

# New York State Medicaid Managed Care Program (MMC): CAHPS® 5.0H Adult Medicaid Survey Empire BlueCross BlueShield/HealthPlus

# **Continuous Quality Improvement Report**

May 2020



3975 Research Park Drive Ann Arbor, MI 48108

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# Background

The Consumer Assessment of Healthcare Providers and Systems (CAHPS®) survey is a comprehensive tool designed to assess consumers' experience with health care and health plans. CAHPS® is the questionnaire that asks health plan members about experiences with access to care, health care providers and health plans. The New York State Department of Health (NYSDOH) sponsors a CAHPS® survey every other year for the Medicaid managed care plans and uses the results to determine variation in member satisfaction among the plans. DataStat, Inc. conducted the survey on behalf of the NYSDOH in 2019. The instrument used for the administration of the survey was the CAHPS® 5.0H Adult Medicaid core survey, developed and tested nationally for assessing the performance of health plans.

The majority of question items addressed member's experience with their health care, such as getting care quickly, communication with doctors, and overall satisfaction with health care and with the health plan. The questionnaire was expanded to include 22 supplemental questions of particular interest to the NYSDOH. Rounding out the instrument was a set of questions collecting demographic data. In total, the questionnaire consisted of 67 questions. A copy of the modified CAHPS® questionnaire can be found in Appendix A.

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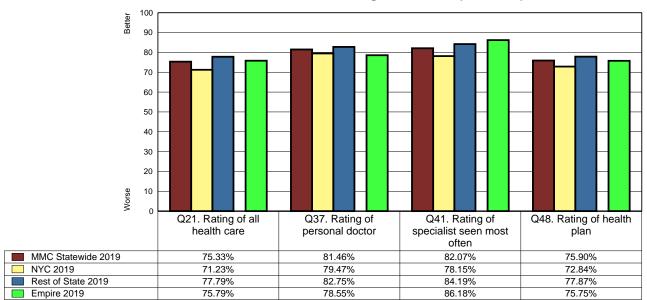
# **Executive Summary**

In New York, the CAHPS® survey is administered to Medicaid managed care plan members every other year. For the 2019 administration, the NYSDOH focused on adult members of Medicaid managed care plans as well as members in Special Needs Plans (SNPs) and Health and Recovery Plans (HARPs). The survey included 15 Medicaid managed care plans in New York with a sample of 2,000 adults per plan. Questionnaires were sent to 30,000 members following a mail only methodology during the period October 3, 2019, through December 31, 2019, using a standardized survey procedure and questionnaire. For your plan, a total of 194 responses were received resulting in a 9.7% response rate. The disposition of surveys is contained at the end of this section.

Conclusions based on the information presented in this report should be tempered by a few caveats. First, for some questionnaire items, relatively small numbers of responses may be available due to skip patterns in the questionnaire. In order to present the most reliable information, results based on fewer than 30 observations are not presented in this report. Second, in some of the data presentations included in this report, correlation coefficients are computed to explore the relationship between different measures. High correlations, however, do not necessarily indicate causation. Finally, in many of the graphs and tables presented in this report, differences between the Statewide average and individual managed care plans are readily apparent. However, where these differences are not statistically significant they should be evaluated accordingly.

#### **Summary of Standard Rating Questions**

Response options for standard rating questions ranged from 0 (worst) to 10 (best). In the table below, the achievement score represents the proportion of members who responded with a rating of "8", "9", or "10". Results are presented for Statewide, New York City (NYC), Rest of State and the plan. Plan results are compared to the Statewide achievement scores and a significance level of .05 or less was considered statistically significant and " $\uparrow$ " or " $\Psi$ " is placed at the top of the appropriate bar. Regional results are presented for additional information, but are not compared to the Statewide achievement scores.

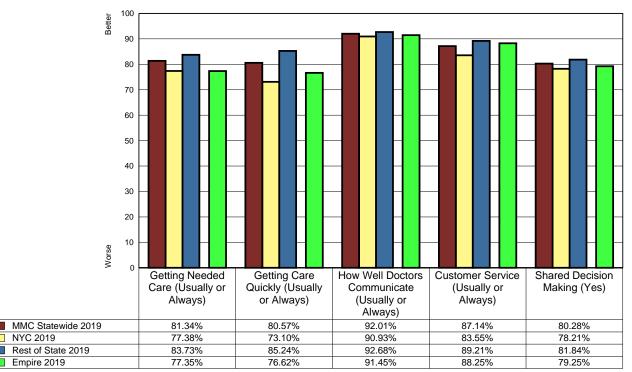


Standard Ratings Questions (8, 9 or 10)

★↓ Statistically significantly better/worse than MMC Statewide 2019.

#### **Summary of Standard Composites**

A composite score is calculated for each of five domains of member experience: Getting Needed Care, Getting Care Quickly, How Well Doctors Communicate, Customer Service and Shared Decision Making. Composite achievement scores indicate the proportion of members who reported a positive experience within a given domain. Responses of "Usually" or "Always" indicate achievement for all composite measures except for Shared Decision Making, which uses "Yes" as the indicator of achievement. Results are presented for Statewide, New York City (NYC), Rest of State and the plan. Plan results are compared to the Statewide achievement scores and a significance level of .05 or less was considered statistically significant and " $\uparrow$ " or " $\downarrow$ " is placed at the top of the appropriate bar. Regional results are presented for additional information, but are not compared to the Statewide achievement scores.



**Standard Composites** 

★↓ Statistically significantly better/worse than MMC Statewide 2019.

Plans	Getting Needed Care (Usually or Always)	Getting Care Quickly (Usually or Always)	How Well Doctors Communicate (Usually or Always)	Customer Service (Usually or Always)	Shared Decision Making (Yes)	Rating of all health care	Rating of personal doctor	Rating of specialist seen most often	Rating of health plan
MMC Statewide	81	81	92	87	80	75	81	82	76
NYC	77	73	91	84	78	71	79	78	73
Rest of State	84	85	93	89	82	78	83	84	78
Affinity Health Plan	82	77	92	86	77	74	78	86	74
CDPHP	85	87 🔺	94	94 🔺	82	82 🔺	88 🔺	88	85 🔺
Empire	77	77	91	88	79	76	79	86	76
Excellus BlueCross BlueShield	81	87 🔺	90	90	81	78	78	83	84 🔺
Fidelis Care New York	79	79	92	93 🔺	83	72	81	87	77
Healthfirst PHSP, Inc.	84	73 🔻	91	84	78	77	75 🔻	77	79
HealthNow New York Inc.	85	88 🔺	95	86	84	80	89 🔺	79	73
HIP (EmblemHealth)	77	79	90	82	80	75	85	80	73
Independent Health	82	90 🔺	93	93 🔺	83	79	80	77	80
MetroPlus Health Plan	76	77	92	83	76	68	77	73	75
Molina Healthcare	80	79	92	83	87 🔺	67 🔻	84	84	72
MVP Health Care	84	81	93	94 🔺	83	76	82	81	81 🔺
UnitedHealthcare Community Plan	82	78	93	82	77	74	84	85	69 🔻
WellCare of New York	80	70 🔻	90	81	71	78	83	84	72
YourCare Health Plan	85	89 🔺	93	87	83	74	79	82	71 🔻

# **Key Measure Summary**

▲▼ Statistically significantly better/worse than MMC Statewide 2019.

# **Respondent Sample Profile**

Age (years)	MMC Statewide	NYC	Rest of State	Empire BlueCross BlueShield/HealthPlus
18 to 24	9.1%	9.5%	8.9%	9.9%
25 to 34	14.8%	13.9%	15.3%	15.7%
35 to 44	15.2%	16.2%	14.5%	15.7%
45 to 54	22.4%	21.5%	22.9%	21.5%
55 to 64	34.5%	32.7%	35.4%	33.0%
65 to 74	2.9%	4.8%	2.1%	3.1%
75 or older	1.1%	1.5%	0.9%	1.0%

Gender	MMC Statewide	NYC	Rest of State	Empire BlueCross BlueShield/HealthPlus
Male	41.4%	41.8%	41.6%	38.0%
Female	58.6%	58.2%	58.4%	62.0%

Highest grade or level of school completed	MMC Statewide	NYC	Rest of State	Empire BlueCross BlueShield/HealthPlus
8th grade or less	6.2%	9.9%	4.5%	8.5%
Some high school, but did not graduate	14.2%	16.7%	13.2%	15.3%
High school graduate or GED	33.5%	27.8%	36.3%	22.8%
Some college or 2-year degree	28.0%	24.0%	30.0%	28.6%
4-year college graduate	11.3%	13.9%	9.9%	16.4%
More than 4-year college graduate	6.7%	7.6%	6.1%	8.5%

Hispanic or Latino	MMC Statewide NYC		Rest of State	Empire BlueCross BlueShield/HealthPlus	
Yes, Hispanic or Latino	18.4%	32.8%	12.1%	25.3%	
No, Not Hispanic or Latino	81.6%	67.2%	87.9%	74.7%	

Race	MMC Statewide	NYC	Rest of State	Empire BlueCross BlueShield/HealthPlus
White	55.6%	24.2%	70.4%	36.4%
Black or African-American	18.9%	27.6%	14.5%	22.3%
Asian	13.2%	24.5%	7.8%	22.3%
Native Hawaiian or Other Pacific Islander	0.5%	1.1%	0.2%	0.5%
American Indian or Alaska Native	1.7%	1.3%	1.9%	1.1%
Other	13.0%	24.2%	8.2%	20.1%

Rating of Overall Health	MMC Statewide	MC Statewide NYC		Empire BlueCross BlueShield/HealthPlus
Excellent	13.3%	14.5%	12.7%	19.3%
Very good	28.8%	30.5%	28.2%	29.7%
Good	37.6%	37.9%	37.6%	32.8%
Fair	16.3%	14.6%	16.9%	15.6%
Poor	4.0%	2.6%	4.6%	2.6%

# **Sample Disposition**

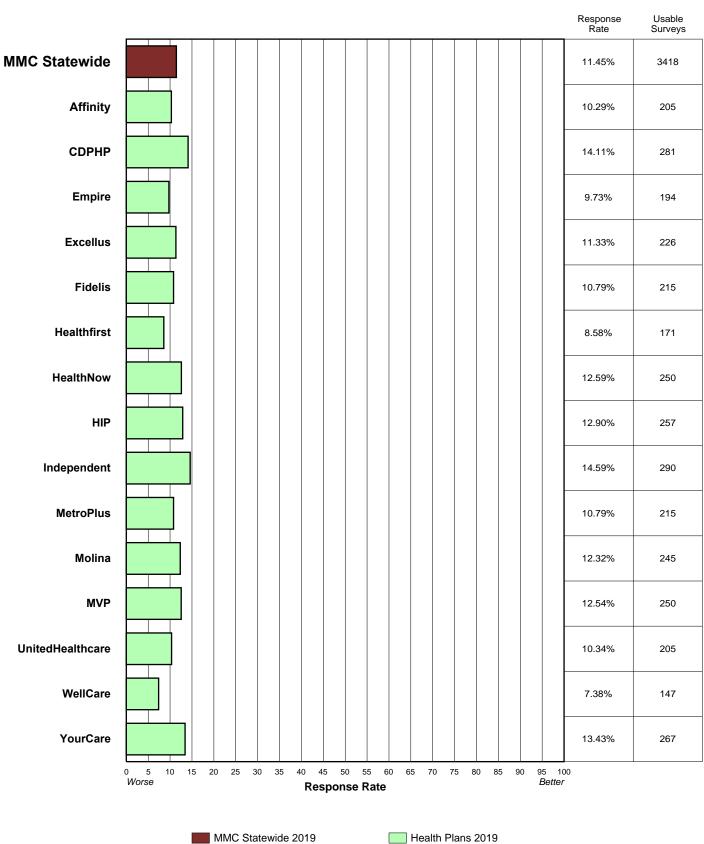
	MMC Statewide	Empire BlueCross BlueShield/ HealthPlus
First mailing - sent	30,000	2,000
First mailing - usable survey returned*	2,271	123
Second mailing - sent	26,048	1,774
Second mailing - usable survey returned*	1,147	71
Total - usable surveys	3,418	194
Ineligible: According to population criteria‡†	125	7
Ineligible: Language barrier†	3	0
Ineligible: Deceased†	3	0
Ineligible: Mentally or physically unable to complete survey†	6	0
Refusal/Returned survey blank	14	1
Incomplete survey - mail or phone	44	3
Nonresponse - Unavailable by mail or phone	23,929	1,646
Added to Do Not Call list	0	0
Response Rate	11.4%	9.7%

\*Included in response rate numerator

†Excluded from response rate denominator

‡Population criteria: The designated respondent must be a member of the managed care plan.

Note: Response Rate = Total Usable Surveys / Total Eligible Cases



### **Response Rates**

### Trend Analysis - 2019 vs. 2017

The table below provides a snapshot of the items with the greatest point change, positive or negative, since 2017. All performance-related items in the questionnaire that were trendable were listed in descending order of point change, and testing was conducted to determine which trends were statistically significant. Two questions (Questions 8 and 10) cannot be trended and are not included in this analysis. Shown below are the ten items at the top of the list and the ten items at the bottom, with their 2017 and 2019 scores and results of the significance testing. In the table presented below, differences over time may be readily apparent. However, where these differences are not statistically significant they should be evaluated accordingly.

Question	Empire 2019 Score	Empire 2017 Score	Point Change	Composite/ Question Group	
Q41. Rating of specialist seen most often	86.2%	73.5%	+ 12.7 🔺	Ratings	-
Q19. Someone from doctor's office usually or always followed up to give blood test, x-ray or other test results	84.1%	71.7%	+ 12.4 🔺	Single Items	Better
Q12. Doctor/provider definitely talked about specific things to do to prevent illness	75.2%	68.0%	+ 7.2	Single Items	- -
Q46. Information from health plans customer service usually or always easy to understand	86.7%	79.6%	+ 7.1	Single Items	
Q45. Health plan's customer service usually or always gave needed information or help	85.1%	79.9%	+ 5.2	Customer Service	
Q43. Written materials or internet usually or always provided information about how health plan works	73.5%	68.5%	+ 5.0	Single Items	
Q15. Doctor/provider talked about reasons you might want to take a medicine	95.6%	91.0%	+ 4.7	Shared Decision Making	-
Q21. Rating of all health care	75.8%	71.4%	+ 4.4	Ratings	_
Q20. Results of blood test, x-ray or other test usually or always easy to understand	83.1%	78.8%	+ 4.3	Single Items	
Q13d. Doctor or other health provider talked about whether there was a period of time when you felt sad, empty or depressed	41.0%	36.7%	+ 4.2	Single Items	
Q22. Usually or always got care, tests or treatment you thought you needed	81.5%	80.8%	+ 0.7	Getting Needed Care	
Q37. Rating of personal doctor	78.6%	78.0%	+ 0.5	Ratings	
Q6. Usually or always got an appt. for check-up or routine care as soon as you needed	68.8%	68.9%	- 0.1	Getting Care Quickly	
Q48. Rating of health plan	75.7%	75.9%	- 0.1	Ratings	
Q49. Would recommend health plan to your family and friends	90.4%	91.6%	- 1.2	Single Items	
Q47. Usually or always treated with courtesy and respect by health plan's customer service staff	91.4%	92.8%	- 1.4	Customer Service	
Q36. Personal doctor usually or always seemed informed about care received from other doctors or providers	77.6%	79.2%	- 1.6	Single Items	
Q17. Doctor/provider asked what you thought was best for you	84.6%	88.0%	- 3.4	Shared Decision Making	- Vorse
Q13a. Doctor or other health provider talked about a healthy diet and eating habits	61.8%	65.8%	- 3.9	Single Items	- 110136
Q16. Doctor/provider talked about reasons you might not want to take a medicine	57.5%	64.3%	- 6.8	Shared Decision Making	-

▲ ▼ Statistically significantly higher/lower than 2017 score.

# Methodology

Adults who were current members of a NYSDOH Medicaid managed care plan, ages 18 to 64, as of September 2019 and who had been enrolled for five out of the last six months were eligible to be randomly selected for the survey. Respondents were surveyed in English or Spanish. The survey was administered over a 12 week period using a mail only three wave protocol. The protocol consisted of a first questionnaire packet and reminder postcard to all selected members, followed by a second questionnaire packet to individuals who had not responded to the initial mailings.

#### **Survey Milestones**

- 1. 1st questionnaire packets mailed: October 3, 2019
- 2. Reminder postcards mailed: October 10, 2019
- 3. 2nd questionnaire packets mailed: November 7, 2019
- 4. Field closed: December 31, 2019

#### Sampling Frame

A stratified random sample of 2,000 adults ages 18-64 was drawn for each of the managed care plans. To be eligible, individuals had to be current members who were continuously enrolled in the Medicaid managed care plan for at least five out of the last six months as of September 2019

#### Questionnaire

The instrument selected for the survey, the CAHPS® 5.0H Adult Medicaid core survey, was developed and tested nationally for use in assessing the performance of health plans. The majority of questions addressed domains of member experience such as getting care quickly, doctor communication, overall satisfaction with health care and health plan. The questionnaire was expanded to include 22 supplemental questions of particular interest to the NYSDOH. Rounding out the questionnaire was a set of questions collecting demographic data. In total, the questionnaire consisted of 67 questions. A copy of the modified CAHPS® questionnaire can be found in Appendix A.

#### **Selection of Cases for Analysis**

Questionnaires were considered complete if respondents did not say 'No' to Question 1 (Our records show that you are now in [HEALTH PLAN NAME]. Is that right?) and if they provided a valid response to at least three of the five questions: Q3, Q29, Q38, Q44, Q48. Complete interviews were obtained from 194 Medicaid managed care members, and the overall project response rate was 9.7%.

#### **Definition of Achievement Scores**

Member responses to questionnaire items are summarized as achievement scores. Responses that indicate a positive experience are labeled as achievements, and an achievement score is computed equal to the proportion of responses qualifying as achievements. Since achievement scores for questions represent the proportion of respondents who indicate a positive experience, the lower the achievement score, the greater the need for improvement. See the *Responses by Question* section for assignment of achievement responses for each question.

In general, somewhat positive responses are included with positive responses as achievements. For example, a response of "Usually" or "Always" to the question "How often did you get an appointment for health care at a doctor's office or clinic as soon as you needed?" is considered an achievement, as are responses of "8", "9", or "10" to rating questions.

#### Composites

Five standard composite scores summarize responses in key areas: Getting Needed Care, Getting Care Quickly, How Well Doctors Communicate, Customer Service, and Shared Decision Making. The achievement

score for the composite is the average of the achievement scores for the individual items comprising a composite. Following is a list of the questions that comprise each composite:

#### Getting Needed Care

Q22. Usually or always got care, tests or treatment you thought you needed

Q39. Usually or always get an appointment to see a specialist as soon as you needed

#### Getting Care Quickly

- Q4. Usually or always got care right away as soon as you needed Q6. Usually or always got an appt. for check-up or routine care as soon as you needed

#### **How Well Doctors Communicate**

- Q31. Personal doctor usually or always explained things in way that was easy to understand
- Q32. Personal doctor usually or always listened carefully to you Q33. Personal doctor usually or always showed respect for what you had to say Q34. Personal doctor usually or always spent enough time with you

#### Customer Service

- Q45. Health plan's customer service usually or always gave needed information or help Q47. Usually or always treated with courtesy and respect by health plan's customer service staff

#### Shared Decision Making

- Q15. Doctor/provider talked about reasons you might want to take a medicine
- Q16. Doctor/provider talked about reasons you might not want to take a medicine Q17. Doctor/provider asked what you thought was best for you

#### Correlation to Satisfaction

To understand the relationship between performance and satisfaction in particular areas of member experience, correlations are computed between responses to the performance related questions and each of the ratings guestions. The specific correlation computed is Pearson's Correlation Coefficient, which takes on values between -1 to 1. Correlation scores are presented in the Correlation Analysis section.

#### Comparisons: Current Year and Trending

Two types of comparisons are presented. Current year comparisons are found in the Executive Summary and Graphs sections. In the Executive Summary section, plan level results for the Standard Ratings and Composites are compared to the Statewide achievement score, with statistical testing. Regional results are presented for comparison. In the Graphs section plan level results for each performance measure are compared to the Statewide achievement score, with statistical testing. Regional results are presented for additional information, but are not compared to the Statewide achievement scores.

Comparisons across time are the focus of the Trend Analysis section: all performance-related items in the questionnaire that were trendable were listed in descending order of point change. The Trend Analysis section displays, for the plan, the ten items at the top of the list and the ten items at the bottom with the corresponding 2017 and 2019 scores as well as significance testing results. In addition, the Responses by Question section presents achievement score point change and significance testing results for each performance item.

#### Statistical Testing

Statistically significant differences between scores were determined using t-tests. A significance level of .05 or less was considered statistically significant and "↑" or "↓" is placed at the top/end of the appropriate bar or next to the appropriate achievement score.

#### Case-Mix Analysis

The majority of achievement scores presented in this report are case-mix adjusted to control for differences in the member population across managed care plans. The results for 2019 are case-mix adjusted for age (Q60), health status (Q50) and education (Q62). Case-mix adjustment is applied to mitigate the effect of differences in individual plan's member population. The variables chosen for case-mix adjustment are beyond the control of the managed care plan and have been shown to affect managed care plan and health care ratings. For example, individuals with higher levels of education generally rate lower for satisfaction. Details about the distribution of populations in categories for the three adjusters can be seen in the *Respondent Sample Profile* contained in the *Executive Summary* section.

All achievement scores based on questions in the "About Your Health" and "About You" sections are not casemix adjusted. Case-mix adjustment is also not applied to the achievement scores for the Question 13 series.

# **Using this Report**

#### **Understanding Achievement Scores**

This report is designed to assist the NYSDOH and participating health plans in identifying key opportunities to improve members' experiences. Member responses to questions are summarized as achievement scores. Responses that indicate a positive experience are labeled as achievements, and an achievement score is computed as the proportion of responses qualifying as positive. Responses of "Yes" are considered achievements for the Shared Decision Making composite. For all other composites, responses of "Usually" or "Always" are considered achievements. For example, a response of "Usually" or "Always" to the question "How often did you get care as soon as you needed?" is considered a positive response, and the achievement score for this question is equal to the proportion of respondents who answered the question with "Usually" or "Always". Because achievement scores for questions are computed as the proportion of members who indicate a positive experience, the lower the achievement score, the greater the need to improve.

Achievement scores are computed and reported for all pertinent questions. In addition, composite scores are built from groups of questions that make up broad domains of members' experience: Getting Needed Care, Getting Care Quickly, How Well Doctors Communicate, Customer Service, and Shared Decision Making.

Achievement scores based on fewer than 30 observations are suppressed in this report and "NA" is substituted for the result. When relevant, a footnote is presented. Typically, too few responses are due to skip patterns in the questionnaire. Suppressing scores based on a small number of cases ensures that this report includes the most reliable information available.

#### **Understanding the Sections of the Report**

The CAHPS® survey results are presented here in a format that is optimized for use in practical decision-making. Specifically, these reports can:

- 1. Assist the NYSDOH and health plans in identifying strengths and weaknesses in quality of health care, access and services, and
- 2. Provide the NYSDOH and health plans with a way to assess where resources can best be allocated to improve experiences.

The remainder of the report is broken into three major sections that are briefly described here to help you make the best use of the report and the information it contains.

#### Graphs/Results

This section contains a graphic presentation of Statewide, NYC, Rest of State and plan specific results for questions using achievement scores. Statistical significance, the achievement score, and the number of respondents for each plan are displayed. This depicts plan specific performance compared to various benchmarks or peers. The composites are directly followed by the individual questions that are combined to create composite measures.

#### **Correlation Analysis**

The Correlation Analysis section is helpful in understanding how satisfaction in various questions relates to the four standard rating questions (personal doctor, specialist seen most often, all health care, and health plan) for respondents. The charts show which questions are most strongly linked to the rating and the current achievement score. The information helps define what areas are related to satisfaction and how the group or plan performed in that area. The section enables a quick view of how composite questions correlate across ratings.

The correlation analyses are presented two ways. First there are correlations of the top ten highly correlated composite questions to the four rating questions ranked by the highest correlation between the question and rating. This allows a visual picture of clustering of composites across ratings. The second analysis presents the proportion

of responses in each response option for each composite question for each individual rating. This lets you see where there may be an opportunity for improvement. For example, if a question correlates highly and has higher proportions of "usually" and "sometimes", improving the processes may move respondents up to "always" to improve not only that composite, but the other rating questions.

#### Responses by Question

This section provides a breakdown for each question with the number of members responding to the question and the distribution for each available response option. For each question that has responses determined to be positive or negative, there is a colored circle indicating achievement (green circle) or room for improvement (red circle). The circles are based on the response category and are not indicative of areas the plan needs to improve necessarily. For example, "Always" and "Usually" are achievement and "Sometimes" and "Never" are room for improvement. Similarly on a rating question, "8", "9", or "10" are achievement and 0 through 7 are room for improvement. Questions without a colored circle indicate the question is not associated with this type of response determination. For example, asking whether a member needed a service in the past six months does not have an associated achievement score. Achievement scores based on fewer than 30 observations are suppressed and "NA" is substituted for the result. This section provides additional information about volume of members to help you prioritize areas to be addressed.

When applicable, each question is presented with the composite name, the achievement score, the correlation with rating of health plan value and trend information. The achievement scores are case-mix adjusted while data for each response option are not case-mix adjusted. Achievement scores for the Question 13 series, the "About Your Health" and "About You" sections are not case-mix adjusted.

### Graphs/Results

The Graphs/Results section contains a graphic presentation of Statewide, NYC, Rest of State and plan specific results for each question using the achievement scores. Statistical significance, the achievement score, and the number of respondents for each plan are displayed. This depicts plan specific performance compared to various benchmarks or peers. Rating results are followed by composites and the questions that make up each composite. Medical Assistance with Smoking Cessation and Single Items can be found at the end of this section.

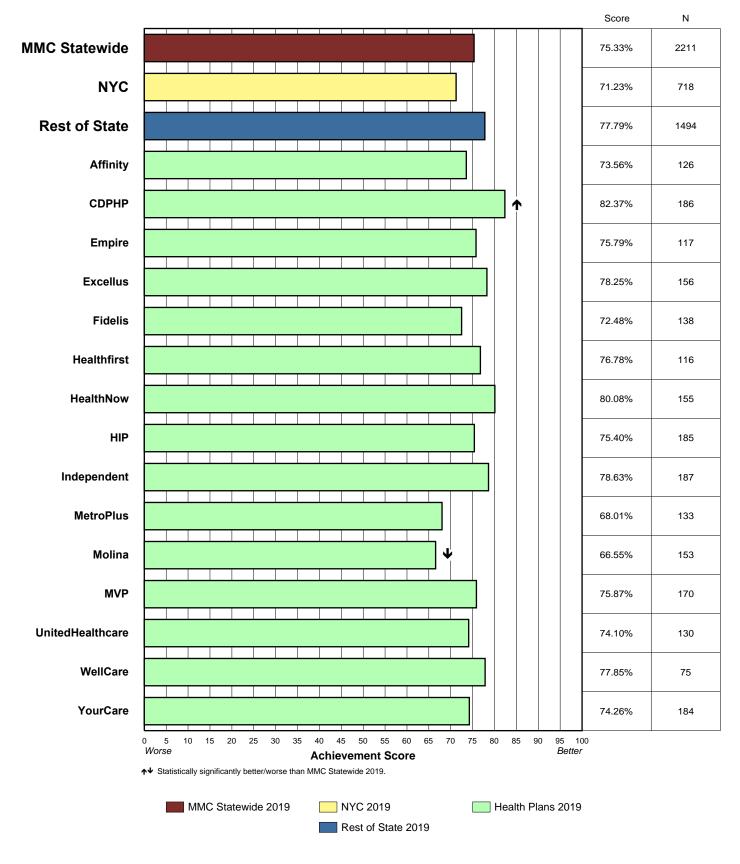
The CAHPS® 5.0H survey uses a 0-10 rating for assessing overall experience with personal doctors, specialists, health care and health plans. In the four ratings graphs, proportions of respondents assigning ratings of "8", "9", or "10" are reported as achievement scores.

