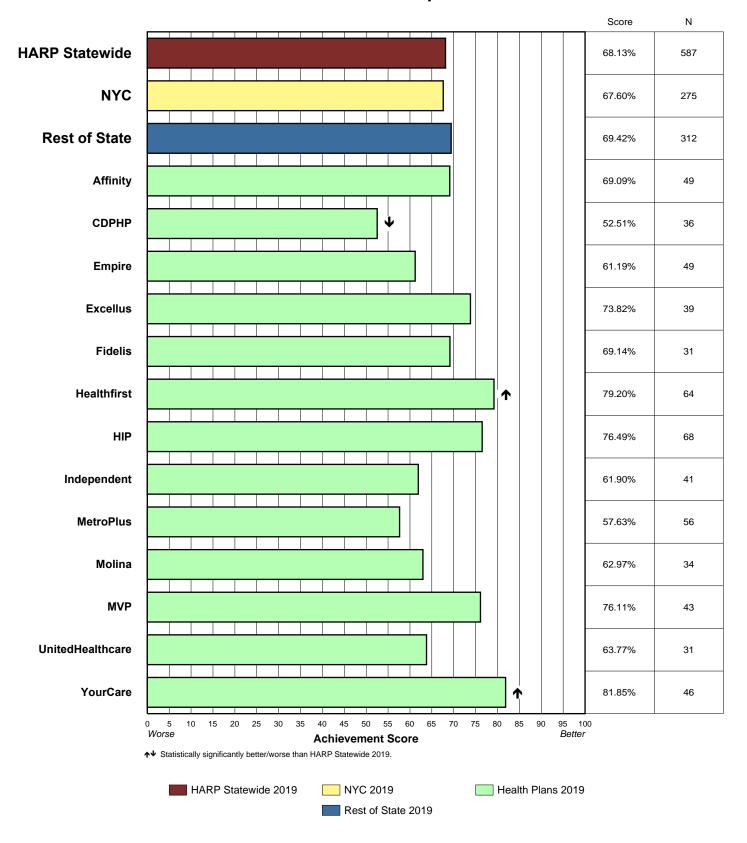


#### Q28. Rating of alcohol, drug, or addiction treatment or counseling

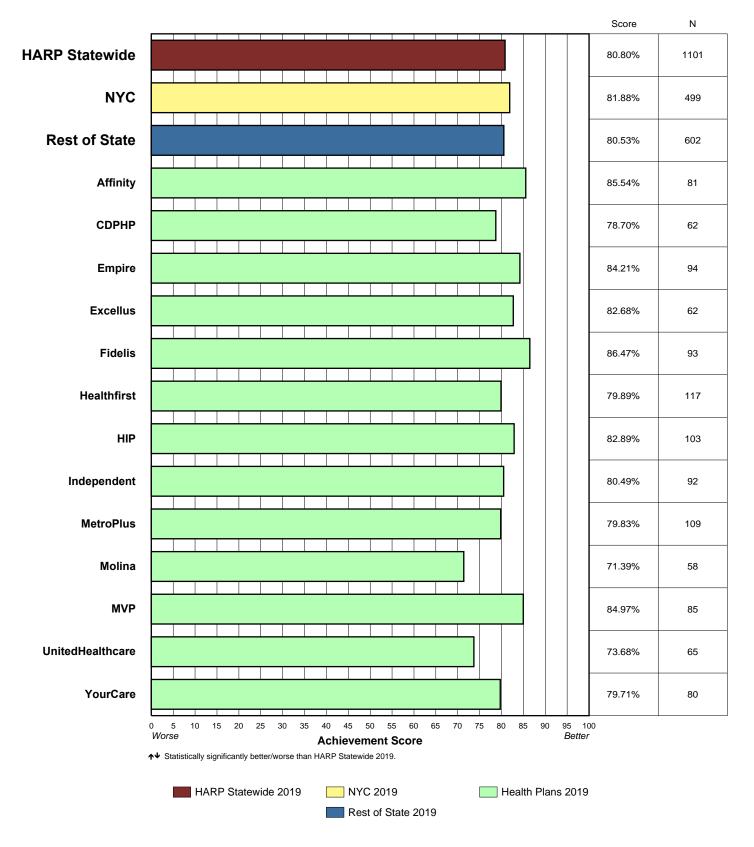


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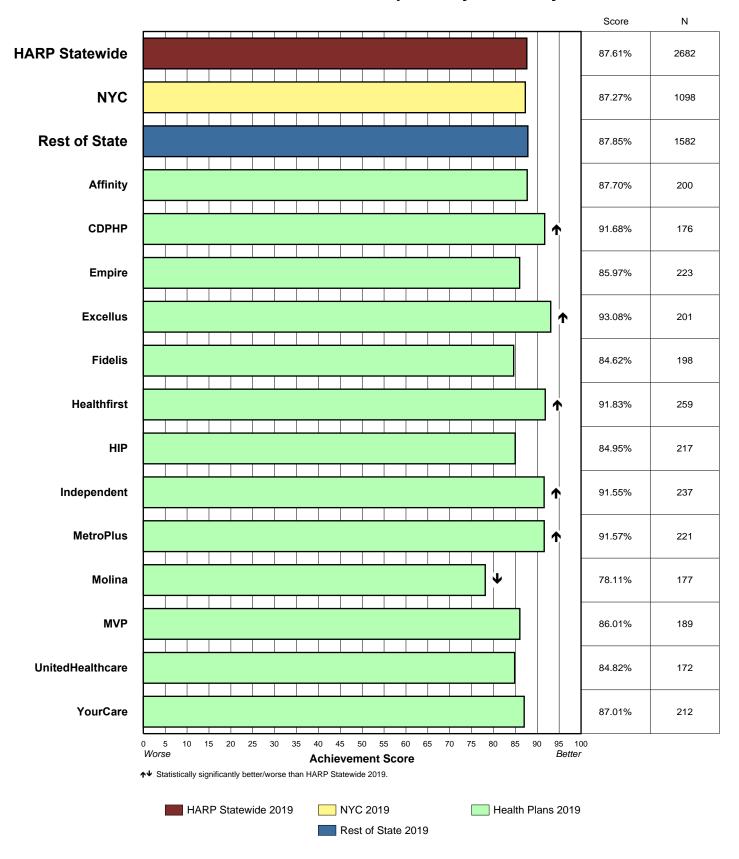
# Q43. Written materials or internet usually or always provided information about how health plan works



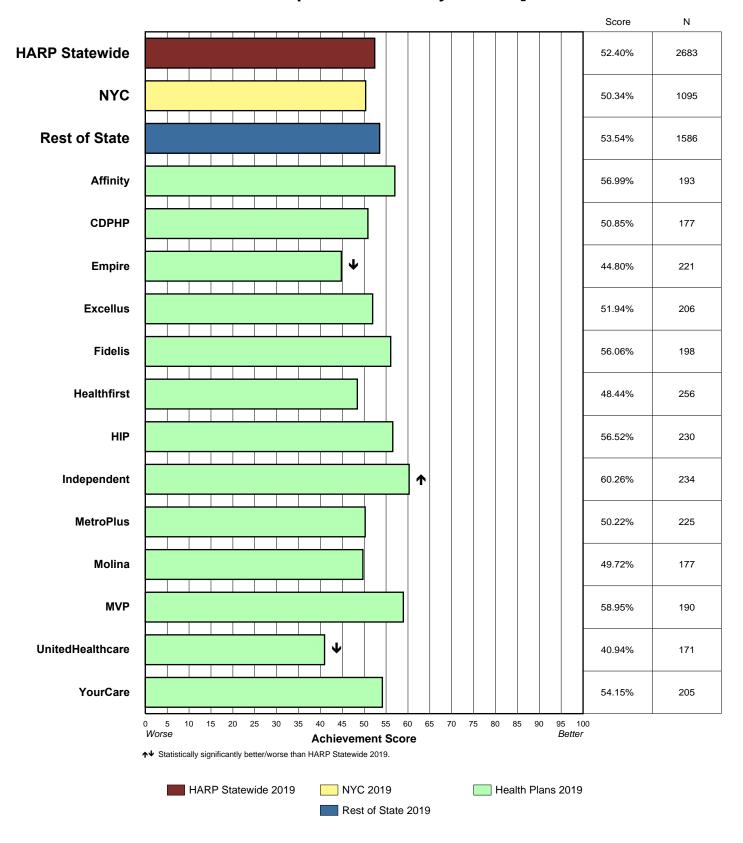
## Q46. Information from health plans customer service usually or always easy to understand



#### Q49. Would recommend health plan to your family and friends



# Q52. Had flu shot or flu spray since September 1, 2018? [Displayed for Respondents 18-64 years old]



#### **Healthfirst Personal Wellness Plan**

The Correlation Analysis section is helpful in understanding how results in various questions relate to the four standard ratings (personal doctor, specialist seen most often, all health care, and health plan) for respondents. This allows for evaluation of which questions are most strongly linked to the rating and what the current achievement score is. The section can be used for a quick view of how composite questions correlate across ratings.

The correlation analyses are presented two ways. There is a table summarizing correlations of the top ten highly correlated standard composite questions to the four rating questions ranked by the highest correlation between the question and rating. This allows a visual picture of clustering of composites across ratings. Each question in a composite is represented with the individual question number, composite name, achievement score and the correlation value.

#### Example:

If Getting Needed Care and How Well Doctors Communicate have higher correlations across the ratings, you can see how these aspects are important to members and influence how satisfied they are with their providers, health care, and health plan. Likewise, composites clustered toward the bottom may indicate areas of lower importance to the members. The visual also allows you to see areas where you can improve. If you are performing poorly in Getting Needed Care, and it is important to the members' satisfaction with care, this could be a compelling reason to focus on improving this area. It also lets you see how different questions within a composite correlate individually.

The summary is followed by four tables presenting more detailed data on composite questions for each individual rating. The questions are written out and you can see the proportion of responses for each response option. This lets you see where an opportunity for improvement may lie. For example, if a question correlates highly and has higher proportions of "sometimes" and "never", improving the processes may move respondents up to "always" which will improve not only that composite, but the other rating questions.

## **Correlation Summary**

Corr.	Rating	of all I	nealth		of per		Rating seen	of spe most o		Ratin	g of he	ealth		of trea	
Rank	Question	Score	Correlat ion	Question	Score	Correlat ion	Question	Score	Correlat ion	Question	Score	Correlat ion	Question	Score	Correlat ion
	Q22	83%	0.56	Q31	91%	0.51	Q17	74% 🔻	7 0.62	Q47	90%	0.55	Q4	87%	0.42
1	Getting Needed Care		ded	Communication			ed Deci Making	sion	Custo	Customer Service			Getting Care Quickly		
	Q31	91%	0.52	Q34	90%	0.49	Q22	83%	0.58	Q4	87%	0.50	Q47	90%	0.38
2	Communication		ation	Com	munica	ation	Getti	ng Nee Care	ded	Getting	Care (	Quickly	Custo	omer Se	ervice
	Q6	82%	0.46	Q32	93%	0.49	Q45	74%	0.56	Q45	74%	0.45	Q22	83%	0.36
3	Getting Care Quickly		Quickly	Com	nmunica	ation	Customer Service		Custo	mer Se	ervice	Getti	ng Nee Care	ded	
	Q39	76%	0.45	Q39	76%	0.48	Q31	91%	0.54	Q22	83%	0.35	Q31	91%	0.32
4	Getti	ng Nee Care	eded	Getti	ng Nee Care	eded	Com	nmunica	ation	Getti	ng Nee Care	eded	Com	nmunica	ation
	Q4	87%	0.45	Q33	95%	0.43	Q39	76%	0.53	Q34	90%	0.30	Q39	76%	0.24
5	Getting	Care (	Quickly	Com	nmunica	ation	Getti	ng Nee Care	ded	Com	munica	ation	Getti	ng Nee Care	ded
	Q17	74%	7 0.40	Q22	83%	0.41	Q33	95%	0.45	Q31	91%	0.27	Q45	74%	0.24
6		ed Deci Making		Getti	ing Nee Care	eded	Com	nmunica	ation	Com	munica	ation	Custo	omer Se	ervice
	Q45	74%	0.39	Q6	82%	0.34	Q4	87%	0.44	Q39	76%	0.26	Q34	90%	0.20
7	Custo	mer Se	ervice	Getting	Care (	Quickly	Getting	Care C	Quickly	Getti	ng Nee Care	eded	Com	nmunica	ation
	Q32	93%	0.39	Q4	87%	0.32	Q32	93%	0.42	Q6	82%	0.23	Q17	74%	7 0.20
8	Com	munica	ation	Getting	Care (	Quickly	Com	munica	ation	Getting	Care (	Quickly		ed Deci Making	
	Q47	90%	0.38	Q45	74%	0.23	Q34	90%	0.39	Q32	93%	0.22	Q32	93%	0.16
9	Custo	mer Se	ervice	Custo	omer Se	ervice	Com	munica	ation	Com	munica	ation	Com	munica	ation
	Q33	95%	0.35	Q17	74%	7 0.19	Q6	82%	0.37	Q17	74%	7 0.17	Q6	82%	0.14
10	Com	munica	ation		ed Dec Making		Getting	Care (	Quickly	1	ed Dec Making		Getting	Care (	Quickly

<sup>▲▼</sup> Statistically significantly higher/lower than HARP Statewide 2019.

