

SHERBURNE ADULT DAY CARE

CONTINENTAL BREAKFAST OPTIONS:

ASSORTED JUICES

MILK (SKIM, 1%, 2%, WHOLE, ALMOND)

TOAST, ENGLISH MUFFINS, BAGELS

(GLUTEN FREE AVAILABLE AS NEEDED)

ASSORTED COLD CEREALS

OATMEAL AND CREAM OF WHEAT

YOGURT

COTTAGE CHEESE

HARD BOILED EGGS

MUFFINS

FRESH FRUIT

BREAKFAST CHOICES ARE AVAILABLE ALL DAY LONG IF A CLIENT DESIRES.

LUNCH CHOICES INCLUDE A HAM, TURKEY, PBJ SANDWICH, OR SOUP AND SALAD IF REGULAR OR ALTERNATIVE ARE NOT DESIRED.

SNACKS ARE AVAILABLE ON DEMAND AND INCLUDE BUT ARE NOT LIMITED TO:

BEVERAGES, COOKIES, CRACKERS, FRUIT, PUDDING CUPS, SANDWICHES, SOUP, ETC.

SUPPLIES ARE DELIVERED AND KEPT UP TO PAR TWICE WEEKLY