Questions that relate to the same broad domain of performance are grouped together for the purpose of reporting. For example, the domain Getting Care Quickly includes questions about how soon appointments were scheduled. Composite achievement scores reflect responses of "Usually" or "Always" for the first four composites. Responses of "Yes" are considered achievements for the Shared Decision Making composite. Graphs presenting the results of individual questions that make up the composite score follow the presentation of the composite results.

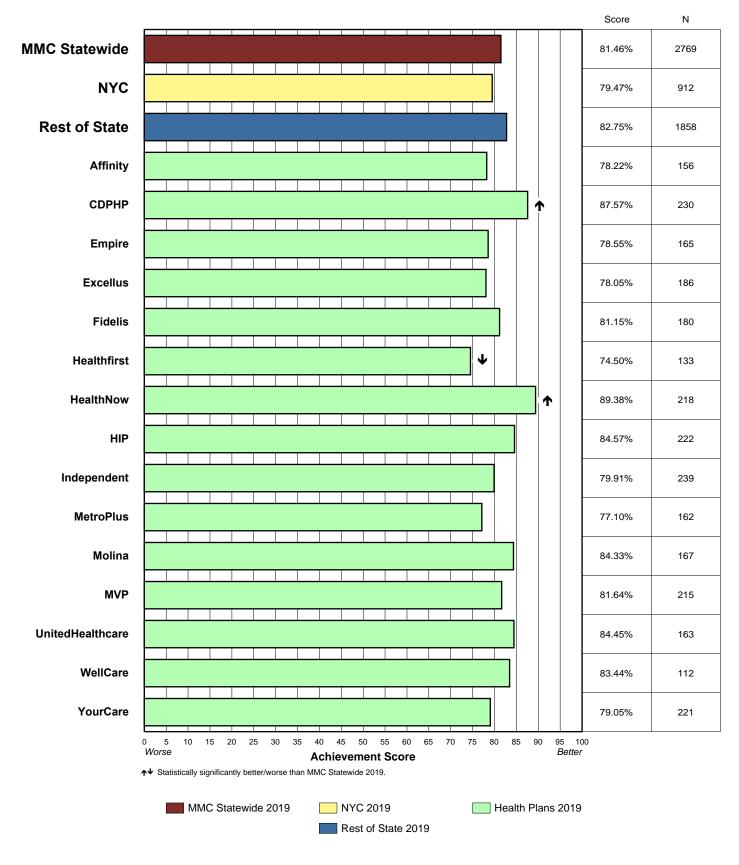
For full detail of response options for each question and which responses qualify as achievements, please refer to the Responses by Question section.

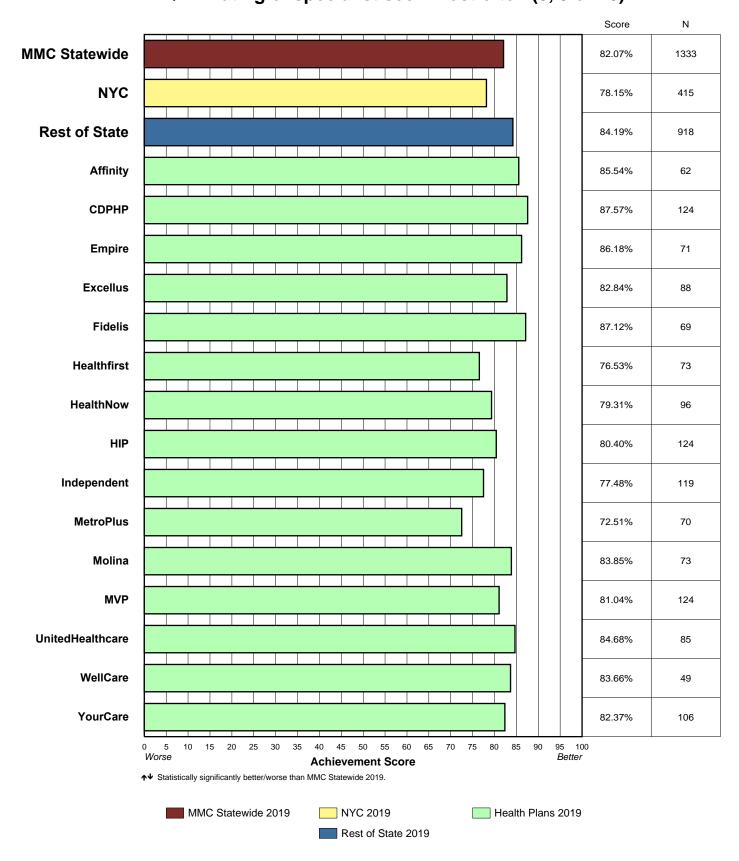
In this report, results based on fewer than 30 cases are suppressed and "NA" is substituted for the result. When relevant, a footnote is presented.

# Overall Ratings Q21. Rating of all health care (8, 9 or 10)



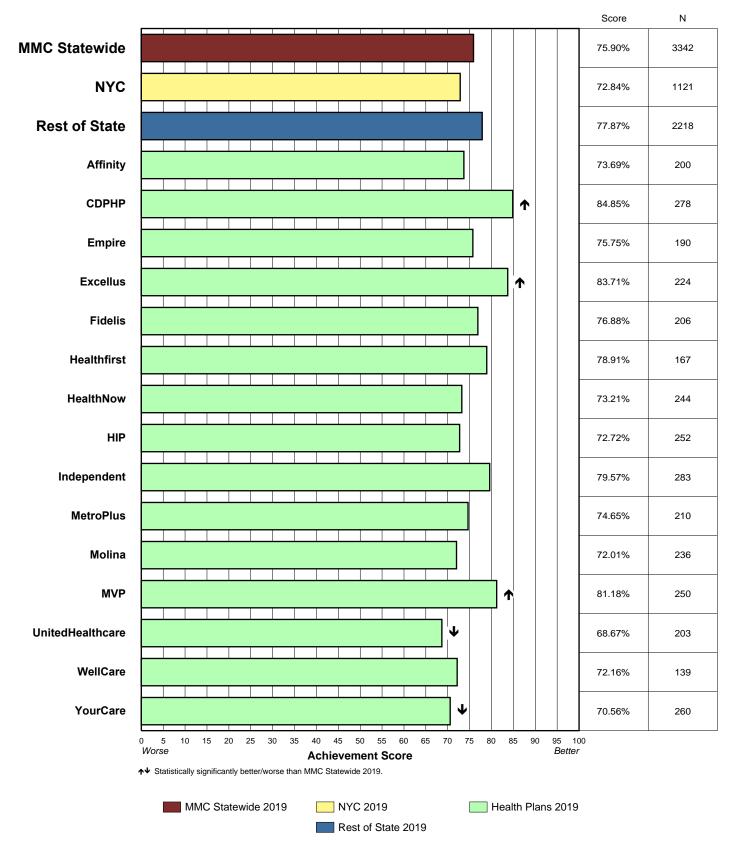
## Overall Ratings Q37. Rating of personal doctor (8, 9 or 10)



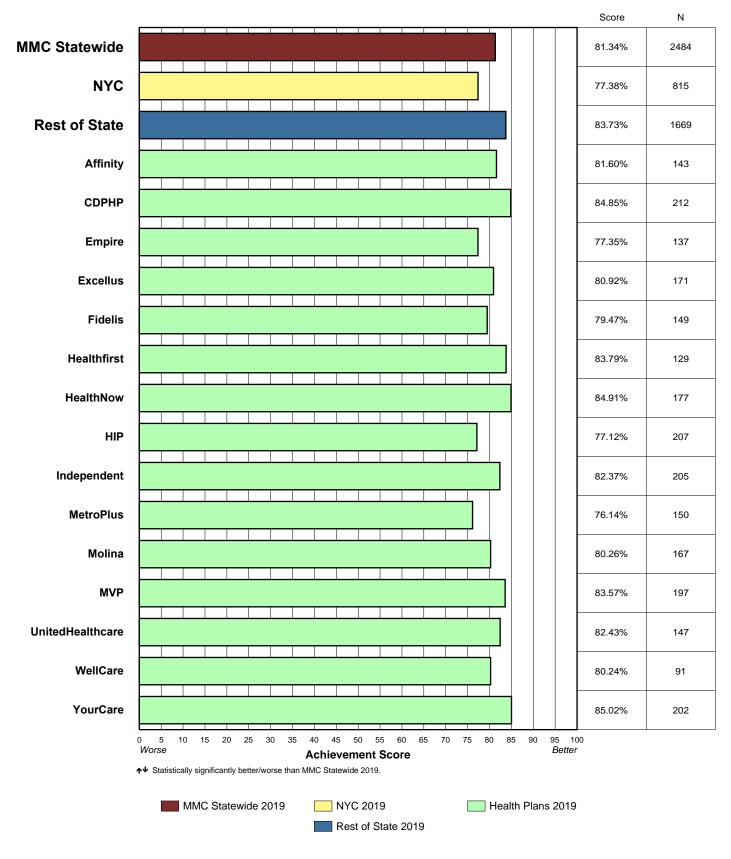




## Overall Ratings Q48. Rating of health plan (8, 9 or 10)

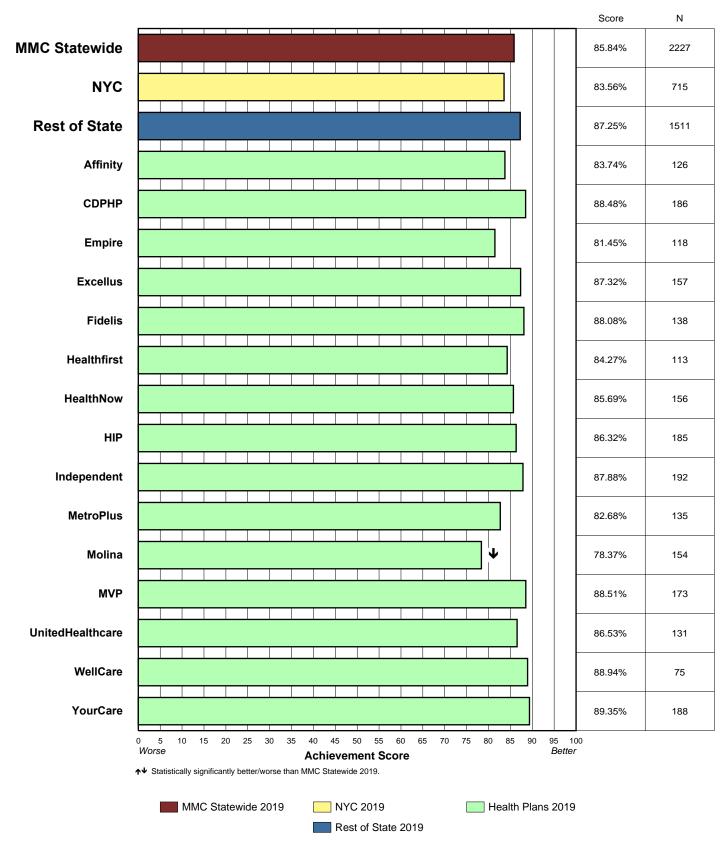


# Composites Getting Needed Care (Usually or Always)



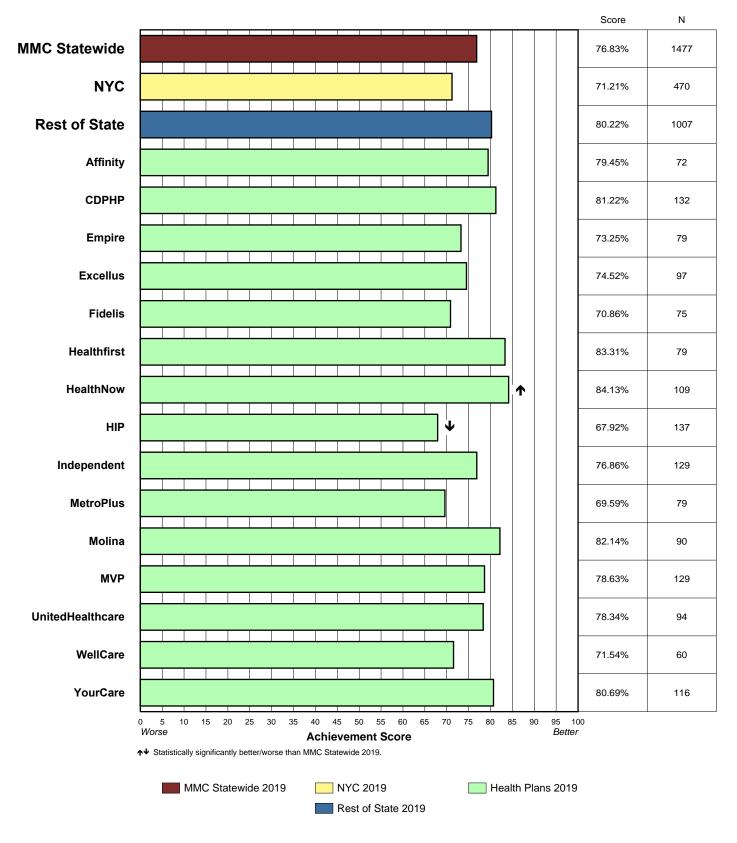
# Getting Needed Care (Usually or Always)

### Q22. Usually or always got care, tests or treatment you thought you needed

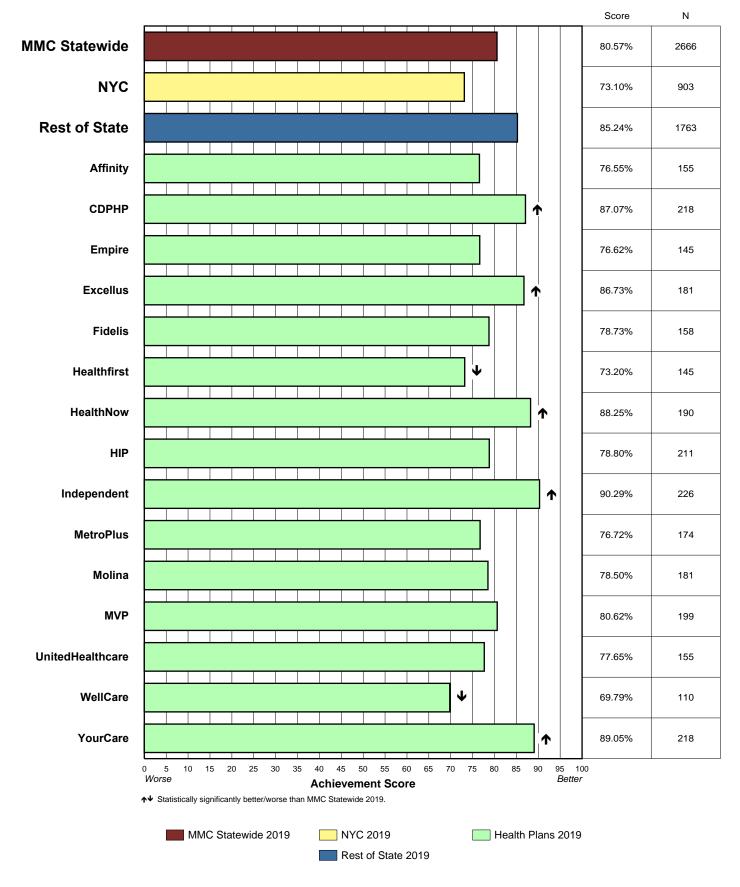


# Getting Needed Care (Usually or Always)

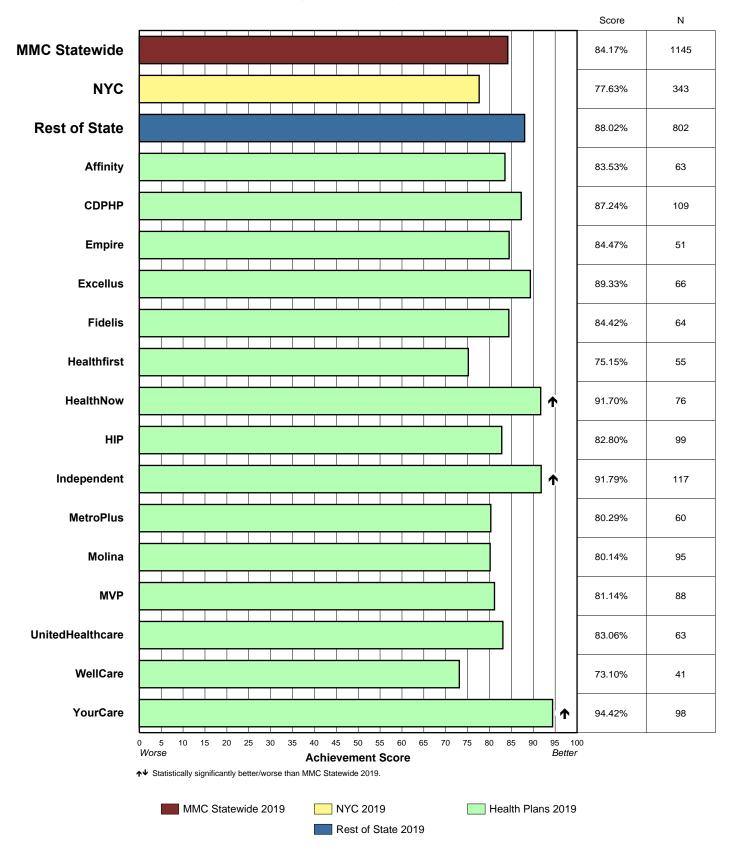
# Q39. Usually or always get an appointment to see a specialist as soon as you needed





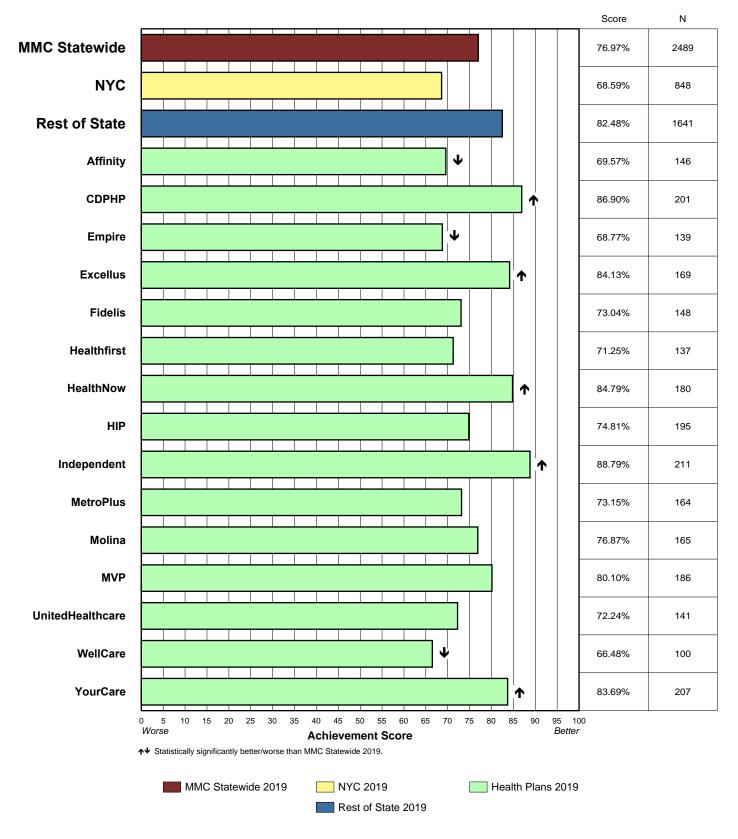


## Getting Care Quickly (Usually or Always) Q4. Usually or always got care right away as soon as you needed

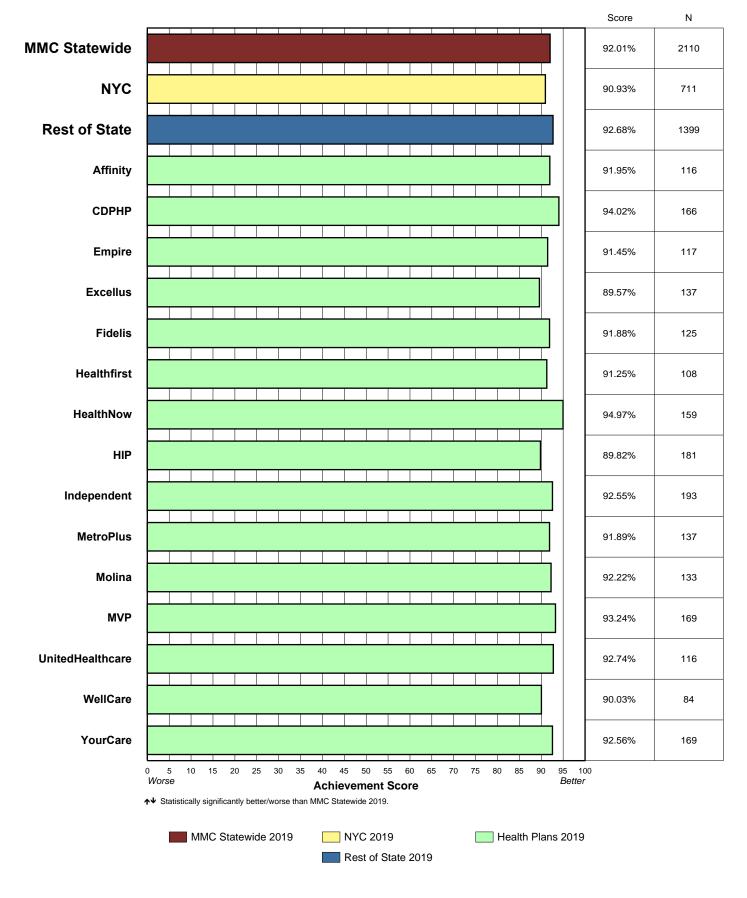


# Getting Care Quickly (Usually or Always)

Q6. Usually or always got an appt. for check-up or routine care as soon as you needed

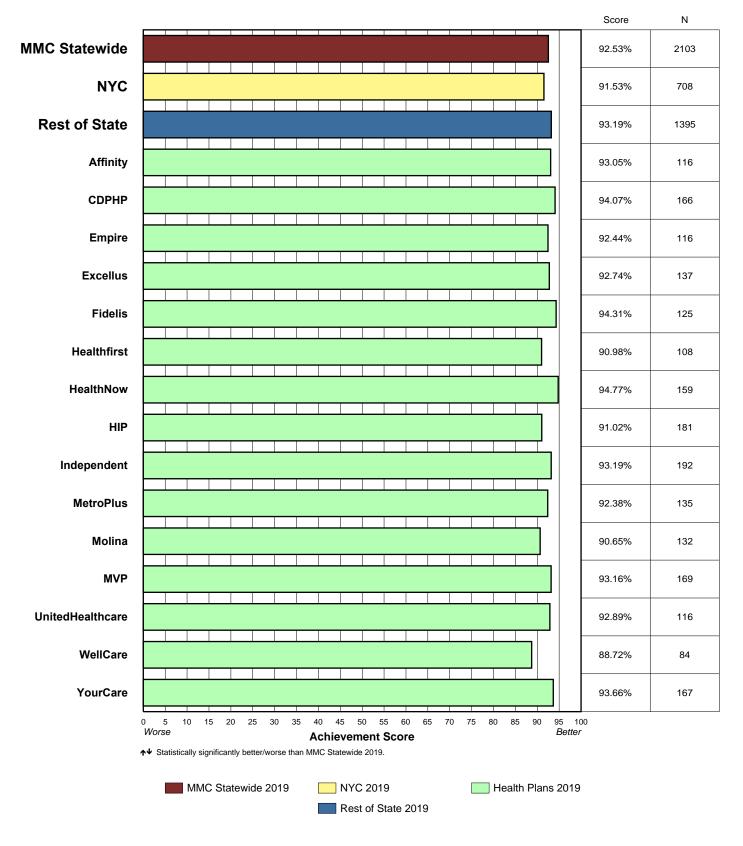


### How Well Doctors Communicate (Usually or Always)

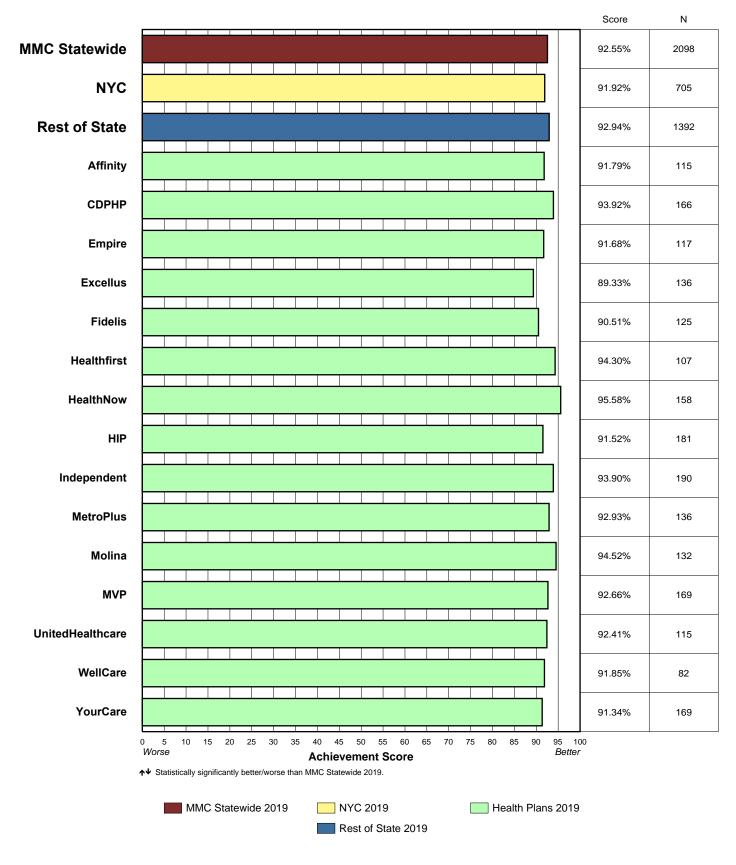


## How Well Doctors Communicate (Usually or Always)

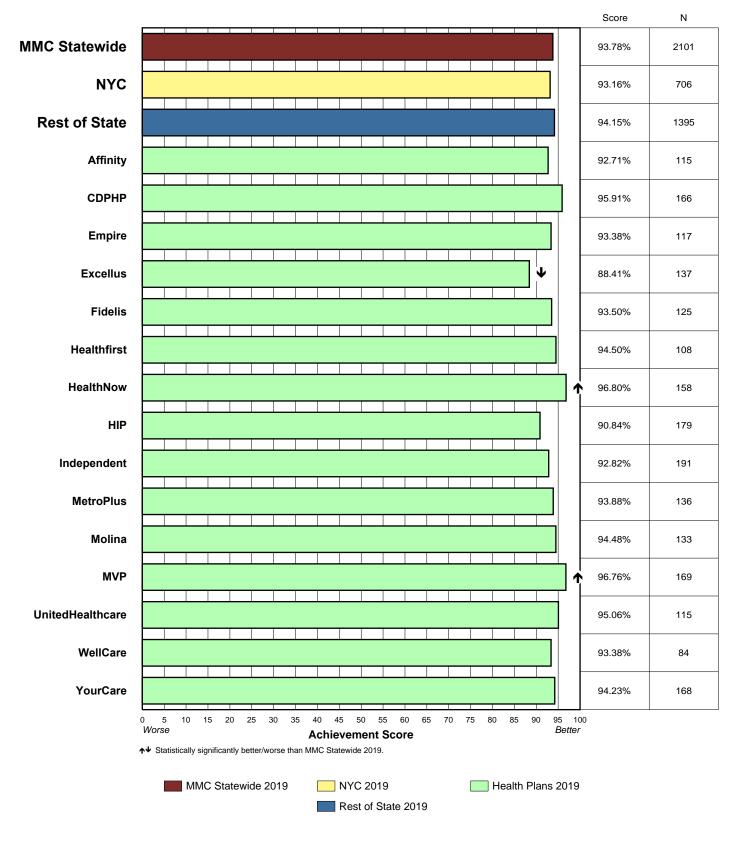
# Q31. Personal doctor usually or always explained things in way that was easy to understand



