

Weekly Influenza Surveillance Report

The New York State Department of Health (NYSDOH) collects, compiles, and analyzes information on influenza activity year round in New York State (NYS) and produces this weekly report during the influenza season (October through the following May).¹

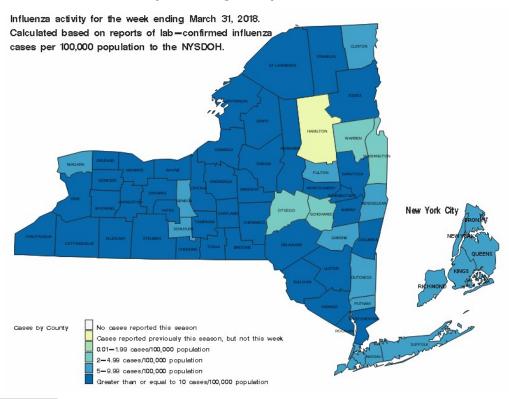
During the week ending March 31, 2018

- Influenza activity level was categorized as geographically widespread². This is the 17h consecutive week that widespread activity has been reported.
- There were **3,170** laboratory-confirmed influenza reports, a **17% increase** over last week.
- Of the 1,425 specimens submitted to WHO/NREVSS laboratories, 127 (8.9%) were positive for influenza.
- 21 specimens tested at Wadsworth Center were positive for influenza. 5 were influenza A (H1), 8 were influenza A (H3),
 8 were influenza B (Yamagata), and 0 were influenza B (Victoria).
- Reports of percent of patient visits for influenza-like illness (ILI³) from ILINet providers was 1.49%, which is below the regional baseline of 3.10%.
- The number of patients hospitalized with laboratory-confirmed influenza was 479, a 1% decrease over last week.
- There were **no** influenza-associated pediatric deaths reported this week. There have been **five** influenza-associated pediatric deaths reported this season.
- Preliminary results for influenza vaccine effectiveness (VE) are published on CDC's website at https://www.cdc.gov/mmwr/volumes/67/wr/mm6706a2.htm?s_cid=mm6706a2_w

Laboratory Reports of Influenza (including NYC)

All clinical laboratories that perform testing on residents of NYS report all positive influenza test results to NYSDOH.

- 61 of 62 counties reported cases this week.
- Incidence ranged from 0-81.7 cases/100,000 population.



¹ Information about influenza monitoring in New York City (NYC) is available from the NYC Department of Health and Mental Hygiene website at http://www.cdc.gov/flu/weekly/. National influenza surveillance data is available on CDC's FluView website at http://www.cdc.gov/flu/weekly/.

Sporadic: Small numbers of lab-confirmed cases of influenza reported.

Local: Increased or sustained numbers of lab-confirmed cases of influenza reported in a single region of New York State; sporadic in rest of state. Regional: Increased or sustained numbers of lab-confirmed cases of influenza reported in at least two regions but in fewer than 31 of 62 counties. Widespread: Increased or sustained numbers of lab-confirmed cases of influenza reported in greater than 31 of the 62 counties.

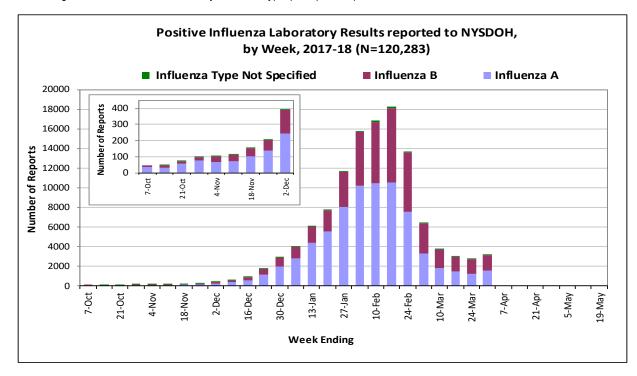
Increased or sustained is defined as 2 or more cases of laboratory-confirmed influenza per 100,000 population.

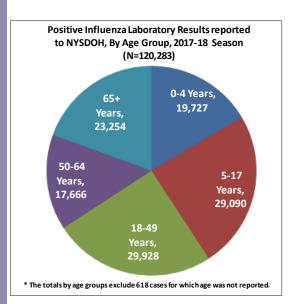
² No Activity: No laboratory-confirmed cases of influenza reported to the NYSDOH.