## Rating of all health care

		Correlation w/		Positive R	esponses	Negative F	Responses
Corr. Rank	Question	Rating of all health care	Achievement Score	Always / Yes	Usually	Sometimes	Never / No
1	Q22. In the last 6 months, how often was it easy to get the care, tests, or treatment, you needed?	0.56	83%	49%	33%	14%	3%
2	Q31. In the last 6 months, how often did your personal doctor explain things in a way that was easy to understand?	0.52	91%	72%	19%	7%	2%
3	Q6. In the last 6 months, how often did you get an appointment for a check-up or routine care at a doctor's office or clinic as soon as you needed?	0.46	82%	56%	26%	15%	3%
4	Q39. In the last 6 months, how often did you get an appointment to see a specialist as soon as you needed?	0.45	76%	53%	24%	21%	2%
5	Q4. In the last 6 months, when you needed care right away, how often did you get care as soon as you needed?	0.45	87%	58%	28%	13%	2%
6	Q17. When you talked about starting or stopping a prescription medicine, did a doctor or other health provider ask you what was best for you?	0.40	74% ▼	74%	(na)	(na)	26%
7	Q45. In the last 6 months, how often did your health plan's customer service give you the information or help you needed?	0.39	74%	47%	27%	21%	5%
8	Q32. In the last 6 months, how often did your personal doctor listen carefully to you?	0.39	93%	80%	14%	5%	2%
9	Q47. In the last 6 months, how often did your health plan's customer service staff treat you with courtesy and respect?	0.38	90%	68%	22%	7%	3%
10	Q33. In the last 6 months, how often did your personal doctor show respect for what you had to say?	0.35	95%	82%	13%	3%	2%

<sup>▲▼</sup> Statistically significantly higher/lower than HARP Statewide 2019.

## **Rating of personal doctor**

		Correlation w/		Positive R	esponses	Negative F	Responses	
Corr. Rank	Question	Rating of personal doctor	Achievement Score	Always / Yes	Usually	Sometimes	Never / No	
1	Q31. In the last 6 months, how often did your personal doctor explain things in a way that was easy to understand?	0.51	91%	72%	19%	7%	2%	
2	Q34. In the last 6 months, how often did your personal doctor spend enough time with you?	0.49	90%	65%	25%	7%	3%	
3	Q32. In the last 6 months, how often did your personal doctor listen carefully to you?	0.49	93%	80%	14%	5%	2%	
4	Q39. In the last 6 months, how often did you get an appointment to see a specialist as soon as you needed?	0.48	76%	53%	24%	21%	2%	
5	Q33. In the last 6 months, how often did your personal doctor show respect for what you had to say?	0.43	95%	82%	13%	3%	2%	
6	Q22. In the last 6 months, how often was it easy to get the care, tests, or treatment, you needed?	0.41	83%	49%	33%	14%	3%	
7	Q6. In the last 6 months, how often did you get an appointment for a check-up or routine care at a doctor's office or clinic as soon as you needed?	0.34	82%	56%	26%	15%	3%	
8	Q4. In the last 6 months, when you needed care right away, how often did you get care as soon as you needed?	0.32	87%	58%	28%	13%	2%	
9	Q45. In the last 6 months, how often did your health plan's customer service give you the information or help you needed?	0.23	74%	47%	27%	21%	5%	
10	Q17. When you talked about starting or stopping a prescription medicine, did a doctor or other health provider ask you what was best for you?	0.19	74% ▼	74%	(na)	(na)	26%	

<sup>▲▼</sup> Statistically significantly higher/lower than HARP Statewide 2019.

## Rating of specialist seen most often

		Correlation w/ Rating of		Positive R	esponses	Negative F	Responses
Corr. Rank	Question	specialist seen most often	Achievement Score	Always / Yes	Usually	Sometimes	Never / No
1	Q17. When you talked about starting or stopping a prescription medicine, did a doctor or other health provider ask you what was best for you?	0.62	74% ▼	74%	(na)	(na)	26%
2	Q22. In the last 6 months, how often was it easy to get the care, tests, or treatment, you needed?	0.58	83%	49%	33%	14%	3%
3	Q45. In the last 6 months, how often did your health plan's customer service give you the information or help you needed?	0.56	74%	47%	27%	21%	5%
4	Q31. In the last 6 months, how often did your personal doctor explain things in a way that was easy to understand?	0.54	91%	72%	19%	7%	2%
5	Q39. In the last 6 months, how often did you get an appointment to see a specialist as soon as you needed?	0.53	76%	53%	24%	21%	2%
6	Q33. In the last 6 months, how often did your personal doctor show respect for what you had to say?	0.45	95%	82%	13%	3%	2%
7	Q4. In the last 6 months, when you needed care right away, how often did you get care as soon as you needed?	0.44	87%	58%	28%	13%	2%
8	Q32. In the last 6 months, how often did your personal doctor listen carefully to you?	0.42	93%	80%	14%	5%	2%
9	Q34. In the last 6 months, how often did your personal doctor spend enough time with you?	0.39	90%	65%	25%	7%	3%
10	Q6. In the last 6 months, how often did you get an appointment for a check-up or routine care at a doctor's office or clinic as soon as you needed?	0.37	82%	56%	26%	15%	3%

<sup>▲▼</sup> Statistically significantly higher/lower than HARP Statewide 2019.

## Rating of health plan

		Correlation		Positive Responses		Negative F	Responses
Corr. Rank	Question	w/ Rating of health plan	Achievement Score	Always / Yes	Usually	Sometimes	Never / No
1	Q47. In the last 6 months, how often did your health plan's customer service staff treat you with courtesy and respect?	0.55	90%	68%	22%	7%	3%
2	Q4. In the last 6 months, when you needed care right away, how often did you get care as soon as you needed?	0.50	87%	58%	28%	13%	2%
3	Q45. In the last 6 months, how often did your health plan's customer service give you the information or help you needed?	0.45	74%	47%	27%	21%	5%
4	Q22. In the last 6 months, how often was it easy to get the care, tests, or treatment, you needed?	0.35	83%	49%	33%	14%	3%
5	Q34. In the last 6 months, how often did your personal doctor spend enough time with you?	0.30	90%	65%	25%	7%	3%
6	Q31. In the last 6 months, how often did your personal doctor explain things in a way that was easy to understand?	0.27	91%	72%	19%	7%	2%
7	Q39. In the last 6 months, how often did you get an appointment to see a specialist as soon as you needed?	0.26	76%	53%	24%	21%	2%
8	Q6. In the last 6 months, how often did you get an appointment for a check-up or routine care at a doctor's office or clinic as soon as you needed?	0.23	82%	56%	26%	15%	3%
9	Q32. In the last 6 months, how often did your personal doctor listen carefully to you?	0.22	93%	80%	14%	5%	2%
10	Q17. When you talked about starting or stopping a prescription medicine, did a doctor or other health provider ask you what was best for you?	0.17	74% ▼	74%	(na)	(na)	26%

<sup>▲▼</sup> Statistically significantly higher/lower than HARP Statewide 2019.

## Rating of treatment or counseling

		Correlation w/ Rating of		Positive R	esponses	Negative F	Responses
Corr. Rank	Question	treatment or counseling	Achievement Score	Always / Yes	Usually	Sometimes	Never / No
1	Q4. In the last 6 months, when you needed care right away, how often did you get care as soon as you needed?	0.42	87%	58%	28%	13%	2%
2	Q47. In the last 6 months, how often did your health plan's customer service staff treat you with courtesy and respect?	0.38	90%	68%	22%	7%	3%
3	Q22. In the last 6 months, how often was it easy to get the care, tests, or treatment, you needed?	0.36	83%	49%	33%	14%	3%
4	Q31. In the last 6 months, how often did your personal doctor explain things in a way that was easy to understand?	0.32	91%	72%	19%	7%	2%
5	Q39. In the last 6 months, how often did you get an appointment to see a specialist as soon as you needed?	0.24	76%	53%	24%	21%	2%
6	Q45. In the last 6 months, how often did your health plan's customer service give you the information or help you needed?	0.24	74%	47%	27%	21%	5%
7	Q34. In the last 6 months, how often did your personal doctor spend enough time with you?	0.20	90%	65%	25%	7%	3%
8	Q17. When you talked about starting or stopping a prescription medicine, did a doctor or other health provider ask you what was best for you?	0.20	74% ▼	74%	(na)	(na)	26%
9	Q32. In the last 6 months, how often did your personal doctor listen carefully to you?	0.16	93%	80%	14%	5%	2%
10	Q6. In the last 6 months, how often did you get an appointment for a check-up or routine care at a doctor's office or clinic as soon as you needed?	0.14	82%	56%	26%	15%	3%

<sup>▲▼</sup> Statistically significantly higher/lower than HARP Statewide 2019.

## **Responses by Question**

This section presents each question and the distribution for each available response option. For each question that has responses determined to be positive or negative, there is a colored circle indicating achievement (green circle) or room for improvement (red circle). The circles are based on the response category and are not indicative of areas the plan needs to improve necessarily. When applicable, each question is presented with the composite name, the achievement score, the correlation value and trend information. In this section, a t-test is used to determine significant differences across time where 2019 scores are compared to 2017 scores when applicable. A significance level of .05 or less was considered statistically significant and "↑" or "↓" is placed next to the appropriate achievement score change. The achievement scores are case-mix adjusted while data for each response option are not case-mix adjusted. Achievement scores for the Question 13 series, the "About Your Health" and "About You" sections are not case-mix adjusted.

#### Q1. Our records show that you are now in [Health Plan Name]. Is that right?

	HARP Statewide		NYC		Rest of State		Healthfirst Personal Wellness Plan	
	N	%	N	%	N	%	N	%
Yes	2,806	100.0%	1,149	100.0%	1,656	100.0%	260	100.0%
No	0	0.0%	0	0.0%	0	0.0%	0	0.0%
Total	2,806	100.0%	1,149	100.0%	1,656	100.0%	260	100.0%
Not Answered	108	·	53	·	56	·	16	·

#### Your Health Care in the Last 6 Months

Q3. In the last 6 months, did you have an illness, injury or condition that needed care right away in a clinic, emergency room or doctor's office?

	HARP Statewide		NYC		Rest of State		Healthfirst Personal Wellness Plan	
	N	%	N	%	N	%	N	%
Yes	1,345	47.6%	527	45.4%	820	49.3%	121	45.1%
No	1,480	52.4%	634	54.6%	844	50.7%	147	54.9%
Total	2,825	100.0%	1,161	100.0%	1,664	100.0%	268	100.0%
Not Answered	89		41	·	48		8	·

#### Your Health Care in the Last 6 Months (continued)

Q4. In the last 6 months, when you needed care right away, how often did you get care as soon as you needed?

	HARP S	HARP Statewide		NYC		f State	Pers	thfirst sonal ess Plan		
	N	%	N	%	N	%	Ν	%		
Never	35	2.7%	14	2.7%	21	2.6%	2	1.7%		
Sometimes	194	14.7%	89	17.4%	107	13.2%	15	12.7%		
● Usually	333	25.2%	121	23.7%	212	26.2%	33	28.0%		
Always	758	57.4%	287	56.2%	469	58.0%	68	57.6%		
Total	1,320	100.0%	511	100.0%	809	100.0%	118	100.0%		
Not Answered	25		15		10		3			
Reporting Category			(	Getting Ca	re Quickl	У				
Achievement Score	82.0	65%	80.	41%	83.9	96%	86.84%			
Correlation with rating of health plan	0.3	361	0.4	122	0.3	322	2 0.501			

Q5. In the last 6 months, did you make any appointments for a check-up or routine care at a doctor's office or clinic?

	HARP Statewide		NYC		Rest of State		Healthfirst Personal Wellness Plar	
	N	%	N	%	N	%	N	%
Yes	2,438	85.9%	1,023	87.6%	1,413	84.6%	241	89.9%
No	399	14.1%	145	12.4%	257	15.4%	27	10.1%
Total	2,837	100.0%	1,168	100.0%	1,669	100.0%	268	100.0%
Not Answered	77		34		43		8	

Q6. In the last 6 months, how often did you get an appointment for a check-up or routine care at a doctor's office or clinic as soon as you needed?