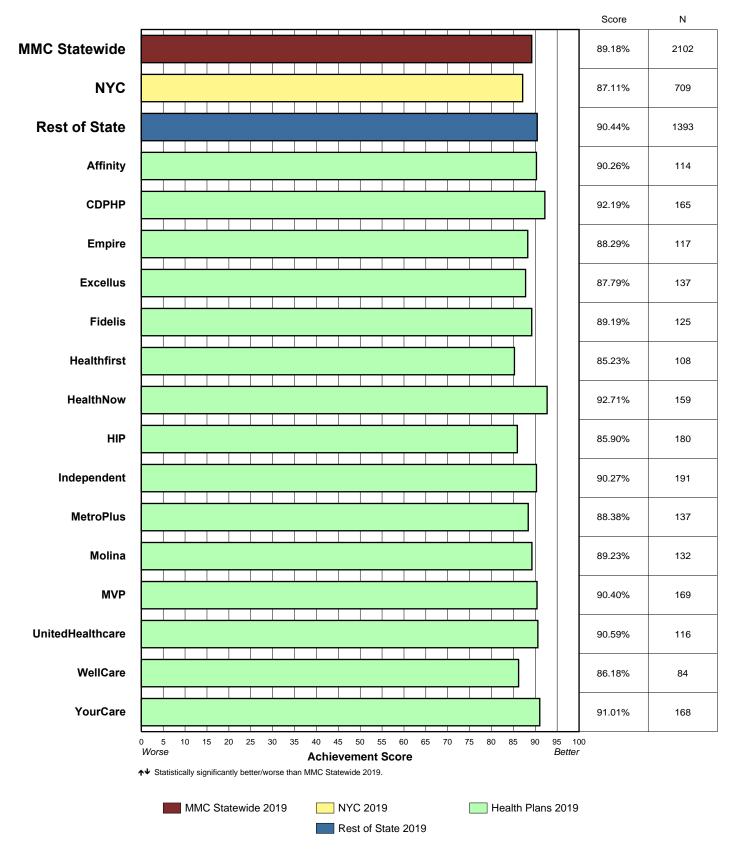
# How Well Doctors Communicate (Usually or Always) Q32. Personal doctor usually or always listened carefully to you

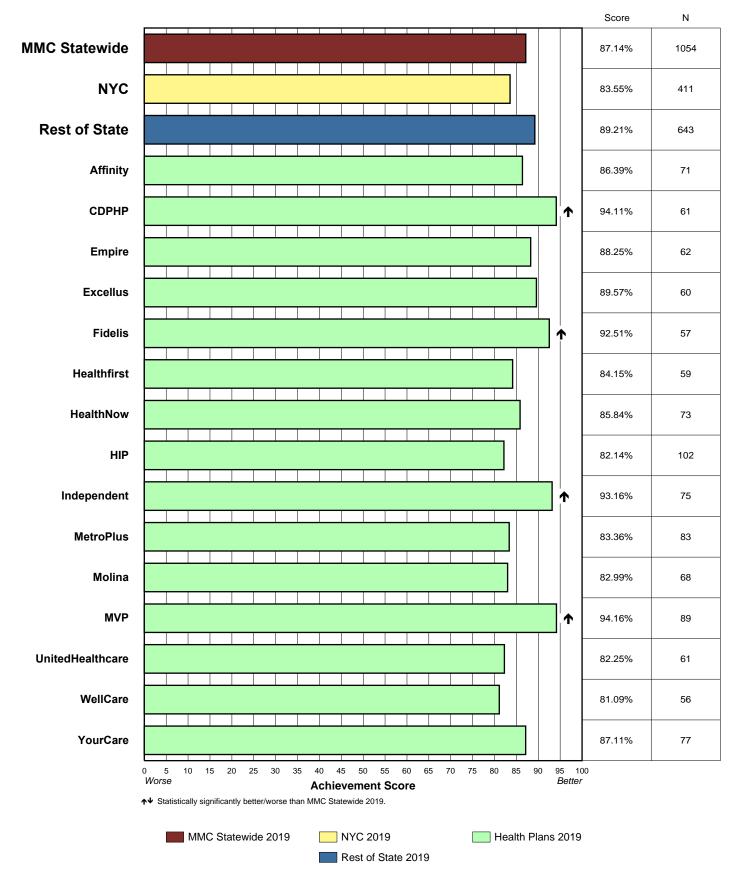


### How Well Doctors Communicate (Usually or Always) Q33. Personal doctor usually or always showed respect for what you had to say



# How Well Doctors Communicate (Usually or Always) Q34. Personal doctor usually or always spent enough time with you

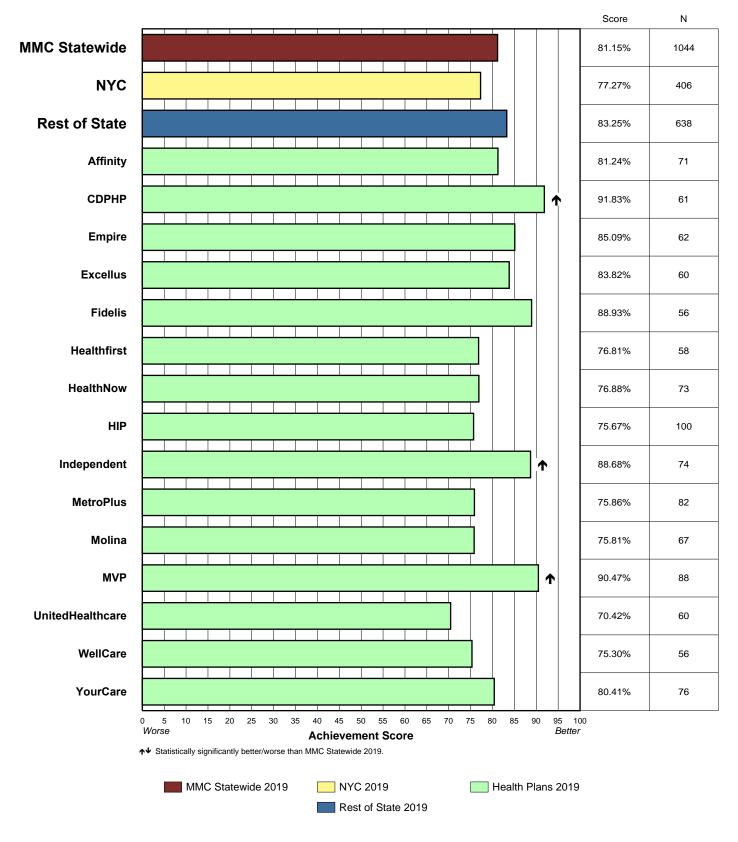




### **Customer Service (Usually or Always)**

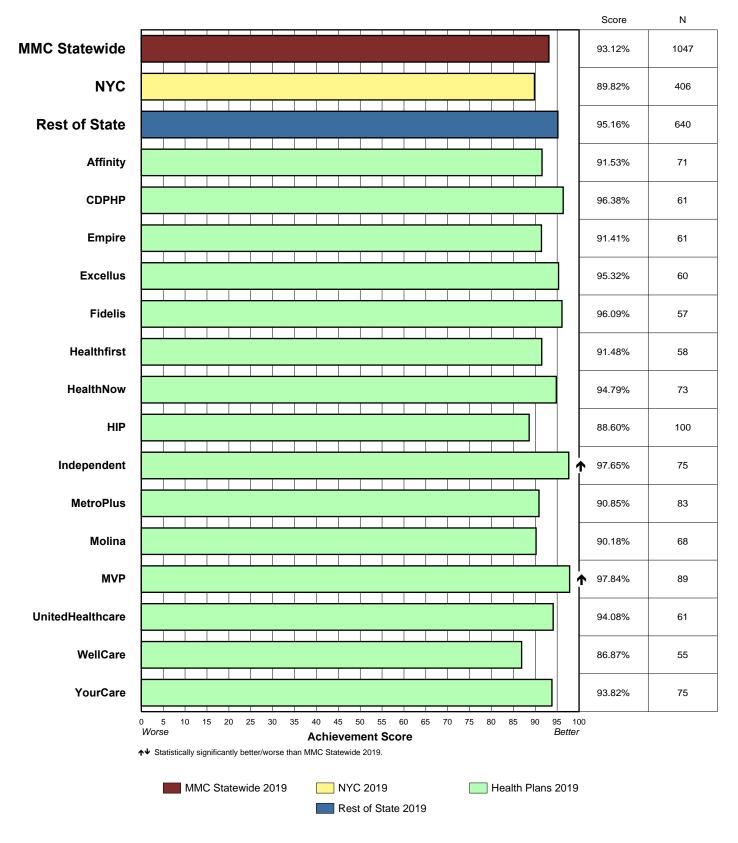
# Customer Service (Usually or Always)

# Q45. Health plan's customer service usually or always gave needed information or help

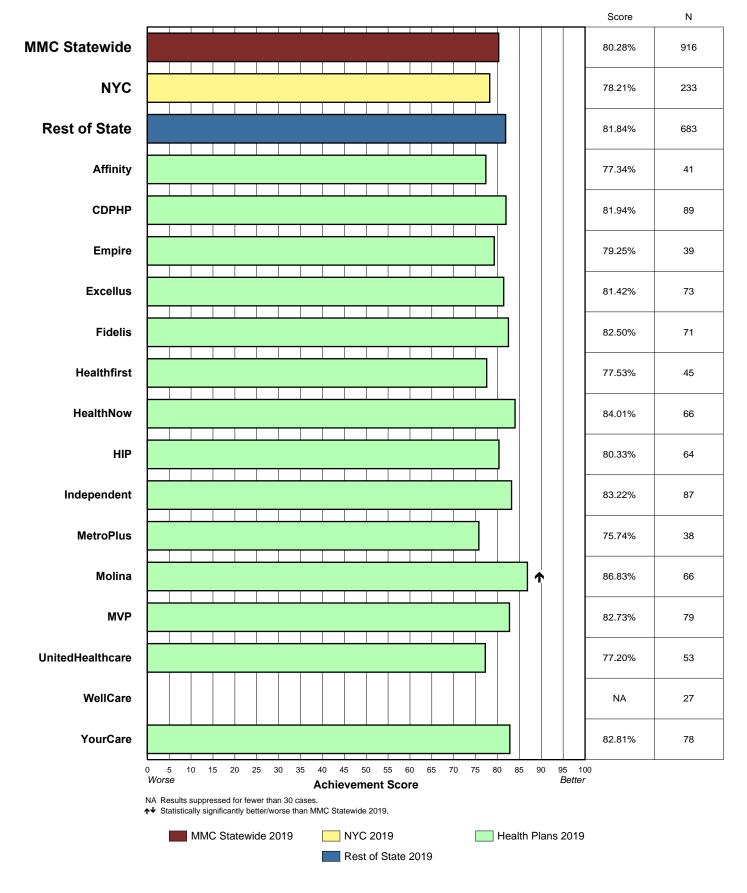


## **Customer Service (Usually or Always)**

# Q47. Usually or always treated with courtesy and respect by health plan's customer service staff

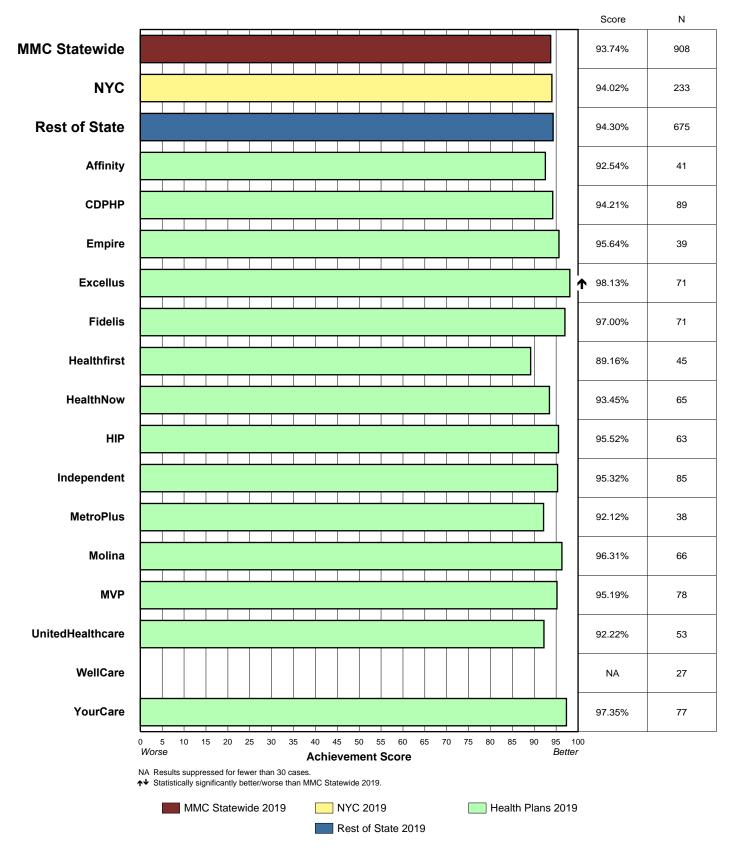


## **Shared Decision Making (Yes)**



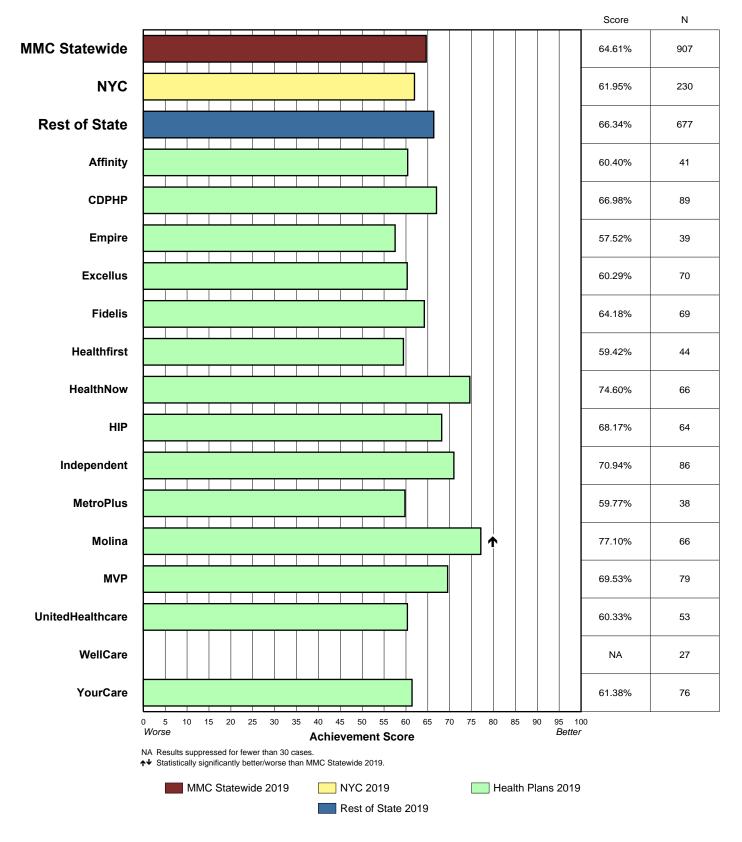
# Shared Decision Making (Yes)

### Q15. Doctor/provider talked about reasons you might want to take a medicine

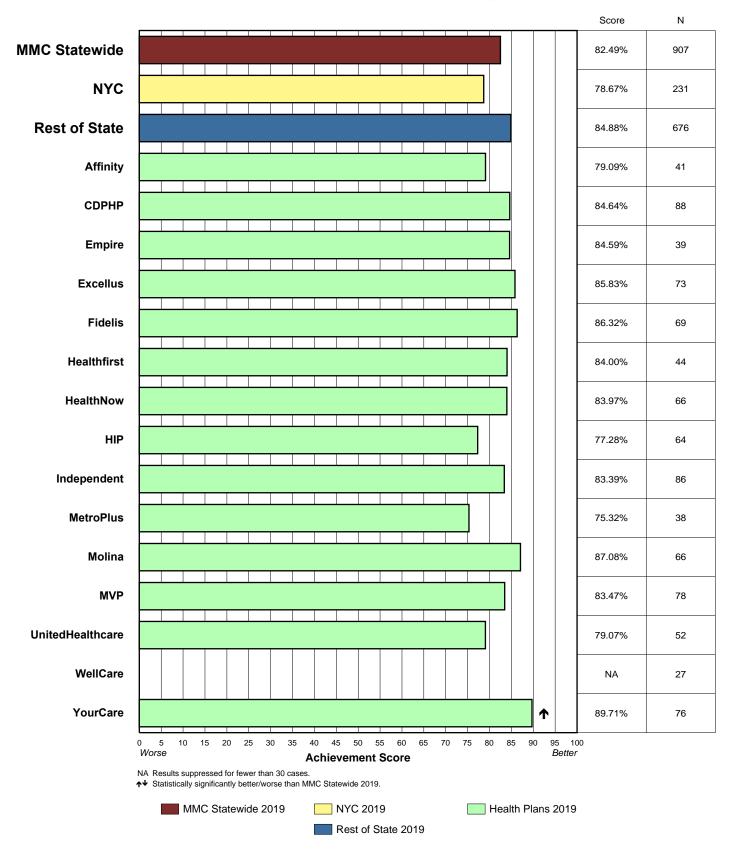


### Shared Decision Making (Yes)

## Q16. Doctor/provider talked about reasons you might not want to take a medicine

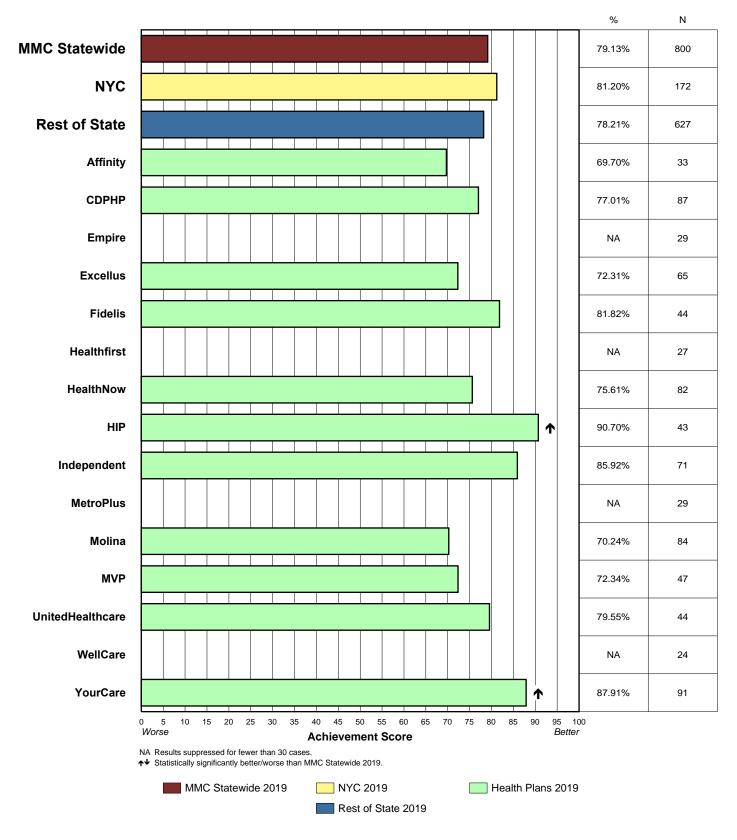


### Shared Decision Making (Yes) Q17. Doctor/provider asked what you thought was best for you



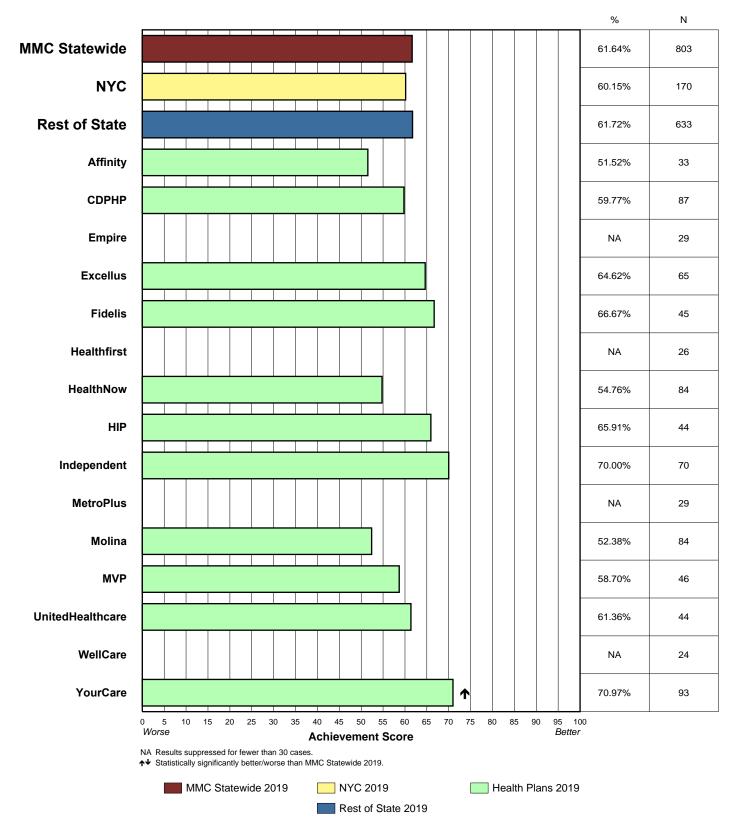
#### Medical Assistance with Smoking Cessation

## Q54. Advised by doctor or other health provider to quit smoking or using tobacco



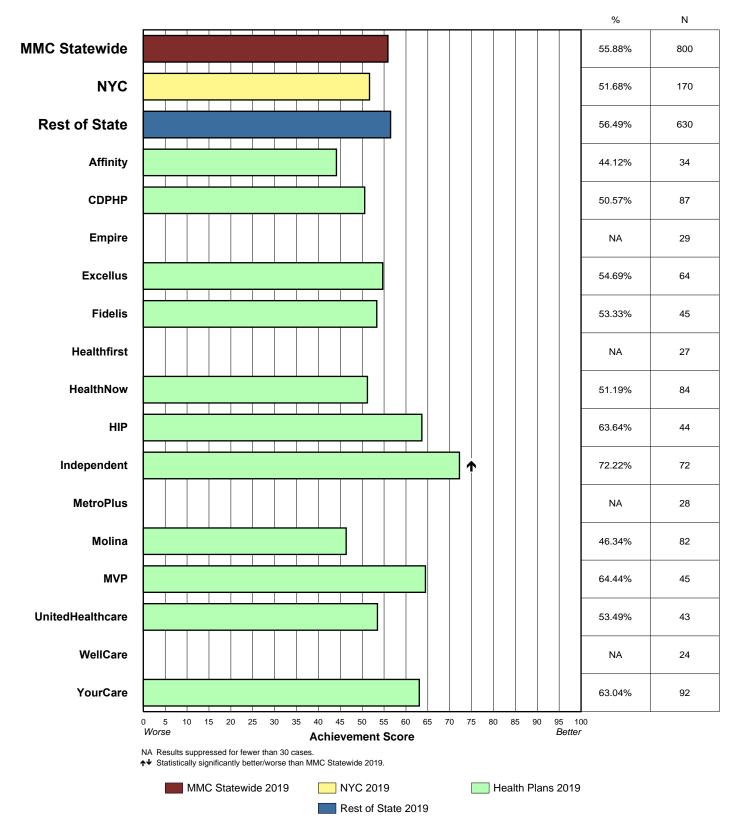
### **Medical Assistance with Smoking Cessation**

