Racial and Health Disparities: What's Data Got to Do With It?



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AFRICAN AMERICAN SYMPOSIUM---MOVING BEYOND HEALTH
DISPARITIES & ACHIEVING HEALTH EQUITY
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Analyze Information—Use Evidence





THE IMPORTANCE OF ACCURACY IN DATA COLLECTION

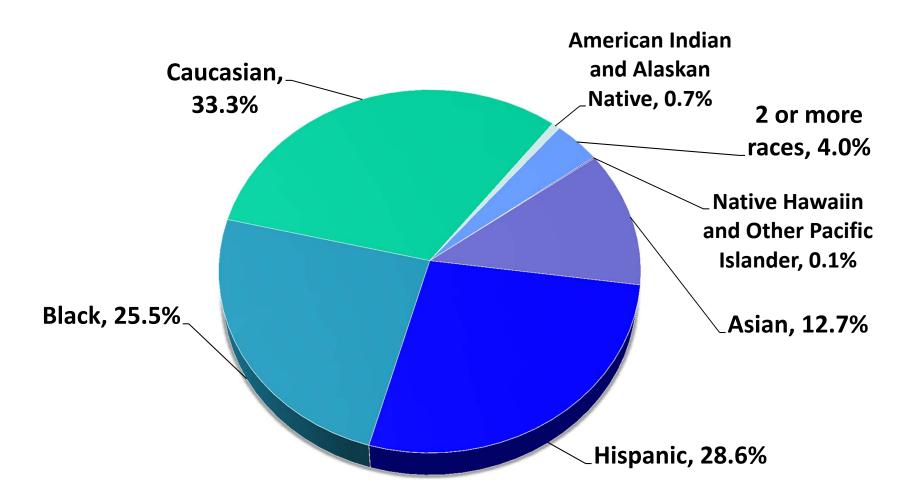
The Willie Sutton Rule



GO WHERE THE MONEY IS...AND GO THERE OFTEN.



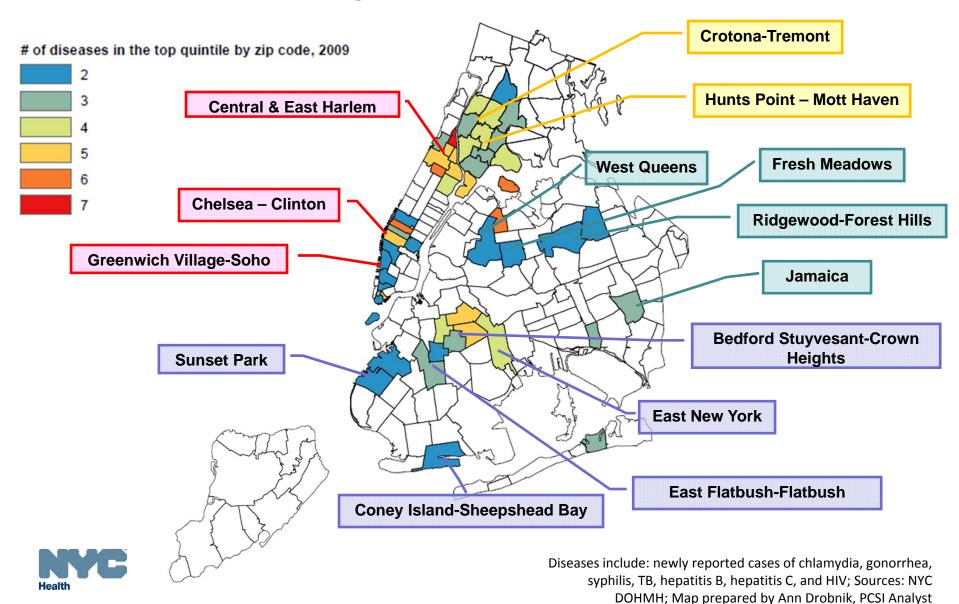
New York City is Racially & Ethnically Diverse