	HARP Statewide		NYC		Rest of State		Pers	thfirst sonal ess Plan	
	N	%	N	%	N	%	N	%	
Never	47	2.0%	23	2.3%	25	1.8%	7	3.0%	
Sometimes	356	14.9%	163	16.3%	193	13.8%	35	14.8%	
● Usually	652	27.2%	273	27.4%	382	27.3%	62	26.2%	
Always	1,342	56.0%	538	54.0%	800	57.2%	133	56.1%	
Total	2,397	100.0%	997	100.0%	1,399	100.0%	237	100.0%	
Not Answered	41		27		15		4		
Reporting Category	Getting Care Quickly								
Achievement Score	83.22% 81.17% 84.58% 8					82.	11%		
Correlation with rating of health plan	0.2	276	0.2	269	0.2	283	0.234		

#### Your Health Care in the Last 6 Months (continued)

Q7. In the last 6 months, did you need care for yourself during evenings, weekends, or holidays?

	HARP Statewide		NYC		Rest of State		Healthfirst Personal Wellness Plan	
			N	%	N	%	N	%
Yes	843	29.7%	353	30.4%	489	29.2%	80	30.0%
No	1,995	70.3%	809	69.6%	1,187	70.8%	187	70.0%
Total	2,838	100.0%	1,162	100.0%	1,676	100.0%	267	100.0%
Not Answered	76		40		36		9	

Q8. In the last 6 months, how often were you able to get the care you needed from a doctor's office or clinic during evenings, weekends, or holidays?

	HARP S	HARP Statewide		NYC		Rest of State		Healthfirst Personal Wellness Plan	
	N	%	N	%	N	%	N	%	
Never	143	17.4%	57	16.7%	85	17.7%	14	17.7%	
Sometimes	181	22.0%	82	23.8%	100	20.7%	18	22.8%	
Usually	184	22.3%	77	22.5%	107	22.3%	16	20.3%	
Always	316	38.3%	127	36.9%	189	39.3%	31	39.2%	
Total	824	100.0%	343	100.0%	481	100.0%	79	100.0%	
Not Answered	19		10		9		1		
Reporting Category		Single Items							
Achievement Score	83.	83.22%		81.17%		84.58%		82.11%	

Q9. In the last 6 months, did you contact your personal doctor's office or clinic with a medical question after regular office hours?

	HARP Statewide		NYC		Rest of State		Healthfirst Personal Wellness Plan	
	N	%	N	%	N	%	N	%
Yes	772	27.3%	343	29.7%	428	25.6%	84	31.1%
No	2,052	72.7%	812	70.3%	1,242	74.4%	186	68.9%
Total	2,824	100.0%	1,155	100.0%	1,670	100.0%	270	100.0%
Not Answered	90		47		42	·	6	

### Your Health Care in the Last 6 Months (continued)

Q10. In the last 6 months, when you contacted your personal doctor's office or clinic after regular office hours, how often did you get an answer to your medical question as soon as you needed?

	HARP S	HARP Statewide		NYC		Rest of State		Healthfirst Personal Wellness Plan	
	N	%	N	%	N	%	N	%	
<ul><li>Never</li></ul>	81	10.6%	40	11.7%	42	10.0%	7	8.5%	
<ul><li>Sometimes</li></ul>	156	20.4%	69	20.3%	87	20.5%	20	24.4%	
<ul><li>Usually</li></ul>	175	22.9%	79	23.1%	96	22.7%	14	17.1%	
Always	352	46.1%	153	44.9%	198	46.8%	41	50.0%	
Total	764	100.0%	340	100.0%	424	100.0%	82	100.0%	
Not Answered	8		4		4		2		
Reporting Category		Single Items							
Achievement Score	83.:	83.22% 81.17% 84.58%		58%	82.11%				

Q11. In the last 6 months, not counting the times you went to an emergency room, how many times did you go to a doctor's office or clinic to get health care for yourself?

	HARP Statewide		NYC		Rest of State		Healthfirst Personal Wellness Plan	
	N	%	N	%	N	%	N	%
None	505	18.9%	214	20.0%	291	18.2%	45	18.2%
1 time	422	15.8%	149	13.9%	268	16.8%	41	16.6%
2	478	17.9%	189	17.7%	292	18.3%	44	17.8%
3	351	13.2%	137	12.8%	213	13.4%	32	13.0%
4	245	9.2%	93	8.7%	152	9.5%	25	10.1%
5 to 9	400	15.0%	180	16.8%	221	13.9%	39	15.8%
10 or more times	264	9.9%	107	10.0%	158	9.9%	21	8.5%
Total	2,665	100.0%	1,069	100.0%	1,597	100.0%	247	100.0%
Not Answered	249		133		115		29	

# Q12. In the last 6 months, did you and a doctor or other health provider talk about specific things you could do to prevent illness?

	HARP S	HARP Statewide		NYC		of State	Pers	thfirst sonal ess Plan %		
• Yes	1,709	80.2%	686	81.2%	1,023	79.5%	156	77.6%		
No	423	19.8%	159	18.8%	264	20.5%	45	22.4%		
Total	2,132	100.0%	845	100.0%	1,287	100.0%	201	100.0%		
Not Answered	28		9		19		1			
Reporting Category		Single Items								
Achievement Score	80.	80.23% 81.16% 79.54%		77.44%						

# Q13a. In the last 6 months, did you and a doctor or other health provider talk about... A healthy diet and eating habits?

	HARP Statewide NYC Rest of State  N % N % N %		Healthfirst Personal Wellness Pla N %						
• Yes	1,479	72.5%	612	76.2%	866	69.8%	141	76.2%	
● No	561	27.5%	191	23.8%	374	30.2%	44	23.8%	
Total	2,040	100.0%	802	100.0%	1,240	100.0%	185	100.0%	
Not Answered	120		52		66		17		
Reporting Category	Single Items								
Achievement Score	72.	50%	76.2	25%	69.8	82%	76.22%		

#### Q13b. In the last 6 months, did you and a doctor or other health provider talk about... Exercise or physical activity?

		HARP S	Statewide %	N N	YC %	Rest o	of State	Per	thfirst sonal ess Plan %		
• Y	es	1,489	73.8%	606	76.1%	882	72.2%	143	77.7%		
<ul><li>N</li></ul>	lo	528	26.2%	190	23.9%	340	27.8%	41	22.3%		
T	otal	2,017	100.0%	796	100.0%	1,222	100.0%	184	100.0%		
N	ot Answered	143		58		84		18			
R	eporting Category		Single Items								
Ā	chievement Score	73.	73.82% 76.11% 72.20%		77.72%						

Q13c. In the last 6 months, did you and a doctor or other health provider talk about... Things in your life that worry you or cause you stress?

	HARP S	statewide %	NYC		Rest of State		Pers	thfirst sonal ess Plan %	
• Yes	1,530	75.6%	614	77.4%	917	74.5%	140	76.1%	
● No	494	24.4%	180	22.6%	315	25.5%	44	23.9%	
Total	2,024	100.0%	793	100.0%	1,232	100.0%	184	100.0%	
Not Answered	136		61		74		18		
Reporting Category	Single Items								
Achievement Score	75.	75.59% 77.36% 74.46%		46%	76.09%				

Q13d. In the last 6 months, did you and a doctor or other health provider talk about... Whether you felt sad, empty or depressed?

	HARP S	HARP Statewide		NYC		of State	Pers	thfirst sonal ess Plan %			
• Yes	1,556	75.8%	616	76.1%	941	75.5%	145	77.1%			
No	498	24.2%	194	23.9%	305	24.5%	43	22.9%			
Total	2,054	100.0%	810	100.0%	1,246	100.0%	188	100.0%			
Not Answered	106		44		60		14				
Reporting Category		Single Items									
Achievement Score	75.	75.75% 76.06% 75.54%			54%	77.13%					

Q13e. In the last 6 months, did you and a doctor or other health provider talk about... Smoking or using tobacco products?

	HARP S	HARP Statewide		NYC		Rest of State		thfirst sonal ess Plan %		
• Yes	1,183	58.4%	449	56.7%	734	59.4%	102	55.1%		
No	844	41.6%	343	43.3%	501	40.6%	83	44.9%		
Total	2,027	100.0%	792	100.0%	1,236	100.0%	185	100.0%		
Not Answered	133		62		70		17			
Reporting Category		Single Items								
Achievement Score	58.	36%	56.	71%	59.	43%	55.	14%		

#### Q13f. In the last 6 months, did you and a doctor or other health provider talk about... Alcohol or other drug use?

	HARP S	statewide %	NYC		Rest of State % N %		Pers	thfirst sonal ess Plan %		
• Yes	841	42.1%	316	40.8%	523	42.7%	70	39.3%		
No	1,155	57.9%	459	59.2%	701	57.3%	108	60.7%		
Total	1,996	100.0%	775	100.0%	1,224	100.0%	178	100.0%		
Not Answered	164		79		82		24			
Reporting Category	Single Items									
Achievement Score	42.	13%	40.8	82%	42.73%		39.	33%		

# Q14. In the last 6 months, did you and a doctor or other health care provider talk about starting or stopping a prescription medicine?

	HARP Statewide		NYC		Rest o	f State	Pers	thfirst sonal ess Plan
	N	%	N	%	N	%	N	%
Yes	1,064	50.6%	353	43.0%	711	55.6%	94	48.2%
No	1,037	49.4%	468	57.0%	568	44.4%	101	51.8%
Total	2,101	100.0%	821	100.0%	1,280	100.0%	195	100.0%
Not Answered	59		33		26		7	

#### Q15. Did you and a doctor or other health provider talk about the reasons you might want to take a medicine?

	HARP Statewide NYC				of State	Healthfirst Personal Wellness Pla		
	N	%	N	%	N	%	IN	%
<ul><li>Yes</li></ul>	985	93.6%	321	92.4%	664	94.2%	86	91.5%
● No	67	6.4%	26	7.6%	41	5.8%	8	8.5%
Total	1,052	100.0%	347	100.0%	705	100.0%	94	100.0%
Not Answered	12		6		6		0	
Reporting Category			Sh	ared Deci	sion Mak	ing		
Achievement Score	93.44% 92.36% 94.18%		91.	42%				
Correlation with rating of health plan	0.030 -0.095 0.102		102	-0.113				

#### Q16. Did you and a doctor or other health provider talk about the reasons you might not want to take a medicine?

			1000000000000000000000000000000000000		Rest of State		Healthfirst Personal Wellness Plan	
	N	%	N	%	N	%	N	%
Yes	724	68.9%	219	63.4%	509	72.0%	50	53.2%
No	327	31.1%	126	36.6%	198	28.0%	44	46.8%
Total	1,051	100.0%	345	100.0%	706	100.0%	94	100.0%
Not Answered	13		8		5		0	
Reporting Category			Sh	ared Deci	sion Mak	king		
Achievement Score	68.	68.45% 63.22% 72.09%				52.67%		
Correlation with rating of health plan	0.0	0.023 0.025		0.031		-0.	056	

# Q17. When you talked about starting or stopping a prescription medicine, did a doctor or other health provider ask you what was best for you?

	HARP Statewide NYC Rest of State  N % N % N %		Pers	thfirst sonal ess Plan				
_	I IN	/6	- IN	/6	- IN	/0	IN	/6
Yes	856	81.8%	289	83.2%	569	81.5%	69	74.2%
No	190	18.2%	59	16.8%	129	18.5%	24	25.8%
Total	1,046	100.0%	348	100.0%	699	100.0%	93	100.0%
Not Answered	18		5		12		1	
Reporting Category			Sh	ared Deci	sion Mak	ing		
Achievement Score	82.2	29%	82.	88%	81.65%		73.0	66%
Correlation with rating of health plan	0.140 0.142		0.141		0.1	170		

#### Q18. In the last 6 months, did a doctor or other health provider order a blood test, x-ray or other test for you?

	HARP Statewide		NYC		Rest of State		Healthfirst Personal Wellness Plan	
	N	%	N	%	Ν	%	N	%
Yes	1,890	88.7%	755	90.0%	1,136	87.9%	179	90.9%
No	241	11.3%	84	10.0%	157	12.1%	18	9.1%
Total	2,131	100.0%	838	100.0%	1,293	100.0%	197	100.0%
Not Answered	29		16		13		5	

Q19. When a doctor or other health provider ordered a blood test, x-ray or other test for you, how often did someone from this doctor's office follow up to give you those results?