# Q55. Doctor or health provider recommended or discussed medication to assist with quitting smoking or using tobacco

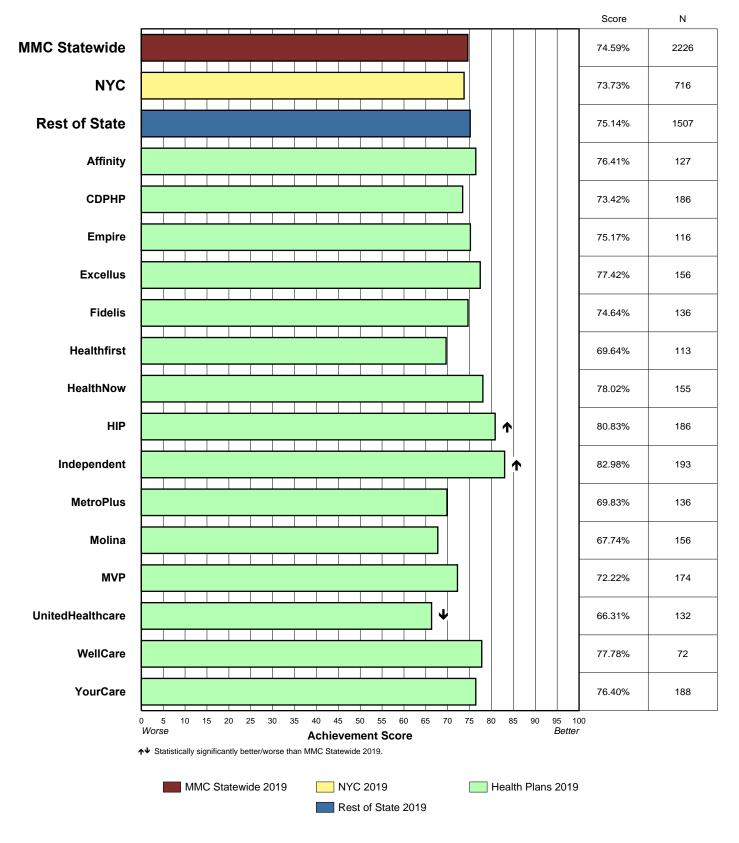


### **Medical Assistance with Smoking Cessation**

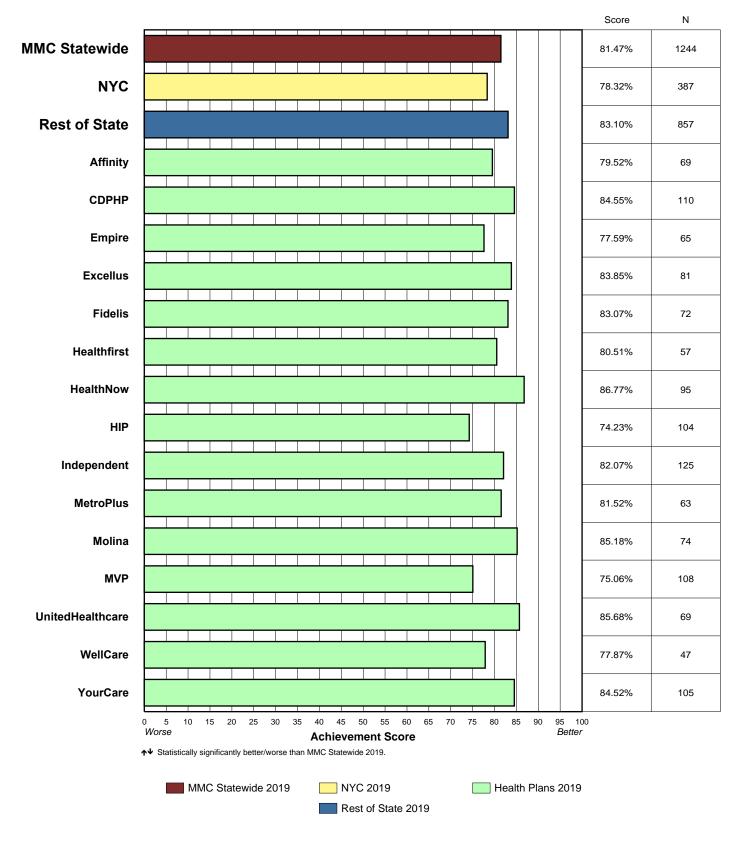
# Q56. Doctor or health provider discussed or provided methods and strategies to assist with quitting smoking or using tobacco



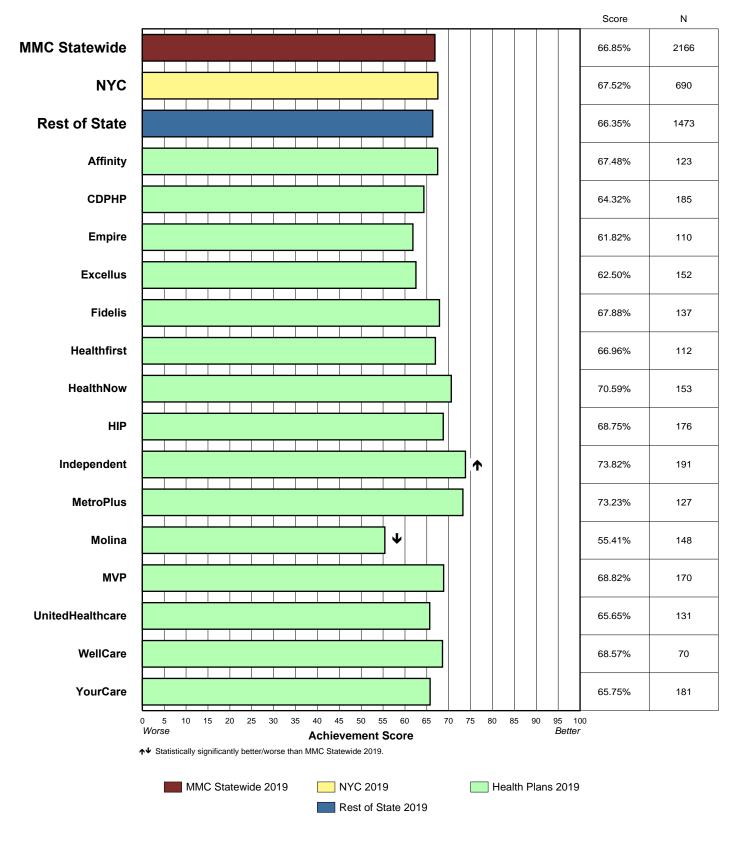
# Q12. Doctor/provider definitely talked about specific things to do to prevent illness



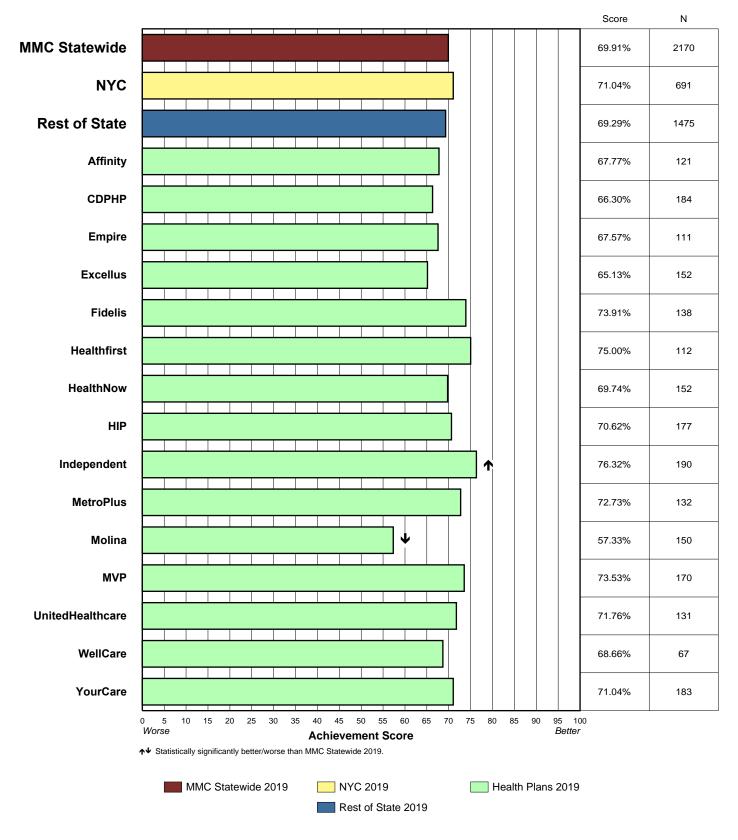
## Q36. Personal doctor usually or always seemed informed about care received from other doctors or providers



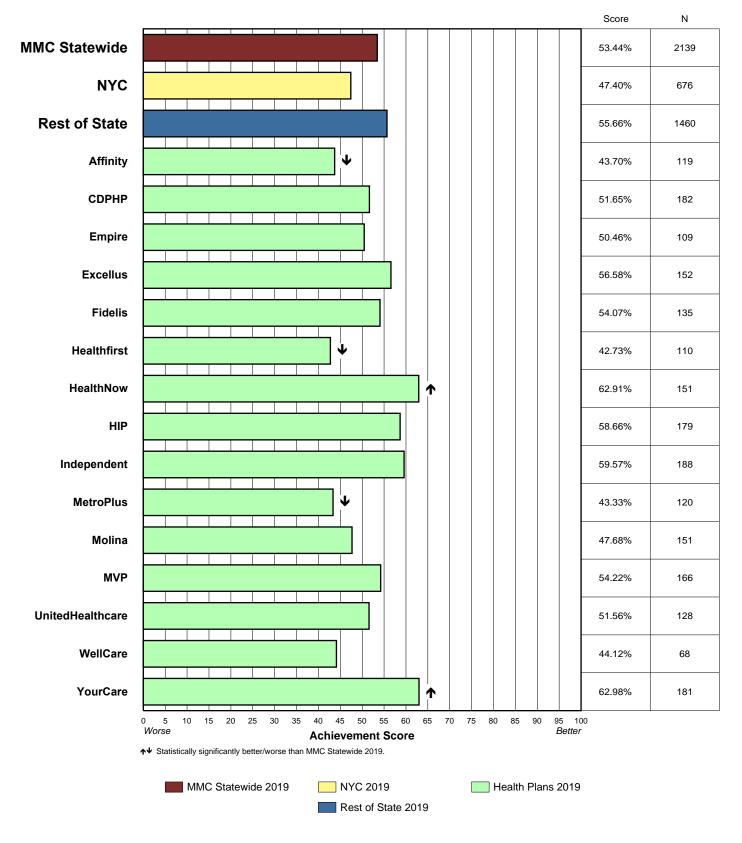
# Q13a. Doctor or other health provider talked about a healthy diet and eating habits



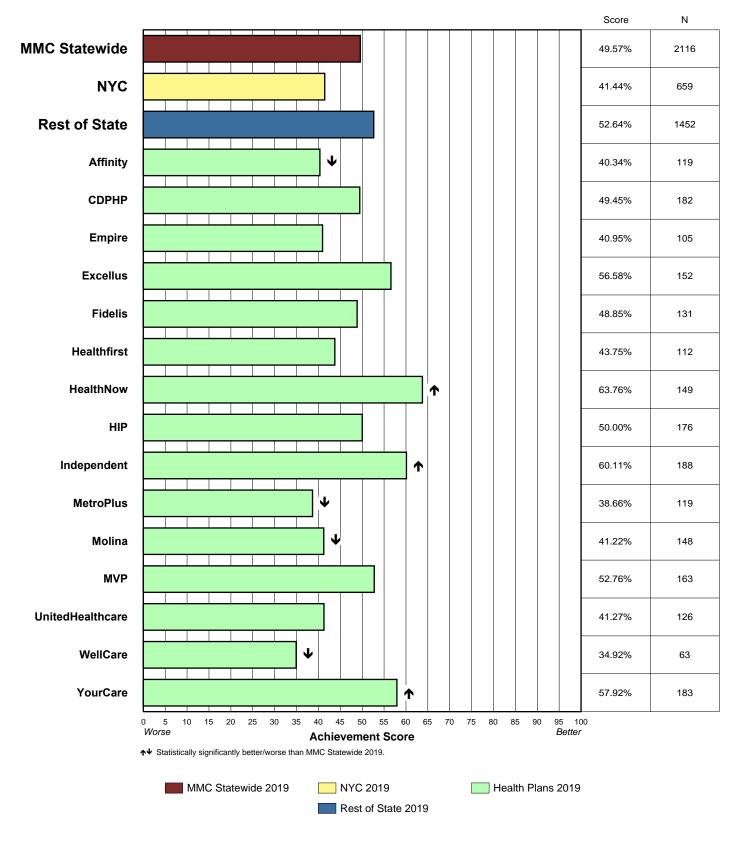
# Q13b. Doctor or other health provider talked about exercise or physical activity



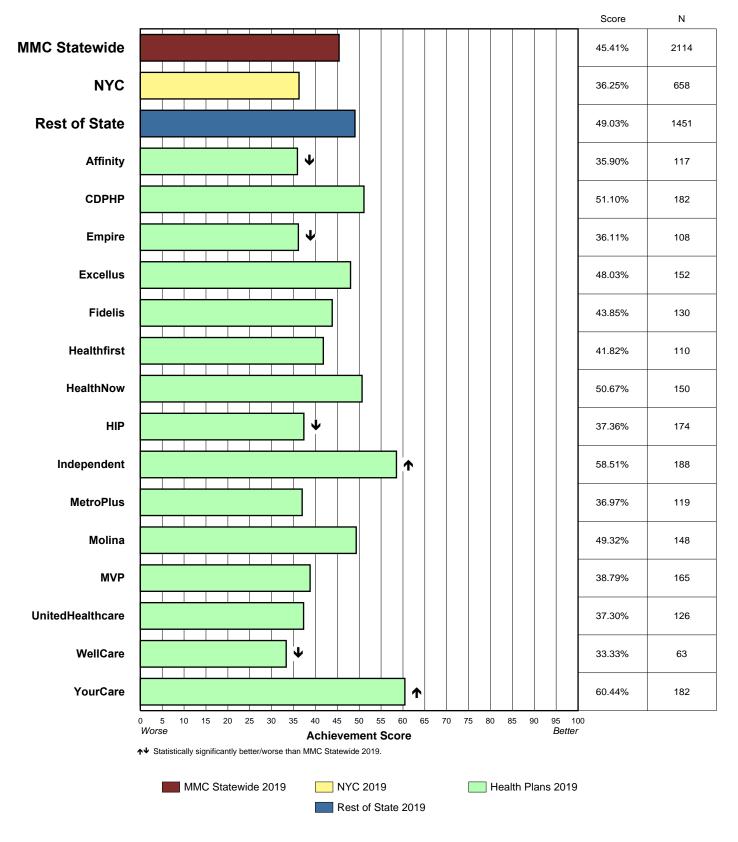
# Q13c. Doctor or other health provider talked about things in your life that worry you or cause you stress



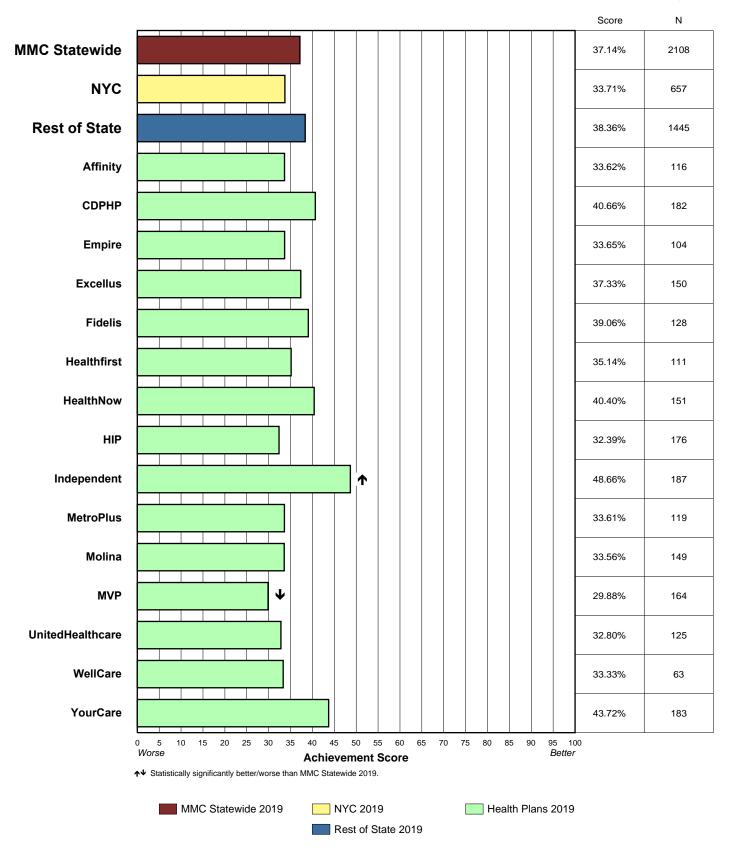
### Q13d. Doctor or other health provider talked about whether there was a period of time when you felt sad, empty or depressed



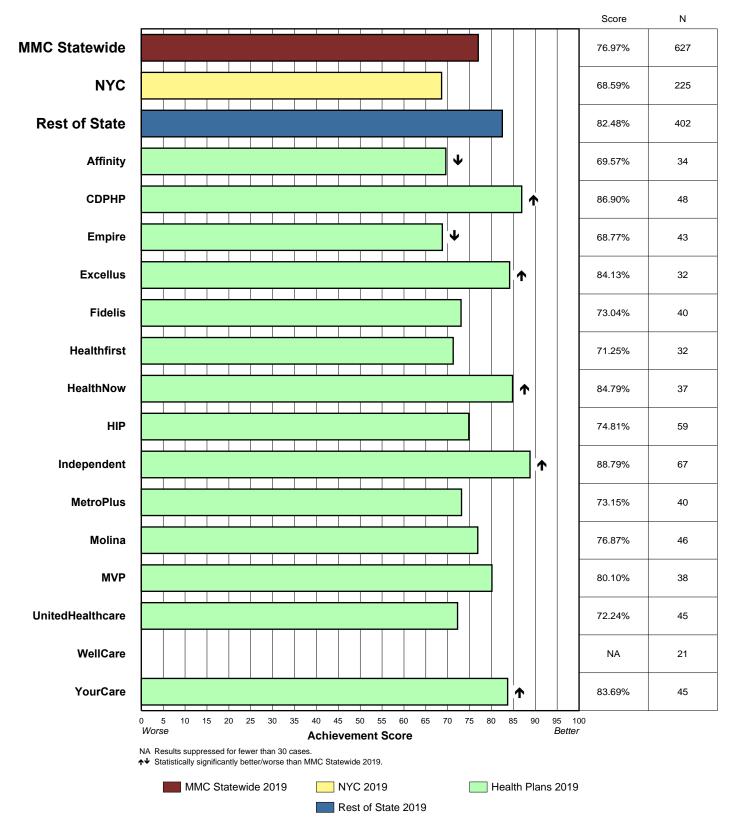
# Q13e. Doctor or other health provider talked about smoking or using tobacco products



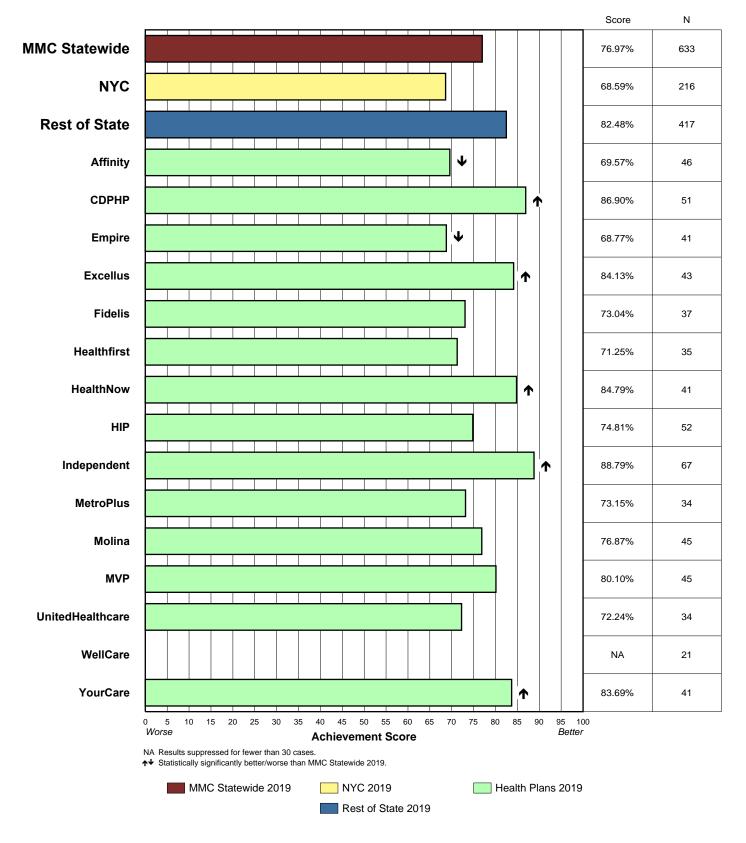
Q13f. Doctor or other health provider talked about alcohol or other drug use



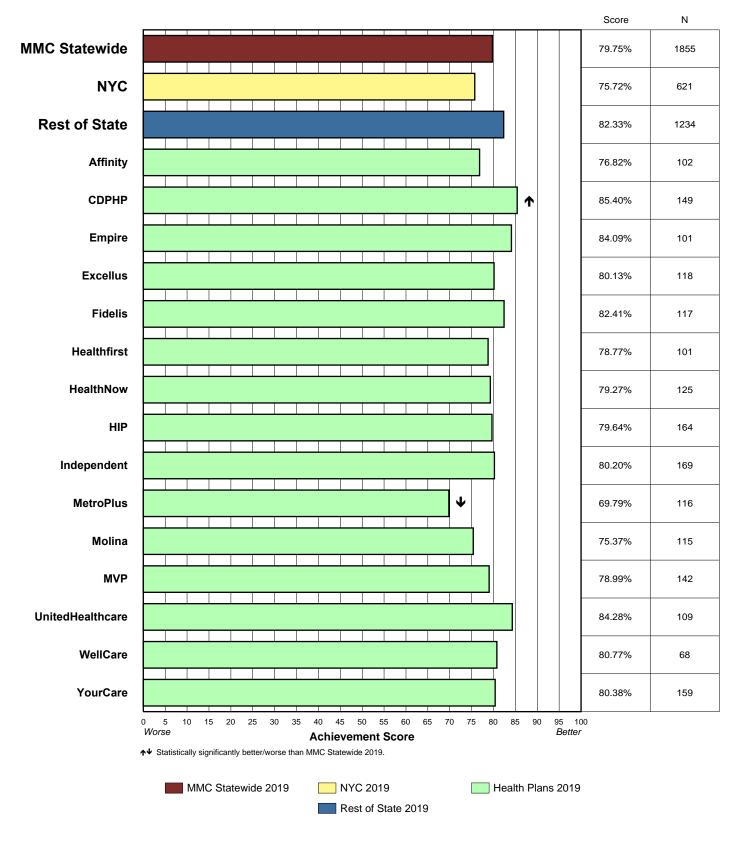
# Q8. Usually or always able to get care needed during evenings, weekends or holidays



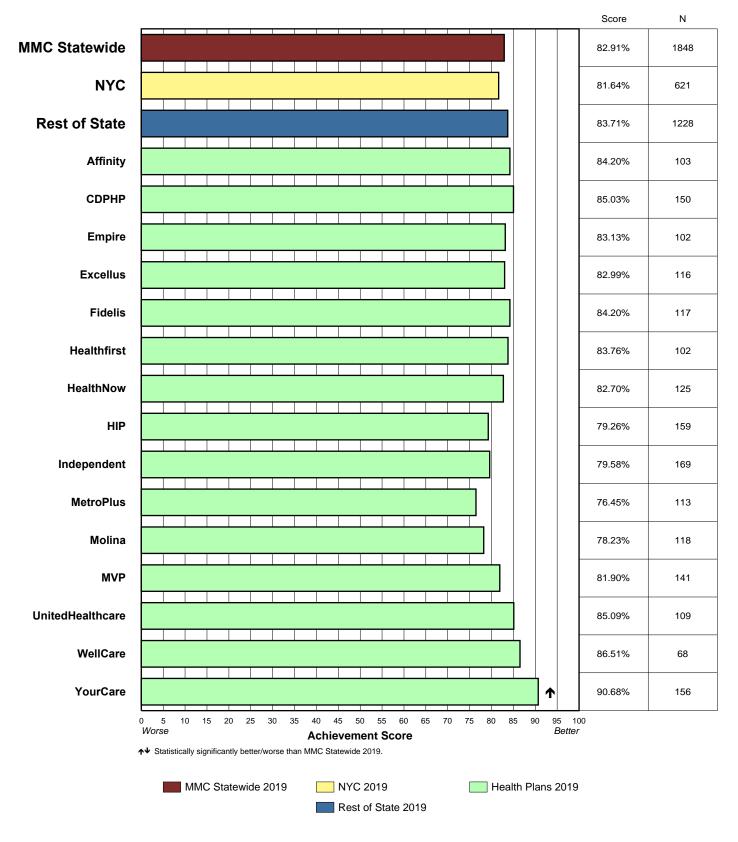
# Q10. After regular office hours usually or always got answer to medical question as soon as needed



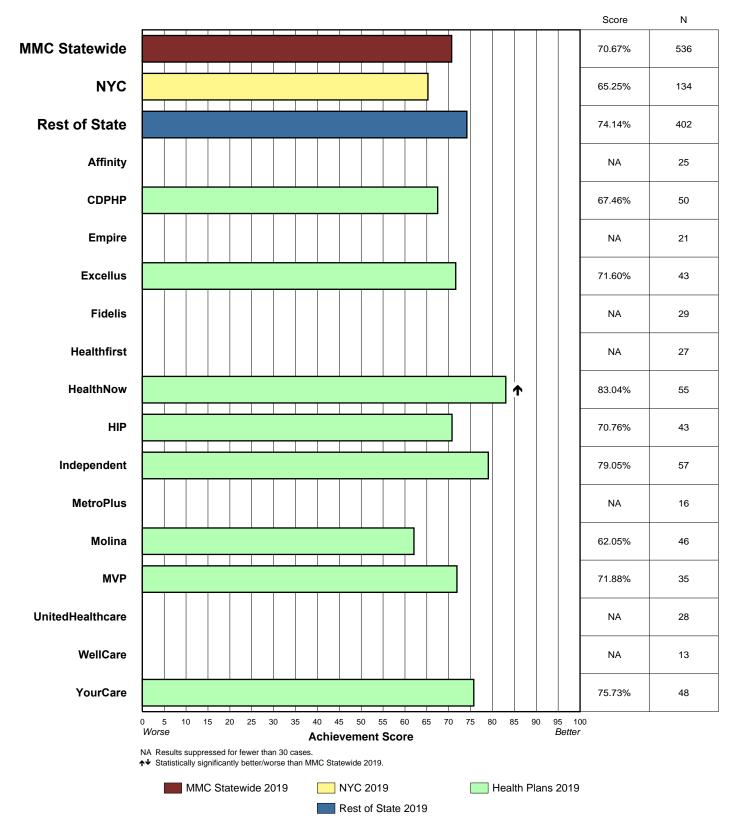
## Q19. Someone from doctor's office usually or always followed up to give blood test, x-ray or other test results

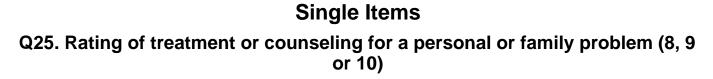


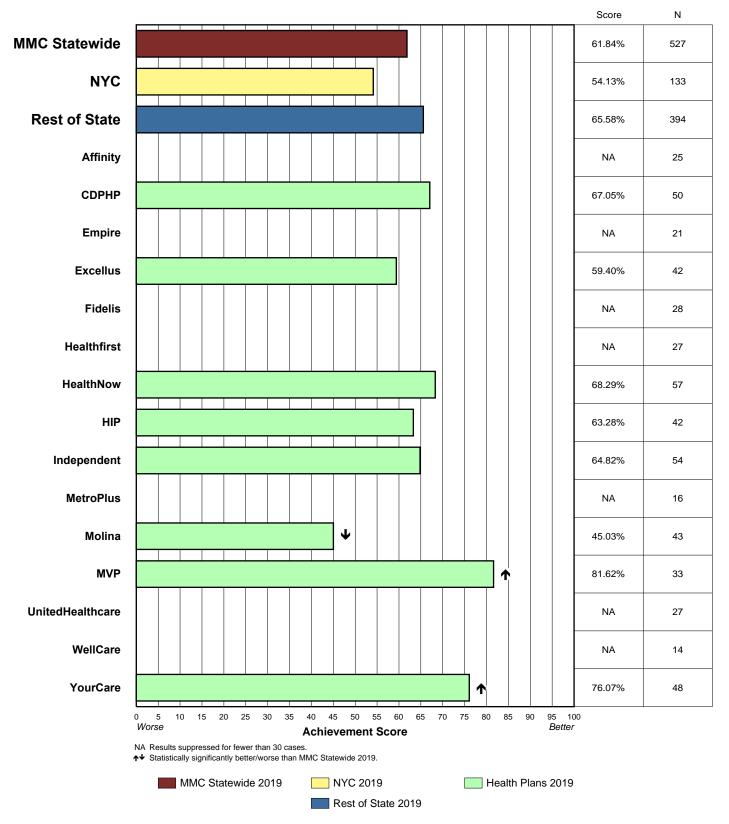
# Q20. Results of blood test, x-ray or other test usually or always easy to understand