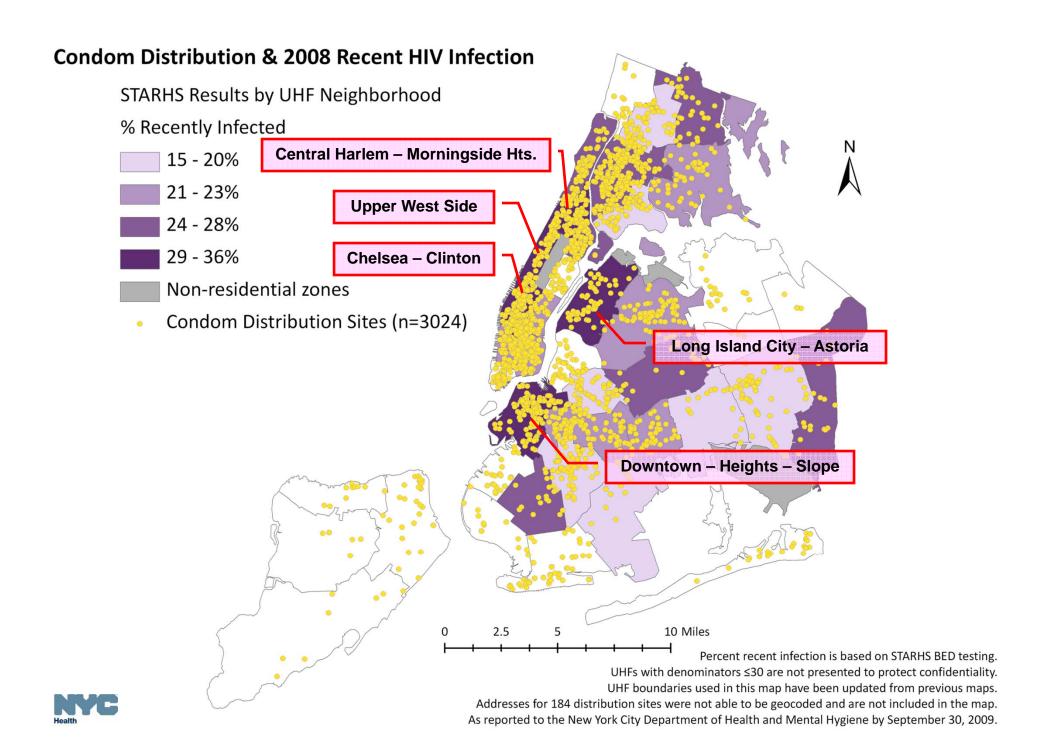




Source: U.S. Census, 2010

Zip Codes in NYC with >1 PCSI Disease in the Top Quintile, 2009





SOCIAL DETERMINANTS OF HEALTH



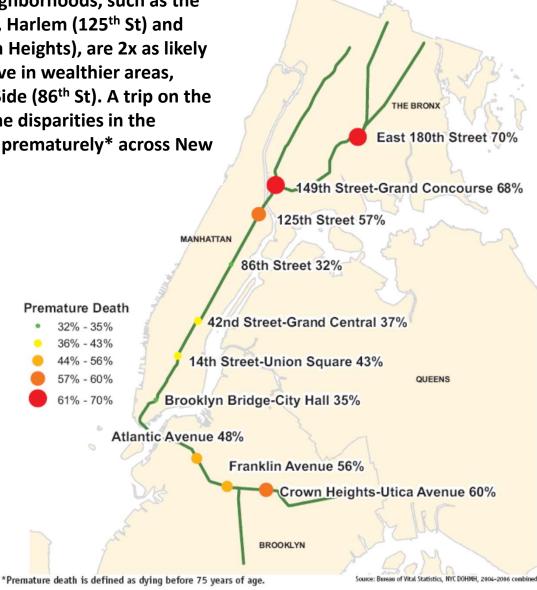
Top 10 Causes of Death in NYC in Blacks and Whites, 2010

Rank	Cause of Death	White*	Cause of Death	Black*
1	Heart Disease	38.2%	Heart Disease	31.5%
2	Malignant Neoplasms	26.5%	Malignant Neoplasms	24.3%
3	Influenza & Pneumonia	5.1%	Diabetes Mellitus	4.9%
4	Chronic Lower Respiratory Disease	3.5%	Influenza & Pneumonia	3.5%
5	Cerebrovascular Diseases	2.6%	HIV	3.3%
6	Diabetes Mellitus	2.0%	Cerebrovascular Diseases	3.2%
7	Accidents (except poisoning by psychoactive substances)	1.7%	Essential hypertension and hypertensive renal disease	3.2%
8	Essential hypertension and hypertensive renal disease	1.4%	Chronic Lower Respiratory Disease	3.0%
9	Alzheimer's disease	1.3%	Assault (homicide)	2.6%
10	Use of or poisoning by psychoactive substance	1.1%	Accidents (except poisoning by psychoactive substances)	1.5%

Health Disparities Along the 4/5 Subway:

Residents of the poorest NYC neighborhoods die earlier than other New Yorkers

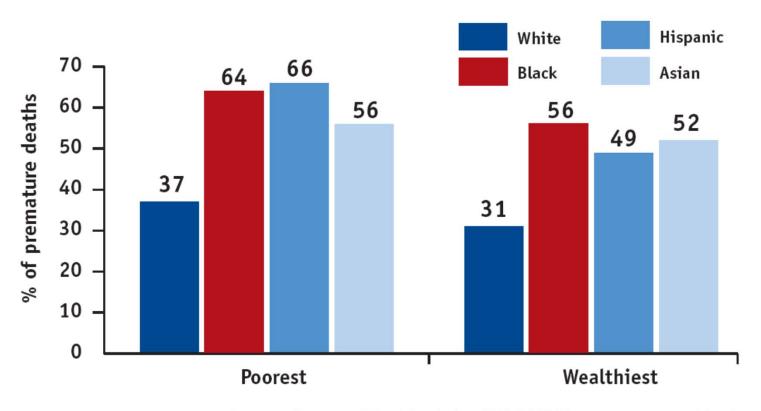
New Yorkers in poor neighborhoods, such as the South Bronx (E 180th St), Harlem (125th St) and Central Brooklyn (Crown Heights), are 2x as likely to die than those who live in wealthier areas, such as the Upper East Side (86th St). A trip on the number 4 train shows the disparities in the percent of people dying prematurely* across New York City.





Black, Hispanic and Asian New Yorkers are more likely to die prematurely than whites, regardless of neighborhood income

Percent premature deaths by race/ethnicity, 2004-2006

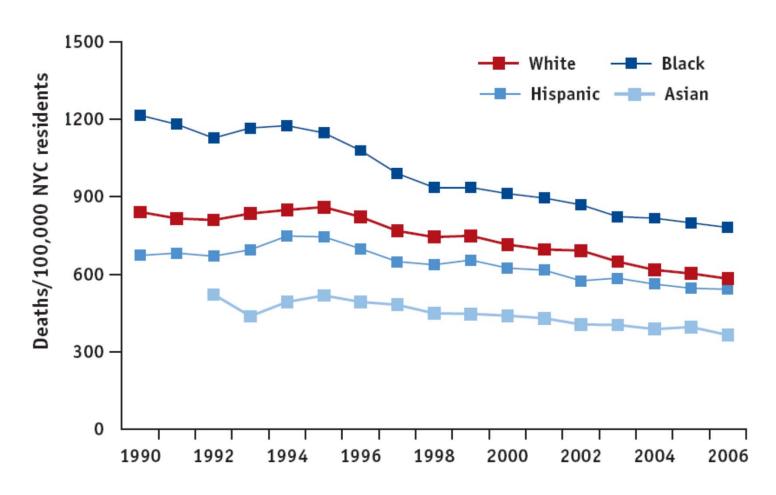


Sources: Bureau of Vital Statistics, NYC DOHMH, 2004-2006 combined.



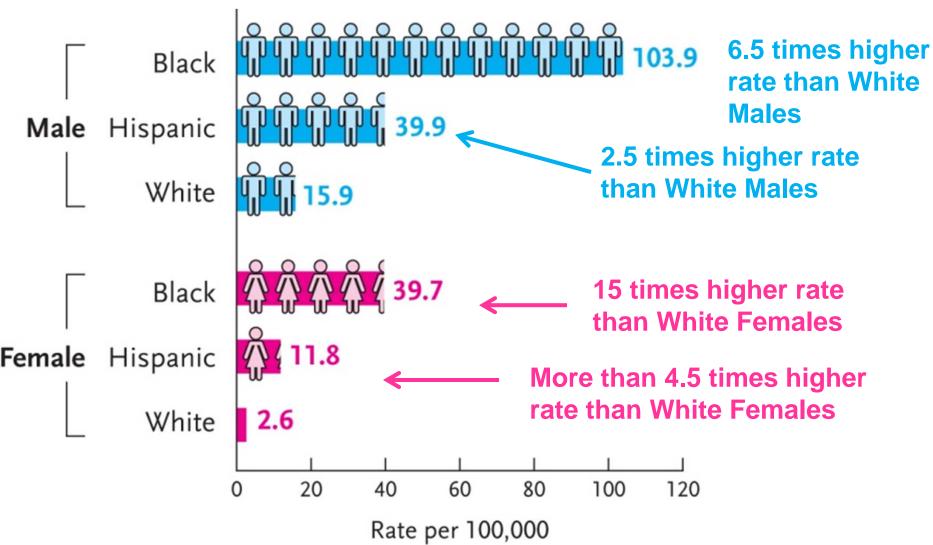
While death rates have fallen for all racial/ethnic groups, disparities persist