	HARP S	Statewide %	N'	YC %	Rest o	of State	Per	thfirst sonal ess Plan %	
Never	134	7.2%	51	6.9%	83	7.4%	15	8.5%	
Sometimes	224	12.0%	84	11.3%	140	12.5%	21	11.9%	
Usually	370	19.9%	147	19.8%	222	19.8%	38	21.6%	
● Always	1,134	60.9%	460	62.0%	675	60.2%	102	58.0%	
Total	1,862	100.0%	742	100.0%	1,120	100.0%	176	100.0%	
Not Answered	28		12		16		3		
Reporting Category		Single Items							
Achievement Score	80.	75%	81.	61%	80.	17%	79.	22%	

Q20. In the last 6 months, how often were the results of your blood test, x-ray or other test easy to understand?

	HARP S	Statewide %	N	YC	Rest o	of State	Per	thfirst sonal ess Plan %
● Never	108	5.8%	33	4.5%	74	6.7%	13	7.5%
<ul><li>Sometimes</li></ul>	250	13.5%	106	14.3%	146	13.1%	19	10.9%
<ul><li>Usually</li></ul>	516	27.8%	199	26.8%	319	28.6%	50	28.7%
Always	982	52.9%	405	54.5%	574	51.6%	92	52.9%
Total	1,856	100.0%	743	100.0%	1,113	100.0%	174	100.0%
Not Answered	34		11		23		5	
Reporting Category	Single Items							
Achievement Score	80.	63%	81.	35%	80.	80.17%		06%

# Q21. Using any number from 0 to 10, where 0 is the worst health care possible and 10 is the best health care possible, what number would you use to rate all your health care in the last 6 months?

			Rest c	f State	Healthfirst Personal Wellness Plan			
	N	%	N	%	N	%	N	%
Worst health care possible	30	1.4%	13	1.6%	17	1.3%	2	1.0%
1	13	0.6%	6	0.7%	7	0.5%	2	1.0%
2	18	0.8%	7	0.8%	11	0.9%	1	0.5%
3	32	1.5%	8	0.9%	24	1.9%	3	1.5%
4	49	2.3%	20	2.4%	29	2.3%	3	1.5%
5	154	7.3%	55	6.5%	99	7.7%	16	8.1%
6	127	6.0%	52	6.2%	73	5.7%	11	5.6%
7	229	10.8%	94	11.2%	136	10.6%	23	11.6%
8	441	20.8%	170	20.3%	270	21.1%	36	18.2%
9	308	14.5%	114	13.6%	194	15.1%	34	17.2%
Best health care possible	721	34.0%	300	35.7%	422	32.9%	67	33.8%
Total	2,122	100.0%	840	100.0%	1,283	100.0%	198	100.0%
Not Answered	38		14		23		4	
Reporting Category	Ratings							
Achievement Score	69.	31%	68.	82%	69.	50%	68.33%	
Correlation with rating of health plan	0.5	594	0.6	626	0.5	579	0.5	559

#### Q22. In the last 6 months, how often was it easy to get the care, tests, or treatment, you needed?

	HARP S	HARP Statewide		YC	Rest c	of State	Per	thfirst sonal ess Plan
	N	%	N	%	Ν	%	Ν	%
Never	58	2.7%	29	3.4%	29	2.3%	6	3.0%
Sometimes	271	12.7%	110	13.0%	159	12.4%	29	14.4%
● Usually	693	32.5%	253	29.9%	436	33.8%	67	33.3%
Always	1,112	52.1%	454	53.7%	664	51.5%	99	49.3%
Total	2,134	100.0%	846	100.0%	1,288	100.0%	201	100.0%
Not Answered	26		8		18		1	
Reporting Category			C	Setting Ne	eded Ca	re		
Achievement Score	84.	65%	83.	57%	85.	34%	82.	85%
Correlation with rating of health plan	0.4	474	0.4	<b>1</b> 70	0.4	188	0.3	354

Q23. In the last 6 months, did you need any emotional or mental health treatment or counseling for a personal or family problem?

	HARP Statewide		N,	YC	Rest of State		Pers	hfirst sonal ss Plan
	N	%	N	%	N	%	N	%
Yes	1,682	59.0%	691	58.9%	989	58.9%	159	59.1%
No	1,170	41.0%	482	41.1%	689	41.1%	110	40.9%
Total	2,852	100.0%	1,173	100.0%	1,678	100.0%	269	100.0%
Not Answered	62	·	29		34	·	7	

Q24. In the last 6 months, how often was it easy to get the emotional or mental health treatment or counseling you needed through your health plan?

	HARP	Statewide %	N	YC %	Rest o	of State	Per	thfirst sonal ess Plan	
Never	93	5.6%	37	5.5%	58	5.9%	6	3.8%	
• Sometimes	150	9.1%	62	9.2%	88	9.0%	14	9.0%	
● Usually	356	21.6%	130	19.2%	229	23.5%	28	17.9%	
Always	1,052	63.7%	448	66.2%	600	61.6%	108	69.2%	
Total	1,651	100.0%	677	100.0%	974	100.0%	156	100.0%	
Not Answered	31		14		17		3		
Reporting Category		Single Items							
Achievement Score	85	.11%	84.	86%	85.40%		86.66%		

Q25. Using any number from 0 to 10, where 0 is the worst treatment or counseling possible and 10 is the best treatment or counseling possible, what number would you use to rate all your emotional or mental health treatment or counseling in the last 6 months?

	HARP S	Statewide	N'	YC	Rest c	of State	Per	thfirst sonal ess Plan
	N	%	N	%	N	%	N	%
Worst treatment possible	45	2.7%	20	3.0%	26	2.7%	3	1.9%
1	23	1.4%	9	1.4%	14	1.5%	2	1.3%
2	19	1.2%	4	0.6%	15	1.6%	2	1.3%
3	36	2.2%	13	2.0%	22	2.3%	3	1.9%
4	56	3.4%	22	3.3%	34	3.5%	3	1.9%
5	142	8.7%	51	7.6%	93	9.6%	15	9.7%
6	79	4.8%	33	4.9%	47	4.8%	4	2.6%
7	150	9.2%	61	9.2%	88	9.0%	16	10.4%
8	263	16.1%	111	16.6%	152	15.7%	16	10.4%
9	224	13.7%	86	12.8%	138	14.2%	24	15.6%
Best treatment possible	600	36.7%	258	38.6%	341	35.1%	66	42.9%
Total	1,637	100.0%	668	100.0%	970	100.0%	154	100.0%
Not Answered	45		23		21		5	
Reporting Category				Rati	ngs			
Achievement Score	66.	07%	66.	87%	65.	76%	67.	54%
Correlation with rating of health plan	0.9	512	0.5	537	0.4	193	0.5	544

Q26. In the last 6 months, did you need any treatment or counseling for alcohol use, drug use or other addiction?

	HARP Statewide		de NYC Rest of State		f State	Healthfirst Personal Wellness Plan		
	N	%	N	%	N	%	N	%
Yes	448	15.7%	167	14.4%	283	16.7%	32	11.9%
No	2,410	84.3%	995	85.6%	1,412	83.3%	237	88.1%
Total	2,858	100.0%	1,163	100.0%	1,695	100.0%	269	100.0%
Not Answered	56		39		17		7	

Q27. In the last 6 months, how often was it easy to get the alcohol, drug or addiction treatment or counseling you needed through your health plan?

		HARP Statewide		YC	Rest of State		Healthfirst Personal Wellness Pla		
	N	%	N	%	N	%	N	%	
● Never	31	7.1%	15	9.3%	17	6.1%	4	13.3%	
Sometimes	38	8.7%	19	11.7%	20	7.2%	1	3.3%	
Usually	81	18.6%	33	20.7%	47	17.0%	8	26.7%	
■ Always	286	65.6%	94	58.4%	191	69.6%	17	56.7%	
Total	436	100.0%	161	100.0%	275	100.0%	30	100.0%	
Not Answered	12		4		8		2		
Reporting Category		Single Items							
Achievement Score	84.	76%	78.	85%	86.74%		83.95%		

Q28. Using any number from 0 to 10, where 0 is the worst treatment or counseling possible and 10 is the best treatment or counseling possible, what number would you use to rate all your alcohol, drug or addiction treatment or counseling in the last 6 months?

	HARP S	HARP Statewide		NYC		Rest of State		Healthfirst Personal Wellness Plan	
	N	%	N	%	N	%	N	%	
Worst treatment possible	14	3.2%	4	2.5%	11	4.0%	0	0.0%	
1	4	0.9%	2	1.4%	2	0.7%	0	0.0%	
2	9	2.1%	2	1.4%	7	2.5%	0	0.0%	
3	12	2.8%	5	3.1%	7	2.5%	0	0.0%	
4	9	2.1%	7	4.4%	2	0.7%	3	10.0%	
5	40	9.2%	13	7.9%	27	9.8%	3	10.0%	
6	23	5.3%	12	7.4%	11	3.9%	3	10.0%	
7	46	10.6%	21	13.0%	25	9.0%	4	13.3%	
8	59	13.6%	15	9.6%	44	16.0%	3	10.0%	
9	65	15.0%	25	15.5%	40	14.6%	5	16.7%	
Best treatment possible	153	35.3%	54	33.8%	99	36.1%	9	30.0%	
Total	434	100.0%	161	100.0%	273	100.0%	30	100.0%	
Not Answered	14		4		10		2		
Reporting Category		Single Items							
Achievement Score	64	44%	56.	43%	68.	07%	54.69%		

#### Your Personal Doctor

# Q29. A personal doctor is the one you would see if you need a check-up, want advice about a health problem, or get sick or hurt. Do you have a personal doctor?

	HARP Statewide NYC Rest of State		Healthfirst Personal Wellness Plan					
	N	%	N	%	N	%	N	%
Yes	2,450	86.7%	975	84.6%	1,475	88.1%	226	84.3%
No	375	13.3%	177	15.4%	199	11.9%	42	15.7%
Total	2,825	100.0%	1,152	100.0%	1,674	100.0%	268	100.0%
Not Answered	89		50		38		8	

#### Q30. In the last 6 months, how many times did you visit your personal doctor to get care for yourself?

	HARP	Statewide %	N	YC %	Rest o	of State	Per	thfirst sonal ess Plan %
None	285	12.3%	103	11.4%	185	13.1%	23	11.2%
1 time	531	23.0%	167	18.4%	363	25.8%	43	21.0%
2	533	23.1%	195	21.5%	336	23.9%	45	22.0%
3	355	15.4%	143	15.8%	213	15.2%	30	14.6%
4	193	8.4%	77	8.5%	115	8.2%	22	10.7%
5 to 9	293	12.7%	156	17.2%	140	10.0%	26	12.7%
10 or more times	121	5.2%	66	7.2%	55	3.9%	16	7.8%
Total	2,311	100.0%	906	100.0%	1,407	100.0%	205	100.0%
Not Answered	139	•	68	·	69		21	·

# Q31. In the last 6 months, how often did your personal doctor explain things in a way that was easy to understand?

	HARP S	Statewide %	N'	YC %	Rest o	Rest of State		thfirst sonal ess Plan %
• Never	37	1.8%	13	1.6%	24	2.0%	4	2.2%
● Sometimes	165	8.2%	65	8.2%	101	8.3%	12	6.7%
● Usually	418	20.7%	172	21.6%	247	20.2%	34	18.9%
Always	1,397	69.3%	547	68.6%	849	69.6%	130	72.2%
Total	2,017	100.0%	797	100.0%	1,220	100.0%	180	100.0%
Not Answered	9		5		4		2	
Reporting Category				Commu	nication			
Achievement Score	89.	95%	90.	21%	89.	90.9	98%	
Correlation with rating of health plan	0.3	327	0.375 0.301		0.272			

## Your Personal Doctor (continued)

#### Q32. In the last 6 months, how often did your personal doctor listen carefully to you?

		HARP Statewide		NYC		Rest of State		thfirst sonal ess Plan
	N	%	N	%	N	%	N	%
● Never	30	1.5%	13	1.6%	17	1.4%	3	1.7%
Sometimes	158	7.9%	58	7.3%	102	8.4%	9	5.0%
● Usually	378	18.8%	144	18.1%	235	19.4%	25	13.8%
Always	1,443	71.8%	580	73.0%	861	70.8%	144	79.6%
Total	2,009	100.0%	794	100.0%	1,215	100.0%	181	100.0%
Not Answered	17		8		9		1	
Reporting Category				Commu	nication			
Achievement Score	90.	59%	90.	91%	90.	34%	92.	81%
Correlation with rating of health plan	0.3	328	0.4	108	0.2	282	0.222	