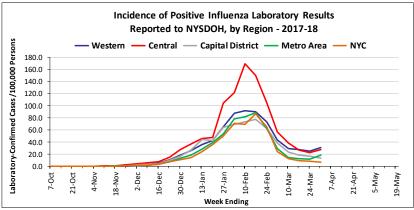
³ ILI = influenza-like illness, defined as temperature 100° F with cough and/or sore throat in the absence of a known cause other than influenza

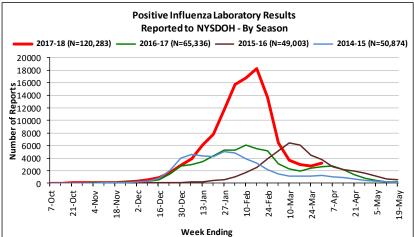
Laboratory Reports of Influenza (including NYC)

Test results may identify influenza Type A, influenza Type B, or influenza without specifying Type A or B. Some tests only give a positive or negative result and cannot identify influenza type (not specified).











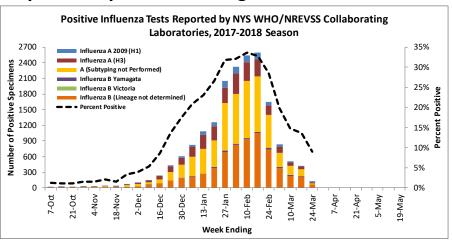
Laboratory Reports of Influenza (including NYC)

Data shown in the table represents the number of laboratory-confirmed cases by county for the current week, previous two weeks, and season-to-date totals.

	V	Veek Endir	1					
County	17-Mar	24-Mar	31-Mar	Season-To-Date				
Albany	46	35	39	1563				
Allegany			11	179				
Broome	58	35	42	2061				
Cattaraugus	14	13	8	461				
Cayuga	24	19	45	1008				
Chautaugua	58	43	48	1281				
Chemung	11	19	20	433				
Chenango	14	14	10	545				
Clinton	28	14	7	591				
Columbia	6	9	10	327				
Cortland	10	11	12	553				
Delaware	11	8	11	292				
Dutchess	22	30	16	1506				
Erie	176	190	160	4883				
Essex	11	4	4	161				
Franklin	4	3	9	206				
Fulton	16	7	5	314				
Genesee	15	13	23	683				
Greene	8	7	3	215				
Hamilton	3	1	0	25				
Herkimer	16	16	17	714				
Jefferson	54	40	41	1212				
Lewis	13	5	4	374				
Livingston	38	30	37	623				
Madison	24	12	16	563				
Monroe	295	267	402	6435				
Montgomery	21	19	10	445				
Nassau	159	151	103	7424				
Niagara	36	24	15	833				
Oneida	77	82	100	3291				
Onondaga	42	47	84	2895				
Ontario	25	14	23	1260				
Orange	40	83	277	2282				
Orleans	18	13	13	363				
Oswego	35	21	20	1196				
Otsego	9	12	3	384				
Putnam	12	8	6	619				
Rensselaer	11	11	9	744				
Rockland	21	34	267	1350				
Saratoga	67	65	50	1996				
Schenectady	43	53	44	1848				
Schoharie	3	8	1	156				
Schuyler	3	2	1	48				
Seneca	10	1	3	276				
St. Lawrence	48	29	28	979				
Steuben	25	33	45	533				
Suffolk	165	122	135	7242				
Sullivan 	20	12	29	525				
Tioga	10	17	25	572				
Tompkins	29	35	21	1072				
Ulster	17	15	19	646				
Warren	5	1	3	217				
Washington	9	6	3	270				
Wayne	36	41	62	1265				
Westchester	194	178	136	8205				
Wyoming	13	8	10	268				
Yates	6	1	4	192				
Upstate Total	2194	1995	2549	76604				
Bronx	186	190	125	11357				
Kings	198	160	179	11224				
New York	117	117	92	5951				
Queens	276	227	196	13049				
Richmond	33	20	29	2098				
NYC Total	810	714	621	43679				

World Health Organization (WHO) and National Respiratory & Enteric Virus Surveillance System (NREVSS) Collaborating Laboratories

Clinical virology laboratories, including the Wadsworth Center, that are WHO and/or NREVSS collaborating laboratories for influenza surveillance report weekly the number of respiratory specimens tested and the number positive for influenza types A and B to CDC. Some labs also report the influenza A subtype (H1 or H3) and influenza B lineage (Victoria or Yamagata). Because denominator data is provided, the weekly percentage of specimens testing positive for influenza is calculated.