Overall mortality varies by race/ethnicity





Estimated Rate of New HIV Infections by Gender and Race/Ethnicity, United States, 2009



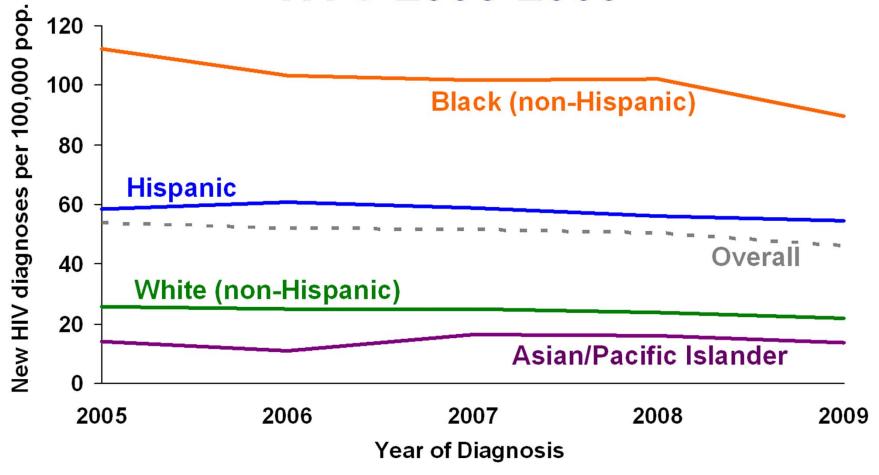


New HIV Diagnoses in NYC, 2009 Race/Ethnicity

- 80% of new HIV diagnoses were among blacks and Hispanics
 - The HIV diagnosis rate has declined more in blacks/African Americans than in other racial/ethnic groups over the past 6 years
 - Blacks/African Americans have a higher
 rate of new HIV diagnoses, persons living
 with HIV/AIDS (PLWHA), and death



HIV Diagnosis Rates by Race/Ethnicity, NYC 2005-2009



In the past 5 years, the HIV diagnosis rate among blacks was over four times higher than the rate among whites.



Why the disparity?

Factors that can influence risk

Socioeconomic Factors

- Poverty/disproportionate access to healthcare
- Incarceration rates
- Drug Use
- Education opportunities

Differences in sexual networks

- Concurrent partnerships
- On average, younger age at sexual debut

Higher rates of STIs

Increased risk of HIV acquisition

Stigma

- Social stigma to offer HIV test even among black physicians
- Silence associated with the stigma

Misperception of personal risk

 ↑Incarceration rates = ↑exposure to partners on the DL



Psychological Correlates

HIV/AIDS Conspiracy Belief	Black MSM (n=239)	Latino MSM (n=152)	White MSM (n=111)
	%	%	%
Pharmaceutical comparing hiding cure for HIV/AIDS because of profits		50* vita	42
HIV/AIDS drugs harm 1969 did more than help you amo	ng la live blac	k MSM	41
HIV does not cause AIDS	54*	48*	27
HIV is a man-made virus	50*	41*	35



Socioeconomic Status (SES)

Educational Attainment

- Higher levels of education are associated with better economic & psychological outcomes
- Education also plays a role in income attainment
- Median earnings increase with each level of education.

Income (Poverty)

- In the U.S., women still earn only 77 cents for every \$1 men earn, according to the latest census statistics. That number drops to 68 cents for Black women and 58 cents for Latinas.¹
- The highest poverty rates were experienced among Latinas (40.5%) and by older Black women (37.5%) who lived alone.