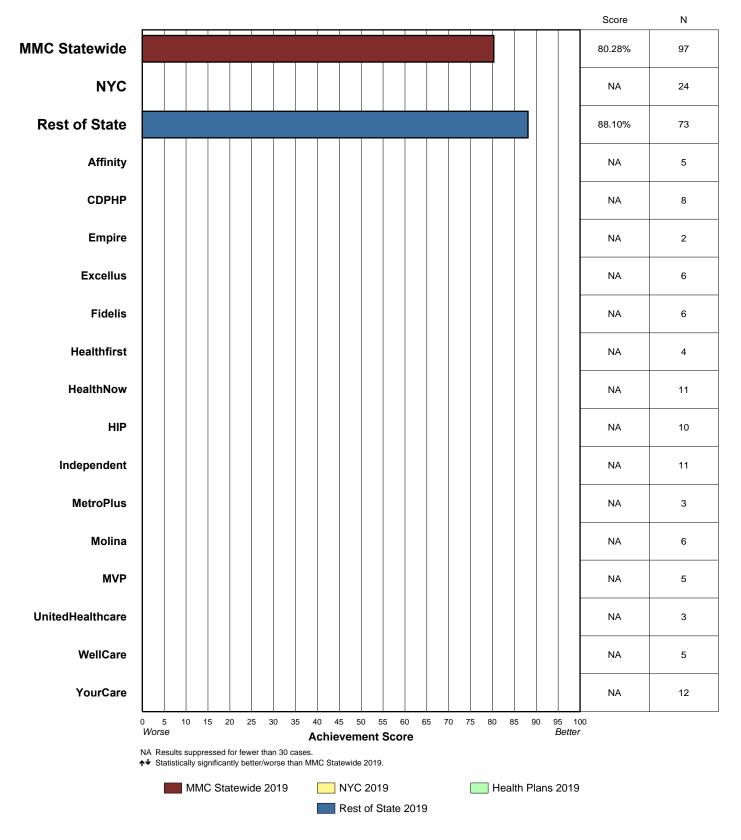
### Q24. Usually or always easy to get treatment or counseling you needed for a personal or family problem through your health plan

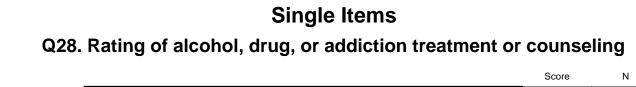


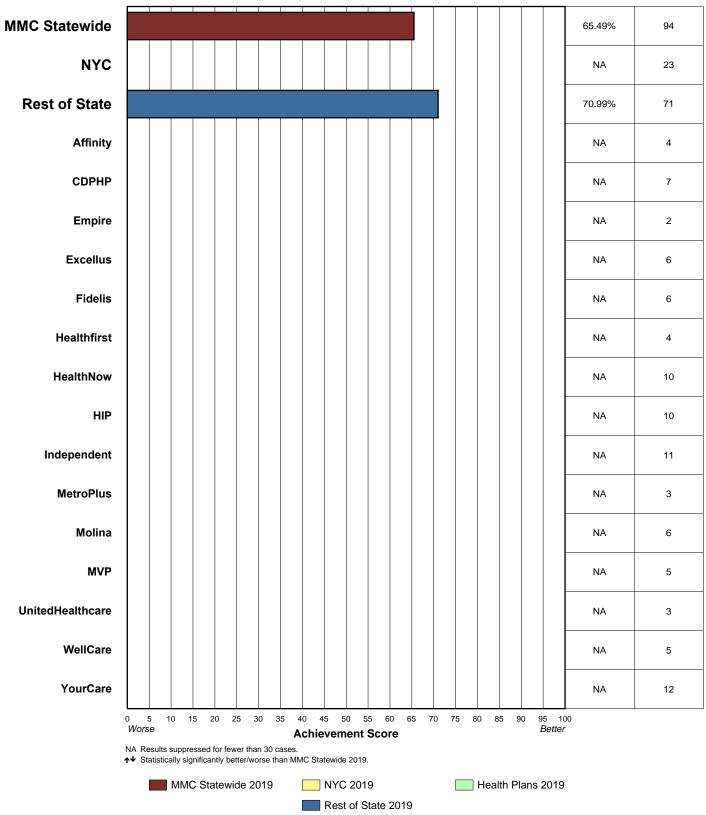




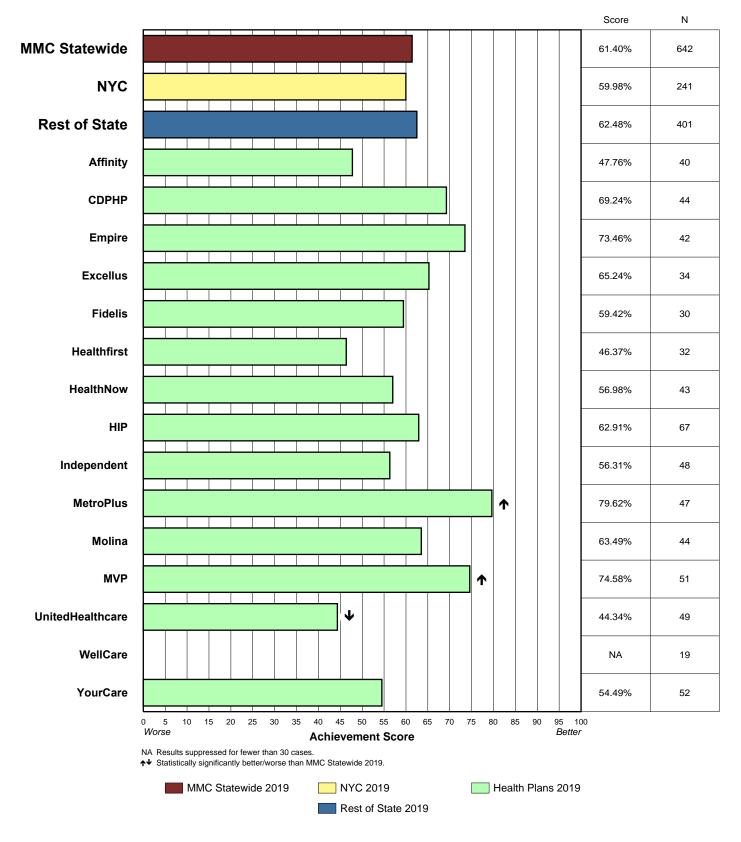
## Q27. Usually or always easy to get the alcohol, drug, or addiction treatment or counseling you needed through your health plan



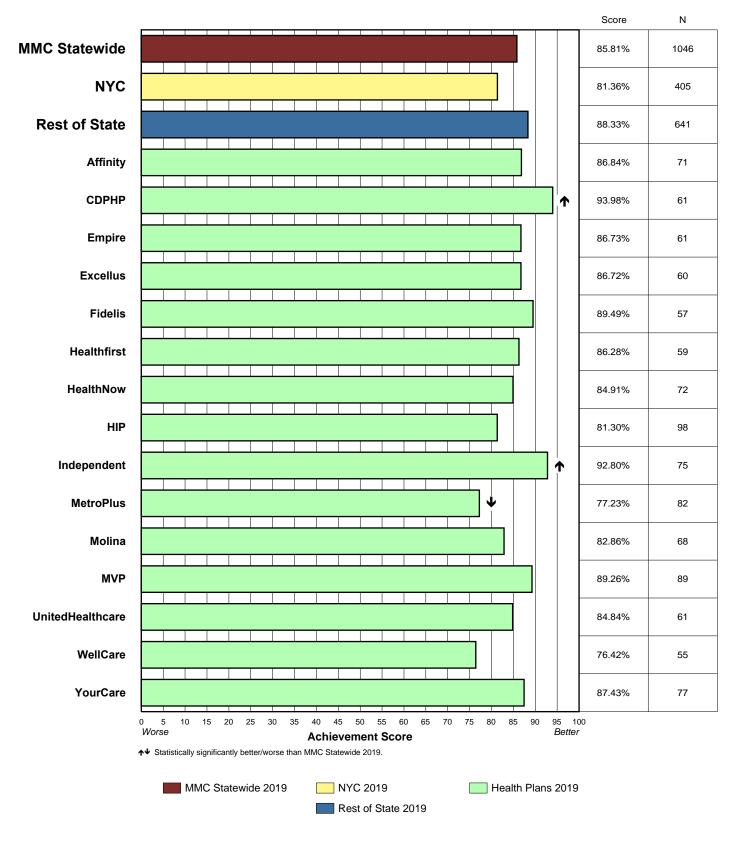




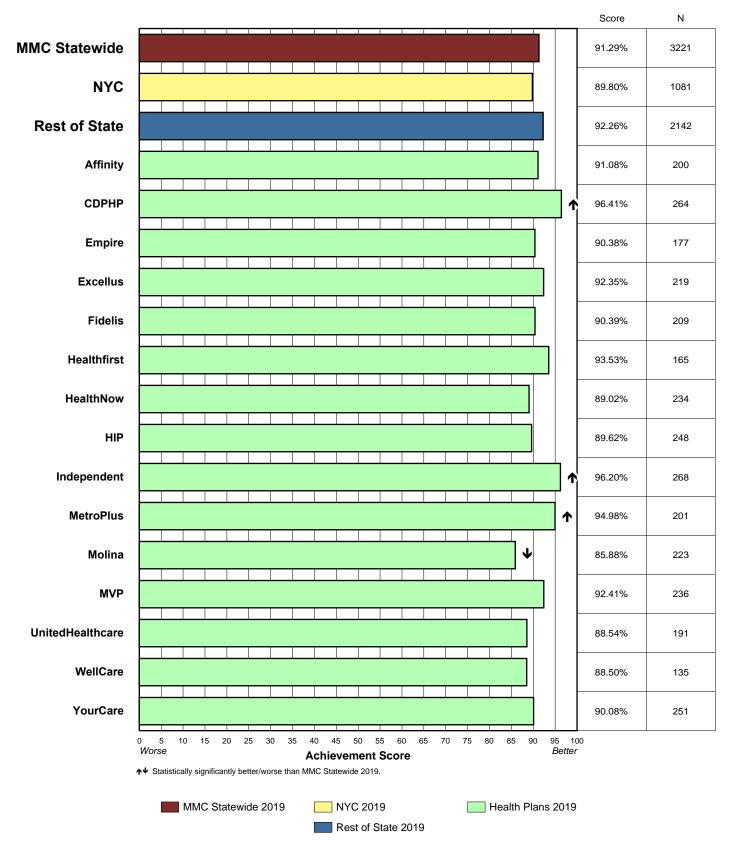
## Q43. Written materials or internet usually or always provided information about how health plan works



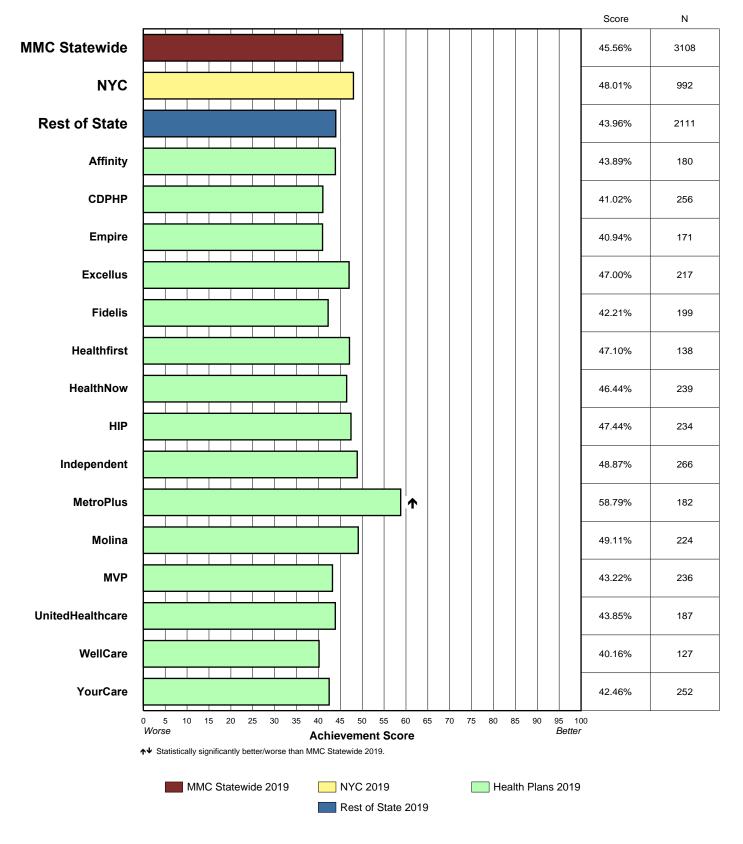
### Q46. Information from health plans customer service usually or always easy to understand



### Single Items Q49. Would recommend health plan to your family and friends



# Q52. Had flu shot or flu spray since September 1, 2018? [Displayed for Respondents 18-64 years old]



#### **Empire BlueCross BlueShield/HealthPlus**

The Correlation Analysis section is helpful in understanding how results in various questions relate to the four standard ratings (personal doctor, specialist seen most often, all health care, and health plan) for respondents. This allows for evaluation of which questions are most strongly linked to the rating and what the current achievement score is. The section can be used for a quick view of how composite questions correlate across ratings.

The correlation analyses are presented two ways. There is a table summarizing correlations of the top ten highly correlated standard composite questions to the four rating questions ranked by the highest correlation between the question and rating. This allows a visual picture of clustering of composites across ratings. Each question in a composite is represented with the individual question number, composite name, achievement score and the correlation value.

#### Example:

If Getting Needed Care and How Well Doctors Communicate have higher correlations across the ratings, you can see how these aspects are important to members and influence how satisfied they are with their providers, health care, and health plan. Likewise, composites clustered toward the bottom may indicate areas of lower importance to the members. The visual also allows you to see areas where you can improve. If you are performing poorly in Getting Needed Care, and it is important to the members' satisfaction with care, this could be a compelling reason to focus on improving this area. It also lets you see how different questions within a composite correlate individually.

The summary is followed by four tables presenting more detailed data on composite questions for each individual rating. The questions are written out and you can see the proportion of responses for each response option. This lets you see where an opportunity for improvement may lie. For example, if a question correlates highly and has higher proportions of "sometimes" and "never", improving the processes may move respondents up to "always" which will improve not only that composite, but the other rating questions.

Corr.	Rating	of all hea	lth care	Ratin	g of pers doctor	sonal		of special nost ofte		Rating	g of healt	Rating of health plan			
Rank	Question	Score	Correlation	Question	Score	Correlation	Question	Score	Correlation	Question	Score	Correlation			
1	Q32	92%	0.60	Q32	92%	0.76	Q47	91%	0.52	Q47	91%	0.67			
	Со	mmunicat	tion	Cor	mmunica	tion	Cus	tomer Se	rvice	Cus	tomer Se	rvice			
2	Q22	81%	0.58	Q31	92%	0.71	Q22 81% 0.46		Q45	85%	0.54				
2	Gettin	g Needeo	d Care	Cor	Communication			ig Needeo	d Care	Cus	tomer Se	rvice			
3	Q31	92%	0.53	Q33	93%	0.67	Q39	73%	0.40	Q39	73%	0.52			
5	Со	mmunicat	tion	Cor	mmunica	tion	Gettin	g Needeo	d Care	Gettin	ig Neede	d Care			
4	Q34	88%	0.52	Q34	88%	0.65	Q45	85%	0.39	Q31	92%	0.50			
-	Communication			Cor	Communication			Customer Service			Communication				
5	Q33	93%	0.52	Q17	85%	0.40	Q6	69% 🔻	0.37	Q32	92%	0.49			
J	Со	mmunicat	tion	Shared Decision Making			Gettir	ng Care C	uickly	Co	mmunica	tion			
6	Q47	91%	0.50	Q22	81%	0.39	Q31	92%	0.28	Q22	81%	0.49			
Ŭ	Cust	tomer Se	rvice	Gettin	g Neede	d Care	Communication			Getting Needed Care					
7	Q45	85%	0.46	Q47	91%	0.32	Q32	92%	0.25	Q33	93%	0.43			
'	Cust	tomer Se	rvice	Cust	tomer Se	rvice	Co	mmunica	tion	Co	mmunica	tion			
8	Q4	84%	0.42	Q45	85%	0.32	Q33	93%	0.20	Q34	88%	0.40			
0	Gettin	g Care Q	uickly	Cust	tomer Se	rvice	Co	mmunica	tion	Co	mmunica	tion			
9	Q6	69% 🔻	0.38	Q4	84%	0.23	Q34	88%	0.20	Q4	84%	0.35			
9	Gettin	g Care Q	uickly	Gettin	g Care C	Quickly	Co	mmunica	tion	Gettir	ng Care C	uickly			
10	Q39	73%	0.38	Q6	69% 🔻	0.19	Q4	84%	0.14	Q6	69% 🔻	0.21			
	Getting Needed Care		d Care	Gettin	g Care C	Quickly	Getting Care Quickly			Gettir	ng Care C	uickly			

### **Correlation Summary**

Corr.		Correlation w/ Rating of		Positive R	esponses	Negative F	Responses
Rank	Question	all health care	of	Always	Usually	Sometimes	Never
1	Q32. In the last 6 months, how often did your personal doctor listen carefully to you?	0.60	92%	70%	21%	5%	3%
2	Q22. In the last 6 months, how often was it easy to get the care, tests, or treatment you needed?	0.58	81%	53%	28%	15%	3%
3	Q31. In the last 6 months, how often did your personal doctor explain things in a way that was easy to understand?	0.53	92%	72%	21%	5%	3%
4	Q34. In the last 6 months, how often did your personal doctor spend enough time with you?	0.52	88%	56%	32%	9%	3%
5	Q33. In the last 6 months, how often did your personal doctor show respect for what you had to say?	0.52	93%	76%	17%	3%	3%
6	Q47. In the last 6 months, how often did your health plan's customer service staff treat you with courtesy and respect?	0.50	91%	69%	23%	8%	0%
7	Q45. In the last 6 months, how often did your health plan's customer service give you the information or help you needed?	0.46	85%	52%	32%	16%	0%
8	Q4. In the last 6 months, when you needed care right away, how often did you get care as soon as you needed?	0.42	84%	57%	27%	16%	0%
9	Q6. In the last 6 months, how often did you get an appointment for a check-up or routine care at a doctor's office or clinic as soon as you needed?	0.38	69% 🔻	46%	22%	30%	1%
10	Q39. In the last 6 months, how often did you get an appointment to see a specialist as soon as you needed?	0.38	73%	48%	24%	20%	8%

### Rating of all health care

		Correlation w/		Positive R	esponses	Negative F	Responses
Corr.	Question	Rating of personal	Achievement	Always /			Never /
Rank	Question	doctor	Score	Yes	Usually	Sometimes	No
1	Q32. In the last 6 months, how often did your personal doctor listen carefully to you?	0.76	92%	70%	21%	5%	3%
2	Q31. In the last 6 months, how often did your personal doctor explain things in a way that was easy to understand?	0.71	92%	72%	21%	5%	3%
3	Q33. In the last 6 months, how often did your personal doctor show respect for what you had to say?	0.67	93%	76%	17%	3%	3%
4	Q34. In the last 6 months, how often did your personal doctor spend enough time with you?	0.65	88%	56%	32%	9%	3%
5	Q17. When you talked about starting or stopping a prescription medicine, did a doctor or other health provider ask you what was best for you?	0.40	85%	85%	(na)	(na)	15%
6	Q22. In the last 6 months, how often was it easy to get the care, tests, or treatment you needed?	0.39	81%	53%	28%	15%	3%
7	Q47. In the last 6 months, how often did your health plan's customer service staff treat you with courtesy and respect?	0.32	91%	69%	23%	8%	0%
8	Q45. In the last 6 months, how often did your health plan's customer service give you the information or help you needed?	0.32	85%	52%	32%	16%	0%
9	Q4. In the last 6 months, when you needed care right away, how often did you get care as soon as you needed?	0.23	84%	57%	27%	16%	0%
10	Q6. In the last 6 months, how often did you get an appointment for a check-up or routine care at a doctor's office or clinic as soon as you needed?	0.19	69% 🔻	46%	22%	30%	1%

### **Rating of personal doctor**

### Rating of specialist seen most often

		Correlation w/ Rating of		Positive R	esponses	Negative F	Responses
Corr. Rank	Question	specialist seen most often	Achievement Score	Always	Usually	Sometimes	Never
1	Q47. In the last 6 months, how often did your health plan's customer service staff treat you with courtesy and respect?	0.52	91%	69%	23%	8%	0%
2	Q22. In the last 6 months, how often was it easy to get the care, tests, or treatment you needed?	0.46	81%	53%	28%	15%	3%
3	Q39. In the last 6 months, how often did you get an appointment to see a specialist as soon as you needed?	0.40	73%	48%	24%	20%	8%
4	Q45. In the last 6 months, how often did your health plan's customer service give you the information or help you needed?	0.39	85%	52%	32%	16%	0%
5	Q6. In the last 6 months, how often did you get an appointment for a check-up or routine care at a doctor's office or clinic as soon as you needed?	0.37	69% 🔻	46%	22%	30%	1%
6	Q31. In the last 6 months, how often did your personal doctor explain things in a way that was easy to understand?	0.28	92%	72%	21%	5%	3%
7	Q32. In the last 6 months, how often did your personal doctor listen carefully to you?	0.25	92%	70%	21%	5%	3%
8	Q33. In the last 6 months, how often did your personal doctor show respect for what you had to say?	0.20	93%	76%	17%	3%	3%
9	Q34. In the last 6 months, how often did your personal doctor spend enough time with you?	0.20	88%	56%	32%	9%	3%
10	Q4. In the last 6 months, when you needed care right away, how often did you get care as soon as you needed?	0.14	84%	57%	27%	16%	0%

Corr.		Correlation w/		Positive R	esponses	Negative F	Responses
Rank	Question	Rating of health plan	of Achievement	Always	Usually	Sometimes	Never
1	Q47. In the last 6 months, how often did your health plan's customer service staff treat you with courtesy and respect?	0.67	91%	69%	23%	8%	0%
2	Q45. In the last 6 months, how often did your health plan's customer service give you the information or help you needed?	0.54	85%	52%	32%	16%	0%
3	Q39. In the last 6 months, how often did you get an appointment to see a specialist as soon as you needed?	0.52	73%	48%	24%	20%	8%
4	Q31. In the last 6 months, how often did your personal doctor explain things in a way that was easy to understand?	0.50	92%	72%	21%	5%	3%
5	Q32. In the last 6 months, how often did your personal doctor listen carefully to you?	0.49	92%	70%	21%	5%	3%
6	Q22. In the last 6 months, how often was it easy to get the care, tests, or treatment you needed?	0.49	81%	53%	28%	15%	3%
7	Q33. In the last 6 months, how often did your personal doctor show respect for what you had to say?	0.43	93%	76%	17%	3%	3%
8	Q34. In the last 6 months, how often did your personal doctor spend enough time with you?	0.40	88%	56%	32%	9%	3%
9	Q4. In the last 6 months, when you needed care right away, how often did you get care as soon as you needed?	0.35	84%	57%	27%	16%	0%
10	Q6. In the last 6 months, how often did you get an appointment for a check-up or routine care at a doctor's office or clinic as soon as you needed?	0.21	69% 🔻	46%	22%	30%	1%

### Rating of health plan

### **Responses by Question**

This section presents each question and the distribution for each available response option. For each question that has responses determined to be positive or negative, there is a colored circle indicating achievement (green circle) or room for improvement (red circle). The circles are based on the response category and are not indicative of areas the plan needs to improve necessarily. When applicable, each question is presented with the composite name, the achievement score, the correlation value and trend information. In this section, a t-test is used to determine significant differences across time where 2019 scores are compared to 2017 scores when applicable. A significance level of .05 or less was considered statistically significant and "♠" or "♥" is placed next to the appropriate achievement score change. The achievement scores are case-mix adjusted while data for each response option are not case-mix adjusted. Achievement scores for the Question 13 series, the "About Your Health" and "About You" sections are not case-mix adjusted.

	MMC S	MMC Statewide		NYC		Rest of State		ipire Cross Shield/ thPlus
	N	%	N	%	N	%	N	%
Yes	3,347	100.0%	1,121	100.0%	2,224	100.0%	189	100.0%
No	0	0.0%	0	0.0%	0	0.0%	0	0.0%
Total	3,347	100.0%	1,121	100.0%	2,224	100.0%	189	100.0%
Not Answered	71		28		45		5	

#### Q1. Our records show that you are now in [Health Plan Name]. Is that right?

#### Your Health Care in the Last 6 Months

Q3. In the last 6 months, did you have an illness, injury or condition that needed care right away in a clinic, emergency room or doctor's office?

	MMC Statewide		NYC		Rest of State		Blue Blue	npire Cross Shield/ thPlus
	IN	%	IN	%	IN	%	IN	%
Yes	1,153	34.5%	342	30.8%	799	35.9%	51	27.1%
No	2,186	65.5%	770	69.2%	1,426	64.1%	137	72.9%
Total	3,339	100.0%	1,113	100.0%	2,226	100.0%	188	100.0%
Not Answered	79		36		43		6	

Q4. In the last 6 months, when you needed care right away, how often did you get care as soon as you needed?

		tatewide		YC		of State	Blue Blues Heal	npire Cross Shield/ thPlus
	N	%	N	%	N	%	N	%
Never	16	1.4%	8	2.4%	9	1.1%	0	0.0%
Sometimes	154	13.4%	69	20.1%	86	10.8%	8	15.7%
Usually	251	21.9%	77	22.3%	175	21.9%	14	27.5%
Always	724	63.2%	189	55.1%	532	66.3%	29	56.9%
Total	1,145	100.0%	343	100.0%	802	100.0%	51	100.0%
Not Answered	8		3		5		0	
Reporting Category			(	Getting Ca	are Quick	ly		
Achievement Score	84.	17%	77.	63%	88.	02%	84.	47%
2019 vs. 2017: +/- Change ( <b>∢</b> ↓ Stat. sig.)	+1	.0	-(	).7	-C	).4	+3	3.3
Correlation with rating of health plan	0.2	295	0.3	302	0.2	291	0.3	352

### Q5. In the last 6 months, did you make any appointments for a check-up or routine care at a doctor's office or clinic?

	MMC Statewide		NYC		Rest of State		Empire BlueCross BlueShield/ HealthPlus	
	N	%	N	%	N	%	N	%
Yes	2,519	75.3%	859	76.7%	1,655	74.3%	141	73.4%
No	827	24.7%	260	23.3%	572	25.7%	51	26.6%
Total	3,346	100.0%	1,119	100.0%	2,227	100.0%	192	100.0%
Not Answered	72		30		42		2	

Q6. In the last 6 months, how often did you get an appointment for a check-up or routine care at a doctor's office or clinic as soon as you needed?

