# "Moving the Dial" to better community health in Buffalo, New York

Presenter

Rita Hubbard-Robinson, JD

Director, Community Health Education & Outreach Erie County Medical Center

#### Social Determinants of Health



- Employment
- Income
- Family & Social Support

Social & Economic Factors 40%

Health Behaviors 30%

- Tobacco Use
- Diet & Exercise
- Alcohol Use
- Unsafe Sex

Physical Environment 20%

Clinical Care 10%

- Access to Care
- Quality of Care

Environmental Quality

Built Environment

**Prevention Institute, July 2003** 

#### Erie County Medical Center Health Equity Focus

Health Behaviors	30%
- Ileanti Bellaviele	

- Social/Economic Factors 40%
- Physical Environment 20%

#### Farmers' Market at Grider



#### A Movement for Health

This is not just a market; it's a movement, a meeting place, a healthy lifestyle learning place, a place to learn about fitness, and to convene for neighborhood walks and healthy living talks

#### Plant Day at the Market



#### Market Fitness and Fun

- Gospel-robics
- Tai-Chi
- Hula Hoop
- Line Dancing
- Plant Day
- Apple Days
- Harvest Day



#### Kids Work Out Challenge



#### **Food Demonstrations**



# Cooking Healthy for the Holidays



#### Cooking Healthy for the Holidays With Kelly and Kelly Recipe Book Kale and Black Eyed Pea Holiday Soup Winter Salad **Okra and Tomatoes** Twice-baked Sweet Potatoes with Chipotle 8 Saturday, November 26th, 2011 11 AM - 1 PM **Mount Olive Baptist Church** 8 Sponsored by **Erie County Medical Center** Community Health Workers of Buffalo Food For All

### Pathways to Healthcare







#### ECMC Healthcare Professions Conference: *Just for 7<sup>th</sup> Graders*



## ECMC Summer Youth Program



### Creating the Experiential Base







"I'm taking many experiences with me from this, for example, how to conduct myself in a hospital and I'm taking the things I learned that I can use in the world."

- 9th Grade Intern





### Erie County Medical Center



#### **ECMC Community Development**

<b>2007</b>	Demolition of vacant dilapidated housing (on-going)
<b>2008</b>	New Paved Road and Sidewalks (City of Buffalo)
<b>2008</b>	Farmers' Market at Grider Street (landscaped market space)
<b>2011</b>	Community Clean Up Day
<b>2011</b>	City of Buffalo - Clean Sweep
<b>2</b> 012	Delavan Grider Collaboration: Proposal for Street Pole Banners and Garbage Cans

# Clean Sweep 2011 – Partnership with City of Buffalo











## Community Partnerships





#### Radio Show on Health











#### **UB School of Public Health Survey**

#### Quotes

 "They teach you how to use the things you can buy there. They give you the recipe and every week [my neighbor and I] go together. If she can't, I will go"

 "[I go] because I like fresh fruits and vegetables."

- "It would be better for me and my family"
- "There is no other supermarket"



# "Let's Get Moving" Community Health Symposium and Fair



# Churches and Community, Working Together to Improve Health

- Faith Community
- ECMC
- Grupo Ministerial
- Healthcare Education Project
- Hispanics United of Buffalo
- Masten Block Club Coalition
- AFL-CIO BWNY LCLAA & CBTU
- Public Policy and Education Fund
- Upstate New York Transplantation Services



# Partnership with the P<sup>2</sup> Collaborative of WNY

- Chairperson of the Western New York Health Equity Coalition for the P<sup>2</sup> Collaborative of WNY.
- The WNY Health Equity Coalition is an inclusive group of leaders that champions equal access to quality health and wellness for everyone in Western New York.

#### Building a Health Equity Center

An evaluation team visited 3 types of health equity centers to inform the design of a Western New York health equity center.

A hospital based approach

A research driven institution

A government based model

#### WNY HEC – 2012 Goals

- Utilize the Louisville model to convene community meetings in the Spring.
- Begin to develop a framework for the WNY Health Equity Center.
- Host a representative from Louisville with members of the WNYHEC and the WNY community.

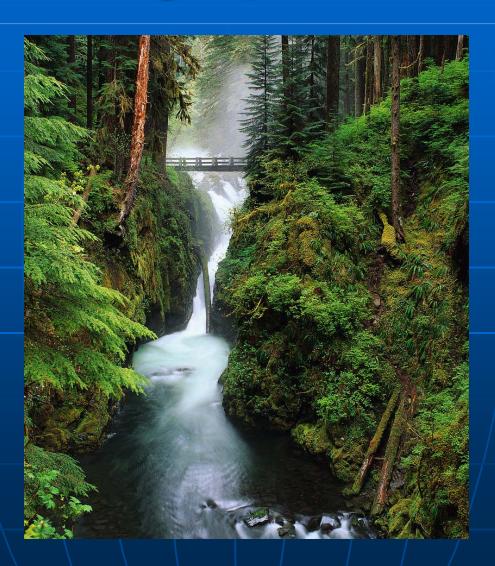
#### Community Conversations





Communities met to determine Social Determinant of Health Priorities in their communities. After reconvening and splitting up in work groups, resources will be identified to bolster the goals and plans for each community.

## Going Upstream



#### Rita Hubbard-Robinson, JD

Director, Community Health Education & Outreach

Erie County Medical Center <a href="mailto:rhrobins@ecmc.edu">rhrobins@ecmc.edu</a> 716-898-3509