

## Sample Problem/ Strength Menu in BASICS Hierarchy Model

The identified problem is a 4lb. weight loss over the past month. This problem puts the resident at risk under the **Interpersonal** level of need.

The strengths listed below were identified by reviewing the resident's record and by obtaining information about the problem from the resident's primary caregivers on every shift. They will be used to develop strength based care plan approaches.

Problem Index	Dimension of Need	Strength Index
<b>Strengths are Outcome Goals for Problem Intervention</b>		
<i>Resident has had a decline in ability to meet interpersonal needs</i>	<b>Interpersonal</b>  Connection with others  Love  Belonging  Personal	<i>Resident is able to self-perform all or part of interpersonal needs</i>
Primary Problem: Gerald has lost 4lbs. in the last month		Before change in diet, Gerald accepted invitations to most group activities.
Withdrawal from activities of interest since changed to pureed food (table changed from one with friends to talk with, to one where everyone is fed and there is no time to talk.		Before change in diet, Gerald enjoyed exercise, sports, music, reading/writing, spiritual/religious activities, trips/shopping, walking outdoors, watching TV documentaries, gardening, conversing with others especially at meals, and helping others.
Reduced social interaction (stays in his room now).		Before entering the facility, Gerald was involved in-group activities and enjoyed the company of his two dogs.
Involved in activities less than 1/3 of time.		Is able to make self-understood, speaks clearly, and usually understands others.
Resident's behavior status has changed as compared to status of 90 days ago. (Deteriorated from a congenial, pleasant manner at meals to being verbally disruptive and angry.		