	MMC S	tatewide %	N	YC %	Rest c	of State %	Blue Blue	npire Cross Shield/ thPlus %
• Never	39	1.6%	17	2.0%	23	1.4%	2	1.4%
Sometimes	506	20.3%	252	29.7%	261	15.9%	42	30.2%
Usually	626	25.2%	216	25.5%	408	24.9%	31	22.3%
Always	1,318	53.0%	363	42.8%	949	57.8%	64	46.0%
Total	2,489	100.0%	848	100.0%	1,641	100.0%	139	100.0%
Not Answered	30		12		18		2	
Reporting Category			(	Getting Ca	re Quick	ly		
Achievement Score	76.	97%	68.	59%	82.	48%	68.	77%
2019 vs. 2017: +/- Change ( <b>₊</b> ↓ Stat. sig.)	+3	.4	+1	.1	+6	.4 <b>↑</b>	-C	).1
Correlation with rating of health plan	0.2	232	0.2	249	0.2	208	0.2	207

#### Q7. In the last 6 months, did you need care for yourself during evenings, weekends, or holidays?

	MMC Statewide		NYC		Rest of State		Empire BlueCross BlueShield/ HealthPlus	
	N	%	Ν	%	Ν	%	Ν	%
Yes	636	19.0%	226	20.1%	404	18.1%	44	22.9%
No	2,715	81.0%	897	79.9%	1,824	81.9%	148	77.1%
Total	3,351	100.0%	1,123	100.0%	2,228	100.0%	192	100.0%
Not Answered	67		26		41		2	

Q8. In the last 6 months, how often were you able to get the care you needed from a doctor's office or clinic during evenings, weekends, or holidays?

	MMC S	tatewide %	N' N	NYC		of State %	Blue Blue	npire Cross Shield/ thPlus %	
• Never	84	13.4%	30	13.4%	54	13.4%	4	9.3%	
• Sometimes	134	21.4%	58	25.8%	76	18.9%	11	25.6%	
● Usually	144	23.0%	57	25.2%	90	22.3%	10	23.3%	
• Always	265	42.3%	80	35.6%	183	45.4%	18	41.9%	
Total	627	100.0%	225	100.0%	402	100.0%	43	100.0%	
Not Answered	9		3		6		1		
Reporting Category		Single Items							
Achievement Score	76.	97%	68.	59%	82.	48%	68.	77%	

Q9. In the last 6 months, did you contact your personal doctor's office or clinic with a medical question after regular office hours?

		MMC Statewide		NYC		Rest of State		Empire BlueCross BlueShield/ HealthPlus	
	N	%	N	%	N	%	N	%	
Yes	639	19.1%	219	19.6%	417	18.8%	42	22.3%	
No	2,703	80.9%	897	80.4%	1,808	81.2%	146	77.7%	
Total	3,342	100.0%	1,116	100.0%	2,225	100.0%	188	100.0%	
Not Answered	76		33		44		6		

Q10. In the last 6 months, when you contacted your personal doctor's office or clinic after regular office hours, how often did you get an answer to your medical question as soon as you needed?

	MMC S	tatewide %	N' N	YC %	Rest c	of State %	Blue Blue	npire Cross Shield/ thPlus %		
Never	55	8.7%	22	10.4%	31	7.5%	3	7.3%		
Sometimes	108	17.1%	42	19.7%	66	15.9%	9	22.0%		
• Usually	178	28.1%	54	25.1%	126	30.3%	10	24.4%		
• Always	292	46.1%	97	44.8%	194	46.4%	19	46.3%		
Total	633	100.0%	216	100.0%	417	100.0%	41	100.0%		
Not Answered	6		4		2		1			
Reporting Category	Single Items									
Achievement Score	76.97%		68.59%		82.48%		68.77%			

Q11. In the last 6 months, not counting the times you went to an emergency room, how many times did you go to a doctor's office or clinic to get health care for yourself?

	MMC S	tatewide %	N' N	YC %	Rest o	f State %	Empire BlueCross BlueShield/ HealthPlus N %	
None	979	30.4%	342	32.3%	643	29.8%	57	32.4%
1 time	663	20.6%	214	20.2%	447	20.7%	33	18.8%
2	604	18.7%	177	16.7%	419	19.4%	35	19.9%
3	403	12.5%	136	12.8%	266	12.3%	23	13.1%
4	206	6.4%	71	6.7%	135	6.3%	11	6.3%
5 to 9	268	8.3%	90	8.5%	177	8.2%	13	7.4%
10 or more times	102	3.2%	29	2.7%	74	3.4%	4	2.3%
Total	3,225	100.0%	1,059	100.0%	2,162	100.0%	176	100.0%
Not Answered	193		90		107		18	

Q12. In the last 6 months, did you and a doctor or other health provider talk about specific things you could do to prevent illness?

	MMC Statewide		NYC		Rest of State		Empire BlueCross BlueShield/ HealthPlus	
	N	%	N	%	N	%	N	%
● Yes	1,669	75.0%	523	73.1%	1,138	75.5%	86	74.1%
No	557	25.0%	192	26.9%	369	24.5%	30	25.9%
Total	2,226	100.0%	716	100.0%	1,507	100.0%	116	100.0%
Not Answered	20		8		15		3	
Reporting Category	Single Items							
Achievement Score	74.59%		73.73%		75.14%		75.	17%
2019 vs. 2017: +/- Change ( <b>∢</b> ↓ Stat. sig.)	+2.5♠		+1.7		+4.4♠		+7.2	

Q13a. In the last 6 months, did you and a doctor or other health provider talk about... A healthy diet and eating habits?

	MMC Statewide		N	YC	Rest of State N % 978 66.4%		Blue Blue	pire Cross Shield/ thPlus
	N	%	N	%	N	%	Ν	%
• Yes	1,448	66.9%	466	67.5%	978	66.4%	68	61.8%
No	718	33.1%	224	32.5%	496	33.6%	42	38.2%
Total	2,166	100.0%	690	100.0%	1,473	100.0%	110	100.0%
Not Answered	80		34		49		9	
Reporting Category				Single	Items			
Achievement Score	66.8	85%	67.	52%	66.	35%	61.	82%
2019 vs. 2017: +/- Change ( <b>∢</b> ↓ Stat. sig.)	+0	.9	-0	0.6	+1	.8	-3	.9

#### Q13b. In the last 6 months, did you and a doctor or other health provider talk about... Exercise or physical activity?

	MMC Statewide			YC		of State	Blue Blues Healt	npire Cross Shield/ thPlus
	N	%	N	%	N	%	N	%
• Yes	1,517	69.9%	491	71.0%	1,022	69.3%	75	67.6%
No	653	30.1%	200	29.0%	453	30.7%	36	32.4%
Total	2,170	100.0%	691	100.0%	1,475	100.0%	111	100.0%
Not Answered	76		33		47		8	
Reporting Category	Single Items							
Achievement Score	69.9	91%	71.	04%	69.3	29%	67.	57%
2019 vs. 2017: +/- Change ( <b>↑</b> Stat. sig.)	+1	.4	+1	.1	+1	.6	+2	.3

## Q13c. In the last 6 months, did you and a doctor or other health provider talk about... Things in your life that worry you or cause you stress?

	MMC S	MMC Statewide		YC	Rest c	of State	Blue Blue	npire Cross Shield/ thPlus
	N	%	N	%	N	%	N 55	%
Yes	1,143	53.4%	320	47.4%	813	55.7%	55	50.5%
No	996	46.6%	355	52.6%	647	44.3%	54	49.5%
Total	2,139	100.0%	676	100.0%	1,460	100.0%	109	100.0%
Not Answered	107		48		62		10	
Reporting Category				Single	Items			
Achievement Score	53.4	44%	47.	40%	55.66%		50.	46%
2019 vs. 2017: +/- Change ( <b>↑</b> ↓ Stat. sig.)	+1	.8	-0	).7	+1	.8	+3.2	

Q13d. In the last 6 months, did you and a doctor or other health provider talk about... Whether you felt sad, empty or depressed?

	MMC Statewide		N	YC	Rest o	of State	Blue Blue	pire Cross Shield/ thPlus
	N	%	Ν	%	Ν	%	Ν	%
• Yes	1,049	49.6%	273	41.4%	764	52.6%	43	41.0%
No	1,067	50.4%	386	58.6%	688	47.4%	62	59.0%
Total	2,116	100.0%	659	100.0%	1,452	100.0%	105	100.0%
Not Answered	130		65		70		14	
Reporting Category				Single	Items			
Achievement Score	49.	57%	41.	44%	52.	64%	40.	95%
2019 vs. 2017: +/- Change ( <b>↑</b> ↓ Stat. sig.)	+5	.8↑	+4	.0	+4	.9 <b>↑</b>	+4.2	

## Q13e. In the last 6 months, did you and a doctor or other health provider talk about... Smoking or using tobacco products?

	MMC S	MMC Statewide		YC	Rest o	Rest of State		npire Cross Shield/ thPlus
	N	%	N	%	N	%	Ν	%
Yes	960	45.4%	239	36.3%	712	49.0%	39	36.1%
No	1,154	54.6%	420	63.7%	740	51.0%	69	63.9%
Total	2,114	100.0%	658	100.0%	1,451	100.0%	108	100.0%
Not Answered	132		66		71		11	
Reporting Category				Single	Items			
Achievement Score	45.	41% 36.25% 49.04%		04%	36.11%			
2019 vs. 2017: +/- Change ( <b>↑</b> ¥ Stat. sig.)	+2.0 -1.0 +1.9		+1.1					

#### Q13f. In the last 6 months, did you and a doctor or other health provider talk about... Alcohol or other drug use?

	MMC S	MMC Statewide		YC	Rest o	of State	Blue Blue	npire Cross Shield/ thPlus
	N	%	N	%	N	%	69	%
Yes	783	37.1%	221	33.7%	554	38.4%	35	33.7%
No	1,325	62.9%	435	66.3%	891	61.6%	69	66.3%
Total	2,108	100.0%	657	100.0%	1,445	100.0%	104	100.0%
Not Answered	138		67		77		15	
Reporting Category				Single	Items			
Achievement Score	37.	14%	33.	71%	38.	36%	33.	65%
2019 vs. 2017: +/- Change ( <b>↑</b> ↓ Stat. sig.)	+4	.3♠	+1	.3	+5	.4	+1.1	

Q14. In the last 6 months, did you and a doctor or other health care provider talk about starting or stopping a prescription medicine?

	MMC Statewide NYC Rest of State		Empire BlueCross BlueShield/ HealthPlus					
	N	%	N	%	N	%	N	%
Yes	916	41.8%	235	33.2%	684	46.1%	39	34.5%
No	1,277	58.2%	473	66.8%	800	53.9%	74	65.5%
Total	2,193	100.0%	708	100.0%	1,484	100.0%	113	100.0%
Not Answered	53		16		38		6	

#### Q15. Did you and a doctor or other health provider talk about the reasons you might want to take a medicine?

	MMC S	tatewide %	N` N	YC %	Rest o	f State %	Empire BlueCross BlueShield/ HealthPlus N %	
• Yes	859	94.6%	218	93.6%	638	94.5%	37	94.9%
No	49	5.4%	15	6.4%	37	5.5%	2	5.1%
Total	908	100.0%	233	100.0%	675	100.0%	39	100.0%
Not Answered	8		0		8		0	
Reporting Category			Sh	ared Deci	sion Mak	ing		
Achievement Score	93.	74%	94.0	02%	94.:	30%	95.	64%
2019 vs. 2017: +/- Change ( <b>₊</b> ↓ Stat. sig.)	+1.7		+2	-2.1 +1.9		.9	+4	.7
Correlation with rating of health plan	0.0	020	-0.046		0.034		-0.2	230

#### Q16. Did you and a doctor or other health provider talk about the reasons you might not want to take a medicine?

	MMC St	atewide	N` N	YC %	Rest o	f State %	Blue Blue	pire Cross Shield/ hPlus %
• Yes	595	65.6%	143	62.2%	448	66.2%	23	59.0%
• No	312	34.4%	87	37.8%	229	33.8%	16	41.0%
Total	907	100.0%	230	100.0%	677	100.0%	39	100.0%
Not Answered	9		3		6		0	
Reporting Category			Sh	ared Deci	sion Mak	ing		
Achievement Score	64.6	61%	61.9	95%	66.3	34%	57.	52%
2019 vs. 2017: +/- Change ( <b>↑</b> ↓ Stat. sig.)	-2.2 -2.8 +0.2		-6	.8				
Correlation with rating of health plan	-0.0	055	-0.1	163	-0.0	035	0.026	

Q17. When you talked about starting or stopping a prescription medicine, did a doctor or other health provider ask you what was best for you?

	MMC St	tatewide %	N' N	YC %	Rest o	f State %	Blue Blue	npire Cross Shield/ thPlus %
•Yes	755	83.2%	183	79.2%	572	84.6%	33	84.6%
No	152	16.8%	48	20.8%	104	15.4%	6	15.4%
Total	907	100.0%	231	100.0%	676	100.0%	39	100.0%
Not Answered	9		2		7		0	
Reporting Category			Sh	ared Deci	sion Mak	ing		
Achievement Score	82.4	49%	78.	67%	84.88%		84.	59%
2019 vs. 2017: +/- Change ( <b>₊</b> ↓ Stat. sig.)	+1.0		-3	.5	+3	.7	-3	3.4
Correlation with rating of health plan	0.0	091	0.0	99	0.087		0.1	158

#### Q18. In the last 6 months, did a doctor or other health provider order a blood test, x-ray or other test for you?

	MMC S	tatewide %	N	YC %		Rest of State		Empire BlueCross BlueShield/ HealthPlus N %	
Yes	1,872	84.4%	629	88.1%	1,241	82.6%	103	88.0%	
No	346	15.6%	85	11.9%	262	17.4%	14	12.0%	
Total	2,218	100.0%	714	100.0%	1,503	100.0%	117	100.0%	
Not Answered	28		10		19		2		

Q19. When a doctor or other health provider ordered a blood test, x-ray or other test for you, how often did someone from this doctor's office follow up to give you those results?

		MMC Statewide NYC Rest of State		Blue Blue	Empire BlueCross BlueShield/ HealthPlus N %			
Never	128	6.9%	51	8.2%	74	6.0%	6	5.9%
Sometimes	247	13.3%	97	15.6%	148	12.0%	10	9.9%
	376	20.3%	134	21.6%	243	19.7%	20	19.8%
Always	1,104	59.5%	340	54.7%	769	62.3%	65	64.4%
Total	1,855	100.0%	621	100.0%	1,234	100.0%	101	100.0%
Not Answered	17		6		11		2	
Reporting Category				Single	Items			
Achievement Score	79.	75%	75.	72%	82.	33%	84.	09%
2019 vs. 2017: +/- Change ( <b>↑</b> Stat. sig.)	+3	.0 <b>↑</b>	+0	).0	+3	.8♠	+12	2.4

Q20. In the last 6 months, how often were the results of your blood test, x-ray or other test easy to understand?

	MMC S	tatewide	N	YC %	Rest c	Rest of State		npire Cross Shield/ thPlus %
• Never	77	4.2%	27	4.3%	50	4.1%	4	3.9%
Sometimes	241	13.0%	87	14.0%	151	12.3%	13	12.7%
Usually	502	27.2%	182	29.3%	316	25.7%	22	21.6%
Always	1,028	55.6%	325	52.4%	711	57.9%	63	61.8%
Total	1,848	100.0%	621	100.0%	1,228	100.0%	102	100.0%
Not Answered	24		6		17		1	
Reporting Category				Single	Items			
Achievement Score	82.	91%	81.	64%	83.	71%	83.	13%
2019 vs. 2017: +/- Change ( <b>↑</b> ¥ Stat. sig.)	+1	.6	+1	.9	+2	2.5	+4	.3

Q21. Using any number from 0 to 10, where 0 is the worst health care possible and 10 is the best health care possible, what number would you use to rate all your health care in the last 6 months?

	MMC S	tatewide	N	YC	Rest o	f State	Blue Blue	Empire BlueCross BlueShield/ HealthPlus	
	N	%	N	%	N	%	Ν	%	
Worst health care possible	6	0.3%	1	0.1%	5	0.3%	0	0.0%	
<b>1</b>	5	0.2%	2	0.3%	3	0.2%	1	0.9%	
2	11	0.5%	1	0.2%	10	0.7%	0	0.0%	
3	23	1.0%	5	0.8%	17	1.1%	1	0.9%	
4	38	1.7%	7	1.0%	31	2.0%	2	1.7%	
5	108	4.9%	44	6.1%	63	4.2%	4	3.4%	
<b>6</b>	114	5.2%	52	7.2%	63	4.2%	8	6.8%	
7	239	10.8%	92	12.8%	144	9.6%	12	10.3%	
8	504	22.8%	167	23.2%	335	22.4%	25	21.4%	
9	407	18.4%	116	16.1%	294	19.7%	18	15.4%	
Best health care possible	756	34.2%	231	32.2%	529	35.4%	46	39.3%	
Total	2,211	100.0%	718	100.0%	1,494	100.0%	117	100.0%	
Not Answered	35		6		28		2		
Reporting Category				Rati	ings				
Achievement Score	75.	33%	71.	23%	77.	79%	75.	79%	
2019 vs. 2017: +/- Change ( <b>∢</b> ↓ Stat. sig.)	-1	.2	-2	2.2	-0	.4	+4	.4	
Correlation with rating of health plan	0.5	557	0.6	613	0.5	529	0.6	654	

#### Q22. In the last 6 months, how often was it easy to get the care, tests, or treatment you needed?

		tatewide		YC		of State	Blue Blue Heal	npire Cross Shield/ thPlus
	N	%	N	%	N	%	N	%
Never	37	1.7%	16	2.2%	21	1.4%	4	3.4%
• Sometimes	275	12.3%	101	14.2%	172	11.4%	18	15.3%
Usually	736	33.0%	242	33.9%	493	32.6%	33	28.0%
Always	1,179	52.9%	356	49.7%	825	54.6%	63	53.4%
Total	2,227	100.0%	715	100.0%	1,511	100.0%	118	100.0%
Not Answered	19		9		11		1	
Reporting Category			(	Getting Ne	eded Ca	re		
Achievement Score	85.	84%	83.	56%	87.	25%	81.	45%
2019 vs. 2017: +/- Change ( <b>₊</b> ↓ Stat. sig.)	+2	.2	+3	.6↑	+1	.4	+0	).7
Correlation with rating of health plan	0.4	422	0.3	396	0.4	428	0.488	

## Q23. In the last 6 months, did you need any emotional or mental health treatment or counseling for a personal or family problem?

	MMC Statewide			YC	Rest o	of State	Blue Blue	npire Cross Shield/ thPlus
	N	%	N	%	N	%	N	%
Yes	546	16.2%	135	11.9%	406	18.1%	22	11.5%
No	2,828	83.8%	1,002	88.1%	1,829	81.9%	170	88.5%
Total	3,374	100.0%	1,137	100.0%	2,235	100.0%	192	100.0%
Not Answered	44		12		34		2	

Q24. In the last 6 months, how often was it easy to get the emotional or mental health treatment or counseling you needed through your health plan?

	MMC S	tatewide %	N' N	YC %	Rest o	of State %	Blue Blue	pire Cross Shield/ thPlus %
• Never	82	15.3%	23	17.0%	59	14.6%	4	19.0%
Sometimes	68	12.7%	23	17.6%	45	11.3%	3	14.3%
● Usually	110	20.5%	31	23.3%	79	19.7%	6	28.6%
Always	276	51.5%	56	42.1%	218	54.4%	8	38.1%
Total	536	100.0%	134	100.0%	402	100.0%	21	100.0%
Not Answered	10		3		7		1	
Reporting Category	Single Items							
Achievement Score	70.	67%	65.	25%	74.	14%	N	IA
2019 vs. 2017: +/- Change ( <b>₊</b> Stat. sig.)	+1	.6	+2	.0	+9	.9 <b>↑</b>	N	IA

Q25. Using any number from 0 to 10, where 0 is the worst treatment or counseling possible and 10 is the best treatment or counseling possible, what number would you use to rate all your emotional or mental health treatment or counseling in the last 6 months?

	MMC S	tatewide	N	YC	Rest c	of State	Blue Blue	Empire BlueCross BlueShield/ HealthPlus	
	N	%	Ν	%	Ν	%	N	%	
Worst treatment possible	28	5.3%	9	6.4%	20	5.1%	0	0.0%	
1	9	1.7%	0	0.0%	9	2.3%	1	4.8%	
2	10	1.9%	4	3.1%	6	1.5%	0	0.0%	
3	13	2.5%	4	2.7%	9	2.3%	2	9.5%	
4	18	3.4%	4	2.8%	14	3.5%	0	0.0%	
5	34	6.5%	7	5.5%	27	6.8%	0	0.0%	
6	37	7.0%	17	13.0%	21	5.4%	4	19.0%	
7	46	8.7%	16	11.9%	30	7.7%	2	9.5%	
8	76	14.4%	18	13.2%	58	14.8%	3	14.3%	
9	89	16.9%	19	14.5%	69	17.6%	1	4.8%	
Best treatment possible	167	31.7%	36	26.9%	130	33.0%	8	38.1%	
Total	527	100.0%	133	100.0%	394	100.0%	21	100.0%	
Not Answered	19		4		15		1		
Reporting Category				Single	Items				
Achievement Score	61.	84%	54.	13%	65.	58%	Ν	IA	
2019 vs. 2017: +/- Change ( <b>↑</b> ↓ Stat. sig.)	+2	.2	-2	2.7	+9	.4 <b>^</b>	Ν	IA	

NA: Results suppressed for fewer than 30 cases.

Q26. In the last 6 months, did you need any treatment or counseling for alcohol use, drug use or other addiction?

	MMC S	tatewide %	N	YC %	Rest o	of State %	Empire BlueCross BlueShield/ HealthPlus N %	
		70	N	70	N	70	N	70
Yes	100	3.0%	24	2.1%	75	3.4%	2	1.0%
No	3,269	97.0%	1,111	97.9%	2,159	96.6%	189	99.0%
Total	3,369	100.0%	1,135	100.0%	2,233	100.0%	191	100.0%
Not Answered	49		14		36		3	

## Q27. In the last 6 months, how often was it easy to get the alcohol, drug or addiction treatment or counseling you needed through your health plan?

	MMC Statewide N N % N			YC %			Blue Blue	npire Cross Shield/ thPlus %
• Never	9	9.3%	6	23.1%	4	5.6%	0	0.0%
Sometimes	8	8.2%	2	8.0%	6	8.0%	1	50.0%
Usually	24	24.7%	6	23.3%	19	26.0%	1	50.0%
Always	56	57.7%	11	45.6%	44	60.4%	0	0.0%
Total	97	100.0%	24	100.0%	73	100.0%	2	100.0%
Not Answered	3		0		3		0	
Reporting Category	Single Items							
Achievement Score 2019 vs. 2017: +/- Change ( <b>↑</b> ↓ Stat. sig.)		28% ).2		IA IA	88. +5	10% 5.4		IA IA

NA: Results suppressed for fewer than 30 cases.

Q28. Using any number from 0 to 10, where 0 is the worst treatment or counseling possible and 10 is the best treatment or counseling possible, what number would you use to rate all your alcohol, drug or addiction treatment or counseling in the last 6 months?

	MMC S	tatewide	N	YC	Rest o	of State	Blue Blue	npire Cross Shield/ thPlus
	N	%	N	%	Ν	%	Ν	%
Worst treatment possible	6	6.4%	4	16.6%	3	4.2%	0	0.0%
1	1	1.1%	1	4.4%	0	0.0%	1	50.0%
2	2	2.1%	1	5.8%	1	1.6%	0	0.0%
3	2	2.1%	1	3.3%	1	1.4%	0	0.0%
4	3	3.2%	0	0.0%	3	4.4%	0	0.0%
5	5	5.3%	1	5.8%	4	6.0%	0	0.0%
6	4	4.3%	0	0.0%	4	5.8%	0	0.0%
7	8	8.5%	2	10.6%	5	6.8%	0	0.0%
8	16	17.0%	4	15.6%	12	17.1%	0	0.0%
9	15	16.0%	2	8.3%	13	18.7%	0	0.0%
Best treatment possible	32	34.0%	7	29.7%	24	34.0%	1	50.0%
Total	94	100.0%	23	100.0%	71	100.0%	2	100.0%
Not Answered	6		1		5		0	
Reporting Category				Single	Items			
Achievement Score	65.4	49%	N	IA	70.	99%	Ν	IA
2019 vs. 2017: +/- Change ( <b>∢</b> Stat. sig.)	-5	5.5	N	A	-4	.8	Ν	IA

## Your Personal Doctor

Q29. A personal doctor is the one you would see if you need a check-up, want advice about a health problem, or get sick or hurt. Do you have a personal doctor?

	MMC Statewide NYC		YC	Rest c	of State	Blue Blue	pire Cross Shield/ thPlus	
	N	%	N	%	N	%	Ν	%
Yes	2,834	84.5%	933	83.3%	1,895	85.0%	169	89.4%
No	519	15.5%	187	16.7%	336	15.0%	20	10.6%
Total	3,353	100.0%	1,120	100.0%	2,231	100.0%	189	100.0%
Not Answered	65		29		38		5	

NA: Results suppressed for fewer than 30 cases.

