

**CROUSE COMMUNITY CENTER, INC.  
ADULT DAY HEALTH CARE**

**FREEDOM TO MOVE ABOUT PROGRAM**

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**Policy:**

The setting optimizes individual initiative, autonomy and independence in making life choices when it comes to their physical environment. Crouse Community Center ADHC affords their registrants the right to move about the space freely.

**Procedure:**

1. Individual's may have the freedom to move throughout the site, based on their person-centered plan and assessed competence to manage that freedom.  
Competence will be determined upon admission and at least every 6 months or sooner if needed.
2. Things to be considered when making the determination of competence are;
  - a. Mental status/cognitive ability
  - b. Physical ability
  - c. Risk for elopement
  - d. Safety
3. Barriers must be supported by an individual's specific need and justified in their person-centered plan.
4. Individuals who are known to be safe and competent have the freedom to move about program space, including the freedom to go outside as they choose.  
Individuals who have been determined to lack safety or competence will be escorted by staff if they choose to go outdoors.