#### Q33. In the last 6 months, how often did your personal doctor show respect for what you had to say?

	HARP Statewide		NYC		Rest of State		Pers	thfirst sonal ess Plan
	N	%	N	%	Ν	%	Ν	%
Never	38	1.9%	12	1.6%	25	2.1%	4	2.2%
Sometimes	119	5.9%	34	4.3%	86	7.1%	5	2.8%
● Usually	320	15.9%	140	17.7%	181	14.9%	24	13.3%
Always	1,534	76.3%	607	76.5%	924	76.0%	148	81.8%
Total	2,011	100.0%	794	100.0%	1,217	100.0%	181	100.0%
Not Answered	15		8		7		1	
Reporting Category				Commu	nication			
Achievement Score	92.	13%	93.	78%	91.0	06%	94.	73%
Correlation with rating of health plan	0.330 0.371 0.316		316	0.141				

## Your Personal Doctor (continued)

#### Q34. In the last 6 months, how often did your personal doctor spend enough time with you?

	HARP S	HARP Statewide		NYC		Rest of State		thfirst sonal ess Plan
	N	%	N	%	N	%	N	%
Never	59	2.9%	16	2.1%	43	3.5%	5	2.8%
Sometimes	185	9.2%	69	8.7%	116	9.5%	12	6.6%
● Usually	492	24.4%	194	24.4%	296	24.3%	46	25.4%
Always	1,279	63.5%	515	64.8%	765	62.7%	118	65.2%
Total	2,015	100.0%	795	100.0%	1,220	100.0%	181	100.0%
Not Answered	11		7		4		1	
Reporting Category				Commu	nication			
Achievement Score	87.	87%	89.	06%	87.	10%	90.	04%
Correlation with rating of health plan	0.3	308	0.3	359	0.2	283	0.298	

#### Q35. In the last 6 months, did you get care from a doctor or other health provider besides your personal doctor?

	HARP Statewide		NYC		Rest of State			thfirst sonal ess Plan
	N	%	N	%	N	%	N	%
Yes	1,404	70.7%	545	69.7%	861	71.4%	114	66.3%
No	582	29.3%	236	30.3%	345	28.6%	58	33.7%
Total	1,986	100.0%	781	100.0%	1,206	100.0%	172	100.0%
Not Answered	40		21	·	18		10	

# Q36. In the last 6 months, how often did your personal doctor seem informed and up-to-date about the care you got from these doctors or other health providers?

	HARP S	Statewide %	N'	YC %	Rest o	of State	Per	thfirst sonal ess Plan %	
• Never	68	4.9%	26	4.9%	44	5.1%	3	2.7%	
Sometimes	173	12.6%	61	11.6%	113	13.3%	8	7.3%	
● Usually	407	29.6%	157	29.9%	250	29.4%	38	34.5%	
Always	728	52.9%	282	53.6%	443	52.1%	61	55.5%	
Total	1,376	100.0%	527	100.0%	849	100.0%	110	100.0%	
Not Answered	28		16		12		4		
Reporting Category	Single Items								
Achievement Score	82.	82.20% 83.07% 81.75%			88.80%				

## Your Personal Doctor (continued)

Q37. Using any number from 0 to 10, where 0 is the worst personal doctor possible and 10 is the best personal doctor possible, what number would you use to rate your personal doctor?

	HARP S	HARP Statewide		NYC		of State	Healthfirst Personal Wellness Plar	
	N	%	N	%	N	%	N	%
Worst personal doctor possible	28	1.2%	11	1.1%	17	1.2%	3	1.4%
<b>●</b> 1	14	0.6%	6	0.6%	8	0.6%	2	0.9%
<b>2</b>	15	0.6%	3	0.3%	13	0.9%	0	0.0%
<b>●</b> 3	29	1.2%	8	0.8%	20	1.4%	4	1.8%
• 4	41	1.7%	13	1.4%	28	2.0%	2	0.9%
<b>●</b> 5	119	5.0%	36	3.8%	84	5.9%	10	4.5%
<b>●</b> 6	107	4.5%	37	3.9%	71	4.9%	5	2.3%
7	169	7.1%	68	7.2%	99	6.9%	15	6.8%
<b>○</b> 8	346	14.5%	156	16.5%	188	13.2%	42	18.9%
<b>9</b>	374	15.7%	139	14.6%	237	16.5%	33	14.9%
Best personal doctor possible	1,138	47.8%	473	49.8%	666	46.5%	106	47.7%
Total	2,380	100.0%	949	100.0%	1,432	100.0%	222	100.0%
Not Answered	70		25		44		4	
Reporting Category		Ratings						
Achievement Score	78.	01%	80.16%		76.67%		80.53%	
Correlation with rating of health plan	0.4	491	0.5	568	0.4	146	0.501	

## Getting Health Care From Specialists

Q38. Specialists are doctors like surgeons, heart doctors, allergy doctors, skin doctors, and other doctors who specialize in one area of health care. In the last 6 months, did you make any appointments to see a specialist?

	HARP Statewide		NYC		Rest of State		Healthfirst Personal Wellness Plan	
	N	%	N	%	N	%	N	%
Yes	1,518	53.7%	619	53.4%	898	53.8%	136	51.9%
No	1,308	46.3%	540	46.6%	771	46.2%	126	48.1%
Total	2,826	100.0%	1,159	100.0%	1,669	100.0%	262	100.0%
Not Answered	88		43		43		14	

# Getting Health Care From Specialists (continued)

#### Q39. In the last 6 months, how often did you get an appointment to see a specialist as soon as you needed?

	HARP S	HARP Statewide		NYC		of State	Per	thfirst sonal ess Plan		
	N	%	N	%	N	%	N	%		
Never	90	6.0%	33	5.4%	57	6.4%	3	2.2%		
Sometimes	254	16.9%	122	19.9%	133	14.9%	28	20.7%		
● Usually	434	28.9%	164	26.9%	272	30.5%	32	23.7%		
Always	726	48.3%	293	47.9%	430	48.2%	72	53.3%		
Total	1,504	100.0%	612	100.0%	891	100.0%	135	100.0%		
Not Answered	14		7		8		1			
Reporting Category		Getting Needed Care								
Achievement Score	77.	10%	73.	74%	79.	33%	76.	39%		
Correlation with rating of health plan	0.0	336	0.373 0.314			0.258				

#### Q40. How many specialists have you seen in the last 6 months?

	HARP	Statewide %	N	YC %	Rest o	of State	Per	thfirst sonal ess Plan %
None	113	7.8%	43	7.5%	70	8.1%	6	4.8%
1 specialist	490	34.0%	203	35.2%	290	33.5%	38	30.2%
2	341	23.6%	125	21.7%	215	24.8%	35	27.8%
3	248	17.2%	106	18.4%	144	16.7%	17	13.5%
4	131	9.1%	54	9.3%	77	8.9%	13	10.3%
5 or more specialists	119	8.3%	46	8.0%	70	8.0%	17	13.5%
Total	1,442	100.0%	577	100.0%	865	100.0%	126	100.0%
Not Answered	76		42		34		10	

## Getting Health Care From Specialists (continued)

Q41. We want to know your rating of the specialist you saw most often in the last 6 months. Using any number from 0 to 10, where 0 is the worst specialist possible and 10 is the best specialist possible, what number would you use to rate the specialist?

	HARP S	HARP Statewide		NYC		f State	Healthfirst Personal Wellness Pla	
	N	%	N	%	N	%	N	%
Worst specialist possible	13	1.0%	10	1.8%	3	0.4%	5	4.2%
1	9	0.7%	5	0.9%	4	0.5%	0	0.0%
2	13	1.0%	5	1.0%	8	1.0%	0	0.0%
3	9	0.7%	5	0.9%	4	0.5%	0	0.0%
4	24	1.8%	8	1.6%	16	2.0%	1	0.8%
5	59	4.5%	18	3.4%	41	5.3%	3	2.5%
6	57	4.3%	22	4.2%	35	4.5%	6	5.0%
7	122	9.3%	56	10.6%	65	8.3%	12	10.1%
8	226	17.2%	87	16.3%	140	17.9%	17	14.3%
9	229	17.5%	85	16.0%	144	18.4%	20	16.8%
Best specialist possible	550	42.0%	230	43.2%	321	41.1%	55	46.2%
Total	1,311	100.0%	531	100.0%	781	100.0%	119	100.0%
Not Answered	18		3		14		1	
Reporting Category		Ratings						
Achievement Score	76.	76.52%		44%	6 78.1		75.95%	
Correlation with rating of health plan	0.4	177	0.526		0.443		0.516	

#### Your Health Plan

Q42. In the last 6 months, did you look for any information in written materials or on the Internet about how your health plan works?

	HARP Statewide		NYC		Rest of State		Healthfirst Personal Wellness Plan	
	Ν	%	N	%	N	%	N	%
Yes	597	20.9%	279	23.7%	316	18.8%	64	23.9%
No	2,260	79.1%	898	76.3%	1,364	81.2%	204	76.1%
Total	2,857	100.0%	1,177	100.0%	1,680	100.0%	268	100.0%
Not Answered	57		25		32		8	

## Your Health Plan (continued)

# Q43. In the last 6 months, how often did the written materials or the Internet provide the information you needed about how your health plan works?

	HARP S	statewide %	N'	YC %	Rest of State		Healthfirst Personal Wellness Pla	
	- 1	/0		/0	IN	/0	IN	/6
Never	49	8.3%	22	8.1%	28	9.0%	5	7.8%
Sometimes	133	22.7%	64	23.4%	69	22.2%	8	12.5%
Usually	187	31.9%	84	30.5%	104	33.2%	15	23.4%
Always	218	37.1%	104	37.9%	111	35.6%	36	56.3%
Total	587	100.0%	275	100.0%	312	100.0%	64	100.0%
Not Answered	10		5		5		0	
Reporting Category	Single Items							
Achievement Score	68.	13%	67.	60%	69.	42%	79.20%	

#### Q44. In the last 6 months, did you get information or help from your health plan's customer service?

	HARP Statewide		N,	NYC Rest of S		f State	Healthfirst Personal Wellness Plan	
	N	%	N	%	N	%	N	%
Yes	1,124	39.6%	509	44.0%	611	36.4%	122	45.7%
No	1,711	60.4%	648	56.0%	1,066	63.6%	145	54.3%
Total	2,835	100.0%	1,158	100.0%	1,676	100.0%	267	100.0%
Not Answered	79		44		36		9	

# Q45. In the last 6 months, how often did your health plan's customer service give you the information or help you needed?

	HARP Statewide		N	NYC		of State	Healthfirst Personal Wellness Pla	
	N	%	N	%	N	%	N	%
● Never	45	4.1%	22	4.4%	24	4.0%	6	5.0%
Sometimes	187	17.0%	83	16.6%	102	17.0%	25	21.0%
Usually	293	26.6%	142	28.2%	150	25.1%	32	26.9%
♠ Always	577	52.4%	256	50.8%	323	53.9%	56	47.1%
Total	1,102	100.0%	503	100.0%	599	100.0%	119	100.0%
Not Answered	22		7		15		3	
Reporting Category				Custome	r Service			
Achievement Score	78.	95%	78.	61%	79.	28%	74.2	27%
Correlation with rating of health plan	0.4	452	0.4	424	0.4	182	0.4	452

## Your Health Plan (continued)

# Q46. In the last 6 months, how often was the information you got from your health plan's customer service easy to understand?

	HARPS	HARP Statewide		NYC		of State	Per	thfirst sonal ess Plan	
	N	%	N	%	N	%	N	%	
• Never	33	3.0%	15	2.9%	19	3.2%	4	3.4%	
Sometimes	174	15.8%	77	15.4%	97	16.1%	21	17.9%	
● Usually	310	28.2%	148	29.7%	161	26.7%	36	30.8%	
Always	584	53.0%	259	51.9%	325	54.0%	56	47.9%	
Total	1,101	100.0%	499	100.0%	602	100.0%	117	100.0%	
Not Answered	23		11		12		5		
Reporting Category		Single Items							
Achievement Score	80.	80%	81.8	88%	80.	53%	79.	89%	

# Q47. In the last 6 months, how often did your health plan's customer service staff treat you with courtesy and respect?

	HARP S	Statewide	N	YC	Rest of State		Healthfirst Personal Wellness Plan	
	N	%	N	%	N	%	N	%
● Never	20	1.8%	11	2.1%	9	1.5%	4	3.4%
Sometimes	77	7.0%	34	6.8%	44	7.5%	8	6.8%
Usually	212	19.4%	115	23.0%	97	16.2%	26	22.0%
Always	786	71.8%	340	68.1%	446	74.8%	80	67.8%
Total	1,095	100.0%	499	100.0%	596	100.0%	118	100.0%
Not Answered	29		11		18		4	
Reporting Category		Customer Service						
Achievement Score	91.	10%	91.	15%	90.	99%	90.	34%
Correlation with rating of health plan	0.4	491	0.9	522	0.4	465	0.5	545

## Your Health Plan (continued)

# Q48. Using any number from 0 to 10, where 0 is the worst health plan possible and 10 is the best health plan possible, what number would you use to rate your health plan?