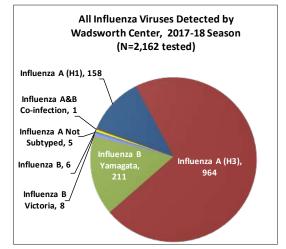


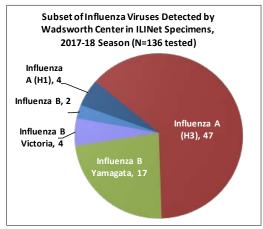
Influenza Virus Types and Subtypes Identified at Wadsworth Center (excluding NYC)

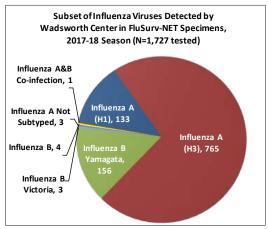
Wadsworth Center, the NYSDOH public health laboratory, tests specimens from sources including, outpatient healthcare providers (ILINet) and hospitals (FluSurv-NET).

There are 2 common subtypes of influenza A viruses – H1 and H3. Each subtype has a slightly different genetic makeup. Wadsworth also identifies the lineage of influenza B specimens – Yamagata or Victoria. Rarely, an influenza virus is unable to have its subtype or

lineage identified by the laboratory.









Influenza Antiviral Resistance Testing

The Wadsworth Center Virology Laboratory performs surveillance testing for antiviral drug resistance. 4

NYS Antiviral Resistance Testing Results on Samples Collected Season to date, 2017-18

	Samples tested	Oseltamivir Resistant Viruses,	Zanamivir Resistant Viruses,				
Influenza A (H1N1pdm09) i	110	0 (0.0)	0 (0.0)				
Influenza A (H3N2) ⁱⁱ	199	1 (0.5)	1 (0.5)				
Influenza B iii	0	0 (0.0)	0 (0.0)				

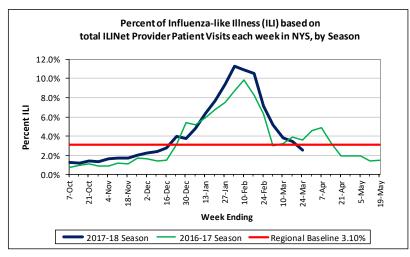
- i. All samples tested by pyrosequencing for the H275Y variant in the neuraminidase gene which confers resistance to oseltamivir, and a subset tested by NA dideoxy sequencing for other variations known to cause, or suspected of causing, resistance to neuraminidase inhibitor drugs including zanamivir and oseltamivir.
- ii. All samples tested for oseltamivir resistance by pyrosequencing for E119V, R292K, and N294S in the neuraminidase gene (NA), and a subset tested by NA dideoxy sequencing for other variations known to cause, or suspected of causing, resistance to neuraminidase inhibitor drugs including zanamivir and oseltamivir.
- iii. Samples tested by whole gene dideoxysequencing of the neuraminidase gene. Sequence data reviewed for variations known to cause, or suspected of causing, resistance to neuraminidase inhibitor drugs including zanamivir and oseltamivir.

Outpatient Influenza-like Illness Surveillance Network (ILINet) (excluding NYC)

The NYSDOH works with ILINet healthcare providers who report the total number of patients seen and the total number of those with complaints of influenza-like illness (ILI) every week in an outpatient setting.

The CDC uses trends from past years to determine a regional baseline rate of doctors' office visits for ILI. For NYS, the regional baseline is currently 3%. Numbers above this regional baseline suggest high levels of illness consistent with influenza in the state.

Note that surrounding holiday weeks, it is not uncommon to notice a fluctuation in the ILI rate. This is a result of the different pattern of patient visits for non-urgent needs.

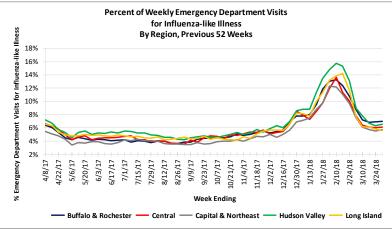


Emergency Department Visits for ILI-Syndromic Surveillance (excluding NYC)

Hospitals around NYS report the number of patients seen in their emergency departments with complaints of ILI. This is called syndromic surveillance.

An increase in visits to hospital emergency departments for ILI can be one sign that influenza has arrived in that part of NYS.

Syndromic surveillance does not reveal the actual cause of illness, but is thought to correlate with emergency department visits for influenza.

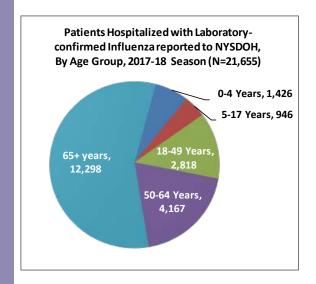


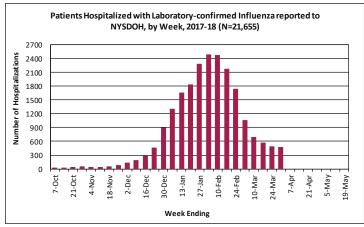
⁴Additional information regarding national antiviral resistance testing, as well as recommendations for antiviral treatment and chemoprophylaxis of influenza virus infection, can be found at http://www.cdc.gov/flu/weeklyl.

