



**Department
of Health**

Make New York the Healthiest State

New York State Prevention Agenda



Prevention Agenda 2019-2024

Cross-Cutting Principles to Guide Development of Priority Specific Plans

NYS Department of Health Office of Public Health Practice
May 16th, 2018

Proposed Cross-Cutting Principles

To improve health outcomes and promote equity, we will:

- Focus on social determinants of health
- Incorporate a health-across-all-policies approach
- Maximize use of evidence based interventions
- Emphasize healthy aging across the lifecycle
- Strengthen collaboration across sectors
- Concentrate on primary and secondary prevention, not on health care design or reimbursement.

Cross cutting Issue: Healthy Aging Across the Lifespan

- Pleased to see healthy aging included as we have a large baby boomer population and there is a lack of services for aging populations
- Include “Healthy Aging” as its own priority. By including Healthy Aging as a priority, and publicly raising the critical nature of prevention efforts specific to New York’s growing older adult population, we can help transform New York’s health care system to one that improves quality of life for its seniors, prevents costly care interventions, and reduces the financial burden on the state and its taxpayers.
- Make aging a cross cutting issue so that it’s included in each priority to ensure it is not isolated from everything else.
- Healthy aging should be cross cutting but we need to be more intentional about it in every priority.

Cross Cutting Issue: Health Disparities

- Greater emphasis needs to be placed on identifying and addressing causes of social determinants of health including racial/ethnic disparities.
- To help ensure this goal is reached, it should be expressly stated within specific 2019-2024 focus area goals, where appropriate. Thus, “Reduce health disparities” should be a stated goal for vaccine preventable diseases, HIV, STDs, etc.
- We view these priority areas as critical to the creation of healthy neighborhoods but believe the prevention agenda does not go far enough in addressing inequities within neighborhoods and as such the health of its residents. The prevention agenda does not address closing gaps across racial and racialized groups. All focus areas should be grounded in historical understanding and context.

Cross Cutting Issue: Social Determinants

- Need to address the missing link: to empower and educate---and fund--- communities /community groups to themselves enhance community well being and improve community health. This could be summarized as “Promote community empowerment and funding to improve health through effective interventions facilitated by local groups and trained community members”
- While priorities cover the pressing health issues, they don't address underlying factors that relate to all of them. Strategies to address the social determinants of health more specifically would be helpful for work towards health equity in all these categories.

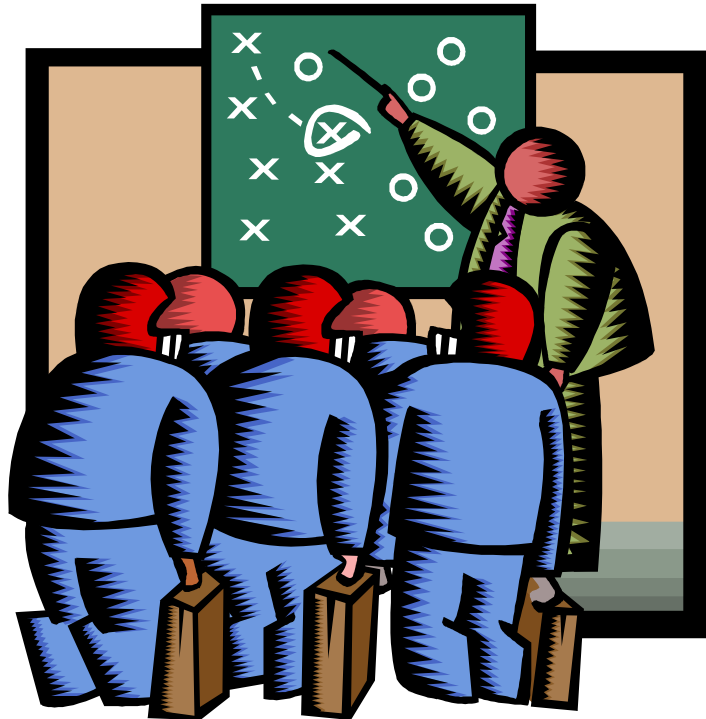
Updated Cross-Cutting Principles

To improve health outcomes, **enable well-being and** promote equity **across the lifespan** we will:

- Focus on social determinants of health
- Incorporate a health-across-all-policies approach
- Emphasize healthy aging across the lifespan
- **Assure inclusive community engagement and** collaboration across sectors **in the development and implementation of local plans**
- **Increase investments in prevention from all sources**
- Maximize use of evidence-based interventions
- Concentrate on primary and secondary prevention, not on health care design or reimbursement.

Next Steps – Developing Priority Specific Plans

Development of an Action Plan for Each Priority Area



- Focus Areas
 - Goals
 - Measurable Objective(s)
 - Evidence Based Interventions

EXAMPLE:

Priority Area: Prevent Chronic Diseases

Focus Area: Healthy Eating and Food Security

Goal: Reduce Food Insecurity

- For each goal, identify at least one objective to address in the next six years.
 - At least one objective per focus area that measures progress related to a racial/ethnic/SES/age disparity.
 - For each objective, provide baseline year, baseline estimate, percent improvement over the next six years and the 2024 target for the objective.
 - Provide the data source and whether or not there is available geographic and SES data for measuring the progress toward the objective.

