



# Get Ready for Your Health Clinic Visit



Clinic Location: 140 Main St., Hoosick Falls, NY, 12090

## Before Your Visit



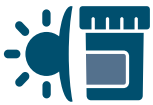
Don't eat eight hours before your appointment

### Important

Take your medications, unless your doctor says otherwise



## Day of Your Visit



Bring your first morning urine sample



Be ready to talk about your medical, residential, and work history, and drinking water habits. Bring any results from previous PFAS blood testing programs



Bring a list of all medications and supplements

## What to Expect



Welcome and sign in



Blood pressure check



Urine sample drop-off



Blood sample collection



Height and weight measurements



Questionnaires of medical and work history

**NO** drug or genetic testing



1 - 1½ HOURS



# Get Ready for Your Health Clinic Visit



Clinic Location: 327 Fullerton Avenue, Suite 2, Newburgh, NY 12550

## Before Your Visit



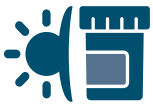
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## Questions?

Text: (518) 898-0276  
Email: PFAS@albany.edu  
www.albany.edu/sph/pfas  
Call: (833) 732-7697 (toll free)



## As a Thank You

You will receive a gift card for each part of the study you complete.

# If Your Child is Participating

## What We Need



Bring child's first morning urine sample



Bring a list of all medications



Be ready to talk about medical, school history and drinking water habits



Bring any previous PFAS blood testing results

### Important

Your child should take medications, unless your doctor says otherwise



## What to Expect

The process for your child will be the same as adults with two additions and may be scheduled as two health clinic visits.

1

A parent or guardian must be with the child who can answer questions about birth mother's pregnancy.



2

Children age 4 years and older will be asked to complete behavioral tests like:

- Playing memory games
- Sorting items into categories
- Solving puzzles
- Reacting to photos and pictures



2 - 2½ HOURS

## While You Wait

We'll have crayons and coloring books for young children. Feel free to bring electronic devices, games, or books from home.