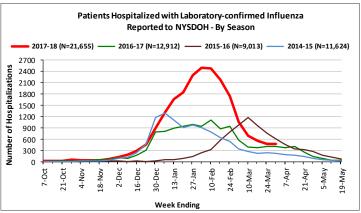


Patients Hospitalized with Laboratory-Confirmed Influenza (including NYC)

Hospitals in NYS and NYC report the number of hospitalized patients with laboratory-confirmed Influenza to NYSDOH. 155 (85%) of 183 hospitals reported this week.

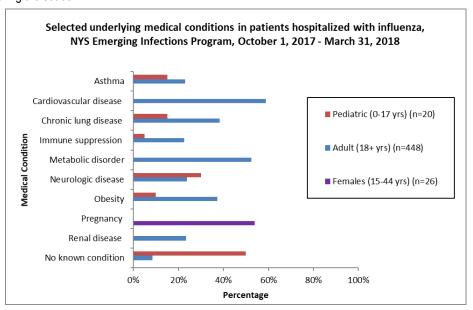






Influenza Hospitalization Surveillance Network (FluSurv-NET)

As part of the CDC's FluSurv-Net, the NYS Emerging Infections Program (EIP) conducts enhanced surveillance for hospitalized cases of laboratory-confirmed influenza among residents of 15 counties.⁵ Underlying health conditions are assessed through medical chart reviews for cases identified during the season.⁶





Healthcare-associated Influenza Activity (including NYC)

Hospitals and nursing homes in NYS report outbreaks of influenza to the State. An outbreak in these settings is defined as one or more healthcare facility-associated case(s) of confirmed influenza in a patient or resident or two or more cases of influenza-like illness among healthcare workers and patients/residents of a facility on the same unit within 7 days. Outbreaks are considered confirmed only with positive laboratory testing.⁷

Week-to-Date (CDC week - 13)	Capital Region			Central Region		Metro Region		Western Region			Statewide (Total)				
3/25/18 through 3/31/18	ACF	LTCF	Total	ACF	LTCF	Total	ACF	LTCF	Total	ACF	LTCF	Total	ACF	LTCF	Total
#Outbreaks* Lab-confirmed Influenza (any type)		1	1	3	5	8	2	2	4		4	4	5	12	17
#Outbreaks* viral respiratory illness**			0			0			0			0	0	0	0
Total # Outbreaks	0	1	1	3	5	8	2	2	4	0	4	4	5	12	17
Season-to-Date (CDC week - 13)	Capital Region			Central Region		Metro Region		Western Region			Statewide (Total)				
9/29/17 through 3/31/18	ACF	LTCF	Total	ACF	LTCF	Total	ACF	LTCF	Total	ACF	LTCF	Total	ACF	LTCF	Total
#Outbreaks* Lab-confirmed Influenza (any type)	32	76	108	28	111	139	394	371	765	37	143	180	491	701	1192
#Outbreaks* viral respiratory illness**		8	8		12	12		23	23		6	6	0	49	49
Total # Outbreaks	32	84	116	28	123	151	394	394	788	37	149	186	491	750	1241

ACF - Article 28 Acute Care Facility

LTCF - Article 28 Long Term Care Facility

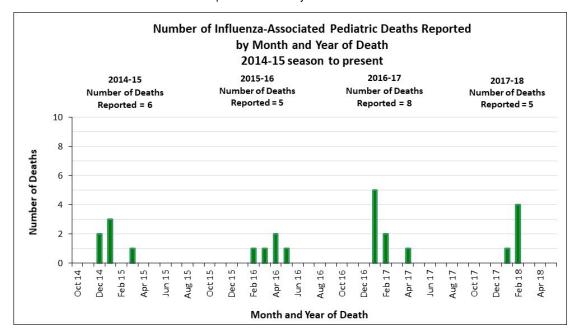
For information about the flu mask regulation and the current status of the Commissioner's declaration, please visit www.health.ny.gov/FluMaskReg

Pediatric influenza-associated deaths reported (including NYC)

Local health departments report pediatric influenza-associated deaths to NYSDOH.

Flu-associated deaths in children younger than 18 years old are nationally notifiable. Influenza-associated deaths in persons 18 years and older are not notifiable.

All pediatric flu-associated deaths included in this report are laboratory-confirmed.







^{*}Outbreaks are reported based on the onset date of symptoms in the first case

^{**} Includes outbreaks of suspect influenza and/or other viral upper respiratory pathogens