

## Exhibit 3

### THE GURWIN JEWISH NURSING & REHABILITATION CENTER ADULT DAY HEALTH PROGRAM POLICIES AND PROCEDURES

**SUBJECT:** PREVENTION OF UNSAFE WANDERING

**POLICY:** It is the policy of the Day Care to safeguard the health and welfare of all Registrants in our care. In tandem with those rights it is our Philosophy to ensure that all Registrants are evaluated for risk factors associated with potential unsafe wandering. Registrants that have been evaluated to not be able to leave the Day Care area independently will have appropriate care plan interventions in place to prevent unsafe wandering.

**PROCEDURE:**

1. Assessment/Care Plan Interventions to prevent Unsafe Wandering:
  - a. Registrants will be assessed for their ability to leave the Day Care Area independently upon admission and throughout their stay by the interdisciplinary care plan team.
  - b. The interdisciplinary team will evaluate the unique factors contributing to risk in order to develop appropriate individual care plan interventions.
  - c. Interventions to increase staff awareness of the registrant's risk, modify the registrants behavior, or to minimize risks associated with hazards will be added to the registrants care plan and communicated to appropriate staff.
  - d. Registrants that have been evaluated and determined not able to leave the Day Care independently and have potential for unsafe wandering, will be provided with an individualized roam alert.
  - e. The designated roam alert and name tag will be attached to the registrants clothing upon arrival to the Day Care program when attendance is taken
  - f. The Day Care will maintain a log of all registrant's names using roam alerts including the serial number.
2. Alarm Activation/ Procedure for Locating Missing Registrant
  - a. The staff member located at the ADHP front desk will be responsible to monitor the roam alert computer system.
  - b. When alarm is sounded the office staff will ensure staff immediately respond to activated door alarm and re-direct registrant back to Day Care Area.
  - c. Any staff member becoming aware of a missing registrant will alert personnel using facility approved protocol, condition purple.
  - d. The designated staff will look for the registrant and follow Condition Purple protocol.
  - e. The Director of the Day Care/Designee will be notified
3. Procedure Post-Elopement
  - a. A nurse will perform a physical assessment, document, and report findings to physician.
  - b. The registrants plan of care will be reviewed by the Care Plan team and revised as appropriate
  - c. The registrant and family/authorized representative will be included in the plan of care.
  - d. When repeated elopement attempts occur, after the Day Care has exhausted possible care approaches, the Registrant may be referred for alternate placement in an appropriate facility.
  - e. Documentation in the medical record will include: findings from nursing and social service assessments, physician/family notification, and care plan discussions as applicable.

#### Registrant Assessment for Leaving the Gurwin Adult Day Health Program Area Independently

**Registrant:** \_\_\_\_\_ **Room#** \_\_\_\_\_ **Date:** \_\_\_\_\_

**Date of Admission:** \_\_\_\_\_ **Diagnosis:** \_\_\_\_\_

**Policy:** It is the policy of the Day Care to safeguard the health and welfare of all Registrants in our care. In tandem with those rights it is our Philosophy to also ensure that all Registrants are evaluated for risk factors including:

- \* Risk for elopement (leaving the building)
- \* Risk for unsafe wandering
- \* Cognitive decline including confusion

We recognize the right of Registrants to leave the main Day Care area for quality of life if they are evaluated and deemed appropriate and safe to do so. Many of our Registrants like to frequent the Weinberg Lobby, the Gurwin Gift Shop and the Gurwin Cafeteria, and the Day Care Staff recognize the Registrant's rights to have freedom in their pursuits.

**Criteria:** The ultimate determination of the Registrant's ability to leave the Day Care area independently will be made by the Interdisciplinary Care Team including the Family. Registrants who are determined able to leave the Day Care area independently will be reevaluated quarterly at each CCP meeting, or episodically if the status of the registrant has a change in condition.

The following factors will be considered as part of the Comprehensive Care Plan Team's Assessment, and determination:

- ☐ Registrant has the cognitive capacity to request the consideration to leave the Day Care area
- ☐ Registrant is willing to either wear or carry identification when leaving the Day Care area
- ☐ Registrant's cognitive status, including memory, recall and decision-making is appropriate to leave the Day Care independently.
- ☐ Registrant's medical diagnosis and health history will not interfere in leaving the area outside of the Day Care area.
- ☐ Registrant is physically able to be independent in mobility and locomotion.
- ☐ Registrant's behavioral health history does not suggest any barriers to leaving the Day Care Area independently.
- ☐ Registrant's family is aware of the registrant's desire to leave the day Care Area, and is in agreement with same

**Assessment:**

The Registrant's evaluation and Care Plan Team has made the following decision:

- ☐ Registrant is determined **to be able to leave** the Day Care area independently
- ☐ Registrant is determined **not to be able to leave** the Day Care area independently

Explanation of decision to deny independent leave: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Signature of CCP Representative

Date

Registrant's Family Signature

Date

Intake Assessment for leave DC area