

## Sample Problem/ Strength Menu in BASICS Hierarchy Model

The identified problem is a 4lb. weight loss over the past month. This problem puts the resident at risk under the **Creative** level of need.

The strengths listed below were identified by reviewing the resident’s record and by obtaining information about the problem from the resident’s primary caregivers on every shift. They will be used to develop strength based care plan approaches.

Problem Index	Dimension of Need	Strength Index
<b>Strengths are Outcome Goals for Problem Intervention</b>		
<i>Resident has had a decline in ability to meet interpersonal needs</i>	<b>Creative</b>  Personal Expression  Problem Solving Opportunities  Meaningful Activities	<i>Resident is able to self-perform all or part of interpersonal needs</i>
Primary Problem: Gerald has lost 4lbs. in the last month		Gerald likes to establish his own goals and would like to be included in making a plan to gain weight.
Expresses sadness and anger over loss of choice of type of food he is served and how he eats it.		Enjoys making choices among which finger food snacks he chooses and about eating in his own distinct patter (he prefers to eat something sweet first, then dunk a sweet biscuit into his tea with honey, and next eat finger sandwiches that have been cut in half lengthwise.
Prefers change in daily routine (wishes to stay in his room and forgo most former activities)		Enjoys reciting poetry from memory to his favorite CNA on the night shift and listening to her read poetry to him from one of his books when he can’t sleep.
Absence of personal contact with family/friends (they can’t travel like they used to do, they live in another state)		