

ROTHSCHILD ADULT DAY HEALTH SERVICES AT MENORAH PARK

SUBJECT: MENU EXTENSIONS INDIVIDUALIZED REGULAR AND THERAPEUTIC DIETS

POLICY STATEMENT:

It is the policy of Rothschild Adult Day Services to provide accurate, individualized regular or therapeutic diets to all residents. Menu extensions are to be available, referred to, and followed with each meal that is prepared and served. Therapeutic menus will be written for all diets served in the facility.

IMPLEMENTATION:

1. Based on the diet order and resident visitation for likes/dislikes, the clinical staff completes a profile for each resident. Computer menus are used during meal service.
2. Each employee is responsible for following the prepared menu extensions.
3. It is management team's duty to ensure that menu extensions are accurate and updated as needed.
4. When the menu item substitutions are requested, it is the responsibility of the food service supervisor to ensure that the substitutions provided meet the dietary restrictions stated on the menu. (Ex.- Gluten-free diets are highlighted on the menu). Food Service Manager (FSM) will record substitutions in the substitution log in the FSM office.
5. Menu extensions are reviewed and updated as menu changes occur to ensure they meet the registrant's needs according to state and federal regulations.
6. The computer meal menus are used by the food supervisor for determining routine and special production figures to ensure availability of required menu items during meal service.
7. When the menu item substitutions are requested on a permanent basis, changes will be reviewed by dietitian/diet tech and approved changes placed in geri menu.
8. It is recommended that therapeutic diets be as liberal as possible.
9. The recommended therapeutic diets are:
 - Regular
 - Soft
 - Puree
 - Consistent carbohydrate
 - No added salt
 - Additional diets to meet the needs of the resident. (Altering the portion sizes and individualizing menu to achieve more rigid diets).