



*Redesign Medicaid in New York State*

Behavioral Health Medicaid Managed  
Care Kick-Off Forums



# Drowning in acronyms

ACO  
MRT  
DISCO  
MLTC  
FIDA  
Health Homes  
HARP  
DSRIP  
BIP  
MCO

# A Conceptual Framework

## **Triple Aim of Improving Health Systems**

- Improving the patient experience of care (including quality and satisfaction);
- Improving the health of populations; and
- Reducing the per capita cost of health care.

# Behavioral Health

## **Behavioral Health Managed Care Vision:**

- Fully integrated treatment where behavioral and physical health are valued equally and patients' recovery goals are supported through a comprehensive and accessible service system
- Integration of all Medicaid Behavioral Health (BH) and Physical Health (PH) benefits under managed care

# Principles of BH Benefit Design and Services Management

- ✓ **Person-Centered Care management**
- ✓ **Integration of physical and behavioral health services**
- ✓ **Recovery oriented services**
- ✓ **Patient/Consumer Choice**
- ✓ **Ensure adequate and comprehensive networks**
- ✓ **Tie payment to outcomes**
- ✓ **Track physical and behavioral health spending separately**
- ✓ **Reinvest savings to improve services for BH populations**
- ✓ **Address the unique needs of children, families & older adults**

**Behavioral Health Transition to Managed Care Home Page**

**[http://www.health.ny.gov/health\\_care/medicaid/redesign/behavioral\\_health\\_transition.htm](http://www.health.ny.gov/health_care/medicaid/redesign/behavioral_health_transition.htm)**

## Behavioral Health Services for Adults will be Managed by:

- ❑ Qualified health Plans meeting rigorous standards (several in partnership with a BHO)
  - ❑ All Plans MUST qualify to manage currently carved out behavioral health services and populations
  - ❑ Plans can meet State standards internally or contract with a BHO to meet State standards
- ❑ Health and Recovery Plans (HARPs) for individuals with significant behavioral health needs
  - ❑ Plans may choose to apply to be a HARP with expanded benefits
  - ❑ Expanded benefit includes Home and Community Based Services (HCBS)
  - ❑ HARP members are eligible for enhanced Health Home Care Coordination

# Qualified Managed Care Plan vs. Health and Recovery Plan (HARP)

## Qualified Managed Care Plan

- ❑ Medicaid eligible
- ❑ Benefit includes Medicaid state plan covered services
- ❑ Organized as benefit within MCO
- ❑ Management coordinated with physical health benefit management
- ❑ Performance metrics specific to BH
- ❑ BH medical loss ratio

## HARP

- ❑ Specialized integrated product line for people with significant behavioral health needs
- ❑ Eligible based on utilization or functional impairment
- ❑ Enhanced benefit package - All current PLUS access to HCBS
- ❑ Specialized medical and social necessity/ utilization review for expanded recovery-oriented benefits
- ❑ Benefit management built around higher need HARP patients
- ❑ All HARP members eligible to be enrolled in HH
- ❑ Performance metrics specific to higher need population and HCBS
- ❑ Integrated medical loss ratio

# Behavioral Health Benefit Package

- ❑ Behavioral Health State Plan Services –Adults
  - ❑ Inpatient - SUD and MH
  - ❑ Clinic – SUD and MH
  - ❑ Personalized Recovery Oriented Services (PROS)
  - ❑ Intensive Psychiatric Rehabilitation Treatment (IPRT)
  - ❑ Assertive Community Treatment (ACT)
  - ❑ Continuing Day Treatment (CDT)
  - ❑ Partial Hospitalization
  - ❑ Comprehensive Psychiatric Emergency Program (CPEP)
  - ❑ Opioid treatment
  - ❑ Outpatient chemical dependence rehabilitation
  - ❑ Rehabilitation supports for Community Residences (Not in the benefit package in year 1)



# Menu of Home and Community Based Services in HARPs

- ❑ **Rehabilitation**
  - ❑ **Psychosocial Rehabilitation**
  - ❑ **Community Psychiatric Support and Treatment (CPST)**
- ❑ **Crisis Intervention**
  - ❑ **Short-Term Crisis Respite**
  - ❑ **Intensive Crisis Intervention**
  - ❑ **Mobile Crisis Intervention**
- ❑ **Habilitation**
- ❑ **Empowerment Services and Peer Supports**
- ❑ **Support Services**
  - **Family Support and Training**
  - **Non- Medical Transportation**
- ❑ **Individual Employment Support Services**
  - **Prevocational**
  - **Transitional Employment Support**
  - **Intensive Supported Employment**
  - **On-going Supported Employment**
- ❑ **Educational Support Services**
- ❑ **Self Directed Services**

# Ensuring Adequate BH Networks: Network / Contracting Requirements Important to BH transition

- ❑ BH Network requirements include:
  - ❑ Contracts with OMH or OASAS licensed or certified providers serving 5 or more members for a minimum of 24 months
- ❑ Plans must contract for State operated BH ambulatory services
  - ❑ Treated as “Essential Community Providers”
- ❑ Plans must network with:
  - ❑ All Opioid Treatment programs in their region to ensure regional access and patient choice where possible
  - ❑ Health Homes
- ❑ Plans must allow members to have a choice of at least 2 providers of each BH specialty service
  - Must provide sufficient capacity for their populations
- ❑ Contract with crisis service providers for 24/7 coverage
- ❑ Plans contracting with clinics with state integrated licenses must contract for full range of services available
- ❑ HARP must have an adequate network of Home and Community Based Services

## Preparing the field:

# NYS State Partnership with Managed Care Technical Assistance Center (MCTAC)

- NYS has partnered with MCTAC as a training, consultation, and educational resource center that offers resources to ALL mental health and substance use disorder providers in New York State
- The goal of MCTAC is to provide training and intensive support on quality improvement strategies, including business, organizational and clinical practices to achieve the **overall goal of preparing and assisting providers with the transition to Medicaid Managed Care**



**The Managed Care Technical Assistance Center**  
EFFICIENT PRACTICES. EFFECTIVE CARE.

**Thank you very much for your  
participation!**

Contact us: [MCTAC.info@nyu.edu](mailto:MCTAC.info@nyu.edu)

Visit MCTAC's website for more  
information and access to past webinars  
and trainings:

<http://www.CTACNY.com/ManagedCare>