

## Exhibit 6

**The Manor at Seneca Hill**  
Adult Day Health Services  
Policy and Procedure

Nursing Services  
Page 3

**To:** Adult Day Health Services  
**From:** Director of Adult Day Health Services  
**Subject:** Nursing Services

**Statement of Policy:**

The nursing staff at the Manor at Seneca Hill Adult Day Health Services will provide nursing interventions and care prescribed by each participant's attending physician and preventative, restorative, and supportive care to maintain each participant's optimum level of wellness. The nursing service consists of the Adult Day Health Service Director/RN, RN/LPN's, and CNA's.

**Procedure:** 1. Objectives of the nursing service include:

- participation in the interdisciplinary team to achieve health goals formulated by members of the health care team and participant/family
- assure implementation of the nursing component of the plan of care for each participant
- acknowledge and protect the rights of each participant
- participate in providing a safe, secure environment which will enable participants to function at their optimum level
- provide a means of evaluating nursing care of participants to ensure needs are met and goals are attained
- initiate and reinforce a system of documentation that will satisfy legal, professional, and external requirements
- provide staff and participant educational programs

2. The participant's progress or lack of progress will be evaluated on an ongoing basis with documentation to support the interventions utilized, and success (or failure) of those interventions. Non-successful interventions will be replaced with alternative measures, which will then be re-evaluated at least quarterly.

3. Preventative nursing services include:

- monitoring of vital signs and weight
- monitoring of dietary and fluid intake
- monitoring of function, behavior, and mental status
- supervision to minimize/prevent falls
- care to prevent incontinency

6. That efforts will be made by all staff to adjust the surroundings of the participant to help her/him maintain or recover her/his health.
7. That the participant will be accepted as a human being who needs to be respected and accepted as s/he is.
8. That there will be consistency in routine and in attitude between staff persons.
9. That there will be an explanation of routine procedures at the participant's level of understanding.
10. That the participant will be encouraged to do as much as possible for her/himself as long as s/he is able.
11. That s/he has the right to rehabilitation and re-socialization program that emphasizes her/his abilities.
12. That s/he will be informed of the Program's rules and regulations as they affect her/him.
13. That s/he will be given the opportunity to participate in her/his plan of care when able.

2/24/10  
Date

Director, Adult Day Health Services

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Nursing Services  
Page 2

- care to prevent skin breakdown
  - health education and counseling to participants and family caregivers
4. Restorative nursing services include:
- follow-up to rehabilitative therapies (physical, speech, and occupational therapy)
  - bowel and bladder retraining
5. Supportive nursing services include:
- personal care assistance (bathing, grooming, dressing, toileting)
  - maintenance care of colostomy, ileostomy, catheters
  - communication with the participant's attending physician and family caregiver to assure continuity of care

Because the Manor at Seneca Hill Adult Day Health Services assists persons with cognitive impairment, specialized care, which encompasses the special needs of this population, is an integral part of nursing care rendered. Examples of this specialized care as applicable to nursing include:

- monitoring of function and behavior to detect changes, which may be indicative of an underlying physical problem
- observation for adverse medication reactions and for the effects of polypharmacy
- adaptation of activities of daily living to accommodate the participant's declining functional level.

Participant Rights Related to Nursing Care

1. That s/he will receive comprehensive care to help her/him retain or maintain her/his maximum degree of health
2. That the staff that care for her/him are qualified through education, training and personality to carry out services for which they are responsible.
3. That the staff caring for the participant will be sensitive to her/his feelings and responsive to her/his needs.
4. That the plan of care will be made with the participant and/or her/his family, or responsible person so that comprehensive services will be available to her/him throughout the period of her/his needs.
5. That the professional staff will assist in keeping effective records and reports and will treat with confidence all personal matters that relate to the participant.