#### Q30. In the last 6 months, how many times did you visit your personal doctor to get care for yourself?

	MMC Statewide		NYC				Blue Blue	pire Cross Shield/ hPlus %
None	634	23.1%	186	20.8%	454	24.6%	46	28.2%
1 time	844	30.7%	249	27.7%	591	32.0%	37	22.7%
2	623	22.7%	204	22.8%	414	22.4%	37	22.7%
3	311	11.3%	120	13.3%	188	10.2%	18	11.0%
4	135	4.9%	59	6.6%	79	4.3%	10	6.1%
5 to 9	152	5.5%	62	6.9%	92	5.0%	13	8.0%
10 or more times	46	1.7%	17	1.9%	29	1.6%	2	1.2%
Total	2,745	100.0%	897	100.0%	1,847	100.0%	163	100.0%
Not Answered	89		39		51		6	

## Q31. In the last 6 months, how often did your personal doctor explain things in a way that was easy to understand?

		tatewide		YC			Empire BlueCross BlueShield/ HealthPlus	
	N	%	N	%	N	%	N	%
Never	28	1.3%	11	1.5%	18	1.3%	3	2.6%
Sometimes	126	6.0%	49	6.9%	77	5.5%	6	5.2%
Usually	388	18.4%	147	20.8%	238	17.0%	24	20.7%
Always	1,561	74.2%	501	70.8%	1,062	76.1%	83	71.6%
Total	2,103	100.0%	708	100.0%	1,395	100.0%	116	100.0%
Not Answered	8		4		4		1	
Reporting Category				Commu	nication			
Achievement Score	92.	53%	91.	53%	93.	19%	92.	44%
2019 vs. 2017: +/- Change ( <b>₊</b> ↓ Stat. sig.)	+1	.1	+1	.1	+1	.1	+2	2.3
Correlation with rating of health plan	0.2	284	0.2	295	0.2	270	0.498	

#### Q32. In the last 6 months, how often did your personal doctor listen carefully to you?

		MMC Statewide NYC		Rest of State		Empire BlueCross BlueShield/ HealthPlus		
	N	%	N	%	N	%	N	%
Never	34	1.6%	11	1.5%	23	1.6%	4	3.4%
Sometimes	122	5.8%	44	6.3%	78	5.6%	6	5.1%
Usually	345	16.4%	126	17.9%	215	15.4%	25	21.4%
Always	1,597	76.1%	524	74.3%	1,076	77.3%	82	70.1%
Total	2,098	100.0%	705	100.0%	1,392	100.0%	117	100.0%
Not Answered	13		7		7		0	
Reporting Category				Commu	nication			
Achievement Score	92.	55%	91.	92%	92.	94%	91.	68%
2019 vs. 2017: +/- Change ( <b>↑</b> ↓ Stat. sig.)	+1	.0	+0	).5	+0	.2	+2	2.6
Correlation with rating of health plan	0.2	291	0.2	279	0.2	289	0.492	

#### Q33. In the last 6 months, how often did your personal doctor show respect for what you had to say?

	MMC S	tatewide %			NYC					Blue Blue	mpire eCross eShield/ althPlus %	
Never	28	1.3%	10	1.4%	18	1.3%	4	3.4%				
Sometimes	103	4.9%	37	5.2%	66	4.7%	4	3.4%				
Usually	271	12.9%	96	13.6%	173	12.4%	20	17.1%				
Always	1,699	80.9%	564	79.8%	1,139	81.6%	89	76.1%				
Total	2,101	100.0%	706	100.0%	1,395	100.0%	117	100.0%				
Not Answered	10		6		4		0					
Reporting Category				Commu	nication							
Achievement Score	93.	78%	93.	16%	94.	15%	93.	38%				
2019 vs. 2017: +/- Change ( <b></b>	+1	.2	+0	.2	+1	.6	+2	2.4				
Correlation with rating of health plan	0.2	271	0.3	314	0.2	244	0.426					

#### Q34. In the last 6 months, how often did your personal doctor spend enough time with you?

	MMC S			Rest o	Rest of State		npire Cross Shield/ thPlus	
	N	%	N	%	N	%	Ν	%
Never	44	2.1%	13	1.8%	30	2.2%	3	2.6%
Sometimes	180	8.6%	78	11.0%	103	7.4%	11	9.4%
Usually	444	21.1%	169	23.9%	276	19.8%	37	31.6%
Always	1,434	68.2%	449	63.3%	983	70.6%	66	56.4%
Total	2,102	100.0%	709	100.0%	1,393	100.0%	117	100.0%
Not Answered	9		3		6		0	
Reporting Category				Commu	nication			
Achievement Score	89.	18%	87.	11%	90.44%		88.	29%
2019 vs. 2017: +/- Change ( <b>↑</b> ↓ Stat. sig.)	+1	.0	+0	.3	+1	.0	+0	.8
Correlation with rating of health plan	0.3	301	0.2	297	0.3	300	0.396	

#### Q35. In the last 6 months, did you get care from a doctor or other health provider besides your personal doctor?

	MMC Statewide NYC		Rest c	of State %	Blue Blue	npire Cross Shield/ thPlus		
	N	%	N	70	IN	%	N	%
Yes	1,265	61.0%	393	56.3%	866	63.0%	65	57.0%
No	808	39.0%	305	43.7%	508	37.0%	49	43.0%
Total	2,073	100.0%	699	100.0%	1,374	100.0%	114	100.0%
Not Answered	38		13		25		3	

## Q36. In the last 6 months, how often did your personal doctor seem informed and up-to-date about the care you got from these doctors or other health providers?

	MMC S	tatewide %	N	YC %	Rest o	of State %	Blue Blue	npire Cross Shield/ thPlus %
Never	62	5.0%	22	5.7%	42	4.9%	7	10.8%
Sometimes	168	13.5%	62	16.0%	103	12.0%	8	12.3%
O Usually	340	27.3%	119	30.7%	227	26.4%	21	32.3%
• Always	674	54.2%	184	47.6%	486	56.7%	29	44.6%
Total	1,244	100.0%	387	100.0%	857	100.0%	65	100.0%
Not Answered	21		7		14		0	
Reporting Category				Single	Items			
Achievement Score	81.	47%	78.	32%	83.	10%	77.	59%
2019 vs. 2017: +/- Change ( <b>∢</b> ↓ Stat. sig.)	+0	.1	-2	2.3	+1	.4	-1	.6

Q37. Using any number from 0 to 10, where 0 is the worst personal doctor possible and 10 is the best personal doctor possible, what number would you use to rate your personal doctor?

	MMC S	MMC Statewide		NYC		Rest of State		npire Cross Shield/ thPlus
	N	%	N	%	Ν	%	Ν	%
<ul> <li>Worst personal doctor possible</li> </ul>	17	0.6%	5	0.5%	12	0.7%	2	1.2%
• 1	11	0.4%	3	0.3%	8	0.4%	0	0.0%
• 2	15	0.5%	6	0.7%	8	0.5%	1	0.6%
• 3	28	1.0%	5	0.6%	25	1.3%	2	1.2%
• 4	25	0.9%	11	1.2%	13	0.7%	2	1.2%
• 5	108	3.9%	35	3.8%	73	3.9%	5	3.0%
6	92	3.3%	40	4.3%	53	2.9%	5	3.0%
• 7	210	7.6%	80	8.8%	130	7.0%	18	10.9%
8	437	15.8%	141	15.5%	293	15.8%	23	13.9%
9	504	18.2%	164	18.0%	336	18.1%	27	16.4%
Best personal doctor possible	1,322	47.7%	421	46.2%	906	48.8%	80	48.5%
Total	2,769	100.0%	912	100.0%	1,858	100.0%	165	100.0%
Not Answered	65		24		40		4	
Reporting Category				Rati	ngs			
Achievement Score	81.	46%	79.4	47%	82.	75%	78.	55%
2019 vs. 2017: +/- Change ( <b>∢</b> ↓ Stat. sig.)	+0	.7	-0	).1	+1	.8	+0	.5
Correlation with rating of health plan	0.4	418	0.4	172	0.3	385	0.8	539

## **Getting Health Care From Specialists**

Q38. Specialists are doctors like surgeons, heart doctors, allergy doctors, skin doctors, and other doctors who specialize in one area of health care. In the last 6 months, did you make any appointments to see a specialist?

	MMC Statewide		N	YC	Rest o	f State	Blue BlueS	pire Cross Shield/ :hPlus
	N	%	Ν	%	Ν	%	N	%
Yes	1,486	44.4%	472	42.2%	1,009	45.2%	79	41.6%
No	1,861	55.6%	645	57.8%	1,222	54.8%	111	58.4%
Total	3,347	100.0%	1,117	100.0%	2,231	100.0%	190	100.0%
Not Answered	71		32		38		4	

## Getting Health Care From Specialists (continued)

Q39. In the last 6 months, how often did you get an appointment to see a specialist as soon as you needed?

	MMC S	tatewide %	N	YC %	Rest c	of State %	Blue Blue	pire Cross Shield/ thPlus %
Never	87	5.9%	30	6.4%	56	5.6%	6	7.6%
Sometimes	251	17.0%	107	22.7%	141	14.0%	16	20.3%
● Usually	398	26.9%	142	30.2%	256	25.5%	19	24.1%
Always	741	50.2%	191	40.6%	554	55.0%	38	48.1%
Total	1,477	100.0%	470	100.0%	1,007	100.0%	79	100.0%
Not Answered	9		2		7		0	
Reporting Category			C	Setting Ne	eded Ca	е		
Achievement Score	76.	83%	71.	21%	80.	22%	73.	25%
2019 vs. 2017: +/- Change ( <b>ሉ</b> ↓ Stat. sig.)	+3	.0 <b>↑</b>	+4	.0	+4	.1	+1	.4
Correlation with rating of health plan	0.:	338	0.3	364	0.3	320	0.524	

#### Q40. How many specialists have you seen in the last 6 months?

	MMC	MMC Statewide		IYC	Rest o	of State	Blue Blue	npire Cross Shield/ thPlus
	N	%	N	%	N	%	N	%
None	91	6.3%	33	7.2%	60	6.1%	4	5.3%
1 specialist	649	45.0%	199	43.7%	449	45.6%	38	50.0%
2	393	27.3%	126	27.6%	264	26.8%	18	23.7%
3	202	14.0%	62	13.7%	140	14.2%	13	17.1%
4	67	4.6%	20	4.4%	48	4.9%	0	0.0%
5 or more specialists	39	2.7%	15	3.4%	24	2.4%	3	3.9%
Total	1,441	100.0%	456	100.0%	985	100.0%	76	100.0%
Not Answered	45		16		29		3	

## Getting Health Care From Specialists (continued)

Q41. We want to know your rating of the specialist you saw most often in the last 6 months. Using any number from 0 to 10, where 0 is the worst specialist possible and 10 is the best specialist possible, what number would you use to rate the specialist?

	MMC S	tatewide	N	YC	C Rest of State		Empire BlueCross BlueShield/ HealthPlus	
	N	%	N	%	Ν	%	N	%
• Worst specialist possible	3	0.2%	0	0.0%	3	0.3%	0	0.0%
• 1	6	0.5%	2	0.5%	4	0.4%	0	0.0%
• 2	7	0.5%	3	0.8%	4	0.4%	1	1.4%
• 3	12	0.9%	2	0.5%	9	1.0%	0	0.0%
• 4	15	1.1%	8	1.9%	7	0.7%	2	2.8%
• 5	51	3.8%	18	4.4%	31	3.4%	2	2.8%
• 6	50	3.8%	23	5.5%	27	3.0%	2	2.8%
• 7	96	7.2%	34	8.2%	60	6.6%	3	4.2%
● <u>8</u>	252	18.9%	80	19.4%	173	18.8%	12	16.9%
9	255	19.1%	88	21.2%	168	18.3%	16	22.5%
Best specialist possible	586	44.0%	157	37.7%	431	47.0%	33	46.5%
Total	1,333	100.0%	415	100.0%	918	100.0%	71	100.0%
Not Answered	17		9		8		1	
Reporting Category				Rati	ngs			
Achievement Score	82.	07%	78.	15%	84.	19%	86.	18%
2019 vs. 2017: +/- Change ( <b>∢</b> ↓ Stat. sig.)	+2	.4	+2	.7	+2	.6	+12	2.7♠
Correlation with rating of health plan	0.4	431	0.4	197	0.4	400	0.8	592

## Your Health Plan

Q42. In the last 6 months, did you look for any information in written materials or on the Internet about how your health plan works?

	MMC Statewide		N	YC	Rest o	f State	Blue Blue	pire Cross Shield/ thPlus
	N	%	N	%	Ν	%	Ν	%
Yes	651	19.3%	241	21.5%	403	17.9%	42	22.1%
No	2,719	80.7%	881	78.5%	1,844	82.1%	148	77.9%
Total	3,370	100.0%	1,122	100.0%	2,247	100.0%	190	100.0%
Not Answered	48		27		22		4	

## Your Health Plan (continued)

Q43. In the last 6 months, how often did the written materials or the Internet provide the information you needed about how your health plan works?

	MMC S	tatewide %	N	YC %	Rest c	of State %	Blue Blue	npire Cross Shield/ thPlus %
• Never	37	5.8%	10	4.2%	28	6.9%	0	0.0%
Sometimes	209	32.6%	86	35.6%	123	30.7%	11	26.2%
Usually	204	31.8%	71	29.3%	133	33.1%	16	38.1%
Always	192	29.9%	74	30.9%	117	29.2%	15	35.7%
Total	642	100.0%	241	100.0%	401	100.0%	42	100.0%
Not Answered	9		4		5		0	
Reporting Category		Single Items						
Achievement Score	61.	40%	59.	98%	62.	48%	73.	46%
2019 vs. 2017: +/- Change ( <b>∱</b> ¥ Stat. sig.)	-6	6.7↓	-1(	0.4↓	-3	3.1	+5	5.0

#### Q44. In the last 6 months, did you get information or help from your health plan's customer service?

		MMC Statewide		NYC		Rest of State		pire Cross Shield/ thPlus
	N	%	N	%	N	%	N	%
Yes	1,064	31.8%	415	37.3%	652	29.3%	63	33.5%
No	2,278	68.2%	697	62.7%	1,576	70.7%	125	66.5%
Total	3,342	100.0%	1,112	100.0%	2,228	100.0%	188	100.0%
Not Answered	76		37		41		6	

## Q45. In the last 6 months, how often did your health plan's customer service give you the information or help you needed?

	MMC S	MMC Statewide		NYC		Rest of State		npire Cross Shield/ thPlus
	N	%	N	%	N	%	N	%
Never	26	2.5%	8	2.0%	19	3.0%	0	0.0%
Sometimes	171	16.4%	85	21.0%	86	13.5%	10	16.1%
Usually	272	26.1%	113	27.9%	159	24.9%	20	32.3%
Always	575	55.1%	200	49.2%	374	58.6%	32	51.6%
Total	1,044	100.0%	406	100.0%	638	100.0%	62	100.0%
Not Answered	20		10		10		1	
Reporting Category				Custome	r Service			
Achievement Score	81.	81.15% 77.27% 83.25%				85.	09%	
2019 vs. 2017: +/- Change ( <b>∢</b> ↓ Stat. sig.)	+2	+2.1 +0.8		+3.7		+5	.2	
Correlation with rating of health plan	0.4	436	0.458		0.424		0.5	545

### Your Health Plan (continued)

Q46. In the last 6 months, how often was the information you got from your health plan's customer service easy to understand?

	MMC S	tatewide %	N	NYC Rest of State B		Blue Blue	npire Cross Shield/ thPlus %		
• Never	23	2.2%	10	2.4%	14	2.1%	0	0.0%	
Sometimes	126	12.0%	66	16.2%	61	9.6%	8	13.1%	
• Usually	350	33.5%	133	32.9%	213	33.3%	26	42.6%	
Always	547	52.3%	196	48.5%	353	55.0%	27	44.3%	
Total	1,046	100.0%	405	100.0%	641	100.0%	61	100.0%	
Not Answered	18		11		7		2		
Reporting Category		Single Items							
Achievement Score	85.	85.81% 81.36% 88.33%			86.73%				
2019 vs. 2017: +/- Change ( <b>₊</b> ↓ Stat. sig.)	+3	.0 <b>↑</b>	-1	.1	+6	.0 <b>↑</b>	+7.1		

## Q47. In the last 6 months, how often did your health plan's customer service staff treat you with courtesy and respect?

	MMC S	tatewide %	NYC Rest of State						pire Cross Shield/ thPlus %
• Never	19	1.8%	9	2.3%	11	1.7%	0	0.0%	
Sometimes	53	5.1%	31	7.5%	22	3.4%	5	8.2%	
Usually	198	18.9%	88	21.6%	111	17.4%	14	23.0%	
Always	777	74.2%	278	68.5%	496	77.5%	42	68.9%	
Total	1,047	100.0%	406	100.0%	640	100.0%	61	100.0%	
Not Answered	17		10		8		2		
Reporting Category				Custome	r Service				
Achievement Score	93.	12%	89.	82%	95.	16%	91.	41%	
2019 vs. 2017: +/- Change ( <b>∢</b> ↓ Stat. sig.)	+0	+0.7 -0.6 +2.5		-1.4					
Correlation with rating of health plan	0.4	0.453 0.522 0.417		417	0.665				

## Your Health Plan (continued)

Q48. Using any number from 0 to 10, where 0 is the worst health plan possible and 10 is the best health plan possible, what number would you use to rate your health plan?

	MMC S	MMC Statewide		NYC		of State	Blue Blue	ipire Cross Shield/ thPlus
	Ν	%	N	%	Ν	%	Ν	%
Worst health plan possible	28	0.8%	9	0.8%	19	0.9%	0	0.0%
● 1	8	0.2%	3	0.3%	5	0.2%	0	0.0%
2	12	0.4%	3	0.2%	9	0.4%	0	0.0%
• 3	27	0.8%	8	0.8%	19	0.8%	1	0.5%
4	48	1.4%	13	1.2%	34	1.5%	4	2.1%
5	174	5.2%	64	5.7%	109	4.9%	14	7.4%
6	146	4.4%	60	5.4%	87	3.9%	9	4.7%
7	356	10.7%	142	12.6%	213	9.6%	18	9.5%
8	623	18.6%	218	19.4%	408	18.4%	32	16.8%
9	620	18.6%	219	19.6%	401	18.1%	41	21.6%
Best health plan possible	1,300	38.9%	382	34.0%	915	41.3%	71	37.4%
Total	3,342	100.0%	1,121	100.0%	2,218	100.0%	190	100.0%
Not Answered	76		28		51		4	
Reporting Category	Ratings							
Achievement Score	75.	75.90%		84%	77.87%		75.75%	
2019 vs. 2017: +/- Change ( <b>₊</b> Stat. sig.)	0	.0	-1	.8	+2	.7♠	-C	).1

#### Q49. Would you recommend your health plan to your family and friends?

		MMC Statewide		NYC		Rest of State		Blue Blue	pire Cross Shield/ thPlus	
				Ν	%	Ν	%	Ν	%	
0	Yes	2,945	91.4%	971	89.9%	1,974	92.2%	160	90.4%	
•	No	276	8.6%	109	10.1%	167	7.8%	17	9.6%	
	Total	3,221	100.0%	1,081	100.0%	2,142	100.0%	177	100.0%	
	Not Answered	197		68		127		17		
	Reporting Category	Single Items								
	Achievement Score	91.29%		89.80%		92.26%		90.3	38%	
	2019 vs. 2017: +/- Change ( <b>∱</b> Stat. sig.)	-0.6		-2.6↓		<b>+</b> 1.8 <b>↑</b>		-1	.2	

## About Your Health

#### Q50. In general, how would you rate your overall health?

	MMC Statewide		NYC				Blue BlueS	pire Cross Shield/ thPlus
	N	%	N	%	N	%	N	%
Excellent	445	13.3%	164	14.5%	282	12.7%	37	19.3%
Very Good	967	28.8%	344	30.5%	629	28.2%	57	29.7%
Good	1,263	37.6%	427	37.9%	838	37.6%	63	32.8%
Fair	547	16.3%	164	14.6%	377	16.9%	30	15.6%
Poor	134	4.0%	29	2.6%	103	4.6%	5	2.6%
Total	3,356	100.0%	1,129	100.0%	2,229	100.0%	192	100.0%
Not Answered	62		20		40	40		

#### Q51. In general, how would you rate your overall mental or emotional health?

	MMC Statewide		NYC		NYC Rest of State		Blue Blue	pire Cross Shield/ thPlus
	N	%	N	%	Ν	%	N	%
Excellent	818	24.3%	320	28.5%	500	22.3%	65	33.9%
Very Good	914	27.2%	302	26.9%	615	27.5%	39	20.3%
Good	975	29.0%	323	28.8%	653	29.1%	58	30.2%
Fair	490	14.6%	134	12.0%	351	15.7%	26	13.5%
Poor	166	4.9%	43	3.8%	121	5.4%	4	2.1%
Total	3,363	100.0%	1,122	100.0%	2,239	100.0%	192	100.0%
Not Answered	55		27		30		2	

#### Q52. Have you had a flu shot or flu spray since September 1, 2018? [Displayed for Respondents 18-64 years old]

	MMC St	atewide	N` N	YC %	Rest c	of State %	Blue Blue	pire Cross Shield/ hPlus %
• Yes	1,416	45.6%	476	48.0%	928	44.0%	70	40.9%
• No	1,692	54.4%	516	52.0%	1,183	56.0%	101	59.1%
Don't Know	150		69		85		14	
Total	3,108	100.0%	992	100.0%	2,111	100.0%	171	100.0%
Not Answered	55		24		32		4	
Reporting Category				Single	Items			
Achievement Score	45.56% 48.01% 43.96%					40.94%		
2019 vs. 2017: +/- Change ( <b>∢</b> ↓ Stat. sig.)	+3.1♠ +4.4♠ +2.2				+1.8			

#### Q53. Do you now smoke cigarettes or use tobacco every day, some days or not at all?

	ММС	MMC Statewide		NYC				of State	Blue Blue	npire Cross Shield/ thPlus
	N	%	N	%	N	%	Ν	%		
Every day	52	15.6%	93	8.4%	425	19.1%	19	10.1%		
Some days	293	8.8%	83	7.5%	208	9.3%	12	6.4%		
Not at all	2,479	74.2%	908	82.0%	1,571	70.4%	154	81.9%		
Don't Know	49	9 1.5%	24	2.2%	27	1.2%	3	1.6%		
Total	3,342	2 100.0%	1,107	100.0%	2,231	100.0%	188	100.0%		
Not Answered	70	3	42		38	38				

## Q54. In the last 6 months, how often were you advised to quit smoking or using tobacco by a doctor or other health provider in your plan?

	MMC S	tatewide %	NYC Rest of State				pire Cross Shield/ thPlus %	
Never	167	20.9%	32	18.8%	137	21.8%	3	10.3%
• Sometimes	166	20.8%	45	26.2%	122	19.5%	9	31.0%
• Usually	155	19.4%	38	21.8%	118	18.8%	6	20.7%
• Always	312	39.0%	57	33.2%	250	39.9%	11	37.9%
Total	800	100.0%	172	100.0%	627	100.0%	29	100.0%
Not Answered	14		2		13		2	
Reporting Category		Me	dical Ass	istance wi	th Smoki	ng Cessat	tion	
Achievement Score	79.	13%	81.	20%	78.	21%	N	IA
2019 vs. 2017: +/- Change ( <b>∱</b> ↓ Stat. sig.)	-(	).7	+1	.9	-1	.8	N	IA

NA: Results suppressed for fewer than 30 cases.

Q55. In the last 6 months, how often was medication recommended or discussed by a doctor or health provider to assist you with quitting smoking or using tobacco? Examples of medication are: nicotine gum, patch, nasal spray, inhaler, or prescription medication.

	MMC S	tatewide %	N	YC %	Rest c	of State %	Blue Blue	npire Cross Shield/ thPlus %	
Never	308	38.4%	68	39.8%	242	38.3%	8	27.6%	
Sometimes	166	20.7%	41	24.2%	125	19.7%	8	27.6%	
Usually	111	13.8%	21	12.3%	90	14.2%	8	27.6%	
Always	218	27.1%	40	23.7%	176	27.9%	5	17.2%	
Total	803	100.0%	170	100.0%	633	100.0%	29	100.0%	
Not Answered	11		4		7		2		
Reporting Category		Me	dical Ass	istance wi	th Smoki	ng Cessat	ion		
Achievement Score	61.	64%	60.	15%	61.	72%	NA		
2019 vs. 2017: +/- Change ( <b>↑</b> Stat. sig.)	+2	2.2	+6	5.3	+0	).3	Ν	JA	

Q56. In the last 6 months, how often did your doctor or health provider discuss or provide methods and strategies other than medication to assist you with quitting smoking or using tobacco? Examples of methods and strategies are: telephone helpline, individual or group counseling, or cessation program.

	MMC S	tatewide %	N	YC %	Rest c	of State %	Blue Blues	npire Cross Shield/ thPlus %
• Never	353	44.1%	82	48.3%	274	43.5%	9	31.0%
Sometimes	166	20.8%	35	20.4%	129	20.5%	10	34.5%
Usually	111	13.9%	22	13.2%	89	14.2%	6	20.7%
Always	170	21.3%	31	18.1%	137	21.8%	4	13.8%
Total	800	100.0%	170	100.0%	630	100.0%	29	100.0%
Not Answered	14		4		10		2	
Reporting Category		Me	dical Ass	istance wi	th Smoki	ng Cessat	tion	
Achievement Score 2019 vs. 2017: +/- Change ( <b>₊</b> ↓ Stat. sig.)		88% .2 <b></b> ↑	51. +3	68% 6.6	56. +5	49% 5.0		IA IA

#### Q57.1. Are you aware that you have any of the following conditions? Response: High cholesterol

		MMC Statewide		YC		of State	Blue Blues Heal	npire Cross Shield/ thPlus
	N	%	N	%	N	%	N	%
Yes	974	52.3%	355	54.5%	623	51.3%	53	53.5%
No	890	47.7%	296	45.5%	592	48.7%	46	46.5%
Total	1,864	100.0%	651	100.0%	1,214	100.0%	99	100.0%
Not Answered	1,554		498		1,055		95	

NA: Results suppressed for fewer than 30 cases.