Priority Area: Prevent Chronic Diseases

Focus Area: Healthy Eating and Food Security

Goal: Reduce Food Insecurity

- For each goal, identify between 2-5 evidence-based interventions that can be implemented at the state and/or local level.
- Focus on interventions that can impact the bottom levels of the Frieden Health Impact Pyramid
- Identify which sector(s) can play a lead role in implementing the intervention and which sector(s) can play a contributing role.
- Identify which social determinant(s) of health is being addressed.
- Identify which age group(s) is targeted, with focus on older adults.

Small Group Discussion

- Meet in priority specific group to discuss changes to priority focus areas and goals based on feedback received
- Address key questions:
 - How will plan be developed and who else needs to be consulted?
 - How can we engage local communities on this priority at the local level?
 - How can we address disparities related to this priority?

Prevent Chronic Diseases

2019-2024 Focus Areas

2019-2024 Goals

| | |
|--|---|
| Healthy Eating and Food Security | Increase access to healthy and affordable foods and beverages |
| | Increase skills and knowledge to support healthy food and beverage choices |
| | Reduce food insecurity |
| Physical Activity | Create community environments for physical activity |
| | Promote school and child care environments for physical activity |
| | Facilitate access to safe and accessible places for physical activity |
| Tobacco Prevention | Prevent initiation of tobacco use |
| | Promote tobacco use cessation |
| | Eliminate exposure to secondhand smoke |
| Chronic Disease Preventive Care and Management | Increase cancer screening rates |
| | Increase early detection of cardiovascular disease, diabetes, prediabetes and obesity |
| | Promote evidence-based care to manage chronic diseases |
| | Improve chronic disease self-management skills |

Unchanged from 2013

 New or revised

Promote a Healthy and Safe Environment

2019-2024 Focus Areas

2019-2024 Goals

| | |
|--|---|
| Injuries, Violence and Occupational Health | Reduce falls |
| | Reduce violence |
| | Reduce occupational injury and illness |
| | Reduce traffic related injuries |
| Outdoor Air Quality | Reduce exposure to outdoor air pollutants |
| Climate and the Environment | Improve design and maintenance of the built environment |
| | Promote healthy home environments |
| | Assess and mitigate public health risks from hazardous exposures from contaminate sites |
| Water Quality | Ensure quality drinking water |
| | Reduce potential public health risks associated with exposure to recreational water |
| Food and Consumer Products | Improve access to information about the presence of chemicals |
| | Improve food safety management |

Promote Healthy Women, Infants, and Children

2019-2024 Focus Areas

2019-2024 Goals

| | |
|---------------------------|--|
| Maternal & Women's Health | Increase use of primary and preventive health care services among women of reproductive age |
| | Reduce maternal mortality & morbidity |
| Perinatal & Infant Health | Reduce infant mortality & morbidity |
| | Increase breastfeeding |
| Child & Adolescent Health | Support and enhance children and adolescents' social-emotional development and relationships |
| | Increase supports for children and youth with special health care needs |
| | Reduce dental caries among children |

Prevent HIV/STDs, Vaccine-Preventable Diseases and Antimicrobial Resistance, and Healthcare-Associated Infections

| 2019-2024 Focus Areas | 2019-2024 Goals |
|--|---|
| Vaccine Preventable Diseases | Improve vaccination rates ADD language re disparity |
| Human Immunodeficiency Virus (HIV) | Decrease HIV morbidity (new HIV diagnoses) |
| | Increase viral suppression |
| Sexually Transmitted Diseases (STDs) | Reduce the average STI diagnosis rate increases by 50% |
| Hepatitis C Virus (HCV) | Increase the number of persons treated for HCV |
| | Reduce the number of new HCV cases among people who inject drugs |
| Antibiotic Resistance and Healthcare-Associated Infections | Improve infection control in healthcare facilities |
| | Reduce infections caused by multidrug resistant organisms and C. difficile |
| | Reduce inappropriate antibiotic use |

Unchanged
 New or revised

Promote Well-Being and Prevent Mental and Substance Use Disorders

2019-2024 Focus Areas

2019-2024 Goals

| | |
|--|--|
| Promote Well-Being | Strengthen economic, education and community opportunities to promote well-being across the lifespan |
| | Increase overall satisfaction with life for people of all ages |
| | Increase support for people seeking help for mental, emotional and substance use disorders |
| Prevent Mental Emotional and Substance Use Disorders | Prevent underage drinking and excessive alcohol consumption by adults |
| | Prevent opioid and other substance misuse and deaths |
| | Prevent, reduce and address adverse childhood experiences (ACES) |
| | Reduce the prevalence of major depressive episodes |
| | Prevent suicides |
| | Reduce tobacco use among adults who report poor mental health |