	HARP S	Statewide	N'	YC	Rest o	of State	Per	thfirst sonal ess Plan	
	N	%	N	%	N	%	N	%	
Worst health plan possible	61	2.2%	23	2.0%	39	2.3%	7	2.6%	
1	22	0.8%	5	0.4%	17	1.0%	1	0.4%	
2	21	0.7%	11	0.9%	10	0.6%	3	1.1%	
3	35	1.2%	10	0.9%	26	1.6%	2	0.7%	
4	50	1.8%	22	1.9%	29	1.7%	6	2.2%	
5	196	6.9%	74	6.4%	121	7.3%	18	6.7%	
6	151	5.3%	60	5.2%	92	5.5%	12	4.5%	
7	258	9.1%	104	8.9%	156	9.4%	22	8.2%	
8	459	16.2%	217	18.6%	243	14.6%	44	16.5%	
9	411	14.5%	162	13.9%	249	14.9%	38	14.2%	
Best health plan possible	1,173	41.3%	479	41.0%	688	41.2%	114	42.7%	
Total	2,837	100.0%	1,168	100.0%	1,670	100.0%	267	100.0%	
Not Answered	77		34		42		9		
Reporting Category				Rati	ngs				
Achievement Score	71.	75%	72.51%		71.	27%	72.	2.71%	

#### Q49. Would you recommend your health plan to your family and friends?

	HARP S	Statewide %	N <sup>'</sup>	YC %	Rest o	of State	Healthfirst Personal Wellness Plan N %	
• Yes	2,356	87.8%	965	87.8%	1,384	87.5%	239	92.3%
No	326	12.2%	134	12.2%	198	12.5%	20	7.7%
Total	2,682	100.0%	1,098	100.0%	1,582	100.0%	259	100.0%
Not Answered	232		104		130		17	
Reporting Category	Single Items							
Achievement Score	87.61% 87.27% 87.85%		91.83%					

### **About Your Health**

#### Q50. In general, how would you rate your overall health?

		Statewide %	N <sup>*</sup>	YC %	Rest of State		Healthfirst Personal Wellness Plan N %	
Excellent	205	7.3%	104	9.0%	100	6.0%	26	9.9%
Very Good	411	14.5%	172	14.8%	243	14.6%	27	10.3%
Good	848	30.0%	330	28.5%	519	31.1%	76	28.9%
Fair	1,003	35.5%	416	35.9%	588	35.2%	101	38.4%
Poor	359	12.7%	137	11.8%	219	13.1%	33	12.5%
Total	2,826	100.0%	1,159	100.0%	1,669	100.0%	263	100.0%
Not Answered	88		43		43		13	

#### Q51. In general, how would you rate your overall mental or emotional health?

	HARP S	Statewide %	N'	YC %	Rest o	f State	Per	thfirst sonal ess Plan %
Excellent	219	7.7%	95	8.2%	125	7.4%	18	6.8%
Very Good	327	11.6%	142	12.3%	184	11.0%	33	12.5%
Good	771	27.3%	295	25.5%	478	28.6%	62	23.5%
Fair	1,087	38.5%	443	38.3%	644	38.5%	105	39.8%
Poor	423	15.0%	181	15.7%	243	14.5%	46	17.4%
Total	2,827	100.0%	1,156	100.0%	1,673	100.0%	264	100.0%
Not Answered	87	·	46	·	39	·	12	

#### Q52. Have you had a flu shot or flu spray since September 1, 2018? [Displayed for Respondents 18-64 years old]

HARP S	HARP Statewide		NYC		Rest of State		thfirst sonal ess Plan
N	%	N	%	N	%	N	%
1,406	52.4%	551	50.3%	849	53.5%	124	48.4%
1,277	47.6%	544	49.7%	737	46.5%	132	51.6%
116		49		69		5	
2,683	100.0%	1,095	100.0%	1,586	100.0%	256	100.0%
71		35		36		9	
Single Items							
52.4	40%	50.	34%	53.	54%	48.4	44%
	N 1,406 1,277 116 2,683 71	N % 1,406 52.4% 1,277 47.6% 116 2,683 100.0%	N         %         N           1,406         52.4%         551           1,277         47.6%         544           116         49           2,683         100.0%         1,095           71         35	N % N %  1,406 52.4% 551 50.3%  1,277 47.6% 544 49.7%  116 49  2,683 100.0% 1,095 100.0%  71 35  Single	N         %         N         %         N           1,406         52.4%         551         50.3%         849           1,277         47.6%         544         49.7%         737           116         49         69           2,683         100.0%         1,095         100.0%         1,586           71         35         36           Single Items	N         %         N         %         N         %           1,406         52.4%         551         50.3%         849         53.5%           1,277         47.6%         544         49.7%         737         46.5%           116         49         69           2,683         100.0%         1,095         100.0%         1,586         100.0%           71         35         36   Single Items	HARP Statewide         NYC         Rest of State         Personal Wellness           N         %         N         %         N         %         124           1,406         52.4%         551         50.3%         849         53.5%         124           1,277         47.6%         544         49.7%         737         46.5%         132           116         49         69         5           2,683         100.0%         1,095         100.0%         1,586         100.0%         256           71         35         36         9    Single Items

#### Q53. Do you now smoke cigarettes or use tobacco every day, some days or not at all?

	HARP Statewide		N'	NYC		Rest of State		thfirst sonal ss Plan
	N	%	N	%	N	%	N	%
Every day	1,002	35.4%	344	29.9%	662	39.5%	77	29.2%
Some days	419	14.8%	199	17.3%	220	13.2%	43	16.3%
Not at all	1,368	48.4%	594	51.5%	770	46.0%	142	53.8%
Don't Know	39	1.4%	16	1.4%	23	1.4%	2	0.8%
Total	2,828	100.0%	1,153	100.0%	1,675	100.0%	264	100.0%
Not Answered	86	·	49		37	•	12	

# Q54. In the last 6 months, how often were you advised to quit smoking or using tobacco by a doctor or other health provider in your plan?

	HARP S	HARP Statewide		YC	Rest o	of State	Pers	thfirst sonal ess Plan		
	N	%	N	%	N	%	N	%		
Never	179	12.8%	71	13.4%	108	12.4%	15	12.7%		
Sometimes	315	22.5%	131	24.5%	183	21.0%	30	25.4%		
● Usually	256	18.3%	92	17.2%	164	18.9%	18	15.3%		
Always	652	46.5%	239	44.9%	414	47.6%	55	46.6%		
Total	1,402	100.0%	534	100.0%	869	100.0%	118	100.0%		
Not Answered	19		8		10		2			
Reporting Category	Medical Assistance with Smoking Cessation									
Achievement Score	87.:	23%	86.	65%	87.	58%	87.29%			

Q55. In the last 6 months, how often was medication recommended or discussed by a doctor or health provider to assist you with quitting smoking or using tobacco? Examples of medication are: nicotine gum, patch, nasal spray, inhaler, or prescription medication.

	HARP S	HARP Statewide		NYC		Rest of State		thfirst sonal ess Plan			
	N	%	N	%	N	%	N	%			
<ul><li>Never</li></ul>	355	25.4%	142	26.8%	214	24.6%	27	23.1%			
Sometimes	340	24.3%	133	25.0%	208	23.9%	27	23.1%			
Usually	230	16.5%	88	16.6%	140	16.2%	19	16.2%			
Always	473	33.8%	167	31.5%	306	35.3%	44	37.6%			
Total	1,398	100.0%	530	100.0%	868	100.0%	117	100.0%			
Not Answered	23		12		11		3				
Reporting Category	Medical Assistance with Smoking Cessation										
Achievement Score	74.	74.61%		73.17%		75.38%		92%			

Q56. In the last 6 months, how often did your doctor or health provider discuss or provide methods and strategies other than medication to assist you with quitting smoking or using tobacco? Examples of methods and strategies are: telephone helpline, individual or group counseling, or cessation program.

		HARP Statewide		NYC		Rest of State		thfirst sonal ess Plan				
	N	%	N	%	N	%	N	%				
<ul><li>Never</li></ul>	462	33.4%	174	33.3%	288	33.5%	33	28.4%				
Sometimes	338	24.4%	135	25.8%	204	23.7%	28	24.1%				
<ul><li>Usually</li></ul>	227	16.4%	86	16.4%	140	16.3%	20	17.2%				
Always	356	25.7%	128	24.4%	227	26.5%	35	30.2%				
Total	1,383	100.0%	524	100.0%	858	100.0%	116	100.0%				
Not Answered	38		18		21		4					
Reporting Category		Medical Assistance with Smoking Cessation										
Achievement Score	66.	66.59% 66		66.69%		47%	71.55%					

#### Q57.1. Are you aware that you have any of the following conditions? Response: High cholesterol

	HARP Statewide		NYC		C Rest of State		Healthfirst Personal Wellness Plan	
	N	%	N	%	N	%	N	%
Yes	1,193	59.7%	515	62.0%	674	58.1%	116	56.3%
No	806	40.3%	316	38.0%	487	41.9%	90	43.7%
Total	1,999	100.0%	831	100.0%	1,161	100.0%	206	100.0%
Not Answered	915		371		551		70	

#### Q57.2. Are you aware that you have any of the following conditions? Response: High blood pressure

	HARP Statewide		NYC		Rest of State		Healthfirst Personal Wellness Plan	
	N	%	N	%	N	%	N	%
Yes	1,309	65.5%	539	64.8%	768	66.2%	137	66.5%
No	690	34.5%	293	35.2%	392	33.8%	69	33.5%
Total	1,999	100.0%	831	100.0%	1,161	100.0%	206	100.0%
Not Answered	915		371	·	551	·	70	

# Q57.3. Are you aware that you have any of the following conditions? Response: Parent or sibling with a heart attack before the age of 60

	HARP Statewide		NYC		Rest of State		Healthfirst Personal Wellness Plan	
	N	%	N	%	N	%	N	%
Yes	551	27.6%	186	22.4%	362	31.2%	45	21.8%
No	1,448	72.4%	645	77.6%	798	68.8%	161	78.2%
Total	1,999	100.0%	831	100.0%	1,161	100.0%	206	100.0%
Not Answered	915		371		551		70	

#### Q58.1. Has a doctor ever told you that you have any of the following conditions? Response: A heart attack

	HARP Statewide		NYC		Rest of State		Healthfirst Personal Wellness Plan	
	N	%	N	%	N	%	N	%
Yes	164	14.4%	68	13.3%	95	15.4%	13	10.3%
No	973	85.6%	444	86.7%	523	84.6%	113	89.7%
Total	1,137	100.0%	512	100.0%	618	100.0%	126	100.0%
Not Answered	1,777	·	690	·	1,094	·	150	·

# Q58.2. Has a doctor ever told you that you have any of the following conditions? Response: Angina or coronary heart disease

	HARP Statewide		NYC		Rest of State		Healthfirst Personal Wellness Plan	
	N	%	N	%	N	%	N	%
Yes	192	16.9%	78	15.3%	111	18.0%	20	15.9%
No	945	83.1%	434	84.7%	507	82.0%	106	84.1%
Total	1,137	100.0%	512	100.0%	618	100.0%	126	100.0%
Not Answered	1,777	·	690	·	1,094	·	150	

#### Q58.3. Has a doctor ever told you that you have any of the following conditions? Response: A stroke

	HARP Statewide		NYC		C Rest of State			thfirst sonal ess Plan
	N	%	N	%	N	%	Ν	%
Yes	171	15.0%	66	12.9%	104	16.9%	20	15.9%
No	966	85.0%	446	87.1%	514	83.1%	106	84.1%
Total	1,137	100.0%	512	100.0%	618	100.0%	126	100.0%
Not Answered	1,777		690		1,094		150	

# Q58.4. Has a doctor ever told you that you have any of the following conditions? Response: Any kind of diabetes or high blood sugar

	HARP Statewide		NYC		Rest of State		Healthfirst Personal Wellness Plan	
	N	%	N	%	N	%	N	%
Yes	885	77.8%	407	79.5%	473	76.6%	101	80.2%
No	252	22.2%	105	20.5%	145	23.4%	25	19.8%
Total	1,137	100.0%	512	100.0%	618	100.0%	126	100.0%
Not Answered	1,777	·	690		1,094	·	150	

