

FEBRUARY 14-19 MENU

<i>Monday</i>		<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
14	2 Cups - Rice Squares 1 1/2 Cup - Peaches 8oz. - 1% Milk	15	3 Pieces - Texas French Toast 1 1/2 Cup - Fruit Cocktail 8oz. - 1% Milk	16	2 Cups - Life Cereal 1 1/2 Cup - Man. Oranges 8oz. - 1% Milk
	<i>Breakfast</i>	<i>Breakfast</i>	<i>Breakfast</i>	<i>Breakfast</i>	<i>Breakfast</i>
					17
					3oz. - Banana Nut Muffin 1 1/2 Cup - Pineapple 8oz. - 1% Milk
					<i>Breakfast</i>
					18
					Scrambled Eggs & Hashbrowns 2oz. - Croissant 1 1/2 Cup - Pears 8oz. - 1% Milk
					<i>Breakfast</i>
<i>Monday</i>		<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
14	Pasta w/Meat Sauce 3oz. - Ground Beef 1 Cup - Rigatoni 1 1/2 Cup - Green Beans 1 1/2 Cup - Pear's 8oz. - 1% Milk	15	Chicken Salad Pita 3oz. - Diced Chicken 2oz. - (WGR) Pita 1 1/2 Cup - Mixed Beans 1 1/2 Cup - Pineapple 8oz. - 1% Milk	16	Chicken Fried Rice 3oz. - Diced Chicken 1 Cup - (WGR) Brown Rice 1 1/2 Cup - Broccoli 1 1/2 Cup - Peaches 8oz. - 1% Milk
	<i>Lunch/Dinner</i>	<i>Lunch/Dinner</i>	<i>Lunch/Dinner</i>	<i>Lunch/Dinner</i>	<i>Lunch/Dinner</i>
	ALTERNATE MEAL (S)	ALTERNATE MEAL (S)	ALTERNATE MEAL (S)	ALTERNATE MEAL (S)	ALTERNATE MEAL (S)
	Turkey, Ham, PBJ Sandwich or Julienne Salad	Turkey, Ham, PBJ Sandwich or Julienne Salad	Turkey, Ham, PBJ Sandwich or Julienne Salad	Turkey, Ham, PBJ Sandwich or Julienne Salad	Turkey, Ham, PBJ Sandwich or Julienne Salad
					18
					Cordon Bleu Casserole 3oz. - Chicken/Ham 1 Cup - (WGR) Bow Tie 1 1/2 Cup - Calif. Normandy 1 1/2 Cup - Man. Oranges 8oz. - 1% Milk
					<i>Lunch/Dinner</i>
					ALTERNATE MEAL (S)
					Turkey, Ham, PBJ Sandwich or Julienne Salad
					<i>Lunch/Dinner</i>
					19
					Turkey Sandwiches 3oz. - Sliced Turkey 2 Slices - (WGR) Croissant 1 1/2 Cup - Potato Salad 1 1/2 Cup - Pear's 8oz. - 1% Milk
					<i>Lunch/Dinner</i>
					ALTERNATE MEAL (S)
					Turkey, Ham, PBJ Sandwich or Julienne Salad
					<i>Lunch/Dinner</i>
<i>Monday</i>		<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
14	1 oz. - Nutragrain Bars 4oz. Apple Juice	15	1oz. - (WGR) Wheat Thins 1 - Banana Water	16	1oz - Cheese Crackers 1 1/2 Cup - Cucumbers Water
	<i>Snack</i>	<i>Snack</i>	<i>Snack</i>	<i>Snack</i>	<i>Snack</i>
					17
					1 oz. - Club Crackers 1oz. - Cheese Cubes Water
					<i>Snack</i>
					18
					1oz - Cinn Gr. Crackers 1 1/2 Cup - Fruit Cottage Cheese Water
					<i>Snack</i>
					19
					1oz - Saltines 1 1/2 Cup - Strawberry Yogurt Water
					<i>Snack</i>

*This institution is an equal opportunity provider

**Registrants have access to food at any time during program hours

*** Julienne salad or Sandwich are available as alternates for lunch/dinner daily