Occupation

- Systematic differences in income (see above)
- Health insurance coverage
- Job characteristics and relative prestige of position



Root Cause Analysis*

Other non-medical determinants:

- Gender
- Healthy child development
- Employment/working conditions
- Physical and social environments
 - Housing
 - Violence
 - Culture
 - racial/ethnic discrimination
- Food availability
- Availability of social support networks and health services
- Personal health practices and coping skills



Effect of an Additional 4 Years of Education on Health Behaviors

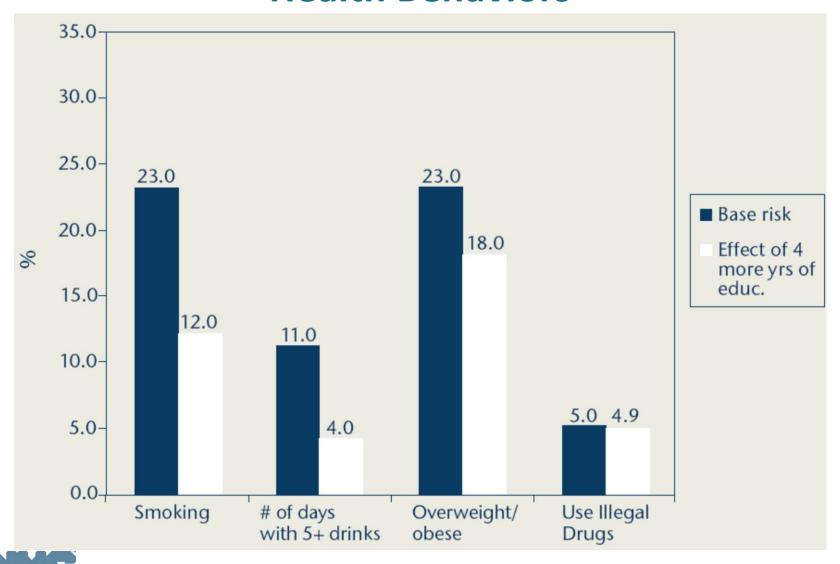
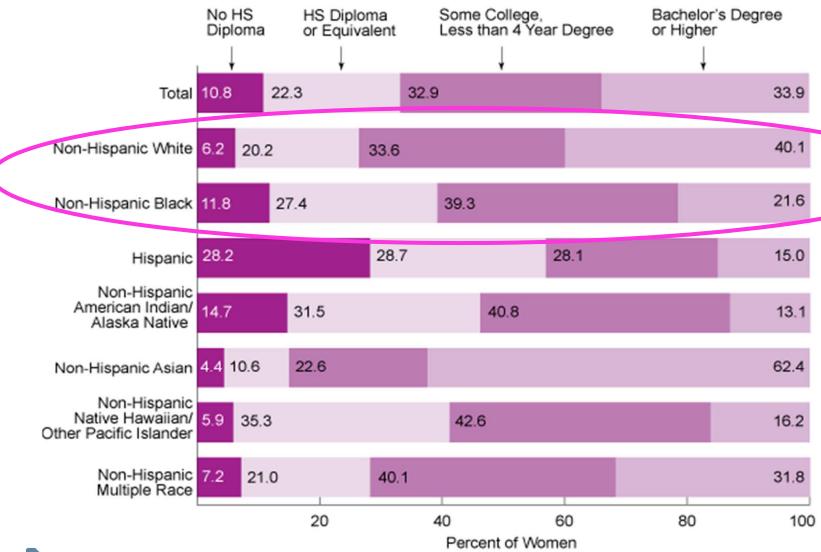


Figure 2: Cutler, DM. National Poverty Center. Policy Brief: Education and Health. #9, March 2007. http://www.npc.umich.edu/publications/policy_briefs/brief9/policy_brief9.pdf

Educational Attainment Among Women 25-29 by Race/Ethnicity, 2007-2009





Source: US Census Bureau, 2007-2009 American Community Survey-Public Use Microdata Sample.

Analysis conducted by the Maternal and Child Health Bureau

What We Need To Do

3-legged stool

- 1. Government—legislative power
- Community—power to change social norms
- 3. Role of the individual...



