

July 2022

Young Adult

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<i>Daily Outdoor Activities, Weather Permitting</i>	<i>Daily Summer Olympics this month!</i>	<i>*All Activities are Subject to Change*</i>	Community Events: Project Sunshine: Virtual Community Volunteer group Gerstman Foundation & Summer Olympic Visit Target Trip & Breakfast Club International Day Outdoor Walk		1 Independence day flags Rise of Gru coloring Jenga Basketball Shootout	2 Firework Painting 4th of July History 4th of July Activity Pack Soccer Penalty Shootout
3	4 Fourth of July NO PROGRAM	5 Morning Movement Olympic Highlights About the Participant Opening Ceremony	6 July Coloring page Music Therapy 10:30 Paper Hand plate fans Outdoor jumbo Connect 4	7 Project Sunshine 10am Water Gun painting Bocce Ball UNO Championship	8 Paper plate Thor helmet Thor 4 coloring page Marvel trivia competition Batters Up	9 DIY Sneaker Craft St. Rosalia History Donuts Around the World Putting Challenge
10	11 National Swimming Day Swimming Jelly Fish Craft Most Amazing pools in the World Video Summer Coloring page Water Balloon Hot Potato	12 Morning Movement History of Gatorade Gatorade Tasting Sports Round Robin	13 Meditation Music Therapy 10:30 Quotes for Kindness Rock Crazy game.com outdoors	14 Project Sunshine 10am Paint Day Jeopardy Soccer Practice	15 UNO Karaoke fun! Paws of fury coloring Timed Cone Weaving	16 National Tattoo Day OLMC Feast Giglio Video Korean Constitution Day Technology Fun Team Bowling
17	18 Basketball History Gerstman Foundation Visit 12:00 Bucket Ball Basketball Activities	19 Jersey Day Morning Movement DIY Socks Craft Soccer Independent Sports	20 Target Trip Breakfast club Free Art Music Therapy 10:30 DIY painted beach shell	21 Project Sunshine 10am Morning Meditation Giant Jenga Watergun Target Fun!	22 Monopoly Free painting Ladder ball toss End of day movie!	23 MLB Standings/Predictions Coffee Filter Ice Cream RockBand/Video Games Beach Ball Keep Ups
24	25 Cupcake Liner Crab Crab Crown The Science of Crabs Video Ring Toss	26 International Day Morning Movement Sports Around the World Decorate a Tree Relay International Day Walk	27 Summer Word Search Music Therapy 10:30 Bop it/UNO Free art Sidewalk Chalk game	28 Project Sunshine 10am Water Relay Bubble Fun Tennis Fun	29 Chair yoga DC Super Pets coloring Would you rather cards Simon says	30 Harry Potter Coloring Page Avocado Pit Planting Afternoon Movie Basketball Challenge