#### Q57.2. Are you aware that you have any of the following conditions? Response: High blood pressure

	MMC S	tatewide %	N	YC %	Rest o	of State %	Empire BlueCross BlueShield/ HealthPlus N %	
Yes	1.149	61.6%	400	61.4%	753	62.0%	49	49.5%
No	715	38.4%	251	38.6%	462	38.0%	50	50.5%
Total	1,864	100.0%	651	100.0%	1,214	100.0%	99	100.0%
Not Answered	1,554		498		1,055		95	

## Q57.3. Are you aware that you have any of the following conditions? Response: Parent or sibling with a heart attack before the age of 60

	MMC Statewide		N	YC	Rest o	f State	Blue Blue	ipire Cross Shield/ thPlus
	N	%	N	%	Ν	%	Ν	%
Yes	462	24.8%	129	19.8%	331	27.3%	23	23.2%
No	1,402	75.2%	522	80.2%	883	72.7%	76	76.8%
Total	1,864	100.0%	651	100.0%	1,214	100.0%	99	100.0%
Not Answered	1,554		498		1,055		95	

#### Q58.1. Has a doctor ever told you that you have any of the following conditions? Response: A heart attack

	MMC Statewide		NYC Rest of S			Blue Blues Healt	impire ueCross eShield/ althPlus	
	N	%	N	%	N	%	N	%
Yes	122	14.0%	41	12.1%	80	14.7%	6	13.6%
No	751	86.0%	294	87.9%	465	85.3%	38	86.4%
Total	873	100.0%	334	100.0%	545	100.0%	44	100.0%
Not Answered	2,545		815		1,724		150	

## Q58.2. Has a doctor ever told you that you have any of the following conditions? Response: Angina or coronary heart disease

	MMC S	Statewide	N	YC %		Rest of State		Empire BlueCross BlueShield/ HealthPlus N %	
Yes	135	15.5%	50	15.1%	85	15.5%	7	15.9%	
No	738	84.5%	284	84.9%	460	84.5%	37	84.1%	
Total	873	100.0%	334	100.0%	545	100.0%	44	100.0%	
Not Answered	2,545		815		1,724		150		

#### Q58.3. Has a doctor ever told you that you have any of the following conditions? Response: A stroke

	MMC S	tatewide %	N	YC %	Rest c	of State %	Empire BlueCross BlueShield/ HealthPlus N %	
Yes	104	11.9%	34	10.2%	68	12.5%	4	9.1%
No	769	88.1%	300	89.8%	476	87.5%	40	90.9%
Total	873	100.0%	334	100.0%	545	100.0%	44	100.0%
Not Answered	2,545		815		1,724		150	

## Q58.4. Has a doctor ever told you that you have any of the following conditions? Response: Any kind of diabetes or high blood sugar

	MMC Statewide		N	YC	Rest c	of State	Blue Blue	ipire Cross Shield/ thPlus
	N	%	Ν	%	Ν	%	Ν	%
Yes	690	79.0%	268	80.1%	431	79.1%	35	79.5%
No	183	21.0%	67	19.9%	114	20.9%	9	20.5%
Total	873	100.0%	334	100.0%	545	100.0%	44	100.0%
Not Answered	2,545		815		1,724		150	

#### Q59a. Do any of the following conditions affect you right now ... Cancer?

	MMC Statewide			YC		of State	Blue Blues Healt	ipire Cross Shield/ thPlus
	N	%	N	%	N	%	N	%
Yes	92	3.4%	27	3.1%	65	3.6%	1	0.7%
No	2,619	96.6%	854	96.9%	1,763	96.4%	148	99.3%
Total	2,711	100.0%	881	100.0%	1,828	100.0%	149	100.0%
Not Answered	707		268		441		45	

#### Q59b. Do any of the following conditions affect you right now ... Arthritis?

	MMC Statewide NYC		-		of State	Blue Blues Heal	ipire Cross Shield/ thPlus	
	N	%	N	%	N	%	N	%
Yes	874	30.8%	217	23.2%	652	34.2%	32	20.6%
No	1,966	69.2%	716	76.8%	1,256	65.8%	123	79.4%
Total	2,840	100.0%	933	100.0%	1,908	100.0%	155	100.0%
Not Answered	578		216		361		39	

#### Q59c. Do any of the following conditions affect you right now ... Asthma?

	MMC St	atewide %	N	YC %		Rest of State		Empire BlueCross BlueShield/ HealthPlus N %	
Yes	432	15.6%	131	14.4%	292	15.7%	12	7.8%	
No	2,338	84.4%	780	85.6%	1,565	84.3%	141	92.2%	
Total	2,770	100.0%	911	100.0%	1,857	100.0%	153	100.0%	
Not Answered	648		238		412		41		

#### Q59d. Do any of the following conditions affect you right now ... Overweight?

	MMC S	tatewide %	N	YC	Rest of State		Empire BlueCross BlueShield/ HealthPlus N %	
	IN .	70	IN	70	IN	70	IN	70
Yes	1,022	36.0%	276	29.5%	740	39.0%	45	28.5%
No	1,814	64.0%	660	70.5%	1,160	61.0%	113	71.5%
Total	2,836	100.0%	936	100.0%	1,900	100.0%	158	100.0%
Not Answered	582		213		369		36	

#### Q59e. Do any of the following conditions affect you right now ... Depression?

	MMC Statewide		NYC		Rest of State		Empire BlueCross BlueShield/ HealthPlus	
	N	%	N	%	N	%	N	%
Yes	755	26.8%	168	18.6%	580	30.3%	26	17.2%
No	2,064	73.2%	738	81.4%	1,333	69.7%	125	82.8%
Total	2,819	100.0%	906	100.0%	1,913	100.0%	151	100.0%
Not Answered	599		243		356		43	

#### Q59f. Do any of the following conditions affect you right now ... Drinking or other drug problems?

		MMC Statewide NYC Rest of State			Empire BlueCross BlueShield/ HealthPlus N %				
Yes		95	3.5%	27	3.1%	68	3.7%	4	2.7%
No	2,6	609	96.5%	847	96.9%	1,762	96.3%	144	97.3%
Total	2,7	704	100.0%	874	100.0%	1,830	100.0%	148	100.0%
Not Answered	7	714		275		439		46	

#### Q59g. Do any of the following conditions affect you right now ... Emotional problems or mental illness?

	MMC St	tatewide %	N	YC %		Rest of State		Empire BlueCross BlueShield/ HealthPlus N %	
Yes	532	19.1%	112	12.6%	415	22.0%	21	14.1%	
No	2,247	80.9%	777	87.4%	1,475	78.0%	128	85.9%	
Total	2,779	100.0%	889	100.0%	1,890	100.0%	149	100.0%	
Not Answered	639		260		379		45		

## Q59h. Do any of the following conditions affect you right now ... Other medical conditions lasting more than three months?

	MMC S	MMC Statewide		NYC		Rest of State		Empire BlueCross BlueShield/ HealthPlus	
	Ν	%	Ν	%	N	%	Ν	%	
Yes	961	33.4%	251	26.8%	700	36.2%	48	30.0%	
No	1,913	66.6%	687	73.2%	1,236	63.8%	112	70.0%	
Total	2,874	100.0%	938	100.0%	1,936	100.0%	160	100.0%	
Not Answered	544		211		333		34		

## About You

#### Q60. What is your age?

	MMC	Statewide	N	YC %	Rest c	of State %	Blue Blue	pire Cross Shield/ hPlus %
18 to 24	304	9.1%	105	9.5%	198	8.9%	19	9.9%
25 to 34	496	14.8%	154	13.9%	343	15.3%	30	15.7%
35 to 44	512	15.2%	180	16.2%	325	14.5%	30	15.7%
45 to 54	751	22.4%	240	21.5%	514	22.9%	41	21.5%
55 to 64	1,159	34.5%	365	32.7%	794	35.4%	63	33.0%
65 to 74	99	2.9%	53	4.8%	47	2.1%	6	3.1%
75 or older	37	1.1%	16	1.5%	20	0.9%	2	1.0%
Total	3,358	100.0%	1,115	100.0%	2,241	100.0%	191	100.0%
Not Answered	60		34		28		3	

#### Q61. Are you male or female?

	MMC S	tatewide %	N	YC %	C Rest of State		Empire BlueCross BlueShield/ HealthPlus N %	
Male	1,394	41.4%	470	41.8%	933	41.6%	73	38.0%
Female	1,974	58.6%	655	58.2%	1,310	58.4%	119	62.0%
Total	3,368	100.0%	1,125	100.0%	2,243	100.0%	192	100.0%
Not Answered	50		24		26		2	

#### Q62. What is the highest grade or level of school that you have completed?

	MMC S	MMC Statewide		NYC		f State	Blue Blue	pire Cross Shield/ thPlus
	N	%	N	%	N	%	Ν	%
8th grade or less	208	6.2%	110	9.9%	101	4.5%	16	8.5%
Some high school but did not graduate	476	14.2%	187	16.7%	294	13.2%	29	15.3%
High school graduate or GED	1,123	33.5%	311	27.8%	809	36.3%	43	22.8%
Some college or 2-year degree	938	28.0%	268	24.0%	669	30.0%	54	28.6%
4-year college graduate	379	11.3%	155	13.9%	221	9.9%	31	16.4%
More than 4-year college degree	225	6.7%	85	7.6%	137	6.1%	16	8.5%
Total	3,349	100.0%	1,116	100.0%	2,231	100.0%	189	100.0%
Not Answered	69		33		38		5	

#### Q63. Are you of Hispanic or Latino origin or descent?

	MMC S	tatewide %	N	YC %	Rest o	of State %	Blue Blue	pire Cross Shield/ thPlus %
Yes, Hispanic or Latino	611	18.4%	362	32.8%	268	12.1%	48	25.3%
No, Not Hispanic or Latino	2,710	81.6%	741	67.2%	1,950	87.9%	142	74.7%
Total	3,321	100.0%	1,103	100.0%	2,218	100.0%	190	100.0%
Not Answered	97		46		51		4	

#### Q64.1. What is your race? Response: White.

	MMC S	IC Statewide NYC Rest of State		Empire BlueCross BlueShield/ HealthPlus N %				
Yes	1,838	55.6%	263	24.2%	1,560	70.4%	67	36.4%
No	1,470	44.4%	826	75.8%	657	29.6%	117	63.6%
Total	3,308	100.0%	1,089	100.0%	2,217	100.0%	184	100.0%
Not Answered	110		60		52		10	

#### Q64.2. What is your race? Response: Black or African-American.

	MMC Statewide			NYC		f State %	Empire BlueCross BlueShield/ HealthPlus N %	
Yes	626	18.9%	300	27.6%	N 322	14.5%	41	22.3%
					-			
No	2,682	81.1%	789	72.4%	1,895	85.5%	143	77.7%
Total	3,308	100.0%	1,089	100.0%	2,217	100.0%	184	100.0%
Not Answered	110		60		52		10	

#### Q64.3. What is your race? Response: Asian.

	MMC Statewide		N	YC	Rest of State		Empire BlueCross BlueShield/ HealthPlus	
	N	%	Ν	%	N	%	Ν	%
Yes	436	13.2%	267	24.5%	172	7.8%	41	22.3%
No	2,872	86.8%	823	75.5%	2,045	92.2%	143	77.7%
Total	3,308	100.0%	1,089	100.0%	2,217	100.0%	184	100.0%
Not Answered	110		60		52		10	

#### Q64.4. What is your race? Response: Native Hawaiian or other Pacific Islander.

		MMC Statewide NYC Rest of State			Blue Blues Heal	Empire BlueCross BlueShield/ HealthPlus N %		
Yes		17 0.5%		1.1%	4	0.2%	1	0.5%
No	3,2	91 99.5%	1,077	98.9%	2,213	99.8%	183	99.5%
Total	3,3	08 100.0%	1,089	100.0%	2,217	100.0%	184	100.0%
Not Answered	1	10	60		52		10	

#### Q64.5. What is your race? Response: American Indian or Alaska Native.

	MMC S	tatewide %	N	YC %	Rest of State		Empire BlueCross BlueShield/ HealthPlus N %	
		78	IN	78		78	IN	78
Yes	57	1.7%	14	1.3%	42	1.9%	2	1.1%
No	3,251	98.3%	1,075	98.7%	2,175	98.1%	182	98.9%
Total	3,308	100.0%	1,089	100.0%	2,217	100.0%	184	100.0%
Not Answered	110		60		52		10	

#### Q64.6. What is your race? Response: Other.

		tatewide		YC	Rest of State		Empire BlueCross BlueShield/ HealthPlus	
	N	%	N	%	N	%	N	%
Yes	431	13.0%	263	24.2%	181	8.2%	37	20.1%
No	2,877	87.0%	826	75.8%	2,036	91.8%	147	79.9%
Total	3,308	100.0%	1,089	100.0%	2,217	100.0%	184	100.0%
Not Answered	110		60		52		10	

#### Q65. How well do you speak English?

	MMC S	tatewide	N	YC	Rest o	f State	Empire BlueCross BlueShield/ HealthPlus	
	N	%	N	%	N	%	Ν	%
Very well	2,437	72.2%	613	54.3%	1,806	80.3%	115	60.2%
Well	457	13.5%	216	19.1%	245	10.9%	37	19.4%
Not well	335	9.9%	206	18.3%	138	6.1%	28	14.7%
Not at all	148	4.4%	94	8.3%	59	2.6%	11	5.8%
Total	3,377	100.0%	1,129	100.0%	2,249	100.0%	191	100.0%
Not Answered	41		20		20		3	

#### Q66. Do you speak a language other than English at home?

	MMC S	tatewide %	N	YC %		Rest of State		Empire BlueCross BlueShield/ HealthPlus N %	
Yes	1,114	33.5%	635	57.7%	499	22.4%	99	54.1%	
No	2,216	66.5%	466	42.3%	1,731	77.6%	84	45.9%	
Total	3,330	100.0%	1,100	100.0%	2,230	100.0%	183	100.0%	
Not Answered	88		49		39		11		

#### Q67. What is the language spoken at home?

		tatewide		YC	Rest of State		Empire BlueCross BlueShield/ HealthPlus	
	N	%	N	%	N	%	N	%
Spanish	387	12.0%	238	22.8%	167	7.7%	31	17.4%
Other	617	19.2%	339	32.6%	279	12.8%	63	35.4%
Total	3,220	100.0%	1,043	100.0%	2,177	100.0%	178	100.0%
Not Answered	198		106		92		16	



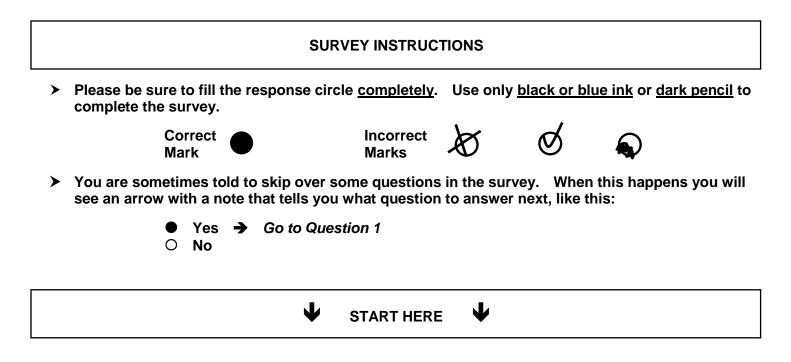


All information that would let someone identify you will be kept private. The New York State Department of Health and DataStat will not share your personal information with anyone without your OK. You may choose to answer this survey or not. If you choose not to, this will not affect the benefits you get.

Your responses to this survey are completely confidential. Once you complete the survey, place it in the envelope that was provided, seal the envelope, and return the envelope to DataStat.

You may notice a barcode number on the front of this survey. This number is ONLY used to let us know if you returned your survey so we don't send you reminders.

If you want to know more about this study, please call 1-877-455-3394.



- 1. Our records show that you are now in [HEALTH PLAN NAME]. Is that right?
  - O Yes → Go to Question 3 O No → Go to Question 2
- 2. What is the name of your health plan? (please print)

## YOUR HEALTH CARE IN THE LAST 6 MONTHS

These questions ask about your own health care. Do <u>not</u> include care you got when you stayed overnight in a hospital. Do <u>not</u> include the times you went for dental care visits.

- 3. In the last 6 months, did you have an illness, injury, or condition that <u>needed</u> <u>care right away</u> in a clinic, emergency room, or doctor's office?
  - Yes → Go to Question 4
  - No → Go to Question 5
- 4. In the last 6 months, when you <u>needed</u> <u>care right away</u>, how often did you get care as soon as you needed?
  - O Never
  - O Sometimes
  - O Usually
  - O Always
- 5. In the last 6 months, did you make any appointments for a <u>check-up or routine</u> <u>care</u> at a doctor's office or clinic?
  - Yes → Go to Question 6
  - No → Go to Question 7
- 6. In the last 6 months, how often did you get an appointment for a <u>check-up or</u> <u>routine care</u> at a doctor's office or clinic as soon as you needed?
  - O Never
  - O Sometimes
  - O Usually
  - O Always
- 7. In the last 6 months, did you need care for yourself during evenings, weekends, or holidays?
  - Yes → Go to Question 8
  - No → Go to Question 9

- 8. In the last 6 months, how often were you able to get the care you needed from a doctor's office or clinic during evenings, weekends, or holidays?
  - O Never
  - O Sometimes
  - O Usually
  - O Always
- 9. In the last 6 months, did you contact your personal doctor's office or clinic with a medical question after regular office hours?
  - Yes → Go to Question 10
  - No → Go to Question 11
- 10. In the last 6 months, when you contacted your personal doctor's office or clinic after regular office hours, how often did you get an answer to your medical question as soon as you needed?
  - O Never
  - O Sometimes
  - O Usually
  - O Always
- 11. In the last 6 months, <u>not</u> counting the times you went to an emergency room, how many times did you go to a doctor's office or clinic to get health care for yourself?
  - None → Go to Question 23
  - 1 → Go to Question 12
  - 2 **→** Go to Question 12
  - 3 **→** Go to Question 12
  - $\bigcirc$  4  $\rightarrow$  Go to Question 12
  - 5 to 9 → Go to Question 12
  - 10 or more → Go to Question 12
- 12. In the last 6 months, did you and a doctor or other health provider talk about specific things you could do to prevent illness?
  - O Yes
  - O No

13. In the last 6 months, did you and a doctor or other health provider talk about any of the following?

		Yes	Νο
a.	Healthy diet and eating habits	0	0
b.	Exercise or physical activity	0	0
c.	Things in your life that worry you or cause you stress	0	0
d.	Whether you felt sad, empty, or depressed	0	0
e.	Smoking or using tobacco products	0	0
f.	Alcohol or other drug use	0	0

- 14. In the last 6 months, did you and a doctor or other health care provider talk about starting or stopping a prescription medicine?
  - Yes → Go to Question 15
  - No → Go to Question 18
- 15. Did you and a doctor or other health provider talk about the reasons you might want to take a medicine?
  - O Yes
  - O No
- 16. Did you and a doctor or other health provider talk about the reasons you might <u>not</u> want to take a medicine?
  - O Yes
  - O No
- 17. When you talked about starting or stopping a prescription medicine, did a doctor or other health provider ask you what was best for you?
  - O Yes
  - O No
- 18. In the last 6 months, did a doctor or other health provider order a blood test, x-ray or other test for you?
  - Yes → Go to Question 19
     No → Go to Question 21

- 19. When a doctor or other health provider ordered a blood test, x-ray or other test for you, how often did someone from this doctor's office follow up to give you those results?
  - O Never
  - O Sometimes
  - O Usually
  - O Always
- 20. In the last 6 months, how often were the results of your blood test, x-ray or other test easy to understand?
  - O Never
  - O Sometimes
  - O Usually
  - O Always
- 21. Using any number from 0 to 10, where 0 is the worst health care possible and 10 is the best health care possible, what number would you use to rate all your health care in the last 6 months?

0	Ο	0	0	0	0	0	0	0	0	0
0	1	2	3	4	5	6	7	8	9	10
Wc	orst								E	Best
He	Health Care Health Car									are
Pos	ssibl	е						F	oss	ible

- 22. In the last 6 months, how often was it easy to get the care, tests, or treatment you needed?
  - O Never
  - O Sometimes
  - O Usually
  - O Always
- 23. In the last 6 months, did you need any emotional or mental health treatment or counseling for a personal or family problem?
  - O Yes → Go to Question 24
  - No → Go to Question 26

- •
- 24. In the last 6 months, how often was it easy to get the emotional or mental health treatment or counseling you needed through your health plan?
  - O Never
  - O Sometimes
  - O Usually
  - O Always
- 25. Using any number from 0 to 10, where 0 is the worst treatment or counseling possible and 10 is the best treatment or counseling possible, what number would you use to rate all your emotional or mental health treatment or counseling in the last 6 months?

0	0	0	0	0	0	0	0	Ο	Ο	0
0	1	2	3	4	5	6	7	8	9	10
Wc	orst								E	Best
Tre	atm	ent						Tre	eatm	nent
Pos	ssibl	е						F	Poss	ible

- 26. In the last 6 months, did you need any treatment or counseling for alcohol use, drug use or other addiction?
  - Yes → Go to Question 27
  - No → Go to Question 29
- 27. In the last 6 months, how often was it easy to get the alcohol, drug or addiction treatment or counseling you needed through your health plan?
  - O Never
  - O Sometimes
  - O Usually
  - O Always
- 28. Using any number from 0 to 10, where 0 is the worst treatment or counseling possible and 10 is the best treatment or counseling possible, what number would you use to rate all your alcohol, drug or addiction treatment or counseling in the last 6 months?

0	0	0	0	0	0	0	0	0	0	0
0	1	2	3	4	5	6	7	8	9	10
Wc	orst								E	Best
Tre	atm	ent						Tre	eatm	nent
Po	ssibl	е						F	oss	ible

## YOUR PERSONAL DOCTOR

- 29. A personal doctor is the one you would see if you need a check-up, want advice about a health problem, or get sick or hurt. Do you have a personal doctor?
  - Yes → Go to Question 30
  - No → Go to Question 38
- 30. In the last 6 months, how many times did you visit your personal doctor to get care for yourself?
  - None → Go to Question 37
  - 1 → Go to Question 31
  - 2 → Go to Question 31
  - 3 **→** Go to Question 31
  - 4 → Go to Question 31
  - 5 to 9 → Go to Question 31
  - O 10 or more → Go to Question 31
- 31. In the last 6 months, how often did your personal doctor explain things in a way that was easy to understand?
  - O Never
  - O Sometimes
  - O Usually
  - O Always
- 32. In the last 6 months, how often did your personal doctor listen carefully to you?
  - O Never
  - O Sometimes
  - O Usually
  - O Always
- 33. In the last 6 months, how often did your personal doctor show respect for what you had to say?
  - O Never
  - O Sometimes
  - O Usually
  - O Always
- 34. In the last 6 months, how often did your personal doctor spend enough time with you?
  - O Never
  - O Sometimes
  - O Usually
  - O Always

- 35. In the last 6 months, did you get care from a doctor or other health provider besides your personal doctor?
  - Yes → Go to Question 36
  - No → Go to Question 37
- 36. In the last 6 months, how often did your personal doctor seem informed and upto-date about the care you got from these doctors or other health providers?
  - O Never
  - O Sometimes
  - O Usually
  - O Always
- 37. Using any number from 0 to 10, where 0 is the worst personal doctor possible and 10 is the best personal doctor possible, what number would you use to rate your personal doctor?

Ο	Ο	0	Ο	0	Ο	Ο	Ο	Ο	Ο	Ο
0	1	2	3	4	5	6	7	8	9	10
Wc	orst								E	Best
Pe	rson	al D	octo	r			Pers	ona	l Do	ctor
Pos	ssibl	е						F	Poss	ible

### GETTING HEALTH CARE FROM SPECIALISTS

When you answer the next questions, do <u>not</u> include dental visits or care you got when you stayed overnight in a hospital.

- 38. Specialists are doctors like surgeons, heart doctors, allergy doctors, skin doctors, and other doctors who specialize in one area of health care. In the last 6 months, did you try to make any appointments to see a specialist?
  - O Yes → Go to Question 39
     O No → Go to Question 42
- 39. In the last 6 months, how often did you get an appointment with specialists as soon as you needed?
  - O Never
  - O Sometimes
  - O Usually
  - O Always

- 40. How many specialists have you seen in the last 6 months?
  - None → Go to Question 42
  - O 1 specialist → Go to Question 41
  - 2 → Go to Question 41
  - $\bigcirc$  3  $\rightarrow$  Go to Question 41
  - $\bigcirc$  4  $\rightarrow$  Go to Question 41
  - O 5 or more specialists → Go to Question 41
- 41. We want to know your rating of the specialist you saw most often in the last 6 months. Using any number from 0 to 10, where 0 is the worst specialist possible and 10 is the best specialist possible, what number would you use to rate the specialist?

0	0	0	0	0	0	0	0	0	Ο	0
0	1	2	3	4	5	6	7	8	9	10
Wc	orst								E	Best
Spo	ecia	list						Sp	pecia	alist
Pos	ssibl	е						F	oss	ible

## YOUR HEALTH PLAN

The next questions ask about your experience with your health plan.

- 42. In the last 6 months, did you look for any information in written materials or on the Internet about how your health plan works?
  - Yes → Go to Question 43
  - No → Go to Question 44
- 43. In the last 6 months, how often did the written materials or the Internet provide the information you needed about how your health plan works?
  - O Never
  - O Sometimes
  - O Usually
  - O Always
- 44. In the last 6 months, did you get information or help from your health plan's customer service?
  - Yes → Go to Question 45
  - No → Go to Question 48



- 45. In the last 6 months, how often did your health plan's customer service give you the information or help you needed?
  - O Never
  - O Sometimes
  - O Usually
  - O Always
- 46. In the last 6 months, how often was the information you got from your health plan's customer service easy to understand?
  - O Never
  - O Sometimes
  - O Usually
  - O Always
- 47. In the last 6 months, how often did your health plan's customer service staff treat you with courtesy and respect?
  - O Never
  - O Sometimes
  - O Usually
  - O Always
- 48. Using any number from 0 to 10, where 0 is the worst health plan possible and 10 is the best health plan possible, what number would you use to rate your health plan?

0	0	0	0	0	0	0	0	0	0	0
0	1	2	3	4	5	6	7	8	9	10
Wc	orst								E	Best
Health Plan Health Pl										Plan
Po	ssibl	е						F	Poss	ible

- 49. Would you recommend your health plan to your family and friends?
  - O Yes
  - O No

### **ABOUT YOUR HEALTH**

- 50. In general, how would you rate your overall health?
  - O Excellent
  - O Very good
  - O Good
  - O Fair
  - O Poor

- 51. In general, how would you rate your overall mental or emotional health?
  - O Excellent
  - O Very good
  - O Good
  - O Fair
  - O Poor
- 52. Have you had a flu shot or flu spray since September 1, 2018?
  - O Yes
  - O No
  - O Don't know
- 53. Do you now smoke cigarettes or use tobacco every day, some days, or not at all?
  - O Every day → Go to Question 54
  - Some days → Go to Question 54
  - Not at all → Go to Question 57
  - O Don't know → Go to Question 57
- 54. In the last 6 months, how often were you advised to quit smoking or using tobacco by a doctor or other health provider in your plan?
  - O Never
  - O Sometimes
  - O Usually
  - O Always
- 55. In the last 6 months, how often was medication recommended or discussed by a doctor or health provider to assist you with quitting smoking or using tobacco? Examples of medication are: nicotine gum, patch, nasal spray, inhaler, or prescription medication.
  - O Never
  - O Sometimes
  - O Usually
  - O Always

- 56. In ti
- 56. In the last 6 months, how often did your doctor or health provider discuss or provide methods and strategies other than medication to assist you with quitting smoking or using tobacco? Examples of methods and strategies are: telephone helpline, individual or group counseling, or cessation program.
  - O Never
  - O Sometimes
  - O Usually
  - O Always
- 57. Are you aware that you have any of the following conditions? Mark one or more.
  - O High cholesterol
  - O High blood pressure
  - O Parent or sibling with a heart attack before the age of 60
- 58. Has a doctor ever told you that you have any of the following conditions? Mark one or more.
  - O A heart attack
  - O Angina or coronary heart disease
  - O A stroke
  - O Any kind of diabetes or high blood sugar
- 59. Do any of the following conditions affect you right now?

		Yes	No
a.	Cancer	0	0
b.	Arthritis	0	0
c.	Asthma	0	0
d.	Overweight	0	0
e.	Depression	0	0
f.	Drinking or other drug problems	0	0
g.	Emotional problems or mental illness	0	0
h.	Other medical conditions lasting more than three months	0	0

## ABOUT YOU

- 60. What is your age?
  - O 18 to 24
  - O 25 to 34
  - O 35 to 44
  - O 45 to 54
  - O 55 to 64
  - O 65 to 74
  - O 75 or older

### 61. Are you male or female?

- O Male
- O Female
- 62. What is the highest grade or level of school that you have completed?
  - O 8th grade or less
  - O Some high school, but did not graduate
  - O High school graduate or GED
  - O Some college or 2-year degree
  - O 4-year college graduate
  - O More than 4-year college degree
- 63. Are you of Hispanic or Latino origin or descent?
  - O Yes
  - O No

# 64. What is your race? Please mark one or more.

- O White
- O Black or African-American
- O Asian
- O Native Hawaiian or other Pacific Islander
- O American Indian or Alaska Native
- O Other

### 65. How well do you speak English?

- O Very well
- O Well
- O Not well
- O Not at all
- 66. Do you speak a language other than English at home?
  - O Yes → Go to Question 67
  - No → Thank you. Please return the completed survey in the postage-paid envelope.

•

### 67. What is this language spoken at home?

- O Spanish
- O Other

Thank you for taking the time to complete this survey. Your answers are greatly appreciated.

When you are done, please use the enclosed prepaid envelope to mail the survey to:

DataStat 3975 Research Park Drive Ann Arbor, MI 48108