#### Q59a. Do any of the following conditions affect you right now ... Cancer?

	HARP Statewide		NYC		Rest of State		Healthfirst Personal Wellness Plan	
	N	%	N	%	N	%	N	%
Yes	121	5.8%	53	6.5%	66	5.2%	14	7.9%
No	1,973	94.2%	759	93.5%	1,217	94.8%	164	92.1%
Total	2,094	100.0%	812	100.0%	1,283	100.0%	178	100.0%
Not Answered	820	·	390	·	429	·	98	

#### Q59b. Do any of the following conditions affect you right now ... Arthritis?

	HARP Statewide		NYC		'C Rest of State		Healthfirst Personal Wellness Plar	
	N	%	N	%	N	%	N	%
Yes	1,277	54.4%	467	50.5%	810	56.9%	115	55.3%
No	1,071	45.6%	458	49.5%	614	43.1%	93	44.7%
Total	2,348	100.0%	925	100.0%	1,424	100.0%	208	100.0%
Not Answered	566		277		288		68	

#### Q59c. Do any of the following conditions affect you right now ... Asthma?

	HARP Statewide		NYC		Rest of State		Healthfirst Personal Wellness Plan	
	N	%	N	%	N	%	N	%
Yes	881	39.0%	344	38.4%	536	39.3%	85	42.1%
No	1,380	61.0%	551	61.6%	830	60.7%	117	57.9%
Total	2,261	100.0%	895	100.0%	1,366	100.0%	202	100.0%
Not Answered	653	•	307		346	•	74	

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## About Your Health (continued)

#### Q59d. Do any of the following conditions affect you right now ... Overweight?

	HARP Statewide		NYC		Rest of State		Healthfirst Personal Wellness Plan	
	N	%	N	%	N	%	N	%
Yes	1,132	49.5%	435	48.1%	695	50.2%	111	53.6%
No	1,157	50.5%	469	51.9%	688	49.8%	96	46.4%
Total	2,289	100.0%	905	100.0%	1,383	100.0%	207	100.0%
Not Answered	625		297	·	329	·	69	

#### Q59e. Do any of the following conditions affect you right now ... Depression?

	HARP Statewide		NYC		Rest of State		Healthfirst Personal Wellness Plan	
	N	%	N	%	N	%	N	%
Yes	1,894	73.9%	741	72.0%	1,157	75.4%	179	75.2%
No	670	26.1%	289	28.0%	378	24.6%	59	24.8%
Total	2,564	100.0%	1,030	100.0%	1,535	100.0%	238	100.0%
Not Answered	350		172		177		38	

#### Q59f. Do any of the following conditions affect you right now ... Drinking or other drug problems?

	HARP Statewide		NYC		Rest of State		Healthfirst Personal Wellness Plan	
	N	%	N	%	Ν	%	Ν	%
Yes	355	15.8%	127	14.6%	230	16.7%	24	12.6%
No	1,894	84.2%	746	85.4%	1,147	83.3%	167	87.4%
Total	2,249	100.0%	873	100.0%	1,377	100.0%	191	100.0%
Not Answered	665		329		335		85	

#### Q59g. Do any of the following conditions affect you right now ... Emotional problems or mental illness?

	HARP Statewide		NYC		Rest of State		Pers	thfirst sonal ess Plan
	N	%	N	%	N	%	N	%
Yes	1,892	73.5%	766	73.4%	1,130	73.8%	177	73.8%
No	682	26.5%	278	26.6%	401	26.2%	63	26.3%
Total	2,574	100.0%	1,044	100.0%	1,531	100.0%	240	100.0%
Not Answered	340	·	158	·	181	·	36	

# Q59h. Do any of the following conditions affect you right now ... Other medical conditions lasting more than three months?

	HARP Statewide		NYC		Rest of State		Healthfirst Personal Wellness Plan	
	N	%	N	%	N	%	N	%
Yes	1,419	58.5%	513	53.9%	905	61.4%	127	58.0%
No	1,005	41.5%	439	46.1%	568	38.6%	92	42.0%
Total	2,424	100.0%	952	100.0%	1,474	100.0%	219	100.0%
Not Answered	490	·	250	·	238	·	57	

## **About You**

#### Q60. What is your age?

	HA	HARP Statewide		NYC		Rest of State		Healthfirst Personal Wellness Plan	
		N	%	N	%	N	%	N	%
18 to 24		37	1.3%	16	1.4%	21	1.3%	3	1.1%
25 to 34		270	9.5%	91	7.8%	183	10.9%	16	6.0%
35 to 44		417	14.7%	175	15.0%	247	14.7%	34	12.7%
45 to 54		729	25.6%	280	23.9%	448	26.7%	78	29.1%
55 to 64	1,	,299	45.6%	563	48.2%	729	43.5%	124	46.3%
65 to 74		87	3.1%	40	3.4%	47	2.8%	13	4.9%
75 or older		7	0.2%	4	0.3%	3	0.2%	0	0.0%
Total	2,	,846	100.0%	1,168	100.0%	1,678	100.0%	268	100.0%
Not Answered		68		34		34	·	8	·

#### Q61. Are you male or female?

	Н	HARP Statewide		NYC		Rest of State		Healthfirst Personal Wellness Plan	
		N	%	N	%	N	%	N	%
Male		1,335	46.9%	585	50.1%	749	44.6%	130	49.1%
Female		1,512	53.1%	582	49.9%	930	55.4%	135	50.9%
Total		2,847	100.0%	1,168	100.0%	1,679	100.0%	265	100.0%
Not Answered		67		34		33		11	

## About You (continued)

#### Q62. What is the highest grade or level of school that you have completed?

	HARP Statewide		NYC		Rest of State		Pers	thfirst sonal ss Plan
	N	%	N	%	N	%	N	%
8th grade or less	329	11.6%	175	15.1%	154	9.2%	46	17.2%
Some high school but did not graduate	723	25.4%	341	29.3%	380	22.7%	77	28.7%
High school graduate or GED	903	31.8%	336	28.9%	568	33.8%	82	30.6%
Some college or 2-year degree	668	23.5%	226	19.5%	443	26.4%	46	17.2%
4-year college graduate	144	5.1%	48	4.1%	96	5.7%	8	3.0%
More than 4-year college degree	74	2.6%	36	3.1%	38	2.2%	9	3.4%
Total	2,841	100.0%	1,162	100.0%	1,679	100.0%	268	100.0%
Not Answered	73	·	40	·	33	·	8	

#### Q63. Are you of Hispanic or Latino origin or descent?

	HARP Statewide		NYC		Rest of State		Healthfirst Personal Wellness Plar	
	N	%	N	%	N	%	N	%
Yes, Hispanic or Latino	780	27.5%	514	44.2%	259	15.5%	117	44.2%
No, Not Hispanic or Latino	2,054	72.5%	648	55.8%	1,413	84.5%	148	55.8%
Total	2,834	100.0%	1,162	100.0%	1,672	100.0%	265	100.0%
Not Answered	80	·	40	·	40	·	11	

#### Q64.1. What is your race? Response: White.

	HARP Statewide		NYC		Rest of State		Healthfirst Personal Wellness Plar	
	N	%	N	%	N	%	N	%
Yes	1,442	52.1%	327	29.4%	1,124	67.7%	70	28.1%
No	1,328	47.9%	784	70.6%	535	32.3%	179	71.9%
Total	2,770	100.0%	1,111	100.0%	1,660	100.0%	249	100.0%
Not Answered	144	·	91	·	52	·	27	

#### Q64.2. What is your race? Response: Black or African-American.

	HARP Statewide		NYC		Rest of State		Healthfirst Personal Wellness Plan	
	N	%	N	%	N	%	N	%
Yes	795	28.7%	412	37.1%	379	22.8%	103	41.4%
No	1,975	71.3%	699	62.9%	1,281	77.2%	146	58.6%
Total	2,770	100.0%	1,111	100.0%	1,660	100.0%	249	100.0%
Not Answered	144		91		52	·	27	

## About You (continued)

#### Q64.3. What is your race? Response: Asian.

	HARP Statewide		NYC		Rest of State		Healthfirst Personal Wellness Plan	
	N	%	N	%	N	%	N	%
Yes	81	2.9%	55	4.9%	27	1.6%	10	4.0%
No	2,689	97.1%	1,056	95.1%	1,632	98.4%	239	96.0%
Total	2,770	100.0%	1,111	100.0%	1,660	100.0%	249	100.0%
Not Answered	144		91		52		27	

#### Q64.4. What is your race? Response: Native Hawaiian or other Pacific Islander.

	HARP Statewide		NYC		Rest of State		Healthfirst Personal Wellness Plan	
	N	%	N	%	N	%	Ν	%
Yes	17	0.6%	5	0.4%	12	0.7%	1	0.4%
No	2,753	99.4%	1,106	99.6%	1,647	99.3%	248	99.6%
Total	2,770	100.0%	1,111	100.0%	1,660	100.0%	249	100.0%
Not Answered	144		91		52		27	

#### Q64.5. What is your race? Response: American Indian or Alaska Native.

	HARP Statewide		NYC		Rest of State		Healthfirst Personal Wellness Plan	
	N	%	N	%	N	%	N	%
Yes	81	2.9%	27	2.4%	54	3.3%	8	3.2%
No	2,689	97.1%	1,084	97.6%	1,605	96.7%	241	96.8%
Total	2,770	100.0%	1,111	100.0%	1,660	100.0%	249	100.0%
Not Answered	144	·	91	·	52	·	27	·

#### Q64.6. What is your race? Response: Other.

	HARP	HARP Statewide		NYC		Rest of State		Healthfirst Personal Wellness Plan	
	N	%	N	%	N	%	Ν	%	
Yes	505	18.2%	329	29.6%	171	10.3%	67	26.9%	
No	2,265	81.8%	782	70.4%	1,488	89.7%	182	73.1%	
Total	2,770	100.0%	1,111	100.0%	1,660	100.0%	249	100.0%	
Not Answered	144		91		52		27		

# About You (continued)

#### Q65. How well do you speak English?

		HARP Statewide				Rest of State		thfirst sonal ess Plan
	N	%	N	%	N	%	N	%
Very well	2,188	76.3%	801	68.0%	1,390	82.2%	179	66.5%
Well	370	12.9%	198	16.8%	174	10.3%	40	14.9%
Not well	190	6.6%	116	9.9%	71	4.2%	35	13.0%
Not at all	119	4.2%	62	5.3%	55	3.3%	15	5.6%
Total	2,867	100.0%	1,177	100.0%	1,690	100.0%	269	100.0%
Not Answered	47		25		22		7	

#### Q66. Do you speak a language other than English at home?

	HARP Statewide		NYC		Rest of State		Healthfirst Personal Wellness Plan	
	N	%	N	%	N	%	Ν	%
Yes	751	26.9%	470	41.5%	275	16.6%	117	45.9%
No	2,039	73.1%	663	58.5%	1,384	83.4%	138	54.1%
Total	2,790	100.0%	1,132	100.0%	1,660	100.0%	255	100.0%
Not Answered	124	·	70	·	52	·	21	

#### Q67. What is the language spoken at home?

	HARP Statewide		NYC		Rest of State		Healthfirst Personal Wellness Plan	
	N	%	N	%	N	%	Ν	%
Spanish	442	16.4%	292	27.0%	144	8.9%	80	33.1%
Other	222	8.2%	128	11.8%	94	5.8%	24	9.9%
Total	2,703	100.0%	1,083	100.0%	1,622	100.0%	242	100.0%
Not Answered	211		119		90	·	34	





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	Correct	Incorrect	X	d		

You are sometimes told to skip over some questions in the survey. When this happens you will see an arrow with a note that tells you what question to answer next, like this:

Marks

Yes → Go to Question 1No

♥ START HERE ♥

1. Our records show that you are now in [HEALTH PLAN NAME]. Is that right?

O Yes → Go to Question 3O No → Go to Question 2

Mark

2. What is the name of your health plan? (please print)

# YOUR HEALTH CARE IN THE LAST 6 MONTHS

These questions ask about your own health care. Do <u>not</u> include care you got when you stayed overnight in a hospital. Do <u>not</u> include the times you went for dental care visits.

