

## Think you might have been exposed to HIV in the last 3 days?

PEP (Post-Exposure Prophylaxis) is an emergency medicine you take to prevent HIV infection.

You must start it within 72 hours after a possible exposure to HIV.

If you think you were exposed to HIV, talk to a medical professional about PEP as soon as possible.

Call the NYS or NYC PEP hotline:  
Outside NYC: 844-PEP4NOW (844-737-4669)  
In NYC: 844-3-PEPNYC (844-373-7692)

The hotline medical provider will assess your exposure, prescribe PEP through a local pharmacy if needed, and hotline staff can assist with scheduling a follow-up medical appointment.

## How to get PrEP.

PrEP is covered by Medicaid and many health insurance plans. PrEP assistance programs can help cover costs. Speak with your provider about payment options.

To find a PrEP provider near you, go to the NYSDOH PrEP provider directory: <https://providerdirectory.aidsinstituteny.org>

In NYC call 311 or go to [www.health.ny.gov/PrEP](http://www.health.ny.gov/PrEP) and search for "PrEP" to find a list of providers.

## PrEP protects only against HIV.

Use condoms, clean needles, and clean injection supplies to prevent other infections. Use birth control to prevent pregnancy. To learn more about PrEP visit: [www.health.ny.gov/PrEP](http://www.health.ny.gov/PrEP)

**PrEP is under YOUR CONTROL -**  
you can use it with or without your partner's knowledge.

**In the last 6 months, have you had a sexual partner who:**

- Refused to use condoms?
- Made you have sex when you did not want to?
- Had sex with anyone besides you?
- Has ever been in jail or prison?
- Injected drugs with a needle?
- Has HIV?
- Is a man who has sex with other men?

A medication to prevent HIV

**PrEP is for women**



Text adapted with permission of Planned Parenthood of NYC: [www.ppnyc.org](http://www.ppnyc.org)

**PrEP is a medication that protects you in case you are exposed to HIV in the future.**

**PrEP is considered safe and effective for women.**

- More than 90% effective in preventing HIV infection if taken every day.
- Can protect you from HIV if you wish to get pregnant with an HIV+ partner.



**If you say yes to any of the following questions, PrEP might be right for you.**

In the last 6 months, did you:

- Have sex without condoms with a person whose HIV status you didn't know?
- Have a sexually transmitted infection (an "STI"), such as gonorrhea, syphilis, or herpes?
- Have sex while drunk or high?
- Have sex for something you needed (such as housing, money, drugs)?
- Share needles or injection supplies?

**If you answered yes to any of the questions, ask a health care provider about an HIV test, and whether PrEP might be for you.**

How to get an HIV test: Ask your health care provider for an HIV test or go to your local health department, family planning clinic, or a Community-Based Organization. To find an HIV testing provider, go to: <https://campaigns.health.ny.gov/BeyondStatus>



**PrEP (pre-exposure prophylaxis) is a medication that people take so they can reduce their worry about getting HIV.**