

Exhibit 5



THE MANOR
AT SENECA HILL

ADULT DAY HEALTH SERVICES Policy and Procedure

To: Adult Day Health Services
From: Director of Adult Day Health Services
Subject: Food and Nutritional Services

Statement of Policy:

All participants in the Manor at Seneca Hill Adult Day Health Services will have their dietary needs assessed by a Dietitian (or a qualified designee) to ensure they receive a diet appropriate to their medical and physical needs.

Procedure:

1. The participant's diet will be ordered by their attending physician upon admission to the program. The order will include type and consistency of the diet based upon the participant's functional level.
2. All participant's, upon admission, will be assessed by the Dietitian to ensure their daily meal falls within the dietary guidelines ordered by the physician.
3. All participant meals will be served in the main area of the Adult Day Health Services program. Trays will arrive between 11:15-11:30 daily and the Adult Day Health Service staff will serve participants. Participants can request earlier or later meals, if they so choose.
4. Staff will assist any participants who need help with eating as needed. The program charge nurse and/or designee is in the Adult Day Care area when participants are eating meals and provides supervision or assists as needed.
5. Staff will pick up all trays after the meal is over and return them to the dietary cart. Tables will be wiped to ensure a clean environment for the participants.
6. Participants who require special nourishment to meet dietary needs will have this nourishment provided to them.
7. Fluids will be offered and available to participants throughout the day to ensure all participants are hydrated. Water pitchers are maintained on the tables throughout the day for participant use.
8. If needed, the facility will provide dietary counseling to participants as per the recommendation of their physician.
9. Intake and output will be monitored and documented in the participant's chart if ordered by their physician.
10. The interdisciplinary care plan will reflect the participant's nutritional needs, goals, and average consumption at lunchtime during attendance at the Adult Day Health Services program. The initial assessment will be completed within five visits after admission. The care plan will be updated at least every 6 months when the participant's status is noted.
11. Monthly weights will be obtained and reported to the Dietitian. Weights may be done more frequently with a physician's order.
12. Nutritional needs of adult day care program participants will be based on current and accurate weights. Any significant change in weight from prior weight will trigger an automatic re-weigh by the nursing staff.

4-9-2020
Date

Registered Dietitian

4/9/2020
Date

Director, Adult Day Health Services

Or: 6/02
Rev: 4/03, 2/10, 6/10, 11/14, 11/19, 4/20
Key: CL