Work, Health and Productivity The Johnson & Johnson Story

NYS Population Health Summit December 3, 2013

Fikry Isaac, MD Vice President, Global Health Services Chief Medical Officer, Wellness & Prevention Inc.

Company Overview



Global Leader in Health Care

More than 250 Operating Companies

In 60 Countries

Selling Products in More Than 175 Countries

125,000 Employees Worldwide

Culture of Health within Johnson & Johnson - Our Journey



"Our employees are our greatest asset, and we believe that by investing in their health, we are investing in the success of our business."

Alex Gorsky, Chairman and CEO of Johnson & Johnson



Global Health Services

Leading the way with a high performing team

Protection

Keep people safe: Compliance, Assurance & Quality Care

Prevention

Keep the well well and manage the ill/injured: Innovation in Intervention

Performance

Leading in business by leading in health: Health is a key business imperative



A Multimodality Approach

Providing tools, resources and environment support



Person to Person

- Fitness/Wellness Professional
- Occupational Health Nurse, Nurse Practitioners
- Employee Assistance Program Counselors
- Health Advisors
- Group Workshops (Weight Watchers[™] at work and in the community, energy mgmt.)



Behavioral Change Offerings

- Exercise Classes
- Health Campaigns (Lose to Win, Pedometer -Million Step Challenge, Steps for Caring, Family Activity Challenge, etc.)
- Energy Management principles
- Local events and educational seminars



Online

- HealthMedia Move[™], Nourish[™], Balance[™], Overcoming Binge Eating
- My Live for Life[™] website (Cool Tools, Resources)
- Weight Watchers™ Online
- Mental health screenings



Culture and Environmental Support

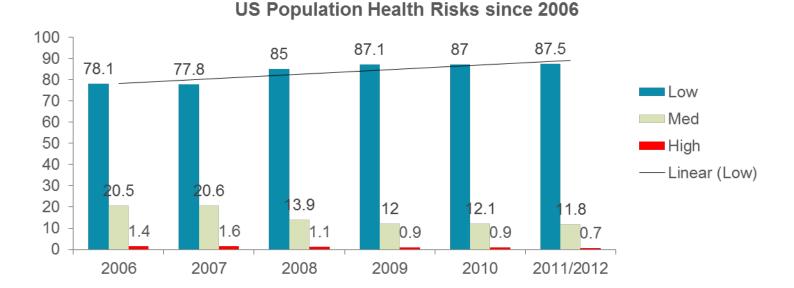
- Fitness Centers or Exercise Reimbursement
- walking / running routes
- eatcomplete
- Energy for Performance in Life
- Health Champions
- Communications & Marketing
- Incentives
- Toolkits (i.e. Mental wellbeing)

Allows a choice of value-added services that meet people where they are in their health continuum

Program Impacts



In US where the most longitudinal data exists



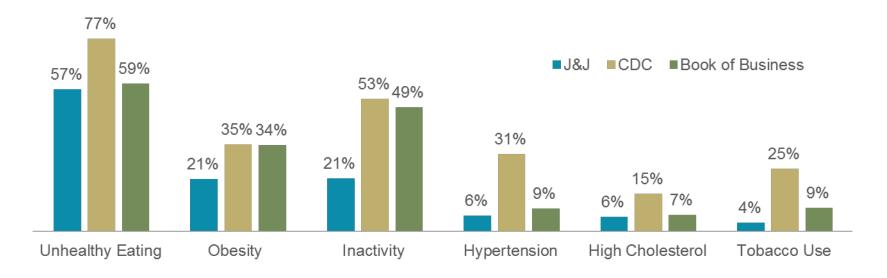
Bending the Curve- Steady increase in % Employees with Low Health Risks

Program Impacts

OUTCOMES MEASUREMENT

In US where the most longitudinal data exists

2011/2012 High Risk Data: J&J lower compared to US and Book of Business norms



Bending the Curvesignificantly lower health risks compared with the norm.

Overall Long Term Program Impact 2002-2008

Health Outcomes and Cost

- Johnson & Johnson health risk trends significantly better than US and other industries
- Company employees benefited from meaningful reductions in rates of obesity, high blood pressure, high cholesterol, tobacco use, physical inactivity and poor nutrition.
- Johnson & Johnson's Health & Wellness program had a projected return on investment (ROI) of \$1.88-\$3.92 for every \$1.00 spent
- Average annual per employee savings were \$565 in 2009 dollars,
- Benchmarking against similar industry shows an average rate of growth in medical and pharmaceutical costs that is 3.7% lower
- Lower increases in ER and Inpatient admissions and higher increases in doctor visits and prescription drug fills compared to other large companies
- US Medical Program ranks in top 1/3 compared against other Peer Companies