Factors that Affect Health

Smallest Impact Counseling & Education

Clinical Interventions

Long-lasting Protective Interventions

Changing the Context to make individuals' default decisions healthy

Socioeconomic Factors

Examples

Condoms, eat healthy, be physically active

Rx for high blood pressure, high cholesterol, depression

Immunizations, brief intervention, cessation treatment, colonoscopy

Fluoridation, 0g trans fat, iodization, smoke-free laws, tobacco tax

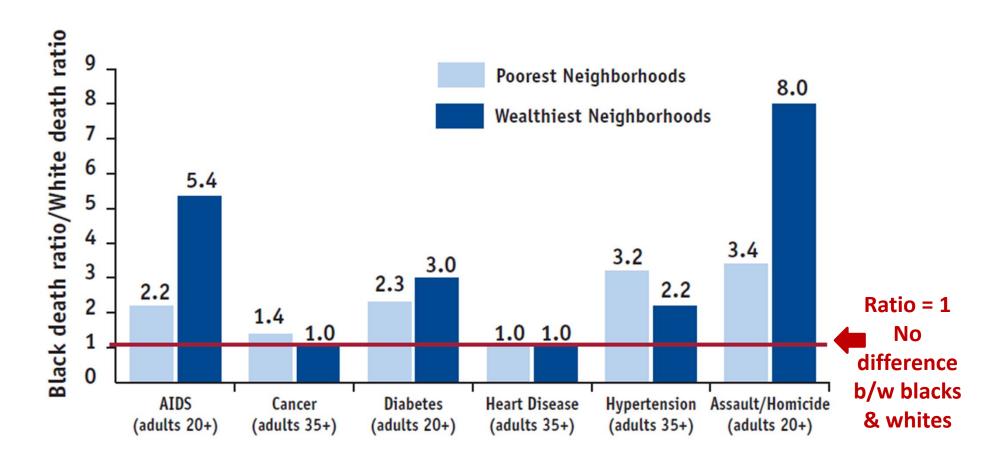
Poverty, education,

Largest Impact

THANK YOU!



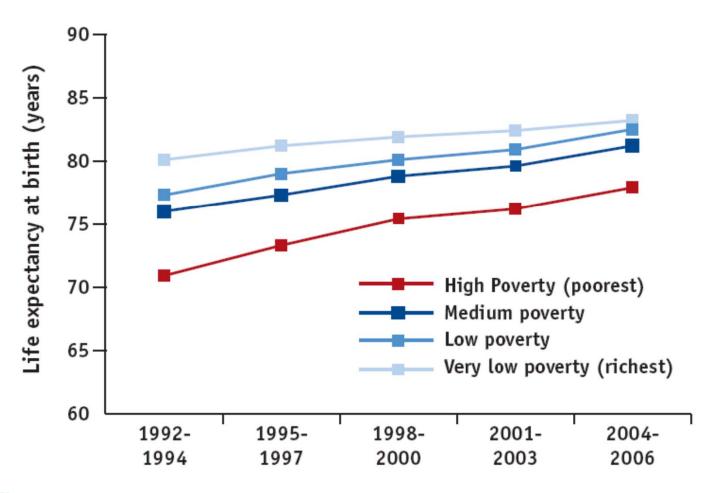
Ratio of Black/White Death Rates by Neighborhood Poverty





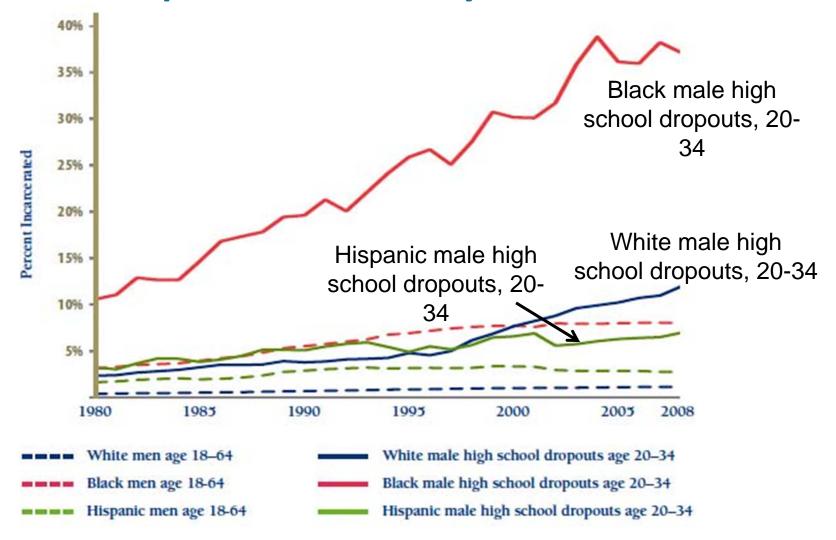
New Yorkers living in the poorest neighborhoods live four fewer years than those living in wealthier neighborhoods

Life expectancy varies by neighborhood poverty in NYC





More than 1 in 3 young, black men without a high school diploma is currently behind bars





Source: Rampell, C. "Jail and Jobs", New York Times, September 29, 2010; http://economix.blogs.nytimes.com/2010/09/29/jail-and-jobs/. Original analysis for The Pew Charitable Trusts by Bruce Western and Becky Pettit, 2009.

Effect of an Additional 4 Years of Education on Health Outcomes