- 3. In the last 6 months, did you have an illness, injury, or condition that <u>needed care right away</u> in a clinic, emergency room, or doctor's office?
  - Yes → Go to Question 4
  - O No → Go to Question 5
- 4. In the last 6 months, when you <u>needed</u> care right away, how often did you get care as soon as you needed?
  - O Never
  - O Sometimes
  - O Usually
  - O Always
- 5. In the last 6 months, did you make any appointments for a <u>check-up or routine</u> <u>care</u> at a doctor's office or clinic?
  - O Yes → Go to Question 6
  - O No → Go to Question 7
- 6. In the last 6 months, how often did you get an appointment for a <a href="check-up or routine care">check-up or routine care</a> at a doctor's office or clinic as soon as you needed?
  - O Never
  - O Sometimes
  - O Usually
  - O Always
- 7. In the last 6 months, did you need care for yourself during evenings, weekends, or holidays?
  - O Yes → Go to Question 8
  - O No → Go to Question 9

- 8. In the last 6 months, how often were you able to get the care you needed from a doctor's office or clinic during evenings, weekends, or holidays?
  - O Never
  - O Sometimes
  - O Usually
  - O Always
- 9. In the last 6 months, did you contact your personal doctor's office or clinic with a medical question after regular office hours?
  - Yes → Go to Question 10
  - O No → Go to Question 11
- 10. In the last 6 months, when you contacted your personal doctor's office or clinic after regular office hours, how often did you get an answer to your medical question as soon as you needed?
  - O Never
  - O Sometimes
  - O Usually
  - O Always
- 11. In the last 6 months, not counting the times you went to an emergency room, how many times did you go to a doctor's office or clinic to get health care for yourself?
  - O None → Go to Question 23
  - O 1 → Go to Question 12
  - 2 → Go to Question 12
  - O 3 → Go to Question 12
  - 4 → Go to Question 12
  - 5 to 9 → Go to Question 12
  - 10 or more → Go to Question 12
- 12. In the last 6 months, did you and a doctor or other health provider talk about specific things you could do to prevent illness?
  - O Yes
  - O No

# 13. In the last 6 months, did you and a doctor or other health provider talk about any of the following?

		Yes	No
a.	Healthy diet and eating habits	0	0
b.	Exercise or physical activity	0	0
c.	Things in your life that worry you or cause you stress	0	0
d.	Whether you felt sad, empty, or depressed	0	0
e.	Smoking or using tobacco products	0	0
f.	Alcohol or other drug use	0	0

14.	In the last 6 months, did you and a doctor
	or other health care provider talk about
	starting or stopping a prescription
	medicine?

0	Yes	<b>→</b>	Go to	Question	15
$\bigcirc$	Nο	4	Go to	Question	18

15.	Did you and a doctor or other health
	provider talk about the reasons you
	might want to take a medicine?

0	Yes
0	No

16.	Did you and a doctor or other health
	provider talk about the reasons you
	might not want to take a medicine?

0	Yes
0	No

When you talked about starting or
stopping a prescription medicine, did a
doctor or other health provider ask you
what was best for you?

0	Yes
Ο	No

504-03

18. In the last 6 months, did a doctor or other health provider order a blood test, x-ray or other test for you?

0	Yes	<b>→</b>	Go to Que	stion 19
$\bigcirc$	Nο	4	Go to Ques	tion 21

19. When a doctor or other health provider ordered a blood test, x-ray or other test for you, how often did someone from this doctor's office follow up to give you those results?

0	Never
Ο	Sometimes
Ο	Usually
0	Always

20. In the last 6 months, how often were the results of your blood test, x-ray or other test easy to understand?

0	Never
0	Sometimes
0	Usually
0	Always

21. Using any number from 0 to 10, where 0 is the worst health care possible and 10 is the best health care possible, what number would you use to rate all your health care in the last 6 months?

0	0	0	0	0	0	0	0	0	0	0
0	1	2	3	4	5	6	7	8	9	10
Worst Best										
Health Care Health Care										
Pos	ssibl	е						F	oss	ible

22. In the last 6 months, how often was it easy to get the care, tests, or treatment you needed?

0	Never
0	Sometimes
0	Usually
$\circ$	Always

23. In the last 6 months, did you need any emotional or mental health treatment or counseling for a personal or family problem?

0	Yes	<b>→</b>	Go to Question 24
0	No	<b>→</b>	Go to Question 26

24.	24. In the last 6 months, how often was it easy to get the emotional or mental health treatment or counseling you needed through your health plan?		YOUR PERSONAL DOCTOR
			A personal doctor is the one you would see if you need a check-up, want advice about a health problem, or get sick or
	O Never O Sometimes		hurt. Do you have a personal doctor?
	O Usually O Always		<ul> <li>O Yes → Go to Question 30</li> <li>O No → Go to Question 38</li> </ul>
25.	Using any number from 0 to 10, where 0 is the worst treatment or counseling possible and 10 is the best treatment or counseling possible, what number would	30.	In the last 6 months, how many times did you visit your personal doctor to get care for yourself?
	you use to rate all your emotional or mental health treatment or counseling in		<ul> <li>○ None → Go to Question 37</li> <li>○ 1 → Go to Question 31</li> </ul>
	the last 6 months?		○ 2 → Go to Question 31
	0 0 0 0 0 0 0 0 0 0		<ul><li>○ 3 → Go to Question 31</li><li>○ 4 → Go to Question 31</li></ul>
	0 1 2 3 4 5 6 7 8 9 10		○ 5 to 9 <b>→</b> Go to Question 31
	Worst Best Treatment Treatment		O 10 or more → Go to Question 31
	Possible Possible	31.	In the last 6 months, how often did your
26.	In the last 6 months, did you need any treatment or counseling for alcohol use, drug use or other addiction?		personal doctor explain things in a way that was easy to understand?
	urug use or other addiction:		O Never
	O Yes → Go to Question 27		O Sometimes O Usually
07	O No → Go to Question 29		O Always
21.	27. In the last 6 months, how often was it easy to get the alcohol, drug or addiction treatment or counseling you needed		In the last 6 months, how often did your personal doctor listen carefully to you?
	through your health plan?		O Never
	O Never		O Sometimes
	O Sometimes		O Usually O Always
	O Usually O Always		•
28.	Using any number from 0 to 10, where 0 is the worst treatment or counseling	33.	In the last 6 months, how often did your personal doctor show respect for what you had to say?
	possible and 10 is the best treatment or		O Never
	counseling possible, what number would you use to rate all your alcohol, drug or		O Sometimes
	addiction treatment or counseling in the last 6 months?		O Usually O Always
		34.	In the last 6 months, how often did your
	O O O O O O O O O O O O O O O O O O O	J4.	personal doctor spend enough time with you?
	Treatment Treatment		O Never
	Possible Possible		O Sometimes
			O Usually
			O Always

35.	In the last 6 months, did you get care from a doctor or other health provider besides your personal doctor?  ○ Yes → Go to Question 36  ○ No → Go to Question 37	40.	<ul> <li>How many specialists have you seen in the last 6 months?</li> <li>○ None → Go to Question 42</li> <li>○ 1 specialist → Go to Question 41</li> <li>○ 2 → Go to Question 41</li> </ul>			
36.	In the last 6 months, how often did your personal doctor seem informed and upto-date about the care you got from these doctors or other health providers?		<ul> <li>○ 3 → Go to Question 41</li> <li>○ 4 → Go to Question 41</li> <li>○ 5 or more specialists → Go to Question 41</li> </ul>			
37.	<ul> <li>Never</li> <li>Sometimes</li> <li>Usually</li> <li>Always</li> </ul> Using any number from 0 to 10, where 0	41.	We want to know your rating of the specialist you saw most often in the last 6 months. Using any number from 0 to 10, where 0 is the worst specialist possible and 10 is the best specialist possible, what number would you use to			
57.	is the worst personal doctor possible and 10 is the best personal doctor possible, what number would you use to rate your personal doctor?  OOOOOOOOOOOOOOOOOOOOOOOOOOOOOOOOOOO		rate the specialist?  O O O O O O O O O O O O O O O O O O O			
	Personal Doctor Possible Personal Doctor Possible		YOUR HEALTH PLAN			
nclu	GETTING HEALTH CARE FROM SPECIALISTS  I you answer the next questions, do not de dental visits or care you got when you d overnight in a hospital.	with y	next questions ask about your experience your health plan.  In the last 6 months, did you look for any information in written materials or on the Internet about how your health plan works?  ○ Yes → Go to Question 43			
38.	Specialists are doctors like surgeons, heart doctors, allergy doctors, skin doctors, and other doctors who specialize in one area of health care. In the last 6 months, did you try to make any appointments to see a specialist?  ○ Yes → Go to Question 39  ○ No → Go to Question 42	43.	<ul> <li>○ No → Go to Question 44</li> <li>In the last 6 months, how often did the written materials or the Internet provide the information you needed about how your health plan works?</li> <li>○ Never</li> <li>○ Sometimes</li> </ul>			
39.	In the last 6 months, how often did you get an appointment with specialists as soon as you needed?  O Never O Sometimes O Usually O Always	44.	<ul> <li>Usually</li> <li>Always</li> <li>In the last 6 months, did you get information or help from your health plan's customer service?</li> <li>Yes → Go to Question 45</li> <li>No → Go to Question 48</li> </ul>			
-		1				

<b>45</b> .	In the last 6 months, how often did your health plan's customer service give you the information or help you needed?	51.	In general, how would you rate your overall mental or emotional health?  O Excellent
	O Never O Sometimes O Usually O Always		O Very good O Good O Fair O Poor
46.	In the last 6 months, how often was the information you got from your health plan's customer service easy to understand?  O Never	52.	Have you had a flu shot or flu spray since September 1, 2018?  O Yes O No O Don't know
	O Sometimes O Usually O Always	53.	Do you now smoke cigarettes or use tobacco every day, some days, or not at all?
47.	health plan's customer service staff treat you with courtesy and respect?  O Never		<ul> <li>○ Every day → Go to Question 54</li> <li>○ Some days → Go to Question 54</li> <li>○ Not at all → Go to Question 57</li> <li>○ Don't know → Go to Question 57</li> </ul>
	O Sometimes O Usually O Always	54.	In the last 6 months, how often were you advised to quit smoking or using tobacco by a doctor or other health provider in
48.	Using any number from 0 to 10, where 0 is the worst health plan possible and 10 is the best health plan possible, what number would you use to rate your health plan?		your plan?  O Never O Sometimes O Usually O Always
	O O O O O O O O O O O O O O O O O O O	55.	•
49.	Would you recommend your health plan to your family and friends?		nicotine gum, patch, nasal spray, inhaler, or prescription medication.
	O Yes O No		<ul><li>O Never</li><li>O Sometimes</li><li>O Usually</li></ul>
	ABOUT YOUR HEALTH		O Always
50.	In general, how would you rate your overall health?		
	O Excellent O Very good O Good O Fair O Poor		

56.	In the last 6 months, how often did your
	doctor or health provider discuss or
	provide methods and strategies other
	than medication to assist you with
	quitting smoking or using tobacco?
	Examples of methods and strategies are:
	telephone helpline, individual or group
	counseling, or cessation program.

$\cap$	Never	
( )	INever	7

$\cap$	So	_	~+:	_	~~
О	- 50	111	eп	111	es

- O Usually
- O Always

# 57. Are you aware that you have any of the following conditions? Mark one or more.

- O High cholesterol
- O High blood pressure
- O Parent or sibling with a heart attack before the age of 60

# 58. Has a doctor ever told you that you have any of the following conditions? Mark one or more.

$\overline{}$			
()	А	heart	attack

- O Angina or coronary heart disease
- O A stroke
- O Any kind of diabetes or high blood sugar

# 59. Do any of the following conditions affect you right now?

		Yes	No
a.	Cancer	0	0
b.	Arthritis	0	0
c.	Asthma	0	0
d.	Overweight	0	0
e.	Depression	0	0
f.	Drinking or other drug problems	0	0
g.	Emotional problems or mental illness	0	0
h.	Other medical conditions lasting more than three months	0	0

#### **ABOUT YOU**

#### 60. What is your age?

- O 18 to 24
- O 25 to 34
- O 35 to 44
- O 45 to 54
- O 55 to 64
- O 65 to 74
- O 75 or older

#### 61. Are you male or female?

- O Male
- O Female

# 62. What is the highest grade or level of school that you have completed?

- O 8th grade or less
- O Some high school, but did not graduate
- O High school graduate or GED
- O Some college or 2-year degree
- O 4-year college graduate
- O More than 4-year college degree

# 63. Are you of Hispanic or Latino origin or descent?

- O Yes
- O No

# 64. What is your race? Please mark one or more.

- O White
- O Black or African-American
- O Asian
- O Native Hawaiian or other Pacific Islander
- O American Indian or Alaska Native
- O Other

#### 65. How well do you speak English?

- O Very well
- O Well
- O Not well
- O Not at all

# 66. Do you speak a language other than English at home?

- Yes → Go to Question 67
- No → Thank you. Please return the completed survey in the postage-paid envelope.

- 67. What is this language spoken at home?
  - O Spanish
  - O Other

Thank you for taking the time to complete this survey. Your answers are greatly appreciated.

When you are done, please use the enclosed prepaid envelope to mail the survey to:

DataStat 3975 Research Park Drive Ann Arbor, MI 48108