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Community events: Project Sunshine:Virtual Community Volunteers Walk to the Marina St. Mary's Walk: Crocheron park		Project Sunshine Virtual Event with Community Volunteers	1 Popsicle tissue paper craft MUSIC THERPAY 1030AM Mandala Coloring Meditation	2 Project Sunshine Science Exploration Ice Magic Experiments Polar word search Open Recreation activi-	3 Paper plate sports craft Monopoly/board games Week in sports reel End of day movie!	4 Race Car Craft Cool Racing Videos Board Game Fun Free Throw Competition
5	6 Paper Plate Spring Chicks Baby Chicks Coloring page How do Baby Chicks grow video Chicken Word Search	7 Current Events Friendship Bracelets Lemonade Stand Outdoor Activities	8 DIY Paint CD's MUSIC THERPAY 1030AM UNO Free Art	9 Project Sunshine Marina Walk Ocean Creative Writing Ocean Virtual Exploration Outdoor Water Fun	10 Jurassic World Coloring Dinosaur craft/trivia Dinosaur Documentary Basketball shootout	11 Philippines Independence Day History and Traditional Foods Summer Drink Craft Technology Fun
12 St. Mary's Walk!	13 3D Pineapple Fruit Craft Fruit Coloring Page Most Exotic Fruit Video ISPY Fruit and Veggie Worksheet	14 Flag Day History Word Puzzles Art Project Outdoor Walk	15 Puffy Paint Watermelon MUSIC THERPAY 1030AM 90's Music Karaoke Independent Recreation	16 Project Sunshine Garden Meditation Garden Planting Video Games Karaoke	17 Lightyear coloring Toy story trivia Father's Day tie/cards Pictionary College world series talk	18 Father's Day Cards Stanley Cup Playoff Update National Sushi Day Craft Outside Play
19 Father's Day	20 Rainbow Mickey Mouse Craft Rainbow Mandala Coloring page 15 Rare Rainbows video Rainbow Word Scramble	21 Summer Solstice About Summer Solstice Meditation/Yoga Gratitude Activity Outdoor Activities	22 What Is Juneteenth? MUSIC THERPAY 1030AM Juneteenth coloring page Outdoor Walk	23 Project Sunshine Zoom Trivia iPad Heads Up Magic Coloring Experiment	24 Elvis Coloring/art Elvis history Jenga Outdoor soccer	25 Global Beatles Day Beatles Band History Beatles Coloring Page Beatles Rock Band Independent Recreation
26	27 Paper Plate Ladybug Cutest Baby Animals Video Ladybug coloring page Bug Word Search	28 Conversation Starters Two Circles Activity Recreation Exploration Outdoor Walk	30 Sunset Seashell scene MUSIC THERPAY 1030AM Outdoor Sidewalk Chalk	Daily Outdoor Activities, Weather Permitting		

May 2022

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Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 Eid al-Fitr	2 National Siblings Day Funny Family Challenge Video Family Feud Family Tree Worksheet Family Coloring Page	3 Current Events Spring Picture Day Independent Recreation Outdoor Walk	4 Watermelon Fan craft Music Therapy 10:30am May The Four be with you coloring page	5 Cinco de Mayo Mexican Flag painting History of Cinco de Mayo Cinco De Mayo parade Outdoor Fun	6 Dr. Strange Folding Dr. Strange Coloring page Eagle handprint craft Marvel Movie trivia	7 Kentucky Derby History Mother's Day Cards Astronomy Day Video iPad Fun
8 Mother's Day	9 Tape Art Guess that Logo Video Collage Coloring page Independent Art	10 Current Events Meditation Nature Sun Catchers Outdoor Walk	11 Coffee Filter Butterfly Farm-To-Table 10:30am Music Therapy 10:30am Squirt Gun Painting	12 Zoom Spelling Bee Calendar Planning Volcano Experiment Chair Volleyball	13 USA Firework painting Left, Right, Center Basketball Shootout Week in sports	14 DIY Mini Golf Course Amazing Mini Golf Video Star Wars Video/Coloring Star Wars Movie
15	16 Craft Stick Octopus Guess 100 Animal Video Octopus Coloring page Animal Hidden Picture	17 Current Events Chair Zumba Recreation Exploration Sumer Bucket List Outdoor Walk	18 Galaxy Jar DIY Music Therapy 10:30am Tape Resist Watercolor Painting	19 Ocean Exploration UNO Marine Biology Activity MDHC Carnival!	20 American Flag heart Bucket Ball Pictionary End of day Movie!	21 Morning Movement Build a Robot Activity Awesome Robotics Video Board Games
22	23 National Turtle Day Turtle Paper Craft 50 Facts about Sea Turtles video Turtle Coloring page Turtle Word Search	24 Current Events Planting Responsibilities Planting Exploration Outdoor Walk	25 Acrylic Pouring Music Therapy 10:30am Independent Recreation	26 Zoom Jeopardy MDHC Scrap Book Virtual Space Exploration Galaxy Painting Project Sunshine returns	27 Star Wreath craft Maverick Coloring page UNO Outdoor Activities	28 Rainbow Craft Flower Origami Rock Band Fun Afternoon Sports
29	30 Memorial Day NO PROGRAM	31 Current Events Caterpillars Butterfly Exploration How Do I Blossom? Outdoor Walk	Community Events: Outdoor community walk Garden World Trip 5/23/2022 Project Sunshine returns 5/26.		can go outside every afternoon, weather permitting	